

HomeLifeStyle

PAGE 8

2016  
VIFFEN  
PRESS  
ASSOCIATION  
of  
North  
West  
Virginia  
and  
Roanoke  
County

and Oakton  
Vienna  
CONNECTION

Contortion, Cirque du Soleil "Kurios," at Tysons II, The Lerner Town Center, 8025 Galleria Drive, July 21 to Sept. 18, 2016.

# Cirque du Soleil Comes to Tysons II

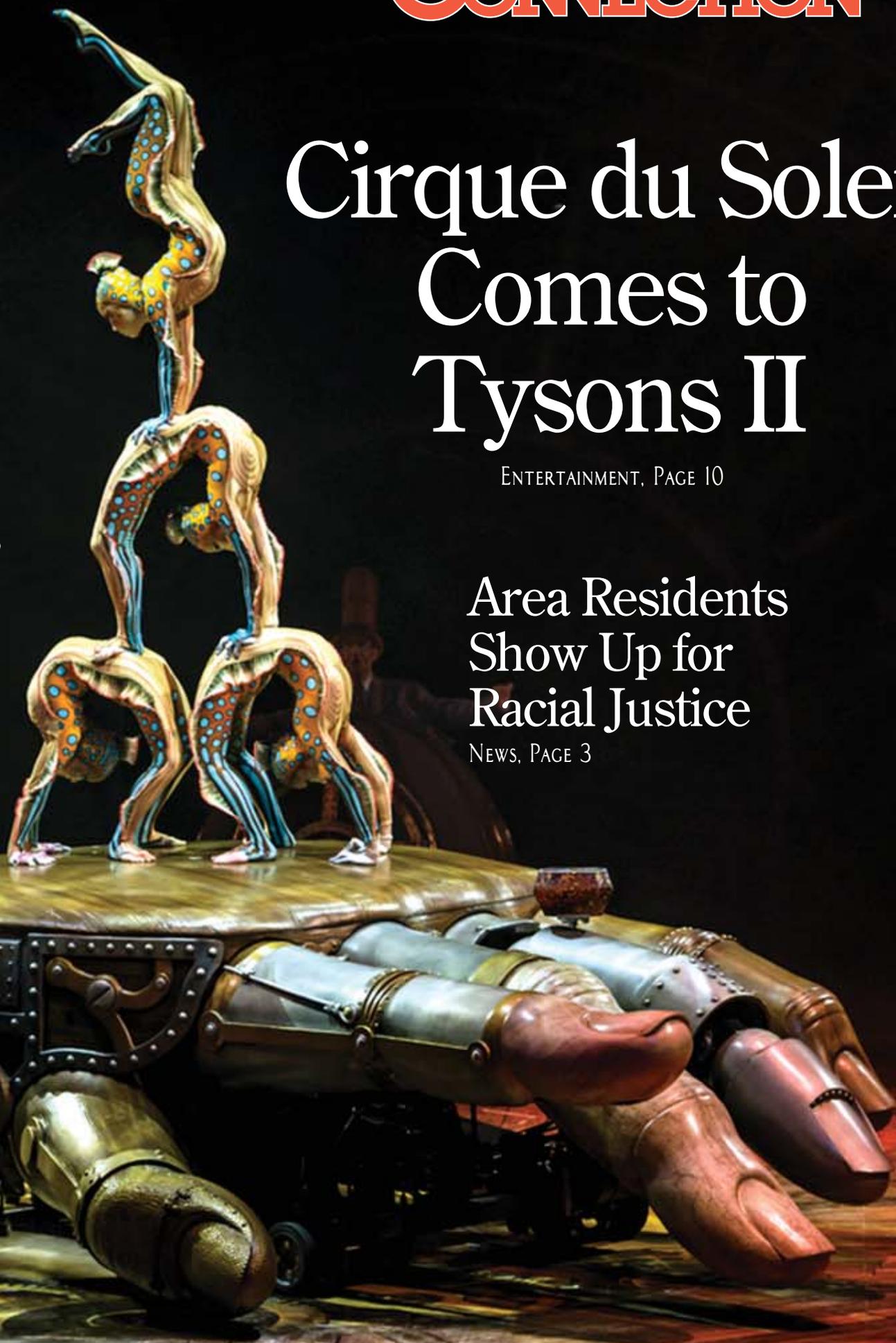
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PHOTO BY MARTIN GIRARD/SHOOTSTUDIO.CA COSTUMES: PHILIPPE GUILLIOTEL 2014 CIRQUE DU SOLEIL

# VIENNA CRIME REPORTS

## Notable incidents from the Town of Vienna police department from July 1-7.

### INCIDENTS

**Property Lost** - Vienna Town Hall, 127 Center St. S. June 30, 4:10 p.m. A citizen reported their daughter lost a cell phone at Vienna Town Hall.

**Drug Paraphernalia** - Giant Food Store, 359 Maple Ave. East. June 30, 7:08 p.m. A citizen called to report they found drug paraphernalia in the bushes near the Giant Food Store. The paraphernalia was collected and marked for destruction.

**Arrest** - Narcotics Violation - Wolf Trap Hotel, 430 Maple Ave. West. July 1, 12:25 a.m. Officers were patrolling the area of the listed address and noticed a strong odor of marijuana coming from a hotel room. Officers spoke with the occupants of the room and while speaking to them observed a measureable amount of marijuana on a table. A male occupant of the room claimed the suspected marijuana to be his. The 50-year-old male subject from Islip Terrace, New York was charged with possession of marijuana. He was issued a summons and released on his signature.

**Vehicle Tampering** - 1000 Block Echols Street SE, July 1, 11:17 a.m. A resident called to report their unsecured vehicle had been rummaged through. Nothing was taken.

**Assault** - Michaels Store, 311 Maple Ave. East. July 1, 11:47 a.m. A citizen called to report they were assaulted. A female subject stated she was walking near the listed store and was assaulted by a male subject. An officer spoke with both parties and determined no assault occurred.

**Animal Case** - 100 Block Battle Street

SE, July 1, 5:41 p.m. A citizen called to report there were two dogs at large. When the officer arrived he found both dogs and observed neither had a collar. Both dogs were transported to the Fairfax County Animal Shelter.

**Burglary** - Horner's Corner Dog Groomer, 420 Maple Ave. East. July 2, 9:10 a.m. Officers responded to the listed business for a broken glass front door. When they arrived they found the front door glass broken and the business rummaged through. The owner of the business was able to determine a sum of U.S. currency was stolen.

**Suspicious Event** - 400 Block Maple Avenue East. July 3, 9:44 a.m. A female subject called to report a verbal argument with a male subject. Sgt. Sheeran arrived and met with the female subject who told him she was in a verbal argument with a male subject she didn't know. An officer was able to make contact with the male subject who gave a different story than the female subject. The officer determined no crime took place and both subjects left the area.

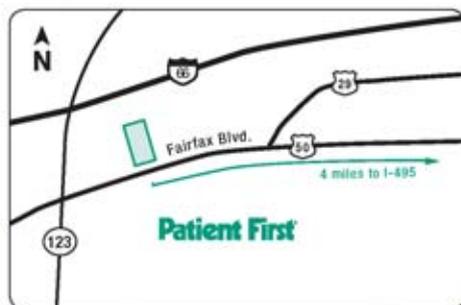
SEE CRIME, PAGE 5

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**Karen Wolf, board president of the Unitarian Universalist Congregation of Fairfax, closes a July 10 meeting of the Northern Virginia chapter of Showing Up for Racial Justice and sings “We are building a new way.”**

PHOTOS BY MARTI MOORE/THE CONNECTION



**Cat Clark prepares Sunday night for a July 11 rally at the Fairfax County Adult Detention Center. Besides a protest sign, she holds a petition to be delivered Monday morning to Fairfax County Sheriff Stacey A. Kincaid that calls for the firing of six deputies responsible for the death last year of jail detainee Natasha McKenna.**

## Area Residents Show Up for Racial Justice

**Oakton church provides forum for discussion on policing and race.**

BY MARTI MOORE  
THE CONNECTION

**N**orthern Virginia residents rankled with indignation by white police officers shooting black men across the country have a safe place in Oakton to voice their opinion.

Nearly 60 people gathered Sunday evening at the Unitarian Universalist Congregation of Fairfax at 2709 Hunter Mill Road to learn how they can turn their outrage into action.

The crowd, who were mostly white, heard Fairfax County resident Cayce Utley tell them about the racial justice organization that formed in 2008 after Americans voted their first black U.S. president into office.

At the time, she said, black activists noticed a resurgence of the white supremacy movement and turned to white community leaders to help to stanch its flow.

That is how Showing Up for Racial Justice began: as part of the solution to a national problem that came to a boiling point last week when police officers shot Alton Sterling, 37, in Louisiana July 5 and Philando Castile, 32, in Minnesota July 6. Their deaths were followed the next day by the mass shooting of five police officers in Texas, working at a protest.

Utley helped form the local chapter of SURJ last summer following the close of a U.S. Department of Justice investigation that cleared a white police officer in Ferguson, Missouri, of wrongdoing in the 2014 fatal shooting of Michael Brown — an unarmed 18-year-old black man.

Hundreds of Missouri residents and thousands of Americans across the country decried Brown's death and called for justice against racial profiling and the use of excessive force, which minorities have endured for decades.

“After Ferguson, I felt helpless,” Utley said. She spoke her mind through a chalk pen and her car windows. “I wrote Black Lives Matter all over my minivan,” she said. It



**Cayce Utley, president of the Northern Virginia chapter of Showing Up for Racial Justice tells nearly 60 Northern Virginia residents at the Unitarian Universalist Congregation of Fairfax in Oakton about her organization and how they can turn their outrage over recent cases of police brutality into action and advance the Black Lives Matter movement locally.**

wasn't long before she became president of the newly formed Northern Virginia chapter of SURJ.

**THE AUDIENCE** at the July 10 meeting were asked to gather into small groups to discuss what white people can do for racial justice.

“We need a really tremendous show of support,” said Reston resident Arlene Krieger, “With a tremendous white presence.”

Krieger, 69, believes this show of solidarity was a key factor in the success of Rev. Martin Luther King Jr.'s mission in the 1950s and 1960s to end racial segregation and

grant all American citizens their Constitutional right to vote through the Civil Rights Act of 1964.

“I'm from the '60s,” she said, adding that this week's events got her fired up so much she feels the need to answer the call to action.

Utley's husband, David, is encouraged by the show of people interested in discussing race relations at the meeting. He said SURJ will show local residents how to become white allies in the Black Lives Matter movement.

Instead of talking about recent cases of racial injustice elsewhere in the country, meeting leaders focused on their local

agenda to call for an end to the police crackdown on illegal immigration in neighboring Prince William County — where Board of Supervisors chairman at large, Corey A. Stewart started using law enforcement in 2007 to hand more than 4,300 alleged criminals over to the U.S. Immigration and Customs Enforcement, according to the county government website. That is more than 1 percent of the county's reported repopulation of 410,000 residents.

Another SURJ committee wants to rename J.E.B. Stuart High School in Falls Church. It also calls for a new name to local NFL team, the Washington Redskins.

In their final call to action, leaders asked for volunteers to help them protest Monday morning the 2015 killing of Natasha McKenna — a 37-year-old African American woman with schizophrenia and bipolar disorder who was fatally shocked four times with a stun gun by six sheriff's deputies in the Fairfax County Adult Detention Center.

Activists presented Fairfax County Sheriff Stacey A. Kincaid with a petition to fire the police officers who continue to work at the jail after following McKenna's death.

Sunday night, Cayce Utley asked why Fairfax County residents continue paying the salaries of jail employees responsible for McKenna's death.

“There's a lot of grief and fatigue in the black movement community,” said Utley.

**HER GROUP'S NEXT MEETING** is at 10 a.m. July 23 at the Richard Byrd Library in Springfield, where guest speaker Autumn Saxton-Ross — an expert in public health, sociology and encouraging city residents to enjoy the great outdoors — will discuss race and racism in the parks and other recreational spaces. She is policy director for event co-sponsor Outdoor Afro, which encourages recreational activities in natural spaces for healthy living.

The library is at 7250 Commerce St. For more information, on SURJ, go to [www.surjnova.org](http://www.surjnova.org).

# PEOPLE

PHOTOS CONTRIBUTED

From left, Boy Scouts Tucker Mitchell, 15, Riley Jarvis, 17, Justyn Loss, 18, and friend Nana Owusu-Ansah, 19, of Oakton.



Riley Jarvis with new tool shed in the Learning Garden

## New Tool Shed at Vienna Community Garden

Oakton resident Riley Jarvis, of Boy Scout Troop 1983, completed his Eagle service project for the Vienna Community and Learning Garden. Brandy Wyatt, program coordinator of Vienna Parks and Recreation and Vienna resident, garden volunteer, Mary Woods, requested a functional tool shed made from recycled and donated materials.

Gathered building materials donated from local builders and contractors from previous building projects were recycled and used for the construction of the shed. Troop 1983 supplied the volunteer labor and skill to complete and deliver the project on site. Come see the new addition and learn about the vegetables and flowers grown in the garden.



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# CRIME

FROM PAGE 2

**Animal Case** - Ware Street and Walker Street, SW. July 3, 6:28 p.m. A citizen called to report an at large dog. An officer located the dog with a Town of Vienna dog tag; however, the tag was not up to date. The dog was transported to the Fairfax County Animal Shelter.

**Arrest** - Drunk in Public - 100 Block Patrick Street SE. July 3, 11:49 p.m. Officers responded to the listed area for a 911 hang-up. They searched the area and were unable to find the caller. A short time later a male subject approached MPO Shaw and identified himself as the caller. An officer arrived to assist another officer and in doing so observed possible signs of impairment as the male subject talked. Officers escorted the male subject to his residence where he refused to remain. The 44-year-old male subject from Patrick Street, Vienna was arrested for drunk in public. He was transported to the Fairfax County Adult Detention Center.

**Animal Case** - Blackstone Terrace and Lawyers Road NW. July 4, 10:18 p.m. An injured deer was reported at the listed intersection. Ofc. Reedy arrived and determined the deer had suffered significant injuries. The deer was euthanized.

**Animal Case** - 300 Block Owaissa Road SE July 5, 9:15 a.m. An officer responded to the listed area for a dog choking or possibly not breathing. When he arrived the dog had regained consciousness, but was unable to move. ACO Barker and Fairfax County Fire assisted the homeowner in getting the dog to the animal shelter. On July 6, the officer received an update the dog was still being observed with an unknown prognosis.

**Petit Larceny** - Wolf Trap Hotel, 430 Maple Ave. West. July 5, 10:39 a.m. A citizen called to report they had some prescription drugs stolen from their hotel room.

**Open Door Window** - 100 Block Patrick Street, SW. July 5, 11:04 a.m. While on patrol an officer was waved down by a citizen. They told him the residence next store had an open back door. Officers searched the residence and found nothing suspicious.

**Vehicle Tampering** - Moorefield Hill Road, SW. July 4 at 3:30 p.m. and July 5 at 9 a.m. A resident called to report their vehicle had been rummaged through. Their vehicle was left unsecured. Nothing was taken.

**Grand Larceny** - Moorefield Hill Court, SW. Between July 4 at 5 p.m. and July 5 at noon. A resident called to report their vehicle had been rummaged through. The resident stated the vehicle was locked, but no signs of forced entry were found. Two handguns were stolen from the vehicle.

**Petit Larceny** - Ace Massage - 301 Block Maple Ave. West. July 5, 8:29 p.m. An employee of the listed business called to report a male subject came into the business and took U.S. currency from the front counter.

**Burglary** - 100 Block Ayr Hill Avenue NW. Between July 2 at 7 a.m. and July 5 at 10:30 p.m. A resident returned home from a vacation to find the rear door to their residence open. Several **p e r s o n a l** items and U.S. currency were stolen.

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# OPINION

## Be Part of Our Annual Community Guide

### Share tips in upcoming Newcomers and Community Guides.

The Connection's annual Newcomers and Community Guides will publish Aug. 24 with a deadline of Aug. 17.

A bevy of interns, plus staff writers and editors, are preparing this year's 15 individual editions, but we need help from our readers.

We're hoping to share special places, activities, events, organizations and volunteer opportunities. What should someone new to your

neighborhood know about? Events that should not be missed? Organizations that do a great job? Places to volunteer? Tips for navigating your PTA or your school's front office? A great place to see the sunset? We'd love to have your photos to go along with your suggestions.

What are your favorite parks? Favorite historic sites?

What tips do you have for someone getting to know the community?

#### EDITORIAL

Faith organizations, nonprofit organizations, clubs, environmental groups, advocacy groups, youth sports teams and others who offer events open to the public are invited to send a paragraph about the organization and how to get involved.

We will publish a selection of local tips along

with a plethora of information useful to newcomers and long-time residents alike, including our award-winning Insiders Guide to the Parks, information on how to vote and more.

See last year's community guides by going to [www.connectionnewspapers.com/PDFs/](http://www.connectionnewspapers.com/PDFs/) and scrolling down to Newcomers.

Email tips and photos to [editors@connectionnewspapers.com](mailto:editors@connectionnewspapers.com) or send as a letter to the editor via the website at <http://www.connectionnewspapers.com/contact/letter/>. Send in your Insider's Tips by Wednesday, Aug. 17.

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[www.connectionnewspapers.com/advertising](http://www.connectionnewspapers.com/advertising).

#### LETTERS TO THE EDITOR

### Supervisor Hudgins Shows Appreciation to Fairfax County Police Department

To the Editor:

In response to the horrific events in Dallas, Texas, I felt it was important to show our community appreciation for the Fairfax County Police Department and their work in our community. Two weeks ago, we came together to celebrate the opening of our North County Governmental Center and Reston District Police Station. My office is co-located with the Reston District Station and we are able to build a productive working relationship through our proximity. The past few days have caused an array of emotions in the community. We must remember our officers are putting themselves in harm's way to keep us all protected. In the spirit of this appreciation, we have created a signboard for members of the community to share their appreciation. Many folks have already stopped by with expressions of their support. The signboard is available on our office door at the North County Governmental Center (1801 Cameron Glen Drive, Reston). You are invited to stop by to add your comments and appreciation. For additional information please contact Paul Davis at 703-478-0283, or via email at [huntermill@fairfaxcounty.gov](mailto:huntermill@fairfaxcounty.gov).

**Supervisor Catherine M. Hudgins**  
D-Hunter Mill District

### Misinterpretation and Misdirection

To the Editor:

This is a response to Mr. Peter Storm's specious letter, ("What Was the Founding Fathers' Intent?" (Connection, July 6-12, 2016) and the broader leftist propensity toward historical misinterpretation and misdirection regarding the 2nd Amendment.

Mr. Storm applied a selective "Founding Fathers" taxonomy (limited to the 56 signers of the Declaration) to assert that it's not possible to determine the Founders' intent behind the 2nd Amendment because they were "hardly involved" in authoring the Constitution, save the six men who signed both.

With this logic, readers are presumably supposed to feel compelled to foreswear an originalist hermeneutic and submit to the latest progressive assault on individual liberties.

Not so fast. This is a distinction without a difference.

Whether the authors and signers of the Constitution are binned as "Founders" or not has almost no bearing whatsoever on one's ability to discern their intent, or on their authority when it comes to interpreting what they wrote or agreed to. Besides, the more widely accepted taxonomy for the "Founding Fathers" is one that includes the delegates to the Constitutional Convention, a taxonomy to which our own National Archives subscribes.

And irrespective of how narrow or broad one's definition of "the Founding Fathers" is, the historical record is replete with compelling evidence that those men recognized and sought to protect an individual right to bear arms, as

the Supreme Court reaffirmed most recently in Heller, and in so doing, serve as a check on the abuse of federal power.

So, when your readers hear things like Representative Connolly's call for reinstatement of the scary-looking (er...assault) weapons ban, they can easily consult any number of fellow Virginian Founders to see how contrary to their intent such proposals are: Thomas Jefferson and Richard Henry Lee (Declaration signers); or George Mason and James Madison (Convention delegates).

Progressives rely heavily on emotional appeals and logical misdirection to advance their anti-gun agenda, counting on the public to have forgotten their history. Your readers should not fall for it.

**Jonathan Clough**  
Springfield

### School Board Politics and Transgender Policy

To the Editor:

The perception from many like me is that the Fairfax County School Board is hungry for national media attention as evidenced by their 2015 vote on the Gender Non-Conforming and Transgender Student Policy. The fact is the board has had a strong nondiscrimination policy for many years, its verbiage covered, race, gender, culture, etc. So why did the board take it upon itself to identify and present the transgender issue when only .3 percent (according to a Williams Survey) of the population identified with this issue on a national

level? A question never really posed to the board.

The Fairfax County School Board has lost its focus of the real issues such as the delivery of education in a global environment, renovations of current facilities in a timely manner, partnering education opportunities with institutions of higher learning, expanding language programs to the elementary schools, etc. It is my understanding the gender issue became a topic of discussion due to the persistence of a few individuals who took it to an at large member and then later to the local Democratic party. However, board members are to be impartial of political party loyalties but let us not be naive, board votes are driven by party directives.

Our education board is broken if they are letting political parties determine Board topics and votes on matters of curriculum and other issues for the sake of gaining party votes during an election year. Let there be no misunderstanding, this is exactly what the transgender issue is all about, party votes and expanding a social agenda. It is doubtful parents and constituents know the board's vote in 2015 impacted the budget, student sports, the use of bathrooms, locker rooms, etc. Their seven-page policy is not meant for the occasional light reader.

The board has hit a sensitive nerve with their constituents and parents on this issue and now prefers to shy away from additional media controversy and discussion. Common sense and true educational issues have been lost in Fairfax County.

**Elizabeth Torpey Bradsher**  
Former Fairfax County School Board Member  
Fairfax Station

## Vienna & Oakton CONNECTION

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**Waples Mill Elementary Students Label over 650 Storm Drains**

The STAMP Committee (Science Technology Art Music Philanthropy) at Waples Mill Elementary School in Oakton just finished labeling every storm drain in its attendance area -over 650 drains- in partnership with Northern Virginia Soil and Water Conservation District. Volunteers including Waples Mill students, teachers, family members, and neighbors; Cub Scouts from Pack 1530 in Oakton; Waples Mill alumni; and Girl Scouts from Greenbrier East, Greenbrier West and Navy learned about protection and conservation of their watershed Difficult Run and educated thousands of residents in their attendance area not to dump into storm drains. Waples Mill is the only school to label all of the drains in its school territory.

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# HomeLifeStyle Bright White

White kitchens are a trend with staying power.

BY MARILYN CAMPBELL  
THE CONNECTION

The clean, crisp look of a white kitchen has staying power and versatility, according to the National Kitchen and Bath Association. The organization reports that white cabinetry is the top choice for 67 percent of its members. In fact, the percentage of homeowners requesting white kitchens has increased by 20 percent over the past two years.

The trend is also apparent locally, said designers. When a family of five returned to the Washington, D.C. area after spending 30 years in the U.S. Foreign Service, they settled into their home in Bethesda, a 1960 brick Dutch colonial that they purchased in 1986. They decided to give the home a makeover because, after being a rental for many years, it felt dated and dingy. The family felt that the kitchen was old, dark and closed-off from the living room. They needed a larger

space to accommodate their family of five.

The homeowners knew they wanted the new kitchen space to be free flowing and light-filled. They also wanted to incorporate some of their existing furniture, such as an antique table and chairs.

Designed by Bruce Wentworth of Wentworth Inc., the new kitchen is sunny and spacious. It includes white cabinetry and an island with dark gray granite countertops. A large stainless sink, dishwasher, pull-out trash and bookcase for cookbooks make the island functional. Facing the dining room is a shallow cabinet with mullioned glass doors.

Granite tops the counters in the remainder of the kitchen and white cabinetry houses a sub-zero refrigerator, microwave drawer, small prep sink and a gas range with a stainless steel range hood. "Wall cabinets with clear glass mullioned cabinet doors [give] visual depth and make space feel larger," said Wentworth.

When the owners of an Arlington home decided to update their dark and dated kitchen, they opened the space to the living and dining rooms and added natural lighting and white cabinetry. The result was a room with a crisp and



PHOTO BY JOHN COLE

A large picture window is the focal point of this white kitchen by Anthony Wilder Design Build, Inc.

airy aesthetic. The new, open concept allows the homeowners to better interact with family and friends.

"Prior to the remodel, the kitchen was essentially closed off to the rest of the home," said April Case Underwood of Case Design/Remodeling. "I think the grouping of materials the client selected with us are unique, definitely not

cookie-cutter, and these make the space really interesting," Underwood said.

Among the fixtures, accessories and materials used are Caesarstone countertops, a marble and granite backsplash and reclaimed shelving, provided by homeowners, which, "made the kitchen look more unique and gave it an eclectic feel," said Underwood.

"I think in general the perfect combination of the various materials, from smooth and glossy to rough and textured, is simple but interesting and shows beautifully," said Underwood.

A large picture window overlooking an expansive backyard is the focal point of a white kitchen in Falls Church. When the homeowners decided to renovate and expand the space, they enlisted the help of designer Keira St. Claire of Anthony Wilder Design Build, Inc. The project included adding additional space to the back of the house and removing a wall between the kitchen and the dining room.

"Although we opened up the wall between the kitchen and dining room, one challenge was maintaining a distinction between the two spaces, which was important to the client," said St. Claire. "In order to create a feeling of separation, while preserving the sense of openness ... [we designed] a custom glass cabinet piece, which is accessible from both rooms," said St. Claire.

The new unit gives the homeowners extra storage and a place to display their crystal. Sunlight from the new picture window in the kitchen reflects off the crystal stemware and refracts, causing both rooms to glisten with radiant, natural light.

White cabinetry was contrasted against dark wood as part of a kitchen renovation in Centreville. While the basic layout of the kitchen remained the same, the space, which was designed by Allie Mann of Case Design Build, Inc., was brightened with white cabinetry, a built-in pantry and a custom cherry wood island. "The white kitchen is classic and timeless," said Mann. "It can work with most color accent palettes."



PHOTO BY STACY ZARIN GOLDBERG

Natural lighting and white cabinetry helped transform this kitchen, by Case Design Build, Inc. into a light and airy space.



PHOTO BY JAMIE COBEL

A Potomac, Maryland, kitchen was lightened, brightened and redesigned by Rill Architects to give the home's owners to a connection to their natural surroundings.

A cramped and dark Potomac, Maryland, kitchen was lightened, brightened and redesigned to give the home's owners a connection to their natural surroundings, which included a landscaped yard created for outdoor entertaining.

The kitchen was designed by Jim

Rill of Rill Architects who added a working island around which the family can gather and prepare meals. He described the new look as a, "simple, clean design with subtle elegance."

"We added functional space with lots of windows and a place for

everything, so kitchen could be cleaned up and used as an entertaining area," Rill said.

The family wanted a white kitchen, he said, because it, "creates a great backdrop for art and accentuates the exterior colors of spring, winter and fall."



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PHOTO BY GEOFFREY HODGDON

In this kitchen, designed by Wentworth, Inc. a cabinet with mullioned glass doors face the dining room.

The Curiosistanians, Cirque du Soleil “Kurios.”



## Cirque du Soleil magical ‘Kurios’ Under the Big Top at Tysons II

BY DAVID SIEGEL  
THE CONNECTION

**T**he dazzling, fantastic world of Cirque du Soleil’s “Kurios – Cabinet of Curiosities” will be under the famous blue-and-yellow Cirque du Soleil Big Top at Tysons II. It promises to be an astonishing journey meant to open the mind and imagination. And it is all live.

“Nothing is predictable in this magical, romantic, very ingenious world of dreams,” said Michel Laprise, artistic director behind “Kurios.” Laprise made clear that the show “is meant to transport both young and old into a steampunk fantasy world where all is possible.” It is a world not needing computer generated animation or 3-D effects. The real-life cast of performers “is taking daring risks right before everyone’s eyes,” said Laprise.

“Kurios” is meant to transport the audience into an alternative world full of characters conjured into life by a Seeker who becomes the Master of Ceremonies. He believes there are invisible worlds waiting to be connected to the curiosity in everybody.

In a show that Laprise calls “wild and free,” the Seeker is helped by Mr. Microcosmos with a fanciful collection of otherworldly, hybrid characters. They perform in an eccentric large-scale, steampunk fantasy with working mechanical marvels. It all takes place under the colorful 62-foot-high Cirque du Soleil Big Top with its capacity to seat 2,500.

What will pop out, float down from over 40 feet into the air or appear out of nowhere will be contortionists, acrobats, large hand puppets, aerial swinging bicyclists, comic acts, flying performers, an invisible circus, trampoline net performers, chair balancing acts, an upside-down world full of mirrors, to name just a few of the many acts. There will also be arcade-like performers, such as an accordion man, and others.

There will be well over 400 props and 100 unique costumes to further express, all without words, what is happening before the audience. Even the hard-at-work stagehands will be visible and in costume. And if the weather permits, there will be artists up on the exterior of the Big Top greeting everyone.

“The show was created and is performed so that the audience will not miss their computer screens



PHOTO BY MARTIN GIRARD/SHOOTSTUDIO.CA  
COSTUMES: PHILIPPE GUILLIOTEL 2014 CIRQUE DU SOLEIL  
**Rola Bola**

### Where and When

Cirque du Soleil “Kurios – Cabinet of Curiosities” at Tysons II, The Lerner Town Center, 8025 Galleria Drive, Tysons. Performance July 21 to Sept. 18, 2016. Tickets \$39-\$170. Tuesday-Thursday at 7:30 p.m., Friday at 8 p.m., Saturday at 4:30 p.m. and 8 p.m. and Sunday at 1:30 p.m. and 5 p.m. Call 1-877-9 CIRQUE (1-877-924-7783 or visit [cirquedusoleil.com/kurios](http://cirquedusoleil.com/kurios)

and smartphones,” said Laprise. “What if, by engaging our imagination and opening our minds, we could unlock the door to a world of wonders?”

Laprise added that he wanted the audience “to feel close and connected with the performers and asking themselves ‘how do they do that?’”



PHOTO COURTESY OF METROPOLITAN SCHOOL OF THE ARTS

**From left, top row: MSA Students: Levi Meerovich (Springfield), Angelica Miguel (Fairfax), Sarah Lore (Alexandria), Gulet Isse (Fairfax), Merritt Palmer (Fairfax), Tyler King (Springfield), Emmeline Jones (Southern Md.), Marc Manaloto (Fairfax), Rachel Turner (Fairfax), Bethel Elias (Springfield); bottom row: Erin Claeys (Arlington), Carlos Castillo (Silver Spring), Lexi Rhem (Springfield), Quentin Araujo (VA Beach), Usman Ishaq (Woodbridge) and Drew Bondy (Fairfax)**

## ‘Spring Awakening’ at 1st Stage in Tysons

Students of the Metropolitan School of the Arts of Alexandria are putting on their fifth student-directed and produced show—the Tony Award-nominated “Spring Awakening.” The performances are on Friday, July 29 at 7:30 p.m., Saturday, July 30 and Sunday, July 31 at 2 p.m. and 7:30 p.m. at the 1st Stage Theater at 1524 Spring Hill Road in McLean. Tickets are \$20 per person and can be purchased at [www.metropolitanarts.org](http://www.metropolitanarts.org).

“Spring Awakening” is based on Frank Wedekind’s groundbreaking and controversial play, as well as Steven Sater and Duncan Sheik’s brilliant rock score and book. It’s the story of a sexual awakening, youth revolt and self-discovery into a new century. It’s 1891, and grown-ups hold all the cards. Headstrong Melchior and naive Wendla stumble into each others’ arms, passionate and curious, while anxious Moritz struggles to live up to the stringent expectations of society. With only each other for guidance, this group of young men and women travel the fraught and rocky path of adolescence, discovering their bodies, their minds, and themselves along the way. An electric, vibrant cel-

ebration of youth and rebellion, fuses issues of morality, sexuality, and rock and roll into a story that packs a powerful emotional punch.

Led by MSA students -- director, Chad Vann of Lorton; musical director, James Woods of Alexandria; producer, Sam Cornbrooks of Springfield; choreographer, Georgia Monroe of Ashburn, assistant stage manager, Emma Cook of Lorton; and stage manager, Kyle Dannahey of Springfield -- this youth-directed production brings a non-traditional interpretation focusing on the importance of communication between adults and adolescents. This production will include thematic elements reminiscent of Wedekind’s original play and promises a darker interpretation of the popular musical. “Spring Awakening” contains some mature language and themes might not be suited for young audiences.

“Our student-run musical theatre group continues to inspire, create and excel in bringing great musicals to our local stages—we’re so proud of them,” said Melissa Dobbs, founder and executive director of Metropolitan School of the Arts Alexandria.



PHOTO BY JOHN ESTES

Senior Mackenzie Brennan (Oakton) in a June 29 meet.

## Oakton Otter Divers Lose, Tie in Opening Meets of the Season

The Oakton Otter divers fought to the end of their first two Division 3 meets this summer season, losing the first meet to Vienna Woods June 29, with a final score of 48 to 24, but tying with Hayfield Farm in their second meet July 5, with a final score of 36 to 36. The Otters record is now 0-1-1.

On June 29, 2016, one Otter diver took first place in his respective category: Liam Klopfenstein in senior boys with a score of 165.45. The Otters swept the category of senior boys (Brad Burgeson, second; Grant Newberry, third).

The other Otter divers who placed were: Christina Angelicchio (freshman, second); Jon Anthony Montel (freshman, second); Claire Newberry (junior, second); Molly

Estes (junior, third); Blaise Wuest (Intermediate, third); Kyla Straker (senior, second); and Mackenzie Brennan (senior, third).

On July 5, 2016, four Otter divers placed first in their respective categories: Jon Anthony Montel in freshman with a score of 70.6; Spencer Dearman in junior with a score of 100.9; Sarah Gurley in Intermediate with a score of 134.05; and Liam Klopfenstein in senior with a score of 196.7. The other Otter divers who placed were: Finn MacStravic (freshman, third); Molly Estes (junior, second); Claire Newberry (junior, third); Gillian MacStravic (Intermediate, third); Blaise Wuest (Intermediate, second); Elana Colbert (senior, second); Julia Powell (senior, third); and Brad Burgeson (senior, second).



PHOTO CONTRIBUTED

**Braddock Road Youth Club, Under 14 Girls, U.S. Youth Soccer Region I Champions head to the U.S. Youth Soccer National Championship in Frisco, Texas, July 25-31, 2016. Back row: John (JK) Kenny, R. McCarthy, A. Taylor, L. Rabinowitch, L. Teuschl, M. Kenefick, L. Waniel, J. Steele, J. Konte, J. Turner, Tyler Mischalow. Front row: A. Nagai, T. Bui, M. Johnstone, G. Lemley, R. Melendez, H. Ko, R. Castro, V. Weber**

## Girls Soccer Team Champions Heads to National Championship

Braddock Road Youth Club 01 Elite has less than a month to raise money to cover the expenses of this trip. In total 17 players and two coaches, along with their families, will travel to Frisco, Texas, as the team vies for a National Championship against seven other elite teams from around the country. The roster includes 14 players from Fairfax County, one player from Prince William

County and two players from Loudoun County.

The players are: Tiffany Bui (Alexandria), Rachel Castro (Waterford), Miwa Johnstone (Vienna), Meghan Kenefick (Oakton), Hannah Ko (Centreville), Jada Konte (Woodbridge), Grace Lemley (Springfield), Riley McCarthy (Clifton), Riley Melendez (Annandale), Aria Nagai (Oak Hill), Lexa



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PHOTO COURTESY OF FAIRFAX COUNTY PARK AUTHORITY

**Lake Fairfax Park and Water Mine Swimmin' Hole, Reston, is home to more than an acre of Gold Rush-themed water slides and a meandering river.**

# Fun Finds for Families

Summer activities in Vienna and Reston areas.

DONNA MANZ  
THE CONNECTION

When the children – or their parents – tire of the local swim clubs, parents look for alternative community attractions and events. The Vienna/Reston area offers plenty of both, from Vienna-sponsored free events to “big-time” commercial attractions. Well, maybe not “big” as in Disney World but pretty big for local finds.

**World's Longest Water slide;** Saturday, July 16, Tysons Corner, noon to 7 p.m.

Even if you don't slip-and-slide, it might be worth a visit to Tysons Corner on July 16 just to see the world's longest water slide: 1,000 feet long, 24 feet wide, three lanes. The event, billed as a “block party,” offers more than a water slide; there will be live music, food, drinks and water. There is a charge for runs, \$30 for three runs.

The block party is at Jones Branch Drive, Tysons-McLean.

**Big Splash Party,** sponsored by the Town of Vienna Department of Parks and Recreation; July 31, Vienna Town Green, 1 to 3 p.m.

Water slides, sprinklers, a bounce house, sno-cones and live music highlight the family fun event on the Town Green. Free admission. Parks and Rec advises participants they “will get wet.”

**Vienna Youth Players present “Jesus Christ Superstar,”** Music by Andrew Lloyd Webber.

The smash Broadway hit is interpreted by the area's youth superstars in the musical production running four evenings at Vienna Baptist Church, 541 Marshall Road SW. Performances run Aug. 5, 6, 12, and 13, at 7:30 p.m. Expect to see a cast of throngs dressed in AD costumes.

Ticket prices per person, \$14. Buy tickets at [www.viennava.gov](http://www.viennava.gov), or buy in-person at Vienna Community Center Office (temporary) at 262-M Cedar Lane, above Subway, between 8 a.m. and 4:30 p.m.

**Fourth annual Kids' Adventure Race 2016,** sponsored by Town of Vienna Department of Parks and Recreation; August 13, Southside Park, 1315 Ross Drive, 10 a.m. race start.

This kids' adventure race is really an obstacle course with hay pyramids and tires. Participants receive a race

T-shirt. Light refreshments provided. Pre-registration for Activity # 110701-A1 is required. \$7 fee. No walk-on registrations. Go to [www.viennava.gov](http://www.viennava.gov) to register.

**Roer's Zoofari** [formerly Reston Zoo], 30-acre animal park with petting zoo and wild animal parkland.

Kids and adults alike get pretty excited on the wagon ride as they stop along the trail and beasts calmly and gently stroll up to the paused wagon looking for handouts. Since wagon rides operate at 11 a.m., 1, 3 and 5 p.m., it's a good idea to keep that schedule in mind when planning your visit.

The free flight aviary with hundreds of colorful birds makes for a delightful photo op. Kids buy sticks of bird seed and the birds alight on the children's open arms pecking away. Adults shriek but the kids laugh.

Admission fee covers exhibits, petting barn and wagon ride. Animal and bird food, as well as animal “encounters,” are extra. For \$5, a child gets to hand off four carrots to a camel in a one-or-two minute “encounter.”

Open daily 9 a.m. to 6 p.m. spring through late fall. Zoofari is located at 1228 Hunter Mill Road at intersection with Baron Cameron, Vienna. Enter from Hunter Mill Road.

For information, call 703-757-6222 or go to <http://www.roerszoofari.com/>.

**Lake Fairfax Park and Water Mine Swimmin' Hole, Reston**

Fairfax County Park Authority's public “water mine” is a cross between Disney's Frontier Town and carnival rides. It really is quite stupendous and adventuresome for a local park. The parkland setting elevates the commercial ambiance. The Water Mine Swimmin' Hole boasts more than an acre of slides, flumes, sprays, showers, floatables and interactive water playground. The ambiance suggests the Old West's Gold Rush with its covered wagons and showers tipped from water-filled ore carts. The 725-foot Rattlesnake River surrounds the activity pool.

Here's the Disney-esque part ... Pete's Peak, a mountain with boarded-up mine shafts and tunnels. Water slides jut out the sides of the “mountain.”

There's also a children's water-play area and a playground. The Water Mine is an accessible facility.

Kids can wander over to the park area, and, for an extra charge, take a little boat or carousel ride. Water Mine, boat tours and carousel require fees for each.

Lake Fairfax Park is at 1400 Lake Fairfax Drive, off Baron Cameron Road, Reston. See

<http://www.fairfaxcounty.gov/parks/rec/watermine/> for details and map.



**Roer's Zoofari, off Hunter Mill Road, offers a petting barn and a wagon ride through the wild animal park.**

PHOTOS BY DONNA MANZ/THE CONNECTION



**Birds in free flight surround children holding up seed-sticks.**

# CALENDAR

Send announcements to [connectionnewspapers.com/Calendar/](http://connectionnewspapers.com/Calendar/). Deadline is Friday at noon for the following week's paper. Photos/artwork encouraged.

## ONGOING

**George Holmes: Landscapes and Illustrations.** July 1-31. The Frame Factory, 212 Dominion Road NE, Vienna. [theframefactory@gmail.com](mailto:theframefactory@gmail.com). 703-281-2350

**Evenings on the Ellipse.** 5:30-7 p.m. Thursdays through Aug. 25. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Fun music and good company. Paradise Springs and The Winery at Bull Run will be offering complimentary tastings of their premium reds and whites. If it rains, concerts will be moved inside to the Government Center Forum. <http://www.fairfaxcounty.gov/parks/performances/>

**Paint the Town.** Sept. 6-Oct. 1. 115 Pleasant St. NW, Vienna. Vienna Arts Society members exhibition. [ViennaArtsSociety.org](http://ViennaArtsSociety.org).

**Bingo Night. Sundays.** 4 p.m. Flame Room, Vienna Volunteer Fire Department, 400 Center St. S, Vienna. \$10. [www.vvfd.org/bingo.html](http://www.vvfd.org/bingo.html).

**Stories and Sprinklers.** 1 p.m. Wednesdays through Aug. 3. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360.

**Great Falls Summer Market.** Saturdays, 9 a.m.-1 p.m., 778 Walker Road Great Falls. <http://greatfallsfarmersmarket.org/>

**"The Way I See It" Exhibit.** Aug. 2-Oct. 1. Vienna Arts Society Gallery, 513 Maple Ave. W, Vienna. Reston resident Bob Kaminski will showcase his work in abstract and representational styles. [ViennaArtsSociety.org](http://ViennaArtsSociety.org). 703-319-3971.

**"On the Street" Photography Show.** 10 a.m.-4 p.m. Aug. 2-Sept. 3. Vienna Arts Society, 115 Pleasant St. NW, Vienna. Annual photography show with judge Denise Silva. Meet the Artists Reception and Awards on Saturday, Aug. 6 from 4-6 p.m. 703-319-3971. [artcenter@viennaartsociety.org](mailto:artcenter@viennaartsociety.org).

**Gentle Yoga.** Thursdays, 6:30 p.m. Emmaus United Church of Christ, 900 E Maple Ave. E, Vienna. Saturdays, 9:30 a.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Gentle Kundalini Yoga, one free introductory session, senior discounts. Increase your flexibility, improve your breathing and health, reduce your stress. Ravi Kaur has 15 years experience teaching yoga. \$15 per session. [www.edimprovement.org](http://www.edimprovement.org). 571-213-3192.

## WEDNESDAY/JULY 13

**Never Shout Never Concert.** 7 p.m. Jammin Java, 227 East Maple Ave., Vienna. The alt-pop band Never Shout Never is headlining at Jammin Java. General Admission \$20. 703-255-1566. [jamminjava.com](http://jamminjava.com).

**Stories and Sprinklers.** 1 p.m. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360.

## THURSDAY/JULY 14

**Delta Spur.** 6 p.m. Tysons Corner Center, 1961 Chain Bridge Road, Tysons Corner. Part of Summerfest Concert Series on the Plaza. [tysonscornercenter.com](http://tysonscornercenter.com).

**Ms. Virginia Senior Pageant.** 1 p.m. James Lee Center Theater, 2855 Annandale Road, Falls Church.



PHOTO CONTRIBUTED

## See Thomas and his friends in a model train layout at the Historic Vienna Train Station on July 16, Sept. 17, Oct. 15 and Nov. 12.

Entertainment-filled afternoon to honor this year's contestants and Virginia's seniors. RSVP to 703-549-7012 or [msvirginiasenioramerica.com](http://msvirginiasenioramerica.com).

**Pakistan Night.** 6:45-8:45 p.m. Church of the Apostles Vale Road Meeting Place, 10922 Vale Road, Oakton. A fun, informative, and interactive event to learn about the culture of the people of Pakistan and the work of the Stock family there. Children will find the interactive activities engaging. All welcome. Free. Dinner included, with special Pakistani dishes. [www.ChurchoftheApostles.org/special-events](http://www.ChurchoftheApostles.org/special-events). 703-591-1974.

**Vienna Arts Society Meeting.** 7:30 p.m. Vienna Arts Center, 115 Pleasant St. NW, Vienna. Artist Susan Herron will demonstrate her experimental approaches in watercolor and acrylics. Free. [ViennaArtsSociety.org](http://ViennaArtsSociety.org).

## SATURDAY/JULY 16

**Model Trains and Thomas Open House.** 1-5 p.m. Historic Vienna Train Station, 231 Dominion Road NE, Vienna. See and hear model trolleys and steam and diesel trains plus Thomas and some of his friends. layout reflects the mountainous terrain and towns of Western North Carolina with award winning structures. Free. [nvmr.org](http://nvmr.org). 703-938-5157.

**Used Book Collection.** 9 a.m.-1:30 p.m. SunTrust Bank, 515 Maple Ave. East, Vienna. Sponsored by the AAUW McLean Branch. Also, bring your CDs, DVDs, software, children's book, records, and recent textbooks, in good condition. Proceeds benefit scholarships for women. [aauwbookfair@gmail.com](mailto:aauwbookfair@gmail.com). (703) 527-4206.

## TUESDAY/JULY 19

**Kehinde Wiley Lecture.** 6-8 p.m. McLean Project for the Arts, 1234 Ingleside Ave., McLean. Karen Getty will discuss contemporary artist Kehinde Wiley and his latest collection of portraits and sculptures, "A New Republic," on display at the Virginia Museum of Fine Arts. Free. [mpaart.org](http://mpaart.org). 703-790-1953.

## WEDNESDAY/JULY 20

**Stories and Sprinklers.** 1 p.m. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360.

## FRIDAY/JULY 22

**Magic!** 7 p.m. Tysons Corner Center, 1961 Chain Bridge Road, Tysons Corner. Part of Summerfest Concert

Series on the Plaza. [tysonscornercenter.com](http://tysonscornercenter.com).

## SUNDAY/JULY 24

**Parlor Talk.** 2 p.m. Freeman Store, 131 Church St. NE, Vienna. Author of "Chronology of the Civil War in Fairfax County" Edward T. Wenzel, of Vienna, will give a talk. 703-938-5187.

## WEDNESDAY/JULY 27

**Stories and Sprinklers.** 1 p.m. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360. 703-356-0770.

## FRIDAY/JULY 29

**Teen Park Takeover.** 7-9 p.m. Meadow Lane Park, 400 Courthouse Road SW, Vienna. Tennis Court Dodgeball at Meadow Lane Park. Pop-up teen center fun for all registered Club Phoenix members, those in grades 6-10. Participants must wear sneakers and be dropped off by a parent or guardian. Free. 703-255-5736.

## SATURDAY/JULY 30

**Dine and Create till 8.** 5-8 p.m. 262 M Cedar Lane, Vienna. Tweens and teens (ages 11-15) are invited to get creative with paint brushes and a canvas and then enjoy dinner with fellow artists. Pre-registration is required. Register in person at the address or via Webtrac at [viennava.gov](http://viennava.gov). \$30/\$38. 703-255-5736.

## SUNDAY/JULY 31

**The Morrison Brothers.** 6-8 p.m. Great Falls Village Centre Green, Great Falls. The premier country/rock act in the Washington D.C. area, soon to be a national contender. <http://www.celebrategreatfalls.org/concerts-on-the-green/>.

**Big Splash Party.** 1-3 p.m. Vienna Town Green, 144 Maple Ave. E, Vienna. A non-stop fun event for the entire family. Includes giant water slides, slip n slides, sprinklers, moonbounces, water games, sno-cones, music, and raffles. Free. 703-255-6360.

## WEDNESDAY/AUG. 3

**"The Greatest Sports Heroes A to Z."** 2:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Performed by Bright Star Touring Theatre as part of the Summer Reading Program. For more information, 703-757-8560.

## FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to [vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com). Deadline is Friday at noon.

**Oakton Church of the Brethren** will have its Vacation Bible School, August 1-5, 9:20 a.m.-12:30 p.m. \$20 per child; 40 family maximum. Online registration is open at [www.oaktonbrethren.org](http://www.oaktonbrethren.org). 703-281-4411. The church is located at 10025 Courthouse Road, Vienna.

**Epiphany United Methodist Church** is holding a Vacation Bible School, July 18-22 from 9 a.m. to noon. Free. Register at <http://epiphanyumc.weebly.com/vbs-registration-form.html>. The church is located at 1014 Country Club Lane NE, Vienna. 703-938-3494.

**St. Francis Episcopal Church,** 9220 Georgetown Pike in Great Falls, offers musical, educational, outreach and fellowship ministries in addition to worship services, including a 7:45 a.m. worship service without music; 9 a.m. worship service, children's chapel and children's choirs; 10 a.m. Sunday school and adult forum; and 11 a.m. worship service with adult choir. 703-759-2082.

**The Antioch Christian Church** offers a time of Prayer and Healing on Wednesday evenings at 6:30 p.m. for anyone wanting encouragement and healing through prayers. People are available to pray with you or for you. Antioch Christian Church is located at 1860 Beulah Road in Vienna. [www.antiochdoc.org](http://www.antiochdoc.org)

**The Jewish Social Services Agency (JSSA)** offers a wide variety of support groups for those with emo-

tional, social, and physical challenges. [www.jssa.org/growth-learning](http://www.jssa.org/growth-learning).

**HAVEN of Northern Virginia** offers a variety of free bereavement support groups, meeting on a weekly basis. 703-941-7000 or [www.havenofnova.org](http://www.havenofnova.org).

**McLean Bible Church** Fitness Class at Body and Soul Fitness. Gain balance, energy and strength at 9:45 a.m. Mondays and Fridays. Free childcare for registered students. [bodyandsoul@mcleanbible.org](mailto:bodyandsoul@mcleanbible.org).

**St. Dunstan's Episcopal Church,** 1830 Kirby Road in McLean, holds a third Sunday service every month at 10:15 a.m. which allows children to play active roles in the music and as greeters and ushers. Traditional services are every Sunday at 8:15 and 10:15 a.m.

**Vienna Christian Healing Rooms** are open, every Saturday, 1-5 p.m., at 8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-9779 or [www.viennachristianhealingrooms.com](http://www.viennachristianhealingrooms.com).

**Emmanuel Lutheran Church,** 2589 Chain Bridge Road, Vienna, is holding Sunday evening worship service in a less formal atmosphere and more intimate setting to help you get ready for the week ahead. Sundays, 6 p.m. Communion offered. No childcare. 703-938-2119 or [www.elcvienna.org](http://www.elcvienna.org).

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# Penchant for Pills



By KENNETH B. LOURIE

If I have done anything consistently well in my seven-plus years of being a cancer patient, it is to have ingested upwards of 50 pills or so every day. For all I know (and of course, I know very little), the presumptive benefits of these various pills might actually have had a positive effect and extended my life. Or perhaps, it has merely been a placebo-type effect. I think (certainly hope) they should be positively affecting me, so they are.

Swallowing 50 pills a day is not a hardship – for me. In fact, I know of some cancer patients who take hundreds of pills per day (and some protocols that require it). In addition, there are still others who take coffee enemas, spend time in oxygen chambers and saunas, immerse themselves in Epsom salt baths, get infused with massive doses of vitamin C, use essential oils (Frankincense as an example); grow, blend and then drink their own wheat grass; and on and on and on. All in an attempt to stabilize and/or kill the cancer cells.

Am I living proof that what I am doing is working (keeping the cancer cells from growing/moving)? Impossible to say. However, it doesn't seem to be hurting; I will admit to that. But given the fact that the FDA (Food and Drug Administration) doesn't research/analyze/corroborate/dispute the alleged benefits of non-prescription supplements, I may actually be winging and praying my way through life. No matter. I'm happy to live with the consequences of my actions. Quite frankly, it would be naive to think that if I took no action I'd experience similar results. In the cancer-patient world, wishing and hoping likely doesn't make it so. Being proactive, at least for me, has been a path of least resistance. Doing nothing would have been giving in to the disease, which I have no intention of doing. Ergo, to keep my pill inventory fully stocked, I either mail-order them or shop locally. I try to reorder/buy so that I never miss a dose. But if I do, I try not to stress over it. I figure the years-long effort I've made has built up enough pill-equity in my body that it will barely notice a day or two without dandelion root, beta glucons or my newest pill: Chinese wormwood (as but a few examples).

I guess one could characterize my philosophy as mind over matter. I don't mind not knowing – definitively, whether or not any of what I'm doing is helping. Unfortunately, there are very few guarantees in cancer treatment. But so far, according to my quarterly CT scans, semi-annual PET scans and yearly MRI, I see no reason to change horses whether I'm mid-stream or struggling to reach dry land. At this juncture, I seem to have found a balance between what I'm capable of doing and what I'm not capable of, and am not worried about what I'm not doing/have not done. Given my nature and personality, I can only do what I can do. And early on in my cancer experience, I realized my limitations and decided to not beat myself up emotionally over tasks I couldn't complete or strategies I couldn't employ. Moreover, there's a certain amount of control one has to cede to your new reality as well as some you need to maintain – for your own sanity.

Speaking of which, Albert Einstein is alleged to have said: "Doing the same thing over and over again but expecting different results is the definition of insanity." Well, call me crazy if you want but I am happy to continue doing the same thing over and over again and expect similar results.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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ment is applying to the  
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rant on Premises license to  
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beverages. William Susinski,  
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uance of this license must be  
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### ENVIRONMENTAL ASSESSMENT DOS NFATC MASTER PLAN UPDATE

#### NOTICE: Public Scoping Meeting

#### NOTICE OF PUBLIC SCOPING MEETING FOR ENVIRONMENTAL ASSESSMENT OF THE DOS GEORGE P. SHULTZ NATIONAL FOREIGN AFFAIRS TRAINING CENTER

The U.S. General Services Administration (GSA), in cooperation with the U.S. Department of State (DOS), is preparing an Environmental Assessment (EA) to analyze potential impacts resulting from implementation of the Master Plan Update for the George P. Shultz National Foreign Affairs Training Center (NFATC). The DOS is updating the 1989 Master Plan for the 72-acre NFATC, located at the former Arlington Hall Station in Arlington Virginia. NFATC is the headquarters for the Foreign Service Institute (FSI). As part of the Master Plan Update, the GSA, on behalf of DOS, is preparing an Environmental Assessment (EA) in compliance with the National Environmental Policy Act (NEPA) of 1969. GSA is the lead federal agency for the EA.

GSA will analyze a range of alternatives including the no action alternative for the proposed Master Plan Update. As part of the EA, GSA will study the impacts of each alternative on the natural, cultural, and social environment. GSA will begin consultation under Section 106 of the National Historic Preservation Act, 16 U.S.C. 470f and intends to partially fulfill the Section 106 public notification and consultation requirements through the NEPA scoping process.

**PUBLIC SCOPING MEETING:** An open-house style public scoping meeting will be held as follows:

Tuesday, July 19, 2016  
6:30 P.M. – 9:00 P.M.

Unitarian Universalist Church of Arlington  
4444 Arlington Boulevard  
Arlington, VA 22204

The meeting will be an informal open house where visitors may receive information on the project and provide comments.

**WRITTEN COMMENTS:** Agencies and the public are encouraged to provide written comments on the scoping issues in addition to or in lieu of giving their comments at the public scoping meeting. Written comments regarding the EA for the DOS Master Plan Update must be postmarked or received no later than August 19, 2016 and sent to the following address:

U.S. General Services Administration, National Capital Region  
Attention: Ms. Alexis Gray, Project Manager  
301 7th Street, SW, Suite 4004  
Washington, DC 20407

Email: [www.gsa.gov/portal/content/136234](http://www.gsa.gov/portal/content/136234) using the subject line: NFATC Scoping Comment

**FOR FURTHER INFORMATION CONTACT:** Alexis Gray, Project Manager, General Services Administration, National Capital Region, at 202-260-6895. Please also call this number if special assistance is needed to attend and participate in the scoping meeting. Information regarding this project may also be found at [www.gsa.gov/portal/content/136234](http://www.gsa.gov/portal/content/136234).

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**ABC LICENSE**  
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ton, VA 22201. The above es-  
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# School Board Receives New Transgender Regulations

July 14 forum scheduled to decide meaning of board's "review."

BY TIM PETERSON  
THE CONNECTION

Friday afternoon, July 1, Fairfax County School Board members each received an email containing new operating regulations regarding transgender and gender nonconforming students.

The previous board voted on May 7, 2015, to add "gender identity" to the school system's nondiscrimination policy. They then hired a private consultant to help staff develop regulations for how that policy change would be formally enacted in schools day to day.

At the time, at-large Board member Ryan McElveen asserted that the policy change would effectively not change anything in the way transgender students and employees are treated from a school system standpoint. But the consultant would also review Fairfax County Public Schools practices as compared to best practices in other school systems and the formal guidelines would be reflective of that study as well.

**THE SIX TYPED PAGES** of guidelines begin with definitions the school system will use when referring to concepts including sex assigned at birth, transgender, transition and gender nonconformity.

They also call for the creation of support teams for students who identify themselves as transgender, transitioning or gender nonconforming, that can involve the parents or guardians, teachers, administrators, school psychologists or other staff members as appropriate. The support team then develops a plan for how the student can feel most safe when using bathrooms or locker rooms, or participating in school activities and sports.

School Board Chairman Pat Hynes said the new guidelines are regulations as they now stand, not a draft.

"It's the Board's role to review them, that's part of our job," Hynes said, "to make sure they comply with our policy."

When the policy change was passed more than a year ago, there was successful follow-on motion calling for the board to re-



PHOTO BY TIM PETERSON/THE CONNECTION

## FCPS School Board in session.

view the regulations, as Hynes said. What the motion didn't say was what form that review would take.

According to Hynes, it would be sufficient for members to simply read over the email and sign off. She called the regulations "well done" and "pretty comprehensive."

A second option is for the Board to convene a work session and discuss in a more in-depth manner. There could also be a legal advisory meeting for addressing specific legal questions. In the area of transgender regulations, Hynes acknowledges laws are still in flux.

"In my opinion," she said, "this complies with our policy for nondiscrimination — the law, as the law now exists."

If the board members collectively agree the new regulations are not fully in line with the policy, they can direct FCPS Superintendent Karen Garza and staff to amend them.

But to decide the nature of the board's review, they've scheduled a forum on July 14 at Luther Jackson Middle school, around their evening business meeting.

The topic of review and the guidelines themselves will not be on the agenda, however, meaning citizens may not bring them up during the public participation portion of the meeting.

lations are] extremely limited. They don't even begin to cover the length and breadth of what we've submitted."

**SCHULTZ CITED** the regulations not addressing transgender employee issues, how conscientious objector teachers would be dealt with or whether medical professionals were involved in creating the document, adding their expertise on whether the guidelines would be truly helpful.

"These are the nuances no one's thinking about," she said. "It requires really thoughtful discussion. To be authentic, you still have to have integration in the process, allow the process to work the way you told the people it was going to work."

Robert Rigby, a teacher at West Potomac High School and leader of the LGBT employees group for Fairfax County Public Schools called FCPS Pride, plans to attend the July 14 forum.

So far, Rigby, who has been advocating for LGBT nondiscrimination since 2000 is pleased with the regulations. He was pleasantly surprised, he said, by the inclusion of support teams and the definition for gender nonconformity.

"It doesn't put kids into boxes," he said, "you can be yourself. It accommodates and recognizes that."

Regarding the support teams, Rigby said Fairfax has been doing a version of that for a while. "It's a developed program," he said. Even if it hasn't been codified until now. "My colleagues who've worked on this say it's been a process — helping people out, making sure things work right. They're really pleased and impressed by how it's worked."

Rigby said a bigger challenge for LGBT students is still those who don't have support from their parents. His hope is with the new regulations and surrounding discussion and shared information, there will be more understanding.

"No one can make people support their kids," he said. "But you can educate the wider community so there's more of a chance."

FCPS has not posted the regulations online yet, however, Chairman Hynes has been sharing the document with anyone interested in reviewing them. Her contact information is pmhynes@fcps.edu.

## SCHOOL NOTES

Send school notes to north@connectionnewspapers.com by noon on Friday.

**Dov Cohen, of Vienna**, received a bachelor of arts degree from The College of Wooster during commencement exercises in May 2016.

**Graham Liggan**, of Great Falls, has been named to the spring 2016 dean's list at Auburn University.

**Enas A. Musa**, of Great Falls, received a master of liberal studies from Fort Hays State University spring 2016.

**Robert Maffei**, of McLean, graduated from Manhattan College with a B.A. in Secondary Education in May 2016.

**Justin Cecil**, a 2012 graduate of Langley High School, received a B.A. in Psychology with a minor in theatre from the University of California Santa Barbara on June 11.

**Neal Daniel Dawson**, of Vienna, graduated from Averett University in May 2016 with a master of business administration degree.

Great Falls resident **Nikki Cheshire** graduated from Pennsylvania State University, Summa Cum Laude with a bachelor's degree in communications and magna cum laude with a bachelor's degree in Spanish. She will attend Columbia University's School of Journalism in the fall to pursue a master's degree in journalism and documentary film production.

**Katherine W. Cynkar**, of Great Falls, was named to the Rhodes College Honor Roll for the 2016 spring semester.

**Courtney Laine Vereide**, of Vienna, graduated magna cum laude from Elon University on May 21, 2016, with a Bachelors degree in English and a Classical Studies minor.

**Brandon D. Kendrick**, of Vienna, is on the spring 2016 deans list at Hampden-Sydney College.

**Robert P. Buttarazzi**, of Vienna, is on the spring 2016 deans list at Hampden-Sydney College.

**Megan L. Graves**, of Vienna, has been named to the president's list for the 2016 spring semester at Elon University.

**James "Blair" Glennon IV** graduated from Darden School of Business in May 2016. He is a 2003 Langley High School graduate.

**Joseph Boyd Greener**, of Great Falls, graduated from Wake Forest Law in May 2016.

**Christie Sweet**, of Vienna, majoring in health and exercise science, graduated cum laude from Bridgewater College in May 2016.

**Rebecca Helene Cooper-McDannel** received a Master's degree in personnel management from East Carolina University She is a 2007 graduate of Langley High School in 2007.