Attington Connection

The Easter bunny sneaks through the woods to surprise the children waiting for the Easter Egg hunt to begin at Potomac Overlook Regional Park.

Easter Surprise

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W-L Sophomore Edelstein Earns Win Against West Potomac

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Running with a New Crowd

March 30 - April 5, 2016

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ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

The American Horticultural Society's SPRING GARDEN MARKET at River Farm Enjoy our annual plant sale and garden marketplace! Fun for all ages! **APRIL 8 & 9** AHS MEMBERS-ONLY MORNING (with current membership card) Fri., April 8, 10 a.m.-12 p.m. PUBLIC SALE Fri., April 8, 12 p.m.- 6 p.m. Sat., April 9, 10 a.m.-6 p.m. **River Farm**

News



Easter Egg Hunt

Siblings with matching buckets, brightly-colored baskets and decorated sacks line up for the starting shout from Potomac Overlook Regional Park manager Roy Geiger on March 22. This is the inaugural Easter Egg hunt, and 75 had signed up on-line by the 11 a.m. starting time.



Tables are set up with crafts to occupy impatient children waiting for the Easter Egg hunt to begin at Potomac Overlook Regional Park. One popular choice was a pine cone dipped in Crisco and then rolled in bird seed to take home and hang in the backyard.

Bulletin Board

Email announcements to arlington@connectionnews papers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THROUGH THURSDAY/APRIL 14

- Free Tax Preparation Assistance. Be prepared by bringing the necessary documents with you. Spanish speaking volunteers are available at both locations. Note: the IRS no longer supplies the library with tax forms.
- Central Library walk-in tax assistance times: Tuesdays, 10 a.m.-7 p.m.; Thursdays, 10 a.m.-4 p.m.; appointments available by calling 703-829-6192.
- Columbia Pike Branch Library walk-in only tax assistance times: Tuesdays, 1:15-7:45 p.m.; Fridays and Saturdays, 10 a.m.-2 p.m.
- and print the AARP Volunteer Tax As Schedule for Arlington, visit http:// arlingtonvalibrary.s3.amazonaws.com/files/2016/01/Tax-Prep-Clinics-2016.pdf.

THURSDAY/MARCH 31

Students Make Business Pitches. 6-8 p.m. in the Reinsch See Bulletin Board, Page G www.ConnectionNewspapers.com

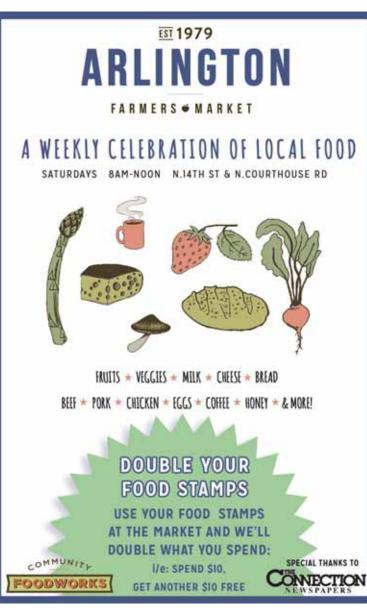
is located at 7931 East Boulevard Drive in Alexandria, Virginia. Parking is \$5 per car (cash only); free for AHS members (with valid member card, receipt, or other

proof of membership). for more information Call (703) 768-5700 or

visit www.ahs.org/GardenMarket.

special thanks to Mount Dernon Basette

AMERICAN



♦ Arlington Connection ♦ March 30 - April 5, 2016

Purple, orange, lime green and one special

golden egg are hidden in

Potomac Overlook Regional Park — the moose section (2-4 year olds),

olds) and the raccoon section (8-11 year olds).

Park Manager Roy Geiger cautions excited children

trying to get a head start,

"If you step on the grass

early, I'll give you a five

second delay."

Teaching Award

Karen L. Bune, an adjunct professor at **Marymount University in the Department** of Forensic and Legal Psychology, received the outstanding adjunct teaching award on March 17. Bune has been teaching at Marymount for 14 years. Bune is an Arlington resident, and is employed as the patient relations manager at Inova Alexandria Hospital.

News

22 Stories in Pentagon City

Developers ask for height exceptions for Metro Park 6.

> By Vernon Miles The Connection

entagon City is transforming. Tucked away between the Pentagon City Metro Station and Crystal City, the Metropolitan Park area is nearing the end of a complete rebuilding that began in 2004. In a meeting at the County Board office on March 28, developer Vornado/Charles E. Smith kicked off Phase 6 of the development, an introduction to the new Metro Park 6, to members of Planning Commission, Transportation Commission, and various affected civic groups.

The new Metro Park 6 consists of 558 residential units and 10,178 square feet of retail space in a 22-story structure. While the occupancy of the retail space is not decided until much later in the development process, developer representative Toby Millman said that Vornado is already looking into retail needs in the area, which prompted immediate suggestions from the representatives of nearby residents. Suggestions ranged from a key store to a flower shop. Millman said bagel shops and stores related to

"This isn't going into the middle of a field. We have to look at how it fits into the local context." — Nancy Iacomini, Chair, Planning Commission pet needs had also been mentioned several times as vital necessities to the Pentagon City area. While enthusiastic for the project, scome mem

e some members of the Planning
c Commission expressed concern over the building height exceptor

tion being asked for. The 22-story height would make it the sixth building in the vicinity of that height, but the area's 1976 PDSP specifically notes that only five buildings in the area should be allowed to reach 22 stories. The developer is asking for an exception, but Planning Commissioner Steve Cole said that exceptions of this type shouldn't be granted without a specific reason.

"The design guidelines are policy that we should be following unless www.ConnectionNewspapers.com



A Vornado hosted tour of the site on March 24 stops at the future corner of S. Elm Street and S. 13th Street to examine proposed Metro Park 6 site.



there's a good reason not to," said Cole. "We can't pick and choose where we follow the guidelines. Until the board says not to follow the design guidelines, and the board has been following them pretty much as the letter of the law ... we should stop this debate about whether or not to follow the guidelines."

Nancy Iacomini, chair of the Planning Commission, said she found the proposal interesting, but that Cole's points merited further examination as the process moves on.

"This isn't go-

ing into the middle of a field," said Iacomoni. "We have to look at how it fits into the local context."

But Millman said that the design guidelines for the site established in 2004 by the County Board, while not codified like the 1976 PDSP, shows a clear intent for more buildings of 22 stories. Millman also notes that while the PDSP currently authorizes five build"The design guidelines are policy that we should be following unless there's a good reason not to. We can't pick and choose where we follow the guidelines."

- Planning Commissioner Steve Cole

ings of 22 stories in height, the original only authorized three and the others were amended into the plan later.

As the process goes on, Iacomini said she would also like to see the developers look more into the plans for open and green space at the project.

"I'm very interested in learning more about the green space behind the project," said Iacomini. "There's a real dearth of open space in this area."

To the north of the site, across what will become 13th Street, The Barlett, a 699-unit mixed residential and retail building, also sits at 22 stories in height. The building will be open for residential occupancy on June 1, with the Whole Foods and a Commonwealth Coffee in the retail space opening in July/June. Millman says that the development of Metro Park 6, if approved by the County Board, could begin development in 2017.

Display model of the Metro Park 6 development



Northern Virginia Transportation Commission Open House and Public Hearing on Transform 66 Inside the Beltway Multimodal Components

Thursday, May 5, 2016 6:00 p.m. Open House – 7:00 p.m. Public Hearing 2300 Wilson Boulevard, First Floor Conference Room, Arlington, VA 22201

The Northern Virginia Transportation Commission (NVTC) is seeking public input on the Multimodal Components submitted for FY 2017 funding consideration as part of the Virginia Department of Transportation's (VDOT's) Transform 66 Inside the Beltway Project.

NVTC will select multimodal components for presentation to the Commonwealth Transportation Board for funding using toll revenues from VDOT's Transform 66 Inside the Beltway Project. The principal objective of the Transform 66 Inside the Beltway Project is to select and fund multimodal components that meet the improvement goals, which are to (1) move more people, (2) enhance transportation connectivity, (3) improve transit service, (4) reduce roadway congestion and (5) increase travel options. The improvement goals will benefit the users of the portion of I-66 between I-495 (the Capital Beltway) and U.S. Route 29 in the Rosslyn area of Arlington County.

NVTC urges the public to get involved by learning about and commenting on the proposed multimodal components during the **Open House and Public Hearing on May 5, 2016**. The meeting will be held at NVTC's offices at 2300 Wilson Boulevard, First Floor Conference Room, Arlington, VA 22201. The Open House will begin at 6:00 p.m. The Public Hearing will start at 7:00 p.m.

The list of submitted multimodal components for the Transform 66 Inside the Beltway Project is too extensive for publication in this advertisement. Beginning April 5, 2016, the proposed project list may be accessed via www.novatransit.org/i66multimodal; by calling NVTC at 703-NVTC-321 (703-688-2321); by e-mailing i66multimodal@nvtdc.org; or by visiting NVTC's offices at 2300 Wilson Blvd., Ste. 620, Arlington, VA 22201, Monday through Friday, 9:00 a.m. - 4:30 p.m.

Comments may be submitted beginning April 5, 2016 by e-mail to i66multimodal@nvtdc.org or via phone at 703-NVTC-321 (703-688-2321). The public comment period will be open from April 5, 2016 through the close of the Public Hearing on May 5, 2016. For additional information on the Open House and Public Hearing on May 5, 2016, contact NVTC at 703-NVTC-321 (703-688-2321).

- Beginning April 5, 2016 you may pre-register to speak by: e-mailing NVTC at: i66multimodal@nvtdc.org OR calling NVTC at 703-NVTC-321 (703-688-2321)

ACCESSIBILITY FOR PERSONS WITH DISABILITIES OR SPANISH LANGUAGE SPEAKERS: The hearing is located at a facility believed to be accessible to persons with disabilities. Any person with questions about the accessibility of the facility should contact NVTC at 703-NVTC-321 (703-688-2321) or i66multimodal@nvtdc.org. Persons requiring special assistance or a Spanish language translator must notify NVTC at 703-NVTC-321 (703-688-2321). Those requiring interpreter services for the deaf must call NVTC at 703-NVTC-321 (703-688-2321) or via Virginia Relay by dialing 7-1-1. All requests for special services must be received no later than April 28, 2016.





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4 ♦ Arlington Connection ♦ March 30 - April 5, 2016

News

Running with a New Crowd

Runners set up donation pages to help raise funds for residents with emergencies.

> By Eden Brown The Connection

t's been a few months since the Resolve to Run group signed up on a snowy night in January to run the 5K or Ten Miler to benefit Thrive Arlington. The runners came out for the first time on Feb. 6 to run two miles. They started at Bluemont Park off Wilson Boulevard and ran to Falls Church: two miles didn't seem like a big deal. But a month later, when they started running more than five miles, the George Washington Ten Miler race started to loom large for those who haven't run long distances in a long time. It wasn't a quick jog on a Saturday morning anymore. It was a twohour slog for some.

Some hips and knees began to hurt. One 62-year-old run/walker hurt her knee in an unrelated fall and stopped walking, let alone running. But she is back now. One sextuagenarian who hadn't run more than three miles in years asked Denny Pinch, a trainer at the Army Navy Country Club who leads the Resolve to Run group every Saturday, what to do: she was having problems breaking four miles without hip pain. He looked at her thoughtfully. He asked her where the pain was.

Both hips. Was it arthritis? She had already visualized the scar she would have from the hip replacements. She was thinking of switching to the 5K race



Thrive Runners saw this young raptor in the grass along the trail on March 26. He appeared stunned and didn't move ... until Arlington's Animal Control team arrived on the scene and he managed to fly away.



Cecelia Gallegos and Denny Pinch relax after the run on March 26. The runners doing Ten Mile prep ran from Wilson Boulevard to Shirlington. And back.

because, really, why would any sane 60-year-old run 10 miles?

Pinch offered to give the runner an assessment at the gym: maybe he could help. She went down for the assessment and got the verdict. The pain is muscular, he said. Probably not arthritis. She could be helped to use her muscles more efficiently and loosen up the tight hamstrings, quadriceps, Latissimus Dorsi, and other muscles she never knew she had. The pain would probably dissipate within three weeks. She looked at him skeptically. But after two sessions of rolling, she was able to run six miles without limping all the way home.

Interval training was another Pinch technique that helped the team keep running: instead of running nonstop for the whole race, Pinch asked runners to run for three to four minutes, and then walk for one minute, and to do this the whole time so they never got so tired they couldn't recover. He said he used to think this was for sissies but after he ran a faster marathon with this technique, he became a believer.

The biggest motivator of all was the donations: runners set up their websites to ask for donations for Thrive Arlington. When that 10-mile marker seems a long way down the old W&OD railroad path, the thought of that website makes the run worth it. This year, Thrive hopes to raise \$16,000 from the team effort.

To donate, look for Arlington Thrive runners to support on www.youcaring.com; search for Thrive Arlington. Pinch is at Army Navy Country Club, fitness center, at 703-521-6800.

"Flourishing After 55"

Arlington Office of Senior Adult Pro-grams for April 4-8.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th

Senior trips: Tuesday, April 5, Dumbarton House tour, \$34; Wednesday, April 6, Riverside Dinner Theatre, Fredericksburg, "My Fair Lady," \$59; Thursday, April 7, Maryland Live! Casino, Hanover, Md., \$9. Call Arlington, County 55+ Travel, 703-228-4748. Registration required.

Ballroom dance lessons, Monday, April 4, 6:30 p.m., Walter Reed. Free. Register, 703-228-0955. **Folk music sing-along**, Monday,

April 4, 1:30 p.m., Lee. Free. Register, 703-228-0555

Pickleball games and instruction, Mondays, 11 a.m., Arlington Mill. Free. Register, 703-228-7369

Ice skating, Mondays, 8:10 - 9:20 a.m., Kettler Capitals Iceplex, Ballston Mall, \$1. Register, 703-228-4771.

Madison Chess Club, Mondays, 9:30 a.m. Games and strategies. Free. Details, 703-534-6232.

Table tennis, Monday through Friday, 9 a.m. - 3 p.m., Arlington Mill. Free. Register, 703-228-7369.

Chinese culture, Tuesday, April 5, 10:30 a.m., Thomas Jefferson Commu-nity Center. Free. Register 703-228-4403.

Caregivers roles changing, Tuesday, April 5, 6:30 p.m., Walter Reed. Free. Register, 703-228-0955.

Hypertension information, Tuesday, April 5, 11 a.m., Langston-Brown.

Free. Register, 703-228-6300. Volleyball, Tuesdays, 1:30 p.m.,

Langston-Brown. Free. Register, 703-228-6300 Belly dance class, Tuesdays and

Fridays, 10 a.m., Lee. Free. Register, 703-228-0555. Beginners full fitness exercise,

Tuesdays, 10 a.m., Lee. \$60/15 sessions or \$4 per class. Details, 703-228-0555. Arlington Mill Trekkers, Tues-

days, 9:30 a.m. Free. Register, 703-228-7369

Table tennis, Tuesdays, 10 a.m., -12 p.m., Walter Reed. Free. Register, 703-228-0955

Poker games, Tuesdays and Thursdays, 10 a.m.-12:30 p.m., Lee. Register, 703-228-0555

Keeping the brain healthy, Wednesday, April 6, 12 p.m., Arlington Mill. Free. Register, 703-228-7369.

How to make healthy popcorn, Wednesday, April 6, 6:30 p.m., Arlington Mill. Free. Register, 703-228-7369.

How to choose a fiduciary, Wednesday, April 6, 1 p.m., Langston-Brown. Free. Register 703-228-6300. Duplicate bridge, ACBL sanc-

tioned, Wednesdays, 10 a.m., Aurora Hills. \$5. Register, 703-228-5722

Keeping houseplants healthy, Thursday, April 7, 1 p.m., Walter Reed. Free. Register, 703-228-0955. Finding part-time employment

after retirement, Thursday, April 7, 1 p.m., Culpepper Garden. Free. Register, 703-228-4403.

The incredible magic of David **Tinter**, Thursday, April 7, 10 a.m., Walter Reed. Free. Register, 703-228-0955

Lee Woodcarvers share woodcarving tips, Thursdays, 1 p.m. Free. Details, 703-228-0555.



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- ATTENTION -**Fairfax County Public School** Employees

If you are a participant in the Fairfax County Public Schools 403(b) Plan, we would like to speak with you about our investigation of the fees charged on your Great-West Mutual Funds.

Please call:

Mark Boyko Law Offices of

SCHLICHTER BOGARD & DENTON, LLP



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OPINION

Money to Treat Addiction, Mental Health Issues

Affordable Care Act could pay for help, better health for 100,000 uninsured people in Virginia with mental illness or addiction issues.

oor people without health insurance in Virginia are being unnecessarily tortured, in some cases to death, by a General Assembly that refuses to expand Medicaid. They deny healthcare to as many as 400,000 Virginians despite the fact that for the first three years, there would be no additional cost to the Commonwealth, and after that Feds would pay at least 90 percent of the cost.

A new report released on Monday by the U.S.

BULLETIN BOARD

From Page 2

Library Auditorium at Marymount University. Local students, ages 12-18, representing nine businesses and social movements from the Young Entrepreneurs Academy, Arlington Chamber will have five minutes to pitch their business plans to local members of the business community. during the program's annual Investor Panel Event (think "Shark Tank'

points to an area beyond preventative medicine and primary care. According to the report, in Virginia, 102,000 uninsured people with a mental illness or substance use disorder could qualify for coverage if Medicaid were expanded under the Affordable Care Act. The report estimates that more than a third of low income people in Virginia without Editorial health insurance have "behavioral health" needs.

As Virginia and the rest of the nation wrestles with huge growth in heroin and opioid addiction, expanding Medicaid would allow for expanding treatment programs. One of the big obstacles to helping people who are fighting addiction is the availability of treatment when it is most needed.

People die as a result. In Northern Virginia, heroin-related deaths increased 164 percent between 2011 and 2013. In Fairfax County, in just one year - from 2013 to 2014 - the number of deaths from heroin overdose doubled. Virginia is one of 14 states identified in a recent Centers for Disease Control reports with significant increases in overdose deaths in the

Department of Health and Human Services last few years. Nationally, heroin overdose death rates increased by 26 percent from 2013 to 2014 and have more than tripled since 2010, according to the CDC. A mind boggling statistic: In 2014, there were approximately oneand-a-half times more drug overdose deaths in the United States than deaths from motor vehicle crashes.

> Turning away resources to treat this eviscerating epidemic ensures that some people who need treatment but cannot access it will die.

Turning away this money makes no more sense than sending back federal funding for building rail to Dulles.

Depression and other mental health disorders result in significant economic cost as well. This week's HHS report estimates that if Virginia expanded Medicaid, 16,000 fewer individuals would experience symptoms of depression, which would make them far more likely to be able to work.

Under the Affordable Care Act, states have the opportunity to expand Medicaid coverage to individuals with family incomes at or below 138 percent of the federal poverty level.

communities within the I-395 streets. This will accommodate more runners through the neighborhood and allow conditions to return to normal as quickly as possible. If there are any questions or concerns regarding the impact to the community, please contact Lieutenant Ken Dennis at 703-228-

- 4259 ✤ Williamsburg Boulevard will be closed to eastbound traffic from Little Falls Road to Harrison Street, 7:30-10:30
- a.m. Little Falls Road will be closed from Williamsburg Boulevard to Harrison Street from 7:30-9:30 a.m.
- Ohio will be closed from N. 26th Street to Williamsburg Boulevard from 7:30-9:30 a.m.
- As the race moves through the neighborhood, temporary road closures will be necessary. Residents of the affected areas will be escorted through the traffic closures to minimize the impact.

SUNDAY/APRIL 3

A Journey Through History. 4 p.m. at Marymount University's Reinsch Library Auditorium, 2807 N. Glebe Road. Experience "A Journey Through History," an afternoon of music, poetry and dance. The program will highlight historical figures and key events in African-American history, including the Civil Rights Movement and such contemporary issues as Black Lives Matter, A reception will follow. Free Visit www.marymount.edu.

MONDAY/APRIL 4

CPR Community Class. 10-11:30 a.m. at Arlington Public Library, 1015 N. Quincy St. The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only CPR, child CPR with breaths, adult and child AED use, infant CPR and relief of choking in an adult, child or infant. Free. Contact Jonathan A. Rodriguez at tc@prioritymedicaleducation.com or 202-315-8022. Visit

www.prioritymedicaleducation.com for more.

Arlington

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meets "The Apprentice"). Open to the public, and registration is \$10. Visit www.arlingtonchamber.org/ about_the_chamber/yea!.aspx. Grant Application Deadline. Transurban, the Virginia Department

of Transportation's partner on the 395 Express Lanes project, has launched the "395 Express Lanes Community Grant Program." The quarterly grant program seeks to respond to the needs of direct-impact



Melvin Russell of Arlington and Kristine Clark of Fairfax celebrate Eleanor Bune's (center) 98th birthday.

Celebrating Her 98th Birthday

lington, celebrated her her excellent care. ✓ 98th birthday on March 14, with her daughter, Karen L. restaurant.

What is her secret to reaching 98 years-old? Her daughter credits her mother's internist, Dr. Lawrence Stein, of Pulmonary Medical Associates in Ar-

leanor W. Bune, of Ar- lington. "Dr. Stein has provided

He is truly my hero because he saved my mother's life in Bune, and friends. Her daugh- 1996 when she had a very, very ter arranged a small dinner severe case of pneumonia. If it party that was held at a local were not for him, she would not be here today and would not have made it to 98.

Dr. Stein is an outstanding physician and a caring professional who we both think the world of."

corridor during the project's development and construction phase. It will provide organizations with grant awards ranging from \$1,000 to \$5,000 to implement projects that sustain, enhance or protect residents along the project corridor. The program accepts applications and distributes grant awards each quarter. Visit 395ExpressLanes.com/ grant-application.

THROUGH APRIL 1

- **Application Deadline.** StormwaterWise Landscapes provides a financial incentive for Arlington property owners to remove pavement, or install pervious driveways, rain gardens, or conservation landscaping. Single family homeowners, businesses, and HOAs are eligible to apply. Applicants should visit http:// environment.arlingtonva.us/
- Traffic Alert: Friday Night Races. 6:15-8:15 p.m. The Crystal Run 5K Friday races will take place each Friday evening in April. The Arlington County Police Department will conduct the following road closures to accommodate this event:
- between 26th Street and 12th Street North and Southbound lanes of Long
- 6th, 10th, and Ball Streets will be closed. Southbound Lanes of Crystal Drive
- between 20th and 23rd will be opened for exiting garage traffic only
- Visit www.runpacers.com/race/ crystal-city-5k-fridays/ for more.

SATURDAY/APRIL 2

Traffic Alert/Road Closings. 7:30-10:30 a.m. The Nottingham Elementary 5K Race will take place near the school and several roads will be closed. Residents are asked to park vehicles in driveways to reduce the congestion on the affected

♦ Arlington Connection ♦ March 30 - April 5, 2016

stormwaterwise

Northbound lanes of Crystal Drive

- Bridge Drive as well all traffic around

In addition to the closures, street parking in the area will be restricted.

Schools



Photos Contributed

Art Show Open to the Public

IB art students at Washington-Lee High School will present their IB Studio Art Exhibition on April 5 after school (reception begins at 3 p.m.) and April 6, all day until 4 p.m. The public is invited to attend.



School Notes

Email announcements to arlington@ connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Jun Du, of Arlington, graduated from the University of Wisconsin-Madison Law School with a Master of Laws.

Harris Teeter donated \$5,000 each to 10 local schools. Arlington schools include: Barrett Elementary, Kenmore Middle, Randolph Elementary, Tuckahoe Elementary and Washington-Lee High School. This donation is made possible partially by the Virginia Lottery and is in addition to the dollars a school receives from Harris Teeter through its active participation in the company's Together in Education program. The Virginia Lottery provides incentive payments to retailers who sell winning tickets in scratch-off games. Harris Teeter has chosen to donate its incentive awards back to local schools. This most recent \$50,000 incentive award comes from a winning ticket which was sold at

the Barcroft Plaza store in January.

Reilly Payne Burlingame, of Arlington, has been named to the president's list at Clemson University (Clemson, S.C.) for the fall 2015 semester.

Burlingame is majoring in elementary education.

Jacob Campbell, a member of the class of 2019 from Arlington, has been named to the fall 2015 dean's list at Loyola University Maryland (Baltimore).

Arlington students named to Clemson University's (Clemson, S.C.) dean's list for the fall 2015 semester include: **Layna S. Deneen**, studying in the College of Architecture, Arts, and Humanities; **Hannah Grace Madison**, majoring in English; **Jacob Scott Vernau**, majoring in psychology; and **John Fitzgerald Walten**, majoring in marketing In honor of Black History Month, the Sterling Lions Club hosted the Club Level James A. Bland Music Scholarship Competition, serving Eastern Loudoun. The contest was held Saturday, Feb. 20. Seventeen instrumentalists and six vocalists competed to represent Eastern Loudoun in the next step of the Lions of Virginia's annual scholarship competition. **Isabella Turilli**, a 16-year-old junior at Washington & Lee High School won 1st place in the vocal division. A mezzo soprano, she performed "Vol Che Sapete" from "Le Nozze di Figaro" by Mozart, accompanied by Nikola Pasklov.

The next step is the Region III Contest which will take the winners from the Sterling Lions Competition, and pit them against the winners from Middleburg, Leesburg, Purcellville, Lovettsville, Reston, Fairfax and Vienna, to see who will represent Western Fairfax and Loudoun Counties at the Northern Virginia District Level, before going on to the State level in May.





DDT Virginia Department of Transportation

PUBLIC NOTICE

Transform 66 Inside the Beltway Project Arlington County, City of Falls Church and Fairfax County

The Virginia Department of Transportation (VDOT), in partnership with the Virginia Department of Rail and Public Transportation (DRPT), proposes to convert I-66 inside the Beltway between I-495 (the Capital Beltway) and Rosslyn, to variably-priced toll lanes and extend the existing a.m. and p.m. High Occupancy Vehicle (HOV) periods from a 2.5-hour window to a 4-hour window between 5:30 a.m. and 9:30 a.m. traveling eastbound and 3:00 p.m. and 7:00 p.m. traveling westbound to better manage the travel demand in the corridor. Beginning in 2017, Single Occupancy Vehicles (SOVs) will be allowed to use the lanes during the restricted hours by paying a toll, and vehicles with two or more occupants (HOV-2+) will not be tolled. Beginning in 2021, which is consistent with the opening of the express lanes project along I-66 outside the beltway, both SOVs and vehicles with two occupants (HOV-2) will be required to pay a toll to use the lanes, and HOV-3+ will not be tolled.

In accordance with the National Environmental Policy Act (NEPA) and 23 CFR 771, a Categorical Exclusion (CE) has been prepared in cooperation with the Federal Highway Administration for an electronic tolling system under the federal Value Pricing Pilot Program. In compliance with the National Historic Preservation Act, Section 106 and 36 CFR Part 800, information concerning the potential effects of the proposed project on properties listed in or eligible for listing in the National Register of Historic Places is also provided in the environmental document.

Review the environmental documentation on the project website, www.Transform66.org, or at the VDOT Northern Virginia District Office located at 4975 Alliance Drive, Fairfax, Virginia, 22030. Please call ahead at 800-FOR-ROAD (800-367-7623) or TTY/TDD 711 to ensure the availability of appropriate personnel to answer your questions.

Submit your written comments about the environmental document by April 15, 2016 to Amanda Baxter, Special Projects Development Manager, at the address noted above or by e-mail to Transform66@VDOT.Virginia.gov. Please reference "Transform 66 Inside the Beltway" in the subject line.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights at 703-259-1775 or TTY/TDD 711.

State Project: 0066-96A-358, P101 (UPC: 107371)

ENTERTAINMENT

Email announcements to arlington@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

- Sci-Fi Book Club. Third Wednesday of each month, 7-8:30 p.m. at Java Shack, 2507 N. Franklin Road. Free.
- Visit www.library.arlingtonva.us. **Spark Fitness.** Fridays in April, 6:30 p.m. at 2121 Crystal Drive. The 5K Fridays race route is flat and fast traveling through the heart of Crystal City along Crystal Drive and up past Long Bridge Park, the County's newest regional park. Also along the way, runners will pass the Boeing Company's regional headquarters, this year's event sponsor. After the race, runners can stick around for a collection of area bar and restaurant specials exclusively for runners. Registration is \$20 per race, \$75 for the entire series. Visit
- www.crystalcity.org for more. Exhibit: "The Caribbean - How Beautiful." Through April 3, gallery hours at The Art League, 105 N. Union St. With his bright paintings and distinctive perspective, Haitian American artist Fritz DesRoches brings the color and flavor of native island life to the canvas. His airbrushed acrylic paintings show vibrant examples of both daily activities and traditional elements of Haitian art. Free. Visit
- www.theartleague.org for more. **"King of the Forest: Adventures of** BioPerversity." Through April 3, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. This exhibit features the work of 13 contemporary artists from the mid-Atlantic region whose work explores the interactions between humans and non-human species. Free. Visit www.arlingtonartscenter.org for more.
- "Daydreams in the Anthropocene." Through April 3, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Artist Rachel Schmidt examines the role humans play in the environment. Free. Visit www.arlingtonartscenter.org for
- more. Instructor Select. Through April 3,
- gallery hours at Arlington Arts Center, 3550 Wilson Blvd. In the Jenkin's Community Gallery, Arlington Arts Center will present Instructor Select 2016, featuring work by both students and instructors. Free. Visit www.arlingtonartscenter.org for
- more. Scripts in Play Festival. Through April 23, various times at Theatre on the Run, 3700 South Four Mile Run Drive. Avant Bard presents four weeks of theatrical experimentation with an inaugural Scripts in Play Festival. Find more than a dozen readings of plays, classic and contemporary. Free. Visit www.avantbard.org for more.
- "The Flick." Through April 24, various times at Signature Theatre, 4200 Campbell Ave. "The Flick" follows the story of three employees at a crumbling Massachusetts movie theatre. Tickets start at \$40. Visit www.sigtheatre.org for more.
- Wednesdays in the Garden. Wednesdays in April, 7-9 p.m. at Arlington Central Library, 1015 N. Quincy St. This series, taught by Arlington Food Assistance Center volunteers and by VCE Master Gardeners, is designed to teach gardening skills to a wide audience. Topics are: April 6, Growing Superfoods; April 13, Container

Gardens for Edibles; April 20, Edible Landscaping & Fruit in the Garden; April 27, Water, Irrigation, Ollas & Rain Barrels. Free. Visit library.arlingtonva.us/ or call the

- library at 703-228-5990. Films on Israel/Palestine. Sundays through May 1, 2:30-4 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. A film series exploring the complex and emotional issues preventing peace in Israel/Palestine will be presented. Free. Call 703-524-7630 for more.
- **Call for Entry: The Athenaeum** Invitational 2016. Through Aug. 28. The theme asks artists to reflect on a moment of pure joy. It is inspired by the Lewis and Clark's expedition across the uncharted North American continent to reach the Pacific Ocean. After an arduous, two-year trek, William Lewis crested a hill, saw the vast body of water and cried, "The Ocean in view. Oh! The joy!" The entry fee is \$35. Visit
- www.nvfaa.org for more. **Post-Graduate Residency Studio.** Through Nov. 17, gallery hours at The Torpedo Factory Art Center, 105 N. Union St. The Torpedo Factory Art Center welcomes four emerging artists to participate in the Post-Graduate Residency Program. Jihee Kang, Paulette Palacios, Anne Smith, and Danielle Smith, were juried by Paul Shortt, new media curator for Arlington Cultural Affairs. Artists can create and sell work, interact with the public, and network with other artists. The program will culminate in a group exhibition in the Torpedo Factory's contemporary exhibition space, the Target Gallery. Free. Visit www.torpedofactory.org for more.
- Arlington's Historical Museum Open on First Wednesdays. The Arlington Historical Museum is open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County's history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at garrett.peck@ arlingtonhistoricalsociety.org.
- LGBT & Straight Friends Social. Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey's "Bar A" Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. For 21 years and older. Free. Visit www.iotaclubandcafe.com for more information.
- Open Mic Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. Age 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit www.RiRa.com/ Arlington for more.
- Food Truck Thursdays. 5:30-8:30 p.m. at the corner of North Irving Street, and Washington Boulevard. Find a round-up of regional food trucks. Free to attend. Visit www.dmvfta.org.
- Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road: call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Carlin Springs Road; call 703-228-6535 or visit
- registration.arlingtonva.us. Free, no registration required. Poetry Series. 6-8 p.m. second Sunday
- of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists



On April 23-24, Virginia Ballet gives a spring recital of classic "Snow White" at 2 p.m. Saturday and Sunday, and 7 p.m. on Saturday at Northern Virginia Community College Annandale Campus in the Ernst Community Cultural Center Theater, 8333 Little River Turnpike, Annandale. Ticket prices for reserved seating are \$30 for adults and \$20 for children, students and seniors, plus a \$3 fee per each ticket. Visit www.vaballet.org.

share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

- **Open Mic Nite.** 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Visit www.iotaclubandcafe.com or call 703-522-8340.
- Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.
- Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693
- Storytime. Mondays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

THURSDAY/MARCH 31

Celebrate Women's History Month with Dolley Madison. 7-8 p.m. at Aurora Hills Branch Library, 735 S. 18th St. Historical interpreter Katherine Spivey will offer insight into first lady Dolley Madison, most famous for saving a portrait of President George Washington when the British burned the White House during the War of 1812. Free, Call 703-228-5715 for more.

MARCH 31-APRIL 9

"Idle Playthings" and "Crimes of Fashion." Various times at Gunston Theatre One, 2700 S. Lang St. First, in "Crimes of Fashion," superheroes fight fashion designers bent on world domination. Then, a group of toys come to life and team up to save a family-owned toy store in "Idle Playthings." Silver Spring-based Inclusive Theatre Companies are directed by trained theatre professionals and feature actors who have intellectual disabilities or learning disabilities, or are on the autism spectrum. Tickets are \$12.50 in advance, \$15 at the door, and \$5

for ArtStream students. Visit www.art-stream.org for more.

FRIDAY/APRIL 1

- Lecture: El Salvador. 12:30-2 p.m. at Marymount University's Reinsch Library, 2807 N. Glebe Road. The public is invited to hear NPR reporter Armando Trull discuss the root causes of contemporary migration from Central America. Free. Email
- mbakker@marymount.edu for more. Meet Cinderella and Snow White. 3:30 p.m. at Kinder Haus Toys, 1220 N. Fillmore St. Children are invited to listen to stories, engage in other princess activities, and have photo ops for parents to snap their kids with the princesses. Free. Call 703-527-5929 to reserve your spot

FRIDAY-SATURDAY/APRIL 1-2

Active By Design-athon. 8:30 a.m.-5 p.m. at Marymount University, 2807 N. Glebe Road. Marymount University is asking area residents to attend its Active By Design-athon and help interior design students find practical solutions for creating active environments that improve wellbeing. A \$30 registration fee covers participant entry and breakfast and lunch both days. To register, go to marymount.edu/designathon

SATURDAY/APRIL 2

Handmade Arlington. 10 a.m.-4 p.m. at Swanson Middle School, 5800 North Washington Blvd. The annual event will feature a record number of artisans debuting a range of arts and crafts including photography; pottery; jewelry; stationery; home accessories and cleaning products; bags, purses, scarves and other works made from fabrics. Free admission. Visit www.facebook.com/ handmadearlington.

Build-Your-Own Rain Barrel Workshop. 10:30 a.m. at Walter Reed Community Center, 2909 16th St S. Rain barrels collect runoff from a downspout that can be used to water the lawn or garden. Tickets are \$55. Visit http://nvswcd-

velocitypayment-

com.3dcartstores.com. Vegetable Gardening Workshop. 10:30 a.m.-12 p.m. at Fairlington Community Center, 3308 S. Stafford St. The program, intended for new gardeners, will emphasize best practices for managing and maintaining a healthy garden. It will cover the importance of pollinators and other beneficial insects and how to identify them; how crop rotation and intercropping can help control garden pests; how to identify diseases and weeds; and how to maximize harvests with space-saving techniques. Free. Visit www.mgnv.org for more.

SUNDAY/APRIL 3

- Biodiversity Open House. 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Local resident David Howell has photographed the surprising diversity in Arlington around the Long Branch Nature Center and Glencarlyn, Bluemont, and Lubber Run Parks. View his photos and chat with him and other naturalists. Free. Call 703-228-6535.
- Film Screening: "Al Helm: Martin Luther King in Palestine." 2:30 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Watch a film about an African-American gospel choir that tours Palestine with a play about MLK's dream of nonviolence. Free Visit www.uucava.org for more.
- The National Brass Quintet. 7-8 p.m. at The Lyceum, 201 S. Washington St. Brass Quintet performs in tribute to veterans and military. Free, but donations accepted. Contact kfmail@verizon.net or chuckseipp@aol.com.

MONDAY/APRIL 4

Sondheim Award Gala. 6-10 p.m. at The Embassy of Italy, 3000 Whitehaven St. NW, Washington DC. Arlington's Signature Theatre honors Sondheim collaborator and writer John Weidman. Tickets are \$150. Visit www.sigtheatre.org for more.

www.ConnectionNewspapers.com

♦ Arlington Connection ♦ March 30 - April 5, 2016

Entertainment

TUESDAY/APRIL 5

Reading and Reception: E.

Ethelbert Miller. 1-2 p.m. reading, 2-4 p.m. reception and signing at The Reinsch Library at Marymount University, 2807 N. Glebe Road. The life work of Washington, D.C. poet E. Ethelbert Miller will be celebrated with a reading, reception and book signing. The author of eleven collections of poetry, Miller has also written two memoirs and was director of the African American Resource Center at Howard University. He is the board chairman of the Institute for Policy Studies, a board member of The Writer's Center and editor of Poet Lore magazine. Free. Visit www.marymount.edu for more.

APRIL 5-MAY 8

"The Mystery of Love and Sex." Various times at Signature Theatre, 4200 Campbell Ave. Playwright Bathsheba Doran returns to Signature with a play exploring intimacy and identity. Tickets start at \$40. Visit www.sigtheatre.org for more.

THURSDAY/APRIL 7

Arlington Reads: Anthony Doerr. 7-9 p.m. at Washington-Lee High School, 1301 N. Stafford St. as part of Arlington Reads 2016, author Anthony Doerr will speak on the human displacement of World War II. Free. Visit www.library.arlingtonva.us for more.

FRIDAY/APRIL 8

Legislative Breakfast. 7-9 a.m. at Army Navy Country Club, 1700 Army Navy Drive. Local legislators will give their insights on lessons learned from working in the Virginia General Assembly. This marquee event includes a moderated discussion as well as question and answer period

Weil as question and answer period with plenty of interaction with local and regional leaders. Admission is \$45 for Leadership Arlington members and \$55 for the general public. Visit www.leadercenter.org/ legislative-breakfast.

- Lecture: "One Hundred Years After the Longest Battle." 3 p.m. at Arlington Central Library, 1015 N. Quincy St. The Arlington-Aachen and the Arlington-Reims Sister City Committees of the Arlington Sister City Association invite the public to a presentation and discussion titled "One Hundred Years After the Longest Battle: The Puzzle of Verdun, 1916." Free. Visit www.arlingtonsistercity.com for
- more. Electrify Africa Social. 7-9 p.m. at The Greene Turtle Ballston, 900 N. Glebe Road. Celebrate the passage of the Electrify Africa Act and learn about "Nutrition for Growth." Free to attend. Visit www.act.one.org for more.
- Of Wine & Words. 7-10 p.m. at W Washington DC Hotel, 515 15th St. NW, Washington, DC. Support Arlington-based, The Reading Connection through live and silent auctions. Also find food, drinks, and live music. Tickets are \$150. Visit www.thereadingconnection.org for more.

SATURDAY/APRIL 9

Arlington Home Show. 10 a.m.-5 p.m. at Thomas Jefferson Community Center, 3501 S. 2nd St. Find workshops, exhibits, and expert



'Facevalue' Solo Show By Brandie Adams-Piphus

During April, Gallery Underground features "facevalue," a solo show by Brandie Adams-Piphus. The exhibit will hang March 28-April 29. Pictured here: Digital portraits, "Ambivalent" (above) and "The Beat." Free. Visit www.galleryunderground.org for more.





Celebrate the National Harbor Wine & Food Festival With a VIP Getaway Package!

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Experience the 8th Annual Wine & Food Festival with a VIP overnight stay at Gaylord National Resort. Enjoy worldrenowned chefs, artisanal craftsmen and over 150 different international and local wines, beers and spirits. VIP tickets include unlimited beverage samples, food tastings and more!

Gaylord National Resort's exclusive VIP Wine & Food Festival Package includes:

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 (2) VIP tickets for Saturday, April 23 or Sunday, April 24
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GaylordNational.com

or call (301) 965-4000 (refer to code ZJ9)

"Bilds for stays April 22 or April 23, 2016. Limited number of norms are available for this primotion. Tax is additional. Offer does not apply to groups of 16 or more norms. Limit One (1) 559 resort credit per stay. Offer cannot be combined with any other primotions. Biackost dates may apply. Advance reservations required. Other restrictions apply: Rates are per room, per right and based on availability at the time of reservations.

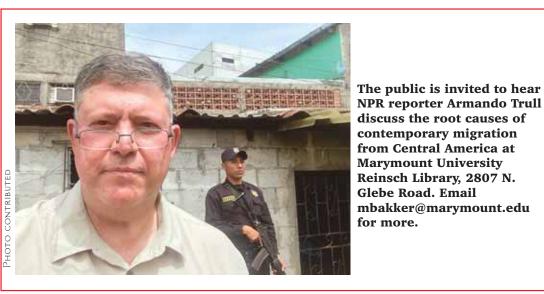








ENTERTAINMENT



advice. Free. Visit

www.arlingtonva.us for more. Salad Bar Containers. 10:30 a.m.-12 p.m. at Fairlington Community Center, 3308 S. Stafford St. Salads can be grown on balconies, fire escapes, window sills, stoops, under skylights or in hanging baskets. This program will focus on selecting containers, choosing plants, meeting their horticultural needs and timing crop rotations. Free. Visit www.mgnv.org for more.

SUNDAY/APRIL 10

- Film Screening. 2:30 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Watch "Conflict in Israel/Palestine" a "crash course" on two conflicting historical narratives And "Life in Occupied Palestine", eyewitness stories and photos by a Jewish-American woman. Free Visit www.uucava.org for more.
- **Moving Words Winners Poetry** Reading. 4 p.m. at IOTA Club and Café, 2832 Wilson Blvd. The six winners of Arlington's 16th annual Moving Words Poetry Competition will soon have their words read by commuters aboard Arlington Transit ART buses. Listen to them perform their own winning work. Free. www.arlingtonarts.org for more.
- In Christy's Shoes Sole Celebration. 4-7 p.m. at Clarendon Ballroom, 3185 Wilson Blvd. The 4th Annual Sole Celebration featuring a fashion show and silent auction benefits Doorways for Women and Families. Tickets are \$60. Visit www.inchristysshoes.org for more.

MONDAY/APRIL 11

Meet the Author: Anne Hisle. 3 p.m. at Arlington Central Library, 1015 Quincy St. Hisle, a practicing psychotherapist, will share poems, quotes and stories from her book "My House Burned Down and Now I Can See the Stars: Reflections on Losing and Finding." Free. Call 703-228-2144 for more.

APRIL 12-MAY 15

Exhibit: "Singing in the Rain." 10 a.m.-5 p.m. at the Potomac Fiber Arts Gallery, 105 N. Union St. Fiber art inspired by songs from movies. Whether for self or gifts, jewelry, sculpture, clothing, and wall pieces are some of the items that will be exhibited. Free. Visit www.potomacfiberartsgallery.com for more.

WEDNESDAY/APRIL 13

Encore Stage & Studio's Annual Sunny Side Up Benefit. 8:30 a.m. at Washington Golf and Country Club, 3017 N. Glebe Road. Learn about Encore Stage & Studio's 49 years of serving and inspiring children, and watch performances by Encore students. Encore Stage & Studio will also honor Pat Kobor and Betsy Lohmann as the 2016 Celeste Groves Award recipients for outstanding volunteer. Free. Visit www.encorestageva.org/benefitbreakfast/ to RSVP.

THURSDAY/APRIL 14

- **Growing Vegetables in Small** Spaces. 1-3 p.m. at Walter Reed Recreation Center, 2909 16th St. S. The program will focus on how to improve soil and choose plants to create a thriving vegetable garden in limited space. Free. Visit www.mgnv.org for more.
- Becoming Madison. 7 p.m. at Marymount University, 2807 N. Glebe Road. The Arlington Historical Society will host Michael Signer, who will speak about "Becoming Madison: The Extra Ordinary Origins of the Least Likely Founding Father." Free. Call 703-942-9247.
- Waco Brothers. 8:30 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. The band celebrates the recent release of "Going Down in History." Tickets are \$15. Visit www.iotaclubandcafe.com.

THURSDAY-FRIDAY/APRIL 14-15

Jim Breuer. 7:30 p.m. and 10 p.m. at Arlington Drafthouse, 2903 Columbia Pike. After making he joined the cast of NBC's "Saturday Night Live," Breuer became a fan-favorite for his original character "Goat Boy" and his impressions of actor Joe Pesci. Tickets are \$35. Visit www.arlingtondrafthouse.com.

FRIDAY/APRIL 15

Humming House. 7:30 p.m. at FORUM Arlington, 3304 N. Washington Blvd. Humming House is touring to promote their album "Revelries," which was released in 2015. Tickets are \$11.49-16.74. Visit www.forumalrington.org for more.

SATURDAY/APRIL 16

Bark For Life. 10 a.m.-12:30 p.m. at Lubber Run Park, 200 N. Park Drive. The American Cancer Society Bark For Life is a noncompetitive event for dogs and owners to raise funds and awareness to fight cancer. Registration is \$15 per dog and \$10 per human. Visit www.relayforlife.org/

barkarlingtonVA. Spring SOLOS 2016 Opening Reception. 6-9 p.m. at Arlington Arts Center, 3550 Wilson Blvd. Celebrate selected artists Gabriela

Marymount University Reinsch Library, 2807 N. **Glebe Road. Email** mbakker@marymount.edu for more.

> Bulisova, Maggie Gourlay, Adam Hager, Jesse Harrod, R. Mertens, Lauren Rice and Amy Ritter. Free. Visit www.arlingtonartscenter.org.

SATURDAY-SUNDAY/APRIL 16-17

4th Annual Arlington Festival of the Arts. 10 a.m.-5 p.m. at 3003 Washington Blvd. One hundred artists will converge on North Highland Street in Clarendon for a two-day juried outdoor gallery-style art exhibit. A variety of original artwork will be on display and for sale. Free. Visit www.ArtFestival.com.

APRIL 16-JUNE 12

- Spring SOLOS 2016. Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Arlington Arts Center announces its Spring SOLOS 2016 artists. Following a call in early 2015, jurors Melissa Ho, Assistant Curator at the Hirshhorn Museum and Sculpture Garden in Washington, D.C., and Chicago-based artist, Jefferson Pinder, recommended 14 artists for inclusion in center's 2015-16 cohort of SOLOS artists. Free. Visit www.arlingtonartscenter.org for more
- Exhibit: "As You Spread, I am Erased." Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. In her work, Hedieh Javanshir Ilchi explores the notion of "duality," to comprehend her cultural identity as an Iranian-American immigrant and the complexities that emanate from such cultural experiences. Her paintings reflect an interest in the fusion of Western abstraction and Persian Art, with an emphasis on the ornamentations of "Tazhib," or the art of illumination. Free. Visit www.arlingtonartscenter.org for more.
- Exhibit: "Emerging Artists of Vacation Lane." Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. This exhibition features works by a group of six high school seniors: Agnes Cheng, Nathan Dobbins, Nana Gongadze, Salome Gongadze, Marie Johnson and Evan McLean, students in the AP art class at H-B Woodlawn Secondary Program. Free. Visit www.arlingtonartscenter.org for
- **Exhibit: "Jeweled Traditions."** Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. In Jeweled Traditions, paper-cut scenes depict rituals of local families as remembered and enacted by Melanie Kehoss' summer campers at Arlington Arts Center during the summer of 2015. Free. Visit www.arlingtonartscenter.org for more.

♦ Arlington Connection ♦ March 30 - April 5, 2016 10

more

News

Food Trucks Act as Kitchen at Local Breweries

Working together to serve customers.

By Mike Salmon The Connection

t Port City Brewing in western Alexandria, the "pearl," a layered dish of macaroni and cheese, baked beans and barbecue meat, is downed with a micro beer so it's known to bring on a "food coma," of sorts. Port City is one of the many microbreweries that serve no food but rely on independent food trucks that pull up outside for their food source. The "pearl" is the creation of Rocklands Barbecue and Grilling Company, one of the trucks known around the circuit.

"They layer it in a bowl, it's fantastic," said Gina Buchholz, a Port City manager. "After eating it, you need a nap but it's totally worth it," she said.

Food trucks serving microbrewery customers are a work-around that fits the bill at many microbreweries across the area. Ever since the Virginia legislators passed State Bill 604 in May 2012, saying "tastings," were allowed at breweries, the number of breweries across the state multiplied. And people drinking beer need food, and that's where the food trucks come in, like Rocklands that makes regular stops at Port City.

"I think people appreciate having that as an option," Bucholz said.

Alexandria resident Derek Fargino. a Rocklands driver, said the menu "depends on what goes well with beer. We mix it up."

Chadwick Kanney, a student from Roanoke, split a Rockland's pork sandwich and beef brisket with her boyfriend. "We like to hit all the breweries around here," she said.

Julie Drews, manager of the Brew Shop in Arlington, loves the food truck convenience when she's sipping on "craft brew." The Brew Shop sells craft beer and home brewing supplies so Drews has her finger on the pulse of the local brew scene. "It's a cool thing, they don't have to have a kitchen



Gina Bucholz is comfortable behind the bar serving craft brews while the Rocklands truck out front deals with the food.

and deal with all that," she said.

According to Jennifer Guild, public relations specialist at Virginia Alcoholic Beverages Control, SB604 was significant. "Sen. Jeffrey McWaters sponsored Senate Bill 604, which added additional privileges to the brewery license. Brewers formerly were required to obtain a second license to sell beer for off-premises consumption, and they had to obtain a restaurant license in order to sell beer for on-premises consumption. Under the new law, brewers are able to operate more like a Virginia farm winery, with on- and off-premises sales privileges combined into the brewery license," she said.

According to Guild, there is no food requirement to hold a brewery license. "More and more breweries take it upon themselves to invite food trucks and outside food delivery to their facility on higher traffic days," she said.

Both the food trucks and breweries benefit from this arrangement, says Jeff Maisey, publisher/editor of Virginia Craft Beer Magazine, a monthly publication for the brew crafters in the area.

"Breweries want to brew and serve beer to their consumers without the hassle and expense of operating a kitchen/restaurant and food trucks have a captive audience at breweries as patrons get hungry" he said.

Although legitimate restaurants and food



Photos by Mike Salmon/The Connection Neil and Anne Pappalardo frequent the Fair Winds parking lot in Lorton on certain weekends.

trucks have had disputes before, "most breweries are in industrial areas not directly near an established restaurant," said Maisey. This is true with Port City, which is located in a warehouse area. "The breweries in downtown areas make the inclusion of food truck service less likely — as it should be," said Maisey.

In Arlington's newest microbrewery, New District Brewing Company does have a relationship with a nearby food truck vendor, which parks in front of the brewery when it's open.

Localities have adopted rules on the trucks as well. In Alexandria, the City Council adopted regulations last May that allow food truck vending in certain off-street locations, including private property, public property and farmer's markets, with the permission of the property owners. The demand for the additional food choices provided by food trucks was part of its decision.

In August 2015, Arlington launched a pilot program in Rosslyn for food trucks that creates four exclusive zones where vendors can offer restricted curbside lunch spots without having to compete for parking space with other vehicles, similar to an outdoor food court. In Arlington, the designated spots will be active weekdays from 10 a.m. to 2 p.m., giving vendors at least two hours more than they are usually allowed in traditional parking spaces. The program is designed to create pedestrianfriendly food truck access for area workers and residents. The participation is voluntary, meaning food trucks can park in other areas of Rosslyn and the county, provided owners observe the parking rules for those streets.

Rocklands driver Derek Farino stops at the New District Brewing Company as well, and even though it's frequented by other food trucks, there's plenty of business to go around. "We're good friends with the other trucks," he said.

The Urban Bumpkin BBQ is one of the food truck competitors that specializes in handmade fried dough "native/Indian frybread" topped a variety of ethnic treats cooked to order on the truck with wonton wraps. "The breweries have a rotation of different trucks for variety," said Urban Bumpkin BBQ official John Nguyen.

Neil Pappalardo drives his Grand Slam BBQ truck from Manassas to the parking lot of the Fair Winds brewery in Lorton where their big seller is the "Scotch Eggs," a hard boiled egg wrapped in sausage. "I cannot make them fast enough," he said, noting that the brisket and pot roast sandwiches do well at Fair Winds as well. His truck also visits the Vint Hill area in Warrenton.

Mrs. Arlington Puts Spotlight on Child Sexual Abuse



Jen "Elizabeth" Peace www.ConnectionNewspapers.com

n an effort to combat child sexual abuse, Jen "Elizabeth" Peace is using her title as Mrs. Arlington to teach educators, parents

A Mrs. Arlington to teach educators, parents and those with access to children how to recognize and prevent child sexual abuse. In her role as Mrs. Arlington, Peace is raising awareness and teaching a nationally recognized program that addresses child sexual abuse. Over the last several years, she has provided this class to parents, legislators, educators and community members tasked with keeping children safe.

In 2013, Peace started The Pledge campaign in her former hometown of Idaho Falls, Idaho, where then-Mayor Jared Fuhriman joined Sheriff Paul Wilde and then-prosecuting attorney Bruce Pickett in signing The Pledge to end child sexual abuse.

As part of The Pledge, Pickett also agreed to hold the training for all employees and their spouses to prevent child sexual abuse. The training, known as the Darkness to Light Stewards of Children Child Sexual Abuse Prevention training, was taught by Peace — a trained facilitator for the national program.

A resident of Arlington, and as a Mrs. Virginia delegate, Peace is working with the Darkness 2 Light Stewards of Children program to train all public officials, law makers, health care officials and others who are entrusted in making life-lasting decisions for children who have been sexually abused.

Peace will compete for the title of Mrs. Virginia April 22-23 in Spring Hill, Va. The Mrs. America organization is the official state final to Mrs. America, a program that celebrates America's married women and their accomplishments.

Peace is a former TV news anchor who now works as a communications director on Capitol Hill. She is an author, fitness coach, and motivational speaker for teens. She is married to a U.S. Marine, and together they have two children. Peace currently teaches on-camera classes at the Leadership Institute in her spare time and annually volunteers as a judge for the Society of Professional Journalist's Mark of Excellence Awards.

Sports

W-L Sophomore Edelstein Earns Win Against West Potomac

Generals win third straight with 5-4 victory over Wolverines.

By Jon Roetman The Connection

n preparation for its first game in more than a week, the Washington-Lee coaching staff opted to keep staff ace Teddy Herbert off the mound an additional evening so the senior could pitch against Conference 6 rival Yorktown the following night.

Instead, sophomore Ryan Edelstein started on the mound for the Generalson Monday. Facing a West Potomac lineup that includes William & Mary-bound slugger Jamie Sara, W-L's No. 3 starting pitcher gave his team a chance to win — and the Generals capitalized.

Edelstein allowed seven hits over six innings and the Washington-Lee baseball team defeated West Potomac 5-4 in Alexandria.

Edelstein held the Wolverines to one run in five innings before running into trouble in the sixth, when West Potomac tied the score at 4 with a three-run frame.

The Generals scored the go-ahead run on a wild pitch in the top of the seventh, and W-L senior Noah Winslow closed out the game with a scoreless inning of relief.

Edelstein earned the win, allowing four earned runs in six innings. He walked two and struck out three.

"Ryan Edelstein did a good job, I thought," said W-L head coach Doug Grove, who is in his 22nd season with the Generals. "He throws slow, and slower, and then his fastball jumps on them. ... He throws a lot of strikes.

He's about 75 percent strikes ... so far and he can throw three pitches for strikes: his fastball, change and curve ball."

What was Edelstein's approach?

"I was just trying to go at them," he said.

Sports Briefs

Yorktown's Thurman Scores 100th Goal

Yorktown senior midfielder Emma Thurman scored her 100th career goal during the Patriots' second game of the season, a 16-9 loss to Langley on March 17.

Two days earlier, Thurman scored four goals and had three assists, but the Yorktown girls' lacrosse team dropped its season opener to Chantilly 21-20 in overtime on March 15.

Junior Laura Crawford had five goals and two assists against the Chargers. Senior Kate Grattan finished with four goals and sophomore Claire Kuwana had three goals and three assists.

Yorktown will host Broad Run at 7:30 yorktownlax. 12 ARLINGTON CONNECTION MARCH 30 - APRIL 5, 2016



Washington-Lee sophomore pitcher Ryan Edelstein earned the win against West Potomac on Monday, allowing four earned runs in six innings.

"My curve ball was pretty good today and I was able to get it over for strikes. ... I had pretty good fastball command today. I was running a two-seamer on the [corner] and that worked pretty well."

Edelstein allowed just three hits in the first five innings, one of which was a solo home run by West Potomac pitcher/third baseman Brandon Floyd in the second inning.

The Wolverines produced four hits in the sixth inning, including an RBI single by left fielder Patrick Aitken and a two-run single by Floyd, but it wasn't enough.

"We're just not hitting yet," West Potomac head coach Jim Sullivan said. "Anybody who can throw strikes and throw more than just a fastball for a strike is giving us trouble right now."

Floyd, who finished 2-for-3 with a home run and three RBIs, said the Wolverines' approach at the plate was flawed.

"I think a lot of us were too eager to hit [Edelstein's pitches] because of how slow [they were] — no disrespect to him; he was

Yorktown Girls' Lax

The Yorktown girls' lacrosse team will

The clinic is for girls in kindergarten

through eighth grade. Cost is \$45 and no

experience is necessary. Registration can be

atwww.sportability.com/

host its annual youth clinic from 8:30-11:30

to Host Clinic

a.m. on Saturday, April 16.

at 1:45 p.m.

found

throwing really good," Floyd said. "But we were too eager to try to hit the long ball or try to hit it hard somewhere instead of [taking] the [patient] approach and wait on his slow curve ball and his fastball."

Winslow (Lynchburg) picked up the save for W-L, allowing one hit in a scoreless seventh inning.

Washington-Lee took a 2-0 lead in the top of the second with RBI singles from center fielder Chris Brady and left fielder Foster Gray.

The Generals led 2-1 entering the sixth inning before extending their lead to three runs with RBI doubles by shortstop Andy Collins and third baseman Will Stengle.

Collins and Stengle each had two hits for the Generals.

After dropping its first two games of the season, W-L responded with three straight victories, beating Langley, George Mason and West Potomac to improve to 3-2.

Grove said the Generals have improved at the plate.

"When things break for us," he said,

CorePower Yoga To Open Studio

DeDee Cai

orePower Yoga is opening a new studio in Pentagon City at 560 12th Street South. Studio manager DeDee Cai will officially open doors to the brand's fifth Washington D.C. location later this month.

Each CorePower Yoga class is designed to to create an all-inclusive fitness

experience. Offerings range from restorative classes to muscle-sculpting classes. In addition to the daily class schedule, CorePower Yoga offers a Yoga Teacher Training program, along with special



Foster Gray and the Washington-Lee baseball team defeated West Potomac 5-4 on Monday.

"we're pretty good."

West Potomac fell to 2-4. The Wolverines' four losses have come by a combined seven runs.

"Right now, we're just not playing very good, all around," Sullivan said. "There were some plays in the field that I think we should have made today that we didn't make [that] cost us runs. We get runners on base and our No. 1 and 2 batters take called third strikes against [Edelstein]. Those guys aren't going to do that very often, but they did it tonight."

Grove said Herbert (Christopher Newport), Collins, Stengle, senior second baseman Will Burgess (Shepherd) and senior catcher T.R. Sheehy (Navy) are expected to be key players this season for the Generals.

W-L faced rival Yorktown on Tuesday, after The Connection's deadline. The Generals will host defending state champion Madison at 6 p.m. on Friday, April 1, and Colonial Forge at noon on Saturday, April 2.

programs including boot camps, retreats and wellness cleanses.

Class attendees will have access to spa-like amenities including spacious changing rooms with showers and private lockers, and a full retail boutique showcasing a selection of men's and women's activewear and accessories.

Arlington community members can take advantage of the studio's founding rate on Black Tag Memberships. For more information, visit http:// corepoweryoga.com.

www.ConnectionNewspapers.com

p.m. on Wednesday, March 30. The Patriots will compete in the Statesmen Spring Invitational on Saturday, April 2 at Marshall High School, where they will take on Centreville at 8:45 a.m. and West Potomac

HOME SALES In February 2016, 137 Arlington homes sold between \$2,550,000-\$30,000. This week's list represents those homes sold in the \$2,550,000-\$341,000 range. For the complete list, visit www.ConnectionNewspapers.com

				г	or the complete list,	VISIL WWWW	.connectionNewspapers.com
							le Subdivision ROSSLYN
6312 36TH ST N	6 / 5 4	/ / 1 1	2 ARLINGTON 1 ARLINGTON	\$1,705,000	. Detached 0.23 . . Detached 0.23 .	22207 . 22213 .	COUNTRY CLUB ESTATES MINOR HILL
5858 26TH ST N	5 5	5 3	ARLINGTON	\$1,690,000	. Detached 0.21 .	22207 .	BERKSHIRE
							DITTMAR MANOR STRATFORD HILLS
6031 26TH ST N	5 4	4 1	ARLINGTON	\$1,370,000	. Detached 0.14 .	22207 .	BERKSHRIE OAKWOOD
1720 CAMERON ST N	65 2	5() ARLINGTON	\$1,350,000	. Detached 0.18 . Mid-Rise 5-8 Floors	22207 .	HIGHVIEW PARK MEMORIAL OVERLOOK
1505 COLONIAL CT	4 4	4 1	ARLINGTON	\$1,175,000	. Townhouse 0.05 .	22209 .	HIGHGATE
							MINOR HILL CHAIN BRIDGE FOREST
4224 11TH ST N	3 2	2 1	ARLINGTON	\$1,030,000	. Townhouse 0.03 .	22201 .	THE BROMPTONS AT BALLSTON
1015 MCKINLEY RD N	43	31	ARLINGTON	\$965,000	. Detached 0.15 .	22205 .	DOMINION HILLS DONALDSON RUN
1700 KIRKWOOD RD	64	4 () ARLINGTON	\$934,000	. Detached 0.15 .	22201 .	KIRKWOOD TERRACE
5729 19TH ST N	3 3	3 1	ARLINGTON	\$930,000	. Detached 0.14 .	22205 .	WESTOVER
							ARLINGTON HEATHER HEIGHTS
							WAYCROFT
							LYON VILLAGE MARCEY CREEK
841 31ST ST S	4 4	4 () ARLINGTON	\$840,000	. Detached 0.33 .	22202 .	OAKRIDGE
							DOMINION HILLS PIKE 3400
3413 17TH ST S	43	3 3	ARLINGTON	\$815,000	. Detached 0.18 .	22204 .	DOUGLAS PARK
							DOVER OAKCREST
1864 PATRICK HENRY DR N	4 2	2 () ARLINGTON	\$805,000	. Detached 0.21 .	22205 .	TARA-LEEWAY HGTS
1121 LINCOLN ST S	44	4 2	2 ARLINGTON	\$804,684	. Townhouse 0.02 . Hi Rise 0+ Floors	22204 .	PIKE 3400 ARLINGTON
2428 OHIO ST N	3 2	2 () ARLINGTON	\$779,000	. Detached 0.12 .	22207 .	BERKSHIRE OAKWOOD
2643 ARLINGTON RIDGE RD	42	2 1	ARLINGTON	\$747,000	Detached 0.25 .	22202 .	ARLINGTON RIDGE CHERRYDALE
							CHERRYDALE BALLSTON
3845 CHESTERBROOK RD	3 3	3 () ARLINGTON	\$725,000	. Detached 0.20 .	22207 .	COUNTRY CLUB GROVE
6100 111H RD N 1118 TAYLOR ST #2	3 1 3 2	1 2 :	L ARLINGTON L ARLINGTON	\$722,500	. Detached 0.16 . . Townhouse	22205 . 22201 .	MADISON MANOR BALLSTON
3447 25TH CT S	3 2	2 2	2 ARLINGTON	\$720,000	. Townhouse 0.06 .	22206 .	BOWMANS HILL
1811 24TH ST S 613 EMERSON ST	3 2 3	22	2 ARLINGTON) ARLINGTON	\$710,000 \$710,000	. Townhouse 0.04 . Detached 0.13	22202 . 22203	FOREST HILLS BRANDON VILLAGE
804 COURTHOUSE RD	3 3	3 () ARLINGTON	\$690,000	. Detached 0.13 .	22204 .	
2660 KENMORE CT	33	31	ARLINGTON	\$689,900	. Townhouse 0.02 . Mid Rise 5.8 Floors	22206 . 22201	SHIRLINGTON CREST
1020 HIGHLAND ST #504	2 2	2 () ARLINGTON	\$655,000	. Hi-Rise 9+ Floors	22201 .	
							DUNDREE HILLS THS ARLINGTON FOREST
1276 WAYNE ST #909	2 2	2 () ARLINGTON	\$640,000	. Hi-Rise 9+ Floors	22201 .	
4377 LEE HWY	3 2	2 2	2 ARLINGTON	\$617,000	. Townhouse	22207 .	VERMONT PACE
382 EDISON ST N	3 1	1 () ARLINGTON	\$610,000	. Detached 0.18 .	22203 .	ARLINGTON FOREST
1805 CRYSTAL DR #708S 1	2 2	2 () ARLINGTON	\$600,000	. Hi-Rise 9+ Floors	22202 .	CRYSTAL PARK CONDOMINIUM
							DOMINION HILLS HAWTHORN
1600 OAK ST N #1816	2 2	2 () ARLINGTON	\$575,000	. Hi-Rise 9+ Floors	22209 .	THE BELVEDERE
1645 HAYES ST S #1 1554 12TH ST S	3 2 6 2	21	I ARLINGTON ARLINGTON	\$572,000 \$559,000	. Townhouse Duplex 0.10	22202 . 22204	SOUTHAMPTON SOUTHGATE
2400 CLARENDON BIVD #305 1	2 2	2 () ARLINGTON	\$544,000	. Hi-Rise 9+ Floors	22201 .	CHARLESTON
							ARLINGTON STATION SQUARE
2200 N WESTMORELAND ST #413	2 2	2 () ARLINGTON	\$530,000	. Mid-Rise 5-8 Floors	22213 .	THE WESTLEE
							WESTOVER FAIRVIEW MEWS
							LAUREL MEWS
							LEXINGTON SQUARE DOUGLAS PARK
2109 BRANDYWINE ST N	2 2	2 () ARLINGTON	\$499,000	. Townhouse 0.03 .	22207 .	GLEBEWOOD VILLAGE
							COLUMBIA FOREST DOMINION HEIGHTS
2037 GLEBE RD	3 2	2 () ARLINGTON	\$480,000	. Townhouse 0.00 .	22204 .	IDX-PUB
4672 34TH ST S	2 2	2 () ARLINGTON	\$460,000	. Townhouse	22206 .	FAIRLINGTON MEWS
							HYDE PARK WINDSOR PLAZA
3435 STAFFORD ST S #B 1	2 2	2 () ARLINGTON	\$450,000	. Townhouse	22206 .	FAIRLINGTON MEADOWS
							ARLINGTON HEIGHTS/ WESTMONT
3946 9TH RD S	2 3	3 1	I ARLINGTON	\$432,000	. Townhouse	22204 .	DUNDREE KNOLLS
							THE ECLIPSE ON CENTER PARK WILLIAMSBURG
							OLDE FACTORY FAIRLINGTON VILLAGES
851 GLEBE RD N #203	1 1	1 () ARLINGTON	\$403,000	. Hi-Rise 9+ Floors	22203 .	CONTINENTAL
							FAIRLINGTON COMM
							THE PHOENIX WEST VGE AT SHIRLINGTON
2750 S. BUCHANAN ST	2 2	2 () ARLINGTON	\$398,000	. Townhouse	22206 .	FAIRLINGTON
							BALLSTON PARK CONDO
2441 NELSON ST S	3 2	2 () ARLINGTON	\$390,000	. Townhouse 0.08 .	22206 .	FT BARNARD HTS
							CONCORD MEWS ECLIPSE
3830 9TH ST N #707W	1 1	1 () ARLINGTON	\$360,000	. Hi-Rise 9+ Floors	22203 .	LEXINGTON SQUARE
3/06 KEMPER RD 2105 EMFRSON ST	3 1 3 1	1 1 2 1	L ARLINGTON	\$360,000 \$360,000	. Duplex 0.06 . . Detached 0.08	22206 . <u>22</u> 207	FORT BARNARD HEIGHTS ARLINGTON
801 GREENBRIER ST #420 2	2 2	2 () ARLINGTON	\$350,000	. Garden 1-4 Floors	22204 .	SIERRA CONDOMINIUMS
							WESTLEE HEATHERLEA
					Contract MDI		

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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

APRIL

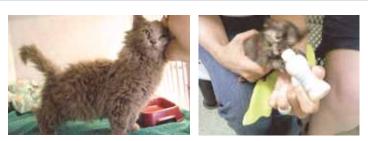
4/13/2016Real Estate Pullout – New Homes
4/20/2016A+ Camps & Schools
4/27/2016A+ Camps & Schools Pullout
4/27/2016Mother's Day Celebrations,
Dining & Gifts I
4/27/2016Spring Outlook 2016
MAY
5/4/2016McLean Day Pullout
5/4/2016Mother's Day Dining & Gifts II
5/4/2016 Wellbeing
Mother's Day is May 8
5/11/2016HomeLifeStyle
5/18/2016A+ Camps & Schools, Proms,
Summer Planning
Memorial Day is May 30
5/25/2016Summer Fun, Food, Arts & Entertainment

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Cats benefit from being in a foster home. We need long- and short-term fosters for cats of all ages, mothers with litters and kittens on their own. Email cats@lostdogrescue.org.









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