

Chantilly CONNECTION

Fair Oaks ❖ Fair Lakes

HomeLifeStyle

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Michael Frey, and his dog Boomer, with a picture of his pets done by Mary O'Malley with Friends of the Animal Shelter.

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PHOTO BY BONNIE HOBBS/THE CONNECTION

JANUARY 13-19, 2016

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President's Award

Superintendent Karen Garza

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'I've Loved What I've Been Doing'

Michael Frey reflects on his 24 years as Sully supervisor.

BY BONNIE HOBBS
THE CONNECTION

Fairfax County budget shortfalls? Ribbon-cuttings to attend? Meetings between eager developers and angry residents? No longer Michael Frey's personal problems.

That's because — for the first time in nearly four decades — his time is finally his own. After serving 37 years with the county, most notably 24 years as the Sully District's first and only supervisor, he retired on Dec. 31.

Frey's career started in June 1978 when he began working for former county Board of Supervisors Chairman Jack Herrity. That led to a job with former Springfield District Supervisor Elaine McConnell and, eventually, six terms as Sully's supervisor.

"I was 21 and still in college at AU [American University] when I started working for Jack," said Frey. "If you'd have told me then that I'd stay for 37 years, I'd have said, 'You're nuts.'"

So what's he going to do with his newfound freedom? "For awhile, I'm figuring on doing some fun things," said the Pennsylvania native and rabid Philadelphia Phillies baseball fan. "I'm going to Clearwater, Fla., in late February-early March for Phillies' spring training. I couldn't before because of the budget, but I've always wanted to do that. My real life's goal is to be the Phillie Phanatic [team mascot]."

Saying his passions are animals, sports and history, Frey will continue being interested in Centreville's history and its preservation. He also wants to help grow the Friends of the Fairfax County Animal Shelter via charitable donations.

And, he said, "I'm going to help [SYA President] Gary Flather begin phase two of



Sully Supervisor Michael Frey and some of his many supporters during his Dec. 5, 2015 retirement party.

the Fields of Dreams [youth sports complex in Centreville]. We're dealing with the infrastructure problems so more new fields can be developed, and the fundraising. I've been a part of it from day one, so to come at it from a different perspective would be a lot of fun."

Traveling is also on Frey's agenda. At his last Board of Supervisors meeting, Dec. 8, he received a plaque and a gift card for an international group of bed and breakfasts. So, he said, "Next summer, I'm going to Africa — the Serengeti, Tanzania and Kenya. I also plan to visit the Galapagos."

"And I want to go back to Alaska — the Katmai, a coastal area in south-central Alaska," he continued. "They say there are more grizzly bears there than anywhere else in the world. And because they've never

been hunted, they have no fear or antagonism; you can get close and get some good pictures."

SHAPING THE COMMUNITY

Reflecting on his career as supervisor, Frey said it's been "fun shaping the community and the development we've experienced. Sully was created after the 1990 census and we started with 94,000 people. By 2000, we were at about 147,000 so, during my first decade, there was huge growth. There was open space, so it was going to develop; but I'm more proud of filling it in with public amenities."

He said the county budget "was never good, so it was a fight every step of the way trying to get the money to build Westfield High, Colin Powell Elementary and Stone,



Michael Frey and his rescue German Shepherd, Boomer, share a moment.

Carson and Liberty middle schools. Deer Park Elementary was the first school that [former Sully School Board Representative] Gary Reese and I built. SYA was using the site for Little League fields, but it belonged to the school system. And then, Gary and I got the school system to build the field complex for SYA at Cub Run Elementary."

Frey said schools were in the greatest demand because of the population growth. "But with it also came the need for roads, fields, gyms and health services," he added. "We had no substance-abuse centers in Chantilly or mental-health facilities. And we had no police station here until 2003, just the Fair Oaks station."

For years, Centreville's only fire station was Station 17; but during Frey's tenure,

SEE 24 YEARS, PAGE 4

New Sully Supervisor Chooses Her Team

Board of Supervisors has final say on Kathy Smith's nominees.

BY BONNIE HOBBS
THE CONNECTION

New Sully District Supervisor Kathy Smith (D) has been busy choosing her team to assist her in issues regarding Sully. At press time on Tuesday, Jan. 12, she planned to announce her nominees to the Fairfax County Board of Supervisors, which has the final say on their approval.

She's selected Karen Keys-Gamarra as the Sully District Planning Commissioner and Maggie Godbold as Sully's representative on the county Park Authority. She's also decided to re-appoint Marvin Powell to the



Sully Supervisor Kathy Smith



Karen Keys-Gamarra



Maggie Godbold



Marvin Powell



Debbie Robison

Small Business Commission and Debbie Robison to the History Commission.

"The number-one question I have heard since winning the election in November was who I would appoint as the new Sully District Planning Commissioner," said Smith. "We received a number of extremely quali-

fied applicants who, combined, had hundreds of years of service to our community. After careful consideration, I have decided to appoint Karen Keys-Gamarra as the next Planning Commissioner."

Keys-Gamarra is familiar to Sully residents because of her recent candidacy for

the School Board. And although she didn't win, it was a close race in which she received more than 10,000 votes. Besides that, said Smith, "Karen is an attorney who is frequently appointed as a guardian ad litem to represent the best interests of children brought into complicated court cases. She also has

extensive experience in business and consumer issues. Karen is going to be a great advocate for Sully."

However, added Smith, "I also want to thank John Litzenberger, who has served

SEE SMITH, PAGE 4

ROUNDUPS

WFCCA Land-Use Committee

The next meeting of the West Fairfax County Citizens Association (WFCCA) Land-Use Committee will be Tuesday, Jan. 19, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd., in Chantilly. Discussed will be the development of property for retail uses and a grocery store in the Chantilly Crossing Shopping Center.

Replenishing Food Pantry

Fairfax County's annual "Stuff the Bus: Helping Fairfax Families" program will arrive on Saturday, Feb. 6, at the Clifton Giant, 5740 Union Mill Road to benefit Western Fairfax Christian Ministries. Donation hours are from 9:30 a.m. to 4:30 p.m.

Garza's 2016 Listening Tours

Fairfax County Public Schools Superintendent Karen K. Garza will hold five listening tours in 2016, and invites students, parents, employees, and community members to participate. The local session will be held at 6:30 p.m., Monday, Feb. 29 at Centreville High School.

Garza, accompanied by the regional assistant superintendents, will provide an update on the budget, Strategic Plan, classroom initiatives, and other happenings in FCPS and listen to ideas, comments, and questions from the audience. Those planning to attend are asked to register in advance online at www.surveymonkey.com/r/2016ListeningTour6YZ7PCY and indicate if an interpreter is needed.

Moving Equipment Is Sought

The Centreville Labor Resource Center is in need of moving equipment to add to its tool supplies. Requested items are back braces, lift belts, sliders and straps that are used for moving jobs.

This equipment can be checked out by workers and brought back when they complete jobs. It will ensure that they're able to complete moving jobs more safely. In addition, the CLRC is seeking Spanish-speaking people to fill a number of volunteer positions. Contact Molly Maddra-Santiago at director@centrevillelrc.org.

Food Donations for WFCM

Western Fairfax Christian Ministries' food pantry needs donations of 1-2 pound bags of rice, canned fruit (all types), canned pastas, canned meats (tuna, ham, chicken), cold and hot cereals, spaghetti and sauces, peanut butter, canned vegetables (including spinach, collar greens, beets) and cooking oil.

Toiletries needed, which WFCM clients cannot purchase with food stamps, include facial tissues, toothpaste, shampoo and solid deodorant.

Bring all items to WFCM'S food pantry, weekdays, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center. A volunteer stocker/bagger is needed Wednesdays, 4-6 p.m. Contact Annette Bosley at 703-988-9656, ext. 110, or abosley@wfcma.org.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Jan. 7, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

NEWS

24 Years as Sully Supervisor

FROM PAGE 3

West Centreville's Station 38 was constructed. His office contained a couple dozen hard hats and shovels from some of the many groundbreaking in which he participated. And for Station 38, said Frey, "I remember [former Supervisors Chairman] Kate Hanley uncoupling a fire hose to dedicate it, instead of cutting a ribbon."

He also recalled buying the land resulting in both the Cub Run Rec Center and Westfield High, and and he's always had a special bond with that school. "Westfield is the only high school physically in the Sully District," said Frey. "And the vast majority of its students are Sully kids, so it's my school."

So it particularly touched him when, during half-time of a Bulldog football game right before he retired, the school gave him a letterman's jacket with his name on it. "They said, 'You've earned your letter for your support of Westfield,'" said Frey. "It's so humbling; I loved every minute of working with the school and going to their games. And to have them give me something personalized like that means a lot to me."

PARKS AND HOMES

"I'm also hugely proud of Sully Woodlands — putting together over 2,000 acres of protected, permanent parkland," he said. Frey was the supervisor who convinced the board to preserve this land as green, open space. "I told them someday people will say how wise and farsighted we were to save this land," said Frey. "It took us seven or eight years to acquire it all. But it resulted in five, major parks — some for active recreation, but more than 80 percent for passive uses. There are trails throughout, and the rec center has a naturalist that uses some of that land for educational programs."

When he first started as supervisor in 1992, Centreville's Stone Road shopping center was newly built and Centreville Square I and II had just opened. And with much of this area zoned for residential density, townhouses and apartments sprang up throughout the late '80s and the '90s.

"When you're living in a growth area, people come here from all parts of the country and don't know the long-range plans," said Frey. "So they'd tell me, 'My children's schools are crowded and the roads



PHOTO BY BONNIE HOBBS/THE CONNECTION

Michael Frey with his Westfield letterman's jacket and some groundbreaking shovels.

are congested; how could you possibly consider building more?" It was a challenge my whole career."

"I spent 15 years doing Land-Use 101 courses for all the new communities," he said. "We didn't have the power to stop development and you can't stop people from selling their land, so I got a lot of bruises. But I also made so many friends through development, working through things with the residents."

Crediting former U.S. Sen. John Warner and former U.S. Rep. Frank Wolf for their efforts in bringing the Udvar-Hazy Center to Chantilly, Frey called it "one of the most thrilling things to be involved with."

RECALLING TRAGEDY

However, tragedy struck during his last two decades as supervisor. On May 8, 2006, a mentally ill teen

SEE FREY LOOKS, PAGE 11

Smith Chooses Her Team

FROM PAGE 3

for the last eight years as our Sully District Planning Commissioner. This is an extremely time-consuming job, and John has put in the hours working with [former Sully District] Supervisor [Michael] Frey to represent our interests on the Planning Commission. Thank you to John for [his] service and [his] kind offer to work with Karen to make for a smooth transition. We appreciate all he has done."

Regarding the Park Authority, Smith plans to replace longtime Sully District Park Authority representative Hal Strickland with Godbold. "Maggie shares my commitment to retaining and expanding the many parks programs," said Smith. "And she will work closely with our office to protect and expand playing fields in the Sully District."

"I also want to thank Hal Strickland, who has served for 23 years as the Sully District member of the Park Authority," continued Smith. "I've known Hal even longer than that, as we met when my kids were involved in youth sports. Hal has done a superb job since the time our district was founded, and we will be finding a way to appropriately honor

him soon."

As for Powell, he's already served 11 years on the Small Business Commission, including a stint as chairman. "Marvin has represented Sully well, and I'm pleased to be able to re-nominate him for another term," said Smith. "Marvin has also served as chairman of the Centreville Community Foundation."

Regarding Robison, Smith said, "Sully District is home to some of our very important historic sites in the county, and Supervisor Frey did a wonderful job documenting and preserving many pieces of that history."

This is a very important issue for many residents in Sully, and Debbie runs a Northern Virginia history Website, as well as serving on the Historic Centreville Society. Professionally, she also works with historic preservation and has been a member of the History Commission since 2007."

Meanwhile, Smith's office is continuing to take applications for other Fairfax County boards and commissions. Anyone interested in serving on one may call her office at 703-814-7100; ask for Laura Floyd for information on how to apply.

NEWS

Free Gardening Seminars Offered

Merrifield Garden Center's free seminars on gardening, landscaping and decorating begin on Jan. 16. The following sessions will be held at its Fair Oaks location at 12101 Lee Highway. The "Just For Kids" session on Feb. 13 is the only one that requires registration; see <https://www.merrifieldgardencenter.com/whats-happening/2016-winter-spring-seminar-schedule/>.

JAN. 16

Growing Amazing Orchids at 10 a.m.

Jonathan Kavalier, former Merrifield Garden Center plant specialist and orchid expert, will discuss growing orchids.

JAN. 23

Winter Vignettes at 10 a.m.

Mary Kirk Menefee, Merrifield landscape designer, will show how to group together plants, berries, seed heads, colorful and beautifully structured branches, garden accents — even flowers — to create an eye-catching display.

BULLETIN BOARD

ONGOING

Fairfax Choral Society Youth is now offering voice checks, which allow directors to make sure a child's voice is healthy, and that they want to sing. Children are asked to sing a song of their choice, and then they are led through pitch and rhythm exercises. Free. Call 703-642-3277 to schedule an appointment.

The Woodlands Retirement

Community is offering aquatic fall prevention exercise classes, and Aquatic Back and Hip Exercise Class. Classes are held on Mondays, Tuesdays, Thursdays and Fridays at various times. Classes are \$10 each. Call 703-667-9800 for a complete schedule.

Partnership Starter Tool. Fairfax County Public Schools is encouraging

local businesses and community groups to express their interest in partnering with the school system by using the FCPS Partnership Starter at www.commweb.fcps.edu/partnership_matching/public. T

Book Sale. Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. Ongoing book sale at the library. All ages. Visit www.fairfaxcounty.gov/library/branches/ce/ or call 703-502-3883.

Book-A-Librarian. Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. Reserve a free 30-minute session with a professional librarian for personalized research help. Call branch to request an appointment. 703-502-3883 or visit www.fairfaxcounty.gov/library/branches/ce/.



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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

JANUARY

1/27/2016.....Community Guide

1/27/2016.....Winter Fun, Food, Arts & Entertainment; Valentine's Preview

FEBRUARY

2/3/2016.....Valentine's Dining & Gifts I

2/3/2016.....Wellbeing – National Children's Dental Health Month

2/10/2016.....HomeLifeStyle

2/10/2016.....Valentine's Dining & Gifts II

2/17/2016.....A+ Camps & Schools

2/24/2016.....Pet Connection

MARCH

3/2/2016.....Wellbeing

3/9/2016.....HomeLifeStyle Real Estate Pullout

3/16/2016.....A+ Camps & Schools

3/23/2016.....Spring Fun, Food, Arts & Entertainment

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Budget Season Trainwreck?

County looks at “lines of business,” schools call for full funding.

Karen Garza didn't move to Fairfax County from Texas to preside over the decline of Fairfax County Public Schools.

For this year's budget, the superintendent refused to cut to fit as the school system has the last two years, and called for a fully funded budget. It's true that Fairfax County schools have more students who are poor and/or are still learning English and those students cost more to educate. It's true that Fairfax County teachers make less than teachers in other bordering jurisdictions. It's true that Fairfax County spends less per student by a significant amount than other bordering jurisdictions, even accounting for size.

It's also true that Fairfax County, which provides most of the school funding, already transfers 52 percent and more of its annual budget to the schools. It's true that the county has limited revenue sources, with almost all revenue coming from property taxes. Residential property tax revenues are not growing much. Fairfax County's commercial tax base is flat or contracting with historically high vacancy rates. This is in part due to reduced spending by the federal government, but it's also about new and likely lasting trends in the way companies use office space.

The county is facing a shortfall, not just for education, but for other important things like transportation, social services, recreation and

the environment.

The Board of Supervisors and heads of county departments are about to engage in an intensive effort to review every area of county spending, with supervisors devoting two full days a week for the foreseeable future on “lines of business” review in the budget committee. What results from this process could set the stage for some reforms and some savings.

But none of those invested in Fairfax County, not the elected officials, not the teachers, not the county employees, especially not the residents, want to preside over the decline of quality of life in one of the wealthiest counties in the universe.

EDITORIAL

What's really needed is for the county to have access to a variety of revenue sources. It's excruciating to raise property taxes across the board, knowing that some people will be hard hit since there is no relation to ability to pay. But that is almost the only option the county has.

This brings us to tax reform and the General Assembly. It's pie in the sky, but localities in Virginia should have direct access to a portion of the income tax collected by the state. Northern Virginia pays the vast majority of the income taxes paid to the Commonwealth, but every penny set gets funnelled through a formula that by definition sends less money back.

Income is a measure of economic viability. There are other options, which we will detail in the future.

To find the names of your current representatives in the Virginia House and Senate, visit <http://whosmy.virginiageneralassembly.gov/> and enter your address.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

LETTER

Reducing Gun Violence

To the Editor:

U.S. Sen. Tim Kaine released the following statement on Jan. 5 on the executive actions President Obama announced to reduce gun violence.

Virginia knows all too well the tragedy and pain of gun violence. When I was Governor, Virginia suffered the deadliest mass shooting to date on the campus of Virginia Tech. More recently, the nation witnessed the terrifying shooting of two young journalists from our Commonwealth on live television. And there are too many incidents of domestic violence, suicides and urban violence involving guns that remain outside the coverage of the mainstream press. In the wake of Charleston, Sandy Hook, and countless other tragedies across the country, there's simply no denying that gun violence is one of the most pressing crises that our nation faces. That is why I strongly support the executive actions the President has announced.

The proposals seek a robust and holistic approach focused on strengthening background checks and providing the resources to enforce gun laws, increase mental health treatment and improve reporting to the background check system. They also encourage the use of smart technology to develop safer guns. It's my hope that Congress will not stand in the way of these important actions to protect Americans and their families and that we can work together to find more ways to reduce gun violence.

Tim Kaine
U.S. Senator (VA-D)

BULLETIN BOARD

Email announcements to chantilly@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SATURDAY/JAN. 23

Italian Potluck Dinner will be held in the Virginia Run Community Center on at 6 p.m. for the Virginia Run 55 Plus Club. If interested, call Mary Parker 703-818-1834.

THROUGH JAN. 31

Affordable Care Act Enrollment Assistance. Northern Virginia Family Service (NVFS) is scheduling Saturday appointments with Certified Application Counselors to assist individuals to apply for and select a health plan. Free. Call 571-748-2580 or visit www.getcoveredamerica.org/connector for more.

ELECTRONICS RECYCLING

Residents Can “E-cycle” at the I-66 transfer station. It is free but residents may be asked to show proof of residency. Personal waste only. The I-66 station is located at 4618 West Ox Road, Fairfax and open from 8 a.m.-4 p.m. from Monday-Saturday and from 9 a.m.-4 p.m. on Sundays. Visit www.fairfaxcounty.gov/dpwes/recycling/electric-sunday.htm for more.

Pet Photos for the Pet Connection

The Pet Connection, a twice-yearly special edition, will publish on Feb. 24, and photos and stories of your pets with you and your family should be submitted by Feb. 17.

We invite you to send us stories about your pets, photos of you and/or your family with your cats, dogs, llamas, alpacas, hamsters, snakes, lizards, frogs, rabbits, or whatever other creatures share your home or yard with you.

Tell us the story of a special bond between a child and a dog, the story of how you came to adopt your pet, or examples of amazing feats of your creatures. Do you volunteer at an animal shelter or therapeutic riding center or take your pet to visit people in a nursing home? Does your business have a pet? Is your business about pets? Have you helped to train an assistance dog? Do you or someone in your family depend on an assistance dog?

Or take this opportunity to memorialize a beloved pet you have lost.

Just a cute photo is fine too. Our favorite pictures include both pets and humans.

Please tell us a little bit about your creature, identify everyone in the photo, give a brief description what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name).

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Late Chantilly Free Throws Give Herndon Second Loss

Clougherty finished with 19 points and 11 rebounds.

BY JON ROETMAN
THE CONNECTION

The Herndon girls' basketball team overcame a six-point deficit early in the fourth quarter, twice took the lead during the final period and had a chance to win in the closing seconds of Monday's Conference 5 contest at Chantilly.

But after junior guard Indeya Sanders' runner off the glass failed to drop, the Hornets' found their fate resting in the hands of Chantilly's best player.

With the score tied at 48, Chargers junior Mary Clougherty rebounded the Sanders miss and was fouled with 2 seconds remaining. With Chantilly in the bonus, Clougherty went to the line to shoot one-and-one. She calmly knocked down the front end and made the second, as well, giving Chantilly a 50-48 victory in a battle of teams that had already reached double digits in the win column.

Clougherty, a first-team all-conference selection last season, finished with 19 points and 11 rebounds.

"Mary's our best player," Chantilly head coach Kurt Sporkmann said. "... We want her on the line."

Was Clougherty comfortable in that situation?

"I've always liked the high stress," she said. "I've learned to not get butterflies."

Clougherty scored 11 points in the first quarter and had 13 at halftime, but didn't score in the third. No. 44 went 6-for-6 at the free-throw line in the fourth quarter.

What makes Clougherty a dangerous player?

"Her simple basketball IQ," Sporkmann said. "She knows how to manage a game and she knows how to take care of the players around her. We're lucky enough that Mary is flexible to play a variety of positions for us. She'll put the ball in her hand and be our guard, she'll go down low and post up, she'll play against the fastest guard, she'll play against the biggest post. ... She's versatile and she's accepted that role."

The victory improved Chantilly's record to 12-2, including 2-0 in the conference. The Chargers won their conference opener against Centreville, 35-33, on Jan. 8.

Meanwhile, Herndon dropped to 10-2. After 10 straight wins to open the season, the Hornets opened conference play with a 57-44 loss to defending region champion Oakton on Jan. 8 before falling to Chantilly on Monday.

Senior forward Shawnice Gresham had a big night for Herndon, finishing with 19 points and 12 rebounds. She tied the score at 48 with a putback with 51.4 seconds remaining.

"I think Herndon is just a tough team,"



Head coach Kurt Sporkmann and the Chantilly girls' basketball team improved to 12-2 with a win over Herndon on Monday.

PHOTOS BY
CRAIG STERBUTZEL
THE CONNECTION

Chantilly junior Mary Clougherty scored 19 points and made the game-winning free throws against Herndon on Monday.

Sporkmann said. "They are one hell of a team. ... They've got probably one of the best post players, one of the best rebounders in Shawnice. She's tough. We did everything we could to game plan against her and she still got [19 points]."

Junior guard Janiece Loney scored 10 points for Herndon and Sanders finished with eight.

Junior forward Sarah Maxseiner had 10 points for Chantilly and junior guard Chiara Ballam finished with six.

Herndon faced Centreville on Tuesday, after The Connection's deadline. The Hornets will travel to face Potomac Falls at 7:15 p.m. on Thursday, Jan. 14.

Chantilly faced Robinson on Tuesday. The Chargers will travel to face Oakton at 7:30 p.m. on Tuesday, Jan. 19.

"I'm proud of my girls for coming together this year and really keeping their eye on the next play, worrying about the next thing," Sporkmann said, "and not worrying about off-court crap and drama."

Westfield Boys' Basketball Extends Win Streak

The Westfield boys' basketball team, fresh of its Bulldog Bash Tournament championship, played their final non-conference game against visiting Potomac Falls on Jan. 5.

After trailing 15-13 in the first quarter, Westfield outscored Potomac Falls 16-6 in the second quarter to take a 29-21 halftime lead. Westfield would not trail again. Westfield would outscore Potomac Falls 21-15 in the third quarter en route to a 62-46 victory.

Tyler Scanlon led Westfield with 25 points, followed by Kory Jones' 13. Westfield connected on seven 3-pointers for the game and shot 70 percent from the charity stripe. Potomac Falls was led by Dondrea Tillman's 15 points and received 12 from Danny Cox.

Westfield also defeated Robinson 70-51 in both teams' Conference 5 opener at Robinson on Jan. 8. Blake Francis led Westfield with 22 points. Tyler Scanlon had 19 and Kory Jones finished with 15. Westfield improved to 9-2, 1-0 in Conference 5.

The Bulldogs faced Oakton on Tuesday, after The Connection's deadline. Westfield will host Centreville at 7:15 p.m. on Friday, Jan. 15.

Blake Francis and the Westfield boys' basketball extended its win streak to eight games.



PHOTO BY WILL PALENSCAR

HomeLifeStyle

Color of the Year

Pantone honor bestowed on two colors for 2016

BY MARILYN CAMPBELL
THE CONNECTION

Two colors, Serenity (light blue) and Rose Quartz (pale pink), were recently named the Pantone Color of the Year selection for 2016. Pantone provides professional color standards for the design industries, and each year, the hues are credited with influencing fashion and interior design.

This is the first time in the 16-year history of Pantone's annual color crowning that the honor has been bestowed on two hues.

From upholstery and paint to decorative accents and works of art, local designers offer thoughts on how the demure shades can be incorporated into interior décor.

"Light blue shows warmth and is welcoming," said James Nicolson, vice president of Sales and Operations at Tech Painting Co. in Alexandria. "Periwinkle is a common color for powder rooms and eat-in kitchen areas. But pink is kind of a strange color because if men are involved, they are often put off by it."

Gretchen Fuss, an Alexandria-based artist and interior designer, incorporates the shades into her own works of art. "There are realistic ways to use these colors," she said. "Serenity is by far one of my favorite



PHOTO BY ANGIE SECKINGER

Designers from Ivy Lane Living used a shade of soft pink in a bedroom of the 2015 D.C. Design House.

shades of blue and I will revisit it in my artwork. Rose Quartz and Serenity remind me of the sun setting on the water. I see both as soft accents that can easily marry into the styling of the gray regime."

Designer Courtney Cox of Ivy Lane Living in Alexandria says she and her partner

Alex Deringer used the pink hue in a bedroom of the D.C. Design House last year. "While we didn't expect that Pantone would select two shades for its color of the year, we were charmed but not completely surprised to see Rose Quartz in the mix," she said. "We have been loving the warm, in-

viting hue for a while now."

Fresh alternatives to the traditional neutral palette is how Amanda Mertins of Patina Polished Living in Alexandria describes the Pantone picks. "Think pale soft pink walls with a muted blue sofa," she said. "These colors work best together if you keep your furniture and accessories sleek not fussy. Individually they lend themselves to linens, accent chairs and throw pillows."

Pantone's Color of the Year selection began in 1999 and serve as a barometer of the current mood of society. The 2016 picks offer tranquility, evoke inner peace and provide a respite from the stress of daily life.

"Serenity and Rose Quartz demonstrate an inherent balance between a warmer embracing rose tone and the cooler tranquil blue, reflecting connection and wellness as well as a soothing sense of order and peace," said Leatrice Eiseman, executive director of the Pantone Color Institute in announcing this year's selection.

Local artist and author Kathryn Horn Coneway of Art at the Center in Alexandria appreciates the decision to choose two colors and believes that color has the power to affect emotions. "Colors create moods by their relationships to each other," she said. "Different color combinations evoke a different sense of energy in a composition."

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Design Trends for 2016

Local style gurus predict the elements that will be popular this year.

BY MARILYN CAMPBELL
THE CONNECTION

The start of the year offers an opportunity to ring in new trends, particularly when it comes to a home's interior. From sustainably sourced textiles to sparsely accessorized rooms, local tastemakers look into their crystal balls and offer predictions on design elements that will be popular this year.

Interior design is going high tech, allowing designers and clients an opportunity to work collaboratively during the design process. "Technology seems to be driving design firms," said Jean P. Freeman, professor of Interior Design at Marymount University in Arlington. "Since there are so many computer programs that assist designers in creating visual, 3-D drawings, clients are able to better understand the designs. Designers and clients both are able to visualize how spaces appear with colors, textures, volume, proportion and other aspects of design."

Freeman believes that consumer demand for energy efficient appliances and designs, as well as sustainably sourced materials, is a trend that will continue and even be elevated. "Now they are interested to find out the origins of various textiles, furniture [and] cabinets," said Freeman. "Clients are seeking healthy environments that are safe. The off gassing of toxic gases from some of the synthetic materials used in carpet, paint, upholstery, furniture is now considered harmful."

Eschewing fussy and indulgent decor in favor of a clean and simple aesthetic is a trend that Kristine Winner, associate professor of Interior Design at Northern Virginia Community College expects to see this year. "... This indicates a trend toward more comfortably contemporary environments with minimal accessories," she said. "It also indicates that we should be designing interiors for people that will allow them to be surrounded by the things they love rather than a load of things selected for no real reason."

The trend toward de-cluttering and simplification will extend to home choices. "Go small or go home" is one theme that Sharon Kleinman of Transitions in Potomac, Md. believes will resonate with consumers this year.



PHOTO BY GWIN HUNT

Designers will be tasked with creating elegant spaces on a small scale in 2016, predicts interior designer Sharon Kleinman.

"One trend I'm seeing among my clients is that they are either downsizing from large homes on more acreage or moving towards city living with little to no property and more compact living space," said Kleinman. "I'm also seeing clients gravitate towards transitional furnishings. There doesn't seem to be as great a divide between the more traditional versus the more modern."

Outdoor upholstery fabric will no longer be confined to alfresco furniture, forecasts Amanda Mertins, president of Patina Polished Living in Alexandria. "One of the most popular design trends for this year is the use of outdoor fabric for indoor upholstery," she said. "It has been used for high traffic rooms especially where kids are involved but now, given a broader selection and interesting patterns, customers are using it in traditional living areas and dining rooms."

Elegant and bold mirrors will make an appearance in bathrooms marrying style and function. "Bye-bye to medicine cabinets and hello to mirrors that make a statement," said Mertins. "Modern metallics, large wood-framed and vintage mirrors add interest and boost style to a utilitarian space which is used every day."

Furniture and accessories made of Lucite, a transparent plastic material, is one trend that Marika Meyer of Marika Meyer Interiors predicts for 2016. The designer also expects to see a transition from cool grays to warmer grays, whites and cool beiges being used as neutral shades. "We are seeing a return to organic patterns as a change from the strong geometrics, which have populated the fabric field for the last few years," she said. "Colors and patterns are still quite popular and will be."

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"You're Old News"



By KENNETH B. LOURIE

So said my wife, Dina, after hearing me describe my most recent visit to the Infusion Center. Visits which I've now made approximately 100 times since I received my cancer diagnosis in late February, 2009. For nearly seven years, save for 15 months or so when I was taking two pills a day at home instead of infusing once every three weeks, I have been an oncology patient getting treated for stage IV, non-small cell lung cancer (NSCLC) – a treatable but not-curable form of cancer, as my oncologist explained to Team Lourie on February 27th, 2009. In short, I was "terminal," with my chance of surviving beyond two years calculated in the low single digits. The fact that I sit here, almost seven years later, alive and reasonably well, is a miracle of biblical proportions, and a reality for which I am extraordinarily grateful and fortunate, although "fortunate" doesn't really characterize how lucky I am, all things considered.

And seven years into my treatment, it's safe to say I know the drill at the Infusion Center. As such, I require very little attention, special or otherwise, when I am admitted into the treatment area. This past visit was a bit different, however. Due to a computer coding/data-entry error, one of my lab results was not posted. As a result, there was a delay of nearly an hour before the results were retrieved, which in turn prevented my chemotherapy drugs from even being ordered/mixed, a process which ordinarily takes 15 to 20 minutes. Because of this snafu, I was left to sit in my Barcalounger/pace in my cubicle for quadruple the normal wait. Eventually, the results were loaded, but in the interim, I was left to fend for myself.

It was during this delay that I noticed a fellow oncology patient across the room who seemed to be getting an inordinate amount of attention, although it didn't seem urgent; from the LPNs, the oncology nurses and even from my oncologist – who is generally not present/involved (nor does he need to be, according to my experience) at the Infusion Center. Yours truly, on the other hand, stood idly by/sat minding my own business/making numerous non-medically-related cell-phone calls and was basically but not totally ignored. (I'm not a shrinking violet; if I needed something, I would have asked.)

When I shared this story with my wife, she scoffed at my semi inconvenience and said: "You're old news." To which I laughed and agreed. I suppose, after seven years of treatment/miscellaneous interactions, and having far exceeded my original "13-month to two-year" prognosis, I am very old news. The kind of news which apparently is very rare; but having survived so long requiring so little, I guess I'm sort of ignorable. Not that there's anything wrong with that; I'd much rather not require any attention, especially the life-saving kind, and go about my regular infusions with amazingly minimal complications – which seems to be my norm.

Of course, I don't take any of this for granted, as you regular readers know. But there was a peculiar sort of indifference/lack of concern/being taken for granted that was oddly reassuring. If the staff is not paying attention to me, then I must not need any attention paid. And if I don't require any attention, I must not present any kind of problem. And if I don't present any kind of problem, then what am I worried about? So what if there's a delay? Apparently, there are patients with bigger problems and I don't seem to have any of them. Perhaps I should just recline in my Barcalounger and relax; I've earned it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Frey Looks Back as Sully Supervisor

FROM PAGE 4

shot and killed two Sully police officers, Det. Vicky Armel and MPO Mike Garbarino.

“Nothing was harder than losing them,” said Frey. “That will never be far from my mind. And I told the crowd at the first vigil I’ve never been prouder to be the Sully supervisor than that evening; more than 1,000 people turned out. I’ll also never forget the day after the shooting. I pulled into the station and saw a huge banner from Westfield High, signed by the students and saying, ‘Sully RD., we love you.’”

And when the police officers on duty at the time of the shooting eventually returned to work, Sully residents came to the station at 3 a.m. and cooked breakfast for their whole shift. Said Frey: “To see that kind of support was phenomenal.”

Then 11 months later was the Virginia Tech tragedy in which Westfield graduates Reema Samaha and Erin Peterson were killed. “There was a prayer vigil at Tech, including at least 25 Sully police officers,” said Frey. “They said, ‘Westfield students were there for us and we want to be there for them.’”

Also during his tenure, the Centreville Historic District grew from 18 acres to 82, and the county bought Mount Gilead and the Sears/Spindle house and fixed up both homes. “And now, we’re beginning a sign system and walking tours there,” said Frey.

One of his toughest accomplishments was the establishment of the Centreville Labor Resource Center for the community’s day laborers, which he supported. “A fair amount of people were against it initially, but it was an obvious human need,” he said. “And I’m thrilled with the way it turned out.”

PROTECTING ANIMALS

Frey’s also pleased with the creation of a dog park here, plus a no-tethering law and vast improvements at the county animal shelter. “When I first joined the board, it didn’t care about humane treatment of animals, and this bothered me,” he said. “It took lots of amazing people, including veterinarian and shelter volunteer Susan Hall, to make progress at the shelter and fight for better conditions for the animals.” So he was proud when, two summers ago, the shelter received special recognition from the Humane Society of the U.S.

One year, Frey even got dog runs for the shelter for \$21,000 in the county budget. “But there’s more we can do,” he said. “And now I’ll advocate for the shelter without the rules and regulations of a supervisor.”

He also plans to golf and read and keep in touch with his former staff. “I’ve loved what I’ve been doing, so it’ll be an adjustment,” he said. “But what I really loved were the people; I’ll miss those relationships, but I’ll still see many of them. I’ll still be here in Centreville and go to Westfield and Centreville high games.”

Frey said his successor, Kathy Smith, will do fine. “She’s a good person, a quick learner and a great listener,” he said. “So I’m confident Sully’s in good hands.”

Meanwhile, he said, “I’ll still be involved



Michael Frey with his Phillies mug and a 1998 Centre View featuring a story on him.

PHOTO BY BONNIE HOBBS THE CONNECTION

with the Historic District, local sports and the Friends of the Animal Shelter — I just won’t have to deal with budgets. I’m going

to do what everybody else does — sit in my kitchen with a cup of coffee and bitch about the traffic.”



PHOTO CONTRIBUTED

10-Mile Hike at the Battlefield of Antietam

After a five year hiatus, Troop 30 of Centreville returned to the Battlefield of Antietam for a history-filled campout before the holidays. The Troop 30 Committee Chair and self-proclaimed Civil War historian Mitch Simmons first introduced the Scouts to the life of a Civil War Union soldier during a troop meeting. He then instructed the volunteer in close order drill movements for the Scouts to have an appreciation for how a replica 1861 Springfield musket would be carried on the march and the steps in its loading. Simmons led the 16 Scouts and 5 adults through a 10-mile hike where they discussed key movements and aspects of the battle. They covered each component of the critical battle that marked the single bloodiest day in America’s military history with a combined loss of over 22,000 killed, wounded, and missing/captured. The Scouts of Troop 30 are in or rising students in the pyramids for Westfield High School, Centreville High School, Chantilly High School, and home-school. Contact troop30scoutmaster@gmail.com about getting a son involved in Scouting.

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PROPOSED AMENDMENT TO SPECIAL USE PERMIT
PUBLIC HEARING TOWN OF CLIFTON PLANNING COMMISSION
January 26, 2016

Notice is hereby given that the Town of Clifton Planning Commission will hold a Public Hearing on Tuesday, January 26, 2016 at 7:30 P.M. at the Acacia Lodge Hall, 7135 Main Street, Clifton, VA 20124 to consider a requested special use permit for the Peterson's Ice Cream Depot, located at 7150 Main Street, which would include an expansion of the existing use, including, but not limited to, the increase in number of seats; an increase in parking; an expansion of the hours of operation; an increase in employees, from the previous special use permit. The application for the changed special use permit is available for review and downloading on the Town's website at www.clifton-va.com and a hard copy may be examined at the Clifton Post Office, 12644 Chapel Road, Clifton VA, 20124. All interested parties are invited to attend the Planning Commission's public hearing and express their views with respect to the requested special use permit of Peterson's Ice Cream Depot.

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ONGOING

Santa Through the Ages. Through Jan. 31, 11 a.m.-4 p.m. daily, except Tuesdays, at Sully Historic Site, 3650 Historic Sully Way, Chantilly. This exhibit of Santa figures depicts Santa through different time periods. Tickets are \$7 for adults, \$6 for students, and \$5 for seniors and children. Visit www.fairfaxcounty.gov for more.

Fine Art Exhibit at Clifton Wine Shop. Through Jan. 31, 10 a.m.-8 p.m. at The Clifton Wine Shop, 7145 Main St., Clifton. This exhibit includes landscapes, watercolors, and acrylics from artist Michele Frantz. Free. Visit www.artguildofclifton.org for more.

FRIDAY/JAN. 15

Budding Scientist Workshop. 11 a.m.-12 p.m. at Children's Science Center, 11948 Fair Oaks Mall, Fair Oaks. Preschool aged children are invited to a special program. Tickets are \$12, \$11 for seniors and active military, free for children under age 2. Visit www.childsci.org for more.

Sipping & Painting. 6:30 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Take a class from a painting instructor and find wine for sale. Tickets are \$40 for members, \$45 for non-members. Visit www.wineryatbullrun.com/events.

FRIDAY-SUNDAY/JAN. 15-17

30th Annual Washington Camping RV Expo. 12-8 p.m. Friday, 10 a.m.-8 p.m. Saturday, and 11 a.m.-5 p.m. Sunday at Dulles Expo & Conference Center, 4320 Chantilly Shopping Center Drive, Chantilly. RV dealers from six states will display the newest RVs from tent campers to luxury motor coaches. Find out about campgrounds, RV maintenance, insurance and financing. Admission is \$10 for adults, free for children 16 and younger. Visit www.agievents.com for more.

SATURDAY/JAN. 16

Richard Bland Lee's 253rd Birthday Party. 1-4 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Celebrate the 253rd birthday of Sully's former owner, Richard Bland Lee, Northern Virginia's first Representative to Congress. Take a special tour of the grounds. Tickets are \$7 for adults, \$6 for students, and \$5 for seniors and children. Call 703-437-1794 or visit www.fairfaxcounty.gov/parks/sully-historic-site/.

SUNDAY/JAN. 17

Garden Scale Train Show. 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Washington, Virginia and Maryland Garden Railroad Society will hold their annual G Scale (Garden) Train Show. Tickets are \$4 for those 16 and older, \$2 for youth, and free for children 4 and under. Visit www.fairfax-station.org for more.

MONDAY/JAN. 18

Tips for Beautiful Garden Pictures. 7 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Photographer Patty Hankins offers tips for garden photos using a smartphone. Free. Visit www.centrevillegardenclub.blogspot.com.

MONDAYS/JAN. 18-MARCH 7

Castles & Catapults Workshops. 1-2 p.m. or 4:45-5:45 p.m. at Children's Science Center, 11948 Fair Oaks Mall, Fair Oaks. Children will learn about science and engineering principles, like gravity, buoyancy, and simple machines, presented in the context of medieval times. Activities include building towers, boats, draw-bridges, and catapults as well as designing medieval coats of arms and jewelry. The earlier session can be customized for homeschooled children ages 7-12, the second session is for grades 4-6. The price per participant is \$160. Visit www.childsci.org for more.

Science Solutions Workshops. 2:15-3:15 p.m. at Children's Science Center, 11948 Fair Oaks Mall, Fair Oaks. Children will apply science, math and engineering solutions to help the owners of the "E.Z. Science Journal." They will create sand clocks, design an experiment, build a stronger egg carton, solve knot puzzles, design journal cover art, sketch and construct a new invention, and develop more efficient delivery routes. The price per participant is \$160. Visit www.childsci.org for more.

WEDNESDAYS/JAN. 20-MARCH 9

Science Solutions Workshops.

4:45-5:45 p.m. at Children's Science Center, 11948 Fair Oaks Mall, Fair Oaks. Children will apply science, math and engineering solutions to help the owners of the "E.Z. Science Journal." They will create sand clocks, design an experiment, build a stronger egg carton, solve knot puzzles, design journal cover art, sketch and construct a new invention, and develop more efficient delivery routes. This session is for grades 1-3. The price per participant is \$160. Visit www.childsci.org for more.

SATURDAYS/JAN. 23-MARCH 12

Castles & Catapults Workshops. 10-11 a.m. at Children's Science Center, 11948 Fair Oaks Mall, Fair Oaks. Children will learn about science and engineering principles, like gravity, buoyancy, and simple machines, presented in the context of medieval times. Activities include building towers, boats, draw-bridges, and catapults as well as designing medieval coats of arms and jewelry. This session is for grades 1-3. The price per participant is \$160. Visit www.childsci.org for more.

Science Solutions Workshops. 11:15 a.m.-12:15 p.m. at Children's Science Center, 11948 Fair Oaks Mall, Fair Oaks. Children will apply science, math and engineering solutions to help the owners of the "E.Z. Science Journal." They will create sand clocks, design an experiment, build a stronger egg carton, solve knot puzzles, design journal cover art, sketch and construct a new invention, and develop more efficient delivery routes. The price per participant is \$160. Visit www.childsci.org for more.

FRIDAY/JAN. 22

Friday Night Flights: Meritage. 7 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Tasting room manager Dean Gruenberg will lead a wine tasting of meritage blends from Argentina, California, France, Washington State, South Africa, and Virginia. Tickets are \$20-30. Visit www.wineryatbullrun.com/events.

FRIDAY-SUNDAY/JAN. 22-24

Home and Remodeling Show. 10 a.m.-9 p.m. on Friday and Saturday, 10 a.m.-6 p.m. on Sunday at Dulles Expo & Conference Center, 4320 Chantilly Shopping Center Drive, Chantilly. Find and learn more about home related products and services. Tickets are \$10 for adults, \$3 for children 6-16, free for children 5 and younger. Visit www.homeandremodelingshow.com for more.

FRIDAY/JAN. 29

Magic Show: Michael Cantori. 7 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Experience magic, psychology, hypnosis, etc. Tickets are \$32-40. Visit www.wineryatbullrun.com/events.

FRIDAY-SUNDAY/JAN. 29-31

Sugarloaf Craft Festival. 10 a.m.-6 p.m. on Friday and Saturday, 10 a.m.-5 p.m. on Sunday at Dulles Expo & Conference Center, 4320 Chantilly Shopping Center Drive, Chantilly. Find more 250 artists and craft designers. Tickets are \$8 in advance for adults, \$10 at the door, free for children 12 and younger. Visit www.sugarloafcrafts.com for more.

SATURDAY/JAN. 30

Steven F. Udvar-Hazy Center Open House. 10 a.m.-3 p.m. at Steven F. Udvar-Hazy Center, 14390 Air & Space Museum Parkway, Chantilly. Go behind the scenes and talk with curators, conservators, archivists, and other Museum experts; see objects not on public display; and participate in unique activities, tours, and on-stage presentations. Call 703-572-4118 or visit airandspace.si.edu/udvarhazy.

SATURDAY/FEB. 6

Heritage Family Day: African American Pioneers in Aviation and Space. 10 a.m.-3 p.m. at Steven F. Udvar-Hazy Center, 14390 Air & Space Museum Parkway, Chantilly. Learn more about the accomplishment of African Americans in the fields of aviation and space exploration. Free. Call 703-572-4118 or visit airandspace.si.edu/udvarhazy.

Superbowl of Wines. 3 p.m. at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Compete in a blind tasting of Paradise Springs wine. Tickets are \$25 per person, \$20 for wine club members. Call 703-830-9463 for more.

SUNDAY/FEB. 14

Valentine's Day Wine Dinner. 8 p.m. at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Find a four-course dinner paired with Paradise Springs wine. VIP tickets are \$149, \$129 for wine club members. General admission tickets are \$129, \$119 for wine club members. Call 703-830-9463 for reservations.

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