

Potomac ALMANAC

HomeLifeStyle

PAGES 5

Leonard Proctor, 86, decided the 2016 fox hunting season will be his last astride. Here, he is at the 2015 Poolesville Day Parade.

Retiring from Foxhunting

GETTING AROUND, PAGE 3

Stylish Solutions for
Organized Homes

HOMELIFESTYLE, PAGE 5

Rebuilding after
the Storm

HOMELIFESTYLE, PAGE 6

NEWS BRIEFS

Commission Studies Term Limit Proposal

The Montgomery County Charter Review Commission (CRC) at its next meeting at 8 a.m. on Wednesday, Aug. 24, will discuss the proposed Charter amendment to limit County Councilmembers and the County Executive to three consecutive terms. The County Council asked the CRC to consider the merits of the proposed amendment, and on Aug. 2 adopted a resolution placing it on the November ballot, where voters will be asked to approve or disapprove it.

The CRC meeting will be held in the Fifth Floor Conference Room of the County Council Office Building at 100 Maryland Avenue in Rockville.

All meetings of the CRC are open to the public and residents are invited to make comments on the business of the CRC at the start of each meeting. Comments supporting or opposing the term limits proposal can be made at the Aug. 24 meeting or via e-mail.

To inform the CRC that you intend to offer comments at the meeting, to offer comments via e-mail or to request advance, contact the CRC at: charterreview.commission@montgomerycountymd.gov.

Libraries' Celebrate Local Olympic Athletes

Montgomery County Public Libraries (MCPL)

will provide an opportunity for residents to show their support for the four county athletes who are going for the gold at the upcoming Summer Olympics. Every library branch has established a station for residents to deliver fan mail or messages to the athletes.

Montgomery County is home to four of the 11 athletes representing Maryland on the 2016 U.S. Olympic roster. The 2016 Olympic Games are taking place in Rio de Janeiro through Aug. 21.

❖ **Jack Conger** from Rockville competes in the 4x200m freestyle swimming event. Conger graduated from Our Lady of Good Counsel High School in 2013.

❖ **Katie Ledecy**, former gold medalist from the 2012 Olympics competes in the 200m freestyle, 400m freestyle, 800m freestyle and 4x200m freestyle. Ledecy, from Bethesda, graduated from Stone Ridge School of the Sacred Heart in 2015.

❖ **Ashley Nee** from Bethesda competes in the Canoe Slalom. Nee graduated from Northwestern High School.

❖ **Helen Maroulis**, a former Col. Zadok Magruder High School student, is a wrestler who competes in the Freestyle 53 kg.

Residents can stop by any of the library branches to drop-off their letters or cards. The fan mail stations will be available during regularly scheduled hours through Aug. 21. The letters will be delivered to the athletes after the Olympics.

For more information on MCPL go to <http://www.montgomerycountymd.gov/library/>.

Urban Agricultural Tax Credit Bill Introduced

Montgomery County Councilmember Tom Hucker on Aug. 2 introduced Bill 31-16 that would allow owners of certain properties in the county ranging in size from one-half acre to less than five acres to be granted an "Urban Agricultural Tax Credit" if they had two or more urban agricultural uses on the property. The credit would equal the property tax otherwise due on the property.

A public hearing on Bill 31-16 is tentatively scheduled for 1:30 p.m. on Tuesday, Sept. 20. Eligible properties would have to be located in a "priority funding area," as defined in the Maryland State Finance and Procurement Code.

Properties of five acres or more devoted to agricultural uses are already eligible for tax credits.

Bill 31-16 defines an urban agricultural purpose as crop production activities, including:

❖ Crop production activities, including the use of mulch or cover crops to ensure maximum productivity and minimize runoff and weed production.

❖ Environmental mitigation activities, including stormwater abatement and groundwater protection.

❖ Community development activities, including recreational activities, food donations and food preparation and canning classes.

❖ Temporary produce stands used for the sale of produce raised on the premises.

SCHOOL NOTES

Email announcements to almanac@connectionnewspapers.com.

The following students from Potomac have earned dean's award recognition for the spring 2016 semester at Colgate University (Hamilton, N.Y.): **Benjamin Harris**, a biology major, is a Winston Churchill High School graduate; **Benjamin Schick**, an Economics major, is a Winston Churchill High School graduate; **Madeline Kane**, an economics major, is a graduate of Stone Ridge School of the Sacred Heart; **Jacob Christensen**, an economics major, is a graduate of Quince Orchard High School; **Natalie Abrams**, a computer science major, is a Winston Churchill High School graduate; and **Lauren Rosenbauer** is a Winston Churchill High School graduate.

Magdalene Martinez, of Potomac, was recognized by Frostburg State University (Frostburg, Md.) for Service to Community through the ECHOSTARS (Empowering Community, Helping Others, Service Through Action, Resources and Sustainability) Volunteer Program. Martinez was presented with the ECHOSTAR of the Year Award.

Victoria North, daughter of C.O. and Shelley North, of Potomac, has graduated from Columbia University College of Physicians and Surgeons, AOA. North is in her residency at Massachusetts General Hospital and Harvard Massachusetts Eye and Ear for Ophthalmology in Boston.

Dora Dmitriev, of Potomac, made the president's list at Pratt Institute (Brooklyn, N.Y.) for spring 2016.


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GETTING AROUND

Proctor, 86, Retires from Foxhunting

Friends share stories, bid him well.

BY CISSY FINLEY GRANT
THE ALMANAC

Who says, “It’s August and every one you know is at the beach?” Not so!

There were lots of “Everyones” at the Potomac Hunt Club last Saturday night. The spacious clubhouse party room was filled with members and their guests. The occasion was a farewell to foxhunting days for 86-year-old Leonard Proctor, who came to the conclusion following the recent hunting season that it was time to hang up his saddle, bridle and “Pink” coat for the last time.

“I have ridden many a horse in my day,” he said, adding, “some crazy ones, too.” Proctor, grew up riding in Potomac when the area was primarily open country with fields and woods.

The “crazy ones” he referred to were horses, not the owners who needed someone to train their horses for safe hunting and jumping.

Apparently, if Leonard was “retiring” his hunting gear, another idea surfaced that perhaps it would be a good time to “retire” a lot of things, hence the idea of a silent auction. Tables were covered with dozens of items, contributed by Leonard and

other club members, including formal hunting prints and numerous pieces of sterling silver ranging from plates to salt and pepper shakers. Pieces of china and Limoges boxes were also very popular. It would not be an exaggeration to say that 90 percent of all items featured a foxhunting motif.

“I have ridden many a horse in my day — some crazy ones, too.”

— Leonard Proctor

Cocktails, dinner and constant “Do you remembers?” filled the 6 p.m. party hours to overflowing as the guest of honor circled around the huge room. Those lucky enough to find a spot on the adjoining deck in the back looked toward fields where horses grazed beneath a brilliant setting sun in a near cloudless sky.

Vicki Crawford, Potomac jtMFH (joint Master of Fox Hounds) a primary instigator of the retirement party, plus those who helped, were responsible for creature comforts such as food and drink, but the gorgeous sunset on this August evening can only be attributed to the Man upstairs.

It was “sunsational.”



While Carol Nair and Kevin Bowie admire photos that were on a table, Leonard Proctor, 86, who recently retired from foxhunting, sneaks a skeptical look at the camera.



Vicki Crawford, jtMFH, Potomac Hunt, a major instigator in organizing the retirement party for Leonard Proctor, talks with fellow member Josh Carin.



Camille Crawford Finley (left) and her father, Potomac Hunt jtMFH “Skip” Crawford, were among the estimated 200 hunt members and guests attending Saturday night’s party at the clubhouse. Crawford has been a MFH since 1986.

PHOTO BY
CISSY FINLEY GRANT
THE ALMANAC



Alicia Hanson shares a moment with honored party guest, Leonard Proctor, who decided the 2016 fox hunting season will be his last astride. There is no doubt that he will be joining “hill toppers,” those who follow the hunt along country roads via automobile.



Catherine Hanagan, Potomac Hunt professional whipper-in, apparently sees an amusing shot as she takes a moment to enjoy an album of previous fox hunting pictures and club functions.



“It’s like this!” Minter “Bubba” Farnsworth, III, seems to be convincing an idea to fellow club member Patrick Michaels. Michaels is known for following the hunt with his camera.

Potomac REAL ESTATE

PHOTOS BY DEB STEVENS/THE ALMANAC

June, 2016 Top Sales

IN JUNE 2016, 96 POTOMAC HOMES SOLD BETWEEN \$4,275,000-\$439,000.

7 10112 Norton Road — \$1,550,000



6 9309 Winterset Drive — \$1,556,185



5 11214 River View Drive — \$1,760,000



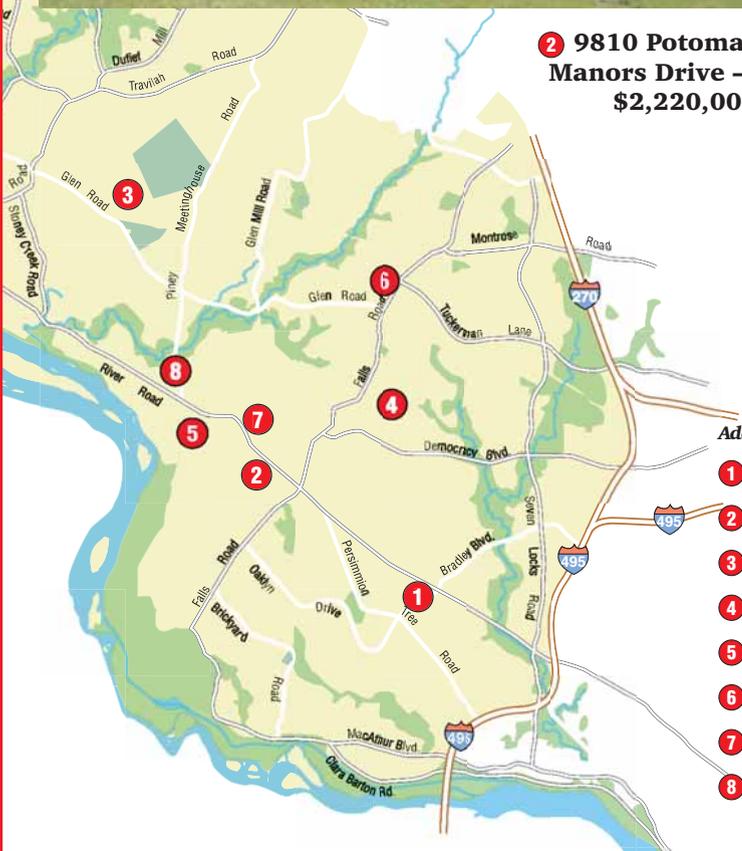
4 10601 Stapleford Hall Drive — \$2,100,000



2 9810 Potomac Manors Drive — \$2,220,000



1 9001 Congressional Court — \$4,275,000



Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1 9001 CONGRESSIONAL CT	7	7	2	POTOMAC	\$4,275,000	Detached	2.03	20854	BRADLEY FARMS	06/08/16
2 9810 POTOMAC MANORS DR	6	5	3	POTOMAC	\$2,220,000	Detached	0.99	20854	POTOMAC MANOR	06/30/16
3 12628 GREENBRIAR RD	6	7	2	POTOMAC	\$2,200,000	Detached	2.00	20854	PALATINE SUB	06/07/16
4 10601 STAPLEFORD HALL DR	6	6	2	POTOMAC	\$2,100,000	Detached	2.15	20854	KENTSDALE ESTATES	06/21/16
5 11214 RIVER VIEW DR	6	5	1	POTOMAC	\$1,760,000	Detached	1.35	20854	MARWOOD	06/01/16
6 9309 WINTERSSET DR	5	4	1	POTOMAC	\$1,556,185	Detached	0.51	20854	WINTERSSET	06/10/16
7 10112 NORTON RD	5	5	2	POTOMAC	\$1,550,000	Detached	2.07	20854	RIVER OAKS FARM	06/21/16
8 11020 PINEY MEETINGHOUSE RD	5	5	1	POTOMAC	\$1,518,000	Detached	2.00	20854	SADDLE RIDGE	06/29/16

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Stylish Solutions for Organized Homes

Practical and chic ideas for making a home back-to-school ready.

BY MARILYN CAMPBELL
THE ALMANAC

Before school begins later this month, taking the time to organize home and school supplies can take the stress out of the transition from a laid-back summer to a structured, schedule-driven school year. Local home design and organizational experts share ideas to help parents add practical organizational tools to their home without sacrificing their sense of style.

“Organizing your home to make this transition smooth can make all the difference in the world,” said Chuck Khiel, vice president of FRED Home Improvement in Bethesda. “Giving thoughts to how spaces around your home are used during the school year can help with this organization.”

Using space efficiently and creating designated spaces for items like backpacks, jackets, sports equipment and clothing will keep a home organized and prevent the back-to-school necessities from overtaking a home’s aesthetic. “For example, if you have a mudroom, specifying spaces for backpacks, shoes and sports apparel takes the guesswork out of where the kids should



PHOTO COURTESY OF FRED

Think about how spaces in the home are used during the school year before bringing home new clothes and educational supplies, suggests Chuck Khiel of FRED Home Improvement.

be storing their stuff when they enter your home,” said Khiel. “Consistently storing items in the same place will become a timesaver in the morning as the kids are

getting ready for school.”

Small home decor items can add a sense of style and serve a practical purpose. “Get a decorative hook to hang their backpack

up when you come in,” said Sallie J. Kjos of Grey Hunt Interiors in Chantilly. “It doesn’t need to look junky or kiddish. Keep in mind, you want it all to be functional for your kids, but flow with your home.”

From tests to homework, a new school year often brings an onslaught of paper, stacks of which can create an unsightly scene in a home. “Storage is key,” said Kjos. “Get some fabric-covered boxes with lids for your children to stack up next to their desk to put school work in that has been graded in case they need to refer back to it.”

A pegboard is another inexpensive accessory that can be used to organize piles of papers. “You can find them at a hardware store,” said Arlington-based personal organizer Bonnie Atwater of Organized for You. “Get them cut to fit into your particular space, like behind a door or over a desk. You can also paint them a bright color to add a touch of whimsy and put them in a spot that’s easily accessible.

Making items visible but tasteful can boost organization without creating a design emergency. “Dry erase calendars and storage cubes in bright colors can go in your kitchen, mudroom or any room that you want to serve as a command central,” said interior designer Cyndi Ibach of Elegant In

SEE ORGANIZED, PAGE 7



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This screened porch was destroyed during a storm.

PHOTOS COURTESY OF HOPKINS & PORTER CONSTRUCTION



Rebuilding After Disaster Strikes

A screened porch once again provides a peaceful oasis for a Potomac homeowner.

BY MARILYN CAMPBELL
THE ALMANAC

During a violent thunderstorm late last year, a Potomac homeowner heard howling winds, relentless rain and then a loud crash. Peering out at the back of her house, she caught a glimpse of what every homeowner dreads: major storm damage. Blown away by the wind, the structure that had once been her back porch was now a collapsed pile of lumber sitting in a nearby tree.

“Heavy rains and winds can make [a] structure sway and over time can knock it over,” said Ken Hurdle, special projects coordinator for Hopkins & Porter Construction. “It wasn’t a horrific storm, but it was just enough.”

The porch was 18 years old and may have been built without proper reinforcements. Over time, the weather had taken a toll. “This storm was the proverbial straw that broke the camel’s back,” said Hurdle. “It’s good

that the porch fell away from the home.”

The homeowner, a woman in her 80s, enlisted the services of Hopkins & Porter Construction to rebuild the porch. Her request for the construction team was that they rebuild her porch exactly as it was before the storm.

The home sits on a heavily wooded lot. “The backyard drops off pretty dramatically into a stream below,” said Hurdle. “Her backyard overlooks a stream, and between the rabbit, deer and foxes, it’s quite amazing.”

The crew worked to maintain the porch’s original aesthetic, while making it secure enough to withstand strong winds, heavy rain and other natural elements. “She was adamant to getting it back to the way that she liked it,” said Hurdle.

The finished structure allows her an opportunity to enjoy her natural haven once more. “She reads a lot and she writes letters to people out there,” said

“It is a place of solitude. When you sit in it, you feel like you’re sitting in the trees.”

— Ken Hurdle,
Hopkins & Porter Construction

Hurdle. “It is a place of solitude. When you sit in it, you feel like you’re sitting in the trees.”



Re-built by Hopkins & Porter Construction, this screened porch offers serene views of wildlife.

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HomeLifeStyle Organized

FROM PAGE 5

teriors by Cyndi in Alexandria. "When school things are organized in a location where everyone can see them, everyone has access to important information."

For school supply organization, Kjos suggests: "Instead of using pencil holders, get your mason jars out, fill with crayons, markers and pencil to make for a cleaner, more organized look." Remember to add charging stations to your children's desk or study area.

Keep school notices, permission slips and other forms of paper in plain sight without creating clutter. Take an old [picture] frame...and staple ribbon across it in whatever your decor colors are and use paper clips for your child to put up homework assignments, certificates, or other reminders," said Kjos. "You can hang this above the desk."

Kjos also offers an innovative way to organize lunch supplies for easy access. "One of my favorite organizing for school tricks is inside of my pantry door," she said. "I use over-the-door shoe holders and put all their dried food for lunch boxes in there to make packing lunches easier and to reduce all the boxes and clutter in my pantry."

A neat, streamlined closet can also take some of the stress out of the morning mad dash to find shirts, socks and shoes. "Get a cute decorative basket and stack their clothes for the week by outfits so you don't have to do it every evening," said Kjos.

If constructing new storage space is an option, consider dual-purpose units, advises Eric Tovar, president of Churchill Classics in Poolesville, Md. "Chalkboards and corkboards in other areas of the home provide a place to leave and read notes for each other so everyone is aware of daily activities."

LET'S TALK Real Estate



by Michael Matese

The Right Questions to Ask A Realtor®

You're ready to market your house, or you're ready to buy one—congratulations on this new exciting step in your life! Now, the question is, How do you do it? The first thing to keep in mind is: Don't go it alone! The modern real estate market is tricky, and full of industry language that can often leave the layman scratching their head. In the wake of recent industry turmoil, lenders and banks have tightened up restrictions of loan qualification—whether buying or selling, the best path to success is with a certified, professional Realtor® at your side to guide you through the process and advocate for your needs in real estate. Now that you've made the wise choice to engage the services of a professional Realtor®, how do you go about finding the one that's right for you? What guidelines are you going to use to choose a Realtor®, one you can relate to and who can do the best job for you? Start with these questions:

• **How long have you been in the business?** Experience is key when hiring a Realtor®, especially in a highly specialized market. Contacts made through the years are invaluable and can cut time on the market. Is the Realtor® you want experienced enough?

• **What's your best marketing plan for my needs?** In other words, How will you sell my home? What tools will you use to approach the sale of my home? Will you focus on one form or marketing, or is your approach to marketing multi-faceted?

• **Do you have references, and would you be willing to let me contact your former clients?** Ask former clients/customers what their experience with the Realtor® was like, how they handled details and how their team worked together. Nothing will sell a house faster than a coordinated effort by a team.

• **What haven't I asked you that I need to know?** There will always be questions. How your future Realtor® answers them can tell you a lot about their knowledge and how you will interact together as a team. You always want a Realtor® who hears you, addresses your concerns and deals head-on with any questions you may have.

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ENTERTAINMENT

Email community entertainment events to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Outdoor Yoga Class. Saturdays through Sept., 9-10 a.m. behind Lahinch Tavern & Grill, 7747 Tuckerman Lane, Potomac. The classes are led by instructors from Blue Heron Wellness in Silver Spring and are open to people from beginner to experienced. Free. Visit www.facebook.com/ShopCabinJohn.

Photo Exhibit: "Vastness of Space." Through Aug. 14, 12-4 p.m. Saturdays, 12-8 p.m. Sundays at Photoworks Gallery, 7300 MacArthur Blvd., Glen Echo. Photographers John R. Cooper and Andrew Currie partner for this exhibit. Free. Visit www.glenechophotoworks.org.

Call for Artwork. Through Aug. 15. Art at large Inc. in collaboration with VisArts, ArtWalk, and the Shelter Group Brightview project invite you to participate in a piece of permanent public art. There is no cost for entry; maximum of five pieces per entrant. Visit visarts.submittable.com/submit/58437 for more.

Nicole Mueller: "First Cut." Through Aug. 21, gallery hours at VisArts, 155 Gibbs St., Rockville. "First Cut" is a series of works exploring collage as both medium and metaphor. Free. Visit www.visartsatrockville.org for more.

Gen-Y 3.0. Through Aug. 21, gallery hours at VisArts, 155 Gibbs St., Rockville. This exhibit features artists age 17-27. Exhibiting artists include Sobia Ahmad, Katherine Akey, Susie Bae, Amy Berbert, Abbie Fundling, Jared Green, Ashley Ja'nae, Kern Lee, Emmanuel Mones, Richard Munaba, Angelique Nagovskaya, Raheel Raad, Yoon Sun Shin, Qin Tan, and Vivien Wise. Free. Visit www.visartsatrockville.org for more.

Eric Celarier: "Trash." Through Aug. 21, gallery hours at VisArts, 155 Gibbs St., Rockville. Eric Celarier assembles garbage to describe biological evolution in the wake of human existence. Free. Visit www.visartsatrockville.org for more.

"Peter and the Wolf." Through Aug. 28, various times at The Puppet Company – Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Staged with half life-sized marionettes, Peter and the Wolf is a one-man show based on Prokofiev's popular tale of good versus evil. Tickets are \$12. Visit www.thepuppetco.org for more.

"Jumanji." Through Aug. 28, various times at Adventure Theatre MTC, 7300 MacArthur Blvd., Glen Echo. When Judy and Peter find a mysterious old board game, they play it, hoping to alleviate their boredom. One live lion, an erupting volcano, and a dozen destructive monkeys later, the children are no longer bored. Tickets are \$19.50. Visit www.adventuretheatre-mtc.org.

Exhibit: "Triple Vision." Through Aug. 28, 12-6 p.m. Saturday and Sunday at Glen Echo Park – Popcorn Gallery, 7300 MacArthur Blvd., Glen Echo. The exhibition features works from Mimi Betz, Marylouise Roach, and Madeleine Schaller. For this show, they have prepared several paintings that are three visions of the same subject, and other paintings displaying their individual interests. Free. Visit www.glenechopark.org.

"Rising Scaffold." Through Aug. 28, 12-6 p.m. Saturdays and Sundays at Glen Echo Park – Stone Tower Gallery, 7300 MacArthur Blvd., Glen Echo. This site-specific installation of wire sculpture emerges from the floor of the Stone Tower Gallery to make a

rising tide of dimensional linework. Free. Visit www.glenechopark.org.

"Movement and Balance: Abstract Drawings of an Internal Life." Through Aug. 28, 12-6 p.m. Monday-Saturday at Glen Echo Park – Park View Gallery, 7300 MacArthur Blvd., Glen Echo. Each piece is an expression of an internal personal challenge that is described through a multi-layered tableau. The use of rhythm, movement and balance helps to illustrate each story. A solo exhibit by Heidi Sheppard. Free. Visit www.glenechopark.org for more.

Canal Boat Excursions. April-Oct., Saturday and Sunday, 11 a.m., 1:30 p.m., and 3 p.m. at Great Falls Tavern Visitor Center of the Chesapeake and Ohio Canal National Historical Park, 11710 MacArthur Blvd., Potomac. Go on a 19th-century mule-drawn canal boat excursion. Hear tales of what life was like for the families who lived and worked on the canal. Tickets are \$8 for adults (ages 16-61), \$6 for seniors (ages 62+), and \$5 for children (ages 4-15). Call 301-767-3714 for more.

Children's Storytime. Wednesdays and Saturdays, 10 a.m. at Barnes & Noble Booksellers, 4801 Bethesda Ave., Bethesda. Listen to employees read children's stories. Free. Visit www.storelocator.barnesandnoble.com/event/4824850-21.

VisArts Cocktails and Canvas Class. at VisArts in the Painting & Drawing Studio, 155 Gibbs St., Rockville. Price \$40. Visit www.visartsatrockville.org/cocktails-and-canvas for more.

Weekly Blues Dance. Thursdays 8:15-11:30 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Capital Blues presents rotating DJs and instructors with beginner workshop 8:15-9 p.m., no partner necessary. \$8 for all. Visit capitalblues.org for more.

Weekly Swing Dance. Saturdays, 8 p.m.-midnight. The DC Lindy Exchange presents a swing dance with live music in the Spanish Ballroom, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Beginner swing dance lesson at 8 p.m., followed by dancing. Admission \$16-\$18, age 17 and under \$12. Visit www.glenechopark.org for more.

Argentine Tango with Lessons. Most Sundays, 6:30-11 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Argentine Tango lessons followed by a Milonga most Sunday evenings. Beginner lesson 6:30-7:30 p.m. and intermediate lesson 7:30-8:30 p.m. Cost is \$15/lesson and includes the Milonga. For just the Milonga, cost is \$10 and the open dance with DJ runs 8:30-11 p.m. No partner required. Visit www.glenechopark.org or call 301-634-2222 for more.

WEDNESDAY/AUG. 10

Daniel Bennett. 8-11:30 p.m. at Villain & Saint, 7141 Wisconsin Ave., Bethesda. New York saxophonist Daniel Bennett performs his album release concert. Tickets are \$5 in advance, \$7 at the door. Visit www.villainandsaint.com for more.

THURSDAY/AUG. 11

Crafty-Y-Kids. 10:30 a.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Decorate a fan for the summer heat. Free. Call 240-777-0690 or visit www.montgomerycountymd.gov/library/branches/potomac.html.

Marshmallow Challenge. 11 a.m. at Bethesda Library, 7400 Arlington Road, Bethesda. The challenge is to build the tallest tower you can using only spaghetti, string, tape and a marshmallow. This STEM program is



Image by Rebecca Clews

'Earth Water Air' Opens Aug. 19

Three local photographers work to capture the mystery and movement of the natural world for a new photo exhibition at Glen Echo Photoworks, 7300 MacArthur Blvd. A reception and gallery talk will be held on Saturday, Aug. 27, 4-6 p.m. Admission to the gallery and reception is free. Visit www.glenechophotoworks.org for more.

for children ages 6 and up. Free. Visit www.montgomerycountymd.gov/library/branches/bethesda.html.

FRIDAY/AUG. 12

Middle School String Institute Performance. 7:30 p.m. at Trinity Lutheran Church, 11200 Old Georgetown Road, North Bethesda. The National Philharmonic Middle School Institute will study and perform Handel's Concerto Grosso, Op. 6 No. 1; Percy Grainger's Molly on the Shore; Penderecki's Three Pieces in the Olden Style; and Michael McLean's Fandango. Free. Visit www.nationalphilharmonic.org for more.

Centennial Campfire. 8-9 p.m. at C&O Canal's Great Falls Tavern Visitor Center, 11710 MacArthur Blvd., Potomac. Sing songs and listen to stories from across America's National Parks as well as night-time-themed canal stories. Free. Great Falls Tavern historic area has an entrance fee of \$10 per vehicle.

AUG. 12-20

Montgomery County Agricultural Fair. Various times at Montgomery County Agricultural Center, 501 Perry Parkway, Gaithersburg. Tickets are \$10, free for children 11 and under. Visit www.mcagfair.com for full schedule.

SATURDAY/AUG. 13

Paper Source: Watercolor Workshop. 11 a.m.-1 p.m. at Paper Source Bethesda, 4805 Bethesda Ave., Bethesda. Learn card making techniques including stamping, embossing and envelope lining with a splash of watercolor to each element. Make three cards and a hand lettered, embossed poster. Admission is \$28. Visit www.papersource.com.

SATURDAY-WEDNESDAY/AUG. 13-17

8th Annual Uke & Guitar Summit. 9 a.m.-5 p.m. at The Mansion at Strathmore, 10701 Rockville Pike, North Bethesda. Strathmore's Uke & Guitar Summit offers classes for all

levels, with instructors like Denmark's Tobias Eloff and Hawaii's Jeff Peterson, concerts and a grand finale of the Ukulele Orchestra at UkeFest. Tickets are \$400. Visit www.strathmore.org for more.

THURSDAY/AUG. 18

Echoes of Nature: Swashbuckling Animals. 11 a.m.-12 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Dress like a pirate and meet animal friends who could've sailed the seven seas. Free. Call 240-777-0690 or visit www.montgomerycountymd.gov/library/branches/potomac.html.

AUG. 19-SEPT. 25

Photoworks: "Earth, Water, and Air." 1-4 p.m. Saturday, 1-8 p.m. Sunday at Photoworks Gallery – Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Three artists, Leslie Kiefer, Rebecca Clews, and Caroline Minchew, explore the elements via photography. Free. Visit www.glenechophotoworks.org.

SATURDAY/AUG. 20

Race Against Time with Scientetellers. 2-2:45 p.m. at Bethesda Library, 7400 Arlington Road, Bethesda. Experience the science of power and energy through several exciting, hands-on experiments. Free. Visit www.montgomerycountymd.gov/library/branches/bethesda.html.

SATURDAY-MONDAY/AUG. 20-22

Comcast Xfinity Outdoor Film Festival. 8:30 p.m. at the Gudelsky Gazebo, 10701 Rockville Pike, North Bethesda. Watch "Jurassic World," "Minions," and "The Wizard of Oz." Free. Visit www.strathmore.org.

SUNDAY-TUESDAY/AUG. 21-23

Auditions: "A Delicate Balance." 6 p.m. Sunday, 7 p.m. Monday and Tuesday at Congregation Har Shalom, 11510 Falls Road, Potomac. All roles are open and experienced

actors are encouraged to audition. Auditions will be readings from the script. Sides will be provided; please be familiar with the script and bring resume and head shots. Free. Email Laurie T. Freed, litelmama@verizon.net.

THURSDAY/AUG. 25

100th Birthday Celebration at Historic Great Falls Tavern. 12:15 p.m. at Great Falls Tavern, 11710 MacArthur Blvd., Potomac. Join the Centennial Celebration as the National Park Service turns 100 years old. Listen to a Ranger-led talk and eat cake and ice cream. Free, plus parking fee. Call 301-767-3714.

FRIDAY/AUG. 26

Paper Source: "Incredibly Awesome Card Crafting." 6-8 p.m. at Paper Source Bethesda, 4805 Bethesda Ave., Bethesda. Learn to stencil, stamp, heat emboss, paint, line envelopes. Visit www.papersource.com for more.

SATURDAY/AUG. 27

Reception & Gallery Talk: "Earth Water Air." 4-6 p.m. at Glen Echo Park – Photoworks Gallery, 7300 MacArthur Blvd., Glen Echo. Three local photographers work to capture the mystery and movement of the natural world. Free. Visit www.glenechophotoworks.org for more.

SATURDAY-SUNDAY/AUG. 27-28

Dog Days of Summer on the Canal. 10 a.m.-4 p.m. at Great Falls Tavern, 11710 MacArthur Blvd., Potomac. Musical entertainment and interpretation about the ice house near Historic Great Falls Tavern. Free, plus parking fee. Call 301-767-3714 for more.

SATURDAY/SEPT. 3

Labor Day Open House. 12-4 p.m. at Glen Echo Park – Photoworks Gallery, 7300 MacArthur Blvd., Glen Echo. Meet Photoworks faculty as they present "Signature Images" from their portfolio of work. Free. Visit www.glenechophotoworks.org for more.

SATURDAY-MONDAY/SEPT. 3-5

Labor Day Art Show. 12-6 p.m. at Spanish Ballroom – Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Find art of various media as well as some children's work. Free. Visit www.glenechopark.org for more.

THURSDAY/SEPT. 8

Great Decisions. 12:30-2 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. On the eve of the international organization's 70th birthday, the United Nations stands at a crossroads. This year marks a halfway point in the organization's global effort to eradicate poverty, hunger and discrimination, as well as ensure justice and dignity for all peoples. But as the UN's 193 member states look back at the success of the millennium development goals, they also must assess their needs for its sustainable development goals — a new series of benchmarks, which are set to expire in 2030. With the appointment of the ninth secretary-general in the near future as well, the next U.S. president is bound to have quite a lot on his or her plate going into office. Free. Email potomacfol@gmail.com with "Great Decisions" in the subject line.

OBITUARY

Virginia Bush Potter

Virginia Bush Potter, 92, originally of Bethesda, since the 1920s, died on Aug. 4, 2016 in her Potomac home of 51 years, with her husband, Lloyd A. Potter, by her side.

Born in San Francisco on Dec. 7, 1923, the youngest child of Erna Olschewsky Bush, talented artist and master gardener, and George Pollock Bush, colonel in the U.S. Army and American University professor. Her parents hybridized irises at their well-known garden estate in Alta Vista.

Virginia was pre-deceased by her three brothers, George Bartram Bush, Richard Shepherd Bush and Edward Revenir Bush.

She graduated from Woodrow Wilson High School in 1941, where she especially enjoyed jewelry-making, as her brother Edward was skilled in that craft. Virginia also took college botany classes and a secretarial course. She was employed as a lawyer's secretary in Washington, DC.

On May 29, 1943, at age 19, Virginia married her first love, Lloyd Alden Potter, and embarked on her new life as farmer's wife during wartime. Later, she did book-keeping and created the interiors for her husband's homebuilding business in Potomac, as well as homemaking and raising four children. In later years, Buzz and Ginny enjoyed traveling with family and friends. This spring, they celebrated 73 years together.

Along with her joys as seamstress and gardener, Virginia also used her endless cre-



Lloyd (Buzz) and Virginia (Ginny) Potter celebrated 73 years of marriage this past May.

ativity to produce quilts, braided rugs and hooked wool original art pieces. She enjoyed dyeing her own wool for these. In her 80s, she discovered watercolor painting. And as a lifetime vegetarian, she loved cooking interesting new dishes.

She is survived by one son, William B. Potter (Mary) of Bethesda, and three daughters, Marcia P. Waddell (Alexander) of Ocean View, Del.; Suzanne P. Linger (Frederick) of Lexington, Ohio and Carolyn P. Summerville (John) of Bethesda.

Virginia also leaves behind seven beloved grandchildren: Alexander Potter Waddell (Tiffany), Gregory James Waddell (Kelly),



Virginia (Ginny) Potter, circa 1938

Brian Chadwick Potter (Brittany), Jessica Parker (Patrick), Charlotte Bethesda Linger, Michael Zachary Summerville and Clara Charlotte Summerville. She was pre-deceased by one grandchild, Potter Linger, in 1992.

She also leaves five precious great-grandchildren: Connor Reagan Parker, Kayla Shelby Waddell, Savannah Joy Waddell, Aubrey Catherine Waddell and Daniel Murphy Parker.

A garden memorial service will be held in early fall to celebrate her life and love of flowers.

Find service updates plus sign the family guestbook at www.pumphreyfuneralhome.com.



PHOTOS CONTRIBUTED

Virginia (Ginny) Potter



Virginia (Ginny) Potter canoeing on the canal with her husband in the 1940s.

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Dementia Summer Seminars

Thursday, August 18, 2016

"Knowledge is Power: Understanding Dementia"

Featuring Guest Speaker K. Mikki Firor, Gerontologist, MS
President, Trovato Dementia Services

Attendees will learn the difference between normal aging and signs that may require a trip to the doctor, when to call their doctor and how to be empathetic of others who may be going through this.

Thursday, September 1, 2016

"What You Should Know About Falls and Memory"

Featuring Guest Speaker Susan I. Wranik, MS, MA, CCC-SLP

Did you know that repeated falls can affect your memory? September is Falls Prevention Month. Learn how to prevent falls and maintain better brain health.

All events will be held from 2:00 p.m. to 3:30 p.m. at:
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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

AUGUST

8/24/2016.....Newcomers & Community Guide Pullout

8/31/2016.....Connection Families: Enrichment, Care & Back to School

SEPTEMBER

9/7/2016.....Wellbeing

9/14/2016....HomeLifeStyle Pullout – Real Estate & New Homes

9/21/2016....A+ Camps & Schools Back to School, Open Houses

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I Can't Worry About It



By KENNETH B. LOURIE

'It not being "the cancer", as "Forrest, Forrest Gump" described the cause of his mother's death (it was on a Tuesday, I believe). Rather, 'it' being everything else in life. There's a peculiar sense of indifference that comes over you after receiving a diagnosis of cancer. Moreover, the sense of urgency of all things not cancer-related dissipates as well.

I mean, given your diagnosis, how can anything else really matter? And in terms of your survival, there is nothing more important quite frankly, so 'everything else' pales in comparison. This is not to say that you can't be bothered with anything, but I will admit to this: everything (most things) become a bother. Time-sensitive tasks may force your hand (almost literally), but even then, it's often a half-hearted endeavor.

Don't get me wrong, it's not as if I'm so pre-occupied with my survival that I can't function beyond my cancer perimeters; I can. It's more that whatever the task, it becomes challenging; more mentally than physically (thank God), although I do have my deficits. In most instances however, I do finish what I start, but it's that start that stops me.

It's almost as if I need an actual push to get me moving emotionally; not because I'm in pain or lacking red blood cells/fuel from heavy duty chemotherapy; I'm just stuck. And it's not as if I'm unaware of the consequences of my inaction, I certainly am. It's more that the 'consequences' be damned, one-quarter speed ahead. It's as if I'm a ship leaving harbor, I need a tug boat equivalent to get me out to see what I can accomplish.

Invariably, I get it done, not in the time frame that a "normal"/healthy person might, but more so in the time frame in which an extremely reasonable and accommodating person might expect. I make my appointments; I'm mindful of time, day and date; I'm aware of people, places and things; and I'm cognizant of requirements, demands and expectations. But none of it seems to have a hold on me. It sort of brushes by.

I don't mean to be disrespectful or inconsiderate (although I can understand how it might appear or be interpreted as such), it's simply that, at least from this cancer patient's perspective, I can't, nor do I want to, get out of my own way. It's somewhere between inexplicable, inexcusable and unexplainable. Hardly am I suffering, as many cancer patients are — and as I was during those early heavy-duty chemotherapy infusions (six hours-plus per treatment, no appetite, no energy, no motivation, no hair, minimal hope). Nevertheless, this malaise/lack of enthusiasm/lack of concern for the big picture consumes my days and nights. I'm too caught up — consciously and sub-consciously, with the small picture: my life as a stage IV, non-small cell lung cancer patient whose oncologist originally gave a "13 month to two-year" prognosis. Try putting that in your pipe and living normally.

As much as I have in fact lived my life in relative good spirits, a cancer diagnosis puts a sort of governor on the bounce that used to be in your step. How do you ever forget the circumstance that might be killing, or at least abbreviating, your life expectancy? Symptoms that you really feel and any number of which you imagine, constantly tug on your figurative cape. You can try to be Superman, but the reality is, cancer is a hell of an adversary, and pleading with it to stop its insidious effects is time not well spent. Still, giving into it and not living your life as if you weren't afflicted is much easier said than done, and it's pretty difficult even saying it.

The accumulation of all these things constantly weighing on you is the toll that it takes. The result is for me, oddly enough, even if I don't worry about one thing, I worry about the other — and vice-versa. And that's the recurring problem: you're damned if you do and damned if you don't.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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THINGS TO DO

Celebrate a Centennial of Campfires at Great Falls Tavern

To celebrate the National Park Service Centennial year, join the Chesapeake and Ohio Canal (C&O Canal) National Historical Park to commemorate a century of campfire programs with the National Park Service. Sing songs and listen to stories from across America's National Parks as well as night-time themed canal stories.

Campfires will take place at the Great Falls Tavern, located at 11710 MacArthur Boulevard

in Potomac.

The program will be held on Friday, Aug. 12 from 8-9 pm. The event is free and open to the public, however, the Great Falls Tavern historic area has an entrance fee of \$10 per vehicle. The makings for s'mores will be provided for guests as long as they last, but visitors should bring folding chairs in order to enjoy the campfire along the canal. The programs are designed as fun for all ages.

Parking for Great Falls can be found at the Great Falls Tavern parking lot.

Check our Website and Facebook page for additional special event information and ranger-led programs. www.nps.gov/choh, www.facebook.com/chesapeakeandohiocanal Join in the conversation this summer! #CandOcanal #great falls #towpath #mules #potomac #NPSCentennial. Call 301-739-4200 for more information.

BULLETIN BOARD

Email announcements to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

WEDNESDAY/AUG. 17

Volunteer Training. 7 p.m. at Senior Connection, 3950 Ferrara Drive, Silver Spring. Seniors who no longer drive still need to get to medical appointments, they also need groceries, prescriptions, and services from local banks, dry cleaners, and shopping malls. Volunteers who drive for the Senior Connection offer critical support to seniors who want to live as independently and remain integral members of the community for as long as possible. Contact volunteer@seniorconnectionmc.org, call 301-962-0820 or visit www.seniorconnectionmc.org.

THROUGH AUG. 30

Pop-up Rabbi. Dates, times and locations vary. Interested in chatting with a rabbi, or have a question? Rabbi Adam Raskin of Congregation Har Shalom invites community members to join him for a cup of coffee. Free. Contact Carly Litwok at carly@harshalom.org or 301-299-7087. Visit www.harshalom.org for more.

- * Tuesday, Aug. 23, 8:30-10:30 a.m. Starbucks, Cabin John Mall, 7911 Tuckerman Lane.
- * Thursday, Aug. 25, 2:30-4:30 p.m. Aroma Espresso Bar, Westfield Mall, 7101 Democracy Blvd.
- * Tuesday, Aug. 30, 2:30-4:30 p.m. Starbucks at Barnes & Noble, Montrose Crossing, 12089 Rockville Pike.

WEDNESDAY/AUG. 10

Blood Drive. 8 a.m.-1:30 p.m. in the

first floor conference room of Montgomery County Public Safety Headquarters, 100 Edison Park Drive, Gaithersburg. The American Red Cross, facing a critical blood shortage, is urging eligible donors to give blood now to help ensure blood is available throughout the summer to meet patient needs. For additional information about the blood drive and how to sign up to donate, please visit bit.ly/2axZFz3. Donors are urged to schedule appointments. Walk-in donors will be accommodated. Schedule online at bit.ly/2aixPG8 or call 1-800-733-2767.

SATURDAY/AUG. 13

Advice for Adopters, Fosters, Dog Lovers. 11:45 a.m.-1:45 p.m. at Your Dog's Friend Training Facility, Rockville. Expert will discuss dog training and behavior, helpful pet products, and the many common issues that dog guardians face, with time to discuss individual concerns. Please leave dogs at home. Free. Visit yourdogfriend.org/free-workshops/ or call 301-983-5913.

TUESDAY/AUG. 16

Drop in Discussion about Grief and Healing. 6:30-8 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. For anyone mourning the death of a loved one. Free and open to any Montgomery County resident. Registration required, call 301-921-4400. Visit www.montgomeryhospice.org for more.

SUNDAY/AUG. 21

Rabies Vaccine Clinic. 8-10:30 a.m. at 7315 Muncaster Mill Road, Derwood. The Montgomery County Animal Services and Adoption Center will hold rabies vaccination clinics through September. The vaccinations are free with the purchase of a Montgomery County Pet License. Maryland law requires that all dogs, cats, and ferrets over the age of 4 months be continuously vaccinated against rabies. Also by law and beginning at that age, all dogs and cats must have a Montgomery County Pet License. Bring proof of previous rabies vaccinations. All dogs must be leashed and cats and ferrets must be in carriers or otherwise contained. Visit www.montgomerycountymd.gov/animalservices for more.

THURSDAY/SEPT. 1

Drop in Discussion about Grief and Healing. 1:30-3 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. For anyone mourning the death of a loved one. Free and open to any Montgomery County resident. Registration required, call 301-921-4400. Visit www.montgomeryhospice.org for more.

THURSDAY/SEPT. 8

Morning Coffee. 10-11:30 a.m. at Corner Bakery, Westlake Drive, near Montgomery Mall, Bethesda. Potomac Community Village hosts, open to all, to meet, chat with other Potomac neighbors about ideas, plans to age in place in our own Potomac homes. Free to attend, pay for own beverages and food. Contact Nelly Urbach at info@PotomacCommunityVillage.org or 240-221-1370, or visit www.PotomacCommunityVillage.org.

SUNDAY/SEPT. 18

Rabies Vaccine Clinic. 8-10:30 a.m. at 7315 Muncaster Mill Road, Derwood. The Montgomery County Animal Services and Adoption Center will hold rabies vaccination clinics through September. The vaccinations are free with the purchase of a Montgomery County Pet License. Maryland law requires that all dogs, cats, and ferrets over the age of 4 months be continuously vaccinated against rabies. Also by law and beginning at that age, all dogs and cats must have a Montgomery County Pet License. Bring proof of previous rabies vaccinations. All dogs must be leashed and cats and ferrets must be in carriers or otherwise contained. Visit www.montgomerycountymd.gov/animalservices for more.

THURSDAY/SEPT. 22

Aging in Place. 7-9 p.m. Potomac Community Village hosts an open-to-all program on "National Policies to Promote Aging in Place," a look at new federal legislation, with aging-in-place expert and Potomac resident Louis Tenenbaum. Free. Contact Joan Kahn at info@PotomacCommunityVillage.org or 240-221-1370. Visit www.PotomacCommunityVillage.org for more.

JULY-SEPTEMBER

Plant Clinic. 10 a.m.-1 p.m. at Davis Library, 6400 Democracy Blvd., Bethesda. During the 2016 growing season Montgomery County Master Gardeners will answer gardening questions at walk-in Plant Clinics located around the County. Bring full and intact plant and insect samples, garden problems and questions and get free answers.

THURSDAY/OCT. 20

The Mediterranean Diet. 7-9 p.m. Potomac Community village hosts open-to-all programon "The Mediterranean Diet and its Benefits," with cookbook author Amy Riolo. Free. Contact Joan Kahn at info@PotomacCommunityVillage.org or 240-221-1370. Visit www.PotomacCommunityVillage.org.

FRIDAY-SUNDAY/OCT. 28-30

Camp Erin is one of the largest

national bereavement programs for youth grieving the death of a significant person in their lives. Hospice Caring is joining a network of 46 Camp Erin locations enabling the organization to serve a larger number of campers in a wider age-range. This session is exclusive to teens (ages 13-17). The program is free and the application is available at www.hospicecaring.org/camp-erin.html.

GUIDE DOG FOSTERS NEEDED

Guiding Eyes for the Blind - Montgomery Region is looking for volunteers to foster and train future guide dogs. Volunteers will foster a specially bred guide dog for 14 months, attend bi-monthly training classes, and teach the pup house manners, people skills and socialization within the community. Dog crates, training equipment and monthly medications are provided. Contact Margie Coccodrilli at 301-869-2216 or gebraiser@comcast.net or visit www.guidingeyes-md.org.

SUPPORT GROUPS

The Alzheimer's Association's Memory Cafes offer a fun and relaxed way for people living with early-stage memory loss to get connected with one another through social events that promote interaction and companionship. The memory cafe in Rockville (4860 Boiling Brook Parkway) operates the third Wednesday of each month from 2:30-4 p.m. Pre-registration is required. Contact Lindsey Vajpeyi at 240-428-1342 or lvajpeyi@alz.org.

Suicide Grief Support Group. At JSSA, 6123 Montrose Road, Rockville. This ongoing bereavement support group is for those who have lost a loved one to suicide. This group meets every first and third Monday. No charge. Pre-registration is required to attend. Call 301-816-2708.

Because I Love You is a nonprofit organization dedicated to supporting parents of troubled children of any age. The group helps parents deal with drugs, runaways, truancy, verbal abuse, physical abuse, curfew violations and other misbehavior, as well as help parents deal with themselves, to manage and live their own lives without obsessing over their child's behavior. The group meets 7:30-9:30 every Thursday at Bethesda United Methodist Church Room 209, 8300 Old Georgetown Road, Bethesda. Visit www.becauseiloveyou.org, email hbrite1@netzero.com or call 301-530-3597.

Adult Bereavement Groups. Dates and times vary depending on group members. Hospice Care, 518 S. Fredrick Ave., Gaithersburg. Peer driven support groups in those in need of support. Free. Contact Penny Gladhill at 301-990-8904, or Penny@hospicecaring.org.

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BUSINESS NOTE

Sales associate **Ana Barbosa** from the Potomac office of Weichert, Realtors was individually recognized for her industry success in July.



A top producer, Barbosa led the region, which is comprised of locations throughout Montgomery and Prince George's counties as well as surrounding areas in the District of Columbia, for resale dollar volume.

Barbosa can be reached in Weichert's Potomac office at 7821 Tuckerman Lane, or call 301-718-4100

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\$9.99 PIZZA COMBO

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 - SMALL FRIES
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 - SMALL FRIES
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*For veal parmigiana or tuna steak add one dollar.

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