



# Springfield CONNECTION

## HomeLifeStyle

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Franconia ❖ Kingstowne ❖ Newington

Andrea Cate hangs two new mezuzah's on the synagogue door. One was lower for the children or wheelchair access, keeping in theme with the inclusiveness.

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PHOTO BY MIKE SALMON/THE CONNECTION

# Rose Hill Jewelry Artist Chosen for Smithsonian Craft2Wear Show

Fairfax County jewelry artist Wiwat Kamolpornwijit has been selected for the curated Smithsonian Craft2Wear show and sale, to be held Oct. 5 to 7 in the National Building Museum in Washington, the Smithsonian Women's Committee announced. Craft2Wear will showcase hand-crafted jewelry, clothing and accessories from 65 artists from 24 states and the District of Columbia.

Kamolpornwijit is one of five selected from the Washington area. He was honored for his polymer clay creations, which he views as sculptures that he transforms into earrings and necklaces. His path toward the pinnacle of chic and unique jewelry has been circuitous, beginning with school in his native craft-rich Thailand, and then graduate engineering school in New Jersey.

Later while working as an environmental researcher in Oak Ridge, Tenn., he discovered his passion when he began sculpting with polymer as a fundraising activity for his meditation center. In 2007, he decided to move here to pursue his art full-time. He now maintains both a studio and a residence in the Rose Hill section of Fairfax County.

Smithsonian Craft2Wear's Opening Night will be



PHOTO CONTRIBUTED

**Wiwat Kamolpornwijit of Rose Hill has been selected for the curated Smithsonian Craft2Wear show and sale.**

Oct. 5, from 6-9 p.m., and the show will continue on Oct. 6, from 10:30 a.m.-6:30 p.m., and on Oct. 7, from 10:30 a.m.-5:30 p.m. The event is produced by the Smithsonian Women's Committee, and is co-chaired by Anne-Lise Auclair-Jones, Lynda S. Mounts and Ann Peel. The annual show supports the Smithsonian's 28 museums and research centers, including the National Zoo. For more information and tickets, visit [smithsoniancraft2wear.org](http://smithsoniancraft2wear.org). Follow the show on Facebook, Instagram and Twitter, @smithsoniancraft2wear.

## Concerts from Kirkwood Begin Sept. 30

Concerts from Kirkwood will kickoff its 2017-2018 season with a performance Sept. 30, 2017 at 3 p.m. by the Hot Lanes Jazz Band, led by composer, arranger, performer and director Bobby Jasinski. The local ensemble will present an eclectic program of jazz music spanning the era of the big band to more contemporary jazz repertoire.

Concerts from Kirkwood are presented as a gift to the community free of charge, although voluntary donations are appreciated and used entirely to support the series.

The concert will be presented at 3 p.m. in the church sanctuary of Kirkwood Presbyterian Church, 8336 Carrleigh Parkway, Springfield, near the intersection of Old Keene Mill Road and Rolling Road in West Springfield.

For more information, email [concerts@kirkwoodpres.com](mailto:concerts@kirkwoodpres.com), visit [www.kirkwoodpres.com](http://www.kirkwoodpres.com), or call the church office at 703-451-5320.

## Information Sessions on Developmental Disabilities

The Fairfax-Falls Church Community Services Board's Support Coordination staff will hold information sessions that will help prepare individuals with developmental disabilities and their families to transition out of Fairfax County Public Schools.

**Tuesday, Sept. 19, 6:30-7:30 p.m.** at Fairfax County Government Center, Conference Room 7, 12000 Government Center Parkway in Fairfax.

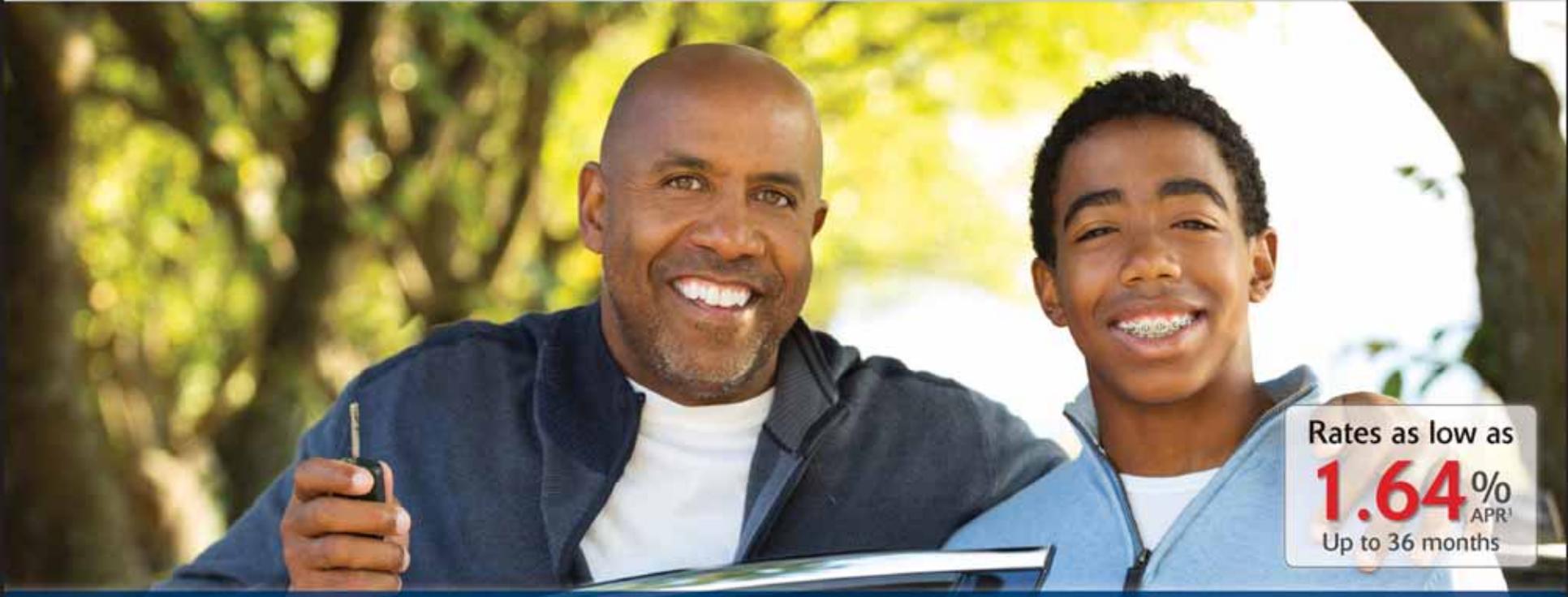
**Tuesday, Nov. 14, 6:30-7:30 p.m.** at South County Center, Room 221B, 8350 Richmond Highway, Alexandria.

There will be an opportunity to ask questions and meet with CSB Developmental Disabilities staff. No registration required. Contact Shelia Peters-Lee at 703-324-4635 with questions. Visit [www.fairfaxcounty.gov/csb/events/transition-information-sessions.htm](http://www.fairfaxcounty.gov/csb/events/transition-information-sessions.htm).



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The Puller VCC is a single-level facility with a “half story” above to let lots of light into the facility and create a bright, open atmosphere. The exterior “skin” of the building will complement the architecture of the area, and the low height of the building will ensure it blends in with the Vint Hill neighborhood.



As with the birdseye view, this shows the human scale of the building. The front entrance opens into the “community center” and onto “Main Street” – which runs the length of the building, linking the households.

# Veterans Care Facility to Open in 2019

Puller Veterans Care Center in Vint Hill, Va., will serve war veterans in Northern Virginia.

BY STEVE HIBBARD  
THE CONNECTION

**A** ground-breaking for a new \$50 million veterans care facility to serve all of Northern Virginia will be held on Oct. 26, 2017, in Vint Hill, near the Fauquier County line. The news that the Puller Veterans Care Center will then open in late 2019 was presented Tuesday, Sept. 12, at a meeting held at the American Legion Post 176 in Springfield with several local politicians in attendance. The 128-bed facility is named for the three Pullers: Lewis B. “Chesty” Puller; his son Lewis B. Puller Jr.; and Sen. Linda T. “Toddy” Puller.

With a population of 8 million people, Virginia only has two existing veterans care centers for the entire state: Sitter & Barfoot Veterans Care Center in Richmond (200 beds); and Virginia Veterans Care Center in Roanoke (240 beds). Besides the Puller center in Vint Hill, another one is planned — Jones & Cabacoy Veterans Care Center in Virginia Beach.

State Sen. George Barker (D-39) said the new Vint Hill center will be a tremendous benefit to veterans in Northern Virginia, adding that the veterans’ population is actually increasing. “Virginia, for years, has had only two veterans care centers; one in Richmond and one in the Roanoke area, and nothing in Northern Virginia. And we’re getting both this one built and also one in the Hampton Roads area of Virginia Beach.”

**BARKER** said the project got its momentum from the leadership of Gov. Terry McAuliffe and John C. Harvey Jr., Virginia state veterans secretary. He continued, “[The facilities] will provide services for a lot of veterans who in their later years of life have some debilitations and need some care on an ongoing basis.”

Steven Combs, Deputy Commissioner of the Virginia Department of Veterans Services, said the state is funding the \$50 million cost through state bond dollars, not



The Puller VCC will have 128 all-private rooms, which will be organized into eight 16-room “households.” Each household has a living/dining room where the residents will take their meals together. The 16 all-private rooms open up from the central living/dining space.



Between the households are interior courtyards that provide an inviting outdoor space for the residents and their families. There will also be outdoor walking trails exterior to the building for the enjoyment of residents and families.

federal funds, which covers costs for design, construction, and all of the building materials.

Del. Mark Keam (D-35) said, “We waited for year after year for some funding from the federal government and it wasn’t coming. So we came up with the funding on

our own...We’re certainly hoping that the federal government sees the light of what we’re trying to do and will pitch in at some point. This is an opportunity for us to provide services to our military men and women as soon as possible. We’re really excited about this.”

Del. Vivian Watts (D-39) said, “Having a moderate, well-designed care center here in Northern Virginia where families are located is a critical human element of what some of us have wanted for a long time.”

Designed specifically for war veterans, the center will be an in-patient, residential care facility with a home-like environment, not a primary care clinic. It will feature skilled nursing, Alzheimer’s/memory care and short-term rehabilitation; not an assisted living facility. It will be state-operated by the Virginia Department of Veterans Services with roughly 150-200 employees working in a 24/7 rotation.

**ALL 128 ROOMS** will be completely private; 16 rooms will compose one “household” with a shared living room and dining room. Four households will compose one “neighborhood,” and two neighborhoods will compose one “community.” There will be back-of-the-house spaces and a community room for larger events, and plenty of outdoor spaces and interior courtyard spaces outside.

“The idea is there’s a lot of space for the veterans; it’s bright and opened,” said Combs. “The building is one story, it’s a very inviting space inside the building. It’s got a household feel for the residents.”

Henri Comeau, 85, of Springfield is excited about the new Vint Hill facility. He is a war veteran who served in the 24th Infantry Division of the Army in Japan and during the Korean War. “I’m heading to needing one of these centers in a couple of years,” he said. “I had my lung operation earlier this year and I expect that that’s the place where I’ll need to go.”

Combs said Virginia has the eighth largest veterans population in the U.S. where one in 11 Virginian is a veteran. Some 14 percent of veterans are women — the highest among all states. The state also has the fourth largest military retiree population in the U.S. Combs added that many of our military retirees take a second job and contribute a great deal to the local economy.



Andrea Cate points to the mezuzah.



The chuppah with the scrolls.

# Synagogue Redesign Looks Toward Inclusiveness

BY MIKE SALMON  
THE CONNECTION

As the Congregation Adat Reyim in Springfield danced and sang to “Tsena Tsena,” the togetherness and friendship of a religious community was perfectly clear. Although they were celebrating the new sanctuary of the congregation, they already had the togetherness they sought, and were creating a new sanctuary as a look in the future of inclusiveness.

It all started with the need for a wheelchair ramp, and ended in something so much more.

“We started dreaming,” said Andrea Cate, the chairperson of the rejuvenation committee. “Like our parents did for us, we do for our children,” Cate said.

Rabbi Bruce Aft reiterated that feeling, as he said a few words before the ribbon was cut and the doors to the newly refurbished space opened. “This is what it’s all about,” he said as he called the children up front to hang a new “mezuzah,” which is an object in the Jewish faith hung by doors to bless the home.

The evening started out with a barbecue out front and then the clapping and dance began, as the “chuppah,” a Jewish canopy, was erected and scrolls of the Torah beneath the chuppah were brought into the new space, which featured a new wheelchair ramp to make the altar accessible to all. “This keeps with our theme of being inclusive,” said David Berkowitz, a member of the congregation.

Rabbi Aft said the torah, which is an altar, is a tree of life. “It will make it more inclusive, building on what was here,” he said. “Create energy and still attract younger folks,” he said.

The building committee came up with three factors that the congregates want for a new worship space to:

- ❖ be inclusive and welcoming
- ❖ foster connections among family and community
- ❖ connect the congregation to nature

The nearly \$800,000 project included a relocated wall, new furniture, flooring and



A ribbon was cut.



The band played on as everyone danced.



a window to the exterior. Although the ribbon was cut and the festivities ensued, the project is only 85 percent complete. The project will be completely finished by Rosh Hashanah, which is Sept. 20.

When there was a break in the music and dancing, there was a reading that stated: “May each of us be inspired to create a community of friends.”

Dancing started with the children.

PHOTOS BY  
MIKE SALMON  
CONNECTION



PHOTO BY GARLAND C. 'GARY' BLACK III

**Springfield Rotarians Honor State Sen. Marsden**

Virginia state Sen. Dave Marsden (D-37) receiving a certificate that the Garfield Elementary School Library has received a book in his name. Daniel 'Kaz' Kasmierski, President of the Rotary Club of Springfield, presented the award to Marsden.

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## Fill the Boot 2017: One For The Record Books

BY JOEL KOBERSTEEN  
FAIRFAX COUNTY FIRE AND  
RESCUE DEPARTMENT

After the first day of collection, it was apparent that this would be no ordinary campaign. The \$173,686.56 collected by B-Shift was the second highest one day total in Fairfax County Fill the Boot history (by only \$2,000!). Needless to say, the \$50,000 to disaster relief goal was quickly accomplished and we began work on the \$500,000 goal for Greater Washington MDA.

The second day brought rain and chill. C-Shift put personal comfort aside and made a point to stay out as much as safely possible. Fire Station 5, Franconia, personnel came in with \$28,251 collected. That is the highest amount collected in one day by one shift in Fairfax County Fill the Boot history. A tip of the fire helmet to C-Shift personnel who did not let the weather conditions get in the way of collecting \$155,629.66.

Due to the work schedule, personnel from

A-Shift had only one day of collection and made the most of it. A-Shift collected a total of \$140,193.28 on what was a beautiful Sunday.

Coming into the last day of the campaign, C-Shift knew they only needed roughly \$76,000 to accomplish the \$500,000 collected goal for the Greater Washington MDA. Personnel collected \$152,059 for the last day of the campaign which meant another \$71,954.06 was added to the disaster relief fund for a total of \$131,278.65. Part of that total was \$4,476.36 from the 142nd Recruit School, \$220 from the Logistics Distribution Center, \$4,291 from the 9-1-1 Center, \$252 from the Fire Prevention Office and \$60 from the local office.

When all was said and done, we collected \$631,278.65 total for Fill the Boot 2017. Never has any municipality collected that much money ... ever.

Thanks to the following for their support:

- ❖ Chairman Sharon Bulova and the Fairfax County Board of Supervisors,

- ❖ Fire Chief Richard Bowers and the Fairfax County Fire & Rescue Department,

- ❖ President John Niemiec and Local 2068,
- ❖ Chief John Morrison, Vienna Volunteer FD, and all volunteer canteen units,

- ❖ Director Bill Kang and all the members of the Department of Public Safety Communications,

- ❖ Colonel Ed Roessler, Sergeant Tom Bailey, PFC Jared Warner and the Fairfax County Police Department,

- ❖ President John Harris and the Fairfax County Fire & Rescue Retirement Association,
- ❖ All career and volunteer Fire and Rescue members and their families who helped out during the campaign.

Last, I would like to thank the residents and guests of Fairfax County who, by opening their car window and generously donating, made this year's Fill the Boot a tremendous success. We could not do this without you.

*The author is a master technician at Fire Station 40, Fairfax Center, B-Shift, and coordinator for the Fairfax County Fill the Boot Campaign.*

### LETTERS TO THE EDITOR

## Putting United Back in 'United' States

To the Editor:

Re: Mr. Crawford's response ("Fomenting Disunity and Hate" Sept. 6-12) to the letter by a group of Democrat politicians ("American Values" Aug. 30.)

You reference "Mr. Trump's initial response" to the tragic events at Charlottesville.

You are correct in defending this well-scripted statement of the President, delivered on Aug. 14. In fact, most "fair-minded persons," as you say, wish he had left it at that.

Instead, the "American Values" letter refers to the President's follow-up comments to the press the following day (Aug. 15), in which he talked about "the very fine

people" in the group of protesters. While the fine print of the law may not agree, there is no denying that anyone marching alongside people brandishing torches and waving Nazi swastika flags, shouting "Jews will not replace us" and "Blood and Soil," is implicitly supporting the very neo-Nazis and white supremacists the President initially condemned. They are guilty by association.

Hence, it is legitimate for the Jewish members of the Virginia General Assembly to question the Republican gubernatorial candidate for not openly denouncing the very symbols of genocide that

so many brave Americans went overseas to Europe to stamp out during World War II. How did this sea of swastikas and Nazi flags ever wash up on our shining shores? Who are these people who loudly and proudly resurrect Nazi slogans?

We can parse words and choose to only see/hear what we want to see/hear, but there is no denying our great country is deeply divided.

And a house divided never stands. As the mother of a child who was the target of racism on the school bus, I take solace in the fact that the boys worked out their

differences and, now, years later, the instigator is one of my son's closest friends!

Maybe we should take a page out of our kids' playbook and see beyond our skin-deep differences. Perhaps, far be it from us adults being an example to our children, it behooves us to acknowledge, in the words of one of the world's greatest wordsmiths, William Wordsworth: The child is the father of the man. Let's put our house in order and put the united back in the "United" States.

**Shaila Muralidhar**  
Great Falls

## Nov. 7 to Highlight Importance of Local Elections

To the Editor:

Local elections are boring. It is hard for us to get excited about new sidewalks or changes to school funding formulas when the stories that dominate the news involve life-or-death fights over healthcare, a rapidly changing energy economy, and turbulent international relations.

But we should care about our local elections because the future of life in Northern Virginia will be decided on Nov. 7 of this year.

When we go to the polls to vote for the House of Delegates, we will be deciding whether Northern Virginia will remain a political stronghold with the power to swing the

entire Commonwealth, like it did in 2016. When the Virginia General Assembly redraws our congressional districts in 2020 after the census, one of the top priorities for Virginia Republicans will be to strip Northern Virginia of this power.

They know that a neutered NoVa would mean that Richmond Republicans would get to decide the future of the Commonwealth.

The single best way to ensure that we aren't stripped of our voice on significant national issues like healthcare or taxes is for you to look up your current Delegate and who might be challenging them in this year's election.

There are experienced representatives, like Kathleen Murphy in the 34th District, who have fought not only on important broader issues like curbing gun violence, but also on everyday issues like working to reduce traffic congestion during your commute.

There are challengers like Cheryl Buford that haven't even put out a platform of issues and are just banking on getting large numbers of votes and huge donations simply because of their party affiliation.

There are times when it can seem like candidates are basically the same, or that neither is preferable. This is not one of those

times.

National elections can make you feel like a needle in a haystack. We all wonder "How much does my voice matter here?" But these local races are happening right now, and the electorates aren't states or regions, they're your neighborhoods. If you show up, you will be heard.

But you have to show up.

If you feel disenfranchised — if you want to make a decision that will have a lasting impact on your community — get involved now and turn out to vote on Nov. 7.

**Doug Klain**  
Fairfax

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# Fundraising for Disaster Relief, Helping in Irma Aftermath

Local firefighters raise \$131,278.65 in disaster relief, then rush to hurricane path of destruction on search and rescue mission.

BY MARTI MOORE  
THE CONNECTION

Fairfax County Fire and Res-cue Capt. Matthew C. Burns stuffs another bill into his boot around 4 p.m. Sept. 4 while Master Technician Johnathan Macquilliam flashes a smile at motorists stopped by a red light in Fairfax on Waples Mill Road and Lee Jackson Memorial Highway.

They worked on Labor Day with nearly a dozen firefighters from Station 21 in Fair Oaks to collect \$3,157.84 in one afternoon for a local chapter of the Muscular Dystrophy Association.

Motorists in Springfield, however, were most generous Sept. 2 to Franconia firefighters — who raised more money in a single day than any of the county's 38 stations, points out Joel Kobersteen, Fairfax County coordinator of the annual MDA "Fill the Boot" campaign. He is a master technician at Station 40 in Fairfax Center and drives a fire truck called Engine 440.

**FRANCONIA FUNDRAISERS** received a good soaking that Saturday from the remnants of Hurricane Harvey as it blew through the Commonwealth. Nonetheless, other passers-by rained dollar bills on Station 5 first responders and filled their boots with \$28,251.99.

In four consecutive days, Fairfax County Fire and Rescue raised \$500,000 for MDA Greater Washington, D.C., plus \$131,278.65 for the International Association of Firefighters disaster relief fund. It distributes aid to union members, who lose their homes and personal belongings while they work around the clock to save lives whenever disaster strikes.

Kobersteen said Burns was deployed last week with the Fairfax County Urban Search and Rescue team in Chantilly — known worldwide as Virginia Task Force 1. At least half of the 14 crew members who returned last week from Texas barely had enough time to hug their kids, kiss their spouses, regroup then mobilize with another VA-TF1 rotation headed south to Robins Air Force Base.

This logistics center in the heart of Georgia has offered space as a staging area for several nationwide search and rescue teams ready to work in Hurricane Irma's path of destruction. Roland Leach, chief of media relations at Robins, said he saw the VA-TF1 crew load their search and rescue dogs plus the rest of their gear last week into a large C-17 cargo plane.

"They had a semi-trailer full of emergency equipment, generators and boats," Leach recalled. He said the task force flew to Puerto Rico once the storm had passed. Burns serves his unit on this rescue and recovery mission as an operations chief.

According to a Sept. 10 video update from task force leader and assistant fire Chief Chuck Ryan, VA-TF1 stopped in San Juan and was carried Sunday by

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PHOTOS COURTESY ROBINS AIR FORCE BASE PUBLIC AFFAIRS

**A canine specialist from the Fairfax County Urban Search and Rescue team in Chantilly walks her dog Friday, Sept. 8 as a semi hauls in equipment from New York to Robins Air Force Base in Central Georgia — a staging area for relief workers across the country waiting for a catastrophic storm to pass Puerto Rico so they can start search and recovery efforts in Hurricane Irma's path of destruction.**



**An amphibious military utility vehicle called the John Deere Gator helps the Virginia Task Force 1 crew weather tough terrain in a disaster area, and speed-up rescue and recovery efforts in the wake of Hurricane Irma.**

the U.S. Coast Guard aviation assets to the Virgin Islands.

"The team will be there for an undetermined amount of time to conduct search and rescue activities on the island of St. Thomas and the other U.S. Virgin Islands as needed and as directed by our federal partners," Ryan said Sunday.

**BY TUESDAY**, the task force counted eight team members in Key West, Fla., 38 relief workers in Puerto Rico and a crew of 36 on St. Thomas. A U.S. Department of Defense news release Monday stated coordinated military operations evacuated in three days 1,904 American tourists stranded in the Caribbean during Hurricane Irma — which started raking their tropical paradise Wednesday, Sept. 6 with strong Category 5 winds up to 185 miles per hour, according to National Hurricane Center bulletins.

Follow the rescue efforts of VA-TF1 online through the Fairfax County Fire and Rescue website at [www.fairfaxcounty.gov/fr](http://www.fairfaxcounty.gov/fr) and the team's other social media platforms.

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 in Northern Virginia  
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## NEWS

# Fairfax County Brewfest Is Sept. 16

**Takes place at Mustang Sally  
 Brewing Company in Chantilly.**

BY STEVE HIBBARD Fairfax County.

**T**he second annual Fairfax County Brewfest will take place on Saturday, Sept. 16, from noon to 6 p.m., at Mustang Sally Brewing Company in Chantilly. All seven of Fairfax County's breweries will be participating in the event, which is sponsored by the Dulles Regional Chamber of Commerce and Mustang Sally's. Those include: Aslin Beer Company, Caboose Brewing Co., Fair Winds Brewing, Forge Brew Works, Lake Anne Brewhouse, Mustang Sally Brewing Co., and Ono Brewing Co.

"We wanted to make this a great party. We're going to have bands and food trucks. We wanted to do it at a working production brewery so this will be an indoor/outdoor fest, and we're going to close the parking lot and set up a stage and have two different bands that play all day long. The focus will be to make it fun," said Sean Hunt, founder/owner of Mustang Sally in Chantilly.

Hunt spent his last two years of high school in Germany where brewfests are extremely popular. "That's what this is intended to be," he said. "It's when people can hang out in a casual, fun environment and really celebrate what the county has available in terms of breweries and just a celebration in their community ... It's just an event that the community comes together for. It's absolutely what we're trying to accomplish here."

He continued: "We'll have two production breweries — Mustang Sally Brewing Company and Fair Winds Brewing Company. We'll have smaller breweries, where they're brewing a few kegs at a time — Lake Anne Brewhouse and Aslin Brewing. And there are breweries in the middle. We'll have a new brewery called Ono Brewing Company; it's a Hawaiian-based theme. We also have Forge Brew Works; it's kind of a smaller brewery that caters to more of a tasting-room atmosphere; they have a focus in Belgian beers, and also Caboose Brewing Company. It's kind of a neat mix. Within the last two years we've been able to get these breweries opened." He said the first brewery opened four years ago and the other breweries opened in the last two years in

**THE BREWFEST** will feature live music from Scott Kurt and Memphis 59 and The Blues Buckets as well as brewery tours and food vendors. Wild Mustang Club cars will also be on display. Children 12 and under are admitted for free. A portion of the proceeds will benefit K9 for Warriors, which will be bringing several service dogs to the event, and VAVets.

John P. Boylan, president and CEO of the Dulles Regional Chamber of Commerce, said the chamber's goals are always focused on three areas: Commerce, Community, and Communication. "Brewfest will enable us to do all three starting with the community as we help two great organizations — K-9 for Warriors and VAVets. They will be in attendance and we hope folks will come by to support them and say thank you," said Boylan.

He continued: "We will showcase the brews from all of the Fairfax County breweries, some of the best on the East Coast. Not only that, we have several food trucks and bands to keep the energy up."

"We're not expecting thousands. We're hoping to fill the place up," said Hunt. "The county, the Chamber of Commerce, and all of the breweries are all coming together to support this. From that perspective, we'll see a lot of coordinated activity that wants to make this a centerpiece event ... We get a lot of people from Chantilly, Reston and Centreville."

The indoor/outdoor event will take place at Mustang Sally Brewing Company, 14140 Parke Long Ct., A-C, Chantilly, near the intersection of Routes 28 and 50. The cost is \$10 pre-sale; \$15 at the door, which includes admission and logo tasting glass. Cost of the beers is additional. For registration, visit the website at [www.msbrewing.com](http://www.msbrewing.com) (under FFX Brewfest).

Launched in 2016, Mustang Sally Brewing Co. is an independent production of craft brewery distributed in draft and package throughout the Northern Virginia area. Find out more at: [www.msbrewing.com](http://www.msbrewing.com) and [www.facebook.com/pg/mustangsallybrewing](http://www.facebook.com/pg/mustangsallybrewing).

# Home LifeStyle



**This Fairfax kitchen was enlarged to create a space for a family of five.**

PHOTO COURTESY OF NICELY DONE KITCHENS AND BATHS

## Fairfax Kitchen Gets Makeover

When a Fairfax family of five decided that their 1970s-era kitchen needed to be brought into the 21st century they enlisted the help of Nicely Done Kitchens and Baths. The homeowners also wanted more space for entertaining and to accommodate their large family.

"This was a particularly interesting project," said designer Cathy Goss of Nicely Done Kitchens and Baths. "It involved incorporating four different functions into one uniquely-sized space."

Two adjacent rooms were combined to allow space for an island, pantry, command center and a station for cooking and the subsequent clean-up. The design team

removed a wall between the kitchen and dining room to create a larger kitchen area. They also incorporated two different backsplashes into the design: a marble subway tile with a marble accent under the range hood and a cut stone surface at the glass cabinets. LED under-cabinet lighting accents the quartz countertops.

"The cabinetry is a beautiful example of reverse raised panel paired with eclipse glass doors," said Goss. "The project resulted in a beautiful and ultra-functional centerpiece to this Fairfax family's home."

— MARILYN CAMPBELL



PHOTO COURTESY OF THE DC DESIGN HOUSE

**The 2017 DC Design House, located in Potomac, Md., will be open to the public from Saturday, Sept. 30 until Sunday, Oct. 29.**

## Design House Designers Revealed

The designers who will transform the 10th Annual DC Design House were announced recently.

Among the 23 men and women who will give the Potomac, Md. home a makeover are Alexandria-based designers Susan Nelson and Todd Martz; Lisa Tureson of Herndon; Margery Wedderburn of Great Falls; Mary Amons of McLean; Josh Hildreth of Reston; Keira St. Claire-Bowery of Cabin John, Md.; and Bethesda, Md.-based designers Kelley Proxmire, Lorna Gross, Marika Meyer, Erica Burns, Karen Snyder and Camille Saum.

The selection process is competitive and being chosen to design one of the home's rooms is con-

sidered one of the most prestigious honors in the industry.

The Washington, DC Design House, a nonprofit entity, began in 2008 as a design show house event for the Washington, D.C. area. Each year, local designers donate their time and talent to makeover a grand home that opens to the public for tours. Proceeds raised from tour ticket sales benefit Children's National Health System.

This year, the home is located at 9004 Congressional Court in Potomac, Md., and will be open from Sept. 30 through Oct. 29. Tickets are \$35. Visit [www.dcdesignhouse.com](http://www.dcdesignhouse.com).

— MARILYN CAMPBELL

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## Public Meetings

### Fall Transportation Meeting

You are invited to participate in public meetings held by the Commonwealth Transportation Board. The meetings will begin with an open house followed by a town hall style meeting. The open house will provide information on various transportation initiatives including proposed changes to Virginia's project prioritization process (SMART SCALE), recently funded projects in the Six-Year Improvement Program, Virginia's Statewide Transportation Improvement Program, VTrans Multimodal Transportation Plan, and Scenario Planning and Freight plans. Representatives from the Office of Intermodal Planning and Investment, Departments of Transportation and Rail and Public Transportation, along with Metropolitan Planning Organizations, Planning District Commissions, and Transit organizations will be in attendance to highlight their transportation programs and to discuss your ideas and concerns on Virginia's transportation network. The open house will be followed by a town hall session, where you can engage in discussion and ask questions about the various initiatives. Comments will be accepted informally at the meeting and may also be submitted via email, or online.

### Meeting Dates and Locations

Open House begins at 4:00 pm in each of the locations:

<b>Tuesday August 29, 2017</b> Germanna Community College Center for Workforce & Community Education 10000 Germanna Point Drive Fredericksburg, VA 22408	<b>Thursday, August 31, 2017</b> The Prior Center at UVA-Wise 437 Stadium Drive Wise, VA 24293	<b>Monday, September 11, 2017</b> Culpeper District Office Auditorium 1601 Orange Road Culpeper, VA 22701
<b>Thursday, September 14, 2017</b> Chesapeake Conference Center 700 Conference Center Drive Chesapeake, VA 23320	<b>Monday, September 18, 2017</b> NOVA District Office The Potomac Room 4975 Alliance Drive, Fairfax, VA 22030	<b>Monday, October 2, 2017</b> Hilton Garden Inn Richmond South/ Southpark 800 Southpark Boulevard Colonial Heights, VA 23834
<b>Wednesday, October 4, 2017</b> Holiday Inn Lynchburg 601 Main Street Lynchburg, VA 24504	<b>Tuesday, October 10, 2017</b> Blue Ridge Community College Plecker Center for Continuing Education One College Lane Weyers Cave, VA 24486	<b>Thursday, October 12, 2017</b> Holiday Inn Valley View 3315 Ordway Drive Roanoke, VA 24017

Meeting materials will be available at <http://www.ctb.virginia.gov/planning/fallmeetings/> beginning August 29, 2017.

If you cannot attend a meeting, you may also send your comments on highway projects to Infrastructure Investment Director, VDOT, 1401 E. Broad St., Richmond, Virginia 23219, or [SixYearProgram@VDOT.Virginia.gov](mailto:SixYearProgram@VDOT.Virginia.gov) and on rail, public transportation and transportation demand management to Public Information Officer, DRPT, 600 E. Main St., Suite 2102, Richmond, Virginia 23219, or [DRPTPR@drpt.Virginia.gov](mailto:DRPTPR@drpt.Virginia.gov). Comments will be accepted until October 20, 2017.

The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of its services on the basis of race, color or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation's Title VI Compliance Officer at 804-786-4440 (TTY users call 711).

# ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## ONGOING

### Northern Virginia Senior Olympics.

Through Sept. 20, various times and locations, more than 50 different events taking place at more than 25 venues across Northern Virginia. Call 703-403-5360 or visit [www.nvso.us](http://www.nvso.us).

### The Trawick Prize Art Exhibit.

Through Sept. 30, various times at at Gallery B, 7700 Wisconsin Ave., Suite E, Bethesda. Burke artist Michele Montalbano named as one of the finalists for the Trawick Prize. Call 301-215-7990.

**Artist Marilyn Harrington's** "Dyeing to Change," exhibit, is on display at the Workhouse Art Center, 9518 Workhouse Rpad, Lorton through Oct. 8. Call 703-584-2900.

### Lake Accotink Park Carousel Closed, Mini-golf and Marina Open.

The carousel at Lake Accotink Park has been closed for the remainder of the 2017 operating season for needed repair work. The mini-golf and marina will continue operating as normally scheduled through Oct. 16. Call 703-324-8745.

## THURSDAY/SEPT. 14

**Acoustic Soul Concert.** 6:30-8:30 p.m. at Old Town Square, 3999 University Drive. Part of Hometown Thursdays with local bands from the Fairfax Area. Call 703-385-7858.

**Artist Reception.** 7-9 p.m. at Old Town Hall, 3999 University Drive, Fairfax. The Fairfax Art League will be having a reception at the Old Town Hall Gallery, meet the featured artist. Visit [www.fairfaxartleague.net](http://www.fairfaxartleague.net) or call 703-587-9481.

## FRIDAY/SEPT. 15

**Music on the Plaza.** 7-8 p.m. at Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Live music and dance to relax by, weather permitting. Call 703-385-7858.

**Bingo.** 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Smoke free Bingo, free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit [www.fairfaxvfd.com](http://www.fairfaxvfd.com), or call 703-273-3638.

## SATURDAY/SEPT. 16

**Outdoor Yoga.** 8-9 a.m. at Old Town Square, 3999 University Drive, Fairfax. Yoga by Pure Om. Wear comfortable clothes and bring a mat and water bottle. Free. Call 703-385-7858.

**Oktoberfest, Walks, Bike Ride.** 8 a.m. at Accotink Unitarian Universalist Church (AUUC), 10125 Lakehaven Court. German food and drinks will be available for purchase while enjoying traditional German music. Free. Visit [scenicroutes.us/nvv/events](http://scenicroutes.us/nvv/events) or contact [nicebrowns@verizon.net](mailto:nicebrowns@verizon.net)

**Bikes for the World.** 9 a.m.-noon at Saint Mary of Sorrows Church, 5222 Sideburn Road, Fairfax. Bring usable/repairable bikes and spare parts to the Farrell Hall parking lot for shipment to poverty stricken areas of the world. Contact Cathy at 703-307-5512, [cat.gaiser@gmail.com](mailto:cat.gaiser@gmail.com) or Brian at 703-764-3845, [LBBAKEITH@gmail.com](mailto:LBBAKEITH@gmail.com).

**Benefit Wine and Art Festival.** noon-4 p.m. at Halstead Square Dunn Loring Metro, 2750 Gallows Road, Vienna. Wine sampling is \$10 per person and includes a souvenir

glass with 100 percent of the proceeds benefiting Shelter House. Call 888-903-1852 or visit [eventsathalsteadsquare.com](http://eventsathalsteadsquare.com).

**Passport to Fashion.** 1-4 p.m. at Springfield Town Center, 6500 Springfield Mall Drive. Celebration of fall arrivals with retailer pop-ups, beauty and styling sessions, free goodies and sales. Go to [springfieldtowncenter.com](http://springfieldtowncenter.com).

## THURSDAY/SEPT. 17

**"Democracy for Sale" Film.** 7 p.m. at Accotink Unitarian Universalist Church, 10125 Lakehaven Court, Burke. Free. Visit [accotinkuu.org/](http://accotinkuu.org/).

## MONDAY/SEPT. 18

**Garden Club Meeting.** 6:45-9:15 p.m. at Messiah Methodist Church, 6215 Rolling Road, Springfield. Flower arranging tips and examples, meetings the third Monday each month. \$38 a year. Email [vdrash@verizon.net](mailto:vdrash@verizon.net) or call 703-250-7805.

## SEPT. 18-OCT. 28

**Photo Exhibition.** Tuesday-Saturday, 10 a.m.-3 p.m. at The Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. "Binding Wounds, Pushing Boundaries: African-Americans in Civil War Medicine" looks at the men and women who served as surgeons and nurses during the Civil War and how their service challenged the prescribed notions of race and gender. Free. Call 703-591-0560.

## WEDNESDAY/SEPT. 20

**Global Warming Lecture.** 7:30 p.m. at the Fairview Elementary School cafeteria, 5815 Ox Road, Fairfax Station. James Carlson will talk about global warming and the scientific facts behind it. Hosted by the Republican Women of Clifton. Free and open to the public. Call 703-455-4924.

## THURSDAY/SEPT. 21

**Lunch 'N Life.** noon-2 p.m. at Jubilee Christian Center, 4650 Shirley Gate Road, Fairfax. Music by Special Blend, a barbershop quartet. \$10. Call 703-273-5730.

## SEPT. 21-24

**Golf Tournament.** All day at Laurel Hill Golf Club, 8701 Laurel Crest Drive, Lorton. Middle Atlantic Amateur Championship. Visit [www.fairfaxcounty.gov/parks/golf/ihgc](http://www.fairfaxcounty.gov/parks/golf/ihgc) or call 703-439-8849.

## SATURDAY/SEPT. 23

**Irish Folk Festival.** noon-7:30 p.m. at Sherwood Center at Van Dyck Park, 3740 Old Lee Highway, Fairfax, or The Auld Shebeen Irish Pub, 3971 Chain Bridge Road, Fairfax. \$10 per person; \$20 family maximum admission. Call 703-385-7858.

**Meet the Author.** 2 p.m. at Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. "Lincoln's Generals' Wives: Four Women Who Influenced the Civil War - For Better and for Worse" Author Candace Shy Hooper will discuss how Julia Grant, Ellen Sherman, Nelly McClellan, and Jessie Fremont influenced their husband's careers. Free. Call 703-385-8414.

**Meet the Author.** 4 p.m. at Barnes & Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Kristin Cashore reviews her new book "Tu Reviens," about an island mansion. Visit [stores.barnesandnoble.com/store/2937](http://stores.barnesandnoble.com/store/2937) or call 703-278-0300.

**The 12th Annual "ARTS by George!"** 5 p.m. at deLaski Performing Arts Building, Harris



FILE PHOTO BY STEVE HIBBARD

**The Kings Park German Band performs during the 2015 Oktoberfest Volksmarch.**

## Oktoberfest Walks, Bike Ride

Accotink Unitarian Universalist Church (AUUC), 10125 Lakehaven Court, Burke, will host free Oktoberfest walks and a bike ride on Saturday, Sept. 16, at 8 a.m. Join walkers of all ages and cyclists for the annual Oktoberfest Volksmarch and Biketoberfest. The self-guided walks and group bike rides start at the Accotink Unitarian Universalist Church in Burke. German food and drinks will be available for purchase while you enjoy traditional German music.

The event (start and end) is held at 10125 Lakehaven Court, Burke, just south of the Fairfax County Parkway and Burke Lake Road intersection. Walkers may begin anytime between 8 a.m. and 1 p.m. but must finish by 3 p.m. The bike ride begins at 9 a.m. Visit [scenicroutes.us/nvv/events](http://scenicroutes.us/nvv/events) or contact [nicebrowns@verizon.net](mailto:nicebrowns@verizon.net).

Theatre, and Center for the Arts, 4400 University Drive, Fairfax. Gala performance by Broadway star Kelli O'Hara plus student showcases, buffets and wine bars, and silent and live auctions. Email [erusch2@gmu.edu](mailto:erusch2@gmu.edu) or 703-993-3872, or visit [artsbygeorge.gmu.edu](http://artsbygeorge.gmu.edu).

## SEPT. 23-24

**Fall Festival.** 10 a.m.-4 p.m. at the Whitehall Farm, 6080 Colchester Road, Fairfax. Featuring a large corn maze in the shape of a chicken, pumpkin patch, farm animals, inflatable bounce houses, hay ride, and nature trail. \$12, active duty military and their families receive \$2 off per ticket. Visit [www.whitehall.farm](http://www.whitehall.farm).

## SUNDAY/SEPT. 24

**Building a Train Set.** 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road in Fairfax Station. Activities include making a sample train layout as well as involvement in demonstrations of railroad artifacts. Museum members and ages 4 and under, free; ages 5-15, \$2; ages 16 and older, \$4. Craft supplies included in admission. Visit [www.fairfax-station.org](http://www.fairfax-station.org), or call 703-425-9225.

## MONDAY/SEPT. 25

**Tai Chi Easy.** 2-3 p.m. at King of Kings Lutheran Church, 4025 Kingsway, Fairfax. Pauline Reid, teaches Tai Chi, a form of the Chinese self-care practices known as Qigong. This class is suitable for beginners through advanced practitioners. \$90 for Monday nights through Nov. 6. Email Pauline at [reidpr@hotmail.com](mailto:reidpr@hotmail.com) or contact the church office 703-378-7272, ext. 221.

## WEDNESDAY/SEPT. 27

**Tai Chi.** 6:30-7:30 a.m. at Old Town Square, 3999 University Drive,

Fairfax. Wear comfortable clothes and bring a mat. Class will take place in Old Town Square at the pergola. Call 703-385-7858.

**Meet the Civil War Author.** 7:30-9:30 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Local historian, lecturer and author, Arthur Candanquist will look at a Confederate military railroad that ran between Centreville and Manassas Junction. Free, open to public. Visit [www.fairfax-station.org](http://www.fairfax-station.org) or call 703-425-9225.

## THURSDAY/SEPT. 28

**Visiting Filmmakers.** 4:30 p.m. at the Johnson Center Cinema, George Mason University, 4400 University Drive, Fairfax. GMU Visiting Filmmakers Series presents: "Cameraperson," free screening and Q&A with Kirsten Johnson. Visit [favs.gmu.edu](http://favs.gmu.edu).

**Mars Rodeo Concert.** 6:30-8:30 p.m. at Old Town Square, 3999 University Drive, Fairfax. The Hometown Thursdays series will host local bands from the Fairfax area. Free. Call 703-385-7858.

## SEPT. 28-OCT. 1

**Fall Book Sale.** Various times at George Mason Regional Library, 7001 Little River Turnpike, Annandale. George Mason Friends, a Friends of the Library organization annual book sale. Call 571-314-1947.

## FRIDAY/SEPT. 29

**Wine Tasting.** 6:30-9:30 p.m. at Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. This event features wine tasting and a silent auction of goods and services. Free. Visit [www.historicfairfax.org](http://www.historicfairfax.org) for more or call 703-385-7858.

**Music on the Plaza.** 7 p.m. at Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Call 703-385-7858.

**Bingo.** 7 p.m. at Fire Station 3, 4081

University Drive, Fairfax. Smoke free Bingo, free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit [fairfaxvfd.com](http://fairfaxvfd.com), or call 703-273-3638.

**Comedy on Stage.** 7:30 p.m. at the Epicure Cafe, 11104 Lee Hwy, Fairfax. Show by Krish Mohan, a nationally touring stand up comedian. Visit [ramannoodlescomedy.com/press/](http://ramannoodlescomedy.com/press/).

## SEPT. 29-OCT. 8

**Disney on Ice.** Various times at Eagle Bank Arena, 4500 Patriot Circle, Fairfax. "Dare To Dream," show featuring an expedition across seas and mountains with characters from Disney's "Beauty and the Beast," "Frozen," "Tangled" and "Cinderella." \$20 and up. Call 1-800-745-3000, via [www.ticketmaster.com](http://www.ticketmaster.com), or visit [DisneyOnIce.com](http://DisneyOnIce.com).

## SATURDAY/SEPT. 30

**Kidz Korner.** 10:30-11:30 a.m. at Old Town Square, 3999 University Drive, Fairfax. A variety of children's activities and entertainment. Call 703-385-7858.

**Bingo.** 1-3 p.m. at Parish Center Gym, St. Leo the Great Catholic Church, 3700 Old Lee Highway, Fairfax. \$10 for two cards, proceeds benefit the Shepherd's Center of Fairfax-Burke. Call 703-426-2824.

**Concerts from Kirkwood.** 3 p.m. at the Kirkwood Presbyterian Church, 8336 Carrleigh Parkway, Springfield. Hot Lanes Jazz Band, led by composer, arranger, performer and director Bobby Jasinski. Email [concerts@kirkwoodpres.com](mailto:concerts@kirkwoodpres.com), visit [www.kirkwoodpres.com](http://www.kirkwoodpres.com), or call 703-451-5320.

## SEPT. 30-OCT. 1

**Fall Festival.** 10 a.m.-4 p.m. at the Whitehall Farm, 6080 Colchester Road, Fairfax. Featuring a large corn maze in the shape of a chicken, pumpkin patch, farm animals, inflatable bounce houses, hay ride, and nature trail. \$12, active duty military and their families receive \$2 off per ticket. Visit [www.whitehall.farm](http://www.whitehall.farm).

## SATURDAY/OCT. 7

**She Rocks the World.** 9 a.m.-3:30 p.m. at George Mason University, 4400 University Drive, Fairfax. 2017 Virginia Girls' Summit, teenage girl forum. Visit [www.sherocksttheworld.org/](http://www.sherocksttheworld.org/).

**Taste of Fall Feast.** 7 p.m. at Stacy C. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. An evening filled with food, entertainment, and a live and silent auction to raise funds to help parents, children and individuals in Fairfax County and City who suffer the effects of poverty. Attendees at the fundraiser can sample food and drink from a variety of Fairfax-area restaurants, wineries and breweries while enjoying music by Pan Masters Steel Orchestra. \$50. Visit [www.FACETSCares.org](http://www.FACETSCares.org) or call 703-554-3609.

## OCT. 7-8

**Fall Festival.** 10 a.m.-4 p.m. at the Whitehall Farm, 6080 Colchester Road, Fairfax. Featuring a large corn maze in the shape of a chicken, pumpkin patch, farm animals, inflatable bounce houses, hay ride, and nature trail. \$12, active duty military and their families receive \$2 off per ticket. Visit [www.whitehall.farm](http://www.whitehall.farm).

# ENTERTAINMENT



**Kelli O'Hara, headliner at 'ARTS by George!' gala benefit.**

PHOTO BY LAURI MARIE DUNCAN/  
COURTESY OF GMU

## A Night Not to Be Missed

'ARTS by George' returns for 12<sup>th</sup> annual gala.

By DAVID SIEGEL  
THE CONNECTION

This year's "ARTS by George!" continues a long standing tradition as a major go-to arts and entertainment event this year presenting the world class talent of Broadway star Kelli O'Hara while also showcasing and supporting the gifted and students and faculty of the George Mason University/College of Visual and Performing Arts (CVPA).

"Truly a night not to be missed, 'Arts by George!' is unique to Fairfax County and Northern Virginia. Patrons have the ability to see so many forms of art in one location including a spectacular concert performance by Tony Award winner Kelli O'Hara," said Donn Smith and Jay Speer, 2017 "ARTS by George!" event co-chairs. Guests also have the opportunity to tour nearly a dozen open studios and rehearsal halls, "where they can enjoy live presentations of student work and behind-the-scenes insights."

"I almost never call something unique because the word is overused and hardly ever accurate but this collection of brilliant student work in all genres of the arts is unique. The student showcases never fail to amaze," said Rick Davis, Dean of Mason's College of Visual and Performing Arts.

"Proceeds from the 'ARTS by George!' gala evening

are absolutely essential to our work with our students and the community," added Davis. "Proceeds help support scholarships for deserving CVPA students" in a wide range of studies such music, dance, art and theater, computer game design, arts management, and film and video studies.

Faith Ellen Lam, a School of Music sophomore from Centreville, is a recipient of one of the scholarships. "To receive a scholarship has been an immense blessing in my life, allowing me to focus on building a career instead of worrying about finances. Because of the generosity of those who donate to Mason's art programs, I have both the time and peace of mind to study hard, practice harder, and take every opportunity, paid or not, to gain experience as a musician."



COURTESY OF GMU

**Rick Davis, Dean, College of Visual and Performing Arts, George Mason University.**

One of the numerous local Fairfax County businesses that supports "ARTS by George" is Broadway Galleries. For owner Barry Broadway, "the opportunity to support the talented George Mason University students for the past decade has been a passion."

"ARTS by George' reminds us of the passion, energy, and joy that George Mason University's arts programs tries to bring to our community," added Davis. The event aims to be a magical, one-of-a-kind experience "that benefits deserving students all while guests are richly entertained."

### Where & When

"ARTS by George!" at George Mason University, 4400 University Drive, Fairfax. Gala is Saturday, Sept. 23, 2017 starting at 5 p.m. Events and performances in the deLaski Performing Art Building and Harris Theatre, and in tent plaza between the two buildings. Tickets for "ARTS by George!" (Includes student/faculty showcases, food, beverages, Kelli O'Hara concert; with champagne and dessert reception onstage) are \$250/person. Contact Emily Rusch at 703-993-3872, or visit artsbygeorge.gmu.edu. Tickets only for the Kelli O'Hara

mainstage performance in the Concert Hall are \$60, \$85 and \$100. Visit [www.cfa.gmu.edu](http://www.cfa.gmu.edu) or call Box Office at: 888-945-2468.

ARTS by George! Event Schedule:  
 ♦ 5 p.m. Student and faculty showcases of performances and exhibitions, food and beverage stations, and tent with catered buffet and live entertainment. Silent auction begins.  
 ♦ 8 p.m. Gala performance by Kelli O'Hara.  
 ♦ 9:45 p.m. Live auction, then champagne and dessert reception onstage.

## Falling for Fall Arts & Crafts Show

Saturday 9/16 & Sunday 9/17  
(10am-6pm) (10am-5pm)

Bull Run Regional Park  
Special Events Center

[www.TroyPromotions.com](http://www.TroyPromotions.com)

\$100 Drawings Every 30 Minutes in Customer Show Bucks to be used to purchase Arts & Crafts at Vendor Booths at this show.

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PHOTOS BY DANIEL SWARTZ/COURTESY OF THE ST. JAMES

Washington Capitals' Captain Alex Ovechkin joins Kendrick Ashton and Craig Dixon, co-founders and co-CEOs of The St. James, at the groundbreaking ceremony for the new 450,000-square foot sports, wellness and active entertainment in Springfield, on Sept. 7, 2017.

Chick Hernandez, CSN Mid-Atlantic on-air personality, hosts a ceremonial face-off between Kendrick Ashton and Craig Dixon, co-founders and co-CEOs of The St. James, and Washington Capitals' Captain Alex Ovechkin, at the groundbreaking ceremony for the new 450,000-square foot sports, wellness and active entertainment in Springfield, on Sept. 7, 2017.

# Ground Broken for New Sports Complex in Springfield

The St. James sports, wellness and entertainment center to open in September 2018.

The St. James, a new brand in sports, wellness and active entertainment, will open the doors of its 450,000-square foot flagship complex on a 20-acre campus at the intersection of I-395 and I-495 in Springfield in September 2018. The St. James will offer a combination of sports and wellness venues and programming, lifestyle amenities and family centered active entertainment experiences.

The St. James was founded by native Washingtonians Kendrick Ashton and Craig Dixon in partnership with Cain International, a global private equity firm specializing in real estate, retail, media and entertainment investments whose board includes Todd Boehly, an owner of the Los Angeles Dodgers, and Jonathan Goldstein, its CEO. The St. James will provide a one-of-a-kind opportunity for everyone — from toddlers to boomers, with friends or family — to pursue their passion for sports, wellness and active fun all under one roof.

The St. James will provide a diverse and extensive combination of sports competition and training venues, transformative developmental programs and best-in-class coaching. Athletes and enthusiasts of all ages and skill levels can immerse themselves in a variety of sports — from ice hockey, soccer, lacrosse and baseball to squash, golf, basketball, volleyball, swimming and more. Sports competition and training venues include:

- ❖ Field House with a FIFA regulation-sized turf field — the only such field in the region — and 65-foot roof clearances for all turf sports
- ❖ Ice House with two NHL regulation-sized ice rinks for all ice sports and a hockey skills training center that includes both rapid shot and rapid hands skills training systems and a skating treadmill
- ❖ Court House with four full length regu-



IMAGE COURTESY OF THE ST. JAMES

The St. James, a new brand in sports, wellness and active entertainment, will open the doors of its 450,000-square foot flagship complex on a 20-acre campus at the intersection of I-395 and I-495 in Springfield in September 2018.

lation basketball courts that convert into nine volleyball courts

- ❖ Pool House with a 50-meter Olympic regulation-sized competition pool for all water sports
- ❖ Hitting House with six batting cages and pitching machines for baseball and softball that converts into a multipurpose training venue
- ❖ Squash and Golf Center with eight international regulation-sized squash singles courts and seven golf simulators
- ❖ High Performance Center with 10,000 square feet of elite strength, explosiveness and agility conditioning and training equipment housed within the 50,000-square foot premium health club
- ❖ Gymnastics Training Center with a competition spring floor, deep foam training pits, Tumbl Trak, rod floors and in-ground trampolines

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“Our aim is to be the center of the universe for active people and sports and wellness enthusiasts of all ages,” said co-founder Kendrick Ashton. The St. James is more than just sports development, training and competition, it also offers a health and wellness experience, which includes:

- ❖ Premium Health Club with 50,000 square feet of state-of-the-art cardio and strength training equipment, spinning, group fitness and yoga rooms, a 10,000-square-foot training center, locker rooms and childcare for member families
- ❖ Premium Spa and Rejuvenation Center with nine treatment rooms for massage, facial and other skin treatments, a cryotherapy chamber, a manicure and pedicure studio and a rejuvenation lounge

❖ Health and Sports Medicine Center featuring a health care partner providing general non-emergent health care services, sports medicine, sports performance and rehabilitation

The St. James provides numerous experiences off the field, court and ice, with a multitude of opportunities for active fun and entertainment, as well as exceptional food and retail experiences, including:

- ❖ Active Entertainment Center with 20,000 square feet of dynamic obstacle courses, zip lines, climbing structures and climbing walls, trampoline zones, virtual reality, a gaming theatre and party rooms
- ❖ Indoor Water Park with 6,000 square feet of exciting slides, massive water dumping buckets, long distance sprayers and other water-based play features
- ❖ Restaurant and Market Café conceived in collaboration with a celebrity chef and delivering healthy and delicious cuisine
- ❖ Performance Boutique featuring a sneaker boutique, performance-oriented apparel, technology, equipment and The St. James branded apparel

“The St. James will provide a totally new active lifestyle experience,” said co-founder Craig Dixon. “From the premium health and wellness offerings found in our health club and spa, to the fun and engaging experiences shared with family and friends at our restaurant or active entertainment center, The St. James will set a new standard in the region for sports, wellness and active fun.”

The St. James will offer complex-wide memberships, youth and adult sports developmental and training programs, individual instruction, personal training, camps, clinics, leagues, tournaments, showcases, birthday parties and more. The complex will be open 24 hours a day, seven days a week. Pre-opening sales began Sept. 7, 2017 with special offers for early adopters. Visit [thestjames.co](http://thestjames.co).

9

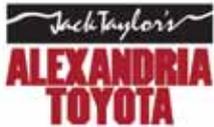
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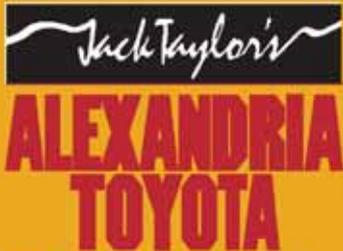
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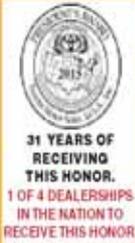
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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.

**-Werner Heisenberg**

## NEWS

# Northern Virginia Senior Olympics Celebrates 35th Year



PHOTO BY JONATHAN RUHE/THE CONNECTION

NOVA diving contestants gather on the diving board to show off their medals at the Yorktown Aquatic Center Saturday, Sept. 9. From back left: Karen Alderman, Arlington; Carol Mackela, Arlington; and Mandy Whalen, Falls Church. In front: Duane Clayton-Cox, Fairfax; Samir Salman, Vienna; Kim Alderman, Arlington; and Coach Bobby Meeks, Arlington.

The 2017 Northern Virginia Senior Olympics (NOVA) was off and running on Sept. 9 with morning field and track events followed by afternoon diving. This year 752 competitors signed up to participate in 70 events including swimming, baseball and football toss, track and field, pickleball, horseshoes and a variety of games such as dominoes and scrabble. The games will be held for 12 days at 28 parks, schools, community and senior centers around Northern Virginia

Diving events were held at Yorktown Aquatic Center with six competitors, one having dropped out due to a car accident two days before the event, and the coach Bobbie Meeks didn't compete this year due to recent surgery. But Meeks was in attendance. "I wouldn't miss this event for anything," he said.

— SHIRLEY RUHE



PHOTO BY SHIRLEY RUHE/THE CONNECTION

Five judges concentrate on the nuances of form and difficulty and flash up score cards after each diver. The announcer calls out 7, 7-1/2, 7, 7-1/2, 6-1/2 and the results are recorded for awarding ribbons.



Duane Clayton-Cox, Fairfax, said he will perform a front dive with a double twist somersault. "It will be the most difficult dive performed today." He added, "It will be my fifth dive today because it's hard with a high level of difficulty."

# BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## SENIOR VOLUNTEERS

**RSVP**, a volunteer network for seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria, offers a wide array of opportunities for volunteers 55 and older. RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings. To sign up for an upcoming orientation, email Carly Hubicki at [chubicki@volunteerfairfax.org](mailto:chubicki@volunteerfairfax.org) or call RSVP at 703-403-5360. To learn more about RSVP, visit [www.rsvpnova.org](http://www.rsvpnova.org).

## MONDAY/SEPT. 18

**7-Week Fitness Session Starts.** Various times and locations. The Fitness Program at Inova HealthSource is established both in its longevity and in its foundation in the community. Competitive pricing and a session-based schedule to allow everyone to try out new formats without entering into a long term relationship. To register for Inova's next 7 week fitness session, visit [www.inova.org/wellness/fitness](http://www.inova.org/wellness/fitness).

## TUESDAY/SEPT. 19

**ESOL classes.** noon-7:30 p.m. at The Church of the Good Shepherd, 9350 Braddock Road, Burke. Day and evening English for Speakers of Other Languages (ESOL) classes open to those who wish to improve their English skills. Call 703-323-5400 for more.

## IN-PERSON, TV DEBATES

**The League of Women Voters** of the Fairfax Area (LWVFA) will hold four in-person forums and three televised forums for the public and the press to learn about the candidates who are running for election to the Virginia House of Delegates. The League invited all certified candidates campaigning for office in their respective districts. At the in-person forums, question-and-answer sessions will be followed by an opportunity for informal conversations with individual candidates. The public and press are encouraged to attend. For more information about the candidates' priorities and positions, visit [www.vote411.org](http://www.vote411.org).

In-person forums:

- ♦ **Thursday, Sept. 28** at 7 p.m. at Providence Community Center: 3001 Vaden Drive, Fairfax.
  - ♦ **Thursday, Oct. 12** at 7 p.m. at Hayfield Secondary School, Lecture Hall: 7630 Telegraph Road, Alexandria.
  - ♦ **Wednesday, Oct. 25** at 7:30 p.m. at Sully Government Center: 4900 Stonecroft Blvd., Chantilly.
- The televised forums at Fairfax County Public Access are on Channel 10 or livestreamed on YouTube "Inside Scoop Livestream." The public can submit questions by email to [theinsidescoopvt@gmail.com](mailto:theinsidescoopvt@gmail.com) or call 571-749-1142 between 7-8:30 p.m. Tune in on: **Monday, Sept. 11** at 8 p.m.; **Monday, Sept. 18** at 8 p.m.; and **Monday, Oct. 2** at 8 p.m.

## SEPT. 29-30

**Fall Children's Consignment Sale.** 9 a.m.-8 p.m., at Cameron United Methodist Church, 3130 Franconia Road. Some items are half price on Saturday. To become a seller, email: [CUMC.CCS@gmail.com](mailto:CUMC.CCS@gmail.com), or visit [www.cameron-umc.org/](http://www.cameron-umc.org/).

## ONGOING

**Haven of Northern Virginia** provides support, compassion, information and resources to the bereaved and seriously ill. To become a Haven volunteer, please call 703-941-7000 to request an orientation. Volunteers must complete a 30-hour training and commit to one year of service answering Haven phones (2.5 hours weekly). Next training is scheduled for fall 2017.

**Positive Parenting Strategies Course.** At PHILLIPS, 7010 Braddock Road, Annandale. A series of classes and in home consultations taught by PHILLIPS' counselors. Open to all local families. Call Stacy Stryjewski at 703-658-9054.

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. <b>-Werner Heisenberg</b>			

## "Kenny's Story"



By KENNETH B. LOURIE

Ordinarily I wouldn't have given the Lyrica television commercial too much attention. But there sat a spokesperson named Kenny, his name clearly printed in red script on top of a white oval located above his right breast pocket on his custom-work shirt, a middle-aged white man like me, holding his left foot across his right knee talking about a medical problem that we both feel: the "shooting, burning, pins and needles of diabetic nerve pain." It was odd seeing someone named Kenny on television referring to a problem that not-on-television Kenny also has, though my symptoms are not from diabetes; they're from eight and half years of chemotherapy. Nevertheless, as Babe Ruth said about the sound of his throat-cancer-ravaged voice on "Babe Ruth Day" at Yankee Stadium on April 27, 1947: "It feels just as bad."

Campaign to date, according to ISpot.tv, within the last 30 days, "Kenny's Story," as it's identified, has had "74 commercial airings." And though I don't think for a moment that this Kenny could be confused with that Kenny, considering that he's an auto mechanic who "grew into a free-wheeling kid" and "enjoyed every step of fatherhood," and I'm not 'free-wheeling,' not a father and know zero about cars, I do feel his pain - literally.

Now the fact that the words of advice are coming from someone named Kenny does give me pause however. Not that all Kennys have identical personalities or life's experiences but knowing how little familiarity I have with this product makes me distrust him somehow. My name is Kenny and I'm not prepared to make those statements. How can he?

It reminds me of a long-ago M\*A\*S\*H episode when Major Frank Burns was feeling paranoid (as he said: "I'm only paranoid because every one's out to get me") because he thought "someone else is using my face." None of which makes any more sense than my not believing spokesperson-Kenny just because his name happens to be Kenny.

But there's no accounting for viewer reaction, probably. That's likely why there were a total "1,271 airings" of Lyrica diabetic nerve pain commercials nationally over the last 30 days. "Kenny's Story," at 74 airings, was a small percentage of at least a dozen variations on this theme as well as a parallel campaign to address Fibromyalgia, a similar condition also treated by Lyrica.

It's odd, of the multiple spots that have appeared on television, all of which show people living active lives - and being grateful for using Lyrica, only three: "Kim's Salon," "Michael," and yours truly are "given-named." All the others: "Coach," "Grandpa," "School Teacher," "Keep the Beat Going," "Helping Others", as a few examples, are not.

I'm wondering if "naming"/invoking names in these spots does in fact personalize the experience for viewers in a way that the pharmaceutical companies think is counter productive? Maybe naming the spokesperson/sufferer causes a reaction among Kims and Michaels that yours truly is feeling/writing about?

Moreover, given that "Big Pharma" probably doesn't want to limit its reach by excluding a segment of the market because of name recognition possibly lends some credence to the presumption that using a name to identify the individual in one of these spots is rare because it's unhelpful. As it relates to these spots and their names, perhaps less is more, given how many research/clinical dollars (hundreds of millions of dollars we're often told) are invested in the process of bringing FDA-approved products to market? Accordingly, I suppose "Big Pharma" can't afford to leave any potential stone/"prescriptee" unturned.

I certainly don't know the answers to any of these questions. I can only wander - and wonder what is it that makes sense here and where I fit into their universe. The commercials have hit their intended target: me, a patient with "shooting, burning, pins and needles ...", but I have to tell you: I don't like "Kenny."

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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Gorgeous brick home on private 2.8 acre lot. Gourmet Kit, great room w/ wall of windows, library, Florida room, incredible walk-out LL, & a beautiful master suite.



**NEW PRICE**

**Fairfax Station - \$1,150,000**

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**KIM McCLARY**

**703-929-8425**

kimm@lnf.com

Life Member NVAR Top Producers

**Alexandria/Mt. Vernon - \$675,000**

**We're Almost Ready.....**

After extensive renovations to this sensational 4/5 bedroom, 3 bath beauty in Collingwood Estates! Just off the GW Parkway (a commuter's dream location), this wonderful home has been expanded with a gorgeous sunroom addition, and updates/upgrades galore! Located in the sought-after Wayewood Elementary District, this beauty offers a large, flat lot, garage, and so much more! Don't miss our "Pre-MLS" debut....call Kim today for a private tour! Drive by 1116 Anesbury Lane, Alexandria, VA 22308 today for a peek at this beauty.

**Alexandria/Kingstowne - \$375,000**

**We're About To Hit The Market!!**

Be the first to tour this sensational Victorian end-unit beauty in the heart of one of Northern Virginia's most sought-after Communities! From the wrap-around front porch to the gleaming interior, this 3-level home is priced to sell today! Featuring updates and upgrades galore, this home is vacant and ready for you to move in immediately! Don't delay....this wonderful home will not last! Drive by 5900 St. Giles Way, Alexandria, VA 22315 today for a peek at this beauty.



**JUDY SEMLER**

**703-503-1885**

judys@lnf.com



**Burke - \$750,000**

Beautiful classic colonial with 2-story foyer \* Formal living & dining rms \* Main level den \* Light filled eat-in kitchen with brick cooking alcove, granite, bay window \* Spacious family rm w/gas fpl opens to deck \* Wood flrs \* Master suite features dressing area, large walk-in closets & bath \* LL offers rec & game rms, dining area, bdrm, bath, storage rm & walks out to lush back yard \* Visit 9424WoodedGlen.com



**Arlington - \$639,000**

Beautifully renovated colonial in a great location near Shirlington & quick drive to DC. Gleaming wood floors \* 3 bedrms & 2.5 baths \* Outstanding kitchen with island, granite counters, SS appliances & lots of cabinets \* Fireplace in living room \* Finished walkup lower level \* Deck in large flat back yard \* 2 car parking pad \* Visit 18thStreetSouth.com



**DIANE SUNDT**

**703-615-4626**

Military Relocation Specialist



**NANCY BASHAM**

**703-772-2066**

nancy.basham@LNF.com  
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**COMING SOON!**

**Burke**

Charming 4 BR/3.5 BA with updated kitchen and baths, hardwood floors, gas fireplace, rec room and large screened-in porch. Great location on quiet cul-de-sac. Call for details!



**DAVID & VIRGINIA**

Associate Brokers

**703-967-8700**

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**Crosspointe**

**\$669,900**

Main level master bedroom w/vaulted ceiling! Designer master bath renovation. 2nd master on upper level. Remodeled kitchen with upscale appliances, maple cabinets & granite counters. Large professionally landscaped corner lot! [www.8600LarkViewLane.info](http://www.8600LarkViewLane.info)



**Crosspointe**

**\$689,900**

**Coming Soon!** Large SBR, 3.5BA Sheffield model with a library/ home office extension off the formal living room. Fully finished basement with stairway exit to the fenced back yard. Granite counters. Premium .37 acre corner lot!



**Sheila Adams**

**703-503-1895**

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**Fairfax \$636,900**

Gorgeous 4 BR Colonial in beautiful Middlebridge. Home offers year round sunroom, deck with hot tub, trees line back yard providing privacy for perfect entertaining. Garage holds three cars (perfect for boat or antique car lover).

Call Sheila 703-503-1895.

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• Approx. 3,300 sf  
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• Kitchen w/ new ss appliances & granite counters  
• Walkout LL to Patio & Large New Deck

**COMING SOON**



**Kathy O'Donnell**

**703-338-7696**

[Kathy.odonnell@LNF.com](mailto:Kathy.odonnell@LNF.com)



**Fairfax Station \$721,000**

Beautiful 4 bed, 3.5 bath home located in the Innisvale neighborhood. Enjoy living indoors and out with spacious rooms for entertaining opening to a screened-in porch, leading to a multi-area deck overlooking the gorgeous yard and backing to woods. Must see!



**Catie, Steve & Associates**

Direct: **703-278-9313**

Cell: **703-362-2591**

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**Fairfax City \$549,000**

**Coming Soon**

Spectacular 4 level home walkable to city amenities but has the privacy of a country home. Large master suite, 4th BR & family room addition. Updated eat in kitchen, remodeled baths, fresh paint, vaulted ceilings, hardwood floors. Wonderful screened in porch and patio area, level grassy fenced lot, mature trees--it's your private haven.



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