

Longstanding Thompson Farm Demolished

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Evolving Land Use: Previous Classification

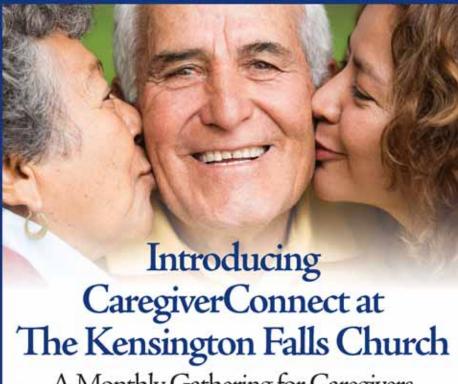
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with experts each month. Guest facilitators will offer information, advice and support in a welcoming.

private setting. Topics to be covered include: How to Visit; Accepting Loss; and Enjoying the Remaining Strengths of Your Loved One. Aleksandra (Anya) Parpura, MD, PhD, an expert in aging and dementia, will lead our Caregiver Connect program. Dr. Parpura is the president of Aging Perspectives, Inc., the Scientific Review Officer with CSRA International, an adjunct professor at The Catholic University of America, and a faculty member at the Washington School of Psychiatry. Dr. Parpura brings to us vast knowledge, helpful tips and a kind heart.

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Join Us for an Open House: Saturday, February 25 • 2-4pm • RSVP

News



TD Bank Great Falls Branch Now Open

A grand opening celebration was held for the new TD Bank branch in the Great Falls Village Centre on Saturday, Feb. 18. In a show of support for their new community, bank officials present a \$5,000 donation to The Arts of Great Falls President Richard Kelly.

Supervisor Herrity and Connection Newspapers'

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South County Secondary School Saturday, April 29

11 am to 1 pm Co-sponsored by Supervisor Dan Storck, South Fairfax Chamber of Commerce, South County Federation, and South County Secondary School

To register as an employer or student, or for more information, please visit www.fairfaxcounty.gov/springfield/teenjobfair.htm

News



The land on 964 Walker Road was in the Thompson family for nearly 200 years before Linda Thompson sold the property.



The 3,880-square-foot farmhouse, built in 1943, had five bedrooms and four baths, according to Zillow.

Longstanding Thompson Farm Demolished

By Fallon Forbush
The Connection

he 6.89-acre Thompson Farm at 964 Walker Road has been demolished. "The property has been in the family for a little under 200 years," said Linda Thompson.

Thompson moved onto the land when she married into the family. She and her husband raised their children on the property. Years later, Linda divorced her husband and moved off the land.

IT WAS YEARS later when her relationship with the property — where she had many fond memories of riding horses — would be rekindled.

Her former brother-in-law asked her if she could sell the property when Hazel Thompson, her children's grandmother and owner of the property, died.

Linda Thompson is a real estate broker with Berkshire Hathaway HomeServices PenFed Realty in Great Falls. She is also president of the Optimist Club of Great Falls.

"The more I thought about it, I thought, 'Well, I'm at a position where I can actually buy it and get my children's inheritance back, essentially," she said. "So, I did."

Soon after she bought the land, she began boarding horses on the property. Her children and grandchildren would come by and help.

"I'm not a spring chicken anymore," she said. "The kids have their own lives ... and it was getting to be a bit hard on me physically and financially."

She tried to sell three acres of the nearly seven-acre property, which would have been enough to pay off her mortgage, but the deal fell through, according to Thompson.

"There were a lot of extenuating circumstances and the market was falling, so the builder found an excuse to back out of the contract," she said.

When a builder came by to make her an offer on the entire property, she decided it



Linda Thompson took this photo of the flattened property from a neighbor's driveway.

was time to move on. This was a difficult decision for her.

"It was definitely a conflict because the original plan was to only sell off part of it," she said. "A lot of neighbors and friends that know me have voiced that they were very sad to see it go and that they would miss the horses."

But her decision became easier when neighbors began giving her a hard time about road apples in the street.

K. Hovnanian Homes of Virginia Inc. bought Thompson's property for a little over \$2.9 million on Nov. 3, 2016, according to Zillow and county property records.

"I knew they were going to tear everything down," she said.

This would have included the 3,880-

square-foot farmhouse that was built in 1943 and the large barn on the property that dates back even further to 1917. Thompson used this barn to host annual dances that benefitted the Optimist Club of Great Falls.

"It was built the right way," Thompson said of the barn. "It was solid."

The community took to the online Nextdoor social network when they realized everything on the property had been leveled

Paula Brassfield posted this message to the Great Falls neighborhood forum in Nextdoor:

"For over 40 years, I have passed by the Thompson Farm on Walker Road en route to Leesburg Pike. The owner, Hazel Thompson (a very dignified lady), welcomed me to Great Falls back in the 70s and I looked lovingly at her graceful and always well-maintained farmhouse, barn, outhouses and horses. A more recent relative provided benefits for the optimist club in the beautifully decorated barn. To see the demolition of the house and barn today has brought tears to my eyes. What I will never forget is the annual illuminated Christmas sign. God Bless us everyone ... A beautiful tribute to this lovely family and their corner here."

Fortunately, for many in the community who were mourning the demise of the farm, Thompson hired an Amish group to disassemble the barn so she could rebuild it.

"We're going to have a barn raising party," she said. "There was some damage, but we're going to rebuild, hopefully this spring or during the summer."

She plans to invite everyone from Great Falls to her new farm on Sumerduck Road in the village of Sumerduck, Va., if they are willing to make the trip.

"It's out in the middle of nowhere," she said.

THE COMPANY that purchased the Thompson farm did not respond to the Connection's inquiries about its plans for the property. However, Thompson said they will be building six contemporary homes to replace the structures they tore down.

"It should work well because there's a nice contemporary on the hill right next to the farm," she said.

This will be the second property the company has purchased in Great Falls. It is constructing five homes at its Line K Estates at Leigh Mill at 734 Leigh Mill Road in Great Falls. It is offering three designs to home buyers that start at over \$2 million each.

The company's website markets the new homes as "the best of both worlds with innovative modern single family new homes in quaint Great Falls, Virginia."

Three of the five homes have already been sold and construction is underway.



Our Quiet Cat, Pippin

By Nora LaTeef

y family has been blessed these past two years to have Pippin in our lives. She has brought so much joy to every member of the family just by her quiet, steady presence. I will never forget the day we first laid eyes on her. Having decided to adopt a cat, we attended an open house for rescue animals at PetSmart. My niece, Lauren, my nephew, Casey, and I were looking for that perfect cat that we could have an instant connection with...and it happened!

There was Pippin, a calico cat, in a tight cage with two other cats. As we watched the three cats, we became concerned when two of the cats, without any provocation whatsoever, started ganging up on Pippin. Despite the hissing, the biting, and the clawing, we watched with amazement as Pippin got up, stretched, and very calmly turned her back to the offending cats. As far as she was concerned, they did not exist. From that moment on she had us. We

fell in love with her beautiful, calm, "Zen" personality. Immediately, we went to do the adoption paperwork. We were crestfallen to discover a woman ahead of us was also turning in an application for Pippin. We told the administrator that we very much wanted to adopt Pippin and that we had experience with cats having previously had two very special cats, who lived long, happy lives. The shelter lady, studied us, and then said the magical words: "If you want Pippin, she is yours. We give preference to experience."

Later, we learned that Pippin had been in a South Carolina shelter that had the policy of euthanizing cats after they had been in the shelter for more than three days. We were told that the caretaker of the shelter did not have the heart to put Pippin down. Every day for three weeks, he would put his hand on her cage door but could not bring himself to euthanize her. He said that this had never happened to him before. Finally, he called Heart Rescue and pleaded with them to take Pippin

even though he knew he could be fired for doing so. Heart Rescue came through and she was taken to a veterinarian who botched her neutering surgery resulting in a double hernia that required yet another operation. In spite of that ominous beginning, I am happy to say that our beautiful Pippin is now a healthy and energetic 2year-old. Pippin is a pet that comes along once in a lifetime. She is loving, smart and dependable. A few minutes before Casey's alarm goes off at 6 a.m. to go to school, she runs into his room and makes sure he is up by jumping on his bed. She waits for him to get dressed and follows him to the bathroom, waiting outside the door. She accompanies him down the stairs and waits while he eats his breakfast, then follows him to the door as he leaves for school. Then she spends most of the day sleeping on his bed! When Lauren and Casey return from school, Pippin is waiting for them on the stairs. As Lauren does her homework you can always find Pippin sitting on her lap or on her desk. Pippin is a



Pippin at home in Great Falls.

cat who has wonderful timing, she knows when to enter a room, when to snuggle on your lap, when to ask for a tickle, when to entertain you with her acrobatic jumps, and when to ignore you. As I am

typing this with one hand, Pippin is sitting on my lap purring. I know she knows I am writing about her. Where Pippin is concerned, the less she says, the more perfect she is!





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News

Great Falls Friends and Neighbors Presents Donation to Artemis House Shelter

By Deborah Nagy-Huang and Andrea Worker

reat Falls Friends & Neighbors (GFFN) has announced that their annual White House Ornament sales for the 2016 holiday season raised \$6,600 for Artemis House, Fairfax County's only 24-hour domestic violence shelter. The shelter is operated by the local non profit Shelter House, with administrative offices in Reston, which provides services for homeless families, and victims of domestic violence and human trafficking through Artemis House, the Patrick Henry and the Kate Hanley Family Shelters.

On Feb. 2, at the Monthly All-Club Meeting, members heard from Joe Meyer, Executive Director and CEO of Artemis House, and Director of Development, Jennifer Delessio, who discussed the organization's mission and how they help victims of domestic and sexual violence, and human trafficking in both emergency situations and with long term support.

After hearing about all the work being done for these endangered citizens in the community, the



Artemis House Executive Director Joe Meyer and Director of Development Jennifer Delessio [front row left] accept the donation from the Great Falls Friends and Neighbors, surrounded by members of the organization. The funds were raised through the club's annual White House Ornament holiday fundraiser.

Great Falls Friends and Neighbors President and the White House Ornament fundraising committee presented Artemis House with the club's biggest contribution to date. Club members told the Artemis House representatives that it was wonderful to know that the club's philanthropic efforts really do make a difference. Great Falls Friends and Neighbors would like to thank their Philanthropy group and fundraising team and the local vendors that offered the ornaments for sale at their establishments. Great Dogs of Great Falls, Studio Hair's two locations (Great Falls and Fairfax), and Burke Jewelers at North Point Village Center all supported the charitable mission. The club also offers its thanks to the many members of the community that support this cause. This year, the club sold a total of 750 ornaments and 100 percent of the profits went directly to the shelter. The women of Great Falls Friends and Neighbors look forward to the continuing support of the community for this annual fundraising event. More information about the Great Falls Friends and Neighbors is available on their website at www.gffnva.org.



OPINION

Budget Season in Fairfax County

Attend a town hall meeting and express your priorities.

lexandria and Arlington each have a meals tax, both enacted without a referendum because as urban forms of government in Virginia, their local elected bodies were authorized to enact the tax legislatively.

EDITORIAL Fairfax County Board of Supervisors had to put the meals tax on the ballot for voters to decide, and after a heated campaign, the tax was voted down decisively.

Elections have consequences, a fact being affirmed on every level right now.

In Fairfax County, this means a more difficult budget process going forward than might otherwise have been the case. The vast majority of Fairfax County's \$3.99 billion budget is financed by property taxes, and the proposed budget is based on no property tax increase.

The meals tax would have provided about \$80 million for the schools; the current budget falls \$61 million short of the FCPS request.

While County Executive Ed Long has said there can be no new programs in the budget defined by no tax increase, we all know that some things could be cut to make room for new, needed programs. Long will conduct an online chat answer budget questions on Friday, Feb. 24, at 3 p.m. Submit questions here: www.fairfaxcounty.gov/AskFairfax/mobile/ ActiveDiscussion.aspx?roomid=131

The county will hold a series of budget town hall meetings which will include a presentation, time for questions and feed-

The Connection welcomes letters for publication on the budget, send to editors@connectionnewspapers.com

FAIRFAX COUNTY BUDGET TOWN HALL MEETINGS

Tuesday, Feb. 21 - 7:30 p.m., Great Falls Citizens Association, Great Falls Library - 9830 Georgetown

Saturday, March 4 - 9 a.m., Hunter Mill District Community Meeting, Frying Pan Park, Visitors Center - 2739 West Ox Road, Herndon

Wednesday, March 8 - 7 p.m., Providence Community Budget Meeting, Providence Community Center 3001 Vaden Drive, Fairfax. - First Floor Multi-Purpose Rooms

Wednesday, March 8 - 7 p.m., Sully District Budget

Town Hall Meeting, Rocky Run Middle School -4400 Stringfellow Road, Chantilly

Thursday, March 9 - 7 p.m., Mason District Budget Town Hall Meeting, Mason District Government Center, 6507 Columbia Pike, Annandale - Main

Community Room
Thursday, March 16 - 7:30 p.m., McLean Budget Public Meeting, McLean Community Center - 1234 Ingleside Avenue, McLean.

Monday, March 20 - 7 p.m., Springfield District Budget Town Hall Meeting, West Springfield Government Center - 6140 Rolling Road, Springfield -Community Room

Wednesday, March 22 - 7 p.m., Lee District Budget Town Hall Meeting, Franconia Governmental Center

- 6121 Franconia Road, Alexandria Monday, March 27 - 7:30 p.m., Braddock District Budget Town Hall Meeting, Robinson Secondary School - Recital Hall - 5035 Sideburn Road, Fairfax.

Correction

Last week's editorial implied that in November 2017, the Virginia Senate will be on the ballot. The 40 seats in the Virginia Senate will next be on the ballot in November 2019. All 100 seats in the House of Delegates are on the ballot this November, 2017, along with Governor, Lieutenant Governor and Attorney Gen-

- MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

LETTERS TO THE EDITOR

Riding/Boarding Stable Definition Changes: Citizen Vigilance Now Necessary

On Feb. 14, the Board of Supervisors voted to change the definition of riding/boarding stables and to add teaching horseback riding to the list of allowable Home Occupations not needing a Special Permit. Prior to the vote, lots containing two or more acres could have only three horses "by-right" (not exceeding a ratio of three horses per acre). "By-right" means no permits are necessary and no reporting to the County is required. If a lot had four or more horses, it was defined as a riding/ boarding stable.

Now two-acre up to, but less than, five-acre lots are allowed a maximum of five horses or ponies to be boarded "by-right" and a maximum of eight horses to be boarded "by-right" on lots containing five or more acres, but the ratio of three horses per acre remains. Now, the definition of a riding/boarding stable for which a Special Permit is required is on a property that exceeds these num-

Feb. 14 Board of Supervisors public hearing because of the impact on people; the environment; streams; and the horses themselves. Here are the arguments I

1. Horses need pasture. Pasture and trees are incompatible, but trees play a very important role in soil and water conservation and preservation. The Horse Farm Management section of our County's website says that even a single-horse stable in a backyard should have a Soil and Water Conservation Plan. Even though the County staff claims Soil and Water Conservation Plans would be required, that requirement is only if a Home Occupation permit to teach horseback riding is obtained. In other words, if lessons are not being given, no soil and water conservation plan is required. Even when required, County staff admitted that there would be no enforcement unless complaints were made to Code Enforcement. Complaints can only be made by persons "with standing", typically a

2. Responsible manure management is imperative to protect the environment and streams, but there are no requirements in the Ordinance to use "Best Manage-I opposed these changes at the ment Practices" on these properties where they can now have so many additional horses "by-right." The County's Horse Farm Management section says one horse produces nine tons of feces and urine per year. The increased number of

horses allowed "by-right" will have a major impact on the environment and streams without a responsible manure management plan, but that is not a requirement. The odor from these properties will be unpleasant. Runoff into streams is likely. The Chesapeake Bay will take a hit.

3. The drastic increase in the number of horses allowed "byright" may result in animal abuse and we citizen neighbors need to be on the lookout for this. Pasture requirements for horses greatly exceed the number of acres that might be available with the higher intensity of use. There are differing opinions on minimum grazing acreage per horse, but the County's Horse Farm Management section recommends "that horses obtain 70-100 percent of their feed from pasture and/or hay. A significant reduction in feeding cost will be realized if horses get the bulk of their feed through grazing. The exercise they get while moving around during grazing is essential for their digestion. Horse farms with high density of animals per acre commonly have over-grazed pastures." Inadequate pasture is bad for the environment and the

4. Before the changes to the definition to riding/boarding stables,

owners with more than three horses were required to obtain a Special Use Permit at a fee of over \$8,000. Their applications had to be presented to the Board of Zoning Appeals during a Public Hearing where neighbors and other "affected parties" would get the opportunity to explain any pros and cons about having this use in the neighborhood. The BZA normally imposes required conditions of their approval that reflect the concerns of neighbors and places limitations on the applicant.

Now, after the changes, you could wake up one day and find out all these additional horses are in your neighborhood with riding lessons going on from 7 a.m. to 7 p.m. with lighting permitted in the evening; seven days per week; 365 days per year and there is nothing you can do about it because you have lost reasonable rights to restrict these activities.

* Teaching horseback riding lessons now falls in the class of Home Occupations by paying \$50 for a permit. Supposedly, a Soil and Water Conservation Plan would be required, but without inspections to enforce the plan, there is no recourse except complaints to Code Enforcement by parties "with standing." We usually think of pi SEE LETTERS, PAGE 15 Great Falls

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News

Streetscape Project To Beautify Great Falls

elebrate Great Falls (CGF) has launched its the town more lovely year round. In addition, the Streetscape Project in coordination with the Great Falls Garden Club. The goal is to beautify the town center by planting 14 native trees in the recently created "bump outs" on Walker Road between the Safeway entrance and Georgetown Pike.

The Virginia Department of Transportation (VDOT) created "bump-outs" along both sides of Walker Road in order to make the center of town more pedestrian friendly and to slow traffic. There are now several parking spaces along both sides of the road, with nondescript grassy areas in between. In addition, nearly two dozen large, white, unattractive, PVC pipes now dot the bump-outs, to provide access to the storm water drains, if necessary.

"We are really looking forward to having beautiful trees line this section of Walker Road," said Candace Campbell, a Streetscape Project volunteer and garden club member. "Once they get established, the spring blooms and fall color will be magnificent. They will make for a lovely view down what is one of our major streets." Under the Celebrate Great Falls umbrella, Streetscape Project volunteers began working with VDOT, as well as the Fairfax County and Dranesville arborists, to identify five different native trees that will thrive in this environment, not interfere with drivers' site lines or power lines, and make

trees will:

- Provide spring blossoms and fall color
- ❖ Visually narrow this stretch of Walker Road so it looks more appealing
- Provide shade
- ❖ Add tree canopy to help replace the many white oaks lost recently
- ❖ Help meet the Fairfax County goal of increasing

Celebrate Great Falls' goal is to raise \$20,000 to complete this project, ensure that the trees are watered for the first year so they get well established, and to cover the costs of any future maintenance required by the trees. Anyone interested in supporting this effort with a donation to Celebrate Great should visit the website www.celebrategreatfalls.org to make an online contribution, or send a check to P.O. Box 295, Great Falls,

Celebrate Great Falls is a 501(c)3 nonprofit foundation that serves as the umbrella organization for many of the town's major annual events, including Concerts on the Green, Halloween Spooktacular, 4th of July Celebration, Celebration of Lights, Winter Wine Tasting and an annual charity golf tournament that supports local elementary schools.



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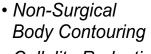


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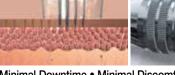




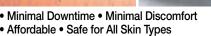












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PET CONNECTION

Wandering Dogs of Great Falls

their yards. Research suggests that neuterably male group.

espite invisible and physical ing dogs can slow down their interest in fences, Great Falls dogs seem to roaming, but that doesn't seem to have debe very successful in their terred our local canines. While this sample search for adventure beyond size is small and self-selected, it is a notice-



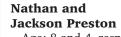
Paisley

and Blaze. Рното ву Rita Bhasker

Age 4, Golden Retriever, Gender: Male, Breed: Golden Retriever, Roamer: Habitual. About a year ago, Blaze took off and made a friend a few streets over. Now he sneaks out weekly, cutting through several backyards to have a play date with his friend,



triever, Roamer: Opportunistic. Garth recently happened upon an open door and it was too much to resist. Owner, Amanda, believes that Garth's adventures included



Age: 8 and 4, respectively, Gender: Male, Breed: Newfoundland, Roamer: Habitual. One hot July day, when a workman left the gate open, Nate and Jack slipped out in search of a cool place to relax. A very startled neighbor found Nate paddling around the pool and Jackson sunning himself on the pool stairs. At first glance, he thought they were little black bears. Nate and Jack look forward to the return of the pool season.



Paco, Mariposa and **Sean Traver**

Age: 6, 6 and 5, respectively. Gender: Male, Female and Male. Breed: Papillon, Papillon and Miniature Schnauzer. Roamer: Opportunistic. This merry band works hard to make sure that the local wildlife knows that their yard is off limits. Occasionally a deer will taunt them into giving chase, but they are usually easily recovered. That is except the night that Sean snuck out through the accidently-left-open garage. Owner, Steve, describes a treacherous chase as he followed the flashing blue light, fortunately on Sean's collar, into a gully and through the woods before Sean slowed down enough for capture.



Dukie Sahebzadah

Age: 2.5, Gender: Male, Breed: Native American Village Dog, Roamer: Opportunistic. When Dukie gets a scent of one of the wild animals in the woods behind his house and he is off and running. He may be gone for an hour or two, but makes sure he is home in time for dinner.



Garth Comet Paul

Age: 9, Gender: Male, Breed: Golden Re-

including; Great Dogs, to see Linda for a trim and a treat, Mookies for barbeque and a quick ice cream at The Creamery. By the time he returned home, he was ready for a long

Tucker Mansh Age: 10, Gender: Male, Breed: Havanese. Roamer: Once habitual. At 10, Tucker has slowed down considerably. But in his youth, he was quite the Houdini. He proved able when his guardian stopped durto escape any collar or harness and ing their walk to visit with a would routinely find his freedom neighbor. After frantically during walks. In one quick motion, searching the area to no avail, he'd dart down the street to greet guardian, Suzanne, raced home whoever was coming toward him.

Simba Srivastava

Age: 4, Gender: Male,

Breed: Maltese Poodle,

Roamer: Opportunistic.

Simba is curious about the

neighborhood he sees from

the window and will take

any opportunity to exploit

an open door. A little guy,

he has also been known to

find his freedom by sneak-

ing through his fence.

Rosco Pierce

Age: 5, Gender: Male, Breed Plott Hound Mix, Roamer: Opportunistic. Rosco may have been born blind, but there is nothing wrong with his sense of smell. He once wandered off to post on Nextdoor. There she found Rosco waiting patiently at the front door.



To Protect Your Pet

making sure your dog has a collar with con- leaves the gate open or there is a breach of tact info is a no brainer and a microchip is opportunity to dig under it. A light for the not a bad idea. Having an Invisible Fence collar is great, if turned on. And, when all works for many, when it's turned on and else fails, posting on Nextdoor Great Falls dogs wear their collars. And physical fences has proven to help recover our local lost are a great impediment to wandering, unfour-legged family members.

If you are looking to protect your pet, less a distracted family member or workman

Joan Brady

Joan Brady is a professional photographer; co-owner of Spirited Media, Inc.; award-winning columnist; mentor and advocate for current and former foster children; a volunteer with paws4people and others; and a resident of Great Falls. Reach her at joan@joanbradyphotography.com





Brooks and Lola

Age: 3 and 1, respectively, Gender: Male and Female, Breed: Wheaton Terrier, Roamer: Habitual. Brooks and Lola each have their own agenda. Lola likes to take advantage of a small hole in the fence, sneaking over to the neighbor's to steal dog toys from their yard. Brooks focuses on finding homes with other dogs, where he is most likely to find treats.



Having Great Time with Cali Joey Collins

and Stephanie Gaibler of **Great Falls** with their dog Cali.

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PEOPLE & PETS OF GREAT FALLS

Alexandra Cooker of **Great Falls** cuddling with her favorite pet cat "Bells."





Chad and I are Great Falls residents of over a decade. We got our beagle-mix, Gypsy, from the **Fairfax County** shelter when we first moved here in 2004. Here is Gypsy, a somewhat senior doggie, with our 2year-old son, Ty Smolinski.

> – Ipsita G. Smolinski, GREAT FALLS







A picture's worth a thousand words, and some other words help paint the background. I love my mutts, and even thought this was taken back a bit - it epitomizes the rebel spirit of the dog-walker (my mom), and my little Callie girl. Callie is no longer with us — but, Bernie is sitting at my feet, under my desk, as I write.

> PHIL DIFALCO, GREAT FALLS



Helping with **FINNesse**

Finn, a Norwegian Fjord, is my favorite horse at LiftMeUp! in Great Falls. He is a very energetic horse who enjoys taking riders on an adventure. He has an incredible personality and makes both riders and volunteers laugh! On one occasion, some of the instructors and volunteers at LMU worked on a project to clean-out the barn and re-organize material in storage areas. Finn "helped" us by "overseeing" the washing of several barn items. He did this with FINNesse. One rider who started at LMU in the past year, exclaims at every lesson: "Finn makes me laugh!" I agree wholeheartedly!

— Mary Meli, LiftMeUp! VOLUNTEER

> Valentine, Belgian Draft, dressed as a racing car.



Finn (Norwegian Fjord) with LiftMeUp! campers hand painting him.





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Entertainment

Send entertainment announcements to connectionnewspapers.com/Calendar/. Deadline is Friday at noon for the following week's paper. Photos/artwork encouraged.

ONGOING

"Around the World" Arts. Through March 6, various time at Vienna Arts Center, 115 Pleasant St., NW, Vienna. Members paintings. Free. Visit www.ViennaArtsSociety.org or call 703-319-3971.

The Golden Girls of Northern
Virginia, a senior women's softball
league, is looking for players. Any
woman over the age of 40 is
encouraged to join. All skill levels are
welcome. Play on Wednesday
evenings and Saturday mornings in
Vienna. Visit www.goldengirls.org.

The Freeman Store & Museum

Wednesday through Sunday noon-4 p.m. 131 Church St. NE, Vienna. The Freeman Store & Museum is dedicated to Preserving and promoting Vienna's heritage through the identification, preservation, and interpretation of history significant places, events, and persons. Historicviennainc.org

Weekly Storytime. Wednesday and Saturday. 11 a.m. Barnes & Noble, 7851 L Tysons Corner Center, McLean. Themes and titles vary. Free admission.

Bingo Night. Sundays. 4 p.m. Flame Room, Vienna Volunteer Fire Department, 400 Center St. S, Vienna. \$10. www.vvfd.org/ bingo.html.

Gentle Yoga. Thursdays, 6:30 p.m. Emmaus United Church of Christ, 900 E Maple Ave. E., Vienna. Saturdays, 9:30 a.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton.

MARCH

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Gentle Kundalini Yoga, one free introductory session, senior discounts. Increase flexibility, improve breathing and health, reduce stress. Ravi Kaur has 15 years experience teaching yoga. \$15 per session. www.edimprovement.org. 571-213-3192.

Tai Chi Beginners' Practice.

Saturdays, 8-9 a.m. St. Luke's Catholic School Gymnasium, 7005 Georgetown Pike, McLean. Weekly Tai Chi practice. Group has met for over 20 years. Free. FreeTaiChi.org 703-759-9141.

Fishing Rod Rentals 8700 Potomac Hills St., Great Falls. Rentals available during visitor center hours. Fishing tackle and live bait are available for purchase. Reservations required for group rentals. \$6/rental (2 hour max). Valid driver's license required. Rod/reel combinations are perfect for beginners and children. A Virginia or Maryland freshwater fishing license is required for those 16 years or older. The park does not sell fishing licenses. www.fairfaxcounty.gov/parks/riverbend-park/

Colvin Run Mill open 11 - 4 p.m. daily, closed Tuesday. 10017 Colvin Run Road, Great Falls. Fairfax County's operational 19th century water powered gristmill, offers recreational and educational activities for all ages through daily tours, school programs and special events. Fees: \$7/adult, \$6 students 16+ with ID, \$5 children & seniors. January and Februar hours: 11 a.m.-4 p.m., last tour 3 p.m. Admission to park is free except for some special events.

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3/15/2017......A+ Camps & Schools

3/22/2017.....Spring Fun, Food, Arts & Entertainment

3/29/2017......Connection Families

4/5/2017.....Wellbeing: Senior Living Pullout

4/12/2017......Spring Parade of Homes

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4/26/2017.....A+ Camps & Schools Pullout

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on Verizon FiOS TV and Cox Communications in Fairfax County, and by Comcast in Reston. The specials will air on FPA CHANNEL 10, FPA INTERNATIONAL CABLE 30, and FPA SPIRITUAL TV 36. Fairfax Public Access (FPA), will premiere a special series of new movies and documentaries throughout February, in recognition of Black History Month.

FRIDAY/FEB. 24

Unruly Theater Project. 7-9 p.m. at the The Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. Professional teen improvisation company offers a night of comedy, and more. Free. Visit www.mcleancenter.org/teens for

FEB. 24-25

Scrapbooking Weekend. 6 p.m.-midnight at the Vienna Volunteer Fire Department Auxiliary, 400 Center St. S., Vienna. Snacks included, vendors on-site so you can purchase supplies or get expert advice. \$60. Contact Lisa Emerson at lisaemerson3@verizon.net or 703-981-4504.

SATURDAY/FEB. 25

Cars & Coffee. 6-9 a.m. at Katie's Coffee House, Village Centre, 760 Walker Road, Great Falls. Antique, classic, and new cars are on display, share stories over morning coffee with car owners, neighbors, and friends Visit katiescarsandcoffee.com/ for more.

Meet Me in Paris. 8 p.m. at The Alden in McLean, 1234 Ingleside Ave. The Hot Club of San Francisco's "Meet Me in Paris" brings an evening of gypsy jazz. \$35 for the general public; \$20 for McLean tax district residents. Visit mcleancenter.org/alden-theatre or call 703- 790-9223 for more.

SUNDAY/FEB. 26

Pasty Preview. 11 a.m.-4 p.m. at Pure Pasty Company, 128 Church St. NW, Vienna. Pure Pasty will be competing in the World Pasty Championships in March. Come preview the six entries they will be taking along — 20 percent off, limit 2 per customer. Visit www.purepasty.com for more.

Grand George Washington Ball. 1-4 p.m. at Great Falls Tavern Visitor Center 11710 MacArthur Blvd., Potomac, Md. The Chesapeake & Ohio Canal National Historical Park hosts Dr. Larry Keener Farley and his 19th-century dance ensemble for an afternoon of Civil War-era dance. Free but there is a fee to enter the park, currently \$10 per vehicle for a single visit, unless a passenger has an applicable park pass. For more visit www.nps.gov/choh or call 301-767-

Southern Avenue Concert. 8 p.m. at Jammin Java, 227 Maple Ave E. \$12-\$20. Go to

www.southernavenueband.com for more.

TUESDAY/FEB. 28

Pancake Supper. 6 p.m. at Redeemer Lutheran Church, 1545 Chain Bridge Road, Mclean. Pancake dinner in support of Support Youth Mission Work. Visit redeemermclean.org/ for more.

FRIDAY/MARCH 3

Friday Fun Storytime. 11:30 a.m. at the Dolley Madison Library, 1244 Oak Ridge Ave., McLean. Stories and activities about Dr. Seuss's Birthday. Age 2-5 with adult. Free. Call 703-356-0770 for more.



'Art Around the World'

The Carpet Weaver, Turkey, by Patricia Deege is part of the "Art Around the World," exhibit at the Vienna Arts Society show running from through March 6 at 115 Pleasant St. NW in Vienna.

SATURDAY/MARCH 4

Wine Tasting River Bend Country Club 7 - 10 p.m. There will be a delicious selection of Hors d'oeuvres, cheeses and fine wines and mingling with long-time and new Great Falls neighbors.

TUESDAY/MARCH 7

Lecture and Book Signing. Noon at Trinity United Methodist Church, 1205 Dolley Madison Blvd., McLean. Sandra Grimes, former CIA officer who helped unmask Aldrich Ames and co-wrote 2012 book "Circle of Treason" on the subject. Free. Visit www.mcleanwomansclub.org. or call 703-556-0197.

Mobile Tech Tuesday. 2 p.m. at the Dolley Madison Library, 1244 Oak Ridge Ave. McLean. Bring a smart phone or tablet and learn about basic mobile device functions, or move beyond the basics.

THURSDAY/MARCH 9

LEGO Club (S.T.E.A.M.). 4:30 p.m. at Great Falls Library, 9830 Georgetown Pike, Great Falls. Have fun, use the imagination and keep the engineering and problem-solving skills flowing with lots of LEGO® bricks. Age 5-12. Free. Call 703-757-8560 for more.

SATURDAY/MARCH 11

Essential Oils for Spring. 1 p.m. at the Dolley Madison Library, 1244 Oak Ridge Ave., McLean. Learn about the benefits of essential oils and the many reasons to use them. Adults.

Call 703-356-0770 for more. **Effective Communication**

Workshop. 1-3 p.m. at Patrick Henry Library, 101 Maple Ave. E., Vienna. Tom Pfeifer, the author of "Write it, Speak it: Writing a Speech They'll APPLAUD!" presents tools for a more effective communicator and leader. Visit www.fairfaxcounty.gov/ library or call 703-938-0405 for

SUNDAY/MARCH 12

Chantilly Egg Hunt. Saturdays and Sundays. 26469 Ticonderoga Road, Chantilly. Join the Easter Bunny and search for candy and toy-filled eggs. Visit www.ticonderoga.com/about.

MONDAY/MARCH 13

Lunch N' Life. Noon at Emmanuel Lutheran Church, 2589 Chain Bridge Road. Shepherd's Center of Oakton-Vienna's first Lunch N' Life event of the year, with "Scandals in the City" Alice Roosevelt Longworth as portrayed by entertainer, Elaine Flynn. \$10, prepayment required by Wednesday, March 8. No refunds. Visit www.scov.org or call call 703-281-0538 for more.

THURSDAY/MARCH 16

Vietnam Veterans Meeting. 7:30 p.m. at Neighbor's Restaurant, 262D Cedar Lane. Volko Ruhnke will discuss the development of his successful board game, "Fire in the Lake, Insurgency in Vietnam." Call Len Ignatowski at 703-255- 0353 or visit www.vva227.org.

12 Great Falls Connection February 22-28, 2017







Meet Bruce and Sambuca

We have two rescue dogs who we love dearly — they are truly part of the family! The white English Bull Terrier, Bruce, is from Blue Ridge Bull Terrier Rescue and the Pit Bull, Sambuca (Bucca), is from Pitties.Love.Peace. Both rescue groups do an outstanding job of evaluating the dogs and make very careful foster/adoption placements. Bruce is actually our third Bull Terrier from Blue Ridge. The photos include either my daughter is Annie Hajost or me, Elizabeth Hajost. We are BIG believers in rescue over purchase.

— Elizabeth Hajost, Great Falls



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Key Dates:

January 23: Petition Packets available at March 17: Completed Petitions due at MC April 10: Orientation for Board Candidates May 7: Meet the Candidates Reception sponsored by the Friends of MCC.

April 10-May 17: Absentee Voting.

May 20: Voting on McLean Day.

For more detailed information, go to: www.mcleancenter.org/about/candidates





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A Date With Destiny

By KENNETH B. LOURIE

I suppose, given that Feb. 27, 2017 is the eight-year anniversary of my original nonsmall cell lung cancer, stage IV diagnosis, followed up almost immediately with my "13 month to two-year" prognosis, I should make mention of it. Not that I need any reminding, but perhaps you regular readers who don't exactly know my history, might be curious as to how long I've been droning on about cancer. Strictly speaking, it was June 2009 when my first cancer-type (it was the diagnostic process, actually) column was published: "Dying to Find Out, Sort Of." And I've been self-indulging myself ever since save for the odd occasion when my mind wanders elsewhere and I'm able to write outside the cancer bubble.

Which is probably a good thing, as is venting every week about the good, bad and the ugly, concerning my having cancer and learning how to live with it. Not that the content is particularly informative, factually, but it is an honest description of the anxieties and fears a patient experiences. Occasionally, I will include a few facts, but as a sports- and chocolate-person, medicine/science and my knowledge and understanding, and ability to explain them are mutually exclusive at best and an oxymoron at worst, with yours truly being the moron. What kind of moron you ask? As Curly Howard of The Three Stooges answered in a long-ago "two-reeler:" "Why? Are there more than one kind?'

Nonetheless, in spite of myself, life has gone on as I'm proud and extremely fortunate to say. As to where I am in the cancer-survivor scheme of things? Somewhere between slim and none. When I was first diagnosed, my oncologist said the survival rate for similarly staged patients (stage IV) after five years was in the low single digits (as in 1 to 2 percent). When my wife, Dina, asked him why aren't there any parades for lung cancer survivors (as is so often the case with breast cancer survivors), he answered quite succinctly: "Because there aren't any," (survivors, that is). I appreciated his honesty and told him so. I was clueless however, as to what my immediate future would really be like. I would know soon enough as it was recommended that I start chemotherapy as soon as possible. I remember my brother, Richard, asking the oncologist what would he do if it was his brother diagnosed with lung cancer; his answer was to begin infusions without delay and so a week later, we began.

And so here I am, nearly eight years later, still minding my own business and sharing it with you all every week. My infusions now occur every five weeks, CT Scans every three months. My face-to-face appointments with my oncologist occur quarterly as well, a week or so after the scan to discuss the results. So far, mostly so good. Oh sure, I've had my moments (tumor growth, fluid build-up in both lungs followed by a week-long stay in the hospital, ongoing kidney concerns, no surgery though), but for the most part, I've been incredibly lucky (my oncologist calls me his "third miracle").

As to what I'm doing to help myself and hurt the cancer? Not nothing. In addition to the standard fare offered by my oncologist, I have supplemented my treatment with a variety of non-Western alternatives, many of which I've mentioned in previous columns. Are they working? They're not hurting, I can tell you that. Could I do more? Probably. Should I do more? Absolutely! Am I doing more or less than I used to? Less, I'm afraid. But as Popeye the Sailor Man said so ofte 'yam what I 'yam." And come Monday, Feb. 27, 2017, I'll have "yamed" myself into an eight-year lung cancer survivor. Do I hear nine? Hopefully, I hear a lot more than that. From my pen to God's ears.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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21 Announcements 21 Announcements

LEGAL NOTICE

AT&T Mobility, LLC is proposing to modify existing wireless telecommunications antennas on a building located at 4020 North Washington Blvd., Arlington, VA 22201. The modification will consist of replacing 3 panel antennas and adding 6 RRH antennas with a 62-foot centerline height on a 65 foot building. Any interested party wishing to submit comments regarding the potential effects the proposed facility may have on any historic property may do so by sending such comments to: Project 6117000506-TC c/o EBI Consulting, 6876 Susquehan-na Trail S., York, PA 17403, or via telephone at 339-234-2597.

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21 Announcements

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Chris Boullire welcomes **fundraisers** from around the area to the Wall of Hope reception, handing out awards for fundraising "champions."



A Record Year

Alzheimer's Association of the National Capital Region honors its supporters.

By Eden Brown The Connection

egan Newman told her story at the Alzheimer's Association "Wall of Hope" reception at Tyson's Corner on Feb. 9. She was only 18, a senior in high school, when her mother started to ask the same question more than once. They both attributed it to stress. They laughed about it. A few months later, it became clear to Meghan that what was wrong with her mother was more than stress. She convinced her to see a doctor, but it took many tests and many neurologists later before she was diagnosed with Alzheimer's.

It came at a difficult time for Megan, as she was headed off to college. She was supposed to be at the "best years of your life" stage. She laughs about it now, but switching roles with her parent at that point in her life was anything but funny. When she went to college, her mother went with her. When she moved off campus, she moved with her mother. The long days of caregiving, studying and managing the lives of two people took a toll on Megan. Her mother didn't really appreciate being told she had to brush her teeth or that she wasn't going to be able to drive her car any longer. Alzheimer's patients don't always exhibit a good-natured response to having children tell them what to do. Megan wasn't always patient and forebearing. And that bothered her. When it became time for her to hold down a job, Megan couldn't manage both tasks anymore. That is why she was so grateful to find the Alzheimer's Association, and why she will always give back to this organization: they helped her manage her mother and supported her, she said. The reception on Feb. 9 recognized event participants and supporters who distinguished themselves through leadership and exemplary fundraising during the year. Supporters were able to see the unveiling of new plaques on the Wall of Hope, which honors those who suffered from the disease and their friends and family who gave in their name. Attendees at the event made up 2 percent of the fundraisers and sponsors who raised over 45 percent of total funds from events. In 2016, 7,700 participants raised a record \$1.78 million. And they had a good time doing it. Chris Boullire, the CEO of the National Capital Area Alzheimer's Association chapter, honored the 29 cyclists who created the "Ride to Remember," riding 100 miles and raising more than \$20,000; the 260 Longest Day participants who raised over \$118,000 participating in creative activities; the "Blondes v. Brunettes" (a flag football game for women,) which had 80 participants and raised over \$85,173; and the biggest event for 2016 in this area: the Walk to End Alzheimer's had 7,300 participants at seven walks throughout the region who raised \$1.53 million.

The Alzheimer's Association in the area is always looking for additional Walk volunteers and teams for 2017. Interested people can visit www.alznca.org/walk.

Letters

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ano lessons or language lessons as Home Occupations. There is almost no impact from those Home Occupations. Those teachers aren't "required" to have a Soil and Water Conservation Plan.

Be sure to familiarize yourself with new ordinance language if you have horse properties in your area so you can sound the alarm to protect the environment, your neighborhood, and horses by complaining to Code Enforcement and

the Board of Supervisors. If problems come with this increased intensity of land use, perhaps the Board of Supervisors will have to re-visit this drastic expansion in the number of horses permitted "by-right" and the enormous amount of time lessons can be taught, which will probably spoil your outdoor time on the weekends.

> **Ann Huffman** Great Falls



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