



Oak Hill Herndon CONNECTION

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Participants in Herndon Parks & Recreation's Cupcake Bike Ride were off and rolling Saturday, Sept. 30. Approximately 20 parents and children took part in the two-hour event.

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Runnymede Park, The Hidden Gem of Herndon

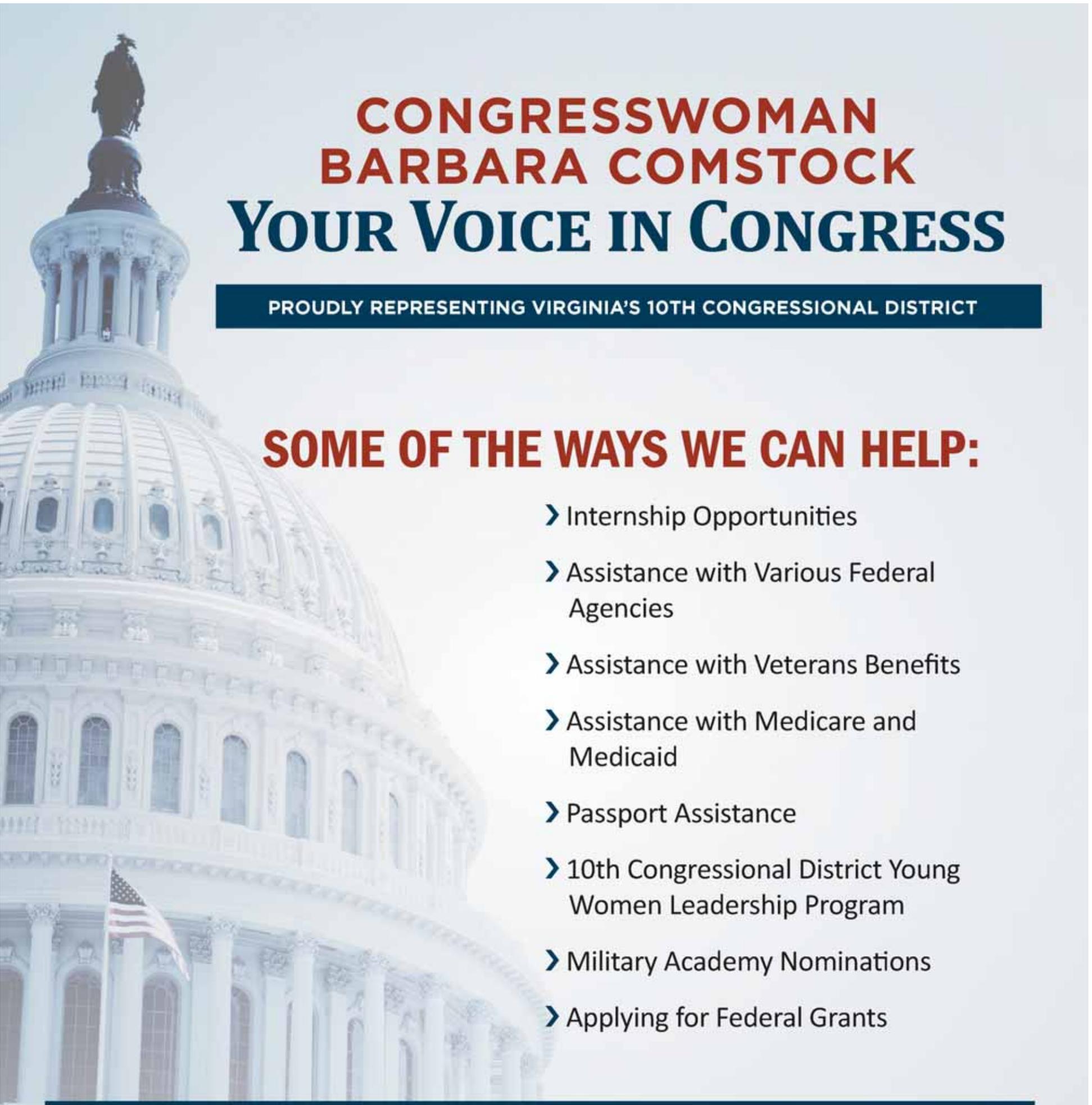
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HernDogs Circle Town Square in 'Pooch Parade'

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Participants in the inaugural Cupcake Bike Ride produced by Herndon Parks & Recreation let out a cheer for cycles and cupcakes as they prepare to follow the 4-mile donut-shaped loop around Herndon, stopping for treats at coffee shops and bakeries on the preplanned route.



PHOTOS BY MERCIA HOBSON/THE CONNECTION

What A Sweet Ride

Herndon Parks & Recreation Department debuts their inaugural Cupcake Bike Ride.

BY MERCIA HOBSON
THE CONNECTION

Herndon Parks & Recreation (HPR) produced their inaugural Cupcake Bike Ride on Saturday, Sept. 30. The free event attracted an estimated 20 riders who took part in the four-mile, family-friendly ride set at a casual pace with stops for well-earned treats at local bakeries and businesses.

HPR welcomed riders of all abilities on bikes of all kinds including parents and children on their two-wheeled bikes and parent-supervised children in trailers and trail-a-bikes. Families gathered shortly before 10 a.m. at Haley Smith Park, 814 Van Buren St.

Cindy Roeder, Executive Director of Herndon Parks & Recreation, described how the event originated. “The Cupcake Bike Ride was an idea of a group of avid cyclists who wanted to encourage families to ride together for fun, and for transportation,” she said. “This was one way to show families safe routes to delicious shops in town.”

Dave Meyers is co-owner of Green Lizard Cycling in Herndon. Meyers was on hand a half hour before the start of the ride. He offered complimentary bike check-ups, inflated low-pressure tires, and made minor bike repairs on the spot so everyone would be ready to ride together safely.

Cathy Jarratt of Herndon attended the event with her two daughters, Ella, 13, and Allison, 9. As final preparations were underway, Jarratt said, “I heard about the Cupcake Bike Ride through Reston Bike Club. We’ve been trying to get the girls interested in biking, so we mentioned the word ‘cupcakes,’ and that’s all it took.”

When all bikes were given the go-ahead, Tom Wyland, a Fairfax County Bicycle and Pedestrian Ambassador led the Cupcake cyclists down the town’s sidewalks, trails, and quiet streets. Wyland explained, “Today I’m a volunteer for the Herndon Parks & Recreation Department who is the host of today’s ride. Parks & Recreation wanted to get people on their bikes to explore local businesses, trails, and parks in Herndon.”

Stop by stop the families followed Wyland on the



Sara Russell, 8 1/2, and her sister Julia, 5, rest their bikes against the window of Boutique Bakery in Herndon, the final stop on tour de sweets, otherwise known as The Cupcake Bike Ride, produced by Herndon Parks & Recreation on Saturday, Sept. 30.

preplanned route. Bob Evans who is a W & OD Trail Patroller stayed at the rear of the group as the “sweep.” He ensured all cyclists found their way to the sweet treats and safely back to the starting point, leaving no one behind.

Over a two-hour period, the group followed the donut-shaped route around Herndon. They stopped for well-earned treats at businesses such as Weird Brothers Coffee, Boutique Bakery, Duck Donuts, and Amphora Bakery.

Sara Russell, 8 1/2, her sister Julia, 5, and parents Dan and Lori pulled up at the Boutique Bakery in Herndon, the final stop on the course. While Sara and Julia ran into the shop, Lori explained she read about the Cupcake Bike Ride in the Connection. The girls quickly came back outside. Each had picked a muffin and a cookie. Julia explained why she made those selections. “When I went to Amphora’s, I had my own cupcake, a chocolate Cinderella.” Sara interjected: “So here we’re having a muffin and chocolate chip cookie.”

For more information about upcoming Herndon Parks & Recreation programs and events, including the Homecoming Parade Oct. 14 and the Digital Scavenger Hunt Oct. 21, visit herndon-va.gov/recreation.



PHOTOS BY MERCIA HOBSON/THE CONNECTION

Pictured here, from left, are members of Darlingtonia: Khiya Canadiate, vocals; Mattie Sloss, vocals and violin; Gabe Hightower, cello; and Jake Wortman, guitar and ukulele. Not pictured: Mike Rivera, percussion and George Heffernan, bass.

OktoBrewFest Caps the JamBrew 2017 Series

Funds raised will benefit local nonprofit organizations.

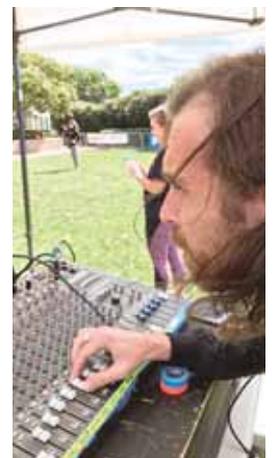
OктоBrewFest was held Saturday, Sept. 30, noon-10 p.m on the Herndon Town Green behind the Herndon Municipal Center, 777 Lynn St. Herndon Hospitality Association (HHA) with the support of local sponsors and nonprofit organizations produced the event. OktoBrewFest was part of HHA’s JamBrew series of weekly Friday evening free concerts that celebrated the area’s original music from bands such as Darlingtonia from the District of Columbia.

Connie Hutchinson was one

of the organizers of OktoBrewFest and is a former Herndon Town Councilmember. Hutchinson said that the HHA Board and Burden Music with help from Eye of the Heart, worked tirelessly throughout the year to plan, promote, organize and execute JamBrew (and OktoBrewFest), noting that proceeds from the concerts will benefit numerous local nonprofits like Recycle Life, Cancer Can Rock, and The Chris Atwood Foundation.

— MERCIA HOBSON

Jay Hutchinson was the concert audio technician responsible for the quality of sound at OktoBrewFest held Saturday, Sept. 30 on the Town Green behind the Herndon Municipal Center. Speaking on behalf of the Herndon Hospitality Association responsible for the event production, Hutchinson said, “We’re so happy to have all the young musicians and established musicians from the local area sharing their art at OctoBrewFest 2017 which benefits the community.”



Challenges Remain for Police Reform

Including communications and body cameras.

BY PHILLIP NIEDZIELSKI-EICHNER

October 8 will be the second anniversary of the 2015 release of the Ad Hoc Police Practices Review Commission Final Report. The catalyst for the Ad Hoc Commission's formation by the Fairfax County Board of Supervisors was the August 2013 shooting death of John Geer. The commission was charged with assessing the Police Department's performance against national best practices.

GUEST EDITORIAL

The commission made more than 200 recommendations for transforming an excellent Police Department into one that is "best in class" and for strengthening the public's trust and confidence in the department.

I served as commission member and as the chairman of Use of Force Subcommittee. I am also a member of a loosely configured Implementation Committee, a group of former commission members dedicated to helping to see that our recommendations are effectively implemented.

I commend both the Board of Supervisors (BOS) and Police Department for their progress implementing the commission's recommendations. Significant reforms are underway that when fully realized will generate increased accountability and public confidence. Major reforms already in place include:

- ❖ forming the Office of the Independent Police Auditor to determine the thoroughness, completeness, accuracy, objectivity and impartiality of investigations of death or serious injury cases.
- ❖ convening a Civilian Review Panel to review civilian complaints regarding "abuse of authority" or "serious misconduct" by a police officer;
- ❖ creating "Diversion First," which offers alternatives to incarceration for people with mental illness or developmental disabilities; and
- ❖ recrafting the Use of Force General Order to enshrine sanctity of human life as an organizing principle, with de-escalation as the strategy of first resort when confronted with a threat rather than the use of deadly force.

WHILE MUCH HAS BEEN accomplished, more is work is needed. For example, the commission advocated in strong terms for information-sharing reform to promote timeliness, completeness and transparency. In this regard, a revised Police Department Communication Policy is still in process.



The commission also called for all officers to be outfitted with body worn cameras, contingent on the enactment of laws, policies and procedures that protect individual privacy. These cameras are to complement the dashboard cam-

eras now mounted in each Fairfax patrol vehicle.

While a potential aid to criminal prosecution, the body-worn camera's equally important contribution is to foster greater transparency and the accountability of all parties during the interactions of the police with the public. As the American Civil Liberties Union noted in an October 2014 report, body-worn cameras "[have] the potential to be a win-win, helping protect the public against police misconduct, and at the same time helping protect police against false accusations of abuse."

While the county leadership has committed to deploying this technology, its approach has been appropriately methodical. Key considerations are operational, privacy, data security and cost. For example, the supervisors have approved a pilot project that will deploy cameras in two of the county's nine magisterial districts and the department is currently evaluating proposals from prospective suppliers.

THIS PILOT PROJECT needs to generate answers to following questions, among others: the county needs to establish when cameras will be running and how will the public know the cameras are on? When can biometric technology – such as facial recognition – be used? How will the video footage be secured from hackers? Who will have access to the data and under what procedures?

How will the massive amount of video data be stored and for how long? As the county understands and appreciates, the cost of deploying body-worn cameras is not in the cameras themselves, but the storage of the massive amount of data that is generated. As reported by the Center for Digital Government and Government Technology magazine, "When it comes to [body-worn cameras], data storage is the 800-pound gorilla in the room. Video ... is a data hog."

This reality generates cost-driven data-retention policy considerations. How long should non-evidentiary video be maintained? Some police departments say it should be 60-90 days,

others say less or more. With regard to evidentiary data used in criminal prosecutions, the Virginia Commonwealth requires that evidence be stored for 99 years.

Finally, who controls access to the data? This question is becoming an increasingly significant issue nationally. Protecting evidence chain-of-custody for purposes of criminal prosecution is a necessary but not sufficient role to warrant the cost and the data protection risks inherent in the deployment of body-worn cameras. The real return-on-investment is the potential for influencing the behavior, through greater transparency and accountability, of all parties in a law-enforcement engagement.

The drive to use this technology is inescapable. A recent CATO Institute/YouGov poll found that 92 percent of the public supports the use of body-worn cameras. Implicit in this level of support are high public expectations that this technology will make a difference in law enforcement practices. Heightened expectations alone should give our policymakers pause, particularly when we know that no technology deployment is free of all mistakes and errors. The only thing worse in today's context than not collecting the data during a controversial use-of-force incident, is for the public to learn that video data under the Police Department's control is missing.

We should therefore challenge the assumption that video-camera data must be maintained under the sole access control of the Police Department. Options that should be given explicit consideration by the Board of Supervisors, Police Department and Commonwealth's Attorney include assigning video data access control to the Independent Police Auditor or alternatively assigning this role to a board composed of the Police Chief, Independent Auditor and Commonwealth's Attorney.

On this second anniversary of the Ad Hoc Policy Review Commission Report, the county and Police Department have many accomplishments to be proud of with regard to implementing the commission's recommendations.

Quality-driven change is hard; some changes are especially difficult. Body-worn camera deployment is one that requires careful study and diligent attention to complex legal and operational details. I commend the county for taking the appropriate measured response to meeting this recommendation and, especially with regard the matter of access to video data, challenge the conventional wisdom that access control to such data must be under the sole purview of the Police Department.

Phillip A. Niedzielski-Eichner is a member of the Fairfax County Planning Commission, served on the Ad Hoc Police Practices Review Commission and a former member of the Fairfax County School Board.

The League of Women Voters of Virginia Holds Workshops

On Friday, Sept. 22, the League of Women Voters of Virginia (LWVVA) held Workshops in Fredericksburg, Va. attended by new and long-time members from among the 14 local

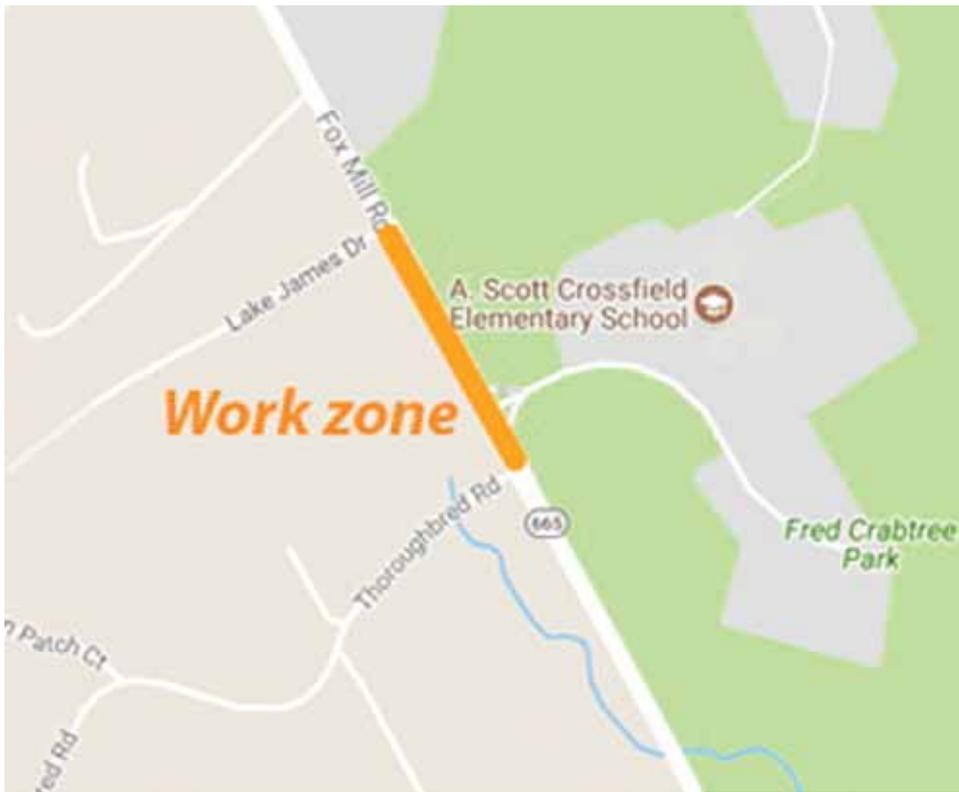
leagues in the state. The Workshops' objective was to help these members discover ways to engage with the League and to enhance League impacts in communities. Among the subjects covered were voter engagement through

VOTE411.org and election-related activities, the LWV-VA's engagement with state legislators through the weekly Women's Legislative Round Tables during the Virginia General Assembly, and engaging with local governing bodies

through Observer Corps. LWV-VA, a non-partisan political organization, encourages participation in government and works to increase understanding of major public policy issues. Visit www.lwv-va.org.



NEWS



Fox Mill Flagging Oct. 2-13

Fox Mill Road (Route 665) between Thoroughbred Road and Lake James Drive will be the location of a flagging operation over the next couple weeks due to stormwater pipe replacement, according to the Virginia Department of Transportation. Weather permitting, the work will occur from 7 a.m. to 4 p.m. each day Monday, Oct. 2 through Friday, Oct. 6, and Tuesday, Oct. 10 through Friday, Oct. 13. Access to A. Scott Crossfield Elementary School will be maintained during this work. Follow VDOT Northern Virginia on Twitter: @vadotnova.

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Senior Living

OCTOBER 2017

PHOTO BY ROB PAINE/RSVP NORTHERN VIRGINIA

Ken Kozloff, center, instructs volunteer timers at the NVSO swim meet.

Volunteering Keeps 70-Year-Old Former CEO Young

Finding the right volunteer opportunity.

BY ROB PAINE
RSVP NORTHERN VIRGINIA

RSVP Northern Virginia volunteer Ken Kozloff moves through the pool at Providence Recreation Center encouraging the child with special needs he is teaching to swim, to “stroke, breathe, and kick.”

Kozloff high-fives his students at the end of each lap and asks, “Are you having a good time?” All the while he is keeping an eye on two other volunteers he is mentoring during a Fairfax County Park Authority Adapted Aquatics class.

Kozloff will continue to do this for about 90 minutes on a Sunday morning without much of a break. Sometimes he lifts students half his weight into the air so they can experience the joy of splashing into the pool. One would never guess that the former INOVA Alexandria Hospital CEO turned 70 years old in August. “I don’t feel 70, I feel like 25,” he said.

Kozloff donates more than 40 hours of his time each month as an RSVP Northern Virginia volunteer, helping autistic children

learn how to swim, mentoring economically disadvantaged citizens to manage their finances, and directing other volunteers at large events for RSVP, including the Northern Virginia Senior Olympics in September.

RSVP (Retired and Senior Volunteer Program) is the region’s largest volunteer network for people 55 and older and provides individualized support to seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria.

When he is not volunteering for other organizations, he is a volunteer engagement leader for RSVP, acting as a nonprofit evangelist of sorts, spreading the word on why RSVP is such a great program. “What’s unique about RSVP is the approach it takes to new volunteers, helping them to find what they’re looking to do, not where we are looking to place them,” he said.

RSVP asks each prospective volunteer, “How can we help you find that volunteer opportunity that is going to mean something to you?” Kozloff said. He has been with RSVP for over a year and a half.

Five years ago, he began volunteering with the Fairfax County Park Authority’s Adaptive Aquatics program, teaching children on the autism spectrum to swim. He later added another afternoon of classes at Spring Hill Recreation Center in McLean,

teaching special needs adults to swim, including those with neurological issues or physical impairments. The park authority honored Kozloff in 2015 as the Adaptive Aquatics Outstanding Volunteer of the Year.

He then started working with Our Daily Bread (now called BritePaths) where he has volunteered for four years as a financial mentor. He is also a volunteer classroom instructor with Junior Achievement in Fairfax. He teaches business principles to elementary, middle, and high school students. He also teaches students with special needs in this program.

In an eight-day span in September, the RSVP volunteer managed volunteers at several community projects including the NVSO’s indoor track meet in Arlington and its swimming championships in Sterling and a gardening project at River Farm in Alexandria.

“I love to help others,” Kozloff said. “I enjoy volunteering with RSVP, not only for what I do as a volunteer, but also for the social aspect of working with other people.” During the senior Olympics he managed anywhere from 10 to 30 volunteers at the different events.

WHAT SEPARATES RSVP from other volunteer organizations is its leadership and the approach it takes, treating each volun-

teer as an individual, according to Kozloff. As an engagement leader, Kozloff tells prospective volunteers: “We are going to show you things and talk to you about specific opportunities that you can relate to.”

RSVP offers an array of opportunities for volunteers including providing rides, support and meals to older neighbors, assisting local veterans in need and helping prepare communities for disasters. RSVP also recruits volunteers for various community events.

RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings.

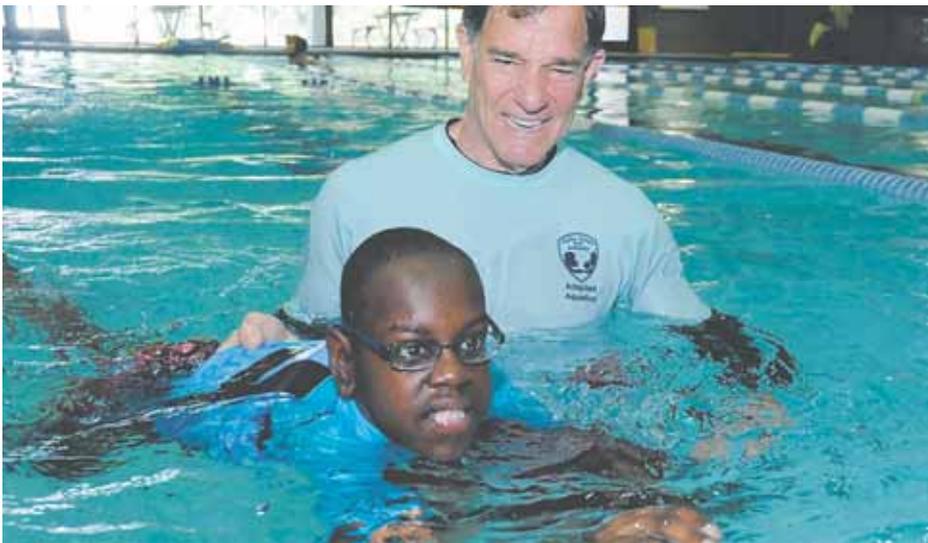
“The big thing that I get out of volunteering is the satisfaction of helping others,” he said. “I love to help others, find out what their goals are and help them achieve them, whether it is teaching an autistic child to swim from one side of the pool to the other, or teaching a stroke patient who would like to learn to swim again.”

He also enjoys working with other volunteers and letting them know how important it is to make other people feel good. He tells them that they will feel twice as good because they are helping people.

SEE KEEPING YOUNG, PAGE 7

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SENIOR LIVING



Ken Kozloff works with Sami Zachaira during an Adapted Aquatic class at Providence Rec Center.

PHOTO BY ROB PAINE/
RSVP NORTHERN VIRGINIA

Keeping Young, Keeping Active

FROM PAGE 6

“Ken is one of our most active volunteers and a great example of what it means to stay active after retirement,” said Nadia Hoonan, program manager for RSVP Northern Virginia. “He truly exemplifies the diversity of opportunities that our program offers, from leading a variety of service projects for our volunteers to cleaning up garden grounds at American Horticultural Society. No task is too small for Ken. We want more volunteers like Ken to be willing to be on the front lines of volunteering in Northern Virginia and share their lifetime experience to make a great impact in our community,” Hoonan

said.

RSVP has several upcoming opportunities during which those interested can learn more about the program including orientations at the Fairfax Regional Library, Oct. 10 and at the Beatley Central Library in Alexandria, Oct. 25. RSVP will hold a special meet and greet event for current and prospective volunteers at Huntley Meadows Park, Oct. 13.

Those interested in learning more about RSVP or in signing up for any of these events should contact RSVP Northern Virginia Volunteer Specialist Carly Hubicki at 703-403-5360, email Hubicki at chubicki@volunteerfairfax.org or visit the RSVP website at rsvpnova.org.

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Runnymede Park, The Hidden Gem of Herndon

NatureFest 2017 showcases the park's assets and combines learning and fun.

BY MERCIA HOBSON
THE CONNECTION

Runnymede Park in the Town of Herndon is 58 acres of natural beauty, a hidden gem of mostly unpaved winding trails, tree canopies, and wild meadows. Much of the park is in the shade. The meandering curves of Sugarland Run flow along the far eastern length of the park, following the border between Herndon and Reston. The stream's banks vary from short vertical drops to shallow rocky slopes. They provide critical habitat and vegetation to foraging wildlife while increasing biodiversity. Eventually, the run drains into the Potomac River, which then drains into the Chesapeake Bay.

Located at 195 Herndon Parkway, Runnymede Park is a peaceful haven, frequented mostly by joggers and dog walkers out to enjoy the quiet. That all changed on Sunday, Sept. 24, 1-5 p.m. when the Friends of Runnymede Park (FRP), a non-profit organization in cooperation with the Herndon Parks & Recreation Department, invited the public to "Enjoy the Gift of Nature" at NatureFest 2017, their free family-friendly event.

ACCORDING TO FRP BOARD PRESIDENT Carol Hadlock, an estimated 550 people descended upon the park to experience "...one of the few natural parks in Herndon." Hadlock reported the board of FRP took almost an entire year, planning, contacting and inviting organizations to participate. "Fretting over last minute details," she said. FRP billed the event online as "one of the premier nature events in Northern Virginia."

Sandra Brown is a new board member of FRP. She manned the Welcome and Check-in table. Brown said, "Our goal today is to enlighten and encourage families to come out and experience all the natural beauty as well as help support and protect our environmental resources."

Twenty-one activity stations greeted patrons. The stations were spaced throughout the park and included such activities as live animal demonstrations featuring reptiles and raptors, arts and crafts, owl pellet dissection, to see what the bird had for dinner, and a BioBlitz, an app-based cooperative citizen-science effort to record as many species within a designated location and period as possible.

Laura Cunningham came to the event with her young son. She stood deep in the forest at Station # 8 manned by Brent McKenna, Virginia Department of Game and Inland Fisheries. In front of McKenna rested a large tub filled with swimming fish he had scooped out of the stream.

McKenna asked the children if they wanted to touch the fish lightly. While Cunningham watched her son edge closer to the fish, she said, "I heard about the event from a friend. I haven't explored everything yet, but I've enjoyed being able to walk



NatureFest attendee, Karan Murari, 11 of Reston (left) and Kamren Keller, 12 of Prince William County (right) hold snakes from Virginia Reptile Rescue. Looking down at the corn snake beginning to wrap around his arm, Murari commented the reptile was a really cool animal. Keller held a western hognose snake. As it coiled around his arm, Keller explained, "It sees me as a nice warm tree to wrap around."



Sprishya Tandor, 4, of Herndon took more than a little bit of coaxing by Brent McKenna, Virginia Department of Game and Inland Fisheries to touch the fish McKenna scooped out of Sugarland Run at Runnymede Park during NatureFest 2017.

through nature, the trails, and bring my son. I like how the stations are spaced apart."

John Dudzinsky is the Town of Herndon Forester. Among his many other duties as the forester, Dudzinsky is responsible for providing educational programs for adults and children. He explained the environmental impact Sugarland Run has outside of Herndon. "Sugarland Run flows eastward



Since Lois Auer holds permits to possess non-releasable birds of prey for educational purposes, she provided live presentations to NatureFest 2017 goers. Auer explained owls have 14 vertebrae in their necks, which enable the creatures to turn their heads about æ of a full circle without moving their shoulders, essential since owls have large forward-facing eyes and can only look straight ahead.

Auer managed the raptor station. Auer holds permits from the U.S. Fish and Wildlife Service, the Virginia Department of Game and Inland Fisheries, and Maryland Department of Natural Resources to possess non-releasable birds of prey for educational purposes.

Auer said, "It always amazes me how diverse the wildlife in Runnymede Park is; it lives in proximity to us humans, yet we don't see much of it. We have a tremendous impact on the wildlife. I think that it is very important for us to have a better understanding of our wild neighbors."

NatureFest visitors also learned Runnymede is recognized as a Native Plant Registry site in Virginia, where more than 400 varieties of native plants can be found in the park.

AFTER THE EVENT CLOSED, Hadlock recalled that the first NatureFest held on Oct. 25, 1998, was titled "Happy Birthday, Runnymede!" It had only nine stations compared to the 21 stations at this year's event. Hadlock added that all the time and energy FRP spent on NatureFest 2017 was worth it. "When we see so many families learning new things about nature and having fun doing that ... it makes all the work worth it. And we couldn't make it happen without lots of wonderful volunteers."

For more information about Runnymede Park or volunteer opportunities with the Friends of Runnymede Park, visit www.frpweb.org.



John Dudzinsky is the Town of Herndon Forester. Among his many other duties, Dudzinsky is responsible for providing and assisting with educational programs for adults and children at Runnymede Park in Herndon.

into the Potomac River, which drains into the Chesapeake Bay. Everything we do in Herndon affects the bay."

As visitors wandered the park, they learned Runnymede is home to many different mammals including beavers, raccoons, foxes and deer, a wide variety of insects including pollinators, and a diversity of birds, from songbirds to raptors. Lois

PHOTOS BY MERCIA HOBSON/THE CONNECTION

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

FRIDAY/OCT. 6

Open Mic Poetry. 7-9 p.m. at ArtSpace Herndon, 750 Center St., Herndon. Featured members of the Poetry Society of Virginia, including Claudia Gary, Sally Zakaria, R.L. O'Kelly, Steve Bucher, Jack Underhill, Stan Galloway, Laura J. Bobrow, Cathy Hailey, and Susan Notar, will share their poetry. An open mic will follow, allowing for anyone attending to have a moment on stage. Every Friday night. Visit www.herndonva.gov or call 703-464-6200.

SATURDAY/OCT. 7

Flavors of Fall. noon-11 p.m. at Reston Town Center, 11900 Market St., Reston. By the Greater Reston Chamber of Commerce, autumn brews, food from area restaurants and live entertainment. Free admission; purchase tickets for food and beverages. Visit restonflavors.com.

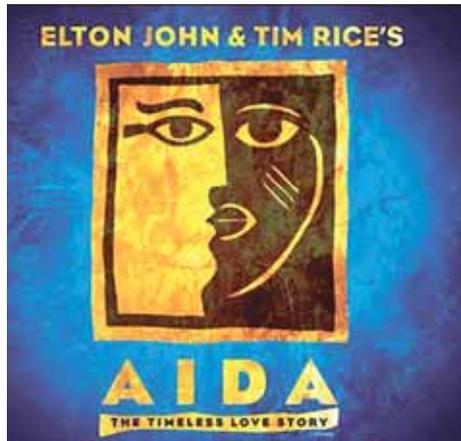
SUNDAY/OCT. 8

Reston Pumpkin 5K. 8:15 a.m. at Reston Town Center, 11900 Market St., Reston. Halloween costumes welcome. Visit reston-pumpkin.com.

Meet the Artists Reception. 2-4 p.m. at the Jo Ann Rose Gallery at Lake Anne Community Center, 1609-A Washington Plaza, Reston. "Stolen Moments" exhibit by the League of Reston Artists' runs from Oct. 2-30. Visit www.leagueofrestonartists.org.

MONDAY/OCT. 9

Kids Day. 10 a.m.-2 p.m. at Frying Pan Park, 2739 West Ox Road, Herndon. Featuring dancing, drumming,



'Aida'

From Oct. 21-Nov. 11, it's "Aida" at Reston Community Center, Hunters Woods Village Center at 2310 Colts Neck Road. Reston Players presents "Aida" with music by pop legend Sir Elton John and lyrics by Tim Rice. Visit restonplayers.org.

reading and art activities, part of the week-long Herndon Arts Week, Oct. 9-15. Visit www.herndonva.gov.

TUESDAY/OCT. 10

Fall Social and Clothes Benefit. 4-5:30 p.m. at the Town Hall Square in Downtown Herndon. The Resourceful Women committee invites Greater Reston Chamber of Commerce members to social hosted by Scout & Molly's Boutique at the Reston Town Center. Donate gently used work attire, including shoes and accessories, to the dress drive. All clothes will be donated to Women Giving Back. Call 703-707-9045 or email ashleighd@restonchamber.org.

Beppe Gambetta concert. 7 p.m. at Amphora Diner, 1151 Elden St. Part of the week-long Herndon Arts Week, Oct. 9-15. Visit www.herndonva.gov.

WEDNESDAY/OCT. 11

Cabaret Performance. 1 p.m. at The Herndon Senior Center, 873 Grace St # 1, Part of the week-long Herndon Arts Week, Oct. 9-15. Visit

www.herndonva.gov or call 703-464-6200.

Adult Coloring Session. 7 p.m. at Reston Library, 11925 Bowman Towne Drive, Reston. "Color Me Happy," release the inner artist. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

THURSDAY/OCT. 12

Chalk Art. 5-6 p.m. in Downtown Herndon. Part of the week-long Herndon Arts Week, Oct. 9-15. Visit www.herndonva.gov or call 703-464-6200.

Art Crawl. 6-9 p.m. in Downtown Herndon. Walk around looking at and discussing art. Part of the week-long Herndon Arts Week, Oct. 9-15. Visit www.herndonva.gov or call 703-464-6200.

Recording Local Histories. 6-9 p.m. at the Town Hall Square in Downtown Herndon. The public is invited to stop by and share their story with HCTV, no RSVP required. These oral histories will be incorporated into new episodes of

"Herndon Voices" Show that airs on HCTV. Email hctv23@hctv.org or 703-689-2323 for more information.

FRIDAY/OCT. 13

Light the Night Walk. 5 p.m. at Reston Town Center, 11900 Market St., Reston. Celebrate and commemorate lives touched by cancer. Visit lightthenight.org/nca or call 703-399-2941.

DEADLINE OCT. 13

Herndon Good Neighbor. Nominations are currently being accepted for the 2017 award for a neighbor that's gone above and beyond. Call 703/435-6800 X2084 or e-mail information@herndonva.gov.

Meet the Author. 7-9 p.m. at ArtSpace Herndon, 750 Center St., Herndon. Author and poet Mike Maggio discusses art and poetry. Part of the week-long Herndon Arts Week, Oct. 9-15. Visit www.herndonva.gov or call 703-464-6200.

SATURDAY/OCT. 14

16th Annual Reston Home Tour. 10 a.m.-5 p.m. Featuring six private homes in throughout Reston. Tickets: before Oct. 7, \$25; Oct. 7-14 and online \$30. Group discounts. Tickets available at Reston Museum, Appalachian Spring, GRACE, Chesapeake Chocolates and The Wine Cabinet at North Point. Call 703-709-7700 or visit restonmuseum.org.

Runway to the Cure. 11 a.m.-noon at Reston Town Center, Pavilion. See designer fashions on the runway presented by Scout & Molly's Boutique and more Reston Town Center retailers. DJ music and emcee. 100 percent of proceeds received will benefit Susan G. Komen Foundation. \$25/ticket. Call 571-526-4185 or visit restontowncenter.scoutandmollys.com.

Magnificent Monarchs. 1 p.m. at National Wildlife Federation Building, 11100 Wildlife Center Drive, Reston. Lecture by Georgina Chin, an elementary school teacher with a passion for monarchs and an instructor with Monarch Teacher Network. \$18 members/\$22 non-members. Visit www.nwf.org/.

Meet the Author. 2 p.m. at Reston Library, 11925 Bowman Towne Drive, Reston. Local author and paranormal investigator Rob Gutro will present his "Double Murder Ghost Investigation" and talk about his book, "Lessons Learned From the Dead." Adults, teens. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

Concert. 4-6 p.m. at ArtSpace Herndon, 750 Center St., Herndon. Cris Matthews in Concert. Part of the week-long Herndon Arts Week, Oct. 9-15. Visit www.herndonva.gov or call 703-464-6200.

Artschool Lecture. 5:30-7 p.m. at Reston Town Center, 11900 Market St., Reston. "So You Want to Go to Art School?" Free. Visit restonarts.org or call 703-471-9242.

Artists Awards Reception. 7-9 p.m. at ArtSpace Herndon, 750 Center St., Herndon. 9th Annual Expressions Portrait Competition & Exhibit Reception. Part of the week-long Herndon Arts Week, Oct. 9-15. Visit www.herndonva.gov or call 703-464-6200.

SUNDAY/OCT. 15

Meet the Author. 4-6 p.m. at Scrawl Books, Reston Town Center 11862 Market St. Discuss the Should Syndrome with self-help Karen B. See. Email info@scrawlbooks.com, call 703-966-2111, or visit www.scrawlbooks.com.

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 10/25/2017.....Election Preview

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Legals

ABC LICENSE

LMK Concept, LLC trading as Chicken Zone & Oyster Bar, 2321 Dulles Station Boulevard, Suite C, Herndon, Fairfax County VA 20171. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer/Mixed Beverage Restaurant On Premises license to sell or manufacture alcoholic beverages. Carol S. Chung, Managing Member. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Employment

Cleaners Wanted Partime Evenings
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Must be experienced
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Call Larry after 6pm

Legals

NOTICE OF ABANDONED MOTOR VEHICLE Blue, 2009 H-D FLHX Street Glide, 1HD1KB4189Y619181, Colorado registration. The referenced vehicle was left for diagnostics, repair and storage on May 11th, 2017 at 2869 Running Pump Lane, Herndon Virginia 20171. Attempts to locate the owner have been unsuccessful. The vehicle is deemed abandoned under Code of Virginia § 46.2-1204 and § 46.2-1208 and will be disposed of if not redeemed by October 15th, 2017.

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NEWS

JamBrew Series 2017 Takes the Stage in Downtown Herndon

Celebrates and promotes local music, local business, and community.

Every Friday night during September, 6-10 p.m., JamBrew 2017 took to the stage at the Herndon Municipal Center, 777 Lynn St. located in the heart of the town's historic downtown district. The free outdoor concert series featured original musical artists from across the DMV and concessions from local vendors such as Aslin Brewery, Weird Brothers Coffee, Brama Italian Cuisine, Nordic Knot Pretzels, Jimmy's Old Town Tavern, and Pure Veg. Connie Hutchinson, one of the event organizers and former Herndon Town Councilmember, said the JamBrew 2017 series experienced a significant increase in attendance compared to the series in previous years.



As the sun set earlier and earlier each Friday in September, nightfall didn't stop JamBrew concertgoers. Instead, the darkness enhanced the series' one-of-a-kind intangible, its community spirit. Proceeds from JamBrew 2017 will be shared amongst local nonprofit organizations including Recycle Life, Arts Herndon, The Closet of the Greater Herndon Area, Cancer Can Rock, and The Chris Atwood Foundation.



Stephanie Wright is a member of the nonprofit organization Eye of the Heart (EOTH) that assisted with the JamBrew's weekly production needs. Wright blows up an LED balloon for a concertgoer at the Friday, Sept. 29 concert. EOTH is known for bringing businesses, community, and nonprofits together.

PHOTOS BY
MERCIA HOBSON
THE CONNECTION

BULLETIN

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

IN-PERSON, TV DEBATES

The League of Women Voters of the Fairfax Area (LWVFA) will hold four in-person forums and three televised forums for the public and the press to learn about the candidates who are running for election to the Virginia House of Delegates. The League invited all certified candidates campaigning for office in their respective districts. At the in-person forums, question-and-answer sessions will be followed by an opportunity for informal conversations with individual candidates. The public and press are encouraged to attend. For more information about the candidates' priorities and positions, visit www.vote411.org.

In-person forums:

❖ **Wednesday, Oct. 25** at 7:30 p.m. at Sully Government Center: 4900 Stonecroft Blvd., Chantilly.

OCT. 2-6

Fall Clean-up. The Town of Herndon's fall clean-up provides an opportunity for residents to place large or bulky items curbside for pick-up on their scheduled trash collection day. Items can include:

- ❖ Appliances (remove doors before placing outside)
- ❖ Furniture
- ❖ Vehicle parts and plumbing fixtures (all under 50 lbs.)
- ❖ Tires (maximum 2 per household)
- ❖ Limited amount of building materials (approximately one cubic yard, lengths not to exceed 4 feet)

Loose yard waste, auto parts in excess of 50 lbs., large quantities of building materials, household hazardous, and electronics (e-waste) to include computers, televisions, monitors, printers, stereos, etc. will not be picked up.

Items should be placed curbside by 7 a.m. on trash day only, but no earlier than 24 hours prior to pick-up.

Residents may contact the Department of Public Works at 703-435-6853, email public.works@herndon-va.gov, or visit www.Herndon-va.gov/FallCleanUp.

SATURDAY/OCT. 7

Metro – Fund It/Fix It. 9:30 a.m.-2 p.m. at National Rural Electric Cooperative Association, 4301 Wilson Blvd. The League of Women Voters of the National Capital Area (LWVNA) and the Coalition for Smarter Growth (CSG) will hold a free forum for the public to learn about funding and fixing our Washington D.C. area Metro system. Event is free. Lunch will be available for purchase (\$10), but a request for lunch must be made at the time of registration. Register at www.eventbrite.com and search "Metro fund it."

TUESDAY/OCT. 10

Finances Lecture. 2 p.m. at Reston Library, 11925 Bowman Towne Drive, Reston. Financial advisor, Monica Mason, will present "Rock Your Runway: Financial Fitness For Women" for women on how to get and stay financially fit. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

WEDNESDAY/OCT. 11

Community Meeting. 7 p.m. in the cafeteria of Lake Anne Elementary School, 11510 North Shore Drive, Reston. Fairfax County Department of Transportation (FCDOT) will host a community meeting on the North Shore Drive sidewalk project. Area residents and other interested parties will learn about the project and will be able to ask questions and provide feedback. Visit www.fairfaxcounty.gov/fcdot/pedestrian/northshoredrive.htm.

THURSDAY/OCT. 12

ABCs of Lyme Disease. 7:30-9:30 p.m. at South Lakes High School (Little Theater), 11400 South Lakes Drive, Reston. Lyme Disease is escalating and the impact on our students is enormous. Learn how to prevent it and how it is diagnosed. Panelists include Lyme medical, county and school specialists. Free. Contact Rick Smith at Daddy.Rick@gmail.com or 703-798-9931.

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A Question Which Begs What Answer



By KENNETH B. LOURIE

Twice recently, in print, I have been asked the same question. Once on an evaluation of a previous doctor appointment, and within the last week, on a pre-registration form for an oral surgeon.

The question: "How is your health?" "Excellent." "Good." "Fair." "Poor." The two times I saw this question, I snickered. I mean, I have cancer: Stage IV, non-small cell lung cancer in fact, the terminal kind.

And even though I've lived way beyond my original "13 month to two-year" prognosis, (eight and a half years and counting, always counting), I'm still undergoing treatment. I see my oncologist every three months. I'm not in remission. My tumors, so far as I've been told, are not necrotic (dead). I'm still scheduling CT Scans, brain MRIs and PET Scans quarterly, semi-annually and yearly, respectively. And while amazingly thrilled to be still alive, my fate turns on the results of any one of these diagnostic scans so I wonder aloud: how is my health?

In the two most recent opportunities (I've had others) to answer this question, I have erred on the side of reality (my reality) and answered "Poor." Whether I'm up and about or down and out, cancer is sort of the definition of 'poor,' isn't it? Let's be honest: who wants to receive a diagnosis of cancer, regardless of type and/or stage. Moreover, it's hardly the gift that keeps on giving. Quite the opposite. It's like the houseguest who never leaves. It's always there and the more it's around, the worse it's likely to get.

As much as one tries, a cancer diagnosis is hard to forget. Whether you're still undergoing treatment as I am, or have been told you're cancer-free/in remission/N.E.D. (no evidence of disease), the prospect of a life unaltered by the experience is unrealistic, especially so when questions are asked pertaining to your health. It's not as if you become stigmatized by your cancer diagnosis and/or medical history, but you do become a lifetime member of a club you'd rather not have joined (the more serious and exact opposite of a feeling expressed by Groucho Marx when he so famously joked that he wouldn't want to belong to a club that would have him as a member). If only it were that simple – and funny.

A straight forward question about one's health which requires a thoughtful and honest answer. Yet, an answer which somehow must, in my opinion, educate the asker. I'm not a normal respondent (no comments from the peanut gallery). I'm a cancer patient/survivor. Presumably, my immune system is somewhat compromised. What's good for the goose is probably not good for the gander. My life expectancy is all fouled up. Cancer is likely in control.

As much as I want to delude myself otherwise, the writing, if not necessarily on the walls, is certainly in multiple books and journals. And not that there aren't exceptions to every rule (my survival is proof of that), generally speaking, a cancer diagnosis "spells trouble with a capital 'T,'" if I may invoke the late actor, Robert Preston, from his career-defining role as Harold Hill in the 1962 movie, "The Music Man." Still, life is going on, and not too badly, I may add. But on any given day ...

I suppose the solution then is an asterisk. But how does one add an asterisk to a standardized form. And given the evolving nature of our almost-entirely inhumane (non-human) electronic contact, where does one go/what does one say, to separate and be heard. I want to be treated equally, but as a cancer patient, I'm not. I'm different. If there's a box for that, I'll gladly check it. I want the best outcome, naturally. But not giving me the opportunity to properly define myself/my circumstances doesn't help either one of us. And does even less for the next respondent.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



This “Wizard of Oz” contingent of three rescue dogs won second place in the costume contest (from left): Stacey Tignor of the town of Herndon and her dachshund Mimi dressed as the Scarecrow and her Chihuahua Baxter dressed as a flying monkey and Dian Rosen-Cornwell of the town of Herndon with her mixed-breed Bailey as Dorothy.



PHOTOS BY FALLON FORBUSH/THE CONNECTION

Sabrina Cardwell, 7, of the town of Herndon is led across the green of town square by her 2-year-old Chihuahua Snoopy dressed as Pikachu, a character from the Japanese cartoon Pokémon.

HernDogs Circle Town Square in ‘Pooch Parade’

BY FALLON FORBUSH
THE CONNECTION

A parade of poodles circled town square on Sunday afternoon, Oct. 1. They and their pet parents were competing in the Herndon Parks and Recreation Department’s costume contest and “Pooch Parade” during the town’s “Bark Bash.”

Before and after the parade, dog vendors and pet resource providers set up booths on the town square green. Companies selling products and handing out treats and information were:

- ❖ Fairfax County Animal Shelter
- ❖ Banfield Pet Hospital
- ❖ PEGASAT
- ❖ All Friends Pet Care
- ❖ Sit Means Sit Dog Training
- ❖ Pooch Pros Care Services, LLC
- ❖ Herndon Animal Medical Center
- ❖ EJ’s Meats & Treats

Representatives from Aperture, a new apartment building in Reston, and Station on Silver, a new apartment building in Herndon, also had booths at the event.

Goodies from the vendors were contributed to fill gift baskets for the first-, second- and third-place winners of the costume contest, according to John Walsh, a town employee. The costumes were voted on by the vendors and volunteers who helped put on the event.

The fun for Herndon dog lovers is not over.

Walsh and volunteers had 150 red, “Town of Herndon” bandanas to hand out during the event.

If people post photos on Facebook, Twitter or Instagram with their dogs wearing the bandanas with the hashtag “#HerndonDogs,” they will be entered to win a fourth prize basket.

The winner of the fourth basket will be announced on the town’s social media accounts on Monday, Oct. 2, according to Walsh.



Thomas Barnes of the town of Herndon and his dog Tyco, a 5-year-old Shih Tzu, won first place in the costume contest for their “Bad to the Bone” kennel prison.



Anthony Nawrocki, 25, a volunteer from the McLean Bible Church, led the “Pooch Parade” around the town square.



Julie Parkhurst, co-owner and COO of EJ’s Meats & Treats, gives a freebie to Cody, a 7-year-old Pitbull-American Staffordshire Terrier mixed breed. He is currently available for adoption from the Fairfax County Animal Shelter. The dog was transferred to the shelter from Florida before Hurricane Irma struck the state.