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PAGE 8

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OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 10 ♦ CLASSIFIED, PAGE 14

PHOTO BY ALEXANDRA TECCO/THE CONNECTION

Jean and Robert Hemm with the remaining birthday balloons from his 95th birthday celebration.

Springfield Veteran Celebrates 95th Birthday

NEWS, PAGE 11

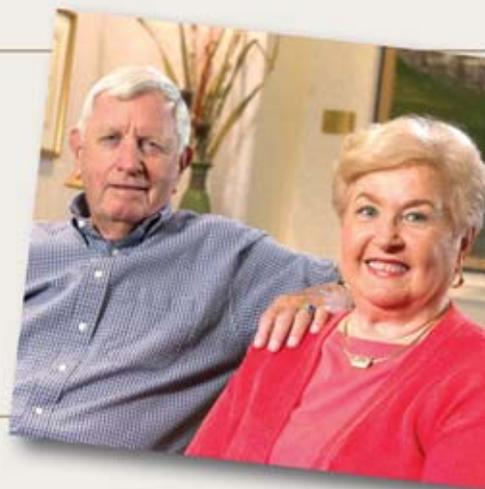
Three-Alarm Fire Draws 75 Firefighters to Brookfield Plaza

NEWS, PAGE 7

School Board Receives New Transgender Regulations

NEWS, PAGE 3

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NEWS

NOVEC Lineman Saves Man in Cardiac Arrest

A Northern Virginia Electric Cooperative lineman saved a man's life on June 17 in Springfield by using cardiac pulmonary resuscitation skills he learned at NOVEC.

Springfield resident Nicholas Reckmeyer, a 35-year-old first class NOVEC line technician, saw a young woman on the ground near a car holding a 29-year-old man while Reckmeyer and his family were traveling in their van that Friday evening.

According to a release from NOVEC, Reckmeyer told his wife he was going to help since he had been trained by the NOVEC in first aid, CPR, and automated external defibrillator use.

"I rushed over and asked if anyone had called 911," he said. "They had not, so I pulled out my cellphone."

RECKMEYER felt and looked for a pulse and respiration on the bleeding 29-year-old man. He found none.



Reckmeyer

"I had the woman lay the man's head flat," Reckmeyer said. "I checked his airway and then began CPR chest compressions. After about a minute of CPR, he began gasping and the young woman started yelling that he was breathing. But I knew gasping was a sign of cardiac arrest because of my experience in the Gaff-n-Go Rodeo."

SEE LIFE-SAVING SKILL, PAGE 5



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School Board Receives New Transgender Regulations

Discussion moves to a work session

BY TIM PETERSON
THE CONNECTION

Friday afternoon, July 1, Fairfax County School Board members each received an email containing new operating regulations regarding transgender and gender nonconforming students.

The previous board voted on May 7, 2015, to add “gender identity” to the school system’s nondiscrimination policy. They then hired a private consultant to help staff develop regulations for how that policy change would be formally enacted in schools day to day.

At the time, at-large Board member Ryan McElveen asserted that the policy change would effectively not change anything in the way transgender students and employees are treated from a school system standpoint. But the consultant would also review Fairfax County Public Schools practices as compared to best practices in other school systems and the formal guidelines would be reflective of that study as well.

THE SIX TYPED PAGES of guidelines begin with definitions the school system will use when referring to concepts including sex assigned at birth, transgender, transition and gender nonconformity.

They also call for the creation of support teams for students who identify themselves as transgender, transitioning or gender nonconforming, that can involve the parents or guardians, teachers, administrators, school psychologists or other staff members as appropriate.

The support team then develops a plan for how the student can feel most safe when using bathrooms or locker rooms, or participating in school activities and sports.

School Board Chairman Pat Hynes said the new guidelines are regulations as they now stand, not a draft.

“It’s the board’s role to review them, that’s part of our job,” Hynes said, “to make sure they comply with our policy.”



FCPS School Board in session.

PHOTO BY TIM PETERSON/THE CONNECTION

When the policy change was passed more than a year ago, there was successful follow-on motion calling for the board to review the regulations, as Hynes said. What the motion didn’t say was what form that review would take.

According to Hynes, it would be sufficient for members to simply read over the email and sign off. She called the regulations “well done” and “pretty comprehensive.”

A second option is for the board to convene a work session and discuss in a more in-depth manner. There could also be a legal advisory meeting for addressing specific legal questions. In the area of transgender regulations, Hynes acknowledges laws are still in flux.

“In my opinion,” she said, “this complies with our policy for nondiscrimination — the law, as the law now exists.”

If the board members collectively agree the new regulations are not fully in line with the policy, they can direct FCPS Superintendent Karen Garza and staff to amend them.

To decide the nature of the board’s review, they initially scheduled a forum on July 14 at Luther Jackson Middle school, around their evening business meeting.

Then on July 12, FCPS spokesperson John Torre said Hynes decided there was sufficient support from other Board and community members to take the regulations to a work session and forego the forum.

Monday, July 18 is the next scheduled all-day work session, beginning at 10 a.m. at FCPS headquarters on Gatehouse Road in

Merrifield.

Torre said it’s possible the transgender regulations could be added to the agenda then, but wasn’t able to confirm before print time.

In an email, At-Large member Jeanette Hough said she’s advocating for a more public conversation on the regulations in the form of a work session.

“Not only do I have a lot of questions about the regulations and on what basis they were created,” Hough wrote, “but I am hearing daily from my constituents with these same questions. For starters, I think it is important that we honor the follow on motion from May 7, 2015 when members of the former board stated that changes would be reviewed in a public way.”

Springfield District representative on the board Elizabeth Schultz is also critical, saying that the process of arriving at the regulations has been less transparent than the board promised last May.

“The race to embrace doesn’t help any side,” Schultz said. “There’s been no presentation to the board about what we’re doing well, best practices, what we’re not doing well, recommendations that we change. There’s nothing.”

Schultz, Hough and Sully District member Tom Wilson submitted a series of questions regarding the pending regulations to staff prior to finished product being sent to board members.

“How do you fundamentally implement any of this policy?” Schultz said. “[The regulations are] extremely limited. They don’t

even begin to cover the length and breadth of what we’ve submitted.”

SCHULTZ CITED the regulations not addressing transgender employee issues, how conscientious objector teachers would be dealt with, or whether medical professionals were involved in creating the document, adding their expertise on if the guidelines would be truly helpful.

“These are the nuances no one’s thinking about,” she said. “It requires really thoughtful discussion. To be authentic, you still have to have integration in the process, allow the process to work the way you told the people it was going to work.”

Robert Rigby, a teacher at West Potomac High School and leader of the LGBT employees group for Fairfax County Public Schools called FCPS Pride, plans to attend the July 14 forum.

So far, Rigby, who has been advocating for LGBT nondiscrimination since 2000 is pleased with the regulations. He was pleasantly surprised, he said, by the inclusion of support teams and the definition for gender nonconformity.

“It doesn’t put kids into boxes,” he said, “say you have to be — you can be yourself. It accommodates and recognizes that.”

Regarding the support teams, Rigby said Fairfax has been doing a version of that for a while. “It’s a developed program,” he said. Even if it hasn’t been codified until now. “My colleagues who’ve worked on this say it’s been a process — helping people out, making sure things work right. They’re really pleased and impressed by how it’s worked.”

Rigby said a bigger challenge for LGBT students is still those who don’t have support from their parents. His hope is with the new regulations and surrounding discussion and shared information, there will be more understanding.

“No one can make people support their kids,” he said. “But you can educate the wider community so there’s more of a chance.”

FCPS has not posted the regulations online yet, however, Hynes has been sharing the document with anyone interested in reviewing them. Her contact information is pmhynes@fcps.edu.

Park Discovery Trail Leads Children to Presidential History, Prizes

Which U.S. President made a daring escape from the enemy through Riverbend Park? What does the House at Hidden Pond Nature Center have in common with the White House? Which Commander-in-Chief saved Sully Historic Site from demolition? The answers to these questions and more can be found in this year’s Fairfax County Park

Authority Discovery Trail Map – Presidential Edition.

Now in its third year, the free Discovery Trail Map summer fun activity encourages students age 17 and younger to explore 12 distinctive parks and explore their unique features and connections to U.S. Presidents or their administrations. Students who visit eight of the 12 featured sites will receive tickets to more park fun valued at

nearly \$90 and will be entered into a drawing for one of three bicycles and helmets donated by Spokes, Inc. through the Fairfax County Park Foundation.

Discovery Trail Maps will be available at any staffed Fairfax County park, RECenter, nature center, historic site and golf course (while supply lasts) and any Fairfax County Public Library (while supply lasts).

Instructions for participating in the activity are included on the map. The promotion runs through Monday, Sept. 5, 2016.

Parents/guardians of the bike winners will be notified by e-mail and/or phone. Bike winners will be publicly announced in September. For more information contact the Public Information Office at 703-324-8662.

City of Fairfax Police responded to the incident, as demonstrators in the roadway were illegally obstructing the free passage of others, a city ordinance.



Four Arrested at Natasha McKenna Protest

PHOTOS COURTESY OF SHOWING UP FOR RACIAL JUSTICE

Racial justice group calls for Sheriff Kincaid to fire deputies.

BY TIM PETERSON
THE CONNECTION

Four demonstrators were arrested Monday morning at a protest outside the Fairfax Courthouse for the February 15 in-custody death of Natasha McKenna.

The protest organized by the Northern Virginia Chapter of the national organization Showing Up for Racial Justice had some 20 protesters.

It coincided with members from SURJ delivering a petition to Fairfax County Sheriff Stacey Kincaid demanding the termination of the deputies who handled McKenna's extraction from the jail, where she died during the process.

McKenna, who was 37 at the time of her death, was diagnosed with mental illness in her youth.

AS DEPUTIES attempted to prepare her for transport to the Alexandria jail, they forced her to the ground, then restrained her limbs in a chair and eventually covered her head with a spit hood. One deputy used a taser on McKenna four times over the course of the incident. McKenna lost consciousness and was transported to Inova Fairfax Hospital, where she later died.

Cat Clark of Alexandria, an activist and organizer with SURJ, said the petition was delivered, but not acknowledged by Kincaid's office.

When asked to respond to the demonstration and petition, Sheriff Kincaid released the statement: "Everyone has the right to protest lawfully and peacefully and also petition on issues that matter to them. I hope that regardless of where each of us stands on the issues of the day, we listen and learn from each other."

Because of how they viewed the petition's reception, Clark said the demonstrators decided to spread across Chain Bridge Road from the Courthouse to draw more attention.

"When a naked woman who is mentally ill is shackled to a chair, bag over face, basically tased to death and there are no repercussions of any kind," Clark said, "people need to speak up, hold her name in the light, stand up for her."

Commonwealth's Attorney Raymond Morrogh completed an investigation of the incident and concluded there were no grounds for criminal charges. The Sheriff's office has completed its own administrative investigation but has not said whether any of the deputies faced discipline.



Police warned the protesters they would be arrested if they didn't leave the street, spokesperson Sgt. Natalie Hinesley said.

Demonstrators chanted and held signs reading "Black Lives Matter," "Justice for Natasha McKenna" and "You promised you wouldn't kill me"—which McKenna can be heard saying on a video Kincaid released of McKenna's transport from the jail to the hospital.

City of Fairfax Police responded to the incident, as demonstrators in the roadway were illegally obstructing the free passage of others.

Police warned the protesters they would be arrested if they didn't leave the street, spokesperson Sgt. Natalie Hinesley said. All but four made their way to the sidewalk. Those that remained were arrested.

Hinesley said the four were taken before the a magistrate immediately and were subsequently released under their own recognizance.

A statement from SURJ said Brendan Orsinger, 34, was one of the four arrested for remaining in the street. "Our silence perpetuates violence," he said. "Too often we take our privilege and walk away from tough conversations. I don't want to be complicit in oppression anymore."

THE JULY 11 PROTEST represented one of seven SURJ chapters around the United States taking non-violent actions calling for changes in policing on the same day.

An administrative investigation took place within the Sheriff's Office to determine whether policies had been upheld or violated and if any disciplinary action should occur. The Sheriff's office wouldn't comment on results of the administrative investigation, when asked whether any of the deputies had been disciplined in any way or whether any policies had been changed in response.

Kincaid suspended the use of tasers in jail after McKenna's death.



PHOTOS CONTRIBUTED

Del. Eileen Filler-Corn (D-41, Delegate Dave Albo (R-42) and AARP Virginia State Director Jim Dau about to cut the ribbon in front of AARP's new office.

AARP Campaign Office Opens in Springfield

On Wednesday, July 6, delegates Eileen Filler-Corn (D-41) and Dave Albo (R-42) helped kick off the opening of the American Association of Retired Persons' "Take a Stand" Campaign Headquarters in Springfield. The campaign is an effort to make Social Security, which provides vital income to more than 1.4 million Virginians, stronger for future generations.

"Take a Stand," demands on behalf of all voters that presidential candidates take a stand on their plans to update Social Security. The campaign will spread its message through advertising, social media, grassroots outreach and publications. At the new campaign headquarters, AARP Virginia volunteers will be making calls to discuss with voters the need to update Social Security and encourage candidates to take a position on keeping this program solvent for future generations. Filler-Corn and Albo both participated in a ceremonial ribbon cutting in front of the office.

Filler-Corn and Albo, along with AARP Virginia's State Director Jim Dau spoke at the

event. Filler-Corn said that Social Security must be strengthened for the future, pointing out that one in six Virginians receive a monthly check from the program. "Every American deserves a secure, healthy and dignified retirement," Filler-Corn said. "Social Security must be kept strong for seniors, people with disabilities, and future generations."

Dau told the crowd gathered at the ribbon-cutting of the Take a Stand Springfield office that Virginia voters – key in the upcoming presidential election – want to hear the candidates talk more about Social Security on the campaign trail. "AARP Virginia and our more than million members here in the Commonwealth think doing nothing is not an option, and we're here to do something about it," he said.

President Franklin D. Roosevelt signed the Social Security Act into law in 1935. The program will celebrate 81 years of existence this August. "Social Security is the most successful anti-poverty program in American History. We must do all we can to protect it," said Filler-Corn.



Del. Filler-Corn speaking to the crowd.

Life-Saving Skill

FROM PAGE 2

At the annual Gaff-n-Go Lineman's Rodeo, judges score journeyman and apprentice linemen from 14 electric utilities in six states on their speed, accuracy, and safety skills, including CPR.

"After three minutes of chest compressions, I was getting tired and worried that he was not going to make it," Reckmeyer said. "The older man took over while I checked the victim's vitals, but he still had nothing. Since I noticed the older man was not doing compressions properly, I continued the CPR. After another 30 compressions, the younger man started coughing and moaning. I checked his pulse. He had a faint heartbeat and I could see his chest rising and falling with his breathing. About this time the ambulance and paramedics were pulling up and came over to help. I let them know they should get an AED on him just in case his heart stopped again. They did."

Reckmeyer gave the emergency medical service technicians information about the incident.

"AS I WAS WALKING BACK to the van I saw the man sitting up on the stretcher in the ambulance," Reckmeyer said. "A paramedic and police officer stopped me and said the man was alive because of my quick action in a stressful situation."

Reckmeyer explained to his wife and children, who watched from the van, that "in any given situation if you can help someone in need, regardless of whether you know them or not, you should help."

Reckmeyer credits the bi-yearly CPR and AED training at NOVEC for saving a life. He said, "Although I am the one who performed CPR, I must give credit to all those people at NOVEC who helped me be prepared for the situation and the folks responsible for the Gaff-n-Go Rodeo for including CPR as an event."

"We are thankful to the passerby who stopped to help and render aid to the man during this medical emergency," said PFC T. J. Wright, public information officer with the Fairfax County Police Public Affairs Bureau. "Having been trained in CPR and able to utilize the skill in attempt to save another man's life is commendable and he should be proud."

"We're proud of Nick and all our line technicians," NOVEC President and CEO Stan Feuerberg said. "These men often work in terrible weather conditions when power outages occur. They must be mentally sharp and physically tough to work around energized lines. And as Nick proved, they need to know exactly what to do when it really matters."

Reckmeyer almost drowned in a backyard swimming pool when he was two years old. A neighbor performed CPR on him and saved his life. Reckmeyer said, "Now it was my turn to use CPR to save a life."

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Be Part of Our Annual Community Guide

Share tips in upcoming Newcomers and Community Guides.

The Connection's annual Newcomers and Community Guides will publish Aug. 24 with a deadline of Aug. 17.

A bevy of interns, plus staff writers and editors, are preparing this year's 15 individual editions, but we need help from our readers.

We're hoping to share special places, activities, events, organizations and volunteer opportunities. What should someone new to your

neighborhood know about? Events that should not be missed? Organizations that do a great job? Places to volunteer? Tips for navigating your PTA or your school's front office? A great place to see the sunset? We'd love to have your photos to go along with your suggestions.

What are your favorite parks? Favorite historic sites?

What tips do you have for someone getting to know the community?

EDITORIAL

Faith organizations, nonprofit organizations, clubs, environmental groups, advocacy groups, youth sports teams and others who offer events open to the public are invited to send a paragraph about the organization and how to get involved.

We will publish a selection of local tips along

with a plethora of information useful to newcomers and long-time residents alike, including our award-winning Insiders Guide to the Parks, information on how to vote and more.

See last year's community guides by going to www.connectionnewspapers.com/PDFs/ and scrolling down to Newcomers.

Email tips and photos to editors@connectionnewspapers.com or send as a letter to the editor via the website at <http://www.connectionnewspapers.com/contact/letter/>. Send in your Insider's Tips by Wednesday, Aug. 17.

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LETTERS TO THE EDITOR

Summer Is Here: Time to Visit State Parks

BY SCOTT SUROVELL
STATE SENATOR (D-36)

Eighty years ago this month, Virginia created the first state park system in the United States. With 35 miles of Potomac River frontage in the 36th Senate district, our community is lucky to have access to many natural resources, including our state parks.

Our state park system has its origins in the Great Depression. In 1933, President Franklin Delano Roosevelt's Civilian Conservation Corps built numerous park and recreational areas throughout the nation, as well as in Virginia. My grandfather grew up in Franklin County, Virginia, a county with no public high school so he had an eighth-grade education and when he turned 22 in 1933, no job.

He enrolled in the CCC and was directed to report to the Arlington County "countryside" (yes, countryside). Every day, he walked through farm fields to construct trails and plant trees on Analostan Island in the Potomac River, which had recently been renamed Teddy Roosevelt Island next to Rosslyn. The CCC also helped build the George Washington Memorial Parkway.

Channeling FDR's CCC energy, Virginia opened its first six state parks to the public on June 15, 1936 — Hungry Mother, Staunton River, Westmoreland,

Douthat, Fairy Stone and Seashore (now called First Landing).

Eighty years later, Virginians have 38 state parks, and three of them are right here in the 36th District. Coupled with the National Park Service's George Washington Memorial Parkway, Pohick Bay Regional Park, Bureau of Land Management facilities (Meadowood Recreation Area) on Mason Neck, three federal wildlife refuges along the Potomac River and Accotink Bay Wildlife Refuge on Fort Belvoir, 36th District residents have the best access to low-cost, outdoor activities and opportunities to enjoy nature.

In Fairfax County, the 1,825-acre Mason Neck State Park opened in 1985 after local citizens, led by Mount Vernon area resident Liz Hartwell, galvanized support to fight development threats on the Mason Neck peninsula. The park has numerous river views, trails and picnic sites and is an excellent spot to view Potomac River wildlife.

Make sure you get outside and take advantage of some of these assets. As a taxpayer, you own them. To add more support, you can join one of our local "friends" groups that partners with these public lands.

Please contact me if you have any questions or need any further information at scott@scottsurovell.org. It is an honor to serve as your state senator.

School Board Politics and Transgender Policy

To the Editor:

The perception from many like me is that the Fairfax County School Board is hungry for national media attention as evidenced by their 2015 vote on the Gender Nonconforming and Transgender Student Policy. The fact is the board has had a strong nondiscrimination policy for many years, its verbiage covered, race, gender, culture, etc. So why did the board take it upon itself to identify and present the transgender issue when only .3 percent (according to a Williams Survey) of the population identified with this issue on a national level? A question never really posed to the board.

The Fairfax County School Board has lost its focus of the real issues such as the delivery of education in a global environment, renovations of current facilities in a timely manner, partnering education opportunities with institutions of higher learning, expanding language programs to the elementary schools, etc. It is my understanding the gender issue became a topic of discussion due to the persistence of a few individuals who took it to an at large member and then later to the local Democratic party. However, board members are to be impartial of political party loyalties but let us not be naive, board votes are driven by party directives.

Our education board is broken if they are letting political parties determine Board topics and votes on matters of curriculum and other issues for the sake of gain-

ing party votes during an election year. Let there be no misunderstanding, this is exactly what the transgender issue is all about, party votes and expanding a social agenda. It is doubtful parents and constituents know the board's vote in 2015 impacted the budget, student sports, the use of bathrooms, locker rooms, etc. Their seven-page policy is not meant for the occasional light reader.

The board has hit a sensitive nerve with their constituents and parents on this issue and now prefers to shy away from additional media controversy and discussion. In fact many parents are unaware the Transgender Policy is being brought forth again at a School Board Forum on July 14, which proves excellent planning on the board's part. The month of July is a wonderful time for controversial issues, the timing takes advantage that a large majority of parents and residents are gone on vacation; therefore it is easier to pass motions and generate policies. After such, the board will go into recess and all controversies will seem to be forgotten due to a lack of media attention. Thus there is little vocal objection from the public or notice.

Unfortunately for Elizabeth Schultz, FCPS Springfield District School Board representative, she has little hope in changing anything on this issue due to the board's political party influence and the timing of this issue. Her vote will continue to be a lonely vote. Common sense and true educational issues have been lost in Fairfax County.

Elizabeth Torpey Bradsher
Former Fairfax County School Board Member
Fairfax Station

MORE LETTERS, PAGE 7

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LETTERS

There was fire visible coming from the roof and smoke from the front and rear of the restaurant when firefighters responded around 2:18 p.m.



PHOTO COURTESY OF FAIRFAX COUNTY FIRE AND RESCUE

Three-Alarm Fire Draws 75 Firefighters to Brookfield Plaza

Investigators with the Fairfax County Fire and Rescue Department are still looking into the origin and cause of a three-alarm fire that caused an estimated \$600,000 in damage to a vacant restaurant in the Brookfield Plaza Shopping Center July 7.

There was fire visible coming from the roof and smoke from the front and rear of the restaurant when firefighters responded around 2:18 p.m.

Seventy-five firefighters were called in total, due

to the size and heat of the fire. That included aid from the Arlington County Fire and Rescue Department, Alexandria Fire Department and Fort Belvoir Fire Department.

The combined forces had the fire under control in around 50 minutes, a release said. There were no injuries to any firefighters or civilians.

—TIM PETERSON

LETTERS TO THE EDITOR

Misinterpretation and Misdirection

To the Editor:

This is a response to Mr. Peter Storm's specious letter, ("What Was the Founding Fathers' Intent?" (Connection, July 6-12, 2016) and the broader leftist propensity toward historical misinterpretation and misdirection regarding the 2nd Amendment.

Mr. Storm applied a selective "Founding Fathers" taxonomy (limited to the 56 signers of the Declaration) to assert that it's not possible to determine the Founders' intent behind the 2nd Amendment because they were "hardly involved" in authoring the Constitution, save the six men who signed both.

With this logic, readers are presumably supposed to feel compelled to forswear an originalist hermeneutic and submit to the latest progressive assault on individual liberties.

Not so fast. This is a distinction without a difference.

Whether the authors and signers of the Constitution are binned as "Founders" or not has almost no bearing whatsoever on one's ability to discern their intent, or on their authority when it comes to interpreting what they wrote or agreed to. Besides, the more widely accepted taxonomy for the "Founding Fathers" is one that includes the delegates to the Constitutional Convention, a taxonomy to which our own National Archives subscribes.

And irrespective of how narrow or broad one's definition of "the Founding Fathers" is, the historical record is replete with compelling evidence that those men recognized and sought to protect an

individual right to bear arms, as the Supreme Court reaffirmed most recently in Heller, and in so doing, serve as a check on the abuse of federal power.

So, when your readers hear things like Representative Connolly's call for reinstatement of the scary-looking (er...assault) weapons ban, they can easily consult any number of fellow Virginian Founders to see how contrary to their intent such proposals are: Thomas Jefferson and Richard Henry Lee (Declaration signers); or George Mason and James Madison (Convention delegates).

Progressives rely heavily on emotional appeals and logical misdirection to advance their anti-gun agenda, counting on the public to have forgotten their history. Your readers should not fall for it.

Jonathan Clough
Springfield

Congressman Champions Environmental Cause

To the Editor:

As the headlines on the devastating impacts of climate change in our country and worldwide are hitting the media, we wonder whether our legislators are doing enough to address this issue. It is comforting to know that we have such a champion in our Congressman Gerald Connolly. Here are some of Gerry's environmental activities:

❖ Co-chair of the House Sustainable Energy and Environmental Coalition (SEEC) – 54 members active on environmental, sustain-

able and renewable energy issues.

❖ As Chairman of Fairfax County, he helped adopt the County's first comprehensive environmental plan and adopted the Cool Counties initiative.

❖ He is an original cosponsor of Congressman Chris Van Hollen's Healthy Climate and Family Security Act, which is a cap and dividend proposal similar to what Citizens' Climate Lobby (CCL) advocates.

Gerry has visited 98 countries and has witnessed the pains inflicted on people by hunger, poverty, and political and religious repression. The burning desire to help Americans preserve our great democracy has led Gerry to pursue a career of public service on Capitol Hill. He has devoted his time to helping his constituents on all issues ranging from a small business matter to legislative efforts on climate change. His open door policy in welcoming constituents to express their concerns is managed by a staff who are committed to helping them in finding a satisfactory solution.

Coming from a war-torn country that was shattered by political instability and poverty, we have learned to appreciate the value of peace and democracy. It is exactly the type of representation and leadership found in someone like Gerry that we can count on to fight for social justice and to keep our democracy strong. Gerry is known for his tenacity and candor in speaking up and fight for a cause. He is competent, caring and accessible.

Vinh Cam, Ph.D.
Founder & CEO

Vietnamese American Coalition
Dr. Cam is a consultant on climate change.



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PHOTO BY JOHN COLE

A large picture window is the focal point of this white kitchen by Anthony Wilder Design Build, Inc.



PHOTO BY JAMIE COBEL

A Potomac, Maryland, kitchen was lightened, brightened and redesigned by Rill Architects to give the home's owners to a connection to their natural surroundings.

"The white kitchen is classic and timeless. It can work with most color accent palettes."

— Allie Mann, Case Design Build Inc.

Bright White

White kitchens are a trend with staying power.

By MARILYN CAMPBELL
THE CONNECTION

The clean, crisp look of a white kitchen has staying power and versatility, according to the National Kitchen and Bath Association. The organization reports that white cabinetry is the top choice for 67 percent of its members. In fact, the percentage of homeowners requesting white kitchens has increased by 20 percent over the past two years.

The trend is also apparent locally, said designers. When a family of five returned to the Washington, D.C. area after spending 30 years in the U.S. Foreign Service, they settled into their home in Bethesda, a 1960 brick Dutch colonial that they purchased in 1986. They decided to give the home a makeover because, after being a rental for many years, it felt dated and dingy. The family felt that the kitchen was old, dark and closed-off from the living room. They needed a larger space to accommodate their family of five.

The homeowners knew they wanted the new kitchen space to be free flowing and light-filled. They also wanted to incorporate some of their existing furniture,

such as an antique table and chairs. Designed by Bruce Wentworth of Wentworth Inc., the new kitchen is sunny and spacious. It includes white cabinetry and an island with dark gray granite countertops. A large stainless sink, dishwasher, pull-out trash and bookcase for cookbooks make the island functional. Facing the dining room is a shallow cabinet with mullioned glass doors.

Granite tops the counters in the remainder of the kitchen and white cabinetry houses a sub-zero refrigerator, microwave drawer, small prep sink and a gas range with a stainless steel range hood. "Wall cabinets with clear glass mullioned cabinet doors [give] visual depth and make space feel larger," said Wentworth.

When the owners of an Arlington home decided to update their dark and dated kitchen, they opened the space to the living and dining rooms and added natural lighting and white cabinetry. The result was a room with a crisp and airy aesthetic. The new, open concept allows the homeowners to better interact with family and friends.

"Prior to the remodel, the kitchen was essentially closed off to the rest of the home," said April Case



PHOTO BY GEOFFREY HODGDON

In this kitchen, designed by Wentworth Inc. a cabinet with mullioned glass doors face the dining room.



PHOTO BY STACY ZARIN GOLDBERG

Natural lighting and white cabinetry transform this kitchen, by Case Design Build, Inc. into a light and airy space.

Underwood of Case Design/Remodeling. "I think in general the perfect combination of the various materials, from smooth and glossy to rough and textured, is simple but interesting and shows beautifully," Underwood said.

Among the fixtures, accessories and materials used are Caesarstone countertops, a marble and granite backsplash and reclaimed shelving, provided by homeowners, which, "made the kitchen look more unique and gave it an eclectic feel,"

said Underwood. "I think in general the perfect combination of the various materials, from smooth and glossy to rough and textured, is simple but interesting and shows beautifully," said Underwood.

A large picture window overlooking an expansive backyard is the focal point of a white kitchen in Falls Church. When the homeowners decided to renovate and expand the space, they enlisted the help of designer Keira St. Claire

of Anthony Wilder Design Build, Inc. The project included adding additional space to the back of the house and removing a wall between the kitchen and the dining room.

"Although we opened up the wall between the kitchen and dining room, one challenge was maintaining a distinction between the two spaces, which was important to the client," said St. Claire. "In order to create a feeling of separation, while preserving the sense of openness



PHOTO BY JAMIE COBEL

A Potomac, Maryland, kitchen was lightened, brightened and redesigned by Rill Architects to give the home's owners to a connection to their natural surroundings.

... [we designed] a custom glass cabinet piece, which is accessible from both rooms," said St. Claire. The new unit gives the homeowners extra storage and a place to display their crystal. Sunlight from the new picture window in the kitchen reflects off the crystal stemware and refracts, causing both rooms to glisten with radiant, natural light.

White cabinetry was contrasted against dark wood as part of a kitchen renovation in Centreville. While the basic layout of the kitchen remained the same, the space, which was designed by Allie Mann of Case Design Build, Inc., was brightened with white cabinetry, a built-in pantry and a custom cherry wood island. "The white kitchen is classic and timeless," said Mann. "It can work with most color accent palettes."

A cramped and dark Potomac, Maryland, kitchen was lightened, brightened and redesigned to give the home's owners a connection to their natural surroundings, which included a landscaped yard created for outdoor entertaining.

The kitchen was designed by Jim Rill of Rill Architects who added a working island around which the family can gather and prepare meals. He described the new look as a, "simple, clean design with subtle elegance."

We added functional space with lots of windows and a place for everything, so kitchen could be cleaned up and used as an entertaining area," Rill said.

The family wanted a white kitchen, he said, because it, "creates a great backdrop for art and accentuates the exterior colors of spring, winter and fall."

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Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is July 20.

CALENDAR

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline is the Friday prior to the next paper's publication at noon. Dated announcements should be submitted at least two weeks prior to the event.

ONGOING

Evenings on the Ellipse. 5:30-7 p.m. Thursdays through Aug. 25. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Fun music and good company. Paradise Springs and The Winery at Bull Run will be offering complimentary tastings of their premium reds and whites. If it rains, concerts will be moved inside to the Government Center Forum. <http://www.fairfaxcounty.gov/parks/performances/>

Redder Blood. Fridays and Saturdays, 8 p.m. Sundays, 2 p.m. and 7 p.m. July 8-31. New School of Northern Virginia, 9431 Silver King Court, Fairfax, Virginia 22031. A premiere co-production between the Hub Theatre and the Jewish Community Center of Northern Virginia, written by Helen Parfumi. Follows character Sadie, a woman who hears the voice of God. \$20-\$30. www.jccnv.org. thehubtheatre.org. 703-537-3000.

The Farmer's Market at Springfield Town Center. 10 a.m.-2 p.m. Through November. Corner of Spring Mall and Loisdale roads, Springfield. Enjoy fresh baked goods, produce, vegetables & fruits, meats & cheeses, and a host of other vendors. springfieldtowncenter.com.

Plant Clinic. 9 a.m.-noon. Sundays till end of September. Lorton Farmers Market, 8990 Lorton Station Blvd., Lorton. Conducted by Master Gardeners. Answer gardening question, identify plants and insects, soil tests, etc. fairfaxgardening.org.

Carolina Shag. Wednesdays. 6:30-10 p.m. Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m. No partners needed. Dinner menu. \$8. Under 21 free. nvshag.org.

FUN-Exercise. Thursdays, noon-12:50 p.m. Grace Presbyterian Church Family Room, 7434 Bath St., Springfield. Inova certified exercise instructor leads a moderate level exercise class with music and current events conversation. Muscle, Balance, Strength Training using stretch bands and weights both standing and seated exercises. Instructor donation is \$5. Contact Chris Moore at moorefitt@yahoo.com or 703-499-6133.

THURSDAY/JULY 14

Children's Concert. 6:30-9 p.m. City of Fairfax Veterans Amphitheater, 10455 Armstrong St., Fairfax. Join the City of Fairfax Band and Sandy Spring Band for this annual Fairfax tradition. Free balloons and ice



PHOTO COURTESY OF HUB THEATRE

Cast members of Hub Theatre's "Redder Blood": (from left) Dawn Ursula (as the Voice of God) and Jenna Sokolowski (as Sadie) will perform at the John Swaye Theatre in Fairfax, July 8-31.

cream for the kids. Instrument petting zoo, followed by a concert of your favorite tunes. Free. fairfaxband.org.

Summer Sundaes Series. 7-9 p.m. Immanuel Bible Church, 6911 Braddock Road, Springfield. Guest speaker is Richard Lee, International Justice Mission. immanuelbible.net.

Evenings on the Ellipse. 5:30-7 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Doc Scantlin and his Imperial Palms Orchestra. Fun music and good company. Paradise Springs and The Winery at Bull Run will be offering complimentary tastings of their premium reds and whites. If it rains, concerts will be moved inside to the Government Center Forum. <http://www.fairfaxcounty.gov/parks/performances/>.

THURSDAY/JULY 15

Summer Concert Series. 7:30-8:30 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield. Featuring Billy Coulter. Bring your family and friends, and a picnic dinner. <http://www.fairfaxcounty.gov/parks/performances/braddocknights.htm>.

SATURDAY/JULY 16

Wilderness Survival Skills. 9 a.m. Burke Lake Park, 7315 Ox Road, Fairfax Station. Survival class for busy people preparing their next outdoor adventure. This fast-paced session covers essential survival skills for day hiking, backpacking, camping, hunting or fishing in the backcountry. Topics include survival preparedness, fire making, rescue signaling, shelter building, foraging for food, collecting and purifying water, finding time and directions, making natural cordage and preparing the ultimate survival kit. Bring snacks and water. Ages 13-

Adult. 4 hours. \$48 in-county, \$63 out of county. <http://parktakes.fairfaxcounty.gov/>.

Get Pop Cultured - Pokemon. 4 p.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade Drive, Fairfax. Learn how to become a Pokémon Champion, take a photo with a Pikachu and Charizard standee, enjoy a special offer and more as we celebrate 20 years of Pokémon. 703-278-8527.

SUNDAY/JULY 17

Sherry Meeks Author Reading. 2-4 p.m. Barnes and Noble, 6646 Loisdale Road, Springfield. 703-971-5383.

WEDNESDAY/JULY 20

Summer Concert Series. 7:30-8:30 p.m. Lee District Park, 6601 Telegraph Road, Franconia. Featuring East of Monroe. Bring your family, friends and a picnic dinner. <http://www.fairfaxcounty.gov/parks/performances/lee-district-nights.htm>.

Look up to the Stars. 2:30-3:30 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Explore the universe, stars and other celestial wonders. Presented by astronomer and former NASA consultant Kevin Manning. Cosponsored by the Friends of the George Mason Regional Library. Age 6-12. 703-249-1520.

THURSDAY/JULY 21

Lunch N' Life. Noon-2 p.m. Burke Presbyterian Church, 5690 Oak Leather Drive, Burke. Features the Capital Swing Quartet, a woman's a cappella group. For reservations, call Faye Quesenberry at 703-620-0161, by July 15. \$10.00; checks payable to SCFB. If transportation is needed, call the SCFB office 703-323-4788.

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

JULY

7/27/2016.....Connection Families: Our Pets

AUGUST

8/3/2016.....Wellbeing

8/10/2016.....HomeLifeStyle

8/17/2016...A+ Camps & Schools - Back to School - Private Schools

8/24/2016...Newcomers & Community Guide Pullout

8/31/2016.....Connection Families: Enrichment, Care & Back to School

SEPTEMBER

Labor Day is September 5

9/7/2016.....Wellbeing

9/14/2016.....HomeLifeStyle Pullout - Real Estate & New Homes

9/21/2016.....A+ Camps & Schools Back to School, Open Houses

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- Mount Vernon Gazette
- Oak Hill/Herndon Connection
- Potomac Almanac
- Reston Connection
- Springfield Connection
- Vienna/Oakton Connection

PEOPLE

Having cake and coffee after dancing to celebrate Robert Hemm's 95th birthday. Back row: Jane Meyers, Barbara Offner, Alison Grieg, Bob William. Middle row: Louise Case, Ingrid Hearney, Rosita Verrier, Edna Ludder. Front row: Mary Lee Brooks, Robert Hemm, Jean Hemm



PHOTO COURTESY OF DAN PRITCHARD

Springfield Veteran Celebrates 95th Birthday

BY ALEXANDRA TECCO
THE CONNECTION

Robert Hemm of Springfield celebrated his 95th birthday on Monday, June 20. Hemm's busy life has centered on serving his country and community. At 95 that hasn't changed. Still involved in numerous organizations that focus on assisting others he finds it important to "just keep moving."

In that spirit Hemm kicked off his birthday by leading the senior exercise class at Messiah Methodist Church. To encourage the class Hemm plays upbeat German Polka for them to exercise to. Typically the classes are spent in chairs, but on his birthday the class became a dance party. "He danced with each of the 15 women at the party," said Barbara Mosser, a fellow exercise instructor at the Church.

Born in St. Louis, Missouri in 1921 Hemm attended Washington University in St. Louis to study chemical engineering. While in college he joined the Junior ROTC, then transitioned to active duty in 1942 during World War II working in research and development for the Army Airforce for four years. "Back then they didn't have a separate air force, it was through the Army, now it's the USAF," Hemm said.

Hemm is the middle of three generations of service in his family, his father served in the Navy during World War I while his son, Robert Hemm Jr., joined the air force and now works at the Pentagon. All three Hemms and two of his grandsons are also Eagle Scouts.

Hemm is modest about his service and the attention his birthday has garnered, but is cheerful and smiles easily. After the dance party the class enjoyed coffee and birthday cake. Hemm said he's been receiving "birthday cards from London friends and all over the world." During Hemm's time in the military he traveled the world: London, Germany, Lisbon,

Starts the day by leading an exercise class.

Australia. As well as across the US to Ohio, Alabama, Texas and Virginia.

Hemm was recalled to active duty in 1951, where he served in the Korean War. Asked about any military honors, he gets shy, "the Legion Merit is the big one, that's the one worth mentioning," he said. The award is for outstanding service and achievement.

Hemm retired from the military in 1976 and moved to the area. "When I retired I moved to Virginia because more friends were here than any place." Hemm's service to the community continued in Virginia.

He worked on the Material Advisory board for the National Academy of Science until 1982. In 1983, at the age of 62, Hemm worked as a substitute teacher at Thomas Jefferson High School for Science and Technology. Unsure of how long he taught there he retrieves an old ledger and runs his fingers down the page, lists of the details of his time as a substitute, "I didn't work much at the end, the last time was in 2006." He was 85.

Hemm and his wife, Barbara, were married for 66 years before Barbara passed away. "It was tough when Barbara died, I was ready to let go," Robert Hemm says. He found love again with his longtime friend Jean. "Jean's added some years on," Robert Hemm noted.

Robert and Jean Hemm remain active. They work in the community through the Lions of Virginia, District 24A. They attend church concerts and like to polka and waltz as well as visit their timeshares in Williamsburg and Florida. Robert Hemm keeps himself sharp playing Sudoku, reading "every word of all the mail that comes" according to Jean, as well as the newspaper comics.

Robert and Jean Hemm have been married six years now and enjoy working together to keep moving.

Robert Hemm, 95, holding his military portrait and baby picture.

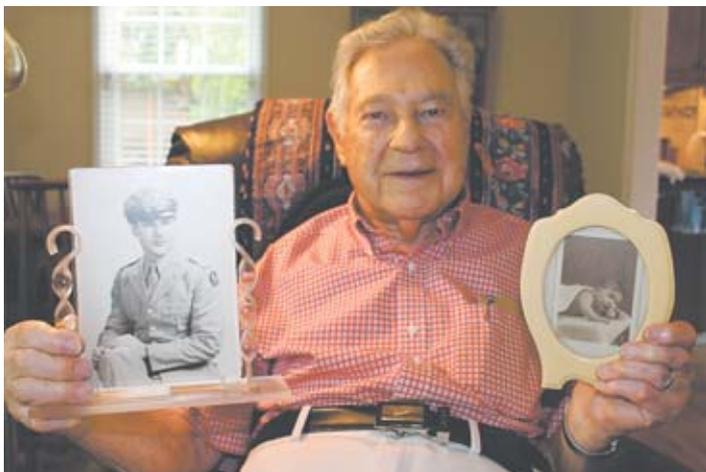


PHOTO BY ALEXANDRA TECCO/
THE CONNECTION

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SPORTS



From left, Jasmine Hellmer, Sam Pomajevich, James Jones and Lane Stone from the Burke site of Nation's Capital Swim Club competed in the 2016 USA Swimming Olympic Trials held in Omaha.



PHOTOS BY TIM PETERSON/THE CONNECTION

Head Coach Pete Morgan (left) of Fairfax Station leads a practice at the Burke Swim and Racquet Club.

All Out for Omaha

BY TIM PETERSON
THE CONNECTION

I:01.19. For the last year, Oakton resident Jasmine Hellmer has gone to bed looking up at “1:01.19” written on a Post-It note stuck to her ceiling. That time represented the rising Flint Hill School junior’s greatest goal to date: the time standard to qualify for Olympic Trials in the 100 butterfly.

Now 16, Hellmer began swimming seven years ago. Though she said she “tries to have a balance” in her life, she’s progressed in the sport to a high level of commitment in the service of her goals. Hellmer’s group trains at the Burke Swim and Racquet Club eight to nine times per week in the water, plus a handful of on-land workouts for additional strength and flexibility work.

The facility is one of more than a dozen sites for the Nation’s Capital Swim Club, of which Olympic champion Katie Ledecky is one of the more decorated athletes.

“Social life is obviously difficult,” Hellmer said. “I always have to say ‘I have swim practice.’”

But in March at a National Club Swimming Association championship meet, the young swimmer’s dedication and specific focus on the 100 fly were rewarded. She got the cut.

Hellmer was one of four swimmers from the same group, coached by Fairfax Station resident Pete Morgan, to compete in USA Swimming’s Olympic Trials meet. The weeklong event took place in Omaha the last week in June.

IT WAS THE FIRST trials experience for her teammates, as well, who included Burke resident and recent Robinson Secondary School graduate James Jones, Springfield resident and recent West Springfield High School graduate Lane Stone and Stonewall Jackson rising junior Sam Pomajevich, who lives in Manassas.

Overall, Nation’s Capital fielded a team of 25 at the trials, the most qualifiers of any club in the country.

And if making the qualifying times wasn’t

difficult enough, in order to actually make the team, swimmers must emerge as one of the top two finishers in each event out of a field of between 150 and 180.

“From top to bottom it’s the fastest meet in the world every four years,” said Coach Pete Morgan. “The depth better than you see in the Olympics. I’m very proud — as a country, what goes on in the process.”

Pomajevich advanced the furthest of the foursome from Burke, placing 22nd in the 200 butterfly. In the process, he was chosen to be part of the National Junior team and compete in August at the Junior Pan Pacific Championships in Hawaii.

“I’m pretty happy with how I swam,” he said. “And I have time to improve for the end of the season.”

Morgan said for each of his swimmers, they talked prior to the meet about maximizing their experience, understanding it was highly unlikely they would make the National team in their rookie meet.

“It’s no easy thing,” Morgan said. “What’s their reality? For most, it’s a timed final experience.”

Hellmer didn’t go a personal best time in her race.

But her coach was quick to remind her, “OK, you got here,” she remembers Morgan saying. “We talked about the whole, pinpointed what I did wrong. Then he said, ‘This is where you learn, where you get to watch.’”

Aside from their own races, the athletes were able to spend time warming up and down around stars in their sport, such as Ledecky, as well as living legends including Michael Phelps.

Pomajevich said the bigger names mostly kept to themselves. He said he didn’t have any starstruck moments either, keeping the mindset that they were his competition.

AT ONE POINT Hellmer found herself in the same recovery pool lane as Phelps himself.

“Oh my God don’t get in this lane,” she remembers thinking. “I just stopped at the wall and let him pass. It was really cool. I got to see how he trained, how he got ready

for his races.”

James Jones, a standout on the reigning Virginia state champion Robinson men’s swim and dive team, competed in the 50 freestyle and raced a time trial 100 freestyle, effectively a competition warm-up.

One highlight he said was swimming in the same preliminary heat as eventual Olympics qualifier Anthony Ervin.

Though making the meet was a huge milestone towards each of the foursome’s ultimate goal of making the Olympic team, they also felt tuned in to the energy of so many others fulfilling their dreams at the same time.

“It was awesome to watch,” Jones said.

“Achieving everything they’ve been working for.”

The arena in Omaha seated around 14,000 spectators for the advanced rounds of the meet.

“Once the stands were filled, it was even more amazing,” Heller said, “and even more nerve-wracking. The arena was full of emotions, tears of joy for those having reached their goals and achieved their dreams. And tears of sadness if you came in third — they were really devastated.”

In four years, each of the swimmers from Burke expects to return to trials, facing potentially devastating near-misses, or tears of joy.

Four from Burke club compete at Olympic Trials.



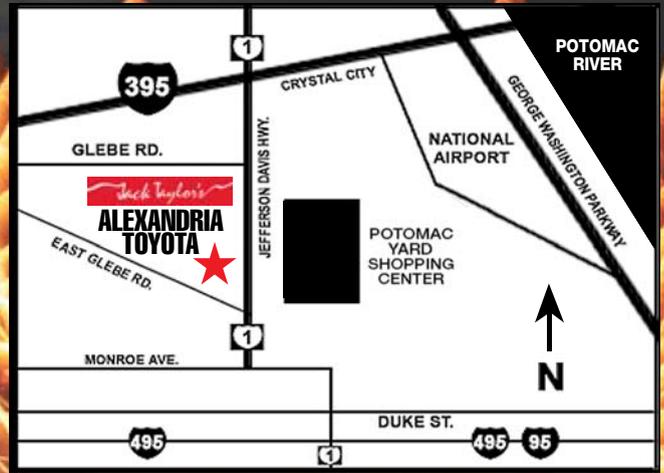
PHOTO CONTRIBUTED

Girls Soccer Team Champions Heads to National Championship

Braddock Road Youth Club, Under 14 Girls, U.S. Youth Soccer Region I Champions head to the U.S. Youth Soccer National Championship in Frisco, Texas, July 25-31, 2016. Back row: John (JK) Kenny, R. McCarthy, A. Taylor, L. Rabinowitch, L. Teuschl, M. Kenefick, L. Waniel, J. Steele, J. Konte, J. Turner, Tyler Mischalow. Front row: A. Nagai, T. Bui, M. Johnstone, G. Lemley, R. Melendez, H. Ko, R. Castro, V. Weber

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INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only. MACHINE ROTORS AN ADDITIONAL \$199.95.

TOYOTA GENUINE SERVICE
TRUE START BATTERY SPECIAL \$139⁹⁵
INCLUDES BATTERY INSTALLATION
Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month pro-rata, PLUS we'll check all battery cables & connections.

TOYOTA GENUINE SERVICE
SUMMER MAINTENANCE SPECIAL \$59⁹⁵
INCLUDES: Genuine Toyota oil filter, up to 5 qts of conventional oil, inspect windshield wipers, tire rotation, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air Alexandria Toyota's 27 pt. inspection & cabin air filters.

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TOYOTA GENUINE SERVICE
LUBE, OIL & FILTER SERVICE \$29⁹⁵ \$49⁹⁵
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TOYOTA GENUINE SERVICE
LUBE, OIL & FILTER SERVICE SPECIAL \$29⁹⁵ \$49⁹⁵
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INCLUDES: Change oil (up to 5 qts.), install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.

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TOYOTA GENUINE SERVICE
30000 MILES FACTORY RECOMMENDED SERVICE \$159⁹⁵
Synthetic \$10 More
INCLUDES: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

TOYOTA GENUINE SERVICE
PREMIUM FULL DETAIL \$295⁹⁵
Recommended Every 12 Months
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21 Announcements 21 Announcements 21 Announcements 21 Announcements

NOTICE OF SUBSTITUTE TRUSTEES'

SALE OF PROPERTY OWNED BY HUNTER MILL WEST, L.C.

LOCATED AT

10736 SUNSET HILLS ROAD, RESTON, VIRGINIA

SALE TO BE HELD AT THE FAIRFAX COUNTY CIRCUIT COURT

July 22, 2016, AT 9:00 A.M.

In execution of a certain Credit Line Deed of Trust and Security Agreement dated November 19, 2008, and recorded November 20, 2008 in Deed Book 20183 at Page 0376 among the land records of Fairfax County, Virginia (the "Deed of Trust"), made by HUNTER MILL WEST, L.C., a Virginia limited liability company, now securing CATJEN LLC, a Virginia limited liability company (the "Noteholder"), default having occurred in the payment of the debt secured thereby, and being instructed to do so by the Noteholder, the undersigned Substitute Trustees, will offer for sale the property described below at public auction by the main entrance to the Fairfax County Circuit Court, located at 4110 Chain Bridge Rd, Fairfax, VA 22030 on July 22, 2016, beginning at 9:00 a.m.

The real property encumbered by the Deed of Trust that will be offered for sale by the Substitute Trustees is commonly known as 10736 Sunset Hills Road (Tax Identification Number: 0183-02-0004) located in Reston, Fairfax County, Virginia, as more particularly described in the Deed of Trust, and all improvements, fixtures, easements and appurtenances thereto (the "Property").

TERMS OF SALE

ALL CASH. The Property will be offered for sale "AS IS, WHERE IS" and will be conveyed by Substitute Trustees' Deed (the "Substitute Trustees' Deed") subject to all encumbrances, rights, reservations, conveyances, conditions, easements, restrictions, and all recorded and unrecorded liens, if any, having priority over and being superior to the Deed of Trust, as they may lawfully affect the Property.

The Substitute Trustees and the Beneficiary disclaim all warranties of any kind, either express or implied for the Property, including without limitation, any warranty relating to the zoning, condition of the soil, extent of construction, materials, habitability, environmental condition, compliance with applicable laws, fitness for a particular purpose and merchantability. The risk of loss or damage to the Property shall be borne by the successful bidder from and after the date and time of the sale. Obtaining possession of the Property shall be the sole responsibility of the successful bidder (the "Purchaser").

A bidder's deposit of \$150,000.00 (the "Deposit") by certified or cashier's check shall be required by the Substitute Trustees for such bid to be accepted. The Substitute Trustees reserve the right to prequalify any bidder prior to the sale and/or waive the requirement of the Deposit. Immediately after the sale, the successful bidder shall execute and deliver a memorandum of sale with the Substitute Trustees, copies of which shall be available for inspection immediately prior to the sale, and shall deliver to the Substitute Trustees the Deposit and the memo-

randum of sale. The balance of the purchase price shall be paid by the Purchaser. Settlement shall occur within thirty (30) days after the sale date, TIME BEING OF THE ESSENCE with regard to the Purchaser's obligation.

Settlement shall take place at the offices of Venable LLP, 8010 Towers Crescent Drive, Suite 300, Tysons Corner, Virginia 22182 or other mutually agreed location. Purchaser shall also pay all past due real estate taxes, rollback taxes, water rents, water permit renewal fees (if any) or other municipal liens, charges and assessments, together with penalties and interest due thereon. The Purchaser shall also pay all settlement fees, title examination charges, title charges and title insurance premiums, all recording costs (including the state grantor's tax and all state and county recordation fees, clerk's filing fees, congestion relief fees and transfer fees and taxes), auctioneer's fees and/or bid premiums, and reasonable attorneys' fees and disbursements incurred in the preparation of the deed of conveyance and other settlement documentation.

The Purchaser shall be required to sign an agreement at settlement waiving any cause of action Purchaser may have against the Substitute Trustees, and/or the Beneficiary for any condition with respect to the Property that may not be in compliance with any federal, state or local law, regulation or ruling including, without limitation, any law, regulation or ruling relating to environmental contamination or hazardous wastes. Such agreement shall also provide that if notwithstanding such agreement, a court of competent jurisdiction should permit such a claim to be made, such agreement shall serve as the overwhelming primary factor in any equitable apportionment of response costs or other liability. Nothing herein shall release, waive or preclude any claims the Purchaser may have against any person in possession or control of the Property.

If any Purchaser fails for any reason to complete settlement as provided above, the Deposit shall be forfeited and applied to the costs of the sale, including Trustees' fees, and the balance, if any, shall be delivered to the Beneficiary to be applied by the Beneficiary against the indebtedness secured by and other amounts due under the Deed of Trust in accordance with the Deed of Trust or applicable law or otherwise as the Beneficiary shall elect. There shall be no refunds. Such forfeiture shall not limit any rights or remedies of the Substitute Trustees or the Beneficiary with respect to any such default. If the Property is resold, such re-sale shall be at the risk and the cost of the defaulting bidder, and the defaulting bidder shall be liable for any deficiency between its bid and the successful bid at the re-sale as well as the costs of conducting such re-sale. Immediately upon conveyance by the Substitute Trustees of the Property, all duties, liabilities and obligations of the Substitute Trustees, if any, with respect to the Property so conveyed shall be extinguished, except as otherwise provided by applicable law.

/s/ Henry F. Brandenstein, Jr., Substitute Trustee

FOR INFORMATION CONTACT:
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LEGAL NOTICE

According to the Lease by and between Michelle Urrutia aka Shelly Urrutia (of unit 1047) and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: furniture, clothes, tubs, christmas decor, boxes, ect. Items will be sold or otherwise disposed of on Friday July 22, 2016 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

According to the Lease by and between Terrance Pinner (of unit 4147) and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: bags, clothes, shoes, ect. Items will be sold or otherwise disposed of on Friday July 22, 2016 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

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