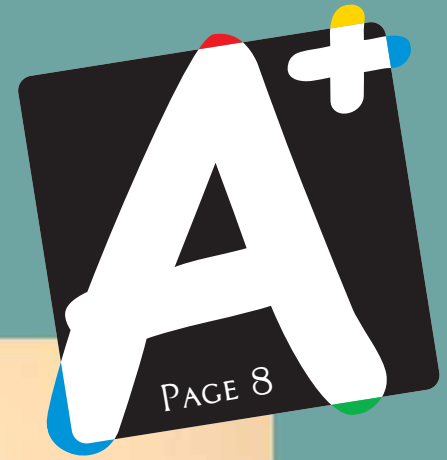




# Springfield CONNECTION

Franconia ♦ Kingstowne ♦ Newington



Ryan Clark is in the army and stationed at Ft. Belvoir. He is attending the Operation Homefront event in Springfield with wife, Shayla, baby Ava, 1, Isiah, 5, and Alana, 2.



## Operation Homefront Meets Its Goals

NEWS, PAGE 3

Swimming with Engie, For Cancer Research

NEWS, PAGE 4

Man Dies After Being Shot by Sheriff's Deputy

NEWS, PAGE 3

FOLLOW ON TWITTER: @SPRCONNECTION

OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 11 ♦ CLASSIFIED, PAGE 13

PHOTO BY ALEXANDRA TECCO/THE CONNECTION



## PEOPLE

### Springfield Military Athlete Competes in World Orienteering Championships

Hannah Culberg, a First Lieutenant in the US Army and Springfield resident, is set to compete for Team USA in the Nokia Tyres World Orienteering Championships. The competition will take place in Stromstad-Tanum, Sweden, August 20-28.

Orienteering, a challenging sport which involves using a map and compass to race across terrain, is highly competitive abroad. Culberg, 26, was chosen for the US team earlier this year. First Lt. Culberg graduated from the United States Military Academy at West Point in 2012 and is now an engineer assigned to the National Geospatial-Intelligence Agency.

Culberg was drawn to the sport in college because it combined her love of outdoor adventure and running. She explained her motivation in the sport, saying "there's nothing more satisfying than reaching the zone where you feel strong, you perfectly understand the map, and everything is flowing perfectly". She will be competing in the Sprint and the Relay race in Sweden and hopes to place well.



PHOTO CONTRIBUTED  
**Hannah Culberg will compete for Team USA in Sweden, Aug. 20-28.**

## AREA ROUNDUPS

### Springfield Town Center to Host Back To School Pep Rally

Springfield Town Center is hosting a pep rally to celebrate students returning to school. The event is scheduled for the Grand Court area of the mall from 10 a.m. until 2 p.m. on Saturday, Aug. 20.

In addition to a back to school fall fashion preview, the pep rally is set to include performances by SYC All-Star Cheer, face painting, flash tattoo and balloon art, and mini-makeovers. And no youth-oriented social event would be complete without lures placed at all Pokémon GO stops in the mall.

Springfield Town Center's owners Pennsylvania Real Estate Investment Trust [PREIT] are also using the event to publicize and register shoppers for a new digital spending rewards program called PREIT Perks.

Springfield Town Center is located at 6500 Springfield Mall in Springfield.

—TIM PETERSON

### Clifton Resident Organizing National Rally for Refugees

Kathy Hertz of Clifton has organized a rally for international refugees, scheduled to take place at the Sylvan Theater at the Washington Monument on Aug. 28 from 10 a.m. until 2 p.m.

Hertz spent her vacation around Christmas 2015 volunteering with her cousin to help refugees fleeing to Lesbos, Greece.

In April earlier this year, she was recognized at the Volunteer Fairfax Awards for her work, receiving the Daily Points of Light Award as well as Fairfax County Volunteer Service Award for Adult Volunteer Over 250 Hours.

The rally is being supported by more than 50 national and international organizations, Hertz said.

According to the DC Rally 4 Refugees website, the event's goal is to "raise awareness about the magnitude of the global refugee crisis, encourage advocacy and U.S. action to alleviate suffering through relief efforts and support, and stand in solidarity with refugees and displaced people worldwide."

For more information, visit [www.dcrally4refugees.org](http://www.dcrally4refugees.org).

## We have warm hearts for cold noses!



The veterinarians of Pet Medical Center of Springfield are skilled, caring professionals who understand that your pets deserve the best possible care. From preventative medicine and routine procedures to emergency treatment, your pets will receive the finest possible attention available. And Pet Medical Center of Springfield provides a wide array of services from comfortable and affordable boarding during vacation, travel, and holidays to grooming services and nutritional counseling.

8054 Rolling Road • Springfield, VA 22153

703-455-1188

[pmcsvg.com](http://pmcsvg.com) • Follow us on Facebook!

**Pet Medical  
Center**  
*of Springfield*



**DR. BARRY ROSENBLUTH • DR. JIM MACLEAN  
DR. DIANE NICHOLS • DR. KATHLEEN PHILLIPS**



## Operation Homefront Meets Its Goals

PHOTOS BY ALEXANDRA TECCO/THE CONNECTION

**At the Springfield event, Back-to-School Brigade supports military families.**

BY ALEXANDRA TECCO  
THE CONNECTION

In a party-like atmosphere the Back-to-School Brigade [BTSB] handed out 750 backpacks filled with school supplies to the children of low to mid-rank active duty military in Springfield on Saturday, Aug. 13. Although backpack distribution was the event's purpose, the reunion of school friends, snacks, balloons, face painting and the opportunity to meet superheroes and other movie characters left the children all smiles. The military parents, meanwhile, were thankful at receiving the support and care of the community through the event organized by Operation Homefront.

Operation Homefront has three goals, said CEO John Pray, "Provide Relief, Resiliency and Recurring family support." The BTSB is one of the many recurring family support programs. They have a variety of other programs some of which include Thanksgiving and holiday meal support, toy drives and baby showers.

Jeffrey Volling, a soldier stationed at Ft. Belvoir, wears his fatigues as he holds his daughter Tatum, 2. Jeffrey's wife, Angela Volling, directs their son Landon, 6, as he holds his recently received red backpack. The Vollings know they've participated in at least the Thanksgiving meals program as well as the BTSB from Operation Homefront. "As a single-income family ... this really helps. We can focus more on food for lunches, shoes and clothes," Angela Volling said.

The combination of a high cost of living and the sheer number of military in the D.C.



**Jeffrey and Angela Volling with son Landon, 6, and daughter Tatum, 2, after Landon received his new backpack. Landon will be attending first grade at Ft. Belvoir.**

metro area creates a lot of need that Operation Homefront seeks to address. Their focus on low-mid rank is because "younger military families are usually the ones most in need," explains Pray. For these families, something as simple as an unanticipated vehicle repair can easily spiral downward affecting the most basic of a family's necessities.

"Food assistance is the most common form of assistance," says Cyndi Lucas, the Community Outreach leader of Operation Homefront's D.C. Metro branch. "The food budget is the easiest portion to manipulate,

most of everything else is fixed cost," she explains. Consequently, the items provided by the BTSB give military families an extra cushion in their budgets to redirect towards other needs ranging from food to medical bills.

Omani Williams's spouse is in the army and this is their third time attending the BTSB. "Defraying the costs really helps a lot," she says "... this is a blessing." Williams has four children, so the cost of school supplies adds up quickly.

Williams also was part of a baby shower hosted by Operation Homefront during her

last pregnancy. There were complication in the pregnancy, so she visited the hospital a lot, spending the last month mostly in the hospital, Williams said. Consequently, she "didn't think we were going to do anything. But to see that so many people cared about my family..." she takes off her glasses to wipe away the tears while smiling at the memory. She received a variety of items for the baby including a new car seat.

"We work to make strong, stable and secure military families so they can thrive and not merely get by in the communities they work so hard to protect," says Pray.



**Omoni Williams with son, 10, and daughter, 8, sporting their facepaint and new backpacks will attend Woodlawn Elementary School this year. The family resides in Ft. Belvoir.**

## Metropolitan School of the Arts Moves Academy to Kingstowne

Metropolitan School of the Arts of Alexandria recently expanded its Alexandria/Kingstowne campus to include its Academy and studio classes, upon closing its Lorton campus. Alexandria/Kingstowne MSA headquarters now provides newly renovated space for its Academy, studios and soon-to-be constructed Black Box theatre. It also welcomed four new board members, including: Jeff Lovett of Motley Fool of Alexandria, Cos Dimaggio of Tauri Group of Fairfax Station, Kusuma Aralere of Gainesville, David Patterson of Tech Enabled Solutions in Leesburg, Jim Anderson of Fairfax Station of the Anderson Company; and Peter Van Aartrikj of the

Aartrikj Company in Alexandria. Go to [www.metropolitanarts.org](http://www.metropolitanarts.org) for more information.

"We are thrilled to debut our new academy space in Kingstowne...we are growing and with that our space needed to evolve and expand," said Melissa Dobbs, founder and executive director of Metropolitan School of the Arts of Alexandria. "Having our studios, academy and black box theatre under one roof will help us create a more comprehensive and collaborative atmosphere among our students and instructors," said Dobbs.

To help support Metropolitan School of the Arts Black Box Theatre campaign, visit [www.metropolitanarts.org](http://www.metropolitanarts.org)



**From left, Cos Dimaggio of Tauri Group of Fairfax Station, Kusuma Aralere of Gainesville, Va., David Patterson of Tech Enabled Solutions in Leesburg, and Jeff Lovett of Motley Fool of Alexandria.**

PHOTO CONTRIBUTED



PHOTOS CONTRIBUTED



At last year's Swim for Engie fundraiser, 34 participants swam laps for nearly two hours and raised just under \$6,000.



Engie Mokhtar of Kingstowne swims backstroke during the 2015 Swim for Engie breast cancer research fundraiser. The second Swim for Engie event is scheduled for Aug. 27, 2016, 8—10 a.m. at Little Hunting Park Pool.

## Swimming with Engie, for Cancer Research

### Fundraiser benefits Inova Schar Cancer Institute.

BY TIM PETERSON  
THE CONNECTION

**W**hen Engie Mokhtar of Kingstowne woke up from a blackout on the floor of her kitchen, she didn't think much of it. She cleaned up, went to bed, and went to swimming practice with the Alexandria Masters team the next morning.

After describing the incident to teammates, one of them said it sounds like Mokhtar might've had a seizure. She went to the doctor that afternoon, who got her right into an MRI.

In 2010, Mokhtar was diagnosed with Stage III breast cancer. She went through all the treatments over the next two years — surgery, chemotherapy, radiation and reconstruction.

That cancer had metastasized to her brain, doctors told Mokhtar. The seizure was related to the three-centimeter mass that had formed in that organ.

Within two weeks, Mokhtar had brain surgery. Her treatment included "cyber knife," oral chemo pills and infusion chemotherapy. After five months she was able to stop the harsh oral pills, but she has continued to go in for infusion treatments every Friday.

**THE LAST THING** she wanted to do before her surgery? Attend 6 a.m. swim practice.

"Swimming became such a huge part of my life," Mokhtar said. She grew up swim-



From left, Nadia Mokhtar with daughter Engie: She joined the Alexandria Masters swim team with her daughter so she could drive her to practice while she was undergoing treatment for cancer.

ming, mostly for recreation, choosing to focus more time on dance and music.

But the medicine she was on for her first cancer treatment caused permanent nerve damage and degeneration in her feet. That made it painful for her to walk long distances, much less dance.

To get back in shape during her treatment, Mokhtar returned to swimming. More than just a cardiovascular workout, she found a close-knit community. "The swim team was my rock," Mokhtar said. "They truly are my second family." While she couldn't drive, teammates would help get her to practice, to work, walk her dog, bring her meals — "do whatever else I needed."

"When we first heard she had cancer, we

asked 'How can we help her?'" said Potomac Yard resident and Alexandria Masters swimmer Cindy Halim. "It's what we do." One of the swimmers had the idea to hold a swim-a-thon to raise money to help cover Mokhtar's medical expenses. But she declined the offer.

"What she really wants is for the money to go to figuring out why people get cancer," said Madeline Muravchik of the City of Alexandria. "Lots of charities focus on treatment, she would rather focus on why this happens to people." Muravchik is the membership coordinator for the swim team, and helped organize last year's Swim for Engie Against Breast Cancer Swimathon fundraiser. The 34 participants swam laps

for nearly two hours and raised just under \$6,000.

Per Mokhtar's request, the money supported the breast cancer research fund with the Inova Schar Cancer Institute. "The type of cancer I had was a death sentence ten years ago," said Mokhtar. "They'd say, 'OK, the end.'" But now, she said, genomics research has helped medicine to target genetic markers, reasons for the cancer attacking.

Currently, Mokhtar is experiencing no progression of the cancer; she gets a "full workup of scans" every three months.

To keep herself busy and fulfilled, she's taken on an active role in the Alexandria West Rotary club, which is co-sponsoring this year's swim-a-thon. "It's really kept my attitude up, to continue doing the things I love to do," Mokhtar said. "Take those moments when I can. Prioritize what gives me joy. We don't always get that, we get bogged down paying the bills, making ends meet."

And she's continued to swim with her teammates, her family at Alexandria Masters. "You picture someone who shows physical signs of being physically desperately ill," Muravchik said, "which Engie does not. She has this double life. She's battling, and is still able to function in the world."

"She sees how you can make the most of your life," Halim said. "Swimming really makes her happy, and we're glad we can provide her with this environment so she feels like she's home."

**THE SECOND SWIM FOR ENGIE** event is scheduled for Aug. 27, 2016, 8 — 10 a.m. at Little Hunting Park Pool, located at 7000 Canterbury Lane in Alexandria. The event is open to the members of the public of all ages who can swim laps.

For more info about this year's event, sign up or to donate, visit [www.crowdrise.com/SwimforEngie2016](http://www.crowdrise.com/SwimforEngie2016) or contact Madeline Muravchik at [swimforengie@gmail.com](mailto:swimforengie@gmail.com)



# Man Dies After Being Shot by Fairfax Sheriff's Deputy Outside Inova Hospital

Hispanic male was discharged patient who was escorted by security to bus stop before the incident.

BY TIM PETERSON  
THE CONNECTION



At a press briefing later in the morning on Tuesday, Aug. 16, Police Chief Edwin Roessler and Sheriff Stacey Kincaid recapped the Aug. 15 Sheriff's Deputy-involved fatal shooting.

PHOTO COURTESY OF FAIRFAX COUNTY POLICE

Early Tuesday morning, Aug. 16, a man died after having been shot by a Fairfax County Sheriff's Deputy outside the green garage area at Inova Fairfax Hospital the previous evening.

At a press briefing later on Tuesday morning in the Public Safety Headquarters building Police Chief Edwin Roessler and Sheriff Stacey Kincaid recapped the events with as much information as is known, while both a criminal and administrative investigation are underway.

Roessler said the deceased man, an as yet unnamed 29-year-old Hispanic male, had

been a patient at the hospital. Hospital staff had helped him to the bus stop in the garage area shortly before 10 p.m., after he'd been discharged. Neither his reason for being in the hospital nor his length of stay has been released. The man's next of kin had not yet been notified, and so his identity was not released.

Hospital security then received several calls of a suspicious man with an apparent weapon.

Police later released a photo of the object, which turned out to be a metal signpost with a sharp end used for driving into the ground.

Hospital security guards responded to the

scene and observed the man "acting in what appears to be a mental episode," Roessler said.

The guards attempted to mitigate the situation, Roessler said, and the suspect struck and injured one of the guards with the post. The guards then radioed for additional help.

A Fairfax County Sheriff's Deputy assigned to the hospital that night heard the call for help over security radio and responded to the bus stop, as did several Police Officers.

The deputy, who Roessler and Kincaid said has undergone Crisis Intervention Team training for helping people with men-

tal illness, also attempted to "negotiate and de-escalate the episode."

The suspect raised his post and began to charge the deputy, Roessler said.

The deputy gave the suspect orders to stop, while "tactically trying to retreat."

When the suspect did not stop coming, Roessler said, the Sheriff's deputy fired his 40-caliber Glock duty weapon several times, striking the male. The two were at "close proximity" during their engagement, but the details are still under investigation. The entire encounter took place in a very short period of time, Roessler said.

The man was taken to the Inova emergency room for his injuries.

The deputy is on administrative leave, Kincaid said, while the Police Department conducts a criminal investigation and the Sheriff's Office carries out an administrative investigation to see if all policies for use of force were followed appropriately.

Roessler said Inova security cameras — not body cameras — captured the incident, though he has not seen it. As it is now evidence; it's uncertain when the footage will be released to the public. Neither Fairfax County Police nor Fairfax Sheriff's Deputies have employed body cameras at this time.

lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

**Adopt  
Donate  
Volunteer**

lostdogandcatrescue.org

**Free First Class - Bring a Friend for a Free Class, Too!**  
**Observation Windows • Family & Military Discounts**

**Terry's School of Dance & Gymnastics**  
**Gymnastics in Our Fully Equipped Gym**  
Spring Floor • Tumble Track • Trampoline • Uneven Bars • Preschool Equipment

- ★ Jazz, Tap, Ballet, Contemporary ★ Hip Hop
- ★ Competitive Dance Team
- ★ Preschool Classes ★ Home School Classes

**Back To School Special**  
Register by 9/15/16, Get 50% October's tuition (new students)  
(Current Students, register for 2nd class, get 50% of Oct's tuition)  
**Terry's School of Dance & Gymnastics 703-780-7878**

**703-780-7878** info@terrysdanceandgym.com  
**Woodlawn Shopping Center**  
8730 Richmond Hwy, Alexandria, VA 22309  
Convenient to Ft. Belvoir, Kingstowne, Fairfax Station, Belleview  
And the NEW road, Jeff Todd Way  
**www.terrysdanceandgym.com**



**Home of the \$6,850 Bathroom Remodel**  
**From Now to WOW in 5 Days Guarantee**

**TWO POOR TEACHERS**  
Kitchen and Bathroom Remodeling

10% down nothing until the job is complete for the past 17 years

Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed Since 1999

**Free Estimates  
703-999-2928** Visit our website: **www.twopoorteachers.com**

**DC AREA HOMEOWNERS CHOOSE CASE BECAUSE QUALITY IS EVERYTHING.**

With more than 50 years of transforming homes in the DC metro area, Case offers the highest quality in design and craftsmanship, unbeatable client service and the best warranty in the business.

Visit [casedesign.com](http://casedesign.com) or call 703.241.2980 to schedule your free design consultation today.

ADDITIONS | BATHS | CONDOS | INTERIORS | KITCHENS

# OPINION

## Election 2016: Much at Stake Nationally, Locally

### Possible record turnout should motivate more early voting.

**E**lection Day is Tuesday, Nov. 8, and in some ways that seems like it can't possibly come soon enough. On Election Day in Virginia, polls are open from 6 a.m. - 7 p.m., but early voting begins Sept. 23, about five weeks from now, and voters should have plenty of motivation to vote early.

It's hard to articulate how much is at stake in the coming election, and it's not just about the choices for U.S. President. Turnout will be extremely high, if not record breaking.

Nearly 32 percent of voters nationally voted before Election Day in 2012, according to census data, compared with just under 30 percent in 2008 and 20 percent in 2004, the New York Times reported.

There are 19 valid reasons to vote absentee in Virginia, with one that applies to almost everyone who commutes to work. If you could be working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day, you qualify to vote "absentee in person." If you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location.

#### EDITORIAL

The deadline to register to vote on Election Day is Oct. 17.

Visit the Virginia Department of Elections website to check that you are registered or call Fairfax County Elections office at 703-222-0776.

Virginia has a stringent voter identification requirement, plan to bring photo identification with you to vote, whether that is absentee or on Election Day. Among accepted ID: valid Virginia Driver's License or Identification Card; valid Virginia DMV issued Veteran's ID card; valid U.S. Passport; other government-issued photo identification cards issued by the U.S. Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth; valid college or university student photo identification card from an institution of higher education located in Virginia; valid student ID issued by a public school or private school in Virginia displaying a photo; employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business. Any registered voter who does not possess one of the required forms of identification can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the

### Ramping Up to Election Day

- ❖ **Sept. 23:** In-Person Absentee Voting Begins
- ❖ **Oct. 17:** Voter Registration Deadline - In-Person: 5 p.m., Online: 11:59 p.m.
- ❖ **Nov. 1:** Last Day to Apply for an Absentee Ballot by Mail, Fax, Email or Online: 5 p.m.
- ❖ **Nov. 5:** Final Day for In-Person Absentee Voting
- ❖ **Nov. 8:** Absentee Ballot Return Deadline: 7 p.m.
- ❖ **Nov. 8:** Election Day, Polls Open 6 a.m. - 7 p.m.

digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

While the Presidential election will take top billing, every seat in the U.S. Congress is on the ballot, with one hotly contested race in Northern Virginia.

In Fairfax County, voters will decide whether to enact a four percent meals tax, a topic voters will hear a lot more about in coming weeks. Bond questions include \$120 million in transportation bonds for Metro; \$107 million in bonds for parks; and \$85 million for building and renovating senior and community centers, and homeless shelters. More at <http://www.fairfaxcounty.gov/bond/>

For more information on voting in Fairfax County:

Voter Registration: 703-222-0776, TTY 711  
Absentee Fax: 703-324-3725

Email: [voting@fairfaxcounty.gov](mailto:voting@fairfaxcounty.gov)  
Election Officer Info: 703-324-4735, TTY 711

Email: [elect@fairfaxcounty.gov](mailto:elect@fairfaxcounty.gov)

— MARY KIMM

[MKIMM@CONNECTIONNEWSPAPERS.COM](mailto:MKIMM@CONNECTIONNEWSPAPERS.COM)

#### LETTERS TO THE EDITOR

### Back to School with Asthma Action Plan

To the Editor:

The back-to-school season is a busy time of year filled with supply shopping, annual checkups, and more. If your child has asthma there are additional items I urge you to add to the to-do list. In order to ensure they'll be safe all year long make sure their school nurse knows how to help your child if they experience asthmatic symptoms.

Developing an asthma action plan with your child's doctor during their

checkup is an important first step. Provided by the Virginia Asthma Coalition ([www.virginiaasthmacoalition.org](http://www.virginiaasthmacoalition.org)), the asthma action plan template is a free tool for you, your child, and their healthcare provider to create a strategy to respond to the various degrees of asthma symptoms your child may experience while at school.

Once your asthma action plan is developed, reach out to your school nurse and share it with them. They will also be able to walk you through the necessary steps to guarantee your child has access to their medication, and can carry their medication with them.

Last, but not least, make sure you and your child know the daily air quality forecast. Air pollution is a known asthma trigger, and understanding the daily air quality will allow you and your child to make informed decisions about whether or not it's safe for them to exercise outdoors. Did you know that the American Lung Association gave Fairfax an "F" for smog pollution in their 2016 State of the Air Report?

This makes it especially important for Fairfax's children with asthma to keep an eye on air quality. Visit [www.airnow.gov](http://www.airnow.gov) for your local air quality forecast.

**Jennifer Kaufer**  
American Lung Association in Virginia

### Disappointing Sanitation

To the Editor:

I attended the 4 H Fair & Carnival two years ago and may not go again. I should have written you about this sooner but got distracted. I was very disappointed in the sanitation and hope it got better. I would hope someone would have noticed the same thing as I did and had it corrected, but just in case I will tell you what I discovered two years ago.

1) There were two hand washing stations outside the animal petting building. One of them you had to hold the faucet on as you used it. How could you properly wash your hands holding the faucet handle on? The second faucet handle was so loose, it would not turn on.

2) There was another hand washing station about 60 to 70 feet away from the baby chicken handling exhibit. This hand washing station was poorly labeled, too far from the baby chicken exhibit, you had to hold the faucet handle on, and it

had no soap. There was a bulletin about 2 years ago about the hazards of children handling baby chickens, you probably read it. It was quite explicit in stating that you must take appropriate precautions when handling baby chickens and recommended against it.

3) Here is the good news, the stand alone restroom by the park entrance has warm water, a motion sensor activated faucet, soap and paper towels.

So at least there was one correctly functioning hand wash station.

4) There were mosquitos breeding in puddles by the carnival.

**Jack Johnson, Esq**  
Falls Church

**Write** The Connection welcomes views on any public issue. Send to:

Letters to the Editor  
The Connection  
1606 King St., Alexandria VA 22314  
Call: 703-917-6444.  
By e-mail:  
[south@connectionnewspapers.com](mailto:south@connectionnewspapers.com)

## Springfield CONNECTION

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

@SprConnect

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by  
Local Media Connection LLC

1606 King Street  
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to [connectionnewspapers.com/subscribe](http://connectionnewspapers.com/subscribe)

NEWS DEPARTMENT:  
[springfield@connectionnewspapers.com](mailto:springfield@connectionnewspapers.com)

**Kemal Kurspahic**  
Editor ❖ 703-778-9414  
[kemal@connectionnewspapers.com](mailto:kemal@connectionnewspapers.com)

**Tim Peterson**  
Community Reporter  
703-314-0789  
[tpeterson@connectionnewspapers.com](mailto:tpeterson@connectionnewspapers.com)

ADVERTISING:  
For advertising information  
e-mail:  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)  
703-778-9431

**Steve Hogan**  
Display Advertising, 703-778-9418  
[shogan@connectionnewspapers.com](mailto:shogan@connectionnewspapers.com)

**Andrea Smith**  
Classified Advertising, 703-778-9411  
[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

**Debbie Funk**  
National Sales  
703-778-9444  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

**David Griffin**  
Marketing Assistant  
703-778-9431  
[dgriffin@connectionnewspapers.com](mailto:dgriffin@connectionnewspapers.com)

**Editor & Publisher**  
Mary Kimm  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)  
[@MaryKimm](https://twitter.com/MaryKimm)

**Executive Vice President**  
Jerry Vernon  
703-549-0004  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Editor in Chief**  
Steven Mauren  
**Managing Editor**  
Kemal Kurspahic  
**Art/Design:**  
Laurence Foong, John Heinly  
**Production Manager:**  
Geovani Flores

**Special Assistant to the Publisher**  
Jeanne Theismann  
[jtheismann@connectionnewspapers.com](mailto:jtheismann@connectionnewspapers.com)  
[@TheismannMedia](https://twitter.com/TheismannMedia)

**CIRCULATION: 703-778-9427**  
**Circulation Manager:**  
Ann Oliver  
[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)





# HOME SALES

In June 2016, 238 Springfield homes sold between \$1,040,000-\$163,500. This week's list represents those homes sold in the \$1,040,000-\$479,000 range. For the complete list, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	PostalCode	Subdivision
9356 BERRY HILL CT	7	6	1	SPRINGFIELD	\$1,040,000	Detached	0.25	22153	LAKEWOOD HILLS	
8743 CENTER RD	6	4	1	SPRINGFIELD	\$898,000	Detached	0.49	22152	SCHWARTZ ACREAGE	
8637 HILLSIDE MANOR DR	4	4	1	SPRINGFIELD	\$810,000	Detached	0.21	22152	HILLSIDE MANOR	
5308 TRUMPINGTON CT	6	3	1	ALEXANDRIA	\$808,500	Detached	0.17	22315	KINGSTOWNE	
6291 RED FOX ESTATES CT	5	3	1	SPRINGFIELD	\$800,000	Detached	0.27	22152	RED FOX ESTATES	
8102 DEERCREEK PL	5	3	1	SPRINGFIELD	\$795,000	Detached	0.20	22153	SPRINGFIELD GLEN	
7727 WHITE WILLOW CT	4	3	1	SPRINGFIELD	\$765,000	Detached	0.29	22153	WHISPERWOOD	
6835 SPRING BEAUTY CT	5	3	1	SPRINGFIELD	\$752,500	Detached	0.24	22152	DAVENTRY	
7835 BELLEFLOWER DR	4	3	1	SPRINGFIELD	\$751,977	Detached	0.35	22152	DAVENTRY	
8908 MOUNTAIN ASH DR	4	3	1	SPRINGFIELD	\$729,000	Detached	0.25	22153	WHISPERWOOD	
7847 VERVAIN CT	4	4	0	SPRINGFIELD	\$725,000	Detached	0.26	22152	DAVENTRY	
7706 ISLAND CREEK CT	4	3	1	ALEXANDRIA	\$712,000	Detached	0.21	22315	ISLAND CREEK	
6143 DEER RIDGE TRL	5	3	1	SPRINGFIELD	\$711,000	Detached	0.19	22150	HIGHGROVE ESTATES	
6839 ROLLING CREEK WAY	4	3	1	ALEXANDRIA	\$700,500	Detached	0.09	22315	HAWTHORNE	
8515 WILD SPRUCE DR	5	3	1	SPRINGFIELD	\$700,000	Detached	0.20	22153	MIDDLE RUN ESTATES	
7752 NORTHEDGE CT	4	3	1	SPRINGFIELD	\$680,000	Detached	0.34	22153	SOUTH RUN FOREST	
6718 BOSTWICK DR	6	3	1	SPRINGFIELD	\$660,000	Detached	0.26	22151	EDSALL PARK	
8548 BAUER CIR	4	3	0	SPRINGFIELD	\$651,250	Detached	0.11	22152	BAUER	
5616 RATHBONE PL	4	2	1	SPRINGFIELD	\$649,000	Detached	0.48	22151	RAVENSWORTH	
7104 FRESHAIRE DR	4	2	1	SPRINGFIELD	\$640,000	Detached	0.25	22153	ROLLING VALLEY	
8305 KENWOOD AVE	5	3	1	SPRINGFIELD	\$630,000	Detached	0.33	22152	KENWOOD OAKS	
6510 PARK VIEW CT	4	3	1	SPRINGFIELD	\$629,990	Detached	0.34	22152	KENWOOD OAKS	
7315 HOLLYFORD LN	4	2	1	ALEXANDRIA	\$625,900	Detached	0.12	22315	KINGSTOWNE	
7152 SONTAG WAY	4	2	1	SPRINGFIELD	\$625,000	Detached	0.23	22153	ROLLING VALLEY	
6103 SHERBORN LN	4	2	1	SPRINGFIELD	\$625,000	Detached	0.31	22152	CARDINAL FOREST	
8853 APPLECROSS LN	4	2	1	SPRINGFIELD	\$625,000	Detached	0.24	22153	ROLLING VALLEY	
6022 WENDRON WAY	3	3	1	ALEXANDRIA	\$615,000	Townhouse	0.06	22315	KINGSTOWNE	
5911 BING CT	5	4	0	ALEXANDRIA	\$614,000	Detached	0.26	22315	HAYFIELD FARM	
8989 SHADOWLAKE WAY	4	2	1	SPRINGFIELD	\$610,000	Detached	0.26	22153	LAKEWOOD HILLS	
8416 GAMBRILL LN	5	3	1	SPRINGFIELD	\$607,000	Detached	0.21	22153	GAMBRILL ESTATES	
5806 FLANDERS ST	6	3	2	SPRINGFIELD	\$600,000	Detached	0.26	22150	LYNBROOK	
6517 ELDER AVE	3	2	1	SPRINGFIELD	\$600,000	Detached	0.40	22150	TALBERT	
7900 OLD MARSH LN	3	3	1	ALEXANDRIA	\$598,500	Detached	0.12	22315	LANDSDOWNE	
8800 SKYRON PL	4	3	0	SPRINGFIELD	\$589,950	Detached	0.39	22153	LAKEWOOD HILLS	
6968 CONSERVATION DR	4	2	1	SPRINGFIELD	\$585,000	Detached	0.24	22153	ORANGE HUNT ESTATES	
7804 MORNING GLEN LN	3	3	1	ALEXANDRIA	\$585,000	Detached	0.16	22315	LANDSDOWNE	
5210 CALABRIA CT	4	2	1	ALEXANDRIA	\$580,000	Detached	0.20	22315	LAKE D EVEREUX	
7123 HANKS PL	4	2	1	SPRINGFIELD	\$572,000	Detached	0.26	22153	LAKEWOOD HILLS	
5159 BALLYCASTLE CIR	3	2	1	ALEXANDRIA	\$570,000	Townhouse	0.04	22315	KINGSTOWNE	
6585 KIERNAN CT	4	2	1	ALEXANDRIA	\$570,000	Townhouse	0.04	22315	KINGSTOWNE	
7622 CRAWFORD CT	5	3	0	ALEXANDRIA	\$570,000	Detached	0.25	22315	HAYFIELD FARM	
5320 FOXBORO CT	4	3	0	ALEXANDRIA	\$565,000	Detached	0.24	22315	WICKFORD	
5804 SUNDERLAND CT	4	2	1	ALEXANDRIA	\$565,000	Detached	0.27	22315	HAYFIELD FARM	
6703 COACHMAN DR	4	3	0	SPRINGFIELD	\$564,900	Detached	0.26	22152	ORANGE HUNT ESTATES	
7917 SAINT GEORGE CT	4	2	1	SPRINGFIELD	\$563,000	Detached	0.23	22153	SARATOGA	
7210 TRAPPERS PL	4	3	0	SPRINGFIELD	\$560,000	Detached	0.24	22153	ORANGE HUNT ESTATES WEST	
5610 CORNISH WAY	5	3	0	ALEXANDRIA	\$555,500	Detached	0.19	22315	HAYFIELD FARM	
9415 RETRIEVER RD	5	3	0	SPRINGFIELD	\$555,000	Detached	0.30	22153	ORANGE HUNT ESTATES WEST	
7515 IRENE CT	3	3	1	SPRINGFIELD	\$555,000	Detached	0.19	22153	KNOLLS AT MIDDLE RUN	
6731 DOROTHY GILES CT	3	2	1	ALEXANDRIA	\$555,000	Townhouse	0.06	22315	ISLAND CREEK	
8205 OLD OAKS DR	4	2	0	SPRINGFIELD	\$550,000	Detached	0.28	22152	KEENE MILL MANOR	
5146 BALLYCASTLE CIR	3	2	1	ALEXANDRIA	\$550,000	Townhouse	0.05	22315	KINGSTOWNE	
6709 ORDSALL ST	3	3	1	ALEXANDRIA	\$550,000	Townhouse	0.04	22315	KINGSTOWNE	
6984 CONSERVATION DR	4	3	0	SPRINGFIELD	\$549,995	Detached	0.29	22153	ORANGE HUNT ESTATES	
7917 HARWOOD PL	5	3	0	SPRINGFIELD	\$545,500	Detached	0.27	22152	KEENE MILL MANOR	
8601 KENTFORD DR	5	3	0	SPRINGFIELD	\$544,000	Detached	0.31	22152	ROLLING VALLEY	
7809 RED TULIP CT	3	2	2	SPRINGFIELD	\$540,000	Detached	0.18	22153	AFTON GLEN	
9148 ROCKEFELLER LN	4	2	0	SPRINGFIELD	\$540,000	Detached	0.30	22153	LAKEWOOD HILLS	
7136 ROLLING FOREST AVE	4	3	1	SPRINGFIELD	\$535,000	Detached	0.21	22152	ROLLING FOREST	
8103 SMITHFIELD AVE	4	2	1	SPRINGFIELD	\$535,000	Detached	0.26	22152	WEST SPRINGFIELD	
6483 WATERFIELD RD	3	2	1	ALEXANDRIA	\$535,000	Townhouse	0.05	22315	KINGSTOWNE	
6602 THURLTON DR	3	3	1	ALEXANDRIA	\$535,000	Townhouse	0.04	22315	KINGSTOWNE	
7917 JOURNEY LN	4	2	1	SPRINGFIELD	\$529,000	Detached	0.24	22153	SARATOGA	
8900 CROMWELL DR	4	2	1	SPRINGFIELD	\$529,000	Detached	0.28	22151	KINGS PARK	
7213 WILLOW OAK PL	4	3	0	SPRINGFIELD	\$529,000	Detached	0.27	22153	BRAMBLEWOOD	
6718 SULLIVAN WAY	3	2	1	ALEXANDRIA	\$529,000	Townhouse	0.04	22315	ISLAND CREEK	
8718 CLYDESDALE RD	4	2	1	SPRINGFIELD	\$525,000	Detached	0.24	22151	KINGS PARK	
5319 WEYMOUTH DR	4	3	1	SPRINGFIELD	\$525,000	Detached	0.26	22151	KINGS PARK	
7831 GREELEY BLVD	4	3	0	SPRINGFIELD	\$525,000	Detached	0.35	22152	WEST SPRINGFIELD	
7135 ROLLING FOREST AVE	3	3	0	SPRINGFIELD	\$525,000	Detached	0.21	22152	ROLLING FOREST	
6256 TALLAFERRO WAY	4	3	1	ALEXANDRIA	\$525,000	Townhouse	0.07	22315	KINGSTOWNE	
7037 ASHLEIGH MANOR CT	3	2	2	ALEXANDRIA	\$524,900	Townhouse	0.04	22315	KINGSTOWNE	
6004 WESCOTT HILLS WAY	4	3	1	ALEXANDRIA	\$522,000	Townhouse	0.04	22315	KINGSTOWNE	
6608 HUNTER CREEK LN	3	2	2	ALEXANDRIA	\$521,900	Townhouse	0.05	22315	ISLAND CREEK	
5905 SANDRINGHAM CT	5	3	0	ALEXANDRIA	\$520,000	Detached	0.42	22315	HAYFIELD FARM	
6207 TYNER ST	5	2	1	SPRINGFIELD	\$517,500	Detached	0.32	22152	KEENE MILL MANOR	
8103 CARRICK LN	4	2	1	SPRINGFIELD	\$516,000	Detached	0.28	22151	RAVENSWORTH	
7912 GREELEY BLVD	4	3	0	SPRINGFIELD	\$515,000	Detached	0.26	22152	WEST SPRINGFIELD	
5518 MOULTRIE RD	4	3	0	SPRINGFIELD	\$515,000	Detached	0.25	22151	RAVENSWORTH	
8612 LANGPORT DR	5	2	1	SPRINGFIELD	\$515,000	Detached	0.26	22152	ROLLING VALLEY	
7715 RACHAEL WHITNEY LN	3	2	2	ALEXANDRIA	\$515,000	Townhouse	0.05	22315	KINGSTOWNE	
5627 HEMING AVE	4	3	0	SPRINGFIELD	\$510,000	Detached	0.30	22151	NORTH SPRINGFIELD	
7109 TANWORTH DR	3	2	2	SPRINGFIELD	\$507,000	Townhouse	0.05	22152	DAVENTRY PARK MILTON	
7608 HAMLET ST	4	3	0	SPRINGFIELD	\$506,750	Detached	0.35	22151	NORTH SPRINGFIELD	
7334 MALLORY CIR	4	3	1	ALEXANDRIA	\$500,000	Townhouse	0.06	22315	KINGSTOWNE	
7041 ASHLEIGH MANOR CT	3	2	2	ALEXANDRIA	\$500,000	Townhouse	0.04	22315	KINGSTOWNE	
7724 ELGAR ST	4	3	0	SPRINGFIELD	\$499,999	Detached	0.32	22151	NORTH SPRINGFIELD	
7716 MARTEL PL	4	3	0	SPRINGFIELD	\$499,900	Detached	0.34	22152	WESTVIEW HILLS	
7406 SALFORD CT	3	2	2	ALEXANDRIA	\$499,000	Townhouse	0.04	22315	KINGSTOWNE	
6810 EARTHSTAR CT	4	3	1	SPRINGFIELD	\$495,000	Townhouse	0.06	22152	HUNTER VILLAGE	
8518 DURHAM CT	5	2	0	SPRINGFIELD	\$490,000	Detached	0.25	22151	KINGS PARK	
8609 ARLEY DR	5	3	1	SPRINGFIELD	\$490,000	Detached	0.29	22152	ROLLING VALLEY	
7803 WORTHING CT	4	2	0	ALEXANDRIA	\$490,000	Detached	0.22	22315	HAYFIELD FARM	
6207 GLENSHIRE ROW	4	3	1	ALEXANDRIA	\$487,000	Townhouse	0.04	22315	KINGSTOWNE	
7923 VALLEYFIELD DR	3	2	2	SPRINGFIELD	\$485,000	Townhouse	0.04	22153	SOMERSET AT SOUTH RUN	
7922 RICHFIELD RD	3	2	1	SPRINGFIELD	\$485,000	Detached	0.21	22153	SARATOGA	
6434 DEEPFORD ST	4	2	1	SPRINGFIELD	\$485,000	Detached	0.28	22150	MONTICELLO WOODS	
5624 RAVENEL LN	4	2	0	SPRINGFIELD	\$485,000	Detached	0.32	22151	RAVENSWORTH FARM	
5736 HEMING AVE	4	3	1	SPRINGFIELD	\$485,000	Detached	0.23	22151	NORTH SPRINGFIELD PARK	
6759 ROYAL THOMAS WAY	3	3	1	ALEXANDRIA	\$485,000	Townhouse	0.04	22315	ISLAND CREEK	
6607 HUNTER CREEK LN	4	3	0	ALEXANDRIA	\$483,500	Townhouse	0.06	22315	ISLAND CREEK	
7013 MAPLE TREE LN	3	2	1	SPRINGFIELD	\$482,000	Detached	0.19	22152	ROLLING FOREST	
7458 GADSBY SQ	3	2	2	ALEXANDRIA	\$482,000	Townhouse	0.05	22315	KINGSTOWNE	
6517 HARWOOD PL	4	2	0	SPRINGFIELD	\$480,000	Detached	0.62	22152	WESTVIEW HILLS	
7420 NANCEMOND ST	4	3	0	SPRINGFIELD	\$479,000	Detached	0.26	22150	SPRINGFIELD	
6670 KELSEY POINT CIR	3	2	2	ALEXANDRIA	\$479,000	Townhouse	0.04	22315	KINGSTOWNE	

Copyright 2016 RealEstate Business Intelligence. Source: MRIS as of July 15, 2016.

**UNIVERSITY MALL THEATRES**  
Fairfax • Corner of Rt. 123 & Braddock  
703-273-7111

**SUMMER CINEMA CAMP!**  
10 A.M. Shows Monday-Friday

**DENTISTRY FOR CHILDREN** Proudly Presents This Year's Movies

All Seats \$2.00, 10 for \$15 or All 11 Movies for \$11

August 22-August 26.....SHREK (PG)  
August 29-September 2.....THE PEANUTS MOVIE (G)

**VDOT** Virginia Department of Transportation

**I-95 Fairfax County Parkway Flyover Ramp**  
Fairfax County Design Public Hearing

Tuesday, September 6, 2016, 6:30 – 8:30 p.m.  
Presentation at 7 p.m.  
Island Creek Elementary School  
7855 Morning View Lane, Alexandria, VA 22315

Find out about plans to construct a flyover ramp from northbound I-95 to northbound Fairfax County Parkway (Route 286). The project will also eliminate the loop ramp from northbound I-95 to northbound Fairfax County Parkway, and add left-turn lanes at the end of the ramp at Fairfax County Parkway and Loisdale Road.

In accordance with the National Environmental Policy Act (NEPA) and 23 CFR 771, an Environmental Assessment (EA) was prepared for review and comment at a public hearing on June 16, 2016. Pursuant with the National Historic Preservation Act, Section 106 and 36 CFR 800, information concerning the potential effects on properties listed in or eligible for listing in the National Register of Historic Places was also included in the EA. The Federal Highway Administration (FHWA) issued a Finding of No Significant Impact (FONSI) decision on May 30, 2012. On behalf of FHWA, VDOT is reevaluating the project for any design changes and the potential impacts, for changes in applicable environmental law and regulations, or for new information in general that may have occurred since issuance of the FONSI.

Stop by between 6:30 p.m. and 8:30 p.m. to view displays and learn about the project. VDOT staff will be available to answer your questions. A brief presentation will begin at 7 p.m.

Review project materials at the hearing, including the EA, plans, project schedule, and right-of-way, environmental and civil rights information. Materials are available for review at [www.virginiadot.org/projects](http://www.virginiadot.org/projects), at the meeting, or during business hours at VDOT's Northern Virginia District Office located at 4975 Alliance Drive in Fairfax. Please call ahead at 703-259-1794 or TTY/TDD 711 to schedule an appointment with project staff.

Give your written comments at the hearing, or submit them by **October 6, 2016** to Mr. Zamir Mirza, Project Manager, Virginia Department of Transportation, 4975 Alliance Drive, Fairfax, VA 22030, or email [meetingcomments@VDOT.virginia.gov](mailto:meetingcomments@VDOT.virginia.gov). Please reference "I-95 Fairfax County Parkway Flyover Ramp" in the subject line.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT Civil Rights at 703-259-1775 or TTY/TDD 711.

State Project: 0095-029-846, P101, B608, B609, B607, B610  
Federal Project: IMD-5A01 (268) UPC: 93033



# Create a Back-to-School Game Plan

Educators tell how to make the transition less jarring.

BY MARILYN CAMPBELL  
THE CONNECTION

**A**s a single mother of a fifth grade student, Christine Schull is already making back-to-school preparations. Her plans include more than purchasing notebooks, pencils and new shoes. She knows that she and her daughter will have to shift their schedules and prepare to get back into a scholastic mindset.

“She gets up early every day ... but because it is summer, she wants to go to bed late ... about two or three weeks out, I will be much more firm about her bed time,” said Schull, assistant dean and professor of Early Childhood Education at Northern Virginia Community College in Alexandria. “Also, to start getting her academic muscles flexing, I usually supplement with some academic enrichment. I am hiring someone to work with her once a week just to give her a taste of what she will experience in fifth grade.”

Whether a child’s summer is packed with camps and vacations or filled with lazy days and complaints about being bored, students often find the back-to-school transition to be challenging. From the prospect of reuniting with friends to getting reacquainted with homework, it is not uncommon for children to experience mixed emotions about jumping back into a busy fall schedule.

“Going back to school is really more than just a one-day event,” said Dr. Lisa Turissini, Ed.D. assistant professor and chair of the Department of Education at Marymount University. “This type of transition is about the forming of a new habit. Brain researchers agree that the forming of a new habit also includes the breaking of an old one.”

Having a conversation with children and assessing their feelings about returning to school is a good place to start, recommends Licensed Clinical Psychologist Jerome Short, Ph.D., associate professor of Psychology at George Mason University.

“Children have a variety of ways of thinking, feeling, and acting toward the upcoming transition back to school,” he said. “Some children are optimistic and excited about school and are already preparing for the first day. Others may be anxious or avoid thinking about a new school year, and may need more support, structure, and encouragement from parents to prepare themselves.”

He encourages parents to listen to their children’s concerns and expectations and empathize with their feelings. “Summarize what they tell you, and tailor your approach to their needs with their input,” added Short.



PHOTO BY JAMES KEGLEY FOR NORWOOD SCHOOL  
**Science teacher Sarah Boor works with students at Norwood School. Educators say now is the time to prepare children for a return to school.**

It’s not just children who may experience school anxiety. Some parents may be worried about their children starting a new school, changing schools, facing more rigorous academics or dealing with difficult social situations. “Fear of the unknown can cause anxiety,” said Turissini. “Working with your children to build resilience and manage their emotions can be beneficial for the whole family. Children are extremely capable of dealing with change, and parents can help them by creating an environment at home that encourages them to share their feelings about returning to school.”

Reconnecting or connecting with other parents and students for support can help with the transition. “Others may help motivate, empathize, or make school preparations fun,” said Short. “There are opportunities to increase children’s communication abilities and social skills if they spend time together on school tasks.”

Planning ahead and establishing a regimented sleep schedule in August can help parents get their children acclimated to the early wake up times for the upcoming school year. “If you want your child to have a less painful transition back to a new school year, now is the time to take proactive measures to change your child’s bedtime routine,” said Turissini.

“...[It] gives their biological clock time to adjust so the transition is not so abrupt,” she said. “A regular bedtime and wake up time will build the needed structure into a child’s schedule, and this new habit will help [a child] to embrace the new routine that the school year brings.”

“Don’t do it all at once, do it gradually,” said Mark R. Ginsberg, Ph.D., dean of the College of Education and Human Development at George Mason University. “Start with [moving your children’s bedtime] one-half hour earlier, then 15 minutes earlier.”

Other recommend time adjustments include reestablishing routines that might have been lost during the summer. “If your summer has been schedule-free, get back to some of your old routines now. Start those regular family meal times or game nights,” said Turissini.

In addition to rearranging sleep schedules, now is the time to tackle back-to-school shopping and schedule doctor visits. “Take a day to get those school clothes, school supplies, and backpacks purchased,” said Turissini. “Make sure your child’s physical exam is up to date. You know the school medical forms will be forthcoming.”

Completing summer reading lists and other summer assignments can also get students ready to learn. “We want students to return to school learning ready, which means children should be reading for pleasure ... for about 30 minutes a day,” said Karen O’Neill, head of Lower School at Norwood School. “Sustained reading is a skill that requires practice at home.”

Parents can reinforce a child’s interest in books by reading to their child or reading their own book while their children read. “Don’t turn on the television in another room while your child reads,” said Ginsberg. “Have a family reading hour. Modeling the behavior is powerful for the child.” He suggests setting challenging and achievable goals and being mindful of those that could prove unrealistic. “Start with 20 minutes of reading and then increase it from there,” he said.

“At least one week before the first day of school, create the morning routine that will allow your child to arrive at school with time to organize belongings, chat with friends, and create a mindset for learning,” said O’Neill.

Invite children’s participation when creating a back-to-school plan. “From my own experience as a parent and educator, it’s best

to engage them in a conversation, rather than telling them what to do,” said Ginsberg. “Rather than being directive, be collaborative with the child. Ask them what it is that they think they need to do to get themselves ready.”

Going from a carefree summer to a structured school year packed with activities can be jarring for some students. To ease the blow, Turissini sug-

**“Going back to school is really more than just a one-day event. It’s about the forming of a new habit ... the forming of a new habit also includes the breaking of an old one.”**

— Lisa Turissini Ed.D.,  
Marymount University

gests having candid conversations about the upcoming school schedule and ways in which the family can establish balance.

“Create a family calendar of school, extracurricular, and family activities,” she said. “Allow for some downtime on the calendar for each child so they can choose to do whatever it is they would like. Kids don’t inherently know how to add balance to their lives, so as a parent, it is important to look for the opportunities to model balance at home, work, school, and personal pursuits.”

To ease anxiety about back-to-school transportation, Michele Claeys, associate head of school and head of middle school for Norwood School, suggests “if your child walks to school or takes a bus, walk the route together or check out the bus stop together.” Whether traveling by car or bus or on foot, talk about what the schedule will look like on school mornings, including any chores that have to be done before leaving the house. Consider inviting your child to write out a schedule for the morning, including the time needed for each task.

Claeys also recommends taking time to review the curriculum for the upcoming year with your children, if it is available, and talk about some of the things they will be learning. “Hopefully this will inspire excitement about all the learning to come,” she said.



# Considering a Private School?

**Educational consultants can help families navigate application process.**

BY MARILYN CAMPBELL  
THE CONNECTION

**F**or families considering an independent school for the 2017-2018 school year, the admissions process begins this fall. From essays and interviews to school visits and standardized tests, the process for getting into kindergarten may feel nearly as daunting as applying to college.

Narrowing down the vast field of potential schools to find the best fit, completing the application and securing a slot at one of the area's top private schools are all challenging tasks. That's why many families rely on an educational consultant to help them understand and navigate through the entire process.

"Schools have as varied personalities as students do," said Mark H. Sklarow, CEO of the Independent Educational Consultants Association (IECA) in Fairfax. "Level of competitiveness, exploration versus memorization, independence versus group work, philosophies of learning, uses of technology, requirements in sports and the arts ... the list goes on."

When choosing a consultant, avoid those who guarantee that they can obtain admission to a particular

school or secure a specific dollar amount in scholarship funding, advises Sklarow. Additionally, educational consultants should not complete admission application forms or write or re-write student essays.

An educational consultant's role is to guide students and parents through the admissions process. Consultants usually begin by meeting with families and getting to know the child's educational needs, identify strengths and weaknesses, and consider their interests and dislikes. Ideally, consultants combine the information they glean from their conversations with the family with their knowledge of area schools to help families decide on schools that are a good fit.

"Consultants can help families select a school that is the right fit. 'Parents need to be realistic about their child's strengths and weaknesses and learning style,'" said Mimi Mulligan, assistant head and director of Admission and Enrollment Management for Norwood School. "All independent schools offer fine academic programs, but we each have a unique school culture."

Consultants aim to give students and families unbiased advice and recommendations based on their professional judgment of a student's needs and abilities. Consultants who are IECA members, for example, have "visited hundreds of campuses to understand the culture beyond the numbers to ensure such a successful pairing," said Sklarow.

Sklarow advises families to begin working with an independent educational consultant during the academic year before the year they plan to apply to an independent school.

**Gary Kramer, D.D.S.**  
**Sara Bunin, D.D.S.**  
DIPLOMATES OF THE AMERICAN BOARD OF PEDIATRIC DENTISTRY  
Dentistry for Children, Adolescents & Special Needs  
703-978-0051 [KBPediatricSmiles.com](http://KBPediatricSmiles.com)



SUITE F • 5631 BURKE CENTRE PARKWAY • BURKE, VA. 22015  
MET LIFE, DELTA, BCBS/CAREFIRST, & UNITED CONCORDIA PROVIDER  
WEEKDAYS • SATURDAYS • EVENINGS 24 HOUR EMERGENCY CARE

**Westminster School**  
*A Classical Education for the 21st Century*  
Presenting Challenge - Building Character - Instilling Confidence



Right here in Northern Virginia, there is a school where the arts still thrive every day.

Accelerated Curriculum | Preschool - 8<sup>th</sup> Grade

Art, Music, Drama, French,  
Daily PE, Bus Service,  
After-School Care, Camp Programs

**Enrolling for Fall, 2016**

Visit our website for details.  
[www.westminsterschool.com](http://www.westminsterschool.com)

Westminster School - 703-256-3620 | The Griffin Academy Preschool - 703-256-2035

**F**or a free digital subscription to one or all of the 15 Connection Newspapers, go to [www.connectionnewspapers.com/subscribe](http://www.connectionnewspapers.com/subscribe)

Be the first to know - get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions?  
E-mail: [goinggreen@connectionnewspapers.com](mailto:goinggreen@connectionnewspapers.com)



THE CONNECTION NEWSPAPERS

*Does your child...*

Want to be more engaged academically?


- ▶ Browne Academy students experience hands-on learning through inquiry.

Thrive in smaller groups?

- ▶ Browne Academy students flourish in a nurturing environment.

Demonstrate curiosity?

- ▶ Browne Academy students enjoy time for creative pursuits and recess.



**Find Your Home at Browne Academy**

**Open House Dates**

- ▶ October 19, 2016
- ▶ November 11, 2016
- ▶ December 4, 2016
- ▶ January 10, 2017

To register for an open house or to schedule a private tour, please call 703-960-3000, ext. 1001.

**BROWNE Academy** PRESCHOOL-GRADE 8  
Nurturing academic excellence and the confidence to **THRIVE**

5917 TELEGRAPH ROAD • ALEXANDRIA, VA 22310 • 703.960.3000  
[ADMISSION@BROWNEACADEMY.ORG](mailto:ADMISSION@BROWNEACADEMY.ORG) • [BROWNEACADEMY.ORG/FINDYOURHOME](http://BROWNEACADEMY.ORG/FINDYOURHOME)

**Celebrating 37 Years of Dance Excellence!**



(Established in 1980)  
Home of Burke Civic Ballet

**buffa's dance studio**

- Pre-School Dance Movement - Ages 3 and 4
- Hip Hop • Lyrical/Contemporary • Ballet • Tap
- Jazz • Pointe • Modern • Acro • Musical Theater
- Performing Companies Grades K-12
- Beginner to Advanced • Professional Instructors



**Come Join the fun!**

**12,000 sq. ft. of performing space with professional sprung floors**

**CALL 703-425-5599**

QUALITY INSTRUCTION IN A QUALITY ENVIRONMENT  
9570-H BURKE RD. BURKE VILLAGE CENTER II  
[www.buffas.com](http://www.buffas.com) • [buffadance@msn.com](mailto:buffadance@msn.com)





Devon Barmekov of Herndon, sales for Chaos Mountain in Callaway, Va., said the Workhouse Brewfest was a great opportunity for visibility in the northern Virginia market.



PHOTOS BY TIM PETERSON/THE CONNECTION

The band Practically Einstein performs popular covers for the audience under the Workhouse Arts Center Rizer Pavilion.

# Ice Cold Cheer

## Workhouse Arts Center in Lorton hosts first Brewfest.

BY TIM PETERSON  
THE CONNECTION

Shamara Wilkins of Lorton ventured out of the priceless shade just long enough to get a refreshing top up on her beer-tasting glass from Lorton-based Forge Brew works.

Despite sweltering heat in the 100s on Saturday, Aug. 13, Wilkins and her family came out to a first-of-its-kind event at the Workhouse Arts Center in Lorton: the Workhouse Brewfest.

"We love it," Wilkins said. "We're always looking for something different in the area, and this is a different event. We love the beer."

The former prison hosted more than 30 craft brewers, as well as a smattering of distilleries, wineries and other vendors on its campus throughout the day. Due to the dangerous heat, Workhouse organizers opened many of the art buildings and encouraged visitors to take advantage of their air-conditioning. Other precautionary measures included a presence of emergency medical technicians from Fairfax County Fire & Rescue and law enforcement from Fairfax County Police. There were numerous water and soda stations, tents, as well as misting stations.

"We're trying to give people as much water, soda

and shade as we can," said Brett Johnson with the Workhouse. "For the first time, it's gone well. Next year will be better."

Mike Kuykendall of Burke, brand ambassador for Fair Winds Brewing Company in Lorton, said all the brewers appreciated the Workhouse providing plenty of ice to keep their kegs cold.

"For a first-run beer festival, they've done a good job," Kuykendall said. "Maybe next time they could have it a little later, or earlier in the year." Despite the heat, Wendy Lemieux with the Fairfax County Office of Public Private Partnerships said she was very happy with how the event turned out. "We've received fabulous feedback," she said.

Partnering with the Workhouse to put on the Brewfest were Celebrate Fairfax and the Fairfax County Park Authority.

"This has been in the works for the last six months, said Lemieux. "It was about promoting the economic vitality of small businesses — brewers and vendors — and it morphed into this."

Steve Behm of Springfield just moved to the area from Los Angeles. He said he couldn't have asked for a better introduction to the local beer scene, including four Fairfax County breweries.

"The space is really cool, having the arts interspersed here," Behm said. "The fact it used to be a prison adds to the mystique."

Mustang Sally Brewing Company in Chantilly will host the follow-up, first-ever Fairfax County Brewfest on Oct. 1.



The former prison hosted more than 30 craft brewers, as well as a smattering of distilleries, wineries and other vendors on its campus throughout the day.



Left, Corinne Airgood of Fairfax City pulls a beer from Forge Brew Works at the first-ever Workhouse Arts Center Brewfest on Aug. 13.



Melissa Morgan of Fairfax, right with Forge Brew Works in Lorton serves Shamara Wilkins of Lorton, left, a cold brew at the Workhouse Arts Center Brewfest on Aug. 13.



# ENTERTAINMENT

Send notes to the Connection at [connectionnewspapers.com/Calendar/](http://connectionnewspapers.com/Calendar/) or call 703-778-9416. The deadline is the Friday prior to the next paper's publication at noon. Dated announcements should be submitted at least two weeks prior to the event.

## ONGOING

**Farmers Market & Food Trucks:** 3-7 p.m. Thursdays through Oct. 27 at the Fairfax County Government Center front parking lot.

**The Farmer's Market at Springfield Town Center.** May 7-Nov. 19, 10 a.m.-2 p.m. Through November. Corner of Spring Mall and Loisdale roads, Springfield. Enjoy fresh baked goods, produce, vegetables & fruits, meats & cheeses, and a host of other vendors. [springfieldtowncenter.com](http://springfieldtowncenter.com).

**Lovers and Madmen.** June 18-Aug. 19. Epicure Cafe, 11104 Lee Highway, Fairfax. Features local artists. [epicurecafe.org](http://epicurecafe.org).

**Fairfax Rotary Club Meeting.** 12:15-1:30 p.m. Mondays. American Legion, 3939 Oak St., Fairfax. Meetings with luncheon and program. [fairfaxrotary.org](http://fairfaxrotary.org).

**Plant Clinic.** 9 a.m.-noon. Sundays till end of September. Lorton Farmers Market, 8990 Lorton Station Blvd., Lorton. Conducted by Master Gardeners. Answer gardening question, identify plants and insects, soil tests, etc. [fairfaxgardening.org](http://fairfaxgardening.org).

**Carolina Shag.** Wednesdays. 6:30-10 p.m. Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m. No partners needed. Dinner menu. \$8. Under 21 free. [nvshag.org](http://nvshag.org).

**FUN-Exercise.** Thursdays, noon-12:50 p.m. Grace Presbyterian Church Family Room, 7434 Bath St., Springfield. Inova certified exercise instructor leads a moderate level exercise class with music and current events conversation. Muscle, Balance, Strength Training using stretch bands and weights both standing and seated exercises. Instructor donation is \$5. Contact Chris Moore at [moorefitt@yahoo.com](mailto:moorefitt@yahoo.com) or 703-499-6133.

**EXERCISE PROGRAM** Mondays and Fridays at 9:30 am year-round at Lord of Life Lutheran Church, 5114 Twinbrook Rd. Fairfax, VA 22032. The exercises are for strength, balance and maintaining limberness. Contact SCFB office at 703-426-2824 for more information.

**Cafe Ivrit (Hebrew Cafe).** Wednesdays. 8:15-9:15 a.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Shalom (Hello)! Did you always want to converse in Hebrew? Join Na'ama each week for conversational Hebrew. You will learn and practice Hebrew in a fun and interactive way while learning more about Israel! Free, however we ask that you try to attend regularly. RSVP Naama.Gold@jccnv.org.

**Smoke Free Bingo** (with breaks for smoking friends). 7 p.m. Every Friday. Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Free coffee, entertaining callers, \$1,000 jackpot. [www.fairfaxvd.com](http://www.fairfaxvd.com). 703-273-3638.

## THURSDAY/AUG. 18

**Evenings on the Ellipse.** 5:30-7 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. The United States Navy "Commodores" (Jazz). Fun music and good company. Paradise Springs and The Winery at Bull Run will be offering complimentary tastings of their premium reds and whites. If it rains, concerts will be moved inside to the Government Center Forum.



**Apples at the weekly Fairfax County Farmers Market & Food Trucks event at Fairfax County Government Center, 12000 Government Center Pkwy Thursday's 3-7 p.m**

<http://www.fairfaxcounty.gov/parks/performances/>

## FRIDAY/AUG. 19

**Family Fun Movie Nights.** 7 p.m. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. "Zootopia." 703-385-7858.

**Moonlit Wings Springfield** 3 p.m. at 7420 Reservation Dr, Springfield, VA 22153. A celebrated entertainment production company located in DC-NoVA. Local talent ages 7-14 star in the shows and teens run behind-the-scenes. Most productions are themed to community outreach projects. Runtime 30-45 minutes. All shows are free. Details & Locations, click "Now Playing" at [moonlitwings.org](http://moonlitwings.org)

## SATURDAY/AUG. 20

**Back-to-School Pep Rally** at Springfield Town Center, 10 a.m.-2 p.m. The Pep Rally will also feature arts and crafts activities for kids, a cheerleading competition, face painting, DJ entertainment and restaurant sampling. The mall will be placing lures for Pokémon GO players on all PokéStops.

**LEGO Build.** 4 p.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade, Fairfax. Calling all LEGO fans...come and build with us! Join us for speed-building contests, blind builds and much more! Best for ages 6 and up. 703-278-8527.

**SAT / ACT Practice Testing at C2 Education.** Register online at <https://www.c2educate.com/events/back-to-school-test/> for your choice of a free new SAT or ACT practice test. Your local C2 will contact you to book your test time. With registration, you receive an extra 5% OFF C2 tuition for 50 hours or more and a FREE post-test consultation. This event is free with absolutely no cost or commitment.

## WEDNESDAY/ AUG. 24

**Join Fairfax CASA and Lift Up a Child's Voice** 7- 9 p.m. at the Fairfax CASA office 4103 Chain Bridge Rd. Suite #200, Fairfax VA 22030. Information session on becoming a court appointed volunteer. Email Kristy Tootle: [ktootle@casafairfax.org](mailto:ktootle@casafairfax.org) or call 703-273-3526 to RSVP.

## THURSDAY/AUG. 25

**Evenings on the Ellipse.** 5:30-7 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. A Tribute to Simon and Garfunkel. Fun music and good company. Paradise Springs and The Winery at Bull Run will be offering complimentary tastings of their premium reds and whites. If it rains, concerts will be moved inside to the

Government Center Forum. <http://www.fairfaxcounty.gov/parks/performances/>

## Family Fun Fair 6-8 p.m. at Chesterbrook Academy

**Preschool** 4750 Rippling Pond Drive Fairfax, VA 22033. Chesterbrook Academy preschool is celebrating its grand re-opening with a family fun fair. Current Chesterbrook Academy families and members of the local community are invited to attend for free food, music and activities. Contact: Prachi Patel 703-818-9002 Cost: FREE

## SATURDAY/AUG. 27

**Summer Reading Triathlon Closing Ceremony.** 11 a.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade, Fairfax. Local children's author Sue Fliess will join to read and sign copies of one of her 2016 releases: "A Fairy Friend." Wrap up summer with the 20th Anniversary celebration of the Barnes & Noble Summer Reading Triathlon with special events and activities. 703-278-8527.

## SUNDAY/AUG. 28

**First Responders Day at Fairfax Station Railroad Museum.** 1-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Civil War reenactors and modern practitioners who will demonstrate medical and rescue practices then and now in commemoration of Fairfax Station's role as an evacuation center during the Battle of Second Manassas in 1862. Free-\$4. 703-425-9225.

## TUESDAY/AUG. 30

**15th Annual Bridgewalk.** 7 p.m. Intersectoin of Bland Street and Amherst Avenue in Springfield. Walk across Veteran's Bridge to American Legion Plaza for an old-fashioned community celebration with music by the Kings Park Concert Band. 703-971-6262.

## TUESDAY/ SEPT. 13

**Dementia Caregivers Support Group** noon - 1:30 p.m. at the Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. The group is for those caring for someone with dementia or interested in learning more about providing caregiving to a person with a disorder that affects memory and cognition and may impact behavior and physical abilities. Before attending, contact the facilitator, Eileen Thompson at 703-451-8626 or [Eileen.thompson1@gmail.com](mailto:Eileen.thompson1@gmail.com).



**Beatriz Flores**, Realtor / 15 Years  
Multi-Million Dollar Club  
Email: [bflores@BeatrizHomes.com](mailto:bflores@BeatrizHomes.com)  
**(571) 221-2807**

**Samson Properties**

[www.BeatrizHomes.com](http://www.BeatrizHomes.com)

**Thinking of Selling?**

Call Me Today for a **FREE Seller Consultation!**

- Free Home Price Analysis.
- Free Tips How to Prepare Your Home to Sell.
- Free Staging Analysis and Consultation.

Most homes in top conditions are receiving multiple offers.  
**CALL ME TODAY!**



# Build Your Community

## Support Your Local Businesses.

**THE CONNECTION**  
to your community

[www.connectionnewspapers.com](http://www.connectionnewspapers.com)

# COMMUNITIES OF WORSHIP

---

**Messiah United Methodist Church**  
[www.messiahumc.org](http://www.messiahumc.org)

Check out our:

- Weekly youth mission projects
- Children's summer camp programs
- Community outreach opportunities

Sunday Services at 8:15, 9:30, and 11 am  
Sunday School 9:30 and 11 am  
Childcare available during worship

6215 Rolling Road, Springfield  
(near West Springfield High School)  
703-569-9862

**Jubilee Christian Center**  
"Loving People to Life"

Worship Gathering - Sunday 8:45 & 11 AM  
Sunday School 10:10 AM  
Sun. Evening - Realtime Worship & Youth 6 PM  
Family Night - Wednesday 7:15 PM  
Home Life Groups, College/Young Adult Ministries, and Living Free Support Groups  
Visit our Website: [www.jccag.org](http://www.jccag.org)  
4650 Shirley Gate Road, Fairfax  
Bill Frasnelli, PASTOR 703-383-1170

**To Advertise**  
**Your Community of Worship,**  
**Call 703-778-9418**



Jack Taylor's  
**ALEXANDRIA TOYOTA**

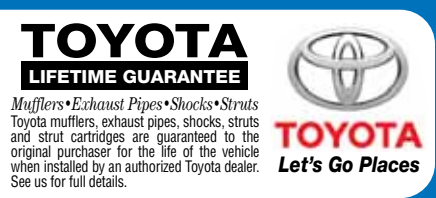
3750 Jefferson Davis Hwy.  
Alexandria, VA 22305  
**703-684-0710**  
www.alexandriatoyota.com



**NEW! Extended Service Department Hours:**  
Monday – Friday, 7 am to 9 pm  
Saturday, 8 am to 5 pm  
Sunday, 10 am to 4 pm  
Sunday by appointment only.

Make your next service appointment at:  
**alexandriatoyota.com**

**You Have Saturdays Off**  
*That's Exactly Why We Don't!*



**TOYOTA GENUINE SERVICE**  
**BUY 3 TIRES AND GET 4TH FOR \$1**

Got Tires? NO CHARGE road hazard protection, tire warranty, and free courtesy MULTI-POINT inspection. Price match guarantee. See service advisor for details.

**TOYOTA GENUINE SERVICE**  
**BRAKE SPECIAL \$99<sup>95</sup>**

INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.

**MACHINE ROTORS AN ADDITIONAL \$199.95.**

**TOYOTA GENUINE SERVICE**  
**TRUE START BATTERY SPECIAL \$139<sup>95</sup>**

INCLUDES BATTERY INSTALLATION

Includes: 34 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated. PLUS we'll check all battery cables & connections.

**TOYOTA GENUINE SERVICE**  
**SUMMER MAINTENANCE SPECIAL \$59<sup>95</sup>**

INCLUDES: Genuine Toyota oil filter, up to 5 qts of conventional oil, inspect windshield wipers, tire rotation, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters. Alexandria Toyota's 27 pt. inspection.

**SUNDAY ONLY SPECIALS**

**TOYOTA GENUINE SERVICE**  
**LUBE, OIL & FILTER SERVICE \$29<sup>95</sup> \$49<sup>95</sup>**

NON-SYNTHETIC PLUS FREE TIRE ROTATION

**TOYOTA GENUINE SERVICE**  
**\$20 OFF ANY FACTORY RECOMMENDED SERVICE**

**SUMMER SAVINGS**

**TOYOTA GENUINE SERVICE**  
**DETAIL SPECIALS**  
STANDARD HAND-WASH & VACUUM Recommended Monthly

**\$39<sup>95</sup>**

Vacuum carpets, floor mats, upholstery & trunk, wipe down dash board, console & door panels, wash wheels, tires & fender wells, hand wash exterior door jams, and dress tires.

**TOYOTA GENUINE SERVICE**  
**LUBE, OIL & FILTER SERVICE SPECIAL**

**\$29<sup>95</sup> \$49<sup>95</sup>**

NON-SYNTHETIC SYNTHETIC

INCLUDES: Change oil (up to 5 qts.), install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.

**JOIN OUR 100,000 MILE CLUB FOR FREE 15% OFF REPAIRS**

Parts & Labor This Month Only

**GENUINE TOYOTA**  
**SIGHT LINE WIPER BLADES \$10 OFF ANY PAIR**

Sight Line only



**TOYOTA GENUINE SERVICE**  
**QUALITY HAND-WASH VACUUM & WAX Recommended Every 6 Months**

**\$139<sup>95</sup>**

Hand wash exterior door jams, wash wheels, tires & fender wells, hand-wax or glaze, vacuum carpets, upholstery & trunk, clean interior vinyl & leather, clean dash board, vents, console, door panels & windows, and dress tires.

**TOYOTA GENUINE SERVICE**  
**VARIABLE DISCOUNT**

**\$5.00 OFF** with purchase of \$35.00 - \$49.99  
**\$10.00 OFF** with purchase of \$50.00 - \$99.99  
**\$15.00 OFF** with purchase of \$100.00 - \$199.99  
**\$20.00 OFF** with purchase of \$200.00 - \$499.99  
**\$50.00 OFF** with purchase of \$500.00 Or more

**TOYOTA GENUINE SERVICE**  
**COMPLIMENTARY MULTI-POINT INSPECTION**

INCLUDES: inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.

Plus Take **10% OFF** your bill if you choose to perform the repair with us.

**TOYOTA GENUINE SERVICE**  
**15% OFF ANY ACCESSORIES**

• Apparel • Window visors  
• I-pad adaptors • All weather floor mats  
• Toyota bedliners

**New RAV4s, Priuses**  
**ALL ON SALE LIKE NEVER BEFORE**  
Summer is here and so are the SAVINGS!  
Ask one of our sales managers, George, Mike, Yared or Rocky  
703-684-0700  
**WE ARE HERE TO MAKE DEALS!**

**TOYOTA GENUINE SERVICE**  
**PREMIUM FULL DETAIL Recommended Every 12 Months**

**\$295<sup>95</sup>**

Full interior & exterior detailing, including trunk, shampoo carpets, upholstery & trunk, clean interior vinyl & leather plus conditioning, wash wheels, tires, fender wells & door jams, hand wax exterior, buff & polish, wax or glaze application, tar & sap removal, dress tires, rubber molding & trim, clean dashboard, vents, console plus door panels, clean overhead liner, seatbelts & windows, and engine cleaning.

**TOYOTA GENUINE SERVICE**  
**VENTILATION SERVICE \$49<sup>95</sup>**

INCLUDES: Clean condenser fins, check A/C performance, inspect drive belts for tension/wear and replace cabin air filter.

**TOYOTA GENUINE SERVICE**  
**4 WHEEL ALIGNMENT \$79<sup>95</sup>**

Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy.

INCLUDES: inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

**TOYOTA GENUINE SERVICE**  
**30000 MILES FACTORY RECOMMENDED SERVICE \$159<sup>95</sup>**

Synthetic \$10 More

INCLUDES: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

Jack Taylor's  
**ALEXANDRIA TOYOTA / SCION**

**ALEXANDRIA TOYOTA/SCION**  
3750 JEFFERSON DAVIS HWY. | ALEXANDRIA, VA 22305  
**703-684-0700 | ALEXANDRIATOYOTA.COM**  
**JUST MINUTES FROM REAGAN NATIONAL AIRPORT!**





## NEWS

# Those Critters Around Us

Safety advice from Fairfax County wildlife expert.

BY BILL ACKERMAN  
MEMBER OF OLLI MASON

“Possums get a bad rap,” said Fairfax County Wildlife Management Specialist Dr. Katherine Edwards during a presentation on “Those Critters Around Us” to the Osher Lifelong Learning Institute at George Mason University (OLLI Mason) last week. Edwards’ goal at OLLI was to educate Fairfax residents on how to act appropriately and safely with the county’s surprisingly large and diverse range of wildlife species.

According to Edwards, opossums may seem to be pests, but they are voracious consumers of ticks, and are among the least likely of the local wildlife community to carry rabies. Bats are another group that have an undeserved bad reputation, she said. Bats are huge insect eaters, and some species numbers have been severely reduced by the white-nose syndrome fungus. In particular the little brown bat, once one of the most common species in the region, was recently listed as state endangered in Virginia.

In recent weeks Edwards has fielded a number of calls about red foxes, which have been exhibiting bolder behavior than usual as a result of living in close proximity to people. Foxes can make some startling noises, and are active this time of year as the kits are out with their parents, learning to hunt. Edwards cautioned that foxes, as with all wildlife, should be appreciated from afar.

When it comes to Canada geese, Edwards observed that people “love ‘em or hate ‘em”. Currently they are molting, gathering together in groups for protection as they are temporarily flightless. While there are migratory Canada geese, people mostly ob-

## FAITH NOTES

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

**Fairfax Baptist Temple**, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children’s church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or [www.fbtministries.org](http://www.fbtministries.org).

**St. Andrew the Apostle Catholic Church**, 6720 Union Mill Road, Clifton, conducts Sunday masses at 7:30 a.m., 8:45 a.m., Latin mass at 10:30 a.m. and 12:30 p.m. It also offers a Saturday vigil at 5:30 p.m. and a Thursday Latin mass at 7 p.m. Additional mass offered Monday-Friday at 6:30 a.m. (except on Federal holidays) and 8:45 a.m. 703-817-1770 or [www.st-andrew.org](http://www.st-andrew.org).



PHOTO BY BILL ACKERMAN

### Katherine Edwards

serve the year-round “resident” populations, which are descended from captive populations used many years ago as decoys by hunters to attract migrating geese.

It is no surprise that high on the list of human/wildlife interactions is the white-tailed deer. Deer have high reproductive potential and are abundant in Fairfax County. A healthy doe can give birth to ten offspring in its first five years, Edwards explained. One potential long-term impact on white-tailed deer is predation of fawns by coyotes, which may be on the increase in the county.

What discussion of local wildlife would be complete without mention of the striped skunk? Edwards closed her presentation

with a video of young skunks stamping their front feet to ward off danger. She warned residents who see such behavior to back away slowly. This is a signal that you are too close. Skunks can spray accurately up to 15 feet but rarely do so without provocation or without first giving warning signs, such as raising their tail.

For more information about the “Critters Around Us” in Northern Virginia, visit the Fairfax County website: [www.fairfaxcounty.gov/living/wildlife/](http://www.fairfaxcounty.gov/living/wildlife/)

OLLI Mason is non-profit organization providing hundreds of classes each year for residents 50+ living in Northern Virginia. For more information about OLLI Mason, visit its website: <http://olli.gmu.edu/>

Be a part of our **Wellbeing** pages, the first week of every month.

Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our **A-plus: Education, Learning, Fun** pages, the third week of every month.

Questions? E-mail [sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com) or call 703-778-9431



**Local Families and Newcomers alike will turn to our Annual Pullout Guide as they make millions of dollars in purchasing decisions this fall and beyond.**

Reach a print and digital audience of up to more than 200,000 and growing. The award winning Connection Newspapers & Digital is the area’s most popular & trusted source for local information in each of our 15 affluent communities.

Our annual Newcomer’s and Community Guide delivers your message over and over again to top income tier print and digital readers who keep these guides handy as a resource for their families throughout the year in our 15 communities within Fairfax County, Alexandria, Arlington and Potomac, Md.

### Newcomers & Community Guide

Contact us at 703-778-9431 for our best prices of the year

Publishes: Wednesday, August 24

Space due: Thursday, noon, August 18

Camera ready due: Friday, noon, August 19

**CHOOSE ANY COMBINATION OF ALL 15 MARKETS**

**All 15 editions available in print and online**



Contact us for special pricing in this annual issue.

**THE CONNECTION NEWSPAPERS** Mount Vernon Gazette **POTOMAC ALMANAC**

Call: 703.778.9431 **CENTRE VIEW** **Alexandria Gazette Packet**

Email: [sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)

Online: [connectionnewspapers.com/advertising](http://connectionnewspapers.com/advertising)

# EMPLOYMENT

## CANAM HARVESTING LLC HARVESTER OPERATORS:

9 temporary openings in from September 19, 2016 to November 8, 2016 to harvest lima beans in DE and MD. Housing provided at no cost at: 213 S. Main St, Bridgeville, DE 19933, all work-sites are within reasonable commutable distance from housing. Duties: Inspect field, identify harvesting conditions, locate electric lines & obstacles; Adjust height, speed & other functions of custom combine harvesters to max operations & ensure safety; Harvest lima beans using combine harvesters or other farm machinery according to soil conditions and supervisor’s instructions; May drive combine harvesters from site to site up to a distance of 30 mi; Responsible for routine maintenance & repair of the combine harvesters incl. performing inspection of harvesters before & after each shift, verify oil, mobile pieces, & others; Perform emergency repair of harvesters as needed. Requirements: Valid driver’s license & 1 yr of experience operating large farm machinery; Demonstrable ability to operate & drive highly specialized combine harvesters; Ability to understand operation & secure handling of complicated hydraulic & electrical systems; Good health & able to understand/follow supervisor’s instructions. Available for the entire duration of the grain harvesting itinerary and for the total duration of the period of employment specified in the job order. If joining after the harvesting activities have begun, must be available and willing to join the crew at the actual crew location, and remain with the crew for the balance of the crop harvesting itinerary. Conditions: \$15.81/hr increased \$1 per yr of exp, up to a max of \$24/hr; Scheduled workweek is 40 hrs (may exceed 40 hrs depending on field/crop condition); Required to work day, evening and/or night shifts; Employer guarantees to offer workers employment for at least 3/4 of the workdays; Tools, equipment & supplies provided at no cost; Housing & cooking facilities provided at no cost; Transportation & subsistence expenses (\$12.09 daily w/ no receipts, & \$51.00 max daily w/receipts) to worksite will be paid by the employer upon completion of 50% of the work contract, or earlier; Employer will comply with first week wage guarantee of \$ 632.40; Return transportation and subsistence is paid upon completion of 100% of the work contract. The employer may terminate the work contract if, before the expiration date specified in the work contract, the services of the worker are no longer required for reasons beyond the control of the employer due to fire, weather, or other Act of God, as determined by CO. In the event of such termination of a contract, the employer will fulfill a three-fourths guarantee for the time that has elapsed from the start of the work contract to the time of its termination. The employer will make efforts to transfer the worker to other comparable employment acceptable to the worker, consistent with existing immigration law. If such transfer is not affected, the employer will (1) return the worker, at the employer’s expense, to the place from which the workers came to work for the employer or transport the worker to the worker’s next certified H-2A employer, whichever the worker prefers; (2) reimburse the worker the full amount of any deductions made from the worker’s pay by the employer for transportation and subsistence expenses to the place of employment; (3) Pay the worker for any costs incurred by the worker for transportation and daily subsistence to the place of employment. To apply, report in person or send resume to nearest State Workforce Agency & provide copy of this ad & job ref. number indicated below. Delaware Department of Labor - 4425 North Market Street, Wilmington, DE 19809-0828. Tel. (302) 761-8116, Ref: DE413568.



# EMPLOYMENT

ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD  
• FAIRFAX STATION/CLIFTON/LORTON

# HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-778-9411

ZONE 2 AD DEADLINE:  
TUESDAY NOON

**Dental Front Desk/  
Patient Care Coordinator**  
(Burke, VA)  
Seeking dynamic and energetic person to join progressive general dental office. Dental knowledge a plus, computer skills a must. Grow as a valued member of our team! Excellent salary and benefits!  
E-mail: [BurkeDentist@comcast.net](mailto:BurkeDentist@comcast.net)

**ELECTRICAL ELECTRICAL**

**K & D ELECTRIC**  
COMMERCIAL / RESIDENTIAL SERVICE  
Family Owned & Operated


Recessed Lighting  
Ceiling Fans  
Phone/CATV  
Computer Network Cabling  
Service Upgrades  
Hot Tubs, etc...

Licensed/Bonded/Insured  
Office 703-335-0654  
Mobile 703-499-0522  
[lektrkman28@gmail.com](mailto:lektrkman28@gmail.com)

**IMPROVEMENTS IMPROVEMENTS**

**A&S Landscaping**

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing



**LAWN SERVICE LAWN SERVICE**

**Spring Clean-up, Mulching, Sod, Lawn Care, Fertilizing, Tree Cutting, Handyman work**

Call us Today and Get 20% OFF on Hardwood Mulching and Any Job Higher Than \$300.00

Licensed Insured  
**THE MAGIC GARDENER**  
703-328-2270 or 703-581-4951

**OLD DOMINION HOME CARE**

Immediate Shifts Available  
CNA's and Companions  
Flexible Hours  
Must have a valid driver's license

[Olddominionhomecare.com](http://Olddominionhomecare.com)  
703-273-0422

108 furniture repair 108 furniture repair

**WILLARD'S UPHOLSTERY**  
Continuing the Family Legacy

Email: [willardsupholstery@gmail.com](mailto:willardsupholstery@gmail.com)  
Phone: (703) 898-0172

Hand-crafted ottomans and bench seats in your fabric and colors created to your specific desires and needs. Made with hand crafted detail passed down from generation to generation for more than 60 years. Are your favorite chairs and foot stools in need of a makeover...?

**703-863-7465**  
LICENSED  
Serving All of N. Virginia

**J.E.S. Services**  
Your neighborhood company since 1987  
703-912-6886



**Landscaping & Construction**  
Free Estimates - Fully Licensed & Insured

- Planting & Landscaping Design
- Drainage & Water Problems
- Concrete Driveways, Replacement or New
- Patios and Walks • Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose
- Retaining walls of all types

All work Guaranteed

**KIDDIE COUNTRY**  
Developmental Learning Center  
9601 Old Keene Mill Rd, Burke, VA 22015

**Degreed Preschool Teacher**

Monday-Friday

Phone: 703-644-0066  
email: [kiddiecountryii@aol.com](mailto:kiddiecountryii@aol.com)  
Fax: 703-644-0073

**GUTTER GUTTER**

**GUTTER CLEANING**  
Gutters and Downspouts Cleaned  
Small Repairs • Gutter Guards

**PINNACLE SERVICES**  
lic/ins 703-802-0483 free est.  
email [jamie@lawnsandgutters.com](mailto:jamie@lawnsandgutters.com)  
web: [lawnsandgutters.com](http://lawnsandgutters.com)  
Friendly Service with a Friendly Price!



**RN. CONTRACTORS, INC.**

Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting

We Accept All Major Credit Cards  
Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827  
E-mail: [rncontractorsinc@gmail.com](mailto:rncontractorsinc@gmail.com)  
[www.rncontractors.com](http://www.rncontractors.com)



**MASONRY MASONRY**

**Alfredo's Construction Company, Inc.**

- Concrete Driveways
- Patios • Sidewalks
- Stone • Brick

Phone:  
VA: (703) 698-0060 • MD: (301) 316-1603  
[www.alfredosconstructioncompany.com](http://www.alfredosconstructioncompany.com)

**KIDDIE COUNTRY**  
Developmental Learning Center  
9601 Old Keene Mill Rd, Burke, VA 22015

**AFTERNOON PROGRAM LEADER OR CLASSROOM AIDE**

AM 9-1 M-F  
PM Two to Three Hours Daily M-F

Assist in implementing positive classroom support and daily activities. Must love working with young children

Phone 703-644-0066  
email: [kiddiecountryii@aol.com](mailto:kiddiecountryii@aol.com)  
EOE

**HANDYMAN HANDYMAN**

**RCL HOME REPAIRS**  
Handyman Services

Springfld • Burke • Kingstowne  
Light Electrical • Plumbing • Bathroom Renovation • Ceramic Tile • Drywall Repair

703-922-4190  
LIC. [www.rclhomerepairs.com](http://www.rclhomerepairs.com) INS.

**Picture Perfect Home Improvements**

**(703) 590-3187**

Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry, Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available  
<http://www.pphionline.com/>  
"If it can be done, we can do it"   
Licensed - Bonded - Insured

**BRICK AND STONE**

**Custom Masonry**  
703-768-3900  
[www.custommasonry.info](http://www.custommasonry.info)

Patios, Walkways, Stoops, Steps, Driveways  
Repairs & New Installs • All Work Guaranteed

**KIDDIE COUNTRY**  
Developmental Learning Center  
9601 Old Keene Mill Rd, Burke, VA 22015

**BEFORE & AFTER SCHOOL ASSISTANT FOR ELEMENTARY AGE CHILDREN**

Shifts include:  
6:30-9:00AM & 2:45-6:00 or 6:30PM  
Monday-Friday

Candidate will assist the Program Leader in offering a variety of activities, supervising play, ensuring students' safety, helping to create a positive environment conducive to the growth and development of each student--must be caring and responsible individual. Assisting in transportation responsibilities both to and from school is required.

Phone 703-644-0066  
email: [kiddiecountryii@aol.com](mailto:kiddiecountryii@aol.com)  
EOE

**Power Washing**

Go from Green to Clean. We clean Houses, Decks, Fences, Patios, etc. Deck Staining and Sealing, Exterior Wood Rot, Deck & Fence Repair.

Licensed & Insured • Free Estimates  
email: [jnave@comcast.net](mailto:jnave@comcast.net)  
**703-987-5096**



An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.  
-Werner Heisenberg

**PAVING PAVING**

**GOLDY BRICK CONSTRUCTION**  
Walkways, Patios, Driveways, Flagstone, Concrete  
FREE ESTIMATES  
Licensed, Insured, Bonded  
703-250-6231

**HANDYMAN HANDYMAN**

**HANDYMAN HANDYMAN**

**HAND & HAND HANDYMAN LLC**  
General Remodeling • Residential & Commercial

**DESIGN AND BUILD • COMPLETE HOME RENOVATION**

- Kitchen, Bath, Basement Remodeling • Electricity, Plumbing • Doors, Windows, Crown Molding, Hand Rails, Chair Rails, Interior, Exterior, Finish Carpentry • Interior, Exterior Painting, Pressure Washing • Ceramic, Hardwood Flooring, Refinish Floors, Deck Reflooring
- Build Deck, Fence, Patios, Retaining Walls • Concrete Driveway, Brick or Stone Sidewalk
- Building Maintenance • Residential, Commercial • Foreclosures, Realtors Welcome

Serving Northern Virginia, D.C., Maryland • Licensed and Insured  
**703-296-6409**



**TILE/MARBLE TILE/MARBLE**

**BRENNAN TILE**  
Bathroom Remodeling Partial or Full. Kit. Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work. 35 yrs exp.

[www.brennan-tile.com](http://www.brennan-tile.com)  
703-250-2872  
Licensed • Bonded • Insured



ZONE 2: • BURKE  
 • FAIRFAX • SPRINGFIELD  
 • FAIRFAX STATION/CLIFTON/LORTON

# CLASSIFIED

703-778-9411  
 ZONE 2 AD DEADLINE:  
 TUESDAY NOON

**28 Yard Sales**  
 Big Lake Braddock Cross  
 Country Team Yard sale  
 All proceeds go to Team  
 8/27, 8AM-1PM  
 Burke School, 9645 Burke  
 Lake Road, Burke, VA 22015

The future  
 comes one day  
 at a time.  
 -Dean Acheson

**26 Antiques**  
**26 Antiques**

We pay top \$ for STERLING,  
 MEN'S WATCHES,  
 JEWELRY, COSTUME JEWELRY,  
 FURNITURE, PAINTINGS AND CLOCKS.  
 Schefer Antiques  
 703-241-0790  
 theschefer@cox.net

**21 Announcements**

**21 Announcements**

**21 Announcements**

**21 Announcements**

**101 Computers**

**101 Computers**

**HDI**  
**COMPUTER SOLUTIONS**  
 JENNIFER SMITH ♦ Serving the Area Since 1995

- Speed Up Slow Computers
- Virus Removal
- Computer Setup
- Help with Windows 8 & 10

571-265-2038  
 Jennifer@HDIComputerSolutions.com



**21 Announcements**

**21 Announcements**

**TRUSTEE'S SALE  
 OF VALUABLE  
 IMPROVED REAL ESTATE**

Improved by the premises known as  
 4064 Fountainside Lane, Fairfax, Virginia

In execution of a Deed of Trust from Waleed H. Orain-  
 an, dated February 28, 2005, and recorded March 2, 2005, in  
 Deed Book 17030 at page 2075 among the Land Records of  
 Fairfax County, Virginia, the undersigned substitute  
 trustee will offer for sale at public auction at the front entrance  
 of the Judicial Center for Fairfax <#0.1\_county> County, at  
 4110 Chain Bridge Road, Fairfax, Virginia, on

Tuesday, August 23, 2016 at 10:00 a.m.

the following property being the property contained in said  
 Deed of Trust, described as follows:

Lot 4 in the resubdivision of Land Bay A5B, Random Hills as  
 the same appears duly dedicated, platted and recorded in  
 Deed Book 9632 at page 598, among the Land Records of  
 Fairfax <#0.1\_county> County, Virginia.

Commonly known as 4064 Fountainside Lane <#0.1\_prop-  
 straddr>, Fairfax <#0.1\_propcity>, Virginia 22030.

TERMS OF SALE: A deposit of \$30,000.00 or ten percent  
 (10%) of the sale price, whichever amount is less, in the form  
 of cash or its equivalent will be required of the purchaser at the  
 time and place of sale; the balance of the purchase money be-  
 ing due and payable within fifteen (15) days after sale, time ex-  
 pressly being of the essence, with interest at the rate of 5.375  
 percent per annum from date of sale to date of settlement.  
 Provided, however, that if the holder of the secured promissory  
 note is the successful bidder at the sale, no cash deposit shall  
 be required, and part of or the entire indebtedness, including  
 interest and costs, secured by the Deed of Trust, may be set  
 off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the  
 risk and cost of resale.

Sale shall be made subject to all existing easements and  
 restrictive covenants as the same may lawfully affect the real  
 estate. Sale is further subject to mechanic's and/or  
 materialman's liens of record and not of record. The property  
 will be sold subject to all conditions, covenants, restrictions,  
 rights of redemption of federal lienholders or encumbrances,  
 and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the  
 purchaser good title, then purchaser's sole and exclusive  
 remedy shall be in the refund of the deposit paid at the time of  
 sale.

The subject property and all improvements thereon will be sold  
 in "as is" condition without warranty of any kind. Purchaser  
 shall be responsible for any and all building and/or zoning code  
 violations whether of record or not of record, as well as for all  
 unpaid and enforceable homeowners' or condominium owners'  
 association dues and assessments, if any. Purchaser  
 also shall be responsible for obtaining possession of the  
 property at his/her expense. Purchaser shall assume the risk  
 of loss and shall be responsible for any damage, vandalism,  
 theft, destruction, or the like, of or to the property occurring af-  
 ter the time of sale. Conveyance will be by special warranty  
 deed. Conveyancing, recording, transfer taxes, notary  
 fees, examination of title, state stamps, and all other costs of  
 conveyance are to be at the expense of purchaser. State and  
 local taxes, public charges, and special or regular assess-  
 ments, if any, shall be adjusted to the date of sale and there-  
 after shall be assumed by the purchaser.

Sale is subject to post-sale confirmation that the borrower did  
 not file for protection under the U.S. Bankruptcy Code prior to  
 the sale, as well as to post-sale confirmation and audit of the  
 status of the loan with the loan servicer including, but not limited  
 to, determination of whether the borrower entered into any  
 repayment agreement, reinstated or paid off the loan prior to  
 the sale. In any such event, the sale shall be null and  
 void, and the Purchaser's sole remedy, in law or equity, shall  
 be the return of his deposit without interest. Additional terms  
 may be announced at the time of sale. This is a communica-  
 tion from a debt collector and any information obtained will be  
 used for that purpose.

DAVID N. PRENSKY  
 Substitute Trustee

FOR INFORMATION CONTACT:  
 David N. Prenskey, Esquire  
 5225 Wisconsin Avenue, N.W. #500  
 Washington, D.C. 20015  
 (202) 244-4000

**MEDIA RELEASE  
 2016-2017  
 POLICY FOR PROVIDING FREE OR REDUCED PRICE MEALS  
 08/09/2016**

**PHILLIPS Programs  
 (School division)**

today announced its policy for providing free or reduced price meals for children served under the National School Lunch, and/or School Breakfast Programs. Each school and/or central school nutrition office has a copy of the policy, which may be reviewed by any interested party.

Household size and income will be used to determine eligibility for free or reduced price meal benefits. Children from households whose income is at or below the Federal Income Eligibility Guidelines, shown in the chart below, may be eligible for either free or reduced price meals. Children who are members of households receiving Supplemental Nutrition Assistance Program (SNAP) benefits (formerly the Food Stamp Program) or who receive Temporary Assistance for Needy Families (TANF) may be automatically eligible for free meals. Children who are homeless, migrant, or runaway may also be automatically eligible for free meals. Foster children, who are the legal responsibility of a welfare agency or court, are eligible for free meals regardless of the income of the household with whom they reside. Children who are members of households participating in WIC may also be eligible for free or reduced-price meals based on the household's income.

Household Size	Maximum Household Income For Free Meals	Household Income For Reduced Price Meals
1	\$15,444	\$15,444.01 - \$21,978
2	\$20,826	\$20,826.01 - \$29,637
3	\$26,208	\$26,208.01 - \$37,296
4	\$31,590	\$31,590.01 - \$44,955
5	\$36,972	\$36,972.01 - \$52,614
6	\$42,354	\$42,354.01 - \$60,273
7	\$47,749	\$47,749.01 - \$67,951
8	\$53,157	\$53,157.01 - \$75,647
For Each Additional Family Member - ADD	\$5,408	\$7,696

Application forms are being distributed to all households with a letter informing households of the availability of free or reduced price meals for their children. Applications are also available at the principal's office in each school and at the central office. To apply for free or reduced price meals, households must only fill out one application per household and return it to the school division. Applications may be submitted at any time during the school year. The information households provide on the application will be used for determining eligibility and verification of data. Applications may be verified at any time during the school year by school or other program officials. For school officials to determine eligibility for free or reduced price benefits, households receiving Supplemental Nutrition Assistance Program (SNAP) benefits (formerly the Food Stamp Program) or Temporary Assistance for Needy Families (TANF) only have to list their child(ren)'s name and SNAP or TANF case number and an adult household member must sign the application. Households who do not list a SNAP or TANF case number, including WIC households, must list the names of all household members, the amount and frequency of the income received by each household member, and the last four digits of the social security number of the adult household member who signs the application. If the household member does not have a social security number, the household member must indicate that a social security number is not available. The application must be signed by an adult household member in order to be approved.

Under the provisions of the free and reduced price meal policy,

Senior Accountant  
 (insert title of eligibility determining officials)

will review applications and determine eligibility. An application for free or reduced price meals cannot be approved unless it is complete. Households dissatisfied with the ruling of the eligibility determining official may wish to discuss the decision with the official on an informal basis. Households wishing to make a formal appeal for a hearing on the decision may make a request either verbally or in writing to:

Trixie Herbert, PHILLIPS Programs 7010 Braddock Road, Annandale VA 22003  
 (703) 941-8810  
 (insert name, address, and telephone of the hearing official).

Households may apply for free or reduced price meals at any time during the school year. If a household is not eligible now but has a change, such as a decrease in household income, an increase in household size, becomes unemployed or qualifies for SNAP or TANF, the household should contact the school for an application. Such changes may make the children of the household eligible for benefits if the household's income falls at or below the Federal Income Eligibility Guidelines.

Households that receive Supplemental Nutrition Assistance Program (SNAP) benefits (formerly the Food Stamp Program) or Temporary Assistance for Needy Families (TANF) may not have to complete an application for free or reduced price student meals. School officials will determine eligibility for free meals based on documentation, obtained directly from the Virginia Department of Social Services, that a child is a member of a household currently receiving SNAP or TANF. School officials will notify these households in writing of their eligibility. Households who are notified of their eligibility, but who do not want their children to receive free meals, must contact the school. SNAP and TANF households must complete an application if they are not notified in writing of their automatic eligibility within the first 10 days of the new school year.

ZONE 2: • BURKE  
 • FAIRFAX • SPRINGFIELD  
 • FAIRFAX STATION/CLIFTON/LORTON

**HOME & GARDEN**  
 CONNECTIONNEWSPAPERS.COM CONTRACTORS.COM

**LANDSCAPING**  
**A&S CONSTRUCTION**  
 Sod, Mulch, Clean-Up  
 Leaf Removal  
 Hauling.  
 703-863-7465

**PAVING**  
**Joseph Sealcoating Specialist**  
**PAVING**  
 40 Years Experience! Free Estimates!  
 703-494-5443

**TREE SERVICE**

**TREE SERVICE**

**Quality Tree Service & Landscaping**

Reasonable prices. Licensed & insured.

**Summer Cleanup...**  
 Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc.

25 years of experience - Free estimates  
 703-868-5358

**24 Hour Emergency Tree Service**

**28 Yard Sales**

**INDOOR FLEA MARKET SALE**  
 SAT. AUG. 20 from 9 a.m. - 2 p.m.  
 at 3951 Pender Drive Fairfax. (Route 50 to Waples Mill to Pender - Follow Yellow Signs).  
 Benefits www.nvrc.org - The No. Va. Resource Center for Deaf and Hard of Hearing Persons  
 Bargain Prices. Come Rain or Shine. info@nvrc.org

**21 Announcements**

**21 Announcements**

**21 Announcements**

**21 Announcements**

**Join Our Team!**  
**Chesterfield County Public Schools**  
 Food and Nutrition Services Employment Opportunities  
 We are currently accepting applications for:  
**Field Supervisor - Marketing**  
 Provides strategic leadership for the marketing area of the Food and Nutrition Services Department and professional technical supervision in all areas of food services. Plans, develops, and executes the Food and Nutrition marketing plan to promote school meals and nutrition initiatives programs. Apply via the CCPS website at http://mychesterfieldschools.com. Complete job description and application procedures are available on the website.  
 EOE/M/F/D





# LONG & FOSTER® # 1 in Virginia

703-425-8000



**Carol Hermandorfer**  
703-216-4949

**BEST BEST**  
WASHINGTONIAN WASHINGTONIAN  
2015 2016



C.A.R.O.L  
**Hermandorfer Associates**  
Top 1% of Agents Nationally



**Fairfax Station - \$929,900**

Welcome Home! Gorgeous 5 acre oasis. Beautiful 2 story Family Rm addition & stunning Chef's Kitchen.

Find More Information at: [www.Hermandorfer.com](http://www.Hermandorfer.com)



**Fairfax Station/Regency Station - \$975,000**

Beautiful Executive home in gorgeous neighborhood. Features large main floor master suite with walk-out to private backyard.



**David Levent**  
703-338-1388

davidshomes@lnf.com  
Selling Virginia's Finest Homes  
Member, NVAR Multi Million Dollar Sales Club



**Fairfax Station \$1,024,000**  
Gorgeous 5 Bedroom, 3 Full/2 Half Bath Home. Approx 6400 sq. ft. 3 Finished Levels. 5+ acres. Gourmet Kitchen, Large Formal Dining Room, Hardwood & Ceramic Tile Flooring, Large Library with Custom Built-In Bookshelves. Much More.



**MARSHA WOLBER**  
Lifetime Member NVAR Top Producers  
Top 5% of Agents Nationally  
[www.marshawolber.com](http://www.marshawolber.com)  
Cell: 703-618-4397



**Fairfax \$549,000**  
Traditional meets contemporary! Open floor plan, vaulted ceiling and a 2 story addition! 3 bedrooms, 3.5 baths, main level study! Newly installed vinyl siding & attached 2 car garage! Quiet cul de sac, walk to ES!



**JUDY SEMLER**

703-503-1885

judys@lnf.com

[www.JudysHomeTeam.com](http://www.JudysHomeTeam.com)



**Fairfax \$527,500**

Kings Park West colonial featuring: 4 bedrooms \* 2.5 updated baths \* beautifully updated kitchen that opens to private patio \* fireplace in step-down family room \* large back yard \* near schools, GMU, shopping & VRE. Call Judy at 703-503-1885.



**Fairfax \$790,000**

Well-appointed center hall colonial upgraded throughout \* Wood floors on main level & double staircases \* Pass through fireplace between family rm & eat-in kitchen \* Laundry rms on main & upper levels \* Master suite featuring fireplace, sitting rm, huge walk-in closet & luxurious bath \* Finished walkout lower level w/recreation rm, media rm, exercise rm, den & bath. Call Judy 703-503-1885 or email judys@LNF.com.



**STEVE CHILDRESS**

"Experience...with Innovation!"  
Life Member NVAR Top Producers  
Buyer Broker since 1973!  
703-981-3277



**Lake Occoquan Shores RARE OPPORTUNITY \$649,850**

Secluded waterfront community of 5 acre+ homesites with spectacular water views and Fairfax County parkland! Solid brick home backs to lake with approx. 3,888 sq ft of living space. 5/6 bedrms, 3 totally remodeled full baths, 2 fireplaces, formal dining rm, deluxe kitchen w/ eating space adjoins Fam Rm leading to 62' deck overlooking lake! Rec Rm w/ bar, game/hobby rm, storage rm, bonus rm could be used as bedrm. Huge separate barn/workshop, covered RV pad, circular DW, and much more! Call Steve Childress NOW for private showing... 703 981-3277



**Pep Bauman**

"Put Pep's Energy to Work for You"  
703-314-7055  
PepLnF.com



**Round Hill**

Serenity and seclusion. Beautiful custom-built 4 BR, 4.5 BA colonial on approx. 4 gorgeous acres with a view of the Blue Ridge Mts. Freshly painted, hardwood floors, custom moulding, 2 fireplaces, gourmet kitchen, custom counters, Anderson windows, bonus room, den, finished lower rec. room, large deck with a screen porch, gorgeous custom pool in a private park-like setting.



Come to the HEART of Real Estate, since 1980 Proudly Serving Northern VA  
**KAY HART, CRS, GRI**  
Associate Broker  
Life Member NVAR Top Producer  
[kay.hart@longandfooster.com](mailto:kay.hart@longandfooster.com)  
703-503-1860



**Regency @ Dominion Valley \$459,900**

Over 55 Community with all the Bells and Whistles! First Floor

Living including Owners Suite w/Loft. Backs to Golf Course and Privacy. Extended Great Room with Beautiful Built-ins and Gas FP A Real Prize.  
Kay Hart 703-217-8444



**BARBARA NOWAK & GERRY STAUDTE**  
"My Virginia Home Team"  
703-473-1803, 703-309-8948  
[gerry.staudte@longandfooster.com](mailto:gerry.staudte@longandfooster.com)  
[www.MyVirginiaHomeTeam.com](http://www.MyVirginiaHomeTeam.com)



**Manassas \$495,000**

**Peaceful Parklike Setting**  
Updated SFH on wooded 1 acre lot. 4, possible 5 BRs, 3.5 BA. Hardwood floors. FR w/vaulted ceiling & gas FP. Updated MBA & W/I closet in MBR.



**Cheryl Pryor**  
REALTOR® [ckpryor@msn.com](mailto:ckpryor@msn.com)  
703-801-9985  
**3-Bedroom, 3 1/2-Bath BRAMBLETON TOWNHOUSE**  
Gorgeous Kitchen with 9-Foot Island  
Rooftop Terrace  
Clubhouses  
Pools  
Tot Lots  
While Interest Rates are Still Low...  
**Now is the Perfect Time to Buy a Home!**  
Call me today, I am happy to help.  
22868 Goldsborough Terr. Ashburn, VA 20168



**Sheila Adams**  
703-503-1895  
Life Member, NVAR Multi-Million Dollar Sales Club  
Life Member, NVAR TOP PRODUCERS



**Fairfax COMING SOON \$635,900**

Beautiful Middleridge - Quiet Cul-de-sac location  
Lots of TLC - New Kitchen - Newer Baths  
Hardwood Floors - New Carpet UL  
Lovely Porch/SunRoom w/Sliders to Deck  
Call Sheila Adams 703-503-1895



**John Astorino**  
Realtor®  
703.898.5148  
Rated One of Northern Virginia Magazine's Top Real Estate Agents 2016

**JA JOHN ASTORINO ASSOCIATES**  
Experience...The Difference!

Reduced - Open Sunday  
Fairfax Penderbrook \$769,900  
Open Floor Plan



Sold in 5 Days!  
Fairfax \$649,900  
Wow Kitchen!



Under Contract  
Fairfax Penderbrook \$539,900  
Golf Course View



New Listing  
Burke \$674,900  
Cul-du-Sac

For more information, go to [www.JAHomes4u.com](http://www.JAHomes4u.com) or [John.Astorino@LNF.com](mailto:John.Astorino@LNF.com)



**Charles N. Shaw**  
703-989-7169  
[charles.shaw@longandfooster.com](mailto:charles.shaw@longandfooster.com)



**Burke \$424,900**

Beautifully updated 4 Bedroom, 3.5 Bath, updated Townhouse. Hardwood floors throughout, granite in kitchen with SS appliances. Three finished levels with 4th Bedroom and full Bath on lower level. Walk out to nice wood deck/patio.



**ELLIE WESTER**  
703-503-1880  
L&F Founder's Club  
Lifetime NVAR Top Producer  
Life Member, NVAR Million Dollar Sales Club  
[ellie.wester@longandfooster.com](mailto:ellie.wester@longandfooster.com)



**Fairfax \$525,000**

Beautiful 5 acre building lot in Woodson Frost school district. Public water available, excellent location within minutes of GMU, shopping, restaurants, and major roads.

Access the Realtors' Multiple Listing Service: [www.searchvirginia.listingbook.com](http://www.searchvirginia.listingbook.com)