

Reston's Great Whiteout

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PHOTO BY FRAN LOVAAS

**Reston Outlook:
What's Coming?**

NEWS, PAGE 8

**South Lakes
To Host Broadway Cabaret**

ENTERTAINMENT, PAGE 13

Fleet of Reston Association plowmen opening pathway to Lake Anne from Hickory Cluster.

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When Barbara walked into Koko FitClub, she was nervous. Facing serious health issues, her doctors prescribed exercise. Traditional “gyms” caused fear and dread – she tried them, and hated them. Her goal: to get healthy and build strength in a place that made her feel like she truly belonged.

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Tyler is impressed. “To see someone who has gone through so much and is now achieving her goals – it’s incredible. Barbara always wants me to challenge her, and I love it! What makes me most proud is the simple fact that she is proud of herself. I may have helped along the way, but if she hadn’t made the first step to come into Koko FitClub, none of this would have been possible.”

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**30
DAYS
\$30**



Bronze Bob Simon unfazed by the Great Whiteout of 2016.



View down to Van Gogh Bridge towards Washington Plaza Cluster during the Whiteout.

Reston's Great Whiteout

PHOTOS BY
JOHN AND FRAN LOVAAS



Fran Lovaas and faithful Scottie Angus—Van Gogh bridge in background.



Waterview resident Lynn Namerow takes break from snow tunneling.



Dr. Avern, DDS just about finished clearing way for his car.



Sparrows and cardinal gather at the feeder during blizzard.



Femal Cardinal feeding with others during blizzard.

Positive 2015 Real Estate Market Spurs Upbeat Outlook for the New Year

Experts predict continuing positive trend.

BY ANDREA WORKER
THE CONNECTION

The final figures are in, and it looks like the 2015 local housing market was a modest winner. Coming off a banner 2013, the 2014 market left buyers, sellers, agents, brokers and lenders all feeling a bit edgy when the previous year's successes did not spill over into the next year. But despite a bit of a rollercoaster ride, 2015 closed with annual regional sales 9.4 percent higher than 2014 – their highest since 2006. Data for the region, that includes the general Metro area, as well as specifics for Fairfax and Arlington counties, the cities of Fairfax, Falls Church and Alexandria, and the towns of Herndon, Vienna and Clifton is supplied by RealEstate Business Intelligence, L.L.C. (RBI), an arm of the local MLS system.

In the first half of the year the normal buying pattern was disrupted by a number of factors, not the least being the long and difficult winter which pushed the start of the spring market from late January or February to mid-March.

"The hottest real estate season lost a solid month of sales," said Reston-based Keller Williams agent Andy Krumholz. "Then it ended earlier than normal, as well," he added.

"Normally lasting until late June before the summer slowdown, this past year the market went to sleep in May and stayed that way through Labor Day."

TO EVERYONE'S RELIEF, the second half of the year saw a real pick up in real estate action. Virgil Frizzell, the Northern Virginia Association of Realtors (NVAR) chairman of the board noted "a strong fall market and sometimes a flurry of bidding wars" that helped overcome the slow start, even with the jitters that came as the world waited for the anticipated increase in the Fed Funds Rate by the Federal Reserve, and the adjustments to be made as new closing laws went into effect.

According to the RBI data, Fairfax County had the most closed sales in 2015, increasing 9.6 percent over 2014. Alexandria came in with a 9.4 percent increase, Fairfax City with 7.9 percent, Arlington with 3.9 percent and Falls Church with 3.8 percent.

Among the jurisdictions, Fairfax County also saw the highest increase in new listings, up 14.6 percent over the previous year, a trend that Anita Lasansky, CRB, managing broker-vice president Long and Foster Realtors in North Reston can attest to. "We're a 60 percent/40 percent listing versus sales organization and it was a brisk year for us," she said, although at the moment "there's not a lot of inventory." Chairman



Andy Krumholz,
Agent Keller Williams
Reston: "The improving economic metrics have many pundits feeling optimistic about 2016. I expect

most areas to experience a 3-4 percent price improvement."

Frizzell agrees that "our region could always benefit from affordably priced new homes that will help our renter population make the move to home ownership."

In terms of sales pricing, Lasansky's opinion is that it was an almost neutral market year. "Buyers couldn't 'steal' a house, but sellers couldn't easily sell a property not in good condition.

There was quite a bit of negotiating during many of the transactions." Krumholz agreed with that assessment. "Even as inventory increased and some sellers were adjusting their sales price expectations, buyers were remaining selective. Homes that needed repairs or improvements languished on the market."

The RBI numbers show that both Lasansky and Krumholz were right in their thoughts about pricing and the average days on the market (DOM) of a given property. The region saw only a 1.1 percent increase in the median sales price. Behind D.C., Arlington County and Alexandria City led the way, with increases over 4 percent. In Fairfax County median sales prices were 3.2 percent higher in 2015 than in 2014. Only Falls Church saw a year-over-year decrease, dropping 1.4 percent, but keeping the "most



Anita Lasansky, CRB
managing broker-vice president,
Long and Foster North Reston: "The current stock market fluctuations could be a good

thing for the local real estate market. Housing is looking like a pretty good bet."

expensive location crown" among the Northern Virginia locales with a 2015 median sales price of \$690,000. At 22, days on the market increased slightly for all of the areas analyzed, but even those increases did not depress the overall sense of market health, since the two-day increase in the median DOM from 2014 is still an impressive 41 days less than the DOM high of 68 in 2008, and not far off the lowest DOM level recorded in the past decade of 15 days in 2013.

SO WHAT DO THE EXPERTS take from this plethora of information as they look to the 2016 market? NVAR CEO Ryan T. Conrad believes the positive trends will continue throughout the year. "Our region's sales pace last year reflected that there was homebuyer confidence," he stated in a recent NVAR press release, and "serious homebuyers will understand that their buying power will be strongest in the early part of the year" considering further expected rate hikes from the Federal Reserve.

Lasansky, with her 40 years of local experience, is looking at 2016 to be "as good, if not better, than 2015." Asked if she saw the current Wall Street woes as a challenge



Virgil Frizzell,
Chairman of the Board Northern Virginia Association of Realtors: "The 2016 market is a dynamic situation, but I think all the indicators are

there for a positive year."

to the market, she replied the effect might just be the opposite. "With interest rates still so low, the volatility of the stock market might just steer people more toward real estate as the safer bet." Lasansky also feels that the recent easing of some of the regulations and requirements could make homebuying more of a possibility, especially for younger and first-time buyers.

Frizzell is equally positive about the 2016 outlook. "Millennials are starting to make the move," he stated. Several of his rental clients are now on the hunt for homes of their own.

Armed with the RBI data, his own expertise, and encouraging information provided from the George Mason University Center for Regional Analysis, Frizzell thinks that continued employment growth and a more balanced economy in the region might make 2016 "one of the best years ever."

Links to data and analysis by locale can be found on the NVAR website, www.nvar.com. Readers interested in comprehensive data on the region including housing, job growth by sector and wages and more, can visit the George Mason University Center for Regional Analysis website at www.cra.gmu.edu.

WEEK IN RESTON

Reston Camp Expo Rescheduled for Jan. 30

On behalf of the Serving Reston Youth coalition, Reston Community Center has rescheduled the Reston Camp Expo to Saturday, Jan. 30 from 9 a.m.-1 p.m. at RCC Hunters Woods (2310 Colts Neck Road, Reston). The Expo was originally scheduled for Saturday, Jan. 23. The 3rd Annual Reston Camp Expo provides an opportunity for local families to learn about local organizations that provide summer camp opportunities to Reston youth. In 2015, more than 500 community members visited with local, non-profit providers of summer camps and learned about their offerings, scholarship opportunities, transportation and much more. The Expo also features employment information, live demonstrations, and lots of fun crafts and activities for children. For more information on the Reston Camp Expo, including access to the Reston Camp Expo Resource Guide, visit www.restoncommunitycenter.com.

For more information about the Reston Camp Expo or about Reston Community Center Summer Camps, contact: Eileen Boone, RCC Director of Leisure and Learning, at 703-390-6162 or eileen.boone@fairfaxcounty.gov.

Lake Anne Dad Squad Gathering

The Lake Anne Dad Squad will gather at Lake Anne Elementary on Monday, Feb. 8, at 8:30 a.m. to lend a hand at the school. Fathers, grandfathers, uncles, and father figures are invited to stop by for 10 minutes or two hours, whatever their schedules allow. Dad Squad members can talk about their family members, read, sing, have lunch, straighten books, reboot a computer, or support classroom learning on Feb. 8, as well as provide support and assistance to faculty. Contact principal Jill Stewart at 703-326-3500 or jdstewart1@fcps.edu or news liaison Sue Garrison atswgarrison@fcps.edu.

PEOPLE

New Managing Director at Helios HR

Madelyne D'Angelo is the new managing director at Reston-based Helios HR, a human capital management and talent acquisition firm.

As a member of the executive team, D'Angelo will return to the firm in a new role responsible for driving strategic growth initiatives, team leadership, and overseeing the client experience across business lines. D'Angelo, who was a Practice Leader at Helios HR from 2005 to 2007, will work closely with and report directly to president and CEO, Kathy Albarado.

"I admired and relied upon Madelyne when she worked for us earlier in her career and am excited to have her back as a member of my executive team.

She is driven, dynamic and resourceful. With Madelyne in her role as Managing Director, it allows us to scale for further growth as we extend our client, team and community relationships," said Albarado. "Whenever a key team member returns to an organization it makes a big statement."

D'Angelo comes to Helios HR with 15 years of progressive experience as a strategic partner elevating the human capital function for organizational impact. D'Angelo has successfully led the integration efforts related to multiple acquisitions and is masterful in building and maintaining relationships.

She joins the Helios HR team after the



Madelyne D'Angelo.

PHOTO CONTRIBUTED

recent merger of SalientCRGT where D'Angelo served as the vice president, Human Resources at CRGT, Inc. Prior to CRGT, D'Angelo served as the vice president, HR Administration of L-3 STRATIS, a division of L-3 Communications, with

5,000 employees.

"I'm delighted to be rejoining the team and grateful to be doing so in a new role that has the potential to make a contribution to the Helios team, its clients and our community," said D'Angelo.

D'Angelo holds a Bachelor's of Science in Special Education from Slippery Rock University in Slippery Rock, Pa. and earned her Juris Doctor from the Duquesne School of Law in Pittsburgh.

She is admitted to practice in both Pennsylvania and the District of Columbia and is certified in Myers Briggs and as a Senior Professional Human Resources from HRCI.

For more information, about human capital management consulting and recruiting services, please visit www.helioshr.com.

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'Disappointing, Not Surprising'

Bills to rein in predatory lending die in Senate committee.

EDITORIAL

Have you ever paid 36 percent interest on a loan or credit card? Not likely. It's an outrageous rate, especially given that the actual cost of money is close to zero right now.

But right now, some people in Northern Virginia are paying more than 200 percent on loans secured by their car title. These are people who are both financially desperate and financially unsophisticated, who likely assume that regulation would keep a lender from bleeding them dry with unrestricted interest rates.

Predatory lending is a local issue, with car title lenders congregating in lower income areas like along Route 1 in the Mount Vernon area, and also queuing up near the border with Prince George's County, Md., where car title lending is illegal.

Earlier this week, a Virginia Senate committee killed a bill that would have capped consumer loan interest rates at 36 percent. It's hard

to believe, but right now there are no limits to the interest rates that can be charged in Virginia. And car title lenders, which are not consumer loans, often have effective interest rates of more than 200 percent.

"Predatory lending is a major problem in the U.S. 1 Corridor," said Sen. Scott Surovell (D-36), who introduced the failed legislation to curb predatory lending. "Car title lenders have been abusing this loophole by charging rates over 200 percent. ... To rein in car title lender bait and switch tactics, I am proposing to limit interest rates on consumer finance loans at 36 percent." But that effort died in a Virginia Senate Committee this week.

Between 2010, when the Virginia General Assembly gave the green light to the car title lending industry, the total number of locations more than doubled from 184 to 395.

Some legislators claim this is a free market and personal responsibility issue, that people who have no other options should be able to turn to high interest lending as a last resort. But most people who turn to these loans would be better off without this last resort.

"It's a trap, and although it's presented as a loan it's really loan-sharking," said Jay Speech,

executive director of the Virginia Poverty Law Center. "People who get into this end up much worse off than when they started."

We all pay the price when an industry preys on the poor. People who lose their cars can lose their jobs, then relying on the frayed and inadequate safety net.

Michael Pope, who wrote about car title lending abuses when he worked for the Connection and Gazette Packet, recently completed a multi-part investigative series on predatory lending for WAMU, which you can listen to here: http://wamu.org/the_debt_trap

When his series concluded, the message of the damage of predatory lending seemed to resonate. Legislation to rein in the abuses of 200 percent interest seemed destined to make a difference.

This year, it will not.

Attorney General Mark Herring tweeted, "disappointing, not surprising" on Monday in response to the news that all four bills that sought to limit predatory lending were voted down in committee.

Disappointing, but not surprising. A sad commentary.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

Pet Photos for the Pet Connection

The Pet Connection, a twice-yearly special edition, will publish on Feb. 24, and photos and stories of your pets with you and your family should be submitted by Feb. 17.

We invite you to send us stories about your pets, photos of you and/or your family with your cats, dogs, llamas, alpacas, hamsters, snakes, lizards, frogs, rabbits, or whatever other creatures share your home or yard with you.

Tell us the story of a special bond between a child and a dog, the story of how you came to adopt your pet, or examples of amazing feats of your creatures. Do you volunteer at an animal shelter or therapeutic riding center or take your pet to visit people in a nursing home? Does your business have a pet? Is your business about pets? Have you helped to train an assistance dog? Do you or someone in your family depend on an assistance dog?

Or take this opportunity to memorialize a beloved pet you have lost.

Just a cute photo is fine too. Our favorite pictures include both pets and humans.

Please tell us a little bit about your creature, identify everyone in the photo, give a brief description what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name).

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Progress on Transportation

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

In the early years of the 20th-century travelers were advised not to come to Virginia because of the poor condition of the roads. Deep ruts, mud holes and lack of maintenance made travel precarious in the Old Dominion. In 1925 State Senator Harry F. Byrd who as a young man had worked part-time on a private toll road—the Valley Pike in the Shenandoah Valley—ran for governor on the campaign slogan "Get Virginia out of the mud." Byrd's campaign was successful, and in his single term as governor he established the Virginia Department of Highways. His centralized highway system led to the present-day highway system that is one of the largest in the country with 57,867 miles of highways and 20,991 bridges. Byrd also implemented a "pay as you go" financing system that keeps the pace of highway construction and improvement at the rate of current revenue without borrowing. Old timers in the state remember traveling on roads that went from two to four lanes and back to two every few miles as money was available in the highway construction fund to complete the widening.

Governor Gerald Baliles who served from 1986 to 1990 was able to get a significant highway funding program approved in 1986 that along with federal funding was able to make improvements to the highway system and to introduce funding for mass transit. That was the last time politicians in Richmond could agree on a financing plan for

transportation until 2013 when new monies were approved along with a new approach for identifying projects.

Secretary of Transportation Aubrey Layne last week briefed the House Transportation Committee on which I serve and outlined the three Rs in transportation planning that have come about because of legislation passed the last couple of years. As a result of bipartisan efforts, Virginia's transportation program has been renewed with new resources for all modes of transportation. The program has been reformed by requiring use of an outcome-based prioritization process with increased accountability and transparency. The transportation program has been refocused by replacing the decades-old allocation formula with a new formula that aligns funding with need. Gone is the approval of funding transportation by locality to a shift to regional consideration and statewide needs. Rather than the piecemeal approach to project funding there now will be full funding of projects. And the new system of funding that has been put in place is designed to shift prioritization from politics to factors of congestion mitigation, safety, accessibility, economic development, environmental concerns and land usage.

Governor Byrd's Department of Highways whose name was changed to the Department of Transportation years ago has begun functioning with a multi-modal approach that includes bus and rail as well as bicycles and pedestrians. While Northern Virginia continues to face significant challenges as one of the most congested parts of the country, additional funding that is now available along with the outcome-based prioritization process will accrue to the benefit of our region. Results will not be immediate, but I believe we are moving in the right direction.





PHOTO BY KATIE REBEL GABLE

Todd Anderson, Richard Wood and Andy Zisari help neighbors in Reston survive the Blizzard of 2016.

Helping Neighbors Cope with Blizzard

These three gentlemen took it upon themselves to dig people out from the “Blizzard of 2016.” The Thorn Hill neighborhood had rarely seen a plow since Friday and the problem of “Where to put the snow?” was becoming an even greater concern. The elderly could not get to their cars, the handicapped were feeling a loss of their freedom and dogs were at a complete loss as to where to go.

And then three angels (or three wise men) appeared: Todd Ander-

son, Richard Wood and Andy Zisari. On their own with a rented snowblower they began - one house at a time - to dig cars out, create trails and walkways and make neighbors smile. These three gentlemen were out very late in the freezing cold and they were back out early Tuesday morning.

The Blizzard of 2016 certainly brought frustration and worry, but in the neighborhood of Thorn Hill it also brought out the best in all.

—KATHERINE REBEL GABLE

FCPS Award Nominations Sought

Fairfax County Public Schools (FCPS) is accepting nominations for the Outstanding Support Employee, Outstanding Hourly Employee, and Outstanding Leader awards. The nomination deadline is Feb. 3.

Administrators, colleagues, parents, and community members are encouraged to support our outstanding employees who deserve to be acknowledged for the impact of their work. All award nominees will be celebrated at the annual FCPS Honors gala held at the George Mason University Center for the Arts at the end of the school year. Winners receive a

financial award and their school receives a celebration for the entire staff to recognize the role of collaborative teamwork in achieving excellence.

Nominations are also being accepted for the Outstanding First-Year Principal Award. This award recognizes a distinguished first-year principal who demonstrates extraordinary leadership qualities and exceptional administrative abilities. The nomination deadline is Feb. 17.

Find the award criteria and the online nomination forms at www.fcps.edu/hr/awards.

Questions, send an e-mail to EmployeeAwards@fcps.edu.

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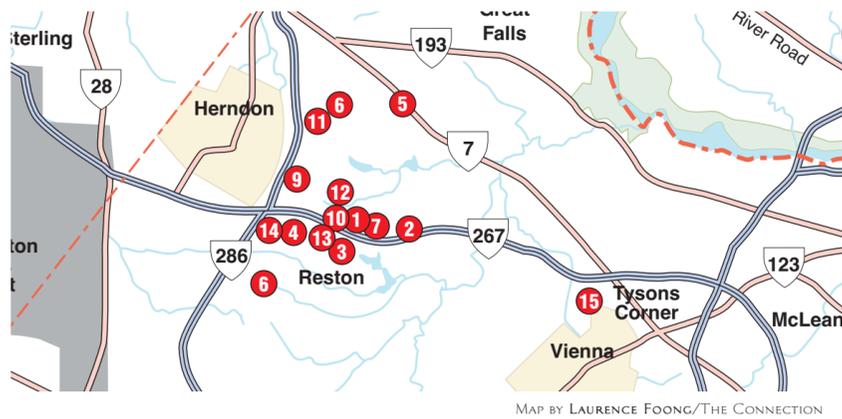
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RESTON OUTLOOK 2016



MAP BY LAURENCE FOONG/THE CONNECTION



More development is planned at Reston Wiehle station, and the new station coming at Reston Town Center.



Reston Town Center is the home of the Northern Virginia Fine Arts Festival and many other community events already, but with the coming of the new Metro station, there will be an increase in density and development.

What's Coming?

Sites and developments to look at in Reston area.

COMPILED BY KEN MOORE
THE CONNECTION

❖ Tall Oaks Development Company LLC

Tall Oaks Village Center
12052 N. Shore Drive
PRC C-020
Tall Oaks Development Company filed a Planned Residential Community plan to redevelop the property with a mix of residential and retail uses.

The proposed redevelopment will consist of 70 condo flats, located in two multifamily buildings with garage parking underneath each building; 42 two-over-two multifamily units with a combination of garage and street parking; 44 single family attached dwelling units; and 7,000 square feet of community-serving retail sales.

Reston's founder, Robert E. Simon, died Sept. 21, 2015 at 101. Simon's last speech before the Board of Supervisors concerned his vision for plazas to be prominent for all the Village Centers. "It is very important for Tall Oaks to become a real village center and as a precedent to the other village centers, all of which are shopping centers.

Tall Oaks is within about a mile of the new Wiehle-Reston East Metro station.

The Planning Commission scheduled a public hearing for May 4 at 8:15 p.m.

❖ Reston Town Center North

Advocates for the Reston Regional Library, police and Embury Rucker Shelter want to ensure that Reston meets the needs of all resi-

dents with state of the art facilities.

According to the Reston Association:
"The Fairfax County Department of Purchasing and Supply Management released a solicited public-private partnership request for conceptual phase proposals for the redevelopment of the Reston Town Center North parcels in late June.

"The county seeks to enter into a public-private partnership to redevelop the existing Embury Rucker Shelter and Reston Regional Library as Phase 1 of a mixed-use development proposed for the overall Reston Town Center North area. The mixed-use development will include affordable housing, public services and private development. The area under review is denoted on the accompanying map as Blocks 7 and 8."

❖ JBG, 1831 Wiehle Avenue

Rezoning from I-4 Industrial Medium Intensity to Planned Residential Mixed-Use
504 residential units, 61,000 square feet of retail

JBG proposes 504 multi-family residential units and up to 61,000 square feet of retail use at 1831 Wiehle Ave. The rezoning application proposes rezoning from I-4 Industrial District Medium Intensity to the Planned Residential Mixed-Use (PRM) district to develop a mixed-use, transit-oriented development in the Wiehle-Reston East Transit station area.

The application also includes a conceptual and final development plan depicting the layout of the residential and retail uses for the property.

❖ General Dynamics Headquarters

11011 Sunset Hills Road
General Dynamics plans to move its headquarters to Reston.
The plan on Sunset Hills Road replaces approval of three office buildings with five-story office building there.

Aerospace and defense company General Dynamics Corporation has filed a "conceptual development plan amendment and final development plan amendment" to permit construction for its new headquarters on the south side of Sunset Hills, north of the Dulles Airport Access Road, and west of Hunter Mill Road.

According to Supervisor Cathy Hudgins, the proposed development will replace the previous approval of three office buildings (up to 357,694 square feet) and extensive surface parking with a single office building of five stories (190,000 square feet), with an option for future expansion.

Property owners and developers held a community meeting on Wednesday, Jan. 20.

❖ Comstock Reston Station Holding

Comstock's Reston Station Holding seeks to increase the overall maximum density of Reston Station from 2.5 floor area ratio to 3.5. The Application also proposes an increase in maximum building height of three of the eight buildings (Buildings 6, 7 and 8) from 140 feet to 240 feet.

❖ CESC Commerce Executive Park

1850 Centennial Park Drive
11400, 11440 Commerce Park

Drive

Rezoning/Final Development Plan with special exception from light industrial to planned development commercial including 500 new dwelling units and a hotel with 175 rooms.

Planning Commission hearing not yet scheduled.

CESC Commerce Executive Park seeks to build 500 new dwelling units, a hotel with approximately 175 rooms, a new office building of approximately 400,000 square feet, and complementary retail/active uses on the ground floor.

The application also includes an option to convert the proposed hotel to multifamily residential, and the proposed new office building to multifamily residential and/or hotel.

Two existing office buildings will be retained (totaling 356,496 square feet).

CESC Commerce Executive Park, L.L.C. submitted its rezoning/final development plan (RZ/FDP 2015-HM-011), concurrent with a special exception amendment (SEA 94-H-049) and the application would rezone the property from Industrial District I-3 (light industrial) to Planned Development Commercial (PDC).

A Planning Commission public hearing has not been scheduled.

❖ Sekas Homes

11690 Sunrise Valley Drive
RZ/FDP2015-HM-012, DPA HM-117

The application calls for 37 urban-style single family attached dwelling units with associated parking and recreational amenities with its rezoning and final development plan application and development plan amendment. The existing office building and surface parking will be removed. Access will be provided via a single full movement access point off Roland Clarke Place and the development will be served by private streets and alleyways.

The application, if approved,

would rezone the property from Industrial District I-5, Planned Residential Community and Residential Estate to the Planned Development Housing-12 (PDH-12).

A Planning Commission public hearing has not currently been scheduled.

❖ Reston Town Center Metro Silver Line Station

<http://www.dullesmetro.com/silver-line-stations/reston-town-center/>
In the median of the Dulles Airport Access Highway/Dulles Toll Road just west of the Reston Parkway overpass. Serves Reston Town Center, Phase 2 of Silver Line project to open within the next five years.

Phase 2 of the Silver Line project, will extend service from the end of Phase 1 at Wiehle-Reston East in Reston, through Herndon and Washington Dulles International Airport and into Loudoun County.

On Dec. 10, 2015, the Planning Commission voted unanimously to recommend approval of this application. The Board of Supervisor public hearing is currently scheduled for Tuesday, Feb. 2, 2016.

❖ Metropolitan Washington Airports Authority

Virginia Department of Rail and Public Transportation
Washington Metropolitan Airports Authority (WMATA)
Board of Supervisors
Reston Town Center Station
PRC 86-C-121-05), SE 2015-HM-024

WMATA and its partners have filed a special exception and planned residential community plan to allow the the north entrance to the Reston Town Center Station for an electrically powered regional rail substation. In addition, the build-out will include the station entrance pavilion/pedestrian bridge which will be owned and operated by WMATA.

❖ Bozzuto Development Company, Inc.

11500 Olde Tiverton Circle, Reston
PCA 86-C-023, DPA 86-C-023
Bozzuto Development Company wants to redevelop to build 625 new apartments and 34 townhomes, replacing 250 multifamily garden apartments in nine three-story apartment buildings at St. John's Wood apartments. The Planning Commission has scheduled a hearing for Feb. 24 at here

www.CONNECTIONNEWSPAPERS.COM

the Proffer Condition Amendment (PCA 86-C-023), Development Plan Amendment (DPA 86-C-023) at 8:15 p.m.

❖ Pulte Homes

1825 Michael Faraday Drive, Reston
RZ 2015-HM-005

Pulte Homes wants to replace a single-story office building with 42 stacked townhouses at 1825 Michael Faraday Drive. It seeks to rezone the property from an Industrial District I-4 to a Residential District R-30 on 1.58 acres.

The Planning Commission's public hearing is scheduled for Thursday, April 28 at 8:15 p.m.

❖ Reston Golf Course

11875 Sunrise Valley Drive
RN Golf (partially owned by Northwestern Mutual) filed notice of its appeal of fall's County's Circuit Court decision, which reinforced the land use process, to the Virginia Supreme Court. RN Golf claims by right development in the matter of the land use designation of Reston National Golf Course.

The owners of Reston National Golf Course hope to build housing on the land in the future, but a recent county circuit court ruling will require them to go through the usual rezoning process to do so.

Circuit Court Judge Michael F. Devine made a ruling that protects Reston National Golf Course from being developed, at least until the owners of a golf course navigate the proper channels to seek a land use change, or continue to appeal its case. Judge Devine granted Fairfax County's motion for summary judgment, meaning the Circuit Court vacated and voided the April 15, 2015 county Board of Zoning Appeals (BZA) decision

❖ Chick-fil-A Swaps with Burger King

1490 North Point Village Center
PRC 86-C-023-02
Chick-fil-A, Inc. wants to redevelop former Burger King property

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at 1490 North Point Village Center. Chick-fil-a seeks to demolish the old Burger King building to construct a 4,700 square foot fast food restaurant with drive-through.

A Planning Commission public hearing on its filed Planned Residential Community plan (PRC 86-C-023-02) is scheduled for March 16 at 8:15 p.m.

❖ Wiehle Station Ventures LLC

Wiehle-Reston East Metro Station
RZ 2015-HM-013), SEA 94-H-049-2

Wiehle Station Ventures LLC seeks approval of its final development plan and special exception amendment to permit infill development of multifamily residential uses near the Wiehle-Reston East Metro Station.

The proposed development will replace an existing surface parking lot with 260 dwelling units. The existing office condo building will also be rezoned PRM as a secondary use to the new residential use. A portion of the property (approximately 1.99 acres) will remain Industrial District I-3 and provide parking for the condo office building. The special exception is to permit commercial off-street parking to serve the office application condo building.

The Planning Commission public hearing is scheduled for May 12 at 8:15 p.m.

❖ Reston National Golf Course

concerning the Reston National Golf Course.
"The circuit court ruling on Friday, Nov. 6, is considered a defeat for the owner of the golf course and is significant because any redevelopment of the course must now be preceded by the filing of specific plans with the county, which will then be compared with the 'Development Plans' approved in 1971," said John McBride, Reston Association's legal counsel.

"These plans are in the county zoning files and clearly limit use of the land to a golf course, open space and driving range. Any change to these approved plans will require amendment approval by the Fairfax County Board of Supervisors. The golf course owner had sought to avoid this requirement for a plan amendment by seeking by-right use status for a number of residential and other uses."

❖ Chick-fil-A Swaps with Burger King

1490 North Point Village Center
PRC 86-C-023-02
Chick-fil-A, Inc. wants to redevelop former Burger King property

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CALL FOR CANDIDATES

Reston Association is seeking members to serve on the Design Review Board (DRB) in the following volunteer leadership positions:

- Design Professional (2 seats): Architect, land planner, or landscape architect
- Lay Member (1 seat): Need not be a design professional

Appointed by the Reston Association Board of Directors, the DRB is responsible for administering and rendering decisions involving design covenants in accordance with Reston Association's Design Guidelines.

If you are interested in applying, please contact stadele@reston.org by Friday, Feb. 26, 2016.



PHOTO BY ANDREA WORKER/THE CONNECTION

The Ice Skating Rink at Reston Town Center.

Winter Fun Guide

Stay active by running some races, find out if we have six more weeks of winter (we hope not), or enjoy some s'mores by the campfire.

Go

Will that cowardly groundhog get spooked by its own shadow and curse us with six more weeks of winter? Let us hope not. Find out at **Groundhog's Day Out** on Sunday, Jan. 31 at Frying Pan Farm Park, 2739 West Ox Road, Herndon. Find out if groundhogs can really predict the weather. Visit a groundhog burrow, learn cool groundhog facts, enjoy games and make your own groundhog friend to take home. Dress for the weather, hot chocolate provided. Children must be accompanied by an adult. Cost is \$8 and \$10. Pre-register at <http://www.fairfaxcounty.gov/parks/fryingpanpark/>.

A cold and clear night provides the best view of the night sky. Warm up at **Winter Night-Time Campfire** at Lake Fairfax Park, 1400 Lake Fairfax Drive, Reston. The campfire is on Saturday, March 12 at 6:30 p.m. Discover the night sky through hands-on activities and storytelling. Families can come early and picnic or toast hotdogs. Bring a toasting stick, blanket and flashlight. S'mores provided. Children must be accompanied by a registered adult. Cost is \$8, \$10. Sign up at <http://www.fairfaxcounty.gov/parks/lakefairfax/>.

Meet the makers. No, not your Maker. The Maker Movement hearkens to the past, when people made stuff. The desire to make stuff is experiencing a resurgence. At **NoVa Mini Maker Faire**, a collection of tech enthusiasts, engineers, woodworkers, artists and

craftspeople will gather on Sunday, March 13 at Langston Hughes Middle School and South Lake High School. Children will have the opportunity to become makers themselves, so bring the whole family. Langston Hughes Middle School is located at 11401 Ridge Heights Road, Reston. South Lakes High School is located at 11400 South Lake Drive, Reston. For more information, visit <http://makerfairenova.com/>.

Do

At the **Reston Town Center Ice Skating Pavilion**, skaters get a chance to show off their figure 8s and their triple lutz triple flip combo. Not ready for the Olympics? Classes are offered to all skill levels that you'll soon be gliding and spinning...or at least be able to stay upright. The rink is open daily and is located at 11900 Market St., Reston. For more information on rates, rentals and schedules, call 703-709-6300 or visit <http://www.restontowncenter.com/amenities/ice-skating/>.

Seniors, show us how it was and is done at the **Social Ballroom Dance** on Sunday, Feb. 7 at the Herndon Senior Center, 873 Grace St., Herndon from 3 to 6 p.m. There will be a West Coast Swing lesson. Basic knowledge suggested. For more information, call 703-980-7793.

For an Instagram-worthy Valentine's Day, take a **Horse-Drawn Carriage Ride** at Reston Town Center. Your coach is at the ready from 5:30 to 9:30 p.m. on Sunday, Feb. 14, in front of Talbots, 11888 Market St., Reston. For more information, go to restontowncenter.com.

SEE FUN GUIDE, PAGE 13

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CALENDAR

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

WEDNESDAY/JAN. 27

Frosty and Friends-Snowonderful News! 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Frosty the Snowman returns again this year, bringing our wintry family story time a blizzard of fun! Join us before he melts away. All ages. 703-689-2700.

Meet me at the Movies. 10 a.m. Bow Tie Cinemas, 11940 Market St., Reston. Reston Association presents "Bridge of Spies." Refreshments and door prizes provided prior to movie. Free to 55+. ashleigh@reston.org. reston.org. 703-435-6530.

SATURDAY/JAN. 30

Saturday Kids Program. 10 a.m. Reston Art Gallery, 11400 Washington Plaza W, Reston. For children 3-11. This week's project: Make your own board games. No reservation needed. 703-481-8156. www.restonartgallery.com.

Weekend Bluegrass Concert Series. 7:30 p.m. Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. East of Monroe plays. If you like bluegrass, both traditional and contemporary, with a touch of gospel, blues or jazz then this band is just who you are looking for.

SUNDAY/JAN. 31

Bluegrass-Goldheart. 7 p.m. Frying Pan Park, 2709 West Ox Road, Herndon. The three youthful but talented Gold sisters (Tori, Jacey and Shelby) bring their original songs and beautiful sister harmonies supported by their capable instrumental work. \$18, \$20. <http://www.fairfaxcounty.gov/parks/fryingpanpark/>.

Capitol Steps. 6:30-10 p.m. Hyatt Regency Reston, 1800 Presidents St., Reston. Comedy skit and acts. Proceeds support Cornerstones' efforts to provide affordable housing, emergency shelter, food, financial assistance, childcare and other essential resources to individuals and families in need. \$75. cornerstonesva.org.

Groundhog's Day Out. 2 p.m. Frying Pan Farm Park, 2739 West Ox Road, Herndon. Find out if groundhogs can really predict the weather. Visit a groundhog burrow, learn cool groundhog facts, enjoy games and make your own groundhog friend to take home. Dress for the weather, hot chocolate provided. Children must be accompanied by an adult. All participants must pre-register. <http://www.fairfaxcounty.gov/parks/fryingpanpark/>.

TUESDAY/FEB. 2

Reston Garden Club. 1-4 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. "A Night at the Oscars." Members choose a film to represent and present in "floral mode." www.therestongardenclub.org. Guest and members welcome. 703-391-0666.

FRIDAY/FEB. 5

Fall Registration St. Timothy's Preschool. 10 a.m. St. Timothy's Preschool, 432 Van Buren St., Herndon. The pre-school offers half-day classes for three, four and five year olds, with an optional afternoon enrichment program. Please call the school or visit our website for more

information. www.sttimothyepreschool.com. 703-437-4767.

SATURDAY/FEB. 6

Annual Father Daughter Dance. Herndon Community Center, 814 Ferndale Ave., Herndon. This semi-formal event will include an evening of dancing, appetizers, drinks, a photo of the couple, and a keepsake. Daughter may be accompanied by an uncle, grandfather or a male guardian. \$50 per couple, \$25 additional daughter. Ages 3-12. www.herndon-va.gov.

SUNDAY/FEB. 7

Social Ballroom Dance. 3-6 p.m. Herndon Senior Center, 873 Grace St., Herndon. West Coast Swing lesson. Basic knowledge suggested. Ballroom social dance party. 703-980-7793.

WEDNESDAY/FEB. 10

Sip and Paint. 6-10:45 p.m. Vapiano Reston Town Center, 1875 Explorer St., Reston. Fundraiser will benefit the Bite Me Cancer Foundation and their fight against Thyroid Cancer. \$50. Artbytheglazz.com.

THURSDAY/FEB. 11

Classic Cinema Series. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Our charming romantic comedy is a Valentine's Day treat for Jane Austen fans. Call the library for title. Adults, older teens. Register at 703-689-2700.

SUNDAY/FEB. 14

Bluegrass-Danny Paisley. 7 p.m. Frying Pan Park, 2709 West Ox Road, Herndon. Authentic traditional bluegrass performance featuring his unique vocal sound and top-notch instrumental work from his talented band. \$18, \$20. <http://www.fairfaxcounty.gov/parks/fryingpanpark/>.

Horse-Drawn Carriage Rides. 5:30-9:30 p.m. In front of Talbots, 11888 Market St. Reston. restontowncenter.com.

MONDAY/FEB. 15

Jester's Box Puppet Show. 11-11:45 a.m. Herndon Community Center, 814 Ferndale Ave., Herndon. This 35-minute presentation is a Bunraku-style show on a custom-built table with the performer visible. \$4/\$5. Free to children under one. www.herndon-va.gov.

SUNDAY/FEB. 21

The Russian Revolution and the Men Who Made. 2 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Part one of a five part series given by Dr. Harry Butowsky. Adults. 703-689-2700.

SATURDAY/FEB. 27

Classic Cinema Matinee. 2 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Warm your heart and spirits with a cinematic trip to exotic India. Call the library for title. Adults. Register at 703-689-2700.

SUNDAY/FEB. 28

The Russian Revolution and the Men Who Made. 2 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Part two of a five part series given by Dr. Harry Butowsky. Adults. 703-689-2700.

Ongoing

Little Hands Preschool Art

Class. 10-11 a.m. Tuesdays from Jan. 12 to Feb. 2. Greater Reston Arts Center, 12000 Market St. #103, Reston. Introducing young children to art by having them explore new artwork, materials, and skills each week. Limited to 10 participants. Ages 3-5 years old. restonarts.org. 703-471-9242.

"Middletown" by Will Eno. Jan. 14-Feb. 7. NextStop Theatre Company, 269 Sunset Park Drive, Herndon. In this quirky, modern companion to "Our Town,"

residents of Middletown seek the meaning of suburban life. Encounter thought-provoking universal themes and a few personalities you may recognize from your own neighbors and friends. www.NextStopTheatre.org. 703-481-5930.

Dress Drive for Prom. Jan. 2-March 26. Monday-Saturday, 9 a.m.-5 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. RCC is collecting formal dresses, shoes, handbags, scarves and shawls, jewelry and accessories for Diva Central. All donations are

appreciated, however, we ask that donations are in good condition, no older than 5 years old (circa 2011), and dry cleaned before they are donated. 703-390-6158.

Volunteers. The McLean Community Players seeks volunteers, preferably retirees who can work during the day on weekdays as well as weekends, to build scenery for MCP productions. No experience is required. Training provided. Call the scene shop manager at 703-304-3176 to schedule a visit and talk. www.McLeanPlayers.org.

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SPORTS

Snowstorm Q&A: Herndon's Bradley Snowed in with Best Friend

A snowstorm caused Fairfax County Public Schools to cancel classes and athletic events from Thursday, Jan. 21 through Tuesday, Jan. 26. Some areas received more than 20 inches of snow during the weekend, according to the National Weather Service, creating a break from competition for local high school athletes.

Herndon junior Alexa Bradley, the defending Conference 5 all-around gymnastics champion, shared her storm experience via email with The Connection.

Q: In what city do you live?

A: I live in Herndon.

Q: How did the amount of snowfall in your neighborhood compare to what you thought would fall?

A: I didn't doubt that we were going to be getting a big snow storm but didn't realize how much snow actually comes from a non-stop snowstorm for more than 24 hours. I've never seen so much snow in my life, so it was hard to imagine what to expect.

Q: What, if any, preparations did you and your family make for the storm?

A: We went grocery shopping before the snow started on Friday. I didn't want to be stuck in the house with my mom and a group of my brother's friends, so I prepared a four-day long suitcase and got snowed in with my best friend.

Q: What did you do to pass the time during the storm?

A: During the storm I watched a bunch of cool documentaries on Netflix, played board games with my friends, cooked and baked many good treats, napped, and did homework.

Q: Did you play in the snow? If so, what did you do?

A: When it started snowing I took a walk up the street. I wanted to build a snowman but didn't have any gloves so I haven't (as of Sunday night) been able to use my hands to make anything, but on my snow days I'm planning on building an igloo and snowman.

Q: Were you able to exercise/practice during the storm? If so, what did you do?

A: We have not been practicing at all since the snowstorm but I've been trying to stay stretched out so my body doesn't hurt too bad after I return to a regular practice schedule.

Q: The Conference 5 gymnastics meet is approaching (Feb. 3). At this point in the season, how do you feel you're performing?

A: I feel like I've had a slow start to this season taking more time to get my body back to the way it was when I ended last season, but trying my best.

Q: As the defending all-around champion, what are your expectations for this season?

A: My expectation for this season is to be beat my personal best and to keep moving forward and getting better in my skills.

— JON ROETMAN



Herndon gymnast Alexa Bradley, seen last season, is the defending Conference 5 all-around champion.

PHOTO BY CRAIG STERBUTZEL/
THE CONNECTION

Snowstorm Q&A: South Lakes' Caloyannides Built an Igloo

A snowstorm caused Fairfax County Public Schools to cancel classes and athletic events from Thursday, Jan. 21 through Tuesday, Jan. 26. Some areas received more than 20 inches of snow during the weekend, according to the National Weather Service, creating a break from competition for local high school athletes.

South Lakes volleyball player Melody Caloyannides, who is committed to Virginia Tech, shared her storm experience via email with The Connection.

Q: In what city do you live?

A: Reston.

Q: How did the amount of snowfall in your neighborhood compare to what you thought would fall?

A: We accumulated around 28 inches, but due to drift there were spots as high as 33 inches. We expected 1-2 feet, but it was well over that.

Q: What, if any, preparations did you and your family make for the storm?

A: Like many families, we purchased salt, an extra shovel, and food for a little under a week of home meals. However, I did hear from a few families that generators were bought, as well.

Q: What did you do to pass the time during the storm?

A: The first day I spent mainly at home with my family, but after the first day I walked to visit friends. With water-resistant clothes, it was not too bad. The walk was definitely a workout though.

Q: Did you play in the snow? If so, what did you do?

A: Yes, I did play outside. A few friends and I went sledding and we also built an igloo since there was plenty of snow to do so.

Q: Do you play a winter sport at South Lakes?

A: No, I do not play a winter sport at South Lakes because I play volleyball all year; indoor volleyball during the school year, and sand volleyball during the summer.

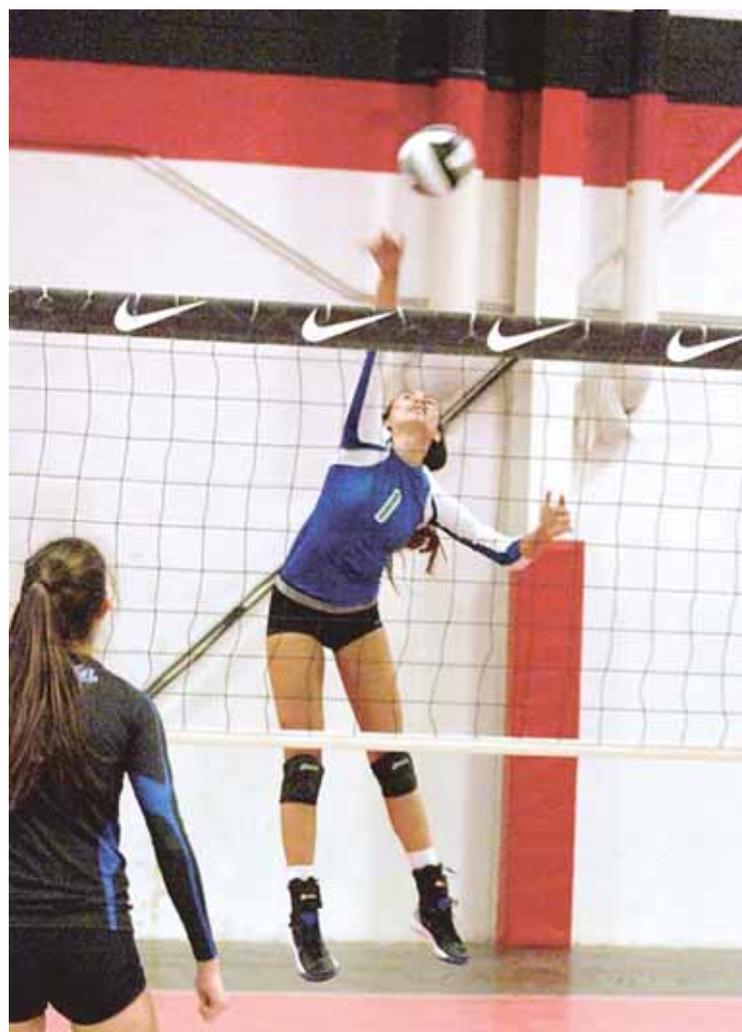
Q: Were you able to exercise/practice during the storm? If so, what did you do?

A: Unfortunately, no. We have had about a week off of practice and conditioning which has made preparing for a tournament this coming weekend a little difficult. However, every night we would complete our "homework," which would consist of an hour-long training program to stay in shape.

Q: What made Virginia Tech the right choice for you?

A: I have loved Tech since sophomore year, but was on and off because I wanted to research into more schools. I knew it was the school for me when I went on my third visit during the fall. Up until then, I had not visited since my sophomore year. The day I called the coach telling them I'm accepting their offer, I cried tears of joy like no other. It's an amazing feeling and I couldn't be happier to call myself a Hokie.

— JON ROETMAN



South Lakes senior Melody Caloyannides is committed to play volleyball at Virginia Tech.

PHOTO BY CRAIG STERBUTZEL/
THE CONNECTION

ENTERTAINMENT

South Lakes to Host Broadway Cabaret

NoVa Mini Maker Faire and Battle of the Bands.

BY RYAN DUNN
THE CONNECTION

Reston South Lakes High School Chorus Department will soon begin its 11th year of Broadway Night. This year's show will feature rock and roll songs from Broadway shows. More than 200 students from South Lakes Pyramid schools are participating in this musical theatre intensive that is centered on teaching students who want to grow in voice, acting, dance and technical theatre. Senior Sean Danaher looks forward to hearing the song "21 Guns" which will be sung by some of his friends. Danaher will be soloing in the song "Time Warp" from the Rocky Horror Picture Show.

SLHS Choral students assume leadership roles in running every aspect of the show: performing, directing, production, technical theatre, publicity, costuming, choreography, all in a three-week period. Choir teacher Rita Gigliotti and other qualified performing arts professionals provide guidance and instruction. The theme for the show is Rock On Down, and will feature songs from musicals including "Evita," "Hair" and "Jesus Christ Superstar." "It is a huge opportunity for kids in elementary schools and middle schools," said junior Maddy Emmert, who is helping with the costumes in this production.

The event will feature music featuring students from South Lakes HS, Hughes and Carson MS and eight elementary schools. Show dates are Saturday, Jan. 30 at 2 p.m. and 7 p.m. and Sunday, Jan. 31 at 2 p.m. Purchase Tickets online at: <http://southlakeschorus.org/tickets/>

Eight bands featuring young talent will be performing in a Battle of the Bands shows presented by the South Lakes High School Band Boosters. Finalists will show their stuff on stage at Ned Devine's in Herndon on Feb. 21, and doors open at 4 p.m. Bands will be competing for cash prizes, and will be judged on sound, musicianship, stage presence and originality. The judge panel includes Ryan McIlveen (FCPS School Board Member), David Lang (Artistic Director of Reston Chorale), and Kevin Bearce (Drummer and owner of The Music Stores). The event is a fundraiser for the South Lakes High School Band Boosters. Proceeds will be used to support the SLHS Band program. For more info see www.southlakesband.org.

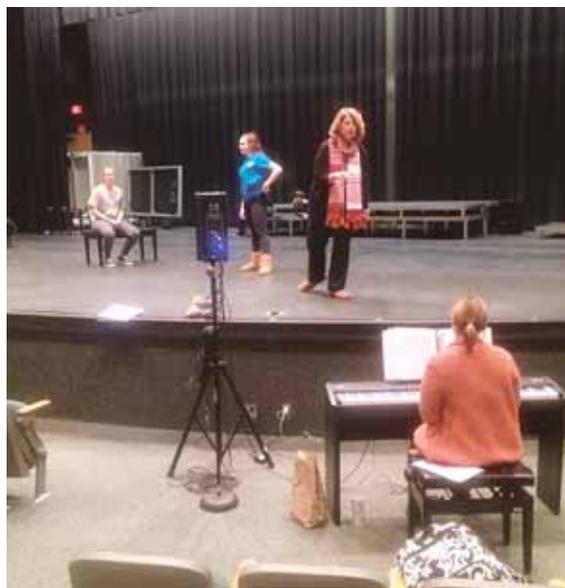
South Lakes High School students were successful in their audition for All-District Band: Abel Ruiz Diaz (percussion – alternate); Assad Aijazi (tuba); Catie George (clarinet); Darwin Walter (alto sax – alternate); David Clark (alto sax); Everest Gromoll (trumpet); Gary Quaresima (French horn); Kamron Rose (French horn); Maddi Nicol (contra bass clarinet); Mason Moy (tuba); Max Onozuka (clarinet); and Miriam Wolter (trumpet).

Another upcoming event which will be hosted at South Lakes HS and Langston Hughes Middle School is the annual NoVa Mini Maker Faire. Tech enthusiasts and innovators will gather Sunday March 13, at



Reston SLHS senior Sean Danaher with junior Maddy Emmert, who is helping with the costumes in this production. SLHS is putting on its 11th winter cabaret show in January at the school.

PHOTOS BY RYAN DUNN/THE CONNECTION



Reston SLHS choir teacher Rita Gigliotti plays the keyboard as students rehearse for the January Broadway cabaret show. More than 200 students from South Lakes Pyramid schools are participating in this musical theatre, including elementary and middle schools.

the Reston schools to meet Northern Virginia engineers, woodworkers, artists, and craftspeople to show and tell what they are making. Tickets are on sale. Early bird tickets are: \$10 for adults and \$2 for children through Feb. 12. Tickets at the door are \$20 for adults and \$8 for children.

More than 100 makers will share their knowledge through hands-on projects for adults and kids in areas from primitive tools and blacksmithing to drones and 3D printers. Makers from the 2015 Faire to return in 2016 include: Everest Gromoll, a South Lakes HS student, who taught himself to blacksmith; DC Area Drone User Group; Craig Trader's Chaos Machine (a large automated marble machine); Nova Labs Learn to Solder; a working replica of R2D2 by Staunton Makerspace; and Vicky Somma, winner of 3D printed White House ornament. Fairegoers can participate in workshops, performances, short talks, and food trucks.

NoVa Mini Maker Faire is independently organized by Nova Labs and is operated under license from Maker Media, Inc. Sponsors and community partners include: Fairfax County Public Schools, Reston Community Center, Community Foundation of Northern Virginia, Fairfax Connector, and GEMS. For additional information about the NoVa Mini Maker Faire, sponsorship or volunteer opportunities <http://makerfairenova.com>.

Winter Fun Guide

FROM PAGE 10

See and Hear

Herndon sure loves bluegrass.

Frying Pan Farm Park holds its **Bluegrass Barn**. Performances by regional bluegrass bands are on Sundays starting at 6 p.m. Scheduled dates are Jan. 17, 31; Feb. 14; March 6, 20; and April 3. Cost is \$18, \$20, and \$128 for a season pass. Frying Pan Farm Park is located at 2709 West Ox Road, Herndon. For tickets, visit <http://www.fairfaxcounty.gov/parks/fryingpanpark/>.

Holy Cross Lutheran Church presents its **Weekend Bluegrass Concert Series**. Doors open at 6:30 p.m. Cost is \$15, free for children 12 and younger. For a list of dates and performers, visit, <https://hclbluegrass.wordpress.com/>. The church is located at 1090 Sterling Road, Herndon.

Fitness

Fight that urge to just lay on the couch and Netflix-binge till it's at least 50 degrees outside.

The **All-Comers' Group Fun Run at Potomac River Running** meets on Tuesdays and Thursdays at 6:30 p.m. at Reston Town Center, 11911 Democracy Drive, Reston. For beginners or competitive run-

ners, come out for a fun, low-key run that is safe and social. For more information, call 703-689-0999 or visit <https://potomacriverrunning.com>.

Take a tour of Herndon at the **Ice Breaker 5K**, which will be held on Sunday, March 13 at 7:45 a.m. The race begins at 200 Spring St., Herndon. Register at <http://www.active.com/herndon-va/running/distance-running-races/herndon-ice-breaker-5k-2016>.

Run like you've got the luck of the Irish on your side and then enjoy a fun-filled celebration at the finish line at **Lucky Leprechaun 5K**. The race is on Saturday, March 12 at 8:30 a.m. at Reston Town Center, 11911 Democracy Drive. To register, go to <http://www.prraces.com/luckyleprechaun/>.

Use your love of running to help a mother, a child, a family — live a better life. **Run for Haiti 5K** or the One-Mile will provide monetary aid to Project Haiti and GHATES (Global Haitian Advancement Through Education & Sports). The race will be on the South Lakes High School track at 11400 South Lakes Drive, Reston, on Sunday, March 20 at 9 a.m. For information and registration, go to <http://www.prraces.com/runforhaiti/>.



PHOTO BY RYAN DUNN/THE CONNECTION

SLHS junior Everest Gromoll working on a blade outside Reston South Lakes High School at 2015's NoVa Mini Maker Faire.

"Your Blood Pressure is a Little High, Mr. Lourie"



By KENNETH B. LOURIE

"You think? I'm a little nervous right now. I'm waiting for scan results from last week." (I mean, it's not as if my life depends on them or anything.) As much as my blood pressure, heart rate and temperature are vitally important, the CT Scan of my chest matters more. Although, I'm not so naive to think that those other readings couldn't indicate trouble/potential trouble. Nevertheless, I still feel, with the limited knowledge I have, that – and I don't want to get political here – my CT Scan trumps your vital signs. "If you need to get a reading, why don't you come back in 15 minutes after I've met with the doctor?"

Thankfully, the scan results were/continue to be, amazingly encouraging. When my oncologist came into the examining room where I was sitting and waiting – and trying to remain calm, with my life/immediate future hanging in the balance, he said, rather nonchalantly, that my "scan was great" and that I was his "miracle patient": surviving nearly seven years now since my stage IV, non-small cell lung cancer (NSCLC) diagnosis in late February, 2009. He then sat at the computer and asked me the standard questions about pain, headaches, stroke-like symptoms, the neuropathy in my feet, need to re-order any prescriptions, new or worsening symptoms; all of which I answered in a non-complicating way: "No. No. No." He typed in my responses and then suggested, while smiling, that we were negotiating. Not completely understanding his reference, I asked what he meant. And what he meant was, given my "miracle" status, the possibility of extending, yet again, the interval between my chemotherapy infusions, from four weeks to five (see column dated 11/25/15 entitled "All Four It") and extending as well my every-three-month CT Scan to every four or even six months and likewise extending the interval for my PET Scan to yearly. All of which sounded wonderful, but we were still "negotiating."

My oncologist's concern/goal/intention in these discussions is, and always has been, the quality of my life (after all, I do have cancer). And when I've had a particularly difficult post-chemo week, as I experienced most recently, and told him as much, he feels as if it's a week of my life that he's sort of taken away and won't be able to ever give back. Extending the intervals is his way of trying to get me more good weeks and/or increasing the length of time between bad weeks.

However, there are no protocols, clinical studies or history even, for him to consult to determine how best to treat me: "me" being a stage IV, non-small cell lung cancer patient who's alive, reasonably well and still undergoing treatment SEVEN YEARS after originally being "prognosed" to die within "13 months to two years." At this point, he said, it's more common sense and patient preference that dictates how we proceed.

Ergo, these conversations are all about me. My doctor makes suggestions/considerations and listens to my concerns (make that anxieties) and DOES NOT direct/push/control the outcome/decisions that are ultimately made. Together, we attempt to sort through my objections/assumptions/presumptions/misunderstandings, etc., to figure out a way forward that balances the quality of my life with the effectiveness of my treatment.

Unfortunately, there's no patient handbook – that I know of – called "Cancer for Dummies." If there were, perhaps I wouldn't mind navigating this minefield of life-altering, death-defying – hopefully – choices, that constantly present themselves. Then again, at least I'm still alive to have choices – and normal blood pressure, most of the time.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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FROM PAGE 9

❖ RP 11720, LLC

11720 Sunrise Valley Drive
PCA B-846-03, PRC B-846-04

The applicant hopes to amend the existing development plan (DP-117) in order to construct 49 Urban-Style single family attached dwelling units at 11720 Sunrise Valley Drive.

The PRC Plan and Proffered Condition Amendment are to add proffers to the property. The existing building and surface parking will be removed. The Planning Commission public hearing is scheduled for Thursday, June 16 at 8:15 p.m.

❖ Tetra

11450 Baron Cameron Avenue
Reston Association CEO Cate Fulkerson has said that the Tetra property may be ready for the community to use by spring 2016.

Reston Association (RA) bought the 3.47 acre Tetra property for \$2.65 million in July. Two months earlier via referendum, association members voted to approve the purchase the property for community and recreation use.

"The Tetra Property purchase represents a historic moment for our association. It is the first time in RA's history that property has been acquired to protect against over development, to enhance green space and to increase community and recreational use opportunities for members," said Reston Association Board president Ellen Graves.

"Members will not see an impact to their assessment fee from this purchase until 2018 at the earliest," she said.

The property, which sits between RA's Lake Newport Tennis Court complex and part of the RA's Brown Chapel Park, creates

a continuous band of 98 acres of common area property or parkland.

❖ Lake Anne Revitalization?

11404 Washington Plaza

In March 2015, the Board of Supervisors had approved a massive redevelopment of Lake Anne and surrounding apartments, businesses, and property in March. The project would have included 1,037 new mixed-income residences, more than 110,000 square feet of new retail including a 15,800 square-foot boutique grocery, 82,454 square feet of office space, an amphitheater with outdoor movie screen, an expanded plaza, multiple parks and trails.

There would have been 185 new affordable apartments in two five-story buildings to replace the 181 existing affordable units at the Crescent Apartments.

But Reston was caught off guard in December when developers pulled out of a massive, visionary, grand redevelopment of Lake Anne, apparently due to problems with financing.

"LADP indicated that serious market obstacles exist, and that the initial deal negotiated with the County may not be economically viable at this time," according to county documents.

One of the biggest questions of 2016 is what will be next for Lake Anne's revitalization plans following the termination of the contract between the Fairfax County Board of Supervisors and Lake Anne Development Partners LLC.

Lake Anne turned 50 years old in 2014, the year Reston's Founding Father turned 100.

"We'll have to reassess," said Cathy Hudgins, Reston's representative on the Board of Supervisors.

health issues and concerns. Bring your questions. Adults. Register 703-689-2700.

BULLETIN BOARD

To have community events listed in the Connection, send to north@connectionnewspapers.com by the Friday prior to the following week's paper.

SUNDAY/JAN. 31

Volunteer to Serve Dinner. 5:30 p.m. North County Human Services Building, 1850 Cameron Glen Drive, Reston. Provide and serve dinner. Under the auspices of FACETS, in partnership with Fairfax County Hypothermia Prevention Program. Sponsored by Congregation Beth Emeth. www.bethemeth.org.

MONDAY/FEB. 1

Reston Network Analysis Community Meeting. 7-9 p.m. Lake Anne Elementary School Cafeteria, 11510 North Shore Drive, Reston. Residents will be able to learn more about the study, which seeks to evaluate the conceptual grids of streets and road elements in the areas surrounding the Reston Metrorail Stations. Staff will be on hand to answer questions during the meeting. www.fairfaxcounty.gov/fcdot/restonnetworkanalysis.

WEDNESDAY/FEB. 3

Social Security Seminar. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Changes in Social Security laws go into effect on May 1. Learn how they will impact your options for maximizing your benefits. Adults. Register 703-689-2700.

WEDNESDAY/FEB. 10

Ask the Physician: Raising a Healthy Child. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. A pediatrician from Reston Hospital will discuss common childhood

SUNDAY/FEB. 28

Volunteer to Serve Dinner. 5:30 p.m. North County Human Services Building, 1850 Cameron Glen Drive, Reston. Provide and serve dinner. Under the auspices of FACETS, in partnership with Fairfax County Hypothermia Prevention Program. Sponsored by Congregation Beth Emeth. www.bethemeth.org.

WEDNESDAY/FEB. 17

Online Security Awareness. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Experts from Online Owl will show you how to protect your home network from hackers and keep your online date secure. Adults. 703-689-2700.

THURSDAY/FEB. 25

Dollars and Sense. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. A new monthly book discussion group that focuses on business leaders and markets. Adults. 703-689-2700.

ONGOING

Feldenkrais Floor Class. 2:30-3:30 p.m. Jan. 12-Feb. 2. Herndon Senior Center, 873 Grace St., Herndon. This gentle and precisely focused exercise method can improve range of motion, flexibility, coordination and balance, and reduce body pain. To participate, you must be able to get down to and back up from the floor easily and by yourself. For your comfort, please bring a towel and warm clothes or layers. Free-\$10. 703-464-6200.

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McLean \$472,000 Just Listed!

State-of-the-art renovation in the heart of Tysons! Light-filled 2 level condo w/2BR, 2 full baths & underground parking. Vaulted ceilings & balcony overlook to living room. Kitchen, baths, light fixtures, flooring, HWH/HVAC completely redone. Walk to Galleria/ 2 METRO stations.

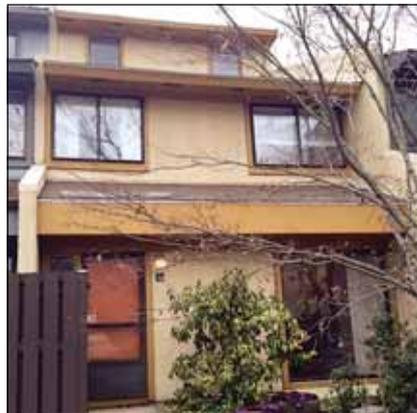


Ashburn \$449,900 Gorgeous!

Brick front TH w/gourmet kitchen, gleaming hardwoods, 3BR w/vaulted ceilings, 2.5.5BA, w/o lower level, 2-car garage, newly refinished deck backing to woods. Belmont Country Club social membership.



Call Terry@703-861-0538 or e-mail Terry.atherton@longandfooster.com



Reston \$329,900 Beautifully Updated Contemporary

3 level TH w/newly renovated kitchen featuring exotic granite with waterfall edges, SS appliances/range hood and Italian tile floors. Other updates include: stacked quartz entrance wall, renovated bathrooms, new hardwood on main level, carpet and paint, new roof & outdoor decking. A must see!



Call Stephanie Randall 703-989-4577 or e-mail Stephanie.Randall@Longandfooster.com



Herndon \$435,000 Close to Everything!

4BR, 2.5BA remodeled and updated SF. 2 level living w/dramatic 2 story catwalk overlooking FR. Stunning kitchen & counters, newish appliances, cathedral ceilings, 1 car garage. Fenced backyard, well-maintained mechanicals, Close to Worldgate restaurants, movie



theater, Toll Road & sports center. 1 year home warranty too!

Please call Faye Navab 240-793-3104 or e-mail faye.navab@LNF.com



Reston \$174,900 Senior Living!

2BR, 2BA, secure building w/elevator, beautiful outdoor gardens w/fountain, public bus stop in front of building. METRO close by! Walk under the road tunnel to South Lakes shopping – handy for groceries & restaurants. One of the largest models enjoys the sunshine on the top level. Move-in ready with new neutral carpet & paint.



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Call Debbie Gill 703-346-1373 or e-mail Debbie.Gill@longandfooster.com



Herndon \$819,900 New Home!

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and stairway to upper level, gas FP, tile in all baths, luxury owner suite w/sitting room & spa MBA. Loft, Hardieplank siding & lower level walk-ups on .25 acre lots. Tons of options include: stone/brick front elevations, 3-car attached garage(front & side loads), sunroom & guest ste additions, finished basements w/rec rm, BR, media rm & full bath.

Marcy Thomas 703-927-2190 mathomas8@aol.com



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