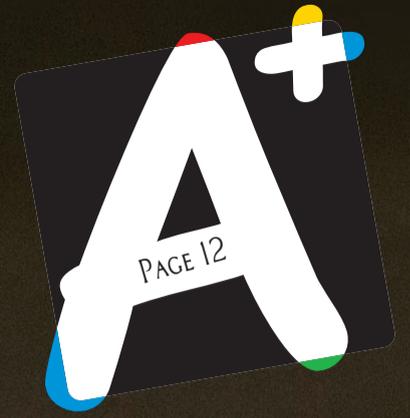


# Vienna and Oakton Vienna CONNECTION

Candidates Cheryl Buford of Vienna and Del. Kathleen Murphy, D-34, shake hands before leaving the stage while Gary Pan (center), board member of the Great Falls Citizens Association and debate moderator, grabs his phone to snap a photo.



## House of Delegates Candidates Square Off in Debate

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## House Of Delegates Candidates Square Off In Debate

BY FALLON FORBUSH  
THE CONNECTION

**T**here are only three weeks left until Election Day and the race for the area's representative in the House of Delegates is heating up.

The two candidates vying to represent District 34, which includes Great Falls, McLean and parts of Vienna, in the Virginia General Assembly debated at the Great Falls Grange on Thursday evening, Oct. 12. The event was hosted by the Great Falls Citizens Association, an organization that does not endorse candidates but encourages a well-informed community.

Incumbent Democrat Del. Kathleen Murphy of McLean was at ease throughout the event, prodding the debate moderator to make sure the debate started promptly at 7:30 and ended on time. A Washington Nationals game was scheduled to start at 8 o'clock and the debate was scheduled to end at 9 o'clock, and she was determined to catch the ending.

"I'm a very big baseball fan," she said, proud to represent several players on the team who live in the district.

In contrast, events like this were atypical for her Republican challenger, Cheryl Buford of Vienna.

"This is a new experience for me," Buford said before the debate. Unlike Murphy, she has not received any organizational endorsements.

Though the event ended on time, Murphy's team lost to the Chicago Cubs 8-9, undoing its chance of competing in the World Series.

However, Murphy cannot say she has gotten everything her way as a member of the minority party in the capitol. Murphy is chief patron of 12 bills this legislative session, three of which became law.

The first bill was an effort to combat Virginia's opioid overdose epidemic. Opioids are drugs that mimic the properties of opiates like morphine and codeine, and include illegal drugs like heroin and legal drugs like fentanyl and prescription painkillers.

In February, Gov. Terry McAuliffe signed several bipartisan bills into law supporting needle-exchange programs, increased access to overdose-reversal drug naloxone, changes to opioid prescription policies and processes for providing care to infants exposed to opioids in utero.

**MURPHY'S BILL** required the Board of Pharmacy to develop guidelines for pharmacists in order to provide counseling and information to patients who are prescribed drugs regarding proper disposal of unused drugs.

The second bill, passed in March, prohibits postsecondary schools that are required to be certified by the State Council of Higher Education for Virginia from enrolling students without first informing them whether their credits are transferrable and if the school is accredited.



**Republican Candidate Cheryl Buford, 64 (left), squared off with Democrat incumbent Kathleen Murphy, 60 (right) during a debate hosted by the Great Falls Citizens Association.**

PHOTOS BY FALLON FORBUSH/THE CONNECTION



**Tim Thompson, Dranesville District representative on the 2017 Chamber of Commerce School Bond Committee, spoke before the debate and encouraged the audience to vote yes for the \$315 million school bond referendum that is on the ballot for the Nov. 7 general election.**

The third bill, also passed in March, requires each school board in the commonwealth to publicize the actual public-teacher ratios of each middle and high school for the current school year.

Murphy was successful in passing these three bills this year because of their bipartisan support.

"I have to admit that it's a challenge being in the minority," Murphy said during the debate. "You do learn that you have to go and work together to get things done, and it is a little harder — for sure."

But it isn't a problem if she really wants to get it done.

"I am relentless when I see an issue that I believe we need to address and I go after a comrade on the other side; and so far, I've been very successful," she said.

However, her legislative scorecard was a point of attack for her opponent, who didn't let nerves get in the way of her performance.

"Over three sessions, she has gotten seven pieces of legislation passed," Buford said. "If you go to her website, it doesn't look all that much different from my website in the sense that it's very aspirational in terms of what she will do, what she hopes to do."

What Buford hopes to do has been encapsulated into an acronym that she has used to build her campaign, which she made sure to deliver to the crowd: SERVE. It stands for: "Shortening your commute, En-

ergizing the commonwealth's economy, Rebooting our public schools, Vanquishing the opioid epidemic and Ensuring our neighborhoods are safe."

The questions in the debate focused on transportation, education, economy and the opioid crisis.

Both candidates are focused on increasing funding for transportation infrastructure, both telling the crowd that work on the American Legion Bridge is a priority.

Both candidates are also focused on increasing funding for public schools with Buford dead set on changing commonwealth funding formulas so school districts that have larger populations of students who speak English as a second language receive more funding for ESL programs.

Murphy emphasized the need to increase teacher pay in Fairfax County because salaries are not competitive with neighboring counties, while Buford argued that above average pension benefits level the playing field.

"Of course, we want to be generous, but there is an issue with the pensions that really needs to be resolved," Buford said. "When you look at the total compensation for our teachers, it really is relatively the same with the other districts. The difference is that it is deferred into the pensions."

**AS FAR AS THE ECONOMY GOES,** the

### Short Bios

**Kathleen Murphy**, 60, is a native of Chicago who spent her childhood moving around as a member of a military family. She graduated from high school in Phoenix and earned a bachelor's degree in political science and psychology. Professionally, she was a writer for a Nickelodeon show called "Beyond Belief" before working as a congressional aide on Capitol Hill for U.S. Rep. Charlie Wilson (D-Texas). During the Bill Clinton administration, she was appointed as a congressional liaison at the U.S. Agency for International Development, later serving as a senior advisor on international trade issues at the Department of Commerce. She is a member of the Finance and the Privileges and Elections committees and a member of the Virginia Board of Veterans Services.

**Cheryl Buford** is a native of Topeka, Kansas, who was raised in a suburb of Kansas City. She earned a bachelor's degree in education and a master's degree in family economics, both from Kansas State University. She also has a master's degree in public affairs from the University of Texas LBJ School of Public Affairs. Professionally, she started her career as a home economics teacher in Chicago. After that, she became a consultant for government agencies specializing in transportation and economic development. She is vice president of business development and marketing for Reston-based Social Capital Valuations, LLC. She says she was recruited to run for the House of Delegates by Jo Thoburn, chairwoman of the 10th Congressional District Republican Committee.

two candidates vastly differ.

"We have quite a maze of regulations, so I would propose that any regulations that we pass from the General Assembly has to pass an economic analysis first," said Buford, whose campaign platform calls for slashing regulations imposed on the business community, especially smaller businesses.

While Murphy's view of regulations differs, she was sure to strut her pro-business purview.

"I support and have supported cutting red tape on our local, small businesses," Murphy said. "I think that it's got to be easier for small businesses to have access to capital so they can continue to grow. That is one of the reasons that I've been endorsed by the Northern Virginia Chamber of Commerce because I work very hard with them to try and be helpful to our business community and to make sure that we're doing the right things to make it a welcoming economy for businesses."

The candidates seemed to agree in approach to handling the opioid epidemic.

"We are losing three Virginians a week to the opioid epidemic," Buford said. "That is unconscionable. And we cannot incarcerate our way out of the problem."

Murphy agreed.

"We need more funding for mental health programs, we need more treatment programs and I agree totally that drug addictions cannot be cured with prison," Murphy said.

### ROUND TWO

The candidates will debate again on Monday, Oct. 23, at 7:30 p.m. at Longfellow Middle School, which will be hosted by the McLean Citizens Association.



PHOTOS CONTRIBUTED

**Lt. Thomas Taylor, a member of the Vienna Police Department, participated in the mock trial along with two community members who acted as defendants in the trial.**

## Ethics Day Held at Madison

**W**hile students in grades 9-11 took the PSAT, members of the class of 2018 participated in Ethics Day 2017, held at the Vienna Community Center. The intent of the day was to help demonstrate the necessity of creating a value system based on actions, reactions and our sources of influence. Tim Buckley, director of Student Services, explained “the modules were designed to help students explore their own thoughts and values around the topics of ethics”

Students rotated through four modules during the day in which they were asked to make an ethical decision based on a scenario presented to them. One such scenario was a courtroom dilemma in which Judge Gayle Carr presided over a mock trial, flanked by the prosecuting attorney Nathaniel Baldwin, who is a Madison graduate, and the defense attorney Bob Wagman.

The students in the room were asked to take on the role of a jury and decide the fate of the defendant. Both attorneys argued their side of the case, and called on witnesses (role played by community members). Lt. Thomas Taylor, a member of the Vienna Police Department, also participated in the mock trial, as the officer on the scene of the vehicular accident that was discussed at the trial.

As the day began, students were paired with a Table Leader who facilitated the discussions the student groups had at each module. Table leaders, room facilitators and moderators were adult volunteers from the community, including Madison Alumni, former Madison faculty members, employees from Navy Federal and members of the Rotary Club.

The event was sponsored by The Town of Vienna, Madison’s PTSA, Dominion Energy, the Vienna Optimists and the Rotary Club.



**Judge Gayle Carr speaks with a student about reporting their verdict to the jury.**



PHOTO CONTRIBUTED

**From left: U.S. Rep. Paul Tonko (D-N.Y.), co-chair of the House Green Dogs, Abhishek Kumar Sharma, and U.S. Rep. Gerry Connolly (D-11).**

## Connolly Meets with International Climate Change Activist Who’s Biking Across the Globe

U.S. Rep. Gerry Connolly (D-11), co-chair of the House Green Dogs, met on Capitol Hill with Abhishek Kumar Sharma, an international environmental advocate who is biking around the world to raise awareness about the need to address climate change and climate justice issues. Sharma has embarked on an around-the-world bicycle tour spanning six continents and more than 60,000 miles. To date, he has traveled 25,000 miles. His journey will end in November 2020.

“Climate change is not something we can simply wish away,” said Connolly. “It affects every community and we need American

leadership to meet this global challenge.

“As co-chair of the House Green Dogs, we continue to push Congress to take the lead and make investments in a cleaner 21<sup>st</sup> century economy,” added Connolly. “But we also need support from grassroots leaders. It was an honor to meet with Abhishek Kumar and hear his story as he helps to raise international awareness on climate change and social justice issues.”

The House Green Dogs are the largest environmental caucus in the House of Representatives, with more than 55 members of Congress. The organization was co-founded by Connolly in January 2009.

### WEEK IN VIENNA

## Vienna’s Halloween Parade Celebrates ‘The Great Outdoors’

The Town of Vienna, in partnership with the Vienna Business Association, will host its 71st annual Halloween Parade at 7 p.m. Wednesday, Oct. 25, along Maple Avenue. This year’s theme is “The Great Outdoors.”

A portion of Maple Avenue and many surrounding streets will be shut down for the duration of the parade. Hundreds of organizations and floats will travel west along Maple from Beulah Road to Center Street while thousands of attendees, many donning their Halloween costumes, cheer them on.

This year’s parade grand marshal is Joanie Dempsey, a volunteer for more than 25 years with the Vienna Volunteer Fire Department and Auxiliary.

Costumed children who wish to walk in the parade should meet at 6:30 p.m. in the parking lot at United Bank, 374 Maple Ave. E. Children must be accompanied by an adult.

Town Council will recognize this year’s winning floats, judged in seven categories, at a regular meeting in November.

For more information, call the parks and

recreation offices at 703-255-6360.

## Prescription Drug Take Back Scheduled for Oct. 28

On Oct. 28, 2017, between the hours of 10 a.m. and 2 p.m. the Vienna Police Department will have a collection site for old, expired, unused, or unwanted medications. Prescription medications, controlled or non-controlled substances, and over the counter drugs may be turned in anonymously at the collection point inside the Vienna Police Department located at 215 Center St., S.

Participants may dispose of medication in its original container or by removing it and disposing of it directly into the collection box. If using an original container, the individual should consider removing any identifying information from the prescription label. Liquid products should remain sealed in their original container to prevent leakage. Intravenous solutions, injectables, and syringes will not be accepted due to associated hazards. Commercial businesses, pharmacies or other medical facilities may not use this as a means to discard expired medications or medical waste.

# FAITH

## Vienna Baha'is Celebrate 200th Anniversary of Founder's Birth

Baha'is of Vienna will mark the 200th anniversary of the birth of Baha'u'llah, the founder of the Baha'i Faith, with the launch of the Light of Unity Festival, a series of events geared toward attracting people from throughout the Vienna area to activities focused on strengthening fellowship among people of all backgrounds through service, celebration and learning.

Current plans include a free concert on the Town Green, at 1 p.m., Oct. 22. Also, the Baha'i community, working with Vienna Parks staff, is planning the contribution of a meditation garden near the Vienna Community Center. It will include benches, trees and other plants.

Baha'u'llah (1817-1892), founder of the Baha'i Faith, was a spiritual teacher whose messages proclaimed the unity of humankind, the equality of women and men, the need to eliminate all forms of prejudice and end economic disparity with spiritual solutions. His teachings have taken root around the world, transforming outdated social structures and unifying and strengthening communities. Baha'i-inspired efforts have made long-term and sustainable change, which are global in scope and unique in the diversity of participants.

The Light of Unity Festival will highlight the transformation Baha'u'llah's teachings have had on individuals, families, neighborhoods and communities. Baha'i principles offer an antidote to the corrosive effects of racism, gender disparity and materialism. "Now more than ever we need positive, inclusive ways to spur the kind of social change that draws people together, rather than divide them," said Carol Scruggs, secretary of the Spiritual Assembly of Vienna. "This is what we will be celebrating with the anniversary of Baha'u'llah's birth in October, and beyond."

Light of Unity Festival activities are developed at the grassroots level all around the country. They reinforce the principle of the oneness of humanity and empower participants to contribute. Activities will include drama, music, art, storytelling, service projects, prayer and devotional programs, all with the purpose of applying the principle of the oneness of humanity to contemporary challenges, including environmental justice, race relations, recognition of indigenous peoples and minorities, human rights, and the harmony of science and religion. To learn more and get involved, go to [www.bahai.us](http://www.bahai.us).

### FAITH NOTES

*Faith Notes are for announcements and events in the faith community. Send to [vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com). Deadline is Friday at noon.*

**Trinity United Methodist Church**, 1205 Dolley Madison Blvd., McLean. Sunday worship services are at 8:30 and 10:30 a.m. Sunday School for young adults follows the 10:30 a.m. worship services and for children at 9:30 a.m. Youth Group for grades 7-12 meets Sundays at 5 p.m. A 20-minute service of Holy Communion is held each Wednesday at noon. 703-356-3312 or [umtrinity.org](http://umtrinity.org).

**Passages DivorceCare**. For those experiencing the pain of separation or divorce, the caring community at Vienna Presbyterian Church offers Passages DivorceCare. This 15-week program offers a path toward healing. Vienna Presbyterian Church is located on the corner of Maple Avenue (Rt. 123) and Park Street in Vienna. Cost to cover materials is \$20, scholarships available. For more information or to register call 703-938-9050, go to [www.viennapres.org](http://www.viennapres.org), or send an email to [Passages@ViennaPres.org](mailto:Passages@ViennaPres.org).

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# OPINION

## What To Do Against the ‘Nightmare Scenario’?

BY STEPHEN R. RUTH  
SCHAR SCHOOL OF POLICY AND GOVERNMENT  
PROFESSOR OF PUBLIC POLICY  
GEORGE MASON UNIVERSITY

**W**e should fear Artificial Intelligence. Not in the future but now. Ask Sheryl Sandberg, chief operating officer of Facebook. She announced that her company, with its over 2 billion users, built software it cannot fully control. “We never intended or anticipated this functionality being used this way,” Sandberg said, “— and that is on us.” Facebook’s operating systems had allowed Russian operatives to create accounts and ads aimed at influencing the 2016 U.S. presidential election. The gigantic network seems to have created systems that are ungovernable.

Facebook’s problem hints at the extreme dangers lurking within Artificial Intelligence as it grows throughout the world. AI Experts are already talking about a “nightmare scenario,” where nations’ AI systems could ignite real-time conflicts. Consider, hair-trigger AI systems could eventually control several nations’ military responses’ and some error in any one algorithm could possibly lead to a nuclear catastrophe.

Between the Facebook case and the nightmare scenario is the immediate problem of millions of people losing jobs. Around the globe, programmable machines — including robots, cars and factory robots — are replac-

ing humans in the workplace. Automation threatens 80 percent of today’s 3.7 million transportation jobs, one U.S. government report estimated, including truck and school bus drivers, taxi drivers and Uber and Lyft drivers. Another report indicates AI is threatening aspects of the many different jobs, including call center operators, surgeons, farmers, security guards, retail assistants, fast food workers and journalists. A 2015 study of robots in 17 countries found that they accounted for over 10 percent of the countries’ gross domestic product growth between 1993 and 2007. Consider, a major supplier for Apple and Samsung cell phones and computers, China’s Foxconn Technology Group, is planning to automate 60,000 factory jobs with robots, replacing its existing employees. Meanwhile, Ford’s factory in Cologne, Germany, not only replaced human workers with robots but also on some jobs stations position robots beside human workers — they are called cobots.

But these employment issues, as troubling as they are, cannot compare to the dangers envisioned by Elon Musk and Stephen Hawking. They are among the dozens of thought leaders who signed a letter harshly condemning governments’ increasing reliance on AI for military use. Their chief concern is autonomous weapons, another example of AI. The U.S. military is already developing armaments that do not require humans to operate them. These weapons are being created to offer battlefield support for human troops. Autonomous arms

are dramatically easier to develop and mass-produce than nuclear weapons. They will likely to soon appear on black markets around the world, certain to be favored by terrorist groups. To quote from the open letter, the new autonomous weapons would be ideal for dark actions including “assassinations, destabilizing nations, subduing populations and selectively killing a particular ethnic group.”

There are some economic optimists like MIT’s Erik Brynjolfsson and Andrew McAfee, who feel that AI will eventually bring long term prosperity to the world, but even they admit that finding common ground among, economists, technologists and politicians is daunting. Obviously, it will be very difficult to craft legislation about AI without more agreement about its potential effects.

We should definitely be fearful of artificial intelligence, not just because it is clearly destined to affect the number of available jobs, including those in middle and even upper middle class domains, but because its potential military use can lead to a perilous future, if not controlled. As the open letter signed by Musk and Hawking concluded, “Starting a military AI arms race is a bad idea, and should be prevented by a ban on offensive autonomous weapons beyond meaningful human control.”

*The author is director of the International Center for Applied Studies in Information Technology (ICASIT) <http://policy-icasit.gmu.edu/>*

COMMENTARY

## Shades of the Old South **It is always important to vote, but it is more important than ever this year.**

BY KENNETH R. “KEN” PLUM  
STATE DELEGATE (D-36)

**J**ust when you think things are changing you can be shocked to realize just how much they stay the same. Politics in Virginia are a prime example.

For more than a century after the Civil War the consistent factor in politics was race baiting. The then-called Democrats in the South, who later became known as Dixiecrats and today are the conservative wing of the Republican Party, were successful with a variety of laws that disenfranchised African Americans.

Even with the few African Americans who could get through the labyrinth of laws that included blank sheet registration forms, literacy tests and poll taxes the scare tactic employed by too many candidates was to suggest that their opponent was a lover of black people — but using a derogatory term. That fear of black people has its roots back to the centuries where black people were enslaved and brutal enforcement and fear were used to keep them that way.

The Civil War did not resolve the feeling between blacks and whites, and slave codes were replaced with Jim Crow laws that whites could use to assert supremacy over black people.



COMMENTARY

For a candidate to take a position that could be interpreted as being favorable to African Americans would mean almost certain defeat at the polls. Only Supreme Court decisions and federal laws like the Civil Rights Act and the Voting Rights Act created a more level political playing field between the races. Continued efforts

to suppress the votes of minorities and to unnecessarily complicate the voting process are still employed by some trying to maintain a structured society of white supremacy.

More recently those who want to keep or expand their political power have swept immigrants — whatever their status — into the realm of those who are to be feared and suppressed from participating in the democratic process.

Many strive to gain maximum political advantage through whatever means while at the same time wanting to keep the appearance of respect and patriotism. The recent television ad with scary images and references to fear and the MS 13 gang intends to scare voters into rejecting a compassionate medical doctor with an ad that fact checkers have found to be untruthful.

Another concern from the current campaign

is the suggestion from a white female candidate for lieutenant governor that her black male opponent does not understand the issues well enough to discuss them “intelligently.” Disregarding the excellent academic credentials of her opponent, her comments had the tone of the past that one observer said seemed more appropriate for 1957 than 2017.

At the national level, there are daily statements and actions that hearken back to the racial climate of the Old South. This year in Virginia, we have a unique opportunity on Nov. 7 to make a statement with our votes that we reject the discrimination of the past. It is always important to vote, but it is more important than ever this year. Despite efforts to romanticize the Old South and the Confederacy, we need to learn the truth and understand why we need to move on.

### Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

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NEWS DEPARTMENT:  
[vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com)

**Kemal Kurspahic**  
Editor ♦ 703-778-9414  
[kemal@connectionnewspapers.com](mailto:kemal@connectionnewspapers.com)

**Donna Manz**  
Contributing Writer  
[dmanz@connectionnewspapers.com](mailto:dmanz@connectionnewspapers.com)

**Andrea Worker**  
Reporter  
[aworker@connectionnewspapers.com](mailto:aworker@connectionnewspapers.com)

**Mike Salmon**  
Editorial Assistant  
[vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com)

ADVERTISING:  
For advertising information  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)  
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**Debbie Funk**  
National Sales  
703-778-9444  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

**David Griffin**  
Marketing Assistant  
703-778-9431  
[dgriffin@connectionnewspapers.com](mailto:dgriffin@connectionnewspapers.com)

**Editor & Publisher**  
Mary Kimm  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)  
[@MaryKimm](https://twitter.com/MaryKimm)

**Executive Vice President**  
Jerry Vernon  
703-549-0004  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Editor in Chief**  
Steven Mauren  
**Managing Editor**  
Kemal Kurspahic  
**Art/Design:**  
Laurence Foong, John Heinly,  
Ali Khaligh  
**Production Manager:**  
Geovani Flores

**Special Assistant to the Publisher**  
Jeanne Theismann  
[jtheismann@connectionnewspapers.com](mailto:jtheismann@connectionnewspapers.com)  
[@TheismannMedia](https://twitter.com/TheismannMedia)

CIRCULATION  
[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)



# NEWS

## Historic Vienna to Host English Tea, Santa Claus

Historic Vienna, Inc. has announced the Freeman Store Used Book Cellar's first birthday. All are invited to browse the Used Book Cellar, 131 Church St., NE, Vienna, Wednesday through Sunday, 1-4 p.m. Used book donations are always welcome and may be dropped off on the store porch or carried indoors. Textbooks, encyclopedias, magazines and romance novels are not accepted. November special — 20 percent off all cookbooks.

Learn about English holiday traditions while enjoying a traditional English holiday tea at 3 p.m., Friday, Dec. 1 and Saturday, Dec. 2, at the Freeman Store and Museum. The tea is \$35 per person and

includes scones, sausage rolls, sandwiches, and assorted sweets. After a short presentation there will be time to relax and visit with friends in the Freeman Store's parlor and dining room. Space is very limited; make reservations by calling 703-938-5187.

Santa Claus is coming to the Freeman Store and Museum from 12-2 p.m., Sunday, Dec. 3 and 10. Seated in his special chair next to Historic Vienna's decorated Christmas tree, courtesy of the Optimist and Ayr Hill Garden Clubs, Santa will meet and listen to the wishes of his young visitors. Parents and grandparents are encouraged to bring their cameras. The event is free. Visit [historicviennainc.org](http://historicviennainc.org).

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**AFTER**



**BEFORE**

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### Help The Homeless 5K Walk 2017

**Saturday, October 21st**  
Veterans Amphitheater  
**At Fairfax City Hall**  
10455 Armstrong St, Fairfax

In just one morning, you can make a real impact on the lives of men and women who are homeless in Fairfax County and the Northern Virginia region. Your registration fee of just \$32 provides a day of supportive services for someone in need.

**Schedule of Activities**  
Check-in and registration opens: 8:30am  
Program and walk begins: 9:00am

**You Choose The Walk**  
A 5K through the neighborhoods of Fairfax city OR  
A 1.5 mile short course

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**McLean Community Center**  
The Center of It All



## Here's What's Happening at MCC



**Friday Night Field Trip**  
**Twisted Fields of Terror**  
Friday, Oct. 20, 3:30-10 p.m.  
\$60/\$50 MCC district residents  
The Old Firehouse  
1440 Chain Bridge Rd.

### The Alden

**"Peter Pan"**  
presented by  
**Dufflebag Theatre**

Saturday, Oct. 28, 1 p.m.  
\$15/\$10 MCC district residents  
The Old Firehouse  
1440 Chain Bridge Rd.



### Presented by The Alden

**JUSTIN POWERS**  
Quote-Along Movie PG-13

Friday, Nov. 3, 7 p.m.  
Admission and popcorn are free.  
Prop bags are \$5 each.  
The Old Firehouse, 1440 Chain Bridge Rd.

### Sponsored by The Alden

**Everyday Magic with the Amazing Max**



Sunday, Nov. 5,  
11 a.m. (for ages 5-7),  
1:30 and 4 p.m. (for ages 8-11)  
\$45/\$35 MCC district residents  
The Old Firehouse  
1440 Chain Bridge Rd.

### Teacher Workday Trips

**Massanutten Indoor Waterpark**

Monday, Nov. 6, 8 a.m.-6 p.m.  
\$110/\$100 MCC district residents

### iFly & Movie

Tuesday, Nov. 7, 8 a.m.-6 p.m.  
\$55/\$45 MCC district residents

The Old Firehouse, 1440 Chain Bridge Rd.

### The McLean Community Center

[www.mcleancenter.org](http://www.mcleancenter.org)

Home of the Alden Theatre  
[www.aldentheatre.org](http://www.aldentheatre.org)

Administrative Offices  
6631 Old Dominion Dr.  
McLean, VA 22101  
703-790-0123, TTY: 711



## ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday.

### WEDNESDAY/OCT. 18

**Dining with Dorothy.** 12:30 p.m. at Legal Seafoods, Tysons Galleria, 2001 International Drive, McLean. This socializing/dining event is hosted by the Shepherd's Center of Oakton-Vienna. Email [dflood1706@gmail.com](mailto:dflood1706@gmail.com).

**Tree Talks.** 7-9:30 p.m. at Churchill Road Elementary School Cafeteria, 7100 Churchill Road, McLean. Topic: "Trees in McLean's Changing Landscape-Planting and Protecting." Visit [www.mcleancitizens.org](http://www.mcleancitizens.org).

### FRIDAY/OCT. 20

**Lunch and Learn.** noon at The Providence Community Center, 3001 Vaden Drive. RSVP lecture on the value of volunteering. Email Carly Hubicki at [chubicki@volunteerfairfax.org](mailto:chubicki@volunteerfairfax.org).

**Drumming and Drum Circle Workshop.** 3:30-10 p.m. at The Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. Teens can get in the Halloween spirit and spend a Friday night with the Old Firehouse. Only the brave-hearted are invited on this journey. The night will start with a group dinner \$60/\$50 MCC district residents. Visit [www.mcleancenter.org](http://www.mcleancenter.org).

**An Evening Service of Song, Scripture and Prayer.** Holy Comforter will welcome two visiting choirs from Delaware: Immanuel Church on the Green, Newcastle, and St. Peter's Episcopal Church, Lewes. Under the direction of Choirmasters T. J. Thomas and Jack Warren Burnam, the combined choirs will present an evening service of song, scripture, and prayer. This liturgy will be followed by a festive reception.

### OCT. 20-22

**Vienna Theatre Company Production.** Various times at the Vienna Community Center, 120 Cherry St. SE. Upcoming production "In Living Sound - Back Home!," live radio drama directed by Patricia Boswell Kallman. \$14. Visit [www.viennatheatrecompany.org](http://www.viennatheatrecompany.org).

**Great Falls Studios Tour.** 10 a.m.-5 p.m. at various venues in Great Falls. A self-guided driving tour of local artists in their personal studios. This three-day event is family-friendly, free, and offers the opportunity to see art being made in the community. Artists will be available 10 a.m.-5 p.m. Friday, Saturday and Sunday, rain or shine. Visit [www.greatfallsstudios.com](http://www.greatfallsstudios.com).

### SATURDAY/OCT. 21

**Damselwings Art Show.** 3-6 p.m. at the Home of Martha Brettschneider, 2203 Abbotsford Drive, Vienna. Exhibit and sale of Martha Brettschneider's floral metal prints and notecards. Portion of sales will support Metavivor's breast cancer advocacy. Free. Visit [bit.ly/DamselwingsArtShow](http://bit.ly/DamselwingsArtShow) or call 703-919-4230.

**Astronomy Campfire.** 6-7 p.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Hear tales about the constellations and make s'mores over the campfire's embers. Ages 4 and up. \$8. Visit [www.fairfaxcounty.gov/parks/riverbend-park/](http://www.fairfaxcounty.gov/parks/riverbend-park/).

### OCT. 21-22

**18<sup>th</sup> Century Autumn Market Fair.** 11-4:30 p.m. at the Claude Moore Colonial Farm, 6310 Georgetown Pike, McLean. Learn to dip candles and watch the blacksmith and rope



## Music

**The Music of Simon & Garfunkel performed by Americana-folk duo Swearingen and Kelli.** will be performed Sunday, Oct. 22, 7:30 at Jammin' Java, 227 Maple Ave. E. \$20. Visit [themusicofsimonandgarfunkel.com](http://themusicofsimonandgarfunkel.com).

maker at work. Children's games, puppet theater and live music. Meet staff and volunteers in costume and character. \$8; children and seniors: \$4; children under 3 free. Visit [www.1771.org](http://www.1771.org).

### SUNDAY/OCT. 22

**Capitol Steps Comedy Troupe.** 3 p.m. at Oakton High School, 2900 Sutton Road, Vienna. A singing, dancing, satirical show that focuses on politics, proceeds go to the Shepherd's Center of Oakton-Vienna. \$35. Visit [www.scov.org/fundraiser-tickets](http://www.scov.org/fundraiser-tickets) or call 703-281-0538.

**Bonis Ensemble.** 4 p.m. at Saint Francis Episcopal Church, 9220 Georgetown Pike, Great Falls. Playing Mozart, Mahler and Bonis. Visit [www.amadeusconcerts.com](http://www.amadeusconcerts.com).

**The Music of Simon and Garfunkel.** 7:30 at Jammin' Java, 227 Maple Ave. E. The Music of Simon & Garfunkel performed by Americana-folk duo Swearingen and Kelli. \$20. Visit [www.themusicofsimonandgarfunkel.com](http://www.themusicofsimonandgarfunkel.com).

### WEDNESDAY/OCT. 25

**71st Annual Halloween Parade.** 7 p.m. on Maple Avenue, Vienna. Join friends and neighbors, ghouls and goblins for one of Vienna's traditions: the 71st annual Halloween Parade, hosted by the Vienna Business Association. Pre-registration is required for businesses and organizations who wish to march in the parade. No registration needed for children who want to wear costumes and walk in the parade; children must be accompanied by their mummy or another adult. Visit [bit.ly/2huu6L0](http://bit.ly/2huu6L0).

### OCT. 27-28

**Vienna Theatre Company Production.** Various times at the Vienna Community Center, 120 Cherry St. SE. Upcoming production "In Living Sound - Back Home!," live radio drama directed by Patricia Boswell Kallman. \$14. Visit [www.viennatheatrecompany.org](http://www.viennatheatrecompany.org).

**The Recital on Stage.** 7:30 at 1st Stage Theatre, 1524 Spring Hill Road, McLean. Premiere of The Recital with live piano performed by MusicLink, Saturday's ticket includes access to the Post-Performance. \$30-50. Call 703-854-1856.

### SATURDAY/OCT. 28

**Arlington Free Clinic Annual Benefit Gala.** 6 p.m.-midnight at Ritz-Carlton, Tysons Corner Tysons Galleria, 1700 Tysons Blvd., McLean.



**Melissa Mino sings with the Tysons McLean Orchestra on Home for the Holidays Musical on Saturday, Dec. 2, 7:30 at The Falls Church Episcopal, 115 E. Fairfax St., Falls Church. Call 703-893-8646.**

Cocktail reception and silent auction, which includes getaways, art and photography, sports items, and much more. \$300. Visit [www.gala.arlingtonfreeclinic.org](http://www.gala.arlingtonfreeclinic.org).

**Ellis Paul in Concert.** 7:30 p.m. at Jammin Java, 227 Maple Ave. E., Vienna. Ellis Paul with Sophie B. Hawkins in celebration of 25 years of touring. Visit [www.jamminjava.com](http://www.jamminjava.com).

### SUNDAY/OCT. 29

**Pumpkin Carving Lessons.** 10 a.m.-4 p.m. at Wildfire, Tysons Galleria, 3<sup>rd</sup> floor, McLean. Executive Chef Edwin Amaya shares his best-kept secrets for carving pumpkins and Emma Choi, student representative to Real Food for Kids, will be the special guest followed by a costume contest. \$20.00 per child and a portion of the proceeds will be donated to "Real Food for Kids." Call 703-442-9110.

**Spookappella Halloween Jam.** 2 p.m. at Jammin Java, 227 Maple Ave. E., Vienna. Cover band rocking R&B, Hip-Hop, Funk, and soul hits of the last five decades. \$10 in advance, \$15 at the door. Visit [www.jamminjava.com](http://www.jamminjava.com).

### FRIDAY/NOV. 3

**Scott Miller Concert.** 2 p.m. at Jammin Java, 227 Maple Ave. E., Vienna. Rock singer/songwriter highlights his first full album in four years, "Ladies Auxiliary." Visit [www.jamminjava.com](http://www.jamminjava.com).

### NOV. 6-JAN. 7

**Textures Exhibit.** Various times at the Vienna Arts Center, 115 Pleasant St., NW. Call 703-319-3971 or visit [www.ViennaArtsSociety.org](http://www.ViennaArtsSociety.org).

### WEDNESDAY/NOV. 8

**Astronomy Lecture.** 7:30-9 p.m. at Turner Farm, 925 Springvale Road, Great Falls. Topics may include planets, open clusters, double stars, stellar color spectrum, globular clusters and galaxies. After class, view the objects that were discussed through the observatory's telescopes, if weather allows. Visit [www.fairfaxcounty.gov/parks/turnerfarm/](http://www.fairfaxcounty.gov/parks/turnerfarm/).

### SATURDAY/NOV. 11

**Fall Bazaar.** 10 a.m.-4 p.m. at Vienna Volunteer Fire Department Auxiliary, 400 Center St., South. The Vienna Volunteer Fire Department Auxiliary is sponsoring this event with crafts, bake sale, holiday items. Email [dancers1023@aol.com](mailto:dancers1023@aol.com) or call 703-309-3468.

# 2 Great Shows



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Dunn Loring Volunteer Fire Station  
2148 Gallows Road  
Dunn Loring, VA

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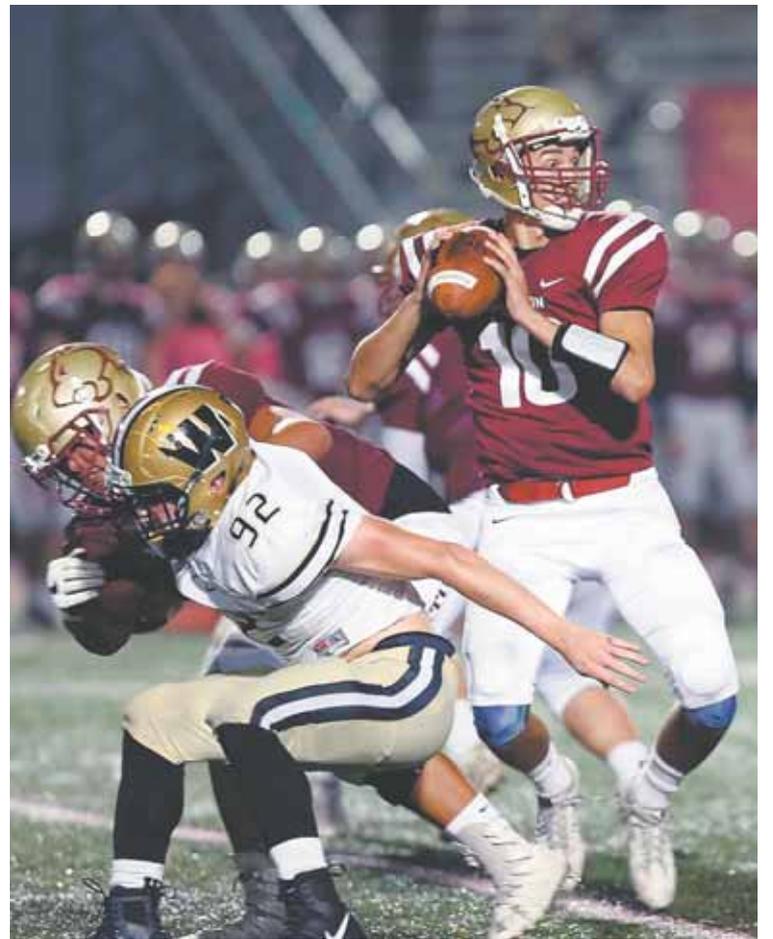


## SPORTS

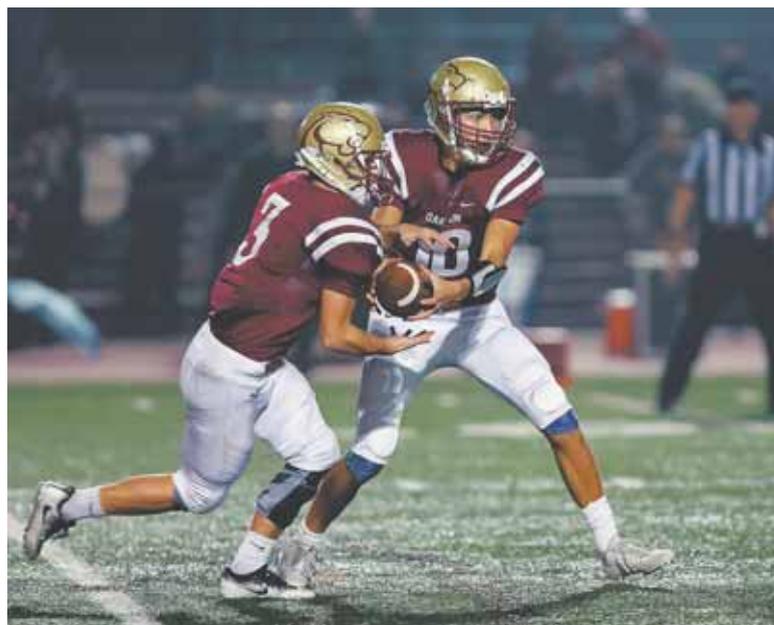
# Oakton Falls to Westfield, 34-14

**Oakton Quarterback Paul  
Campos Jr. #10 looks  
downfield for a receiver.  
Oakton fell to Westfield  
34-14 at Oct. 13 game.**

PHOTOS BY  
WILL PALENSCAR



**Oakton's Marcus  
Cruz #5 and Ryan  
Harris #7 attempt to  
block the extra point  
of Westfield's kicker.**



**Oakton Quarterback  
Paul Campo Jr.  
hands the ball to  
Jared Cole #3.**

# BULLETIN

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## WEDNESDAY/OCT. 18

**McLean Newcomers Luncheon.** 11:30 a.m.-12:30 p.m. at Mylo's Grill, 6238 Old Dominion Drive. Nancy Harvey Steorts, a former Chairman of the Consumer Product Safety Commission, will discuss "How Safe is Your Home?". \$30. Visit [www.McLeanNewcomers.org](http://www.McLeanNewcomers.org) or email [McLeanNewcomers@yahoo.com](mailto:McLeanNewcomers@yahoo.com).

**Tree Lecture.** 7-9:30 p.m. at Churchill Road Elementary School Cafeteria, 7100 Churchill Road, McLean. Introduction by Supervisor John Foust. Hear from county staff about infill development and tree protection rules, from the McLean Trees Foundation on how to plant to best kinds of trees for your yard, and from local developers in the area. Exhibits. Visit [www.McLeanCitizens.org](http://www.McLeanCitizens.org) for more.

## FRIDAY/OCT. 20

**Retailer Job Fair.** 1-8 p.m. at Tysons Corner Center-Fashion Court, 1961 Chain Bridge Road. Tysons Corner Center will be hosting a multi-retailer job fair showcasing over 30 retailers and restaurants. Come meet the brands, engage with potential coworkers, and come ready for on-the-spot interviews. Email [becca.willcox@macerich.com](mailto:becca.willcox@macerich.com) or call 703-770-1123 for more.

## SATURDAY/OCT. 21

**Incarceration Lecture.** 4-6 p.m. at Emmaus United Church of Christ, 900 Maple Ave E., Vienna. Dr. Vesla M. Weaver, Bloomberg, Associate Professor of Political Science and Sociology at Johns Hopkins University, will discuss how low-income Black and Latino communities experience policing and incarceration. Call 703-938-1555 for more.

## SATURDAY/OCT. 28

**Operation Medicine Cabinet Cleanout.** 10 a.m.-2 p.m. at McLean District Station, 1437 Balls Hill Road, McLean. Drop off unused or expired medications at a Fairfax County Police district station. Pills or liquids only, no pressurized canisters or needles. Safe disposal of unused or expired medications prevents drug abuse and misuse, accidental poisoning, and protects the environment. Disposal is free, convenient, confidential, and safe. Visit [www.fairfaxcounty.gov/police/stations/](http://www.fairfaxcounty.gov/police/stations/) or [www.deadiversion.usdoj.gov/drug\\_disposal/takeback/index.html](http://www.deadiversion.usdoj.gov/drug_disposal/takeback/index.html) for more.

## MONDAY/NOV. 13

**Community Meeting.** 6-8:30 p.m. at the Oakton High School Cafeteria, 2900 Sutton Road, Vienna. Design Public Hearings on the Transform 66 Outside the Beltway Project regarding plans for the 22.5 mile corridor from I-495 to University Boulevard in Gainesville. Visit [transform66.org](http://transform66.org) for more.

## MONDAY/DEC. 11

**FCPS Community Conversations.** 6:30-8 p.m. at Jackson Middle School, 3020 Gallows Road, Falls Church, Cafeteria (Region 2). Fairfax County Public Schools (FCPS) Superintendent Scott S. Brabrand will host Community Conversations to hear what students, parents, employees, and members of the community are thinking about and what issues are important to them. Brabrand welcomes citizens to attend and take part in any of the upcoming sessions that are convenient for them. Citizens needing a translator can make a request for services online. Visit [www.fcps.edu/news/superintendent-brabrand-schedules-five-community-conversations-fall](http://www.fcps.edu/news/superintendent-brabrand-schedules-five-community-conversations-fall).

## SUPPORT GROUPS

**Are You A Caregiver? Shepherd's Center of Oakton Vienna Caregivers' Support Group** takes place first & third Thursday of each month. February 2nd and 16th, 2017 from 10:00 a.m. to 11:30 a.m. Join us at the Unitarian Universalist Congregation of Fairfax (UUCF) - Program Building, 2709 Hunter Mill Rd, Oakton, VA. For more info contact facilitator, Jack Tarr, 703-821-6838 [jtarr5@verizon.net](mailto:jtarr5@verizon.net).

# BUSINESS DIRECTORY

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## "Righty Tightly, Lefty Loosey"



By KENNETH B. LOURIE

So I've been told mnemonically for years. But when you're home and automotive-repair challenged as I am, everything is much easier said than done, especially when the mnemonic device is easier to handle/figure out than whatever tool and/or schematic is necessary/advisable for the at-home/in-driveway repair. (We don't have a garage, or much of a basement for that matter. It's more of a cellar, actually. In fact, I call it "the dug out," so lack of spatial accommodations can exacerbate the problem).

And that's sort of how I feel whenever I attempt a home/car-owner-type repair. Soon after I organize whatever thoughts and tools I guess I might need: within minutes of the initial effort, I will have likely complicated the repair and will be forced to dig myself out, sometimes literally. I'll spare you the details, but suffice to say, I am a man of my word and that word is disaster. To invoke the great and often-quoted Dirty Harry: "A man's got to know his limitations," (Magnum Force, 1973), and believe me, I do.

Granted, replacing bulbs in my house, as written in the final paragraph of last week's column: "What To 'Ware,'" ranks pretty low on the home owner's list of honey-can-you-do?. Nevertheless, challenges do present themselves, especially when height and a ladder - or a step stool, with no spotter, are involved. And when I'm looking up with arms outstretched attacking the problem: light fixture from multiple angles, sometimes, when I place my hand on the bulb, I begin to lose my orientation and am unsure where's 'Righty' and where's 'Lefty.' And even though I always remember 'Tightly and 'Loosey,' when 'Righty Tightly, Lefty Loosey' doesn't immediately bring results, I tend to lose patience - and confidence, and slowly retreat to lower ground to reassess.

Unfortunately, there's no one to call. I mean, when you fail at the most basic and fundamental responsibility a home/car owner has, it's difficult, even for someone with as little ego as me, to admit abject failure. Repairing a toilet, installing light fixtures and/or ceiling fans; sawing, sanding, measuring, leveling and drilling; lifting, balancing and carrying; and anything else involving plumbing, electrifying; and even hammering and screwing in general, are tasks I don't mind asking and/or paying for. Having been down this road many times before, I know it's a path that won't lead to my redemption.

So not wanting to make a bad situation worse, or create a problem where one or two previously didn't exist, I have to employ the simplest of solutions. And what's simpler than "a pithy observation that contains a general truth:" an aphorism (Dictionary.com), an aid to one's lack of memory and ability to perform even the most basic of tasks, particularly as it pertains to a home owner: bulb replacement.

Not that this inability is at all defensible. It's not. It's totally indefensible and one whose defense is not all explainable by the most offensive of terms: cancer. Which as you regular readers know has been the bane of my existence going back to late February 2009. That's when my Internal Medicine doctor called me at work to share the results of my previous week's surgical biopsy. His suggestion was that we meet in his office to discuss the results. I shook my head in disbelief. If he wants to meet me in person, the results must be bad, I thought. Otherwise, he'd just tell me, right? I asked him to hold on as I found a private office for us to talk (me to react) and braced myself. He told me the growth was malignant and suggested I see an oncologist as soon as possible. An appointment was set for the following Thursday.

Much has changed in my life ever since that fateful day, but not as it concerns this home/car owner's inability to handle the most mundane tasks. Might have actually gotten worse. As for "the cancer," as "Forrest, Forrest Gump" described the cause of his mother's death, not so bad. I am alive and reasonably well, eight years and nearly two months out, six years plus past the end date of my original "13 month to two year" prognosis. Of that I'm proud. As for the home and car repair deficiencies, I couldn't care less. I have to admit though, it is laughable - and pathetic.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

# Boosting a Child's Self-Esteem

A positive self image is a lifelong gift.

BY MARILYN CAMPBELL

One of the greatest gifts that a parent can give a child is a healthy self-esteem. Positive feelings about oneself can lead to success in a gamut of situations ranging from school to social circles, say child development experts.

"Self-esteem plays an important role at all stages of our lives," said psychologist Stacie B. Isenberg, Psy.D. "As adults, it can affect how one approaches situations and interacts with other people. When self-esteem is low, it may, for example, affect work performance or one's ability to recognize and enjoy accomplishments."

Parents play an essential part in the development of their child's self-esteem, advises Cheryl Giacomelli, who teaches psychology at Northern Virginia Community College. "Parents foster self-esteem in many ways including leading by example, being emotionally available, engaging with their children, and providing a loving and supportive environment that allows children to succeed and fail," she said.

Parents can model this behavior in everyday tasks. "For example, while helping a child with a math assignment and not understanding the math problem, the parent

who says 'I can't believe I don't understand this, I was always terrible at math' is sending a different message than the parent who says, 'I'm not sure about this one. Let's ask your teacher to explain it to us in a different way,'" said Isenberg. "Parents can benefit themselves and their children by learning to describe situations according to the specific circumstances and resisting putting a generalized label on the situation or their behavior."

Since children learn by observation, modeling healthy relationships and habits is a vital component of developing a healthy self-esteem, suggests Giacomelli. "Choose an activity once a day in which you are fully engaged with your child," she said. "This may sound like common sense, however in today's busy world, it's sometimes difficult to devote all of your attention to one task. This means playing a game or reading a book and ensuring your cell phone is nowhere in sight."

"Experiences that may negatively impact the development of a strong sense of self occur when we do not fully engage with our children, when we do not allow our children to fail, and when we do not acknowledge our own faults," continued Giacomelli

Avoid harsh criticisms and display expressions of love, warmth and affection, advises Joanne Bagshaw, PhD, LCPC, professor of psychology at Montgomery College-Germantown.

"Children's self-esteem develops based on how well their parents love them," she said. "The best thing parents can do is to openly and unconditionally love and accept their child. Parents ... can do so verbally, by telling their children often that they love them and by being openly affectionate, with hugs, for example. Parents can also communicate warmth through their tone of voice, and eye contact."

**PRAISING CHILDREN** is important, but it must be sincere. Even setbacks can offer opportunities for developing a healthy self-esteem, suggests Isenberg. "Children feel good about themselves when they have received genuine, positive reinforcement from people and situations," she said. "Praising a child's efforts is one of the best things parents can reinforce, because a child can control his effort, whereas outcome isn't always within one's control."

One example that Isenberg offers is saying something like, "I'm so proud of how hard you studied for that science test. You

spent a lot of time reviewing the material and were really dedicated to being prepared."

Allowing children to learn to do things on their own and even experience a setback within a supportive environment may increase feelings of confidence and competence, says Jerome Short, Ph.D., associate professor of psychology at George Mason University.

"Parents may do too much for children or protect them from failure so that children do not learn to cope with difficult situations and soothe themselves," he said. "Children should believe that they have worth for being a unique person."

Fostering opportunities for positive social interaction with their peers can lead to a healthy self-esteem, says Short. "Children who have close friendships and reciprocal sharing with friends tend to have higher self-esteem," he said. "Children's successful accomplishment of goals also boosts self-esteem."

Establishing boundaries and setting limits with children can instill a sense of safety and security, advises Short. "Authoritative parenting that is high in support and high in structure and expectations contributes to children's positive sense of self," he said.

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