Volunteer instructor Michael George, a senior at South Lakes High School, mentors Garrett Brennan, 12, through a programming exercise during the beginning of the camp.
Independent Living at Vinson Hall

Vinson Hall Retirement Community is located in idyllic McLean, VA and offers independent residential living for military officers and government employees of equal rank. Our apartment residences offer all the luxurious comforts of home within a vibrant Life Plan community. Come see what’s new!

www.VinsonHall.org
703-536-4344

1 and 2 bedroom apartments available, call today!
t most summer camps, children are encouraged to step away from their screens and head outdoors. But for the campers enrolled in a program conducted by Core Foundations, a local nonprofit that encourages children to follow their passions in STEM fields, it was all about learning how to innovate with technology.

The camp focused on teaching elementary and middle school-age students about computer animation and Java programming. The founder and CEO of Core Foundations, Pranab Krishnan, says that he hopes children leave with a passion to excel in the field of science, technology, engineering, math and beyond.

“IT’S NOT JUST ABOUT THE SKILLS THEY GAIN, BUT ALSO THE CONFIDENCE, THE SPARK, IN LEARNING COMPUTER SCIENCE,” Krishnan said. “THIS CAMP ALLOWS KIDS FROM AROUND THE AREA TO BECOME MOTIVATED TO FOLLOW PROGRAMMING.”

According to Krishnan, learning Java programming allows the students to venture into web development and the creation of mobile applications.

Krishnan, a rising senior at Thomas Jefferson High School for Science and Technology, began Core Foundations after being inspired by his world history teacher, Kurt Waters, to create a lasting impact via their Change the World project. “We learn about history throughout the entire year, but now it’s our time to make history,” Krishnan said.

The foundation consists of volunteers who also helped to implement a robotics and scratch programming club at Dogwood Elementary School by providing mentors and the financial backing needed for the program, in addition to running summer camp programs.

Supervisor Cathy Hudgins visited the camp, held at the North County Government Center in Reston, to offer words of encouragement. “This is the best way to get our brains to start solving problems,” Hudgins said to the campers. “And it comes from learning from a very early age about inquiry.”

“IT’S ALL ABOUT PROBLEM-SOLVING,” Krishnan added. “TO MAKE THESE KIDS CRITICAL THINKERS, THEY ARE OUR FUTURE PROBLEM-SOLVERS. THIS GIVES THEM AN OPPORTUNITY THEY MIGHT NOT GET ANYWHERE ELSE TO SUCCEED.”

VIEWPOINTS

What do you find most valuable about this camp?

MICHAEL GEORGE, 17, South Lakes High School

“This camp has taught me that engaging young children in an important field such as STEM can be one of the most rewarding and powerful things that somebody our age can do. The camp introduced young children to a field that builds problem solving, teamwork and critical thinking skills that they will need later in life.”

JOSEPH WALTER, 17, Herndon High School

“The most valuable part of this camp was how through the use of exciting and thought provoking activities we were able to introduce young students to the world of programming. By encouraging their creativity we planted the seeds of curiosity that will help to foster their further interest in STEM.”

STEPHANIE SU, 18, McLean High School

“In this camp, students were hands-on with visuals and projects as they established a foundation in basic coding. I place high value in shaping a friendly environment, like Core Foundations, where students feel safe and are encouraged to explore beyond their assigned tasks. Furthermore, I believe exposing students to STEM fields at a young age will prepare them for technical challenges ahead while still having fun.”

Pranab Krishnan, 17, Thomas Jefferson High School for Science and Practice

“Core Foundation’s objective is to fostering creativity and instill interest in STEM subjects. This camp achieved that goal by providing students with the necessary skills of Computer Science and a passion for learning and innovating.”

Students Jay Hemrajani, 11 (left), and Millen Chudasama, 10, show Pranab Krishnan and Supervisor Hudgins the code they were working on. The camp aimed to inspire creativity and innovation in science and technology.
An Open Letter to Readers and More

Buy an ad in our annual Newcomers and Community Guide, please.

Has your organization been featured in the Connection Newspapers, or the Alexandria Gazette Packet or the Mount Vernon Gazette or the Centre View or the Potomac Almanac?
Have any of your papers taken note of your business when you and/or your employees pitch in to help the community? Or when you opened your doors or celebrated a milestone?
Are you an elected official whose messages are enhanced by coverage of issues in the Connection? Do you work for part of local government that has asked for help getting the word out about a need or a new initiative or accomplishments?
I have a special favor to ask:
Buy an ad in our Newcomers and Community Guide. Please.

Show your support for our organization which continues to be here to support the forces of good in our communities.


We are creating a quality special issue, and we need your help. Whether you invest in a small ad in a single paper (super affordable), or a full page in all 15 of our papers (super value), we appreciate your help this month.

To put on my publisher’s hat (and not my editor’s hat) for a minute, if you have a marketing budget, and you value coverage of local newspapers (not just ours), why wouldn’t you spend a portion of that budget (any portion) supporting that platform? There is a cautionary tale in the abrupt closure a year ago of the chain of local papers that served Montgomery and Prince George’s counties in Maryland, as an extreme example.

But it’s more than a charitable effort.

For the same reasons that organizations, businesses and campaigns know they want local newspaper coverage, newspaper advertising is an effective way to reach voters, residents, clients. The Connection reaches more than 200,000 readers, in print and online, including remarkable demographics. Our readers include local and national decision makers in the public and private sector.

According to an independent study during the last presidential campaign, cited by the National Newspaper Association: 86 percent of voters who cast ballots in the last election read newspapers in print or online; 79 percent of voters ages 18 to 34 read newspapers in print or online; 91 percent of voters who contribute to campaigns read newspapers in print or online.

The deadline for the Newcomers and Community Guide is Aug. 17. Digital enhancements and support are available. More information at email sales@connectionnewspapers.com or call 703-778-9431.

What We Did on V-J Day

By Meredith Luhrs

Memories of WW II in an American child’s mind are a distinct set of curiosities — special activities removed from the ordinary day to day routine of growing up. We accumulated aluminum from candy wrappers, tin foil, and wrapped it into heavy, grainy balls which were then collected “for the war.” Every boy had one in his pocket. Our mothers gathered to roll bandages “for the war.” Ev- ery day at five during the summer, a Red Cross booth would be heard! Pot and pans, lids and wooden spoons were rounded up, to unfurl it, securing it to the lumber rack of the truck. There was no protocol for celebrating the end of the war. The story begins when my father came home from work, his children in 1946. Henry and Elsie Luhrs with their children in 1946.

We lived by a lake, and my father was determined that every child in the neighborhood should be able to swim. Riding in the truck bed was a normal, everyday event for us bigger children, as my father came home from work every day at five during the summer, loaded any and all into the truck, driving to a park which had a lake and sandy beach. A red, white and blue bunting was pulled from the front seat, and my parents began to unfurl it, securing it to the lumber rack of the truck. There was no protocol for celebrating the end of the war, so what happened next was a thoroughly American invention: Make noise and let the joy be heard! Pot and pans, lids and wooden spoons were rounded up, and distributed to neighborhood kids and to my older brother and me as we climbed into the truck bed. My mother got into the cab with the baby on her lap, and my little sister climbed in between her mommy and daddy. Then we were off! But where were we going?

My father was a boat builder on a bay shore of New Jersey. The natural thing, in his mind, was to go out and announce the war was off! But where were we going?

Meredith Luhrs

Share Tips about Community

We need help from our readers for our annual Newcomers and Community Guide.

We’re hoping to share special places, activities, events, organizations and volunteer opportunities. What should someone new to your neighborhood know about? Events that should not be missed? Organizations that do a great job? Places to volunteer? Tips for navigating your PTA or your school’s front office? A great place to see the sunset? We’d love to have your photos to go along with your suggestions.

What are your favorite parks? Favorite historic sites? What tips do you have for someone getting to know the community?

We will publish a selection of local tips along with a plethora of information useful to newcomers and long-time residents alike, including our award-winning Insiders Guide to the Parks, and information on how to vote and more.

See last year’s community guides by going to www.connectionnewspapers.com/PDFs/ and scrolling down to Newcomers. Email tips and photos to editors@connectionnewspapers.com or send as a letter to the editor via the website at http://www.connectionnewspapers.com/contact/ letter/ by Wednesday, Aug. 17.

— Mary Kimm
mkimm@connectionnewspapers.com

McLean Connection

www.ConnectionNewspapers.com
An independent, locally owned weekly newspaper delivered to homes and businesses. Published by Local Media Connection LLC
1606 King Street
Alexandria, Virginia 22314
Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
mcclean@connectionnewspapers.com

Kemal Kurspahic
Editor 703-778-9414 kemal@connectionnewspapers.com

Ken Moore
Community Reporter 240-305-2448 kmoore@connectionnewspapers.com

Trisha Hamilton
Display Advertising 703-624-9201 trisha@connectionnewspapers.com

Andrea Smith
Classified Advertising 703-778-9411 classified@connectionnewspapers.com

Debbie Funk
National Sales 703-778-9444 debfunk@connectionnewspapers.com

David Griffin
Marketing Assistant 703-778-9433 dgriffin@connectionnewspapers.com

Mary Kimm
mkimm@connectionnewspapers.com

Executive Vice President Jerry Vernon 703-549-0004 jvernon@connectionnewspapers.com

Editor in Chief Steven Mauren Managing Editor Kemal Kurspahic Art/Design: Lawrence Poong, John Heidly Production Manager: Giovani Fiore

Special Assistant to the Publisher Jeanne Therieman jtherieman@connectionnewspapers.com @TheiManMeTu

CIRCULATION: 703-778-9427 circulation@connectionnewspapers.com

ADMIRAL: Northern Virginia Daily Award Winning Newspaper

See V-J Day. Page 9
Working Group to Consider Re-Naming JEB Stuart High School

Fairfax County School Board seeks additional community engagement on divisive issue.

**By Tim Peterson**

The Connection

Coming off its recent decision to postpone the implementation of new regulations for transgender students, the Fairfax County School Board has moved action on the possible renaming of J.E.B. Stuart High School in Falls Church to a later date as well.

At its July 28 meeting, the last until school starts again, the board voted in favor of creating a working group that will “further consider community concerns” around re-naming the school.

The current namesake was a Confederate cavalry leader, which has sparked divisive controversy within the student body, alumni and community.

The issue was brought to the school board by a group of concerned students from Stuart who said it was shameful to attend a school named for a figure from the darker side of Virginia and the United States’ past.

Others say Stuart the man is not being given fair respect — that the context, the era, norms and beliefs in which he lived are not being taught at the school, much less considered in whether the name should change or remain the same.

**THE SCHOOL BOARD** has already done some outreach to gauge the community pulse, including a survey, for which board chair Sandy Evans said they’ve looked back to School Board records from 1958, when Stuart was being named. She said not much rationale for the name was found.

“We can’t know what was in their hearts and minds,” Evans said on Thursday night at the meeting. But she said, the current board needs to be “reflective and responsive to all members of our diverse community.”

One motion and then a replacement were offered for the working group. A distinction in the alternative made clear that the working group would not ultimately decide a new name for the school, or even that one should be decided.

While it appeared the first motion presupposed that the working group result in a name change, it prompted Springfield District representative Elizabeth Schultz to comment that would be “the anathesis of what a democracy is.”

Per FCPS, the successful motion directs that, “The working group will weigh the pros and cons of a name change; continue to ensure public engagement and determine the extent of support for change; explore public-private partnerships to finance any name change; examine ways to prevent added burdens on the school’s booster clubs, PTSA, and Stuart school administration; decide the best method for transitioning from an old name to a new one; ensure proper record retention; and set the best timing for such a change, if approved by the Board.”

The ad hoc working group will comprise students, parents, Stuart community members, alumni and business leaders chosen by the Superintendent and with the Board’s blessing, FCPS said.

Findings and recommendations from the working group will be due back to the School Board by March 2017.

Some have said the issue is divisive enough, creating the working group will just drive the wedge further.

“No one will walk away comfortable with what we decide tonight,” said At-Large member Ryan McElveen.

He said a difficult task before the board and community is “How to remember the past while honoring and respecting a diverse community.”

Shirley Ginwright is president of the Fairfax County NAACP which has partnered with the Stuart student group for changing the school’s name.

**AFTER THE DECISION** by the board, she said the two groups have conducted and presented the board with extensive research, including that Stuart served for the Union army before he went to the Confederacy. “JEB Stuart was a traitor,” Ginwright said. “Is that who we honor?”

2012 Stuart graduate Nicholas Pisciotta was among alumni and opponents to changing the name who attended the meeting.

Pisciotta said the name change has already and will continue to be a “distraction from the real needs of the school.”

Rather than put special effort into finding money that would be required to update school grounds, team uniforms, in the event of a name change, Pisciotta and others say that special effort could be better spent raising money for other uses around Stuart.

The board didn’t specify the size of the working group, nor when it will be created.


**Wellness**

**Staying Fit and Healthy on Vacation**

Advance planning is key to maintaining a healthy diet and fitness on the road.

By Marlin T. Campbell

introducing to Clinton Elliot, describes part of a recent vacation she took with her granddaughter’s family. "You know, you might think he was attending a fitness bootcamp."

"We woke up early, got in a jog and I did push-ups on a step, lungs on a desk," said Clinton Elliot. "As long as you can manage, you can go out and exercise." While missing the usual touchpoints for a chance to move and re-energize, cutting time to exercise and creating opportunities for fun were keys to maintaining a healthy lifestyle while on holiday.

"The biggest thing about eating healthy and exercising on vacation is planning ahead," said Elliot, a personal trainer and founder of TRU Health and Wellbeing in Alexandria. “People plan their vacation in pretty good detail, but they fail to plan when they’re going to work out."

Part of that planning includes bringing packable equipment and appropriate clothing for exercise. "Pack [resistance] bands for bringing packable equipment and how they're going to work on vacation is planning ahead," indicated Elliot.

"With the brain, like other parts of the body, use it or lose it," said Harold Hartley, Ph.D., Alzheimer’s Association.

"You can’t deprive yourself and be healthy," said Elliot. "With the brain, like other parts of the body, you use it or lose it."

"You need to plan your vacation and keep your mind sharp," said Elliot. "You can’t deprive yourself and be healthy."

"You can't deprive yourself and be healthy," said Elliot. "With the brain, like other parts of the body, you use it or lose it." Said Dr. Dean Hartley, Ph.D., Alzheimer’s Association. "But if you don’t use it, you grow weak."

According to the Alzheimer’s Association and her husband Jim, stay fit and socially engaged through competitive running. This study found that social connections can help build resilience and prevent age-related cognitive decline and dementia.

**Getting Active**

WITH friends and family is one way that Brocker makes active enjoyment during a vacation. "I had a headstart on my family every morning when I was on a beach vacation recently," she said. "We were staying on the beach and we would wake up such early and do a workout."

Part of the appeal of headstart exercise is that they can be done quickly, safely and at no cost to equipment. Brocker recommended 60-second exercise intervals with 15 seconds of rest between each set. "I do an upper body exercise, a lower body exercise, and I do some type of cardio," she said. "But you do, you have to plan and re-energize."

"I find it very important to keep your mind sharp," said Elliot. "You need to plan your vacation and keep your mind sharp.""You can’t deprive yourself and be healthy," said Elliot. "With the brain, like other parts of the body, you use it or lose it."

"You can’t deprive yourself and be healthy," said Elliot. "With the brain, like other parts of the body, you use it or lose it." Said Dr. Dean Hartley, Ph.D., Alzheimer’s Association. "But if you don’t use it, you grow weak."

According to the Alzheimer’s Association and her husband Jim, stay fit and socially engaged through competitive running. This study found that social connections can help build resilience and prevent age-related cognitive decline and dementia.

Possible solutions to ensure you're getting the most out of your vacation:

**Challenged Brain, Healthy Brain?**

Social engagement and mentally challenging jobs might keep Alzheimer’s disease at bay.

By Marlin T. Campbell

Although free time is spent touring parts of the body, you use it or lose it," said Dr. Dean Hartley, Ph.D., Alzheimer’s Association. "But if you don’t use it, you grow weak."

According to the Alzheimer’s Association and her husband Jim, stay fit and socially engaged through competitive running. This study found that social connections can help build resilience and prevent age-related cognitive decline and dementia.

**Getting Active**

WITH friends and family is one way that Brocker makes active enjoyment during a vacation. "I had a headstart on my family every morning when I was on a beach vacation recently," she said. "We were staying on the beach and we would wake up such early and do a workout."

Part of the appeal of headstart exercise is that they can be done quickly, safely and at no cost to equipment. Brocker recommended 60-second exercise intervals with 15 seconds of rest between each set. "I do an upper body exercise, a lower body exercise, and I do some type of cardio," she said. "But you do, you have to plan and re-energize."

"I find it very important to keep your mind sharp," said Elliot. "You need to plan your vacation and keep your mind sharp.""You can’t deprive yourself and be healthy," said Elliot. "With the brain, like other parts of the body, you use it or lose it."

"You can’t deprive yourself and be healthy," said Elliot. "With the brain, like other parts of the body, you use it or lose it." Said Dr. Dean Hartley, Ph.D., Alzheimer’s Association. "But if you don’t use it, you grow weak."

According to the Alzheimer’s Association and her husband Jim, stay fit and socially engaged through competitive running. This study found that social connections can help build resilience and prevent age-related cognitive decline and dementia.

**Challenged Brain, Healthy Brain?**

Social engagement and mentally challenging jobs might keep Alzheimer’s disease at bay.

By Marlin T. Campbell

Although free time is spent touring parts of the body, you use it or lose it," said Dr. Dean Hartley, Ph.D., Alzheimer’s Association. "But if you don’t use it, you grow weak."

According to the Alzheimer’s Association and her husband Jim, stay fit and socially engaged through competitive running. This study found that social connections can help build resilience and prevent age-related cognitive decline and dementia.

**Getting Active**

WITH friends and family is one way that Brocker makes active enjoyment during a vacation. "I had a headstart on my family every morning when I was on a beach vacation recently," she said. "We were staying on the beach and we would wake up such early and do a workout."

Part of the appeal of headstart exercise is that they can be done quickly, safely and at no cost to equipment. Brocker recommended 60-second exercise intervals with 15 seconds of rest between each set. "I do an upper body exercise, a lower body exercise, and I do some type of cardio," she said. "But you do, you have to plan and re-energize."

"I find it very important to keep your mind sharp," said Elliot. "You need to plan your vacation and keep your mind sharp.""You can’t deprive yourself and be healthy," said Elliot. "With the brain, like other parts of the body, you use it or lose it."

"You can’t deprive yourself and be healthy," said Elliot. "With the brain, like other parts of the body, you use it or lose it." Said Dr. Dean Hartley, Ph.D., Alzheimer’s Association. "But if you don’t use it, you grow weak."

According to the Alzheimer’s Association and her husband Jim, stay fit and socially engaged through competitive running. This study found that social connections can help build resilience and prevent age-related cognitive decline and dementia.

**Challenged Brain, Healthy Brain?**

Social engagement and mentally challenging jobs might keep Alzheimer’s disease at bay.
McLean resident Alan Ford was honored by the Fairfax County Board of Supervisors on Tuesday, July 26 for his efforts to save native plants, remove invasive species and to enlightening residents and inspiring them to get involved in environmental stewardship and watershed management.

Double Honor: County and Steward

Learn how to identify invasives, to eradicate invasives, and to get involved. See vnps.org.

By Ken Moore
The Connection

Dranesville Supervisor John W. Foust has watched many of the thousands of hours McLean’s Alan Ford has worked in Dranesville and federal parks.

“I don’t know where you find the time,” said Foust, “but we are glad that you do.”

Ford was honored by the Fairfax County Board of Supervisors and Cox Communications at the Board’s meeting on July 26, 2016. “He has volunteered more than 12 years in Fairfax County and Northern Virginia to saving native plants, removing invasive species and enlightening residents about the importance of environmental stewardship and watershed management,” said Board of Supervisor Chair Sharon Bulova.

“The Potomack Chapter of the Virginia Native Plant Society, Ford’s nonprofit beneficiary, will receive $10,000. See http://vnps.org/.

“He is a committed volunteer, hard working, and has spent more than 12 years improving Fairfax County,” said Kathryn Falk, of Cox Communications.

Ford and The Trust for Public Land named Ford as Virginia’s 2016 Cox Conserves Hero earlier this year.

“I’m deeply honored. I have been glad to participate with so many wonderful volunteers in many opportunities throughout the county for many years,” said Ford, of McLean. “It is an opportunity to educate, to work with people and help encourage them to pay attention to our natural heritage.”

The computer science professor at American University has devoted thousands of hours in service to outdoor parks in Northern Virginia and the District of Columbia and uses technology to support environmental stewardship.

The importance of clearing non-natives is obvious but endless. “If we didn’t do this kind of work,” he said, “there would be more damage and more loss to the habitat in our parks and wild places.

“Your own property probably has invasive plants on it. It takes a few minutes finding out about invasive plants or getting somebody to show you,” said Ford. “You can start making a difference.”

“The Society’s programs emphasize public education, protection of endangered species, habitat preservation, and encouragement of appropriate landscape use of native plants,” according to its website. “The Potomack chapter is the largest VNPS chapter, representing over 400 members in the counties of Arlington and Fairfax; cities of Alexandria, Fairfax, and Falls Church.”

Ford got to hear words Nancy Vehr wrote in support of his being honored.

“His tremendous knowledge and passion for the environment, and calm manner and gracious people skills make him an ambassador for environmental resources and a model for others,” said Vehr.

Back to School Waits for Back to School

Decision regarding expansion of Falls Church City school postponed until the Fall; McLean Citizens Association continues to oppose the application.

By Ken Moore
The Connection

Falls Church City Public Schools wants to expand Mount Daniel Elementary School to educate the school system’s first and second graders.

But to get to Mount Daniel requires trips on McLean streets, including North Oak, a Fairfax county street that neighborhood residents say is not easily navigated by school buses.

The McLean Citizens Association Board of Directors adopted a resolution in 2015 and this year opposing the potential expansion because it was “excessive and incompatible with the neighborhood.”

“It is a lot of intensity for this small site,” testified Mark Zetts, chair of MCA’s planning and zoning committee.

About 17 speakers testified Thursday, July 22 before the Planning Commission, both for and against.

Falls Church City Public Schools has operated Mount Daniel Elementary School on a 7.31-acre property located in a residential neighborhood at 2328 North Oak Street since 1952.

The Falls Church school system seeks an expansion that would increase the square footage of the building from 44,118 square feet to 79,491 square feet; the expansion would allow the school to enroll up to 660 students.

About 436 students are enrolled now and the school is above capacity.

Mayor David Tarter crossed county and McLean borders to advocate for the expansion of Mount Daniel Elementary School, a school he called “a cornerstone of our small community.”

“We take pride in our school system,” said Tarter. “This is of critical importance to our city.”

“We work hard to be good neighbors,” said Justin Castillo, chair of the Falls Church City School Board.

Castillo expressed ways Mount Daniel hopes to alleviate concerns of the neighborhood, including having shuttles during nighttime events, keeping the number of nighttime events to 10 during the school year, helping plow the streets during snow storms, ensuring that all Mount Daniel parents know the impact the school has on the neighborhood, and more.

The school system reduced its original plans to expand the school so it could enroll up to 792 students.

“I am here to say we are serious about making sure we abide by our promises,” Castillo said.

“We know we must comply with our conditions and we will continue to work with our neighbors,” said Mayor Tarter.

More than four dozen advocates of the expansion stayed past midnight to listen to the Commission hearing.

The Planning Commission was scheduled to make its recommendation to the Board of Supervisors with its vote on Thursday, July 29, but deferred its decision only hearing to September.
**ONGOING**

- **Tai Chi Beginners’ Practice** July 21 to Sept. 18. Tysons II, The Lerner Town Center, 8025 Galleria Drive, Tysons Corner. $39-$5170. 1-877-924-7783. cirquedusoleil.com/kurios.
- **Elevenses on the Ellipse** 5-30 p.m. Thursdays through Aug. 25. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Fun music and good company. Paradise Springs and The Winery at Bull Run will be offering complimentary tastings of their premium reds and whites. If it rains, concerts will be moved inside to the Government Center Forum. http://www.fairfaxcounty.gov/parks/performance/
- **McLean Farmers Market** 8 a.m.-noon. Fridays from May 6-Nov. 18. Lewinsville Park, 1659 Chain Bridge Rd., McLean. The market provides area residents an opportunity to purchase locally grown or produced foods. www.fairfaxcounty.gov/parks/farmermarket/
- **Weekly Storytime** and up. $39/$41. No previous experience required. 14 years and up. $4/$6. www.fairfaxcounty.gov/parks/riverbend-park/
- **ACE W & OD 10K** 6 p.m. Centennial Park, 131 Church St. NE, Vienna. All are welcome — runners, walkers, baby strollers, and friendly dogs on leash. racedirector@att.net. 703-927-8833.
- **ACE W & OD 10K** 6 p.m. Centennial Park, 131 Church St. NE, Vienna. All are welcome — runners, walkers, baby strollers, and friendly dogs on leash. racedirector@att.net. 703-927-8833.
- **Riverbed Park, 700 Potomac Hill St., Great Falls. Enjoy riding through the woods and along the Potomac River, while finding out about the park’s wildlife and the American Indians who once lived there. Children must be accompanied by an adult registered in the program. $6/$8. www.fairfaxcounty.gov/parks/riverbend-park/

**FRIDAY, AUG. 5**

- **First Friday Art Walk in the Village** 6-9 p.m. - Come to Great Falls Village Center and browse through the Art Studios & Galleries (with 27 artists), Shops, & Restaurants. Live music, dancing demos by artists in the studio and enjoy music as you stroll through the Village Green. Live Music at The Old Brogue begins at 9 p.m. Start in any location: 756, 766 or 776 Walker Road, Great Falls, VA. Info at www.vinart.org/ArtWalk/
- **Kayak Tour—Sunset Over Riverbed** 5:30 p.m. Riverbed Park, 8700 Potomac Hill St., Great Falls. Experience day’s end with an upper Potomac River tour. Start with the basics and in a short time you will be maneuvering through the water. This is not a whitewater tour. No previous experience required. 14 and up. 839/841. www.fairfaxcounty.gov/parks/riverbend-park/
- **ACE W & OD 10K** 6 p.m. Centennial Park, 131 Church St. NE, Vienna. All are welcome — runners, walkers, baby strollers, and friendly dogs on leash. racedirector@att.net. 703-927-8833.
- **Animal Feeding Time** 10 a.m. Riverbed Park, 700 Potomac Hill St., Great Falls. It is feeding time and the park exhibit animals are hungry. Join a Riverbed animal caretaker as they feed for our crops, turtles, frogs, and fish. 3 years and up. 84/$6. www.fairfaxcounty.gov/parks/riverbend-park/
- **SUNDAY, AUG. 7**

**MONDAYWEDNESDAY, AUG. 8-10**

- **JA Entrepreneurship Summit** JA Finance Park, 4099 Pickett Road, Fairfax. Students will be presented with a problem and will work in teams to develop solutions that they will ultimately pitch. www.myja.org/programs/

**WEDNESDAY, AUG. 10**

- **Phillip Phillips and Matt Nathanson** 7 p.m. Filene Center, Wolf Trap for the Performing Arts, 1551 Trap Road, Vienna. wolftrap.org.

**SATURDAY, AUG. 13**

- **Used Book Collection** 9 a.m.-1:30 p.m. Saturdays, 815 Maple Ave. East, Vienna. Sponsored by the AAUW McLean Branch. Also, bringing your CDs, DVDs, software, children’s book, recordings, and recent textbooks, in good condition. Proceeds benefit scholarships for women. aauwbookfair@gmail.com. 703-527-4206.
- **Family Fun Jam at Jammin Java** Community fundraiser 1-2:30 p.m. Live Music by Donaldkis’ Run, Dance Aamp, Sing Along, Contests and Prizes, Food Available for Purchase. Proceeds benefit Growing Hope, a local organization that supports children with cancer and their families $20 for adults, child admission free. jamminjava.com/event/1260955

**SUNDAY, AUG. 14**

- **Diamond Alley** 6-8 p.m. Great Falls Village Centre Green, Great Falls. A diverse mix of contemporary and classic hits highlighting their unusual vocal sound. http://www.celebrategreatfalls.org/concerts-on-the-green/
- **V-J Day Drive** 1-2:30 p.m. Riverbend Park, 700 Potomac Hill St., Great Falls. Drive through the towns along the shore of the Raritan Bay and make a lot of noise at the homes of his employees. So we started out — Lawrence Harbor, Keypot, Keansburg, Belford, Leonardo. Every-where we went, with our pot banger and shouting, we saw other people celebrating. Everyone came out onto their lawns, greeting us with jumping and waving, shouting and cheering. It was a day of victory, it was a day of joy. The war was over. It was almost dark when we pulled into the driveway, sweat and tatters, and happy. Mosquitoes stuck to our sticky arms and faces, those big ones! We were bathed and sent to bed with a great treasure — the memory of how our family celebrated the end of the war. I was seven.

The author lives in Vienna.
“Love That Dirty Water”

By KENNETH B. LOURIE

“Oh, Boston you’re my home.” At least it was again for four days this past week. Sunday a.m. through Wednesday p.m. First I saw my best friend, Cary, and his family for two and a half days, then for a day and a half with a former co-worker, D.C. friend, Jim. I attended two Boston Red Sox games at Fenway Park (“Baseball’s most beloved ballpark”). Sunday evening and Wednesday afternoon.

I not only grew up in Boston (Newton Centre, actually) I was raised there as well. I had loving and supportive parents who, to this day, even in their absence (both having succumbed to old age a few years back) impact my life. I quote them often, refer to their parental advisories, tell their stories and even, grudgingly, repeat my father’s jokes (I’ll spare you any examples). When my father retired at age 70, my parents moved to Florida so I had fewer reasons to return home; though periodically I did so (high school reunions, Bar Mitzvahs, etc.). Previous to this visit however, I had not been back in nearly six years; in late October 2010 when Cary and I went to the Boston Celtics play the Miami Heat in Lebron James’ first regular season game after “The Decision.”

Being back home now, yes, home to me is where I was born, bred and buttressed, my life through high school was extremely emotional. When I first met Cary and his wife, Mindy, at the airport, I started crying. I don’t know if it was the long journey, my father’s 97th birthday, his preference to sit on the first-base side in the adjacent bathroom with the old-fashioned amenities he’d buy for me, the ticket window he’d go to where my father always stopped for a sausage and cheese combo, or other suitable qualifications acceptable)

Programmer Analyst

(Master’s degree with 3 yrs exp. or other suitable qualifications acceptable)

- CS, Engg, Financial Engg, Math or equiv. (or Bachelor’s degree with 5 yrs exp. Major in Computer Science)

- CVs, ASE, CSS, AQT, Mainframe, Rally, DataStage, AJAX Real Methods Framework, Windows, SQL Server, Mobile, Business Objects, XML, XSD, ClearCase, ClearQuest, JDBD, Oracle Database, Eclipse, MS Office, MS Visio, Share Point, MS Project, Test Director, CITRIX and PL/SQL. Must possess experience in developing financial applications. Relocation and travel to unanticipated locations within USA required. MS or BS+ 3yrs. E-mail resume to recruiting@cbt.com or call Andrea @ 703-778-9411.

CIPT, Inc. seeks Software Engineer in McLean, VA to do research & study complex system requirements. Req MS or BS+ yrs. Email resume to recruiting@cbt.com or call Andrea @ 703-778-9411.

Advertising

E-mail with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411.

HOW TO SUBMIT ADS TO

Connection Newspapers & ad

Classified

Deadline Zones 2, 3, 4....Tues @ noon Zones 1, 5, 6................ Mon @ noon

E-mail with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411.

Employment

Deadline Zones 1, 2, 3, 4, 5, 6......Mon @ noon Zones 7, 8, 9, 10............ Tues @ noon

E-mail with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411.

Zone 6: Arlington, Great Falls, McLean, Vienna, Oakton

METAL ROOFING

1-800-893-1242

434 645-7411

CARLISLE-TIMBERLINE

703-778-9411

ZONE 6: Arlington, Great Falls, McLean, Vienna, Oakton

HOW TO SUBMIT ADS TO

Connection Newspapers & ad

Classified

Deadline Zones 2, 3, 4....Tues @ noon Zones 1, 5, 6................ Mon @ noon

E-mail with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411.

Employment

Deadline Zones 1, 2, 3, 4, 5, 6......Mon @ noon Zones 7, 8, 9, 10............ Tues @ noon

E-mail with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411.
JD CALLANDER

Direct: (703) 606-7901
Office: (703) 821-1025
jd@newNOVAhome.com
www.newNOVAhome.com

#1 Agent Companywide
Top 1% Realtors Nationwide
Top 10 Realtors in Virginia
NVAR 80+ Million Dollar Sales Club

JD SOLD MORE HOMES last year in 22101 than any other agent!

609 S. Oak St, Falls Church City $1,250,000
GORGEOUS 5BR/3.5 bath arts & crafts home built in 2001! Grand 2-story foyer; gorgeous wall of windows; 25’ ceiling & stone fireplace in great room; immense screened-in porch; state of the art gourmet kitchen; beautiful owner’s suite with cathedral ceiling; and luxury bath including steam shower, whirlpool tub & marble floor; separate media room; lovely .31 acre lot; sought-after Falls Church City location! Falls Church City Schools!

6231 Cottonwood Street, McLean $1,229,900
BEAUTIFUL 5BR/3.5 BA home located on wonderful 1/2 acre lot; gorgeous island kitchen with granite; breakfast bar seating plus eat-in space and lots of light/windows; owner’s suite with sitting area plus luxury bath with dual vanities, separate tub & glass-enclosed shower; finished full daylight LL with rec room and wet bar + BR, full BA & walkout to patio. Huge level backyard! Chesterbrook, Longfellow and McLean schools!

1605 Maddux Lane, McLean $1,645,000
STATELY and STUNNING 5BR/4.5 BA custom home in private cul-de-sac location! This spectacular home features gourmet chef’s island kitchen with high-end stainless steel appliances, granite, & breakfast room; owner’s suite with tray ceiling and fireplace plus luxury bath; 4 full baths updated in 2016! Upper level den & cupola w/ treetop views; LL w/ huge rec rm & media rm; wonderful location backing to nature preserve; 1 stoplight to DC!

6212 Loch Raven Drive McLean 22101 $825,000

1435 Highwood Drive McLean 22101 $3,995/month

Over 50 homes sold so far this year!