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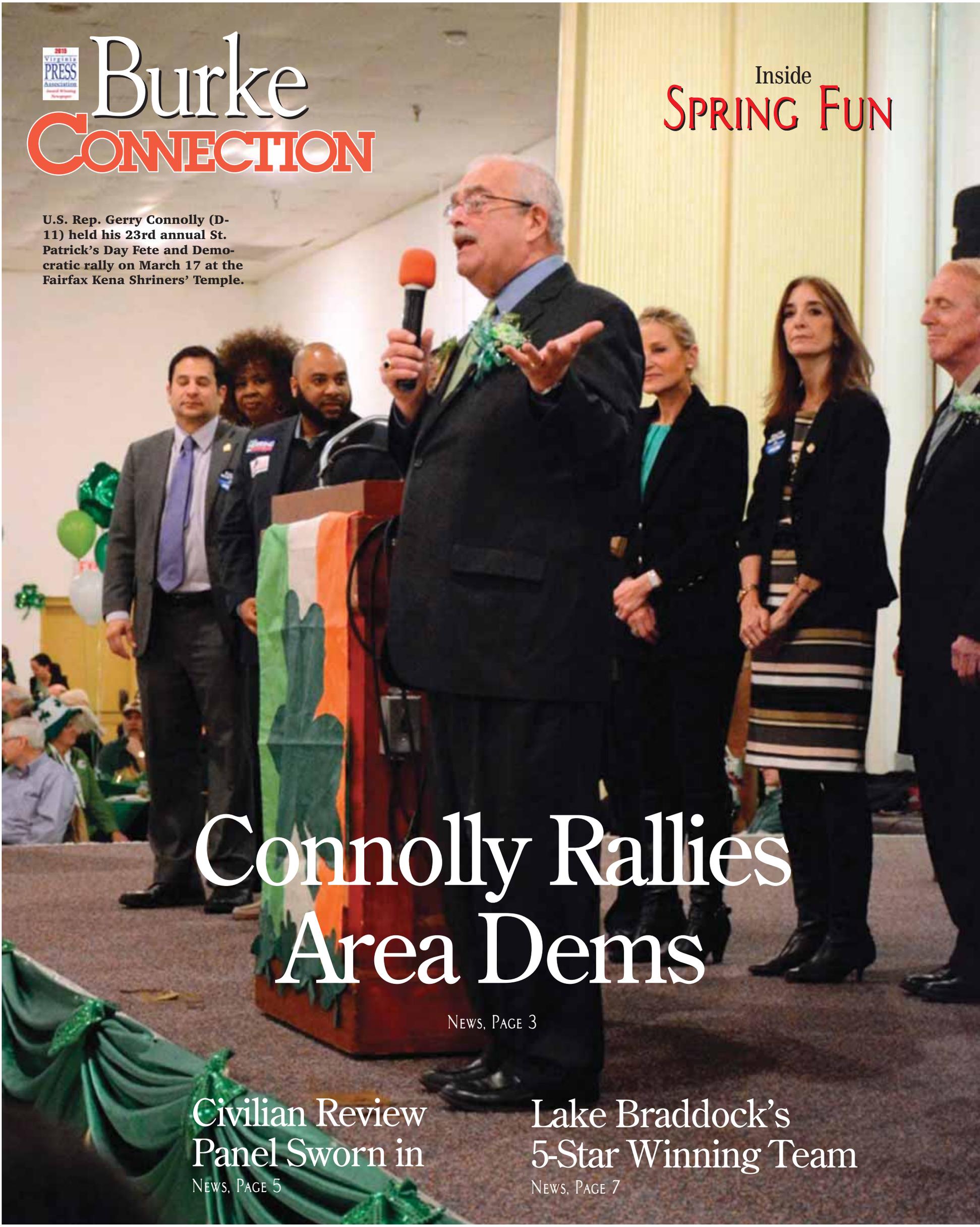
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PHOTO BY TIM PETERSON/THE CONNECTION

Burke CONNECTION

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SPRING FUN

U.S. Rep. Gerry Connolly (D-11) held his 23rd annual St. Patrick's Day Fete and Democratic rally on March 17 at the Fairfax Kena Shriners' Temple.



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MARCH 23-29, 2017

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Burke/Lake Braddock \$499,950
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Burke \$599,950
Multiple Offers Received
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PEOPLE



PHOTOS CONTRIBUTED

Rohil and Samik Bhinge pictured as National Champions for their grades divisions at the US Geography Olympiad held in Chicago in June 2016.

Brothers Compete Against Each Other at State Level

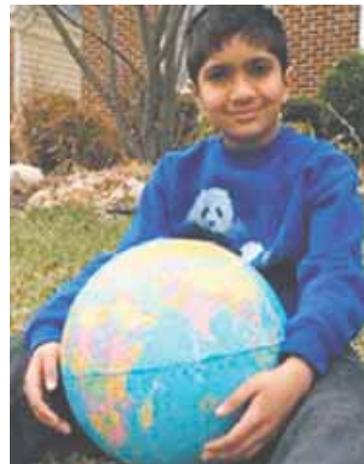
Two brothers, two years apart, from two different schools, are competing for the one spot at the State National Geographic competition on March 31 at Longwood University about three hours south of D.C. The National Geographic Bee is an annual competition organized by the National Geographic Society, designed to inspire and reward students' curiosity about the world. Students fourth through eighth grade from 10,000 schools across the United States are competing in the 2017 National Geographic Bee for a chance to win college scholarships and the glory of being the National Champion.

After winning the school Bee, Rohil Bhinge (Grade 8, Frost Middle School) and Samik Bhinge (Grade 6, Mosby Woods Elementary School) took a one-hour online qualifier to represent their schools at the 2017 National Geographic State competition. On

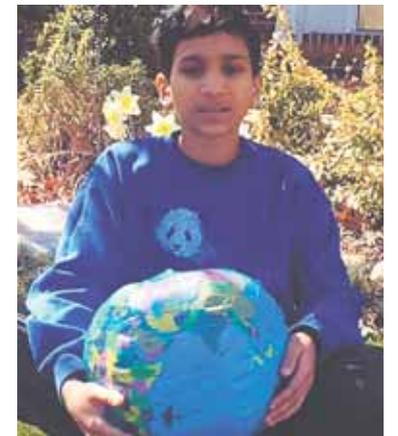
March 31, 100 school level winners will compete for the Virginia State champion. Similar competitions will be held simultaneously in all 50 states. All 50 state champions will compete for the National Geographic Bee Champion from May 15-17 in Washington D.C. for a total prize money of \$85,000.

Rohil has shown an interest in geography since he was two years of age, reading the atlas and working on United States puzzles and his brother Samik followed along. Both brothers are also the current National Champions of the US Geography Olympiad, an annual Jeopardy format competition.

Apart from geography both brothers are part of the FPYC track and field and cross-country team and have competed in the Junior Olympics. They both organized yearly fun runs for last five years to raise money for different social causes.



Rohil Bhinge three years back when he represented Mosby Woods.



Samik Bhinge is posing in the same manner after he won Mosby Woods competition this year.

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Democrats from around northern Virginia packed the Kena Shriners' Temple in Fairfax for U.S. Rep. Gerry Connolly's (D-11) 23rd annual St. Patrick's Day Fete.



PHOTOS BY TIM PETERSON/THE CONNECTION

From left, Mary Agee of Fairfax, Supervisor Kathy Hudgins (D-Hunter Mill) and Joe Fay of Fairfax, who recently became executive director of the poverty-aid non-profit organization FACETS.

Connolly's 23rd St. Patrick's Day Fete Rallies Dems Against Trump

Northam, Fairfax winners in straw poll.

BY TIM PETERSON
THE CONNECTION

Anti-President Trump sentiment was strong among Democrats who packed the ballroom of Kena Shriners' Temple in Fairfax for U.S. Rep. Gerry Connolly's (D-11) 23rd annual St. Patrick's Day Fete on Friday, March 17.

Connolly began hosting a St. Patrick's Day event in 1995, when he was first elected to the Fairfax County Board of Supervisors. What began as a minor social affair at his home has grown into one of the largest gatherings of Democrats in the Commonwealth.

Walter Carlson of Mantua originally knew Connolly as a neighbor, and has been attending the Fetes since they were in Connolly's home.

"They're good for the party, for morale, to build up the team and talk to leaders," said Carlson, who particularly enjoys the baked salmon and corned beef served at the event.

Carlson said this year was as well-attended as he's seen at a Connolly Fete.

"Even more important in this political climate — this crowd, it's because of Trump."

The anti-Trump rhetoric was running hot, after the President announced in the past week a revised version of an executive order banning travel from several majority-Muslim countries and the refugee program, as well as proposed a budget that would make significant cuts to federal programs including the Environmental Protection Agency and State Department while increasing funding to U.S. defense and nuclear programs by \$54 billion.

Lt. Governor Ralph Northam, campaigning to replace Gov. Terry McAuliffe, called Trump a "narcissistic maniac," who they needed to keep "on the other side of the Potomac River."



U.S. Rep. Gerry Connolly (D-11) held his 23rd annual St. Patrick's Day Fete and Democratic rally on March 17 at the Fairfax Kena Shriners' Temple.



Kevin Hickerson (left), president of the Fairfax Education Association, and Jessica Bowser (right) of Kingstowne, vice chair of Lee District Dems, show their St. Patrick's Day spirit at U.S. Rep. Gerry Connolly's (D-11) St. Patrick's Day Fete.



Fairfax County Board of Supervisors chairman Sharon Bulova (center) introduced local elected officials behind her — supervisors, delegates and senators, past and present — as "your team."

Running to replace Northam as lieutenant governor, Justin Fairfax said after just 60 days in office, "Trump is the worst President we've had in history."

Connolly, acting as master of ceremonies between candidates' speeches, joked, "Boy, did you just make James Buchanan's night."

Norham and Fairfax were winners in the evening's straw polls for their respective hopeful offices, the former soundly beating Tom Perriello and the latter winning the majority of attendee votes over Susan Platt and Gene Rossi.

Fairfax was among the attorneys who volunteered to provide legal services to people being detained at Dulles Airport immediately following Trump's first executive order banning travel with seven majority-Muslim countries. He said the work was among his proudest moments.

"He doesn't know what he's touched off," Fairfax said. "The rebirth of activism ... we will resist, fight for each other."

Getting in the final words for the evening, Connolly referenced the Women's March on Washington following Trump's inauguration. He said it should not be a "one-day feel-good event."

The politicians conveyed messages of resistance and persistence.

State Sen. Dave Marsden (D-37) said the full house was reminiscent of town hall meetings he attended during the recently concluded Virginia General Assembly session.

"People are coming up to me like electrical plugs," he said, asking "where can you plug me in?"

More and more people want to do something, in what he called the "desperate situation the country is in," in fear of the President's "unstable behavior."

Marsden said he is still hoping for Trump to do well: "He's my President. Bull all signs point to him not being prepared to do this job."

The Virginia primaries will be held June 13. The deadline to register to vote or update an existing registration is May 22.



PHOTOS BY TIM PETERSON/THE CONNECTION

Director of Systems Transformation Laura Yager (left) gives an overview and summary of first year successes of the Diversion First program for diverting individuals with mental health or other special needs away from incarceration and into appropriate treatment.



Panelists speaking to the Board of Supervisors Public Safety Committee about the Diversion First program included (from left, after Providence District Supervisor Linda Smyth) FCPD CIT coordinator Lt. Ryan Morgan, Fairfax-Falls Church Community Services Board deputy director Daryl Washington, Fairfax County Juvenile and Domestic Relations Court Chief Judge Thomas Sotelo, Fairfax County General District Court Chief Judge Michael Cassidy, and Director of Systems Transformation Laura Yager.

Community Policing, Not Sanctuary, in Fairfax County

Resurgent gang activity also discussed at Public Safety Committee.

BY TIM PETERSON
THE CONNECTION

Fairfax County is not a sanctuary, but police officers aren't picking up anyone in the country illegally on behalf of Immigration and Customs Enforcement. That was a primary message from Fairfax County Police Department Chief Edwin Roessler to the Board of Supervisors Public Safety Committee on March 21 with regards to ICE activity in the county.

Committee chair Supervisor John Cook (R-Braddock) said the regional director for ICE was invited to attend and speak at the meeting, but declined.

Roessler spoke to the level of involvement his department has with ICE, mainly to say that officers do not participate in ICE administrative raids.

Once a prisoner — any prisoner — is handed off to the Sheriff's Office for processing, they're fingerprinted and checked into a national database, Roessler said. ICE has access to the prisoner database and it's up to them to respond to the Sheriff's Office for a detainer.

Roessler said that with regards to ICE raids taking place in Fairfax County, the expectation is that ICE gives FCPD some awareness of activity taking place in certain areas. ICE agents may not be dressed as law enforcement officers, Roessler said, and he wants to prevent situations where residents might see ICE conducting a raid and call police. "ICE knows that well," Roessler said.

Chairman Sharon Bulova said in the interests of community policing, it's important to maintain a separation between the administrative work of ICE and the work of FCPD.

The "trust of the community," Bulova said, is important for people to "report crime, ask for help."

That being said, Cook said Fairfax is "not a sanctuary county," that FCPD will comply with and enforce federal law.

Deputy County Executive Dave Rohrer reiterated that anyone who is arrested in Fairfax County "will be treated the same," but that the jurisdiction is "not a sanctuary ... in our mind ... in any way."

Supervisor Pat Herrity asked if Roessler was aware of increased ICE activity over the last several months — coinciding with executive action by President Donald Trump calling for increased immigration enforcement.

Roessler said he hadn't been handed any data that showed ICE has been more active in Fairfax County. However both men agreed there is perception and fear in the community of increased ICE presence.

Roessler said he's received many emails from concerned residents, and that the department is out in the community trying to reassure people, "We want to protect you, not deport you."

THERE HAVE BEEN SEVEN gang-related homicides around northern Virginia since the fall of 2016, one in Fairfax County, Roessler. Remains of a 15-year-old Gaithersburg, Md. girl were found in the 7100 block of Wimsatt Road in Springfield on Feb. 11. Ten arrests were made in that case.

The chief said there were no gang-related homicides in the county last year, and two in 2015.

Roessler and Jay Lanham, director of the Northern Virginia Regional Gang Task Force, said they are seeing increased gang



Commonwealth's Attorney Ray Morrogh speaks to the Public Safety Committee on March 21. He said he's "fine" with an administrative investigation being conducted simultaneously with a criminal one, but that there are some concerns and those involved must "tread carefully."

activity across the region.

The resurgence includes heavy recruitment in schools, as well as an uptick in gun, drug and sex trafficking, they said.

When asked by the supervisors if his department had everything they need to combat the problem, Roessler replied in the affirmative, but said "we need help from community members and parents."

Lanham said that while gang communication and activity used to be primarily observed through graffiti, the expansive use of social media for gang communication and



From left, FCPD CIT coordinator Lt. Ryan Morgan, Fairfax-Falls Church Community Services Board deputy director Daryl Washington.

recruitment has made it much more difficult to keep up.

Supervisor Penny Gross (D-Mason) said that while the supervisors created a gang unit in 1998 and it "worked well for a long time," the work being done has become "lackadaisical" and law enforcement needs to step up again.

Gross advertised a town meeting in Mason District to further discuss gang activity, police response and community effort to better engage youth and prevent them from taking up with gangs.

"We should be angry about this," Gross said.

THE MEETING ON GANG ACTIVITY is scheduled for Wednesday, March 29, at 7 p.m., at the Mason District Governmental Center, 6507 Columbia Pike in Annandale.

The nine members of the Civilian Review Panel marked with *: Gerarda Culpher, Deputy Clerk of the Circuit Court; Randy Sayles, * Oak Hill; Rhonda VanLowe, * Reston; Kathleen Davis-Siudut, * Springfield; Adrian Steel, * McLean, chairman of the panel; Sharon Bulova, chairman of the Board of Supervisors; Judge William Webster; Supervisor John Cook, chairman of Public Safety Committee; Jean Senseman, * Lorton; Douglas Kay, * Fairfax; Hollye Doane, * Oakton; Steve Descano, * Springfield; and Hansel Aguilar, * Fairfax.



PHOTO BY MARY KIMM/THE CONNECTION

Civilian Review Panel Sworn in

Inaugural meeting of the Fairfax County Civilian Review Panel

The nine members of the Fairfax County Civilian Review Panel were sworn in at the panel's inaugural meeting on Monday, March 20.

Judge William Webster, former director of the FBI and CIA, spoke on the importance of civilian oversight of law enforcement. "Civilian oversight is important in a country where we want people to feel safe," Webster said. He urged panel members to consider the promise he made when he joined the FBI: To do what the citizens expect in the way that the Constitution allows.

The nine members appointed by the Board

of Supervisors are: Hansel Aguilar, Fairfax; Kathleen Davis-Siudut, Springfield; Steve Descano, Springfield; Hollye Doane, Oakton; Douglas Kay, Fairfax; Randy Sayles, Oak Hill; Jean Senseman, Lorton; Adrian Steel, McLean, chairman; and Rhonda VanLowe, Reston. They were among more than 140 applicants for the volunteer position.

"This is historic," said Sharon Bulova, chairman of the Board of Supervisors. "The creation of this panel and the creation of the independent auditor position were two of the primary recommendations of the Ad Hoc Commission."

Bulova appointed the 30-member Ad Hoc

Police Practices Review Commission in October 2015 in the wake of public concern after the police shooting death of John Geer in August 2013. The commission, which included full participation of the Fairfax County Police Department, made 140 recommendations, most either already implemented or in process.

FCPD Police Chief Edwin Roessler pledged his support to the panel on Monday, saying that it would help "build upon the trust the public gives us."

The Civilian Review Panel will act as an independent avenue for residents to submit complaints concerning allegations of

abuse of authority or misconduct by a FCPD officer. The panel will have the authority to request and review completed Police Department internal administrative investigations regarding a civilian complaint against an officer. The panel may hold public meetings to review police administrative investigations and walk through with members of the community how the investigation was conducted, including findings of fact, evidence collected and witness statements.

The Civilian Review Panel will not address use of force by police that results in serious injury or death; those will be monitored by the newly hired Police Auditor, Richard G. Schott.

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 2. not appreciated or understood.
 3. no longer owned or known

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OPINION

Virginians Will Lose Under the New Health Care Proposal

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)



COMMENTARY

Explanation of the recently announced American Health Care Act usually starts with an expressed need to clean up the mess that the Affordable Care Act — or Obamacare — had made. Most all agreed that the massive transformation the program of health care had brought about could use some tweaking and refinement, but clearly a seven-year campaign against the Affordable Care Act left a blurred view of what the program did for consumers. If the ACA had created a mess, the recently proposed replacement of it will certainly create an even messier and unfair situation.

Virginians in particular will suffer a double hit on health care especially for those most in need. The General Assembly would not approve an expansion of Medicaid that would have brought health care to as many as 400,000 uninsured most in need in the Commonwealth and would have expanded the health care network with the four billion dollars that would have flowed into the state.

While the new program would eliminate Medicaid expansion in 2020, persons would have been able to get health care in the interim rather than to go without or have to seek help at free clinics or one-time-a-year Remote Area Medical (RAM) clinics. States that have expanded Medicaid would continue to get full coverage for persons already enrolled but would get a lesser amount for new enrollees beginning in 2020. That provision alone would add to the four billion loss already incurred in Virginia.

There are 327,000 Virginians who gained coverage under the ACA as it expanded access to affordable health care. The proposed replacement to the ACA would do away with federal health insurance subsidies that helped people afford their monthly premiums and lowered out-of-pocket expenses. Subsidies would be replaced with tax credits. Currently insurers can charge older customers up to three times what they charge younger customers; under the new plan that would increase to five times.

Although some would never acknowledge it,

there are features of the despised Obamacare program that were maintained. Insurers would still be banned from denying coverage based on preexisting conditions. Dependents would still be able to stay on parents' insurance plans through age 26. Caps on annual or lifetime coverage would still be banned.

Clearly fewer people will have access to affordable care under the AHCA. Virtually every developed country in the world with the exception of the USA has decided that access to health care is a basic human right. What is the biggest objection to the program enacted under President Obama? It included targeted taxes on investment income and wages for the very high income individuals and couples. The new AHCA eliminates many of the taxes. The wealthiest 400 households including the billionaires in the new administration would get an average tax cut of \$7 million per year while taxes for many low-income working families would increase. Eliminating the two taxes on very high income households would cost the federal government \$275 billion over 10 years.

Most Virginians will lose under the replacement proposed for the ACA. Only the very rich will gain. Maybe that is what the debate is really about!

FREE SEMINARS & VOLUNTEER OPPORTUNITIES

Fairfax County is offering the following **Free Seminars for Family Caregivers of Older Adults.**

Register for all seminars at www.fairfaxcounty.gov/OlderAdults or call 703-324-5205, TTY 711.

- ❖ **Five Questions to Consider About Paying for Long-Term Care — WEBINAR.** Wednesday, April 5 — Noon-1 p.m. Your computer or telephone. You will receive an email with access instructions.
- ❖ **Medicare 101** - Wednesday, April 12 — 2-3:30 p.m. Reston Community Center - Hunters Woods, 2310 Colts Neck Road, Reston.
- ❖ **Strategies for Difficult Conversations** - Monday, April 17, 2017 — 7-8:30 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax.
- ❖ **Caregiver Boot Camp - Dementia 101.** Saturday, April 29,

2017 — 8:30 a.m.-3 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax.

Fairfax County's free **Family Caregiver Telephone Support Group** meets by phone on Tuesday, April 11, 7-8 p.m. The group will discuss using the internet to help your caregiving journey. Register beforehand at www.fairfaxcounty.gov/OlderAdults and click on Telephone Caregiver Support Group. Call **703-324-5484**, TTY 711.

Fairfax County is offering a free **Chronic Disease Self-Management program** on Wednesdays, April 19-May 24 from 10 a.m.-12:30 p.m. at Bethlehem Baptist Church, 7836 Fordson Rd., Alexandria. Learn and share positive strategies to better manage overall health. Register beforehand at www.fairfaxcounty.gov/OlderAdults

or **703-324-5489**, TTY 711, or email Colleen.Turner@FairfaxCounty.gov.

The **Fairfax Commission on Aging** meets on Wednesday, April 19 at 1 p.m. at the McLean Governmental Center - Community Room, 1437 Balls Hill Rd., McLean. The public is welcome to attend and join in the comment period that begins each session. Find out more at www.fairfaxcounty.gov/dfs/olderadultservices/coa.htm. Call **703-324-5403**, TTY 711 for meeting access needs.

ElderLink Support Group for Caregivers meets on Wednesday, April 5, at 10 a.m. Calvary Hill Baptist Church, 9301 Little River Tnpk., Fairfax. For more information, call **703-324-5489**, TTY 711 or visit www.fairfaxcounty.gov/dfs/olderadultservices/elderlink.htm.

FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning.

Metropolitan Community Church of Northern Virginia, 10383 Democracy Lane in Fairfax, presents worship services on Sundays at 11 a.m. and choir practice, open to all, on Sundays from 9-10:30 a.m. www.mccnova.com or 703-691-0930.

Church of the Nativity offers a free general bereavement support group open to all adults on the first and third Thursday of each month 7:30-9 p.m. The church is located at 6400 Nativity Lane, Burke. Call 703-455-2400, ext. 17.

Arabic New Life Baptist Church is located at 6428 Ox Road in Fairfax Station. Worship services are on Sundays at 10:45 a.m. and prayer services are on Wednesdays at 6:30 p.m. Bible Study is on Fridays at 7 p.m. Pastor: Wissam Jamil. Call 703-273-5599.

Sydenstricker United Methodist Church has Worship services Saturday in the chapel at 5:30 p.m. and Sunday in the Sanctuary at 8:30 a.m. and 11 a.m. tradi-

tional worship. Sunday School for youth and children is in the Sanctuary at 9:30 a.m., and Sunday School for adults is in the sanctuary at 9:45 a.m. Fellowship is in Hottle Hall on Sundays at 10:30 a.m. 8508 Hooes Road in Springfield. www.sumcdisciples.org or 703-451-8223.

St. Anthony of Padua American National Catholic Church, 10383 Democracy Lane, Fairfax, holds mass for Contemporary Catholics every Sunday at 12:30 p.m. St. Anthony's is an independent Catholic parish, inclusive and accepting of all people. Experience true acceptance and true Catholicism. www.MySaintAnthonys.org.

Calvary Hill Baptist Church,

VOLUNTEER OPPORTUNITIES

The **Chronic Disease Self-Management Program** needs volunteer leaders to facilitate workshops. Call **703-324-5374**, TTY 711, or go to www.FairfaxCounty.gov/dfs/OlderAdultServices/chronic-disease.htm.

Fairfax County needs volunteers to **drive older adults to medical appointments** and wellness programs. Call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadultsand click on Volunteer Solutions

Meals on Wheels needs Drivers and Coordinators for routes throughout the county. Call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions

9301 Little River Turnpike in Fairfax, conducts Worship team practice for the Praise Band in the Sanctuary every Thursday at 7 p.m. All are welcome. 703-323-1347

The Fairfax Church of Christ, 3901 Rugby Road in Fairfax, has facilitators available to help those who are experiencing a separation or divorce. 703-631-2100 or www.fxcc.org.

The Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road in Oakton, offers services during the summer on Sundays at 10 a.m. The regular schedule, Sundays at 9:15 and 11:15 a.m., resumes Sept. 11. www.uucf.org.

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PHOTO COURTESY OF FCPS

5-Star Winning Team

A team of student chefs from Lake Braddock Secondary School got the recipe right in the 5th Annual Real Food for Kids Culinary Expo on Saturday, March 11, and walked away with the 5-Star Winning Team award for their culinary efforts. The team's recipe, a Chicken Shawarma Wrap; Fruit Salad; Hummus and Carrots, focused on healthy eating, and now their dish will be added to FCPS Nutritional Lunch Menu for the 2017-2018 school year.

The Lake Braddock Team:

- * Culinary Club President: Diana Camacho, Senior
- * FCCLA President: Kaitlyn Sam, Senior
- * FCCLA Vice-President: Aysha Waraich, Junior
- * FCCLA Secretary: Maria Herbas, Senior
- * FCCLA Historian: Simran Mahan, Senior

Advisors/Teachers:

- * FCCLA Club Advisor: Mr. Thom Prassa
- * Culinary Club Advisor: Ms. Toshieba Ragland



APPRAISAL EVENT

SATURDAY, MARCH 25, 2017
10:00AM - 12:30PM
STACY C. SHERWOOD CENTER
3740 OLD LEE HWY FAIRFAX, VA 22030

Verbal Appraisals by:

Linda Goldstein - Jewelry
Seymour Lazerowitz - General
Quinns Auction House - General
Norma Newsome - General
T.J. Shea - Coins/Currency & Estate Jewelry
Guido Alave - General

**\$5 Admission, \$5 Per Appraisal
limit of 4.**

Re-admission with original ticket.
All Proceeds benefit the City of Fairfax Senior Center

Questions, please call (703)273-6090

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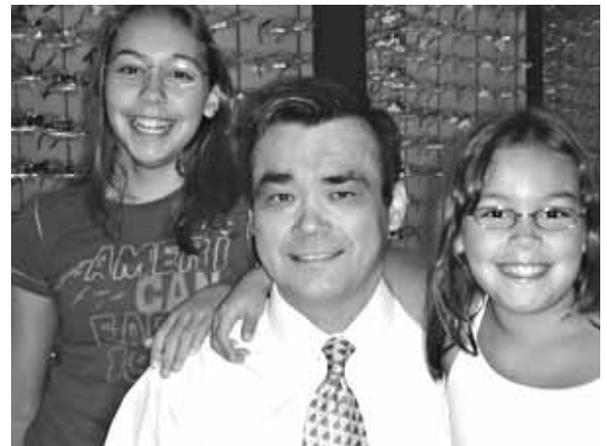


Spring is in the air, the perfect time for a fresh Kitchen update!

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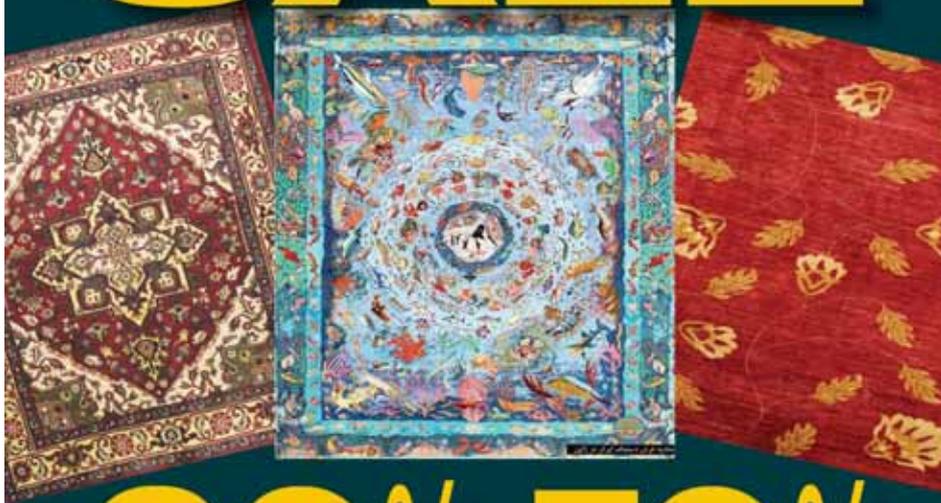
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SPRING FUN

Comic Mystery at Lorton

“The 39 Steps” heads into Workhouse Arts Center.

BY DAVID SIEGEL
THE CONNECTION



CALEB KEITER/COURTESY OF
WORKHOUSE ARTS CENTER

**Ava Spece, CEO and President,
Workhouse Arts Center.**

Continuing its production of live theater for local audiences, the Workhouse Arts Center is producing the award-winning comedy “The 39 Steps.”

“We are very excited to have the opportunity to present ‘The 39 Steps.’ It will provide a fun-filled theater experience for our area audiences,” said Ava Spece, CEO and President, Workhouse Arts Center.

“The 39 Steps’ mixes Alfred Hitchcock-like movie themes with a spy novel along with plenty of Monty Python-like flair. The show is packed with about 100 all different, zany characters. The 100 characters will be played by a very talented cast of only four actors. Our cast and crew are challenged with putting a comedic spin on the story while remaining faithful to the source material,” said Joseph Wallen, director, “The 39 Steps.”

The comic mystery begins when a quite ordinary, but bored, man meets a woman with an accent who claims she is a spy. What happens next includes her unexpected murder. Did the ordinary man do it? Why is he on the run from the authorities? Soon a mysterious organization called “The 39 Steps” is out looking for him while the Workhouse audience gets to follow the manhunt. There are plenty of fun twists and turns across England and Scotland with inventive stagecraft.

“It would be easily to label this a farce or parody. It is important to know that the storyline and characters from original Hitchcock movies are not lampooned. They remain faithful and intact to the source material,” said Wallen.

The four cast members are veteran professional performers from the Northern Vir-

Where & When

Workhouse Arts Center presents “The 39 Steps” at Theatre W-3, 9518 Workhouse Road, Lorton. Performances: March 31 to April 23, 2017. Friday and Saturday at 8 p.m., Sunday at 2 p.m. Tickets: \$20-\$30. Call 703-584-2900 or visit www.workhousearts.org. Appropriate for all ages, best suited for older children through adults. No nudity, no harsh language, contains some cartoon-ish violence.

ginia area. They include Willem Krumich, as Richard Hannay the ordinary man. Linda Bard is the mysterious spy. She also plays a number of other key female roles in the production; each very different from another.

Workhouse Arts Center acting regulars Amy Wolf and Jeffrey Davis both take on dozens of roles. They sometimes even switch characters mid-scene to add happy confusion. Known as “clowns” in the show, they are far from the circus grease-paint, make-up type clown.

The Workhouse production aims to whisk the audience on a grand journey. “A handful of props, trunks and chairs are continuously transformed throughout the performance to become two dozen unique locations and are inventively employed to help stage a classic chase scene in and on a train, chase scenes across the moors, and even a plane attack and crash,” added Wallen.

One Last Time in Fairfax

Ringling Bros. and Barnum & Bailey Presents Out Of This World is coming to the EagleBank Arena in Fairfax April 7-16 before the touring circus closes permanently in May 2017.

In Out Of This World, audiences will be riveted by an interactive, action-packed storyline filled with space-age family fun and technology, which deepens their connection to the performers. Through the lens of a magic telescope capable of discovering the most spectacular circus stars in the galaxy, they will join the Circus Space Fleet on a heroic mission of good versus evil to bring performers back to Earth, traveling to interstellar worlds of sand, water, fire and ice.

For the first time, the show features thrill skaters in addition to performances by gravity-defying acrobats, majestic animals and

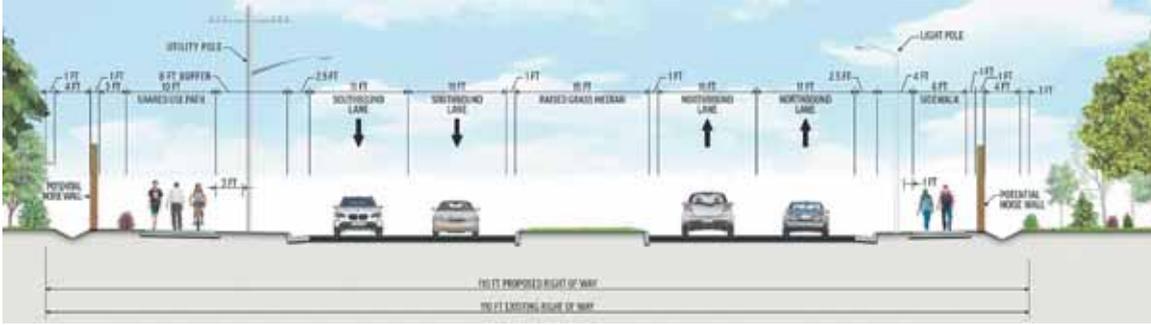
hilarious clowns. Imaginations will run wild throughout the nonstop display of artistic athleticism, with acts seamlessly transitioning from floor to air to ice, a feat never before done in Ringling Bros.

Tickets can be purchased at all Ticketmaster outlets, by phone at 800-745-3000, via www.ticketmaster.com, and at the EagleBank Arena box offices.

Performance Schedule

- ❖ Friday, April 7 — 10:30 a.m., 7:30 p.m.
- ❖ Saturday, April 8 — 11:30 a.m., 3:30 p.m., 7:30 p.m.
- ❖ Sunday, April 9 — 1 p.m., 5 p.m.
- ❖ Thursday, April 13 — 7 p.m.
- ❖ Friday, April 14 — 1 p.m., 7:30 p.m.
- ❖ Saturday, April 15 — 11:30 a.m., 3:30 p.m., 7:30 p.m.
- ❖ Sunday, April 16 — 1 p.m., 5 p.m.

NEWS



COURTESY OF VDOT

The goal of the project is to relieve congestion on Rolling Road between Viola Street and Old Keene Mill Road, as well as improve safety on that stretch, by widening from two to four lanes. Pedestrian and bicycle facilities are planned to be part of the project as well.

Rolling Road Widening Work Pushed Back

A two-phase, \$36 million widening project on Rolling Road was set to get underway this spring. However, according to project manager Hamid Misaghian with Virginia Department of Transportation, additional right of way is required for proposed intersection improvements. That means the first phase is estimated to be postponed until early 2018.

The goal of the project is to relieve congestion on Rolling Road between Viola Street and Old Keene Mill Road, as well as improve safety on that stretch, by widening from two to four lanes.

Pedestrian and bicycle facilities are planned to be part of the project as well.

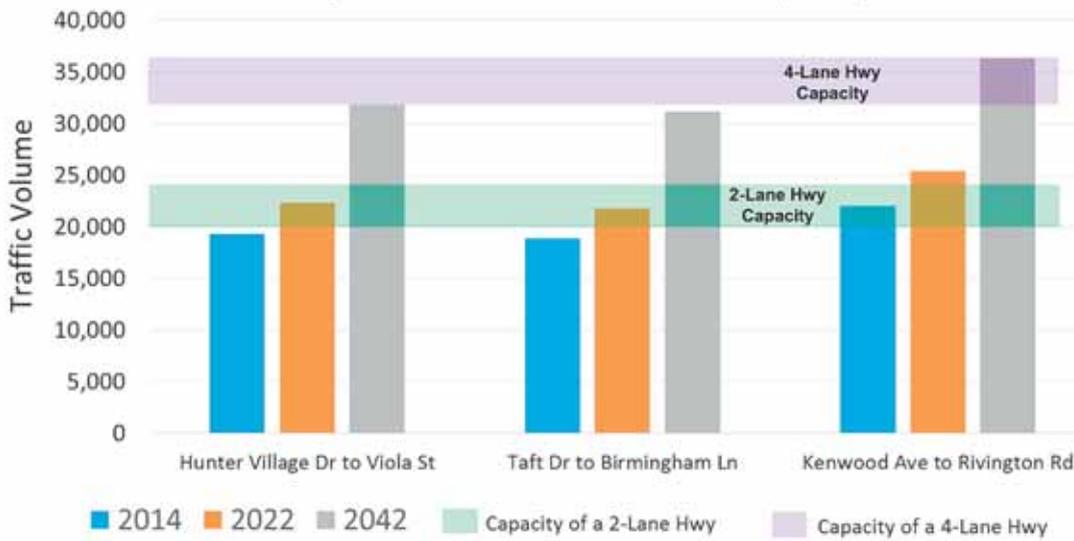
The preliminary phase includes “interim improvements” of adding dual left-turn lanes from Rolling to Old Keene Mill, as well as an upgraded signal and improved alignment of the intersection.

Phase 2, the main thrust of the project, is expected to begin in spring of 2021. That includes the major road widening, more signal upgrades, bike and walking facilities, and improving access management.

Feedback on the project can be sent at any time at meetingcomments@vdot.virginia.gov. Please include “Rolling Road Widening” in the subject line.

— TIM PETERSON

Rolling Road - Traffic Volume Vs Capacity



COURTESY OF VDOT

VDOT expects increasing capacity of Rolling Road will meet the growing travel needs of the road over the next few decades.

Supporting Area Schools on Grand Opening Day

The new Jersey Mike's Subs, located at 5250-G Port Royal Road, opened its doors on Wednesday, March 15 and celebrated their grand opening with a free sub fundraiser to support Lake Braddock Secondary School and Annandale High School. Franchise owner Pat Foley circulated 10,000 coupons throughout the community offering a free regular sub for a minimum \$1 contribution.



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THE CONNECTION to your community

Dentist Corner
...Evelyn Samuel, DMD

Q. What is Gingivitis?
A. Gingivitis is a form of gum disease. It occurs when bacteria build up between the teeth and gums. Symptoms include gums that are swollen/puffy, red, inflamed, and/or bleeding. Pain is not always associated with Gingivitis therefore; the disease can be present and not known. If not treated, it can progress to a more aggressive disease, periodontal disease, which causes destruction of bone and eventual loss of teeth. Periodontal disease has also been linked to heart attacks, preterm delivery in expecting mothers, strokes and other systematic disease such as diabetes. There are several causes of Gingivitis. Among them are certain medications, poor nutrition, hormonal changes, other diseases, and viral/fungal conditions. However, the most common etiology is poor oral hygiene. Gingivitis is treatable and reversible. Practicing good oral hygiene in the form of brushing after each meal and flossing, will aid in preventing this condition. If the disease is present, a professional dental cleaning will remove plaque and hardened calculus that cannot be removed at home thus reversing damage. Have a dental question? Email your question to info@drevelynsanteguesamuel.com

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COMMUNITIES OF WORSHIP

Messiah United Methodist Church
6215 Rolling Road, Springfield
703-569-9862 www.messiahumc.org

Holy Week and Easter Schedule
April 9 - worship at 8:15, 9:30, and 11:00 am
April 13 - Holy Thursday service at 7:30 pm
April 14 - Good Friday service at 7:30 pm
April 15 - Easter Egg Hunt at 10 am
April 16 - Easter Sunday worship at 8:00, 9:30, and 11 am
Servicio de Alabanza y Resurrección a las 11 am

Jubilee Christian Center
"Loving People to Life"
Worship Gathering - Sunday 8:45 & 11 AM
Sunday School 10:10 AM
Sun. Evening - Realtime Worship & Youth 6 PM
Family Night - Wednesday 7:15 PM
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SPRING FUN, FOOD & ENTERTAINMENT

Playful for Spring: 'Cuisine & Confessions'

Montreal's The 7 Fingers of the Hands come to Center for the Arts.

BY DAVID SIEGEL
THE CONNECTION

Combining circus arts, acrobatics and cooking on stage so that real hot food is prepared may seem far-fetched. But that is exactly what the Center for the Arts has in store for patrons with "Cuisine & Confessions."

With the high energy and vivid imagination of renowned The 7 Fingers of the Hand, audiences will experience a family-friendly experience just in time for spring's arrival. Montreal's 7 Fingers of the Hand will mix together traditional circus arts, avant-garde dance, live theater, and cooking-show satire in its inventive "Cuisine & Confessions" production. The performers create a real eatable meal on stage, based upon real-life food confessions.

The "Cuisine & Confessions" show includes a 30-minute pre-show as the action all begins. There will even be a working sink and refrigerator on stage. Food will be al-

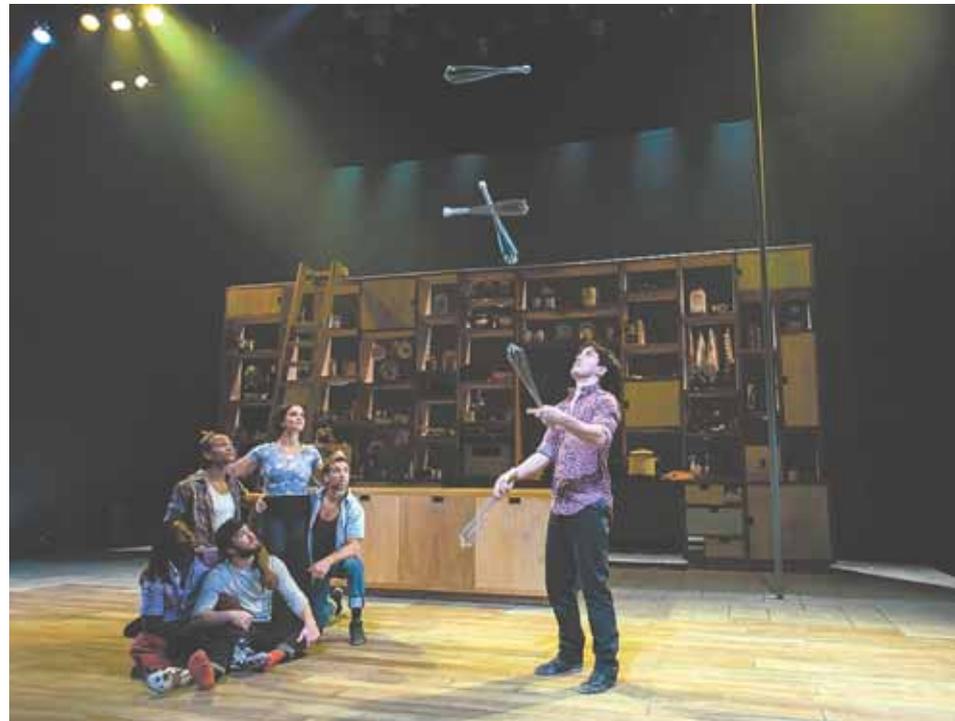


PHOTO COURTESY OF THE 7 FINGERS ON THE HAND

7 fingers on the Hand cast performing in "Cuisine & Confessions."

ways cooking on stage during the live circus-like performance that is also taking place. There is audience participation too; at various times the food is prepared with assistance from audience members.

What kind of food, you may ask? To start, expect omelets, or pasta or more all lead-

ing to a signature banana bread.

To add more foodie flair and to open the spring season, there is also an outdoor event. The Center for the Arts will host a mini-festival celebrating food, music, and community between "The 7 Fingers of the Hand" shows on Saturday, April 8 from 4-8

Where & When

George Mason University Center for the Arts presents "Cuisine & Confessions" from Montreal's The 7 Fingers of the Hand at 4400 University Drive, Fairfax. Performances Saturday, April 8 at 2 p.m. and 8 p.m. and on Sunday, April 9 at 4 p.m. Tickets: \$50, \$43, \$30. Call 888-945-2468 or visit www.cfa.gmu.edu. Note: There will be a food mini-festival on April 8 from 4-8 p.m. in the Center for the Arts courtyard. The mini-event is free, featuring local food trucks selling snacks and dinner, artsy outdoor demonstrations by students and local groups

p.m. The foodie mini-festival will be held in the Center for the Arts outdoor plaza and will include local food trucks selling snacks and dinner, artsy outdoor demonstrations by students and local groups, and a "confessions" photo booth in the Center's lobby where attendees will reveal their guiltiest food pleasure. Admission to the mini-festival on April 8 is free and open to the general public.

As for the troupe's name; it is a twist on the French saying about "the five fingers of the hand," used to describe distinct parts united tightly, moving in coordination towards one common goal. And the goal of "Cuisine & Confessions" is to entertain, astound and cook, all at one.

Be ready for something special at "Cuisine and Confessions," as 7 Fingers of the Hand creates a unique culinary and theatrical feast with plenty of arresting acrobatic feats.

2017 SPRING FUN

SUNDAY/MARCH 26

Dressage Riders. 10:30 a.m.-1:30 p.m. at the Laurel Hill Equestrian Center, 8400 Lorton Road. Free. Dressage riders from Little Burgundy Farm, Alexandria, will launch the 2017 show season. Email inquire.ces@gmail.com or call 703-395-3299 for more.

MARCH 31-APRIL 1

Spring Children's Consignment Sale. Friday at 9 a.m.-8 p.m. at Cameron United Methodist Church, 3130 Franconia Road, Alexandria. Some items are half price on Saturday. Email CUMC.CCS@gmail.com for more.

SATURDAY/APRIL 1

Yard Sale. 8 a.m. at Green Acres Center, 4401 Sideburn Road, Fairfax. Proceeds benefit the 2017 City of Fairfax Independence Day Celebration. Donated items may be dropped off at Green Acres on Friday, March 31, 5-8 p.m. Call 703-385-7858 for more.

Watershed Clean-Up. 9-11:30 a.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. Help remove bottles, cans, tires, and other carelessly dumped debris from local streams. Call 703-451-9588 or visit www.fairfaxcounty.gov/parks.

City of Fairfax Fishing Derby. 9:30 a.m. at Ashby Pond Conservation, 9817 Ashby Road, Fairfax. Ashby Pond Conservatory will be stocked with hundreds of trout, bring a fishing rod, bucket, plastic bag and ice. A limited number of fishing rods will be available on site to borrow. Bait will be supplied. Volunteers will provide instruction, pond education and fish cleaning demonstrations. \$5 per fisherman. Three 45-minute fishing time slots available. Tickets available online and at Sherwood Center, Green Acres Center and City Hall P&R Office starting Monday, February 1, 2017. Call 703-385-7858 to pre-register.

THURSDAY/APRIL 6

EGG-STREME Night Egg Hunt. 7 p.m. at the Civil War Interpretive Center, 3610 Old Lee Highway, Fairfax. Bring a flashlight and a bag/basket to collect eggs. Visit with the Easter Bunny beginning at 7 p.m. Visit fairfaxva.gov/



PHOTO BY ERICK BLACKWELDER

New Season Begins

Little Burgundy Farm rider Caroline Haarmann of Alexandria rides Rebel at the April 2016 dressage show at Laurel Hill Equestrian Center, 8400 Lorton Road. The 2017 show season will begin March 26 at the Fairfax County Park Authority facility and is open to the public.

parksrec or call 703-385-7858.

SATURDAY/APRIL 8

Easter Egg Hunt. 9 a.m.-noon at Franconia United Methodist Church, 6037 Franconia Road, Alexandria. Email markarenin@verizon.net for more.

APRIL 22-JUNE 10

Spring Art Classes. 9:30-10:30 a.m. at Woods Community Centre, 10100 Wards Grove Circle, Burke. Instructor Carol Zeitlin specializes in watercolor and Chinese brush painting. Visit www.czartlessons.com for more. Call 703-250-6930 or visit www.czartlessons.com for more.

CALENDAR

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline is the Friday prior to the next paper's publication at noon. Dated announcements should be submitted at least two weeks prior to the event.

ONGOING

"Her Story" Art Exhibition. Through April 2, gallery hours are Mon.-Fri: 11 a.m.-6 p.m.; Sun: 12-5 p.m. at the Workhouse Arts Center, 9518 Workhouse Way, Lorton. Show focuses on how women have a role in inspiring and shaping our society. Visit www.workhousearts.org/ for more.

Senior Line Dancing 1-2 p.m. Little River Glen Senior Center 4001 Barker Court, Fairfax. Line Dancing is a gentle, social form of aerobic activity. Studies have shown it aids in warding off Alzheimer's disease. No previous experience needed. Cost: \$5 per 8 week session. barbriba@hotmail.com 703-524-3739

Carolina Shag. Wednesdays. 6:30-10 p.m. Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m. No partners needed. Dinner menu. \$8. Under 21 free. nvshag.org.

FUN-Exercise Thursdays, noon-12:50 p.m. Grace Presbyterian Church Family Room, 7434 Bath St., Springfield. Inova certified exercise instructor leads a moderate level exercise class with music and current events conversation. Muscle, Balance, Strength Training using stretch bands and weights both standing and seated exercises. Instructor donation

is \$5. moorefitt@yahoo.com or 703-499-6133.

Cafe Ivrit (Hebrew Cafe).

Wednesdays. 8:15-9:15 a.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Shalom (hello) Did you always want to converse in Hebrew? Join Na'ama each week for conversational Hebrew. You will learn and practice Hebrew in a fun and interactive way while learning more about Israel. Free, however we ask that you try to attend regularly. RSVP Naama.Gold@jccnv.org.

Smoke Free Bingo. 7 p.m. Every Friday. Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Free coffee, entertaining callers, \$1,000 jackpot (with breaks for smoking friends). www.fairfaxvd.com. 703-273-3638.

Stories From Strawberry Park 10-11 a.m. Tuesdays in Mosaic, Strawberry Park, 2910 District Ave., Fairfax. Enjoy a live interactive performance each week. For ages 10 and under. Held outside in Strawberry Park. In inclement weather and October through April, storytime will be held in Angelika Film Center. Visit www.fxva.com/listing/mosaic-district/2326/.

Funday Monday 10:30 a.m., every Monday at Old Town Hall, 3999 University Drive, Fairfax. There will be music, movement, storytelling, performances, crafts, and more. It is open to children of all ages, however especially for those who haven't yet started school. Programs are free and open to the public, donations are gratefully appreciated. There is ample free parking in the downtown area, and stroller access at the rear of

SPRING FUN, FOOD & ENTERTAINMENT

Old Town Hall on Main St. 703-385-7858 www.fairfaxva.gov/culturalarts

THURSDAY/MARCH 23

Greendale Women's Golf League.

1:30-3:30 p.m. at Kingstowne Library, 6500 Landsdowne Centre Drive. The Greendale Women's Golf Association is an 18-hole league that plays once a week on Thursday mornings at the Greendale Golf Course on Telegraph Road. The league is open to experienced golfers of all abilities. Please join us as we discuss the upcoming golf season. Call 703-399-6496 or visit gwgl.wordpress.com for more.

Artist Reception. 7-9 p.m. at Village Gallery, 3950 University Drive, Fairfax. Meet the featured artist and be a part of the local artist community. Free. Visit www.fairfaxartleague.net or call 703-587-9481 for more.

FRIDAY/MARCH 24

Bingo. 7 p.m. at the Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Benefits the Fairfax Volunteer Fire Department. Visit www.fairfaxva.gov/ for more.

Old Town Hall Performance Series.

8 p.m. at Old Town Hall, 3999 University Drive, Fairfax. Ensemble Gaudior is performing chamber music from the Baroque and Classical eras, using instruments from those periods or copies. Free. Visit www.fairfaxva.gov/culturalarts or call 703-385-7858 for more.

SATURDAY/MARCH 25

Women Entrepreneurs. 9 a.m.-4 p.m. at JCC of Northern Virginia, 8900 Little River Turnpike, Fairfax. 2017 Women's Conference is a day of presentations, networking, empowerment, from five engaging and experienced women entrepreneurs. \$55 includes lunch. Visit jccnv.org/womensconference or call 703-323-0880 for more.

Senior Center Appraisal Event. 10 a.m.-12:30 p.m. at Stacy C. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Receive verbal appraisals from a certified appraiser on items such as jewelry, clocks, coins and more. Call 703-273-6090 for more.

Art and Lunch. noon-3 p.m. at Village Gallery, 3950 University Drive, Fairfax. The Fairfax Art League will be hosting an Art & Lunch event at the Village Gallery. Bring lunch and enjoy the company of other artists. Free and open to the public. New members welcome. Visit www.fairfaxartleague.net or call 703-587-9481 for more.

"Harriet Tubman: Move or Die." 2 p.m. at Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. Actress Gwendolyn Briley-Strand will perform a presentation as Ms. Tubman followed by a question and answer session. Ms. Briley-Strand will bring an exhibit, "The Portals through Time," about Miss Tubman's life on Maryland's Eastern shore and later in Auburn, N.Y. Call 703-591-6728.

Rock Creek Singers. 7-8:30 p.m. at Accotink Unitarian Universalist Church, 10125 Lakehaven Court, Burke. Choir of the Gay Men's Chorus of Washington. \$15 in advance; \$20 at the door. Visit www.accotinkuuc.org or call 703-503-4579 for more.

SUNDAY/MARCH 26

Dressage Riders. 10:30 a.m.-1:30 p.m. at the Laurel Hill Equestrian Center, 8400 Lorton Road. Free. Dressage riders from Little Burgundy Farm, Alexandria, will launch the 2017 show season. Email inquire.ces@gmail.com or call 703-

395-3299 for more.

Hands On Activity Day. 1-4 p.m. at The Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Railroad and/or historical crafts and activities will be offered for all ages although most are suited for ages 8 and above. Museum members and children 4 and under, free; ages 5-15, \$2; ages 16 and older, \$4. Visit www.fairfaxstation.org or call 703-425-9225 for more.

Burke Historical Society. 3:30 p.m. at Pohick Regional Library, at 6450 Sydenstricker Road, Burke. Mary Lipsey will present a talk on "Anna Maria Fitzhugh" highlighting the life of Anna Maria Fitzhugh of Ravensworth, one of Fairfax and Stafford Counties' most prominent landowners from her widowhood in 1830 to her death in 1874. Visit burkehistoricalsociety.org or Brian Slawski at slawski_brian@yahoo.com for more.

"Barber, Bernstein, and Broadway." 7:30 p.m. at Fairfax High School, 3501 Rebel Run, Fairfax. Joining the band to sing a variety of Broadway showstoppers will be the Mason Cabaret of the George Mason University School of Theater. Visit fairfaxband.org or call 571-336-CFBA (2322) for more.

MONDAY/MARCH 27

Rise Against Hunger. All day at Malek's, Springfield Plaza, 7118 Old Keene Mill Road. 25 percent of the daily sales goes to providing food and aid to the world's most vulnerable and creating a global commitment to mobilize the necessary resources. Visit malekspizza.com for more.

FRIDAY/MARCH 31

Bingo. 7 p.m. at the Fairfax Volunteer Fire Department) 4081 University Drive, Fairfax. Benefits the Fairfax Volunteer Fire Department. Visit www.fairfaxva.gov/ for more.

Dance Gala Concert. 8 p.m. at George Mason University Center for the Arts 4373 Mason Pond Drive, Fairfax. The Gala Concert is Mason Dance Company's crowning season event featuring "Second to Last," by Alejandro Cerrudo, "Mass," by Robert Battle, "Balance/Imbalance," by Soon Ho Park, and a new work by Susan Shields. \$10-\$25. Call 703-993-8794 or email cdevlin@gmu.edu for more.

MARCH 31-APRIL 1

Spring Children's Consignment Sale. Friday at 9 a.m.-8 p.m. at Cameron United Methodist Church, 3130 Franconia Road. Some items are half price on Saturday. Email CUMC.CCS@gmail.com for more.

Artist Reception. 7-9 p.m. at Village Gallery, 3950 University Drive, Fairfax. The "I Still Dream Of You" paintings encompass the time from 2002 onward and are the artist's attempt to come to grips with the tragedy of losing a child in infancy. The exhibition will run from April 1-29. Visit www.fairfaxartleague.net or call 703-409-5061.

SATURDAY/APRIL 1

Yard Sale. 8 a.m. at Green Acres Center, 4401 Sideburn Road, Fairfax. Proceeds benefit the 2017 City of Fairfax Independence Day Celebration. Donated items may be dropped off at Green Acres on Friday, March 31st between 5-8 p.m. Call 703-385-7858 for more.

2017 Laps for Learning. 8:30 a.m. at Rolling Valley Elementary School, 6703 Barnack Drive, West Springfield. Raise funds, get healthy and support the school PTA. All Rolling Valley students and their



From left: David Kurland, Julianne Kannan and Kimberly Davis.



Dony'ae Bush lifting Madeline Burr.

PHOTOS BY TIM COBURN
COURTESY OF GMU

'Sophisticated Energy' on Display

George Mason University students dance in the spotlight.

BY DAVID SIEGEL
THE CONNECTION

Describing the 2017 George Mason University (GMU) School of Dance Gala and Concert Susan Shields, director, GMU School of Dance said, "Don't miss an opportunity to experience dynamic dance pieces performed by talented students embarking upon their promising dance careers."

Shields called the full-evening dance program "one that is flowing, beautiful, intimate, and expressive." The dances and the student performers "are a collection of sophisticated energy."

She noted as well that the Gala also supports scholarships for Mason's "exceptional dance students."

The Mason dance students will perform works by renowned choreographers including "Second to Last" by Hubbard Street Dance Chicago's Alejandro Cerrudo, "Mass" by Alvin Ailey Dance Theater's Robert Battle, and the premiere of a new work by Mason's Susan Shields. There will also be a rare performance of South Korea's Soon Ho Park "Balance/Imbalance." GMU's School of Dance is the first American university to be given permission to perform Park's dance masterpiece.

siblings are invited to participate. Walk is followed by a health fair, 9:30-11 a.m. Visit www.fcps.edu/RollingValleyES/ for more.

Watershed Clean-Up. 9-11:30 a.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. Help remove bottles, cans, tires, and other carelessly dumped debris from local streams. Call 703-451-9588 or visit www.fairfaxcounty.gov/parks.

Job Fair for Teens. Noon-2 p.m. at

Where & When

George Mason University School of Dance, "2017 Dance Gala and Concert," at Center for the Arts, 4400 University Drive, Fairfax. March 31 and April 1, 8 p.m. Tickets: \$10, \$15, \$25. Call: 888-945-2468 or visit: www.cfa.gmu.edu. Note: Starting at 6 p.m. prior to the March 31, 2017 performance, George Mason University School of Dance hosts the Dance Gala honoring Robert Battle, artistic director of Alvin Ailey American Dance Theater. The Dance Gala features pre-performance cocktail hour, meet and greet with professional choreographers and students, dinner and remarks from Battle. Proceeds from ticket sales and sponsorships support School of Dance scholarships. Contact Alice Magelssen-Green at amagelss@gmu.edu or call 703-993-1593.

Mason students David Kurland (Herndon), Joseph Day (Herndon), and Meredith Tate (Knoxville, Tenn.) each spoke of their long desires to be dancers. They chose Mason because of its reputation and diversity of its dance faculty and student body.

"I would like for the audience to feel as though they have been immersed in the north, south, east, and west of dane, hitting different techniques and emotional states along the way," said Tate. "This performance is a diverse one, no two dances resembling one another."

Tate will perform in "Balance and Imbalance" and Shield's new work. "These pieces wildly contrast one another in style and movement qualities," she said. Tate spoke with awe at being guided by choreographer Soon Ho during rehearsals.

"Dance is a shared art form that crosses and touches every human across the planet," said Kurland. "I hope everyone may be inspired to move a little bit more, share more with others, and look to brighter futures." Kurland will perform in "Mass."

Kurland noted that he was guided during rehearsals by Alvin Ailey Dance Company's Elisa Clark. "She highlighted the unity of the mass rather than the soloist moments. She emphasized that the star of the piece is the piece. The movements we individually perform reinforce the overall image" for the audience.

Inviting audiences to the dance concert to this exceptional, nearby opportunity the audience can become "immersed, entertained and inspired," said Day.

West Springfield High School, 6100 Rolling Road, Springfield. Visit www.fairfaxcounty.gov/springfield/teenjobfair.htm for more.

Kite Festival. 10 a.m.-4 p.m. at Gunston Hall, 10709 Gunston Road, Mason Neck. A day of kite flying and children's activities, crafts, and guided tours. Kites will be available for purchase in the museum shop. \$10 adults; \$8 children 6-18, complimentary admission for Friends

of Gunston Hall. Call 703-550-9220 or email historic@gunstonhall.org for more.

MONDAY/APRIL 3

Funday Monday. 10:30 a.m. at Old Town Hall, 3999 University Drive, Fairfax. Children of all ages. Free and open to the public, donations are gratefully appreciated. Visit www.fairfaxva.gov/culturalarts.

Over 50 and Playing Basketball

Women's NOVA Fifty and Over Basketball League enjoy great friendships and travel around U.S.

BY STEVE HIBBARD
THE CONNECTION

If you're over 50 and a woman, you're never too old to play basketball. The NOVA Fifty and Over Basketball League caters to women ages 50 to 80 who meet every Friday year-round at the James Lee Center in Falls Church to play half-court games of basketball. With varying degrees of athleticism, they play rough and tumble games, enjoy friendships, participate in Mystics halftime exhibitions, and travel across the U.S. to tournaments. As members of the NOVA United Senior Women's Basketball Association, they pay a \$25 fee and take care of their own uniforms and travel expenses.

Helen White, age 63, of Arlington, founded the group in 2003 when she turned 50. When she started, they had only five people. Today, there are more than 50 women in the association and another 50 who play recreationally — on teams called Rapid Fire, Solid Gold, Triple Threat, and The Classics.

Carolyn Gilchrist, age 60, of Centreville, who works as a personal trainer, and played at Indiana University, said: "We play some people who are professionals, we play against teams that have their whole college team together. It's very competitive. It's a lot of hard competition, a lot of athletes who have played the sport before."

IN 2009, the team went to Nationals in Stanford, Calif., where they played 10 half-court games in four days, and came in third out of 24 teams in the nation. This coming June, they'll be going to the Nationals in Birmingham, Ala.

What White enjoys the most is the chance to play sports with people her own age, calling the camaraderie priceless. "Not only do we have friends here, but because we play in tournaments around the country, we have friends around the country when we play in their towns and cities, and compete against them," she said.

Kathie Chmura of Alexandria, who is now president of the group and a PE. teacher at James K. Polk Elementary, said when they started, they had all different age groups that just wanted to play basketball. It took a while to develop but since then, they've split into teams of 50-year-olds; two 55s age groups; one 60s; one 65s; one 70s; and one 75-plus age group.

They attend tournaments all over the U.S. — in North Carolina, Delaware, Arkansas, and Maine — competing against players



The NOVA Fifty and Over Basketball League is a group of women ages 50 to 80 who practice every Friday year-round at the James Lee Center in Falls Church.

PHOTOS BY
STEVE HIBBARD
THE CONNECTION



There are 50 women in the NOVA United Senior Women's Basketball Association and another 50 who play recreationally.

who are 10-15 years younger. They also compete in the Senior Olympics every two years, and play during college halftime games for exhibition. "The friendships you form here are priceless," she said.

Paula Cotman, age 60, of Fairfax, is a school counselor at Liberty Middle School in Clifton; she played basketball at Virginia State University and has been playing ever since high school. "We all have a purpose and a desire in life, the women of the NOVA Fifty and Over Basketball League engage in healthy activities and continuously use their resources to empower others," she said.

Even though she hasn't played for two years due to an injury, she enjoys the "mental gymnastics" and overall feeling of refreshment from playing with a group she calls "family." "Basketball is my life; you make good friends; you learn how to make good decisions; there are life skills that are taught," she said.

EVERY YEAR, the team sponsors a family for the holidays by doing a giving tree, contributing gift cards, and money. Last year, they donated clothes, toys and piggy banks full of cash, and gift cards to one family with

spousal abuse.

Through her counseling, Cotman heard about another needy family with a suicide and four children, ages 3-18. The ladies created a wish list for the kids and granted everything on the list.

"We have a variety of professionals here; a lot of the women are retired and they're basically giving back to the community all of the time," she said. They've helped the Duffy House, the American Red Cross fundraiser and the International Police and Firefighter's basketball tournament, among others.

Jackie Stephens, 79, of Fairfax Station, didn't start playing basketball until she was in her 60s, but says it has been a dream fulfilled. "It's a stress reliever; it's exercise; it's socialization and I'm with friends doing what I love to do, and that's play basketball," she said.

"When anyone has a project that they're working on, we are right there for them. We help others in any way we possibly can. We go and make donations, and scholarships are given for college," she said.

Gwen Forkin, 62, of Centreville, works as an IT manager. She played in high school and recreational leagues since age 21. She enjoys meeting lots of different people with varying skills. "When I found this, it was like a rebirth," she said. "We don't mind getting older, because we can age-up and play with the next age group and then you're the youngest in that age group."

Barbara Klementz, 80, of Wakefield Chapel, has been playing for 13 years. "I love the sport and I love the family that we have as a team; these people have supported me when I really needed them, and they're a lot of fun most of the time."

Elise "Sweet Pea" Patak, 81, of West Springfield, enjoys the friends, the camaraderie and the exercise. "It's just a feeling of togetherness. We do a lot of socializing outside of here. We go out once a week to Anthony's Restaurant," she said.

Jeanni O. Winston, 81, of Chevy Chase, Md., used to work in the White House for Kennedy and Johnson. She was nervous playing at first but that changed when she got to carry the Senior Olympics torch in Pittsburgh. "It was the biggest thrill; I was on the front page of the Pittsburgh paper," she said. "It was such an exciting time."

Sue Shepard, 60, of Centreville, who works as a math teacher at Robinson Secondary School and played college basketball, said: "My team is my second family. We support each other. We're at the age that we have grown kids and are taking care of parents, so we can support each other through that. We're always there for each other; it's nice."

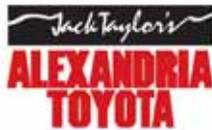
Betty Graf, 59, of Clifton, who works as a principal assistant engineer, said the league is more family than teammates. "We have a great group of people; we do things outside of basketball and it's good exercise." She added: "We've played for the Mystics during halftime and the fans cheer us and it's really nice."

3

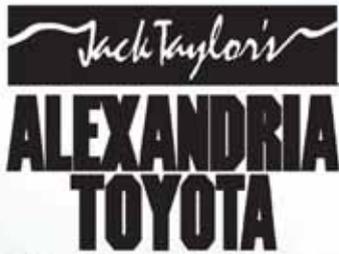
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21 Announcements

Public Hearing

Springfield Community Business Center Commuter Parking Garage
Fairfax County Department of Public Works and Environmental Services

Thursday, April 20, 2017 7:00 p.m.

Key Middle School Cafeteria, 6402 Franconia Road, Springfield, VA*

The Fairfax County Department of Public Works and Environmental Services will conduct an open forum public hearing on the design of the Springfield Community Business Center (CBC) Commuter Parking Garage project. The proposed project would include 6 parking levels with about 1,100 parking spaces, a bus transit center with 7 bus bays, 12 commuter spaces, and a short term parking area for drop off and pick up. A pedestrian bridge connecting Springfield Plaza to the parking garage is also proposed. Other features include bicycle storage, passenger waiting areas, a community area on the ground floor and on the roof top. Project schedule information will be discussed at the public hearing.

Preview the project information, environmental documents, and preliminary plans prior to the public hearing at the Fairfax County Department of Public Works and Environmental Services, 12000 Government Center Parkway, Suite 449, Fairfax, VA 22035, (tel. 703-324-5800). Please call ahead for staff availability.

Give your written comments at the hearing or submit them by May 4, 2017 to Mr. Deepak Bhingre, Project

* New Location

Manager, Fairfax County Department of Public Works and Environmental Services, at the same address. You may also email your comments to Deepak.Bhingre@fairfaxcounty.gov. Please reference "Springfield CBC Parking Garage Comments" in the subject heading.

Fairfax County ensures nondiscrimination and equal employment in all county programs, services and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. State Project #0644-029-175, P101, R201, C501; Federal Project #CM-5A01 (742).

ACCESSIBILITY TO PERSONS WITH DISABILITIES: This hearing is being held at a public facility believed to be accessible to persons with disabilities. Any persons with questions on the facility should contact Mr. Deepak Bhingre, Project Manager, Fairfax County Department of Public Works, 12000 Government Center Parkway, Suite 449, Fairfax VA, (tel. 703-324-8770). Persons needing interpreter services for the hearing impaired or those with limited English proficiency must notify Mr. Deepak Bhingre no later than Thursday, April 13, 2017 so appropriate arrangements can be made.

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Public Meeting on New Parking Garage

Fairfax County residents are invited to attend a public meeting in the Key Middle School cafeteria at 6402 Franconia Road, Springfield, on Thursday, April 20, at 7 p.m. to hear information about the new Springfield Community Business Center commuter parking garage, which will be built at 7039 Old Keene Mill Road.

The proposed Springfield Community Business Center (CBC) commuter parking garage project includes a six-story, approximately 1,100-space parking garage and transit center on an approximately 2.71-acre site that is owned by Fairfax County and currently used as a paved commuter and ride share parking lot. The proposed transit center will include seven bus bays and 12 "slug line" spaces (i.e., informal rideshare).

A pedestrian bridge connecting Spring-

field Plaza to the parking garage is also proposed. Other features include bicycle storage, passenger waiting areas, a community area on the ground floor and on the rooftop.

Construction on this \$63.8 million project is scheduled to begin in fall 2019.

Following the April 20 meeting, a 10-day public comment period will be open until May 4. Comments may be sent via the project website at www.fairfaxcounty.gov/fcdot/springfieldgarage.htm, or emailed to Project Manager Deepak Bhinge, PE., PMP. Written comments may be mailed to or dropped off prior to May 4 at Fairfax County Department of Public Works at Environmental Services, 12000 Government Center Parkway, Suite 449, Fairfax, VA 22035. Reference "Springfield Parking Garage Comments" in the subject heading.

BULLETIN BOARD

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

MONDAY/MARCH 20

Budget Town Hall. 7 p.m. at the West Springfield Government Center, 6140 Rolling Road, Springfield. Supervisor Pat Herry will be hosting, with Fairfax County Executive Ed Long. Visit www.fairfaxcounty.gov/springfield for more.

FRIDAY/MARCH 24

Kindergarten Orientation. 2 p.m. at Rolling Valley Elementary School, 6703 Barnack Drive, Springfield. Call 703-923-2700 or email the registrar, Mary Beth Vaughn, at mevaughn@fcps.edu.

SUNDAY/MARCH 26

A United Response to Hate Speech and Crime. 3-5:30 p.m. in the Ernst Room at Northern Virginia Community College - Annandale, 8333 Little River Turnpike. Brief presentations by experts who specialize in preventing hate rhetoric and hate crimes, followed by a discussion between the audience and a panel comprised of diverse religious leaders. Email ncsinterfaith@fairfaxcounty.gov or call 703-324-3453.

TUESDAY/MARCH 28

Immigration, Protest Rights. 7-10 p.m. at Johnson Center Cinema, George Mason University, 4400 University Drive, Fairfax. Know your rights if ICE approaches and when participating in a peaceful protest, and how to record law enforcement and submit videos automatically with ACLU's Mobile Justice app. Free. Contact Bethany Letiecq at bletiecq@gmu.edu or 703-993-5076 for more.

TUESDAY/MARCH 29

Domestic Violence Workshop. 11:30 a.m. at Kings Lutheran Church, 4025 Kings Way, Fairfax. This workshop is presented by Fairfax County Department of Neighborhood & Community Services and The FCIA Interfaith Domestic Violence Prevention Committee. Registration deadline is Monday, March 27, 2017. Visit tinyurl.com/fairfaxcountycic, email ncsinterfaith@fairfaxcounty.gov or call 703-324-3453.

THURSDAY/MARCH 30

Nomination Deadline. These awards recognize dedicated community service done by our youth and encourage them to continue to be active in their communities, sponsored by Eagle Bank. Cash prizes will be awarded in the tiered amounts of \$100 for elementary school students, \$200 for middle school students, and \$300 for high school students. Email NSCAServiceAwards@gmail.com for more.

FRIDAY/MARCH 31

Scholarship Application Deadline. The Springfield/South County (SYC) Board of Directors are sponsoring the George Angulo Scholarship Award. The \$1,000 college scholarship will be awarded annually to an area high school senior with a history of volunteer service. Visit www.sycva.com for more.

SATURDAY/APRIL 1.

Civil War Scholarship Deadline. Scholarship to be given for research of local Civil War history. The Bull Run Civil War Roundtable in Centreville offers a \$1500 scholarship to a public or private high school senior who resides in Fairfax, Fairfax City, Prince William County, Manassas City, or Manassas Park and will attend college in the fall of 2017. Information and application instructions can be found at bullrunwrt.org.

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg



Fairfax **\$749,000**
Spectacular! Extraordinary 4 BR contemporary. Beautifully updated thru-out. 2-story great room. Dream gourmet kitchen. Hardwood floors. Library. 2 gas fireplaces. Rec room. Private fenced yard and large deck. 2 car garage. Close to lake & VRE. A "10!"
Nancy Basham 703-772-2066



Fairfax Station **\$1,099,000**
Pure luxury nestled on 5 wooded acres in the beautiful Devereux Station community. Hardwoods, crisp moldings, custom built-ins, gourmet kitchen, show-stopping master suite. The list goes on—must see!
Carol Hermandorfer 703-216-4949



Fairfax **\$564,900**
Come live in Fairfax County's Best Kept Secret, "Fairfax Club Estates," where tree lined streets and manicured lawns await you. This Colonial Beauty boasts 4 Bedrooms, 3 1/2 Baths, Finished Lower Level, ready for occupancy. Many new updates to include Anderson Windows (2014), New Granite in Kitchen, Community Pool + much more.
Sheila Adams 703-503-1895



Fairfax **\$860,000**
Wonderfully renovated, new Kitchen, bathrm counters & fixtures. Newer windows/doors. Fabulous Braz. Cherry floors/main lvl & stairs, new bdrm carpets, fresh paint, sprinkler, security system, too many upgrades to list! Nice landscaping, deck looks out to woods, fully finished walk-out basmt, fenced, spacious corner lot. Easy access to I-66 & Rt 286, minutes to shopping & entertainment. Move in ready!
Dana-Jean LaFever 703-609-3479



Clifton **\$1,495,000**
Stunning 8,000 sq. ft. estate with 3 master suites and 4 additional BRs, gourmet Kit, media room, guest cottage, pool with waterfalls sited on 5 acres.
Carol Hermandorfer 703-216-4949



Gainesville **\$519,900**
Heritage Hunt 55+. Pristine 3 lvs. 4BR (3 main lvl), 4BA, gourmet kitchen w/ maple, Corian & SS appls. Gas cktp, MBR w/ 3 closets, living, gas fpl, dining, sunroom, loft, fin LL w/ rec rm, wet bar, wine rm, den, bonus rm, storage. Screened porch, patio, deck, irrigation system, 2 car garage.
Amanda Scott 703-772-9190



Fairfax **\$829,000**
Where Dreams Never End! Wake up to the stunning interior of this classic 5 bed/3.5 bath colonial sitting on a lovely cul-de-sac lot. Alluring interior includes 2-story foyer; gleaming hardwoods; family room with gas fireplace & custom built-ins; remodeled kitchen with stainless appliances; main level study; walkout Rec Room & a romantic master suite with luxurious bath. Impressive Plus!
Catie & Steve 703-278-9313



Reston **\$439,900**
1 BR Condo. Luxury, open, bright, contemporary, shows like a model, gas cooking, granite, recessed lights, bamboo floors. Walk to Reston Town Center. Close to metro.
Mary Ripani 703-503-1825



Clifton **\$624,900**
Picture perfect colonial with 3 finished levels, 4 bedrooms, 3.5 baths, walk out Lower Level with Nanry/In Law Suite. Private cul de sac, fenced back yard, great deck for entertaining.
Marsha Wolber 703-618-4397



Fairfax Station **\$839,000**
Pristine & updated Colonial on 1 Acre. 4 bedrooms, 3 full baths. Freshly painted interior & exterior. Hardwood floors on main level. Kitchen with granite counters opens to family room with brick surround wood burning fireplace. New carpeting. Expansive front yard with trees. Large deck backs to trees. Convenient to Fairfax County Pkwy.
Mickie Shea 703-503-1817



Fairfax Station **\$1,250,000**
Stunning custom Georgian estate! Sited on 2.5 private acres with rare main level master bedroom plus 2nd upper level master bedroom suite!
Carol Hermandorfer 703-216-4949



Manassas **\$564,900**
Gorgeous brick Colonial. Minutes to sought-after schools, shopping, and restaurants. Multiple commuting options to DC & Quantico. Open and bright, beautiful granite counters & new stainless steel appliances for a great chef's kitchen, large master suite, finished basement. Tree lined lot on cul-de-sac.
Joyce Wadle 703-403-3058



Clifton **\$939,000**
Feels like brand new! Gorgeous updates throughout including walk-out lower level! Enjoy views of 5 peaceful acres from screened porch, deck or patio.
Carol Hermandorfer 703-216-4949



Gainesville **\$497,900**
Heritage Hunt 55+. Stunning updated SFH on golf course, 3BR (2 main level), new master BA, 3 BA, gourmet kitchen w/ cherry, granite & SS appls, hardwoods, living rm, gas fireplace, dining, loft, screened porch, EZE Breeze windows, deck, 2 car garage, irrigation system, views!
Amanda Scott 703-772-9190



Herndon **\$314,900**
The Bryson—the ultimate location in Herndon—walk to shopping center from your front door and pick up the groceries at Harris Teeter. Lovely and neutral 2 master suite condo freshly painted and new carpet. Limestone faced gas fireplace and a quiet balcony overlooking the pool. Enjoy the amenities offered in the Bryson. New Metro stop in 2020!
Ellie Wester 703-503-1880



Clifton **\$649,000**
One-of-a-kind modern farmhouse on beautiful 1.35 acre near historic town of Clifton. Open floor plan, wonderful kit & bath updates, hardwoods, fab sunroom, 2 patios and more!
Carol Hermandorfer 703-216-4949



Fairfax **\$659,900**
Sited on a beautiful corner lot, this home comes with a fabulous Sun Room; gleaming hardwood floors, a huge Living Room, a charming Dining Room, Family Room w/ gas fireplace, updated baths. A "House Beautiful" kitchen with all the bells & whistles, finished basement & a deck & patio come too!
Catie & Steve 703-278-9313



Fairfax Station **\$799,000**
Charming Cape Cod w/ pool on 5+ acres near Fountainhead Park! Updates throughout, loads of windows, walk-out finished basement. This is truly an outdoor oasis.
Carol Hermandorfer 703-216-4949



Fairfax Station **\$1,175,000**
Stunning custom home with exquisite architectural details & exceptional craftsmanship on 5 acres in a country setting but close to all of your needs. An abundance of gathering spaces & natural light are perfect for entertaining. This home features a high-end gourmet kitchen, banquet sized dining room, 2-story family rm with floor to ceiling stone fpl, 3 finished levels & so much more. Visit 11220SeptemberLane.com
Nancy Wade or Judy Semler 703-927-7127



Burke **\$240,000**
New Listing! Burke Cove 2 Bedroom, 2 Full Bath Condo. Main level with private balcony with view of the woods. Best location in the building! No steps up or down! Low condo fees.
John Astorino 703-898-5148



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