



PHOTO COURTESY OF ROB SHENK/GEORGE WASHINGTON'S MOUNT VERNON

General George Washington inspects Continental Army troops during the Revolutionary War weekend at the Mount Vernon estate May 6 and 7.



PHOTOS BY TIM PETERSON/THE GAZETTE

No sooner did British troops engage the reeling wagon than a contingent of soldiers wearing mostly blue jackets began advancing from the far end of the field.

Revolutionary Weekend

600 re-enactors camp at George Washington's Mount Vernon.

BY TIM PETERSON
THE GAZETTE

It started as a harmless carriage ride through a lush colonial estate. Suddenly the trip was interrupted by hostile soldiers in red coats emerging from the woods. No sooner did the troops engage the reeling wagon than a contingent wearing mostly blue jackets began advancing from the far end of the field.

For 30 minutes, the highly trained and numerous British redcoats skirmished with the under-trained and under-equipped upstart patriots under command

of General George Washington.

Mounted British officers strained to control their horses while artillery regiments from both sides fired and smoke and sulfurous odor filled the battlefield. All while hundreds of civilians — men, women and ear-covering children — looked on.

There were four such battle re-enactments scheduled as part of the Revolutionary War weekend at George Washington's Mount Vernon May 6 and 7. More than 600 men and women re-enactors resided on the estate for the occasion, formed into British and Con

SEE REVOLUTIONARY, PAGE 4



Susan Warr of Richmond came to Washington's home as part of the 64th Regiment of Foot re-enactors, representing British infantry. A native of colonial Williamsburg, Warr grew up with an interest in history and has been re-enacting since 1987.



Left, Charleston native Charles Rhoden pointed out that as a regiment surgeon, the scarlet of his jacket is a brighter shade of red than a typical soldiers. Right is David L. Smith of Baltimore, as liaison officer of the Continental Army to the Spanish artillery unit.



More than 600 men and women re-enactors resided on George Washington's Mount Vernon estate for Revolutionary War weekend on May 6 and 7, formed into British and Continental army encampments.



Re-enactors explain the workings of 18th-century heavy artillery to young visitors during Revolutionary War weekend at George Washington's Mount Vernon.

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ME & MY MOM

Reader submissions for the
Gazette's annual
Mother's Day gallery.



Debbie Fairbanks and her son Stanhope enjoy the holiday season at Six Flags in Maryland.



Lyndsay and Caroline Austin being served an authentic Cornish Pasty in Lizard, Cornwall. They were visiting England during Caroline's spring break.



Monica Vroomen and Susan Bentley at the Women's March on Jan. 21, 2017.



Sophie Hattery with her mom, Maude Lee, enjoying frozen treats near our house on May 30, 2015.

— BRIAN HATTERY



From left are Harrison Mikulski, Winnie Mikulski, Mary Mikulski, Avalon Mikulski, and Lally Mikulski at Mount Vernon Estate in the fall of 2016.



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PHOTOS BY TIM PETERSON/THE GAZETTE

Smoke and sulfurous odor filled the battlefield as British and colonial forces exchanged volleys from muskets and cannons.

Revolutionary Weekend

FROM PAGE 1

tinental army encampments.

Prior to the battle, an announcer from Mount Vernon reminded visitors that historically, no battles are known to have taken place on the grounds of Washington's estate. Nor was the ensuing skirmish meant to recreate any actual engagement. But rather, it was meant as an informative depiction of what warfare may have looked like during the American Revolution.

Susan Warr of Richmond came to Washington's home as part of the 64th Regiment of Foot re-enactors, representing British infantry. A native of colonial Williamsburg, Warr grew up with an interest in history and has been re-enacting since 1987.

"We like to portray the uniform as accurately as possible," Warr said, referencing a belt plate from her uniform, modeled after one that was recently dug up in Charleston, S.C.

Charleston native Charles Rhoden pointed out that as a regiment surgeon, the scarlet of his jacket is a brighter shade of red than a typical soldiers. Unlike modern war medics, he pointed out, surgeons during the Revolutionary War would not have been on the battlefield, but rather waiting back in a protected area to tend to the wounded.

In addition to the re-enactments, other activities included a troop inspection by Washington himself and military drill, an 18th-century military



A young soldier who survived the skirmish on Mount Vernon estate looks on as smoke clears from the battlefield.

mapmaking and surveying demonstration, presentation on medicine of the Revolution and meeting with General Washington.

Mount Vernon Estate representative Kathryn Priebe said the weekend brought in more than 13,000 visitors, despite especially soggy conditions Saturday, which canceled the battle re-enactment that morning.

For more information on future events coming up at George Washington's Mount Vernon, visit www.mountvernon.org.



For 30 minutes, the highly trained and numerous British redcoats skirmished with the under-trained and under-equipped upstart patriots under command of General George Washington.

NEWS

Talking about 'Sobrietease'

Local author Martha Carucci talked about her new book, "Sobrietease," at Sherwood Regional Library on April 26. Carucci, a Mount Vernon resident and working professional, is a recovering alcoholic. The book chronicles her struggles, successful efforts to stop drinking and continuing sobriety.

"Sobrietease," which was the #1 New Release on Amazon for Alcoholism and Recovery, offers her experiences and advice to others with alcohol problems, as well as to their families and friends.

Carucci and her husband, Mike, have three children and live in Waynewood. She spent many years as a lobbyist for the telecommunications industry and is currently the executive director of the National Breast Center Foundation. She studied at the University of Pennsylvania, Harvard and Georgetown.

She has a second book in the works for publication this fall and is starting to think



PHOTO CONTRIBUTED

Martha Carucci

about a novel. Carucci blogs about her recovery at <https://sobrietease.wordpress.com/>

— MICHAEL K. BOHN

BULLETIN BOARD

VOLUNTEERS NEEDED

Contact Volunteer Solutions at 703-324-5406 or www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm.

The Hollin Hall Senior Center is hosting a one-time Repair Cafe event on May 6, 10 a.m.-2 p.m. All types of handy volunteers are needed. Instructors are needed for the following classes: Basic Art with a focus on acrylic painting,

Italian, Ballroom Dance, Piano and they need a Garden Helper.

The Gum Springs Senior Program is looking for a Line Dance Instructor. An Urdu-speaking Grocery Shopper is needed in Alexandria to assist an older adult male twice a month.

The Mount Vernon Adult Day Health Care Center needs front desk volunteers, an Art Instructor to teach water colors and acrylics and Social Companions.



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Roots Run Deep at St. Aidan's

In 1989, Viju Dilley and Jessica Watson, just two years old, became instant friends as St. Aidan's Day School classmates. Nearly 30 years later, they remain best friends, and on Sunday, they joined hundreds of other past and current St. Aidan's students,



Harrison Dilley, 2, a student at St. Aidan's Day School in Fort Hunt, greets his mother, Viju, on the school's playground. Viju attended the preschool beginning in the late 1980s.

teachers, directors, and families to celebrate the Fort Hunt pre school's 50th birthday.

Dilley is not only an alumna of the school but is now a St. Aidan's parent; her son Harrison, 2, now enjoys the same two-day program she did years ago. With fond memories of the school's emphasis on joyful play, caring teachers, and St. Aidan's playground sprawled amidst a wooded setting, she couldn't imagine her son anywhere else.

The family roots at St. Aidan's run as deep as those of the trees shading the outdoor play area. All but one of the 11 classes at the school includes at least one student whose parent attended St. Aidan's or at least one teacher who sent her own children to the school.

Amanda Cagigas Espinola boasts three connections to St. Aidan's: along with her two siblings, she attended the school as a child, sent her own four children to St. Aidan's, and currently works as an assistant teacher. Espinola, her four children, and her sister Emilie Yoder (also a St. Aidan's alumna) joined the family's current St.

Aidan's pupil Chriss Yoder for Sunday's celebration.

Because no birthday party would be complete without cake, St. Aidan's director (and mother of two St. Aidan's alumni) Suzanne Odom and three past directors — Kathy Hoke, Kathy Mott, and Judy Smith — cut into a ceremonial 50th birthday cake to kick off the festivities.

St. Aidan's Day School in Fort Hunt celebrated its 50th birthday party on Sunday, April 30, in Fort Hunt. From left are Emilie Yoder, who attended St. Aidan's Day School and is now a day school parent, with her niece Gabriela Espinola, 10; sister Amanda Espinola; nephew Javier Espinola, 15; and niece Giuliana Espinola, 7.

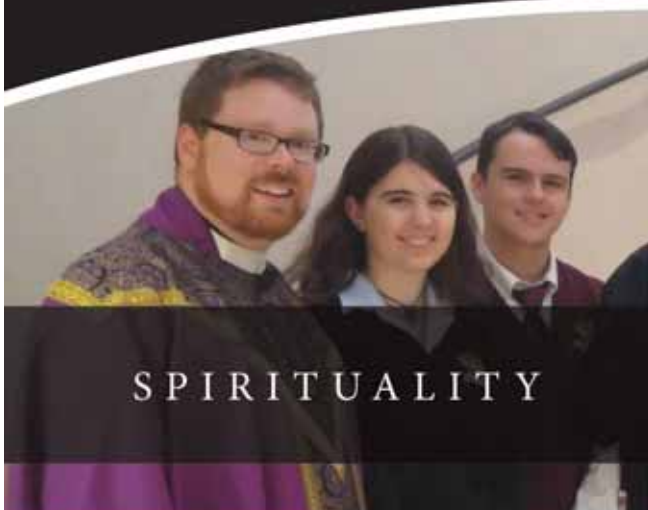
Amanda Espinola attended the day school, sent all four of her children to the school, and works as an assistant teacher.



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A bench in the Meadowood Special Recreation Area on Mason Neck was dedicated April 28 to Jim Waggener and his group of volunteers.

Bench Dedicated to Volunteers

The Audubon Society of Northern Virginia (ASNVA) honored Jim Waggener and his group of volunteers who have been documenting wildlife presence in the Occoquan Bay area for almost 30 years by dedicating a bench at one of the survey sites in the Meadowood Special Recreation Area on Mason Neck.

Waggener and his volunteers have been conducting this citizen science survey since 1989. The survey covers a 15-mile diameter count circle centered at Occoquan Bay

National Wildlife Refuge (OBNWR), and also includes regularly scheduled surveys at Meadowood Special Recreation Area, Occoquan Bay Regional Park, and Julie Metz Wetlands. Surveys are conducted on a year round basis, and document bird life, butterflies, dragonflies, and plants. Volunteers range in age from home-schooled teens to retirees. In addition to collecting and compiling the data, volunteers have also produced a butterfly field guide for the region, based on the survey data, as well as a butterfly checklist.

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OPINION

Troubled History of Voter Disenfranchisement

BY DAVE MARSDEN
STATE SENATOR (D-37)



Virginia has a troubling history of disenfranchising voters based on criminal convictions and failing to restore those rights when disenfranchised citizens have completed their sentences. In the recently completed 2017 session of the General Assembly, Republican Sen. Tommy Norment introduced a constitutional amendment (SJ 223) that would have allowed for the restoration of voting

COMMENTARY rights for violent felons (which includes burglary and certain drug offenses)

after release from prison, a five-year waiting period, and the payment of all fines, fees, and restitution. Democratic opposition argued that these unpaid monies constituted a modern version of the poll tax.

Though poll tax laws are no longer on the books, Virginia has one of the nation's most extreme policies restricting the voting rights of criminal offenders and one of the most racially disproportionate, with more than one in five black adults barred from voting due to a criminal conviction.

As Sen. Norment presented this amendment on the floor of the Senate, an interesting debate broke out in the chamber recalling the 1901-02 Virginia Constitution. GOP lawmakers argued, accurately, that the 1901-02 Constitution had the same felony disenfranchisement requirements that existed before the Civil War. What escaped Republican notice was that in 1876 petit larceny — minor property theft — was added to the constitution as a disen-

franchising offense. The purpose was to entrap landless and impoverished African Americans who were caught stealing small items such as farm animals, including chickens. The 1876 amendment mirrored the notorious “pig laws” passed in Mississippi that same year. Virginia justified its new law under the generally held concept that “chicken stealers were so poor that they could not support their families, lacked moral character, and as they lacked economic citizenship they were underserving of political citizenship.” Though felony disenfranchisement had been the tradition, petit larceny was slipped into the constitution in 1876 as a means to specifically disenfranchise African Americans.

That some whites would be caught up in this disenfranchisement was an acceptable tradeoff, as African Americans were already in prison at five times the number of whites. Anyway, whites with criminal convictions could apply for gubernatorial restorations of voting rights; governors generally refused such restorations for African American applicants.

The Republican argument had been that felony disenfranchisement in the 1838 Constitution, which predated the Civil War, proved that it was a race-neutral concept because this constitutional provision was included when only whites were allowed to vote. However, the clear attempt at disenfranchisement by petit larceny made clear that their assertion was inadvertently disingenuous. In the 1889 gubernatorial race, lists of police records were sent to precinct polling officials to be used in excluding black voters.

The following is excerpted from the *Washington Bee*, a newspaper at the time (1889):

[I]t is enlightening that in the 3rd Precinct over 600 blacks waited in a “blacks only” voting line and 900 blacks waited in line in the

4th Precinct. Voter intimidation ensued as men who were self-identified Republicans and blacks were met with challenges such as “I believe you have been convicted of stealing.” Even when denied, the charge led to being taken out of line and arrested for “impudence” if an argument ensued. Black voters were queried on the constitution for 20-25 minutes to slow the lines. Lists of black voter police records were on hand to deny voting. They were mailed to registrars. Voters were delayed for hours as they inched forward in the lines and many could no longer wait and went home.

The “whites only” line, it was reported, moved smoothly.

Virginia has a long pattern of using criminal conviction as a means of disenfranchising African Americans. Petit larceny was in our constitution in 1876, continued in the 1902 constitution, until removed in the 1971 version. It was added to exclude African Americans from voting. There are undoubtedly Virginians alive today who had lost the right to vote because of a conviction for petit larceny. Our prison system still has five times as many African Americans incarcerated as whites. We do not need a constitutional amendment that complicates who can and cannot vote in our commonwealth. The rule should be simple: regardless of your offense, if you are in prison you cannot vote; if you are out of prison you are entitled to vote. This standard would be consistent with the majority of other states. Virginia's history with voting rights is simply too troubling to put forth a new constitutional amendment that will continue to disadvantage African Americans.

Special thanks to Professor Pippa Holloway of Middle Tennessee State University, and Helen Gibson of the Weldon Cooper Center for Public Service whose source material was used for this article.

LETTER TO THE EDITOR

Mosquito Breeding Area

To the Editor:

I'm writing to follow up on my recent letters concerning the area of standing water within Stratford Landing Park adjacent Stratford Landing Elementary School. I pointed out the danger posed by leaving in place, next to a school, a mosquito breeding area. The accompanying photos show the standing water and its proximity to the school.

I spoke to a neighbor this week, a lifelong resident of the community. He informed me that about 50 years ago, the area in question was excavated to create an ice skating rink for neighborhood residents. When the rink was no longer in use, the land was left in that condition and eventually trees naturally sprouted there and grew. The time is long overdue for the land to be restored to its previous grade elevation and the mountain of dirt on the school grounds should accordingly be put to good use for that purpose.

This is a safety issue directly affecting the health and well-being of students attending the adjacent school (as well as teachers and administrators). It must not be ignored.

H. Jay Spiegel
Mount Vernon



The standing water near Stratford Landing Elementary School

PHOTO BY H. JAY SPIEGEL

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Open House Sunday 2-4pm • Groveton Heights

3220 Memorial St, Alexandria VA Trade in your container gardening for a backyard vineyard because you won't need to remodel this charming updated cape cod! 3 Beds, 1.5 baths, wood burning fireplace, detached garage. Move-in ready! \$475,000 Michelle Zelsman (703) 626-8400 <http://bit.ly/2oFuSHh>



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OLD TOWN

1211 Powhatan Street, Alexandria VA Great town home, 3 br, 2.5 bath, perfect curb appeal and private patio. Hardwoods, wood burning fireplace, crown molding, new windows, French doors are some of the charming appeal of this Old Town home. Local to metro, shops, restaurants, grocery stores, 2 lights to DC. \$624,000 Bonnie Rivkin (703) 598-7788 <http://bit.ly/2qiL0Tm>



Open House, Sunday 1-3pm • Midtown Alexandria Station

2451 Midtown Avenue #1523, Alexandria VA Views for miles from almost every room in this bright, RARELY available Penthouse! 1355 sq ft 2BR, 2BA, freshly painted, corner unit with high ceilings, large windows, gran/SS open kitchen, warm wood floors & in-unit W/D. Luxury amenities: 24/7 concierge, guest suites, pool w/hot tub, gym, party rms and more! 2 garage pkg spots. \$440,000 Kathy Kratovil (202) 285-6391 <http://bit.ly/2ps06F9>



Open Sunday 1-4pm • Old Town

122 Cameron Mews, Alexandria VA This beautiful brick federal features hardwoods throughout, with chair rails and moldings. Lovely secluded patio off English basement and kitchen. \$1,125,000 Ellis Duncan (703) 307-4295 <http://bit.ly/2iaAjP3>



Chatham Square

408 Oronoco Street, Alexandria VA Impeccable 3BR + 3 1/2BA brick end townhome flooded with sunlight. Hardwood floors, lower level den with fp & built-ins, 2 car garage + rooftop sun deck. This is a great value! \$947,000 Donnan C. Wintermute (703) 608-6868 <http://bit.ly/2lVwnjf>



Open House Sunday 2-4pm • Alexandria House

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501 Slaters Lane, Unit 1114, Alexandria VA Spacious 2-bedroom, 2-bath condo in Marina Towers. Beautiful setting with pool overlooking Potomac River. Renovated kitchen, garage parking space, washer/dryer in unit. Many amenities. Shows well. \$420,000 Rita McCauley-Redmond (703) 447-9114 <http://bit.ly/2qTilR2>

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MOUNT VERNON GAZETTE ❖ MAY 11-17, 2017 ❖ 9

News



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Home and Garden Tour

The chairpersons and "house captains" of the Belle Haven Women's Club who managed the tour and docents included, from left, Ashley Gula, Elaine Kramer, Elizabeth Wilmot, Grace Sorensen, Maggie Behringer, Burson Snyder, Vicki Coward, Laura Lawler, Elizabeth Bassett, Susan Golightly, Lesley Rabbitt, Rebecca Tromblay, Emily Jones, Alaina Breton, Susan Hunt, and Brooke Fuller.



Six houses were featured in the 2017 Belle Haven Women's Club Home and Garden Tour on April 30. The club marked its 80th year in the community by offering a tour of select homes and gardens. Last held five years ago, the tour is a tradition in the neighborhood and brought out 200-plus neighbors and guests.



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 "The New World"

ALEXANDRIA Symphony Orchestra

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 Marlisa del Cid Woods, violin

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Walk-In Closet Design Ideas

From chandeliers to luxury seating, the options are plentiful.

BY MARILYN CAMPBELL

When an Old Town Alexandria couple decided to remodel their master bedroom suite, they wanted to pay particular attention to the room's two walk-in closets. Designer Gene Delgado of Hopkins & Porter Construction, Inc., in Potomac, Md. was tasked with overhauling the spaces to give the couple the maximum amount of storage for their clothing and accessories.

"We ordered a storage system from Poliform, an Italian luxury modern furniture brand, that does exquisite closet systems," said Delgado. "The closet spaces are very modern with lots of built-in lighting. Because of the angled ceilings ... we are designing a cabinet for shoe storage and some shelving for purses and luggage. I'm doing a chandelier for the wife's closet to make it warmer and more feminine."

With available accessories ranging from elaborate lighting to luxury seating areas, there's no need to settle for a closet that

looks like a cross between a laundry room and a landfill. When it comes to walk-in closets, the options for creating a dream space are plentiful say designers.

"Closets are no longer utilitarian spaces for your clothes. People want their closets to be beautiful," said Delgado. "The trend is that they are bigger, more beautiful and more luxurious. Those with large spaces can have everything from coffee makers to seating areas."

When beginning the design of a closet space, Julia Walter, showroom manager at Italian design firm Boffi, advises clients to make an inventory list of items that will go inside such as long-hanging clothing foldable clothing and shoes.

"What plays into the inventory list is how the client prefers to use their closets," she said. "For example, do they mostly hang or do they fold clothes. It's helpful to see what the client's closet looks like currently [and] works and what doesn't."

A combination of small and large drawers is important for the different items to store, says Walter. For example, small drawers can hold items like jewelry, underwear and socks while larger drawers can hold items like scarves or exercise clothes."

"I like to use the upper most shelves in closets for bulky storage like luggage, hat

cases [and] for items that are either not used too much or are seasonal," said Walter. "Open shelves are great for display of shoes and handbags."

Invest in a full-length mirror and install it behind the door or on an open space that won't take away from storage, advises Allie Mann, designer, senior interiors specialist with Case Design/Remodeling, Inc.

"Use every inch of a closet space for storage. There may be small niches that are perfect for scarves, handbags [and] belts," she said. "Build in shoe shelving if possible. Keeping shoes off the floor gives a more organized look to the space. If you want to keep shoe boxes, be sure to label them with photos of the shoes inside so you don't have to open every box to find the pair you're looking for."

For those with a generous budget, Interior Designer Todd Martz, co-owner of Home on Cameron in Old Town Alexandria advises investing in a lighting system for viewing clothing and distinguishing colors.

"Add pullout shelves and rods to organize outfits. [Add] drawers with glass inserts to see contents," he said. "Group accessories [like] belts and purses by color for easy access."

Accessories that Walter recommends adding to a walk-in closet include belt hang-



PHOTO ANGIE SECKINGER/BOFFI GEORGETOWN

Open shelving for storing shoes and handbags are among the features that designer Julia Walter recommends for walk-in closets.

ers, tie hangers, jewelry drawers and safes. "If space allows, a center island is a great feature for getting dressed and showcasing certain items," she said. "Before a night out, [for example] a gown and shoes can be displayed."



HOME OF THE WEEK

Edinburg

A true one of a kind chalet style private estate with spectacular mountain views. The impeccably maintained main house has over 7500 sq ft of the absolute finest construction details. Main floor master suite has a private sitting room w/fireplace. The 28 foot ceilings and walls of glass in the expansive sun filled living room lead to the Viking gourmet kitchen, large family sunroom and dining room that leads to an upper-level porch w/ endless mountain views. The property has five additional bedrooms, 4 full and 2 half baths. Four custom stone fireplaces and over 3000 sq ft of patios and porches. Lower level has a large rec room, custom seated wet bar, game room plus additional bedrooms & baths, all walking out to massive stone patio and outdoor cooking area. The interior woodwork is beyond compare, post & beams are Douglas Fir from Oregon, peeled and scraped by artisans in Missoula, Montana and shipped directly to the home site during construction. Collar ties are reclaimed hardwoods collected from old barns throughout the Shenandoah Valley. Hardwood floors are Black Walnut from North Carolina and all stairways & railings are Black Walnut from Virginia. Custom doors throughout the home are Knotty Alder from West Virginia. Ceilings and stairwells are tongue and groove Western White Cedar. All the windows are custom Pella w/transoms, made to property specifications. Separate utility, storage rooms and huge upper level office space. Attached 3 bay garage, 7 zone HVAC, 2 wells. Offered on 20 acres for \$1,995,000, or on 60 acres for \$2,595,000 including 7 fully approved 4-7 acre building lots.

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ENTERTAINMENT



Only open a few weeks, Del Ray's Dolce and Bean is already settling in nicely to the neighborhood.

PHOTOS BY
MICHAEL LEE POPE

There's a pastry for everyone at Dolce and Bean.



Sweets Reign Supreme at Dolce and Bean

BY HOPE NELSON
THE GAZETTE

Mount Vernon Avenue just got a whole lot sweeter: Dolce and Bean has come to town. The high-end treat shop brings with it a plethora of options to tempt the sweet tooth, ranging from macarons to gelato to one of the store's anchoring goodies, Neuhaus chocolates.

Even before the confectionery's grand opening last weekend, neighbors had begun to find their way into the shop to join what co-owner Cookie Seifu calls Dolce and Bean's "Del Ray family circle."

"Del Ray's a very welcoming community. The residents and the businesses are very kind and very warm so far," she said.

The storefront was a long time coming – first a lengthy location hunt, then a year and two months of preparing the space. But what has emerged was just what Seifu and her co-owner, Peter Ge, were waiting for, she says.

"We've pretty much made it a one-stop European sweet shop. So we have our French pastries, we have our macarons, we have our gelato, which is Italian. We also have local suppliers of honey ... organic, pure, raw honey," said Seifu. "... Our flagship product is Neuhaus premium Belgian chocolate that gets flown in from Brussels weekly. We're the only ones in the Northern Virginia area that carry this brand."

Dolce and Bean will soon roll out other eats and sweets, such as crepes, Seifu said.

In the face of so many temptations, it can be difficult to maintain control; but Seifu stresses the individual portion sizes of her wares to keep waistlines trim while still giving in to a bag of sin from time to time.

"From my personal experience, health is an important aspect, and when you're dealing with sweets, you've got to be careful," she said. "Our pastries are individual sizes. ... Our macarons are about an inch and a half in diameter; there are macarons out there that are 2 to 3 inches."

The storefront is only a portion of Dolce and Bean's business. Its catering business is also beginning to take off, Seifu says. From weddings to corporate events, the confectionary has customers covered.

Also, look for more family-friendly daytime events to emerge in the coming months; Seifu envisions child-centric baking classes and other teachable events to keep the community engaged and always learning. And as the

If You Go

Dolce and Bean, 2003-A Mount Vernon Ave. **Current hours:** Noon-9 p.m. Monday-Thursday; 9 a.m.-10 p.m. Friday-Saturday; 8 a.m.-8 p.m. Sunday

Personal favorite: "My personal favorite is my pastry. I love the cheesecake caramel, the carrot cake ... I would love for someone to come and tell me they did not like the carrot cake," said co-owner Cookie Seifu.

store continues to settle in, Dolce and Bean wants to hear from neighbors, no matter the special request.

"So far, we've been happy; we've been asking for feedback, we really want to hear from the community — what they like, what they would like to see, what they don't like, the good and the bad. Because at the end of the day we're here to serve the community," she said.

Hope Nelson owns and operates the *Kitchen Recessionista* blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.



Dolce and Bean's pistachio gelato is a perfect sweet treat for any occasion.

CALENDAR

Submit entertainment announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Singing the Blues exhibit. Various hours through May 21 at the Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St. Highlights the work of three featured artists Beverly Baker, Joanne Bast, and Laura Savage. Visit www.Potomacfiberartsgallery.com or call 703-548-0935 for more.

Kiln Club Show. 7:30-10 p.m. through May 29 at the Scope Gallery, 105 N. Union Street, ground floor Studio 19. The "Better than Brunch: Mother's Day Originals" Kiln Club show. Call 703-548-6288, or visit scopegallery.org for more.

"Master Class" on Stage. Through June 11, 7 p.m. at Metrostage, 1201

N. Royal St. Music direction by Joseph Walsh, featuring Ilona Dulaski as Maria Callas in Terrence McNally's valentine to "La Divina." Call 703-548-9044 or visit www.metrostage.org.

Native Plants, Herbs, and Heirloom Tomatoes. Various times through mid June at Mount Vernon Unitarian Church Greenhouse, 1909 Windmill Lane. Visit www.mvuc.org for more.

Costumes of Mercy Street. Through Sept. 1, at The Lyceum: Alexandria's History Museum, 201 S. Washington St. To learn more about The Lyceum, visit alexandriava.gov/Lyceum or call 703-746-4994.

Mount Vernon Farmers Market. 8 a.m.-12 p.m., Wednesdays, through Dec. 14. Fresh local food, artisan crafts. Sherwood Library, 2501 Sherwood Hall Lane. Visit www.fairfaxcounty.gov/parks/farmersmarkets/mtvernonmkt.htm for more.

All the President's Pups. Saturdays 10 a.m. at George Washington's

Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. All the President's Pups Walking Tour, along the way, learn about George Washington's love for dogs, his dogs' unusual names, and his efforts to improve the quality of his hunting dogs through breeding. \$7. Visit www.mountvernon.org for more.

Mercy in Alexandria Walking Tour. Sundays at 1:30 p.m. at Alexandria Visitors Center, 221 King St. Experience an inside access tour of 19th century Alexandria. Inspired by the PBS mini-series "Mercy Street," accompany a trained military historian through Civil War-era Alexandria and learn the actual history behind the TV show. Short tours are \$15, private tours for five are \$149. Visit www.dcmilitarytour.com for more

The Lyceum: 175 Years of Local History. Ongoing, Monday-Saturday 10 a.m.-5 p.m. and Sunday 1-5 p.m. at The Lyceum, 201 S. Washington St. On view in the museum's Coldsmith Gallery, the historical

objects and images featured represent The Lyceum, the community at work, and commemorations and celebrations. Throughout the exhibition, visitors are invited to "be the curator" and think about why the various artifacts are in the museum's collection, and about how tangible representatives of the past help tell the story of Alexandria's history. Free. Visit www.alexandriahistory.org for more.

Pick-Up Hockey. Ongoing, Wednesdays and Fridays 11:30 a.m.-1 p.m. at Mount Vernon Ice Skating, 2017 Belle View Blvd. Play hockey with other hockey buffs, hitting slap shots and learning puck handling skills that the pros use. Players must have full equipment. 16 and older. Visit www.fairfaxcounty.gov/parks/rec/mtvernon/ or call 703-768-3224 for more.

Medical Care for the Civil War Soldier Exhibit. Ongoing at the Fort Ward museum, 4301 W. Braddock Road. ongoing exhibit which features original medical

instruments and equipment from the Civil War period and information on Union Army hospital sites in Alexandria. Free. Visit www.alexandriava.gov/fortward for more

Alexandria's Nurses and Hospitals During the Civil War. Ongoing at The Lyceum, 201 S. Washington St. An exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. The true story of a nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama "Mercy Street," with references to the experiences of other nurses, such as Anne Reading, who worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary hospital. Admission is \$2. Visit www.alexandriava.gov/lyceum for more.

Shield of Earth: Defending the Heart of the Union exhibit. Ongoing, museum hours Tuesday through Saturday, 10 a.m. -5 p.m.,

ENTERTAINMENT

Sundays, noon-5 p.m. at Fort Ward Museum, 4301 West Braddock Road. Highlights of the exhibition include military passes issued by Provost Marshal's Office, construction tools, and original photographs of some of Washington's defenders. 703-746-4848 or www.fortward.org.

Who These Wounded Are: The Extraordinary Stories of the Mansion House Hospital exhibit. Ongoing, Tuesday through Saturday, 10 a.m.-4 p.m., Sundays, noon-4 p.m. at the Carlyle House Historic Park, 121 N. Fairfax St. Come see the site that inspired "Mercy Street," the new PBS' series inspired by real events that took place at Carlyle House. www.carlylehouse.org or call 703-549-2997

Color Disorder Exhibit. Ongoing, Thursday through Sunday, noon-4 p.m., Sundays, noon-4 p.m. at the The Athenaeum, 201 Prince St. A joint exhibition of artists Katie Baines and Amy Chan who use diverse painting materials such as acrylic, gouache, airbrush and screen print to build energized abstract paintings. www.nfaa.org or 703-548-0035.

Flamenco Show. Wednesdays and Thursdays, 7:30-8:30 p.m. at La Tasca, 607 King St. Watch dancers and guitarists perform traditional flamenco. Free to attend. Call 703-299-9810 or visit www.latascausa.com.

French Movie Night. Every Thursday, 7 p.m. in the back room of Fontaine Caffe and Creperie, 119 S. Royal St. View a French film. Free, no reservation necessary. Call 703-535-8151 or visit www.fontainecaffe.com/reviews.html.

Their Fates Intertwined: The Lees of Alexandria in the War of 1812. Wednesday- Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the

Lee family in Alexandria during the War of 1812 examines the contributions of Alexandria's citizens during the conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit www.leefendallhouse.org or call 703-548-1789.

Alexandria Cars and Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

Fifty Years of Collecting. Tuesday-Saturday 10 a.m.-5 p.m., Sundays 12-5 p.m. Fort Ward Museum, 4301 W. Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit www.fortward.org or call 703-746-4848.

Dinner for the Washingtons. 12 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit www.mountvernon.org for more.

Second Thursday Music. Athenaeum, 201 Prince St. 7 p.m. Second Thursday of every month. Visit nvfaa.org to view concert calendar and listen to upcoming Second Thursday Music artists.

The Monday Morning Birdwalk takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is



open to all. Birders meet in the parking lot at the park's entrance at 3701 Lockheed Blvd. Direct questions to park staff during normal business hours at 703-768-2525.

Civil War Sundays. 1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria. Find dioramas, newspaper articles and more Free. Visit www.alexandriarchaeology.org.

Doggy Happy Hour. Starting April 5, Tuesdays through October 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Doggy

Happy Hour at Jackson 20 and the Hotel Monaco Alexandria offers specials on cocktails and beers plus treats and water for canine companions. Free, but drinks sold separately. Visit www.monacoalexandria.com for more

Wake Up Wednesdays featuring The Pop Up Cafe. 7-9:30 a.m. on Wednesday's near the King Street Tunnel - Carlyle Entrance located near 2000 Duke Street near Motley Fool. The cafe will feature coffee, live music to help commuters start the day off right and donuts from Sugar Shack. maurispotts@gmail.com

MAY 10-JUNE 4

Gods, Heroes, and Fools. Various times at the Torpedo Factory Art Center, Studio 21, 105 North Union St. Artist Lesa Cook sets the Greek and Roman gods into a contemporary context in "Gods, Heroes, and Fools." Visit www.theartleague.org or call 703-683-1780.

THURSDAY/MAY 11

Tory Cowles Sculptures. 5-8 p.m. in the Torpedo Factory Art Center, Studio 7, 105 North Union St. Cowles turns old roofing, electrical wires,

Rockfest

On Saturday, May 13 from 9 a.m.-1 p.m., the children take the stage at Rockfest in Del Ray.

Be a part of our **Wellbeing** pages, the first week of every month.

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ENTERTAINMENT

ASO Closes out Season with Americana-themed Concert

BY MELINDA KERN
ALEXANDRIA SYMPHONY

Alexandria Symphony Orchestra will present its season finale on Saturday, May 20, 8 p.m., at the Rachel M. Schlesinger Concert Hall and Arts Center, led by guest conductor Emil de Cou. The 73rd season has focused on masterworks, led by five renowned guest conductors, each concert anchored by a classical “popular” favorite loved by audiences from the symphonic canon.

Anchoring the Americana-themed finale is Dvořák’s Symphony No. 9 (From the New World). Considered a symphonic favorite by many for its lyrical second movement and written as both a tribute to his immigrant roots and his adopted homeland, this work borrows from Native American song, African American spirituals, Scottish melodies and Dvořák’s own Czech folk traditions.

Composed while music director for the National Conservatory of Music in New York and during his trips visiting immigrant settlements in the Midwest, he incorporated the diverse musical elements he observed as uniquely American. The added inscription “from the new world” was suggested by the conservatory’s founder Jeannette Thurber as a testament to the students he taught at the school, which came from diverse backgrounds (as immigrants and with multiple ethnicities) throughout New York City.

“The title of this symphony could just as easily been: ‘To the New World,’” observes Maestro de Cou. “Dvořák’s Symphony ‘From the New World’ remains not only a musical summation of his three year stay in the United States, but also a love letter to that still infant nation trying to find its way. This symphony becomes a musical mirror that Dvořák lifts for us to see the unending original sounds he treasured during his stay with us.”

De Cou serves as the National Symphony Orchestra at Wolf Trap conductor during the summer season and leads the Pacific Northwest Ballet as music director. He has led the Labor Day Weekend Capitol Concerts on the West Lawn of the U.S. Capitol annually since 2002 and works with NASA as musical consultant for special projects.

Opening the program is Barber’s only Violin Concerto (Op. 14), featuring ASO’s own Marlisa del Cid Woods. Woods is music director of the famed U.S. Army Strolling Strings and has performed as principal and soloist with many military ensembles and prominent symphonies. Hailed as one of the most technically difficult violin concertos ever written, Barber’s masterpiece will sparkle with Ms. Woods as soloist.

Subscriptions for the ASO’s 2017-2018 Season featuring the four finalists for music director are now on sale. Senior and military subscription pricing is available. To purchase tickets and for more information, visit www.alexsym.org or call 703-548-0885.

CALENDAR

and found objects into something unpredictable. Visit ToryCOWles.com or call 240 793-5425 for more.

Gardening Lecture. 7:30-9 p.m. at Green Spring Gardens, 4603 Green Spring Road. Nancy Lawson gives a talk on “The Humane Gardener: Nurturing a Backyard Habitat for Wildlife.” Call 703-642-5173.

Meet the Author. 6:30 p.m. at Lloyd House, 220 N. Washington St. Join Alexandria historian Jay Roberts as he shares research from his newest publication, *Lost Alexandria*. Visit www.alexandriava.gov/historic/lloyd/ or call 703-746-4554 for more.

The Cat Jam of Bluegrass music. 7:30-10 p.m. at the Franconia Moose Lodge, 7701 Beulah Street. The Mount Vernon Evening Lions Club hosting local musicians donate their time and talent for charity. Proceeds will go to support a lunch program for local homeless people. Free, donations accepted. Call 703-339-7099 or email rebamorse@aol.com.

Sacramento, will perform a program including the Sonata, Op. 101 by Beethoven and the Ballad in A Minor, Op. 28 by Chopin. Free, donations accepted. Email mcushmac@comcast.net or call 703-548-1176.

SATURDAY/MAY 13

Street Painting Festival. 9 a.m.-3 p.m. on the sidewalks of Mount Vernon Avenue between Bellefonte and Hume avenues. The Del Ray Montessori School will hold the second annual “La Bella Strada: An Italian Street Painting Festival” where more than 20 local artists will create large chalk paintings along the sidewalk. Visit www.labellastradadelray.com or email info@labellastradadelray.com.

Tot Rock Fest. 9 a.m.-1 p.m. at the Mt. Vernon Recreation Center, 2701 Commonwealth Ave. A day of music, movement, and making a difference for children in and around Del Ray. Visit www.totrockfest.com for more.

Quander Brook Cleanup. 10 a.m.-noon, meet in the Kings Crossing Shopping Center, 6303 Richmond Highway. Community residents and volunteers are needed to volunteer an hour or more of their time to help clear the stream of accumulated trash, primarily plastic bottles and bags, paper cups and cans. Email mwtillert@verizon.net for more.

Heroes for Moms Blood Drive. 10:30 a.m.-3 p.m. at the Alexandria Beatley Library, 5005 Duke St. Mother’s Day weekend for a blood drive and maternal health awareness event dedicated to saving the lives of mothers. Visit www.heroesformoms.com for more.

Celtic Spring Fling. 3-7 p.m. at St. Aidan’s Episcopal Church, 8531 Riverside Road. Games, crafts, food and drink, plenty of music and

dance, face painting, and corn hole tournament. Email MBartel@bartelassociates.com or call 703-548-4250 for more.

Beethoven’s Monumental Piano Concerto. 7 p.m. at the Rachel M. Schlesinger Concert Hall and Arts Center, 4915 E. Campus Drive. Featuring keyboard artist Todd Fickley, and Mozart’s Coronation Mass (Krönungsmesse), with orchestra. Soloists for the Mozart will be the winners of the 2016 Choralis Young Artists Competition: Abby Middleton, soprano; Elizabeth Sarian, alto; Patrick Kilbride, tenor; and Benjamin Curtis, baritone. \$40-50; ages 23-29, \$20; 13-22, \$5; 12 and younger, free. Visit www.choralis.org for more.

SUNDAY/MAY 14

American Indian Heritage Day. noon-6 p.m. at Fort Hunt Park, 8999 Fort Hunt Road. The National Indigenous Circle in cooperation with the National Park Service will host an American Indian Heritage Day. Call 703-289-2500 or email aaron_larocca@nps.gov for more.

MAY 15 THROUGH LABOR DAY

Gadsby’s Tavern Museum Relics. Various times at Gadsby’s Tavern Museum, 134 N. Royal St. Learn the history of the museum, the purchase and see the original woodwork. Call 703-746-4242 or visit www.gadsbystavern.org for more.

TUESDAY/MAY 16

DNA Genealogy Talk. 1-3 p.m. at the Hollin Hall Senior Center, 1500 Shenandoah Road. Learn the basics of genetic genealogy and how to use it as a tool in a research from

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ENTERTAINMENT

Shannon Combs-Bennett's talk on "Let Me Tell You About Your Genes." Call 703-768-4101 or visit www.mvgenology.org for more.

Beer Yoga. 7 p.m. at Port City World Headquarters, 3950 Wheeler Ave. Suitable for beginners and experienced students, this yoga class will challenge balance, strength and flexibility. Learn breathing techniques to help alleviate physical tension and mental stress. All levels welcome, and a post-yoga pint is part of the class, 21 and older for the beer. Visit www.portcitybrewing.com/ for more.

WEDNESDAY/MAY 17

Chamber Golf Classic. 1 p.m. at Laurel Hill Golf Club, 8701 Laurel Crest Drive, Lorton. Event is the main fundraiser for the Mount Vernon Lee Chamber of Commerce Scholarship Fund and will be capped at 120 golfers. Email Info@MtVernon-LeeChamber.org for more.

FRIDAY/MAY 19

Bike to Work Day 2017. Registration — now open — is free and open to anyone who commutes in the region, from first timers to daily cyclists. All registrants will be entered in a regional bicycle raffle, and the first 16,000 to register and attend will receive a free t-shirt at one of more than 85 pit-stops throughout Northern Virginia. Participants can register online at www.biketoworkmetrodc.org. Email Megan Goodman at mgoodman@mwccog.org, or call 202-962-3209 for more.

Golf Tournament Fundraiser. At Lansdowne Resort. Alexandria-based Christian Relief Services is hosting a

golf tournament to support its Safe Places program providing safe housing for women and children fleeing domestic violence. Registration includes greens fees, lunch, dinner, prizes and gifts. Visit safe-places.org/golf-classic or call 703-317-9086.

Capitol Steps. 7 p.m. at First Baptist Church of Alexandria, 2932 King St. A fundraiser to benefit the local Salvation Army. Visit give.salvationarmyusa.org for more.

Wax Museum Reunion. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. 1980's reunion of all that was Desperado's and The Wax Museum including Billy Price. The Original Keystone Rhythm band, The Bob Margolin Blues Band, The Good Humor Band and the Skip Castro Band. Visit www.birchmere.com.

SATURDAY/MAY 20

2017 Little Hunting Creek Cleanup. 9 a.m.-5 p.m. at Little Hunting Creek, at three locations: Janna Lee Avenue Bridge, Creekside Village Apartments, Mount Vernon Shopping Plaza Near Duron Paints. Part of the Alice Ferguson Foundation's Annual Potomac Cleanup. Visit www.scottsuovell.org for more.

Armed Forces Day Tour and Concert. 11 a.m.-1 p.m. Tour of Fort Ward, the best preserved of the Union forts that defended Washington during the Civil War, followed by a concert of Civil War music by the Federal City Brass Band on the Museum lawn. Call 703-746-4848 or visit www.fortward.org.

Contemporary African Immigration Lecture. 11 a.m.-1 p.m. at the Alexandria Black History Museum, 902 Wythe St. Dr. Nemata



Roman Art

From May 10- June 4 Artist Lesa Cook sets the Greek and Roman gods into a contemporary context at the Torpedo Factory, 101 N. Union St. Visit torpedofactory.org.

Blyden, a George Washington University professor talks about the Africans who arrived in the United States after slavery ended in 1863. Call 703-746-4356 for more.

Civil War Firefighting Walking Tour. 1-3 p.m. at the Fire Station, 107 South Alfred St. Explore Alexandria's Civil War firefighting history on the "We've Been Burned: Alexandria Firefighters During the Civil War" tour. Visit www.shop.alexandriava.gov or by calling 703-746-4994 or 707-746-3891.

Architectural Walking Tour. 2-4:30 p.m. Details about start location and reception address will be provided to all registrants. Architectural Walking Tour of Rosemont followed by a garden reception at a private home \$20. Visit www.visitalexandriava.com/ or call 703-746-4554 for more.

Taste of Mount Vernon. 5:30-7:30

p.m. at the Mount Vernon Governmental Center, 2511 Parkers Lane. Restaurants are featured. Visit www.fairfaxcounty.gov/mountvernon/ or call 703-780-7518.

Country-Western Dance. 6-9:30 p.m. at Lincolnia Senior Center, 4710 N. Chambliss St. Lessons at 6 p.m. and dancing at 7. The Northern Virginia Country-Western Dance Association members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. Visit www.nvccwa.org or call 703-860-4941.

Alexandria Symphony Orchestra. 8 p.m. at the Rachel M. Schlesinger Concert Hall and Arts Center at the Alexandria Campus, 4915 East Campus Drive. Free. Visit www.nvcc.edu/schlesingercenter.

SUNDAY/MAY 21

Alexandria Children's Concert. 2-4

p.m. at The George Washington Masonic National Memorial, 101 Callahan Drive. Performances by the John Adams Orff Ensemble; Rocknuceros and The Great Zucchini. \$10. Visit KiwaniisConcert.com or email alexandria.kiwaniis@earthlink.net for more.

Nitty Gritty Dirt Band. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. \$45. Visit www.birchmere.com.

MAY 23-JUNE 25

Flora and Fauna Artshow. Various times at Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 N. Union St. This show will highlight the work of artists Jeanne Bohlen and Floris Flam. Visit www.Potomacfiberartsgallery.com or call 703-548-0935 for more.

WEDNESDAY/MAY 24

Meet the Civil War Author. 1-3 p.m. at The Lyceum, 201 South Washington St. Writer and Civil War buff Mark Tooley speaks on the topic: Could the Civil War be Avoided? Visit www.alexandriava.gov/Lyceum or call 703-746-4994.

THURSDAY/MAY 25

Taste of Mount Vernon . 5:30-7:30 p.m. at Mount Vernon Governmental Center, 2511 Parkers Lane. Call 703-360-8400 for more.

Tour the Murray-Dick-Fawcett House. 5:30-7:30 p.m. at 517 Prince St. Enjoy an advance look at this 18th-century house, recently purchased and now owned and operated by the City of Alexandria as the final event of Alexandria's Preservation Month. \$10 donation suggested. Visit Shop.Alexandriava.gov for more.

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PEOPLE



UCM presented its inaugural Gerry Hyland Humanitarian Award to Gerry Hyland himself during the Gala. From left, Mount Vernon Supervisor Dan Storck, UCM Executive Director Alison DeCoursey, Hyland, UCM Board Chair Ken Disselkoen, and Lee Supervisor Jeff McKay.



PHOTOS COURTESY OF UCM

UCM's recently appointed Executive Director Alison DeCoursey addresses Gala attendees during the event's dinner.

UCM Gala Honors Hyland, Raises \$190,000

BY MICHAEL K. BOHN
THE GAZETTE

Nearly 300 people filled the atrium of the U.S. Patent and Trademark Office in Alexandria on Saturday evening, May 6. They came to support the United Community Ministries' annual "Give from the Heart" Gala, UCM's largest fundraiser of the year.

The black-tie affair, hosted by The Friends of UCM, featured cocktails, a silent auction, dinner, live and reverse auctions, music and dancing. One of the highlights was raffling off a free trip to Cancun, Mexico.

The evening's emcee was NBC TV News4 reporter and anchor David Culver. The two event chairs, both members of UCM Friends, were Donna Jarvis-Miller and Margaret

Murphy.

UCM's newly created Gerald W. Hyland Humanitarian Award was presented. The UCM board will annually "recognize outstanding individuals who have demonstrated a commitment to the welfare and overall economic prosperity of the community."

UCM board chairman Ken Disselkoen, Mount Vernon District Supervisor Dan Storck, and Lee District Supervisor Jeff McKay presented the inaugural award to Hyland himself.

Hyland served as Mount Vernon supervisor for 28 years before his 2015 retirement. He was instrumental in many community improvements, including keeping INOVA Mount Vernon Hospital open, improving roads, coordinating closely with Fort Belvoir, and helping shape the revitaliza-



NBC TV News4 reporter and anchor David Culver served as the Gala emcee.

tion of Route 1. Hyland also served on the UCM board 1981-87.

UCM focuses its efforts along the Route 1 corridor and holds as its vision: "No mem-

ber of the United Community Ministries community will ever be hungry, homeless, helpless, or hopeless."

The organization's mission follows that vision: "United Community Ministries mobilizes the power of community to equip, educate, and empower people to measurably improve their lives."

The UCM board recently appointed a new executive director, Alison De Coursey. She came to UCM from Ernst & Young Global, an international professional services and accounting firm. A 20-year Alexandria resident, DeCoursey also has held several volunteer executive positions in other charitable and community organizations.

Preliminary accounting indicates the Gala raised about \$190,000 in donations and auction proceeds, slightly more than last year's event.

Rockwell, Warren Selected for WCAC All Conference Softball Honors



Erin Rockwell

As they do annually, the head coaches of the nine Washington Catholic Athletic Conference (WCAC) teams got together to select players for the first and second All-WCAC Conference teams. This season, two Bishop Ireton Cardinals were selected for the WCAC honors.

Erin Rockwell was selected for All-WCAC First Team Honors.

Erin has been the workhorse pitcher for the Cardinals all season. She has amassed some 160 strikeouts and counting in a WCAC-leading 133 innings pitched over the season. Erin has a regular season batting average of .528, an on base percentage of .594 and a slugging percentage of .887.

Erin Rockwell will be in the top 10 in nine softball leaders categories on the Washington Post All-Met Leaders lists including: At Bats - 1st place with 80 AB's; Runs scored - tied for 10th place with 27 runs scored; Hits - tied for 6th place with 36 hits; Doubles - tied for 8th place with 5 doubles; Triples - tied for 3rd place with 5 triples; Home Runs - tied for 9th place with two home runs; Stolen Bases - tied for 7th place with 14 stolen bases; Strikeouts - 9th place with 160 strikeouts; and Innings pitched - 1st place

with 133 innings pitched.

Sawyer Warren was selected by the WCAC coaches for All-WCAC Second Team Honors. Sawyer likewise has been a "workhorse," in her case, behind the plate for the Cardinals. Sawyer caught every game except one during the season. She has amassed over 100 innings behind the plate. Sawyer has been a wall behind the plate allowing only six passed balls all season. She has caught six baserunners stealing. On offense Sawyer has a regular season batting average of .456, and an on base percentage of .500. Her slugging percentage is in the mid 1.018.

Sawyer Warren is in the top 10 in five softball leaders categories on the Washington Post All-Met Leaders lists including: At Bats - 3rd place with 74 at bats; Doubles - tied for 5th place with 8 doubles; Triples - tied for 5th place with 3 triples; Home runs - tied for 4th place with 7 home runs; and RBI's - tied for 7th place in RBI's with 30 RBI's.

Both players were instrumental in leading the team to a win against Elizabeth Seton High School on May 2 to advance to

SEE SELECTED, PAGE 17



Sawyer Warren

PEOPLE

Selected

FROM PAGE 16

the semifinals of the WCAC Championship playoff Tournament.

Erin has committed to play softball in college at Eastern Mennonite University next year in Harrisonburg, Va. in the Old Dominion Athletic Conference. Sawyer has yet to commit to play in college, however, as a junior, she is being looked at by scouts and coaches.

Erin and Sawyer also play together on their travel team, the Mount Vernon Magic 18U Elite, which last year won the 2016 USSSA Virginia State Championship, and finished 3rd at the 2016 USSSA National Championship Tournament in Salisbury, Md.

The WCAC head coaches gave Honorable Mention Honors to four other Bishop Ireton players: Senior Dominique Gil, Junior Eva Gilbert, and Freshmen Sarah Milam and Ailita Whalen.

The Bishop Ireton High School Cardinals varsity is coached by Ann Krebs and Olivia Compton. In her first year, a rebuilding year due to the loss of five seniors after last season, Krebs has led the Cardinals to an overall record of 7-14. The team has qualified to compete in the VISAA (Virginia Independent Schools Athletic Association) State Championships which will begin May 16 in Richmond.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

WEDNESDAY/MAY 10

South Flow Alliance. 7-9:30 p.m. at Walt Whitman Middle School, Lecture Hall, 2500 Parkers Lane. South Flow Alliance Community Action Meeting. Visit www.fairfaxcounty.gov/mountvernon/ for more.

SATURDAY/MAY 13

Car Boot Sale. 8 a.m.-noon at St. Luke's Episcopal Church, 8009 Fort Hunt Road. A British style car boot sale. Similar to a yard sale but items are sold from the trunk or "boot" of a car. \$20 to rent a parking spot, free to attend, open to the public. Email mcmillin23@cox.net for more.

Community Shred. 9 a.m.-noon at at Mount Vernon District Police Station, 2511 Parkers Lane. Shred unwanted paper items. Visit www.fairfaxcounty.gov/mountvernon/ for more.

MONDAY/MAY 15

Town Hall Forum in Gum Springs. 7 p.m. at Bethlehem Baptist Church, 7836 Fordson Road, Gum Springs. U.S. Rep. Don Beyer will hold a Town Hall forum — Your Voice Matters — which replaces the Know

SEE BULLETIN, PAGE 18

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Good is not good, where
better is expected.

-Thomas Fuller

Announcements

Announcements

Obituary



Anne Finn Shoemaker

On Saturday, April 15, 2017, Anne Finn Shoemaker died peacefully at her home in Alexandria, VA. A longtime resident of the Mount Vernon community, she is survived by her husband of 55 years Sidney L. Shoemaker of Alexandria, VA and her daughters Mandi Maier of Alexandria, VA and Tara Mickelson of Williamsburg, VA.

She is also survived by her sisters Victoria Finn of Philadelphia, PA and Richie Reid of Savannah, GA. She was preceded in death by her sister Carol Robertson of Savannah, GA and her parents Richard C. Finn and Mary T. Finn of Saint Simons Island, GA. Anne grew up on Saint Simons Island, GA and graduated from Glynn Academy, Class of 1958. She attended Georgia Southern College in Statesboro, GA before marrying and starting her adventures as a military wife.

Anne and Sid travelled all over the world during their many assignments with the U.S. Air Force, including one of their favorites at Tempelhof Central Airport, West Berlin, Germany. There Anne served as President of the Officer's Wives Club Tours Program, which enabled her to travel all over Europe. Between assignments, Anne worked for the late Senator Herman E. Talmadge of Georgia, as Director of Special Programs and Projects. In that role she flourished, her love of politics realized and sense of service continued until her last day. Any opportunity to help another, she was there. After an election loss for Senator Talmadge, Anne turned to local politics in the Alexandria area. She coordinated fundraisers and campaigned for the former Governor Charles Robb, former Lt. Governor Don Beyer, and former Virginia State Senator Toddy Puller.

Anne was also known for her kindness, generosity and kind words to anyone that crossed her path. A devoted wife and mother, her family was always a priority. She never gave up an opportunity to surround herself with her four adored grandchildren, Olivia Maier of Alexandria, VA Gavin, Hunter and Colton Mickelson of Williamsburg, VA. In true southern fashion she made every visit an event.

Anne will be deeply missed not only by her devoted family but also by her many close friends.

A memorial service will be held at Washington Farm United Methodist Church, 3921 Old Mill Road, Alexandria, VA 22309 on Friday, May 12, 2017 at 1:00pm. She will be laid to rest on Saint Simons Island, GA at Oglethorpe Memorial Park at a later date. In lieu of flowers, the family suggests donations to St. Jude's Children's Research Hospital or to Hospice of the Golden Isles, 1692 Glynnco Parkway Brunswick, Georgia 31525. Arrangements by, DEMARNE FUNERAL HOME, Alexandria, Virginia www.dearninefuneralhomes.com

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"Bulky Boy"



By KENNETH B. LOURIE

Is the nickname I gave Andrew, one of our male cats. It's because he's a bit portly, like his father, yours truly. However, Andrew's nickname is not the impetus for this particular column. The impetus for this column is my tendency, as the primary (almost exclusive) buyer of miscellaneous household goods and to a lesser extent, services, to buy in bulk/quantity, not necessarily quality; although that's a subject of a long-ago column and perhaps a future one as well — dare I cross that Rubicon again, and one that has earned me this identical nickname to Andrew.

As a cancer patient originally diagnosed as "terminal" — at age 54 and a half, eight-plus years ago, time becomes an integral/essential part of your life; what there is of it presently, what you have been told you have left of it and what you — in your wildest dreams, every day and every night, hope you actually get to do: live a relatively "normal" life expectancy.

Even though life has gone on years past my original "13-month to two-year" prognosis, I still struggle with the emotional yin and yang of whether I'm closer to the end or further from the beginning (date of diagnosis). And is so struggling, everyday decisions that might have a time element/time-sensitivity to them are complicated. Is it necessary to do it/buy it/obligate myself to it now when the benefit might be later? A later I might never see? If I'm trying to enjoy life in the present as much as possible to fend off the inevitable and relentless stress that a "terminal" cancer diagnosis imposes, then how does a future benefit help me now?

As a few examples and finally to the point of this column: buying in bulk. 240 dryer sheets — for two adults, one of whom works at home and doesn't exactly get dressed for it; 90 tall kitchen trash bags — we use one bag a week, and that includes bagging the cat litter for five indoor cats; paper towels — enough quantity that we could likely wrap them around our entire house if we had to; toilet paper — is sacrosanct, one can never have enough in stock; and tissues/Kleenex — given how frequently my eight-years-of-post-chemotherapy nose runs — constantly, is also sacrosanct (although I can always use toilet paper, paper napkins or paper towels in the pinch; not exactly the same pinch as if the toilet paper inventory runs out, however). Naturally, these items are all non-perishable so their life expectancy is not a consideration. But since mine is, sometimes I think I need to buy them or else, because when I do need them it will be too late.

As for perishables, obviously it makes little sense to overbuy (expiration dates notwithstanding, except mine). I can't eat all the food quickly enough anyway (another point of contention from a previous column), although I may try. But even I know, in my cancer-induced haze, that spending money now on an unpredictable future though penny-wise and beneficial in some emotional ways, might be pound-foolish. I need to feel good today - period, not feel good today about something I might benefit from tomorrow. I mean, how else am I even going to get to tomorrow? Don't I need to filter out potentially harmful/debilitating mental and physical images/impacts and try to live as unencumbered as possible (to invoke one of my deceased father's favorite words)? Cancer is already an uphill battle. If I don't want to live the legendary life of Sisyphus, pushing a figurative rock up a hill, only to have it fall back down time and again, I need to find a way/strategy to both manage my budget and control my mind. Obviously, I want to live like I have a future, but not at the expense of my present. You can call me "Bulky Boy" all you want, but "crazy-kookie" not so much.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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| An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. -Werner Heisenberg | | | |

CRIME

The following incidents were reported by the Mount Vernon District Police Station.

COMMERCIAL ARMED ROBBERY: 6900 block of South Kings Highway (Exxon), May 6, around 10:20 p.m. An employee was working at the business, talking to a customer, when a man knocked on the door wanting to enter. The suspect came in, implied he had a weapon and demanded cash. He ran off with an undisclosed amount of money. The 25-year-old victim was not injured. The suspect was described as Hispanic, 25 to 30 years old, approximately 5 feet 9 inches and was wearing a black North Face hooded sweatshirt.

ROBBERY: 7800 block of Audubon Avenue, May 3 around 7:47 a.m. A man grabbed a 71-year-old woman's purse and fled. Her purse was located nearby, but her wallet was missing. The suspect was described as black wearing a black hoodie and black pants with a white stripe. The victim did not require medical attention.

BURGLARY: 7900 block of Janna Lee Avenue, May 2 between 5:30 p.m. and 6 p.m. A resident left her home briefly and returned to find items had been moved around. Cash and a bluetooth speaker were missing.

BURGLARY: 7800 block of Richmond Highway (Boost Mobile), between 6 p.m., April 30 and 10 a.m., May 1. An employee reported someone had entered the business after hours and took an undisclosed amount of cash. There were no signs of forced entry.

MAY 8 LARCENIES
 8400 block of Frye Road, beers from business
 2500 block of Parkers Lane, license plate from vehicle
 6500 block of Richmond Highway, laptop computer from vehicle
 7200 block of Richmond Highway, cash from business

MAY 5 LARCENIES
 7900 block of Richmond Highway, merchandise from business
MAY 4 LARCENIES
 5300 block of Bedford Terrace, suitcase from residence
 7100 block of Fort Hunt Road, jewelry from residence

MAY 3 LARCENIES
 2400 block of Midtown Avenue, gun from residence
 7700 block of Richmond Highway, merchandise from business

MAY 2 LARCENIES
 6200 block of North Kings Highway, tools from residence
 2500 block of Parkers Lane, jewelry from residence
 6700 block of Richmond Highway, merchandise from business
 6400 block of Virginia Hills Avenue, jewelry from residence

MAY 1 LARCENIES
 1500 block of Belle View Boulevard, liquor from business
 1600 block of Belle View Boulevard, wine from business

BULLETIN BOARD

FROM PAGE 17

Your Rights forum that was cancelled on March 13 due to inclement weather. The Town Hall may cover any concerns or questions you may have on any topic to include current events and your rights. Register for this event at www.eventbrite.com/e/your-voice-matters-tickets-33438499452.

EMBARK Richmond Highway Community Meeting #4. 7-9 p.m. at Walt Whitman Middle School, 2500 Parkers Lane. Future transportation improvements for Richmond Highway. Visit www.fairfaxcounty.gov for more.

SATURDAY/MAY 27

Mount Vernon Flea Market. 8 a.m.-1 p.m., at 8717 Fort Hunt Road. The flea market features: furniture, art, china, glass, porcelain, pottery, and books. Visit mountvernonfleamarket.wordpress.com.

WWW.CONNECTIONNEWSPAPERS.COM

5

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SYNTHETIC

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2303 Cavendish Dr.
\$689,500
Resort living on Cavendish!
Spectacular oasis in Stratford Landing. Private rear grounds host a resort setting unrivaled at this price range. Recent updates include: roof, windows, Furnace/AC, interior painting, fence, doors, custom trim/molding, the list goes on. Here is your chance for a rare opportunity!



4220 Adrienne Dr.
\$499,500
Great Value!
Spacious rambler on half acre lot backing to conservation area. Numerous features include large rooms, open floor plan, three bedrooms on main level including master suite, updated kitchen cabinets, updated granite counter top, fully finished walk out lower level, and covered parking. 24"x11" deck overlooks private rear grounds and creates shaded oasis below.



8307 Crown Court Rd.
\$749,900
Amazing Pool!
Spectacular 5 Bedroom, 5 Bath home featuring large room sizes, soaring cathedral ceilings, and oversize two car garage. Large deck overlooks truly stunning backyard scene with custom pool, spa and extensive hardscaping. Vacation at home in setting that resembles luxury upscale resort!



9305 Forest Haven Dr.
Walk to Potomac!
Character abounds! Classic cape incorporates dramatic light filled interior with charm & character of original home. Spacious glass sun room, gorgeous hrdwd flrs, skylights, updated base, replacement windows, & garden room with hot tub accessed from master by spiral staircase. Prime location on gorgeous .5 acre lot with access to Mount Vernon Yacht Club and Potomac River.



9504 Lynnhall Pl.
\$1,099,000
Prime location near river in prestigious Oxford. Home was crafted with the finest materials & workmanship resulting in true custom masterpiece. Features include: High ceilings, glass window walls, exquisite trim work, open floor plan, two story family room with stone fireplace, library on main level with full bath attached would make excellent master, oversize 2 car garage, fenced grounds with custom pool, decks and patios.



3711 Great Neck Ct.
\$639,900
Just listed!
Enjoy the same views George Washington relished from the Mt. Vernon Estate. Truly unique property on large lot overlooking the gorgeous Mt. Vernon Estate grounds. 6 Bedrooms, 3 Baths with many upgrades including expanded kitchen and spectacular sun room. Other features include: fenced rear yard, direct outside entrance to lower level. Excellent in law suite potential. Great Value!



9515 Mt. Vernon Landing.
\$850,000



8717 Plymouth Rd.
\$1,399,000
On the move!
Things are moving in Plymouth Haven! Take advantage of the last opportunity for the best new home price in neighborhood. Pre-construction sale provides maximum opportunity to personalize. Special offer includes free finished lower level rec room and bath plus \$10k closing cost allowance with use of approved lender. Save hundreds of thousands of dollars compared to other new builds in neighborhood!



8516 Wagon Wheel
Large Rambler!

5420 Grist Mill Woods Way
\$879,000



9321 Allwood Dr.
\$659,000
Classic Cape Charmer!



9419 Mt. Vernon Cir
\$998,500



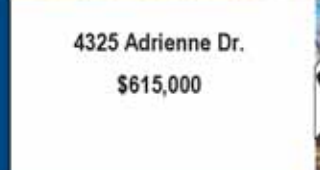
9027 Mcnair Dr.
\$585,000



5427 Grist Mill Woods Way
\$899,000



4301 Adrienne Dr.
\$609,900



4325 Adrienne Dr.
\$615,000



4601 Cornwallis Ct.
\$475,000



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