

Abigail Killian, 7, of Fairfax sits with the Easter Bunny during the City of Fairfax's annual Easter Egg Hunt at Van Dyke Park in Fairfax.

ENTERTAINMENT, PAGE 8 ♦ SPORTS, PAGE 12 ♦ CLASSIFIED, PAGE 14

PHOTO BY STEVE HIBBARD/THE CONNECTION

## Easter Egg Hunt Draws Record Crowd

NEWS, PAGE 4

### Songs, Dances and Fun for Everyone

NEWS, PAGE 5

### Girl Scout Shows Other Teens How to Fix Stress

NEWS, PAGE 10

# Free Community Shred Day

**COLDWELL  
BANKER**

RESIDENTIAL BROKERAGE

**4000 Legato Rd., Suite 100**

**Fairfax, VA 22033**

**SATURDAY, APRIL 16, 2016  
9:00 AM – 12:00 PM**

Coldwell Banker Residential Brokerage, Fairfax invites you to bring your personal papers for shredding! It's the best way to protect your identity and all the paper we shred gets recycled! No CDs or credit cards.

For information, call: 703-691-1400



Making sure it's secure.™



## AREA ROUNDUPS

### Robinson Considers Interior Security Cameras

Robinson Secondary School was scheduled to host a parent information night March 30 to discuss the possible installation of surveillance cameras inside the building.

The cameras would not be monitored at all times, but provide reviewable video evidence for investigations of incidents that occur in the school. "The primary reason for installation of interior security cameras is for greater security for staff and students," a release from the school said.

As proposed, installation would take place over two years, with the first cameras activated by start of school in September 2016.

The Fairfax County School Board approved optional use of cameras for surveillance inside school buildings in 2011.

Additional information is available at <http://www.fcps.edu/RobinsonSS/documents/security-camera-faqs.pdf>

Anyone unable to attend the March 30 meeting can submit input using an online form located at <http://goo.gl/forms/gDjXOmwwT2>.

—TIM PETERSON

### Glory Days Grill Celebrates 20th Anniversary

Glory Days Grill celebrates its 20th anniversary as the neighborhood sports restaurant.

Opening its first restaurant on April 16, 1996 in Burke, the company has grown to 26 company owned and franchised restaurants in Virginia, Maryland, West Virginia and Florida, with more planned.

The twentieth anniversary celebration will begin in April and last throughout the remainder of the year. All Glory Days Grill restaurants in Northern Virginia, Maryland and West Virginia will feature a "20 for 20" appetizer platter and a Twentieth Anniversary Ale brewed specially for the company by Fordham & Dominion Brewing Co. – both for a limited time.

They will also kick off the baseball season with "Pass the Ball", a game played at the bar for guests during selected games, featuring prizes when the home team scores hits and homeruns.

The first restaurant located in Burke will host its Anniversary Celebration on Wednesday, April 20, featuring specials, games, prizes and giveaways.

## - ATTENTION - Fairfax County Public School Employees

If you are a participant in the **Fairfax County Public Schools 403(b) Plan**, we would like to speak with you about our investigation of the fees charged on your **Great-West Mutual Funds**.

Please call:

**Mark Boyko**

Law Offices of

**SCHLICHTER BOGARD & DENTON, LLP**

**(800) 873-5297**

*(Missouri Licensed Attorneys)*

**100 South 4<sup>th</sup> Street  
St. Louis, MO 63102**

The choice of a lawyer is an important decision and should not be based solely upon advertisement

## More Mindful, Less Lethal

New decision-making training meant to alter how police officers approach use of force.

BY TIM PETERSON  
THE CONNECTION

**M**aking decisions can be instinctual, from the gut. It can also be practical and informed, coming to the best judgement considering all variables. For police officers responding to calls where there might be a threat of violence to civilians and or themselves, their decision whether to use force and which type to neutralize the situation quickly must be a hybrid.

In Fairfax County, Police Chief Edwin C. Roessler, Jr. has begun implementing a policy change in use of force decision-making that mandates officers “use time as leverage” and attempt to slow their reaction to a situation in order to engage a supervisor and better consider the subjects with whom they’re dealing.

A recent example Roessler gave is the March 2 barricade incident where 19-year-old Sayed Robbie Javid of Alexandria came out of his home carrying what police said appeared to be a pistol but was later found to be a starter revolver. After he initially refused commands to surrender, officers used “less-lethal force” including firing a 40mm rubber bullet and bean bag shotgun, as well as the K9 unit to apprehend him.

“Deployment of deadly force would’ve been legal three times in my opinion,” Roessler said at a media event held at the Fairfax County Criminal Justice Academy in Chantilly on March 29. But in this case, Roessler said officers successfully followed the new policy by calling in a supervisor, taking a deep breath, assessing the scene and slowing it down.

“Preserving the sanctity of human life” is the end goal, he said, which the officers accomplished.

**ROESSLER** said this “re-engineered” concept for critical use of force decision-making has been in development since he took charge of the department in July 2013. He sought input from the Washington, D.C.-based policy organization Police Executive Research Forum, visited Police Scotland and worked with the vendor Polis Solutions to craft a plan for the Fairfax County force.

In June, 2015, PERF executive director Chuck Wexler presented the organization’s 71 recommendations at a meeting of the Fairfax County Ad Hoc Police Practices Review Commission, including changing critical decision-making policy. Many of PERF’s suggestions were folded into the 142 recommendations the commission would eventually make to the Board of Supervisors. Those were broken down into categories including use of force, communications and mental health.

“This is a department that wanted to get better,” Wexler said at the March 29 meeting. “They embraced the ideas, which are not risk-free.”

One reporter asked whether the new model that calls for more factors to be con-



Officers confront a virtual scenario where a woman becomes involved in a bar-beating.

PHOTOS BY TIM PETERSON/THE CONNECTION



Board of Supervisors Chairman Sharon Bulova

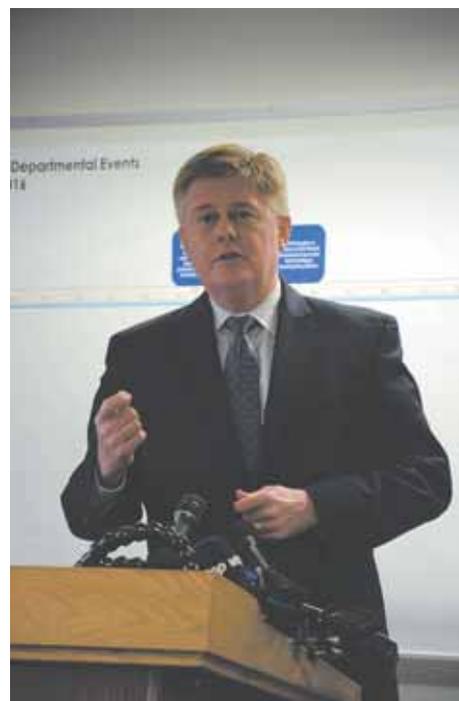
**“I was very impressed at the speed at which we’ve been able to implement a culture change.”**

—Board of Supervisors Chairman Sharon Bulova

sidered before taking forceful action, as well as bringing in a supervising officer, creates a safety concern for officers who otherwise might have been more decisive in less time.

“That’s not the reality here,” Roessler answered, saying that officers were involved in customizing the training program and that care was taken to ensure the new policy wouldn’t be unsafe.

Lieutenant Matt Owens of the Sully Dis-



Supervisor and Public Safety Committee Chair John Cook (R-Braddock).

trict station said he and other officers have been coming into the new training with open minds and “don’t feel less safe at all.”

Board of Supervisors Chairman Sharon Bulova applauded the “drastic and impressive” development in mindset and thought process of how officers respond to critical situations. “I was very impressed at the speed at which we’ve been able to implement a culture change,” she said.

Supervisor and Public Safety Committee Chair John Cook (R-Braddock) said that while the training is making the role of the police officer more complicated — asking them to be social workers and sociologists, among others — he’s excited for the county to be on the “cutting edge” of 21st-century policing.

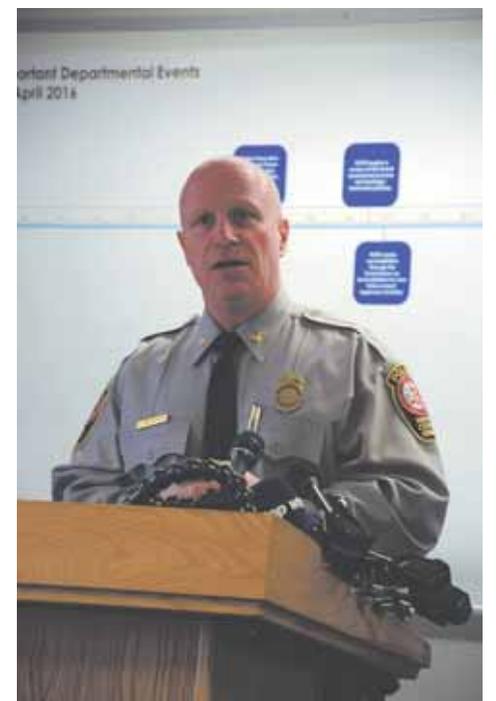
“In Fairfax County,” he said, “we strive to be the best.”

Media observed two training modules for officers that were supposed to reflect the policy change. One was a room with a projection on the wall showing a potential scene officers might encounter in the field, such as a suspicious man walking around a suburban neighborhood or a bar fight.

**THE OFFICERS** were able to essentially interact with pre-recorded video clips to work through each scenario and decide whether or which type of force would be necessary, be it pepper spray, baton, taser or firearm. Practicing communication, before using force, with subjects in context was a key part of the exercise.

Afterward an instructor would review the crucial factors that led to the use of force decision, asking the officers to justify their actions.

Lieutenant Owens called the virtual training “invaluable” for helping keep officers’



Chief of Police Edwin C. Roessler, Jr.

verbal compliance skills sharp. “It’s as close to real life as it gets.”

The second module involved officers entering the home of a man who was potentially an “emotionally disturbed person.” In the scenario, the man’s sister had called police reporting that her brother was suicidal. Upon entering the home, officers saw that the man was sitting on a couch with a large knife close by on an end table.

Officers then practiced moving the knife away and talking the man through his options for evaluation and treatment at the Merrifield health center (or Fairfax-Falls Church Community Services Board).

Instructor Master Police Officer Peter Davila said the exercise was an extension of Crisis Intervention Team training. The goal, he said, is to “mitigate any potential for force, focus on communication, de-escalation and talk to the individual as a human being.”

# Easter Egg Hunt in City of Fairfax

Thousands come out in search of Easter eggs at Van Dyke Park.

More than 4,500 people attended the eighth-annual City of Fairfax Easter Egg Hunt at Van Dyke Park and the Sherwood Community Center on Saturday, March 26. Sponsored by Combined Properties, the Egg Hunt was divided into three age categories: ages 2-4, 5-7, and 8-10, and included other recreational games. Some of the city vendors were Paint Your Own Pottery, Inside Scoop ice cream and Doug the Food Dude.

"As you know, we put on great events in the City of Fairfax and today was no exception," said Mayor Scott Silverthorne. "This is the largest turnout we've had. I even brought in six of my great nieces and neph-



Spectators line up at Van Dyke Park in the City of Fairfax for the Easter Egg Hunt to begin.

ews. We know how to put on great events in the City of Fairfax."

"This is huge; this is enormous," said Jo Ormesher, Cultural Tourism and Marketing director for the City of Fairfax. "It's so exciting to see all these families today out having fun. This is the biggest number we've ever had; I've never seen as many people as this."

"It's a fabulous event and one we're pleased to be associated with. It really serves the Fairfax community," said Linda Dreyer of Combined Properties, which operates four shopping centers in the City of Fairfax.

"Thanks to Combined Properties, the numbers have exceeded our expectations. It's a wonderful family event with lots of things to do for free," said Cathy Salgado, director of Parks and Recreation for the City of Fairfax.

— STEVE HIBBARD

PHOTOS BY STEVE HIBBARD/THE CONNECTION



Annabelle Suarez, age 3, of Fairfax with her Easter egg basket.



Gabriel Shibly, age 3, of Fairfax with his Easter egg basket.



Logan, age 2, and Caiden Polinsky, age 7, of Fairfax.



Parsa, age 3 1/2, and Tandis Gahanmir, age 5, of Fairfax with their Easter basket.



Front, Che Hin, 4 1/2, back from left, Christy Chau, 9, Meilin Lueng, 8 1/2, of Fairfax, fill their baskets with treats and other goodies during Eggstravaganza at the Fairfax County Government Center.



Even the adults got in on the fun. From left, Nidhi Verma, Surbhi Batra and Mahua Mitra, of Fairfax, pose with the Easter bunny.

## In Fairfax, Eggstravaganza Brings Community Together

The grounds of the Fairfax County Government Center was filled with bouncing children, hopping Easter bunnies and rolling eggs on Saturday, March 26 for Jubilee Christian Center's Eggstravaganza.

Lead pastor Bill Frasnelli said that the secular aspect of today's Easter celebrations is a platform to draw people together for community. "I think that using the Easter bunny and using the eggs and those things, it's a tool like Jesus used loaves and fishes to help people relax and then hear what He had to say."

At the halfway point of Eggstravaganza, Frasnelli gathered the participants to hear Jordan Hinkle sing "This Little Light of Mine." Then, he

called for volunteers from the audience to deliver a message about sin and redemption.

This is the eighth year Jubilee Christian Center has held the free event. Children and families enjoyed activities, such as Easter egg rolls by age groups, carnival games, balloon animals, turns at the moon bounce and temporary tattoos. There were also raffles and door prizes.

"It's a happy event and a time of new beginnings," said pastor's wife Mary Frasnelli.

Jubilee Christian Center is located at 4650 Shirley Gate Road, Fairfax. For more information, go to [jccag.org](http://jccag.org).

—ABIGAIL CONSTANTINO



Victoria Bowser, 3, of Fairfax, jumps around in the moonbounce during Jubilee Christian Center's Eggstravaganza on Saturday, March 26.

PHOTOS BY ABIGAIL CONSTANTINO/THE CONNECTION

Arya Shah, 3, and Tina Pham, Fairfax, partake in the fun of Eggstravaganza on Saturday, March 26 on the grounds of the Fairfax County Government Center.





PHOTO COURTESY OF EILEEN CURREN

(From left) Caleigh Davis plays Harriet and Abby Rozmajzl plays Emma in Paul VI's "Emma, a Pop Musical."

# Songs, Dances and Fun for Everyone

## Paul VI presents 'Emma, a Pop Musical.'

BY BONNIE HOBBS  
THE CONNECTION

With Director Katherine Miller likening it to a "Disney-Channel movie," Paul VI High will present "Emma, a Pop Musical," April 8-10. This musical comedy is set in modern day and is chock full of Top 40 hits through the decades.

"It's a riff on the Jane Austen novel, 'Emma,' which later became the movie, 'Clueless,' and this is a musical version," said Miller. "It's set in Highbury High, a boarding school. Emma is the matchmaker for her friends, but doesn't recognize love for herself. She matches up everyone with the wrong people, but it all turns out fine in the end."

The cast and crew of 70 has been rehearsing since February – and having a great time. "The actors are very lively and talented and are enjoying the music," said Miller. "And they're having such fun performing something modern, not a period piece. For their costumes, they're mainly raiding their own closets."

Describing the show "light and frothy," she said it's a teen musical, but one all ages will enjoy. There's lots of singing and dancing, with 24 songs ranging from "Going to the Chapel" to "Girls Just Wanna Have Fun," "Be My Baby," "Heartbreaker," "Unwritten" and "Roar."

"The audience will love the wide spectrum of music, and it's a quick show," said Miller. "Emma – who thinks she's got the world figured out – learns the world may have other plans."

**PLAYING EMMA**, a senior like herself, is Abby Rozmajzl. "Emma put two teachers together and they found true love, so she thinks she has a gift for matchmaking," explained Rozmajzl. "She then focuses on Harriet, a sophomore who caught the bouquet at the teachers' wedding."

Rozmajzl said Emma genuinely wants to help other people and isn't seeking praise for it. "She's a popular girl, but not a stereotypical one; she's a nice girl with a good reputation," said Rozmajzl. "She's outgoing, has a bubbly, cheerful personality and tries to be the best she can."

Noting how different she is from Emma in real life, Rozmajzl called Emma more of a "valley-girl-type," but playful and self-confident. "It's difficult being in high school, playing a high-schooler; you have to be careful not to overact," she said. "But I love playing her because I get to run around and be a huge ball of energy, the entire show. Emma also has a soft spot and comforts her friends when they're down."

Rozmajzl's favorite number is "King of Anything," which she performs with a character named Jeff. "We have a singing faceoff and taunt each other while bonding like friends do," she said. "We just get to be ourselves and have a playful chemistry onstage, and the dance we do to it is so much fun."

SEE PAUL VI, PAGE 11

## Home of the \$6,850 Bathroom Remodel

From Now to WOW in 5 Days Guarantee

### TWO POOR TEACHERS

Kitchen and Bathroom Remodeling

10% down  
nothing until the job  
is complete for the  
past 17 years



Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed Since 1999



Free Estimates

703-999-2928

Visit our website: [www.twopoorteachers.com](http://www.twopoorteachers.com)

GOING ON NOW

## Miracle-Ear 5 Day Special Factory Event



Live Demonstrations While You Visit, Hear For Yourself, Today!



New GENIUS™ technology provides you up to **25% BETTER SPEECH RECOGNITION** in challenging listening environments than people with normal hearing.\*

LEARN MORE ABOUT GENIUS™ TECHNOLOGY

\*Studies conducted at the University of Northern Colorado (2014) and Oldenburg Hochschule (2013) showed that Speech Reception Thresholds (SRT) in cocktail-party situations improved up to 2.9 dB for wearers with mild to moderate hearing loss using GENIUS with Directional Focus, compared to people with normal hearing. This corresponds to over 25% improvement in speech understanding.

5 Days Only! Meet our Miracle-Ear Manufacturer Expert Brad Richards  
**Time Sensitive Offer**  
Limited Appointments Available

Monday  
April 4

Tuesday  
April 5

Wednesday  
April 6

Thursday  
April 7

Friday  
April 8



FREE \$25  
TARGET  
GIFT CERTIFICATE

Limit one free gift card per family. No obligation to purchase. Must bring 3rd party. FREE Hearing screening must be completed. Does apply to prior purchases. New customers only, must be 55 years or older. OFFER EXPIRES 04/30/16

We are giving away Gift Certificates!

FREE

Hearing Aids for Federal Workers with BC/BS Coverage. Blue Cross Blue Shield federal employee insurance pays total cost for 2 Miracle-Ear Audiotone Pro ITE's

GENIUS™ Products!  
Rechargeable Hearing Aids  
- Battery Charge Lasts All Day!  
- No Batteries to Buy!



Almost Invisible! These are NOT your Parent's hearing aid!  
\* On Approved Credit

## MIRACLE-EAR OF NORTHERN VIRGINIA

3930 Walnut St., Suite 240  
Fairfax, VA 22030  
703-273-5005

6190A Old Franconia Rd.  
Alexandria, VA 22310  
703-888-3425

2 Pidgeon Hill Dr., Suite 150  
Sterling, VA 20165  
571-325-2424

## Money to Treat Addiction, Mental Health Issues

Poor people without health insurance in Virginia are being unnecessarily tortured, in some cases to death, by a General Assembly that refuses to expand Medicaid. They deny healthcare to as many as 400,000 Virginians despite the fact that for the first three years, there would be no additional cost to the Commonwealth, and after that Feds would pay at least 90 percent of the cost.

A new report released on Monday by the U.S. Department of Health and Human Services points to an area beyond preventative medicine and primary care. According to the report, in Virginia, 102,000 uninsured people with a mental illness or substance use disorder could qualify for coverage if Medicaid were expanded under the Affordable Care Act. The report estimates that more than a third of low income people in Virginia without health insurance have “behavioral health” needs.

As Virginia and the rest of the nation wrestles with huge growth in heroin and opioid addiction, expanding Medicaid would allow for expanding treatment programs. One of the big obstacles to helping people who are fighting addiction is the availability of treatment when

it is most needed. People die as a result. In Northern Virginia, heroin-related deaths increased 164 percent between 2011 and 2013. In Fairfax County, in just one year – from 2013 to 2014 – the number of deaths from heroin overdose doubled. Virginia is one of 14 states identified in a recent Centers for Disease Control reports with significant increases in overdose deaths in the last few years. Nationally, heroin overdose death rates increased by 26 percent from 2013 to 2014 and have more than tripled since 2010, according to the CDC. A mind boggling statistic: In 2014, there were approximately one-and-a-half times more drug overdose deaths in the United States than deaths from motor vehicle crashes.

Turning away resources to treat this eviscerating epidemic ensures that some people who need treatment but cannot access it will die. Turning away this money makes no more sense than sending back federal funding for building rail to Dulles.

Depression and other mental health disorders result in significant economic cost as well. This week’s HHS report estimates that if Virginia expanded Medicaid, 16,000 fewer individuals would experience symptoms of depression, which would make them far more likely

to be able to work.

Under the Affordable Care Act, states have the opportunity to expand Medicaid coverage to individuals with family incomes at or below 138 percent of the federal poverty level.

### Get involved, Budget

Next week, Fairfax County residents will have three opportunities to weigh in on what has so far been a fairly contentious budget season.

Sign up to attend a public hearing at the Fairfax County Government Center on the proposed FY 2017 Budget:

- ❖ April 5, beginning at 4 p.m.
- ❖ April 6, beginning at 1 p.m.
- ❖ April 7, beginning at 1 p.m.

Email your feedback and comments to [dmbinfo@fairfaxcounty.gov](mailto:dmbinfo@fairfaxcounty.gov) through mid-April, be sure to copy the Connection to have your comments be considered as a letter to the editor, [editors@connectionnewspapers.com](mailto:editors@connectionnewspapers.com),

More information on the budget, and a link to sign up to speak can be found at

<http://www.fairfaxcounty.gov/news2/many-ways-to-provide-your-input-on-the-fy-2017-budget/>.

EDITORIAL

## Progress on Ad Hoc Commission Recommendations

Thoughtfulness and deliberation should not be construed as resistance or foot dragging.

BY SHARON BULOVA  
CHAIRMAN, FAIRFAX COUNTY BOARD OF SUPERVISORS

Fairfax County is fortunate to be the safest jurisdiction of its size in the country. This is the result of many factors including a superior public safety system. Our first responders – police, fire and EMS – enter harm’s way every day in order to keep this county safe. For that, we as public officials owe them gratitude and respect.

Fairfax County is committed to finding ways to enhance and improve how we serve our community, especially when it comes to building public trust between our residents and our public safety family. I created the Ad Hoc Police Practices Review Commission just over a year ago in order to enhance the public trust. The commission met for seven months and adopted a slate of recommendations in mid-October. A tremendous amount of progress has already taken place to implement many of these recommendations.

As was covered by this paper ([www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)) all sworn patrol officers have completed the classroom portion of the training for a new critical decision-making process for the Fairfax County Police Department, and the scenario-based practical portion is underway. It emphasizes de-escalation and sanctity of all human life,

two key underlying aspects of the Ad Hoc Commission’s recommendations. The training includes seven core principles: be balanced; be real; control yourself to control others; be smooth; be empathetic; create lasting positive effects; never humiliate. Chief Roessler has made annual training in this process a priority.



The Police Executive Research Forum (PERF) has asked FCPD to help design a national syllabus based on the FCPD’s efforts.

The Chief of Police has reorganized the Police Department’s Public Information Office which is now called the Public Affairs Bureau (PAB). The PAB will increase transparency through more robust communications to the community, and the department is in the process of hiring a civilian director of the PAB.

A tremendous amount of progress has been made (and shared with the public) on implementing recommendations related to mental health. For more information on the establishment of Diversion First, including the establishment of the Merrifield Crisis Response Center you can go to <http://www.fairfaxcounty.gov/diversionfirst/>. The ongoing implementation of Diversion First covers numerous Ad Hoc Commission recommendations. Fairfax County’s Advertised Budget for FY2017 includes \$7.5 million for the mental health diversion program Diversion First and for a number of recommendations made by PERF and the commission.

During the months ahead our board will continue work toward the implementation of additional commission recommendations, specifically, the establishment of an Office of Independent Police Auditor, as well as an Independent Civilian Review Board. Anyone interested in following the board’s progress is welcome to attend our Public Safety Committee meetings.

This is a committee of the whole — all Board of Supervisors are the members. Meetings are held at the Government Center in Rooms 9/10 and are open to the public. The next meeting will be held on May 10 and will focus on the use of force and communications recommendations. Representatives from PERF will be present. The PERF Use of Force report can be found on the county website (<http://www.fairfaxcounty.gov/policecommission/materials/fairfax-county-police-dept-final-report-june19.pdf>). The PERF report on communications will be completed and distributed by mid-April, prior to the Public Safety Committee meeting. The next meeting of the Public Safety Committee meeting will be on July 19 at 1 p.m. and will focus on the civilian oversight recommendations.

I am proud of the work that has been done since the Ad Hoc Commission delivered its report to the Board of Supervisors in October. Important culture changes are being made that require a thoughtful and deliberate approach; thoughtfulness and deliberation should not be construed as resistance or foot dragging. Our board and our Police Department are fully committed to changes and enhancements that I believe will result in Fairfax County becoming a model for enlightened and effective community policing.



# BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

## SATURDAY/APRIL 2

**Breathe Out.** 10 a.m.-2 p.m. Fairfax United Methodist Church, 10300 Stratford Ave., Fairfax. Breathe Out has been developed to address teen stress. Registration required. breatheoutnow.wix.com/goldaward.

**Donation Drop-Off.** Noon-3 p.m. The Historic Sydenstricker Schoolhouse, 8511 Hooes Road, Springfield. Community drop-off for household items, clothing, etc. to be sold at

upcoming yard sale. Donations tax-deductible. sydenstrickerschoolhouse.org.

**Town Hall Meeting on Climate.** 1 p.m. Unity Church of Fairfax, 2854 Hunter Mill Road, Oakton. By Faith Alliance for Climate Solutions and Interfaith Power and Light. Titled "Working Faithfully with Our Leader on Climate Solutions." For registration information go to gwipl.org or faithforclimate.org.

## SUNDAY/APRIL 3

**Richmond Wrap-Up.** 2-4 p.m. Virginia International Conference Room, 4401 Village Drive, Fairfax. Learn what your area legislator did during the Virginia General Assembly. Hear from state legislators. Bring your questions. Join the

discussion. For more information go to s-a-l-t.org/ or call 703-591-7042 ext. 352.

**Plant NoVA Natives.** 2-4 p.m. NVRC Office, 3040 Williams Drive, Suite 200, Fairfax. Learn about native plants and to be a Plant NoVA community leader. https://www.novaregion.org/. 703-642-0700.

## MONDAY/APRIL 4

**Citizen Town Hall Meeting.** 7 p.m. Sangster Elementary School, 7240 Reservation Drive, Springfield. Elizabeth Schultz, School Board Member, invites parents, students and community members to a Town Hall meeting to discuss interests, issues and concerns in the Springfield District. 571-423-1055.



## PUBLIC NOTICE

### Transform 66 Inside the Beltway Project Arlington County, City of Falls Church and Fairfax County

The Virginia Department of Transportation (VDOT), in partnership with the Virginia Department of Rail and Public Transportation (DRPT), proposes to convert I-66 inside the Beltway between I-495 (the Capital Beltway) and Rosslyn, to variably-priced toll lanes and extend the existing a.m. and p.m. High Occupancy Vehicle (HOV) periods from a 2.5-hour window to a 4-hour window between 5:30 a.m. and 9:30 a.m. traveling eastbound and 3:00 p.m. and 7:00 p.m. traveling westbound to better manage the travel demand in the corridor. Beginning in 2017, Single Occupancy Vehicles (SOVs) will be allowed to use the lanes during the restricted hours by paying a toll, and vehicles with two or more occupants (HOV-2+) will not be tolled. Beginning in 2021, which is consistent with the opening of the express lanes project along I-66 outside the beltway, both SOVs and vehicles with two occupants (HOV-2) will be required to pay a toll to use the lanes, and HOV-3+ will not be tolled.

In accordance with the National Environmental Policy Act (NEPA) and 23 CFR 771, a Categorical Exclusion (CE) has been prepared in cooperation with the Federal Highway Administration for an electronic tolling system under the federal Value Pricing Pilot Program. In compliance with the National Historic Preservation Act, Section 106 and 36 CFR Part 800, information concerning the potential effects of the proposed project on properties listed in or eligible for listing in the National Register of Historic Places is also provided in the environmental document.

Review the environmental documentation on the project website, www.Transform66.org, or at the VDOT Northern Virginia District Office located at 4975 Alliance Drive, Fairfax, Virginia, 22030. Please call ahead at 800-FOR-ROAD (800-367-7623) or TTY/TDD 711 to ensure the availability of appropriate personnel to answer your questions.

Submit your written comments about the environmental document by April 15, 2016 to Amanda Baxter, Special Projects Development Manager, at the address noted above or by e-mail to Transform66@VDOT.Virginia.gov. Please reference "Transform 66 Inside the Beltway" in the subject line.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights at 703-259-1775 or TTY/TDD 711.

State Project: 0066-96A-358, P101 (UPC: 107371)



**LISA CLAYBORNE**  
703-502-8145  
703-675-5461

E-mail: [Claybornelisa@aol.com](mailto:Claybornelisa@aol.com)

[Lisaclayborne.com](http://Lisaclayborne.com)

### Balmoral Greens "Yorktown Model" on 1.43 Acres \$1,084,000



Bright and open 5 bedroom, 5 bath and 2 half bath estate, over 6,600 sq ft sited on 1.43 acres. Huge granite kitchen, new appliances, large island and a bright morning room. Private entry mud room and laundry center with a half bath. Hardwood flooring on the first level, large family room, 3 fireplaces and a first floor library. Elegant master suite

with a large sitting room and a relaxing fireplace. Luxurious master bath and huge dual closets. Finished lower level with a full bedroom and bath, wet bar, billiard room. Large deck overlooking an open treed lot and a three side entry garage. A must-see! Call Lisa for a private showing 703-675-5461 cell/703-502-8145 office. 13704 Balmoral Greens Ave. Clifton, Va 20124. Lee Highway West, Left on Union Mill Road cross over Compton Road follow Balmoral Greens Ave. to 13704.

## AWARD-WINNING MAIN-LEVEL REMODELED HOME TOUR

Saturday, April 9<sup>th</sup>, 12pm-4pm

7521 Cannon Fort Drive, Clifton, VA



### REINVENT YOUR HOME TO ENRICH YOUR LIFE

Come see first hand how redesigning existing space created better function, flow, and light in this remodeled home.

**THIS IS A MUST-SEE REMODELED HOME!**



Major Remodels • Additions • Kitchens  
Baths • Basements • Outdoor Spaces  
703.425.5588 SunDesignInc.com



## SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

### APRIL

4/13/2016.....Real Estate Pullout – New Homes

4/20/2016.....A+ Camps & Schools

4/27/2016.....A+ Camps & Schools Pullout

4/27/2016...Mother's Day Celebrations, Dining & Gifts I

4/27/2016.....Spring Outlook 2016

E-mail [sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com) for more information.



**THE CONNECTION**  
Newspapers & Online  
703-778-9431

[www.ConnectionNewspapers.com/Advertising](http://www.ConnectionNewspapers.com/Advertising)



### Northern Virginia Transportation Commission Open House and Public Hearing on Transform 66 Inside the Beltway Multimodal Components

Thursday, May 5, 2016

6:00 p.m. Open House – 7:00 p.m. Public Hearing

2300 Wilson Boulevard, First Floor Conference Room, Arlington, VA 22201

The Northern Virginia Transportation Commission (NVTC) is seeking public input on the Multimodal Components submitted for FY 2017 funding consideration as part of the Virginia Department of Transportation's (VDOT's) Transform 66 Inside the Beltway Project.

NVTC will select multimodal components for presentation to the Commonwealth Transportation Board for funding using toll revenues from VDOT's Transform 66 Inside the Beltway Project. The principal objective of the Transform 66 Inside the Beltway Project is to select and fund multimodal components that meet the improvement goals, which are to (1) move more people, (2) enhance transportation connectivity, (3) improve transit service, (4) reduce roadway congestion and (5) increase travel options. The improvement goals will benefit the users of the portion of I-66 between I-495 (the Capital Beltway) and U.S. Route 29 in the Rosslyn area of Arlington County.

NVTC urges the public to get involved by learning about and commenting on the proposed multimodal components during the **Open House and Public Hearing on May 5, 2016**. The meeting will be held at NVTC's offices at **2300 Wilson Boulevard, First Floor Conference Room, Arlington, VA 22201**. The Open House will begin at 6:00 p.m. The Public Hearing will start at 7:00 p.m.

The list of submitted multimodal components for the Transform 66 Inside the Beltway Project is too extensive for publication in this advertisement. Beginning April 5, 2016, the proposed project list may be accessed via [www.novatransit.org/i66multimodal](http://www.novatransit.org/i66multimodal); by calling NVTC at 703-NVTC-321 (703-688-2321); by e-mailing [i66multimodal@nvtc.org](mailto:i66multimodal@nvtc.org); or by visiting NVTC's offices at 2300 Wilson Blvd., Ste. 620, Arlington, VA 22201, Monday through Friday, 9:00 a.m. - 4:30 p.m.

Comments may be submitted beginning April 5, 2016 by e-mail to [i66multimodal@nvtc.org](mailto:i66multimodal@nvtc.org) or via phone at 703-NVTC-321 (703-688-2321). The public comment period will be open from April 5, 2016 through the close of the Public Hearing on May 5, 2016. For additional information on the Open House and Public Hearing on May 5, 2016, contact NVTC at 703-NVTC-321 (703-688-2321).

Beginning April 5, 2016 you may pre-register to speak by:

- e-mailing NVTC at: [i66multimodal@nvtc.org](mailto:i66multimodal@nvtc.org) OR
- calling NVTC at 703-NVTC-321 (703-688-2321)

**ACCESSIBILITY FOR PERSONS WITH DISABILITIES OR SPANISH LANGUAGE SPEAKERS:** The hearing is located at a facility believed to be accessible to persons with disabilities. Any person with questions about the accessibility of the facility should contact NVTC at 703-NVTC-321 (703-688-2321) or [i66multimodal@nvtc.org](mailto:i66multimodal@nvtc.org). Persons requiring special assistance or a Spanish language translator must notify NVTC at 703-NVTC-321 (703-688-2321). Those requiring interpreter services for the deaf must call NVTC at 703-NVTC-321 (703-688-2321) or via Virginia Relay by dialing 7-1-1. All requests for special services must be received no later than April 28, 2016.

## CALENDAR

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

### ONGOING

**Scholarship.** Deadline April 1. The Bull Run Civil War Round Table in Centreville is offering a \$1,500 scholarship to a high school senior who resides in Fairfax or Prince William counties and will attend college or community college in fall 2016. Information and application instructions can be found at <http://bullruncwrt.org>.

**Carolina Shag.** Wednesdays. 6:30-10 p.m. Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m. No partners needed. Dinner menu. \$8. Under 21 free. [nvshag.org](http://nvshag.org).

**Palingenesis.** Feb. 19-April 9. Epicure Cafe, 11104 Lee Highway, Fairfax. New art exhibition. Curated by Mojdeh Rezaei-pour and Hannah Son, Palingenesis brings together an eclectic group of local and D.C. artists working in a variety of media. 571-212-7227. [epicurecafe.cart@gmail.com](mailto:epicurecafe.cart@gmail.com).

**FUN-Exercise.** Thursdays, noon-12:50 p.m. Grace Presbyterian Church Family Room, 7434 Bath St., Springfield. Inova certified exercise instructor leads a moderate level exercise class with music and current events conversation. Muscle, Balance, Strength Training using stretch bands and weights both standing and seated exercises. Instructor donation is \$5. Contact Chris Moore at [moorefit@yahoo.com](mailto:moorefit@yahoo.com) or 703-499-6133.

**Adventures in Learning.** Mondays, 8:30 a.m.-2:45 p.m. April 4-May 9. Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. community, personal development, finance, and more. Afternoon breakouts are book club, bridge, and canasta. Bring a brown bag lunch. \$30. [www.scfva.org](http://www.scfva.org). 703-426-2824.

**Cafe Ivrit (Hebrew Cafe).** Wednesdays. 8:15-9:15 a.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Shalom (Hello)! Did you always want to converse in Hebrew? Join Na'ama each week for conversational Hebrew. You will learn and practice Hebrew in a fun and interactive way while learning more about Israel! Free (we ask that you try to attend regularly). RSVP [Naama.Gold@jccnv.org](mailto:Naama.Gold@jccnv.org).

**Smoke Free Bingo** (with breaks for smoking friends), 7 p.m. Every Friday. Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Free coffee, entertaining callers, \$1,000 jackpot. [www.fairfaxvd.com](http://www.fairfaxvd.com). 703-

**"The World Unseen" by Greg Skrtic, 2014, acrylic on canvas, 66 x 38 inches, will be on display at Epicure Cafe in Fairfax from Feb. 19 to April 9.**

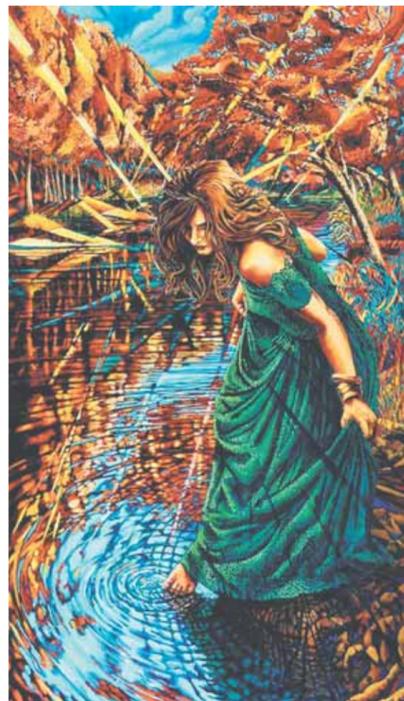


PHOTO CONTRIBUTED

273-3638. **Local Color and More.** Feb. 9-April 4. The Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. The Bodzin Art Gallery presents an exhibit with pastels and acrylic by Lynn Goldstein, plein air painting by Lorrie Herman, fiber by Karen Schulz and glass by David Barnes. Free. [www.jccnv.org](http://www.jccnv.org). 703-537-3000.

**After the Holocaust.** April 5-May 19. The Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. The Bodzin Art Gallery presents an art exhibit observing the 70th anniversary of the conclusion of the Nuremberg Trials. Watercolors by Alexandra Rozenman, a political refugee from Moscow, and sculptures by Paula Stern. Free. [www.jccnv.org](http://www.jccnv.org). 703-537-3000.

**Celebrating our Children's Creativity.** May 19-June 20. The Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. The J's Early Childhood Learning Center presents "A Reggio Exhibit," which showcases the philosophy of teaching art under the guidance of Sarah Vejvoda. Free. [www.jccnv.org](http://www.jccnv.org). 703-537-3000.

**Spotlight on the Arts Festival.** April 15-May 9. Various locations. Celebrates three decades of arts in the City of Fairfax. [fairfaxspotlight.org](http://fairfaxspotlight.org).

**"Who's Afraid of Virginia Woolf?"** April 22-May 8. Old Town Hall, 3999 University Drive, Fairfax. Edward Albee's "Who's Afraid of Virginia Woolf?" won the 1963 Tony Award for Best Play and is considered one of the masterworks of American drama, with its dazzling language and unforgettable characters. [fairfaxcitytheatre.org](http://fairfaxcitytheatre.org).

**Skating Equipment Collection.** Mondays, 7-9 p.m. through May 9. Fairfax Ice Arena, 3779 Pickett Road, Fairfax. Gently used skating equipment needed for Kids on Ice. For information, contact [dondes@cox.net](mailto:dondes@cox.net).

**THURSDAY/MARCH 31 LUNAFEST 2016.** 5:30 for VIP. 7:30 p.m. Angelika Film Center, 2911 District Ave., Fairfax. \$25/\$35/\$55. Celebrates and inspires women through the art of film and community fundraising. This national film festival features short films by, for and about women. Proceeds go to Girls on the Run of NOVA and Breast Cancer Fund. [lunafest.org](http://lunafest.org).

**SATURDAY/APRIL 2 Local Civil War Sites in Fairfax Station, Clifton and Centreville.** 8:30 a.m.-3 p.m. Departs from Fairfax Station Railroad Museum, 11200

Fairfax Station Road, Fairfax Station. Local Civil War Historian, John McAnaw, will lead the tour. Good walking shoes advised. Brown bag lunch or eat at a nearby Centreville restaurant. [events@fairfaxstation.org](mailto:events@fairfaxstation.org). 703-425-9225.

**Spring Forward.** 9:30 a.m.-3 p.m. Providence Community Center, 3001 Vaden Drive, Fairfax. Celebrate foster and adopted families with face painting, balloon making, and more for the whole family. Free/\$5. [formedfamiliesforward.org](http://formedfamiliesforward.org). 703-539-2904.

**MONDAY/APRIL 4 Children's Performance Series.** 10:30 a.m. Old Town Hall, 3999 University Drive, Fairfax. Mr. Skip. Free. [fairfaxarts.org](http://fairfaxarts.org).

**TUESDAY/APRIL 5 Burke Historical Society.** 7-9 p.m. Burke Central Library, 5935 Freds Oak Road, Springfield. Old newspapers are gold mines of historical information. Learn how to access and navigate a variety of online newspaper databases. Free. [slawski\\_brian@yahoo.com](mailto:slawski_brian@yahoo.com). Register at <http://www.fairfaxcounty.gov/library/events/>.

**WEDNESDAY/APRIL 6 Book Launch.** 3 p.m. Fenwick Library, 4400 University Drive, Fairfax. "The Five George Masons: Patriots and Planter of Virginia and Maryland" by Pamela C. Copeland and Richard K. MacMaster. Speaker will be professor Rosemarie Zagarril. 703-993-3636. **Kwame Alexander Book Signing.** 6 p.m. Barnes and Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Release of his book "Booked." 703-

278-8527.

**WEDNESDAY/APRIL 6-SUNDAY/APRIL 17 Circus XTREME.** Eagle Bank Arena, 4400 University Drive, Fairfax. Last chance for local residents to see the treasured Asian elephants before they are moved to their permanent home at the Ringling Bros. Center for Elephant Conservation in Florida. [ticketmaster.com](http://ticketmaster.com). Ringling.com.

**THURSDAY/APRIL 7-SUNDAY/APRIL 17 Northern Virginia Jewish Film Festival.** Angelika Film Center and Cafe at Mosaic, 2911 District Ave., Fairfax. Festival will screen 14 contemporary Jewish-themed and/or Israeli-made feature films that explore identity and place in the world. \$10-\$70. For schedule and showtimes, go to [jccnvarts.org](http://jccnvarts.org).

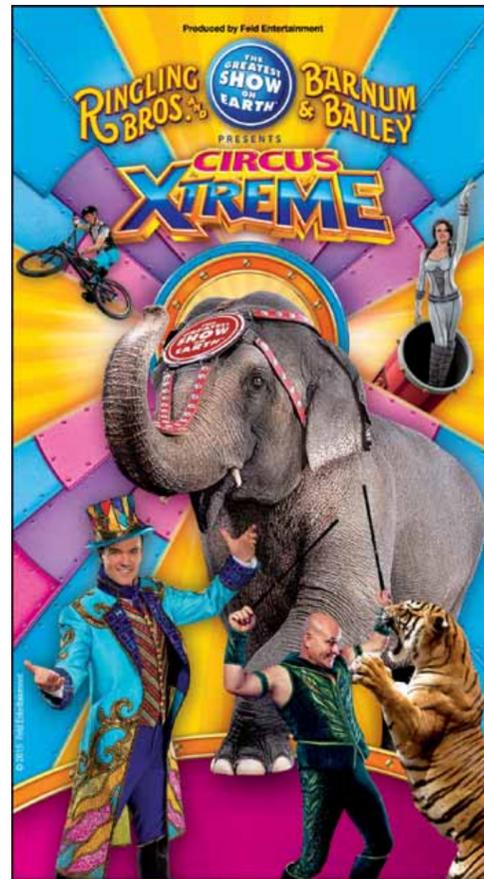
**FRIDAY/APRIL 8 Bonita Lestina Performance Series.** 8 p.m. Sherwood Center, 3740 Old Lee Highway, Fairfax. Windz Woodwind Ensemble. "Music for a Spring Night." Free. [fairfaxarts.org](http://fairfaxarts.org). **Fairfax Volunteer Awards.** 8 a.m. The Waterford, 6715 Commerce St., Springfield. Join Volunteer Fairfax, Chairman Sharon Bulova and the Fairfax County Board of Supervisors, and other community leaders to celebrate the work of volunteers. Purchase tickets by April 4. \$50. For information and tickets go to [www.volunteerfairfax.org](http://www.volunteerfairfax.org). **Italian Heritage Lodge.** 6:30-8:30 p.m. St. Leo's Knights of Columbus Hall, 3700 Old Lee Highway, Fairfax. Join a fun filled group that meets monthly and participates in

entertaining evenings and events. Call 703-818-7656 for details.

**FRIDAY-SUNDAY/APRIL 8-10 Spring Book Sale.** Friday, 10 a.m.-5 p.m. Saturday, 10 a.m.-4 p.m. Sunday, 1-3 p.m. Fairfax Regional Library, 10360 North St., Fairfax. Thousands of gently read books in all categories including art and architecture, history, military, cooking, gardening, spirituality, reference, classic and popular fiction. Big selection of DVDs, CDs, and audiobooks. 703-644-4870.

**SATURDAY/APRIL 9 City of Fairfax Yardsale.** 8 a.m.-1 p.m. Green Acres, 4401 Sideburn Road, Fairfax. Proceeds benefit the 2016 City of Fairfax Independence Day Celebration. Donated items may be dropped off at Green Acres on Friday, April 8 between 5-8 p.m. Do not price items. No adult clothing or books. Free. 703-485-7858. **Pre-Women's Day Gospel Concert.** 4:30 p.m. Greater Little Zion Baptist Church, 101085 Zion Drive, Fairfax. Featured special guests include The Gospel Pearls of Washington, DC and the Daughters of Thunder and Lightning. 703-764-9111. **"Sophie and Paige Storytime."** 11 a.m. Barnes and Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Author Joseph Hicks does story time. 703-278-8527.

**SUNDAY/APRIL 10 T-TRAK Scale Model Train Show.** 1-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Free/\$2/\$4. [fairfaxstation.org](http://fairfaxstation.org). 703-425-9225.



SAVE 50% on Opening Night Tickets!

Savings applies only to the face price of tickets. Restrictions, exclusions and additional charges may apply. Subject to availability. Excludes premium seats.

MAR. 31 – APR. 3

APR. 6 – 17

Buy Tickets: Ticketmaster.com • 800-745-3000 • Venue Box Office

Ringling.com

# COMMUNITIES OF WORSHIP

**Jubilee Christian Center**  
"Loving People to Life"  
Worship Gathering – Sunday 8:45 & 11 AM  
Sunday School 10:10 AM  
Sun. Evening – Realtime Worship & Youth 6 PM  
Family Night – Wednesday 7:15 PM  
Home Life Groups, College/Young Adult Ministries, and Living Free Support Groups  
Visit our Website: [www.jccag.org](http://www.jccag.org)  
4650 Shirley Gate Road, Fairfax  
Bill Frasnelli, PASTOR 703-383-1170

To Advertise Your Community of Worship,  
Call 703-778-9422



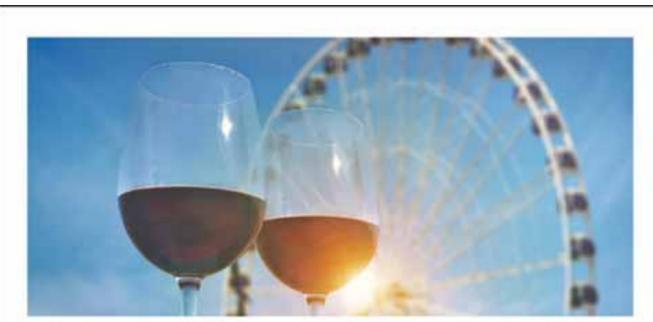
## Build Your Community

Support Your Local Businesses.

THE CONNECTION  
to your community

[www.connectionnewspapers.com](http://www.connectionnewspapers.com)

Adopt/Donate/Volunteer  
[www.lostdogandcatrescue.org](http://www.lostdogandcatrescue.org)



Celebrate the National Harbor Wine & Food Festival  
With a VIP Getaway Package!

**Enjoy VIP tickets and a \$50 Resort Credit**  
Experience the 8th Annual Wine & Food Festival with a VIP overnight stay at Gaylord National Resort. Enjoy world-renowned chefs, artisanal craftsmen and over 150 different international and local wines, beers and spirits. VIP tickets include unlimited beverage samples, food tastings and more!  
Gaylord National Resort's exclusive VIP Wine & Food Festival Package includes:  
- 1-night room accommodations on April 22 or April 23  
- (2) VIP tickets for Saturday, April 23 or Sunday, April 24  
- \$50 resort credit\*

[GaylordNational.com](http://GaylordNational.com)  
or call (301) 965-4000 (refer to code ZJ9)

\*Valid for stays April 22 or April 23, 2016. Limited number of rooms are available for this promotion. Tax is additional. Offer does not apply to groups of 10 or more rooms. Limit One (1) \$50 resort credit per stay. Offer cannot be combined with any other promotions. Blackout dates may apply. Advance reservations required. Other restrictions apply. Rates are per room, per night and based on availability at the time of reservations.



For a free digital subscription to one or all of the 15 Connection Newspapers, go to [www.connectionnewspapers.com/subscribe](http://www.connectionnewspapers.com/subscribe)

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: [goinggreen@connectionnewspapers.com](mailto:goinggreen@connectionnewspapers.com)



THE CONNECTION  
NEWSPAPERS

# Girl Scout Shows Other Teens How to Fix Stress

Stress management workshop to be held Saturday, April 2, in the Fairfax United Methodist Church.

BY MARTI MOORE  
THE CONNECTION

It doesn't matter what Molly McCracken's personal issues were last year. The 17-year-old Fairfax High School junior felt frustrated and sluggish. She needed to shake it off but didn't know how.

"I was overwhelmed with family issues and school work," she explained. McCracken knew there was a simple fix but didn't get the results she needed after asking teachers, friends and counselors for help.

Her mother took her in May to a Fairfax County Public Schools symposium on teen stress. However, the teen noticed more adults — teachers, counselors and parents — than her peers attended the conference filled with 82 work sessions.

McCracken was convinced her solution was as simple as reaching into a mental health toolbox to grab the right gadget to fix her problem.

She set a personal goal to empower teens between seventh and 12th grades with methods to relieve stress at a shorter program tailored to their needs. This multitasker also is using this initiative to earn her Girl Scout Gold Award.

**HER STRESS MANAGEMENT WORKSHOP** — held Saturday, April 2, in the Fairfax United Methodist Church at 10300 Stratford Ave. — will teach participants practical stress management skills from 10 a.m. to 2 p.m.

School counselors will define teen stress for participants and offer useful solutions for coping. Diane Tuininga is a guest speaker and school psychologist who teaches at Northern Virginia Community College. She knows high school "is a tough time for teenagers and their parents to manage."

The talk is followed by a traditional yoga session that teaches students "how to focus on their breathing to reduce stress" says Fairfax resident Anna Kim, certified yoga instructor.

Teens are offered quick and easy workshops at five activity stations that appeal to the sense of taste, touch, smell, hearing and sight. Each stress management tool takes up to 15 minutes to learn.

"The centers are kind of laid back," McCracken insists. She doesn't want her guests to worry about completing a checklist and set up the environment so individuals can spend more time at the work stations they find most interesting.

Teens can pick and choose from healthy options at a salad bar — followed by Girl



Molly McCracken holds a meeting March 16 with her adult volunteers to discuss everyone's readiness status for their stress management seminar for teens April 2 from 10 a.m. to 2 p.m. in the Fairfax United Methodist Church at 10300 Stratford Ave., where teens will learn healthy ways to cope with anxiety at "Breathe Out!"

## Online Resources

Fairfax teen Molly McCracken shows her peers healthy ways to just breathe and relax at [breatheoutnow.wix.com/goldaward](http://breatheoutnow.wix.com/goldaward) and her Facebook page. Scroll down the list of top posts using the search words "Breathe Out!"

The Josh Anderson Foundation is dedicated to the memory of a Fairfax County teen who took his own life in 2009. This Vienna nonprofit is on a mission to stop teen suicide.

See how at [www.joshandersonfoundation.org](http://www.joshandersonfoundation.org) or on Facebook at The Josh Anderson Founda-

tion page. Fairfax teen Molly McCracken shows her peers healthy ways to just breathe and relax at [breatheoutnow.wix.com/goldaward](http://breatheoutnow.wix.com/goldaward) and her Facebook page. Scroll down the list of top posts using the search words "Breathe Out!"

The Josh Anderson Foundation is dedicated to the memory of a Fairfax County teen who took his own life in 2009. This Vienna nonprofit is on a mission to stop teen suicide.

See how at [www.joshandersonfoundation.org](http://www.joshandersonfoundation.org) or on Facebook at The Josh Anderson Founda-

tion page. Fairfax teen Molly McCracken shows her peers healthy ways to just breathe and relax at [breatheoutnow.wix.com/goldaward](http://breatheoutnow.wix.com/goldaward) and her Facebook page. Scroll down the list of top posts using the search words "Breathe Out!"

The Josh Anderson Foundation is dedicated to the memory of a Fairfax County teen who took his own life in 2009. This Vienna nonprofit is on a mission to stop teen suicide.

tion page. Fairfax teen Molly McCracken shows her peers healthy ways to just breathe and relax at [breatheoutnow.wix.com/goldaward](http://breatheoutnow.wix.com/goldaward) and her Facebook page. Scroll down the list of top posts using the search words "Breathe Out!"

The Josh Anderson Foundation is dedicated to the memory of a Fairfax County teen who took his own life in 2009. This Vienna nonprofit is on a mission to stop teen suicide.

See how at [www.joshandersonfoundation.org](http://www.joshandersonfoundation.org) or on Facebook at The Josh Anderson Founda-

tion page. Fairfax teen Molly McCracken shows her peers healthy ways to just breathe and relax at [breatheoutnow.wix.com/goldaward](http://breatheoutnow.wix.com/goldaward) and her Facebook page. Scroll down the list of top posts using the search words "Breathe Out!"

The Josh Anderson Foundation is dedicated to the memory of a Fairfax County teen who took his own life in 2009. This Vienna nonprofit is on a mission to stop teen suicide.

See how at [www.joshandersonfoundation.org](http://www.joshandersonfoundation.org) or on Facebook at The Josh Anderson Founda-

tion page. Fairfax teen Molly McCracken shows her peers healthy ways to just breathe and relax at [breatheoutnow.wix.com/goldaward](http://breatheoutnow.wix.com/goldaward) and her Facebook page. Scroll down the list of top posts using the search words "Breathe Out!"

The Josh Anderson Foundation is dedicated to the memory of a Fairfax County teen who took his own life in 2009. This Vienna nonprofit is on a mission to stop teen suicide.



Coloring is the favorite stress management tool of Fairfax High School junior Molly McCracken. She and other volunteers will provide teens with tools on how to relax Saturday at her workshop in Fairfax United Methodist Church at 10300 Stratford Ave.

the Woman's Club of Fairfax and the Josh Anderson Foundation, a teen suicide prevention program in Vienna.

**THE TEEN** scouted for project funding and spent two weeks applying for a local grant. McCracken was awarded \$385.50 last fall from the Fairfax-Falls Church Community Services Board.

"There is so much to think about for a teen for just one event," said Mary Driver-Downs of Fairfax — McCracken's Gold Award advisor. Her Girl Scout assembled a crack team of nearly 10 adults assigned various tasks from web design to washing dishes.

"I think it is a good opportunity for our church to participate in meeting some of the needs of our students and teens," says FUMC lead pastor David J. Bonney.

Although he wasn't a preacher's kid himself, Bonney understands the social pressures faced by his own four children. The pastor — who earned his master of divinity degree from Duke University — claims it's demanding on children to have parents who work a lot, are gone often and have to please a lot of people.

McCracken admits learning a lot through planning this event. It has transformed her stress into her message to help other teens. Breathe Out! attendance is free and registration is required online at [breatheoutnow.wix.com/goldaward](http://breatheoutnow.wix.com/goldaward).

"Walk-ins are welcome" McCracken says as long as their parents sign a waiver. "I don't want to have to turn a kid away."

# Paul VI presents 'Emma, a Pop Musical'

FROM PAGE 5

She said this show has both "Clueless" and "Legally Blonde, the Musical" vibes, and the audience will love "the combination of the old-fashioned music with modern-day, high-school problems."

Junior Stephen Artner portrays student Jeff Knightley. "He's nerdy and uptight, but lovable," said Artner. "He gets to substitute-teach chemistry and biology while the [just-married] teachers are away. But it's awkward because the students are used to seeing him as another kid, and now he thinks he needs to be above them. He's also friends with Emma and secretly has feelings for her."

Artner loves his role because, he said, "I'm quirky, myself. But I turn up that notch 100 percent to play Jeff, and playing him is a blast." He sings "King of Anything" with Rozmajzl and also likes Lisa Loeb's song, "Stay," because it's so pretty. He says the audience will enjoy all the music "everyone already knows and loves," and "the story's cheesy, but entertaining."

Playing Harriet is junior Caleigh Davis. "She's a shy sophomore who looks up to Emma because she's a cool senior," said Davis. "She's naïve and inexperienced in life; if she's at a party, she'd hang out in a



PHOTO COURTESY OF EILEEN CURREN

Rehearsing a scene are (from left) Mackenzie Bacarella, Andrew Sugiyama, Emma Hitchcock, Daniel Jacobs, Kathryn Webb and Katherine Ransom.

corner. Last year, I was Harriet in real life, so that helps; I'm basically playing myself, but with quirks. Harriet's shyer and more cartoonish."

COMPARING THIS PLAY to "High School Musical" or "Camp Rock" from the Disney Channel, Davis said, "The audience will like seeing us portraying an energetic,

## To Go

Showtimes are Friday-Saturday, April 8-9, at 7:30 p.m., and Sunday, April 10, at 2 p.m. Tickets are \$13, adults; \$8, students and senior citizens, in advance; and \$15 and \$10, respectively, at the door.

Tickets may be purchased via PaulVI.net or during school lunches, April 4-7, cash or check. Special, family packages are also available; email PVIProducers@yahoo.com and write "Emma" in the subject line.

crazy version of high school where everything's just magical."

Junior Nathaniel Smith plays Frankie Churchill, a national pop star who left Highbury High after his freshman year. But he returns to be a surprise guest at a party welcoming a new student. "He's flirty with the females, but eccentric and flamboyant," said Smith. "He likes everyone to look at and pay attention to him, but he's not too bright. I really enjoy playing him because I get to be over-the-top onstage and don't have to hold anything back."

## Office to Prevent and End Homelessness Build a Village Campaign

All proceeds of the Build A Village Campaign go to the non-profit partners who serve veterans and homeless in our hypothermia program. We still have about \$45,000 to raise, or nine virtual houses to build, to meet our \$100,000 goal. Donate today.

Make your check or money order payable to: PEH/CFNCR

Mail to:

The Community Foundation for the National Capital Region (CFNCR)  
1201 15th Street NW, Suite 420  
Washington, DC 20005.

Reference "Build A Village" in the memo section  
or

You may click on this link:

<https://afcufoundation.org/donation.aspx?program=bav>.



Woodson sophomore Logan Dougherty scored six goals against Lake Braddock on Tuesday.



Woodson junior Emma Vinall navigates through the Lake Braddock defense on Tuesday night.

## Woodson Girls' Lax Dominates Lake Braddock in Second Half

### Sophomore Dougherty leads Cavaliers with six goals.

BY JON ROETMAN  
THE CONNECTION

“Lackadaisical” is the term junior midfielder Emma Vinall and head coach Bill Lewis used when describing the Woodson girls’ lacrosse team’s first-half performance against Lake Braddock on Tuesday.

“Dominant” would be an accurate way to describe the Cavaliers’ second-half effort.

After taking a 5-3 lead into halftime, Woodson came out firing in the second half and blew out the Bruins 18-4 at Lake Braddock Secondary School.

Woodson sophomore attack Logan Dougherty scored all six of her goals in the second half, Vinall finished with four and the Cavaliers improved to 3-1 overall and 2-0 in Conference 7.

“I think we started out pretty rough,” said Vinall, who is committed to American University. “We came in kind of lackadaisical but I think we realized we were the better team and picked it up by the end.”

Woodson built an early 5-1 lead but failed to score for the final 11 minutes, 21 seconds of the opening half. Lake Braddock goals by senior Dwyer Neal and junior Madison Lear cut the Cavalier lead to two entering halftime.

The second half was a different story, however, as Woodson scored 11 straight goals before Lake

Braddock junior Bailey Edwards found the back of the net with 3:15 remaining, breaking a Bruins scoreless streak of roughly 29 minutes.

“I felt like we decided that we needed to start actually playing and not underestimate our opponents,” Dougherty said. “Once we started scoring it just kept going. They couldn’t really catch up after.”

Dougherty had a huge second half, scoring six goals, including three in the first six minutes.

“The engine that could,” is how Lewis described Dougherty. “[She] keeps on doing all the little things — working hard, wanting to get better, always wanting to improve. Practice is over and she’s out there working on free position shots to make sure it’s better.”

Vinall scored twice in each half. Her fourth goal came from free position with 14:44 remaining and gave the Cavaliers a 12-3 advantage.

Vinall is a “great leader,” Lewis said. “We follow her lead. She [was] dominant on draws again.”

Sophomore attack Natalie Gates and junior defender Claire Cooke each had two goals for Woodson. Junior attack Meghan Byrnes, junior midfielder Meredith Mackay,

senior attack Grace Stephan and senior attack Emily Williams each had one.

Neal scored two goals for Lake Braddock. Lear and Edwards each had one.

Lewis is in his first season as Woodson head coach. He coached the Hayfield boys’ team last year, but has several years of experience coaching girls’ lacrosse at the club level.

Lewis takes over a program that has won seven consecutive district/conference championships.

“I’ve taken over a tough program,” he said.

Woodson will host West Potomac at 7:30 p.m. on Friday, April 1 in a rematch of last season’s Conference 7 tournament championship game.

Tuesday’s loss dropped Lake Braddock’s record to 4-1 overall and 1-1 in the conference. The Bruins will travel to face Mount Vernon at 7:30 p.m. on Friday.

“It was good competition,” Lake Braddock head coach Deb Maginnis said. “It was good for our girls. It was a fast-paced game; [Woodson] moved the ball well, so we’ve just got to get better.”

“I felt like we decided that we needed to start actually playing and not underestimate our opponents. Once we started scoring it just kept going. They couldn’t really catch up after.”

— Woodson sophomore Logan Dougherty

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION



Bill Lewis is in his first season as head coach of the Woodson girls’ lacrosse program.



Woodson’s Emily Williams, right, defends against Lake Braddock’s Maggie Komoniewski during Tuesday’s contest in Burke.

Jack Taylor's  
**ALEXANDRIA TOYOTA**

3750 Jefferson Davis Hwy.  
Alexandria, VA 22305  
**703-684-0710**  
www.alexandriatoyota.com



**NEW! Extended Service Department Hours:**  
Monday – Friday, 7 am to 9 pm  
Saturday, 8 am to 5 pm  
Sunday, 10 am to 4 pm  
Sunday by appointment only.

Make your next service appointment at:  
**alexandriatoyota.com**

**You Have Saturdays Off**  
*That's Exactly Why We Don't!*

**29 YEARS OF RECEIVING THIS HONOR**  
1 OF 4 DEALERSHIPS IN THE NATION TO RECEIVE THIS HONOR

**TOYOTA Owners**  
ServiceCenters Keep Your Toyota a Toyota  
ToyotaOwnersOnline.com

**TOYOTA LIFETIME GUARANTEE**  
Mufflers • Exhaust Pipes • Shocks • Struts  
Toyota mufflers, exhaust pipes, shocks, struts and strut cartridges are guaranteed to the original purchaser for the life of the vehicle when installed by an authorized Toyota dealer. See us for full details.

**TOYOTA Let's Go Places**



**TOYOTA GENUINE SERVICE**  
**BUY 3 TIRES AND GET 4TH FOR \$1**

Got Tires? NO CHARGE road hazard protection, tire warranty, and free courtesy MULTI-POINT inspection. Price match guarantee. See service advisor for details.

**BONUS: ADD A 4 WHEEL ALIGNMENT FOR \$39.95**

**TOYOTA GENUINE SERVICE**  
**BRAKE SPECIAL \$99<sup>95</sup>**

**INCLUDES:** Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.

**MACHINE ROTORS AN ADDITIONAL \$199.95.**

**TOYOTA GENUINE SERVICE**  
**TRUE START BATTERY SPECIAL \$139<sup>95</sup>**

**INCLUDES BATTERY INSTALLATION**

**Includes:** 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated, PLUS we'll check all battery cables & connections.

**TOYOTA GENUINE SERVICE**  
**SPRING MAINTENANCE SPECIAL \$59<sup>95</sup>**

**INCLUDES:** Genuine Toyota oil filter, up to 5 qts of conventional oil, inspect windshield wipers, tire rotation, check tire condition, check battery (with priod-out), inspect and adjust all fluid levels, inspect air Alexandria Toyota's 27 pt. inspection & cabin air filters.

**WEDNESDAY IS LADIES' DAY**  
**15% OFF ANY REPAIR**  
Not to exceed \$100

**GENUINE TOYOTA**  
**SIGHT LINE WIPER BLADES \$10 OFF ANY PAIR**  
Sight Line only

**SPRING SAVINGS**

**TOYOTA GENUINE SERVICE**  
**DETAIL SPECIALS**  
**STANDARD HAND-WASH & VACUUM \$39<sup>95</sup>**  
Recommended Monthly

Vacuum carpets, floor mats, upholstery & trunk, wipe down dash board, console & door panels, wash wheels, tires & fender wells, hand wash exterior door jams, and dress tires.

**TOYOTA GENUINE SERVICE**  
**LUBE, OIL & FILTER SERVICE SPECIAL**  
**\$5 OFF NON-SYNTHETIC \$10 OFF SYNTHETIC**

**INCLUDES:** Change oil (up to 5 qts.), install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.

**TOYOTA GENUINE SERVICE**  
**COMPLIMENTARY MULTI-POINT INSPECTION**

**INCLUDES:** Inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.

**TOYOTA GENUINE SERVICE**  
**15% OFF ANY ACCESSORIES**  
• Apparel • Window visors  
• iPad adaptors • All weather floor mats  
• Toyota bedliners

**TOYOTA GENUINE SERVICE**  
**QUALITY HAND-WASH VACUUM & WAX \$139<sup>95</sup>**  
Recommended Every 8 Months

Hand wash exterior door jambs, wash wheels, tires & fender wells, hand-wax or glaze, vacuum carpets, upholstery & trunk, clean interior vinyl & leather, clean dash board, verb, console, door panels & windows, and dress tires.

**TOYOTA GENUINE SERVICE**  
**VARIABLE DISCOUNT**  
**\$5.00 OFF** with purchase of \$35.00 - \$49.99  
**\$10.00 OFF** with purchase of \$50.00 - \$99.99  
**\$15.00 OFF** with purchase of \$100.00 - \$199.99  
**\$20.00 OFF** with purchase of \$200.00 - \$499.99  
**\$50.00 OFF** with purchase of \$500.00 Or more

**EXTEND THE LIFE OF YOUR VEHICLE!**  
**BG FLUID EXCHANGE SPECIAL**

TRANSMISSION FLUSH \$189<sup>95</sup>  
POWER STEERING FLUSH \$139<sup>95</sup>  
BRAKE FLUSH \$139<sup>95</sup>  
FUEL INDUCTION FLUSH \$139<sup>95</sup>  
ENGINE PERFORMANCE SERVICE \$219<sup>95</sup>

**TOYOTA GENUINE SERVICE**  
**30000 MILES FACTORY RECOMMENDED SERVICE \$159<sup>95</sup>**

**Synthetic \$10 More**

**INCLUDES:** Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

**TOYOTA GENUINE SERVICE**  
**PREMIUM FULL DETAIL \$295<sup>95</sup>**  
Recommended Every 12 Months

Full interior & exterior detailing, including trunk, shampoo carpets, upholstery & trunk, clean interior vinyl & leather plus conditioning, wash wheels, tires, fender wells & door jams, hand wash exterior, buff & polish, wax or glaze application, tar & sap removal, dress tires, rubber molding & trim, clean dashboard, verb, console plus door panels, clean overhead liner, ashtrays & windows, and engine clearing.

**TOYOTA GENUINE SERVICE**  
**POT HOLE SPECIAL 4 WHEEL ALIGNMENT \$79<sup>95</sup>**

Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy.

**INCLUDES:** inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

**TOYOTA GENUINE SERVICE**  
**WE WILL MEET OR BEAT ANY LOCAL TOYOTA DEALERSHIP'S CURRENT ADVERTISED SERVICE SPECIALS**

**New RAV4s, Priuses Scion IMs and IAs**  
**ALL ON SALE LIKE NEVER BEFORE**  
Spring is here and so are the SAVINGS! Ask one of our sales managers, George, Mike, Yared or Rocky  
703-684-0700  
**WE ARE HERE TO MAKE DEALS!**

Jack Taylor's  
**ALEXANDRIA TOYOTA / SCION**

**ALEXANDRIA TOYOTA/SCION**  
3750 JEFFERSON DAVIS HWY. | ALEXANDRIA, VA 22305  
**703-684-0700 | ALEXANDRIATOYOTA.COM**  
**JUST MINUTES FROM REAGAN NATIONAL AIRPORT!**

**TOYOTA**  
**Let's Go Places**

ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD  
• FAIRFAX STATION/CLIFTON/LORTON

# EMPLOYMENT

703-778-9411  
ZONE 2 Ad DEADLINE:  
WEDNESDAY 11 A.M.

ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD  
• FAIRFAX STATION/CLIFTON/LORTON

# HOME & GARDEN

703-778-9411  
ZONE 2 Ad DEADLINE:  
TUESDAY NOON  
CONNECTIONNEWSPAPERS.COM CONTRACTORS.COM

Growing medical office next to Reston Hospital Center, seeks **FT patient service professional** for patient, clinical and administrative responsibilities. Requires ability to multi-task, computer skills, polished people skills, superior English language skills, mobility, ability to work standing, ability to work in teams & independently. Must have at least 3 years of experience in medical healthcare. EMR experience is a plus. Great salary and benefits. Advancement opportunities possible. Work Monday through Friday in the daytime. Email cover letter and resume to: [jobs@neurologyfairfax.com](mailto:jobs@neurologyfairfax.com) or fax to 703-940-1497.

**Senior Database Administrator** Needed for Pyramid Systems, Inc. Fairfax, VA to design, test, & implement databases and to correct errors and make modifications using SQL Server, Oracle, SQL, PL/SQL, VB.NET, ASP.NET will also supervise a team to coordinate database development. Master's degree required Computer Science or related. Send resume to HR, Pyramid Systems Inc, 2677 Prosperity Avenue, Suite 700, Fairfax, VA 22031.

**ELECTRICAL** **ELECTRICAL**

**K&D ELECTRIC**  
COMMERCIAL / RESIDENTIAL SERVICE  
Family Owned & Operated

Recessed Lighting  
Ceiling Fans  
Phone/CATV  
Computer Network Cabling  
Service Upgrades  
Hot Tubs, etc...

Licensed/Bonded/Insured  
Office 703-335-0654  
Mobile 703-499-0522  
lektrkman28@gmail.com

**IMPROVEMENTS** **IMPROVEMENTS**

**RN. CONTRACTORS, INC.**

Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting

We Accept All Major Credit Cards  
Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827  
E-mail: [rncontractorsinc@gmail.com](mailto:rncontractorsinc@gmail.com)  
[www.rncontractors.com](http://www.rncontractors.com)

BBB

**HANDYMAN** **HANDYMAN**

**RCL HOME REPAIRS**  
Handyman Services  
Springfld • Burke • Kingstowne  
Light Electrical • Plumbing • Bathroom Renovation • Ceramic Tile • Drywall Repair

703-922-4190  
LIC. [www.rclhomerepairs.com](http://www.rclhomerepairs.com) INS.

**LAWN SERVICE** **LAWN SERVICE**

Spring Clean-up, Mulching, Sod, Lawn Care, Fertilizing, Tree Cutting, Handyman work

Call us Today and Get 20% OFF on Hardwood Mulching and Any Job Higher Than \$300.00

Licensed Insured  
**THE MAGIC GARDENER**  
703-328-2270 or 703-581-4951

**IMPROVEMENTS** **IMPROVEMENTS**

**A&S Landscaping**

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing

703-863-7465  
LICENSED  
Serving All of N. Virginia

**J.E.S. Services**  
Your neighborhood company since 1987  
703-912-6886

Landscaping & Construction  
Free Estimates • Fully Licensed & Insured

- Planting & Landscaping Design
- Drainage & Water Problems
- Concrete Driveways, Replacement or New
- Patios and Walks • Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose
- Retaining walls of all types

All work Guaranteed

**Picture Perfect Home Improvements**  
(703) 590-3187

Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry, Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available  
<http://www.pphionline.com/>  
"If it can be done, we can do it"  
Licensed - Bonded - Insured

BBB

**MASONRY** **MASONRY**

**BRICK AND STONE Custom Masonry**  
703-768-3900  
[www.custommasonry.info](http://www.custommasonry.info)

Patios, Walkways, Stoops, Steps, Driveways  
Repairs & New Installs • All Work Guaranteed

**HANDYMAN** **HANDYMAN** **HANDYMAN** **HANDYMAN**

**HAND & HAND HANDYMAN LLC**  
General Remodeling • Residential & Commercial

DESIGN AND BUILD • COMPLETE HOME RENOVATION

- Kitchen, Bath, Basement Remodeling • Electricity, Plumbing • Doors, Windows, Crown Molding, Hand Rails, Chair Rails, Interior, Exterior, Finish Carpentry • Interior, Exterior Painting, Pressure Washing • Ceramic, Hardwood Flooring, Refinish Floors, Deck Reflooring
- Build Deck, Fence, Patios, Retaining Walls • Concrete Driveway, Brick or Stone Sidewalk
- Building Maintenance • Residential, Commercial • Foreclosures, Realtors Welcome

Serving Northern Virginia, D.C., Maryland • Licensed and Insured  
703-296-6409

**\*\*EARN EXTRA INCOME\*\***  
**SEASONAL/PART-TIME**

**Garden Center Merchandiser**

Bell Nursery, a nationally recognized grower/ vendor is looking for hardworking people to stock our products at a garden center near you.

**Come get your hands dirty, enjoy the summer weather and, earn a paycheck!**

If you spend TOO much time hanging out in the garden department of your local home improvement retailer, we have the summer job for you! Bell Nursery is one of the nation's largest live good vendors, supplying the Home Depot with its beautiful flowers! Our Seasonal Merchandisers work in the garden departments, unloading and displaying product while providing customer service.

**BELL NURSERY**

- Flexible seasonal work schedule
- Minimum base pay of \$10.00 an hour PLUS OVERTIME!
- Additional incentives/consideration for:
  - Being bilingual (Spanish/English)
  - Relevant work experience
  - Extensive knowledge of plants/growing

For job descriptions & locations go to:  
[www.bellnursery.com/careers](http://www.bellnursery.com/careers)

**Educational Internships**

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail [internship@connectionnewspapers.com](mailto:internship@connectionnewspapers.com)

**THE CONNECTION NEWSPAPERS**

**LANDSCAPING**

**A&S CONSTRUCTION**  
SOD, Mulch, Clean-Up  
Leaf Removal  
Hauling.  
703-863-7465

Do what you can, with what you have, where you are.  
-Theodore Roosevelt

**PAVING**      **PAVING**

**GOLDY BRICK CONSTRUCTION**  
Walkways, Patios, Driveways,  
Flagstone, Concrete  
FREE ESTIMATES  
Licensed, Insured, Bonded  
703-250-6231

**TREE SERVICE**      **TREE SERVICE**

**Quality Tree Service & Landscaping**

Reasonable prices. Licensed & insured.  
**Summer Cleanup...**  
Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc.

25 years of experience – Free estimates  
703-868-5358

**24 Hour Emergency Tree Service**

**WINDOWS & GLASS**      **WINDOWS & GLASS**

**CHESAPEAKE/POTOMAC WINDOW CLEANING Co.**  
Residential Specialist/Family owned/operated  
Working Owners Assures Quality  
No Hidden Fees/No Broken Window Springs  
30 yrs Experience in local area

Licensed 703-356-4459 Insured

For a free digital subscription to one or all of the 15 Connection Newspapers, go to [www.connectionnewspapers.com/subscribe](http://www.connectionnewspapers.com/subscribe)

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: [goinggreen@connectionnewspapers.com](mailto:goinggreen@connectionnewspapers.com)

**THE CONNECTION NEWSPAPERS**

**THE CONNECTION NEWSPAPERS**

**CLASSIFIED**

- For Local...
- Employment
  - Employees
  - Services
  - Entertainment
  - Announcements
  - Real Estate
  - Cars
  - Trucks
  - Vans
  - RV's
  - Boats
  - Pets
  - Yard Sales
  - Crafts
  - Hobbies
  - And More!

For All Your Advertising Needs...

It Works. Week After Week.

703 917-6400

Place Your Ad Today!

**THE CONNECTION**  
to your community

**26 Antiques**      **26 Antiques**

We pay top \$ for STERLING, MEN'S WATCHES, JEWELRY, COSTUME JEWELRY, FURNITURE, PAINTINGS AND CLOCKS.  
Schefer Antiques  
703-241-0790  
theschefers@cox.net

**101 Computers**      **101 Computers**

**HDI COMPUTER SOLUTIONS**  
JENNIFER SMITH ♦ Serving the Area Since 1995

- > Speed Up Slow Computers
- > Virus Removal
- > Computer Setup
- > Help with Windows 8 & 10

571-265-2038  
Jennifer@HDIComputerSolutions.com

**21 Announcements**      **21 Announcements**

**LEGAL NOTICE**  
Notice is hereby given that on Monday, April 11, 2016 commencing at 10:00AM, at 5801 Rolling Rd, Springfield, Virginia 22152, in order to enforce the warehouseman's lien for storage and related services, we will see by Public Auction the items in the accounts of Antonio Adair, Wayne Adams, Cassandra Asberry, Angela Bafille, Rosario Beal, Judith Boston, Jackey Bratt, Salim Cadet, William Cammett, Christopher Crowley, Sheldon Dick, Timothy Doremus, Paul Fox, Paula Key, Daniel Lester, David Nehring, David Parker, Lorenzo Parker, Leona Taylor, Jason White, Christina Woodard and Chidogo's NH LLC.

These effects are stored with any of the following: Ace Van & Storage Co, Inc., Boxcart Inc., Interstate Moving & Storage, Inc.; Interstate Moving Systems, Inc.; Interstate Relocation Services, Inc dba Ambassador International, Ltd; Ambassador Relocations, Inc.; Ambassador Worldwide Moving, Inc.; or Interstate Van Lines Inc., at 3901 Ironwood Place, Landover Maryland; 22455 Powers Court, Sterling, Virginia; or 5801 Rolling Road, Springfield, Virginia. All parties in interest please take notice

**21 Announcements**      **21 Announcements**

**Natural Unspoiled Coastal Property**

Website <http://waverlylots.com>

Community dock & ramp

There is amazing unspoiled land just hours away. Where you'll be surrounded by natural beauty, clean air and space; not condos, crowds or traffic. Located on Eastern Shore only 50 miles from Va Beach. 23 lots, 3 to 22 acres each, priced \$60,000 to \$98,000. All are near the shoreline, some w/ excellent water views. Paved roads, utilities, dock, boat ramp and beach. Low property taxes. Call (757) 442-2171 or email: [oceanlandtrust@yahoo.com](mailto:oceanlandtrust@yahoo.com)

**21 Announcements**      **21 Announcements**      **21 Announcements**

**America's Drug Card**      [www.rxfreecardnow.com](http://www.rxfreecardnow.com)

**Prescription Drug Discount Card**  
Member: Household

ID: 420192840  
Rx BIN: 610709  
Rx GRP: USAN174

This card is available to the general public regardless of age or income. Use this free discount drug card over & over. This is not insurance.

Pharmacist help desk: 844-728-3791

**21 Announcements**      **21 Announcements**      **21 Announcements**

**LIFETIME METAL ROOFING**  
by VaCarolina Buildings, INC

It's storm season! Are you prepared? Call the experts at VaCarolina Buildings today for your free estimate on a new professionally installed Lifetime Metal Roof!  
Houses - Single Wides - Double Wides

**Last Roof You'll Ever Need For Your Home!**

Free Roof Inspection  
45 Year Warranty  
Financing Available

**1.800.893.1242**  
[metalroofover.com](http://metalroofover.com)

**21 Announcements**      **21 Announcements**      **21 Announcements**

**Virginia Horse Festival**

April 1-3, 2016  
at The Meadow Event Park

804-994-2800 Caroline County, VA  
[VirginiaHorseFestival.com](http://VirginiaHorseFestival.com)

**21 Announcements**      **21 Announcements**      **21 Announcements**

**WET BASEMENT???  
CRACKED WALLS???**

We Fix: Basements, Crawlspace, Cracked/Settling Foundations, Bowing Walls

**800-772-0704**

**seal-tite**      **FREE ESTIMATES**

Serving you since 1972      Call Now! 10% Limited Time Coupon  
Some Restrictions Apply

**21 Announcements**      **21 Announcements**      **21 Announcements**

**BANKRUPTCY SALE**  
(Subject to Bankruptcy Court Approval)

**2 New Assisted Living Facilities in Richmond & Williamsburg, VA**  
Offer Deadline: 4/27/16  
Stalking-Horse Offers Now Being Considered

10601 Barbara Lane, Richmond  
1807 Jamestown Road, Williamsburg

- Brand new state-of-the-art facilities
- 28,620 sf / 48 units per facility
- Standard unit avg. approx. 249 sf

**KEEN-SUMMIT CAPITAL PARTNERS LLC**  
(646) 381-9222 • [Keen-Summit.com](http://Keen-Summit.com)

**21 Announcements**      **21 Announcements**      **21 Announcements**

**BABY POWDER OR OTHER TALCUM POWDER LINKED TO OVARIAN CANCER**

Long-term use of baby/talcum powder is linked to ovarian cancer. If you or a loved one suffered from ovarian cancer after using Johnson's Baby Powder, Shower to Shower or other talcum powder, you may be entitled to substantial compensation. Call us at 1-800-THE-EAGLE now. No fees or costs until your case is settled or won. We practice law only in Arizona, but associate with lawyers throughout the U.S.

**GOLDBERG & OSBORNE**  
915 W. Camelback Rd. Phoenix, AZ 85013  
**1-800-THE-EAGLE**  
**(1-800-843-3245)**  
[www.1800theeagle.com](http://www.1800theeagle.com)

Open 7 Days a Week



# LONG & FOSTER® # 1 in Virginia

703-425-8000



**Carol Hermandorfer**  
703-216-4949  
Expect Personal Service & Experienced Negotiation

C.A.R.O.L.  
**Hermandorfer Associates**



**Clifton - \$695,000**  
Victorian Farmhouse nestled on 1.25 acres features hardwoods, crisp moldings, open kitchen, screened porch & deck Close to Historic Town of Clifton.



**Fairfax - \$1,449,000**  
Luxury Estate homes being built on 5 gorgeous acres in an enclave of 12 homes. Call for floorplans and more information.

View more photos at [www.hermandorfer.com](http://www.hermandorfer.com)



**David Levent**  
703-338-1388  
davidshomes@lnf.com  
Selling Virginia's Finest Homes  
Member, NVAR Multi Million Dollar Sales Club



**MARSHA WOLBER**  
Lifetime Member NVAR Top Producers  
Top 5% of Agents Nationally  
[www.marshawolber.com](http://www.marshawolber.com)  
Cell: 703-618-4397



**Fairfax Station \$1,079,000**  
Gorgeous 5 Bedroom, 3 Full/2 Half Bath Home. Approx 6400 sq. ft. 3 Finished Levels. 5+ acres. Gourmet Kitchen, Large Formal Dining Room, Hardwood & Ceramic Tile Flooring, Large Library with Custom Built-In Bookshelves. Much More.



**Little Rocky Run in Clifton \$689,900**

Tucked away on private drive on 0.5 acres, spacious 4 BR, 3.5 BAs, fenced back yard. Granite chef's kitchen & sunroom. Walk to school & pool!

**Regency in Haymarket \$709,900**  
Amazing views of pond, golf course & mountains! Upgraded to the max! Main level living in Active Adult community. 4600 finished sq ft of luxury! 15430 Legacy Way



**JUDY SEMLER**  
703-503-1885  
judys@lnf.com  
[www.JudysHomeTeam.com](http://www.JudysHomeTeam.com)



**BURKE CENTRE \$399,900**  
Beautiful home w/3 finished levels, spacious eat-in kitchen, separate dining & living rooms, walkout recreation room & so much more. Great location near VRE Stations, public transportation, shopping & commuter routes. 5711 Walnut Wood Ln, Burke.  
Call Judy for more information at 703-927-7127.



**STEVE CHILDRESS**  
"Experience...with Innovation!"  
Life Member NVAR Top Producers  
Buyer Broker since 1973!  
703-981-3277



**Pep Bauman**  
"Put Pep's Energy to Work for You"  
703-314-7055  
PepLnF.com



**Burke Centre Waters Edge \$2,500/Month Beautiful Lakeview Deluxe Townhome**  
Immaculate 3 level Townhome.....just redecorated! 3 bedrms, 3 1/2 baths, 2 fireplaces, granite counter-tops!! Family rm w/ skylights and fireplace, Rec Rm in walk-out basement to patio, home office, Master suite w/ 2 closets, hardwood floors, huge living rm w/ fireplace leads to large deck overlooking lake. Separate Dining Rm, and much MORE!  
Call Steve Childress NOW...703-981-3277



**Alexandria \$599,900**  
Stratford on the Potomac - Beautifully maintained updated 4 bedroom, 3 bath on cul-de-sac. Wonderful kitchen with solid-surface counters, hardwood floors, freshly painted. Spacious lower level with family room, fireplace, fourth bedroom and full bath. Landscaped front yard with beautiful deck overlooking gorgeous backyard. Great location.



Come to the HEART of Real Estate, since 1980 Proudly Serving Northern VA  
**KAY HART, CRS, GRI**  
Associate Broker  
Life Member NVAR Top Producer  
kay.hart@longandfooster.com  
703-503-1860



**BARBARA NOWAK & GERRY STAUDTE**  
"My Virginia Home Team"  
703-473-1803, 703-309-8948  
gerry.staudte@longandfooster.com  
[www.MyVirginiaHomeTeam.com](http://www.MyVirginiaHomeTeam.com)



**Fairfax City \$644,900**  
Chancery Square gem in Historic Fairfax. Premier lot on the Park! Superior community near George Mason University. Updated, fresh, neutral, new roof, immense owners suite. Perfectly lovely. From George Mason, Rt. 123 towards Fairfax City: Left on West Dr, immediate Right into Chancery Square. 10506 Catesby Row. Kay Hart 703-503-1860



**Burke \$375,000 Delightful Updates**  
Affordable TH w/ 2 Master BR, 3.5 BA, W/O from LL, and fenced yard. Updated kitchen w/granite. Updated Baths, too! HW floors, fresh paint, new light fixtures, so much more! Don't miss this one!



**Cheryl Pryor**  
REALTOR® ckpryor@men.com  
703-801-9985  
1st time HOME BUYERS don't stay on the sidelines, call me!  
NOW is the PERFECT TIME to Buy a Home... Interest Rates are the Lowest in Years!



**Sheila Adams**  
703-503-1895  
Life Member, NVAR Multi-Million Dollar Sales Club  
Life Member, NVAR TOP PRODUCERS



**Burke Must See Property!! \$779,900**  
Fabulous Contemporary - Open, Bright Floor Plan  
Huge 4 Bedrooms - 3 1/2 Baths Beauty - Hdwd Flrs Main Level  
Elevator from garage to Main Level - Deck - 2 Fireplaces  
Gourmet Kitchen with all the Bells & Whistles  
Lower Level apartment with own entrance  
Call Sheila Adams for private tour 703-503-1895.



**John Astorino, Realtor**  
703.898.5148

**JA**  
**JOHN ASTORINO & associates**



**Karen Schiro, Realtor**  
703.509.3888



Burke • Old Mill Community • \$369,900



Springfield • Shannon Station • \$399,900

For more information, go to [www.JAHomes4u.com](http://www.JAHomes4u.com) or [John.Astorino@LNF.com](mailto:John.Astorino@LNF.com)



**Richard Esposito**  
703-503-4035  
Richard@LNF.com  
Service is the difference I provide.



**ELLIE WESTER**  
703-503-1880  
L&F Founder's Club  
Lifetime NVAR Top Producer  
Life Member, NVAR Million Dollar Sales Club  
ellie.wester@longandfooster.com



**Springfield \$569,900**  
This meticulously maintained colonial has 5 Bedrooms and 3.5 Baths on 3 finished levels. Almost 3,200 total square feet. Lower level is a walk out to premium wooded lot.



**Fairfax Station \$939,900**  
New England charm and Southern hospitality seamlessly blend in Glenver-dant. A home made for enjoying and entertaining complete with updated kitchen and spacious breakfast area nicely located by a wood burning fireplace. Roam through over 5,500 square feet including a sunroom and finished basement that offers a full kitchen. The upper level has four large bedrooms and three full baths plus a family den and attic playroom. The exterior features five acres, an in-ground pool as well as a four stall barn for horse lovers.

Access the Realtors' Multiple Listing Service: [www.searchvirginia.listingbook.com](http://www.searchvirginia.listingbook.com)