



McLean CONNECTION

Teaching Traditions of Judaism

Chabad Tysons Hebrew School curriculum is taught through a variety of mediums such as games, drama, songs, arts and crafts, workshops and holiday celebrations.

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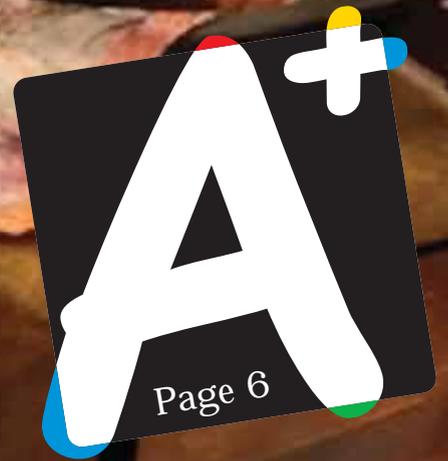


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Del. Murphy Recognized for Commitment to Environment

The Sierra Club Virginia Chapter recognized Del. Kathleen Murphy (D-34) with a 100 percent rating for her 2016 voting record. Del. Murphy is one of only 24 Delegates to have scored a perfect rating.

The annual Virginia General Assembly Climate and Energy Scorecard grades the Commonwealth's state-level elected officials on their votes during the 2016 General Assembly Session on legislation that will have a direct impact on Virginia's energy policy and strategy to fight climate change.

To view the Scorecard online, visit the Sierra Club Virginia Chapter's website at www.sierraclub.org/virginia. You can view Delegate Murphy's legislation at <http://lis.virginia.gov>.

Bulletin Board

To have community events listed in the Connection, send to connectionnewspapers.com/Calendar/. The deadline for submissions is noon on Friday.

WEDNESDAY/JULY 20

Faith@Work Evenings. 5:30-7:30 p.m. Maggiano's Little Italy, Tysons II, 2001 International Drive, McLean. \$25/\$35. Food, networking, inspirational speaker and discussion. Speaker Shira Harrington. <http://www.bridgepointconnections.org/faith-at-work/>.

Vienna Board of Zoning and Appeals Meeting. 8-10 p.m. Town Hall Council Chambers, 127 Center St. South, Vienna. 703-255-6341.

THURSDAY/JULY 21

Real Estate Education Series. 11 a.m.-1 p.m. McEneaney Associates, 1320 Old Chain Bridge Road, McLean. Sponsored by Kathy Neal, SunTrust Mortgage on "Fair Housing - What is it? How did we get here and where are we going? Includes lunch provided by Seasons 52 Fresh Grill and Wine Bar. Free. 703-790-9090. mcleanchamber.org.

TUESDAY/JULY 26

Vienna Transportation Safety Commission. 8 p.m. Town Hall, 127 Center St. South, Vienna. Studies intersections, traffic signs, speed limits, and other matters relating to street safety and makes recommendations to Town Council. 703-255-6382.

WEDNESDAY/JULY 27

Volunteer Opportunities 55+. Patrick Henry Library, 101 Maple Ave. East, Vienna. Learn how you can make a difference in your community with ReServe, an innovative nonprofit that connects continuing professionals 55+ with part-time assignments in nonprofits and public agencies. Free. 202-469-3477. reserveinc.org.



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Fighting Invasives, One Volunteer at a Time

Learn how to identify invasives, to eradicate invasives, and to get involved.

By Ken Moore
The Connection

Alan Ford has spent a lifetime pulling weeds. "I remember being an angry boy being forced to weed the asparagus patch," he said, with humor.

But Ford, the president of the Potomack Chapter of the Virginia Native Plant Society, remembers his parents raising him with encouragement "to be curious and to enjoy the outdoors and to enjoy nature."

"I'm fortunate to be able to do the kind of things that I like to do, which includes being out in the world," said the computer science professor at American University, who has devoted thousands of hours in service to outdoor parks in Northern Virginia and the District of Columbia.

The Fairfax County Board of Supervisors will honor Ford on July 26.

Earlier this summer, Cox and The Trust for Public Land named Ford as Virginia's 2016 Cox Conserves Hero.

The Potomack Chapter of the Virginia Native Plant Society, Ford's nonprofit beneficiary, will receive \$10,000.

See <http://vnps.org/>.

"Ford is passionate about the environment and local habitats. He educates the public about native and invasive plants and the importance of watershed management.



Pictured are Margaret Chatham, Gaylan Meyer, Bob Root, Betsy Hoblitzell, and Alan Ford.

Ford has volunteered thousands of hours across multiple environmental organizations to protect and restore the environment," according to Cox.

Cox Conserves Heroes was created through a partnership between The Trust for Public Land and Cox Enterprises, the parent company of Cox Communications, to honor local environmental volunteers.

"I don't do this in isolation. There are

dozens of equally dedicated, more dedicated people than me that are not recognized by this award that are working harder than I ever could," said Ford. "Without their efforts, I would not be recognized."

WHEN FORD moved to McLean in 2000 from the District of Columbia, he attended a program by the United States Park Service on a "new initiative" to "remove inva-

sive plants."

"I went to their training program and met nice people and started working. It's been something I continue to do," he said.

He now trains volunteers, including youth. "The trick is to figure out how to get somebody to come back," he said. "I try to make the experience one of interest and engagement instead of one of labor."

The importance of clearing non-natives is obvious but endless.

"If we didn't do this kind of work," he said, "there would be more damage and more loss to the habitat in our parks and wild places."

The Virginia Native Plant Society educates and inspires and was founded in 1982 as The Virginia Wildflower Preservation Society.

"The Society's programs emphasize public education, protection of endangered species, habitat preservation, and encouragement of appropriate landscape use of native plants," according to its website. "The Potomack chapter is the largest VNPS chapter, representing over 400 members in the counties of Arlington and Fairfax; cities of Alexandria, Fairfax, and Falls Church."

"Your own property probably has invasive plants on it. It takes a few minutes finding out about invasive plants or getting somebody to show you," said Ford. "You can start making a difference."

Photo by Jan Meyer

Fairfax County School Board Elects New Chair, Vice Chair

The Fairfax County School Board has elected Sandy Evans (Mason District) as chair and Jane Strauss (Dranesville District) as vice chair for a one-year term. The chair and vice chair assumed office at the July 14 School Board meeting. They were elected by School Board members during the Board's annual organizational meeting.

Evans, who was elected to the School Board in March 2010, served as vice chair during the 2015-16 school year. She is the former chair of the School Board's School Health Advisory Committee and served on the Board's Transportation Task Force. Evans is a member of the steering committee of the Northern Virginia Healthy Kids Coalition; founding member of the Fairfax Education Coalition; and co-founder of Start Later for Excellence in Education Proposal (SLEEP). She served as the legislation committee chair of the Fairfax County Council of PTAs and as president of the Sleepy Hollow Elementary School PTA, and is a former staff writer for the Washington Post. Evans earned her bachelor's in journalism from the University of Maryland-College Park.

Active in education for over 30 years, Strauss is a former elementary and pre-school teacher. She obtained an M.A.T.



Sandy Evans.



Jane Strauss.

The School Board unanimously elects Sandy Evans as the new chair on July 14.

Photo courtesy of Fairfax County Public Schools



from Harvard Graduate School of Education and her B.A. in history from George Washington University. Strauss is past president of the Franklin Sherman PTA and the Fairfax County Council of PTAs and past chair of the council's education and budget committees. She has served on numerous education and youth affairs committees including the FCPS Career and Technical Preparation Task Force, the Division Plan-

ning Committee, the Citizens Bond Committee, and the Fairfax Framework for Student Success. A mother of four FCPS graduates, her Board service was from June 1991 to 1993 and from 1996 to the present. She served as Board vice chair in 2000 and Board chair in 2001 and 2011.

In addition to the chair and vice chair, members of the Fairfax County School Board, whose terms run from 2015 to 2019,

are: Jeanette Hough (at-large), Pat Hynes (Hunter Mill District), Tamara Derenak Kaufax (Lee District), Ryan McElveen (at-large), Megan McLaughlin (Braddock District), Ilryong Moon (at-large), Dalia Palchik (Providence District), Karen Corbett Sanders (Mount Vernon District), Elizabeth Schultz (Springfield District), and Thomas Wilson (Sully District).

Opinion

Voting, for Former Felons and Others

In a Democracy, we're best served by more voter participation.

Today, the Virginia Supreme Court will hear an expedited challenge to Gov. Terry McAuliffe's (D) restoration of the voting and civil rights of more than 200,000 Virginians who were convicted of felonies, served their time and completed any supervised release, parole or probation requirements.

The restoration of voting rights moves Virginia into the mainstream. Virginia had been one of four most restrictive states with lifetime bans on voting for those convicted of felonies. Fourteen states automatically restore voting rights once the individual's term of incarceration is over, and two states allow absentee voting from prison. Only 10 states have more restrictive policies than McAuliffe's order about voting for people who have been convicted of

felonies.

While the perception is that such a move will favor Democrats, in a Democracy, it's better for all when more people vote.

According to statistics released by the governor's office, 51.5 percent of those whose voting rights have been restored by McAuliffe's order are white; 45.9 percent are African American. Eighty percent were convicted of nonviolent offenses. Almost half had been completed both their sentences and supervision more than 10 years ago.

Editorial

McAuliffe said: "If we are going to build a stronger and more equal Virginia, we must break down barriers to participation in civic life for people who return to society seeking a second chance. We must welcome them back and offer the opportunity to build a better life by taking an active role in our democracy."

This action brings Virginia into line with 39 other states, with more than 20 states having less restrictive policies. For example, on Feb. 9, 2016, the Maryland General Assembly restored the vote to all convicted felons immedi-

ately upon their release from prison. Previously, people convicted of felonies in Maryland had to complete all parole and probation before they were able to vote.

In Virginia, such individuals still are required to complete their term of incarceration and their term of probation or parole before voting rights are restored.

MEANWHILE, for all Virginia voters, the deadline to register to vote for the Nov. 8, 2016 general election is Oct. 17. You can verify your voter status at <https://vote.elections.virginia.gov/VoterInformation>. This is especially important to do if you have moved or have not voted recently.

In person absentee voting begins Sept. 23. It's an important election, with Virginia playing a critical role in the outcome of the race for U.S. President. There will also be many important local issues on the ballot, along with the races for U.S. Congress.

— Mary Kimm

mkimm@connectionnewspapers.com

Letters to the Editor

Keeping Young Minds Engaged in Summer

To the Editor:

Summer means warmer weather and time for vacations. But it's also a time when the average student loses nearly two months of academic knowledge.

It's called summer slide. While two months may not seem like a big deal now, research has shown the effects of summer learning loss are cumulative. Meaning, children who aren't engaged at a young age while

they're out of school for the summer continually fall behind their peers, ultimately impacting their chances to earn a high school diploma and their chances – or desire – to continue on to college.

Knowing that less than 30 percent of the jobs today in the United States are designed for people with less than a high school diploma is alarming to me. Moreover, as a woman working in the technology sector I understand the importance of getting children excited about science, technology, engineering and mathematics (STEM) fields early.

After all, STEM influences our daily lives. From the weather to smartphones to buildings, STEM is everywhere!

Just imagine – you commit to memory all the valuable information in order to make a presentation at work. Then take a brief vacation and when you return can barely remember enough facts to answer simple questions about your presentation. And because

you can't recall the information, you're passed over for promotions in the future.

Seems frustrating, right? It's no different for students heading back to school in the fall. Because they haven't used the knowledge learned during the school year, they lose it and become discouraged.

If at least a high school diploma is needed for the majority of in-demand jobs, the future workforce may in fact depend on us engaging children today so they can be successful tomorrow. Here are just a few ways to keep children engaged during the summer and maybe even spark a little STEM curiosity at the same time.

❖ **Discovery Education** – Connect the Dots - Discovery Education offers a wide variety of free family resources that provide high quality, relevant material for you and your children.

❖ **National Summer Learning Association** - The National Summer Learning Association is committed to ensuring that students receive quality science, technology, engineering, and math (STEM) education in their out-of-school time.

❖ **Global Digital Citizen Foundation** – Global Digital Citizen Foundation curates a list of customizable project-based learning activities organized by STEM subjects.

❖ **Project Lead the Way** – Project Lead the Way empowers students

to thrive in an evolving world and they've compiled a list of 20 simple summer STEM activities.

❖ **Children's Science Center** – Children's Science Center is a hands-on children's museum here in Northern Virginia, where children learn through play.

❖ **NOVA Play Labs** – NOVA Play Labs utilizes play as a way to teach STEM information to children ages 12 months to 14 years old.

So yes, while summer is a time for relaxing, it should also be a time to get ahead on the upcoming year and gain new experiences. If you have children, spend an afternoon at the park to make observations or visit a museum. If

Taking Exception

To the Editor:

The Last week's Connection included a Letter to the Editor from Elizabeth Torpey Bradsher ("School Board Politics and Transgender Policy.") In this letter, Ms Bradsher noted that our current Springfield district representative to the school board, Ms. Elizabeth Schultz, "...has little hope in changing anything..."

I also believe that Ms. Schultz does not/will not have a significant impact on the school board. I differ with Ms. Bradsher on the reason why. I suggest all community members review the videos of work sessions and meetings of the

you don't have children, volunteer your time to read at your local library or make a book donation. I know at Cox, we recently partnered with Daniels Run Elementary School to donate books to the students who needed reading interventions. But it doesn't have to be a big commitment of time or money. Just know that time invested to keep young minds engaged this summer will pay off in the fall and the future. And that's a win-win.

Kathryn Falk

Market Vice President of Northern Virginia Operations
Cox Communications

school board to see how Ms. Schultz interacts and communicates with her fellow school board members and staff. Ms Schultz does not communicate well, does not show respect to the board members, is antagonistic, and non-collaborative.

I am not commenting on her positions or initiatives. I am noting that she is not an effective member of the board, not because of politics, but because she does not have the skills or temperament needed.

Michael Spatola
Fairfax Station

McLean
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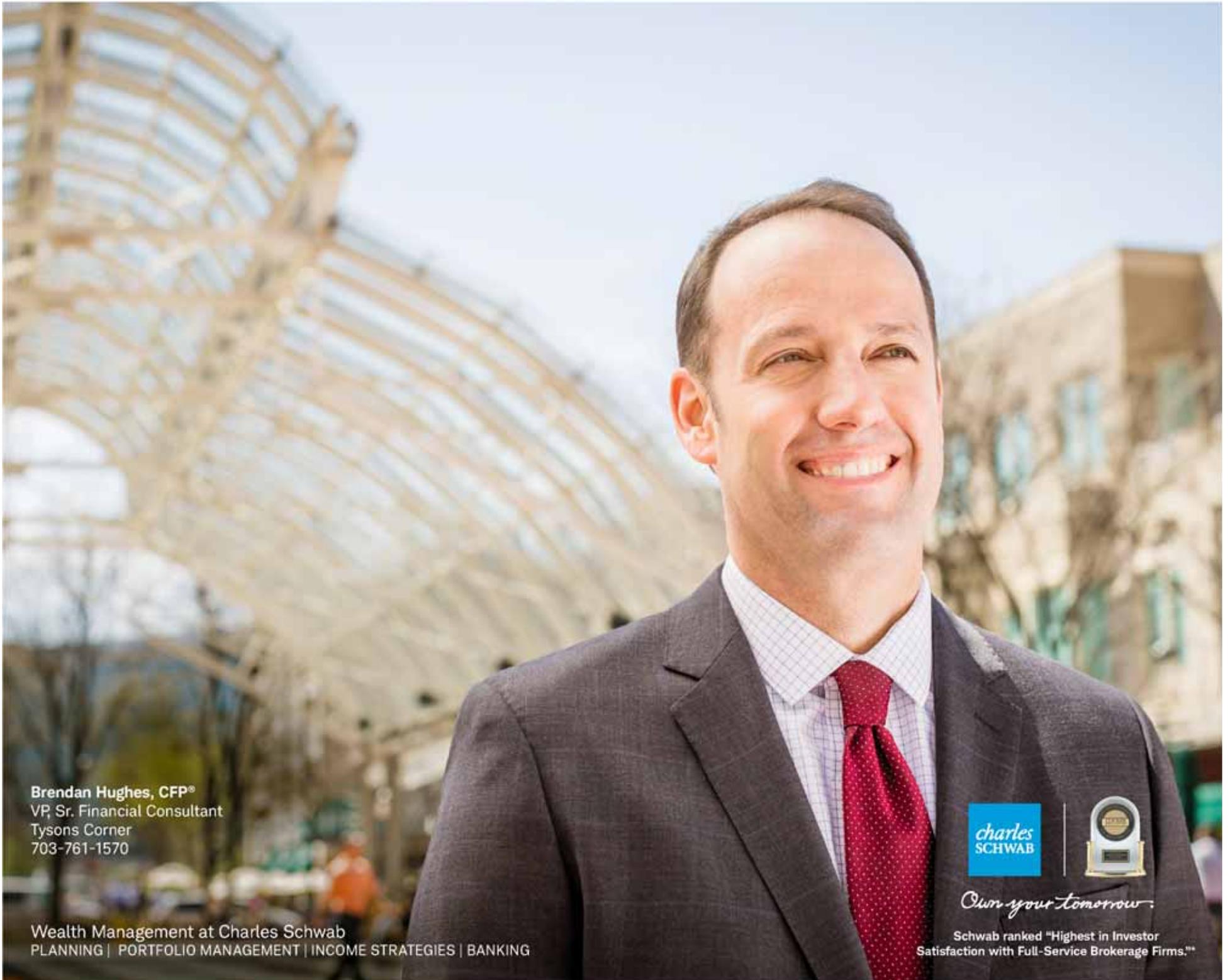
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Creating a College Packing List Sorting out the essential from the unnecessary.

By Marilyn Campbell
The Connection

When a Chantilly family prepared to send their daughter to college, their process was threefold: packing up her childhood bedroom, setting up her college dorm room and getting organized in the process. They enlisted the help of professional organizer Jodie Campbell Jacobs of SOUPrior Organizing in Springfield. Jacobs discarded, preserved and streamlined, helping the family create a list of items that their daughter would need for college.

"I helped them clean out what they already had so they could get a better idea of what they needed to bring to school," said Jacobs. "I told her not to bring too much personal stuff. Going off to college is a new chapter in your life and you want to decorate the new space for the new stage."

Though it is the middle of summer, many families are preparing



College students move into a residence hall at Marymount University.

their rising college freshmen for a new school environment and the requisite lifestyle adjustments: sharing a cramped living space, awkward walks down a hallway to a shared shower and doing one's own laundry.

A COLLEGE PACKING LIST can help organize the transition, but

students should find out before arriving on campus the items that are necessary, such as a microwave oven, mini-refrigerator, television, bed linens and laundry bags, as well as those that are questionable, such as extension cords, multi-plug adapters and toaster ovens.

"Students frequently arrive on campus bringing their pet, such as

a snake, turtle or dog," said Yolanda Gibson, D.A., associate dean of First Year Experience at Marymount University in Arlington, Virginia. "Unless you have an approved service animal, be mindful of your community and roommate. Also, most college campuses won't allow you to burn items, such as candles and incense."

Gibson, who is in the midst of coordinating new student orientations for Marymount, recommends that freshmen get a packing list from their university or college and reach out to the person with whom they'll be living.

"Students often come to campus with televisions without consulting their roommate," said Gibson. "You don't want to have two televisions in a dorm room. Be sure to communicate with your roommate before moving in." When it comes to deciding what goes on a packing list, professional organizer Susan Unger of ClutterSOS suggests starting with a generic list, such as one created by one's college or a home merchandise store. "There's no need to reinvent the wheel, you can start with one of those and then personalize it to your own needs," she said.

One factor to consider when creating a packing list is the distance between one's hometown and their college campus, says Jacobs. "If you live within driving distance, for example, you can think seasonally

and only bring what you need until your next visit home then swap out items," she said. "Don't bring a ton of sweaters that are going to take up space if you don't need them right away."

Organization is critical to managing a significant downsizing, such as moving out of family home into a shared residence hall, said Jacobs.

"Maximize the space you have," she said. "When it comes to sharing a dorm room or bedroom in an apartment, look at all the unused space that you normally look past, like the space under the bed."

Risers, for example, can elevate a bed creating space for stackable storage bins that hold items such as extra towels, sheets and clothing. "These things allow you to maximize every use of space possible without causing a traffic jam," said Jacobs. "You can't build more space, but you can maximize the space you have."

Jacobs also advises resisting the urge to super-size. "You don't necessarily need the Costco size of shampoo, you can buy more when-

ever you need it," she said.

Think vertically advises Unger. "For example, use the backs of doors to hang a shoe organizer," she said.

"These can be used for items other than shoes such as toiletries, snacks and school supplies. Consider using hanging shelves in your closet for the folded clothing. Use a double hanging rod to double your hanging space."

Use a shower caddy to corral all your bathing needs. "One of those shower items might be a pair of waterproof thongs since many students will have to share a communal bathroom."

Since dorm living means sharing a space, make sure all personal items are identifiable. "Be sure to label everything, especially things like phone chargers since they can easily get mixed up," said Unger.

Both Unger and Jacobs recommend hooks that attach to a wall with an adhesive. "They can be removed later with no wall damage," said Unger.

ONE ITEM that Jacobs says many

people don't think about is a lockbox or safe that is fireproof and waterproof. "Keep documents like your social security card, certain medications and anything that you consider valuable," said Jacobs. "Since most freshman are going to live in a shared space, a lot of people will be going in an out of your dorm room or apartment, so it's great to have a space to put your lockbox where only you have access to it." Jacobs suggests storing that safe or lockbox in a place that is out of view and inconspicuous. "If someone goes looking, it's not the first thing they will find," she said. "You can put it on closet shelf under a stack of sweaters or under the bed in a storage bin."

Finally, not all shopping needs to be done in advance. "Our word of advice is to wait to purchase some of the items until you get here," said Joey Allen, communication and events manager, Housing and Residence Life at George Mason University in Fairfax. "There is usually time on move in day and the days after to go shopping for items."



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Five Charged for Trespassing While Playing Pokémon Go

Fairfax County Police Department offers safety tips.

Police responded to Keene Mill Elementary School, located at 6310 Bardu Avenue in Springfield, around 10:47 p.m. on Wednesday, July 13, for a report of an alarm. Officers found two men and three teenaged boys, ages 15, 16 and 17, inside the school. An investigation determined the suspects allegedly entered the building through an unsecured area. Further investigation determined they were playing the new Pokémon Go game and ended up at this location.

Two 18-years-old Springfield residents were issued summonses for trespassing on school property and released. Petitions for trespassing on school property are being sought for the juvenile suspects - according to FCPD Public Affairs Bureau.

Police ask the public to be mindful of locations when playing the game. The game leads players



Safety alert for Pokémon Go players.

to common meeting places like churches, memorials and parks. However, not all locations and areas in the game are open to the public and not all property owners welcome Pokémon Go players on the property. Remember, be respectful and adhere to all rules and regulations.

Five Safety Tips on Playing Pokémon Go

The Pokémon Go app has become hugely popular since its re-

lease on July 6. However, there are safety concerns you should be aware of if you are a player, parent of a player or just someone who sees Pokémon Go players out and about. Here are some police safety tips:

1. Stay Alert — The Fairfax County Police Department encourages everyone to stay alert and be mindful of pedestrians, bicyclists and drivers who may be playing the game. If you are playing, you should not be on your phone while driving and you should use common sense when walking. Be aware of your surroundings; recently in the D.C. region, people

playing the game have been robbed.

2. Supervise Kids — You should become familiar with the game before allowing your children to download the app. Pokémon Go is a multiplayer game where users may run into other players in the real world as they search similar areas. Take steps to keep your kids safe.

You and your kids should discuss who they can interact with when they go out into public to use the app.

Kids should never play the game alone but in a supervised group. Know when and where your kids are playing.

3. Don't Trespass — The game has a "lure module" that leads the players to various locations to win points and catch Pokémon characters. These locations are called Pokéstops. Pokéstops have been found at public places such as libraries and parks.

But stops are also on private property, empty lots or even cemeteries. Players may not realize they are trespassing in restricted areas and may draw attention of law enforcement and residents. Please, don't trespass. You can catch Pokémon without going into

or onto property.

4. Don't Enter Fire Stations — Please do not enter Fairfax County fire stations, including open apparatus bays. Firefighters and medics respond to emergency calls 24 hours a day. At any given time, they may be called to an emergency and a distracted pedestrian causes a dangerous situation for responders and trucks leaving the station.

5. Play in the Parks — Fairfax County is thrilled that so many folks are coming to county parks to play. During your visit, take time to learn a little about the natural and cultural resources surrounding you using the trails map. Playing the game requires you to frequently look at your phone, so take these precautions:

Be sure to keep looking around to see where you are, so you don't walk into a tree or a yellow jackets nest or bump into other people.

Pay attention to the time; parks close at dusk. (Staff will chase out the Pokémon then, too.) Please stay on the park trails even if the Pokémon don't.

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

AUGUST

8/3/2016.....Wellbeing
8/10/2016.....HomeLifeStyle
8/17/2016...A+ Camps & Schools - Back to School - Private Schools

8/24/2016...Newcomers & Community Guide Pullout
8/31/2016.....Connection Families: Enrichment, Care & Back to School

SEPTEMBER

Labor Day is September 5
9/7/2016.....Wellbeing
9/14/2016.....HomeLifeStyle Pullout - Real Estate & New Homes

9/21/2016.....A+ Camps & Schools Back to School, Open Houses
9/28/2016.....Connection Families: Fall Fun, Food, Arts & Entertainment

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- Vienna/Dakota Connection

Faith

Chabad Tysons Hebrew School Teaches Traditions of Judaism

Registration open for the upcoming year of 2016-2017.

By Rabbi Chessy Deitsch
Director, Chabad Tysons
Jewish Center

Chabad Tysons Hebrew School is a place where the joys, values and traditions of Judaism are brought to life. We feel it is essential that this experience be a positive, cheerful and enjoyable chapter of your child's maturing process. The goal of our school is to instill in the children feelings of pride and affection for their heritage. We believe this can best be accomplished in an atmosphere of joy and warmth.

Our school is a contemporary learning center that successfully caters to Jewish families from all walks of life. Our school welcomes every Jew, regardless of religious background or level of observance. It is for this reason that our school does not require any membership or prior affiliations as a condition for enrollment.

We focus on the beauty and significance of our heritage through discussions, workshops and hands-on projects. We emphasize Jewish values and ethics. Mutual tolerance and respect for fellow human beings are taught as basic principles of the Jewish faith.

Our program is designed to actively involve students, and to keep the children motivated and enthusiastic.

The curriculum is taught through a variety of mediums such as, games, drama, songs, arts and crafts, workshops and holiday cel-



Chabad Tysons Hebrew School will host holiday celebrations for students and their families.

ebrations.

Parents are regularly informed of their child's progress and the lessons covered in his/her classes. Through our weekly class summary we give the parents an opportunity to be involved in their child's Hebrew School experience.

AT CHABAD HEBREW SCHOOL we endeavor that our students should master Hebrew skills of reading and writing. Aleph Champ is changing the course of Hebrew reading forever with a brand new innovative, cutting edge reading system. Based on the martial arts motivational philosophy of color coded levels and testing, the Aleph Champion Program provides motivation and inspiration for our students. Easily attainable levels and professional materials make Aleph Champ an incredible success.

The Hebrew alphabet as well as the vowels and word formations were divided into 10 colored levels. The students start out as "White Aleph Champs", working their way up the colors of the rainbow to be a "Black Aleph Champ" like their teachers. Parents and teachers alike are amazed by the results. Students are motivated and have clear goals defined for them. Occasional Aleph Champ Award Ceremonies offer more motivation and recognition for student achievement. Learning to read Hebrew has never been so much fun.

The children discover & explore the Torah (Bible), the incredible history of the Jewish people and see its relevance in today's day and age. They are introduced to the characters and stories of the Bible. They are given an overview of Jewish history starting with cre-

ation to the giving of the Torah to modern day Israel.

Hands-on lessons on each Jewish holiday will fill the calendar as we proceed from Rosh Hashanah and the High Holidays through the holiday of Shavuot. The students will have a deeper understanding of each holiday, traditions and customs. Chabad Tysons Hebrew School will also host holiday celebrations for our students and their families.

Art projects are incorporated into our curriculum to add to the excitement for the upcoming holidays and Mitzvot. Our projects will have Jewish holiday and Mitzvot themes and will add a taste of Jewish life to the home.

We offer a variety of extracurricular activities such as special guests, Friday night dinners, Holiday celebrations, and Shabbat morning fun. These events will



The school curriculum is taught through a variety of mediums such as, games, drama, songs, arts and crafts, workshops and holiday celebrations.

Courtesy photos

allow our students to experience Judaism in its entirety.

Indeed, a child equipped with an education and a feeling for Judaism's beautiful teachings, traditions, and historical lessons is a child better equipped to face the awesome moral challenges of today's society.

REGISTRATION for Chabad Tysons Hebrew School is now open for the upcoming year of 2016-2017. Hebrew School begins Sunday Sept. 11, at the Chabad Tysons Jewish Center, 2107 Chain Bridge Road, Vienna.

Ask about the first month free trial. Classes are held on Sunday mornings from 10 a.m. to 12 noon for ages 5 to 13 years. To schedule an appointment or to visit the Chabad Hebrew School, call 703-821-7770 or email Laya Deitsch at info@chabadtysons.com

Saint Ann Catholic Church

<p>SUNDAY LITURGY SCHEDULE: Saturday Vigil: 5:30 PM Sunday: 7:30, 9:00, and 11:00 AM 1:30 PM Spanish Liturgy</p>	<p>DAILY EUCHARIST: Weekdays Monday-Friday, 8:30 AM Saturday, 8:30 AM</p>
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Calendar

Send announcements to connectionnewspapers.com/Calendar/. Deadline is Friday at noon for the following week's paper. Photos/artwork encouraged.

ONGOING

Cindy Dibbs Exhibit. Aug. 1-31. Katie's Coffe House, 760 Walker Road, Great Falls. Photographs from "Seasons." 703-759-4673.

July Artist Showcase. Through July 27. Broadway Fine Art and Custom Framing, 1025-J Seneca Road, Great Falls. Scenic watercolors of Great Falls, Falls Church, Alexandria, and Washington D.C. by local plein air artist Rajendra KC. broadwaygallery.net. 703-450-8005.

Bingo Night. Sundays. 4 p.m. Flame Room, Vienna Volunteer Fire Department, 400 Center St. S, Vienna. \$10. www.vvfd.org/bingo.html.

Stories and Sprinklers. 1 p.m. Wednesdays through Aug. 3. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360.

Great Falls Farmers Market. Saturdays, 9 a.m.-1 p.m., 778 Walker Road Great Falls. <http://greatfallsfarmersmarket.org/>

"On the Street" Photography Show. 10 a.m.-4 p.m. Aug. 2-Sept. 3. Vienna Arts Society, 115 Pleasant St. NW, Vienna. Annual photography show with judge Denise Silva. Meet the Artists Reception and Awards on Saturday, Aug. 6 from 4-6 p.m. 703-319-3971. artcenter@viennaartsociety.org.

"Footloose." Fridays and Saturday, 8 p.m. Sunday 2 p.m. July 8-24. Alden Theatre, McLean Community Center, 1234 Ingleside Ave., McLean. Based



Satisfaction will be something you will get on July 24 when this Rolling Stones tribute band plays at McLean Central Park as part of the The Alden Summer Concerts.

on the movie of the same name. McLeanPlayers.org. 866-811-4111.

McLean Farmers Market. 8 a.m.-noon. Fridays from May 6-Nov. 18. Lewinsville Park, 1659 Chain Bridge Road, McLean. The market provides area residents an opportunity to purchase locally grown or produced products. www.fairfaxcounty.gov/parks/farmersmarkets.

Weekly Storytime. Wednesday and Saturday. 11 a.m. Barnes & Noble, 7851 L Tysons Corner Center, McLean. Themes and Titles vary. Free admission.

WEDNESDAY/JULY 20

Faith@Work Evenings. 5:30-7:30 p.m. Maggiano's Little Italy, Tysons

II, 2001 International Drive, McLean. \$25/\$35. Food, networking, inspirational speaker and discussion. Speaker Shira Harrington. <http://www.bridgepointconnections.org/faith-at-work/>.

Stories and Sprinklers. 1 p.m. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360.

FRIDAY/JULY 22

Magic! 7 p.m. Tysons Corner Center, 1961 Chain Bridge Road, Tysons Corner. Part of Summerfest Concert Series on the Plaza. tysonscornercenter.com.

SUNDAY/JULY 24

South Bay. 6-8 p.m. Great Falls Village Centre Green, Great Falls. High energy Pop, Rock and Alternative covers with their own unique spin. <http://www.celebrategreatfalls.org/concerts-on-the-green/>.

Satisfaction. 5 p.m. McLean Central Park, 1468 Dolley Madison Blvd. The International Rolling Stones Show tribute band. Part of the Alden's Sunday Summer Concerts. Free. aldentheatre.org. 703-790-0123.

Parlor Talk. 2 p.m. Freeman Store, 131 Church St. NE, Vienna. Author of "Chronology of the Civil War in Fairfax County" Edward T. Wenzel, of Vienna, will give a talk. 703-938-5187.

TUESDAY/JULY 26

Preschool Science ABC. 2:30 p.m. Dolley Madison, 1244 Oak Ridge Ave., McLean. An adventure with song, dance and puppets presented by Wolf Trap Master Teaching Artist Penny Russell. <http://www.fairfaxcounty.gov/library/branches/dm/>.

WEDNESDAY/JULY 27

Stories and Sprinklers. 1 p.m. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360. 703-356-0770.

FRIDAY/JULY 29

Teen Park Takeover. 7-9 p.m. Meadow Lane Park, 400 Courthouse Road SW, Vienna. Tennis Court Dodgeball at Meadow Lane Park. Pop-up teen center fun for all registered Club Phoenix members,

those in grades 6-10. Participants must wear sneakers and be dropped off by a parent or guardian. Free. 703-255-5736.

SUNDAY/JULY 31

The Morrison Brothers. 6-8 p.m. Great Falls Village Centre Green, Great Falls. The premier country/rock act in the Washington D.C. area, soon to be a national contender. <http://www.celebrategreatfalls.org/concerts-on-the-green/>.

Still Surfin'. 5 p.m. McLean Central Park, 1468 Dolley Madison Blvd. Beach Boys tribute band. Part of the Alden's Sunday Summer Concerts. Free. aldentheatre.org. 703-790-0123.

WEDNESDAY/AUG. 3

"The Greatest Sports Heroes A to Z." 2:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Performed by Bright Star Touring Theatre as part of the Summer Reading Program. For more information, 703-757-8560.

THURSDAY/AUG. 4

"The Greatest Sports Heroes A to Z." 2:30 p.m. Dolley Madison Library, 1244 Oak Ridge Ave., McLean. Performed by Bright Star Touring Theatre as part of the Summer Reading Program. For more information, 703-356-0770.

SUNDAY/AUG. 7

Natty Beaux. 6-8 p.m. Great Falls Village Centre Green, Great Falls. A fun-lovin', finger-snappin', hoppin' and boppin' swingin' jump blues and rockabilly combo. <http://www.celebrategreatfalls.org/>

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

AUGUST

8/3/2016..... Wellbeing
8/10/2016..... HomeLifeStyle
8/17/2016...A+ Camps & Schools - Back to School - Private Schools

8/24/2016...Newcomers & Community Guide Pullout
8/31/2016.....Connection Families: Enrichment, Care & Back to School

SEPTEMBER

Labor Day is September 5

9/7/2016..... Wellbeing
9/14/2016..... HomeLifeStyle Pullout - Real Estate & New Homes

9/21/2016.....A+ Camps & Schools Back to School, Open Houses

9/28/2016.....Connection Families: Fall Fun, Food, Arts & Entertainment

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See the Accessibility page at www.McLeanPlayers.org for dates of audio-described and sign language-interpreted performances.

The McLean Community Players, Inc. is funded in part by the Arts Council of Fairfax County.

Footloose is presented through special arrangement with R & H Theatricals: www.rh.com

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Before, During And Not Yet After



By **KENNETH B. LOURIE**

It's a peculiar task to be writing ahead (for publication July 20, 2016), about something that has not happened, yet when this column ultimately does publish will have likely already happened. This "bassackward" perspective (and Colorado "Blue" run) refers to the CT Scan I had completed last Wednesday, July 13, results of which I will learn anywhere from two days from now (electronically) at the quickest to two weeks at the latest (when my next face-to-face appointment with my oncologist is scheduled). And yes, if you think two weeks is a long time (interminable comes to mind) to ponder your fate and the universe in which you hope to still live, it most definitely is. But given the nature of the medical system/appointment availability with which I have to work, I have limited say in the matter, a matter of crucial importance – to me.

However, after seven-plus years of it, I've gotten use to (I wouldn't say comfortable though) the process. Is it my preference to wait for fate and allow medical nature to take its course? Hardly. Have I been told (and experienced quite frankly), that if there is significant, time-sensitive, potentially life-changing information to relate, I will be informed much sooner than later?

Absolutely. (During the original diagnostic assessment of the migrating pain in my ribs.) Is there/has been there room for misinterpretation in the silence/lack of communication from one's oncologist when said oncologist has said he prefers to deliver bad news in person – not electronically and/or over the phone? Of course. What if, and I found out after the "interminable" wait (which happened to me yesterday at my infusion, as a matter of coincidence) that my doctor is actually away on vacation during this post-scan week and the non-communication has nothing at all to do with "bad results wanting to be delivered in person?" Moreover, what happens to my level of expectation when the oncologist has good news to share about my scan and in turn breaks his own rule about wanting to inform me in person, generally, and e-mails me early with good news? Happiness, relief, obviously. But what happens on subsequent scans (like now) when he doesn't e-mail me early? What if I didn't know he was on vacation or at a medical conference, as another example, which has also happened? I never know. Or has the doctor decided he wants to deliver all news in person to eliminate ANY possible misinterpretation of scans (which has also happened)? So does good news always travel fast, and bad news much slower? Not necessarily and not so consistently. Welcome to my cancer whirled.

All of this is fairly manageable (believe it or not), except that I know of lung cancer patients who have their CT Scans in the morning, and after lunch, have their appointment with their oncologist to discuss the results. Just like at my wife's bar: "Same Day Service." Unfortunately, that's not my day. My reality is quite different, and there seems little I can do about it. And consider that for yours truly – and any other patient waiting for scan results (mammograms comes to mind) – managing the anxiety seems the only reasonable action, rather than stressing about a results loop that likely will never change (maintaining similar behavior and expecting different results; I'm not insane. See July 13th column).

As you can read, my cancer-patient experience has been a combination of a roller-coaster ride, Ferris wheel and bumper cars; up and down and all around and getting smashed at any time. Without much amusement. However, if you don't find some joy in it, there will only be loathing. And that's no way to live your life, making a bad situation worse, especially as a cancer patient. Certainly communication and clarity matter; so too does peace and happiness.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Chesterbrook, Longfellow and McLean schools!



6212 Loch Raven Drive, McLean \$879,000
BEAUTIFULLY UPDATED 4BR/3 full bath home in sought-after Potomac Hills! This gorgeous home includes open concept floorplan, updated kitchen with stainless steel & granite plus island with breakfast bar; sunroom/office off the kitchen; owner's suite with full bath; all new baths in 2016; LL w/ rec room, BR & BA; huge level yard with patio; 1 stoplight to DC! **Chesterbrook, Longfellow and McLean schools!**

BEST WASHINGTONIAN 2016



1605 Maddux Lane
McLean 22101
\$1,645,000

FOR RENT!



1435 Highwood Drive
McLean 22101
\$4,290/month



101 Buxton Road
Falls Church 22046
\$1,449,900



1709 James Payne Cir
McLean 22101
NOW...\$799,000



1620 Forest Lane
McLean 22101
\$1,548,000



1560 McLean Commons Ct
McLean 22101
\$859,000



6420 Divine Street
McLean 22101
NOW...\$1,539,000

Over 95 homes sold in 2015!