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PHOTO BY ANDREA WORKER/THE CONNECTION

Fairfax County Supervisor Cathy Hudgins (D-Hunter Mill), center, waits with Bruce Wright and Kerie Hitt, for the Beulah Road Walkway project ribbon-cutting event to begin. Wright and Hitt demonstrated the connectivity improvements of the project by biking from Reston to the ceremony in Vienna.

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NEWS

Field of Honor at Marshall High

George C. Marshall High School's Class of 2019 will celebrate the Memorial Day holiday by creating a Field of Honor on May 26-29. This field of American flags will be displayed in front of Marshall High School along Route 7.

Marshall High students are inviting the community to support the Field of Honor and their class by sponsoring flags to honor the men and women who have died while serving in the U.S. military or to recognize the service of a veteran or an active duty service member. For each flag sold, a donation will be made to a local veteran's orga-

nization and the students can send an e-card to the family or the honoree to let them know they have been honored with a photo of the Field of Honor.

Flags sponsorship costs one flag for \$5 or five flags for \$20.

The Class of 2019 will plant the flags on May 26 and remove them on May 30.

Deadline to purchase flags is May 24. Visit Pay4SchoolStuff.com (select Field of Honor) or complete an order form and mail ATTN: Field of Honor with a check payable to Marshall HS. Address: Marshall High School, 7731 Leesburg Pike, Falls Church, VA 22043.

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A Long Time Coming, But Finally Here

Beulah Road Walkway officially opened.

ANDREA WORKER
THE CONNECTION

The idea came to area resident Jenifer Joy Madden many years ago. She was attempting to walk along Beulah Road in unincorporated Vienna with her young son from their nearby home to the Meadowlark Botanical Gardens — a journey that should have been a fairly easy stretch of the legs. Instead, they dodged speeding vehicles coming around roadway twists and turns, hugging the ditch line for safety. “We even came across the remnants of a serious car accident from the night before, with medical paraphernalia and bits of car parts still there that had to be negotiated.”

Fast forward a bit. Madden saw a poster from then recently-elected Fairfax County Board of Supervisors member Cathy Hudgins (D-Hunter Mill), saying “I want to meet the community and hear from you.” Madden took the new supervisor up on the offer and asked for pedestrian roadway improvements along Beulah Road so that walkers and bikers could more easily access the parks and trails that form “a beautiful necklace of green space” around the area, according to Madden.

“She told me to show community interest and support and if I did so, she would get behind the effort.”

Madden wanted to work, and Hudgins kept her promise.

IT TOOK YEARS, lots of door-knocking, the support of her Homeowners Association, a comprehensive feasibility study, an ever-growing cadre of neighbors and people who champion bike and walk activities in the area and the support of Hudgins and quite a few employees of the Fairfax County Department of Transportation (FCDOT), but at last, the connecting walkways were substantially completed in October of 2016.

Hudgins spoke at the ribbon-cutting ceremony to officially celebrate the completed project. Gathered beneath a tent on the Beulah Road property of Shahla Zahirieh, who is also a design engineer with the county, and her husband Javad Mortazavi for the occasion were a small group of local residents, trail users, FCDOT staff and representatives from the engineering and construction groups who helped to see the project come to life.

“This was a more difficult project than most people might realize,” said Hudgins. Building in an area already developed poses any number of problems, the supervisor explained. The end result, however, “has us celebrating that we can all work together creatively” to achieve something so positive for the community.”

Madden, now the vice chair of the Fairfax County Transportation Advisory committee,



Cutting the Ribbon on the Beulah Road Walkway project.



Fairfax County Supervisor Cathy Hudgins (D-Hunter Mill), center, waits with Bruce Wright and Kerie Hitt, for the Beulah Road Walkway project ribbon-cutting event to begin. Wright and Hitt demonstrated the connectivity improvements of the project by biking from Reston to the ceremony in Vienna.

and Jeffrey Anderson, the Hunter Mill District representative, Fairfax County Trails and Sidewalks Committee, were also speakers at the event. Anderson, as well as being an avid trail user himself and a member of the Fairfax Alliance for Better Cycling, has been active with the local annual “Bike to School” campaign since 2009. “That’s how I got interested and how I came to join the ‘Jenifer-train’ [referring to Jenifer Madden] that brought us to this point,” he said. “You want to promote healthy activity for our kids, but before now, it was dangerous. Now you can safely get to so many trail access points and places for outdoor fun. We even have a neighbor who can now get around in a motorized wheelchair and enjoy the outdoors.”

ATTENDEES Bruce Wright and Kerie Hitt proved the point that the improvements



Jenifer Joy Madden, a local resident, was credited by ceremony guest speaker Supervisor Cathy Hudgins, as being the originator of the project and the driving force behind seeing it to completion.

added a whole new level of connectivity to the community by biking to the ceremony from their hometown of Reston. “It’s really great,” said Wright. “A lovely ride. We can get to so many trails, even to Wolf Trap using the bridge over the Toll Road.”

From Madden’s first suggestion, to the endorsement of the project by the Board of Supervisors in 2007, to completion in 2016, to ribbon-cutting in 2017, the Beulah Road Walkway may have been a long time coming, but for many, it was worth the wait.

VIENNA POLICE HIGHLIGHTS

The following summary contains various incidents of general interest as well as vehicular crashes handled by the Town of Vienna Police Department from May 5-11.

INCIDENTS

Fraud — Navy Federal Credit Union, 820 Follin Lane, SE between May 3 at noon and May 5 at 2:10 p.m. A citizen was notified by her bank that someone entered the Navy Federal Credit Union and withdrew money using her Bank of America debit card and other forms of identification. This case is being investigated.

100 Block Harmony Drive, SE May 4, noon. A resident reported fraudulent charges that

were made to one of his credit card accounts. This case is under investigation.

Grand Larceny — 200 Block Cedar Lane, SE between May 4 at 4 p.m. and May 5 at 4 p.m. A citizen reported the theft of lawn equipment from his truck. This case is being investigated.

Juvenile Case — Cedar Lane School, 101 Cedar Lane, SW May 5, 8:30 a.m. A student made verbal threats to two schools administrators. The staff did not wish to pursue charges and will handle the disciplinary actions internally.

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NEWS

Waging War Against Silent Disease

BY ASHLEY CLAIRE SIMPSON
THE CONNECTION

On Sunday, April 30, the eve of National Lyme Disease Awareness Month, Vienna's Colour Bar Studio was full for its 3rd Annual Cut-A-Thon, which raised money for The National Capital Lyme and Tick-Borne Disease Association (NatCapLyme). NatCapLyme is a non-profit that sets out to end Lyme disease and to improve the lives of people living with this seemingly ubiquitous tick-borne illness. To date, Colour Bar Studio has raised almost \$25,000 to advance Lyme research.

"We raised \$8,700 at this year's event, and all proceeds go to NatCapLyme for their important research," said Tania Ferrel-Saldaña, owner of The Colour Bar Studio. "We'll keep collecting donations for the rest of the year, and my goal is \$12,000 in 2017."

Six of Colour Bar Studio's hair stylists donated four hours of their time, and talents, to perform 23 haircuts. All proceeds went to NatCapLyme for their life-saving research.

"Each haircut was \$100, which



PHOTO CONTRIBUTED

Colour Bar Studio in Vienna held its 3rd Annual Cut-A-Thon on April 30 raising \$8,700 for Lyme disease research.

all went to NatCapLyme," Ferrel-Saldaña said. "The stylists and support staff all donated their time to make sure that everything ran smoothly. It wasn't just haircuts. There were also people who came to The Cut-A-Thon to give us donations, to purchase raffle tickets, and even just to hang out."

PEOPLE came from near and far to attend, she added. One man living with Lyme disease drove from New York after reading about the event on the NatCapLyme website.

Among the community support that makes the Cut-A-Thon possible every year, a number of local businesses donated items for the salon to give away as raffle prizes. From spa treatments to retail items, Colour Bar Studio was able to distribute 20 prizes — at no cost to the salon — to those who purchased winning raffle tickets.

The Cut-A-Thon is close to Ferrel-Saldaña's heart because she suffers from chronic Lyme disease. She has spent the last five years of her life waging her own war on

Vienna's Colour Bar Studio raises money to support NatCapLyme.

the disease that has eaten away at her energy, memory and quality of life. To compound her pain, she's also watched her children struggle with Chronic Lyme disease's persistent symptoms.

Karla Ferrel, Tania's daughter and Colour Bar Studio's salon director — also battling Lyme — is proud to be a part of what she hopes is a movement gaining momentum. She said every member of the staff, though, considers the Cut-A-Thon to be the most meaningful part of Colour Bar Studio's year.

"It's special to everyone because it supports a cause that they have seen firsthand affect someone close to them," Karla Ferrel said. "Through it all, we've also learned more about clients that suffer from Lyme disease."

As more doctors recognize the prevalence of Lyme disease and the chronic impact that an overlooked and undertreated tick bite can cause, this salon's team understands that they are raising greater awareness of the epidemic.

"This is a disease that gets such little attention, so it is important for people to see a small business

dedicated to awareness," Karla Ferrel said. "I know personally that it's a relief to see events like this."

IT ALL STARTED close to four years ago, when Ferrel-Saldaña asked her staff to think of a way for them to give back to the community for its support for Colour Bar Studio as it established itself as the new business on the block.

"The Cut-A-Thon wasn't my idea," Ferrel-Saldaña said. "To support me, my team wanted to do something for the Lyme community, and make people more aware of what they go through."

Though Ferrel-Saldaña still hopes to earn more for NatCapLyme by the end of the year, she is pleased with this year's turnout and remains touched by the support and sacrifice of her team at her salon. She's already started the planning for next year's event, on Sunday, April 29, 2018.

"I know what I need to do to raise even more money," Ferrel-Saldaña said. "It takes a lot to make it a success, but, without question, it's worth it all the hard work and sacrifice."

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POLICE HIGHLIGHTS

FROM PAGE 3

Arrest – Forgery / Narcotics Violation — Northwest Federal Credit Union 231 Maple Avenue, East May 5, 12:38 p.m. An employee advised a man was in the bank attempting to pass a forged check. Officers located the man and took him into custody. A measurable amount of marijuana was located in the man's vehicle. The 22-year-old man from 4th Street, SE in Washington, D.C. was transported to the Fairfax County Adult Detention Center where he was charged with Forgery, Uttering of a Forged Check and Possession of Marijuana.

Peeping — 100 Block Patrick Street, SE May 6, 1:17 a.m. On May 4 two women who live in an apartment advised the apartment security officer of a man looking in their window. The two women observed the man again on this date and alerted the security officer again who followed the man to the 7-11 at 8616 Park Street where officers located him. The women did not wish to pursue charges but were advised of the warrant process should they change their minds.

Arrest – Drunk In Public — 7-11 8616 Park Street May 6, 1:30 a.m. While Ofc. Sterling was investigating the previous

peeping case he observed the man the women identified as the suspect showed signs of impairment. Ofc. Sterling arrested the 41-year-old man who had no fixed address. He transported him to the Fairfax County Adult Detention Center where he was charged with Drunk In Public and was to be held until he was sober.

Found Property — Taco Bama 164 Maple Avenue, West May 6, noon. An iPod was found at the restaurant and turned in to the Vienna Police Station.

Arrest – Drunk In Public — 537 Maple Avenue, West May 6, 9:11 p.m. A citizen advised of an intoxicated man going in and out of the convenience store. Ofc. Bulti located the man and detected signs of possible impairment. The 61-year-old man from Lee Highway in Falls Church was placed under arrest and transported to the Fairfax County Adult Detention Center where he was charged with Drunk In Public.

Suspicious Event — 300 Block Lewis Street, NW May 6, 10:24 p.m. A resident, who has had several recent issues with juveniles harassing his daughter, heard a vehicle outside his

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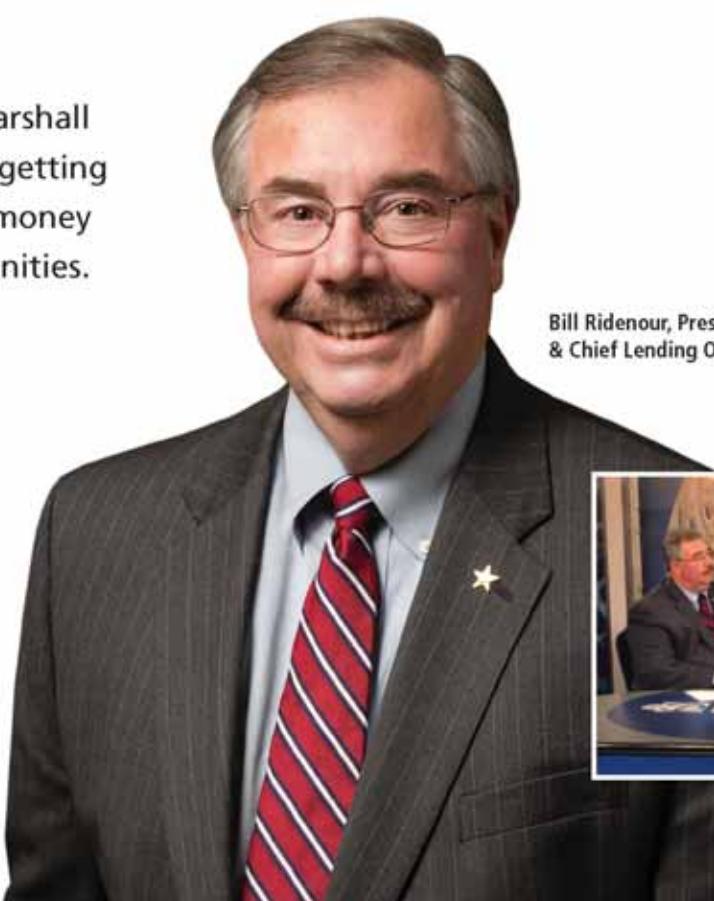
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OPINION

The Ugliness of Prejudice

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

Last week without provocation a woman in the check-out line at a local grocery store told another customer — a Muslim woman — “I wish they didn’t let you in the country.” In the exchange that was recorded on a camera phone, the woman to whom the remark was directed explained that she had been born in the United States. Rather than leave it at that, the first woman went on saying, “Obama’s not in office anymore; you don’t have a Muslim in there anymore. He’s gone — he may be in jail in the future.”

I realize that there are more people than I would like to acknowledge that have strong prejudices against others because of their race, religion, ethnicity or other reason. It continues to shock me when I see the ugliness of the expression of such prejudices as the recording of this event provided. As the woman to whom



COMMENTARY

the remarks were directed pointed out, it's abnormal to start a conversation like that with someone you do not know. There really is something wrong with people who are so blinded by their prejudices that they feel compelled to lash out at a person who has done them no wrong. The comments reflect a deep-seated hatred that comes out for reasons only a mental health

expert could help discover.

What is particularly troubling these days is the blurring of the line between political convictions and prejudice toward individuals. In our deeply divided political landscape, too often political views become opportunities to demonize people who hold different views. Unfortunately talk radio, social media and some cable news shows tend to invite this destructive phenomenon.

In addition to the repulsiveness I feel about the hateful comments, I was also saddened that social media and news accounts described the

scene as a store in Reston, Va. I know from a lot of personal experience the amount of effort that so many people have made over the years to ensure that Reston is an open, welcoming and inclusive community. While I understand why the store did nothing to address the situation, I wish somehow there had been a disclaimer on the video: The woman speaking does not represent the views of the people of Reston.

The situation reminds us that building community is not a one-time occurrence, a workshop, or a feel-good session. Building a community of respect and love is an ongoing process that we work at a little every day. We greet those we meet; we hug each other; we attend each other's houses of worship; we show respect to others; we speak out against hate and prejudices; we listen to each other. We use appropriate channels to discuss political views, and whether in person or online we stick to the issues and don't resort to personal attacks.

A display of hateful and ugly prejudice as we have just witnessed must bring us together in mutual support and respect as we want Reston and every other community to display.

FCPS to Propose Increases in Class Sizes

BY MOLLIE REGAN

The lead-in for the Fairfax County Public Schools (FCPS) Proposed FY 2018 Budget states the following: “The FCPS FY 2018 (2017-18 school year) budget reflects the school system’s priorities. It’s also a communications tool that informs parents, staff members, students, and community members about our values and goals.”

If that is true, then why is FCPS proposing to balance its FY18 budget by increasing class sizes by 0.5 students in all elementary, middle and high schools?

Large class sizes have a negative impact on students’ ability to learn and succeed, and on teachers’ ability to teach. Large classes burn out good teachers and affect teacher decisions about whether to continue working at a school. Every time a good teacher leaves the employ of FCPS, we forfeit our investment in hiring and training that person.

In many recent meetings about teacher compensation, the School Board has expressed concerns about teacher attrition. In FCPS, we lose about 40 percent of our teachers in their first five years of employment, and we lose many more teachers after their fifth year. Class size is cited — both in FCPS and in a national study — as a top factor in teachers’ decisions to leave the school district.

COMMENTARY

At this critical time when we already suffer from teacher shortages and large class sizes, FCPS should not be considering additional class size increases as a means to save \$14.7 million. There are alternatives that could better address the FY18 budget gap. Some alternatives actually reduce expenses. Others just change budget assumptions.

For example, the School Board could cut \$15 million of other expenses with the understanding that in July, it would use the “found money” from the year-end FY 2017 budget review to restore those programs. This is exactly what the board did about six years ago, when Jack Dale was the FCPS superintendent.

Alternatively, FCPS could find \$14.7 million by using more realistic assumptions about employee attrition. Every year, FCPS prepares its budget using unrealistically low attrition assumptions, which in turn consistently produce about \$30 million/year of “found money” from higher-than-projected teacher attrition during the budget reviews.

Of course, if FCPS made a sustained commitment to reasonable class sizes, it could arguably avoid increasing the costs associated with that teacher attrition. Imagine the cost savings from retaining our teachers. What additional

innovations could be used to reduce the expense of endlessly re-staffing our classrooms and training a new workforce?

The FCPS Strategic Plan, “Ignite,” affirms its commitment to student success and a caring culture. Seeing “Ignite” in action would mean that our School Board representatives resolve the FCPS financial shortfall without again balancing its budget on the backs of our teachers and students.

Class Size Counts created an

online petition asking the School Board not to increase elementary, middle and high school class sizes by 0.5 students across the board as part of the FY 2018 budget. Please sign the petition at <https://www.change.org/p/fairfax-county-public-schools-join-class-size-counts-to-oppose-the-core-academic-class-sizes-in-fcps> and join in the advocacy.

Mollie Regan is Vienna resident and a Class Size Matters advocate.

LETTERS TO THE EDITOR

Press Needed More Than Ever

To the Editor:

Dear Members of the Press: We need you now more than ever. Republican Congressmen Jason Chaffetz and Devin Nunes quit their positions as chairmen of Congressional committees rather than have to investigate General Flynn, the Russian interference with our national elections, and the Russian involvement with the Trump administration.

President Trump has fired New York’s U.S. Attorney Preet Bharara, Attorney General Sally Yates and FBI Director James Comey, when they each turned up their investigatory heat. The American public is being given various explanations by various members of the Trump administration as to what’s going on. We

need you now more than ever.

Vice President Pence advocates for all of President Trump’s actions.

Attorney General Sessions refuses to recuse himself. The prospect for an Independent prosecutor is tenuous. I hope the Senate Intelligence Committee stays strong. But we need you now more than ever.

The President may call you names. He may call you “fake news” or “the enemy of the people.” But he can’t fire you. Thank goodness for the First Amendment. We need you now more than ever. Don’t let us down.

Barbara Glakas
Herndon

Vienna & Oakton CONNECTION

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NEWS DEPARTMENT:
vienna@connectionnewspapers.com

Kemal Kurşpahic
Editor ♦ 703-778-9424
kemal@connectionnewspapers.com

Donna Manz
Contributing Writer
dmanz@connectionnewspapers.com

Kyle Kincaid
Editorial Assistant
vienna@connectionnewspapers.com

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Don Park
Display Advertising
703-778-9420
donpark@connectionnewspapers.com

Andrea Smith
Classified Advertising
703-778-9411
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunc@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurşpahic
Art/Design:
Laurence Foong, John Heinly,
Ali Khaligh
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theisemann
jtheisemann@connectionnewspapers.com
@TheisemannMedia

CIRCULATION: 703-778-9427
circulation@connectionnewspapers.com



POLICE HIGHLIGHTS

FROM PAGE 5

house. When he opened the door he observed one of the juveniles at his front door. The juvenile quickly ran to the waiting vehicle and left the area. The resident was advised to continue working with the Madison High School Resource Officer to help resolve this problem between his daughter and the other students.

Arrest – Felony Hit & Run, Driving While Intoxicated and Refusal — Maple Avenue, West and James Madison Drive May 7, 7:33 a.m. Officers responded to the report of an accident with injury. Driver-1 was exiting the McDonald's parking lot attempting to cross Maple Avenue. Vehicle-1 struck Vehicle-2 on Maple Avenue then ran off the road into the brick "James Madison" sign. Driver-1 exited the vehicle and was attempting to leave the scene on foot. Rescue personnel responded and transported Driver-2 to an area hospital with non-life-threatening injuries. Ofc. Hylinski placed

Driver-1 under arrest after a short foot pursuit. The man showed signs of impairment was acting very uncooperative with the officer and refused any field sobriety tests. The officer transported the man to an area medical facility for treatment for injuries he sustained in the accident. Once the man was medically treated Ofc. Hylinski transported him to the Fairfax County Adult Detention Center. The 32-year-old man from Talahi Road, SE in Vienna was charged with Driving While Intoxicated 3rd Offense, Refusal 3rd Offense, Felony Hit and Run and Driving on a Revoked License. He was held on an \$8000 secured bond.

Domestic Dispute — Polly Street, SE May 7, 12:36 p.m. Officers responded for a verbal dispute between a mother and her teenage daughter

Fraud — Northwest Federal Credit Union 231 Maple Avenue, East May 8, 11:03 a.m. A bank employee reported a possible scam involving one of their elderly customers. The customer did not wish to pursue charges in the case.

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All qualified residents of Small District 1A Dranesville are encouraged to vote for members of the 2017-2018 MCC Governing Board.

- You need not be registered to vote in the general election.
- Proof of residence, such as a driver's license, is required.

Absentee Ballot

Vote now by absentee ballot and avoid the crowds!

You can view the candidate statements on the Center's website. Call the Center or send an email to "elections@mcleancenter.org" to request a ballot package be sent to your home. You may also stop by one of three MCC sites, 6631 Old Dominion Dr. and 6645 Old Dominion Dr. (McLean Square Shopping Center) or the Old Firehouse Teen Center, 1440 Chain Bridge Rd., and pick one up. Completed absentee voting affidavits and ballots must be received by 5 p.m. on **Wednesday, May 17**, to be counted.



The McLean Community Center
703-790-0123/TTY: 711
www.mcleancenter.org

CALENDAR

Send announcements to connectionnewspapers.com/Calendar/. Deadline is Friday at noon for the following week's paper. Photos/artwork encouraged.

ONGOING

Artists Show. Various times through May 31 at the Broadway Gallery, 1025-J Seneca Road, Great Falls. "Levels of Abstraction," show featuring the works of Hiromi Ashlin, Genna Gurvich, Sandi Ritchie Miller, and Buck Nelligan. Visit www.broadwaygallery.net or call 703-450-8005 for more.

Artists Show. Various times through May 31 at Katie's Coffee House, Village Center, 760 Walker Road, Great Falls. Artist Joyce Lee. Call 703-759-2759 for more.

Free Tai Chi. Every Saturday, from 7:55-9 a.m., Introduction and Beginners' Practice, meet on the outdoor basketball court located directly behind the Dolley Madison Public Library, 1244 Oak Ridge Ave. in McLean Central Park, McLean. Call 703-759-9141 or visit www.FreeTaiChi.org for more.

The Golden Girls of Northern Virginia. a senior women's softball league, is looking for players. Any woman over the age of 40 is encouraged to join. All skill levels are welcome. Play on Wednesday evenings and Saturday mornings in Vienna. Visit www.goldengirls.org.

First Sunday Jazz Brunch 11-2 p.m. Recurring monthly on the 1st Sunday at Bazin's on Church 111 Church St N.W., Vienna. Enjoy brunch accompanied by the soft jazz sounds of Virginia Music Adventure. Visit www.fxva.com/listing/bazins-on-church/1686/

The Freeman Store & Museum

Wednesday through Sunday noon-4 p.m. 131 Church St. NE, Vienna. The Freeman Store & Museum is dedicated to Preserving and promoting Vienna's heritage through the identification, preservation, and interpretation of history significant places, events, and persons. HistoricViennainc.org

Weekly Storytime. Wednesday and Saturday 11 a.m. Barnes & Noble, 7851 L Tysons Corner Center, McLean. Themes and titles vary. Free admission.

Bingo Night. Sundays 4 p.m. Flame Room, Vienna Volunteer Fire Department, 400 Center St. S., Vienna. \$10. www.vvfd.org/bingo.html

Gentle Yoga. Thursdays, 6:30 p.m. Emmaus United Church of Christ, 900 E Maple Ave. E., Vienna. Saturdays, 9:30 a.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Gentle Kundalini Yoga, one free introductory session, senior discounts. Increase flexibility, improve breathing and health, reduce stress. Ravi Kaur has 15 years experience teaching yoga. \$15 per session. www.edimprovement.org. 571-213-3192.

Fishing Rod Rentals 8700 Potomac Hills St., Great Falls. Rentals available during visitor center hours. Fishing tackle and live bait are available for purchase. Reservations required for group rentals. \$6/rental (2 hour max). Valid driver's license required. Rod/reel combinations are perfect for beginners and children. A Virginia or Maryland freshwater fishing license is required for those 16 years or older. The park does not sell fishing licenses. www.fairfaxcounty.gov/parks/riverbend-park/

Colvin Run Mill open 11 - 4 p.m. daily, closed Tuesday. 10017 Colvin Run Road, Great Falls. Fairfax County's operational 19th century water powered gristmill, offers recreational and educational activities for all ages through daily



McLean Day On Saturday, May 20, McLean Day, 11 a.m.-5 p.m. at Lewinsville Park, 1659 Chain Bridge Road. Features live entertainment, carnival rides large and small, activities for children such as pony rides and face-painting, great music, food. Visit www.fairsandfestivals.net for more.



tours, school programs and special events. Fees: \$7/adult, \$6 students 16+ with ID, \$5 children & seniors. Admission to park is free except for some special events.

Fundamentals of Watercolors.

Mondays 10 a.m.-1 p.m. at The Arts of Great Falls, 756 Walker Road, Great Falls. Artist Lorrie Herman will help students get comfortable working with watercolors and understanding this medium. Visit www.greatfallsart.org for more.

Still Life Painting. Tuesdays 10:30 a.m.-1 p.m. at The Arts of Great Falls, 756 Walker Road, Great Falls. Still life provides a great tool to hone skills. Recommended for students of all levels. Visit www.greatfallsart.org for more.

Evening Painting. Tuesdays 6:30 - 9:30 p.m. at The Arts of Great Falls, 756 Walker Road, Great Falls. Jill Banks focuses on oil painting fundamentals with two sessions each of still life, landscapes, and portrait/clothed figure from a live model. Visit www.greatfallsart.org for more.

Intro to Jewelry Design. Tuesdays 9 a.m.-noon at The Arts of Great Falls, 756 Walker Road, Great Falls. JJ Singh teaches a class for anyone interested in exploring the world of metal clay and its design possibilities. Visit www.greatfallsart.org for more.

THURSDAY/MAY 18

MPA Spring Art Benefit. The McLean Project for the Arts will host its annual Spring Benefit at the private residence of Pat and Matthew Bullock. Dr. Dorothy Kosinski, director, The Phillips Collection, will serve as the evening's guest of honor. Event chairs for this year's Spring Benefit are Jane A. Imperatore and Ned Yazdani. Visit www.mpaart.org or call 703-790-1953 for details.

Meet the Author. 7:30-9 p.m. at the Patrick Henry Library, 101 Maple Ave. E., Vienna. Meet local author Britt Alan whose political thriller

warns of the threat of unchecked Chinese regional aggression. Books available for sale and signing. Adults. Call 703-938-0405 for more.

FRIDAY/MAY 19

Bike to Work Day 2017. Registration — now open — is free and open to anyone who commutes in the region, from first timers to daily cyclists. All registrants will be entered in a regional bicycle raffle, and the first 16,000 to register and attend will receive a free t-shirt at one of more than 85 pit-stops throughout Northern Virginia. Participants can register online at www.biketoworkmetrodc.org. Email Megan Goodman at mgoodman@mwcog.org, or call 202-962-3209 for more.

Meet the Artist. 10 a.m.-noon at the McLean Art Society, Dolley Madison Library, 1244 Oak Ridge Ave. Gavin Glakis, a portrait artist, will be the featured speaker. Call 703 356-0770 for more.

Luxury Accessories Pop Up. 12:30-2:30 p.m. at Jammin' Java Lobby Bar, 227 Maple Ave E, Vienna. Local business Devanki will come offline for a day to host a pop-up sale with scarves, jewelry, and home goods. Email infodevanki@gmail.com or call 410-375-2108.

SATURDAY/MAY 20

LuLaRoe Retailers Sale. 10 a.m.-3 p.m. in the Flame Room of the Fire Department, 400 Center Street, Vienna. Proceeds from the space rentals benefit the fire department in their purchase of life saving equipment to serve the community. Call 703-309-3468 or email Dancers1023@aol.com.

Tennis Charity Event. 10 a.m.-3 p.m. at McLean Racquet and Health Club, 1472 Chain Bridge Road. Many

SEE CALENDAR, PAGE 9

www.CONNECTIONNEWSPAPERS.COM

CALENDAR

FROM PAGE 8

different events will be going on during the day including a Clinic and Happy Hour with Murphy Jensen, Stroke of the Day for Charity, Pro/AM Round Robin, Junior Tennis Championships and our Exhibition Match featuring Richey Reneberg and Murphy Jensen. All proceeds will go to McLean Community Foundation. Call 703-309-3468 or email Dancers1023@aol.com.

McLean Day. 11 a.m.-5 p.m. at Lewinsville Park, 1659 Chain Bridge Road. Features live entertainment, carnival rides large and small, activities for children such as pony rides and face-painting, great music, food. Visit www.fairsandfestivals.net for more.

SUNDAY/MAY 21

Breakfast Buffet. 8 a.m.-noon at Vienna American Legion Post 180, 330 Center St., N. Adults \$9, children 12 and under \$3. For more information call 703-938-6580.

Amadeus Orchestra. 4 p.m. at Saint Luke Catholic Church, 7001 Georgetown Pike, McLean. Amadeus Orchestra with Jonathan Carney, violin. \$30. Visit www.amadeusconcerts.com for more.



Artists Reception

On Friday, May 12 the Artist of the Year Ken Frye with the "Trees," exhibition will be the focus of an Artists Reception, 7-9 p.m. at the Vienna Arts Center, 115 Pleasant St., NW. Visit www.ViennaArtsSociety.org or call 703-319-3971 for more.

FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to vienna@connectionnewspapers.com. Deadline is Friday at noon.

Trinity United Methodist Church, 1205 Dolley Madison Blvd., McLean. Sunday worship services are at 8:30 and 10:30 a.m. Sunday School for young adults follows the 10:30 a.m. worship services and for children at 9:30 a.m. Youth Group for grades 7-12 meets Sundays at 5 p.m. A 20-minute service of Holy Communion is held each Wednesday at noon. 703-356-3312 or umtrinity.org.

MONDAY/MAY 22

Charitable Golf Tournament. noon at Hidden Creek Country Club, 1711 Clubhouse Road, Reston. Proceeds benefit Great Falls, Forestville and Colvin Run Elementary schools. Call 703-437-5222 or visit www.greatfallsgolf.org for more.

Dine and Donate. 11 a.m.-10 p.m. at Lledo's Pizza, 141 Park Street, SE, Vienna. Lledo's will donate 20 percent of total sales to the Shepherd's Center of Oakton-Vienna. Call 703-281-0538.

WEDNESDAY/MAY 24

Jammin' Juniors Concert.

12:30 p.m. at McLean Central Park, 1468 Dolley Madison Blvd., McLean. Free. Farmer Jason is the brainchild of rock music legend Jason Ringenberg of Jason and the Scorchers. Call 703-790-0123 for more.

SUNDAY/MAY 28

Weekend Brunch and Cookie Class.

9-11 a.m. at Wildfire, Tysons Galleria, McLean. Breakfast buffet, cookie decorating class and face painting. \$20. Call 703-442-9110 for more.

FRIDAY/MAY 19

James Madison High School Jazz Ensemble.

7-9 p.m. at Jammin' Java, 227 Maple Ave E, Vienna. The Jazz Ensemble musicians are Junior and Senior students at James Madison High School. Call 877-987-6487 or visit www.jamminjava.com for more.

SATURDAY/JUNE 3

Flea Market. 8 a.m.-1 p.m. at the Oakton Church of the Brethren, 10025 Courthouse Rd, Vienna. Vendors needed. Call 703-281-4411, email office@oaktonbrethren.org or visit www.oaktonbrethren.org

Riverbend Park Benefit. 6-9 p.m. at the Riverbend Park Visitors' Center, 8700 Potomac Hills St., Great Falls. Fundraiser for the benefit of Riverbend Park sponsored by the Friends of Riverbend Park. \$50 for adults, \$25 for children, \$125 for families. Register at www.forb.wildapricot.org.

SUNDAY/JUNE 4

McLean Symphony. 7 p.m. at the Lewinsville Presbyterian Church, 1724



PHOTO BY MCCONNELL STUDIO



McLean
Community
Center

The Center of It All



Here's What's Happening at MCC

It's the Place to Be!



McLEAN DAY
Est. 1918
2017

Saturday, May 20

Festival: 11 a.m.-5 p.m.

Governing Board Elections: 10:30 a.m.-5 p.m.

Lewinsville Park, 1659 Chain Bridge Rd.
McLean, VA 22101



Join the fun! Bring the family and enjoy McLean's biggest annual event.

- Free Laser Tag
- Free Bubble Ball
- Free Tennis Clinics
- Free Rock Climbing Wall
- Free Balloon Animals
- Free Petting Zoo



Jammin' Juniors Concert

Farmer Jason

Wednesday, May 24, 12:30 p.m.
McLean Central Park Gazebo
1468 Dolley Madison Blvd.
Free admission



MCC Governing Board

Monthly Meeting

Wednesday, May 24, 7:30 p.m.

MCC Administrative Offices

6631 Old Dominion Drive, McLean VA 22101
Open to the public.

Closing Notice

Monday, May 29

MCC and the Old Firehouse Teen Center will be closed in observance of Memorial Day.

The McLean Community Center

www.mcleancenter.org

Home of the Alden Theatre

www.aldentheatre.org



Administrative Offices

6631 Old Dominion Dr.

McLean, VA 22101

703-790-0123, TTY: 711

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Announcements

Community Yard Sale

May 20 8 a.m. – 12:00 p.m.
Abbey Oak Drive &
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Messengers of Peace

Cub Scouts and their families from Pack 1530 participated in the inaugural garlic mustard removal event on April 29 at Fairfax County Park Authority's newest Invasive Management Area (IMA) site called Difficult Run Stream Valley Park in the Miller Heights neighborhood of Oakton. These Cub Scout volunteers removed enough of this highly invasive plant to fill 20 large garbage bags. IMA is a volunteer-led, community-based program designed to reduce invasive plants on public lands. Cub Scout Pack 1530 is part of the Powhatan District of the National Capital Area Council and Vale United Methodist Church is its chartering organization. By participating in this conservation activity, scouts earned the Messengers of Peace patch.



Announcements

Announcements

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NEWS

Messengers of Peace



PHOTOS CONTRIBUTED

As part of their study of the 50 states, third-graders at The Langley School in McLean reached out to small towns across America.

Numerous envelopes and boxes have arrived at The Langley School filled with letters,

America Responds to Third-Graders at The Langley School

As part of their study of the 50 states, third-graders at The Langley School in McLean reached out to small towns across America, and they received a numerous responses. Each student researched a specific state and placed letters to the editor in local newspapers in that state asking residents to send items to help them learn more. Envelopes

and boxes from people of Alaska, Iowa, Louisiana, Mississippi, Nebraska, New Jersey, West Virginia, and more have arrived at The Langley School filled with letters, postcards, maps, flags, pictures, jewelry, rocks, fossils, and souvenirs. Langley students have a more in-depth understanding of our country thanks to this project and the response of citizens.

BULLETIN

To have community events listed in the Connection, visit connectionnewspapers.com/Calendar/. The deadline for submissions is noon on Friday.

VOLUNTEERS NEEDED

Contact Volunteer Solutions at 703-324-5406, VolunteerSolutions@fairfaxcounty.gov or www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm.

* **The Lewinsville Senior Center** in McLean needs instructors for the following classes: Art, Self-Defense, Chair Exercise, Indoor Gardening, Basic Spanish, Basic French, Ballroom Dance and Basic Guitar.

THROUGH SUMMER

Vienna Street-sweeping Program. The Town of Vienna began its annual street-sweeping program beginning March 20. The Town is divided into eight sections for purposes of the sweeping program. During the first pass through Town, the Public Works Department asks that residents not park on the street. Find the "sweeping" sections at viennava.gov/sweeping. Additionally, signs will be placed on streets marking a window of 7-10 days during which the truck will come through. Contact public works at 703-255-6380.

THURSDAY/MAY 18

Membership Meeting. 7:30 p.m. at the Vienna Volunteer Fire Department, 400 Center St. S. The North East Vienna Citizens Association (NEVCA) will hold a general membership meeting, and Dr. Gerald Gordon, president and CEO of the Fairfax County Economic Development Authority, will speak about issues related to Tysons and future plans. Visit NEVCA.org for more.

FRIDAY/MAY 19

Great Decisions Discussion Group. 9-11 a.m. at the Vienna Seventh-day Adventist Church, 344 Courthouse Road SW. Designed by the Foreign Policy Association to bring people together in study groups to discuss, debate and learn about important global challenges of our time. Call 703-281-0538 or visit www.scov.org for more.

SATURDAY/MAY 20

Scream Free Saturday. 8:30 a.m.-2:30 p.m. at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. Screamfree Parenting gives you the tools to stay cool during life's challenging moments. Lunch will be provided. Free Screamfree Parenting book to the first 25 registrants. Learn strategies to become the cool, calm and connected parent your child really needs. Call 703-204-3941 for more.

WEDNESDAY/MAY 24

MCC Governing Board Monthly Meeting. 7:30 p.m. at MCC Administrative Offices, 6631 Old Dominion Drive, McLean. All meetings of the Governing Board are open to the public. Tax district residents (Dranesville District-1A) who wish to speak during the "Citizen Comment" portion of the meeting are asked to call the center at 703-790-0123.

THURSDAYS/MAY 25-JUNE 29

Chronic Disease Self-Management. 9-11:30 a.m. at Kaiser Permanente - Tysons Corner, 8008 Westpark Drive, McLean. Fairfax County is offering a free Chronic Disease Self-Management program. Register online at www.fairfaxcounty.gov/dfs/olderadultservices/chronic-disease.htm or call 703-324-5489, TTY 711.

VOLUNTEERS NEEDED

Shepherd's Center of McLean-Arlington-Falls Church, 1205 Dolley Madison Blvd., McLean continues to have an urgent need for new volunteers to help area senior citizens get to and from their medical and therapy appointments. To find out more about the Shepherd's Center and how you can volunteer to provide transportation and other services, call the Center at 703-506-2199 or e-mail the Center at info@scmafco.org. The Center's website is www.scmafco.org

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New To Some, Old News To Others



By KENNETH B. LOURIE

For those of you unfamiliar with my column: in Burke, Springfield, Fairfax, Fairfax Station/Clifton/Lorton, Mount Vernon and Alexandria, welcome aboard the Kenny train. I have been writing a weekly column for Connection Newspapers since December 1997 appearing primarily in our "Tuesday papers," as we call them: Vienna/Oakton, McLean, Great Falls, Reston, Oak Hill/Herndon, Arlington, Chantilly, Centre View and Potomac. The question has persisted among friends and family: Ken he continue to, as my older brother Richard jokes, "churn out this dribble?" Apparently so, if the last 19 and half years are any indication.

Back in the day when I first had to characterize my column for various local yearly Press Association editorial contests (of which I have won nearly a dozen awards), I would write "Everything in general about nothing in particular." A great friend of mine, Edward Faine, himself an accomplished author — of children's and jazz books, and a small press publisher as well, has described my columns as "Thoughtful humor and insightful commentary." Perhaps between these two quotes you'll get a sense of what you're likely to get from my weekly wondering.

And so it continued until June 2009. That's when I published my first column about a diagnostic process which had been ongoing since New Years Day which ultimately lead to a lung cancer diagnosis delivered to "Team Lourie" on Feb. 27, 2009 (you bet you remember the date). That column, entitled "Dying to Find Out, Sort Of," chronicled the process, excruciating as it was/is that one often endures attempting to determine the cause of a medical problem; in my case, a pain in my left-side rib cage which a day or so later, migrated to my right-side and eventually took my breath away — almost literally, especially when inhaling and/or bending over. This difficulty forced me off the couch and into my car for a drive over to the Emergency Room. Once the diagnosis was confirmed, I wrote another column entitled "Dying to Tell You, Sort Of" which detailed the findings of the nearly eight weeks the process took to specify my diagnosis: stage IV, non-small cell lung cancer (NSCLC). Out of the blue, I had become "terminal," as my oncologist described me, and given a "13 month to two-year" prognosis to boot. Surreal, which is a common description offered by many in similar situations, is how one feels after receiving news of this kind, and only begins to tell the tale of the change and evolution in the individual's life living forward into treatment and subsequently beyond into the great unknown.

This 'great unknown' is mostly what I have written about and published ever since; "cancer columns" (original I know) is what I call them. Occasionally, I will write a non-cancer column, one a month or so, depending on my experiences. These columns will address non-cancer issues of the day, ranging from the sublime to the ridiculous. Most recently topics have included the movie "The Exorcist: "Exercising a Demon," paying for things with a credit card: "Credit the Card," reacting to advertising for grass seed and riding mowers: "And So It Begins," and buying in bulk: "Bulky Boy," but never/well, almost never do I write about my wife, Dina; I have been warned.

Though the recurring theme of these columns is cancer, the content is rarely morbid or dare I say, self-indulgent, believe it or not. I try to make fun a very "unfun" set of circumstances. I'm still writing about life; now however, it's life in the cancer lane, a road unlike any I had ever traveled before. Nevertheless, I've gotten through eight years and nearly three months of it relatively incident free, save for a week in the hospital three and a half years ago. And yes, I am still undergoing treatment.

I hope you readers will be semi amused at the slings and arrows of outrageous misfortune upon which my columns are based. Please know: the significance of their content is not that it is me writing them, it is that cancer is being written about.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Safety in the Water

BY MARILYN CAMPBELL

During the month of May, National Water Safety Month, water safety educators are waging a month-long campaign to educate the public about responsible water practices before the start of summer. The campaign is designed to help prevent drowning and water-related illness and injuries.

"The most important tip from swim experts [is] to have your child in perpetual swim lessons," said Gina Bewersdorf, who owns Goldfish Swim School in Reston. "Situations will always arise in which we or our children are around water, [like] at a friend's pool party, vacation near a lake, or a boating trip, so learning the necessary skills to stay safe is vital. It only takes a second for a child or adult to unsuspectingly fall into a body of water."

Constant adult supervision is the first and best way to prevent accidents in and around water, says Lisa S. Grepps, director, Marketing & Communications, The Association of Pool & Spa Professionals in Alexandria. She also recommends additional safeguards to help prevent children from gaining unsupervised access to a pool or spa or to warn of a child's presence. "But don't get lulled



Learn to swim no matter the age. This is one of the best ways to be safer in and around the water.

PHOTO COURTESY OF GOLDFISH SWIM SCHOOL

into a false sense of security with barriers and other devices as they are just backups to the primary means of accident prevention which is constant adult supervision," said Grepps.

Keeping a cell phone nearby to make a call to 911 in case of an emergency and avoiding swimming at the first sign of bad weather are two tips that Ann Thompson of Ann's Aquatics in Bethesda offers to her students and their parents. "I tell parents that certain flotation devices are great, but they are in no way a replacement for responsible adult supervision," she said. "And the supervision should be undistracted.

Don't get lost in a conversation or a phone call and divert attention away from your children, not even for a second. If you leave the pool area, no matter how brief the period of time, take the children with you."

In addition to learning to swim, Bewersdorf recommends making sure that children are taught water safety skills as well as how to perform CPR on both adults and children. "We recommend a child enroll in swim lessons as early as possible [and] year round, not just during the warmer months. Persistent swim lessons are proven to be incredibly beneficial in order to keep these life-saving skills sharp" she

said. "We offer classes as young as four months old in which the parents are constantly with their infants. This gets the child used to simply being in and around water and they learn simple safety skills."

When choosing a pool, check for an on-duty lifeguard. In cases where a lifeguard is not available, look for accessible safety equipment such as a rescue ring or pole.

"We want people to have a safe and fun time swimming and that's why [we] issue permits to all public pool facilities and routinely inspect them to ensure they are being operated in a safe and healthy manner, in accordance with Fairfax County Code," said Martin A. Thompson, Environmental Health supervisor for Fairfax County. "It's also important that swimmers take steps to maximize the health benefits of swimming while minimizing the risk of injury or illness to themselves and others."

Thompson advises adhering to other safety guidelines from the Centers for Disease Control and Prevention (CDC) which include looking to see if the drain at the bottom of the deep end is visible, staying out of the pool if you have diarrhea, covering any open wounds with waterproof bandages, showering before entering the pool and only using flotation devices that are Coast Guard approved.

Learn about the health benefits of raw foods for dogs and cats



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