

McLean CONNECTION

HALLOWEEN
FUN
PAGE 12

Langley High School
Sophomore Hannah Yo,
15, plays "Csárdás" on
the violin with the Lang-
ley High School Orchestra
during the grand opening.

Saxons
Unveil New
Library and
Fine Arts Wing

NEWS, PAGE 8

Lewinsville
Center Reimagined

NEWS, PAGE 7

Who Will Help
Dreamers and Refugees?

NEWS, PAGE 4

ATTENTION POSTMASTER:
TIME SENSITIVE MATERIAL.
REQUESTED IN HOME 10-26-17

PRSRV STD
U.S. POSTAGE
PAID
EASTON, MD
PERMIT #322

Facing – and Fighting – the Opioid Crisis

Connolly and Bulova host Opioid Crisis Roundtable.

BY ANDREA WORKER
THE CONNECTION

The inbox of any member of Congress overflows with information on hundreds, if not thousands, of issues and requests to address the problems that plague their constituencies. So how did the growing opioid crisis and its effects on local communities find its way to the top of the pile for U.S. Rep. Gerry Connolly (D-11)?

Connolly found himself “so taken aback” when doing a “little data reading.”

“I knew it was bad. I knew it was affecting a lot of people,” but the numbers stunned him.

Connolly and his staff dug deeper. Calls, meetings, research, and even some drive-alongs with law enforcement followed. Then it was time to bring together the experts, the policy-makers, the front-line responders, representatives of those personally affected, and the public at large. Joining forces with the Fairfax County Board of Supervisors, Connolly and Board Chairman Sharon Bulova hosted a roundtable event on Saturday, Oct. 21 at the Fairfax County Government Center, that was aired live, as well as recorded and available for viewing on the County’s Channel 16.

“This ... is an opportunity for our community to come together and bring the opioid epidemic out of the shadows,” said Connolly, “... and by bringing this panel of experts together we hope people will know they aren’t alone in this fight.”

TO START THINGS OFF, both Connolly and Bulova shared some of those numbers that so affected the congressman.

❖ Since 2000, the opioid and heroin epidemic has claimed more than 200,000 lives — more than three times the number killed in the Vietnam War.

❖ According to the National Center for Health Statistics, more than 64,000 Americans died from drug overdoses in 2016 — an increase of more than 20 percent over the previous year.

❖ Deaths from the synthetic opioid fentanyl have increased by 540 percent in just three years.

❖ In the Commonwealth of Virginia, opioid overdose deaths rose by about 40 percent from 2015 to 2016, and synthetic opioid deaths rose from 262 to 692 during that time.

❖ Northern Virginia is not immune from



At the roundtable addressing the Opioid Epidemic. Speakers included U.S. Rep. Gerry Connolly, Fairfax County Board Chair Bulova, and members of law enforcement, the medical profession, nonprofits, treatment providers, and state Secretary of Health and Human Services William Hazel.

Nick Yacoub, a recovery coach, addresses the panel, recounting his own struggles with addiction from an early age: “Part of the problem [in combating the opioid crisis] is that addiction is seen as a moral failure.”



the epidemic, with Fairfax County ranking number one in opioid-related deaths during the 2015-2016 period. Prince William County (parts of which are included in Connolly’s district) reported a doubling of their opioid-related deaths during that same year.

Bulova added that between January and September last year, Fairfax County Emergency Medical personnel reported 369 uses of the drug Naloxone, used to treat people suffering from opioid overdose. “That’s more than one per day,” said Bulova. “These are disturbing numbers.” The overdoses were the result of prescription drug usage, heroin, and synthetic opioids like fentanyl. “And as many of you may know,” noted Bulova, “fentanyl is 10 times more potent than heroin.”

Some studies have reported fentanyl as being as much as 50 times more potent than morphine.

THE ASSEMBLED PANEL illustrated the depth and breadth of the crisis. Joining Connolly and Bulova were state Secretary of Health and Human Resources William Hazel; John Cheseck, battalion chief, Fairfax County Fire and Rescue Department EMS Division; Maj. Amanda Lambert, director of

Dr. Husam Alathari, medical director of INOVA’s CATS program, says that the medical profession needs to do their parts in fighting the opioid epidemic: “Addiction needs to be treated like the chronic medical condition that it is.”



Support Services, Prince William-Manassas Regional Adult Detention Center; Ginny Atwood-Lovitt, executive director of the Chris Atwood Foundation; Dr. Husam Alathari, medical director, INOVA CATS program; Jennifer Lofland, field intelligence manager with the U.S. Drug Enforcement Agency; Lyn Tomlinson, assistant deputy director of the Fairfax Falls Church Community Service Board; and Dr. Gloria Addo-Ayensu, director, Fairfax County Department of Health.

Each speaker brought their own perspective to the issue, highlighting the profound negative effects being felt at all layers and levels of society, strengthening the argument that it will take the efforts of all of these elements of the community, along with the public, to wage an effective war on the opioid epidemic.

“We can’t arrest our way out of this,” said Hazel. “This is an addiction epidemic, not an opioid epidemic, and there are really only three outcomes to addiction: live with it, recovery, or death.”

Hazel, and other panel members, spoke of the effects of the crisis, beyond the immediate loss of life and the heartbreaking impact that loss has on family and friends.

Drug addiction also causes or exacerbates

other medical conditions. Drug addiction in pregnant women often leads to the birth of addicted infants, or babies suffering from other medical problems. In addition to the human cost to these innocent lives, Hazel pointed out that neo-natal care for these afflicted newborns can cost about \$70,000 per child.

To highlight that point, Lambert reported that 100 percent of the pregnant women currently incarcerated in Prince William County are in need of methadone to counter addiction.

Often-times, elevated crime rates are found in areas experiencing high addiction levels, and “there’s certainly a negative impact on the workforce and productivity,” said Hazel.

Cheseck spoke of the added dangers now facing first responders when called out to drug-overdose emergencies.

Some of the new drugs can be transferred to the responder through touch, or even through inhalation. New gear and new methods of protecting police and emergency personnel, as well as hospital staff, are now required, and the chief expressed his gratitude for a grant from the state to provide doses of Narcan to help protect those on the frontline, as well as the victims they assist.

The panelists were in agreement that the first step in stopping the epidemic is to end the stigma attached to addiction.

MANY OF THOSE suffering from opioid addiction came to their situation as the result of legally prescribed medications to alleviate pain, often following a surgery or as the result of some accident or injury.

“You have to understand,” said Alathari, “that these drugs can literally re-wire your brain.” Alathari cited studies showing that even limited use of opioids can lead to changes in brain chemistry that makes the drug user willing to “give up food, water and sex — the main life drivers — for the drug.” The doctor said that physicians need to do their part and recognize addiction as a chronic medical condition. “These patients struggle every day. There are FDA-approved medications that can help, but the because of the stigma, the patients are often encouraged to stop taking them.”

Atwood-Lovitt also pointed to the stigma associated with addiction as an obstacle to those engaged in the war against it. Atwood-Lovitt lost her brother Christopher to an opioid overdose. During the years that Christopher and his family struggled with his addiction, Atwood-Lovitt recalled the friends and family members who “turned their backs,” no longer wanting to associate with Christopher because he was “one of those people.” Employment and normal

SEE ROUNDTABLE, PAGE 14

WWW.CONNECTIONNEWSPAPERS.COM

Shifting Political Battlefield for General Assembly

Solid blue urban areas separated by political beltway from solid red exurbs.

BY MICHAEL LEE POPE
THE CONNECTION

Northern Virginia has more competitive seats than any other part of the commonwealth, a ring of districts that forms a beltway of sorts separating the inner solid blue in Arlington and Alexandria from the solid red in rural and exurban seats in Loudoun and Prince William. That puts Fairfax County squarely in the driver's seat this November, when Democrats hope to pick up seats in an election that has balanced local issues like schools and roads with the ongoing reaction to President Donald Trump. That battle will be won or lost in suburban Northern Virginia, where the Washington suburbs are sprawling into areas that used to be farmland and orchards.

"We have a transportation beltway around D.C. in Northern Virginia, and we also have a competitive political beltway," said Quentin Kidd at Christopher Newport University. "It's the fault line between old Virginia and new Virginia, and it's the trenches of our current political battlefield."

The region has many incumbent delegates who are running unopposed, all Democrats: Mark Keam (D-35), Ken Plum (D-36); David Bulova (D-37); Vivian Watts (D-39); Eileen Filler-Corn (D-41); Mark Sickles (D-43); Paul Krizek (D-44); Mark Levine (D-45); Charniele Herring (D-46); Patrick Hope (D-47); and Rip Sullivan (D-48).

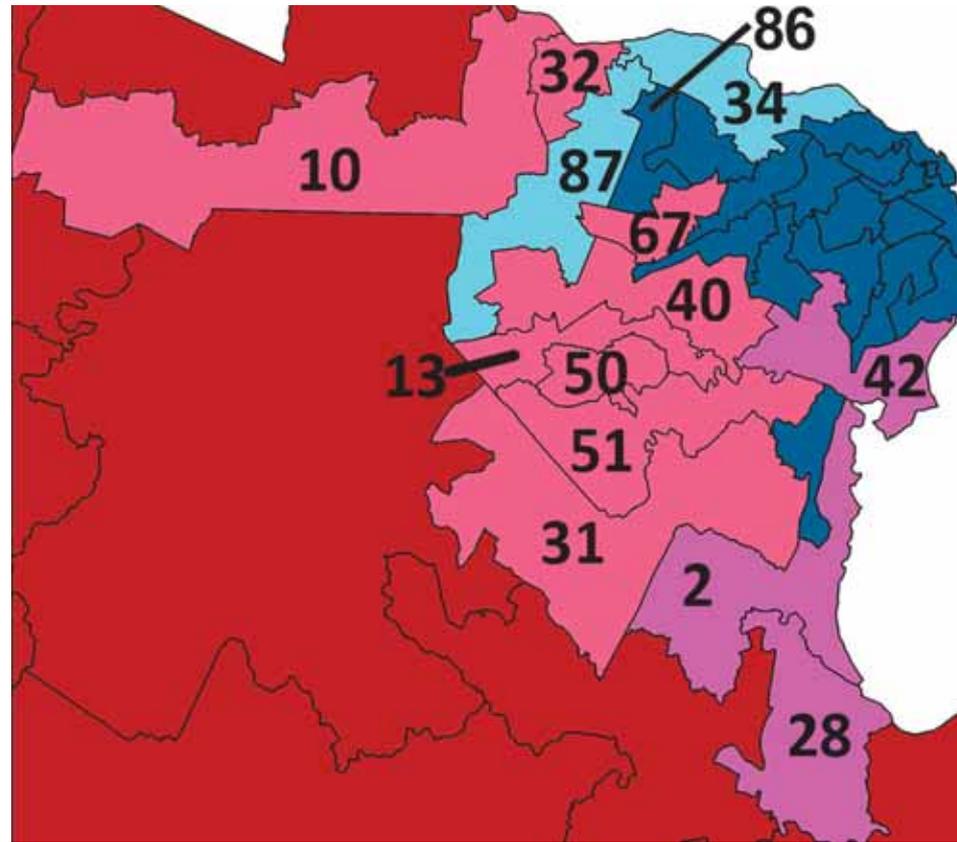
The decision of longtime Del. David Albo (R-42) to step down from public life after more than 20 years in office has created a vacuum that Democrats are eager to fill. Former Labor Department deputy administrator Kathy Tran emerged from a primary back in June, and she's been running hard against Republican Lolita Mancheno-Smoak ever since. Democrats have called attention to Mancheno-Smoak's early support of Donald Trump, whose candidacy she supported back in 2015 shortly after he declared his candidacy by calling Mexican immigrants rapists.

"Sometimes in order to generate change, in order to get new energy to actually feel passionate about a new beginning you need positive disruption," said Mancheno-Smoak in an interview with Connection Newspapers. "I see Trump as a positive disruptor."

Democrats pounced on that remark, issuing a press release in reaction.

"It's no surprise that she would call Donald Trump a positive disruptor as the most recent version of Trumpcare would disrupt access to affordable health care for 32 million people," said Virginia House Caucus spokeswoman Katie Baker in a written statement. "For Kathy Tran, on the other hand, health care is a moral issue."

ASIDE FROM HAVING three of the four open seats on the ballot this year, the region has more Republicans incumbents facing hotly contested races than any other part



MAP COURTESY OF UNIVERSITY OF VIRGINIA CENTER FOR POLITICS

House districts of interest

Category:

- Potentially competitive open seats
- Potentially competitive seats with D inc
- Potentially competitive seats with R inc
- Safe D seats
- Safe R seats

UNIVERSITY OF VIRGINIA CENTER FOR POLITICS



Cheryl Buford (R)



Kathleen Murphy (D)



Jennifer Boysko (D)



Linda Schulz (R)

of the state. The Center for Politics at the University of Virginia identified eight Republicans facing competitive challenges and two Democrats. The incumbent who seems to be facing the strongest challenge is Del. Jim LeMunyon (R-67), who sent out mailers emphasizing his work with Democratic Gov. Terry McAuliffe.

"This is probably the best chance Democrats have of taking out a GOP incumbent," said Geoff Skelley, media relations coordinator at the Center for Politics. "Jim LeMunyon occupies the most Democratic seat held by a Republican in the House of Delegates." He is opposed by Karrie Delaney.

Another Republican incumbent facing a competitive race this year is Del. Tim Hugo (R-40), who serves as the Republican caucus chairman. He's facing Democrat Donte Tanner, who raised more than \$350,000 to take on the popular Republican incumbent. That's a huge chunk of change, especially for a first-time candidate running against a

longtime incumbent. But it's about half of what Hugo was able to raise. That's only part of the value of incumbency. Hugo, who calls himself the "pothole delegate" for his support of constituent issues, has spent the last decade building goodwill among voters in the district.

"Folks like Tim Hugo have established a name brand and an identity in their districts, and voters generally have a favorable view toward them," said Mark Rozell, at George Mason University. "Democrats are energized, and they are counting on a big anti-Trump vote. But I think you can count on some split ticket voting, and perhaps many of those voters who are going to vote against the Republican at the top of the ticket will still vote for their local guy in the House of Delegates."

REPUBLICAN INCUMBENTS aren't the only General Assembly members facing challenges, though. Del. Kathleen Murphy (D-34) is one of two Democratic incumbents facing a challenge the Center for Politics has ranked as competitive. The seat was held for more than 40 years by Republican Vince Callahan, although it has been held by Republicans and Democrats since he retired a decade ago. The Republican in the race is Cheryl Buford, who struggled to answer questions about her own campaign platform in an interview with Connection Newspapers. She says she wants to reduce regulations, for example, but she couldn't name any specific ones she would spike. She also says she wants to tackle the opioid crisis, although she couldn't name any specific proposals on that either.

"While it will be tough for the GOP to win any seats currently held by Democrats in 2017, this is one of the few such seats with a recent track record of competitiveness," says Skelley. "So I don't think we can entirely count out Buford."

One race that is contested but not necessarily competitive is House District 86, where incumbent freshman Democrat Jennifer Boysko is defending the seat against Republican challenger Linda Schulz.

Two years ago, Democrats were able to flip the seat after the retirement of longtime Republican Del. Tom Rust (R-86), a former mayor of Herndon. Since that time, Boysko has become one of the most outspoken critics of the Republican House leadership, even staging a press conference to denounce how bills with little chance of passing the Courts of Justice were being killed without so much as a hearing. Despite the fact that the seat was held by a Republican for decades, though, the Center for Politics did not race this as a competitive race.

"Tom Rust was a moderate Republican who managed to hold that seat even as it became bluer and bluer," says Geoff Skelley at the University of Virginia Center for Politics. "But now Jennifer Boysko controls it, and there's little reason to think she's in danger."

Who Will Help Dreamers and Refugees?

Individuals, religious groups and other organizations share same goal.

BY SHIRLEY RUHE

The supporters all agree on one thing. As Imam Ali Siddiqui said, “Nobody asked these kids whether they wanted to come to America. They go to school, they work hard, build a career. It will be a loss to send them back.” Figures distributed by The Commonwealth Institute in October 2017 show that if all Virginians who are eligible for Deferred Action for Childhood Arrivals (DACA) became citizens, state and local tax contributions by young Virginians would rise from the current \$35 million to \$52.9 million a year.

As President Trump’s executive order released Sept. 5 threatens 800,000 DACA recipients with deportation, communities of supporters rally to their defense.

Individuals and groups converge from all directions to provide sanctuary, educational assistance, moral support, employment counseling and sometimes “in your face” advocacy for immigrant assistance. Each group has a plan and a niche but they are all working for the same goal — passage of the Dream Act, which will offer the opportunity for a long, but legal, path to citizenship for undocumented immigrants.

Norma Kacen is part of the Northern Virginia Friends of Refugees, an Arlington-based group, which she co-founded with Wendy Chan in the fall of 2016. “I grew up on Federal Hill in Providence, Rhode Island, an ethnic ghetto. It was a closed world with circles of ghettos — Portuguese, Italian, French, German, Polish,” she said, drawing circles with her finger on the table.

Kacen has recently been up on Capitol Hill as a volunteer lobbyist with the American Association of University Women visiting key senators to urge passage of the Dream Act. “All of the comments were ‘we couldn’t afford it,’ but,” she says, pulling out a talking sheet, “ending DACA and kicking recipients out of the labor force would cost the United States \$433.4 billion in GDP and decrease Social Security and Medicare contributions by \$24.6 billion over the next decade.” This is according to the Center for American Progress, a self-described progressive independent nonpartisan policy institute.

As of November 2016, 645,000 DACA recipients nationwide are employed, and they pay taxes. Kacen said, “My challenge to the senators was yes, we pay for their education like anyone else who pays taxes.” But most of the senators were unmoved by the arguments. Kacen says it is

also important to acknowledge a breakdown of DACA by Congressional districts because “some our representatives only listen to their own constituents.”

Northern Virginia Friends of Refugees was established to combat the anti-Muslim rhetoric and to be a welcoming friend to all refugees. “We didn’t want to duplicate the efforts of others so we partner with other organizations,” she said.

RECENTLY THE GROUP held three advocacy workshops for people supportive of refugees. About 50 people attended one of the workshops at Fairfax Presbyterian Church, Mt. Olivet Presbyterian Church in Arlington and a Muslim site in Fairfax. These workshops are non-partisan with the purpose to teach the skills necessary for effective advocacy.

“I was really delighted and it was extremely heartening that millennials attended. Every organization is trying to figure out what they can do to attract the disengaged millennials,” Kacen said.

The second event, which was held in the spring, brought American professionals together with the often highly skilled immigrants to help the immigrants navigate the workplace. “So we connect the immigrants together with American professionals in their own field to allow the professionals to talk.” Many of the refugees were doctors, architects, engineers and entrepreneurs in their countries and now have low-level jobs in America. The purpose of these life skills programs is to increase connections to help the immigrants reach their potential.

The third focus for this year is a large community event planned for the spring. It would be intended to show the resilience of the immigrants by “focusing on the incredible skills in the cultural arts such as music, arts and fashion. It is to show the capacity to overcome, the triumph of the human spirit,” she said.

Are they making progress? Kacen paused, “It’s hard to say. But ... there are so many people engaged.”

Monica Sarmiento is executive director of Virginia Coalition for Immigrant Right (VACIR), a coalition that began in 2013 with eight organizations, now grown to 16. She says their organization is focused on how to have more comprehensive immigrant reform in Virginia. “Many organizations have their niches demographically or ethnically but we tend to be looking at what we’re doing statewide and collaboratively. The most important empha-



PHOTO BY SHIRLEY RUHE

Remembering her youth in Rhode Island, Norma Kacen of Arlington traces circles on the table as she describes neighborhood ghettos of people segregated by ethnicity.



Sumi Yi



Monica Sarmiento



The Rev. Laura Martin

sis is to push different community representatives at the table — African, Korean, Muslim.”

Sarmiento says since VACIR is a 501(c)(3) non-profit organization they don’t directly lobby but have encouraged people to call their members of Congress, and the 16 organizations who are part of the coalition often engage in advocacy. For instance the Commonwealth Institute has prepared a fact sheet outlining how DREAMers grow our economy with 61 percent opening a bank account, 64.5 percent buying their first car, 97 percent becoming employed or enrolled in school. It adds that young people with DACA status contribute nearly \$711 million to Virginia’s economy annually including nearly \$35 million in state and local taxes. The conclusion is that ending DACA could reduce Virginia state and local tax revenue by almost \$13 million a year.

Members of VACIR include such groups as Legal Aid Justice Center, SEEC, VOCOLAO, NAKASEC, The Commonwealth Institute and Virginia New Majority. These groups have focused on the constituents of two U.S. representatives in Virginia, Scott Taylor (R-2) and Barbara Comstock (R-10), who they are trying to convince “to do the right thing and support a clean Dream Act.”

Sarmiento says the VACIR board had decided for the first time to endorse a clean Dream Act, the first time they had endorsed

any legislation. “A clean Dream Act would not have such provisions as mandatory verification (death by 1,000 papers), an increase in ICE agents, increased money for deportation, funding for the border wall, inability to sponsor family members, no pathway to citizenship.”

She says there needs to be a much larger conversation to spotlight the injustices happening now with undocumented immigrants who have already lost their DACA status due to President Trump’s executive order or who will lose their Temporary Protective Status (TPS) if it is not renewed. These people could be deported any day. She says 300,000 of these are from Latin America; 200,000 of these are Salvadoran. Sarmiento was raised in Northern Virginia but her parents emigrated from El Salvador fleeing war. “They were fortunate my grandmother lived here and got her legal status through the Reagan amnesty act so my father got legal status.”

Sumi Yi, Virginia community organizer for National Korean American Service & Education Consortium (NAKASEC), a community-based progressive Asian American and Pacific Islander organization, says their mission is to organize Korean and Asian Americans to achieve social, racial, and economic justice. She points out that out of the cur-

SEE WHO WILL HELP. PAGE 10

FAITH

Faith Notes are for announcements and events in the faith community. Send to vienna@connectionnewspapers.com. Deadline is Friday at noon.

First Baptist Church of Vienna located at 450 Orchard St., NW, Vienna. Sunday services are held at 7:45 and 10 a.m. weekly. Wednesday Night with the Family service is held at 6 p.m. followed by corporate singing at 7 p.m. Bible studies take place Tuesday's at noon.

For those struggling physically or spiritually, on the first Sunday of each month, **Christ the King Lutheran Church** offers a rite of healing as part of worship; the opportunity to be anointed with oil and prayed over. During the healing rite, the pastor or another person says a short prayer while two people lay hands on the recipient. Then the pastor or helper anoints them with oil as a sign of God's healing and forgiveness. Christ the King Lutheran Church, 10550 Georgetown Pike, Great Falls. Call 703-759-6068 or visit www.gflutheran.org.

Wesley United Methodist Church located at 711 Spring St., SE, Vienna, Virginia 22180, at the corner of Spring Street and Moore Avenue. 10:30 a.m. fellowship time in the fellowship hall; 11 a.m. traditional family worship in sanctuary. If you are seeking a church home which encourages: caring and supportive fellowship, an active and devoted prayer life and study of scripture, support for local and world missions, an open, responsive awareness to the presence and power of God's Holy Spirit.

Youth Activities at Wesley United Methodist Church. Activities are open to all 6th-12th graders. Youth Sunday School meets every Sunday at 10 a.m. in the upper room. Youth Bible Study will meet every Sunday at 4:30 p.m. off-site. Following bible study, ride together to the church for youth group. Email the Youth Ministry Staff for the address. The Anchor meets every Sunday from 6-8 p.m. in the fellowship hall. Join us for dinner, games, worship, and diving deeper into the Word. During the summer, Youth Sunday School meets most Sundays at 9 a.m. in the upper room.

To receive the newsletter or for more information contact youth@wesleyvienna.org.

St. Thomas' Episcopal Church, at the intersection of Lewinsville and Brook roads in McLean, invites you for a casual Saturday Service at 5 p.m., followed by conversation and fellowship or for Sunday Services at 8 a.m. or 10 a.m. Sunday School for Youth and Children takes place during the 10 a.m. Service. Check www.stthomasmcleanva.org for special events and services through the year. St. Thomas' Episcopal Church, 8991 Brook Road, McLean, 703-442-0330.

Church of the Holy Comforter, 543 Beulah Road, NE, Vienna, offers a monthly Healing Eucharist with the Laying on of Hands and Anointing for Healing (first Sunday of the month, 5 p.m. at St. Mary's Chapel). The Healing Ministry is led by the Rev. Valerie Hayes and Alexandra MacCracken and includes a team of lay healers who have gone through intentional training and formation. Contact the Rev. Valerie Hayes at vhayes@holyccomforter.com.

Yoga Class with a Christian Focus is held Saturdays, 3-4 p.m., McGill Hall or the Library at the Church of the Holy Comforter, 543 Beulah Road, NE, Vienna. This group is suitable for those

SEE FAITH, PAGE 10

More convenience has arrived in McLean.

Stop by, we'd love to meet you.

6260 Old Dominion Drive



Choose the right offer for you.

EARN
\$300

When you open a **TD Premier CheckingSM** or **TD Relationship CheckingSM** account and receive at least \$2,500 in direct deposits within 90 days.^{1,2,4}

EARN
\$150

When you open a **TD Convenience CheckingSM** account and receive at least \$500 in direct deposits within 90 days.^{1,3,4}

EARN
\$50

When you open **ANY checking account** and make at least \$500 in debit card purchases within 90 days.^{1,5}

Offers valid 10/14/17 through 11/13/17.

\$150 will be donated to McLean Project of the Arts
for every account opened between 10/14/17 and 11/13/17.



America's Most Convenient Bank[®]

1-888-751-9000 | tdbank.com

Member FDIC TD Bank N.A. | NEW ACCOUNT BONUSES: ¹The primary owner of the new personal checking account must be a new customer to TD Bank who does not have any existing or prior relationship with TD Bank. The primary owner must also be the person who supplies a Social Security Number for tax reporting purposes. If the offer criterion is met within 90 days of account opening, the bonus will be credited into the new personal checking account no later than 125 days from account opening. Account must remain open, active, in good standing, and in the same product type through the qualifying period to receive the bonus. Bonus will be reported as taxable income to the IRS on 1099-MISC. Offer may be withdrawn at any time and is subject to change. One bonus per Customer and cannot be combined with any other offer. TD Bank Employees, TD existing and former TD Bank Customers and Canadian cross-border banking Customers are not eligible. Offer valid 10/14/17 through 11/13/17 at the McLean Store. | ²\$300 bonus offer available to eligible new TD Bank customers when opening a TD Premier CheckingSM or TD Relationship CheckingSM account with cumulative direct deposit funds of \$2,500 or more into the new account within 90 days of account opening. | ³\$150 bonus available to eligible new TD Bank customers when opening a TD Convenience CheckingSM account with cumulative direct deposit funds of \$500 or more into the new account within 90 days of account opening. | ⁴Qualifying direct deposits are recurring electronic deposits of your paycheck, pension or government benefits (such as Social Security) from your Employer or the Government. Person-to-Person and bank transfers between your TD Bank accounts or accounts you have at other financial institutions or brokerages do not qualify. Payment received for goods sold do not qualify. | ⁵\$50 bonus available to eligible new TD Bank customers when opening any TD Bank personal checking account and who complete \$500 in Visa[®] Debit Card purchases within 90 days of account opening. Qualifying Visa[®] Debit Card purchase transactions are those made using a TD Visa[®] Debit Card to buy goods and services and are not of returns and other adjustments. ATM withdrawals do not qualify. Net qualifying purchases are determined in the sole discretion of TD Bank and must post to the new account within 90 days of account opening. ©2017 Visa U.S.A.

OPINION

Don't Stay Home

Your vote counts this round; nation is watching.

Every year is election year in Virginia. Virginia offers multiple examples that prove every vote counts.

This year, each Virginia voter will vote for Governor, Lieutenant Governor, Attorney General and their member of the House of Delegates. Virginia is one of two Governor's races, and many are watching the Virginia race to as a harbinger of what to expect in 2018.

No matter how you vote, polling shows that the Governor's race could be very close.

EDITORIAL While there are quite a few uncontested races for members of the House of Delegates, several races could also be close, with the outcome likely to depend on turnout.

There is every reason to get out and vote.

Absentee Voting in Person

Voting early if you qualify is a good choice.

There are 19 valid reasons to vote absentee in Virginia, including the possibility that you will be working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day. Check the Virginia Department of Elections list to see if you are eligible: elections.virginia.gov/casting-a-ballot/absentee-voting/index.html

There are two ways to vote absentee: in-person and by mail. To vote by mail, you will need to apply for an absentee ballot; if you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location.

See your locality's elections website for more.

Bring Photo ID, There Are Alternatives

Virginia has voter identification requirements; plan to bring photo identification with you to vote, whether absentee or on Election Day.

Any registered voter who does not have one of the required forms of identification can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad.

Among accepted ID: valid Virginia Driver's License or Identification Card; valid Virginia DMV issued Veteran's ID card; valid U.S. Passport; other government-issued photo identification cards issued by the U.S. Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth; valid college or university student photo identification card from an institution of higher education located in Virginia; valid student ID issued by a public school or private school in Virginia displaying a photo; employee identification

General Election Day, Tuesday, Nov. 7

On Election Day Polls are open from 6 a.m.-7 p.m.

card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional ballot.

To find a registration office where you can obtain photo ID, even on the day of an election, visit: vote.elections.virginia.gov/VoterInformation/PublicContactLookup.

Provisional Ballot Process for Voters Who Arrive Without Identification

If you arrive at your polling place on Election Day without an acceptable form of photo

identification, don't panic or give up. You will be given the opportunity to vote a provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card. Also by noon on Friday following the election, the voter may appear in-person in the office of the general registrar, in the locality in which the provisional ballot was cast, and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document may be provided to the electoral board to suffice the identification requirement.

On the Ballot

Governor

Ralph S. Northam (D)
Edward W. "Ed" Gillespie (R)
Clifford D. Hyra (L)

Lieutenant Governor

Justin E. Fairfax (D)
Jill H. Vogel (R)

Attorney General

Mark R. Herring (D) incumbent
John D. Adams (R)

House of Delegates

34th District

Kathleen Murphy (D) incumbent
Cheryl Buford (R)

35th District

Mark Keam (D) incumbent, unopposed

36th District

Ken Plum (D) incumbent, unopposed

37th District

David Bulova (D) incumbent, unopposed

38th District

Kay Kory (D) incumbent
Paul Haring (R)

39th District

Vivian Watts (D) incumbent, unopposed

40th District

Donte Tanner (D)
Tim Hugo (R) incumbent

41st District

Eileen Filler-Corn (D) incumbent, unopposed

42nd District

Kathy Tran (D)
Lolita Mancheno-Smoak (R)

43rd District

Mark Sickles (D) incumbent, unopposed

44th District

Paul Krizek (D) incumbent, unopposed

45th District

Mark Levine (D) incumbent, unopposed

53rd District

Marcus Simon (D) incumbent
Mike Casey (I)

67th District

Karrie Delaney (D)
Jim LeMunyon (R) incumbent

86th District

Jennifer Boysko (D) incumbent
Linda Schulz (R)

Fairfax County School Bonds

Voters will vote yes or no on a \$315 million public school bond referendum on the Nov. 7 general election ballot. If approved by voters, the Fairfax County Public Schools' current plans to use this bond money are to plan and/or construct two new elementary schools, one in Fairfax/Oakton area and another in the northwest county area; relocate one modular building; plan additions at three existing high schools to add capacity at Madison, Stuart and West Potomac; plan and/or construct renovations of 10 elementary schools, three middle schools and two high schools. See www.fcps.edu/about-fcps/facilities-planning-future/2017-school-bond-referendum.

Fairfax County Office of Elections

www.fairfaxcounty.gov/elections
Voter Registration: 703-222-0776, TTY 711
Absentee Fax: 703-324-3725
Email: voting@fairfaxcounty.gov
Election Officer Info: 703-324-4735, TTY 711

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar at least two weeks before event.

SATURDAY/OCT. 28

Operation Medicine Cabinet

Cleanout. 10 a.m.-2 p.m. at McLean

District Station, 1437 Balls Hill Road, McLean. Drop off unused or expired medications at a Fairfax County Police district station. Pills or liquids only, no pressurized canisters or needles. Safe disposal of unused or expired medications prevents drug

abuse and misuse, accidental poisoning, and protects the environment. Disposal is free, convenient, confidential, and safe. Visit www.fairfaxcounty.gov/police/stations/ or www.deadiversion.usdoj.gov/

drug_disposal/takeback/index.html.

MONDAY/OCT. 30

AARP Dinner Meeting. 5-8 p.m. at Mylo's Grill, 6238 Old Dominion

SEE BULLETIN, PAGE 15

McLean
CONNECTION

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
mclean@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Fallon Forbush
Reporter
fforbush@connectionnewspapers.com

Andrea Worker
Reporter
aworker@connectionnewspapers.com

Mike Salmon
Editorial Assistant
mclean@connectionnewspapers.com

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Trisha Hamilton
Display Advertising
703-624-9201
trisha@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
[@MaryKimm](https://twitter.com/MaryKimm)

Executive Vice President
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Art/Design:
Laurence Foong, John Heinly,
Ali Khaligh
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
jtheismann@connectionnewspapers.com
[@TheismannMedia](https://twitter.com/TheismannMedia)

CIRCULATION
circulation@connectionnewspapers.com





PHOTO COURTESY OF THE FAIRFAX COUNTY DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT
This rendering shows what the exterior of the Lewinsville Senior Center, Adult Day Health Center and Childcare Center will look like.

Lewinsville Center Reimagined

New campus to add low-income housing capacity and activities for seniors.

BY FALLON FORBUSH
 THE CONNECTION

A large project is underway to renovate and increase the capacity for serving McLean's growing senior population: The Lewinsville Community Center. The renovated site will house a public community center as well as a private independent living facility.

"In a way, there are four different functions in this old building," said Hossein Malayeri, deputy director of real estate, finance and development for the Fairfax County Department of Housing and Community Development. "The scope of work basically is to demolish the existing facility and design and build two separate buildings."

When completed, the Lewinsville Community Center Campus will include 82 independent living residences called the Fallstead, which will add capacity in McLean to accommodate the wave of anticipated retirements, often called the "Silver Tsunami," as the baby-boom generation, or those born between 1946 and 1964, exit the workforce.

There are 9,003 people living in McLean who are 65 and over, or nearly 19 percent of the total population, according to data from the 2015 American Community Survey by the U.S. Census Bureau. It is anticipated to continue growing.

THE PROJECT will also add capacity for affordable housing for McLean seniors, who face a median gross rent of \$2,771, according to the Census Bureau.

There will be 72 one-bedroom and 10 two-bedroom units. All residences will be provided as affordable units and 73 of the units will be available to people 62 years

Call for Volunteers

The Lewinsville Adult Day Health Center, which is currently located in Suite 50 at 7700 Leesburg Pike in Falls Church, is in need of volunteers:

- ❖ Bingo helpers for two hours per week;
- ❖ Musicians for one hour per week;
- ❖ Social visitors who can speak the Kikuyu language;
- ❖ Ballroom dance instructors; and
- ❖ Guitar instructors.

Those interested in volunteering can register and apply online with Fairfax County's Volunteer Solutions at www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm or by calling 703-324-5406, or emailing VolunteerSolutions@Fairfaxcounty.gov.

and older whose income is at 50 percent of the Area Median Income, or very low-income. The remaining nine units will be affordable at 30 percent AMI, or extremely low-income.

The 2017 Virginia AMI is \$80,800, according to the U.S. Department of Housing and Urban Development. Here are the costs for living at the Fallstead under 2017 AMI, according to Kamilah McAfee, director of real estate development for the Wesley Housing Development Corporation, which is developing the residential units on the site:

Unit Type	Occupancy	Rent	Maximum Income
1 Bedroom 1	1	\$980	\$38,650
1 Bedroom 2	2	\$980	\$44,150
2 Bedroom 1	1	\$1,175	\$38,650
2 Bedroom 2	2	\$1,175	\$44,150
2 Bedroom 3	3	\$1,175	\$49,650
2 Bedroom 4	4	\$1,175	\$55,150

"This is our mission," McAfee said. "We're a nonprofit, affordable housing developer specializing in higher-need populations. We have a lot of special needs projects and senior projects in our portfolio, as well as family housing. Typically, anything below 60 percent AMI is our traditional target, but the reality is that we have households at on average 35 percent of the area median income in our properties."

There will also be common areas within the residences, including a library, TV room, fitness center, business center with computers and a multipurpose community room

SEE LEWINSVILLE, PAGE 10

Un-expectedly free

Zero monthly fees

Zero ATM fees nationwide

Un-expectedly different

Visit your nearest branch to open a Personal Convenient Checking Account today.

Burke & Herbert Bank
 At Your Service Since 1852®

6705 Whittier Avenue, McLean
 703-684-1655 • burkeandherbertbank.com

MEMBER FDIC Minimum deposit to open \$25. ©2017 Burke & Herbert Bank

f t in

ASK ABOUT SPECIAL PRICING ON TWO BEDROOM APARTMENTS, AVAILABLE NOW!

Fall in Love
 with Chesterbrook

"It's hard not to fall in love with a place like this." Those are the words of a family member whose mother recently joined the Chesterbrook Residences family. Visit us this autumn and discover for yourself all we have to offer!

Call 703-531-0781 today to schedule your personal tour!

Chesterbrook
RESIDENCES
 Assisted Living Community

2030 Westmoreland Street | Falls Church, VA 22043
 703-531-0781 | chesterbrookres.org

Coordinated Services Management, Inc. Professional Management of Retirement Communities since 1961



Langley High School Sophomore Hannah Yo, 15 (center), plays “Csárdás” on the violin with the Langley High School Orchestra during the grand opening.



Langley High School Librarians Kathleen Ortiz and Philip Clark did the honors of cutting the ribbon.

PHOTOS BY FALLON FORBUSH/THE CONNECTION

Saxons Unveil New Library and Fine Arts Wing

BY FALLON FORBUSH
THE CONNECTION

Langley High School debuted its new library and fine arts wing on Tuesday, Oct. 17, with a ribbon cutting, an array of hors d’oeuvres and music played by the high school’s string orchestra.

“In many ways, this is the nerve center of the school; the life blood,” Langley High School Principal Frederick Amico said while standing in the library during the ceremony.

Administrators for the Fairfax County Public School district joined in the milestone.

“You are getting a beautiful new, 21st century school for these kids who are truly living and will be adults and thriving in the 21st century,” Superintendent Scott Brabrand said during the ceremony. “It is so great to see this next chapter that we’re going to celebrate today with the media center take fruit.”

Ryan McElveen, member-at-large of the FCPS Board, and Douglas Tyson, assistant superintendent, were also in attendance.

“When [the renovation] is all said and done, it’ll be awesome,” Amico, whose school is using 36 trailers for instruction while classrooms are being worked on, said. “As [new portions of the school] get released to us, they’re really nice. I’m happy.”

THE RENOVATION of Langley High School began back in November 2014.

“FCPS takes its time in design and permitting and construction because we do phased, occupied [buildout],” said Brian Donnelly, associate principal with Perkins Eastman, a planning, design and consulting firm. “We have to work around keeping kids safe and teachers safe during construction.”

A large two-story science addition, administration offices and a performing arts center with both a black box and full-size theater were built in the back of the school



Fairfax County Public School Superintendent Scott Brabrand (left) and Langley High School Principal Frederick Amico (right) speak at the grand opening ceremony in the library. “It’s beautiful and we’re really happy with it,” Amico said of the library or media center.



The rendering of the main entrance to the school shows the new library, which has tall windows on all three exterior walls, to the far left.

during the first phase of construction, which lasted approximately two years, according to Brady Rauch with the FCPS Office of Design and Construction Services.

This first phase was completed when a new gymnasium and auxiliary gymnasium were completed last summer.

“We simply moved into the instructional spaces vacated by moving into the large science addition for phase two,” Rauch said via email.

“We also began the library addition, fine arts wing and locker rooms.”

The locker rooms, miscellaneous class-

rooms, a weight room, a wrestling room and a student services area (where the old library was) are currently under construction, all of which will be completed by start of the 2018 school year, according to Rauch.

Construction of a kitchen, café, an outdoor amphitheater and remaining site work will be conducted over the summer break this school year, according to Rauch.

“There’s a big courtyard in the middle of the building,” Donnelly said. “When we started the design, nobody even knew it was there. From the corridors, you couldn’t even see it.”

The designers’ main objective was to use the courtyard and make it the heart of the school and have every program area connect to it in some way.

“Once this is complete, you’ll be able to see it from the library, you can see it from the weight room, from the cafeteria, from a science classroom; all of the different programs have some connection to that central hub,” Donnelly said. “I think that’s my favorite part of the building. The fact that we were able to organize all of the disparate parts of a high school, which are pretty sprawling, and connect everything back to one central space. I think that’s really critical in building community and helping the school feel like one space.”

THE LANGLEY HIGH School Parent-Teacher-Student Association is already planning to work on landscaping for the courtyard and other outdoor areas of the school. The group would like to incorporate benches, trees and other plants to the grounds.

“We’re working with the science department for the plantings and things that are going to be happening there,” said PTSA President Jennifer Feinstein. “We’re looking for an architect to work with who could come up with a plan for the entire property and then we could try to work on fundraising and installation in different stages.”

PHOTO COURTESY OF PERKINS EASTMAN



PHOTOS BY BILL KNOPE/TAMARACK IMAGES IN FAIRFAX

Margot Young, president; Miriam Burns, music director; and Ann Page, executive director of the Tysons McLean Orchestra, formerly McLean Orchestra.

Tysons Gets Its Own Orchestra Of Professional Musicians

Season Opening Concert on Oct. 14

McLean Orchestra, with 47 years history, has changed its name to Tysons McLean Orchestra to better reflect its growth and that of Tysons Corner. The logo, with letters TMO will remain the same with Tysons added on the masthead. The announcement was formally made at a dinner at Café Oggi in McLean on Monday, Sept. 25. Attendees became founding members of the Friends of the Tysons McLean Orchestra.

Margot Young, president of the Board of Trustees, unveiled the new name at the event at Café Oggi, where musicians entertained.

Café Oggi owner, Renato Scozzi is a longtime supporter of the Orchestra. Young said, "We are excited about the new identity with the same wonderful music. Our support from Fairfax County is most important to us and the Board of Supervisors support for

the performing arts centers being planned in the Tysons area is applauded by our audience."

Miriam Burns, the Music Director and Conductor is looking forward to inaugurate the 2018-2019 Season in Tysons. Joseph O'Brien, a Board member in charge of the Development Committee, announced the plans for the new Tysons McLean Orchestra to David Diaz, President and CEO of the Tysons Partnership, who said it is important to pay attention to the cultural aspects that attract businesses and residents to this new employment hub.

Currently, the 60- to 70-person Tysons McLean Orchestra, led by Music Director and Conductor Miriam Burns, is performing in Falls Church at the auditorium of The Falls Church Episcopal where seating is available for 450 attendees. The Tysons McLean Orchestra is awaiting the new concert venues planned in Tysons Corner.



Lorraine Haddad, Laura Grantier, Cynthia Wolverton and Wendi Hatton, musicians from the Tysons McLean Orchestra perform at Cafe Oggi event Sept. 25.

Popular Tech Items for Your Smart Home Kitchen



photo: Amazon.com

Smart home technology began as something entertaining to talk about or watch in the movies. But more and more we are seeing homeowners integrate many of the smart home technology products available on the market today. What are some of the products that we are seeing being used?

Amazon Dash Wand

With the Amazon Dash Wand, not only can you scan items in the kitchen to add them to your shopping list, but you can also ask Alexa to order things, read out recipes or even convert measurements.

Samsung Family Hub Refrigerator

Samsung's smart fridges come with a giant touchscreen that will display your calendar, let you play music, and let you order new groceries when you're running low.

GeniCan

GeniCan sits with your garbage can to make sure you never forget the groceries you need. To add items to a shopping list, you simply swipe the item's barcode on GeniCan's barcode reader. You can then find the item added to a list on the GeniCan app on your smartphone.



Russ Glickman, founder of Glickman Design Build, is a Master Certified Remodeler and Certified Aging in Place Specialist. The award-winning Glickman Design Build team has completed thousands of general remodeling and accessible design projects in the Metro DC area and is passionate about the work they do. Their work has been featured in a variety of publications.

Visit GlickmanDesignBuild.com or call 301.444.4663 to learn more.

CALENDAR

			1	2	3
4	5	6	7	8	9
10	11	12	13	14	15
16	17	18	19	20	21
22	23	24	25	26	27
28	29	30	31		

Let us know about an upcoming event

connectionnewspapers.com/Calendar

Take Control and Be Your Own Boss

Learn how at the Capital Area Franchise Fair

Monday, November 6, 8:30am-12:30pm
Reston Association Conference Center
 12001 Sunrise Valley Dr., Reston, VA

The Capital Area Franchise Fair is the annual learning event hosted by FranNet of Virginia with the SBA, SCORE and the Community Business Partnership.

Experts, lenders and franchisors from various industries will discuss: the best franchise fit, trends, the franchise business model, local regulations, franchise funding.

Tickets cost \$39 (\$49 at the door)
Register at www.capitalfranchiseshow.com
 Questions call Heather Rosen at 703-291-0939



Transform 66 Outside the Beltway

Fairfax County & Prince William County

Design Public Hearings

All hearings at 6-8:30 p.m. Brief presentation at 7 p.m.

Monday, November 13, 2017
for project segment from Route 50 to I-495
 Oakton High School Cafeteria
 2900 Sutton Road, Vienna, VA 22181

Tuesday, November 14, 2017
for project segment from Route 29 to Route 50
 Stone Middle School Cafeteria
 5500 Sully Park Drive, Centreville, VA 20120

Thursday, November 16, 2017
for project segment from Gainesville to Route 29 in Centreville
 Piney Branch Elementary School Cafeteria/Gym
 8301 Linton Hall Road, Bristow, VA 20136

Find out about plans to transform 22.5 miles of I-66 from I-495 (the Capital Beltway) to University Boulevard in Gainesville to provide congestion relief and enhanced safety, as well as new travel choices and reliability. The project will include two new express lanes alongside three regular lanes in each direction, new and expanded transit service and park-and-ride lots, and interchange improvements. For exact locations of project segments, see design plans.

Stop by between 6 p.m. and 8:30 p.m. to view the design plans submitted by I-66 Express Mobility Partners, VDOT's selected partner for the project, and learn more about the proposed improvements. Attend the formal presentation at 7 p.m., followed by a public comment period. VDOT and I-66 Express Mobility Partners staff will be available to answer your questions during the open house.

Review project information, including design plans, project schedule, and environmental, right of way and civil rights information, at www.Transform66.org, at the hearings, or at VDOT's Northern Virginia District Office at 4975 Alliance Drive, Fairfax, VA 22030 beginning October 13, 2017. Please call 800-FOR-ROAD (800-367-7623) or TTY/TDD 711 to ensure the availability of appropriate personnel to answer your questions.

Give your oral or written comments at the hearings. You may also email comments to Transform66@VDOT.Virginia.gov. or mail them to Susan Shaw, P.E., Megaprojects Director, at the VDOT Northern Virginia District Office address above. Please reference "Transform 66 Outside the Beltway" in the subject line. Comments must be postmarked, emailed or delivered to VDOT by November 29, 2017 to be included in the public hearing record.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights at 703-259-1775 or TTY/TDD 711.

State Project: 0066-96A-497 UPC: 110741



PHOTOS COURTESY OF THE WESLEY HOUSING DEVELOPMENT CORPORATION

A courtyard is planned for the center of the residences, which is named the Fallstead at Lewinsville.

Lewinsville

FROM PAGE 7

with a kitchenette, according to McAfee. The community room will be the primary location for activities and programming, which Wesley Housing secured grant funding from the Fairfax County Consolidated Community Funding Pool to help finance human services for the occupants.

“As everybody knows, one of the greatest concerns with seniors is not only making sure they’re living in a safe and affordable environment, but also to make sure that we prevent anything that may cause isolation,” Kathy Mejasich, a spokesperson for Wesley Housing, said. “With our resident services programming, we are commit-

ted to doing that and truly building and being a part of the community.”

ON THE PUBLIC FACILITY SIDE, the Senior Center will be expanded and increase participant capacity from 50 to 80. The Adult Day Center will be expanded so that its capacity will double from 40 to 80 participants. The two child day care centers — the Lewinsville Montessori School and Westgate Child Care Center — will continue to accommodate 210 children but in a larger space. The youth playing field will be increased to a regulation size Under-13 field. It will be a natural grass field, according to Malayeri.



The Lewinsville Community Center Campus is located east of the Dulles Access Road at 1609 Great Falls Street in McLean. It is bordered by Chain Bridge Road to the north; Evers Drive and the Lewinsville Park to the east; Davis Court to the south; and Great Falls Street to the west.

FAITH NOTES

FROM PAGE 5

with beginner and/or intermediate yoga experience. Dress comfortably and bring a mat.

Feel free to bring a towel, block(s) or strap. Contact the Church Office at 703-938-6521.

Mom’s Group meets second and fourth Thursday of the Month, 9:30-11:30 a.m. at the Church of the Holy

Comforter, 543 Beulah Road, NE, Vienna. Join the group for coffee and fellowship. The group meets in the Lillian Croy Room, near the Church Office. Childcare will be available just across the hall in the Childcare Center. If you are interested in joining the group, contact the Church Office at 703-938-6521 so that we can plan appropriately for materials and childcare.

Dreamers

FROM PAGE 4

rent 800,000 DACA 135,000 are Asian-Americans.

The current efforts focus on DACA with phone banks, vigils and visits to Virginia legislators urging them to support of the Dream Act. “Representatives Barbara Comstock and Scott Taylor are on the fence about whether to co-sponsor the legislation,” said Yi. NAKASEC is planning a day soon when they will join with other organizations and knock on every door they can find. “Come on; we can do this,” she said.

Yi says that Korea is a land of opportunity with a great educational system. “I can go there now and make a lot of money but what keeps us rooted here is liberty and freedom. In Korea,” she said, “You have to think a certain way. Culturally and value-wise, I’m American.”

Yi takes a moment to reflect on their recent 30-day vigil in front of the White House.

She said they slept on benches, talked to people, got signatures and even did the “DACA dance.”

“The Secret Service told us we were the weirdest demonstrators they had ever seen at the White House; we even had a karaoke night. But we raised a lot of money,” Yi said. “Some people were supportive but others were being really mean. We had kids with us and I could see they were so hurt. I don’t know what’s going to happen but we’re stronger together. We have to do something.”

She declares they’re going to get education and driver’s licenses for everyone in Virginia. “This moment is bigger than all of us.”

SIXTY FOUR PLACES of worship joined together after the election with the announcement of upcoming anti-immigration legislation. Imam Ali Saddiqui, who is part of a transitional leadership team for the group, says Sanctuary DMV (D.C., Maryland, Virginia) includes a number of Protestant churches as well as several synagogues, Catholic churches and his Muslim Institute. One of their actions has been organizing rallies in support of DACA and immigrant rights. “I was just there last week at the Immigration Customs Enforcement (ICE) office in D.C. and at the mayor’s office.” Since there was just a raid where ICE went after 500 undocumented immigrants and 14 were arrested, the group was asking for their release and for the mayor not to cooperate with ICE officials.

In addition, they have been visiting congressional offices in support of the Dream Act and phoning members of Congress. “Actually this is on a party line. Democrats are very supportive and Republicans not.”

He says you hear the argument that immigrants cost the government money and don’t pay taxes. “Let me tell you my own story. I came here from Pakistan on March 23, 1969 originally as an asylee. I looked for a job and started working and paying taxes March 24 and have paid ever since.”

The Rev. Laura Martin, associate pastor for at Rock Spring UCC in Arlington and also a member of DMV Sanctuary, says there are a number of unresolved issues about the concept of offering sanctuary to an immigrant in a church building. “We are trying to come up with a wider definition of sanctuary such as offering solidarity or support for immigrants when they have an order for deportation. So in the spring another member of the congregation and I picked up a woman living in D.C. with her two children in a

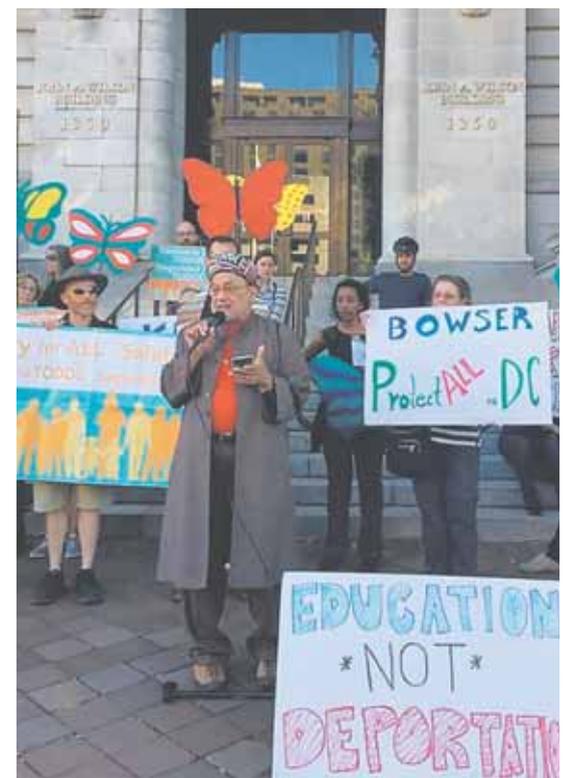


PHOTO BY SHIRLEY RUHE

Imam Ali Saddiqui, transitional leader for Sanctuary DMV, demonstrates outside of ICE office in D.C.

small apartment with 13 people. We were there to support her for her deportation hearing. The woman had fled El Salvador, which is the murder capital of the world. We took her to Rosslyn to immigration court. All of us had to go through a metal detector including the children, and they took away the food in her purse.”

Martin says 80 different cases were all given the same 11 a.m. time for consideration. “It wasn’t a grand court — it was an institutional setting with low ceilings, bright light and so crowded that people, even with babies, couldn’t sit down. It was very procedural and you heard the same thing dozens of times. They took cases with attorneys first so we had to wait for a long time.”

Martin says somewhere along the way the woman’s heavy ankle bracelet started beeping because the battery was low. “There was nowhere to recharge it so it just kept beeping until we got to Subway for lunch in the late afternoon and she could plug it in.” When it came her turn the bilingual judge asked if the immigrant needed time to get an attorney and postponed her case until August.

Then they had to go to Vienna for a regular ankle bracelet check-in. “They could track where she was.”

Martin said the Sanctuary DMV group is not involved in case management so she doesn’t know what happened at the August court date. “The courts can’t keep up. They are rescheduling out to the end of 2018.”

An excerpt from a poem sent by Martin to the congregation concludes:

“I have known the grandmothers who Smile even though they have left Their country of spices and markets, Have left their open windows with blue curtains Have left the tramping of war, Have left their songs and language, And believed America when we said, ‘This is the land of the free.’”

This is the third article in a series focusing on DACA.

DACA by Congressional District

U.S. Rep.	DACA Recipients	DACA Eligible
Beyer (D-8)	2,000	5,400
Comstock (R-10)	1,600	3,700
Connelly (D-11)	2,400	5,300

DATA PROVIDED BY NAKASEC

WEEK

Helping Provide Weekend Food for Kids

Assistance League of Northern Virginia would like to give special thanks to Intelsat in McLean and to Lauren Danoff, a Herndon Middle School student, for food donations to Weekend Food for Kids program.

Since October 2015, Intelsat has continued to donate 150 bags of food each month to help feed children living in food insecure households in our communities. With the support of her family and friends, Lauren contributes about 50 bags of food several times each year.

Thanks to community partners, WFFK program will continue to transform lives during the 2017-18 school year.

To learn how you or your organization can help, contact VP Philanthropic Programs, Lynn Barron: lynnieb517@verizon.net.

#communityoutreach
#weekendfoodforkids



ROSSEN LANDSCAPE

DESIGN * BUILD * MAINTENANCE

Our service offerings include:

- Landscape Design/Build
- Hardscape Construction
 - Masonry Patios
 - Walkways
 - Retaining Walls
 - Pools
 - Drainage Solutions
- Landscape Maintenance
- Planting/Annual Flower Rotation
- Irrigation Installation and Maintenance
- Outdoor Lighting Installation & Maintenance
- Snow & Ice Management Services
- Holiday Lighting & Decor

703-327-2284

www.rossenlandscape.com

Court-Ordered Public Sales of
Arlington County, Fairfax County & Fairfax City
Tax Delinquent Real Estate!



For Sale At Auction

Thursday, November 9th @ 11 A.M. & 3 P.M.

Arlington County Auction - 11 A.M.

Arlington County Board Room (#307)
2100 Clarendon Boulevard, Arlington, VA 22201

Single Family Home & 4 Lots



Fairfax County & City Auctions - 3 P.M.

Fairfax City Regional Library
10360 North Street, Fairfax, VA 22030

6 Properties to be Sold!

3 Commercial Office Condos* *Residential Condo

1.78 +/- Ac. Lot - Near Sunrise Green



Visit Our Website for Full Details!...

www.ForSaleAtAuction.Biz

540/899-1776

VA.A.F.#651

EXCEPTIONAL SCHOOLS FAIR

November 5, 2017 | 11:00am - 2:00pm
www.exceptionalschoolsfair.com

Showcasing the many wonderful school choices available to families of children with diverse learning needs. Admission is FREE and open to the public.

KATZEN ARTS CENTER

AMERICAN UNIVERSITY @ WARD CIRCLE
MASSACHUSETTS AVE NW & NEBRASKA AVE NW
WASHINGTON, D.C.

PARTICIPATING SCHOOLS

THE AUBURN SCHOOL | CHELSEA SCHOOL | THE CHILDREN'S GUILD
COMMONWEALTH ACADEMY | THE DIENER SCHOOL | EAGLE HILL SCHOOL
EMERSON PREPARATORY SCHOOL | FORMAN SCHOOL
THE FROST SCHOOL, PART OF SHEPPARD PRATT HEALTH SYSTEM | FUSION ACADEMY D.C.
THE GOW SCHOOL | THE IVYMOUNT SCHOOL | THE KATHERINE THOMAS SCHOOL
THE KINGSBURY CENTER | THE LAB SCHOOL OF WASHINGTON | LANDMARK SCHOOL
THE LEELANAU SCHOOL | THE MADDUX SCHOOL | MANSEF | MIDDLEBRIDGE SCHOOL
NATIONAL CHILD RESEARCH CENTER | THE NEWTON SCHOOL | THE NORA SCHOOL
OAKWOOD SCHOOL | PARKMONT SCHOOL | PHILLIPS PROGRAMS SCHOOLS
THE SIENA SCHOOL | WYE RIVER UPPER SCHOOL

Sponsored by the American University School of Education

For more information, please contact Bekah Atkinson at exceptionalschoolsfair@gmail.com

Struggling with Type 2 Diabetes and Weight?

You don't have to manage alone.

Join our research team!

2 year clinical study examining the impact of an investigational medication for the treatment of type 2 diabetes and obesity.

Study related nutrition & lifestyle counseling, physical exams, lab tests and research medication at no cost.

Washington Center for Weight Management & Research

Domenica Rubino, MD

703-807-0037

2800 S. Shirlington Road, #505

Arlington, VA 22206

www.wtmgmt.com

THE CONNECTION

Newspapers & Online

UPCOMING EDITIONS

OCTOBER

10/11/2017.....HomeLifeStyle
 10/18/2017.....A+ Camps & Schools
 10/25/2017.....Connection Families
 10/25/2017.....Election Preview

NOVEMBER

11/1/2017.....Wellbeing
 11/8/2017.....HomeLifeStyle
 11/15/2017.....A+ Camps & Schools

Email SALES@CONNECTIONNEWSPAPERS.COM for more specials, digital advertising options and pricing.



Have The Connection emailed directly to you every week!

www.connectionnewspapers.com/subscribe

LOCAL MEDIA
CONNECTION
 Newspapers & Online
 703-778-9431
www.ConnectionNewspapers.com

Reaching Suburban Washington's Leading Households

- Alexandria Gazette Packet
- Arlington Connection
- Burke Connection
- Centre View
- Chantilly Connection
- Fairfax Connection
- Fairfax Station/Clifton/Lorton Connection
- Great Falls Connection
- McLean Connection
- Mount Vernon Gazette
- Oak Hill/Herndon Connection
- Potomac Almanac
- Reston Connection
- Springfield Connection
- Vienna/Dalton Connection

ENTERTAINMENT



Halloween Parade

The parade route for the 71st Annual Halloween Parade, Wednesday, Oct. 25, 7 p.m. on Maple Ave., Vienna. Join friends and neighbors, ghouls and goblins for one of Vienna's traditions: the 71st annual Halloween Parade, hosted by the Vienna Business Association. Pre-registration is required for businesses and organizations who wish to march in the parade. No registration needed for children who want to wear costumes and walk in the parade; children must be accompanied by their mummy or another adult.

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Great Falls Farmers Market. Saturdays, 9 a.m.-1 p.m., 778 Walker Road, Great Falls. Music, vendors, fresh produce, fresh prepared food, delightful bakery, spices from around the world, wild-caught fish, grass-fed, free-range meats, organic-fed poultry and eggs. Email kathleen@greatfallsfarmersmarket.org.

McLean Farmers Market, Fridays, through Nov. 17, 2017; 8 a.m. to noon, 1659 Chain Bridge Road, McLean, Master Gardener Plant Clinic on site to answer questions about plants in your landscape

Vienna Saturday Farmers Market, through Oct. 28, 8am-noon, sponsored by the Optimist Club, Across from Vienna Volunteer Fire Department in parking lot of Faith Baptist Church, 201 Center Street South, Vienna

THROUGH NOV. 18

Broadway Exhibit. Various times at Broadway Galleries, 1025-J Seneca Road, Great Falls. Local photographer, Silvia Gonzalez Roman with a variety of work. Visit www.broadwaygallery.net.

WEDNESDAY/OCT. 25

71st Annual Halloween Parade. 7 p.m. on Maple Avenue, Vienna. Join friends and neighbors, ghouls and goblins for one of Vienna's traditions: the 71st annual Halloween Parade, hosted by the Vienna Business Association. Pre-registration is required for businesses and organizations who wish to march in the parade. No registration needed for children who want to wear costumes and walk in the parade; children must be accompanied by their mummy or another adult. Visit bit.ly/2huu6L0.

THURSDAY/OCT. 26

Grand Reopening. 10 a.m. at H&M at Tyson's

Corner, 1961 Chain Bridge Road, McLean. Store is reopening after being remodeled. Visit www.hm.com.

Annual Trick or Treat Party. 5-7 p.m. at the Mosaic District, 2910 District Avenue, Fairfax. Pet costume contest and "Hotel Transylvania" screening at 6:30 in Strawberry Park. Visit mosaicdistrict.com/.

OCT. 27-28

Vienna Theatre Company Production. Various times at the Vienna Community Center, 120 Cherry St. SE. Upcoming production "In Living Sound - Back Home!," live radio drama directed by Patricia Boswell Kallman. \$14. Visit www.viennatheatrecompany.org.

The Recital on Stage. 7:30 at 1st Stage Theatre, 1524 Spring Hill Road, McLean. Premiere of The Recital with live piano performed by MusicLink, Saturday's ticket includes access to the Post-Performance. \$30-50. Call 703-854-1856.

SATURDAY/OCT. 28

Arlington Free Clinic Annual Benefit Gala. 6 p.m.-midnight at Ritz-Carlton, Tysons Corner Tysons Galleria, 1700 Tysons Blvd., McLean. Cocktail reception and silent auction, which includes getaways, art and photography, sports items, and much more. \$300. Visit www.gala.arlingtonfreeclinic.org.

Ellis Paul in Concert. 7:30 p.m. at Jammin Java, 227 Maple Ave. E., Vienna. Ellis Paul with Sophie B. Hawkins in celebration of 25 years of touring. Visit www.jamminjava.com.

SUNDAY/OCT. 29

Pumpkin Carving Lessons. 10 a.m.-4 p.m. at Wildfire, Tysons Galleria, 3rd floor, McLean. Executive Chef Edwin Amaya shares his best-kept secrets for carving pumpkins and Emma Choi, student representative to Real Food for Kids, will be the special guest followed by a costume contest. \$20.00 per child and a portion of the proceeds will be donated to "Real Food for Kids." Call 703-442-9110.

Spookappella Halloween Jam. 2 p.m. at Jammin Java, 227 Maple Ave. E., Vienna. Cover



November 18, 2017 – January 1, 2018

- NEW- ICE! featuring Rudolph the Red-Nosed Reindeer
- NEW- Rudolph's Holly Jolly™ Breakfast
- NEW- JOY, A Holiday Spectacular live atrium show and indoor snowfall
- Discover the ultimate Christmas getaway just minutes away in National Harbor
- Lavish Christmas décor, twinkling holiday lights and ice skating
- Build-A-Bear Workshop® & Scavenger Hunt
- Gingerbread Decorating Corner & much more!



Packages from \$219* including UNLIMITED PRIORITY ENTRY to ICE!

Book early for best availability!

CHRISTMASONTHEPOTOMAC.COM (301) 965-4000

*See website for details. Restrictions apply. PEPSI, PEPSI-COLA and the Pepsi Globe are registered trademarks of PepsiCo, Inc. Rudolph the Red-Nosed Reindeer and all related elements © & ™ under license to Character Arts, LLC. © Build-A-Bear Workshop, Inc. Used with permission. All rights reserved. FUJIFILM and INSTAX are trademarks of FUJIFILM Corporation and its affiliates. © 2017 FUJIFILM North America Corporation. All rights reserved.



ENTERTAINMENT



Pumpkin Fun

Pumpkin carving lessons, Sunday, Oct. 29 from 10 a.m.-4 p.m at Wildfire, Tysons Galleria, 3rd floor, McLean. Executive Chef Edwin Amaya shares his best-kept secrets for carving pumpkins and Emma Choi, student representative to Real Food for Kids, will be the special guest followed by a costume contest. \$20 per child and a portion of the proceeds will be donated to "Real Food for Kids." Call 703-442-9110.

Strawberry Park. Visit mosaicdistrict.com/ for more.

WEDNESDAY/OCT. 25

71st Annual Halloween Parade. 7 p.m. on Maple Avenue, Vienna. Join friends and neighbors, ghouls and goblins for one of Vienna's traditions: the 71st annual Halloween Parade, hosted by the Vienna Business Association. Pre-registration is required for businesses and organizations who wish to march in the parade. No registration needed for children who want to wear costumes and walk in the parade; children must be accompanied by their mummy or another adult. Visit bit.ly/2huu6L0 for more.

THURSDAY/OCT. 26

Annual Trick or Treat Party. 5-7 p.m. at the Mosaic District, 2910 District Avenue, Fairfax. Pet costume contest and "Hotel Transylvania" screening at 6:30 in

SUNDAY/OCT. 29

Pumpkin Carving Lessons. 10 a.m.-4 p.m at Wildfire, Tysons Galleria, 3rd floor, Mclean. Executive Chef Edwin Amaya shares his best-kept secrets for carving pumpkins and Emma Choi, student representative to Real Food for Kids, will be the special guest followed by a costume contest. \$20.00 per child and a portion of the proceeds will be donated to "Real Food for Kids." Call 703-442-9110 for more.

Spookappella Halloween Jam. 2 p.m. at Jammin Java, 227 Maple Ave. E., Vienna. Cover band rocking R&B, Hip-Hop, Funk, and soul hits of the last five decades. \$10 in advance, \$15 at the door. Visit www.jamminjava.com for more.

band rocking R&B, Hip-Hop, Funk, and soul hits of the last five decades. \$10 in advance, \$15 at the door. Visit www.jamminjava.com.

New Dominion Chorale. 4 p.m. at St. Luke Catholic Church, 7001 Georgetown Pike, McLean. The program, "Songs Celestial," will be conducted by Thomas Beveridge, artistic director, and will feature organist Paul Skevington, baritone James Shaffran and countertenor Chris Dudley. \$35 for adults, \$30 for senior citizens, and \$15 for students and children. Group tickets are available for groups of 10 or more at \$25 per ticket. All tickets general admission. Visit www.newdominion.org.

FRIDAY/NOV. 3

Scott Miller Concert. 2 p.m. at Jammin Java, 227 Maple Ave. E., Vienna. Rock singer/songwriter highlights his first full album in four years, "Ladies Auxiliary." Visit www.jamminjava.com.

NOV. 6-JAN. 7

Textures Exhibit. Various times at the

Vienna Arts Center, 115 Pleasant St., NW. Call 703-319-3971 or visit www.ViennaArtsSociety.org.

Adam Nelson and Gretthe Whittrock. "Nature as Prototype" runs through Dec. 23. Visit mpaart.org.

SATURDAY/NOV. 11

Fall Bazaar. 10 a.m.-4 p.m at Vienna Volunteer Fire Department Auxiliary, 400 Center St., South. The Vienna Volunteer Fire Department Auxiliary is sponsoring this event with crafts, bake sale, holiday items. Email dancers1023@aol.com or call 703-309-3468.

NOV. 16-18

Christmas Craft Show. Thursday and Friday, 10 a.m.-7 p.m.; Saturday 10 a.m.-4 p.m. at the Oakton Church of the Brethren, 10025 Courthouse Road, Vienna. Oakton Church of the Brethren's 24th Annual Christmas Craft Show is a three-day event featuring a wide variety of handmade creations and craft supplies for purchase, plus a soup and sandwich lunch and bake sale. Visit www.oaktonbrethren.org.

WEDNESDAY/NOV. 8

Great Falls Historian. 7 p.m. at the Great Falls Grange, 9818 Georgetown Pike, Great Falls. Joan Wehner will speak about the purchase, restoration and transfer of the Schoolhouse to the Fairfax County Park Authority. \$5. Visit gfhs.org.

Astronomy Lecture. 7:30-9 p.m at Turner Farm, 925 Springvale Road, Great Falls. Topics may include planets, open clusters, double stars, stellar color spectrum, globular clusters and galaxies. After class, view the objects that were discussed through the observatory's telescopes, if weather allows. Visit www.fairfaxcounty.gov/parks/turnerfarm/.

THURSDAY/NOV. 9

Meet the Artists. 7-9 p.m. at the McLean Project for the Arts, 1446 Chain Bridge Road, McLean. "Nature as Prototype" exhibition by Yoko K,

MODERN AMERICAN CRAFT

ART + FASHION + DESIGN

100 Jury Selected Contemporary Artists & Designers

OCT. 28-29

3RD YEAR

HYATT REGENCY CRYSTAL CITY

THIS WEEKEND TWO DAYS ONLY

SPECIAL \$5 GOURMET BOX LUNCH OFFER
-See Website

AMERICAN FINE CRAFT SHOW WASHINGTON
Formerly at Convention Center & DC Armory

CraftShowDC.com

BUY TICKETS ONLINE & SAVE

CHILDREN UNDER 12 FREE
CASH ONLY AT BOX OFFICE

WASHINGTON INTERNATIONAL HORSE SHOW

OCT 24-29, 2017
CAPITAL ONE ARENA

WORLD-CLASS SHOW JUMPING
ENTERTAINING EXHIBITIONS
FUN FOR THE ENTIRE FAMILY

TICKETS START AT \$20 FOR SELECTED NIGHTS.
CHILDREN 12 AND UNDER FREE FOR DAYTIME SESSIONS.
DISCOUNTS FOR GROUPS, MILITARY, STUDENT AND SENIORS.

FOR MORE INFORMATION GO TO WIHS.ORG

TICKETS AVAILABLE AT TICKETMASTER.COM

LONGINES

Home of the \$6,850 Bathroom Remodel

From Now to WOW in 5 Days Guarantee

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling

10% down nothing until the job is complete for the past 17 years

Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed Since 1999

LEAD SAFE SEPA CERTIFIED FIRM

Free Estimates
703-214-8384

Visit our website: www.twopoorteachers.com

Roundtable Addresses Opioid Crisis

FROM PAGE 2

social outlets were suddenly beyond reach “when he needed them the most.” “Denial is deadly,” said Atwood-Lovitt. Stigma reduction, education and prevention is essential. The Chris Atwood Foundation is now engaged in advocating for opioid addiction education and treatment, and provides training in the use of Narcan, as well as helping to make the overdose reversal medication more readily available.

Although in his opening remarks Connolly declared that the day’s proceedings would avoid putting politics on the table, there were a few occasions when the congressman felt compelled to address the need for “political will” as part of the solution.

“Expanding Medicaid in Virginia would bring an additional \$100 million to aid in the fight against opioid addiction. Another \$200 million would be available for mental health treatment and initiatives. We need all of the resources we can get to fight this.”

CONNOLLY also announced his introduction of the “Opioid Immediate Suspension Order Act (H.R. 4073).” The legislation is designed to restore the DEA’s authority to suspend a pharmaceutical distributor’s license if the Attorney General finds their actions to be causing an imminent danger to the public health and safety. H.R. 4073 is Connolly’s response to the potentially crippling effect of the Ensuring Patient Access and Effective Drug Enforcement Act of 2016 on the DEA’s ability to stop over-distribution.

Connolly doesn’t think this is the time to make it harder for the Drug Enforcement Agency “to do their job,” citing an example in a small

West Virginia town, with a population of 2,924, where one distributor was able to provide one pharmacy with 258,000 hydrocodone pills in one month, not to mention the fact that “more than 300 million opioid prescriptions were written in the U.S. last year – enough for every man, woman, and child to have their own bottle of powerful painkillers.

Members of the audience were given an opportunity to make comments and ask questions. Many of those who spoke, used their time to recount personal stories of family members or of their own struggles, like Nick Yacoub, who began his addiction at the age of 10 and who is now a recovery coach.

“Recovery is possible,” said Yacoub, who described himself as a successful product of the Fairfax Falls Church CSB treatment programs, “especially if we stop viewing addiction as a moral failure.”

The roundtable concluded with messages of hope and support, and promises by the speakers to continue the fight and to continue working with each other to end the epidemic. Bulova urged members of the public to share the information and to direct others to the video of the event, and to the county’s website for information and resources.

The Board of Supervisors has also recently established an Opioid Crisis Task Force that will be charged with developing plans to fight the epidemic.

“The prescription opioid and heroin epidemics are driven by biological, psychological, and social problems that require multi-dimensional solutions,” said Connolly. “We must never forget the human cost of these epidemics. We must win.”

New Mascot

PHOTOS COURTESY OF BASIS INDEPENDENT MCLEAN

BASIS Independent McLean debuted its new mascot as the Red-Tailed Hawk. Staff and students voted on five mascot candidates and the winning selection was the Red-Tailed Hawks. Two students helped create the draft design for the Red-Tailed Hawks for their communication journal: Kelley Wang, an 11th grader representing upper school, and Grace Araya, a 4th grader representing the lower school.



Kelley Wang, an 11th grader, helped design the new mascot.



Grace Araya, a 4th grader, helped design the new mascot.

Announcements

We pay top \$ for STERLING, MEN'S WATCHES, JEWELRY, COSTUME JEWELRY, FURNITURE, PAINTINGS AND CLOCKS.

Schefer Antiques
703-241-0790
theschefers@cox.net

Find us on Facebook and become a fan!

www.Facebook.com/connectionnewspapers



Computers

HDI COMPUTER SOLUTIONS

JENNIFER SMITH
Serving the Area Since 1995



- > Speed Up Slow Computers
- > Virus Removal
- > Computer Setup
- > Help with Windows 8

571-265-2038

Jennifer@HDIComputerSolutions.com

Announcements

Basement Apartment for Rent in McLean 1500 per month

Utilities Included

Two Bedroom with two Bathrooms
Living Area with Large Screen TV
Kitchenette

Great Location to I 66, rt. 495

Please. call 703-861-1654 for appointment

Yard Sale

Yard Sale

6809 Weaver Avenue
McLean, Va. 22101
Household Goods, Toys,
Clothes Etc.. TV

Legals

NOTICE OF SALE

Pursuant to KRS 376.400, notice is hereby given that Anzac, LLC will on Wednesday, November 15, 2017, at the hour of 10:00 a.m. at Anzac, LLC, 2601 Old Frankfort Pike, Lexington, Kentucky 40510, expose to public sale the following animal to satisfy the charges for board and keeping thereon, to the highest and best bidder: the 2005 Thoroughbred mare NASREEN; the 2004 Thoroughbred mare NASEEM; and the 2016 Thoroughbred colt by TALE OF THE CAT out of NASEEM. Terms are cash at the time of sale.

Employment

ADVERTISEMENT

Bilingual Immigration Office Clerk – Ahmad and Associates, McLean, VA is seeking an office clerk with critical language skills in Spanish, Russian and/or French. Must have knowledge of general clerical duties, including but not limited to answering phone calls, operating office systems and machines, typing, filing, and book-keeping. Additionally, prepare draft legal correspondence and maintain client management. Minimum Associate’s Degree in criminal justice or related field required. 18 months experience in immigration office or similar field. 40 hours per week; 9 a.m. to 5 p.m. \$22.53/hour. Submit resumes to: Ahmad and Associates, 6888 Elm Street, Suite 303, McLean, VA 22101 or ahmadassociateslaw@gmail.com.

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com



Announcements

Earn more with Quality!

★★★ 30 YEARS OF SERVICE ★★★

Looking for CDL A or B drivers to deliver new trucks all over the US and Canada.

Experience preferred. Must have DOT physical and be willing to keep logs. No DUIs in last 10 years, clean MVR.



Apply Online at
www.qualitydriveaway.com
or call 574-642-2023

Announcements

Lifetime METAL ROOFING
by VA CAROLINA BUILDINGS, INC

40 YEAR WARRANTY ON THE FINISH - ENERGY EFFICIENT SUPERIOR DURABILITY - SENIOR CITIZEN DISCOUNT

FACTORY DIRECT - WE FINANCE - CALL NOW!

WWW.METALROOFOVER.COM 1-800-893-1242

Announcements

Announcements



TELL US WHAT YOU THINK

SUBMIT YOUR LETTER TO THE EDITOR HERE
www.ConnectionNewspapers.com/contact/letter

BULLETIN

FROM PAGE 6

Drive, McLean. Join AARP Virginia and the McLean Community: A Village for All Ages for Dinner at Mylo's Grill in McLean, 15 percent discount on entire check. Call 1-877-926-8300 or visit aarp.cvent.com.

MONDAY/NOV. 13

Community Meeting. 6-8:30 p.m. at the Oakton High School Cafeteria, 2900 Sutton Road, Vienna. Design Public Hearings on the Transform 66 Outside the Beltway Project regarding plans for the 22.5 mile corridor from I-495 to University Boulevard in Gainesville. Visit transform66.org for more.

MONDAY/DEC. 11

FCPS Community Conversations. 6:30-8 p.m. at Jackson Middle School, 3020 Gallows Road, Falls Church, Cafeteria (Region 2). Fairfax County Public Schools (FCPS) Superintendent Scott S. Brabrand will host Community Conversations to hear what students, parents, employees, and members of the community are thinking about and what issues are important to them. Brabrand welcomes citizens to attend and take part in any of the upcoming sessions that are convenient for them. Citizens needing a translator can make a request for services online. Visit www.fcps.edu/news/superintendent-brabrand-schedules-five-community-conversations-fall.

SUPPORT GROUPS

Are You A Caregiver? Shepherd's Center of Oakton Vienna Caregivers' Support Group takes place first & third Thursday of each month. February 2nd and 16th, 2017 from 10:00 a.m. to 11:30 a.m. Join us at the Unitarian Universalist Congregation of Fairfax (UUCF) - Program Building, 2709 Hunter Mill Rd, Oakton, VA. For more info contact facilitator, Jack Tarr, 703-821-6838 jtarr5@verizon.net.

Haven of Northern Virginia Support Group. 703-941-7000, www.havenofnova.org or havenofnova@verizon.net.

Virginia Chronic Pain Support Group Meets from 1:30 - 3 p.m. the 2nd Wednesday of each month at Kaplan Center for Integrative Medicine, 6829 Elm St., Suite 300, McLean. Group leader, Jodi Brayton, LCSW. 703-532-4892.

VOLUNTEERS NEEDED

RSVP, a volunteer network for seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria, offers a wide array of opportunities for volunteers 55 and older. RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings. To sign up for an upcoming orientation, email Carly Hubicki at chubicki@volunteerfairfax.org or call RSVP at 703-403- 5360. To learn more about RSVP, visit www.rsvpnova.org.

Master Gardener Training. The Fairfax County Master Gardener Association offers plant clinics, home turf training or speakers for homeowner's meetings. Fees vary. Visit fairfaxgardening.org or call MG Help Desk at 703-324-8556 for more.

Shepherd's Center of McLean-Arlington-Falls Church, 1205 Dolley Madison Blvd., McLean continues to have an urgent need for new volunteers to help area senior citizens get to and from their medical and therapy appointments. To find out more about the Shepherd's Center and how you can volunteer to provide transportation and other services, call the Center at 703-506-2199 or e-mail the Center at info@scmafc.org. The Center's website is www.scmafc.org.

Volunteers Needed. PRS is looking for empathetic and caring volunteers to make phone calls to older adults who may be feeling socially isolated. The commitment is one 3-hour shift per week for one year. Located in Arlington. Ages 21 & up. Intensive training provided. Learn more and apply: <https://prsinc.org/caring-volunteering/>. Questions? Email lpdgett@prsinc.org.

The Northern Virginia Long Term Care Ombudsman Program needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Also visit www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman/.

BUSINESS DIRECTORY

WWW.CONNECTIONNEWSPAPERS.COM

TO ADVERTISE YOUR BUSINESS, CALL KAREN AT 703-778-9422

ELECTRICAL	ELECTRICAL	LANDSCAPING	Good is not good, where better is expected. -Thomas Fuller
K&D ELECTRIC COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc... Licensed/Bonded/Insured Office 703-335-0654 Mobile 703-499-0522 lektrkman28@gmail.com		A&S CONSTRUCTION SOD, Mulch, Clean-Up Leaf Removal Hauling. 703-863-7465	
GUTTER	GUTTER	LANDSCAPING	LANDSCAPING
GUTTER CLEANING Gutters and Downspouts Cleaned Small Repairs • Gutter Guards PINNACLE SERVICES lic/ins 703-802-0483 free est. email jamie@lawnsandgutters.com web: lawnsandgutters.com Friendly Service with a Friendly Price!		Patios & Drainage Your neighborhood company since 1987 703-912-6886 J.E.S. Services Free Estimates • Fully Licensed & Insured <ul style="list-style-type: none"> Planting & Landscaping Design Drainage & Water Problems Concrete Driveways, Replacement or New Patios and Walks • Masonry Work or Dry Laid Paver, Flagstone, Brick, any style you choose Retaining walls of all types All work Guaranteed	
IMPROVEMENTS	IMPROVEMENTS	LANDSCAPING	LANDSCAPING
Power Washing Go from green to clean, do you have mold on your siding rotten wood that's a hoa violation? We do houses, decks, fences, side walks, etc. Deck and fence repair, deck staining and sealing. Licensed & Insured • Free Estimates email: jnave@comcast.net 703-987-5096		GOLDY BRICK CONSTRUCTION Walkways, Patios, Driveways, Flagstone, Concrete FREE ESTIMATES Licensed, Insured, Bonded 703-250-6231	
A&S Landscaping <ul style="list-style-type: none"> All Concrete work Retaining Walls • Patios Decks • Porches (incl. screened) • Erosion & Grading Solutions French Drains • Sump Pumps Driveway Asphalt Sealing 703-863-7465 LICENSED Serving All of N. Virginia		Quality Tree Service & Landscaping Reasonable prices. Licensed & insured. Summer Cleanup... Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc. 25 years of experience -- Free estimates 703-868-5358 24 Hour Emergency Tree Service	
RN. CONTRACTORS, INC. Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic Phone: 703-887-3827 E-mail: rncontractorsinc@gmail.com www.rncontractors.com		TILE / MARBLE TILE / MARBLE BATHROOM REMODELING by Brennan Bath and Tile Partial or Full, Kit. Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work. 35 yrs exp. www.brennan-tile.com 703-250-2872 Licensed • Bonded • Insured	
TILE / MARBLE TILE / MARBLE BATHROOM REMODELING by Brennan Bath and Tile Partial or Full, Kit. Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work. 35 yrs exp. www.brennan-tile.com 703-250-2872 Licensed • Bonded • Insured		Sign up for FREE DIGITAL SUBSCRIPTION to any or all of our 15 papers WWW.CONNECTIONNEWSPAPERS.COM/SUBSCRIBE	

Weakened Wherewithal



By KENNETH B. LOURIE

Say that three times quickly. Heck, say it one-time slowly. And then welcome to my whirled: the world of cancer treatment and survival. A 'whirled' in which, eight years and nearly eight months post diagnosis, I continue to live, breathe and write.

Occasionally it happens, as it is happening now, that some of the most excruciating demands of being a cancer patient, occur simultaneously – or a reasonable facsimile there of. For me that means 24-hour urine collection, pre-chemotherapy lab work, chemotherapy infusion, CT Scan and then the appointment with my oncologist to discuss all the results; occurring over 13 days – with intermittent days off for good behavior.

Typically; meaning every minute, every hour, every day, every week, etc., maybe not every second, I am thinking about cancer; though I wouldn't say I'm preoccupied (others might). And of course, it's certainly understandable and reasonable to do so when every day over a fortnight, you are waiting – as we say in the sales world – "for the other shoe to drop."

Having endured this cycle over the last eight and a half years with varying regularity, I can honestly say that whatever symptoms have manifested themselves – or not – have never provided any consistent assurance that my life/life expectancy had not changed for the worse. It's not until the appointment with my oncologist occurs – or sooner if he emails me the scan results, that I learn the facts of my case.

All of that being said, as my friend Frank has often said to me: "You're in pretty good shape for the shape you're in." Don't I know it.

However, yes there's always a 'however' in the cancer-patient-surviving-against-all-odds 'whirled,' there are no guarantees. In fact, there are only two guarantees: death and taxes. The former is way too close for comfort and the latter, I'm already taxed to the hilt, emotionally. Somehow, I have to get through because "the alternative is gloomy" to quote Dr. Mobley, the doctor in Miles City who treated Augustus McCray in the epic miniseries, "Lonesome Dove." And so I try not to be gloomy.

However, there's that word again, circumstances/schedules randomly bring down the weight – and wait of my 'whirled.' These 13 days can never pass quickly enough. But that presumes a good result, which one would want to know as soon as possible. But what of a bad result, leading to an exponential increase in anxiety – and fear, ultimately leading to a treatment unknown. That I might not want to know so soon. Not that not knowing serves any point or helps coordinate the next treatment plan, I'm more afraid of hearing something I haven't heard much of since February 2009. To quote my late mother quoting somebody: "No one gets out of this life alive."

That of course is the point of this column, and the effect of having all this cancer stuff happen at the same time. I can take it, generally; as my late father used to say: "KB, I have confidence in you. You have broad shoulders." Nevertheless, I worry about the figurative straw breaking my emotional back. Cancer can do that. It did it to my mother-in-law, Peggy, where over a few days the situation went from bad to worse to finally, the worst.

Somehow, I have to compartmentalize all this negative energy and focus on the positive. And that positive turns out to be an early email from my oncologist basically saying that my lung cancer remains stable. Now we can go to my appointment on Monday "unencumbered," to once gain quote my late father. The pressure is semi off. Talk about relief.

Now maybe I can relax and try not to think about my next infusion, my next scan and my next appointment with the oncologist. There's no harm in trying, right?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



JD CALLANDER

Direct: (703) 606-7901
Office: (703) 821-1025
jd@newNOVAhome.com
www.newNOVAhome.com

#1 Agent Companywide
Top 1% Realtors Nationwide
Top 10 Realtors in Virginia
NVAR 80+ Million Dollar Sales Club



**JD Sold More Homes Last Year
in 22101 Than Any Other Agent!**

Per MREIS

OPEN
Sun 10/29
2-4pm



Offered for...\$949,000

3023 Cedarwood Lane, Falls Church

***SPACIOUS* 4BR/4.5BA home** with stunning addition and gorgeous yard located on over half acre! Updated gourmet kitchen w/ granite counters and breakfast bar; hardwood floors; open floor plan with sunny family room; 2 fireplaces; open LL rec room; two main level owner's suites! Lovely screened porch w/ skylights opens to large treed backyard!



Offered for...\$1,139,000

1619 Linway Park Drive, McLean

***LIGHT and BRIGHT* 5BR/3.5BA home** on 3 levels in park-like setting at end of cul-de-sac! Spacious colonial w/ lots of updates! Eat-in kit w/ granite counters; renovated BAs; LL rec room, guest room & walk out to patio; deck w/ wooded views; Chesterbrook, Longfellow & McLean schools! **Just 1 light to DC!**



Offered for...\$1,085,000

6428 Noble Drive, McLean

***BEAUTIFUL* 6BR/6 full BA home** with gorgeous addition w/ 3rd and 4th levels added plus remodeled kitchen! New appliances ('17); updated windows; hardwood floors; fresh paint; large bedrooms; fully-finished walkout LL with fireplace and wet bar; backs to wooded area with open and private views; lovely landscaping! **Chesterbrook, Longfellow and McLean schools!**

BEST WASHINGTONIAN 2017

COMING SOON!



1542 Dahlia Court
McLean 22101
Chesterbrook, Longfellow,
and McLean Schools!

UNDER CONTRACT!



1610 Forest Lane
McLean 22101
\$950,500
Under contract in < 5 days!



2223 Great Falls Street
Falls Church 22046
\$975,000



1415 Lady Bird Drive
McLean 22101
\$1,499,000



6636 Gordon Avenue
Falls Church 22046
\$1,590,000



1703 James Payne Cir.
McLean 22101
\$999,000



704 Live Oak Drive
McLean 22101
\$1,324,000

Call Me Today for a Free Analysis of Your Home's Value!