

National Night Out

Bringing police and residents together.

BY VERNON MILES
GAZETTE PACKET

Councilwoman Redella “Del” Pepper can remember how it all started. As she stood at the edge of Colesanto Park in Del Ray, she remembered a time when parts of the east end of the city were completely overwhelmed with drug dealing and other violent activities. For a few hours for just a few days, Pepper remembered everyone in the neighborhoods that were worst hit by the drug epidemic coming out into the streets and gathering with the police in sufficient numbers that, if only for a moment, they were able to shut down the open drug market in their streets.

It was in that spirit that National Night Out was created. National Night Out is a community-police awareness event held the first Tuesday of August. The program started in 1984 with the idea of taking the streets back from the rampant drug epidemic. This year, 33 neighborhoods across Alexandria hosted National Night Out events.

“We’ve been sponsoring this for ... I can’t even count how many years,” said Rod Kuckro, president of the Del Ray Citizens Association. “The neighborhood really likes it. It serves a purpose.



PHOTOS BY VERNON MILES/GAZETTE-PACKET

From left: Volunteer Jeremy Lenzner, Volunteer Willie Squires, Medic Mark Souder, and Volunteer Jay Johnson man the grill at Colesanto Park.

It makes people feel good and you get a different appreciation for what [first responders] do. Every year, it seems like one or two more neighborhoods seem to participate.”

In Del Ray, the event takes place less than a week after a shooting left three victims critically injured. Pepper called the shooting deeply unsettling and said the city needs to work to address conflicts before they turn violent. But Kuckro says this kind of incident is an anomaly

SEE BRINGING. PAGE 4



Officer Nick Ruggiero hands out ice cream to Ashton Quandique near the Charles Houston Recreation Center.



Planning Commissioner Melissa McMahon (right) paints Aryah Charity's face (left) outside the Charles Houston Recreation Center.

Restructuring TC

School counseling system reorganized by incoming principal.

BY VERNON MILES
GAZETTE PACKET

The school year hasn't started yet at T.C. Williams High School, but incoming Principal Peter Balas is already making waves. After meetings with faculty and staff, Alexandria City Public Schools has announced that the school's administrative organization will undergo a complete restructuring.

Previously, instructional and student support programs were separated, with some administrators handling students and others handling faculty.

“What I wanted to do was create a leadership structure that would enhance both student support and teacher support [by] removing the barrier between those,” said Balas.

In the new model, there is one lead administrator for curriculum, instruction and assessment, with

10 administrators for instruction and student support working under the lead administrator. Two positions will be dedicated to the Minnie Howard Campus rather than cycling up to TC each year with the rising class. Two positions will be assigned to support the International Academy and the English Learners program. The remaining six positions will be divided into six groups called Academies, groups of students from various grade levels assigned to one administrator and counselor they remain with throughout their time at TC.

Before transitioning to the Mount Vernon Community School five years ago, Balas worked as a teacher and administrator at TC. Balas said the new system reflects the setup initially put in place at the school when it was reopened.

“I’ve been here for different cycles of leadership,” said Balas.

SEE NEW PRINCIPAL. PAGE 4

Shooting in Del Ray

Juvenile suspect arrested.

BY VERNON MILES
GAZETTE PACKET

Weeks after a lone shooter opened fire on congressmen and staffers at the Eugene Simpson Stadium Park, gunfire once again erupted in the Del Ray streets just two blocks to the north. On July 27, three people were travelling in a car along E. Howell Avenue when they were ambushed. A 19-year-old woman, 21-year-old man, and a 49-year-old man were injured by the gunfire and crashed

SEE SHOOTING. PAGE 5



PHOTO BY VIRGINIA AMOS

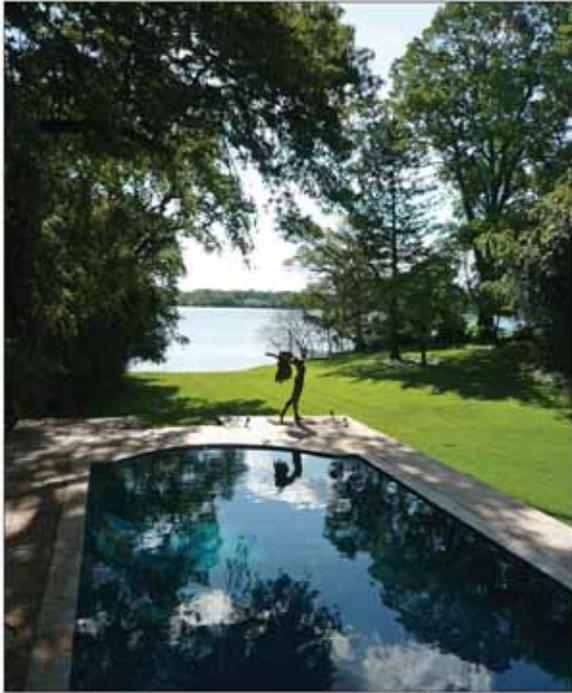
The victims' vehicle crashed after the shooting.

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Cut Loose

The Police Chief, the Mayor, and Kevin Bacon walk into a bar ...

BY VERNON MILES
GAZETTE PACKET

It was the worst kept secret in the history of the Alexandria Police Department. As soon as Chief Michael Brown took the stage in the Rock It Grill, most of the chatter in the room stopped. People were already whispering about what was going to happen next. Any lingering doubts were swept away when the full '80's synth pop hit "Footloose" started up. Brown starting singing for just a couple minutes before he paused to introduce a guest.

Kevin Bacon.
Alexandria has a strange love affair with Kevin Bacon. In 2015, Kevin Bacon and his brother Michael stopped by Port City and Sugar Shack, also singing the title track from "Footloose" during his visit to the latter. The Bacon Brothers were in town over the weekend to perform at the Birchmere. The Six Degrees Organization, a group founded by Kevin Bacon to help support local causes, helped organize the event with the Rock It Grill and Nelson's Karaoke Showtime to support the Alexandria Police Foundation.

"Alexandria has been really good to us over the years," Kevin Bacon said.

Bacon left shortly after performing, but the karaoke was just getting started. Citizens and public officials alike shared beers and songs to raise money for the Police



Attorney Kathy Puskar (left) and Councilman Willie Bailey (right) sing "Play that Funky Music."

Foundation.

"I'm on a first name basis with the Alexandria Police and I respect what those guys do," said Danny Huston, who sang "Dead or Alive." Huston confessed that he had heard before the show that the Bacon brothers might be there. "I take any opportunity to support them."

Later, city leadership joined in, with Councilman Willie Bailey and attorney Kathy Puskar singing Wild Cherry's "Play that



PHOTOS BY VERNON MILES/GAZETTE-PACKET

Chief Michael Brown (center) sings "Footloose" with Michael Bacon (left) and Kevin Bacon (right)

Funky Music" and Mayor Allison Silberberg singing "Twist & Shout" by the Top Notes. Each performer went around the room with a bucket collecting donations as votes for best performance. The karaoke event raised \$3,400 for the COPS, Kids and K9 programs.

"The Alexandria Police Foundation is incredibly important to us," said Brown. "They do things like sponsor kids for youth camp. It gives us a chance to engage with the public and brings the community closer to the police department."

Chamber Celebrates Tomorrow's Alexandria

40 Under 40 feted by titans of industry at United Way headquarters in Old Town

BY MICHAEL LEE POPE
GAZETTE PACKET

When Alexandria Chamber of Commerce Chairman Dak Hardwick was trying to sell the idea of 40 Under 40 last year, it wasn't obvious to everyone. He recalls one meeting in which a participant asked a question that took Hardwick by surprise.

"Are there actually 40 people under 40 in Alexandria worth recognizing?" the person asked, according to Hardwick.

The answer is clearly yes. Not only were there 40 people last year, but the chamber recognized another class of 40 Under 40 last week at the United Way building in Old Town. And next year's ceremony is already in the planning stages.

"This community begins and ends with people like you," Mayor Allison Silberberg told the honorees. "People who work hard in our business community, our nonprofit community, people who work hard for our children and our veterans."

This year's class of honorees includes everyone from the principal of T.C. Williams High School to the public information officer for the Alexandria Police Department. It includes teachers and architects, religious leaders and nonprofit executives, activists



PHOTOS BY MICHAEL LEE POPE/GAZETTE PACKET

T.C. Williams Principal Peter Balas and former Alexandria School Board member Kelly Carmichael Booz hold their awards.

and lawyers. It even includes the Appetite columnist for the Gazette Packet.

"I'm just glad I made it in before I turned 40," said former School Board member Kelly Carmichael Booz, who is now with the American Federation of Teachers.

Winners were evaluated on professional and scholastic accomplishments, community and volunteer impact as well as their goals for lasting impact in Alexandria. The goal is to recognize men and women under the age of 40 in a variety of fields, including business, technology, nonprofits, civic



Mayor Allison Silberberg congratulates Alexandria Chamber of Commerce chairman Dak Hardwick on pulling off a second year of awards.

life, public service, education and the arts. This year's event was sponsored by Potomac Conference Center.

"By honoring their successes, we hope to

inspire others to take the lead and work to ensure tomorrow's Alexandria is a top place for business and careers," said Joe Haggerty, president and CEO of the chamber.

Bringing Police and Residents Together

FROM PAGE 1

in the neighborhood. "We're a commuter corridor here, largely our law enforcement issues are traffic and parking-related," said Kuckro. "We've had car break-ins, side mirrors knocked off, stuff like that."

Overall, Kuckro said the city has been pretty responsive to the neighborhood's concerns. After local residents complained about rampant speeding problems, police on motorcycles monitored the area and caught several speeders. Kuckro said the tickets left a noticeable impact on local speeds.

"We were excited about it this morning," said Ryan Poyante, a nearby resident. "It's great to have the kids come out and really meet the neighborhood."

"This is really emblematic of this neighborhood," said Morgan Tomassian.

On the other side of the Metro line, the Braddock community came out to the Charles Houston Recreation Center for face-painting, cornhole, and other activities.

"It brings a level of humanity to both sides, to see people working and playing," said Garrett James, from the Northern Virginia Urban League's Young Professionals Network. "Relationships affect the way we treat each other. No one thing will solve everything, but events like National Night Out help Alexandria police have a good reputation. There's still a ways to go, still room for improvement, but that dialogue is happening here."

Abbey Oklak works in a local architecture firm and lives in the Braddock neighborhood. At National Night Out, she was helping to paint faces.

"I've been doing this for about three or four years," said Oklak. "It's fun and it's good to meet your neighbors. I live here and work here. Being part of the community is important to me We're a changing neighborhood. Everyone should feel involved."

While there aren't many law enforcement issues in her neighborhood, the series of homicides that took place over the last two years still concerns residents. In 2016, a revenge cycle left two dead just a block away from the recreation center.

"Neighborhood safety is a big concern," said Oklak. "We had shootings here last year. It was a shock. You don't think that happens in your backyard. Knowing the police are out here is reassuring."

Nick Ruggiero is the officer in charge of community policing for the Alexandria Police Department. It's his 13th National Night Out. His daughter accompanies him on his rounds wearing the Scruff McGruff the Crime Dog costume. Ruggiero says he promised her a new pair of sneakers in exchange. The Charles Houston Recreation Center is their seventh and final stop of the evening. As he hands out ice cream, many of the parents and some of the children approaching recognize him and chat.

"We get to know everyone in the community," said Ruggiero. "It makes people more willing to talk to us. Kids know some of the officers by first name."

In the past, Alexandria has had issues with local citizens who witnessed a crime not coming forward with information. Ruggiero said community policing partially aims to make local residents feel more comfortable with the police and more willing to talk about those types of issues. In one of the Braddock Road



PHOTO BY VERNON MILES/GAZETTE-PACKET

William Cromer (on motorcycle) and Aliana Cromer (center) with Deputy Tim Wauhup.

homicides last year, Ruggiero said it was citizens coming to police officers they knew and talking to them that helped to break the case.

"I'm a firm believer that those people wouldn't have come up to us if they hadn't known us," said Ruggiero. Specifically, Ruggiero said having a police officer as a resident has helped build relationships in the Braddock Road community. After a string of local homicides in 2015, the Alexandria Police Department worked with Alexandria Redevelopment and Housing Authority to have a police officer as a resident in the local affordable housing.

"When you know your community, policing is a lot easier," said Aaron Taliaferro, the resident officer living in the Braddock Road neighborhood. "You can solve issues better and work with local people. It makes life easier."

New Principal Restructures TC Administration

FROM PAGE 1

"I've been here when things performed well and times where it struggled. When we had a reputation as a low achieving high school in 2009 and 2010, there was a leadership transition. One thing that was created was a new administrative type structure."

But Balas said assigning counselors to certain classes left some faculty underutilized and others overloaded.

"Instead of having grade level counselors, all counselors have an even caseload," said Balas. "In a senior year, each counselor would

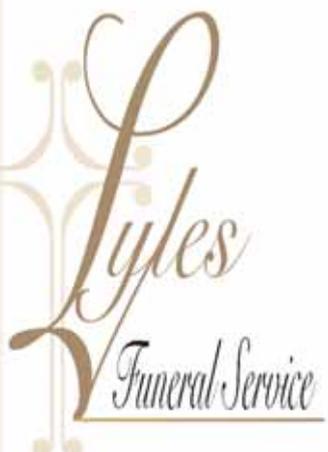
have around 200 seniors. For a counselor to manage 200 seniors became a daunting task. Then at end of the year, [those counselors] are trying to onboard the incoming 9th grade class. Now, [the new system] gives a each counselor 40-45 seniors."

No new positions were added as a result of the restructuring. Two administrative positions were reprogrammed into classroom support positions.

"When I was talking to teachers and students, there were some clear themes in what I was hearing," said Balas. "There were factors out-

side of the classroom that seemed to be preventing teachers from being successful; things like attendance, behavior, academic performance of students, the culture of the school. What we needed to do was create a structure that allowed for more direct support for the students at a manageable level for teachers."

As a result of this change, Balas said students may have a different counselor for the next year. Balas said there will be an introduction at the start of the year for students to the new counselors and helping students learn how to access the support structure.



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NEWS

Shooting in Del Ray

FROM PAGE 1
into another car.

Details on the shooting are limited. Because the victims survived, the names of those shot will not be released to the public. All were hospitalized after the shooting in stable but serious conditions. The suspect, a 17-year-old city resident, was arrested later that day after a search by the police. As a juvenile, the suspect will also not be named but will be charged with malicious wounding. Police would not speculate on a motive but said the suspect was known to the victims.

Immediately after the shooting, police closed off the surrounding area and asked citizens to stay away. Local residents flocked to the scene; some were residents trying to get home, others were curious onlookers trying to find out what happened.

Alex Milliken was getting breakfast with a friend when they heard gunshots; they rushed outside and saw a swarm of police cars heading down the street. David Cavalier was at the YMCA when he heard gunshots, eight or 10 in quick succession.



PHOTO BY VIRGINIA AMOS

Victims of the shooting on the curb of E. Howell Avenue.

For Virginia Amos, the shooting happened at her front doorstep. A local Realtor, she was inside her home working at her desk when she and her husband heard gunfire outside. Amos said her husband went out the door to find out what was going on. When she joined him, she found three people sitting on the curb with blood streaming from wounds. Nearby was a crashed car, but the shooter was gone.

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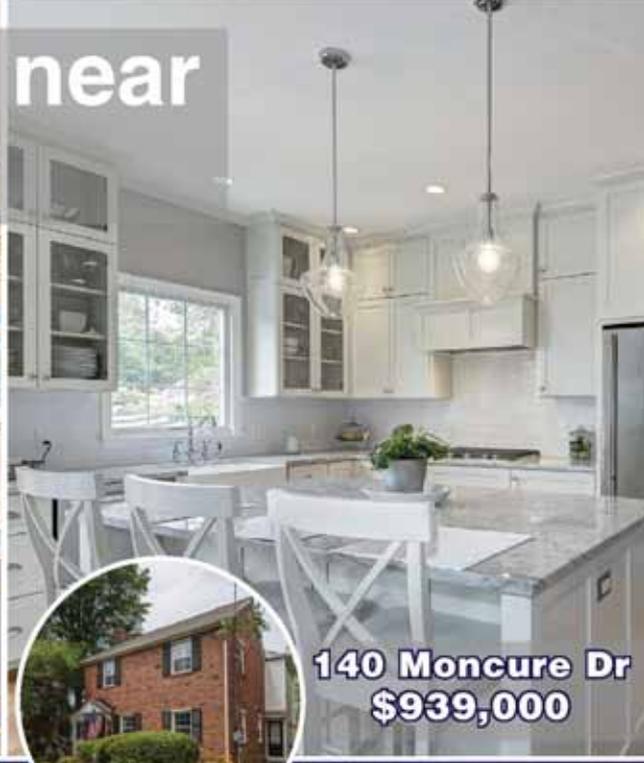


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Lessons for Success from a Red-Dirt Road

Memoir chronicles humorous lessons learned step by step.

BY SHIRLEY RUHE
GAZETTE PACKET

It all started with the piano bench. Ruthi Postow Birch was about 11 or 12 living in rural Alabama where she says her mama wanted her to take piano lessons to be popular at parties. So her father bought an old piano with a crumbling piano bench, which her daddy said he would repair.

Her momma said, "You don't know how to build a piano bench," but he said, "Just do the next right step and then the next step and if you come on something you can't do, just find someone who can do it." It took him three years including the pieces that he painstakingly inlaid on the top.

Birch says what she learned from her daddy is to take one step at a time and to simplify. "Do the next right step. Poor people had to solve their problems, had to handle things simply." Birch grew up on a red dirt road in Alabama and her daddy kept saying, "Get off Petain Street; get your education." She said her daddy told her what to do but her momma showed her how.

Birch's recently-released memoir, "How to Build a Piano Bench: Lessons for Success from a Red-Dirt Road in Alabama," chronicles the life lessons she learned and how she applied them to build a career in business development in downtown D.C.

Birch says the first interview is like the first date; it all starts with the interview. Her favorite interview was a sweet little girl that the HR person, a pretty stiff human being, sent to an interview for a bank teller



PHOTOS BY SHIRLEY RUHE/GAZETTE PACKET

Ruthi Postow Birch sits in the den of her historic house on S. St. Asaph Street relating stories of her life in rural Alabama that inspire her recently-released memoir, "How to Build a Piano Bench: Lessons for Success from a Red-Dirt Road in Alabama."

position. She got a second interview but when the HR person caught Birch afterwards, he looked shaken. "The girl had said, 'I claim this job in the name of Jesus.' Well, turns out she got the job. Her momma had always told her if Jesus wants you to get it you will."

Birch says her daddy was a rogue and a womanizer, charismatic with blue eyes, tall, funny. "The women all loved him. My mother had character, but my daddy was a character." She and her daddy were joined at the hip until elementary school. "When I was a baby I did everything with him." She continued, "The worst thing my momma could say about me was 'you're just like your daddy.' I did not want to be that person,

but when he went into a room, he lit it up."

But when she became more of an adult, she grew to appreciate him. "He was complicated." He was a tugboat captain and when he came into port, he would do a prizefight. She says she always knew he was a very smart man. But he was frustrated because he resented the fact that he couldn't make something of himself. "He died at 90 something. He used it all up." Birch says she was the baby "and the day he died I ceased to be the perfect person."

Birch started writing her book 12-13 years ago. She said, "I had all this down home, blue collar wisdom I had been sharing with people and I was going crazy. It had to be shared." So she just started writing stories. She would come home from work to her place in Georgetown and start writing at 2 p.m. "I wrote every day. Once I had it chunked up, I put down segments to avoid ADD run amuck with all the 12 chapters. Then I glued them altogether."

She sits in the "middle room" of the nearly block-long garden surrounded by a faintly-tinged pink hydrangea bush and her special roses in pots. This is her favorite spot where she sometimes balances her computer on her lap as she works on her next book, a biography of her husband. She now has about 8,000 words about Ron Birch, the first chief of staff to U.S. Sen. Ted Stevens from Alaska. "He was the other guy in a room full of giants. They listened to him." Sometimes she works in what is now her den, the original main room of the house constructed in the 1700s with two subsequent additions in the late 1800s and 1980.

Birch has also written a novel about her mother called EvaMay. It is finished but not published. "Someday I'll come back to it." She explains her mother was a born-again Christian, liberal, opinionated. She had views of right and wrong and "would even stand up to the preacher." Birch said people adored her. "She grew up as the child of



Ruthi Postow Birch says it took her daddy three years to build this piano bench with the inlaid pieces across the top. But the life lessons she learned from his simple, step-by-step approach have translated into a successful business .

divorced parents and was discriminated against. "I guess that's one of the reasons she was so adamantly fair and opposed to segregation. She was the finest person I've ever known."

It took Birch's daddy three years to rebuild the piano bench and he painstakingly inlaid patterned pieces on the top. When Birch quit her career in business development to start her own business and got the advice about how many new businesses fail, she went back to the lessons of her daddy. "Just do it, an outgrowth of what I did, one step at a time." She has the piano bench, now a piece of folk art, displayed in her library, but she said, "I never learned to play the piano."

Makeover Contest Winner Named

The winner of this year's Mother's Day Makeover Contest by Old Town Smiles is Dorothy Rockow. The staff voted unanimously for Rockow who is local to the area and has been battling MS for many years. Her daughter, Emi Potter-Rockow, entered her into the Mother's Day Makeover Contest saying, "No matter how bad she feels or how much she's hurting, she never fails to put everyone else before herself."



Dorothy Rockow

Old Town Smiles staff were moved by her ability to smile through the pain, always focusing on those around her.

The dental office, located at 500 Montgomery St., takes great pride in giving back to the community. They typically perform 4-6 full-mouth complimentary makeovers throughout the year. Dr. Kim Kitchen and Dr. Seema Ahmed, the two dentists of the

practice, believe that these makeovers provide much more than a new, glittering smile.

"These makeovers are life changing for our patients. Once they are confident with their smile we have seen them become motivated to seek employment, reconnect with loved ones, and live an overall better life," said Kitchen.

Old Town Smiles receives its charity work and pro bono cases from many sources including its corporate sponsorship of Dress For Success and referrals from exist-

ing patients who have nominated loved ones in need. This past year, the office has performed full makeovers for several deserving, financially struggling local community members including: a woman recently released from prison on a non-violent misdemeanor living in a halfway house, a handyman and artist at an Alexandria thrift shop, and a neighborhood grocery store employee.

Bhengu Chosen Entrepreneurship Fellow

Akhona Bhengu of Alexandria has been named a 2017 Citi Foundation Entrepreneurship Fellow, a summer leadership development and internship program for Network for Teaching Entrepreneurship (NFTE) alumni. Citi Foundation Entrepreneurship Fellows serve as role models to young people in NFTE summer programs and demonstrate how the entrepreneurial mindset can serve them in giving back to their communities, while supporting their educational and career paths.

Bhengu will be a mentor at the DC-Baltimore NFTE BizCamp this summer. During her NFTE classes, she invented Athena, a sports bra with pockets, and competed in the Semi-Finals for the NFTE DC-Baltimore area. Bhengu says her time at NFTE taught her to never give up and that losing isn't a bad thing; it's just a time for further development and improvement. She will attend Virginia Commonwealth University this fall and major in Mass Communications & Entrepreneurship and Marketing.



Akhona Bhengu

For more information, visit nfte.com, like NFTE on Facebook at [Facebook.com/NFTE](https://www.facebook.com/NFTE), and follow NFTE on Twitter at [@NFTE](https://twitter.com/NFTE).

NEWS

Youth Football Camp Offered

NFL's Thomas, city partner to teach gridiron skills.

Former T.C. Williams, University of Maryland and NFL Indianapolis Colts standout Ratcliff Thomas will lead the Ratcliff Thomas Foundation's 2nd annual Youth Football Camp Aug. 3 in partnership with the City of Alexandria's Parks and Recreation Department.

The camp will be held on the grounds of George Washington Middle School from 6-8 p.m. An estimated 150 participants are expected to attend. Led by the Ratcliff Thomas Foundation, former NFL and college players and coaches will teach high performance techniques, skills, drills and fundamentals.

"Our hope is to increase participation in the Alexandria youth football program citywide, and to get our youth moving in the direction of healthy wellbeing and physical fitness activities," Thomas said "The city will supply the equipment, field and facilities. We want to make this a great experience for our kids."

Registration can be done online through the city's Parks and Recreation Department or in person at the field. Arrive no later than



PHOTO CONTRIBUTED

Former NFL standout Ratcliff Thomas will lead the Ratcliff Thomas Foundation's 2nd annual Youth Football Camp Aug. 3 at George Washington Middle School.

5:30 p.m. to register for the camp.

To learn more about the mission of the Ratcliff Thomas Foundation or to support the Youth Football Camp, visit www.ratcliffthomasfoundation.org

— JEANNE THEISMANN

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PUBLIC MEETING on the Commonwealth Interceptor Cleanup and Inspection

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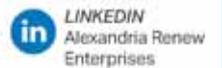
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Paid Internships Can Change Teens' Paths

BY ALESSANDRA COLIA
NORTHERN VIRGINIA EXECUTIVE DIRECTOR
URBAN ALLIANCE



Each August, many recent high-school graduates embark upon their first semester of college. Most have little-to-no professional work experience. Most also have little more than a hazy idea of what career path they hope to pursue.

Not Erica Ware.

When Erica graduated from T.C. Williams High School last year, she already had a year-long professional internship under her belt and the confidence and self-awareness to identify and pursue her passion. But at the beginning of her senior year, Erica's story was very different.

COMMENTARY

Erica applied for an internship through Urban Alliance, a nonprofit organization that partners with corporations to empower youth from underserved communities to expand their horizons through paid internships, professional training, and mentoring. Erica had no professional work experience before joining the program, and underwent six weeks of job-skills training before being placed at Alexandria Renew, a local water resource recovery facility, for the school year.

Working in the lab at Alexandria Renew intensified Erica's passion for science, and helped her to realize that pursuing what she loves can lead to a more fulfilled life.

"Urban Alliance helped inspire me to change my major by learning how to take control of my life and what I want to do with it, because at the end of the day it is about me and not what others want or think that I should do,"

Erica said.

Now Erica is a first-generation college student studying chemistry at Virginia Commonwealth University.

Unlike Erica, 2017 T.C. Williams High School graduate Ti-Jee Smith knew what he wanted to do with

his life when he came to Urban Alliance, but didn't know how to get there. Like most students in our program, he wanted more meaningful work experience than the typical after-school jobs available to students from underserved communities. And working at the Alexandria Chamber of Commerce, he got just that.

Ti-Jee couldn't initially see a connection between the Chamber and his own ambition to open a cosmetology business. However, exposure to business professionals and training workshops throughout the year helped Ti-Jee learn many of the skills he will need to become a successful entrepreneur. He also discovered talents, such as event planning and marketing, that he never knew he had.

Apart from their high school and work with Urban Alliance, Ti-Jee and Erica also have another significant commonality: they hail from the often unseen side of Alexandria.

This city has consistently been named one of the nation's best places to live, with a median household income of \$89,000, low crime rates, a beautiful and historic downtown, and proximity to the nation's capital. But beneath this exterior are thousands of young people who lack the resources and connections to find

meaningful employment that will put them on a path to self-sufficiency.

Over half of the seniors at T.C. Williams, the city's only public high school, come from low-income households and are on free or reduced lunch. There is a clear need for increased economic opportunities among Alexandria's youth. Paid internships are a solution.

According to the National Youth Employment Coalition, work-based learning opportunities that balance academics with paid work experience allow low-income youth to support themselves while they acquire the skills and credentials needed to succeed in the workplace. Our uniquely comprehensive approach to youth employment combines paid, professional internships with one-on-one mentoring, job-skills training, personalized case management, and alumni support to help underserved students gain access to the opportunities and networks that will help them push through the opportunity divide to succeed in college and beyond.

In 1996, then-Justice Department lawyer Andrew Plepler asked students at Anacostia High School what they needed to be successful. One honest young man answered, "I need a job." That conversation led to the founding of Urban Alliance, and over 3,000 internships later, the model still works.

Economically-disadvantaged students face far too many barriers to professional development. Access to paid internships should not be one of them. As Erica and Ti-Jee's experiences illustrate, paid internships provide corporations with eager and dedicated new talent, and give students invaluable skills and connections. All it takes is a business willing to invest in young talent. Together, we can change a young person's path.

LETTERS TO THE EDITOR

Cycling Deja Vu

To the Editor:

I read with interest, along with a bit of frustration, Mr. Townsend Van Fleet's letter from last week

"Cycling Through Stop Signs." He chronicled the same things I witnessed almost exactly 3 years ago when I sent a similar letter to the editor titled "Cycling Anarchy." Cyclists speeding through stop signs in Old Town, the yelling of obscenities or rude gestures by

cyclists if anyone dares to call them on it, pedestrians being almost hit, it was all unfortunately very familiar. My initial letter in August of 2014 touched off a volley of additional letters weighing in on the issue. Over several months many people wrote letters

describing their own experiences with dangerous cyclists, while cycling defenders attacked pedestrians and blamed drivers or road design.

The issue was somewhat addressed in October of 2014 when several cycling organizations weighed in. The Washington Area Bicyclist Association set up camp on Union Street during the evening commute to encourage cyclists to obey the laws. Later the Alexandria Bicycle and Pedestrian Advisory Committee did their own study. The Advisory Committee's own observations of the cyclists were "When you observe these things first hand, you say this just isn't right, we're not happy with the behavior that we see." Over a year later, in September 2015, there was finally a public hearing on the topic where the city offered plans to help resolve the cyclist and pedestrian concerns.

In the several years since, the city was going to take some actions and step up enforcement. There

SEE LETTERS, PAGE 9



Snapshot

Clouds of greatness — the beauty of art throughout the sky.

CERI BALDWIN

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OPINION



Community Outreach

Volunteers at the Brother's Keeper Community Outreach Project on July 29 gather at Alfred Street Baptist Church. Brother's Keeper provides underserved children and families in the Alexandria community with back-to-school essentials such as backpacks, coats, and classroom supplies. In addition to giving back, the day also includes family fun activities, food and snacks, and more. In first row are activist Geri Baldwin, with her goddaughter Jasmine, and Toni Dixon, volunteer with Alfred Street Baptist Church's Brother's Keeper.

LETTERS TO THE EDITOR

FROM PAGE 8

were supposed to be additional interventions and more safety and bicycle education advocacy programs. The city has since added dedicated bike lanes on King Street and made other traffic improvements. But as Mr. Van Fleet's recent observations indicate, unfortunately it doesn't seem to have worked and not much has changed. From my own recent observations as well, many (if not most) cyclists still ignore most traffic laws, running red lights and blowing through stop signs.

I don't know what the solution is but as Mr. Van Fleet suggested, maybe finally ticketing bicyclists might work. All I know is that after three years, dozens of letters to the editors, numerous articles

documenting the problem and public hearings, many cyclists still choose to ride recklessly and ignore traffic laws.

B. Marquis
Alexandria

Practical Considerations

To the Editor:

ARHA CEO Roy Priest's letter to the City Council, responding to a group of religious and charitable organization leaders' demand for more subsidized and affordable housing at the Andrew Atkins redevelopment, states the same sort of business case as ARHA makes to neighborhood civic associations: Essentially, squeezing the

most money out of every public-private partnership project to build public housing in the least expensive parts of town where a given dollar amount will build the most public housing units.

Conspicuous by its absence from the religious/charitable leaders' letter is Alfred Street Baptist Church, notwithstanding its history of social activism such that in other times it might have signed on. Alas, it finds itself in the ironic position of contributing to the loss of affordable housing to make way for its megachurch complex. Yet, its religious/charitable colleagues, whose letter lectures ARHA, stand conspicuously silent about ASBC.

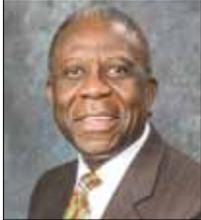
Religious and charitable organizations exist on tax-deductible

SEE LETTERS, PAGE 10

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OPINION

Extreme Heat: Safety Tips

BY IOANA LUTAI
EMERGENCY PREPAREDNESS MANAGER
VOLUNTEER ALEXANDRIA

The "Preparing for Emergency Care of Your Pet" article published last week by Animal Welfare League of Alexandria was great! Volunteer Alexandria, your lead agency for the recruitment and management of unaffiliated volunteers during an emergency, would like to add a few things that might be helpful during these hot days.

Pet owners are advised to carry a photo of themselves together with their pets in case of separation.

The picture will show ownership and allow others to assist in identifying your pet. Companies and non-profit organizations should consider "pet stations" where pets can actually rest in the shade and drink water when organizing outdoor events. Here are additional tips on what to do and how to stay cool during extreme heat:

- ❖ Get informed by signing up on Alexandria eNews to receive important news and emergency alerts;
- ❖ Stay indoors and try to stay on the coolest level of the house;
- ❖ Drink plenty of water and limit alcoholic beverages;
- ❖ Dress in loose-fitting clothes;
- ❖ Never leave children or pets in closed vehicles;
- ❖ Eat light meals;
- ❖ Check on family, friends and neighbors.

Watch for sickness including heat cramps (muscular pains and spasms due to heavy exertion) can occur in heat. If you see someone experiencing heat cramps, get the person to a cooler location and remove excess clothing. Give cool sports drinks. Do not give liquids with caffeine or alcohol and seek medical attention if the cramps do not subside in an hour, the victim has heart problems, or is on a low-

sodium diet.

In case of heat exhaustion (symptoms include heavy sweating, paleness, muscle cramps, tiredness, weakness, dizziness, headaches, nausea, fainting) move the victim to an air-conditioned place and lie down. Loosen or remove clothing and cool the victim by placing them in a cool shower or bath, or by applying cool, wet cloths.

Give sips of water or cool sports drinks containing salt and sugar. Do not give liquids with caffeine or alcohol and seek immediate medical attention if there is no improvement, the victim is unable to take fluids, vomiting occurs, or any symptoms are severe.

In case of a heat stroke, call 911 or the emergency medical services on site. Heat stroke is a life-threatening condition where the victim's temperature control system, which produces sweating to cool the body, stops working and the body temperature can rise so high that brain damage and death may result if the body is not cooled quickly. Symptoms include extremely high body temperature above 103°F, hot dry red skin, rapid strong pulse, headache, dizziness, nausea, confusion, unconsciousness. Until the emergency medical personnel arrive on scene or during transport to the hospital, move the person to a cooler location, cool by removing clothing, bath, sponging, applying a cold wet sheet. Do not give the victim fluids to drink.

If you would like to learn more, get trained, or become an emergency preparedness volunteer and be able to train others in various topics such as extreme heat, please sign up at www.volunteerallexandria.org and enter in the search field "Become an emergency preparedness volunteer." E-mail Ioana at emergencyresponse@volunteerallexandria.org to be added for upcoming trainings: The Role of the Media in Disasters on Aug. 14 or Active Shooting Training on Aug. 24.

LETTERS TO THE EDITOR

FROM PAGE 9

donations and are exempt from property tax. Consequently, they often lack a firm grasp of the practical considerations with which government agencies and private businesses must contend. Instead, they wag their fingers at the rest of us who must pay the taxes from which they are exempt.

In matters of "social justice," moral principles and practical considerations come into play. A final project which weighs all bona fide considerations is the best we can hope to achieve.

Dino Drudi
Alexandria

Strong Leadership

To the Editor:

Veterans and military families deserve strong leadership from Virginia's next governor. This fall, we have a real choice on our ballot. As veterans and Alexandria residents, we support Ed Gillespie

for Governor.

Virginia is home to nearly 800,000 veterans, meaning roughly 1 in 10 Virginians is a veteran. Ed Gillespie is dedicated to improving career opportunities for our veterans, giving our military and veterans a greater voice in our Commonwealth's government, leading the Virginia National Guard with pride and supporting our veterans, military and their families. Ed has offered a clear vision and plan to reach these goals.

Ed will work to grow the number of certified companies in the Virginia Values Veterans program which connects companies with a highly skilled, well-educated and easily trained leadership talent pool: Virginia's veterans. Ed Gillespie will improve the absentee voting process for deployed service members. Ed offers strong leadership to ensure our National Guard receives the support they deserve with in-state tuition for all members of the reserve components in addition to working with our business community to increase the number of Virginia busi-

nesses to sign the Employer Support of the Guard and Reserve program pledge. Ed promises to support our military families with improvements to the Virginia Military Survivors and Dependents Education program along with renewed support for Virginia's Veterans' Care Centers and broader availability of veterans' mental health dockets to address the unique needs of veterans who come in contact with the criminal justice system.

Finally, we should want members of our armed forces to stay in Virginia upon separating from their service. The economic benefits would cascade throughout Virginia.

Ed Gillespie's plans are rock-solid signals that he will be the pro-veteran, pro-military and pro-family governor that Virginia needs.

Shirley Miles, Alexandria,
USAF (retired)

Bill Cleveland, Alexandria,
USA (retired)

David Cheney, Alexandria,
USCG (retired)

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Saving Your Skin

How to prevent sun damage while enjoying summer vacation.

BY MARILYN CAMPBELL

August approaches and many head out for sun drenched vacations with a skin-baring wardrobe. This much anticipated time of year doesn't come without danger, primarily in the form of sunburn which can lead to skin damage, skin cancer, wrinkles and dark spots. Skincare gurus offer suggestions for protecting skin without sacrificing time outside.

"Sunscreen is the best protection from the sun," said Cheryl A. Oetjen, DNP, FNP-BC, assistant professor of nursing at George Mason University. "This can be from lotions that are SPF 30 or higher or from skin-protective clothing. Wearing a hat can also protect your face to some degree. Sunglasses should also be worn."

To maximize the effectiveness of sun-

screen, Oetjen advises being aware of some of the most commonly made application mistakes. "Ideally sunscreen should be applied 30 minutes prior to sun exposure," she said. "This gives it time to soak into the skin. Avoiding the water for this time is also important."

Avoid the sun between 11 a.m. and 3 p.m. when it's most intense and use at least one ounce of sunscreen per application, says Oetjen. "The important part of applying sunscreen is ensuring that you are using enough," she said. "Fair complexions, red hair and blonde hair often are indicators of a higher risk of sunburn, so it's important to reapply often."

Make sunscreen part of one's daily skincare regimen, advises Colleen Sanders, RN, FNP, Marymount University in Arlington. "The recommendation is that you wear sunscreen

"Sunscreen is the best protection from the sun."

— Cheryl A. Oetjen,
George Mason University



PHOTO BY MARILYN CAMPBELL

Wearing sunscreen offers the best protection from sun damage.

every day if you're going to be outside even for a short period of time," she said. "It should be part of your everyday routine."

Relying solely on the SPF found in some cosmetics like foundation or powder is unwise, says dermatologist Dr. Lisa Bronstein. "Makeup doesn't necessarily provide the protection that it claims to provide," she said. "There are a lot of tinted sunscreens out now that match a variety of skin tones and also give amazing protection from sun damage."

"Wearing sunglasses with UVA and UVB protection as well as a hat will help prevent damage, says Sanders. "Common areas that people often forget to cover, and where we often find skin cancer, are the tops

of ears and the backs of their hands," she said "These are places where people forget to put sunscreen."

"Make sure the most sensitive areas are covered ... these areas include the top of the ears, lips [and] the nose, added Oetjen. "Zinc oxide can be applied to sensitive areas."

Infants who are younger than six months old should have limited exposure to the sun, says Oetjen.

"The FDA has not approved a sunscreen for infants under 6 months so it is best for them to stay in the shade and wear sun protective clothing and hat," she said. "The skin of infants is thinner and more sensitive to the sun and sunscreen."

Be a part of our Wellbeing pages, the first week of every month.

Delight in our HomeLifeStyle sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our A-plus: Education, Learning, Fun pages, the third week of every month.

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ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

By the Seashore. Various morning hours through July 29 at The Lab at Convergence, 1819 N. Quaker Lane. Produced by Arts on the Horizon. Using an imaginative mix of puppetry, movement, and sound, this sensory-filled production is specifically designed for babies and young toddlers. Visit www.artsonthehorizon.org for more.

Potomac Fiber Arts Gallery. Various times through July 30 at the Torpedo Factory, 105 N. Union Street, ground floor Studio 29. Show is called "Under the Big Top," highlighting the work of three featured artists: Janet Barnard, Paige Garber, and Anne-Sanderoff Walker. Call 703-548-0935, or visit www.Potomacfiberartsgallery.com for more.

Ceramics Show. Various times through July 30 at 105 N. Union St., ground floor Studio 19. The "Rough around the Edges" Kiln Club show. Call 703-548-6288 or visit scopegallery.org.

Light and Depth Exhibit. Various times through July 31 in the The Associates Gallery at the Torpedo Factory, 105 North Union St., Studio 29. Artwork of Marine Weiss and Jennifer Brewer Stone is featured. Visit torpedofactory.org.

Adult Woodworking Class. 5-8 p.m. through Aug. 5 at the Alexandria Seaport Foundation, Union St. Woodworking 101, hosted by ASF's Middle School Math Program Manager, woodworker, and furniture designer Nicole Reidinger of Habitat Woodworks. \$250. Visit www.alexandriaseaport.org or call 703-778-0977 for more.

Artwork Inspired by Nature Exhibit. Various times through Aug. 31 at Huntley Meadows Park Nature Center, 3701 Lockheed Blvd. Local artist-photographer Nina Tisara will share some of her mosaic work in an exhibit entitled "Inspired by Nature." Call 703-768-2525 or visit www.fairfaxcounty.gov/parks.

Oil Paintings by Patricia Uchello. 9 a.m.-5 p.m. through Aug. 31 at the River Farm, 7931 East Blvd. Free. Call 703-768-6983 or visit www.patriciauchello.com for more.

Costumes of Mercy Street. Through Sept. 1, at The Lyceum: Alexandria's History Museum, 201 S. Washington St. To learn more about The Lyceum, visit alexandriava.gov/Lyceum or call 703-746-4994.

Gadsby's Tavern Museum Relics. Various times through Labor Day at Gadsby's Tavern Museum, 134 N. Royal St. Learn the history of the museum, the purchase and see the original woodwork. Call 703-746-4242 or visit www.gadsbystavern.org for more.

Mount Vernon Farmers Market. 8 a.m.-12 p.m., Wednesdays, through Dec. 14. Fresh local food, artisan crafts. Sherwood Library, 2501 Sherwood Hall Lane. Visit www.fairfaxcounty.gov/parks/farmersmarkets/mtvernonmkt.htm for more.

Student Art Exhibit. Various times through Sept. 15 at the National Art Education Association (NAEA) gallery, 901 Prince St. NAEA is exhibiting artwork from across the country created by students who are members of the National Art Honor Society (NAHS/high school students) and the National Junior Art Honor Society (NJAHS/middle school students). Call 800-299-8321 or 703-860-8000 or email info@arteducators.org for more.



Carlyle Fun

Wake Up Wednesdays are happening every Wednesday through September from 7-9:30 a.m. at the Duke Street Tunnel Connecting Carlyle to King Street Metro. Free coffee with a purchase of a donut, entertainment from local performers. www.alexandriava.gov/CarlyleFun

CAMPS, CLASSES & WORKSHOPS

Summer Theatre Camps. Through Aug. 25, various times at the Little Theatre of Alexandria, 600 Wolfe St. Preschool-8th graders can learn acting, musical theatre, dancing, improv, Shakespeare, film making. Visit www.thelittletheatre.com or call 703-683-5778.

Community Dance. 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

The Harmony Heritage Singers (Mount Vernon Chapter of Barbershop Harmony Society), a

daytime, a cappella, Chorus, rehearses on the 2nd and 4th Tuesdays, monthly, at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane, 10 a.m.-1 p.m. Newcomers welcome for fun or to book for a performance. Visit www.HHSingers.org, or call Bruce at 703-352-5271.

JULY 31-SEPT. 3

Ceramics Exhibition. Various times at the Torpedo Factory Art Center, 105 N. Union St. Exhibit called "Flexibility in Clay: Gymnastics and Gyration." Call Scope Gallery at 703-548-6288, visit www.scopegallery.org for more.

FRIDAY/AUG. 4

Free Fitness Classes. Fridays, noon-1 p.m. and Sundays, 9:30-10:30 a.m. through the month of August in John Carlyle Square Park, 300 John Carlyle St. Local studio fitness instructors including Xtend Barre, Pure Barre, Mind the Mat, Pilates Pro

Works, and USPTO Fitness Center. The series will include a range of classes including yoga, tai chi, Zumba, barre and kickboxing. Visit www.alexandriava.gov/CarlyleFun for more.

SATURDAY/AUG. 5

Friendship Firehouse Festival. 9 a.m.-2 p.m. in the 100 block of South Alfred Street between Prince and King streets. The Friendship Veterans Fire Engine Association will hold its annual Friendship Firehouse Festival. Call 703-746-3891 for more.

Tree Fest at River Farm. 9 a.m.-12:30 p.m. at River Farm, 7931 E. Boulevard Drive. The American Horticultural Society and TREE Fund present a morning celebrating trees. Call 703-768-5700 for more.

English Garden Floral Design Workshop. 9:30-11 a.m. at Green Spring Gardens, 4603 Green Spring Road. Create the look of a summer English garden for the home using an assortment of cut flowers, greens and garden materials. Ages 16+. \$38 for

the program plus \$25 supply fee. Visit www.fairfaxcounty.gov/parks/parktakesusing code 2903883301 or call 703-642-5173.

Tavern Open House. 10 a.m.-5 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. Features the site-specific public art installation "Centennial of the Everyday," public-art exhibition. Call 703-746-4242 or visit www.gadsbystavern.org.

Historian Lecture. 1:30-3:30 p.m. in the Watson Reading Room at the Alexandria Black History Museum, 902 Wythe St. WWII B-I US Navy Band 75th Anniversary round table discussion and presentation. E-mail black.history@alexandriava.gov, or call 703-746-4356.

Meet the Artist. 3-5 p.m. at The Torpedo Factory Art Center, 105 N. Union St., Studio 312. New Photographs by Sarah Hood Salomon exhibition runs July 31-Sept. 3. Call 703-683-2205 for more.

Meet the Artists. 5-8 p.m. at the Torpedo Factory, 105 North Union St., Foundry Gallery. The artists Fierce Sonia of the Torpedo Factory and Ric Garcia will be opening their show Dynamic Duo. Exhibition will run Aug. 2-27. Visit torpedofactory.org.

Country-Western Dance. 6-9:30 p.m. at Lincolnia Senior Center, 4710 N. Chambliss St. The Northern Virginia Country-Western Dance Association dance, couples and singles of all ages welcome. Admission for NVCWDA members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. Smoke-free, alcohol-free. BYO refreshments. See www.nvcwda.org or call 703-860-4941.

Saturday Cinema at Carlyle. 8:14 p.m. on John Carlyle Square, 300 John Carlyle St. Caddyshack is the second of this series. Free. Visit www.AlexandriaVA.gov/CarlyleFun for more.

SUNDAY/AUG. 6

Afternoon Teas with a Difference. 3-4:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Celebrate Britain's National Afternoon Tea Week with a "Royale Tea," offering your choice of a glass of champagne at the beginning or sherry at the end of afternoon tea. \$42. Adults 21 yrs.+. Call 703-941-7987 or visit www.fairfaxcounty.gov/parks/greenspring.

Chamber Music Concert. 3 p.m. in The Lyceum, 201 S. Washington St. Shane Iler presents an afternoon of music by Brahms on the horn, the violin, and the piano. Free. Visit www.wmpamusic.org for more.

Frank Sinatra Tribute. 7:30 p.m. at the Carlyle Club, 2050 Ballenger Ave. Tony Sands is Frank Sinatra in "It was a Very Good Year." \$25. Call 703-548-8899 for more.

MONDAY/AUG. 7

Purple Heart Day. 10:30 a.m. at George Washington's Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. Medal of Honor recipient Capt. Florent Groberg of the United States Army will give the keynote address. Music for the ceremony is provided by the U.S. Marine Corps Band Brass Quintet. A wreath will be on view at the Purple Heart Memorial, located outside of the entrance to the estate. Visit www.mountvernon.org.

Meet the Author. 7 p.m. at The Athenaeum, 201 Prince St. An Evening with KaNikki Jakarta: Books and Poetry. Visit www.nvfaa.org or call 703-548-0035.

TUESDAY/AUG. 8

Simpson Gardens Stroll. 11 a.m. at



Carlyle Fitness

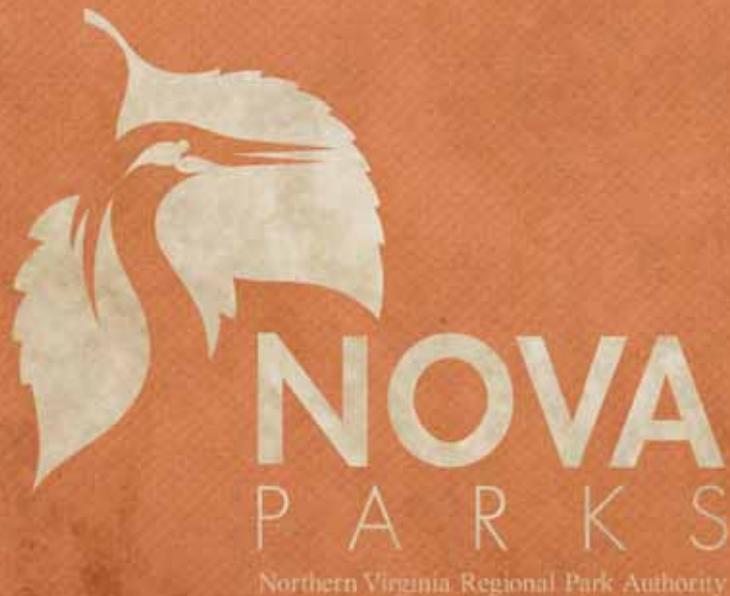
Free fitness classes on Fridays from noon-1 p.m. and Sundays 9:30-10:30 a.m. through the month of August in John Carlyle Square Park, 300 John Carlyle St. Local studio fitness instructors including Xtend Barre, Pure Barre, Mind the Mat, Pilates Pro Works, and USPTO Fitness Center. The series will include a range of classes including yoga, tai chi, Zumba, barre and kickboxing. Visit www.alexandriava.gov/CarlyleFun for more.



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ENTERTAINMENT

4 Foodie Dates to Circle in August

BY HOPE NELSON

in time from noon to 8 p.m. 277 S. Washington St.

Even in the dog days of summer, no moss is growing under the restaurants in town. From beer pairings to drag brunches, here are several options to keep your August interesting.

Rustico's Near & Far Beer Series, Aug. 7

During the dog days of summer, what could be better than sipping some cool Scandinavian beers and daydreaming of colder climes? Next Monday, Rustico pairs just such beverages with a five-course menu to bring the Nordic vibe to Alexandria. While the food menu is as-yet unannounced, the beer

APPETITE

list is intriguing indeed. From the Evil Twin Classique Imperiale — a saison that comes by way of Denmark via New York — to Denmark's Mikkeller Black Hole, an imperial stout that might perhaps drink more like a dessert than a beer, brew lovers will be sure to have something new to try. Tickets are \$55; reservations are required. 827 Slaters Lane.

Larry's Crawfish Boil at Society Fair, Aug. 12

Society Fair is back with another rendition of their crawfish boil. With all-you-can-eat crawdads and all the fixin's — boiled potatoes, corn on the cob, and Andouille sausage, just to name a few — the restaurant's bistro will be hopping with down-home Louisiana-style flavors. Tickets are \$35 each; diners can choose from several seatings, ranging

Summer Restaurant Week, Aug. 18-27

If it's August, it's time for Alexandria's Summer Restaurant Week. More than 60 restaurants will take part in this year's summertime event, and the tasting menus and special deals abound. From higher-end mainstays such as Jackson 20 and Vermilion to the more grab-and-go bites of Haute Dog and Meggrolls, the slate of participants is expansive and bound to appeal to every palate. Bonus: Hummingbird, the new restaurant from Cathal and Meshelle Armstrong, is offering prix fixe specials as part of the week — a perfect time to get a sneak peek into one of Old Town's newest spots. www.visitalexandriava.com/restaurants/restaurant-week/

Sparkle Saturdays Drag Brunch at Hank's Pasta Bar, Aug. 19

On the third Saturday of the month, Hank's Pasta Bar takes weekend dining to a new level with its drag brunch. Blending a hearty meal with a performance — this month hosted by Summer Knight and featuring Whitney Guccigoo and Gadfrie Arbulu — Hank's gets the weekend started in style. Tickets are \$25 apiece and include an array of options from the brunch menu; reservations are required. 600 Montgomery St.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

Simpson Park Demonstration Gardens, 420 E. Monroe St. Stop by and chat with the VCE Master Gardeners who maintain the Simpson Park Demonstration Gardens and see what is in bloom. Have all your gardening questions answered too! No registration necessary. Visit mgmv.org/events/mgnv-events/ for more.

4242 or visit www.gadsbystavern.org.

documentary, which chronicles the Australian Government-sanctioned paranormal investigation of Cockatoo Island. Visit sirniface.com for more information.

AUG. 12-13

8th Annual Alexandria Summer Sidewalk Sale. Various times, participating stores throughout Old Town and Del Ray. Visit VisitAlexVA.com/SidewalkSale for more.

WEDNESDAY/AUG. 9

Wake Up Wednesday. 7-9:30 a.m. at the Duke Street Tunnel Connecting Carlyle to King Street Metro. Free coffee with a purchase of a donut, entertainment from local performers. Every Wednesday through September. www.alexandriava.gov/CarlyleFun.

SUNDAY/AUG. 13

An Outlandish Geek Tour. noon-1 p.m. at the Apothecary Museum, 105-107 S. Fairfax St. Learn about a few of the herbal medicines featured in Diana Gabaldon's "Outlander" series of novels, from cascara to dauco seeds. Tour recommended for adults only. \$15. Visit www.alexandriava.gov/Apothecary or call 703-746-3852.

Summer Reading Puppet Show. 10-11 a.m. at Green Spring Gardens, 4603 Green Spring Road. Young story lovers are entertained by a puppet show presented by Carousel Puppets. Ages 3+. Visit www.fairfaxcounty.gov/parks/parktakes or call 703-642-5173.

Summer Chamber Music Series. 3 p.m. Washington Metropolitan Philharmonic Association at The Lyceum, 201 S. Washington St. Join trombonist Tyler Castrucci, along with violist William Neri, and cellist Molly Jones for an afternoon of chamber music. Free. Visit www.wmpamusic.org for more.

SATURDAY/AUG. 12

Garden Stroll and Ice Cream Social. 10 a.m.-11:30 at Green Spring Gardens, 4603 Green Spring Road. Stroll the summer gardens with a Master Gardener docent, then cool down at an ice cream social in the 1784 Historic House. \$12. Call 703-941-7987 or visit www.fairfaxcounty.gov/parks/greenspring/.

Medical Music Group. 4 p.m. at Rachel M. Schlesinger Concert Hall, 4915 East Campus Drive. "Music You Can't Refuse," concert. \$20-50, veterans and students free. Visit www.nvcc.edu/schlesingercenter/ or vanmmg@hotmail.com.

Art of History. 10 a.m.-noon at Gadsby's Tavern Museum, 134 N. Royal St. Art-focused tour of the "Centennial of the Everyday," that views history through the lens of contemporary art. \$15. Call 703-746-

Documentary Film Tour. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Alexandria. Hosted by Calek and SIR NOFACE Producer Justin Holstein, the "SIR NOFACE LIVES" tour offers attendees the chance to be among the first to see Calek's mind-bending SIR NOFACE

TUESDAY/AUG. 15

Genealogy Talk. 1-3 p.m. at the Hollin Hall Senior Center, 1500 Shenandoah Road. Learn how to use various record groups to find your pre- and post-Civil War Virginia ancestors and their plantation from genealogist Char McCargo Bah. Visit www.mvgenealogy.org for more.

WEDNESDAY/AUG. 16

Wake Up Wednesday. 7-9:30 a.m. at the Duke Street Tunnel Connecting Carlyle to King Street Metro. Free coffee with a purchase of a donut, entertainment from local performers. Every Wednesday through September. www.alexandriava.gov/CarlyleFun.

THURSDAY/AUG. 17

Garden Tour and Tea. 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Tour the glorious gardens with a Master Gardener docent who will lecture about Green Spring past and present. Afterwards, enjoy a traditional English afternoon tea. \$32. Call 703-941-7987 or visit www.fairfaxcounty.gov/parks/greenspring/.

Sierra Hull in Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Visit www.birchmere.com for more.

AUG. 17-SEPT. 17

Wizard of Hip. Various times at

ENTERTAINMENT

MetroStage, 1201 North Royal St. Featuring Thomas W Jones II as he journeys from adolescence to adulthood as Afro Jo with original music by William Knowles and two back-up singers. Call 703-548-9044 or visit www.metrostage.org.

AUG. 18-27

Alexandria Summer Restaurant Week. Area restaurants offer \$35 for a three-course dinner or \$35 dinner for two; select locations offering lunch from \$10-20/person. Visit www.AlexandriaRestaurantWeek.com or call 703-746-3301 for more.

SATURDAY/AUG. 19

Casting Leaves in Concrete Workshop. 9:30-11 a.m. at Green Spring Gardens, 4603 Green Spring Road. Green Spring staff demonstrates casting and painting techniques and assists participants in making one to take home. \$40 for the program plus \$25 supply fee. Call 703-642-5173 or visit www.fairfaxcounty.gov/parks/greenspring for more.

Gardening Author Talk. 3-4:30 p.m. at the Barrett Branch Library, 717 Queen St. Nancy Lawson, a naturalist and columnist for All Animals magazine, will talk about her recent book, "The Humane Gardener: Nurturing a Backyard Habitat for Wildlife." Visit alexlibraryva.org.

SUNDAY/AUG. 20

Tea and Princess Diana Lecture. 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Explore the many faces of Diana: fairytale princess, style icon, humanitarian and mother. Afterwards, enjoy a

traditional English afternoon tea. \$32. Call 703-941-7987 or visit www.fairfaxcounty.gov/parks/greenspring for more.

DEADLINE AUG. 20

Open Invitation for Chorus. Rehearsals begin at 7 p.m. on Tuesdays at the Northern Virginia Community College Alexandria campus, 5000 Dawes Ave. Email leckstein@nvcc.edu or call 703-845-6252.

MONDAY/AUG. 21

Alexandria Chamber Golf Tournament. 1 p.m. at the Mount Vernon Country Club, 5111 Old Mill Road. Hot dogs and brats, beverages, reception, dinner, prizes. Sponsorships available, contact Maria Ciarrocchi at micarrocchi@alexchamber.com.

Great American Eclipse. All day at Historic Huntley Meadows Park, 3701 Lockheed Blvd. Learn the science behind eclipses and how to view them safely, solar eclipse glasses will be provided to attendees at all the programs. \$7 to \$12 per person. Visit go.usa.gov/xNvvb for more.

WEDNESDAY/AUG. 23

Wake Up Wednesday. 7-9:30 a.m. at the Duke Street Tunnel Connecting Carlyle to King Street Metro. Free coffee with a purchase of a donut, entertainment from local performers. Every Wednesday through September. www.alexandriava.gov/CarlyleFun.

THURSDAY/AUG. 24

Historian Lecture. 7 p.m. at The



'Flexibility In Clay'

Ceramics Exhibition July 31-Sept. 3 at the Torpedo Factory Art Center, 105 N. Union St. Exhibit called "Flexibility in Clay: Gymnastics and Gyration." Call Scope Gallery at 703-548-6288, visit www.scopegallery.org for more.

BOTTLES BY
POLINA MILLER

Athenaeum, 201 Prince St. Meredith Barber is a local historian and student at William and Mary. Through research at the National Archives, she discovered previously unknown Athenaeum history during the Civil War including its employment as a logistics center by the Union Army. \$5, free for NVFAA members. Visit www.nvfaa.org or call 703-548-0035.

SATURDAY/AUG. 26

Garden Terrarium Workshop. 1-2:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Begonia enthusiast Johanna Zinn provides information on this genus and teaches techniques for creating a terrarium. \$38 plus supplies. Call 703-642-5173 or visit www.fairfaxcounty.gov/parks/greenspring for more.

SATURDAY-SUNDAY/AUG. 26-27

Begonia Show and Sale. 9 a.m.-4:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Show sponsored by the Potomac branch of the American Begonia Society. Free. Call 703-642-5173 or visit www.fairfaxcounty.gov/parks/greenspring for more.

SUNDAY/AUG. 27

Sister Musicians Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Artists and sisters Shelby Lynne and Allison Moorer will perform in support of their upcoming release "Not Dark Yet." Visit www.birchmere.com for more.

MONDAY/AUG. 28

7th Annual Charity Golf Tournament. 8 a.m. at Fort Belvoir Golf Club 8450 Beulah St., Fort Belvoir. Benefit for America's "Adopt A Soldier," an established nonprofit organization who has through grassroots volunteerism, donations, and partnerships; provides a positive impact to our nation's wounded, deployed service members, hospitalized military children, homeless veterans, veterans and their families. Email golftournament@americasadoptasoldier.org for more.

MONDAY/AUG. 28

Fall Vegetable Gardening. 7-8:30 p.m. at the Beatley Library, 5005 Duke St. Learn inexpensive techniques to extend the harvest and even enjoy some of the crops in the dead of winter. Visit mgvnv.org or call 703-228-6414 for more.

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Pressing Council for Housing and Transit Reform

BY DAN BRENDEL

Last Tuesday VOICE, a faith-based coalition, packed St. Joseph's Catholic Church in order to convey its social justice interests to attending City Council members. We put forward an agenda around two particularly critical issues areas — affordable housing and public transit. On a summer weeknight, we thought we'd turn out maybe 100 people. More than 200 came.

"Seek the welfare of the city to which I have exiled you; pray for it to the Lord, for upon its welfare your own depends," said the Rev. Donald Fest of

COMMENTARY

St. Joseph in his opening remarks, quoting the Old Testament

prophet Jeremiah. "We're here tonight to speak to the welfare of this city ... for upon it our own welfare depends. From the prophet Isaiah ... 'No more shall there be heard the sound of weeping and the cries of distress. ... No longer will they build houses and others live in them, or plant and others eat. ... [My people] will long enjoy the work of their hands.' That has not been the case for many people of the city of Alexandria. ... Our fight for equality and justice in Alexandria is far from done. For we hear 'the sound of weeping and the cry of distress,' as was heard at the time of the prophet Isaiah."

Fest described how gentrification has forced households to move away from the community around St. Joseph, a 102-year-old black Catholic parish. Gentrification also puts a heavy demand on congregations' ministries, as people require increasing assistance for food, rent, utilities and rental deposits. "This is not right. It is wrong," he said. He described how public transit shortcomings lopsidedly hurt lower-income people.

Kenia Walker, a resident of the Ramsey Homes public housing community, said: "I'm from this area, this is home. ... Affordable housing ... shouldn't mean a decision about paying your rent, buying groceries, having transportation, when you work hard."

Linda Harris, a Ramsey resident and



PHOTOS BY PHYLLIS JOHNSON

More than 200 local residents and congregants turned out to push City Council for housing and transit reform at a nonpartisan event, held July 25 at St. Joseph Catholic Church.

Jefferson-Houston crossing guard, said: "I work every day with those children, I love them to death. And I would be so hurt" to be separated from them.

Jonathan Winters, an Alexandria resident and Metro technician, said: "I take pride in my job. I know a lot of times when you guys are on trains and buses that are broken down and hot cars, naturally you look for somebody to blame. And the ones you see are us, the frontline workers, not the people who actually make the decisions. The truth is, the system has been underfunded for 40 years." Yet the Washington Metropolitan Area Transit Authority (WMATA) currently proposes to address budget shortfalls in part by cutting services, privatizing jobs and reducing benefits.

Kevin Harris, president of the Alexandria Redevelopment and Housing Authority (ARHA) Residents' Association, and Jennifer Tolbert of the Old Presbyterian Meeting House, co-chaired the action.

Of the council members who attended, Willie Bailey and John Chapman committed their full support, and Justin Wilson and Tim Lovain their qualified support, for our housing asks, as outlined by the Rev. Robert Malm of Grace Episcopal Church: that Ramsey residents can remain in Old Town during and after redevelopment; that all 90 public housing units at Andrew Adkins be



Linda Harris, a public housing tenant, expressed her desire that redevelopment not cause her displacement from Old Town.

rebuilt onsite; that council and ARHA strengthen Resolution 830, a bilateral agreement to replace demolished public housing units one-for-one; and that council include at least \$8 million housing subsidy in future city budgets. Wilson also committed to meet again with VOICE leaders and ARHA's new CEO to discuss these issues further.

"I am a product of low-income housing, affordable housing, and I was able to purchase a home. I called it that 'affordable escalator' that the city offered," said Bailey. "And now that escalator has slowed down and really probably stopped."

Wilson said he supports returning "more"

than the slated 60 public housing units to Adkins but that the "brutal math" of economics is a constraint. However, I hope no one misconstrues the latter to mean that our present course is mathematically inevitable. The Request for Proposals for Adkins, and the developer's original proposal, included all 90 units. ARHA has chosen to offsite some units. The city and ARHA's doctrine of poverty "deconcentration" as a social good is empirically contestable. It, too, is a choice, and one that strikes me as being euphemistic.

Lovain said he's "nervous about pledges." But there is perhaps a fine line between pledges and mere planning. We rightly applauded council's recent decision to fund the Church of the Resurrection's affordable housing project. Still, that funding came only in the 11th hour of the budget process via an unrepeatably tax hike. The city's Housing Master Plan, contradicting other of Lovain's remarks, says the city's "best" tool is "a consistent, reliable source of annual funding."

"We indeed have much to celebrate, but we need a sustainable plan," said Resurrection's Betsy Faga. "The city must do its part by increasing its funding for affordable housing. We believe affordable housing funding belongs in the Capital Improvement [Program]," which earmarks monies up to 10 years in advance for all manner of other critical city investments.

Lovain, who sits on the Northern Virginia Transportation Commission (NVTC), committed to most of VOICE's immediate transit asks: to meet with Metro workers; to help enable VOICE leaders to brief the NVTC on an alternative plan for \$1 billion in dedicated WMATA funding; and to push WMATA to disclose the analyses and assumptions underlying General Manager Paul Wiedefeld's current proposed budget. Lovain equivocated about supporting more affordable housing in new development on WMATA-owned land. VOICE also intends to pursue these asks with Councilman Paul Smedberg, a member of WMATA's board of directors.

The author, an Alexandria resident, is a member of VOICE and writes on faith issues for the Gazette Packet.

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Legals

ABC LICENSE

Fikir Cafe trading as Fikir Cafe, 3815 S George Mason Dr. Ste C, Falls Church, VA 22041-3763. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On Premises / Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Konjit Abebe, Owner. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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Obituary

Pauline E. Reynolds, 92, of Christiansburg departed this earth on July 30th, 2017. She was born on June 30, 1925, in Asheville, NC. to the late George W. Dial and Orabelle (Fowler) Dial. She was preceded in death by her husband Walter R. Reynolds, Sr.; Step-daughters and Louise Reynolds, Jean Wright; Step-sons, Walter Reynolds, Jr., Charles Reynolds, Alan Cecil Reynolds; Sister, Ethel (Eugene Sr.) Drayton; Sisters-in-law, Ruth Dial and Ethel (Harry) Reynolds-Eaves; Brothers, Haywood Dial, James Dial; Brother-in-law, Edgar (Queen) Reynolds, Jr. She is survived by her sons Ronald Jackson of Arlington, Va. and Glenn Brown of Roanoke, Va.; Daughter Nanette Dial of Christiansburg; her only surviving sibling, Ernest Dial of Capital Heights, MD; Sister-in-law, Ethel Dial; Daughters-in-law, Barbara Reynolds of NC and Delores Reynolds of VA; and an abundance of loving family and friends. The home going service will be held on Saturday, August 5th, 2017 at 2 pm at Schaeffer Memorial Baptist Church in Christiansburg, Va., with Reverend Lee Suggs officiating. The family will receive visitors one hour before the service. Arrangements by McCoy Funeral Home, Blacksburg, VA.

Obituary

OBITUARY

Martha Manchester Michie
On Thursday, July 27, 2017 of Richmond, VA. Beloved wife of the Late H. Norwood Michie, Jr. for 38 years. Loving mother of Jack (Kim) Michie, Bill (Michelle) Michie, Tom (Jean Ann) Michie, Kathy Aucott, and Bob (Robin) Michie; Preceded in death by one grandson, Jackson Michie; Grandmother of 22 grandchildren; and 12 great-grandchildren. Family and friends may call at Everly Wheatley Funeral Home, 1500 W. Braddock Road, Alexandria, VA 22302 on Thursday, August 3, 2017 from 6 to 8 pm. Funeral service at St. Paul's Episcopal Church, 228 S. Pitt St, Alexandria, VA 22314 on Friday, August 4, 2017 at 11 am. Interment at Ivy Hill Cemetery. Memorial contributions may be made in her name to University of Minnesota Masonic Children's Hospital for Juvenile Arthritis Research, 200 Oak Street SE, Minneapolis, MN 55455.

Legals

Legals



ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR INFORMATION NUMBER 170703

The Alexandria City School Board dba Alexandria City Public Schools is seeking proposals from qualified offerors to provide professional architectural engineering services for a Pre-Center Retrofit located at 5651 Rayburn Avenue, Alexandria, VA 22314 (alongside John Adams Elementary School). The work includes planning and programming, site and building design, development of construction documents, assistance with the bidding process, and defined construction management services.

A non-mandatory pre-proposal conference will be held August 2, 2017 at 1:00 p.m. at ACPS Central Office located at 1340 Braddock Place, Alexandria, VA 22314. The pre-proposal conference will take place in the 6th Floor Conference Room 610-2, with a site visit following.

All questions must be submitted via email, with the notation, "RFP 170703, Pre-K Center Retrofit" on or before 3:00 p.m. on August 11, 2017. If necessary, an addendum will be issued and posted to the ACPS Vendor Self Service site (registration with login is required).

Sealed electronic proposals shall be received in ACPS' Vendor Self-Service System on or before 3:00 p.m. August 17, 2017. The time of receipt shall be determined by the system time stamp in the Vendor Self-Service System. Mailed paper proposals shall not be accepted.

Offerors submitting proposals in the Vendor Self-Service System should also send (1) one original response on a USB flash-drive, labeled as "RFP 170703, Pre-K Center Retrofit", on or before 3:00 p.m. on August 17, 2017 to Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314. The time of receipt for the mailed or hand-delivered USB shall be determined by the time clock stamp in the Procurement Office.

RFP documents may be obtained at the above Procurement Office or by calling 703-619-8181, or by downloading the RFP from the ACPS website at <https://www.acps.k12.va.us/purchasing>. **Registration on the Vendor Self Service system at <https://acps.munisselfservice.com/> is required.**

Meloni Hurley
Procurement Manager

Week to Weak



By KENNETH B. LOURIE

And speaking, a few weeks late, of my "whirled," (see July 5, 2017 column, "Not an Auto-Matic Fix"); at least as it relates to my next week or so: 24-hour urine collection on Tuesday, pre-chemotherapy lab work on Wednesday, in the Connection office on Thursday, chemotherapy infusion on Friday, continuing anxiety concerning the previous Wednesday's CT Scan/awaiting results from my oncologist followed by our usual post-scan appointment with him Friday a week later to discuss my future: status quo or the great unknown; coinciding with the typical eating challenges/post-chemo side effect which lasts a week to 10 days after treatment. If this cycle of gloom doesn't sound like fun, you're right, but it's a living/my life and I'm extraordinarily (I didn't want to say "damn") lucky to be able to live it.

And recently having spoken to a new stage IV, non-small cell lung cancer "diagnosee," who's on a 24-hour morphine drip and Percocet every four hours because he's in constant pain, I know how amazingly fortunate I am/have been since being originally diagnosed in late February, 2009. Sure, I've had my share of pain and discomfort, but in the medical-measuring system I'd give it a "1." Hardly the stuff with which nightmares are made (see column in a few weeks, as yet untitled).

I've always been a great believer in context. Not so much comparison because what you see and what you get are not necessarily relevant, comparatively speaking, but more that the circumstances are all relative. It takes me back to Popeye the Sailor Man, who apologizing to no one, always said: "I 'yam what I 'yam." And so am I. When I see other cancer patients at the Infusion Center, when I talk to cancer survivors, when I hear or read of other cancer patient circumstances, I try to live and learn, not take it personally, and count my blessings. Given the hand that I was dealt back on Feb. 27, 2009 I wouldn't say "Wild" Bill Hickok (and his black aces and black eights) came to mind, but my life, according to the "11 month to two-year" prognosis I was given, certainly passed before me – and much sooner than I had anticipated.

In spite of my diagnosis/prognosis, and the miscellaneous ups and downs that I and most cancer patients endure, I've never given in to my oncologist's initial assessment. It was so unbelievable hearing such grim news, especially considering that I was age 54 and a half, that it almost seemed like an out-of-body experience, sort of like Scrooge in Charles Dickens "novella," "A Christmas Carol." Sure we were listening attentively and asked our share of questions, but it didn't seem real or even about me, sort of. I mean at this juncture, I had no pain and no symptoms and no family history of cancer – and I was a life-long non-smoker. Yet here I was, in the bulls eye of a dreaded disease with no known cure receiving a modest life expectancy/two percent chance of living beyond five years.

But eight years and five months later, here I sit, breathe and try to write some wrongs about a life mostly unexpected, and one in which I haven't sweated too many details nor concerned myself with the "nattering nabobs of negativism," to quote former Vice President, Spiro T. Agnew, specifically as it relates to lung cancer outcomes. Which are dramatically improving.

New drug approvals and increased funding for lung cancer research has infused hope into lung cancer patient's lives. Routines with which us lung cancer patients/survivors have become accustomed will be less routine and will make our lives more fulfilling. It might not be perfect, but it's definitely a life worth living.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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BULLETIN

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/AUG. 3

Registration Deadline. The 10-week Alexandria Community Police Academy provides an opportunity for residents to learn about various aspects of the Police Department, such as administrative philosophy, internal policies and the guiding principles of law and ethical conduct governing the delivery of police services. Classes are a combination of lecture and interactive activities. The academy will be held every Wednesday from 6:30-10 p.m. at the Police Department's Headquarters at 3600 Wheeler Ave in the Community Room, located on the 1st floor. Classes run Sept. 6-Nov. 15, 2017. Visit www.alexandriava.gov/police and search Community Police Academy or e-mail the Volunteer Office at Virginia.obranovich@alexandriava.gov.

MONDAY/AUG. 7

Ad Hoc Waterfront Construction Monitoring Group. 5 p.m. City Hall, Sister Cities Room 1101, 301 King St. Contact Jack Browand at jack.browand@alexandriava.gov or 703-746-5504.
Alexandria Democratic Committee Meeting. 7:30-9 p.m. in the Auditorium, Minnie Howard School, 3801 W. Braddock Road. Starts with voter registration/Farmer's Market Volunteer Training. Bring canned foods for ALIVE. Call 703-549-3367 for more.

FRIDAY/AUG. 11

Free Bus Ride. Passengers who donate new school supplies (i.e. backpacks, notebooks, crayons, etc.) when they board a DASH bus on Friday, Aug. 11 and Monday, Aug. 14, will receive one free ride on DASH. Riders are asked to give their school supply donations to the bus operator when boarding. Last Year, FACE was able to help thousands of students start the school year with backpacks and essential school supplies.

Resource Fair. 8:30 a.m.-2 p.m. at Northern Virginia Community College's Alexandria Campus. In partnership with Fairfax County and the City of Alexandria, Northern Virginia Community College's Alexandria Campus will host a resource fair for skilled immigrants called "Rebuild Your Professional Career in the U.S." to provide a forum for conversation and the opportunity for community members and professionals to share their experience and learn about strategies for job searching, credentials and training. This work conference is free and open to the public. Registration is required, and space is limited; visit www.eventbrite.com and search workforce conference. Call 703-324-7280, TTY 711 or email WDC@alexandriava.gov for more.

MONDAY/AUG. 14

Free Bus Ride. Passengers who donate new school supplies (i.e. backpacks, notebooks, crayons, etc.) when they board a DASH bus on Friday, Aug. 11 and Monday, Aug. 14, will receive one free ride on DASH. Riders are asked to give their school supply donations to the bus operator when boarding. Last Year, FACE was able to help thousands of students start the school year with backpacks and essential school supplies.

WEDNESDAY/AUG. 16

Backpack Stuffing Marathon. Volunteers wanted for FACE's Backpack Stuffing Marathon. Call FACE at 703-619-8414.

CRIME REPORT

The following incidents were reported by the Alexandria Police Department.

MONDAY, JULY 31

The Alexandria Police Department is conducting a sudden death investigation in the 500 block of Four Mile Road. There is no danger to the public.

SUNDAY, JULY 30

The Alexandria Police Department is investigating a commercial robbery in the 200 block of W Glebe Road. Three male suspects stole several cell phones from a business.

9

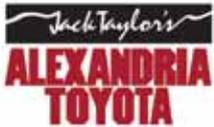
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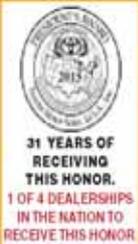
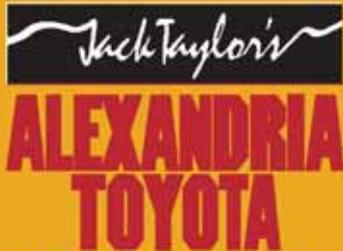
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Renovated & classically elegant, this historic home offers 3 bedrooms, 2.5 baths, 2 fireplaces, gorgeous new master bath and an updated open kitchen with family room. Gracious rooms with original wood floors. Lovely private garden. Off street parking.
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Michael Makris 703.402.0629
www.MikeMakris.com



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4-bedroom, 3.5-bath Colonial in serene setting near Fort Ward Park. Nearly 3,000 square feet of living space. Hardwood floors. Upgraded kitchen. 3 finished levels. Newer roof. New HVAC. 2-car garage.

Chris Fischer 703.930.6349
www.FischerRealEstate.com

OPEN SUN 8/6, 2-4



Warwick Village \$589,900

Lovely 3-bedroom, 2-bath townhouse. The kitchen is completely updated to today's modern styles. Hardwood floors & open floor plan make everyday living or entertaining a breeze. Finished basement. Walk to "The Avenue" in Del Ray! 249 Burgess Ave.
Jen Walker 703.675.1566
www.JenWalker.com



Stratford Landing \$572,000

Motivated seller! Pack your bags! This home is waiting for you with fresh paint, gleaming hardwoods, updated kitchen and baths, large spacious rooms. Lovely lower level includes large recreation room, storage and half bath. Private deck backing to woods.
Vicki Binkley 703.994.0778
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OPEN SUN 8/6, 2-4



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