

2017 VIRGINIA PRESS ASSOCIATION  
and Oakton  
**Vienna**  
**CONNECTION**

**PET CONNECTION**  
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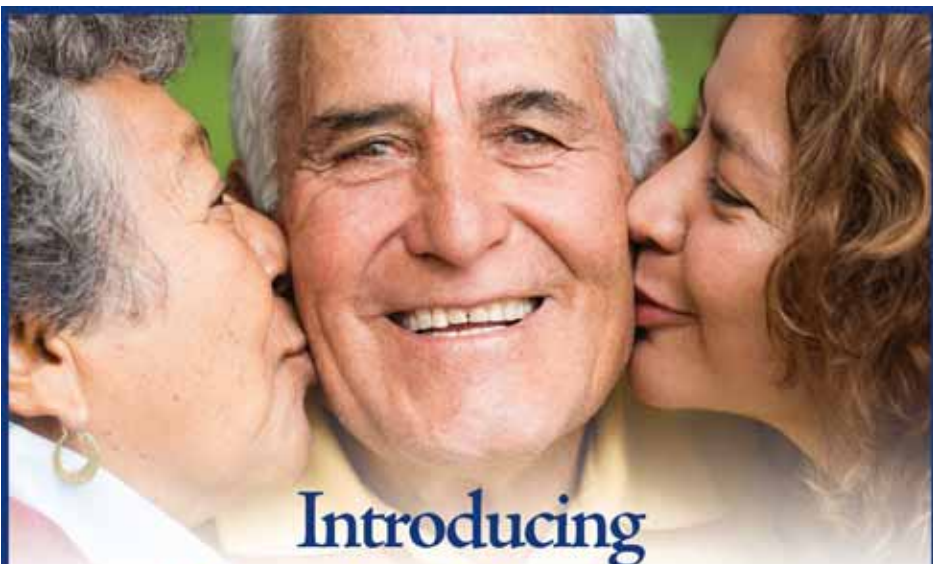
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## Introducing CaregiverConnect at The Kensington Falls Church

— A Monthly Gathering for Caregivers —

with Aging & Dementia Expert Anya Parpura, MD, PhD

Mar 1, Apr 5 & May 3, 2017 • 6:30-8:00pm

Light refreshments served • **RSVP**

**A**t The Kensington, a longtime provider of best-in-class memory care, our residents are precious to us. We seek to make their lives as pleasant and meaningful as possible by offering care programs that are clinically comprehensive, highly personalized and tender.

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Let The Kensington be your trusted resource for information and the comforting ally you need and deserve. Join us to share time connecting with other caregivers and discussing common challenges as we partner



with experts each month. Guest facilitators will offer information, advice and support in a welcoming, private setting. Topics to be covered include: How to Visit; Accepting Loss; and Enjoying the Remaining Strengths of Your Loved One. Aleksandra (Anya) Parpura, MD, PhD, an expert in aging and dementia, will lead our Caregiver Connect program. Dr. Parpura is the president of Aging Perspectives, Inc., the Scientific Review Officer with CSRA International, an adjunct professor at The Catholic University of America, and a faculty member at the Washington School of Psychiatry. Dr. Parpura brings to us vast knowledge, helpful tips and a kind heart.

**Be sure to save the date each month. Join us at our community, located at 700 West Broad Street. RSVP by calling 703-992-9868.**

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**Join Us for an Open House:  
Saturday, February 25 • 2-4pm • RSVP**

## NEWS

Closure map, courtesy of VDOT.



## Stuart Mill Road Closures Feb. 22-24

**S**tuart Mill Road (Route 669) between Colt Run Road and Bridge Hill Lane will be closed to through traffic Wednesday, Feb. 22 through Friday, Feb. 24, 7 a.m.-5 p.m. each day for stormwater pipe replacement, according to the Virginia Department of Transportation.

The following detours will be in place during the closures:

❖ Detour 1: Fox Mill Road and Vale Road

back to Stuart Mill Road (Route 671)

❖ Detour 2: Fox Mill Road, Steeplechase Drive, Lawyers Road and Birdfoot Lane back to Stuart Mill Road. Residents within the closure area, emergency vehicles and school buses will continue to have access to Stuart Mill Road; however, they will not be able to go beyond the point of pipe replacement in either direction.

All work is weather permitting.

## Supervisor Herrity and Connection Newspapers' 2017 Fairfax County Teen Job Fairs and Resume Building Workshops



- Full time employment
- After-school employment
- Seasonal positions

- Internship opportunities
- Volunteer experiences
- and more!

**Chantilly High School**  
Saturday, March 18  
10 am to 12 pm

Co-sponsored by Supervisor Kathy Smith, Chantilly HS STEM Academy, and Dulles Regional Chamber of Commerce

**West Springfield High School**  
Saturday, April 1  
12 pm to 2 pm

Co-sponsored by West Springfield HS Student Government and Greater Springfield Chamber of Commerce

**Oakton High School**  
Saturday, March 18  
1 pm to 3 pm

Co-sponsored by Supervisor Linda Smyth and Oakton HS Marketing Department

**South County Secondary School**  
Saturday, April 29  
11 am to 1 pm

Co-sponsored by Supervisor Dan Storck, South Fairfax Chamber of Commerce, South County Federation, and South County Secondary School

To register as an employer or student, or for more information, please visit [www.fairfaxcounty.gov/springfield/teenjobfair.htm](http://www.fairfaxcounty.gov/springfield/teenjobfair.htm)



The men's choir at the First Baptist Church of Vienna sings a praise during Sunday service.



Reverend Dr. Vernon C. Walton sits at his desk. He has been the pastor of the First Baptist Church of Vienna for three years.

PHOTOS BY COLIN STOECKER/THE CONNECTION

# Church as a Family

## The First Baptist Church of Vienna celebrates 150<sup>th</sup> birthday this year.

BY COLIN STOECKER  
THE CONNECTION

If you've ever heard a powerful sermon, it would be inside a sleepy church on the corner of Nutley and Orchard St. NW neighborhood in Vienna.

The sign reads "Welcome: Sunday School 9 a.m., Sunday Services, 7:45 10 a.m., Mid-week Worship Service, Bible Study, Dr. Vernon C. Walton."

However, what the sign doesn't say, is this church has a history of 150 years dating back to the Civil War.

It was founded as the oldest African American Baptist church in Vienna, Virginia in 1867.

Reverend Dr. Vernon C. Walton, 45, has been here for three years. But, his service is the combined legacy of the 17 ministers before him dating all the way back to the civil war.

"We have a longstanding history — 150 years — because of the faith and strength of our fore parents," he said.



214 Lawyer's Road is the original site of the First Baptist Church of Vienna, constructed by emancipated slaves after the Civil War with lumber from a Civil War barracks in 1876.

**THE REVEREND** has a Bachelor of Arts in sociology and criminal justice from Virginia Union University in Richmond, a Masters from New York Theological Seminary, and a Doctorate from United Theological Seminary of Dayton, Ohio.

According to the church's pastoral history, the First Baptist Church of Vienna began as a body of baptized believers after the Civil War. With no designated place to meet, a group of former slaves in Vienna held religious meetings in groves. Major O.E. Hine, a Union Army Veteran gave the emancipated group a plot of land to use for educational and religious purposes.

With the major's help, the group obtained permission from the Freeman's bureau, and acquired lumber from a Civil War barracks to construct the church on Lawyers Road in Vienna.

This was the church's original location at 214 Lawyers Road in an old whitewashed chapel, now home to the Knights of Columbus.

The first minister to this church was Cyrus Carter, who was in charge of the services for 13 years from 1867-1880.

Pastor Emeritus, Kenney Smith was the most recent pastor before Walton. He began in 1986.

However even with a rich history, this



Attendees stand during the Reverend Dr. Walton's sermon during Sunday service at the First Baptist Church of Vienna.

history of their own parish, how far they've come, and how they are looking forward to worship for years to come.

**BLACK HISTORY MONTH** festivities include an African American Historical Tour of Vienna, a Heritage Lecture series taking place each Wednesday of February at 7 p.m., and the Historically Black Colleges, Panhellenic and Heritage celebration, Sunday last weekend.

"The Heritage lecture series every Wednesday covers current topics like prison, mental health, and sex trafficking, issues that are impacting the communities that we are in," said Reverend Walton.

Even with such a long history, the church has evolved over the years. Now it houses a larger parking lot as Rev. Walton said many families used to walk. But now that old tradition has given way to people driving from further away to attend Sunday services. "At First Baptist we focus on head and heart worship. We have a great tradition in sacred music, gospel music, and the worship experience," said Rev. Walton.

church stays pertinent as a place of worship for so many families in the African American communities of Vienna and neighboring towns in northern Virginia.

Stacey Seay, 40, an administrative assistant at First Baptist grew up here. She was baptized at First Baptist in her youth.

"This building was smaller and has been renovated, we used to worship at Louise Archer, when it was undergoing construction," she said. The church for her has always been part of home, a family church, but for people who weren't blood relatives. There is a family feel. Black history month is especially important to members of this church in February, as they remember the

condition in sacred music, gospel music, and the worship experience," said Rev. Walton.

First Baptist also strives, in their mission statement and in person, to be a diverse church and welcoming congregation in the county. "We are mostly an African American church, but we welcome all types of people," said Walton.

"We are one big family," Seay said. "This church is loving and socially conscious, our history and culture and helping others outside of the church."

Services are at 7:45 and 10 a.m. Sunday mornings. And Wednesday service as part of the Heritage Lecture Series for Black History Month this February is at 7 p.m.



## Announcing Group Interviews for The Kensington Falls Church

Interview with Us at  
700 West Broad Street in Falls Church  
Thursdays from January 19-March 2 at 11am & 4pm  
Saturdays from January 21-March 4 at 11am

**H**ave you been searching for an organization with heart? Where you can make a difference in many lives? Where you can grow professionally and personally? Kensington Senior Living has been built upon two key values: a Love for Seniors and a Spirit to Serve. We are looking for individuals who share these values and would like to join our team in Falls Church, where we will love and care for our residents as we do our own families.

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Dining Coordinators	Drivers
Cooks	Laundry Attendants



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For immediate consideration or more details,  
email [FallsChurchCareers@KensingtonSL.com](mailto:FallsChurchCareers@KensingtonSL.com)  
or call 703-992-9868.

## FOOD

# Red Galanga Served 'Modern Asian' Cuisine

Vienna restaurant owners get three cheers.

### Where & When

Red Galanga, 144 Church St., NW, Vienna.  
Phone: 703-865-4996. Hours: lunch and dinner daily. [www.RedGalangaVienna.com](http://www.RedGalangaVienna.com).

BY ALEXANDRA GREELEY  
THE CONNECTION

A restaurant bombshell has struck the decorous town of Vienna, and its name is Red Galanga. For Asian foodies, the word “galanga” (or “galangal”) has instant recognition: a root cousin of ginger, used often in Southeast Asian recipes. Its pronounced yet slightly gingery flavor adds great cheer to a host of dishes, and may be grated, sliced, diced, ground, or even left whole and fried. So, one might wonder, how does something like this turn up as a restaurant name? Note: the owners also call it “modern Asian.”

The clever owners have assembled a setting to showcase the brilliant creations of its chefs, who have captured a diverse array of aromas and tastes in the menu that showcases both Japanese, Thai, (and at least one Singaporean dish) cuisines — but with a slightly modern twist. For example, Thai red duck curry is generally cubed duck meat in a coconut milk-rich curry. Here: it’s called “duck confit.”

The main problem is that so many dishes beckon, how to choose, you may wonder. As starters, you can’t go wrong with the Tom Yum crispy calamari, a pile of deep-fried calamari slices sweetened and heated with dabs of a Thai sweet-sticky sauce. The Asian tacos include spiced tuna, spiced salmon, or spiced chicken, wrapped up in crispy (almost too crunchy) fried corn tortillas.

Though crunchy, these tacos are an interesting kickoff to an Asian meal. And then, if you are really experimental, you can begin lunch or dinner with an order of fried frog legs that have been marinated in spices — a bit unusual for an Asian restaurant.

Choosing entrées can take you from a Japanese bento box filled with sushi and sashimi or with shrimp and vegetable tempura paired with salmon teriyaki, plus other options. But if your tastes take you to spicier eats, to Thailand, you cannot miss the Massaman beef curry, a Southern Thai specialty wrought here to perfection. You would agree if you have traveled to that part of Thailand, and chances are, that will become your go-to main course at this restaurant. On the other hand, a lunch entrée can be simpler and smaller, especially if your job calls for afternoon hours. In that case, one of the all-rice or all-noodle dishes are great choices: *nasi goreng* (Malaysian rice dish), shrimp pad Thai, and the very popular Drunken Noodles all rate thumbs up. But for tamer flavors, scan the Japanese parts of the menu with choices of sushi, sashimi, and Japanese noodle dishes.

Besides the seductive flavors, the colorful décor, and the roomy dining areas, Red Galanga excels with its courteous, prompt service, an element that may be lacking at other restaurants. So to the owners of this interesting and daring enterprise: three cheers!

### WEEK IN VIENNA

## Women’s History, Personal Take

The Vienna Area Branch of The American Association of University Women (AAUW) will host a free event on Tuesday, March 14, 2017, 7-9 p.m., at the Patrick Henry Library Meeting Room, 101 Maple Ave. East, Vienna. The public is welcome.

Women’s History Month: How can you capture and record your personal or family history? Learn several storytelling methods such as creating family cookbooks, quilts, and scrapbooks from the authors of “Memoir Your Way: Tell Your Story through Writing, Recipes, Quilts, Graphic Novels, and More.” Feel free to bring examples of women’s history to show. Adults and teens.

AAUW is the nation’s leading voice promoting equity and education for women and girls. Founded in 1881, AAUW members examine and take positions on the fundamental issues of the day — educational, social, economic, and political.

For more information, email [auwvienna@gmail.com](mailto:auwvienna@gmail.com).

### SCHOOL NOTES

Send school notes to [north@connectionnews.com](mailto:north@connectionnews.com) by noon on Friday.

Fairfax County Public Schools (FCPS) students from 21 high schools have been named semifinalists by the National Merit Scholarship Corporation (NMSC) for 2017. Semifinalists from Oakton High School include: **Evan Cao, Calvin Krist, Michael Lee, Lindsay Rosenblum, Kelly Sun, Liam White, and Alice Yang.**

**Isabelle Roddy**, of Vienna, made the fall 2016 dean’s list at Seton Hall University (South Orange, N.J.).

**Abigail Bonin**, of Vienna, made the fall 2016 dean’s list at Mary Baldwin University (Staunton, Va.).

**Deborah Jensen**, of Vienna, made the fall 2016 dean’s list at the University of the Sciences (Philadelphia, Pa.).

# NEWS

## Hunter Mill Community Summit to Be Held March 4

**O**n Saturday, March 4, the Hunter Mill District Community Summit will take place at the Frying Pan Farm Park Visitor Center, 2709 West Ox Road, Herndon.

The event, which starts at 8:30 a.m., and concludes at noon, is an opportunity to get an update on the County and Fairfax County Public School FY 2018 Budgets, as well as be an active participant in dialogue and discussions. Hunter Mill District Supervisor Cathy Hudgins will host the summit with presentations by Chairman Sharon Bulova, Vienna Mayor Laurie DiRocco, County Executive Ed Long, and Fairfax County Schools.

The highlight event will be the Prosperity, Equity, and One Fairfax Community presentation by Sookyung Oh, D.C. Area Director National Korean American Service & Education Consortium (NAKASEC). Oh's advocacy and coalition-building work sup-

ports health reform, early childhood education and welfare (Head Start, family child care), immigration reform, and policies related to taxes, budget, pension system, health care, and immigrant communities.

Subsequently, the community will be asked to participate in a Build-A-Budget exercise, based on budget information and speaker presentation. During the exercise, residents will identify funding priorities and allocations to address need of Fairfax County by electronic "vote," the results of which will be instantly shared.

In addition, the Department of Tax Administration staff will be available to provide one-on-one consultation to senior and disabled residents on tax relief opportunities during the Summit hours.


To RSVP or for questions regarding the meeting, contact the Hunter Mill District Office at 703-478-0283, or email to [RSVPHuntermill@fairfaxcounty.gov](mailto:RSVPHuntermill@fairfaxcounty.gov).

### FAITH NOTES

*Faith Notes are for announcements and events in the faith community. Send to [vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com). Deadline is Friday at noon.*


**Passages DivorceCare** If you are experiencing the pain of separation or divorce, the caring community at Vienna Presbyterian Church invites you to attend Passages DivorceCare. This program

offers a path toward healing. The next 15-week DivorceCare series will be held Tuesdays from 6:45 to 9 p.m. beginning on Feb. 21. Vienna Presbyterian Church is located on the corner of Maple Avenue (Rt. 123) and Park Street in Vienna. Cost to cover materials is \$20, scholarships available. For more information or to register call 703-938-9050, go to [www.viennapres.org](http://www.viennapres.org), or send an email to [Passages@ViennaPres.org](mailto:Passages@ViennaPres.org).



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 10:25 a.m. Sunday School Grades 3 to 6  
 Music 4 years to 2nd grade  
 11:15 a.m. Holy Eucharist, Rite II  
 5:00 p.m. Come Just as You Are Contemporary Service  
 Nursery care provided at 9:00 a.m. service  
 The Rev. John C. N. Hall, Rector  
 The Rev. Laura Cochran  
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# PET CONNECTION

## Wandering Dogs of Great Falls

Despite invisible and physical fences, Great Falls dogs seem to be very successful in their search for adventure beyond their yards. Research suggests that neuter-

ing dogs can slow down their interest in roaming, but that doesn't seem to have deterred our local canines. While this sample size is small and self-selected, it is a noticeably male group.



### Blaze Kelly

Age 4, Golden Retriever, Gender: Male, Breed: Golden Retriever, Roamer: Habitual. About a year ago, Blaze took off and made a friend a few streets over. Now he sneaks out weekly, cutting through several backyards to have a play date with his friend, Paisley.



### Garth Comet Paul

Age: 9, Gender: Male, Breed: Golden Retriever, Roamer: Opportunistic. Garth recently happened upon an open door and it was too much to resist. Owner, Amanda, believes that Garth's adventures included

stops at several of his favorite local haunts including; Great Dogs, to see Linda for a trim and a treat, Mookies for barbeque and a quick ice cream at The Creamery. By the time he returned home, he was ready for a long nap.



### Tucker Mansh

Age: 10, Gender: Male, Breed: Havanese. Roamer: Once habitual. At 10, Tucker has slowed down considerably. But in his youth, he was quite the Houdini. He proved able to escape any collar or harness and would routinely find his freedom during walks. In one quick motion, he'd dart down the street to greet whoever was coming toward him.



### Rosco Pierce

Age: 5, Gender: Male, Breed: Plott Hound Mix, Roamer: Opportunistic. Rosco may have been born blind, but there is nothing wrong with his sense of smell. He once wandered off when his guardian stopped during their walk to visit with a neighbor. After frantically searching the area to no avail, guardian, Suzanne, raced home to post on Nextdoor. There she found Rosco waiting patiently at the front door.

## To Protect Your Pet

If you are looking to protect your pet, making sure your dog has a collar with contact info is a no brainer and a microchip is not a bad idea. Having an Invisible Fence works for many, when it's turned on and dogs wear their collars. And physical fences are a great impediment to wandering, un-

less a distracted family member or workman leaves the gate open or there is a breach of opportunity to dig under it. A light for the collar is great, if turned on. And, when all else fails, posting on Nextdoor Great Falls has proven to help recover our local lost four-legged family members.

### Joan Brady

Joan Brady is a professional photographer; co-owner of Spirited Media, Inc.; award-winning columnist; mentor and advocate for current and former foster children; a volunteer with paws4people and others; and a resident of Great Falls. Reach her at joan@joanbradyphotography.com



### Paisley and Blaze.

PHOTO BY RITA BHASKER



### Nathan and Jackson Preston

Age: 8 and 4, respectively, Gender: Male, Breed: Newfoundland, Roamer: Habitual. One hot July day, when a workman left the gate open, Nate and Jack slipped out in search of a cool place to relax. A very startled neighbor found Nate paddling around the pool and Jackson sunning himself on the pool stairs. At first glance, he thought they were little black bears. Nate and Jack look forward to the return of the pool season.



### Simba Srivastava

Age: 4, Gender: Male, Breed: Maltese Poodle, Roamer: Opportunistic. Simba is curious about the neighborhood he sees from the window and will take any opportunity to exploit an open door. A little guy, he has also been known to find his freedom by sneaking through his fence.

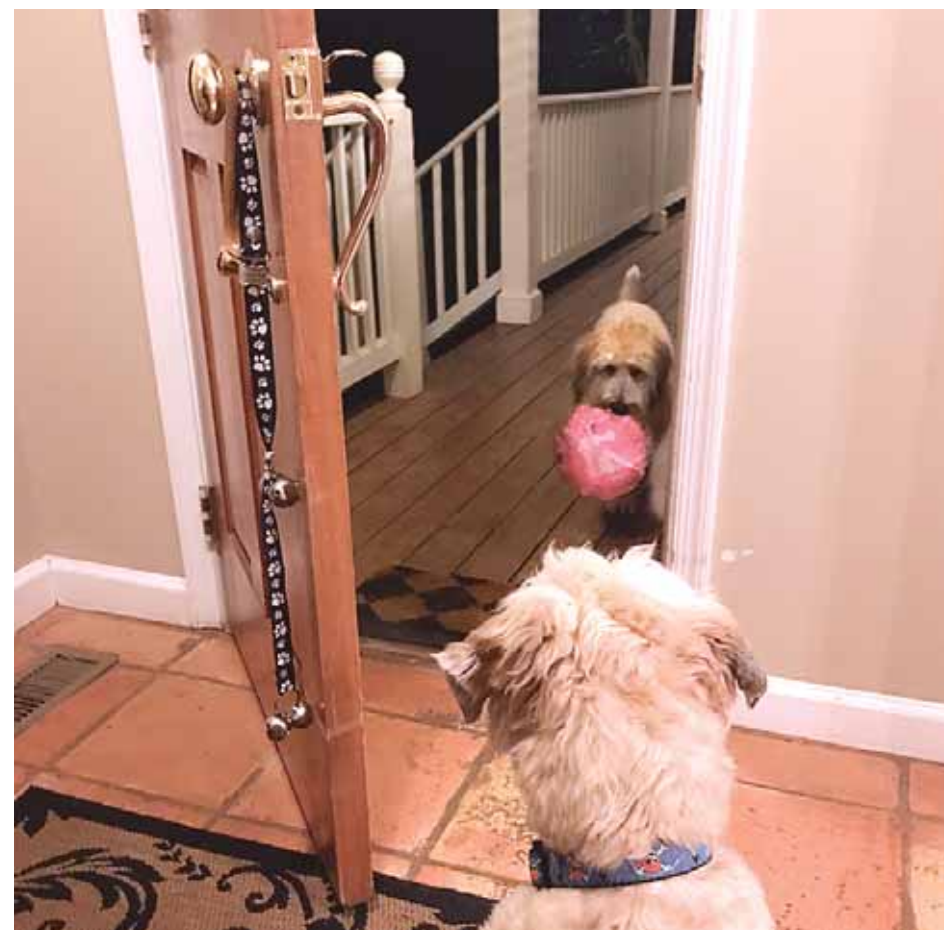
### Paco, Mariposa and Sean Traver

Age: 6, 6 and 5, respectively. Gender: Male, Female and Male. Breed: Papillon, Papillon and Miniature Schnauzer. Roamer: Opportunistic. This merry band works hard to make sure that the local wildlife knows that their yard is off limits. Occasionally a deer will taunt them into giving chase, but they are usually easily recovered. That is except the night that Sean snuck out through the accidentally-left-open garage. Owner, Steve, describes a treacherous chase as he followed the flashing blue light, fortunately on Sean's collar, into a gully and through the woods before Sean slowed down enough for capture.



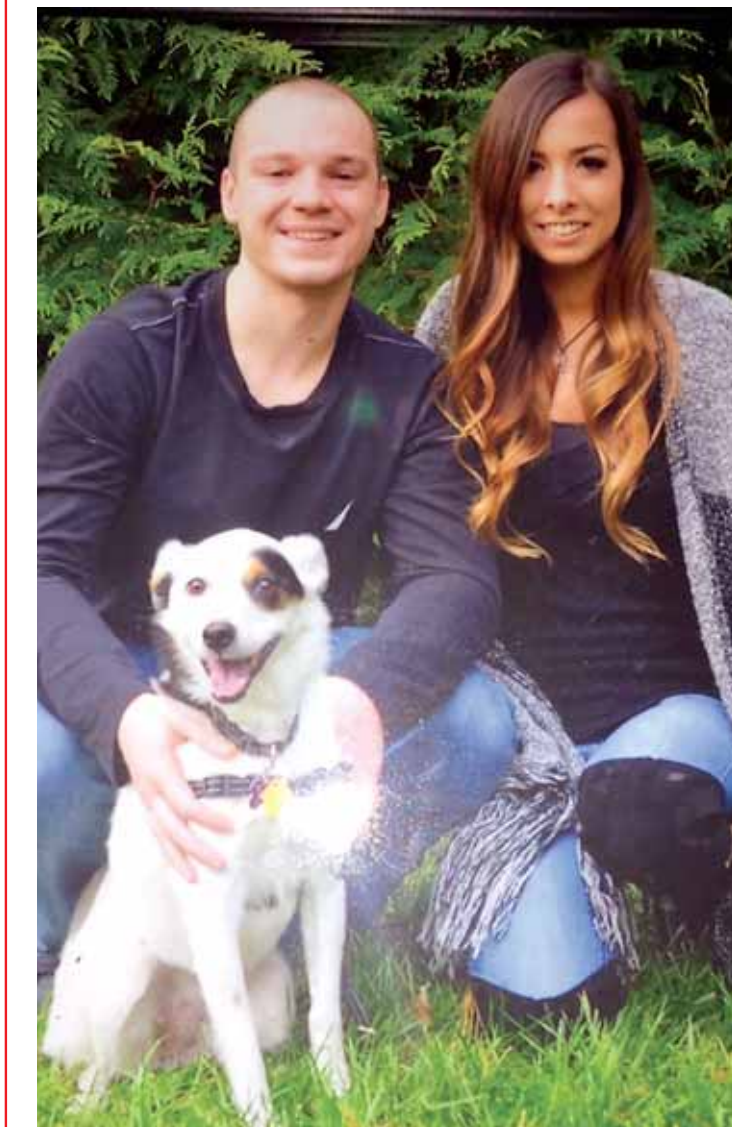
### Dukie Sahebzadah

Age: 2.5, Gender: Male, Breed: Native American Village Dog, Roamer: Opportunistic. When Dukie gets a scent of one of the wild animals in the woods behind his house and he is off and running. He may be gone for an hour or two, but makes sure he is home in time for dinner.



### Brooks and Lola

Age: 3 and 1, respectively, Gender: Male and Female, Breed: Wheaton Terrier, Roamer: Habitual. Brooks and Lola each have their own agenda. Lola likes to take advantage of a small hole in the fence, sneaking over to the neighbor's to steal dog toys from their yard. Brooks focuses on finding homes with other dogs, where he is most likely to find treats.



### Having Great Time with Cali

Joey Collins and Stephanie Gaibler of Great Falls with their dog Cali.

PHOTO BY JENNIFER APRILETON

# ENTERTAINMENT

Send entertainment announcements to [connectionnewspapers.com/Calendar/](http://connectionnewspapers.com/Calendar/). Deadline is Friday at noon for the following week's paper. Photos/artwork encouraged.

## ONGOING

**"Around the World" Arts.** Through March 6, various time at Vienna Arts Center, 115 Pleasant St., NW, Vienna. Members paintings. Free. Visit [www.ViennaArtsSociety.org](http://www.ViennaArtsSociety.org) or call 703-319-3971.

**The Golden Girls of Northern Virginia,** a senior women's softball league, is looking for players. Any woman over the age of 40 is encouraged to join. All skill levels are welcome. Play on Wednesday evenings and Saturday mornings in Vienna. Visit [www.goldengirls.org](http://www.goldengirls.org).

**The Freeman Store & Museum** Wednesday through Sunday noon-4 p.m. 131 Church St. NE, Vienna. The Freeman Store & Museum is dedicated to Preserving and promoting Vienna's heritage through the identification, preservation, and interpretation of history significant places, events, and persons. [Historicviennainc.org](http://Historicviennainc.org)

**Weekly Storytime.** Wednesday and Saturday. 11 a.m. Barnes & Noble, 7851 L Tysons Corner Center, McLean. Themes and titles vary. Free admission.

**Bingo Night.** Sundays. 4 p.m. Flame Room, Vienna Volunteer Fire Department, 400 Center St. S, Vienna. \$10. [www.vvfd.org/bingo.html](http://www.vvfd.org/bingo.html).

**Gentle Yoga.** Thursdays, 6:30 p.m. Emmaus United Church of Christ, 900 E Maple Ave. E., Vienna. Saturdays, 9:30 a.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton.

Gentle Kundalini Yoga, one free introductory session, senior discounts. Increase flexibility, improve breathing and health, reduce stress. Ravi Kaur has 15 years experience teaching yoga. \$15 per session. [www.edimprovement.org](http://www.edimprovement.org). 571-213-3192.

### Tai Chi Beginners' Practice.

Saturdays, 8-9 a.m. St. Luke's Catholic School Gymnasium, 7005 Georgetown Pike, McLean. Weekly Tai Chi practice. Group has met for over 20 years. Free. [FreeTaiChi.org](http://FreeTaiChi.org). 703-759-9141.

**Fishing Rod Rentals** 8700 Potomac Hills St., Great Falls. Rentals available during visitor center hours. Fishing tackle and live bait are available for purchase. Reservations required for group rentals. \$6/rental (2 hour max). Valid driver's license required. Rod/reel combinations are perfect for beginners and children. A Virginia or Maryland freshwater fishing license is required for those 16 years or older. The park does not sell fishing licenses. [www.fairfaxcounty.gov/parks/riverbend-park/](http://www.fairfaxcounty.gov/parks/riverbend-park/)

**Colvin Run Mill** open 11 - 4 p.m. daily, closed Tuesday. 10017 Colvin Run Road, Great Falls. Fairfax County's operational 19th century water powered gristmill, offers recreational and educational activities for all ages through daily tours, school programs and special events. Fees: \$7/adult, \$6 students 16+ with ID, \$5 children & seniors. January and February hours: 11 a.m.-4 p.m., last tour 3 p.m. Admission to park is free except for some special events.

### THROUGH FEB. 28

**FPA Television Series.** Various times

on Verizon FiOS TV and Cox Communications in Fairfax County, and by Comcast in Reston. The specials will air on FPA CHANNEL 10, FPA INTERNATIONAL CABLE 30, and FPA SPIRITUAL TV 36. Fairfax Public Access (FPA), will premiere a special series of new movies and documentaries throughout February, in recognition of Black History Month.

### FRIDAY/FEB. 24

**Unruly Theater Project.** 7-9 p.m. at the The Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. Professional teen improvisation company offers a night of comedy, and more. Free. Visit [www.mcleancenter.org/teens](http://www.mcleancenter.org/teens).

### FEB. 24-25

**Scrapbooking Weekend.** 6 p.m.-midnight at the Vienna Volunteer Fire Department Auxiliary, 400 Center St. S., Vienna. Snacks included, vendors on-site so you can purchase supplies or get expert advice. \$60. Contact Lisa Emerson at [lisaemerson3@verizon.net](mailto:lisaemerson3@verizon.net) or 703-981-4504.

### SATURDAY/FEB. 25

**Cars & Coffee.** 6-9 a.m. at Katie's Coffee House, Village Centre, 760 Walker Road, Great Falls. Antique, classic, and new cars are on display, share stories over morning coffee with car owners, neighbors, and friends Visit [katiecarsandcoffee.com/](http://katiecarsandcoffee.com/) for more.

**Meet Me in Paris.** 8 p.m. at The Alden in McLean, 1234 Ingleside Ave. The Hot Club of San Francisco's "Meet Me in Paris" brings an evening of gypsy



## 'Art Around the World'

**The Carpet Weaver, Turkey, by Patricia Deege is part of the "Art Around the World," exhibit at the Vienna Arts Society show running from through March 6 at 115 Pleasant St. NW in Vienna.**

jazz. \$35 for the general public; \$20 for McLean tax district residents. Visit [mcleancenter.org/alden-theatre](http://mcleancenter.org/alden-theatre) or call 703-790-9223 for more.

the Dolley Madison Library, 1244 Oak Ridge Ave., McLean. Stories and activities about Dr. Seuss's Birthday. Age 2-5 with adult. Free. Call 703-356-0770 for more.

### SUNDAY/FEB. 26

**Pasty Preview.** 11 a.m.-4 p.m. at Pure Pasty Company, 128 Church St. NW, Vienna. Pure Pasty will be competing in the World Pasty Championships in March. Come preview the six entries they will be taking along — 20 percent off, limit 2 per customer. Visit [www.purepasty.com](http://www.purepasty.com) for more.

**Grand George Washington Ball.** 1-4 p.m. at Great Falls Tavern Visitor Center 11710 MacArthur Blvd., Potomac, Md. The Chesapeake & Ohio Canal National Historical Park hosts Dr. Larry Keener Farley and his 19th-century dance ensemble for an afternoon of Civil War-era dance. Free but there is a fee to enter the park, currently \$10 per vehicle for a single visit, unless a passenger has an applicable park pass. Call 301-767-3714 or visit [www.nps.gov/choh](http://www.nps.gov/choh).

**Southern Avenue Concert.** 8 p.m. at Jammin Java, 227 Maple Ave E. \$12-\$20. [www.southernavenueband.com](http://www.southernavenueband.com).

### TUESDAY/FEB. 28

**Pancake Supper.** 6 p.m. at Redeemer Lutheran Church, 1545 Chain Bridge Road, McLean. Pancake dinner in support of Support Youth Mission Work. Visit [redeemermclean.org](http://redeemermclean.org).

### FRIDAY/MARCH 3

**Friday Fun Storytime.** 11:30 a.m. at

### SATURDAY/MARCH 4

**Wine Tasting River Bend Country Club** 7 - 10 p.m. There will be a delicious selection of Hors d'oeuvres, cheeses and fine wines and mingling with long-time and new Great Falls neighbors.

### TUESDAY/MARCH 7

**Lecture and Book Signing.** Noon at Trinity United Methodist Church, 1205 Dolley Madison Blvd., McLean. Sandra Grimes, former CIA officer who helped unmask Aldrich Ames and co-wrote 2012 book "Circle of Treason" on the subject. Free. Visit [www.mcleanwomansclub.org](http://www.mcleanwomansclub.org). or call 703-556-0197.

**Mobile Tech Tuesday.** 2 p.m. at the Dolley Madison Library, 1244 Oak Ridge Ave. McLean. Bring a smart phone or tablet and learn about basic mobile device functions, or move beyond the basics.

### THURSDAY/MARCH 9

**LEGO Club (S.T.E.A.M.).** 4:30 p.m. at Great Falls Library, 9830 Georgetown Pike, Great Falls. Have fun, use the imagination and keep the engineering and problem-solving skills flowing with lots of LEGO® bricks. Age 5-12. Free. Call 703-757-8560 for more.

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Training sessions are normally held three (3x) a week in the greater Annandale area.

# SCHOOLS



PHOTOS BY FRANCESCA BRANSON

Students present a check to a representative of the Children's National Health System.

## Giving Back at Madison High

As part of their year-long “Warhawks Give Back” campaign, Madison High School hosted a Snow Ball in February to raise money for the Children's National Health System. The Snow Ball was the culminating event of a week-long spirit week. Throughout the week, the SGA sold white t-shirts for Friday's white-out, where members of the school wore white to raise awareness for childhood cancer — 100 percent of the proceeds from the shirt sales and dance ticket sales went to the fundraising campaign.

At a pep rally on Friday afternoon, Ms. Westenhofer spoke to the entire student body and shared the story

of her son, Owen, who battled childhood cancer. As she addressed the students, she emphasized the importance of the fundraising work the school had done all week and thanked them for the financial contribution.

After her presentation, the school presented the Children's National Health System with a check for \$3,580, representing the funds raised at that point in the campaign. In the final 24 hours of the campaign, with the proceeds from the dance tickets and individual donations, the total amount raised was over \$5,500.

— FRANCESCA BRANSON

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Members of the SGA advertise an account where individual donations can be made to support the campaign.



Members of the Madison Drum Line perform at the pep rally.



Students show off the white t-shirt they bought to support the event.

# HIGH SCHOOL STUDENTS

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To serve on the Board, submit a **Petition signed by at least 10 teens** living in the MCC District **and** in your high school boundary area – Langley or McLean – regardless of where they go to school.

**Key Dates:**  
 January 23: Petition Packets available at MCC.  
 March 17: Completed Petitions due at MCC.  
 April 10: Orientation for Board Candidates.  
 May 7: Meet the Candidates Reception – sponsored by the Friends of MCC.  
 April 10–May 17: Absentee Voting.  
 May 20: Voting on McLean Day.

For more detailed information, go to:  
[www.mcleancenter.org/about/candidates](http://www.mcleancenter.org/about/candidates)



# A Date With Destiny



By KENNETH B. LOURIE

I suppose, given that Feb. 27, 2017 is the eight-year anniversary of my original non-small cell lung cancer, stage IV diagnosis, followed up almost immediately with my "13 month to two-year" prognosis, I should make mention of it. Not that I need any reminding, but perhaps you regular readers who don't exactly know my history, might be curious as to how long I've been droning on about cancer. Strictly speaking, it was June 2009 when my first cancer-type (it was the diagnostic process, actually) column was published: "Dying to Find Out, Sort Of." And I've been self-indulging myself ever since save for the odd occasion when my mind wanders elsewhere and I'm able to write outside the cancer bubble.

Which is probably a good thing, as is venting every week about the good, bad and the ugly, concerning my having cancer and learning how to live with it. Not that the content is particularly informative, factually, but it is an honest description of the anxieties and fears a patient experiences. Occasionally, I will include a few facts, but as a sports- and chocolate-person, medicine/science and my knowledge and understanding, and ability to explain them are mutually exclusive at best and an oxymoron at worst, with yours truly being the moron. What kind of moron you ask? As Curly Howard of The Three Stooges answered in a long-ago "two-reeler." "Why? Are there more than one kind?"

Nonetheless, in spite of myself, life has gone on as I'm proud and extremely fortunate to say. As to where I am in the cancer-survivor scheme of things? Somewhere between slim and none. When I was first diagnosed, my oncologist said the survival rate for similarly staged patients (stage IV) after five years was in the low single digits (as in 1 to 2 percent). When my wife, Dina, asked him why aren't there any parades for lung cancer survivors (as is so often the case with breast cancer survivors), he answered quite succinctly: "Because there aren't any," (survivors, that is). I appreciated his honesty and told him so. I was clueless however, as to what my immediate future would really be like. I would know soon enough as it was recommended that I start chemotherapy as soon as possible. I remember my brother, Richard, asking the oncologist what would he do if it was his brother diagnosed with lung cancer; his answer was to begin infusions without delay and so a week later, we began.

And so here I am, nearly eight years later, still minding my own business and sharing it with you all every week. My infusions now occur every five weeks, CT Scans every three months. My face-to-face appointments with my oncologist occur quarterly as well, a week or so after the scan to discuss the results. So far, mostly so good. Oh sure, I've had my moments (tumor growth, fluid build-up in both lungs followed by a week-long stay in the hospital, ongoing kidney concerns, no surgery though), but for the most part, I've been incredibly lucky (my oncologist calls me his "third miracle").

As to what I'm doing to help myself and hurt the cancer? Not nothing. In addition to the standard fare offered by my oncologist, I have supplemented my treatment with a variety of non-Western alternatives, many of which I've mentioned in previous columns. Are they working? They're not hurting, I can tell you that. Could I do more? Probably. Should I do more? Absolutely! Am I doing more or less than I used to? Less, I'm afraid. But as Popeye the Sailor Man said so often: "I 'yam what I 'yam." And come Monday, Feb. 27, 2017, I'll have "yamed" myself into an eight-year lung cancer survivor. Do I hear nine? Hopefully, I hear a lot more than that. From my pen to God's ears.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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- Ralph Waldo Emerson

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AT&T Mobility, LLC is proposing to modify existing wireless telecommunications antennas on a building located at 4020 North Washington Blvd., Arlington, VA 22201. The modification will consist of replacing 3 panel antennas and adding 6 RRH antennas with a 62-foot centerline height on a 65 foot building. Any interested party wishing to submit comments regarding the potential effects the proposed facility may have on any historic property may do so by sending such comments to: Project 6117000506-TC c/o EBI Consulting, 6876 Susquehanna Trail S., York, PA 17403, or via telephone at 339-234-2597.

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## COMMUNITY

**Chris Boullire welcomes fundraisers from around the area to the Wall of Hope reception, handing out awards for fundraising "champions."**



PHOTO BY EDEN BROWN/THE CONNECTION

# A Record Year

**Alzheimer's Association of the National Capital Region honors its supporters.**

BY EDEN BROWN  
THE CONNECTION

Megan Newman told her story at the Alzheimer's Association "Wall of Hope" reception at Tyson's Corner on Feb. 9. She was only 18, a senior in high school, when her mother started to ask the same question more than once. They both attributed it to stress. They laughed about it. A few months later, it became clear to Meghan that what was wrong with her mother was more than stress. She convinced her to see a doctor, but it took many tests and many neurologists later before she was diagnosed with Alzheimer's.

It came at a difficult time for Megan, as she was headed off to college. She was supposed to be at the "best years of your life" stage. She laughs about it now, but switching roles with her parent at that point in her life was anything but funny. When she went to college, her mother went with her. When she moved off campus, she moved with her mother. The long days of caregiving, studying and managing the lives of two people took a toll on Megan. Her mother didn't really appreciate being told she had to brush her teeth or that she wasn't going to be able to drive her car any longer. Alzheimer's patients don't always exhibit a good-natured response to having children tell them what to do. Megan wasn't always patient and forbearing. And that bothered her. When it became time for her to hold down a job, Megan couldn't manage both

tasks anymore. That is why she was so grateful to find the Alzheimer's Association, and why she will always give back to this organization: they helped her manage her mother and supported her, she said. The reception on Feb. 9 recognized event participants and supporters who distinguished themselves through leadership and exemplary fundraising during the year. Supporters were able to see the unveiling of new plaques on the Wall of Hope, which honors those who suffered from the disease and their friends and family who gave in their name. Attendees at the event made up 2 percent of the fundraisers and sponsors who raised over 45 percent of total funds from events. In 2016, 7,700 participants raised a record \$1.78 million. And they had a good time doing it. Chris Boullire, the CEO of the National Capital Area Alzheimer's Association chapter, honored the 29 cyclists who created the "Ride to Remember," riding 100 miles and raising more than \$20,000; the 260 Longest Day participants who raised over \$118,000 participating in creative activities; the "Blondes v. Brunettes" (a flag football game for women,) which had 80 participants and raised over \$85,173; and the biggest event for 2016 in this area: the Walk to End Alzheimer's had 7,300 participants at seven walks throughout the region who raised \$1.53 million.

The Alzheimer's Association in the area is always looking for additional Walk volunteers and teams for 2017. Interested people can visit [www.alznc.org/walk](http://www.alznc.org/walk).

**Megan Newman told the story of being a senior in high school when her mother was diagnosed.**



## Budget Season in Fairfax County

Attend a town hall meeting and express your priorities.

Alexandria and Arlington each have a meals tax, both enacted without a referendum because as urban forms of government in Virginia, their local elected bodies were authorized to enact the tax legislatively.

Fairfax County Board of Supervisors had to put the meals tax on the ballot for voters to decide, and after a heated campaign, the tax was voted down decisively.

Elections have consequences, a fact being affirmed on every level right now.

In Fairfax County, this means a more difficult budget process going forward than might otherwise have been the case. The vast majority of Fairfax County's \$3.99 billion budget is financed by property taxes, and the proposed budget is based on no property tax increase.

The meals tax would have provided about \$80 million for the schools; the current budget falls \$61 million short of the FCPS request.

While County Executive Ed Long has said there can be no new programs in the budget defined by no tax increase, we all know that some things could be cut to make room for new, needed programs. Long will conduct an online chat answer budget questions on Friday, Feb. 24, at 3 p.m. Submit questions here: [www.fairfaxcounty.gov/AskFairfax/mobile/ActiveDiscussion.aspx?roomid=131](http://www.fairfaxcounty.gov/AskFairfax/mobile/ActiveDiscussion.aspx?roomid=131)

The county will hold a series of budget town hall meetings which will include a presentation, time for questions and feedback.

The Connection welcomes letters for publication on the budget, send to [editors@connectionnewspapers.com](mailto:editors@connectionnewspapers.com)

### FAIRFAX COUNTY BUDGET

#### TOWN HALL MEETINGS

Tuesday, Feb. 21 - 7:30 p.m., Great Falls Citizens Association, Great Falls Library - 9830 Georgetown Pike, Great Falls

Saturday, March 4 - 9 a.m., Hunter Mill District Community Meeting, Frying Pan Park, Visitors Center - 2739 West Ox Road, Herndon

Wednesday, March 8 - 7 p.m., Providence Community Budget Meeting, Providence Community Center - 3001 Vaden Drive, Fairfax - First Floor Multi-Purpose Rooms

Wednesday, March 8 - 7 p.m., Sully District Budget

Town Hall Meeting, Rocky Run Middle School - 4400 Stringfellow Road, Chantilly

Thursday, March 9 - 7 p.m., Mason District Budget Town Hall Meeting, Mason District Government Center, 6507 Columbia Pike, Annandale - Main Community Room

Thursday, March 16 - 7:30 p.m., McLean Budget Public Meeting, McLean Community Center - 1234 Ingleside Avenue, McLean.

Monday, March 20 - 7 p.m., Springfield District Budget Town Hall Meeting, West Springfield Government Center - 6140 Rolling Road, Springfield - Community Room

Wednesday, March 22 - 7 p.m., Lee District Budget Town Hall Meeting, Franconia Governmental Center - 6121 Franconia Road, Alexandria

Monday, March 27 - 7:30 p.m., Braddock District Budget Town Hall Meeting, Robinson Secondary School - Recital Hall - 5035 Sideburn Road, Fairfax.

### Correction

Last week's editorial implied that in November 2017, the Virginia Senate will be on the ballot. The 40 seats in the Virginia Senate will next be on the ballot in November 2019. All 100 seats in the House of Delegates are on the ballot this November, 2017, along with Governor, Lieutenant Governor and Attorney General.

— MARY KIMM

[MKIMM@CONNECTIONNEWSPAPERS.COM](mailto:MKIMM@CONNECTIONNEWSPAPERS.COM)

### BULLETIN BOARD

To have community events listed in the Connection, visit [connectionnewspapers.com/Calendar/](http://connectionnewspapers.com/Calendar/). The deadline for submissions is noon on Friday.

#### SATURDAY/FEB. 25

**Community Tax Assistance Day.** Deloitte presents its 10th annual Community Tax Assistance Day or Volunteer Income Tax Assistance Day (VITA) to serve qualified individuals and families. Deloitte employee/volunteers will assist families with 2016 Federal and state tax returns for households with a total income of \$54,000 or less. Translations services in Spanish, Korean and Vietnamese will be provided. In addition, American Sign Language interpreters will be available. Location is Fairfax SkillsSource Center, Heritage Center, 7611 Little River Turnpike, Annandale. Appointments are recommended: e-mail [taxday@volunteerfairfax.org](mailto:taxday@volunteerfairfax.org) or call 703-246-3896. Walk ins are welcome. Visit [www.nvacash.org](http://www.nvacash.org). On tax preparation day, clients should bring all pertinent documentation. For a complete list, visit [www.volunteerfairfax.org](http://www.volunteerfairfax.org).

#### SUNDAY/FEB. 26

**Jazz Sunday.** The 9 and 11:15 a.m. services at St. John's Church, 6715 Georgetown Pike, McLean. Visit [www.stjohnsmclean.org](http://www.stjohnsmclean.org) or call 703-356-4902 for more.

**Guest Preacher.** 10:15 a.m. at Church of the Good Shepherd, 2351 Hunter Mill Road. Rev. Jay M. Hanke will be the guest preacher. Visit [www.GoodShepherdVA.com](http://www.GoodShepherdVA.com) for more.

#### MONDAY/FEB. 27

**Town Council Meeting.** 8-10:30 p.m. at Town Hall, 127 Center St. S. Individuals are invited to attend and provide their input. Go to [www.viennava.gov](http://www.viennava.gov) for more.

#### THURSDAY/MARCH 2

**Caregivers' Support Group.** 10-11:30 a.m. at Unitarian Universalist

Congregation of Fairfax (UUCF) - Program Building, 2709 Hunter Mill Road, Oakton. Contact Jack Tarr at 703-821-6838 or [jtarr5@verizon.net](mailto:jtarr5@verizon.net).

#### TUESDAY/MARCH 7

**Application Deadline.** The U.S. Small Business Administration is reminding businesses in Virginia that working capital loans are still available to small businesses, small agricultural cooperatives, small businesses engaged in aquaculture and private nonprofit organizations affected by the severe storms and tornadoes on Feb. 24, 2016. Deadline to file is March 7, 2017. <https://disasterloan.sba.gov/ela>. Visit [www.sba.gov/disaster](http://www.sba.gov/disaster) or email [disastercustomerservice@sba.gov](mailto:disastercustomerservice@sba.gov).

#### THURSDAY/MARCH 16

**Caregivers' Support Group.** 10-11:30 a.m. at Unitarian Universalist Congregation of Fairfax (UUCF) - Program Building, 2709 Hunter Mill Road, Oakton. Contact Jack Tarr at 703-821-6838 or [jtarr5@verizon.net](mailto:jtarr5@verizon.net).

#### VOLUNTEERS NEEDED

**Shepherd's Center of McLean-Arlington-Falls Church,** 1205 Dolley Madison Blvd., McLean continues to have an urgent need for new volunteers to help area senior citizens get to and from their medical and therapy appointments. To find out more about the Shepherd's Center and how you can volunteer to provide transportation and other services, call the Center at 703-506-2199 or e-mail the Center at [info@scmafc.org](mailto:info@scmafc.org). The Center's website is [www.scmafc.org](http://www.scmafc.org)

#### THURSDAY-SATURDAY/MARCH 2-4

**Friends of the Tysons-Pimmit Regional Library Quarterly Book Sale.** Books and media for all interests and ages, Thursday, 11 a.m. - 5 p.m.; Friday, 11 a.m. - 3 p.m. Adult bag sale \$10/bag; Saturday, 10 a.m. - 2 p.m. Kids Bag Sale \$10/bag. 7700 Leesburg Pike Falls Church. [TysonsLibraryFriends@gmail.com](mailto:TysonsLibraryFriends@gmail.com); 703-338-3307.

EDITORIAL

### 2017 Schedule

❖ Saturday, March 18, 10 a.m. to 12 noon, Chantilly High School

Co-sponsored by Supervisor Kathy Smith, Chantilly HS STEM Academy, and Dulles Regional Chamber of Commerce

❖ Saturday, March 18, 1 to 3 p.m., Oakton High School

Co-sponsored by Supervisor Linda Smyth and Oakton HS Marketing Department

❖ Saturday, April 1, 12 to 2 p.m., West Springfield High School

Co-sponsored by West Springfield HS Student Government Association and Greater Springfield Chamber of Commerce

❖ Saturday, April 29, 11 a.m. to 1 p.m., South County Secondary School Co-sponsored by Supervisor Dan Storck, South Fairfax Chamber of Commerce, South County Federation, and South County Secondary School

## Job Fairs Match Teens, Employees

Supervisor Pat Herrity's (R-Springfield) office, along with a variety of business and community organizations, hosted two teen job fairs and resume building workshops last year. These events focused on students and younger job seekers looking for a variety of employment opportunities; full time, after-school, seasonal positions, internship opportunities, and volunteer positions. These two job fairs provided hundreds of teenagers the opportunity to get in front of employers and for employers to find talented Fairfax County students to fill their positions. More than 600 students and more than 70 employers attended both events combined.

This year, Herrity is teaming up with the Supervisors Kathy Smith (D-Sully District), Linda Smyth (D-Providence), and Daniel Storck (D-Mount Vernon) to bring our community four Fairfax County Teen Job Fairs and Resume Building Workshops. It is open to all teens in Fairfax County looking for employment or tips to build their resume. Free booth space will be provided to any business or organization to advertise

their available positions. Both teenagers and businesses/organizations may register to attend by visiting <http://www.fairfaxcounty.gov/springfield/teenjobfair.htm>

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by Local Media Connection LLC

1606 King Street  
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to [connectionnewspapers.com/subscribe](http://connectionnewspapers.com/subscribe)

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