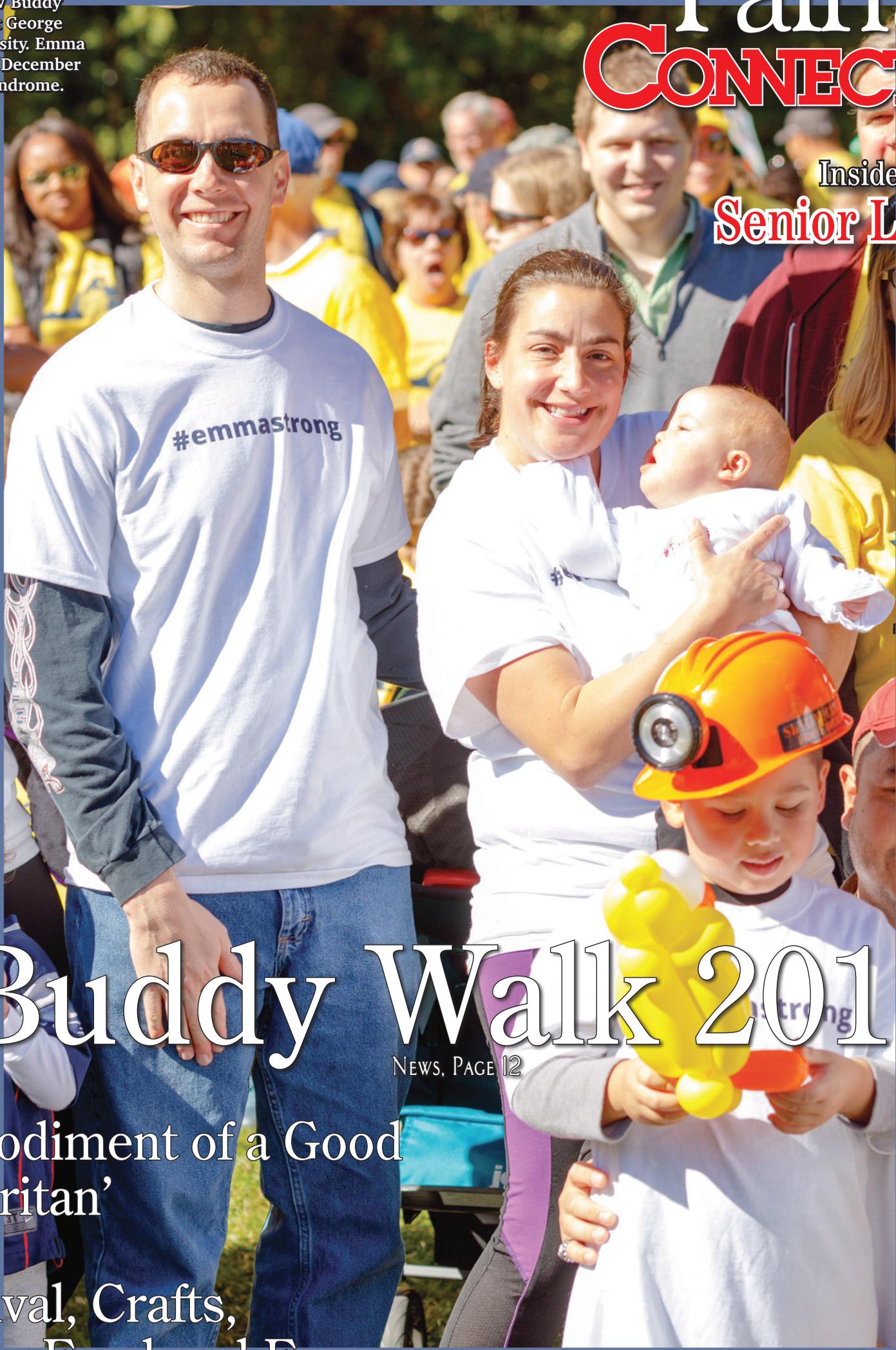


Kent and Dana Laukhuf, holding daughter Emma, participate in the 13th annual DSANV Buddy Walk Oct. 1 at George Mason University. Emma was born last December with Down syndrome.

Fairfax CONNECTION

Inside
Senior Living



Buddy Walk 2017

NEWS, PAGE 12

'Embodiment of a Good Samaritan'

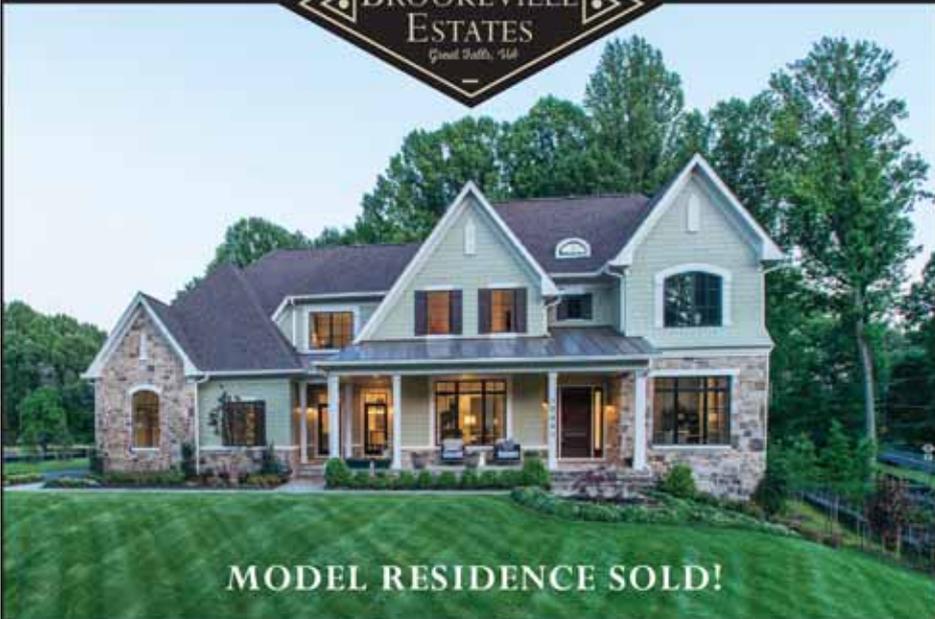
NEWS, PAGE 3

Carnival, Crafts, Music, Food and Fun

NEWS, PAGE 10

OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 11 ♦ CLASSIFIEDS, PAGE 14

PHOTO BY MARK MOGLE/THE CONNECTION



MODEL RESIDENCE SOLD!

*NOW SCHEDULING MODEL TOURS.
DISCOVER THE ATTENTION TO DETAIL & FINE
CRAFTSMANSHIP WHILE LEARNING MORE
ABOUT YOUR OPTIONS FOR CUSTOMIZATION
ON OUR REMAINING AVAILABLE LOTS.*

Our model residence is under contract. Now is the time to discover how you can build the perfect home of your dreams at **Brookeville Estates**.

This collection of custom single-family homes features flexible floorplan variations, refined designer finishes, gourmet kitchens, and stylish contemporary living, all nestled in the heart of Great Falls, Virginia.

HOMES PRICED FROM THE LOW \$2 MILLIONS
**ASK ABOUT OUR LONG-TERM RATE LOCK INCENTIVE!*



LEARN MORE

703.646.0508 | LiveAtBrookevilleEstates.com

KADIDA **ALLIANCE**
Real Estate. Reimagined.

1019 Springvale Road, Great Falls, VA 22066

McWilliams
Ballard



For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions?
E-mail: goinggreen@connectionnewspapers.com



THE CONNECTION
NEWSPAPERS

Adoptions 
From The Heart®

Adoption is **BOO**-tiful



Fairfax, VA

Wednesday, October 18th at 6:30 pm

Join us for a **FREE** info meeting

Discover Infant Adoption

Call or Visit Us Online to Register
www.afth.org ♥ 757.447.4046



Join us for coffee & conversation.
Fairfax Divorce Workshop.

Support. Information. Hope.

Date: Saturday, October 14, 2017
Saturday, November 11, 2017

Time: 9:00-9:30 a.m. – Registration
9:30-1:00 p.m. – Workshop

Place: **Duff Kronfeld & Marquardt P.C.**
Fair Oaks Commerce Center
11320 Random Hills Road/Suite 630
Fairfax, VA 22030

Please join us for coffee at our Second Saturday Divorce Workshop and get the information and support from professionals: a family law attorney, a financial advisor, a family therapist, a private investigator, an estate planning attorney and other professionals who will help guide you through the divorce process. Speakers vary for each workshop.

Registration at the door; however, pre-registration is recommended as space is limited.

Online Registration: www.secondsaturdaynova.com
Email: nancy@secondsaturdaynova.com
Phone: (703) 591-7475

You've come to the right place!



Alzheimer's Walk Raises More Than \$267,000

Thousands gather to raise money and awareness.

BY MARILYN CAMPBELL
THE CONNECTION

More than 1,000 people pounded the pavement in Reston last month and raised more than \$267,000. The 2017 Northern Virginia Walk to End Alzheimer's, held at the Reston Town Center, exceeded its fundraising goal of \$250,000.

Held each year in more than 500 communities around the country, The Alzheimer's Association's Walk to End Alzheimer's seeks to raise awareness and funds for Alzheimer's care, support and research.

Ilissa Belanger of Fairfax walked to raise money and awareness of the disease.

"Both my mother and mother-in-law had Alzheimer's and it's a difficult thing to go through," Belanger said. "I want to help other families who have to go through it. I hope to raise money for treatment to slow it down or find a cure so that no one has to go through it."

This was Belanger's 10th year participating in the walk. This year she was part of a 15-member team, Walkers for Miriam and Anita, named in memory of her mother and

mother-in-law respectively.

"We do walk in honor or memory of our loved ones, but also their caregivers," she said. "It's important to support the caregivers as well. In my case, it was my father and father-in-law who were wonderful as their wives were going through it."

Debbi Johnson of Centreville joined the walk for a second year in honor of her former mother-in-law. Her team consisted of members of her church, New Life Christian Church in Chantilly and her employer, Freddie Mac (Federal Home Loan Mortgage Corporation).

"I do charity walks because I feel that it's important to serve," said Johnson. "I felt that I should do something for Alzheimer's because there are many people I know who have been affected."

Janet Davis of Burke walked in honor of her 83-year-old father who has been living with Alzheimer's for 10 years. Both her mother and her father joined the walk this year.

"The disease has happened gradually and it's very sad to watch," she said. "My dad still has function and can dress and feed himself, but sometimes he can't remember my mom's name or my name.



PHOTO COURTESY OF ILISSA BELANGER OF FAIRFAX

Ilissa Belanger of Fairfax joined the 2017 Northern Virginia Walk to End Alzheimer's along with her husband Tim Belanger. Her team, Walkers for Miriam and Anita, was named in memory of her mother and mother-in-law respectively.

We're very vocal about our support of Alzheimer's."

Elizabeth Klemens, a 27-year-old nurse

who lives in Arlington, participated in the walk for the first time this year. "My personal experience is that my grandfather had Alzheimer's and he died five years ago at 78, but he suffered for about 10 years," she said. "I'm a nurse at Reston hospital and I volunteer at the Walter Reed Adult Day Health Center, and I see the effect of Alzheimer's or dementia on almost a daily basis, so I'm very familiar with the disease."

Caryl Grant of Alexandria walked in memory of her mother who died in 2009. Her team also consisted of her husband, daughter and son-in-law. "My mother had Alzheimer's and I watched her deteriorate and it was heartbreaking," she said. "The hardest thing about it for us and other people is watching them disappear and trying to figure out the best thing to do."

The Promise Garden ceremony is a walk day event that helps illustrate the diverse reasons for participation. Participants received a Promise Garden flower in a color that represents their connection to the disease. Blue represents someone with Alzheimer's or dementia. Purple is for someone who has lost a loved one to the disease. Yellow represents someone who is currently supporting or caring for someone with Alzheimer's. Orange is for everyone who supports the cause and vision of a world without Alzheimer's.

'Embodiment of a Good Samaritan'

City honors lifesaving firefighter.

BY BONNIE HOBBS
THE CONNECTION

Firefighters aren't just first responders when they're on duty. Often, they respond to aid people needing help when they're off-duty, as well. And that's exactly what Montgomery County Firefighter/EMT Gary Fitzsimmons did.

His quick actions saved the life of a construction worker in the City of Fairfax. And before the Sept. 26 Fairfax City Council Meeting, Fitzsimmons was acknowledged and honored by the City in a special ceremony.

The incident occurred on June 20 at a road-work site at Routes 123 and 50, after a crane being operated by the construction worker accidentally hit a power line and sent a jolt of electricity through him. Just then, Fitzsimmons was in

From left: Fairfax Mayor David Meyer presents a certificate commending firefighter/paramedic Gary Fitzsimmons for his lifesaving heroism.



PHOTO BY BONNIE HOBBS/
THE CONNECTION

his vehicle, traveling on Fairfax Boulevard.

"The construction worker received a significant electric shock," said Fairfax Mayor David Meyer. "And in that moment, a trained firefighter/EMT [emergency medical technician] from Montgomery County happened to be driving by. Gary Fitzsimmons assessed the situation and administered CPR. The City Fire Department was there within three minutes – but within the first two minutes, he saved the worker's life."

In a letter Meyer sent to Fitzsimmons's boss, Fire Chief David Pazos, the mayor praised and commended the firefighter's actions. "Gary's professional training and service ethic is an example for all of us and reflects well upon your organization and the entire Fire and Rescue units of Montgomery County," he wrote.

"When I heard about this event,

I decided I wanted to recognize Gary for his actions," continued Meyer. But Fitzsimmons was scheduled to be on duty on Sept. 26, so Meyer asked Pazos to request that the firefighter be allowed to attend a City recognition ceremony in his honor.

Pazos acquiesced, and Fitzsimmons returned to Fairfax. Presenting a commendation to him "for his heroic actions," Meyer described Fitzsimmons as "the embodiment of the good Samaritan we should all strive to be."

Accepting the honor, Fitzsimmons said, "Really, I just happened to be there." And regarding the way he quickly saved the victim's life, he said simply, "It's what I do every day." And, he told the Council members, "You have one heck of a Fire Department here in Fairfax City."

Struggling with Type 2 Diabetes and Weight?

You don't have to manage alone.

Join our research team!

2 year clinical study examining the impact of an investigational medication for the treatment of type 2 diabetes and obesity.

Study related nutrition & lifestyle counseling, physical exams, lab tests and research medication at no cost.

Washington Center for Weight Management & Research
Domenica Rubino, MD
703-807-0037
2800 S. Shirlington Road, #505
Arlington, VA 22206
www.wtmgmt.com

Inside or out...



...Tech Painting's got you covered!



Serving:
VA
DC
MD
OBX

703-684-7702
www.techpainting.com

Since 1987

SCHOOLS

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Two hundred twenty-three Fairfax County Public Schools (FCPS) students from 17 high schools have been named semifinalists in the 2018 National Merit Scholarship Program. Thomas Jefferson High School for Science and Technology (TJHSST), which also serves as the Governor's Regional School for Northern Virginia, has 145 semifinalists. All semifinalists are eligible to compete for 7,500 National Merit Scholarship awards worth \$32 million, to be awarded in spring 2018. FCPS 2018 National Merit semifinalists are:

- ♦ Fairfax High School: **David Fried.**
- ♦ Woodson High School: **Hyung Chang, Andrew Huh, Diego Pedulla-Smith, Kelly Ruffner, Morgan Ruffner, Kate Schneider, and Rachel Zhang.**
- ♦ Lake Braddock Secondary School: **Sinclair Jones, Amanda Nguyen, Elizabeth Smith, and Eric Smith.**
- ♦ Robinson Secondary School: **Siddharth Bhatnagar, William Taft, and Julia Van Dyke.**
- ♦ West Springfield High School: **Genieva Beckstrand and Jonathon Ranieri.**
- ♦ Woodson High School: **Hyung Chang, Andrew Huh, Diego Pedulla-Smith, Kelly Ruffner, Morgan Ruffner, Kate Schneider, and Rachel Zhang.**

Priya Narang, of Fairfax, a student at Fairleigh Dickinson University's Florham Campus, located in Madison, N.J., has graduated with a Pharm. D. in pharmacy.

ENJOY THE COMFORT NOW...PAY FOR IT ON YOUR TERMS!

100% Financing Available

BRENNAN'S

Up to **36 Months** NO INTEREST FINANCING

SALES • SERVICE • INSTALLATION

- 24 Hour Emergency Service
- Free Estimate on System Replacement
- Senior & Military Discounts
- 100% Satisfaction Guarantee
- Planned Maintenance Agreements
- FREE Second Opinion on System Failure
- We Service All Brands
- Up Front Pricing

\$74 (Reg \$84)
Don't Forget Your Safety & Maintenance INSPECTION
Per System

Brennan's has been proudly serving Northern Virginia since 1979. Our team of highly trained professionals are at your disposal ready to deliver a quality product and quality service at a fair price.
"We are here when you need us."

*System rebates ranging from \$0 to \$1,565 depending on equipment purchased. Rebates subject to change. Expires 11/30/2017. †With approved credit. Call Brennan's for complete details.

Carrier
turn to the experts

Carrier Rebates up to \$1565*

BRENNAN'S
HEATING & AIR CONDITIONING

CALL NOW
703-491-2771
info@brennanshvac.com
www.brennansHVAC.com

2017 Best HOME IMPROVEMENT CONTRACTORS
Northern Virginia Magazine

VOTED INSIDE 2017 BEST OF PRINCE WILLIAM

NEWS

She Rocks the World Summit Scheduled for Oct. 7 in Fairfax

Created by teen girls for teen girls, the 4th Annual Virginia Girls' Summit will take place Saturday, Oct. 7, 9 a.m.-3:30 p.m. at George Mason University in Fairfax. Powered by She Rocks the World, the Summit is planned and implemented by 35 middle and high school students from 26 schools in Virginia and Maryland to inspire their peers to use their own voices and live bigger lives. The Girls' Summit is a content-rich, day-long program created to address the challenges and concerns girls are facing today.

Featured guests include: Kate Fagan, author of "What Made Maddy Run" and "The Reappearing Act," and ESPN writer and panelist; Eileen Whelan and Autria Godfrey from ABC 7 News; Maria Rose Belding, Co-Founder/Executive Director of MEANS Database; Nadya Okamoto, Founder of PERIOD, Harvard student and Cambridge City Council candidate.

These women will share their stories of redefining success. A series of 12 breakout sessions will inspire conversations about dealing with stress, building a positive path by seeing challenges as opportunities,

learning from failure, and preparing for the next chapter, be it high school, college or career.

Parents, teachers and mentors are invited to attend breakout sessions led by Dr. Amy Fortney-Parks. Debbie Phelps, educator and mother of three children – including 28-time Olympic medalist Michael Phelps, will be back for the second year to discuss the demands of raising teens in a world unlike the one they grew up in. A panel of teen ambassadors will give parents a real look into what is going on in their lives and how they might be best supported.

"We deeply believe that for girls to thrive in STEM careers, as CEOs on Wall Street or as leaders on Capitol Hill they need to have the confidence to stand up and speak up in their lives today. We want to help them diminish the importance of 'likes' and emphasize the importance of ideas that inspire," says She Rocks the World founder Patsy Mangas.

She Rocks the World partners with schools and organizations across Virginia to offer free or discounted tickets to the summit. Visit sherockstheworld.org.

Award-Winning Remodeled Home Tour
Saturday, October 14th, 12pm-4pm
 7990 Oak Bridge Lane, Fairfax Station, VA 22039

REINVENT YOUR HOME TO ENRICH YOUR LIFE

Come see first hand how redesigning existing space created better function, flow, and light in this remodeled home.

THIS IS A MUST-SEE REMODELED HOME!

SUN DESIGN
 ARCHITECTURAL DESIGN-BUILD FIRM

Major Remodels • Additions • Kitchens
 Baths • Basements • Outdoor Spaces
 703.425.5588 SunDesignInc.com



OUR **Food** PHILOSOPHY

WE PLEDGE OUR FOOD IS FREE OF:

- Added hormones
- High fructose corn syrup
- Bleached or bromated flour
- Artificial fats and trans-fats
- Antibiotics
- Artificial sweeteners
- Artificial colors or flavors
- Artificial preservatives

EST 1975

EARTH FARE

EVERYONE'S HEALTHY SUPERMARKET

OPENING IN FAIRFAX

Are you a local supplier with local goods?

Do your products meet our Food Philosophy? If they do, we would love to meet you at our one day event on **October 25th.**

For more details and to fill out an application, visit earthfare.com/fairfaxlocalvendor

Deadline to apply is **October 11th.**



earthfare.com/fairfax • Facebook: "Earth Fare Fairfax"

Challenges Remain for Police Reform

Including communications and body cameras.

BY PHILLIP NIEDZIELSKI-EICHNER

October 8 will be the second anniversary of the 2015 release of the Ad Hoc Police Practices Review Commission Final Report. The catalyst for the Ad Hoc Commission's formation by the Fairfax County Board of Supervisors was the August 2013 shooting death of John Geer. The commission was charged with assessing the Police Department's performance against national best practices.

GUEST EDITORIAL

The commission made more than 200 recommendations for transforming an excellent Police Department into one that is "best in class" and for strengthening the public's trust and confidence in the department.

I served as commission member and as the chairman of Use of Force Subcommittee. I am also a member of a loosely configured Implementation Committee, a group of former commission members dedicated to helping to see that our recommendations are effectively implemented.

I commend both the Board of Supervisors (BOS) and Police Department for their progress implementing the commission's recommendations. Significant reforms are underway that when fully realized will generate increased accountability and public confidence. Major reforms already in place include:

- ❖ forming the Office of the Independent Police Auditor to determine the thoroughness, completeness, accuracy, objectivity and impartiality of investigations of death or serious injury cases.
- ❖ convening a Civilian Review Panel to review civilian complaints regarding "abuse of authority" or "serious misconduct" by a police officer;
- ❖ creating "Diversion First," which offers alternatives to incarceration for people with mental illness or developmental disabilities; and
- ❖ recrafting the Use of Force General Order to enshrine sanctity of human life as an organizing principle, with de-escalation as the strategy of first resort when confronted with a threat rather than the use of deadly force.

WHILE MUCH HAS BEEN accomplished, more is work is needed. For example, the commission advocated in strong terms for information-sharing reform to promote timeliness, completeness and transparency. In this regard, a revised Police Department Communication Policy is still in process.



The commission also called for all officers to be outfitted with body worn cameras, contingent on the enactment of laws, policies and procedures that protect individual privacy. These cameras are to complement the dashboard cam-

eras now mounted in each Fairfax patrol vehicle.

While a potential aid to criminal prosecution, the body-worn camera's equally important contribution is to foster greater transparency and the accountability of all parties during the interactions of the police with the public. As the American Civil Liberties Union noted in an October 2014 report, body-worn cameras "[have] the potential to be a win-win, helping protect the public against police misconduct, and at the same time helping protect police against false accusations of abuse."

While the county leadership has committed to deploying this technology, its approach has been appropriately methodical. Key considerations are operational, privacy, data security and cost. For example, the supervisors have approved a pilot project that will deploy cameras in two of the county's nine magisterial districts and the department is currently evaluating proposals from prospective suppliers.

THIS PILOT PROJECT needs to generate answers to following questions, among others: the county needs to establish when cameras will be running and how will the public know the cameras are on? When can biometric technology – such as facial recognition – be used? How will the video footage be secured from hackers? Who will have access to the data and under what procedures?

How will the massive amount of video data be stored and for how long? As the county understands and appreciates, the cost of deploying body-worn cameras is not in the cameras themselves, but the storage of the massive amount of data that is generated. As reported by the Center for Digital Government and Government Technology magazine, "When it comes to [body-worn cameras], data storage is the 800-pound gorilla in the room. Video ... is a data hog."

This reality generates cost-driven data-retention policy considerations. How long should non-evidentiary video be maintained? Some police departments say it should be 60-90 days,

others say less or more. With regard to evidentiary data used in criminal prosecutions, the Virginia Commonwealth requires that evidence be stored for 99 years.

Finally, who controls access to the data? This question is becoming an increasingly significant issue nationally. Protecting evidence chain-of-custody for purposes of criminal prosecution is a necessary but not sufficient role to warrant the cost and the data protection risks inherent in the deployment of body-worn cameras. The real return-on-investment is the potential for influencing the behavior, through greater transparency and accountability, of all parties in a law-enforcement engagement.

The drive to use this technology is inexorable. A recent CATO Institute/YouGov poll found that 92 percent of the public supports the use of body-worn cameras. Implicit in this level of support are high public expectations that this technology will make a difference in law enforcement practices. Heightened expectations alone should give our policymakers pause, particularly when we know that no technology deployment is free of all mistakes and errors. The only thing worse in today's context than not collecting the data during a controversial use-of-force incident, is for the public to learn that video data under the Police Department's control is missing.

We should therefore challenge the assumption that video-camera data must be maintained under the sole access control of the Police Department. Options that should be given explicit consideration by the Board of Supervisors, Police Department and Commonwealth's Attorney include assigning video data access control to the Independent Police Auditor or alternatively assigning this role to a board composed of the Police Chief, Independent Auditor and Commonwealth's Attorney.

On this second anniversary of the Ad Hoc Policy Review Commission Report, the county and Police Department have many accomplishments to be proud of with regard to implementing the commission's recommendations.

Quality-driven change is hard; some changes are especially difficult. Body-worn camera deployment is one that requires careful study and diligent attention to complex legal and operational details. I commend the county for taking the appropriate measured response to meeting this recommendation and, especially with regard the matter of access to video data, challenge the conventional wisdom that access control to such data must be under the sole purview of the Police Department.

Phillip A. Niedzielski-Eichner is a member of the Fairfax County Planning Commission, served on the Ad Hoc Police Practices Review Commission and a former member of the Fairfax County School Board.

The League of Women Voters of Virginia Holds Workshops

On Friday, Sept. 22, the League of Women Voters of Virginia (LWVVA) held Workshops in Fredericksburg, Va. attended by new and long-time members from among the 14 local

leagues in the state. The Workshops' objective was to help these members discover ways to engage with the League and to enhance League impacts in communities. Among the subjects covered were voter engagement through

VOTE411.org and election-related activities, the LWV-VA's engagement with state legislators through the weekly Women's Legislative Round Tables during the Virginia General Assembly, and engaging with local governing bodies

through Observer Corps. LWV-VA, a non-partisan political organization, encourages participation in government and works to increase understanding of major public policy issues. Visit www.lwv-va.org.





Senior Living

OCTOBER 2017

PHOTO BY JULIA MACINNIS PHOTOGRAPHY

Household Re-Forms, and Looks Forward

Sun Design Remodeling's in-law addition complements existing architecture.

BY JOHN BYRD

Julia grew up in the Fort Hunt section of Alexandria in a close-knit family. She started dating a neighbor's son, Jack MacInnis, while still in high school and, in time, the two friends married. In the late 1990s Julia's father, Don Clark, died leaving her mother, Lita Clark,

alone in the family home. A survivor of the Japanese occupation of the Philippines, Clark (as always) remained upbeat, independent; a loving mother and friend.

Fast forward a few years and Jack and Julia MacInnis own a house not far from Clark with whom they are in daily contact. Then, in 2010 — with two sons growing quickly — the couple purchased a four-bed-

room contemporary on a 1.5 acre lot in Fairfax. It's only a half hour drive from Clark, but the timing for a larger house was just right.

In the intervening years, Clark (who turns 84 this month) would visit the MacInnis residence regularly, often staying over one or two nights a week.

At this stage, the three of them began actively planning ways to augment the household by building an in-law suite on some part of the existing property. Eventually, attention focused on a side elevation of the existing house which offered views

of surrounding wooded acreage.

THE LOT ITSELF presented challenges. The grade sloped radically on the northeast side where the lower-level (the intended site for the new in-law addition) exited from a pair of sliding glass doors to a small deck. Because of the slope, there were potential water run-off problems; also, Fairfax County's building code required that any new construction had to allow for a full 25 feet of "set-back" from the rear of the prop

SEE LOOKING FORWARD. PAGE 8

Home of the \$6,850 Bathroom Remodel
From Now to WOW in 5 Days Guarantee
TWO POOR TEACHERS
 Kitchen and Bathroom Remodeling

10% down nothing until the job is complete for the past 17 years




Select your products from our Mobile Showroom and Design Center
 Fully Insured & Class A Licensed Since 1999
 LEAD SAFE SEPA CERTIFIED FIRM

Free Estimates
703-214-8384 Visit our website: www.twopoorteachers.com

LONG TERM CARE
MEDICAID APPLICATION SUPPORT
 by Nelson-Childers, Inc.

We know how stressful, challenging, and costly it can be when a loved one needs full time skilled care. You may want to apply for Medicaid. We can help.



Set up a **FREE CONSULTATION**
www.Nelson-Childers.com
(703) 999-3499

Looking Forward and

FROM PAGE 7

erty.

“We knew an addition of this size on this grade was going to require careful engineering,” said Craig Durosko, whose firm Sun Design Remodeling found both the design and structural solutions that would make the project feasible. “Still, it’s helpful when the homeowners are proactive in the decision-making process at every juncture.”

Added Julia MacInnis: “We were looking for a plan that would provide privacy and independence for Mom, yet also fully incorporate her into the household. We’ve functioned as a family for our entire lives. Mom helped to raise the boys, and she was raised in a multi-generational culture. We saw this change as a way of creating an expanded environment that would work for everyone far into the foreseeable future.”

Clark’s new suite would be a 580-square-foot annex constructed outside the existing house directly parallel to the lower level. A sliding glass door that accesses the outside would be converted into an interior pocket door that opens into a downstairs recreation room.

The space plan would consist of a 17-foot-by-17-foot master bedroom surrounded by windows on three sides, a master bath with a walk-in shower and heated floors, and a



At 580 square feet, the new suite is seamlessly married to the original house with matching siding, fascia, soffits, gutters and downspouts.

sitting room/kitchenette equipped with a small refrigerator, a sink and a microwave. The sitting area includes a bistro table for four with a view of the surrounding woodland. The entire household, nonetheless, share meals and kitchen duties together every day. By the same token, Julia and Jack MacInnis and sons (Jackson and Harry) are free to drop-in on Clark just about any time.

“It’s a very comfortable, harmonious arrangement,” Clark said. “Very much what we hoped for.”

That said, engineering the suite’s durable footprint was something of a feat.

“Because of the site’s grading, we ended up designing a slab foundation with both stem walls and integral footings,” said John Benedetto, the addition’s lead designer. “To



We built our services at The Kensington to honor the uniqueness of our residents

We believe that every one of our residents is an invaluable source of information. Oh, how grateful we are! Their variety of personality, preferences and needs inspired us to develop a suite of services that not only accommodates them but also sets us apart from other care providers. For example, high staff-to-resident ratios that exceed industry standards help deepen connections between caregivers and residents. Pocket programs—small-group activities tailored to different interests and abilities—provide opportunities for friendship and boost a sense of mastery. Complimentary meals for family and friends make dining together a real treat. There’s more to share....

Call or visit today. Ask about other services available exclusively at The Kensington Falls Church.



THE KENSINGTON
An Assisted Living Community
FALLS CHURCH

703.992.9868 | 700 West Broad St, Falls Church, VA 22046
www.TheKensingtonFallsChurch.com

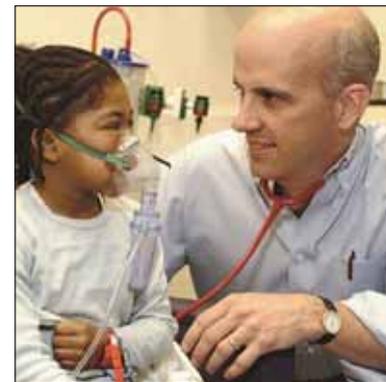


Harvest Open House

Saturday, October 21, 2017 from 1pm-3pm

Family & Friends Welcome • Tours • Refreshments
RSVP to 703-992-9868 or conciergefs@kensingtonsl.com

A Gift That Pays You Income!



Charitable Gift Annuity

Age: 75	\$25,000
Fixed Annual Payments at 5.8%*	\$1,450
Tax-free portion of Payments	\$1,114
Income Tax Deduction	\$11,294
Effective Annuity Rate**	8.21%

*Rate as of October 2017 based on age.

**Includes all tax savings. www.childrensnational.org/planagift



Children's National. 301-565-8524

Call today!

Rita S. Corwin



Adopt/Donate/Volunteer

www.lostdogandcatrescue.org

SENIOR LIVING

Staying Put

assure structural integrity, there were two concrete pours: one to form the stem walls on the new addition's left side; a second to form the slab with integral footings on which the addition is built."

Footings are placed 30-inches below grade; the slab itself is approximately one foot above grade. The goal: assure that the weight of the new structure is adequately supported — soil compaction being a key part of the equation.

FOR ALL THE DEFT engineering, it's the suite's interior that proves memorable. The three primary living areas were designed specifically to profile heirlooms, furnishings and other personal items that Clark brought from the Fort Hunt residence.

"There were two twin beds that had been in the family for years," Julia MacInnis said. "A chest of drawers, an old vanity. Sun Design used these pieces as focal points for shaping the bedroom and sitting room. And it's not just that everything fits well ... but also that the floor plan is well-rationalized.

The twin beds, for instance, fit perfectly under high windows that assure privacy, yet allow a lot of natural light. Overall, the entire suite is spacious, and quite comfortable."

On that note, the new addition has been fitted with a mini-split HVAC unit that allows Clark to adjust the suite's temperature to her requirements. Meanwhile, the bathroom has a heated floor with its own thermostat.

The addition's exterior elevations are blended with the existing house. Vinyl siding, fascia and soffits, gutters, and downspouts are all matched. Low-E Argon glass vinyl windows allow for abundant natural light and views while keeping temperatures where the thermostat requires.

In all, a comfortable accommodation ... in a thriving household.

Sun Design Remodeling frequently sponsors tours of recently remodeled homes as well as workshops on home remodeling topics. Headquartered in Burke, they have a second office in McLean. Call 703-425-5588 or visit SunDesignInc.com.

John Byrd (byrdmatx@gmail.com) has been writing about home improvement for 30 years.



Residents since 2012 & 2015

At Westminster at Lake Ridge, a vibrant and exciting world awaits you. The retirement lifestyle you deserve is shared with the active and engaged friends and neighbors who make our community home, all with peace of mind that comes with on-site health care.



Now accepting wait list deposits.
Call 703-791-1100 or visit us today!

Westminster at Lake Ridge is a CARF accredited, not-for-profit, continuing care retirement community.



703-791-1100 | www.wlrva.org
12191 Clipper Drive | Lake Ridge, VA



Preview the Very Best in Care

Join us to see the newly decorated model suites of our upcoming community—and take a tour of the historic Silas Burke House. While you're here enjoy light refreshments and meet our friendly team, who can tell you more about our personalized approach to care and services.



YOU'RE INVITED TO OUR MODEL OPEN HOUSE

Every Saturday
10:00 a.m.–4:00 p.m.

At Sunrise at Silas Burke House, we'll offer:

- Assisted living and memory care
- Personalized activities and programming
- Three delicious meals served daily
- Convenient location near INOVA Fairfax Hospital
- Nearby dining and shopping at Burke community center

Stop by or call **571-290-4973** to schedule a tour.

OPENING EARLY 2018

Sunrise at Silas Burke House

9619 Burke Lake Road, Burke, VA 22015

SunriseSilasBurkeHouse.com/Connections



©2017 Sunrise Senior Living, Inc.

Carnival, Crafts, Music, Food and Fun

Fairfax Fall Festival is Saturday, Oct. 14.

BY BONNIE HOBBS
THE CONNECTION

Handmade crafts, live music, children's entertainers, carnival rides, beer gardens, and food for every palate – it'll all be offered at the 41st annual Fairfax Fall Festival. It's slated for Saturday, Oct. 14, from 10 a.m.-8:30 p.m., in downtown Fairfax and admission is free.

Vendors will end at 5 p.m., but the carnival continues until 8 p.m. And an after-hours music concert in Old Town Square, at University Drive and North Street, will run from 5:30-8:30 p.m. With so many activities planned, the festival offers something for everyone.

"Our City's Fall Festival is a great celebration of the many civic organizations that make the City of Fairfax an outstanding community," said Mayor David Meyer. "The festival has many vendors who offer unique and creative products and services that attendees embrace. This event is one of our finest traditions and is always fun for people of all ages. We welcome everyone to be part of this great experience."

Crafts booths and displays will line both sides of University Drive, Main Street and Sager Avenue, where hundreds of juried fine artisans will sell their handmade works. Items will include jewelry, dolls and toys, quilts, woodcrafts, needlework, pottery, vases, wind chimes, paintings and photography.

Food offerings – from booths as well as specialty food trucks – will include burgers, fries, chicken, chili, barbecue, Thai food, kettle corn and ice cream. There'll be two food courts; one will be at University Drive and Sager Avenue, and the other will be at University Drive next to the SunTrust Bank parking lot at 4020 University Drive.

Three beer gardens are also on tap: At the Main Stage at University Drive and South Street, in Old Town Square, and at University Drive and Sager Avenue.

The festival fun also includes a community market, business expo and Touch-a-Truck. Presented by Fairfax City Parks & Recreation and Department of Public Works, Touch-a-Truck will be on University Drive near Armstrong Street and will enable children to see and explore City of Fairfax work vehicles and equipment. There'll also be a Harley Davidson show-and-tell, plus a baby rest stop at Sager Avenue.

Children's Stage

The Children's Stage will be in the SunTrust Bank parking lot at 4020 University Drive. The entertainment lineup is as follows: 10:30-11:45 a.m., Bach2Rock; noon-12:30 p.m., eMotion Dance and fitness; 1-1:45 p.m., Rocknoceros; 2-2:45 p.m., Mad Science; 3-3:45 p.m., Groovy Nate (a blend of music, puppet skits, inter-



Children enjoy the carnival rides at a past festival.

active movement and comedy); and 4-4:30 p.m., Turley the Magician.

The carnival rides will be in that area, too, as well as face painting, balloon art and fake tattoos.

Main Stage

The Main Stage and beer garden, at South Street and University Drive, will feature live music from 11 a.m.-5 p.m. Performing will be: 11 a.m.-1:30 p.m., The Reflex, a 1980s tribute band; and 2:30-5 p.m., Three Sheets to the Wind, performing yacht rock and AM-radio gold classics from the 1970s and '80s.

Old Town Square

Performing in Old Town Square will be: 10 a.m.-11:30 a.m., Glen Shelton, singing today's most popular country-music songs; 12:30-3 p.m., Darcy Dawn & Co., a rock/pop band with performance styles similar to One Republic, Amy Winehouse and Arctic Monkeys; and 3:30-5 p.m., Matt Davis, hypnotist, with an interactive show suitable for all ages.

Also in this area will be a petting zoo, mechanical bull and baseball pitch game.

Late Night Concert

The fun continues in Old Town Square, from 5:30-8:30 p.m., when My Hero Zero takes the stage. Described as acoustic pop meeting indie punk, this band is billed as reminding audiences why they fell in love with live music in the first place.

Old Town Hall

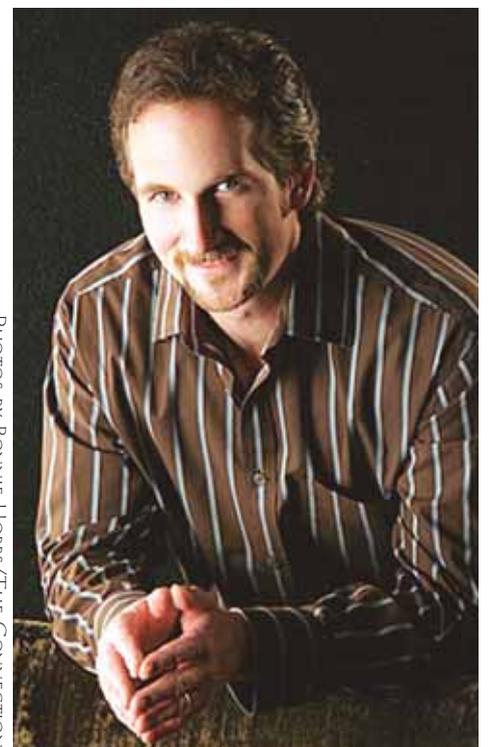
Old Town Hall, at 3999 University Drive, will host Fall for the Book, presented by the Fairfax Commission on the Arts and featuring children's authors and activities. Fami-

lies will enjoy storytellers, an interactive event and a special illustrators' workshop.

Upstairs, the Fairfax Art League will offer hands-on painting workshops for everyone. And local business, Paint Your Own Pottery, will be on the Old Town Hall porch to present a free, interactive, pottery-and-plaques workshop.

Open Houses

There'll also be open houses at Fire Sta-



PHOTOS BY BONNIE HOBBS/THE CONNECTION

Glen Shelton will sing today's popular country songs.

tion 3, 4081 University Drive, 10-5 p.m., including Sparky's Harvest Bash, educating children on fire prevention and safety; City of Fairfax Museum and Visitor Center, 10209 Main St., 9 a.m.-5 p.m.; and Ratcliffe-Allison House, 10386 Main St., 10 a.m.-4 p.m., guided tours;

Historic Blenheim and Civil War Interpretive Center, 3610 Old Lee Hwy.; gallery and interpretive walking trail, self-guided tours, noon-4 p.m., and historic house (first floor) and guided, site tour at 1 p.m.

Fairfax Circuit Court Historic Courthouse and Records, at 4000 Chain Bridge Road, will also be open for tours from 10 a.m.-3 p.m. Documents on display will include pages from George and Martha Washington's original wills.

Parking

Parking will be available at The Judicial Center parking garage B on Page Avenue and the Old Town Village parking garage (Chain Bridge Road between Whitehead and North Street). Or attendees may take handicap-accessible shuttle buses from Fairfax High, 3501 Rebel Run, and GMU's Rappahannock Parking Deck, 4400 University Drive, from 9:30 a.m.-5:30 p.m. Handicapped parking is at City Hall, 10455 Armstrong St. (accessed via Chain Bridge Road) and Old Town Village parking garage on Chain Bridge Road.

Additional Information

First aid stations will be at the entrance to Old Town Hall and at Fire Station 3. Pets are kindly discouraged at the festival. The main sponsors are HB Home Services, Fair City Mall, Omega World Travel and the Fairfax Commission on the Arts. For more information, call 703-385-7858 or see www.FairfaxFallFestival.com.



Map of the Fall Festival activities and attractions.

NEWS

Movie Classics in Spanish Air for Hispanic Heritage Month

Fairfax County's own nonprofit cable network, Fairfax Public Access (FPA), will present a series of Spanish language versions of young people's movies, based on literary works, in recognition of Hispanic Heritage Month (Sept. 15 - Oct. 15). The specials will air on FPA Channel 36. The FPA cable network is carried by Verizon FiOS TV and Cox Communications throughout Fairfax County, and by Comcast in Reston.

The Spanish language versions of the films based on well-loved novels include "El Libro de la Selva" ("The Jungle Book," 1942), based on the novel by Rudyard Kipling; "La Pimpinela Escarlata" ("The Scarlet Pimpernel," 1934), based on the novel by Baroness Orczy; "La Pequeña Princesa" ("The Little Princess," 1939), based on the novel, "A Little Princess," by Frances Hodgson Burnett; and "Los Viajes De Gulliver" ("Gulliver's Travels," 1939) based on the works of Jonathan Swift.

Fairfax County School Board Providence District Representative Dalia Palchik (whose native language is Spanish) announced at the School Board's Sept. 28 meeting that the special movies, based on literary works, are being presented in celebration of Hispanic Heritage Month by the Fairfax cable network.

"It is our hope that these movies will pique our young people's interest, motivating them to read the original literary works upon which the movies are based," states FPA Executive Director Chuck Peña.

The complete schedule of the movies is available at fcac.org/spanish.movies.2017



Transform 66 Outside the Beltway Fairfax County & Prince William County Design Public Hearings

All hearings at 6-8:30 p.m. Brief presentation at 7 p.m.

Monday, November 13, 2017
for project segment from Route 50 to I-495
Oakton High School Cafeteria
2900 Sutton Road, Vienna, VA 22181

Tuesday, November 14, 2017
for project segment from Route 29 to Route 50
Stone Middle School Cafeteria
5500 Sully Park Drive, Centreville, VA 20120

Thursday, November 16, 2017
for project segment from Gainesville to Route 29 in Centreville
Piney Branch Elementary School Cafeteria/Gym
8301 Linton Hall Road, Bristow, VA 20136

Find out about plans to transform 22.5 miles of I-66 from I-495 (the Capital Beltway) to University Boulevard in Gainesville to provide congestion relief and enhanced safety, as well as new travel choices and reliability. The project will include two new express lanes alongside three regular lanes in each direction, new and expanded transit service and park-and-ride lots, and interchange improvements. For exact locations of project segments, see design plans.

Stop by between 6 p.m. and 8:30 p.m. to view the design plans submitted by I-66 Express Mobility Partners, VDOT's selected partner for the project, and learn more about the proposed improvements. Attend the formal presentation at 7 p.m., followed by a public comment period. VDOT and I-66 Express Mobility Partners staff will be available to answer your questions during the open house.

Review project information, including design plans, project schedule, and environmental, right of way and civil rights information, at www.Transform66.org, at the hearings, or at VDOT's Northern Virginia District Office at 4975 Alliance Drive, Fairfax, VA 22030 beginning October 13, 2017. Please call 800-FOR-ROAD (800-367-7623) or TTY/TDD 711 to ensure the availability of appropriate personnel to answer your questions.

Give your oral or written comments at the hearings. You may also email comments to Transform66@VDOT.Virginia.gov or mail them to Susan Shaw, P.E., Megaprojects Director, at the VDOT Northern Virginia District Office address above. Please reference "Transform 66 Outside the Beltway" in the subject line. Comments must be postmarked, emailed or delivered to VDOT by November 29, 2017 to be included in the public hearing record.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights at 703-259-1775 or TTY/TDD 711.

State Project: 0066-96A-497 UPC: 110741

You can read any of this week's 15 papers digital editions here:

www.ConnectionNewspapers.com/PDFs



Burke
GARDEN CENTRE
703-323-1188

**Pumpkins, Corn Stalks, Cider,
Jams & Jellies, Apples,
Halloween Decorations**

**Huge
Stock
of
Hardy
Mums!**



**Plus
Winter
Pansies,
Ornamental
Cabbage
& Kale!**



Presenting Our 23rd Annual
**FALL FESTIVAL
& Pumpkin Playground**

**OCT. 1-
OCT. 31**

*Pumpkins, Hayrides
& Family Fun!*

Mon-Thu 9-8, Fri-Sat 9-9, Sun 9-8 (Weather Permitting)
Admission \$10.00 M-F; \$14.00 SAT-SUN & OCT. 9
WEEKDAY GROUP TOURS. SEASON PASSES AVAILABLE

- Excellent selection of trees and shrubs
- Annuals, Perennials, Herbs
- Landscape Services
- Mulches, Soils and Seed



\$5⁰⁰ OFF

Purchase of \$50 or More

One coupon per customer, per day. Not valid with any other offers. Not valid on sale items or landscape design services. Merchandise only, not valid with Fall Fest admissions Expires 10/31/17

\$10⁰⁰ OFF

Purchase of \$100 or More

One coupon per customer, per day. Not valid with any other offers. Not valid on sale items or landscape design services. Merchandise only, not valid with Fall Fest admissions Expires 10/31/17

9401 Burke Road • Open Daily 8-7
www.burkenursery.com

COMMUNITY OF WORSHIP



Worship Gathering - Sunday 8:45 & 11 AM
Sunday School 10:10 AM
Sun. Evening - Realtime Worship & Youth 6 PM
Family Night - Wednesday 7:15 PM
Home Life Groups, College/Young Adult Ministries, and Living Free Support Groups
Visit our Website: www.jccag.org
4650 Shirley Gate Road, Fairfax
Bill Frasnelli, PASTOR 703-383-1170



**To Advertise Your
Community of Worship,
Call 703-778-9418**

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

THROUGH OCTOBER

Fall Festival and Pumpkin

Playground. Various times at Burke Nursery & Garden Centre, 9401 Burke Road, Burke. Weekdays is \$10 per person and the weekend price is \$14 per person. Call 703-323-1188.
Pumpkin Patch. 10 a.m.-7 p.m. at the St. George's United Methodist Church, 4910 Ox Road, Fairfax. Buy fall pumpkins and decorative gourds grown by Native American farmers to support jobs in a high unemployment area in Arizona. Email office@stgumc.org or call 703-385-4550.

FRIDAY/OCT. 6

B-I-N-G-O. 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. The Fairfax Volunteer Fire Department hosts smoke free Bingo, \$1000 guaranteed jackpot, treasure chest progressive raffles, and food available for purchase. All proceeds go to purchasing fire & rescue equipment. Visit www.fairfaxvfd.com, or call 703-273-3638.

SATURDAY/OCT. 7

She Rocks the World. 9 a.m.-3:30 p.m. at George Mason University, 4400 University Drive, Fairfax. 2017 Virginia Girls' Summit, teenage girl forum. Visit www.sherockstheworld.org/.
Walking Tour of Old Town Fairfax. 10-11:30 a.m. at Historic Fairfax Courthouse, 4000 Chain Bridge Road, Fairfax. Tour includes include a short tour of the Ratcliffe-Allison House, 10386 Main St. \$10/adults; \$5/youth, ages 6-12, children 6 and under are free. Family rate (three or more) \$25. For reservations, call Fairfax Museum and Visitor Center at 703-385-8414.
Country-Western Dance. 6:30-10 p.m. at Accotink Unitarian Universalist Church, 10125 Lakehaven Court, Burke. A Northern Virginia Country-Western Dance Association dance. Admission for NVCWDA members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. Visit www.nvcwda.org or call 703-860-4941.
Taste of Fall Feast. 7 p.m. at Stacy C. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. An evening filled with food, entertainment, and a live and silent auction to raise funds to help parents, children and individuals in Fairfax County and City who suffer the effects of poverty. Attendees at the fundraiser can sample food and drink from a variety of Fairfax-area restaurants, wineries and breweries while enjoying music by Pan Masters Steel Orchestra. \$50. Visit www.FACETSCares.org.
Meet the Artist. 7-9 p.m. at the Village Gallery, 3950 University Drive, Fairfax. Angelika Schäfer will be on hand to discuss "TransFormations: A Visual Diary." Visit www.fairfaxartleague.net or call 703-587-9481.

Country-Western Dance. 6:30-10 p.m. at Accotink Unitarian Universalist Church, 10125 Lakehaven Court, Burke. A Northern Virginia Country-Western Dance Association dance. Admission for NVCWDA members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. Visit www.nvcwda.org or call 703-860-4941.

Taste of Fall Feast. 7 p.m. at Stacy C. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. An evening filled with food, entertainment, and a live and silent auction to raise funds to help parents, children and individuals in Fairfax County and City who suffer the effects of poverty. Attendees at the fundraiser can sample food and drink from a variety of Fairfax-area restaurants, wineries and breweries while enjoying music by Pan Masters Steel Orchestra. \$50. Visit www.FACETSCares.org.

Meet the Artist. 7-9 p.m. at the Village Gallery, 3950 University Drive, Fairfax. Angelika Schäfer will be on hand to discuss "TransFormations: A Visual Diary." Visit www.fairfaxartleague.net or call 703-587-9481.

OCT. 7-8

Fall Festival. 10 a.m.-4 p.m. at the Whitehall Farm, 6080 Colchester Road, Fairfax. Featuring a large corn maze in the shape of a chicken, pumpkin patch, farm animals, inflatable bounce houses, hay ride, and nature trail. \$12, active duty military and their families receive \$2 off per ticket. Visit whitehall.farm.



Fall Festival

Weekends through October the Fall Festival is happening at the Whitehall Farm, 6080 Colchester Road, Fairfax. Featuring a large corn maze in the shape of a chicken, pumpkin patch, farm animals, inflatable bounce houses, hay ride, and nature trail. \$12, active duty military and their families receive \$2 off per ticket. Visit www.whitehall.farm.

SUNDAY/OCT. 8

America in World War I Lecture. 2 p.m. at Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. George Mason University professor, Dr. Harry A. Butkowsky will discuss America's entry into World War I in 1917. Free. Call 703-385-8414.

MONDAY/OCT. 9

Funday Monday. 10:30 a.m. at Old Town Hall, 3999 University Drive, Fairfax. Music, movement, storytelling, performances, and crafts. Free. Call 703-385-7858 or visit www.fairfaxva.gov/culturalarts.

TUESDAY/OCT. 10

Story Time. 10:30 a.m. at Old Town Hall, 3999 University Drive, Fairfax. Story Times at Old Town Square for children every Tuesday morning. Call 703-385-7858 or visit www.fairfaxva.gov/culturalarts.

OCT. 11-14

Photography Exhibit. Various times in the Center for the Arts lobby on George Mason University, 4400 University Drive, Fairfax. "Slavery in Northern Virginia" photo exhibit by Osher Lifelong Learning Institute's Photography Club. Visit www2.gmu.edu/.

THURSDAY/OCT. 12

Art and Lunch. 10:30 a.m.-2:30 p.m. at Old Town Hall, 3999 University Drive, Fairfax. Fairfax Art League event, bring lunch and enjoy the company of other artists. Visit www.fairfaxartleague.net.

Making America Green Lecture. noon at George Mason University HUB Ballroom, 4400 University Drive, Fairfax. Mark Jacobson, a renowned climate scientist, Stanford professor, and science director of Mark Ruffalo's Solutions Project, will detail his vision and plan for 100 percent renewable energy in the U.S. by 2050. Free. Email dkeubric@gmu.edu.

FRIDAY/OCT. 13

Poetry Night. 6-9 p.m. at the Epicure Café, 11104 Lee Hwy, Fairfax. An evening of poetry by Shara McCallum

author of Madwoman, Jenny Johnson, author of In Full Velvet, and Debra Nystrom, author of Night Sky Frequencies and Selected Poems. Visit www.fallforthebook.org.

OCT. 13-14

Fairfax City Ghost Tours. 7-8:30 p.m. at Old Town Square, 10415 North St., Fairfax. Stories of the spirited individuals who may still roam Old Town Fairfax. Comfortable walking shoes advised. Cider and treats provided. \$15. Ages 12 and up. Call 703-385-7858 or email parksrec@fairfaxva.gov.

SATURDAY/OCT. 14

Special Treasures and Used Book Sale. 9 a.m.-2 p.m. at the Church of the Good Shepherd, 9350 Braddock Road, Burke. Houseware, furniture, sports equipment, toys, decor, small electronics, collectibles. Call 703-323-5400.

Fairfax Fall Festival. 10 a.m.-8:30 p.m. at Old Town Fairfax, Route 123 and Route 236, Fairfax. Over 400 arts, crafts, information, food vendors, children's activities and three stages of music and entertainment for all ages. Visit www.fairfaxva.gov.

Bunny Man Lecture. 11 a.m.-1 p.m. at City of Fairfax Regional Library, 10360 North Street. County Archivist and Bunny Man expert, Brian Conley, will talk about the legend of the Bunny Man which has captivated Northern Virginia fear-seekers for over four decades. Visit www.fairfaxcounty.gov/library/events/ or 703-293-6227.

Anniversary Open House. 1-6 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Celebrate the 30th Anniversary of the Fairfax Station Railroad Museum opening at its present location. Museum members and age 4 and under, free; ages 5-15, \$2; 16 and older, \$4. \$5 for Special Events. Visit www.fairfax-station.org, www.facebook.com/FFXSRR or call 703-425-9225.

Benefit Musical. 6:30 p.m. at the The Historic Sydenstricker Schoolhouse, 8511 Hooes Road, Springfield. Friends of Sydenstricker Schoolhouse will hold a fundraising event at the Schoolhouse featuring a special musical performance by the Rossi Family and a performance of Will Rogers' USA, a one-man show performed by Rob Cork. Visit www.sydenstrickerschoolhouse.org.

OCT. 14-15

Fall Festival. 10 a.m.-4 p.m. at the Whitehall Farm, 6080 Colchester Road, Fairfax. Featuring a large corn maze in the shape of a chicken, pumpkin patch, farm animals, inflatable bounce houses, hay ride, and nature trail. \$12, active duty military and their families receive \$2 off per ticket. Visit whitehall.farm.

SUNDAY/OCT. 15

Rose Display. 2-4 p.m. at Merrifield Garden Center- Fair Oaks, 12101 Lee Highway, Fairfax. Arlington Rose Foundation hosts seminar on new and interesting roses for next year's garden. Free. Call 703-371-9351 or email arfinformation@aol.com.

OCT. 16-19

Halloween Costume Exchange. Drop off various times at Sherwood Center, 3740 Old Lee Highway, Fairfax. Pick up new costume on Friday, Oct. 20 from 6-9 p.m. Drop off gently used and clean Halloween costumes Monday through Thursday, and come pick up a great second hand costume for this year on Friday. Visit www.fairfaxva.gov/culturalarts.



PHOTOS BY MARK MOGEL/THE CONNECTION

Members of the Potomac Patriots hockey team greet finishers at the 13th Down Syndrome Association of Northern Virginia Buddy Walk Oct. 1 at George Mason University in Fairfax.

Buddy Walk 2017

DSANV event raises funds, awareness for Down syndrome.

BY JEANNE THEISMANN
THE CONNECTION

At 10 months old, Emma Laukhuf isn't old enough to walk. But that didn't stop her from joining hundreds of others in the 13th annual Down Syndrome Association of Northern Virginia's Buddy Walk Oct. 1 on the campus of George Mason University.

Emma, born last December with Down syndrome, was carried along the Mason Pond course by her parents Kent and Dana. Surrounding the family were dozens of supporters as part of Team #EmmaStrong, which helped raise funds for programs to assist individuals with Down syndrome in the Northern Virginia area.

"We have been abundantly blessed by the Down Syndrome Northern Virginia team, who have welcomed us with open arms," said Dana Laukhuf. "DSANV was an important part of our life during prenatal diagnosis and continues to be a huge support to us today. We are proud to walk with Emma and our new friends in an effort to give something back."

Team #EmmaStrong raised

over \$1,900 through the Buddy Walk, which supports the local programs and services that DSANV provides to individuals with Down syndrome and their families living in Northern Virginia. A portion of the funds raised are directed towards the national advocacy initiatives of the National Down Syndrome Society.

Locally, DSANV services includes: helping families adjust to the birth of a child with Down syndrome; provides individuals with Down syndrome and their families with educational, financial, medical, legal and social support and resources; provides social and educational events for individuals with Down syndrome and their families; works to increase community awareness of the capabilities and contributions of individuals with Down syndrome; provides financial support to families in need with camp scholarships, conference scholarships and donations of durable medical equipment; and supports local organizations that provide services to individuals with Down syndrome.

For more information, visit www.dsanv.org.



Team Emma Strong poses for a photo following the DSANV Buddy Walk Oct. 1 in Fairfax. Emma Laukhuf, daughter of Kent and Dana Laukhuf, was born last December with Down syndrome.

11

VIRGINIA

2017

Special VIP Offer for your Toyota

BUY 3 TIRES AND GET ONE FREE

BONUS: ADD A 4 WHEEL ALIGNMENT FOR \$39.95

SEE SERVICE ADVISOR FOR DETAILS. **GOT TIRES?**

INCLUDES ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY INSPECTION.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/17

Jack Taylor's
ALEXANDRIA TOYOTA

3750 Jefferson Davis Hwy
Alexandria, VA 22305
703-684-0710
www.alexandriatoyota.com

CHECK ENGINE LIGHT DIAGNOSIS NO CHARGE

INITIAL DIAGNOSIS

WE WILL RETRIEVE VEHICLE CODES & GIVE YOU AN ESTIMATE OF REPAIR COSTS.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/17

Jack Taylor's
ALEXANDRIA TOYOTA

TOYOTA ServiceCenters
Let's Go Places

31 YEARS OF RECEIVING THIS HONOR.
1 OF 4 DEALERSHIPS IN THE NATION TO RECEIVE THIS HONOR.

Service & Parts Dept. Hours:
Monday - Friday, 7:00am to 9:00pm
Saturday, 8:00am to 5:00pm

YOU HAVE SATURDAY OFF. THAT'S EXACTLY WHY WE DON'T!

ToyotaCare Customers
Don't Forget Your **FREE** Service.
5,000 • 10,000 • 15,000 • 20,000 • 25,000 Mile Services
Call your ASM for details
ToyotaCare Plus \$329⁰⁰
Covers up to 4 years/45,000 miles

BASIC LUBE, OIL & FILTER CHANGE SERVICE

\$29⁹⁵ NON-SYNTHETIC
\$44⁹⁵ SYNTHETIC

Includes: Genuine Toyota oil filter, up to 5 qts of conventional oil*, inspect windshield wipers, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/17

BRAKE SPECIAL \$79⁹⁵

INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. Pads only.
MACHINE ROTORS ADDITIONAL

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/17

SIGHT LINE WIPER BLADES \$10 OFF

Sight Line only.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA. PARTS CENTER ONLY. 9000 THRU 11/30/17

FREE BATTERY CHECK-UP

Check cold cranking amps and visual inspection of battery condition. Includes battery condition print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/17

4 WHEEL ALIGNMENT \$64⁹⁵

Your car's alignment suffers, and can cause uneven tire wear and steering problems.
INCLUDES: Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/17

15% OFF ANY ONE REPAIR

Maximum Discount \$200.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/17

SPECIAL OFFER TRUESTART BATTERY \$99⁹⁵

INCLUDES BATTERY INSTALLATION
Includes: 84 month warranty, 24 month **FREE** replacement, 24 month **FREE** roadside assistance.
Does not apply to hybrid batteries.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/17

Check your windshield. Does your sticker say **10/17, 11/17, or 12/17?** If so, your VA Safety Inspection is now due

VIRGINIA STATE INSPECTION FREE

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/17

Jack Taylor's
ALEXANDRIA TOYOTA

CALL FOR AN APPOINTMENT AT **703-684-0710** OR SCHEDULE ONLINE AT **ALEXANDRIATOYOTA.COM**

Announcements

We pay top \$ for STERLING,
MEN'S WATCHES,
JEWELRY, COSTUME JEWELRY,
FURNITURE, PAINTINGS AND CLOCKS.

Schefer Antiques
703-241-0790
theschefers@cox.net

Employment

Medical Office Billing /Office Assistant
Busy pediatric practice in Fairfax has PT opening, 7-3, 3 days/week, occasional Saturdays.
No experience necessary.
Call Erika at 703-691-4700, ext. 205

Legals

ABC LICENSE
KRG JCS, LLC trading as Joe's Crab Shack, 12831 Fair Lakes Parkway, Fairfax, VA 22033-3807. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer/Mixed Beverage Restaurant On-Premises license to sell or manufacture alcoholic beverages. Michael R. Kelly, Manager. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Announcements

Computers

HDI COMPUTER SOLUTIONS
JENNIFER SMITH
Serving the Area Since 1995



- > Speed Up Slow Computers
- > Virus Removal
- > Computer Setup
- > Help with Windows 8

571-265-2038
Jennifer@HDIComputerSolutions.com

Legals

ABC LICENSE
CL & G, Inc. trading as Joongmi, 7630 Little River Turnpike, Suite LL-100, Annandale, VA 22003-2610. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine & Beer/Mixed Beverage on Premises Restaurant license to sell or manufacture alcoholic beverages. Euihook Chung, President. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Announcements

Lifetime ROOFING
by VA CAROLINA BUILDINGS, INC

FACTORY DIRECT WE FINANCE...

CALL 800-893-1242 SINGLE WIDES DOUBLE WIDES HOUSES

WWW.METALROOFOVER.COM

Announcements

Donate A Boat or Car Today!

BoatAngel

"2-Night Free Vacation!"

800-700-BOAT (2628)

www.boatangel.com

sponsored by boat angel outreach centers STOP CRIMES AGAINST CHILDREN



NEWS

'Fall for the Book' Festival Returns

BY DAVID SIEGEL
THE CONNECTION

Celebrate the joy of books in their many genre at Northern Virginia's flagship book festival, the "Fall for the Book." Returning for its 19th year, the Festival aims to connect readers of both print and digital books, with about 150 authors, poets, historians, graphic novelists expected at this year's event.

With a format of interactive workshops, readings, award celebrations and special hands-on activities, "Fall for the Book" wants to encourage cultural growth and knowledge through active reading. This year's book festival is expected to attract 20,000 attendees. Events are free.

"There will be abundant opportunities for book signings," said Festival Manager Suzy Rigdon-Williams. This year's event will even include food trucks. The festival will partner with the City of Fairfax's "Fall Festival" as well.

National headliner authors include Colson Whitehead, author of "The Underground Railroad," winner of a 2016 National Book Award. Lev Grossman ("Magicians" trilogy), poet Ellen Bryant Voigt ("Headwaters"), writer David Shields ("Other People"), novelist Karan Mahajan ("The Association of Small Bombs"), poet Tarfia Faizullah ("Seam") and Mohsin Hamid ("Exit West") will participate as will Jennine Capo Crucet ("Make Your Home Among Strangers") about a young woman bridging two cultures.

Local Northern Virginia authors will be well represented at the book fest.

L.M. Elliott (Northern Virginia) author of Young Adult historical fiction such as "Suspect Red" will be at the festival. "Young readers are sophisticated. From reading historical fiction they can learn about the past and how the past is relevant to their own lives



COURTESY OF THE ARTIST
Zach Powers



COURTESY OF THE ARTIST
L. M. Elliott



COURTESY OF THE ARTIST
Jason Rodriguez

Where & When

"Fall for the Book" at George Mason University, 4400 University Drive, Fairfax, and locations around Northern Virginia. Events are Oct. 11-14, 2017. Events are free; tickets not required. For details and full schedule call 703-993-3986 or visit www.fallforthebook.org. There is also a digital "Fall for the Book" app available at www.fallforthebook.org.

on issues that matter to them, such as injustice and xenophobia."

Zach Powers (Fairfax) author of a short stories collection, "Gravity Changes," will be participating. "The Festival has a national reputation. Having it in our backyard is a huge benefit. As an author, it lets me connect with readers and writers. I always find inspiration in meeting other writers and readers."

Jason Rodriguez (Arlington) who creates graphic novels about the underrepresented in America will have several sessions at the book festival. "I focus on using graphic novels to talk about social justice and historical challenge," said Rodriguez. "I want to inspire and provide youth with tools to tell their own stories. Right now I am focusing on Hispanic American issues."

"Fall for the Book" is a home-grown Northern Virginia event offering attendees of all ages and interests opportunities to meet writers; already admired or newly discovered in the company of other book lovers.



Advocating for Solar Panel Installation on Public Schools

On Thursday, Sept. 28, more than 40 Fairfax County residents attended the Fairfax County School Board meeting in support of students delivering presentations and 1,545 petition signatures, urging solar panel installations on public schools.

BULLETIN

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

IN-PERSON, TV DEBATES

The League of Women Voters of the Fairfax Area (LWVFA) will hold four in-person forums and three televised forums for the public and the press to learn about the candidates who are running for election to the Virginia House of Delegates. The League invited all certified candidates campaigning for office in their respective districts. At the in-person forums, question-and-answer sessions will be followed by an opportunity for informal conversations with individual candidates. The public and press are encouraged to attend. For more information about the candidates' priorities and positions, visit www.vote411.org.

In-person forums:

- ❖ **Thursday, Oct. 12** at 7 p.m. at Hayfield Secondary School, Lecture Hall: 7630 Telegraph Road, Alexandria.
- ❖ **Wednesday, Oct. 25** at 7:30 p.m. at Sully Government Center: 4900 Stonecroft Blvd., Chantilly.

BRADDOCK ROAD STUDY

Community Meetings. Braddock District Supervisor John Cook and the Fairfax County Department of Transportation (FCDOT) will host a series of community meetings focused on specific sections of Braddock Road this fall. The schedule includes:

- ❖ **Wednesday, Oct. 18:** Beltway area – Braddock Hall, 9002 Burke Lake Road, Burke
- ❖ **Wednesday, Oct. 25:** Burke Lake intersection – Kings Park Library, 9000 Burke Lake Road, Burke
- ❖ **Thursday, Nov. 16:** Ravensworth Road intersection – Ravensworth Baptist Church, 5100 Ravensworth Road, Annandale
- ❖ **Monday, Dec. 11:** Burke Lake intersection, second meeting – Kings Park Library, 9000 Burke Lake Road, Burke

The goal of the Braddock Road Multimodal Study is to develop commuting improvements for the corridor from Guinea Road to I-495 to Ravensworth Road. Visit www.fairfaxcounty.gov/fcdot/braddockroadmmstudy/.

SATURDAY/OCT. 7

Metro – Fund It/Fix It. 9:30 a.m.-2 p.m. at National Rural Electric Cooperative Association, 4301 Wilson Blvd. The League of Women Voters of the National Capital Area (LWVNCA) and the Coalition for Smarter Growth (CSG) will hold a free forum for the public to learn about funding and fixing our Washington D.C. area Metro system. Event is free. Lunch will be available for purchase (\$10), but a request for lunch must be made at the time of registration. Register at www.eventbrite.com and search "Metro fund it."

TUESDAY/OCT. 10

NARFE Luncheon. 11:30 a.m.-1:30 p.m. at American Legion Post #177, 3939 Oak St., Fairfax. National Active and Retired Federal Employees lunch with Ana Nelson, Alzheimer's Association of National Capital Area will answer questions on Alzheimer's funding and research. \$11.00. Call 703-280-2356 or email rrharney2@gmail.com for more.

Senior Volunteer Orientation. 2:30 p.m. at the City of Fairfax Regional Library, 10360 North St. RSVP (Retired and Senior Volunteer Program) is the region's largest volunteer network for people 55 and older and provides individualized support to seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria. Visit www.rsvpnova.org for more.

THURSDAY/OCT. 23

CarFit for Senior Drivers. 10 a.m.-2 p.m. at the City of Fairfax Police Station, 3730 Old Lee Highway. CarFit's trained professionals take older drivers through a 12-point checklist with their vehicles and recommend minor adjustments that help make their cars "fit" better for comfort and safety. An occupational therapist also will be on hand to provide information to seniors on how to maintain and strengthen driving health. Visit www.fairfaxcityeda.org for more.

BUSINESS DIRECTORY

WWW.CONNECTIONNEWSPAPERS.COM

TO ADVERTISE YOUR BUSINESS, CALL KAREN AT 703-778-9422

ELECTRICAL	ELECTRICAL	LANDSCAPING	Good is not good, where better is expected. -Thomas Fuller
K&D ELECTRIC COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc... Licensed/Bonded/Insured Office 703-335-0654 Mobile 703-499-0522 lektrkman28@gmail.com	A&S CONSTRUCTION SOD, Mulch, Clean-Up Leaf Removal Hauling. 703-863-7465	LANDSCAPING	
GUTTER	GUTTER	LANDSCAPING	
GUTTER CLEANING Gutters and Downspouts Cleaned Small Repairs • Gutter Guards PINNACLE SERVICES lic/ins 703-802-0483 free est. email jamie@lawnsandgutters.com web: lawnsandgutters.com Friendly Service with a Friendly Price!	Patios & Drainage Your neighborhood company since 1987 703-912-6886 J.E.S. Services Free Estimates • Fully Licensed & Insured • Planting & Landscaping Design • Drainage & Water Problems • Concrete Driveways, Replacement or New • Patios and Walks • Masonry Work or Dry Laid • Paver, Flagstone, Brick, any style you choose • Retaining walls of all types All work Guaranteed	LANDSCAPING	
IMPROVEMENTS	IMPROVEMENTS	LANDSCAPING	
Power Washing Go from green to clean, do you have mold on your siding rotten wood that's a hoa violation? We do houses, decks, fences, side walks, etc. Deck and fence repair, deck staining and sealing. Licensed & Insured • Free Estimates email: jnave@comcast.net 703-987-5096	A&S Landscaping • All Concrete work • Retaining Walls • Patios • Decks • Porches (incl. screened) • Erosion & Grading Solutions • French Drains • Sump Pumps • Driveway Asphalt Sealing 703-863-7465 LICENSED Serving All of N. Virginia	LANDSCAPING	
RVN CONTRACTORS, INC. Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic Phone: 703-887-3827 E-mail: rncontractorsinc@gmail.com www.rncontractors.com	Quality Tree Service & Landscaping Reasonable prices. Licensed & insured. Summer Cleanup... Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc. 25 years of experience – Free estimates 703-868-5358 24 Hour Emergency Tree Service	TILE / MARBLE	
BATHROOM REMODELING by Brennan Bath and Tile Partial or Full. Kit. Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work. 35 yrs exp. www.brennan-tile.com 703-250-2872 Licensed • Bonded • Insured	Sign up for FREE DIGITAL SUBSCRIPTION to any or all of our 15 papers WWW.CONNECTIONNEWSPAPERS.COM/SUBSCRIBE	TILE / MARBLE	

A Question Which Begs What Answer



By KENNETH B. LOURIE

Twice recently, in print, I have been asked the same question. Once on an evaluation of a previous doctor appointment, and within the last week, on a pre-registration form for an oral surgeon.

The question: "How is your health?" "Excellent." "Good." "Fair." "Poor." The two times I saw this question, I snickered. I mean, I have cancer: Stage IV, non-small cell lung cancer in fact, the terminal kind.

And even though I've lived way beyond my original "13 month to two-year" prognosis, (eight and a half years and counting, always counting), I'm still undergoing treatment. I see my oncologist every three months. I'm not in remission. My tumors, so far as I've been told, are not necrotic (dead). I'm still scheduling CT Scans, brain MRIs and PET Scans quarterly, semi-annually and yearly, respectively. And while amazingly thrilled to be still alive, my fate turns on the results of any one of these diagnostic scans so I wonder aloud: how is my health?

In the two most recent opportunities (I've had others) to answer this question, I have erred on the side of reality (my reality) and answered "Poor." Whether I'm up and about or down and out, cancer is sort of the definition of 'poor,' isn't it? Let's be honest: who wants to receive a diagnosis of cancer, regardless of type and/or stage. Moreover, it's hardly the gift that keeps on giving. Quite the opposite. It's like the houseguest who never leaves. It's always there and the more it's around, the worse it's likely to get.

As much as one tries, a cancer diagnosis is hard to forget. Whether you're still undergoing treatment as I am, or have been told you're cancer-free/in remission/N.E.D. (no evidence of disease), the prospect of a life unaltered by the experience is unrealistic, especially so when questions are asked pertaining to your health. It's not as if you become stigmatized by your cancer diagnosis and/or medical history, but you do become a lifetime member of a club you'd rather not have joined (the more serious and exact opposite of a feeling expressed by Groucho Marx when he so famously joked that he wouldn't want to belong to a club that would have him as a member). If only it were that simple – and funny.

A straight forward question about one's health which requires a thoughtful and honest answer. Yet, an answer which somehow must, in my opinion, educate the asker. I'm not a normal respondent (no comments from the peanut gallery). I'm a cancer patient/survivor. Presumably, my immune system is somewhat compromised. What's good for the goose is probably not good for the gander. My life expectancy is all fouled up. Cancer is likely in control.

As much as I want to delude myself otherwise, the writing, if not necessarily on the walls, is certainly in multiple books and journals. And not that there aren't exceptions to every rule (my survival is proof of that), generally speaking, a cancer diagnosis "spells trouble with a capital 'T,'" if I may invoke the late actor, Robert Preston, from his career-defining role as Harold Hill in the 1962 movie, "The Music Man." Still, life is going on, and not too badly, I may add. But on any given day ...

I suppose the solution then is an asterisk. But how does one add an asterisk to a standardized form. And given the evolving nature of our almost-entirely inhumane (non-human) electronic contact, where does one go/what does one say, to separate and be heard. I want to be treated equally, but as a cancer patient, I'm not. I'm different. If there's a box for that, I'll gladly check it. I want the best outcome, naturally. But not giving me the opportunity to properly define myself/my circumstances doesn't help either one of us. And does even less for the next respondent.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



BEST WASHINGTONIAN 2017

Hermendorfer Associates
Top 1% of Agents Nationally



Burke Centre - \$619,900

Spacious colonial nestled on a pretty Burke Centre cut-de-sac! This home is ready to make your own with newer Kit, wood floors, water heater, HVAC & more!

Find More Information at: www.Hermendorfer.com • 703-503-1812



City of Alexandria - \$919,000

Move-in Ready End Unit w/ 3,100+ sq ft and 2-car garage! Walk to shops & Metro!



KAREN SCHIRO & ASSOCIATES

Buying &/or Selling?

Call **ME TODAY** for a *free* consult

KAREN SCHIRO

Realtor licensed in VA

(703) 509-3888

www.KeepCalmWithKaren.com



MARSHA WOLBER

Lifetime Member NVAR, Top Producers
Top 5% of Agents Nationally

www.marshawolber.com

Cell: 703-618-4397



Gainesville - \$465,000

Sought after Virginia Oaks community! 4 BRs, 3.5 Bas, lots of hardwoods, renovated granite & SS kitchen, fenced back yard, cul de sac, move right in!



JUDY SEMLER

703-503-1885

judys@lnf.com



Burke - \$750,000

Beautiful classic colonial with 2-story foyer * Formal living & dining rms * Main level den * Light filled eat-in kitchen with brick cooking alcove, granite, bay window * Spacious family rm w/gas fpl opens to deck * Wood flrs * Master suite features dressing area, large walk-in closets & bath * LL offers rec & game rms, dining area, bdrm, bath, storage rm & walks out to lush back yard * Visit 9424WoodedGlen.com



Arlington - \$639,000

Beautifully renovated colonial in a great location near Shirlington & quick drive to DC. Gleaming wood floors * 3 bedrms & 2.5 baths * Outstanding kitchen with island, granite counters, SS appliances & lots of cabinets * Fireplace in living room * Finished walkup lower level * Deck in large flat back yard * 2 car parking pad * Contact Judy for more information.



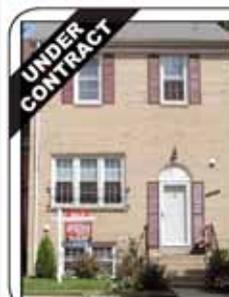
STEVE CHILDRESS

"Experience... with Innovation!"

Life Member, NVAR Top Producers

Buyer Broker since 1973!

703-981-3277



Fairfax - \$459,900

Meticulously Maintained 3 Level Brick Front Townhouse has 3 Bedrooms, 3 Full, 1 Half Bath. New Carpet and Paint. Recently Replaced Kitchen Appliances. Hardwoods Throughout Main Level. Kitchen Walks Out to Spacious Deck Overlooking Manicured Common Area. Lower Level has Den, Full Bath, and Large Rec Room. New Lighting Fixtures & Blinds. All Windows Replaced.



Come to the **HEART** of Real Estate, Since 1980 Proudly Serving Northern VA

KAY HART, CRS, GRI

Associated Broker

Life Member NVAR Top Producer

kay.hart@longandfoster.com

703.503.1860



Springfield

\$547,900

Beautiful Single Family Split Level in a great neighborhood with yard, schools, pools. 5 BR, 2 1/2 BA all Renovated, Granite Counter, Fresh Paint, Refinished Shining Hardwoods, Fam Rm with FP, almost new roof, etc. Ample Parking!! What a Bargain!! Located near Fx Co Pkwy to Ft Belvoir, Metro, Pentagon. Call KAY for a private showing - ask about closing cost bonus. 703-217-8444. KAYhart@lnf.com



JOHN ASTORINO
Realtor®
703.898.5148



JA
JOHN ASTORINO & associates

OPEN SUNDAY 1-4 PM



Annandale • Elevator! • Custom colonial
\$1,150,000

UNDER CONTRACT



Clifton • 5 acres w/ Pool • \$1,175,000

SOLD IN 3 DAYS ABOVE LIST PRICE!



Sterling • \$459,900

For more information, go to www.JAHomes4u.com or John.Astorino@LNF.com



Cheryl Pryor
REALTOR® | Certified Negotiation Expert
Accredited Staging Professional
703-801-9985 | ckpryor@msn.com



From Condo...to Townhouse... to Single Family Home...

All of My 2017 Listings averaged only 2 Days on Market and SOLD at List Price or Above!

Call me to get your home **SOLD Fast at Top \$\$\$**

LONG & FOSTER | **CHRISTIE'S**
REAL ESTATE | INTERNATIONAL REAL ESTATE



Sheila Adams

703-503-1895

Life Member, NVAR Multi Million Dollar Sales Club

Life Member, NVAR Top Producers



Fairfax \$636,900

Gorgeous 4 BR Colonial in beautiful Middelridge. Home offers year round sunroom, deck with hot tub, trees line back yard providing privacy for perfect entertaining. Garage holds three cars (perfect for boat or antique car lover).

Call Sheila 703-503-1895.



BARBARA NOWAK & GERRY STAUDTE

"My Virginia Home Team"

703-473-1803, 703-309-8948

gerry.staudte@longandfoster.com

www.MyVirginiaHomeTeam.com



Springfield \$400K

Beautifully updated 3BR, 3.5BA TH is popular Shannon Station! Hardwood floors on ML. Updated Kitchen w/granite, SS appliances, and decorator backsplash. Fenced yard backs to wooded common area.



ELLIE WESTER

703-503-1880

L&F Founder's Club

Lifetime NVAR Top Producer

Life Member, NVAR Million Dollar Sales Club

ellie.wester@longandfoster.com



Fairfax Station - \$699,000

Beautifully maintained and improved home in the desirable Fairfax Station neighborhood. Over 2800 finished space with updated baths and kitchen, 4 bedrooms, main level library as well as replacement windows. Half acre with common area on three sides. Neighborhood swim club and tennis.



"Committed to Earning the Loyalty of Our Clients by Providing Unparalleled Professionalism and Exceptional Service While Supporting Our Community."

