Katrina Brubaker is taking down children’s pictures to make room for the space poster in her classroom at Trinity Presbyterian Preschool. She says, “If teachers had to go back to get the new qualifications that would be required, they would never make their money back. This is truly a labor of love.”
Report: Striking Increase in Residents Seeking Assistance

Arlington safety-net report draws crowd.

BY EDEN BROWN
The Connection

According to the U.S. Census Bureau, more than 17,000 Arlington residents are living at or below the Federal poverty level of $24,250 for a household of four.

“That’s a conservative estimate,” said Anne Vor der Bruegge, report author and director of the Marymount Nonprofit Resource Center. “A more realistic one, called ‘The Virginia Poverty Measure,’ estimates that there are over 26,000 individuals in Arlington living in poverty. These are the working poor, the disabled, seniors living on fixed incomes and veterans.”

More than 100 community members convened at Arlington’s Central Library on Feb. 1 to hear a report on the work of 14 Arlington “safety-net” nonprofits that provide basic necessities for Arlington residents like these. The report, “Arlington’s Safety-Net Nonprofits: Advancing the Common Good,” was produced by the Marymount University Nonprofit Resource Center in Partnership with the Arlington Community Foundation.

“One reason we did this report is that the vulnerable residents of Arlington are often obscured by the wealth most people see around them here,” said Vor der Bruegge. “But these are real numbers with real human beings behind them. And these people are as much a valuable part of being an authentic community as anyone else.”

According to the report, in FY 2015, demands are increasing: AFAC (Arlington Food Assistance Center) saw an increase in demand for food of 19.4 percent over the previous year, which itself saw a 26 percent increase over the prior year. Recent cuts to the federal Supplemental Nutrition Assistance Program (formerly Food Stamps) have forced even more families to seek help.

The Marymount University Nonprofit Resource Center in Partnership with the Arlington Community Foundation Center, sometimes called the Nonprofit Center, was created in late 2014 to educate the public on pressing community needs and to support Arlington’s nonprofits in meeting those needs.

The report highlighted the cost-effectiveness of the safety-net non-profits. They provide high-quality affordable services by leveraging donated goods and services and attracting corporate, philanthropic and public funds. In the past year, for example, Arlington Free Clinic provided ongoing medical care to more than 1,600 uninsured community members by coordinating the services of 500 volunteers and accessing several million dollars in donated medications.

The organizations multiply their impact.

See Safety Net, Page 12
The Arlington County Board on Feb. 23 pulled draft revisions of Chapter 52 child care regulations from the public comment website after voluminous comments, “some quite pointed,” had been received criticizing a number of the draft provisions. At the County Board meeting, Anita Friedman, director of the Department of Human Services, outlined the background for the proposed revisions. She explained the Arlington County child care regulations currently affecting 79 facilities were put in place in the late 1960s. Except for minor administrative changes in 1981 they haven’t been updated since. Until 2014 when Virginia updated the state regulations to be in compliance with a new Federal law, Arlington’s regulations were still more stringent than the state.

Friedman said Arlington prides itself on being the best. But she said the Arlington regulations “no longer reflect the future trend in child care to go from babysitting to early childhood education,” although she admitted that “in some cases we may have over-reached.” She added, “We went into the process somewhat naively and over zealously on what day care would actually look like. I take full responsibility for this mess.” But she added that she firmly believed this outpouring of comments, even if negative, is a good thing.

County Board Member John Vihstadt said this rollout of the draft was the most troubled since public feedback for public good. “It was an unmitigated disaster. If the goal was to increase the supply and affordability, this does just the opposite.” Katie Cristol, a new County Board member, observed that “the level of best practice had been conflated with the code.” She said the document online should reflect the health and safety practices that are likely to be code and that can be supplemented with best practices. “This is silly season business. I object to the insertion unbidden of the government telling a mother how to feed her child.”

Kirsten Fisette, director of the Neighborhood Conservation Advisory Committee, defended the upgrade. McKinley noted that the paragraph in the original code allowing a bachelor’s degree in a related field (to child development or early childhood education) at the least nine semester hours credit or quarter equivalent of advanced study in child development or early childhood education. The paragraph in the original code allowing two or more years of college with at least six semester hours or quarter equivalent in child development or early childhood education is not included in the draft regulations. Sabrina Brassard, director of Trinity Presbyterian Preschool on 16th Street N, says she gets most of her teachers from the category that has been eliminated. “The teachers qualifications vision for me is huge.” She said a lot of her people are second career people so they won’t go back and get their associate degree. “We will lose all of our teachers.”

Pat McGeethan, director of Trinity Presbyterian Preschool on N. Old Glebe Road agreed: “This will make it next to impossible for me to hire new teachers for our part-time, no health care positions.” Directors of part-time childcare centers argue the teacher requirements shouldn’t be the same for full-time, full day programs and day care programs for a few hours a week.

Some provisions seem to impact many child care centers such as 52-34E that ensures mothers are encouraged to breast feed their infants and will safely store breast milk provided by the parent or the provision requiring a stamp from a doctor’s office for physical exams. Others such as certain staffing requirements seem to primarily affect the cooperative day care centers.

Crystal Jean, director of the Rock Spring Cooperative Preschool, says there are two additions in the draft that would ultimately make it impossible for Rock Spring to operate. One is the requirement that volunteers can never be left alone with children. The second is that volunteers cannot be included in child-to-adult ratios. She added, “Now that the draft has been withdrawn, we are hopeful that we will be able to work collaboratively with the county in updating the regs to meet the unique needs of cooperative preschools.”

Brassard said when the guideline revision began in 2014 that they laid out a process that sounded good but it went off track. Brassard said she participated in working groups established to get input from child care directors. “We filed reports, then at some point it went to the National Association for Regulatory Administration (NARA) who was a consultant hired by the county as part of the process. In March 2015 over 30 of us were in a room and given a numbered draft to review in 45 minutes. We had See Rules, Page 5
Arlington Resident Revels in ‘Car-lessness’

Being car-free is the new normal for younger generation.

By Eden Brown
The Connection

In a world with too many cares, having no car means one less headache. Katy Lang is an example of the trend among “under 30s” Arlington residents: they don’t have a car. Lang became “carless” over five years ago. Lang is an organization development consultant for the American Chemical Society; downtown; next year, she will become a graduate student in urban planning.

Lang has done the math on what she is saving by not having a car. A car cost her roughly $1,920 each year, which included insurance, registration, property tax, gas, parking, tolls, maintenance, and taking the Metro to work which was the only way she could get such a low insurance rate. But being car free was only $900 each year. Because her firm pays most of her commuting cost, her transit cost was zero. Her $900 paid for Amtrak tickets to visit family five times a year, zipcar membership, helping friends pay their gas bills, taking Uber or Lyft cabs. But the money is nothing, Lang said, compared to the improvement in quality of life.

Lang has lived in Arlington, off Lee Highway, for seven years, and has been car free for five and a half. She chose Arlington because she wanted to be close to a metro station and commute membership, helping friends pay their gas bills, taking Uber or Lyft cabs. But the money is nothing, Lang said, compared to the improvement in quality of life.

Lang praises Arlington for its transit options. She was well aware of the visual interest. She was well aware of the necessary: even though she has been accepted to Montgomery, even her graduate school choice will be based on whether a car will be necessary: even though she has been accepted to the University of Virginia, she may not go because … she would have to get a car. “In an ideal world,” Lang said, “I would never have a car again.”

Lang is not the only one of her group to go without a car; of her five Arlington-based friends, one other is carless — but they all use Metro to go to work. She recommends two Apps for finding optimal bus routes. She uses the 3Y along Lee Highway to go into D.C. She uses a Zipcar occasionally: recently she took a trip to go to Bailey’s Crossroads to buy craft supplies. She likes Lyft instead of Uber, and prefers Car2Go instead of Zipcar simply because you don’t have to pay when you aren’t in the car, and you can pick it up anywhere and drop it off anywhere.

As positive as she is about Arlington’s transit system, Lang would like to see a better North to South Arlington connection. The walkability in between North and South is not that good, she says, and a better bus service to Shirlington and Crystal City would be good as both areas have so much more to offer than they used to. She would like to see more trees in Arlington, and more visual interest. She was well aware of the study that shows the changes in blood pressure people experience when they walk by an interesting wall, in contrast with walking by an empty lot or blank wall.

Lang praises Arlington for its transit options. She is a member of the Transit Advisory Committee, a group of Arlington residents who meet once a month to hear about transit in the area: they receive an update from Metro, talk about the bus system, Ballston redevelopment, and give their stamp of approval to county stuff proposals.

“There is not a lot to complain about,” she said.

She believes Arlington County does a good job of keeping its citizens informed about changes and asking for input; that said, she did not know about the Lee Highway Plan comment period and thought it would be good if the county used Twitter to announce public fora and comment periods. Like many of her generation, Lang depends on a web presence to stay informed. The civic association she would belong to has a dead web presence, and therefore, is not generating a lot of interest.

Lang also notes that one of the reasons she is car-free is because it is a global kind of move away from the car-oriented society. Since her graduate study will focus on transit options, it made sense for her to practice what she will someday help design: walkable streets and accessibility without cars. She recommends for anyone interested in the idea: “Happy City” by Charles Montgomery. Even her graduate school choice will be based on whether a car will be necessary: even though she has been accepted by the University of Virginia, she may not go because … she would have to get a car. “In an ideal world,” Lang said, “I would never have a car again.”

Changes Proposed for ART Local Bus Routes

Public input sought.

By Shirley Ruede
The Connection

Arlington has developed draft recommendations to improve bus service in the county. The 10-year transit development plan for ART and Metrobus routes contains proposals for 36 routes to enhance or restructure their services. One of these proposals would be a headway-based route that would connect Skyline, Pentagon City and Crystal City.

“It would be a high frequency route every six minutes at peak time,” Steven Yaffe, Arlington Transit operations manager, said.

“Would not service every stop to give a faster trip but would stop at all transfer stations.” Bus stops would be replaced with transit stations that offer level boarding.

Arlington Transit is the county’s local bus service operating within Arlington County to supplement Metrobus with cross-county routes as well as neighborhood connections to Metrorail. Most of ART’s big green and white state-of-the ART buses operate on clean-burning natural gas. Yaffe says ART is a public-private partnership.

Phase I of the long-term plan began last spring with the collection of information on usage, preferences and desired improvements. At that time 3,396 responded to the survey.

Phase II which began in November included four workshops and five focus groups to identify gaps in service with 406 people participating. “All were bilingual,” according to Yaffe.

Phase III involves six community events led around the county to get geographical representation, online comments and “reaching out every way we can.” The survey will be taken down March 11. After that the recommendations will go to the board for endorsement of the 10-year plan. Go online at ArlingtonVA.us/transit2025 to get more information or provide feedback to the plan.
Rewriting The Rules

From Page 3

to turn it back in. We had a week to provide comments, and it was right before spring break. In June 2015 we got another draft and this time we could take it home. But we had to sign a piece of paper that stated we wouldn't copy it or show it to anyone. We had a day to make comments.”

Brassard said that her comments were consistent each time about teacher qualifications but each time the draft came back with no changes in this area: “They had all of these meetings but they didn’t listen to what we said. It went into a black hole.”

Kurt Larrick, director of communications for the Arlington County Department of Human Services, said the draft circulated for public review was the product of collaboration between the child care licensing office staff, child care center representatives, parents, stakeholders and NARA. “We have worked hard to make it open, participatory and inclusive with multiple opportunities and methods available for stakeholders to engage in the process,” he said.

Maxine M. Maloney, supervisor of Child Care Services for Arlington Child and Family Services sent an email on Feb. 17 that began, “we hear your concerns, feedback and recommendations regarding the proposed enhancements to Chapter 52!” She added that in response to feedback received that week the comment period was being extended to March 31. It continued, “the current comment period has shined light on some areas of the draft code that require examination.” She added that the next iteration of the draft code will potentially include modifications in the staff requirements, medical care assessment requiring a physician’s stamp and adult-student ratio requirements for cooperative preschools. The modification for staff credentials could include “grandfathering staff whose hiring predates certain credential requirements. All currently employed staff prior to the adopt of the proposed Chapter 52 may be exempt from the proposed qualifications; however all newly hired staff after the adopt of the proposed Chapter 52 must comply.”

However, on Feb. 23 the County Board announced they were going to take down the draft. On Thursday, Feb. 25, a “Next Steps” email was sent from Child Care Central. “In view of all comments and recommendations we have decided to remove the proposed draft of Chapter 52 from the Open Arlington Comment tool. We are evaluating our process and developing a new plan of action.”

Larrick said, “We plan to hold a series of group meetings with the specialized interests — larger child care centers, partial-day and coop programs and religiously exempt programs — to work through issues and concerns.”

Shirley Remis/The Connection

Rock Spring Cooperative Preschool on Little Falls Road serves children from 18 months to 5 years. Crystal Jean, the director, says some of the new staffing rules for volunteers would make it impossible for the school to continue to operate.

“Flourishing After 55” from Arlington Office of Senior Adult Programs for March 6-11.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Tuesday, March 8, Virginia Museum of Fine Art, Richmond plus lunch, 8:45-Thursday, March 10, Philadelphia Flower Show plus lunch, $115; Saturday, March 12, historic Fredericksburg, $7. Call Arlington, County 55+ Travel, 703-228-4748. Registration required.

Folk music sing-along, Monday, March 7, 1:30 p.m., Lee. Free. Register, 703-228-0555.

Current events discussion, Monday, March 7, 10 a.m., Culpepper Garden. Free. Register, 703-228-4402.

Pickleball games and instruction, Mondays, 11 a.m., Arlington Mill. Free. Register, 703-228-7369.

Ice skating, Mondays, 8:10 a.m. – 9:20 a.m., Kettler Capitals Iceplex, Ballston Mall, $1. Register, 703-228-4771.

Madison Chess Club, Mondays, 9:30 a.m. Games and strategies. Free. Details, 703-534-6232.

Table tennis, Monday through Friday, 9 a.m. – 3 p.m., Arlington Mill. Free. Register, 703-228-7369.

World history roundtable, Tuesday, March 8, 11:15 a.m., Lee. Free. Register, 703-228-0555.

Volleyball, Tuesdays, 1:30 p.m., Langston-Brown. Free. Register, 703-228-6300.
BULLETIN BOARD

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

VISITORS OR CALLERS NEEDED
The Shepherd’s Center of McLean-Arlington Falls Church has initiated two programs for senior adults who find it difficult to leave their homes. The Friendly Visitor Program matches volunteers to seniors who would like a visit periodically. The Friendly Caller program allows volunteers to call seniors to let them know they haven’t been forgotten and remind them to call the Center if they need help. Both programs allow for setting up a time convenient for both client and volunteer. Volunteers are needed for both programs. Call the Shepherd’s Center at 703-506-2199 or e-mail info@cscmd.org.

THROUGH THURSDAY/APRIL 14
Free Tax Preparation Assistance. To download and print the AARP Columbia Pike Branch Library walk-in * Central Library walk-in
Free Tax Preparation Assistance. To download and print the AARP * Columbia Pike Branch Library walk-in

FRIDAY/MARCH 4
Veterans Legal Services Clinics. 9 a.m.–5 p.m. at Northern Virginia Community College, Annadale Campus. Volunteer attorneys from the Office of the Attorney General and the Virginia State Bar will be available to serve veterans by drafting wills, powers of attorney and advance medical directives. Visit www.nvcc.edu/news/media-alerts/annadale-hiring-legal.html.

SATURDAY/MARCH 5
Career and Technical Education Open House. 9 a.m. to 1 p.m. at Northern Virginia Community College’s Richard J. Ernst Community Cultural Center at the Annadale Campus. Representatives from all six campuses for various programs including welding, automotive, dental hygiene and veterinary technology. Free. Open to the public.

SATURDAY/MARCH 5
Project Cinderella, 9 a.m.–2 p.m. at the Army-Navy Country Club, 1700 Army Navy Drive. Hosted by the USO of Metropolitan Washington-Baltimore and the Project Cinderella Planning Committee, and sponsored by EY, Project Cinderella empowers military women and spouses to embrace their authentic beauty by providing them with a variety of interactive workshops, special speakers, and a visit to the dress boutique to select a "new-to-you" formal gown and accessories. Contact Michelle Shorten at Michelle@usometro.org 703-864-0426.

How to Prune Practically Anything, 10:30 a.m.–noon – sundays, Arlington location to be announced. Gain hands-on experience with the evergreens and deciduous shrubs, deadheading perennials, removing large limbs from trees safely, and removing English ivy from trees. Bring tools and learn how to sharpen and maintain them. Register early; each workshop is limited to 15 participants. Free and open to the public. Advance registration is required and at mgnv.org. Call 703-228-6414 or email mgardalex@gmail.com for more.

SUNDAY/MARCH 6
Sister City Update. 7 p.m. at Arlington Central Library, first floor auditorium, 1305 N Quincy St. What is the current situation in Ukraine? How is Arlington's sister city, Ivano-Frankivsk, faring? Arlington Sister City Association (ASCA) Ivano-Frankivsk committee has invited ASCA board member, Dr. Carl Lankowski, to discuss the current situation, based on a recent trip to Ukraine and visits to several regions of the country. Visit www.arlingtoncity.org/our-sister-cities/ivano-frankivsk/ for more.

MONDAY/MARCH 7
Placement Exams for ESL. 9 a.m. or 6 p.m. at Syphax Education Center, 2130 Washington Blvd. #106.

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ASCA board member, Dr. Carl Lankowski, to discuss the current situation, based on a recent trip to Ukraine and visits to several regions of the country. Visit www.arlingtoncity.org/our-sister-cities/ivano-frankivsk/ for more.

The yard at Madison Community Center, usually full of candidate signs, is empty. One worker stands alone outside the polling place with pamphlets for Libby Garvey’s County Board primary in June. Marian Miller said, “I am 100 percent for Hillary Clinton” but she wonders where are the lines. “It’s very quiet here.” At 7:30 a.m. 170 voters had been counted. Caroline Klam, chief election officer; says she has been working for 12 years and has never seen it like this. She says maybe it is so unusual because the political parties usually put out the signs but they can’t take sides. So each candidate would have to put out their own sign.

Not So Super Tuesday

Teenagers in shorts and T-shirts join voters with coffee cups heading toward door #8 leading to the polling place at Yorktown High School. It is a 8 a.m. and 219 voters have come through the line. The yard is empty of candidate signs at Yorktown with three workers standing on the sidewalk handing out County Board pamphlets and one enlisting volunteers for Hillary. The only sign is the one pointing to the location of the polling place. People seem to already know for whom they want to vote, so the candidates have decided not to spend the money on all of the paraphernalia.

Blood Drive Results
More than 80 people participated in a Feb. 21 blood drive hosted by the Boy Scouts from Troop 111 at St. Agnes Parish Center. Seventy-three 73 pints of blood were collected.

CONCERT FOR CHILDREN
Toussled blood curls and flyaway red hair crowd the front of the sanctuary at Rock Spring UCC on Saturday morning to hear “Karen Builds a Violin.” This concert of 3-8 year old children was presented by violinist Karen Lowry-Tucker and violinist Elizabeth Pujol-Ouwe, both members of the Kennedy Center Opera House Orchestra. This program follows Karen who cannot afford to buy a violin as she decides to build one.

“What is a violin made out of, plastic?” The children yell back “No.” Karen goes into the woods and finds chipmunks to help carry the wood. As Mozart follows her through the trees. When she returns successful, tiny hands clap and tiny voices yell “bravo.”

CONCERT FOR CHILDREN

SIRILY ROSE THE CONNECTION

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OBITUARY

Estela Cristina (Vila) Gibbon

Estela Cristina Gibbon, age 103, of Arlington, died on Jan. 15, 2016, with her family at her side in the Falls Church Sunrise. Estela was born in Santiago, Dominica Republic on May 15, 1912.

Estela was preceded in death by her husband, Edward E. Gibbon Sr. of 52 years, a 30-year, Marine Corps veteran, and the chief deputy sheriff of Arlington County. She was the daughter of Ramon and Cristina Piola Vila, sister to Dolores, Mercedes, Jose, and Ramon (Jr.) all who preceded her in their journey to eternity with God, as well as her grandson, Patrick.

Estela is survived by her sons who served in the U.S. Navy and Marines Corps, Edward Jr., wife (Araceli), Jorome (Elizabeth), James, Richard (Karyn), and her daughter Teresa Stewart (John), as well as 12 grandchildren, and 14 great-grandchildren. She is survived by many cousins, nieces and nephews throughout the United States and Dominican Republic.

A traditional military family wife and mother, Estela traveled and lived in the Caribbean Islands, Hawaii, and several U.S. Marine installations throughout the U.S. from the 1930s to 1960s, District of Columbia, Maryland, Virginia, North Carolina, and Georgia, before settling in Arlington.

Estela was active in the Arlington Catholic Diocese parishes of Saint Ann, Saint Agnes, and Saint James. She served as an officer in the Catholic Daughters in Northern Virginia.

Her vocations included baking ceremonial cakes, needlepoint, crochet, painting, and dancing. She was a volunteer at the Arlington Senior Citizens Center in Clarendon, and worked for the Arlington Public Schools.

Catholic funeral mass will be held in her honor at St. James Catholic Church, in Falls Church, on March 5 at 10 a.m. She will be interred at 1 p.m., at the Arlington National Cemetery with her husband. Donations in her memory may be made to the Catholic Daughters of America.
Above: “Crosstown Sky” and below: “Revolution” by Sandi Parker

**ENTERTAINMENT**

**Calendar**

Email announcements to Arlington@connectionnewspapers.com. Include date, time, location, description and contact for event; phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

**ONGOING**

“Treasure Island.” Through March 6, various times at Thomas Jefferson Theatre, 125 N. Glebe Road. Encore Stage & Studio presents an adaptation of Robert Louis Stevenson’s classic novel. Young Jim Hawkins leaves a dull life to search for where “X” marks the spot on a treasure map left behind by an old sea captain. Tickets are $10-15. Visit www.encorestageva.org for more.

Solo Exhibit: “Urban Edge” and March Members Show. Through March 25, gallery hours at Gallery Underground, 2100 Crystal Drive. The Focus Gallery in March features “Urban Edge,” Sandi Parker’s solo show of abstract acrylic paintings depicting urban living. This exhibit will run alongside the monthly members exhibit. Free. Visit www.galleryunderground.org for more.

“Romeo & Juliet.” Through March 27, 8 p.m. Wednesday-Saturday, 2 p.m. Sunday at Synetic Theatre, 211 Jefferson Davis Highway. Synetic returns with another “Worldless Shakespeare” production. General admission tickets start at $35, $15 for students, and senior citizens and military receive a $5 discount. Visit www.synetictheater.org for more.

Photography by Jan Bender and Richard Weiblinger. Through March 30, 10 a.m.-8 p.m. Monday-Thursday, 10 a.m.-6 p.m. Friday-Saturday at The Barry Gallery—Reinich Library at Marymount University, 2007 N. Glebe Road. Photographer Jan Bender focuses on film, using traditional techniques, Weiblinger’s photographs and plant photographs are hand-printed. Free. Visit www.marymount.edu/barrygallery.

Sci-Fi Book Club. Third Wednesday of each month, 7-8:30 p.m. at Java Shack, 2507 N. Franklin Road. Free. Visit www.library.arlingtonva.us.

“King of the Forest: Adventures of BioPerversity.” Through April 3, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. This exhibit features the work of 13 contemporary artists from the mid-Atlantic region whose work explores the interactions between humans and non-human species. Free. Visit www.arlingtonartscenter.org for more.


**Instructor Select.** Through April 3, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. In the Jenkins’ Community Gallery, Arlington Arts Center will present Instructor Select 2016, featuring work by both students and instructors. Free. Visit www.arlingtonartscenter.org for more.

“Antonios” by George Bowles

**Gallery Underground Presents ‘Urban Edge’ and March Show**

The Focus Gallery in March features “Urban Edge,” Sandi Parker’s solo show of abstract acrylic paintings depicting urban living. Meant to evoke city walls, the paintings are highly textured, meant to represent the results of layers of peeling paint, graffiti and pasted flyers. In addition to a new all-media March Members Show in the Main Gallery, also featured are realist painter George Bowles and a tribute to the American painter James McNeill Whistler. Both will run March 1-25. Free. Visit www.galleryunderground.org for more.

**Post-Graduate Residency Studio.** Through Nov. 17, gallery hours at The Torpedo Factory Art Center, 105 N. Union St. The Torpedo Factory Art Center welcomes four emerging artists to participate in the Post-Graduate Residency Program. Jiboe Kang, Pauline Palacios, Anne Smith, and Danielle Smith were juried by Paul Shortt, new media curator for Arlington Cultural Affairs. Artists can create and sell work, interact with the public, and network with other artists. The program will continue to be open to the public, and network with other artists. The museum will continue to be open to the public, and network with other artists. The museum consists of exhibits chronicling Arlington County’s history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at gaevent@arlingtonk12va.org.

**LGBT & Straight Friends Social.** Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey’s “Bar A” Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. For 21 years and older. Free. Visit www.iotaclubandcafe.com for more information.

**Open Mic Comedy.** Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. Age 21 and up only. Free show, $25 cash prize for best joke. Call 703-248-9868 or visit www.RiRa.com for more.

**Food Truck Thursdays.** 5:30-8:30 p.m. at the corner of North Irving and South O Street.
**Invasive Plants Removal.** Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit registration.arlingtonva.us. Free, no registration required.


**Karaoke.** 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

**Pub Quiz.** 8 p.m. every Sunday at Whittlow’s on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whittlows.com or call 703-276-9693.

**Storytime.** Mondays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

**Lego Club.** Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

**Crystal City Sparket.** 11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket — A Creative Market is an extension of DC’s Eastern Market with arts, crafts, and handmade goods. Free. To attend. Visit www.crysalcity.org.


**Brunch at Freddie’s.** Third Saturday of every month, 11 a.m.-1 p.m. at Freddie’s Beach Bar, 555 23rd St. Arlington Gay and Lesbian Alliance gathers for an all-you-can-eat breakfast buffet ($9.99). All are welcome. No reservation is required. Visit www.facebook.com/events/7001743/00103395.

**FEB. 22-MARCH 17**

**Rosie Riveters.** 4-6 p.m. at Shirlington Public Library, 4200 Campbell Ave. Three classes, for ages 4-6 (Thursdays), ages 7-10 (Mondays), and ages 11-14 (Thursdays), are designed to provide space for girls ages 4-14 to imagine, create and play while developing their skills in science, technology, engineering, and mathematics (STEM). Boys may also enroll. Free. Visit www.rosieriveters.com to register.

**THURSDAY/MARCH 3**

“Arlington’s Forests and Streams: Status of Our Local Ecosystem.” 7-8:45 p.m. at Arlington Central Library, 1015 N. Quincy St. The speakers are Jen McDonald of the Arlington County Department of Environmental Services and Vincent Verweij of the Arlington County Department of Parks and Recreation. They will address the challenges facing natural areas. Free. Email Browning at browningsh@gmail.com or call 703-969-7345 for more.

**FRIDAY/MARCH 4**

**Skate for Catherine.** 3:30-5 p.m. at Kettler Capitals Iceplex, 627 N. Glebe Road. A skating party, raffle, and online auction to raise funds for childhood cancer research. Tickets are $20. Visit www.blairfoundation.org for more.

SUNDAY/MARCH 6
Creoscento Concert, 4 p.m. at Copley Garden Senior Center, at 14470 Pershing Drive: Creoscento, the Youth Chamber Music Program of the Arlington Philharmonic, will perform a concert featuring Tango, Pepe, and jazz repertoire. Free, but donations accepted. Visit www.arlingtonphilharmonic.org for more.

MONDAY/MARCH 7
Signature in the Schools: “295N.” 7:30 p.m. at Signature Theatre, 4200 Campbell Ave. Featuring a cast and crew of Arlington County high school students, “295N” looks at the history of race in America through the lens of Battleground Courthouse. Free, but reservations required. Visit www.signaturetheatre.org or call 703-820-1771 for more.

TUESDAY/MARCH 8

Book Talk: “Martha Jefferson Randolph.” 7 p.m. at Marymount University Reinsch Library, 2807 N. Quincy St. Laughter Yoga, for all ages, is a fun practice that reduces stress and strengthens the immune system. Free. Email arlingtonlaughteryoga@yahoo.com.

FRIDAY/MARCH 11

SATURDAY/MARCH 12

Forty+ Performance, 5 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. A mixed repertory performance by Forty+ features new works by Andie Ligon de Vaulx, Emily Crews, and recent works by Jane Franklin. “Just Wear a Scarf” comments on the appropriateness of suitable attire for the well-dressed woman, and more. Forty+ performances are a diverse group of women, with careers spanning the government, public and private sectors, some who retired, a varying range of physical ability. Tickets are $15 in advance, $20 at the door. Tickets are $10 for children under 12 and seniors 65+. In advance. Visit www.janefranklin.com for more.

SUNDAY/MARCH 13
Solar Heat Tour. 1:30-3 p.m. at 706 N. Ivy St. Tour an Arlington home that includes solar water heating, solar electric tied to a battery bank, a solar attic vent fan, and a geothermal heat pump. A rear sunroom adds passive solar heating and Virginia’s first electrochromic glass. A small office building also features solar electric roof shingles, a small wind turbine and a hydrogen fuel cell charging a smart, web-enabled battery bank. Free. Call 703-522-3049 or email solardark@aol.com.

“Wash Over You Part I and II.” 4 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. “Wash Over You” finds travelers moving along an unpredictable, serene yet powerful river. Music is by audio producer, violist and composer David Schumadal. Viennese waltz by Jane Franklin reference stop motion animation and supply an intermittent backdrop as the journey progresses. Tickets are $15 in advance, $20 at the door. Visit www.janefranklin.com for more.

FRIDAY/SATURDAY/MARCH 18-19
Bowen McCauley Dance. “Twenty Years with Love.” 7 p.m. at the Kennedy Center’s Eisenhower Theater, 2121 Virginia Ave, NW. Arlington dance company celebrates 20th anniversary with a world premiere of “Ars Amatoria,” an interpretation of ancient instructional writings about the arts of seduction and love. Also on the program, a solo danced to the music of Julian Bell, a woman, and more. Forty+ woman, and more. Forty+ performs a diverse group of women, with careers spanning the government, public and private sectors, some who retired, a varying range of physical ability. Forty+ performances are a diverse group of women, with careers spanning the government, public and private sectors, some who retired, a varying range of physical ability. Forty+ performances are a diverse group of women, with careers spanning the government, public and private sectors, some who retired, a varying range of physical ability. Forty+ performances are a diverse group of women, with careers spanning the government, public and private sectors, some who retired, a varying range of physical ability. Tickets are $15 in advance, $20 at the door. Visit www.janefranklin.com for more.

BOWEN MCCAULEY DANCE
March 21st - 24th, 2017
2121 Virginia Ave NW, Washington, DC
www.bowenmccauleydance.org

MARCH 22
Monte Carlo Night, 7-11 p.m. at Rosslyn Marriott, 1100 S. Glebe Rd. “Wash Over You Part I and II.” 4 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. “Wash Over You” finds travelers moving along an unpredictable, serene yet powerful river. Music is by audio producer, violist and composer David Schumadal. Viennese waltz by Jane Franklin reference stop motion animation and supply an intermittent backdrop as the journey progresses. Tickets are $15 in advance, $20 at the door. Visit www.janefranklin.com for more.

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Managing Medication

“Let’s Talk about RxSM” helps seniors avoid prescription drug mishaps.

By Marilyn Campbell
The Connection

It was around 2 a.m. on a frigid winter night when Janet Russell was awakened from her sleep by the sound of woman calling for help. The cries were coming from the front lawn of her Arlington home. She ventured out into the cold to find her 84-year-old neighbor lying on the ground, believing that dozens of bugs were crawling on her skin.

“She was having bad hallucinations, and it turns out that she’d taken the wrong combination of medications, some for her blood pressure, and she was administering them to herself.”

MEDICATION ERRORS are not uncommon, according to a recent survey by Home Instead Senior Care. Their survey showed that 20 percent of seniors who take more than five medications had problems taking them as prescribed. Unintentional medication misuse, such as forgetting to take a dose or taking more or less than the required dose, can have devastating results. Home Instead is encouraging families to talk with their loved ones about medication management and are offering suggestions on how to approach such conversations.

“If you notice a change in personality or thinking, or if they’re having a mobility issue or if they seem sluggish, those are signs of medication mismanagement,” said Ian Lovejoy, director of operations of Home Instead Senior Care in Fairfax County. Home Instead has created a program called “Let’s Talk about RxSM” (prescription self medication). This program is designed to inform seniors’ families about the dangers of medication mismanagement as well as offer tips for minimizing the risks and suggestions for starting a dialogue about taking medication as prescribed.

“Our goal is to keep seniors at home and safe,” said Lovejoy. “We want the daughter and the son not to have to focus on the pill bottle.”

Discovering that an elderly patient is taking more than five medications could be a warning sign that they may lose track or get confused about the timing and dosage for each prescription.

“If an adult child sees that their parent is on many medications, I would suggest what I call brown bagging: putting all of the medications in a brown paper bag and taking them with you to the next doctor visit,” said Omobola Oyelaye, an assistant professor of nursing at Northern Virginia Community College who teaches a class in drug dosage calculations.

A new study shows that 20 percent of seniors who take more than five medications had problems taking their prescription drugs as directed by their doctor.

“They can go through each medication with the doctor and find out what it’s for. Sometimes, for example, someone might be taking a medication that was prescribed six months ago for a condition that has already cleared up.”

Oyelaye suggests conducting what she calls a medication reconciliation in order to determine whether someone is taking multiple medications for the same condition. “What you might find is that one medication exacerbates or even negates the other,” she said.

Trisha Brechting Miller, 57 of McLean, has managed the medications for both her 85-year-old husband, Larry, and her 84-year-old mother. After Larry fell, broke his hip and became immobile, Muller began using a calendar to keep his medication schedule in order. “I have a calendar that helps keep me organized as to what he needs to take and when,” she said. “If it changes, I update it.” Miller, a Home Instead Senior Care client, is also assisting her mother in creating a medications calendar.

CONVERSATION ABOUT MEDICATION can be fraught with tension. A perceived loss of freedom is one factor that can make getting involved in managing family members’ medication complicated, says Lovejoy.

“It’s just one more thing that they’re losing control over,” he said. “Along with the car and their mobility, their medication is something that people generally like to have control over.

Clear lines of communication are necessary, as families often play a critical role in intervening and preventing a possible negative outcomes.

“My husband is on 10 different medications, and we’re able to manage his medications, but there are people who can’t do that. Those people tend to rely on family, ” said Sheila Moldover of the Potomac Community Village in Potomac, Md. “They need children or close friends who handle it for them.”

The Potomac Community Village offers programs and services designed to help seniors lead healthy lives and remain in their homes as long as possible.

Gaining empathy from a parent and making it about the child’s feelings is one way to open communication, so Lovejoy suggests that caregivers start by finding a common ground. “It’s important to communicate the emotional stress that potential medication mistakes can cause for a loved one,” he said.

“Let your parent know that you are concerned. Your parents don’t want you to be upset.”

For More Information
Mind the Gap
Quick look at the Arlington County Schools budget.

By Vernon Miles
The Connection

Arlington County has a revenue sharing agreement with the school system, where the schools automatically receive 46.5 percent of the local taxes revenue. For FY 2017, the County Manager Mark Schwartz set that number at $462.5 million, with an additional $2.4 million in one-time funding, totaling $464.9 million. Superintendent Dr. Patrick Murphy’s plans for FY 2017 assumes a $579.4 million budget, 80 percent of (463.5 million) which comes from the Arlington County transfer. However, before the County Board adopts its budget on April 16, either Murphy or Schwartz will need to find $1.9 million in their respective budgets to close that gap.

This year’s school budget is a $22 million (3 percent) increase over last year’s $557.3 million budget. According to Murphy, the core of the increase is $10.8 million to deal with ongoing student enrollment growth and $9.6 million for a step increase for eligible staff. Enrollment is expected to grow by 1,135 students to a total of 26,372 students. Since 2009, every two years the school faculty and staff have received step increases, including an increase in the FY 2015-2016 school year. The budget also includes a $2 million one-time payment to eligible employees not receiving a step increase or other adjustments for hourly employees.

$4.4 million is devoted to instructional/student support initiatives, and $3 million to rebuilding school infrastructure.

One of the smaller new expenses is $750,000 in funding for Arlington Tech, a new technical and engineering focused program at the Arlington Career Center.

The School Board now moves into the add/delete phase of the budget process, towards final approval by the board on May 5.

Arlington’s Safety Net

Economic Impacts

The FY 2015 economic impacts of the 14 nonprofits covered in this report are as follows:

- Over $58 million in revenues were generated in FY 2015.
- Nearly $8 million were cash revenues from Federal and State government sources.
- $6.5 million were funds from Arlington County, representing 11 percent of the combined total revenues of all 14 nonprofits.
- Nearly $17 million in cash contributions from foundations, special events, businesses, individuals, the faith community, and others.
- Nearly $1 million in revenues were from fees and contracts that are significant sources for only four of the nonprofits.
- Phoenix House receives fees from Medicaid, government contracts, and private insurance for its services.
- The three nonprofit housing providers — AHC Inc, APAH, and WHDC — receive the majority of their income from property operations and project management fees.
- Nearly $9 million were in-kind revenues of volunteer time, donated food, and supplies.
- Total FY 2015 operating expenditures of these 14 nonprofits were nearly $45 million.
- Nearly 24 million in salaries, wages, and benefits were paid.
- $1.8 million in employment taxes were paid.

Looking ahead to the gaps which remain unfilled in the Arlington area; there are many. For instance, last year, Guest House received over $778,000 in donations, averaging more than one per day, for its residential program for female ex-of-fenders, and yet could only house 66 women in the program.

Vor der Bruegge urged residents to read the stories about those who were helped: “These are people that you run into in daily life,” she said. “They are your cleaning ladies, or the retiree living down the street. They are the child care providers, the office cleaners, and the hotel workers. They are the parents of children your child may go to school with.” Vor der Bruegge lamented that many Arlingtonians still don’t understand the need to support fellow residents who have emergency needs, or need affordable housing. At the same time, she said, Arlington is a prime example of nonprofits working collaboratively and with unusually strong support from local volunteers.

The full report is online at http://bit.ly/1PpA5IG.
Sports

Wakefield Headed Back to State Tournament

Warriors finish runner-up in 5A North region.

By Jon Roetman
The Connection

Sophomore forward Amari Cooper threw down a dunk late in the region semifinal contest, head coach Tony Bentley raised his hands in celebration and the Wakefield crowd went wild.

The Warriors are again experiencing postseason success.

The Wakefield boys’ basketball team defeated Potomac Falls 76-67 in the 5A North region tournament semifinals on Feb. 25 in Arlington. Potomac Falls senior Danny Cox made a pair of free throws with 1:12 remaining, cutting the Wakefield lead to 71-67, but the Warriors scored the final five points of the game, including Cooper’s one-handed jam.

“When I saw Amari go up,” Bentley said, “that’s the first time I showed a little bit of emotion — [put] my hands up — because I looked at the clock [and] we were up enough.”

On Feb. 27, Wakefield traveled to Potomac High School for the region championship game. The Warriors finished runner-up, losing the Panthers 85-73.

Wakefield (24-2), the No. 2 seed from 6A North, will face Deep Run, the No. 3 seed from 6A South, in the state quarterfinals at 5:30 p.m. on Saturday, March 5 at Robinson Secondary School. The winner will face the winner of L.C. Bird and Potomac Falls in the semifinals at 11:45 a.m. at VCU in Richmond.

The state final will be played at 3:45 p.m. on March 9 at VCU.

Wakefield on Feb. 27 played in a region championship game for the third time in four years. The Warriors lost in overtime to Woodson in the 2013 AAA Northern Region final and defeated Potomac in the 2014 5A North championship game.

Last year, however, the Warriors entered the region tournament on a lengthy win streak only to suffer a season-ending loss to Freedom in the quarterfinals.

“Games like that … they’re left [behind] but they’re not forgotten,” senior Deng Nhial said. “That game has always stuck [with] us ever since the beginning of the season.”

This year’s Wakefield team avoided another postseason meltdown. The Warriors defeated Halifax County 71-58 in the quarterfinals on Feb. 23, which secured Wakefield a berth in the state tournament.

Against Potomac Falls on Feb. 25, the Warriors earned a trip to the region final.


Many of this year’s primary contributors are new to the Wakefield program, but Bentley said the Warriors’ two prominent returners, senior forward Nhial and junior guard Alan Treakle, stressed the importance of not repeating last year’s disappointing postseason performance.

“It means a lot,” Bentley said about this year’s postseason success. “Alan and Deng came back saying that we can’t go out like we did last year. Every team talks about one game at a time, but we really had to buy into one game at a time and then the wins started racking up because no one thought we were going to be anything. Even Coach Bentley said: ‘Life after [all-state performer and 2015 Wakefield graduate Dominique Tham], what are we going to do?’ and these guys stepped up.”

Three of Wakefield’s starters against Potomac Falls transferred to the school prior to this season. Senior guard Jonathan Adams, who transferred from Woodbridge, led the Warriors with 18 points. Junior guard Halli Parks (Washington-Lee) finished with 11 points and senior guard Eric Martin (Edison) added five.

“This is new to me,” Adams said. “I’ve never experienced [anything] like this. I’m just here for the ride and to do my part.”

Cooper, a 6-foot-4 sophomore who moved to the area from South Carolina, finished with 12 points off the bench.

Wakefield junior Alan Treakle scored 13 points against Potomac Falls on in the 5A North region semifinals on Feb. 25.

Arlington. Potomac Falls senior Danny Cox scored 25 points against Wakefield on Feb. 27 played in a region semifinal contest, head coach Bentley raised his hands in celebration and the Wakefield crowd went wild.

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The Wakefield boys’ basketball program to three region final berths in the last four seasons.

“The sky is the limit for Amari,” Bentley said. “Sophomore, two dunks tonight, excitement dunks, exciting blocks — those were momentum swings. To see him emerging right in front of my eyes, it looks good when I’ve got to think about Deng leaving us next year.”

Nhial scored 14 points for Wakefield and Treakle finished with 13.

A bucket by senior Dondrea Tillman gave Potomac Falls a 28-26 lead in the second quarter, but Wakefield responded with an 18-4 run that stretched into the third quarter, taking a 44-32 lead with an Adams jumper. The Warriors led by as many as 15, when a Parks 3-pointer gave Wakefield a 53-38 advantage in the third quarter.

Potomac Falls trailed by eight entering the fourth quarter and pulled to within two when senior guard Brian Sweeney knocked down a 3-pointer with less than 6 minutes remaining, cutting the Warrior lead to 59-57. However, the Panthers were unable to tie the score or take the lead for the remainder of the contest.

Tillman led Potomac Falls with 25 points. Sweeney finished with 19.

To highlight your Faith Community, call Karen at 703-778-9422

Saint Ann Catholic Church
SUNDAY LITURGY SCHEDULE:
Sunday Vigil: 5:30 PM
Saturday, 8:30 AM
1:30 PM Spanish Liturgy
5:30 PM
312 North 10th Street,
Arlington, Virginia 22205
Parish Office: 703-528-6276
PARISH WEBSITE: www.stannchurch.org
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Head coach Tony Bentley has led the Wakefield boys' basketball program to three region final berths in the last four seasons.

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Visit our website: www.twopoorteachers.com
It Just So Happens…

By KENNETH B. LOURIE

That is it; I sit and attempt to write next week’s column. I am doing so on the exact date, February 27th, seven years ago when I was the oncology patient at that moment; my wife, Dina and my brother, Richard (a.k.a. “Team Lourie”) the devastating news that I would have to have surgery, chemotherapy, and an appointment with an oncologist to discuss the details.

A week later, “Team Lourie” met the oncologist who advised us that the tumors were in fact non-smell cell lung cancer, not malignant, and with an appointment with a doctor the various chemotherapy protocols – and likely outcomes, we all agreed that I should begin every-three-week chemotherapy as soon as possible. A week later, on the following Wednesday, it began. The rest, as you regular readers know, is history; and “history” which I must confess, is still unfolding.

However, as much as this date is about me – and as a cancer patient, you’re often told; “it’s all about you” (which I am sure the marketers have studied and read about, who have succumbed to this terrible disease. A disease which, at least when I was originally diagnosed, offered patients very little hope of surviving even beyond two years; I’m living into my eighth year now. My oncologist refers to me as his “third miracle,” a moniker I am happy to embrace and incredibly fortunate to have earned. I have received more love, compassion, and support than I would otherwise believe possible. And today, I write of the experiences I have received along the way.

Let me be clear. I am not in remission. I am still under the regular and recurring care of my oncologist. I still receive chemotherapy infusions every four weeks, I still have diagnostic scans every three months, and a follow-up appointment with my oncologist a week or so later for evaluation. And I must confess, much as I live every day knowing there remains no cure for what afflicts me. And as written about last week’s column, “A Further Explanation,” the experience has changed me forever, no doubt affecting the ongoing demands of being diagnosed with a terminal form of cancer, a diagnosis which is all it’s cracked up to be. But living it really is about no purpose. And living as if today is my last day doesn’t resonate with me either. I prefer to live my life as much as possible, anyway, as how I would otherwise live it: no bucket lists to fill or must-haves to impart. Rather do what I must and live as I have: consistent with what I must and live as I have: consistent with what I must and live as I have: consistent with what I must and live as I have: consistent with what ails me. And as written about in last week’s column, notice of dissolution and notice to claimants of procedure to file claims pursuant to Code of VA. § 13.1–746.1(b.)

Inger’s Properties Inc. (the “Corporation”), a Virginia corporation organized under the laws of the Commonwealth of Virginia, has dissolved in the Commonwealth of Virginia as of February 10, 2016. Pursuant to the filing of the certificate of dissolution, the Corporation hereby gives notice to all persons having any claim against the Corporation, or any officer or director of the Corporation, or any person in control of the Corporation, that such claims be filed with the Corporation at the address to which such a claim must be submitted as Inger’s Properties Inc. c/o Robert B. Neaton, Esq., 139 N. Henry Street, Alexandria, Virginia 22314.

The date by which such a claim must be received by the Corporation or its successor entity is May 1, 2016.

Any claim that is not received by May 1, 2016 will not be evaluated for payment at this time.

The Corporation may make distributions to other claimants or persons entitled to further notice about further notice to the claimant.

Further, any claim will be barred unless a proceeding to enforce such claim is commenced by the earlier of the expiration of the applicable statute of limitations, or three years after the date of publication of this notice.

Robert B. Neaton, Secretary Pro Tempore, Inger’s Properties Inc.

All claims must be presented to the Corporation in writing and must contain sufficient information reasonably to identify the Corporation or successor entity of the identity of the claimant and the substance of the claim.

The mailing address to which such a claim must be sent is: Inger’s Properties Inc. c/o Robert B. Neaton, Esq., 139 N. Henry Street, Alexandria, Virginia 22314.

Zone 6 Ad Deadline: Wednesday, March 2, 2016 at 11:00 AM

OBITUARY NOTICE

Thomas (Tom) B. Bonner, 84, of Bristow, Virginia and formerly long-time resident of Vienna, Virginia passed away peacefully on February 27, 2016.

Tom was born in Altoona, Pennsylvania, the only son of the late Thomas A. and Jessie A. (Miller) Bonner, and was raised in Arlington, Virginia. Tom married his wife, Marie, in 1953, and they made their home in Vienna, Virginia, where they resided happily for 58 years, raising their family of four children.

Tom enjoyed employment as a member of the U.S. Department of Defense for 37 years until his retirement in 1988.

Tom loved living in the town of Vienna, Virginia and was active in the community for most of his life, with a passion for service in the Vienna Volunteer Fire Department. Tom joined the department in 1961 as a volunteer firefighter, and throughout the rest of his life he proudly contributed in many different capacities there, with his most recent efforts focused on the fire department's historical preservation. In 2015, after years of volunteer service, he was recognized as a Life Member of the VFD and also the Vienna Legion Post and was actively involved in the Knights of Columbus organization.

Tom was survived by his beloved wife, Marie, of 62 years, and their children, Tom, Jr. (Kylene) of Centreville, VA, Terry Maddox of Winchester, VA, John (Anne) of Centreville, VA, and Donald (Lael) of Cornelius, NC. He leaves behind four grandchildren, Justin, Matt, Nicolle, Michelle, Jennifer, Mike, Chris, Donna, and Ben, and his great-grandson, Gavin. Tom was preceded in death by his son-in-law Ken Maddox, Tom was a loving husband, father, and grandfather, deeply missed by all his family and friends.

Visitation will occur from 6:00 to 8:00 pm on Tuesday, March 1, 2016 at Pierce Funeral Home in Manassas, VA. The funeral mass will be held on Wednesday, March 2, 2016 at Holy Trinity Catholic Church, in Bristow, VA, at 10:30 a.m. with interment to follow at Fairfax Memorial Park Cemetery, in Fairfax, VA. Donations in his name can be made to the Vienna Volunteer Fire Department.
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