



# Oak Hill Herndon CONNECTION



## Places, Events to See In And Around Herndon

NEWCOMERS. PAGE 3

### NEWCOMERS & COMMUNITY GUIDE

2017-2018

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# NEWCOMERS & COMMUNITY GUIDE

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**Herndon's Red Caboose, 742 Lynn St., is the symbol of Herndon's bygone railroad that for so many years furnished passenger service and carried mail, freight, and milk from local farming communities to larger cities.**



**Herndon Depot, 717 Lynn St., houses railroad and historical memorabilia from Herndon late 1800s-1960s and is on the National Register of Historic Places.**



PHOTOS BY MERCIA HOBSON/THE CONNECTION  
**Station Street, Downtown Herndon on a summer night in 2017.**

## Places, Events to See In and Around Herndon

### Small town charm with award-winning amenities.

BY MERCIA HOBSON  
THE CONNECTION

**T**he Town of Herndon is the “Next Generation Small Town” and with its surrounding communities, offers a calendar-full of free events, festivals, and concerts. Herndon also features award-winning recreational facilities such as its Community Center – perfect for swimming, exercising, shooting baskets, or playing tennis. If golf is your passion, there’s the Herndon Centennial Golf Course, named one of Golf Digest’s “Best Places to Play.” Into cycling or running? The paved 44-mile great rail trail, the W&OD, connects Herndon west to the Blue Ridge and east to the metro D.C. region.

Looking for nature? The town embraces the outdoor lifestyle with 11 parks. Nearby Frying Pan Park is an equestrian’s dream. Into the arts? Visit Herndon’s two professional theatres, NextStop and Classical Ballet, and experience ArtSpace Herndon’s exhibits, art sales and performances.

Check out Herndon’s attractions: the Depot Museum, Red Caboose, five downtown murals, eighteen Historical Markers, and

the Herndon Municipal Center with its library complex and Town Green.

Foodies look no further. Not counting eateries in the surrounding communities, the town has 120, of those, 25 offer international cuisines. Farm-to-table produce is readily available at the two Farmers Markets, which operate weekly spring through fall, one in the downtown, and other at Frying Pan Park.

Sharon Nachman, event planner, 39 years in Herndon, says:

“What’s so great about Herndon? It’s the goodness of the people in the town. Here are two examples – one in tragedy and one in celebration. When five newly graduated Herndon High School seniors were involved in a fatal out-of-state car crash, the community came together. They funded expenses to bring three deceased students back home from Texas and to pay for their funerals. On a lighter celebratory note, when the Herndon High School Marching Band was selected to perform in Hawaii at the Pearl Harbor Memorial Parade in 2013, the community raised funds for those students whose families could not afford the expenses. Green Lizard Cycling initiated the



**The W & OD Trail is a 44-mile asphalt-surfaced paved trail that runs through the center of Herndon’s downtown. It is suitable for walking, running, cycling, and roller-skating.**

1st Annual Green Lizard Half-Century Fun Ride/Bike-a-Thon, and Rotary Club of Herndon produced a carnival. All HHS Marching Band students who wanted to go,



**Frying Pan Park, 2709 West Ox Road preserves a 1920s-1950s farm and agricultural process and offers riding lessons, hiking trails, and a farm experience. The grounds include a cross-country course, stadium, indoor riding rings, and live farm animals.**

regardless of income, performed in Hawaii, expenses paid in full for those who needed assistance.”



**Herndon Centennial Golf Course, 909 Ferndale Ave., is described as one of the best municipal golf courses in the Washington metropolitan area.**



**The Herndon Municipal Center complex at 777 Lynn St. includes a branch of the Fairfax County Library system, government offices, the Herndon Council/District Court meeting facility and the Town Green for special events and concerts.**



**The four day annual Herndon Festival attracts 80,000 people and is the largest free festival in the state. It features three stages of entertainment, arts and crafts booths, food vendors, business expo, and carnival, as well as two days of children’s hands on art activities.**



## NEWCOMERS & COMMUNITY GUIDE

# Welcome to Fairfax County: 'Work Hard, Play Hard'

BY SHARON BULOVA  
CHAIRMAN  
FAIRFAX COUNTY BOARD OF  
SUPERVISORS



**W**elcome to Fairfax County, one of the greatest places in the nation to live, work, play and raise a family. Fairfax County is home to a thriving business community, vibrant entertainment and shopping destinations, a world class university, beautiful parks and a diverse population of engaged residents. Whether you are a long time resident or new to the county, I hope you'll take some time to visit some of our most popular spots and enjoy what Fairfax County has to offer.

Tysons Corner Center, Fair Oaks Mall, Reston Town Center, Fairfax Corner, Springfield Town Center and the Mosaic District are great places to shop, eat and spend time with friends. For cultural destinations, George Washington's Mount Vernon Estate, Wolf Trap National Park for the Performing Arts and the Workhouse Arts Center in Lorton are some of my favorites. For fresh air and exercise, I recommend our extensive network of trails, parks and RECenters.

While there are a lot of fun things to do in Fairfax County, our community is notorious for our "work hard, play hard" ethic. Time Magazine has described us as the epicenter of the Washington region's job boom and one of the great economic success stories of our time. Fairfax County is home to nine Fortune 500 company headquarters, approximately 9,000 tech businesses and over 116 million square feet of office space.

Fairfax County has one of the best public school systems nationwide with a graduation rate of nearly 93 percent. Fairfax County Public Schools is the third largest employer in Virginia and the 10th largest school system in the country with more than 189,000 students. After high school graduation, George Mason University and Northern Virginia Community Col-

lege are located just down the road for affordable higher education opportunities in many different subject fields. Our business-friendly economy offers a wide array of impressive career opportunities for both our older and younger residents.

On the local government level, the Fairfax County Board of Supervisors is constantly hard at work to ensure quality public services for our residents. Our 10-member Board of Supervisors strives to maintain positive community engagement, while strategically planning for the future with land use and infrastructure decisions.

Some recent Fairfax County accomplishments include updating many of our police policies, establishing a Diversion First program for people with mental illness who become involved with law enforcement, and successfully extending Metrorail to Tysons and Reston. Phase 2 of Metro's Silver Line is currently under construction and will extend all the way to Dulles Airport and into Loudoun County.

Fairfax County offers opportunity and quality services for residents of all ages. People from all over the globe have made Fairfax County their home, enriching our community with their diverse cultures and entrepreneurship. In Fairfax County, we believe we must all do our part to set a positive tone of acceptance, inclusiveness and kindness.

As chairman of the Board of Supervisors, I am elected at-large by Fairfax County residents. My office is here to serve you. If you have any questions or concerns, please email me at [chairman@fairfaxcounty.gov](mailto:chairman@fairfaxcounty.gov) or give my office a call at 703-324-2321. I hope you will sign up to receive my monthly Bulova Byline newsletter that will keep you up-to-date on what is happening in your new community. I also encourage you to visit [fairfaxcounty.gov](http://fairfaxcounty.gov) and [fxva.com](http://fxva.com) to see what Fairfax County has to offer you and your family every season and every day. Welcome to your new home.

## Striving To Make Democracy Work

The League of Women Voters of the Fairfax Area (LWVFA) is a nonpartisan, volunteer organization composed of men and women who are dedicated to making democracy work. Since it is nonpartisan, it does not support or endorse candidates. It registers voters and provides them with unbiased information about the voting process, issues of interest, and elections. It encourages active participation of citizens

by holding candidate forums, so they can meet and ask questions of the candidates who are running for office. It conducts studies of important community issues, has monthly meetings during which members discuss these issues, and uses education and advocacy to influence local public policy in the interest of the public. To learn more about this organization or to join, go to [www.lwv-fairfax.org](http://www.lwv-fairfax.org).

## Service for Seniors Who Want to Serve

RSVP is the region's largest volunteer network for people 55 and older, providing individualized support to seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria.

RSVP offers opportunities for volunteers including providing rides, support and meals to older neighbors, assisting local veterans in need and helping prepare communities for disasters. RSVP also recruits volunteers for community events throughout the year.

RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to group projects and social gatherings with other RSVP volunteers.

To sign up for an upcoming RSVP orientation email Carly Hubicki at [chubicki@volunteerfairfax.org](mailto:chubicki@volunteerfairfax.org) or call RSVP at 703-403-5360. To learn more about RSVP, visit [www.rsvpnova.org](http://www.rsvpnova.org).

## Back to FCPS

BY SCOTT S. BRABRAND,  
Ed.D.  
SUPERINTENDENT OF SCHOOLS



**I**t is great to be back in the Fairfax County Public Schools (FCPS) family! I am returning to FCPS after spending the past five years as superintendent of Lynchburg City Schools. My family is also very excited to be back; my two sons will be attending Fairfax High School this year, the same school where I once served as principal. I always dreamed of coming back to FCPS and it is an honor for me to have the opportunity to lead this amazing school system.

I was a career changer, after doing volunteer work in the schools, and began in FCPS as a social studies teacher in 1994. I also served

as an assistant principal at Herndon High and an associate principal at Lake Braddock Secondary School before being named principal at Fairfax High School in 2005. In 2009, I was named the cluster assistant superintendent for schools in the Hayfield, West Potomac and Mt. Vernon pyramids.

As your superintendent, I am making Fridays my school days. I want to visit our schools to understand the work and the challenges our teachers, administrators and employees face, to understand what is happening "on the ground" so I can be better informed when making decisions.

I am committed to following through on the work of my predecessor, Dr. Karen Garza, who established Portrait of a Graduate — the 21<sup>st</sup> century learning model that our system has embraced — that focuses on the skills necessary for our students to succeed in college and beyond. As a school division, we are committed to achieving this goal for every student, in every classroom, in every school. We can we make this vision happen through ...

**Excellence:** We need to make sure every student and family has an excellent experience during their time with us. This also requires our employees to be fully invested in the important work they do every day.

**I want to visit our schools to understand the work and the challenges our teachers, administrators and employees face, to understand what is happening "on the ground" so I can be better informed when making decisions.**

**Scott S. Brabrand, Ed.D.,  
Superintendent of Schools**

**Equity:** FCPS is a microcosm of the world with students and families who come from all backgrounds and cultures. We will ensure that all students reach Portrait of a Graduate outcomes by addressing opportunity, access and attainment gaps. Every child, by name and need, can succeed with the proper support.

**Effectiveness:** We need to ensure that FCPS is being effective and efficient. One step I am taking is to narrow down our strategic plan in order to focus our efforts on achievable priorities that we can do well this year as a school division. We will align our resources to these priorities.

**Expectations:** I want our employees to love kids. The personal connection that our students feel with their teachers and all of our employees is critical to their success. I want our employees to love teaching and learning which I know will positively impact a child every day, and I want our employees to be professional in their work and role models for our students.

All of the challenges we face as a community and a country can best be solved through public education and FCPS can and will lead the way.

I wish all students, teachers, and parents a very successful school year and I look forward to seeing you in your schools!



# NEWCOMERS & COMMUNITY GUIDE

## VIEWPOINTS

### “What are some of the greatest things about living in Herndon?”

PHOTOS BY  
MERCIA HOBSON  
THE CONNECTION



**Aubrey Stokes, IT change management, in Herndon since 2000**

“It’s the sense of community. A good example is Friday Night Live! (weekly summer concert series). I can talk to anybody there. Things are changing rapidly as far as construction of new homes and the Metro, but I think Herndon is always going to have some sense of a small town feel. That’s something I’d like to perpetuate. The town has so many amenities, like the dog park.”



**John Teynon, (center) cyclist, 10 years in Herndon**

“Herndon has a mix of everything. It’s great for families, and the cycling community is excellent. They make me better. Being part of a group will elevate anybody’s level. I’ve lost 25 pounds since joining.”



**Dan Sullivan, assistant farm manager, Frying Pan Park, 10 years**

“I like working at Frying Pan Park in Herndon because there’s a certain level of authenticity. It’s just like walking onto someone’s farm. There are tractors going by; horses going out. Today we are training our draft horses.”

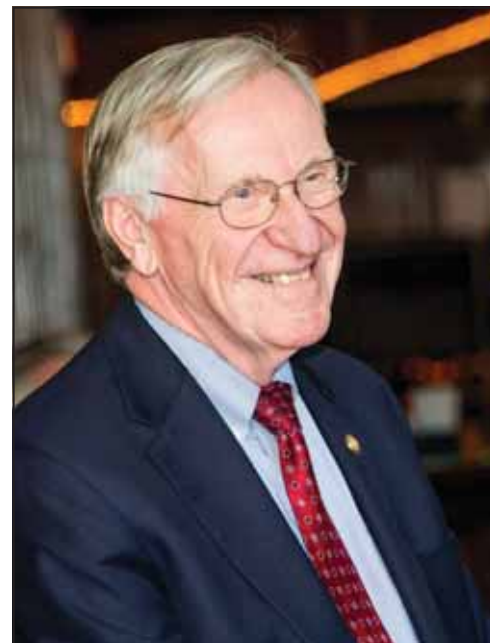


**Tim Field, police Commander, 20-plus years**

“Describe Herndon? There’s a small town feel inside a large town. I grew up on Grant Street and lived in Herndon until I was 16. The place I wanted to live then was Reston. It was new, modern, and all the cool kids lived there. Later in life, after school and marriage, I lived there, in Reston with my family. Thought I’d be there forever. Then an opportunity came, this house on the market. Here in the Town of Herndon, I can fly my American flag every day; nobody can tell me otherwise. I’m two minutes to the W & OD Trail. Twenty minutes to work. Ten minutes to Dulles Airport. I can exercise. I can work. I can travel. And at the end of the day, I can look forward to coming home to the town. Sit’n on my porch; sip’n lemonade, or whatever is within the legal limits. Herndon is home.”

SEE VIEWPOINTS, PAGE 9

## Delegate Kenneth R. “Ken” Plum Your Elected Representative to the Virginia House of Delegates, 36<sup>th</sup> District



I am honored to serve you in the state legislature and am always here for your questions, requests, suggestions, and concerns. If you need assistance, call my office at 703.758.9733; write me at 2073 Cobblestone Lane, Reston, VA 20191-4039; or send email to [kenplum@aol.com](mailto:kenplum@aol.com).

Authorized by Kenneth R. Plum.

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## NEWCOMERS & COMMUNITY GUIDE

# About the Connection

**A**s your local, weekly newspaper, the Connection's mission is to deliver the local news you need, to help make sense of what is happening in your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to record achievements, milestones and events in the community and people's lives.

Here in our Newcomers and Community Guide, we report on the character of your community, we include details of how to vote in the upcoming elections, information on local government, nonprofits and business organizations, plus tips and tidbits from the community.

In 2016 alone, Connection papers won dozens of awards, including the top Virginia Press award — for Integrity and Community Service, for our coverage of police reform and related issues.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an email. We invite you to send letters to the editor or to send an email with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries.

We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include when and where the photo was taken and the names of all the people who are in a photo.



PHOTO BY ROBIN MOGLE

**Local Media Connection writers and photographers won 37 Virginia Press Association awards for work in 2016, including the Virginia Press Association Award for Journalistic Integrity and Community Service. Pictured here from left: John Bordner, Mark Mogle, Mary Kimm, Shirley Ruhe, Tim Peterson, Vernon Miles, Eden Brown, Andrea Worker and Jeanne Theismann.**

We also publish notes about news and events from local businesses. Notes about openings, new employees and anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate

getting notice at least two weeks ahead of the event, and we encourage photos.

Your community Connection newspaper is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metro-

politan Washington in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

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— MARY KIMM

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## NEWCOMERS & COMMUNITY GUIDE

# Everyone Counts in Hunter Mill

By SUPERVISOR CATHERINE M. HUDGINS  
(D-HUNTER MILL DISTRICT)



Every good community stems from those who work hard to make the community the best version of itself. From the youngest to oldest volunteers, to police officers and public officials, the Hunter Mill District is full of citizens contributing to the community in order to make it the best place to live. As a member of the Fairfax County Board of Supervisors (BOS), my job is to ensure the wellbeing of the community through listening and informing constituents on what affects them in our community. In doing so, I strive to reflect the community voice in making policy, creating a diverse, prosperous place with affordable housing and equal opportunity for all. The goal of the Hunter Mill District office is to keep everyone in the know by providing events for the public to become involved within the community: First Wednesday sessions with the Supervisor at the Reston Regional Library or Vienna's Patrick Henry Library, to the Frying Pan Park concert series "Hunter Mill Melodies" and children event.

The Hunter Mill District has something for everyone. It includes all unincorporated Reston, the northern portion of Tysons, the Town of Vienna and the communities of Herndon and Oak Hill, with top tier parks, trails, restaurants, retailers, businesses and employment opportunities. One can visit Frying Pan Park, a working farm since 1930, now home to farm animals, a carousel, nature center, and tractor rides.

A Metro ride from Wiehle-Metro East Station is Tysons, a bustling new city with shopping and restaurant area with a movie theatre and a skating rink in the winter. If you're feeling up for exercise, drop in for an outdoor soccer game at recently opened Southgate Community Center court or take a stroll through Lake Fairfax Park.

The soon arrival of Phase II Metro brings transit service to all sides of Hunter Mill District. The District is most proud to be part of one of the best public education systems in the country, including higher education opportunities at Northern Virginia Community College and Marymount University. Spring, fall, winter or summer, there is always something to do in the Hunter Mill District.

Opportunities for citizen involvement are numerous, serving on Boards, Authorities and Commission to the BOS or task force studies, internship placements at the Hunter Mill District office to volunteering at events, or creating art displays. You can even find meeting space by reserving the North County Government Center community room for personal use at [www.fairfaxcounty.gov/huntermill/communityroom.htm](http://www.fairfaxcounty.gov/huntermill/communityroom.htm).

It is important to stay up to date on the news and events occurring in the Hunter Mill District. Whether upcoming events and news from the Supervisor, advisories, community updates or Snow Alerts, subscribe to the monthly Hunter Mill District Newsletter and get it all.

If you have any questions or want to enroll for the newsletter, contact [huntermill@fairfaxcounty.gov](mailto:huntermill@fairfaxcounty.gov) or call 703-478-0283.

## Pender Hill Preschool 2017-2018 School Year

Openings are still available for 3's, 4's and Pre-k

Pender Hill is an outreach of Pender United Methodist church. Our belief is that every child is a gift that deserves to be loved, nurtured and appreciated, in an atmosphere reflective of our Christian values. Children learn through play and are introduced to the world around them.

Contact [sarah.h@penderumc.org](mailto:sarah.h@penderumc.org)  
Pender Hill School  
12401 Alder Woods Drive  
Fairfax, VA 22033

Pender Hill School admits children of any sex, race, national and ethnic origin, and/or religion.



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## The Best of Dranesville District

BY SUPERVISOR JOHN W. FOUST  
(D-DRANESVILLE DISTRICT)

**W**e are fortunate to have many wonderful parks, historical features and community events in the Dranesville District. The following are some of my favorites.

### **Clemyjontri Park, 6317 Georgetown Pike, McLean**

Since opening in 2006, more than 200,000 visitors have enjoyed this unique playground where children of all abilities can play side-by-side. Equipment allows children who have physical, sensory or developmental disabilities to have a parallel playground experience of fun and exploration. The park also includes a carousel and picnic pavilion.

### **Riverbend Park, 8700 Potomac Hills, Great Falls**

This park offers over 400 acres of forests, meadows and ponds. Trails include a 2.5 mile portion of the Potomac Heritage Trail that links national and regional parkland. Kayaking, canoeing and fishing are all available on the Potomac River. The nature center and picnic shelter are available for rent.

### **Colvin Run Park, 10017 Colvin Run, Great Falls**

Colvin Run Mill offers visitors a chance to step back in time. There are tours of the restored mill, which was built around 1811. A general store offers stone ground cornmeal, wheat flour, grits, "penny candy" and snacks and drinks. Trails are available for quiet walks. Live music, craft demonstrations, ice cream making and seasonal activities are available from February through December.

### **Turner Farm, 925 Springvale Road, Great Falls**

Originally the site of a dairy farm, the 52-acre park offers a mix of educational and recreational facilities. In 2016, a new roll-top observatory opened in Observatory Park at Turner Farm. The observatory offers the public a chance to see the night sky from one of Fairfax County's darkest spots through permanently mounted telescopes. The Analemma Society partners with the Park Authority to provide astronomy programs at the observatory. Equestrians can enjoy a cross country course and a large multi-purpose arena with stadium jumps and dressage makers. Small children can enjoy a tot lot.

### **Runnymede Park, 196 Herndon Parkway, Herndon**

The Town of Herndon is located in the Dranesville District. The town owns and maintains this 58-acre park. It is the site for many community nature-related events such as the annual Nature Fest. Situated near the Sugarland Run Stream, the park attracts over 100 species of birds, deer, fox and other wildlife. Two park shelters are



**Clemyjontri Park: A unique playground where children of all abilities can play side-by-side.**

PHOTOS COURTESY OF  
SUPERVISOR JOHN FOUST'S OFFICE



**Riverbend Park offers over 400 acres of forest, meadows and ponds.**



PHOTO CONTRIBUTED

**Wolf Trap National Park for the Performing Arts offers performances and musical education year-round.**

available for rental.

### **Scotts Run Nature Preserve, 7400 Georgetown Pike, McLean**

One of the few nature preserves in the County. The 336-acre preserve, formerly known as the Burling Tract, had at one time been slated for development. Scotts Run offers wonderful hiking trails of varying difficulty, some of them leading to the bluffs of the Potomac River.

### **Wolf Trap National Park for the Performing Arts, 1635 Trap Road, Vienna**

Known simply as Wolf Trap. The 117-acre park is home to the beautiful Filene Center, The Barnes and the Children's Theatre-in-the-Woods. Each summer there are over 100 performance across all genres. There are also year-round recreational opportunities, including hiking trails, picnic areas, and sledding.

**Supervisor John W. Foust on places he would like newcomers to see.**

### **Spring Hill Recreation Center, 1239 Spring Hill Road, McLean**

Visitors can take advantage of the indoor swimming pool, a two-story fitness center and a gymnasium with an elevated running track. The gym features a single high school-sized basketball court with two overlay basketball courts and a volleyball overlay court.

### **MPAartfest, McLean Central Park, 1468 Dolley Madison Blvd., McLean**

Every October, the McLean Project for the Arts converts McLean Central Park into a free, one-day festival of the arts. Thousands of area residents attend. Vendor tents display the works of numerous juried artists, which are complemented by the exhibitions of children's and seniors' artwork, an Open Studio demonstration, and performances by local musicians.

### **Great Falls Freedom Memorial, 9830 Georgetown Pike, Great Falls (behind the library)**

Dedicated in 2004, the memorial plaza on the library grounds honors local military personnel, firefighters, police officers, the six Great Falls residents who died in the Sept. 11, 2001 terrorist attacks, and others who have made the ultimate sacrifice to defend our liberty and freedom. The service on 9/11 is very moving.

### **McLean Day, Lewinsville Park, 1659 Chain Bridge Road, McLean**

Sponsored by the McLean Community Center, McLean Day is held on the third Saturday in May. The festival features live entertainment, carnival rides, exhibitions and delicious foods for visitors of all ages. The event also includes booths where artisans, local businesses, civic organizations, nonprofit groups, and local officials showcase their wares.

### **Great Falls Park**

This National Park consists of 800 acres along the banks of the Potomac River. The park is a wonderful place to hike, picnic and simply view the majestic falls and rapids, often navigated by kayakers. Entrance is at the intersection of Georgetown Pike and Old Dominion Drive, Great Falls.

### **Dulles Station Community Park, 13707 Sayward Blvd., Herndon**

This recently completed 2.6-acre park includes playgrounds for preschoolers and elementary-age children, as well as a seating area, fitness area, multi-use court, trail and a dog park with a shade pavilion.

### **Farmers Markets**

In addition to the Fairfax County Farmers Markets held from May through November in Herndon and McLean on Thursday and Friday mornings, respectively, the Great Falls Community Farmers Market is held on Saturday mornings year-round. The Farmers Markets are a great way to shop local. Visit [fairfaxcounty.gov/parks/farmersmarkets/](http://fairfaxcounty.gov/parks/farmersmarkets/) or [greatfallsfarmersmarket.org/](http://greatfallsfarmersmarket.org/)



# NEWCOMERS & COMMUNITY GUIDE

## VIEWPOINTS

### “What are some of the greatest things about living in Herndon?”

FROM PAGE 5

**Sarah Betti, volunteer and graduate student in nuclear physics, 22 years as a lifelong “Herndonite”**

“From the time spent as a preschooler at the Herndon Community Center to attending Herndon High School, and everything in between – my participation in Herndon/Reston Youth Softball, being in debate contests for the Herndon Optimist Club, going to the Friday Night Live! concerts in the summer and reading books from the Herndon Fortnightly Library, the opportunities I have been afforded growing up in the Town of Herndon have impacted my life, in so many ways. Now, as an adult, the ever-growing list of events, activities, clubs, and Herndon sponsors continues to grow. For those new to our town, ‘Welcome.’ You will see how living in the Town of Herndon can shape your life to do so much good-Cheers.”



PHOTO COURTESY OF SARAH BETTI

**From left: Matt Thompson, left, Managing Director of NextStop Theatre in Herndon, has lived in Herndon for a decade. He is pictured with Evan Hoffman, Producing Artistic Director of NextStop Theatre – born, raised, and works in Herndon**

Matt Thompson: “What is so great about Herndon? Amid a Northern Virginia landscape that feels increasingly impersonal and corporate, everything you’ll encounter in Herndon is lively, local, and absolutely authentic.”

Evan Hoffman: “A remarkable and unique sense of community and character.”



PHOTO COURTESY OF NEXTSTOP THEATRE

**Jacob Savage, intern, 22 years in Herndon:**

“What makes Herndon so great? What strikes me most, are the opportunities. No matter what I looked into, in my current profession or others, there were a lot of options. I’m thankful for that.”

— MERCIA HOBSON



## Where to Give Locally

### List of Nonprofits in Fairfax County

❖ **Cornerstones**, 11150 Sunset Hills Road, Suite 210, Reston, serving Reston and Herndon. 571-323-9555, [www.cornerstonesva.org](http://www.cornerstonesva.org).  
Nonprofit providing support and advocacy for those in need of food, shelter, affordable housing, quality childcare, and other human services. Programs and services include the Embry Rucker Community Shelter, Emergency Food Pantry, Hypothermia Prevention Program, Thanksgiving Food Drive, Gifts for Kids and annual Coat Drive. Alacia Earley at 571-323-9568 or [alacia.earley@cornerstonesva.org](mailto:alacia.earley@cornerstonesva.org).

❖ **SHARE** of McLean operates a food pantry; provides assistance to families to avoid eviction, keep utilities on and meet other needs in a crisis. Share of McLean will provide holiday assistance to more than 250 needy families (630-plus people) this year. Each family will receive a grocery gift card in November along with a bag filled with pantry staples and traditional items. In December, our families will be welcomed to a festive party, served a light meal, and Santa will travel all the way from the North  
SEE GIVE LOCALLY, PAGE 14

**Beth Emeth Early Childhood Center**

Reggio Inspired

Full & Half Day

Enroll Now

[www.beecc.org](http://www.beecc.org)  
703-860-4515  
12523 Lawyers Road, Herndon, VA 20171

## You Can Make a Difference

Cats benefit from being in a foster home. We need long- and short-term fosters for cats of all ages, mothers with litters and kittens on their own.

Email [cats@lostdogrescue.org](mailto:cats@lostdogrescue.org).

**Consider Fostering**  
visit the website, click on Participate

Adopt/Donate/Volunteer at  
[www.lostdogrescue.org](http://www.lostdogrescue.org)



# PARKS

AN INSIDER'S GUIDE TO MAJOR PARKS IN THE AREA

PHOTOS BY MARK MOGLE.  
FEATURING GREAT FALLS NATIONAL PARK  
MAP BY LAURENCE FOONG AND DESIGN BY JEAN CARD

## National Parks

### GF Great Falls National Park

9200 Old Dominion Drive, McLean  
www.nps.gov/grfa  
Great Falls Park is open daily from 7 a.m. until dark. The Visitor Center and bookstore are open from 10 a.m. until 5 p.m. daily, spring through fall seasons. Picnic, hike along the Potomac River. Swimming and wading in the Potomac are prohibited.

### GW George Washington Memorial Parkway

www.nps.gov/gwmp  
703-289-2500  
The GW Parkway includes more than 25 sites, ranging from historic homes to wildlife preserves. Join a ranger for a free program or explore sites independently. Some park sites, including Turkey Run Park, Theodore Roosevelt Island, Great Falls Park, etc., close at dark. The Parkway itself remains open 24 hours a day to vehicle traffic.

### WT Wolf Trap National Park for the Performing Arts

1551 Trap Road, Vienna  
www.nps.gov/wotr/  
The only national park dedicated to presenting the performing arts. From May through September, multiple amphitheatres in the park present musicals, dance, opera, jazz, and popular and country music. Explore the park without the crowds from October - April. The Barns at Wolf Trap offer indoor entertainment through the winter months.

## State Park

### MN Mason Neck State Park

7301 High Point Rd. Lorton  
www.dcr.virginia.gov/state\_parks/mas.shtml#  
703-339-2385 or 703-339-2380 (visitor center)  
masonneck@dcr.virginia.gov  
The park's visitor center was expanded in 2010 to include a new exhibit room, gift shop and meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

## Regional Parks

### BR Bull Run Marina Regional Park & Atlantis Waterpark

7700 Bull Run Drive, Centreville  
www.nvrpa.org/park/bull\_run/  
www.atlantisbullrun.com/  
703-631-0552  
Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 through Nov. 11. Mini and disc golf open April through October. Hours vary. Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority family of Waterparks. Neptune Reef snack bar sells food, beverages and sweets.

### CR Cameron Run Regional Park/Great Waves Waterpark

4001 Eisenhower Ave., Alexandria  
www.nvrpa.org/park/cameron\_run/  
www.greatwaveswaterpark.com/  
703-960-0767  
Cameron Run Regional Park offers a variety of recreation facilities in an urban area, including Great Waves Water Park. Catch a wave in the wave pool, twist and turn down four-story water slides, take a plunge down speed slides, play with friends in the shallow waters of the play

pool. The park also features a deluxe miniature golf course, a nine-station batting cage, picnic shelters, and a special events pavilion.

### CH Carlyle House Historic Park

121 N. Fairfax Street, Alexandria, VA 22314  
www.nvrpa.org/park/carlyle\_house\_historic\_park/  
703-549-2997  
The historic Carlyle House was completed in 1753 by British merchant John Carlyle for his bride, Sarah Fairfax of Belvoir, member of one of the most prestigious families in colonial Virginia. Their home quickly became a center of social and political life in Alexandria and gained a foothold in history when British General Braddock made the mansion his headquarters in 1755. On the National Register of Historic Places, Carlyle House is architecturally unique in Alexandria as the only stone, 18th-century Palladian-style house. Daily tours of the house, programs for schoolchildren, special events, exhibits and lectures explore the life and times of John Carlyle in pre-Revolutionary Alexandria. The site may be rented in the evenings for private functions and weddings.

### FH Fountainhead Regional Park

7315 Ox Road, Fairfax Station  
www.nvrpa.org/park/fountainhead/  
703-250-9124  
The observation deck of the Marina Building at Fountainhead commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.

### HO Hemlock Overlook Regional Park

13220 Yates Ford Road, Clifton  
www.nvrpa.org/park/hemlock\_overlook/  
800-877-0954; 571-281-3556;  
Hemlock Overlook Regional Park offers a variety of outdoor and environmental education. Programs at Hemlock Overlook are open to the public and groups by reservation. Only the hiking and horse

trails may be used without prior arrangement.

### MBG Meadowlark Botanical Gardens

9750 Meadowlark Gardens Court, Vienna  
www.nvrpa.org/park/meadowlark\_botanical\_gardens/  
703-255-3631  
This 95-acre complex of large ornamental display gardens and unique native plant collections is open year round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin.

### OR Occoquan Regional Park

9751 Ox Road, Lorton  
www.nvrpa.org/park/occoquan/  
703-690-2121  
This park offers 400 acres of recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1-8 p.m., April 2 through Nov. 27. \$10 adults, \$5 children 12 and under, under age 4 are free.

**Sources:** National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Renée Ruggles.







also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

**PB Pohick Bay Golf Course**

10301 Gunston Road, Lorton  
www.nvrpa.org/park/pohick\_bay\_golf\_course  
703-339-8585

This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

**PO Potomac Overlook Regional Park & Nature Center**

2845 Marcey Road, Arlington, VA 22207  
www.nvrpa.org/park/potomac\_overlook/  
703-528-5406

On the Potomac Palisades in north Arlington, Potomac Overlook offers 70 acres of peaceful woodland, trails, educational gardens, a small picnic area and a Nature Center. The Nature Center features brand new exhibits called the "Energerium," offering visitors a fun and accessible way to learn energy basics and ways they can help create sustainable energy solutions. The Nature Center also houses live animals and natural history exhibits.

**SR Sandy Run Regional Park**

10450 Van Thompson Road, Fairfax Station  
www.nvrpa.org/park/sandy\_run/  
703-690-4392

The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

**UH Upton Hill Regional Park & Ocean Dunes Waterpark**

6060 Wilson Blvd., Arlington  
www.nvrpa.org/park/upton\_hill/  
www.oceanduneswaterpark.com/  
703-534-3437 or UptonHill@nvrpa.org

Upton Hill Regional Park offers visitors a wooded oasis in the heart of the most densely populated area of Northern Virginia. A large outdoor water-park complex is a sparkling attraction in this wooded, urban park, which straddles the boundary line between Arlington and Fairfax counties. The deluxe miniature golf course boasts one of the longest mini golf holes in the world; the batting cages include nine baseball and softball cages. The park is open every day for hiking, picnicking, playing on the playground and enjoying the outdoors. Located within Upton Hill Regional Park, Ocean Dunes is loaded with fun features for adults and children.

## Arts Center

**LAC Workhouse Arts Center**

9601 Ox Road, Lorton  
www.lortonarts.org  
703-584-2900

The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.

## Major Fairfax County Parks

**BLP Burke Lake Park & Golf Course**

7315 Ox Road, Fairfax Station  
volleyball, driving range, 18 hole, par 3, minigolf, trails, playground, campgrounds, fishing  
883.4 acres, multiple resource park



**CJP Clemyjontri Park**

6317 Georgetown Pike, McLean  
fitness, picnic areas and playgrounds  
18.6 acres, special purpose park

**ELP Ellanor C. Lawrence Park**

5040 Walney Road, Chantilly  
baseball, soccer/football (unlit), basketball (unlit), community center, nature center, amphitheater, trails  
650 acres, multiple resource park

**FPF Frying Pan Farm Park**

2717 West Ox Road, Herndon  
historic structure, biking/equestrian/hiking trails, open areas, playground  
135.3 acres, multiple resource park

**GSG Green Spring Gardens**

4603 Green Spring Road, Alexandria  
Community Center, historic structure, biking/hiking trails, open areas, gardens  
30.9 acres, special purpose park

**HPP Hidden Pond Park**

8511 Greeley Boulevard, Springfield  
tennis (lit), nature center, amphitheater, hiking/nature trails, playground, fishing  
25.6 acres, community park



**HMP Huntley Meadows Park**

3701 Lockheed Boulevard, Alexandria  
nature center, historic structure, biking/hiking/nature trails, observation tower, boardwalk  
1444.8 acres, natural resource park

**LAP Lake Accotink Park**

7500 Accotink Park Road, Springfield  
basketball, volleyball, minigolf, trails, picnic  
448.1 acres, multiple resource park

**LFP Lake Fairfax Park**

1400 Lake Fairfax Drive, Reston  
softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters  
479 acres, multiple resource park

**FRA Lee District Park**

6601 Telegraph Road, Franconia  
softball, soccer/football, tennis, basketball, volleyball, trails, treehouse, sprayground, accessible playground  
138 acres, district park

**MDP Mason District Park**

6621 Columbia Pike, Annandale  
softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness  
121.2 acres, district park

**NWP Nottoway Park**

9537 Courthouse Road, Vienna  
baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic  
90.9 acres, district park

**RBP Riverbend Park**

8700 Potomac Hill Street, Great Falls  
nature center, historic structure, biking/equestrian/hiking trails, picnic areas, craft room  
411.2 acres, multiple resource park

**SRN Scotts Run Nature Preserve**

7400 Georgetown Pike, McLean  
historic structure, historic/hiking/nature trails, fishing  
384.3 acres, natural resource park

**SRD South Run District**

7550 Reservation Drive, Springfield  
baseball, soccer/football, basketball, tennis, recenter, equestrian, playground, swimming  
196 acres, district park

**WFP Wakefield Park & RECenter**

8100 Braddock Road, Annandale  
softball, soccer/football, basketball, tennis, recenter, biking, fitness trail, skate park  
292.6 acres, multiple resource park



# How To Vote

Every year is election year in Virginia; mechanics and details of voting require attention to detail.

**V**oting early if you qualify is a good choice.

There are 19 valid reasons to vote absentee in Virginia, including working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day. Check the Virginia Department of Elections list to see if you are eligible: [elections.virginia.gov/casting-a-ballot/absentee-voting/index.html](http://elections.virginia.gov/casting-a-ballot/absentee-voting/index.html)

There are two ways to vote absentee, in-person and by mail. To do either, you should first check your voter registration status to make sure it is up-to-date. Then you will need to apply for an absentee ballot. Note: If you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location (see locations below). Voting absentee by mail? Read below for the process of applying for your mail-in ballot.

You can now apply for an absentee ballot online with the state's new Citizen Portal. You will need your Social Security Number and information on your Virginia Driver's License to complete the application. Information is also provided on how to apply if you do not have a driver's license.

## Virginia Voter ID

Virginia has voter identification requirements, plan to bring photo identification with you to vote, whether that is absentee or on Election Day.

Among accepted ID: valid Virginia Driver's License or Identification Card; valid Virginia DMV issued Veteran's ID card; valid U.S. Passport; other government-issued photo identification cards issued by the U.S. Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth; valid college or university student photo identification card from an institution of higher education located in Virginia; valid student ID issued by a public school or private school in Virginia displaying a photo; employee identification card containing a photograph of the voter and issued by an

employer of the voter in the ordinary course of the employer's business.

Any registered voter who does not have one of the required forms of identification can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional ballot.

### Provisional Ballot Process for Voters Who Arrive Without ID

If you arrive at your polling place on Election Day without an acceptable form of photo identification, don't panic or give up. You will be given the opportunity to vote a provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card. Voters may submit a copy of their ID via fax, email, in-person submission, or through USPS or commercial delivery service. Please note that the copy of the ID must be delivered to the electoral board by noon on Friday, or the provisional ballot cannot be counted.

Also by noon on Friday following the election, the voter may appear in-person in the office of the general registrar, in the locality in which the provisional ballot was cast, and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document may be provided to the electoral board to suffice the identification requirement.

## General Election Day, Tuesday, Nov. 7

On Election Day Polls are open from 6 a.m.-7 p.m., Nov. 7.

To determine whether eligible and registered to vote in this election, visit the Virginia Department of Elections website at [elections.virginia.gov/](http://elections.virginia.gov/) or call Fairfax Elections office at 703-222-0776.

To vote on Tuesday, Nov. 7, 6 a.m.-7 p.m. (General Election)

❖ Register/update address by: Monday, Oct. 16.

❖ Request absentee ballot by mail by: 5

p.m. Tuesday, Oct. 31.

❖ Vote early (in-person absentee ballot by appearing in person by 5 p.m. Saturday, Nov. 4.

For more information on voting in Fairfax County:

Voter Registration: 703-222-0776, TTY 711

Absentee Fax: 703-324-3725

Email: [voting@fairfaxcounty.gov](mailto:voting@fairfaxcounty.gov)

Election Officer Info: 703-324-4735,

TTY 711

## School Bonds on Ballot

There is a \$315 million public school bonds referendum on the Nov. 7 general election ballot. If approved by voters, the Fairfax County Public Schools' current plans to use this bond money are to:

❖ Plan and/or construct two new elementary schools, one in Fairfax/Oakton area and another in the Northwest county area.

❖ Relocate one modular building

❖ Plan additions at three existing high schools to add capacity at Madison, Stuart and West Potomac.

❖ Plan and/or construct renovations of 10 elementary schools, three middle schools and two high schools.

See [www.fcps.edu/about-fcps/facilities-planning-future/2017-school-bond-referendum](http://www.fcps.edu/about-fcps/facilities-planning-future/2017-school-bond-referendum).

## Special Election

Aug. 29, 2017 Special Election, School Board At-Large

All county polling places will be open on Aug. 29 to fill a vacancy for member, School Board At-Large for the remainder of the present term of office which expires Dec. 31, 2019.

In-Person Absentee voting is underway until Aug. 26

❖ Aug 26: Final Day In-Person Absentee Voting

❖ Aug 29: Absentee Ballot Return Deadline, 7 p.m.

Four candidates are on the ballot:

Chris S. Grisafe

Sandra D. Allen

Karen A. Keys-Gamarra

Michael H. Owens

For more on the school board race, see [www.connectionnewspapers.com/news/2017/jul/31/low-turnout-high-stakes-special-election-school-bo/](http://www.connectionnewspapers.com/news/2017/jul/31/low-turnout-high-stakes-special-election-school-bo/)

### ON THE BALLOT in Fairfax County:

#### Governor

Ralph S. Northam (D)

Edward W. "Ed" Gillespie (R)

Clifford D. Hyra (L)

#### 42nd District

Kathy Tran (D)

Lolita Mancheno-Smoak (R)

#### Lieutenant Governor

Justin E. Fairfax (D)

Jill H. Vogel (R)

#### 43rd District

Mark Sickles (D) incumbent, unopposed

#### Attorney General

Mark R. Herring (D)\*

John D. Adams (R)

#### 44th District

Paul Krizek (D) incumbent, unopposed

#### House of Delegates (100) (2-year term)

##### 34th District

Kathleen Murphy (D) incumbent

Cheryl Buford (R)

#### 45th District

Mark Levine (D) incumbent, unopposed

#### 46th District

Charniele Herring (D) incumbent, unopposed

##### 35th District

Mark Keam (D) incumbent, unopposed

#### 47th District

Patrick Hope (D) incumbent, unopposed

##### 36th District

Ken Plum (D) incumbent, unopposed

#### 48th District

Rip Sullivan (D) incumbent, unopposed

##### 37th District

David Bulova (D) incumbent, unopposed

#### 49th District

Alfonso Lopez (D) incumbent  
Adam Roosevelt (R)

##### 38th District

Kay Kory (D) incumbent

Paul Haring (R)

#### 53rd District

Marcus Simon (D) incumbent  
Mike Case (I)

##### 39th District

Vivian Watts (D) incumbent, unopposed

#### 67th District

Karrie Delaney (D)  
Jim LeMunyon (R) incumbent

##### 40th District

Donte Tanner (D)

Tim Hugo (R) incumbent

#### 86th District

Jennifer Boysko (D) incumbent  
Linda Schultz (R)

##### 41st District

Eileen Filler-Corn (D) incumbent, unopposed



# NEWCOMERS & COMMUNITY GUIDE

## August 2017

### WEDNESDAYS

**Dog Days of Summer.** Every Wednesday, Aug. 2 through Sept. 27, 4-7 p.m., Pavilion, 11900 Market St., Reston. Dogs and owners can frolic in the Pavilion as it is transformed weekly into an off-leash play area. Treats, toys, areas to cool off, pet friendly giveaways, and more. Free. Visit [www.restontowncenter.com/](http://www.restontowncenter.com/)

### WEDNESDAY/AUG. 23

**Children's Shows.** 10 a.m. at Frying Pan Farm Park, 2739 West Ox Road, Herndon. 123 Andres in concert. Visit [www.fairfaxcounty.gov/huntermill/](http://www.fairfaxcounty.gov/huntermill/).

**Herndon Dulles Chamber 101.** 8-9:30 p.m. at ArtSpace, 750 Center St., Herndon. Speakers include John Boylan, new president and CEO of the chamber and Vice Mayor Jennifer Baker will talk about the state of the town. Fran Rucker, director of business development will speak about involvement with the chamber and company brand. Email [franr@dulleschamber.org](mailto:franr@dulleschamber.org) or call 571-323-5313.

### THURSDAY/AUG. 24

**Art Crawl.** 6-9 p.m. in downtown Herndon, in and around ArtSpace Herndon, 750 Center St. Musicians, live art demonstrations will be featured at the Art Crawl every Thursday evening. Call 703-956-9560.

**Summer Concerts.** 7:30-8:30 p.m. at Frying Pan Farm Park, 2739 West Ox Road, Herndon. The Difficult Run String Band in concert. Visit [www.fairfaxcounty.gov/huntermill/](http://www.fairfaxcounty.gov/huntermill/).

### FRIDAY/AUG. 25

**Junk Food in Concert.** 6:30-10:30 p.m. Herndon Town Green, 777 Lynn St. Food, beer, and wine are available, will be cancelled if it rains. Visit [www.herndonrocks.com/](http://www.herndonrocks.com/).

### SATURDAY/AUG. 26

**Storytime Live.** 10 a.m.-noon at Kiddie Academy of Reston, 12320 Pinecrest Road, Reston. Stories and a visit from Curious George. Visit [www.kastorytime.com/](http://www.kastorytime.com/).

### MONDAY/AUG. 28

**Celebrate the First Day of School.** 5-8 p.m. at Dairy Queen, 742 Lynn St., Herndon. Purchase a sweet treat at Dairy Queen and a portion of all proceeds go to support Herndon Village Network, a local, non-profit organization that provides transportation to Herndon's senior citizens. Visit [www.herndonvillagenetwork.org](http://www.herndonvillagenetwork.org).

## September 2017

### SATURDAY/SEPT. 2

**11th Annual Lake Anne Jazz & Blues Festival.** 1-9 p.m. Lake Anne Plaza (Waterfront) 1609 Washington Plaza, Reston. The free, family friendly event will feature a variety of acclaimed artists showcasing their talent and craft for jazz and blues. Visit [lakeanneplaza.com/event/11th-annual-lake-anne-jazz-blues-festival/](http://lakeanneplaza.com/event/11th-annual-lake-anne-jazz-blues-festival/).

### MONDAY/SEPT. 4

**Herndon Labor Day Festival.** 11 a.m. - 5 p.m. Herndon Town Green, 777 Lynn St., Herndon. Join us in downtown Herndon for the annual Labor Day Festival featuring Virginia wine tastings, craft beers, great music, a craft show, outstanding sponsors, delicious food vendors and



## Labor Day Fun

**Carved wooden pumpkins and other handcrafted items were in demand at the 2016 Herndon Labor Day Festival. This offering was a collaboration between Rachel Boone of Sunshine Crafting and Design, and Todd Suits of Chainsaw Carvings by Todd.**

lawn games. Please visit [herndon-va.gov/recreation/special-events/labor-day-festival](http://herndon-va.gov/recreation/special-events/labor-day-festival) for more information

### SUNDAY/SEPT. 10

**34th Annual Reston Triathlon.** The Reston Triathlon is one of Virginia's longest running races. In the past 33 years, the race has never been cancelled. The swim portion was cancelled only twice. There will be no fee increase for the 2017 race, and we will continue our tradition of great race premiums/swag. Registration is now \$140. Visit [www.restontriathlon.org/tri/](http://www.restontriathlon.org/tri/).

### SEPT. 9-20

**Northern Virginia Senior Olympics.** Various venues around Northern Virginia. Events include badminton, volleyball, bocce, miniature golf, and many more. The basic registration fee is \$13. A fee of \$1 is required for each event. Additional fees may apply. Visit [nvso.us/](http://nvso.us/).

### SATURDAY/SEPT. 23

**Family Fun & Fitness Fest.** 9 a.m. - 12 p.m. Town Hall Square, 730 Elden St., Herndon. Families save the world from unhealthy villains by blasting through physical activity and learning stations. Get your superhero training card validated to gain your full superpowers and be entered into a raffle for prizes, plus join in family ZUMBA and BODYCOMBAT classes. Free. Visit [herndon-va.gov/recreation/special-events/downtown-events](http://herndon-va.gov/recreation/special-events/downtown-events)

**2017 Dulles Day Festival and Plane Pull.** 11 a.m.-4 p.m. at Dulles International Airport, 1 Saarinen Circle, Dulles. The Dulles Day Festival & Plane Pull has grown into a full day of competition, food, and games raising over \$2,000,000 for athletes with intellectual disabilities in Virginia alone. Visit [planepull.com/](http://planepull.com/).

### SUNDAY/SEPT. 24

**NatureFest.** 1-5 p.m. Runnymede Park, 195 Herndon Parkway. Explore various nature stations throughout the park including butterflies, bees, life in the meadow, web of life, and much more. Live animal shows throughout the day. Arts and crafts and fun for the whole family will be included. Event is free and co-sponsored by The Friends of

Runnymede Park and Herndon Parks and Recreation Department. Call if your group would like to volunteer (703-435-6800 ext. 2014). Visit [herndon-va.gov/recreation/special-events/naturefest-334](http://herndon-va.gov/recreation/special-events/naturefest-334).

**Walk to End Alzheimer's.** Reston Town Center, 11900 Market St., Reston. Registration at 1:30 p.m., ceremony at 2:30 p.m., walk at 3 p.m. Visit [act.alz.org](http://act.alz.org).

## October 2017

### SUNDAY/OCT. 1

**HerdDOG Bark Bash.** Noon-3 p.m. Town Hall Square, 730 Elden St., Herndon. HerdDOG Bark Bash is a free event for dog lovers with three hours of four-legged fun. The event will feature agility demonstrations, owner and dog team contests, adoptions, an off leash area and wide variety of dog themed vendors. Entry to HerdDOG Bark Bash is free but fees may apply to vendor products or services. Friendly, leashed, and vaccinated dogs, and their owners, are welcome. Visit [herndon-va.gov/recreation/special-events/bark-bash-336](http://herndon-va.gov/recreation/special-events/bark-bash-336).

### SUNDAY/OCT. 15

**2017 Northern Virginia Take Steps for Crohn's and Colitis.** Reston Town Center, 11900 Market St., Reston. 3 p.m. Check-in and Festival Start. 4 p.m. Walk Start. When you fundraise \$100, you will earn our 2017 Take Steps commemorative t-shirt. Fundraise even more money and win even more prizes. Visit [online.cfca.org/site/PageNavigator/take\\_steps\\_for\\_crohns\\_and\\_colitis.html](http://online.cfca.org/site/PageNavigator/take_steps_for_crohns_and_colitis.html).

### WEDNESDAY-MONDAY/OCT. 25-30

**Washington West Film Festival.** Screening events in Reston, Arlington and other local areas. Schedule to be released Sept. 25 and tickets will go on sale to the public on Sept. 28. Visit [wwfilmfest.com/](http://wwfilmfest.com/).

### FRIDAY/OCT. 27

**Spooktacular.** 6:30-8 p.m. Enjoy ghoulish games, a spooky craft and a children's show. Fee covers all activities, magic show, and a treat bag. Get more boo for your buck and register early; parents must accompany children at the event. Games and crafts will run from 6:30-7:30 p.m., show will be from 7:30-8 p.m. Ages: 3-8. \$10/child in advance

or \$15/child on day of event. Visit [herndon-va.gov/recreation/special-events/spooktacular](http://herndon-va.gov/recreation/special-events/spooktacular)

## November 2017

### TUESDAY/NOV. 7

**Election Day.** General and special elections. Visit [www.fairfaxcounty.gov/elections/ecalendar.htm](http://www.fairfaxcounty.gov/elections/ecalendar.htm).

**Spachats.** 7-8:30 p.m. Reston Regional Library 11925 Bowman Towne Drive, Reston. Join our ongoing Spanish conversation group. All levels from beginner to fluent are welcome. Adults. Visit [www.fairfaxcounty.gov/library/branches/rr/](http://www.fairfaxcounty.gov/library/branches/rr/).

### SUNDAY/NOV. 12

**Sisterhood Chanukah Boutique.** Northern Virginia Hebrew Congregation, 1441 Wiehle Ave., Reston. 9 a.m.-2 p.m. in the NVHC Social Hall. Visit [www.nvhcreston.org/connect/social-groups/sisterhood/judaica](http://www.nvhcreston.org/connect/social-groups/sisterhood/judaica).

### SATURDAY/NOV. 18

**Turkey Trot 5K Race.** 4 p.m. Runners and walkers, take your mark and get ready to conquer a fun 5K trail course, which winds around the Herndon Centennial Golf Course. Registration will begin in late September. Pre-registration ends on Friday, Nov. 17 at noon. Race day registration is from 1:30-3 p.m. in the Herndon Community Center Gym. Can of food and fee — 18 & under: \$20; adults pre-registration: \$30. Adults race day registration: \$35. Visit [herndon-va.gov/recreation/special-events/turkey-trot-5k-race](http://herndon-va.gov/recreation/special-events/turkey-trot-5k-race).

### WEDNESDAY/NOV. 22

**Red Cross Blood Drive.** Reston Regional Library 11925 Bowman Towne Drive, Reston. Give Blood. Save a Life! The American Red Cross will be at the library from 10 a.m.-3 p.m. Please consider donating. Visit [www.fairfaxcounty.gov/library/branches/rr/](http://www.fairfaxcounty.gov/library/branches/rr/).

### FRIDAY/NOV. 24

**27th Reston Holiday Parade.** 11 a.m. with Macy's-style balloons, musicians, dancers, antique cars, characters, community groups, dignitaries, special guest emcees, and much more. 11900 Market St.,

Reston. Visit [www.restontowncenter.com/holiday/reston-holiday-parade/](http://www.restontowncenter.com/holiday/reston-holiday-parade/).

## December 2017

### SATURDAY/DEC. 2

**Canoe Rides with Santa.** 2-6 p.m. Sign up for a time slot. Fee \$10 per participant. Children age 3-14 can enjoy a special canoe ride with Santa and let him know what they would like him to bring this Christmas. Participants should wear a bathing suit and enjoy a swim open to you and your family from 2-6 p.m. Visit [herndon-va.gov/recreation/special-events/canoe-rides-with-santa](http://herndon-va.gov/recreation/special-events/canoe-rides-with-santa).

**Herndon Homes Tour.** 10 a.m.-4 p.m. The Herndon Homes Tour is a time-honored tradition that kicks off the holiday season and allows the public the opportunity to visit local homes decorated for the holidays. Homes on the tour are selected for their historic, architectural or community interest. Tickets: \$15 through Nov.26; \$20 starting Nov. 27. Visit [www.herndon-va.gov/](http://www.herndon-va.gov/).

### SUNDAY/DEC. 3

**Holiday Arts and Crafts Show.** 10 a.m.-4 p.m. Herndon Community Center, 814 Ferndale Ave.. Wreaths, quilts, jewelry, Christmas ornaments, decorations, original artwork, photography, stained glass and more. Free admission and parking. Additional parking at the Herndon Centennial Golf Course. Visit [herndon-va.gov/recreation/special-events/holiday-arts-and-crafts-show](http://herndon-va.gov/recreation/special-events/holiday-arts-and-crafts-show).

### SATURDAY-SUNDAY/DEC. 9-10

**Reston Friends Holiday Book Sale.** Reston Regional Library, 11925 Bowman Towne Drive, Reston. Saturday: 10 a.m.-4 p.m. Sunday: 1-4 p.m. Start your shopping early. Visit [www.fairfaxcounty.gov/library/branches/rr/](http://www.fairfaxcounty.gov/library/branches/rr/).

### SATURDAY/DEC. 17

**A Storybook Holiday Celebration.** 11:30 a.m.-1 p.m. at Herndon Community Center, 814 Ferndale Ave., Herndon. Bring your child to enjoy some holiday fun. Cost includes craft projects, a visit with Santa and a reading of a holiday story by a special guest. \$9/child. Visit [herndon-va.gov/about-us/recreation/community-center](http://herndon-va.gov/about-us/recreation/community-center).

## 2018

### SATURDAY-SATURDAY/APRIL 21-28

**Historic Garden Week.** Visit [www.vagardenweek.org/](http://www.vagardenweek.org/).

### FRIDAY-SUNDAY/JUNE 8-10

**37th Annual Celebrate Fairfax!** 12000 Government Center Parkway, Fairfax. Northern Virginia's largest community-wide celebration. Visit [www.celebratefairfax.com](http://www.celebratefairfax.com) or call 703-324-3247.

### THURSDAY/MAY 31-SUNDAY/JUNE 3

**Herndon Festival.** Visit [www.herndonfestival.net](http://www.herndonfestival.net).

### WEDNESDAY/JULY 4

**4th of July.** 6:30 p.m. A family-fun event featuring games, patriotic arts and craft activities, live music, family games, bingo, food, balloon artists and more. Events take place in Bready Park softball field, 814 Ferndale Ave., Herndon. Visit [herndon-va.gov/recreation/special-events/4th-of-july](http://herndon-va.gov/recreation/special-events/4th-of-july).



FROM PAGE 9

Pole to take photographs with the children. Each person will receive a "wish" gift and families will be given a grocery gift card, a bag filled with toiletries, and a jug of laundry detergent. Help us help our neighbors in need by fulfilling a wish or donating Walmart, Target, Giant, or Safeway gift cards. Contact Chris Wilbur at ShareWishes@gmail.com for more information. Visit [www.shareofmclean.org](http://www.shareofmclean.org) for more info about Share.

❖ **Herndon-Reston FISH** (Friendly Instant Sympathetic Help), 336 Victory Drive, Herndon, 703-391-0105 [herndonrestonfish.org](http://herndonrestonfish.org) Herndon-Reston FISH has assisted local residents in short term crises by since 1969. FISH provides Friendly Instant Sympathetic Help by responding to emergency requests for rent, transportation, utilities, medical prescriptions and other needs. FISH operates The Bargain Loft, a thrift store, which needs donations of good quality saleable items, accepting and selling art, furniture, jewelry, household linens, dishes, pots and pans, books, women's designer clothing (clean and on hangers), puzzles, games, collectibles, small electronics and much more. If you have store questions, call 703-437-0600. Herndon-Reston FISH also provides Holiday Food & Gift Baskets during the November and December season.

❖ **LINK**, serving Herndon, Chantilly, Loudoun and more. Every year the goal is to provide each family with a week's worth of non-perishable food in November and again in December. When funds allow, grocery gift cards are also included. In November, clients also receive a voucher for coats and warm clothing. In December, children 16 and under receive gifts. [holiday@linkagainsthunger.org](mailto:holiday@linkagainsthunger.org) 703-437-1776 [www.linkagainsthunger.org](http://www.linkagainsthunger.org).

❖ **Committee for Helping Others** (CHO), Vienna, organized in 1969 by a group of churches and individuals in the Dunn Loring, Merrifield, Oakton, Vienna community to provide simple, loving charity to those in need. Last year 450 children had a special Christmas through the annual Christmas Store. 703-281-7614, [www.cho-va.com](http://www.cho-va.com)

❖ **Northern Virginia Family Service**. Just \$50 provides a complete holiday meal to a family of four. Donate at [give.nvfs.org/](http://give.nvfs.org/) holidaydonation or via check payable to "NVFS" with "Operation Turkey" on the memo line, or send grocery store gift cards. Northern Virginia Family Service, attn: Holiday Initiatives, 10455 White Granite, Drive, Suite 100, Oakton, VA 22124.

❖ **Second Story** — Abused and Homeless Children's Refuge, 2100 Gallows Road, Vienna, VA 22182, 703-506-9191. Second Story (formerly Alternative House) provides shelter and services for homeless, runaway or abused teenagers, unaccompanied youth, and young mothers and their children. Requests for food and clothing are up more than 50 percent. [second-story.org](http://second-story.org).

❖ **Shepherd's Center of Oakton Vienna** providing services, personal enrichment, volunteer opportunities for adults 50 and over. Currently serving 3,000+ mature adults in the

SEE WHERE TO GIVE, PAGE 15

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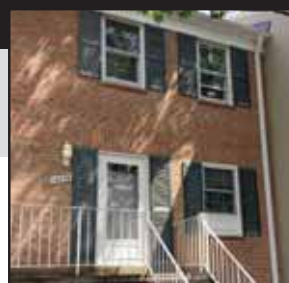


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# NEWCOMERS

## Where to Give Locally

FROM PAGE 14

region. 703-281-0538, www.scov.org

- ❖ **Touching Heart** in Herndon is a nonprofit organization whose mission is to educate children to have giving hearts. www.touchingheart.com, 703-901-7355.
- ❖ **Western Fairfax Christian Ministries** — food pantry at 13981 Metrotech Drive in Chantilly. For more information or to sponsor a family, call 703-988-9656, ext. 105. To mail gift cards or send donations by check, add a note saying “food basket program” and send them to: WFCM, P.O. Box 220802, Chantilly, VA 20153. 703-988-9656.
- ❖ **HomeAid** builds and renovates facilities that house the homeless, and partners with many local organizations to do so. 3684 Centerville Drive, Suite 110B, Chantilly, VA 20151. www.homeaidnova.org/
- ❖ **FACETS** helps parents, their children and individuals who suffer the effects of poverty in the Fairfax area, a partner in efforts to end homelessness in Fairfax County. FACETS is always in need of volunteers, and offers a variety of one-time and ongoing opportunities. 703-865-4251 or volunteer@facetscares.org. www.facetscares.org. 10640 Page Ave., Suite 300, Fairfax VA 22030
- ❖ **Britepaths** will have 3,000 individuals and families in need of holiday assistance list this fall. Sponsor a family or donate to provide a family with a Thanksgiving meal, December holiday meal and/or gifts for their children. Join Britepaths at Wine & Wonderment, Nov. 15, at 2941 Restaurant britepaths.org
- ❖ **Fairfax City Area FISH** (For Immediate Sympathetic Help) helps local people who are in temporary need of life's basic necessities such as food, clothing, and financial assistance for rent, mortgage payments, utilities, and medical treatments. FISH also provides limited transportation for doctor appointments and food delivery. 703-222-0880 fairfaxfish.org/
- ❖ **Food for Others** provides a safety net for people who suddenly face unforeseen emergencies such as a family illness or the loss of a job or a spouse. Located at 2938 Prosperity Ave., Fairfax, VA 22031, 703-207-9173. 2938 Prosperity Ave. info@foodforothers.org Hours: Monday-Friday, 9:30 a.m. – 5 p.m. www.foodforothers.org
- ❖ **Ecumenical Community Helping Others** (ECHO), 703-569-9160. Open to receive donations at 7205 Old Keene Mill Road, Springfield. Provides food and financial assistance to those in short-term emergencies, and provides clothing and household goods to low income families, helping more than 5,000 people last year. www.echo-inc.org.
- ❖ **Lorton Community Action Center** (LCAC) will provide Thanksgiving and Holiday assistance to more than 450 families this year. Thanksgiving and Christmas food baskets along with fulfilling gift wishes for more than 1,000 children and teens will help low-income families. More information at lortonaction.org/seasonal-assistance/. Volunteers are needed for these events as well. Register online at lortonaction.org or call 703/339-5161, ext. 140.
- ❖ **Assistance League of Northern Virginia** is an all-volunteer nonprofit organization that feeds, clothes and educates children in need. Assistance League's philanthropic programs touch the lives of thousands of children at 11 Title I schools in Northern Virginia, serving children most in need at selected schools in Fairfax and Prince William counties and the City of Alexandria. To learn more about volunteer and sponsorship opportunities, contact alnorthernva@gmail.com or visit www.northernvirginia.assistanceleague.org
- ❖ **Comfort for America's Uniformed Services** (CAUSE) ensures that recuperating service members have opportunities for recreation and social interaction and receive concrete signs of appreciation for all that they have done. 4114 Legato Road Suite B, Fairfax, VA 22033, 703-591-4968, cause-usa.org

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## Two, Hopefully for Won



By KENNETH B. LOURIE

Being diagnosed with cancer; then having cancer/living with cancer, is like having a second job. A job that unlike many, requires and/or imposes a 'round the clock-type 24/7 adherence to protocol, policy, procedure, presumptions and principle. To live not like you're dying takes more than scoffing at a country music song that twangs an alternative vision. Believing in what routines you're following and any lifestyle changes you've made allows (I didn't say enables) a cancer survivor to thrive under the most difficult and demanding of circumstances.

Unfortunately for those reading this column looking for answers/guarantees, there aren't any other than: if you abuse the privilege of post-cancer-diagnosis survival, the ends will likely justify the means; meaning, you are responsible for your own actions and "inactions." The prognosis one is given at diagnosis is a reasonably thought out prediction. However, as grim as those words sound and seem at that moment, that prediction is not cast in stone. I'm living proof of that. The words you hear are based on the past. Your ensuing treatment is more about the present and future and what you decide to do living forward. Being open and unassuming, and by 'unassuming' I mean: not taking anything for granted, presuming facts not in evidence, considering that which has happened to somebody else — either good or bad, could happen to you and of course, asking as many questions in as many ways as necessary to get the answers you need, will help you co-exist with this terrible burden. Being diagnosed with a heretofore "terminal" disease presents one with innumerable challenges but not the slim pickin's (choices not the actor) of yesteryear.

Integrating/assimilating all of the facts, fiction and philosophy into one's daily cancer conundrum is a task often complicated by one's day job/intention to remain on that job. The thinking being, at least in my mind/experience: living as normal a life as possible and staying as true to one's usual and customary self as well as to one's wishes, desires, hopes, prayers, etc., will enable (not 'allow' this time) you potentially to live longer and prosper more and trek "where no man has gone before." For us cancer survivors/patients, where we hope to 'trek' is beyond the prognosis given to us by our oncologist.

I can boast of such an accomplishment, but I'd rather write it quietly and consistently as encouragement to others similarly diagnosed and "prognosed" than brag about it loudly. However, the changes/choices I've made might not suit another's personality. I regularly receive suggestions about additional anti-cancer pursuits. Some I embrace, some I don't. Some are conventional (Western), some are alternative (Non-Western). Many sound reasonable and "integratable" into my lifestyle. Many others don't. But given that my life is at stake, how can a suggestion's incompatibility with my personality matter? We're talking life versus premature death here; not sit-down Italian versus take-out Chinese. And though food certainly matters, it is of course to no comparison to living versus dying. Still, I don't always say "yes."

This is the yin and yang of my life and probably the lives of many other survivors of serious/terminal-type diseases. I want to feel like I'm winning. But I'm deathly afraid of losing.

Moreover, I want to live my life as normally as possible, but not if it has adverse consequence. And how would I know anyway? Symptoms can be misleading and scans are quarterly. And though I remain positive about my very negative circumstances, occasionally the reality of those circumstances interfere with that normalcy. When that happens, I usually put pen to paper and try to write myself out of it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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