



Lee Street Haunts

Chris Leary, a phantom construction worker, gives out candy to a crowd of trick-or-treaters.

PHOTO BY VERNON MILES/GAZETTE PACKET

MORE PHOTOS, PAGE 20

Who We Hit

Working towards a crash-free Alexandria with Vision Zero.

BY VERNON MILES
GAZETTE PACKET

Imagine an Alexandria where no one is ever hit by a car. It's an Alexandria where cars always stop at stop signs, pedestrians always use the crosswalks, and bicyclists always use proper signalling. This is the Alexandria of Vision Zero, an ongoing safety project in Alexandria adapting a program started in Sweden in the 1990s. The project reframes car crashes not as accidents directed by the hand of fate, but as preventable tragedies. The goal of Vision Zero is the complete elimination of deaths and serious injuries in Alexandria by 2028.

"Vision Zero embraces concept that crashes are not accidents," said Hillary Orr, special assistant to the city manager. "Traffic deaths and

serious injuries are preventable." Vision Zero was first brought up as a proposal in the Pedestrian & Bicycle Master Plan, approved in May 2016. A Vision Zero policy was put together and approved by the City Council in January 2017. Since that time, an interdepartmental work group has been analyzing traffic crash data, engaging in public outreach, and working on an action plan.

Three top challenges emerged during the public outreach: distracted drivers, speeding, and people running red lights and stop signs. Of those surveyed in Alexandria, 16 percent either experienced or knew someone who was seriously injured or died in a crash, and cited the same three factors at the primary factors in their crashes.

SEE CRASH-FREE, PAGE 29

Keeping Youngsters Warm

BY JEANNE THEISMANN
GAZETTE PACKET

Drizzly skies couldn't dampen the festive atmosphere inside the Charles Houston Recreation Center as hundreds of children turned out Oct. 29 to select a new winter coat as part of the Firefighters and Friends annual coat and book distribution day.

More than 400 new coats were provided to children in need courtesy of the Pennsylvania-based nonprofit



Alexandria firefighter Ellen Zophy helps Riley Talbert try on a new winter coat at the Firefighters and Friends annual coat and book distribution day Oct. 29 at the Charles Houston Recreation Center.

Firefighters and Friends distribute coats, books to local families.

Operation Warm and support from local sponsors. "We believe a new winter coat can be more than a coat," said City Councilman Will Bailey, organizer of the event and Firefighters and Friends founder. "It builds self-esteem and tells a child 'You are worth it

SEE WARM, PAGE 5



Damari Quinn, 8, has his face painted as Batman during the Firefighters and Friends coat and book distribution day Oct. 29 at the Charles Houston Recreation Center.

Reducing Suspensions

Restorative practices in city schools.

BY VERNON MILES
GAZETTE PACKET

The conventional methods for punishment in public school were pretty clear. When you act up in class, you got sent to the Principal's Office, and if it was bad enough you'd be suspended from school and sent home. The idea is that a suspension both

punishes the child for poor behavior and removes a problem student from the classroom environment.

But what if there was another way?

Now in its fourth year, Alexandria City Public Schools (ACPS) has been gradually implementing restorative practices at T.C. Williams High School. The idea of restorative practices is to find ways to resolve conflicts in a way that minimizes school suspensions. Each new freshman class was

SEE REDUCING, PAGE 8

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Northam



Gillespie



Hyra



Fairfax



Vogel



Herring



Adams

On the Ballot

A look at what's top of the ballot this Election Day.

BY MICHAEL LEE POPE

Voters across Virginia will be headed to the polls Tuesday Nov. 7. Here's a look at what's on the ballot:

Race for Governor

Democrat **Ralph Northam** is a pediatric neurologist who was elected lieutenant governor in 2013, when he beat Republican E.W. Jackson. Before being elected to the statewide office, he represented the Eastern Shore in the Virginia state Senate. He's also a veteran, serving as an Army doctor during Desert Storm.

On the campaign trail, Northam talks about a "G3 Program" for Virginia — a plan that would help people get a job, get skilled and give back. If elected, he says he would work to expand industry certification programs, community colleges and apprenticeship programs, an effort that would focus on high-school students who do not attend a four-year college or university. He says he would support a law to make salary information more transparent so women can fight discriminatory practices. And, he says, he would push to expand Medicaid.

Fundraising Total: \$22.8 million

- ❖ \$3 million from DGA Action
- ❖ \$705,000 from Virginia League of Conservation Voters
- ❖ \$566,000 from Michael Bills of Charlottesville, founder of Bluestem Asset Management
- ❖ \$450,000 from Everytown for Gun Safety
- ❖ \$400,000 from the Democratic Party of Virginia

Republican **Ed Gillespie** is a former chairman of the Republican National Committee who owns the firm Quinn Gillespie & Associates, a bipartisan lobbying firm he started with Jack Quinn.

On the campaign trail, Gillespie talks about cutting the individual tax rate by 10 percent — the first income tax rate since 1972. He wants to prohibit candidates from using money raised for one office to run for a different office, and he says he would extend the length of time administration officials must wait before they can lobby their prior office. If elected, he says he would identify \$200 million in savings during the

course of his administration by establishing a new Office of Innovation and Efficiency.

Fundraising Total: \$14.8 million

- ❖ \$4 million from A Stronger Virginia
- ❖ \$1.1 million from Let's Grow Virginia
- ❖ \$1 million from the Republican Governors Association
- ❖ \$200,000 from Dwight Schar of McLean, NVR Homes
- ❖ \$133,000 from Jay Faison of Charlotte, N.C., of ClearPath Foundation

Libertarian **Cliff Hyra** is a patent attorney who was unopposed as the Libertarian candidate for governor when party leaders met for their convention in May.

On the campaign trail, Hyra talks about ending the business, professional and occupational licenses tax known as the BPOL. He also wants to end state occupational licensing requirements for cosmetologists, interior decorators and nail technicians. He also wants to privatize the state-owned liquor monopoly and avoid increases to the minimum wage. If elected, he says he would work to exempt the first \$60,000 of household income from the state income tax.

Fundraising Total: \$63,000

- ❖ \$15,000 from Michael Chastain of Austin, Texas
- ❖ \$1,000 from John Berresford of Arlington, Federal Communications Commission
- ❖ \$1,000 from Don Bruckner of Albuquerque, N.M., Guebert Bruckner PC
- ❖ \$1,000 from Darryl Kerkeslager of Richmond, Virginia Department of Corrections
- ❖ \$1,000 from Carrie-Anne Mosley of Chantilly, Salesforce.com

Race for Lieutenant Governor

Democrat **Justin Fairfax** is a former federal prosecutor who also owns a dental practice with his wife. Earlier this year, he beat out two other Democrats who were also running in the Democratic primary: longtime Democratic operative Susan Platt and former federal prosecutor Gene Rossi.

On the campaign trail, Fairfax says he wants to increase the minimum wage and expand workforce training. He wants to implement a state-based loan restructuring program, and increase access to pre-kinder-

garten education. If elected, he says, he would support expanding Medicaid and eliminate gaps in mental health coverage.

Fundraising Total: \$2.9 million

- ❖ \$50,000 from Rose McElrath-Slade of McLean, Strategic Resources Inc.
- ❖ \$35,000 from the National Education Association
- ❖ \$35,000 from stockbroker Edward Hart Rice of Vienna
- ❖ \$30,000 from Ivan Jecklin of Henrico, Weinstein Management Company
- ❖ \$25,000 from Michael Bills of Charlottesville, founder of Bluestem Asset Management

Republican **Jill Vogel** is a state senator representing Upperville who was first elected in 2007 after the retirement of longtime Republican state Sen. Russ Potts (R-27). Earlier this year, she beat out two other Republicans who were also running in the Republican primary for lieutenant governor: Sen. Bryce Reeves (R-17) and Del. Glenn Davis (R-84).

On the campaign trail, Vogel says she wants to reduce regulations and the tax burden. During the last General Assembly session, she introduced a bill that would have banned all gifts to lawmakers and prohibited candidates from using campaign funds on personal expenditures. She also introduced an effort she calls the "repeal amendment" that would allow states to repeal federal laws and regulations.

Fundraising Total: \$2.5 million

- ❖ \$825,000 from the Republican State Leadership Committee
- ❖ \$496,000 from William Holtzman of Holtzman Oil Corp
- ❖ \$96,000 from Jill Vogel for Senate
- ❖ \$35,000 from cigarette manufacture Altria
- ❖ \$29,000 from Michael Smith of Middleburg, Valley Proteins Inc.

Race for Attorney General

Democrat **Mark Herring** is a former state senator from Loudoun who was elected attorney general in 2013, when he won a 165-vote margin of victory against Republican Mark Obenshain that led to a statewide recount. He has a master of arts in foreign affairs from the University of Virginia as well as a bachelor's degree in for-

eign affairs and economics, also from UVA. He also received a law degree from the University of Richmond.

On the campaign trail, Herring says responding to the opioid crisis is one of his top priorities. As attorney general, he says he has prosecuted more than 75 cases against heroin dealers and traffickers involving more than 375 pounds of heroin and fentanyl. Herring says he is also leading a project to eliminate Virginia's backlog of more than 2,000 rape kits. Herring is also chairman of a task force to combat campus sexual violence, and he says he helped put hundreds of child predators behind bars through aggressive prosecutions and digital forensics work.

Fundraising Total: \$6.2 million

- ❖ \$1.5 million from the Democratic Attorneys General Association
- ❖ \$813,000 from One Commonwealth PAC
- ❖ \$300,000 from Everytown for Gun Safety
- ❖ \$150,000 from Michael Bills of Charlottesville, founder of Bluestem Asset Management
- ❖ \$116,000 from the Democratic Party of Virginia

Republican **John Adams** is a former Navy officer who served as an associate White House counsel under former President George W. Bush. He has a law degree from the University of Virginia, and an undergraduate degree from the Virginia Military Institute. He currently works as an attorney in private practice.

On the campaign trail, Adams says he would work as an advocate against spoofing — fighting phone scammers who impersonate the government, legitimate businesses or local telephone numbers. If elected, he says, he will leverage state resources to do "much, much more" than is currently being done to combat the opioid crisis. He says he would also support "tough but effective" law combatting drug dealing.

Fundraising Total: \$3.4 million

- ❖ \$2.9 million from Republican Attorneys General Association
- ❖ \$225,000 from Republican Party of Virginia
- ❖ \$100,000 from Bruce Gottwald of Richmond of Newmarket Corp
- ❖ \$35,000 from Floyd Gottwald of Henrico of Newmarket Corp
- ❖ \$27,500 of William Goodwin Jr. of Richmond of CCA Industry

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Cindy Baggett 703.593.1418
and Leslie Rodriguez 703.400.3010

PRICE REDUCTION!



OPEN SUNDAY 1-4

Alexandria/Kingstowne \$469,900
7241 Worsley Way. Wonderfully renovated, spacious & bright town home with beautiful view of treed parkland from deck & patio. Bamboo wood on main level, new carpet elsewhere; open & modern kitchen; walk-out level basement w/ bonus room (4th bedroom? office?); 3.5 updated baths; 2 assigned parking spaces right in front. Minutes to Kingstowne's amenities, shops & restaurants; close to metro, 495.

Cindy Baggett 703.593.1418
and Leslie Rodriguez 703.400.3010



Alex/Mt Zephyr \$419,000
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Mary Hurlbut 703.980.9595

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Alexandria \$332,000
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Cindy Baggett 703.593.1418
and Leslie Rodriguez 703.400.3010

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NEWS



Michael Johnson, Alexandria's National Safe Place coordinator, welcomes families to the Firefighters and Friends annual coat and book distribution day Oct. 29 at the Charles Houston Recreation Center.



Five-year-old Damarcus Quinn shows off his new winter coat and book Oct. 29 at the Charles Houston Recreation Center.

Keeping Youngsters Warm

FROM PAGE 1

and we care.' We also see that it inspires pride and joy within a child."

Mickey Mouse was on hand to greet children and their families, with clowns, face painters, balloons, and other activities adding to the festive atmosphere.

Representatives from the Alexandria Police Department, Fire Department, Sheriff's Office, Parks and Recreation and the Charles Houston Parent Advisory Board assisted each child in picking out a new coat. New books were provided by the Alexandria-based nonprofit InspireLit.

Sponsors of the drive include: Operation

Warm; Alexandria Police Department; Alexandria Sheriff's Office; Alexandria City Parks and Recreation, Charles Houston Parent Advisory Board, ACT for Alexandria, Firefighters and Friends to the Rescue.

"I think the number one way to break the cycle of poverty is through education," Bailey added. "But without a warm coat, many kids miss school, which also means they miss the education they need as well as a free or reduced breakfast and lunch that fuels their bodies. As firefighters, we try to find ways to help the community when we are not running 911 emergencies. Today it was providing new coats and books to children in need."



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¹\$945 is the difference between the amount paid in interest between Democracy FCU's rate at 1.35% APR compared to 3.34% APR from BB&T over the life of an \$18,000 auto loan over 60 months. APR = Annual Percentage Rate. Competitor rates obtained by RateWatch on 10/4/17.

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²\$1,783 is the difference between the amount paid in interest between Democracy FCU's rate at 7.99% APR compared to 13.95% APR from Navy FCU over the life of a \$10,000 signature loan over 60 months. APR = Annual Percentage Rate. Competitor rates obtained by RateWatch on 10/4/17 and Navy FCU website on 10/27/17.

PEOPLE

Tickets, Tickets, Tickets — All In a Day's Work

BY SHIRLEY RUHE
GAZETTE PACKET

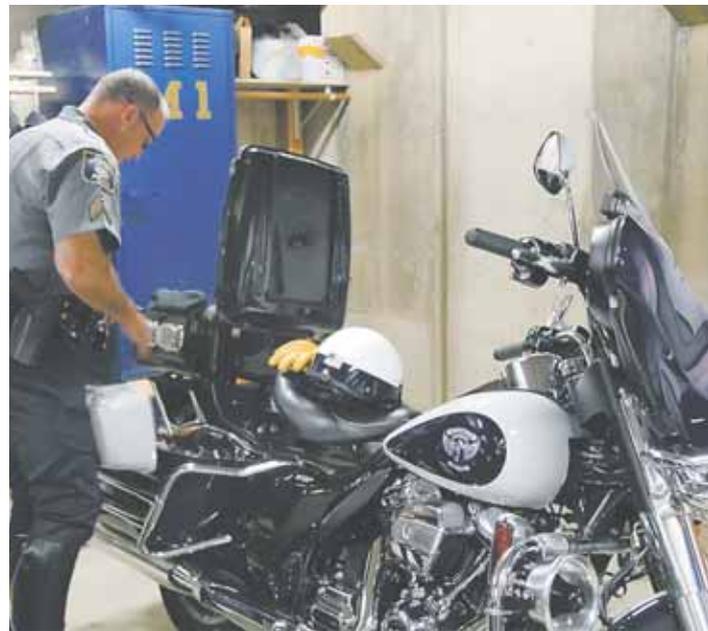
Sgt. Charles “Chuck” Seckler walks into the Alexandria Police Department motor bay and across the floor to where his 950-pound Harley Davidson Street Glide sits against the wall. It is heavy but “the size offers a little more safety.” He explains part of their motorcycle training is practical. “You have to be able to pick up the motorcycle and also push it. The secret is leverage. But if you can’t do it, you don’t pass.”

Seckler says the motorcycle size also handles the workload they do. “All the everyday stuff fits, such as the papers we need for court, the Virginia Uniform Summons (tickets), the winter jacket, extra gloves, leather gear if it gets really cold, rags to wipe it down, a computer, my traffic vest (lime green “apron”) and the laser for tracking speeders.” The police radio is built in.

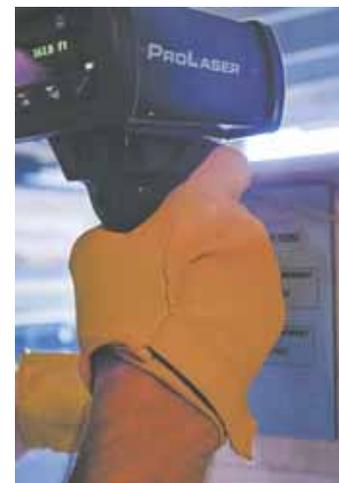
A quick walk-around check of the motorcycle includes tire pressure and oil. Seckler takes the helmet off his seat, fastens the strap under his chin and puts on his leather gloves which are required “because our hands can get chewed up.” The dashboard lights up as he pushes the ignition button and reaches back behind his seat to turn on the radio.

Some days he heads for Gibbon or Patrick and Washington streets, two of the busiest intersections in Alexandria. “We can’t write tickets fast enough for people who don’t care what they do. We stand out in plain view with our lasers but people see what they expect to see which is a car. Everyone is in a hurry.”

Seckler has been on the force 25 years with the last 4 years in the motorcycle section, and he says he thinks things are getting worse. He says, “sometimes we come back at night and we trade stories about who got the most outrageous excuse for breaking the law.”



Sgt. Charles “Chuck” Seckler checks out his 950-pound Harley Davidson before heading out to major intersections where “we can’t ticket fast enough.”



Sgt. Charles “Chuck” Seckler tests out his traffic laser by pointing it at an X on the light pole near the police garage. “See it is 162.11 feet away.” The laser measures almost exactly.



Sgt. Charles “Chuck” Seckler’s reflection bounces back in his mirror as he hits the ignition button on his motorcycle. His cycle is loaded with all of the heavy weather gear, extra supplies and documents that could be needed in a day’s work.

He says one of the biggest violations is failure to come to a complete stop at a stop sign. “They do in their own mind. They say ‘I hit my brakes,’ and I tell them ‘but you didn’t stop moving.’” He says they argue even if he has a picture. They refuse to believe it. People do what’s good for them at the moment. “I had someone park outside the Starbucks on King Street and tell me they were just going to run in to pick up a cup of coffee. When he came out he had a ticket.” Seckler says the person was surprised. “He was gambling. I said ‘you just rolled the dice.’”

There’s also distracted driving. “We have a hard time because law prohibits texting while driving.” So it doesn’t prohibit texting while sitting at a stop sign, only when you are driving or it doesn’t prohibit looking up a phone number, which isn’t considered texting. “So people use that and lie to save themselves a ticket. We hear everything.”

Some days he is part of an escort for a

funeral or for a dignitary. “There are certain criteria for who can get a police escort like when Obama signed the health care legislation at Northern Virginia Community College where Vice President Biden’s wife was a teacher. “I was part of a 37-vehicle security escort. We secured an intersection.” But he says every year visiting teams playing the Redskins ask for a police escort, and the answer is no.

Most of the escorts are for funerals “which is a courtesy for anyone who lives in the city.” He explains unescorted funeral processions of 30-40 vehicles are a bigger safety hazard because people cut in the middle of the intersection between the cars. They are in such a hurry to get somewhere.

Sometimes Seckler is involved in “educational stuff at schools” or teaching crossing guards. There is a new program for adults called CarFit which teaches how to set up the car mirrors right, adjust seat belts, make sure everything is working like the tail lights

which you can’t see from inside the car.

Seckler has a list of locations which he rotates while also responding to complaints of someone who speeds by on the same street every day or parks in a no parking spot despite the warning signs.

Seckler is a supervisor so he works 8 a.m.-4 p.m. but his officers arrive at 6 am. So after he signs in when he arrives, he catches up with them on where they are and what they are doing and where he might be needed.

Seckler says this job is fun and rewarding. “And I like using the ticket to educate, to change people’s behavior.” But it doesn’t always work. He had one young woman recently who got three successive tickets for illegally turning right at the same corner. She told him he was going to have to stop giving her tickets because it’s breaking her bank. “I told her then she needed to stop turning right at that corner.”

Walk to Bust Cancer \$40,000 raised for breast cancer treatment.

BY JEANNE THEISMANN
GAZETTE PACKET

More than 500 people turned out Oct. 15 to participate in the second annual Walk to Bust Cancer, raising over \$40,000 to help women in need gain access to education, screening and treatment for breast cancer.

“Our region has the highest incidence and mortality from breast cancer in the nation,” said Martha Carucci, a breast cancer survivor and one of the organizers of the walk, which was held in Fort Hunt Park. “Women in our area also have one of the highest rates of late stage breast cancer. Something has to happen to address this crisis.”

Carucci and other breast cancer survivors joined with Dr. David Weintritt, founder of the National Breast Center Foundation, to organize the walk af-

ter the Vola Lawson Walk to Fight Breast Cancer was discontinued in 2014.

“Dr. Weintritt believes that education, access and technology are the answer to helping cure breast cancer,” Carucci said. “The walk is important to survivors as well as friends and family members who are walking in memory of someone who has died from this disease.”

Weintritt founded the National Breast Center Foundation to help provide screening, diagnosis, and education to under- and uninsured women.

“Our women are dying from breast cancer too frequently because they aren’t getting the care they need,” Weintritt said in addressing the crowd. “With your help, we will turn the tide. Your spirit, encouragement and participation will enable us to reach out and help women in our community.”

For more information, visit www.walktobustcancer.org.

PHOTO BY DELIA SULLIVAN PHOTOGRAPHY



Dr. David Weintritt, left, founder of the National Breast Center Foundation, and breast cancer survivor Martha Carucci at the 2017 Walk to Bust Cancer Oct. 15 at Fort Hunt Park. More than 500 participants turned out for the walk organized by Carucci and Weintritt.

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OBITUARY

Paula Friedrich



Paula Friedrich, a former longtime Gazette Packet and Connection Newspapers employee, died suddenly Oct. 19, 2017 after collapsing at her job at the IMAX Theater at the National Air and Space Museum's Udvar-Hazy Center, where she worked as a projectionist.

"Paula cared deeply about everything she did, and she helped us in many ways over the years," said Local Media Connection Publisher Mary Kimm.

Born Jan. 8, 1956, Friedrich was a 1974 graduate of T.C. Williams High School. She began her career with The Connection Newspapers in January of 1993, working in classified, paste up and general production. Her duties quickly expanded to include copy editing and compiling calendar listings.

"Paula served as Santa Claus for children at our office parties and decorated the office for Christmas and sometimes other holidays," Kimm said. "She more than once decked out my office for bosses day."

Friedrich was also known for

bringing in large trays of hand-made chocolates to share with her colleagues.

"She said her strengths were reliability, dependability and work ethic,"

Kimm recalled. "I would have to add that she was super smart and cared deeply about everything she did. She described herself as 'not a people person,' saying 'I tend to be rigid about things like rules and deadlines, which are less important to some ... Lord knows how we stick to deadlines around here!'"

Friedrich was a member of Mensa. She was predeceased by her parents, Alfred and Florence Friedrich of Alexandria. A memorial service will be held in the Airbus IMAX Theater at the National Air and Space Museum's Udvar-Hazy Center, 143900 Air and Space Museum Parkway, Chantilly, at 9 a.m. Nov. 2.

— JEANNE THEISMANN

Reducing Suspensions

FROM PAGE 1

introduced and educated to the process, with faculty trained and specialized in restorative rather than punitive justice. Now, for the first time, all four grade levels at the school are working within a restorative practice guideline.

Restorative practices work in three tiers: building social emotional skills and nurturing a sense of community at a baseline level, or working to repair harm and rebuild relationships in response to more critical problems. The idea is that 80 percent of the time, restorative practices are being implemented as proactive strategies and 20 percent of the times as responsive strategies.

The effect has been a reduction in out-of-school suspensions (OSS). Across ACPS, there were 988 OSS in the 2015-2016 school year, and 597 in 2016-2017. At TC, there were 400 OSS in 2015-2016 and only 169 in the 2016-2017 school year. As the restorative practices continue at TC, ACPS now turns to its middle schools which represent 60 percent of the total OSS suspensions. Restorative practices are currently being implemented at Hammond Middle School and are beginning informal implementation at George Washington Middle School.

Problems remain in ACPS' disproportionality of OSS. Black students received over 50 percent

of the total OSS despite being only 29 percent of the student population. One in eight black students will be suspended, as compared to one in 25 latino/latina students or 1 in 17 white students.

Greg Baldwin, formerly a dean at TC for seven years, has now been assigned to help implement restorative practices in the school as a school climate specialist. Baldwin said the program would not work without the grassroots support from students and parents.

At a public meeting on Oct. 25, parents and students gathered at the Cora Kelly School for Math, Science and Technology to hear about restorative practices in ACPS and share their feedback. Divine Nzita, a junior at TC who has worked with Tenants and Workers United, said the change is palpable.

"You can really see it in the classrooms," said Nzita. "There's been progress. You really do see it when you go into school. It's a safe environment. You can feel the change."

Michelle Marfo, a senior and part of the first class to go through all four years of high school with restorative practices, said she hoped to return to Alexandria in a few years to find the program implemented throughout the school system.

SEE REDUCING, PAGE 26

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OPINION

Turn Out To Vote Races at top of ticket likely to be very close; your vote counts.

When will you vote? Make a plan, there is less than one week left. You can vote absentee in person until Saturday, Nov. 4. If you haven't voted by then, you will need to vote on Election Day, Tuesday, Nov. 7. Decide what time you'll go, make plans with a family member or a friend to meet at the polls. Don't let the day get away from you. Polls are open from 6 a.m. to 7 p.m. on Nov. 7.

EDITORIAL Consider the election four years ago of Attorney General Mark Herring (D), who is running again this year to keep his position. Herring defeated his Republican opponent by 165 votes, 1,103,777 votes to 1,103,612 - a difference of 165 votes out of more than 2.2 million cast, or less than one half of one percent difference. Herring promptly announced he would not defend Virginia's same-sex marriage ban. It's fair to say that a variety of other issues have been different because of that razor thin victory.

Absentee Voting in Person

Voting early if you qualify is a good choice. There are 19 valid reasons to vote absentee in Virginia, including the possibility that you will be working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day. Check the Virginia Department of Elections list to see if you are eligible: elections.virginia.gov/casting-a-ballot/absentee-voting/index.html

There are two ways to vote absentee: in-person and by mail. To vote by mail, you will need to apply for an absentee ballot; if you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location.

See your locality's elections website for more.

Bring Photo ID, There Are Alternatives

Virginia has voter identification requirements; plan to bring photo identification with you to vote, whether absentee or on Election Day.

Any registered voter who does not have one of the required forms of identification can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad.

Among accepted ID: valid Virginia Driver's License or Identification Card; valid Virginia DMV issued Veteran's ID card; valid U.S. Passport; other government-issued photo identification cards issued by the U.S. Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth; valid college or university student photo identification card from an institution of higher education located in Virginia; valid student ID issued by a public school or private school in Virginia displaying a photo; employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional ballot.

To find a registration office where you can obtain photo ID, even on the day of an elec-

tion, visit: vote.elections.virginia.gov/VoterInformation/PublicContactLookup.

Provisional Ballot Process for Voters Who Arrive Without Identification

If you arrive at your polling place on Election Day without an acceptable form of photo identification, don't panic or give up. You will be given the opportunity to vote a provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card. Also by noon on Friday following the election, the voter may appear in-person in the office of the general registrar, in the locality in which the provisional ballot was cast, and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document may be provided to the electoral board to suffice the identification requirement.

General Election Day, Tuesday, Nov. 7

On Election Day Polls are open from 6 a.m.-7 p.m.

On the Ballot

Governor

Ralph S. Northam (D)
Edward W. "Ed" Gillespie (R)
Clifford D. Hyra (L)

Lieutenant Governor

Justin E. Fairfax (D)
Jill H. Vogel (R)

Attorney General

Mark R. Herring (D)*
John D. Adams (R)

House of Delegates 45th District

Mark Levine (D) incumbent, unopposed

46th District

Charniele Herring (D) incumbent, unopposed

CONTACT Alexandria Elections office

Call 703-746-4050, TTY 703-838-5056.
<https://www.alexandriava.gov/Elections>

LETTERS TO THE EDITOR

'Crash' Not 'Accident'

To the Editor:

The City of Alexandria and Alexandria Police have stopped using the term "accident" to describe traffic crashes or collisions. The term "accident" implies no one was at fault — that traffic injuries and deaths are just random, unpreventable occurrences.

When no one is at fault, we tend to just move on and accept the outcomes. More than 30 cities in the U.S., including Alexandria, have taken a different approach; they have publically stated that traffic fatalities and serious injuries as

both preventable and unacceptable. We applaud the mayor and City Council members for taking this position, as proclaimed in their Jan. 24, 2017 Vision Zero policy. We also greatly appreciate that our city government and police have used the term crash, not accident for the past few years.

We have seen that the media, from time to time, has described a vehicle fatality as an accident but we respectfully suggest that the term "crash" is more appropriate. Words matter, and the way traffic crashes are framed has a powerful impact on how they are perceived.

For example, recognizing that traffic fatalities and serious inju-

ries are preventable is a first step in encouraging more thorough investigations to identify both extenuating factors and appropriate solutions.

We would greatly appreciate it if the Alexandria Gazette Packet would confirm the practice of using either "crash" or "collision" as the preferred term, instead of "accident," and acknowledge that traffic deaths and serious injuries

are preventable and unacceptable. Over time, more of us will become accustomed to using the term "crash" not "accident," as we work together to make our streets safer.

Mike Doyle Alexandria

Mike Doyle is a founding member of Alexandria Families for Safe Streets, a grassroots coalition of traffic crash victims, family members and other concerned citizens for street safety.

Write

The Gazette Packet welcomes views on any public issue. The deadline for all material is noon Friday. Emails must include first and last name, home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Email gazette@connectionnewspapers.com.

Alexandria Gazette Packet

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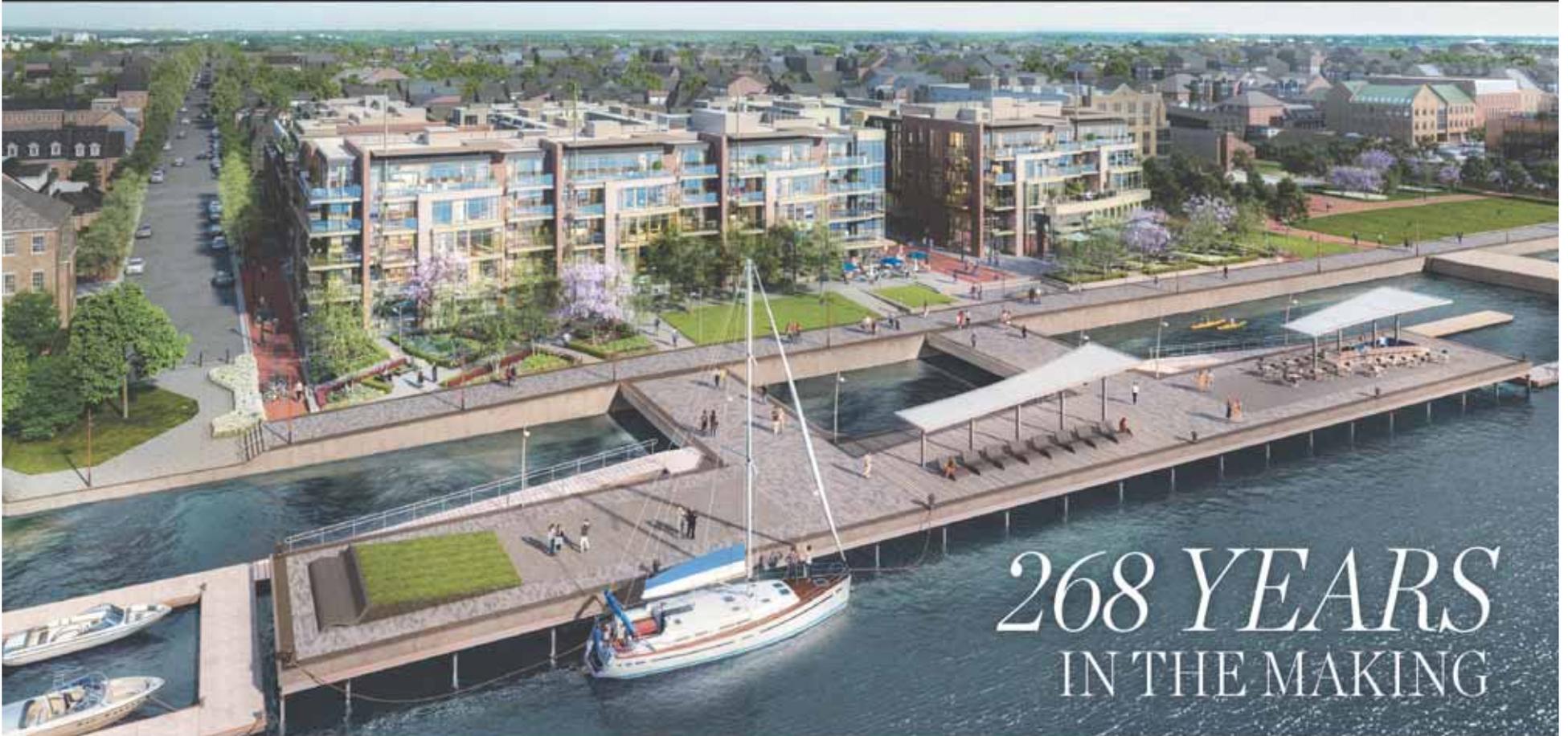


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OPINION

Save Our Boy George

BY KERRY CARTER

Congratulations, Alexandria! We are one of the final 10 cities in the running to earn the coveted title of “The Most Politically Correct Town in America.” There are just a few things left to do to clinch the coveted prize. Ripping down the memorial plaque from Christ Church, where George Washington was a parishioner and had the audacity to sit and pray a whopping two centuries ago was an excellent start. Everyone knows by now what a terrible sinner our First President was, and imagining that he ever walked into, breathed or knelt in such a holy space is positively triggering. I thank the Lord every day that you and I are so unlike that wretched sinner, George Washington.

COMMENTARY

Of course, I am not serious. Judging from Washington’s own letters and diaries, and the historical accounts of the way he conducted his life, it’s pretty obvious that he was a great man. Not just a great man, but a truly outstanding one, and a model for soldiers, citizens and people everywhere. Yes, Washington was a mere human with flaws, and in many ways, a product of his times. Yes, the 18th century was tough for everyone and much harder for the poor and oppressed. We know for a fact, however, that George Washington struggled earnestly to be the best person he could be, both in his private and professional life. How many people today can honestly say the same?

And speaking of “today,” there is one particular challenge of our times that threatens and undermines our understanding of the past and present. It is rampant, pernicious political correctness. In the past few years, politically correct fantasies have reached a fever pitch to the point of taking over the rational mind. The Christ Church decision is a textbook case. The church would have us accept the idea that some day, some emotionally damaged visitor might take offense at seeing a plaque memorializing George Washington’s attendance there. Such a preposterous notion boggles the mind! Even if that one-in-a-million, fragile and mentally unbalanced visitor existed, so what? Couldn’t he or she be hastily re-directed to the gift shop for a little retail therapy?

It’s sadly evident that the deciders at Christ Church have lost their way. I worry about their mental health, not that of their visitors. Don’t they realize that George Washington is the only draw to their handsome gem of a landmark? Why else would anyone spend 45 frustrating minutes hunting for one of those elusive parking spaces if not to see where George worshipped, or else check off the Pokemon Go site on their cellphones? No, the visitors make the trek to experience George, and only George.

When we visit any church, we ought to feel mightily triggered. We should routinely feel vulnerable and unsafe, pondering our sins, failings and the evils of our times. George Washington’s plaque, by contrast, is a totally harmless piece of metal. It should remain there forever to tell his important story.

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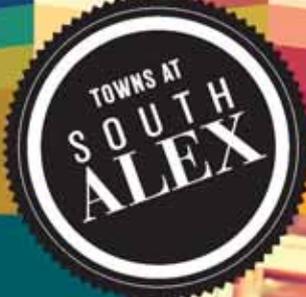


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OPINION

Tracing Family Roots

BY SHARON HODGES



Ever watch “Who Do You Think You Are” or “Genealogy Roadshow” or “Finding Your Roots” with Henry Louis Gates, Jr.? Surely you’ve seen the numerous ads on TV regarding “where you come from” via DNA testing. Because of these television programs and the DNA ads more and more people are interested in finding out about their family history.

SENIOR SERVICES OF ALEXANDRIA

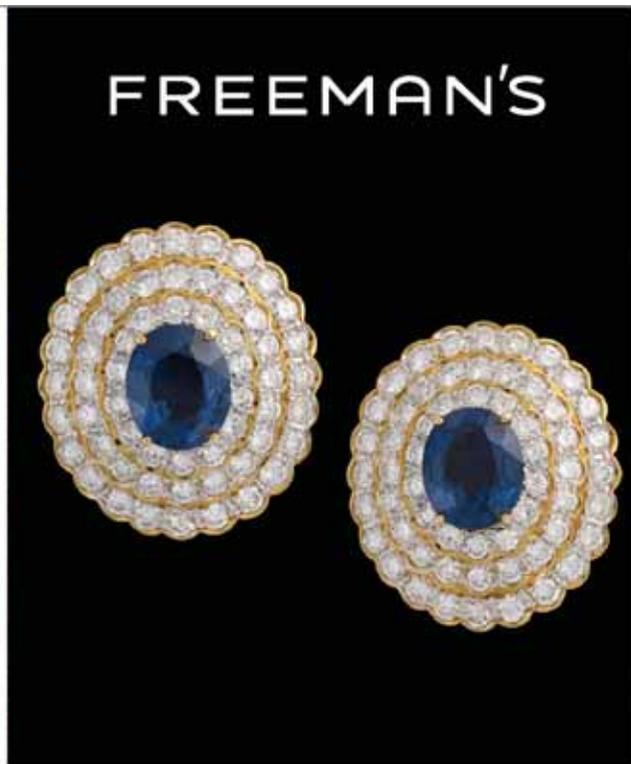
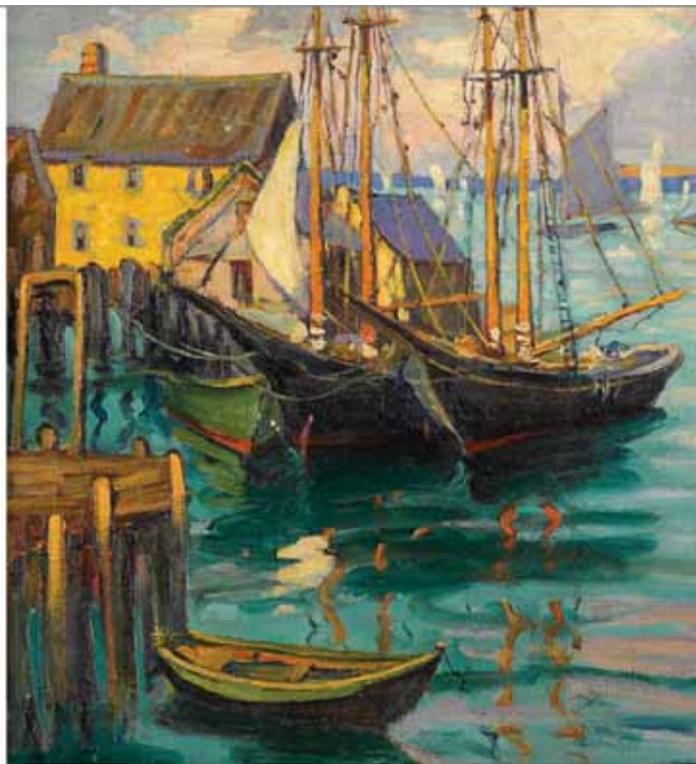
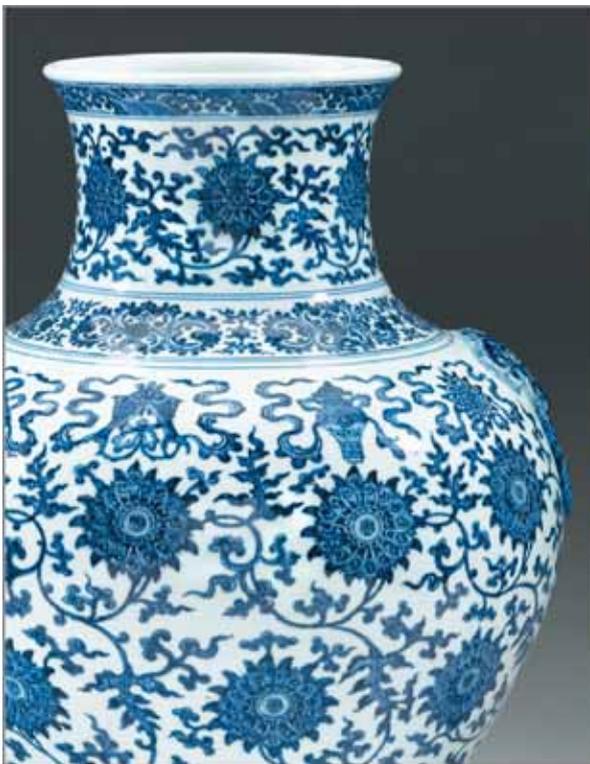
After all those who came before you help make you who you are. Other researchers interested in genealogy may have a specific reason for studying their family history. What about those family stories? Are they really true? Maybe you think you are related to someone famous or you want to pass down a legacy to your descendants. Knowing how to research correctly helps with any of the above.

Senior Services of Alexandria is hosting a workshop on “Tracing Your Family Roots through Gene-

alogy,” on Wednesday, Nov. 15 at the Beatley Central Library starting from 10 a.m. to noon with registration starting at 9:30 a.m. The purpose of the program is to give those who are new to genealogy good basic research skills to begin learning about their ancestry. If you have been researching your family history for a while, it will help with correcting any bad habits or help you realize what you haven’t been doing, but should.

There will be a discussion on how to start your research; online databases; the good, the bad and the ugly of online family trees; the basics of DNA tests; and how to fill out a pedigree chart and, if time permits, a family group sheet. Completing a pedigree chart will assist in understanding just what it is you really don’t know about

SEE ROOTS, PAGE 17



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ALEXANDRIA / Old Town \$ 575,000 OPEN SUN 2 - 4

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Marcy Covarrubias 703.772.6569
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Steve Kindrick 703.683.0400
ALEXANDRIA / Huntington Commons \$ 450,000

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To Form a More Perfect Union

Faith coalition presses gubernatorial candidates for relationship, reform.

BY DAN BRENDL
GAZETTE PACKET

Candidates for Virginia Governor committed, if elected, to work with VOICE — a regional interfaith community organizing coalition — on VOICE’s social justice reform agenda.

The commitments emerged from a political, but nonpartisan, “action” that turned out nearly 1,600 people Oct. 15 in Prince William County. Gubernatorial candidates Ralph Northam (D) and Ed Gillespie (R), along with various other local and state officials, attended. VOICE includes more than 40 member institutions from Protestant, Catholic, Muslim, Jewish and other faith traditions in Prince William, Arlington, Fairfax and Alexandria.

The action’s headline theme was “We the People,” which Rabbi Michael Holzman of Northern Virginia Hebrew Congregation described as a shared “covenant.”

Each successive generation must “ensure that ‘We the People’ includes all people,” said the Rev. Austin Almaguer of Vienna Baptist Church. “There are always forces, externally and within ourselves, trying to pull us apart, back into our tribal groups. ... To truly be ‘We the People’ always creates tension. It requires dialogue and compromise, because in that give and take, real politics comes alive.”

Many VOICE members say they have personally experienced gaps in “We the People.” Merehan Elhady of the Muslim American Society is a lung specialist. She told of a patient, who, unprovoked, threw a bedpan at her, screaming: Don’t touch me, you f—— terrorist! Why don’t you go back to work in your own country? “I was paralyzed by the fact that I was covered in someone else’s fecal matter and urine. ... She called me a terrorist in a hospital, a place of safety, and I did not feel safe,” said Elhady, a third-generation American.

The Rev. Kenneth Nixon of Manassas’ First Baptist Church lamented that Virginia’s “low felony [larceny] level disproportionately targets young people, teenagers.” He told of a young man he knows who, given a choice by a prosecutor, took a felony charge and freedom over a misdemeanor and jail because his family depends on his salary. “I’m not trying to excuse what he did. But young people make mistakes. We need to figure out how to help [them] instead of sticking them with charges that make their future impossible.”

Suzanne Keating of Floris United Methodist Church in Herndon is a Fairfax County kindergarten teacher. “There is way too much testing of young students. And the expectations of teachers have moved far beyond teaching,”



PHOTO BY DAN BRENDL/GAZETTE PACKET

Interfaith coalition pressed Virginia gubernatorial candidates on various social justice issues. VOICE represents over 40 institutions, including Protestant, Catholic, Muslim, Jewish and other religious congregations. Gubernatorial candidates Ralph Northam (D) and Ed Gillespie (R) attended and committed to a working relationship with VOICE.

she said. She recalled a time when she could create interactive and student-tailored lesson plans rather than have to run a classroom “like a well-oiled machine.”

Sharon Williams of Unitarian Universalist Church of Arlington told of strain put on her by bus route cuts and Metro fare increases. “I used to live in Arlington near my job. But because of increasing housing costs I recently moved to Sterling. I now travel 2.5 hours each way to work,” she said. Because no local buses run near her home, each leg of her journey includes a five-mile walk, commuter bus and Metrorail. The trip costs \$16 per day.

Keith Hogan, a Metro bus driver, said: “Us front-line workers are forced to make up shortcomings in the system because top brass and politicians haven’t done what’s needed. And because of their political fighting I fear that I’m going to lose my livelihood.” He worries that privatization of Metro jobs will preclude his remaining in the area and saving for his children’s college.

Nathaniel Provencio, principal of Minnieville Elementary in Dale City, told of lower-income students and English-learners’ challenges. Their families face “significant economic issues, lack of affordable housing and ... serious concerns with immigration.” He wants to see greater access to preschool education. He told of a student who, on the first day of kindergarten, “didn’t know his letters, ... couldn’t hold a pencil and couldn’t hold a pair of scissors.” Only two of his 85 kindergarteners at-

tended preschool.

Lizette told of her experience related to Deferred Action for Childhood Arrivals (DACA). “I began to dream about my future and starting a life out of the shadows,” she said. “Now that DACA has been killed, I am afraid again. I am afraid to slip back into hopelessness. And I am afraid of losing everything I worked so hard to earn.” Lizette graduated high school as valedictorian and college with honors.

Northam and Gillespie said they would meet again and work with VOICE on the six issue areas its members spoke about: leading the nation in reducing discrimination, hate acts and bullying; making criminal justice restorative; strengthening public education; making transit reliable and maintaining good transit jobs; building housing that is affordable for workers and families; and keeping immigrant families together.

VOICE leaders insisted on more than a token relationship.

“I am not interested in a photo opportunity when a tragedy hits. I am not interested in a relationship where I am invited for prayer,” said the Rev. Clyde Ellis of Mt. Olive Baptist Church. “The relationship we’re looking for is one where we meet twice a year to discuss our shared interests, and particularly in the fall before the budget is complete.”

Northam and Gillespie also each commented on VOICE’s issue agenda. To read more about the issue agenda and the candidates’ responses, see www.voice-iaf.org/candidate_responses.

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Families Thrive with Literacy

BY ROOPAL MEHTA SARAN
LITERACY COUNCIL OF NORTHERN VIRGINIA



As learners in Literacy Council of Northern Virginia's (LCNV) City of Alexandria Destination Workforce class reflect on their first English literacy course experiences, one common theme is heard: literacy is a survival skill.

Each of the women in this class is a newly arrived refugee from Afghanistan, hoping to support their family and become ready to enter the workforce. Most of these students don't write or read their native language, and none were literate in English.

After several weeks of intensive classes, these women have begun to navigate things that native English speakers take for granted: public transit routes, school forms for their children or instructions from a supervisor. While the benefit of these is immediately apparent, there are other benefits that are less obvious. Most of these students will return to a home with children, where they will reinforce their child's education through their own newfound English. Their ability to understand English can help them get a job (or a better job), which can lift their family above the poverty line. They can begin to engage more with their English-speaking neighbors, strengthening the community. While an English class may only last for a few months, the benefits last a lifetime.

November marks Family Literacy Month, a celebration of the work of English literacy programs in strengthening learning and literacy between children and parents. Literacy is a vital part of a functioning society, and family literacy can support children and bolster their academic achievements. According to the National Bureau of Economic Research, "children whose parents have low literacy levels have a 72 percent chance of being at the lowest reading levels themselves."

LCNV recognizes and attempts to curb this problem in order to reduce the likelihood of student underachievement, poverty and unemployment. Forty-three percent of adults with the lowest literacy levels live in poverty, and over 50 percent of LCNV's learners live below the poverty line. A multigenerational approach to learning English

ensures that every member of a family thrives.

According to the U.S. Census Bureau, 27.5 percent of Alexandria residents are foreign-born, compared to 13.2 percent nationwide; 5.47 percent of Alexandria City residents speak English less than well as compared to 2.6 percent in all of Virginia. Quality literacy programs are necessary to ensure that Alexandria's citizens, children and adults alike, are given the same opportunities to excel. In Alexandria, LCNV focuses on providing programs for all walks of life. These include Destination Workforce career-specific training programs, family literacy programs for adults and children, beginning-level English classes for adults and programs for native adult English speakers. A multi-pronged approach involving partners from the Alexandria government, Alexandria City Public Schools and private entities has been effective in expanding the number of students served in Alexandria, and LCNV's dedicated volunteers have provided thousands of hours of support to students.

It's no secret that Alexandria (and Northern Virginia as a whole) is changing rapidly. Development is booming and employment opportunities are growing. In order to ensure that every community member can keep pace with these regional changes, educational opportunities of all kinds must remain accessible. All of us at LCNV are excited to continue working with our partners in Alexandria to ensure that adults and families have access to quality literacy education. This Family Literacy Month, let's celebrate the hard work of our community members learning English, and the families becoming literate together.

"Volunteering here at the LCNV has been a total pleasure. Working both as a classroom aide and as a conversation teacher has exposed me to a wide variety of people and their cultures," said Chris, LCNV volunteer. If you would like to support families learning English, visit www.lcnv.org for volunteer opportunities and more information.

Roopal Mehta Saran is executive director of the Literacy Council of Northern Virginia.

Tracing Family Roots

FROM PAGE 14

your ancestors. A question and answer period will follow.

Those attending might want to make a list of what they "think" they already know about their ancestors such as names of grandparents, great grandparents, etc. along with dates and places of birth, marriage and death and where buried to aid filling in the pedigree chart. Attendees will also be given a list of books and website which will be helpful in doing your family research.

The Nov. 15 session is free and open to the public with light refreshments. You can register online at seniorservicesalex.org or call 703-836-4414, ext. 110.

Sharon Hodges is a professional genealogist, author, and teacher having lectured in New Jersey, New York, Maryland, Virginia, and the District of Columbia. She is a past grader for the National Genealogical Society Home Study Course and a graduate of the National Institute for Genealogical Research. She is a member of numerous local and national genealogical societies, on the Board of Governors of the Virginia Genealogical Society, and past president of the Mt. Vernon Genealogical Society.

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LETTERS

Free DASH Rides for TC Students?

To the Editor:

The City of Alexandria announced last week that the taxpayer-subsidized DASH bus system would provide free rides to T. C. Williams' students. Further, students would be allowed to ride fare-free not only to and from school on school days but at all other dates and times during the school year.

The City of Alexandria argued, when the King Street bicycle lanes were constructed taking property and parking from adjacent landowners, that these lanes were needed for T. C. Williams students traveling to and from school. Now that this student bicycle ridership has not occurred and the taxpayers are subsidizing student transportation, will the city remove these bicycle lanes and restore King Street to its original condition and purpose?

It makes me wonder what the next step is. If the DASH bus ridership does not develop, as the bicycle ridership did not, will the city offer free limousine service or Uber rides to T. C. Williams students?

And why is a similar benefit not being extended to students at Bishop Ireton, Episcopal, St Stephens & St Agnes, and other private schools in the city?

M. T. Monson Jr.
Alexandria

Be Careful In Re-Naming

To the Editor:

I hope that city officials exercise some practical thinking in renaming the highway to something less likely to take offense such as Alexandria Highway or Arlington Alexandria highway or even just Route 1. This way, when the next PC cleanse comes, we will not have to deal with the removal of the newest Un-person's name. After all if George Washington's name can be removed from Christ-Church, then no one can escape.

Michael Ford
Alexandria

Empower Alexandria

To the Editor:

Earlier last month, I announced my candidacy for the Democratic nomination for the Alexandria City

Council in 2018. I'm running because Alexandria must address important challenges to ensure our community remains strong. To do that, we need bold leadership to Empower Alexandria.

Empowering Alexandria is about the type of leadership I want to bring to the city. That style is visionary, collaborative, community-based, results focused, transparent, and innovative. Those are essential qualities we need to address the issues we face today.

For almost 15 years, I've dedicated myself to giving back to Alexandria, living and supporting values I know we all share. I've worked to elect Democrats as the chair of the Alexandria Democratic Committee. I successfully advocated for park and development improvements as a two-term president of the Cameron Station Civic Association. I've found ways to improve our city's budget as chair of the Budget and Fiscal Affairs Advisory Committee. I've supported our small business community and recognized the next generation of civic leaders as chair of the Alexandria Chamber of Commerce. And I've helped to end veteran homelessness in Alexandria as board president of New Hope Housing, an organization dedicated to ending homelessness throughout Northern Virginia.

As a leader of these organizations, I've focused on taking on big challenges, looking to the future, and achieving results in pursuit of our shared values—the values of working together, and for one another, as a community. These values empower all of us.

The issues before us are great. After years of underinvestment in our city's infrastructure, the bill has now come due. We have a growing school population that shows no signs of slowing, driving capacity constraints that must be met with urgency. Our transportation bill to Metro grows daily. We have lost competitive momentum to many of our neighboring jurisdictions as they open their doors to new businesses, losing out on vital tax revenues that could otherwise support investment in our community. We have cut our community services year after year, hoping nobody will notice. And like many cities across the country, we face the daunting task of providing affordable housing to all our residents. These are just a few of the many difficult challenges we must face together.

Over the next few months, I will reach out across the community to have a conversation about how we can take on big challenges together. We will talk about eco

SEE LETTERS, PAGE 19



PHOTOS BY MARCY ANDERSON

Mayor Allison Silberberg, right, with the honorees of the Volunteer Alexandria Heart of Alexandria Awards Oct. 19 at the U.S. Patent and Trademark Office. The honorees were recognized for their exceptional volunteer service to the community.

'Heart of Alexandria'

Volunteers honored for community service.

Volunteer Alexandria held its 23rd Annual Volunteers Are The Heart of Alexandria ceremony Oct. 19, recognizing individuals in the community for their dedication and service to the City of Alexandria.

"These volunteers have gone above and beyond in their service to the community, said Volunteer Alexandria executive director Marion Brunken. "They truly are the heart of Alexandria."

Receiving awards were: Julie Jakopic, president

of iLead Strategies — the Marian Van Landingham Lifetime Achievement Award; Eleanor Lindeman and Donna Reuss — the Grass Roots Volunteer Service Award; members of the Bryce Project — the Youth Volunteer Service Award; and Denise Mackie-Smith — the RSVP Northern Virginia Service Award.

The awards ceremony was held at the U.S. Patent and Trademark Office with Alexandria Mayor Allison Silberberg and state Sen. Adam Ebbin on hand to congratulate the honorees. For more information, visit www.volunteerallexandria.org.

— JEANNE THEISMANN



Volunteer Alexandria executive director Marion Brunken, left, and board member Charade Estes welcome attendees to the Heart of Alexandria awards reception.



Julie Jakopic, second from right, receives the Marian Van Landingham Lifetime Achievement Award at the Volunteer Alexandria Heart of Alexandria Awards Oct. 19 at the U.S. Patent and Trademark Office. With her are Mayor Allison Silberberg, board member Charade Estes, executive director Marion Brunken and board chair David Chamowitz.

LETTERS

FROM PAGE 18

conomic sustainability. We will talk about how to educate the next generation of Alexandrians. And we'll talk about how to drive innovation in our government processes and civic discourse.

I believe in the future of this city and I'm ready to fight for it. Together, we will empower Alexandria — for ourselves, for our kids, and for the city we want to be. I hope you will join me in this important journey.

For more on my campaign, visit www.empoweralx.com and follow the campaign on Twitter @empoweralx and Facebook at [fb.me/empoweralx](https://www.facebook.com/empoweralx).

Dak Hardwick
Candidate for Alexandria City Council

Expunging History?

To the Editor:

I am appalled that the leaders of Christ Church would have taken it upon themselves to mandate the removal of plaques honoring George Washington and Robert E. Lee from the walls of their church. These two plaques have hung for 147 years on opposite sides of the Christ Church altar, with George Washington's plaque located directly in front of a pew dedicated to him where ironically I occasionally sat, as it accommodates those of us who are tall. Using the reasoning that the removal of the plaques will place the "church's history in the proper context" is totally wrong as that reasoning is nothing more than a bogus attempt to change our history.

Are these same Christ Church leaders set to endorse the removal of the Confederate Memorial lo-

cated in Section 16 of Arlington Cemetery and the numerous Confederate graves surrounding it? I think not! On the rear of this monument is an inscription that eulogizes the bravery of those buried around it. It reads:

Not for fame or reward
Not for place or for rank
Not lured by ambition
Or goaded by necessity
But in simple
Obedience to duty
As they understood it
Sacrificed all
Dared all-and died

Our city is indeed a historical repository that attract millions of visitors every year. Our first Council was composed of George Washington, his brother Laurence Washington, Lord Fairfax, John Carlisle, and my direct ancestor George Mason. Their picture is prominently displayed on the wall of the City Council's work room. If we continue to remove more of our age-long historical markers, we then will have very little attraction for anyone to come visit us. We will then have become a city without a history. Hopefully the parishioners of Christ Church will see the light and reverse the ill-fated decision of their leaders.

Townsend A. "Van" Van Fleet
Alexandria

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ABSENTEE VOTING

Beatley Library Opens for

Absentee Voting. Alexandrians who qualify to vote absentee for the Nov. 7 General Election may cast an absentee ballot in person at Beatley Library or the Alexandria Voter Registration Office. Learn more at www.alexandriava.gov/Elections.

THURSDAY/NOV. 2

Professional Women's

Celebration. 5:30-7 p.m. at The Athenaeum, 201 Prince St. Alexandria Chamber of Commerce Professional Women's Network is hosting. Networking, wine tasting and food from Sonoma Cellar. \$40 for members, \$50 for non-members. Visit www.nvfaa.org or call 703-548-0035.

BEGIN WITH

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For Reservations & Payments go to our Gala Website: www.501auctions.com/neighborhoodhealthgala

Formerly Alexandria Neighborhood Health Services, Inc. (ANHSI) • anniversary@neighborhoodhealthva.org

PEOPLE

Lee Street Haunts

Old Town fills with children of all ages for Halloween.

Chris Leary could hardly keep up with the demand. For every trick or treating basket that was filled with candy, two more would take its place a second later. The street outside his home was filled with a chorus of “trick or treat” followed a few seconds later my scattered “thank you,” often with nudging from parents.

“I feel like a rockstar,” Leary called out to the crowd as cameras flashed around him.

Leary’s home was just one of dozens of stops along S Lee Street for an army of children and adults wandering door to door on Oct. 31 in search of candy.

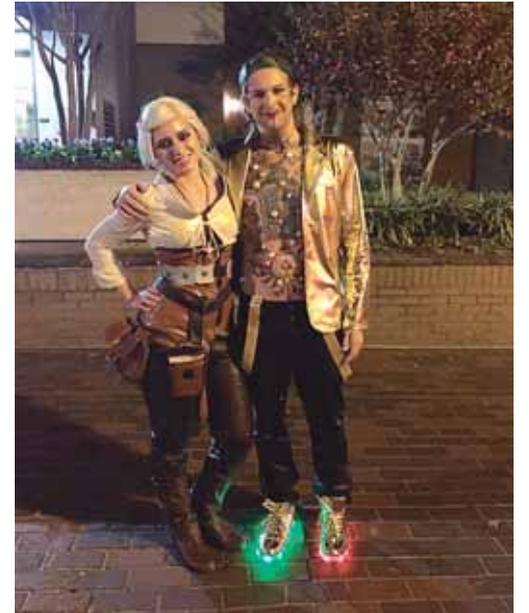
— VERNON MILES



Patrick Hovatter (left), Alexandra Hovatter (center), and Ryan Hovatter (right)



Grace Grant (left) and Casey Beers (right) as Goose and Maverick from Top Gun. Beers was playing the 1986 hit “Danger Zone” from the Top Gun soundtrack from his phone on repeat.



Caitlin McEnroe (left) and Spencer Thomas

PHOTOS BY VERNON MILES/GAZETTE PACKET



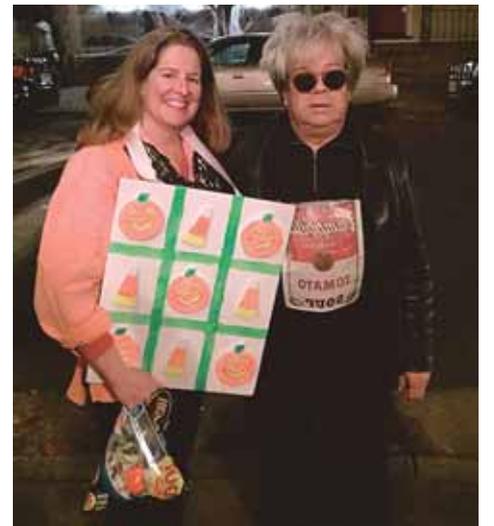
Syress Smith (left) and Kenosha Smith (right) with Amauri Smith (center).



Ebony Lada (back) and Ricky Lada (front)



William O’Connell as an inflatable tube man.



Mayor Allison Silberberg (left) and Ellis Duncan

NEWS BRIEFS

‘Super Saturday’ To Follow Grand Opening

Floor & Decor, a specialty retailer of hard-surface flooring, will open its newest store at 4607 Eisenhower Ave. on Nov. 2.

The 94,226-square-foot Floor & Decor retail store and design center, in Alexandria, opens with a team of about 40 employees led by Jonathan Bickley, the new store’s chief executive merchant.

Established in 2000, Georgia-based Floor & Decor serves homeowners and professional contractors. Each Floor & Decor location is bolstered by a local focus that creates a store experience and mix of products meeting the needs of each market served. Floor & Decor offers free design services and carries over 1 million square feet of in-stock flooring.

Following its Nov. 2 grand opening, the Alexandria Floor & Decor store will host a family-friendly “Super Saturday” event on Nov. 4, beginning at 10 a.m. The event kicks off with interactive games such as a life sized “Connect FLOOR”, jumbo Jenga, and “Plinko”, which guests of all ages can play for prizes. From 11 a.m.-1 p.m., meet Gary Clark and Washington Redskins cheerleaders. From noon until 2 p.m., the Rocklands BBQ Food Truck will take care of the lunchtime crowd with free food for the first 200 guests. See www.flooranddecor.com.

ACPS Partners With GW University

Alexandria City Public Schools and the George Washington University School of Medicine and Health Sciences have established a partnership that creates a Career and Technical Education (CTE) pathway for students interested in careers in medicine and health care. The program will begin to be rolled out in academic year 2018-2019 at T.C. Williams High School.

The partnership will establish five new Career and Technical Education pathways within the new GW-ACPS Academy of Health Sciences at T.C. Williams High School.

It will start with the launch of a biomedical informatics pathway in fall 2018, followed by four additional pathways — sports medicine, pharmacy, emergency medical services and medical laboratory sciences that will launch over the next four years. GW faculty will work collaboratively with faculty from T.C. Williams.

Currently, T.C. Williams offers a nursing and surgical technology pathway in its Health and Medical Sciences Department.

For more information about the ACPS/GW School of Medicine and Health Sciences Partnership, visit www.acps.k12.va.us/CTE.



PHOTO BY LINDA COUTURE

Valerie Ianieri, owner of The Old Town Shop at 105 S Union St., celebrates Halloween.

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Alexandrians Fight The Great War. Various times through Nov. 11 at The Lyceum, 201 S. Washington St. This exhibit shares some of the stories of Alexandrians during the war and their more active participation in the American war effort after April 1917. Visit www.alexandriava.gov/Lyceum or call 703-838-4994.

Multiple Exposures Gallery. Through Nov. 26, various times at the Torpedo Factory Art Center, 105 North Union Street, #312. Photo exhibit. Visit www.multipleexposuresgallery.com.

Holiday Toy Drive. Through Dec. 8, various times at Quander Road School, 6400 Quander Road. Donate new/slightly used unwrapped toys for toddlers to 12 years old (puzzles, dolls, board games, action figures and more). Call 703-718-2400, Ext. 2431.

Mount Vernon Farmers Market. 8 a.m.-12 p.m., Wednesdays, through Dec. 14. Fresh local food, artisan crafts. Sherwood Library, 2501 Sherwood Hall Lane. Visit www.fairfaxcounty.gov/parks/farmersmarkets/mtvernonmkt.htm.

Watercolor Exhibit. Through Dec. 19, various times at Green Spring Gardens, 4603 Green Spring Road. See "Nature from Three Points of View", the work of Jan Burns, Madeleine Chen, and Shari MacFarlane, at the Horticulture Center. Sunday, Oct. 29 is the Artists Reception. Visit www.fairfaxcounty.gov/parks/greenspring or call 703-642-5173.

All the President's Pups. Saturdays 10 a.m. at George Washington's Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. All the President's Pups Walking Tour, along the way, learn about George Washington's love for dogs, his dogs' unusual names, and his efforts to improve the quality of his hunting dogs through breeding. \$7. Visit www.mountvernon.org.

Mercy in Alexandria Walking Tour. Sundays at 1:30 p.m. at Alexandria Visitors Center, 221 King St. Experience an inside access tour of 19th century Alexandria. Inspired by the PBS mini-series "Mercy Street," accompany a trained military historian through Civil War-era Alexandria and learn the actual history behind the TV show. Short tours are \$15, private tours for five are \$149. Visit www.dcmilitarytour.com for more.

The Lyceum: 175 Years of Local History. Ongoing, Monday-Saturday 10 a.m.-5 p.m. and Sunday 1-5 p.m. at The Lyceum, 201 S. Washington St. On view in the museum's Coldsmith Gallery, the historical objects and images featured represent The Lyceum, the community at work, and commemorations and celebrations. Throughout the exhibition, visitors are invited to "be the curator" and think about why the various artifacts are in the museum's collection, and about how tangible representatives of the past help tell the story of Alexandria's history. Free. Visit www.alexandriahistory.org.

Pick-Up Hockey. Ongoing, Wednesdays and Fridays 11:30 a.m.-1 p.m. at Mount Vernon Ice Skating, 2017 Belle View Blvd. Play hockey with other hockey buffs, hitting slap shots and learning puck handling skills that the pros use. Players must have full equipment. 16 and older. Visit www.fairfaxcounty.gov/parks/rc/mtvernon/ or call 703-768-3224.

Medical Care for the Civil War



Art on Tap

Celebrate with local craft beers, original artwork, and food at Art on Tap. Friday, Nov. 3, 7-10 p.m. at the Art League Gallery, Torpedo Factory Art Center, 105 North Union St. \$35. Visit torpedofactory.org.

Soldier Exhibit. Ongoing at the Fort Ward museum, 4301 W. Braddock Road. ongoing exhibit which features original medical instruments and equipment from the Civil War period and information on Union Army hospital sites in Alexandria. Free. Visit www.alexandriava.gov/fortward.

Alexandria's Nurses and Hospitals During the Civil War. Ongoing at The Lyceum, 201 S. Washington St. An exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. The true story of a nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama "Mercy Street," with references to the experiences of other nurses, such as Anne Reading, who worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary hospital. Admission is \$2. Visit www.alexandriava.gov/lyceum.

Shield of Earth: Defending the Heart of the Union exhibit. Ongoing, museum hours Tuesday through Saturday, 10 a.m. -5 p.m., Sundays, noon-5 p.m. at Fort Ward Museum, 4301 West Braddock Road. Highlights of the exhibition include military passes issued by Provost Marshal's Office, construction tools, and original photographs of some of Washington's defenders. 703-746-4848 or www.fortward.org.

Who These Wounded Are: The Extraordinary Stories of the Mansion House Hospital exhibit. Ongoing, Tuesday through Saturday, 10 a.m.-4 p.m., Sundays, noon-4 p.m. at the Carlyle House Historic Park, 121 N. Fairfax St. Come see the site that inspired "Mercy Street," the new PBS' series

inspired by real events that took place at Carlyle House. www.carlylehouse.org or call 703-549-2997

Flamenco Show. Wednesdays and Thursdays, 7:30-8:30 p.m. at La Tasca, 607 King St. Watch dancers and guitarists perform traditional flamenco. Free to attend. Call 703-299-9810 or visit www.latascausa.com.

French Movie Night. Every Thursday, 7 p.m. in the back room of Fontaine Caffe and Creperie, 119 S. Royal St. View a French film. Free, no reservation necessary. Call 703-535-8151 or visit www.fontainecaffe.com/reviews.html.

Their Fates Intertwined: The Lees of Alexandria in the War of 1812. Wednesday- Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the Lee family in Alexandria during the War of 1812 examines the contributions of Alexandria's citizens during the conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit www.leeendallhouse.org or call 703-548-1789.

Alexandria Cars and Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

Fifty Years of Collecting. Tuesday-Saturday 10 a.m.-5 p.m., Sundays 12-5 p.m. Fort Ward Museum, 4301 W. Braddock Road. An anniversary

exhibit of objects from the Fort Ward collection. Free. Visit www.fortward.org or call 703-746-4848.

Dinner for the Washingtons. 11 a.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$7 in addition to estate admission. Visit www.mountvernon.org.

Evenings at the Athenaeum. Athenaeum, 201 Prince St. 7 p.m. Second Thursday of every month. Visit nvfaa.org to view concert calendar and listen to upcoming Second Thursday Music artists.

The Monday Morning Birdwalk takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is open to all. Birders meet in the parking lot at the park's entrance at 3701 Lockheed Blvd. Direct questions to park staff during normal business hours at 703-768-2525.

Civil War Sundays. 1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria. Find dioramas, newspaper articles and more Free. Visit www.alexandriarchaeology.org.

Doggy Happy Hour. Starting April 5, Tuesdays through October 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Doggy Happy Hour at Jackson 20 and the Hotel Monaco Alexandria offers specials on cocktails and beers plus treats and water for canine

companions. Free, but drinks sold separately. Visit www.monaco-alexandria.com for more

Wake Up Wednesdays featuring The Pop Up Cafe. 7-9:30 a.m. on Wednesday's near the King Street Tunnel - Carlyle Entrance located near 2000 Duke St. near Motley Fool. The cafe will feature coffee, live music to help commuters start the day off right and donuts from Sugar Shack. maurisapotts@gmail.com

THURSDAY/NOV. 2

Yappy Hour. 5-7:30 p.m. Holiday Inn Alexandria Carlyle, 2460 Eisenhower Ave. To benefit the Dog and Cat Foundation, silent auction and raffle. Call 703-960-2000.

FRIDAY/NOV. 3

Art on Tap. 7-10 p.m. at the Art League Gallery, Torpedo Factory Art Center, 105 North Union St. Enjoy local craft beers, original artwork, and food. \$35. Visit torpedofactory.org.

Meet the Artist. 7-9 p.m. at Mount Vernon Unitarian Church, 1909 Windmill Lane. Nina Tisara talks about her mosaic art "Spirituality and Nature." Email ninat@ninatisara.com.

SATURDAY/NOV. 4

Ventures in Community Walk. 8-10 a.m. at Fort Hunt Park, 8999 Fort Hunt Road. Fund raising for Good Shepherd Housing, ICNA Relief Food Pantry, New Hope Housing, Rising Hope and United Community Ministries. Email kaddavey@gmail.com.

Pancake Fundraiser. 8-11 a.m. at

ENTERTAINMENT

PEMA's Restaurant, 8430 Richmond Highway. \$ 10, \$3 children 12 and under. Funds support the Mount Vernon Evening Lions Club. Call 703-339-7099.

Tour De Mount Vernon. 8:30 a.m. at the Mount Vernon Governmental Center, 2511 Parkers Lane. Ride on bikes with the Mount Vernon Supervisor Dan Storck and tour the Mount Vernon District. Visit www.alexandriava.gov/Recreation.

Tea with Lady Washington. 2-3 p.m. at Mount Vernon, 3200 Mount Vernon Memorial Highway. Join Martha Washington for tea as she shares memories of her and the General's life as a young married couple, during the Revolutionary War, and at their home in Mount Vernon. \$35. Visit www.mountvernon.org.

Country-Western Dance. 6-7 p.m. at Lincolnia Senior Center, 4710 North Chambliss St. The Northern Virginia Country-Western Dance Association sponsoring for couples, singles of all ages. \$10 members, \$12. Visit www.nvcwda.org.

Meet the Artist. 4-6 p.m. at the Torpedo Factory, 105 North Union St., Studio 325. Meet Kristina Hagman and there will be an artist talk on Nov. 9 at 7:30 pm. Her exhibit will be on display from Nov. 1-21. Visit torpedofactory.org.

Prowl for Owls at Huntley Meadows Park. 5:30-7:30 p.m. at Huntley Meadows Park, 3701 Lockheed Blvd. Adults are invited to go on a search for owls as these nocturnal raptors are pair-bonding and looking for nesting sites. Listen for and learn about our local owls. Call 703-768-2525 or visit www.fairfaxcounty.gov/parks/.

Swedish Jazz Concert. 7 p.m. at The Lyceum, 201 S. Washington St. Visit

www.alexandriava.gov/Lyceum or call 703-838-4994.

SUNDAY/NOV. 5

A Taste of History: Thanksgiving Tea. 1-3:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Food historian Joyce White explores the changing traditions of Thanksgiving, from the settlers' "Harvest Home" of 1621 to the present day celebration. \$42/person (program + tea); \$18 (program only). Call 703-941-7987.

Halloween Parade Rescheduled. 2 p.m. at E. Bellefonte Ave. in Del Ray. Postponed due to rain from last week. Visit www.visitdelray.com/halloween.

Meet the Artists. 4-6 p.m. at The Athenaeum, 201 Prince St. Meet the artists behind the sketches and studies created by members of the Washington Society of Landscape Painters, on display through Jan. 7. Visit www.nvfaa.org or call 703-548-0035.

Capitol Steps Benefit Performance. 5 p.m. at at US Patent & Trademark Office, Madison Auditorium, 600 Dulany St. Proceeds go to the United Christian Ministries. \$80 includes food and drink, sponsorships available. Visit www.ucmagency.org or email info@ucmagency.org.

MONDAY/NOV. 6

Garden Sprouts: Nature Playgroup. 11-11:30 a.m. at Green Spring Gardens, 4603 Green Spring Road. Through games, songs, activities and a garden walk to explore nature-themed topics. November's topic is "It's Fall." \$6.



Visit www.fairfaxcounty.gov/parks/greenspring or call 703-941-7987.

TUESDAY/NOV. 7

Celebrate Centenarians Luncheon. noon-2 p.m. at The Fairfax, 9140 Belvoir Woods Parkway, Fort Belvoir. Celebrate Centenarians is an annual luncheon event dedicated to recognizing Centenarians in the Northern Virginia Region. Visit celebratecentenarians.com.

Organ Concert. 7:30 p.m. at Virginia

Theological Seminary's chapel, 3737 Seminary Road. The Northern Virginia Chapter of the American Guild of Organists marks the 500th anniversary of the Reformation with an Organ Vespers, and J. Thomas Mitts, with four students from Shenandoah Conservatory participating. Free. Visit novaago.org.

WEDNESDAY/NOV. 8

Slavery at Mount Vernon. 7 p.m. at the Alexandria Black History

Museum, 902 Wythe St. Join Director of Archaeology Luke Pecoraro and Associate Curator Jessie MacLeod to learn more about the people who lived in bondage on Washington's plantation. Email black.history@alexandriava.gov, or call 703-746-4356.

Sustainable Landscaping Practices

Lecture. 7-8:30 p.m. at the Mount Vernon Recreation Center in Del Ray, 2701 Commonwealth Ave. The Alexandria Beautification Commission is partnering with Virginia Cooperative Extension with a presentation on ways residents can beautify their homes and neighborhoods using sustainable landscaping practices. Email AlexandriaBeautification@gmail.com.

THURSDAY/NOV. 9

Historic Start. The inaugural meeting of the Mount Vernon Historical Society will be held 7-9 p.m. at the Mount Vernon Governmental Center, 2511 Parkers Lane. The guest speaker will be Sean Thomas, director of Leadership Programs for George Washington's Mount Vernon. Free and open to the public.

Pizza and a Project. 6:30-8 p.m. at Fairlington United Methodist Church Fellowship Hall, 3900 King St. Enjoy a free pizza dinner while participating in community service stations, which will provide hands-on projects to help our neighbors. Free and open to all ages. Visit www.fairlingtonumc.org.

NOV. 9-12

Alexandria Film Festival. Various times at AMC Hoffman 22 Theater, 206 Swamp Fox Road and Beatley Central Library, 5005 Duke St. More

Meet the Artists

Sunday, Nov. 5, 4-6 p.m. at The Athenaeum, 201 Prince St. — meet the artists behind the sketches and studies created by members of the Washington Society of Landscape Painters, on display through Jan. 7. Visit www.nvfaa.org or call 703-548-0035.



PAID POLITICAL ADVERTISEMENT

The Virginia Police Benevolent Association

urges you to support strong, effective law enforcement by voting for the following candidates on Tuesday, November 7, 2017.

ED GILLESPIE
Governor

JUSTIN FAIRFAX
Lt. Governor

JOHN ADAMS
Attorney General



VOTE TUESDAY, November 7th

Paid for by the Southern States PBA PAC Fund. 2155 Hwy 42 S, McDonough, GA 30252. Chris Skinner, president; Dave Soderberg, senior vice president; Donald Scott, vice president; Joe Naia, secretary.

THE CAMPAGNA CENTER'S SCOTTISH CHRISTMAS WALK WEEKEND HEATHER & GREENS SALE

AVAILABLE ONLINE NOW!

Sunday, Nov. 19th early bird pick up available for orders placed by Nov. 7th.



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All proceeds benefit The Campagna Center programs

Heather & Greens Sale Event

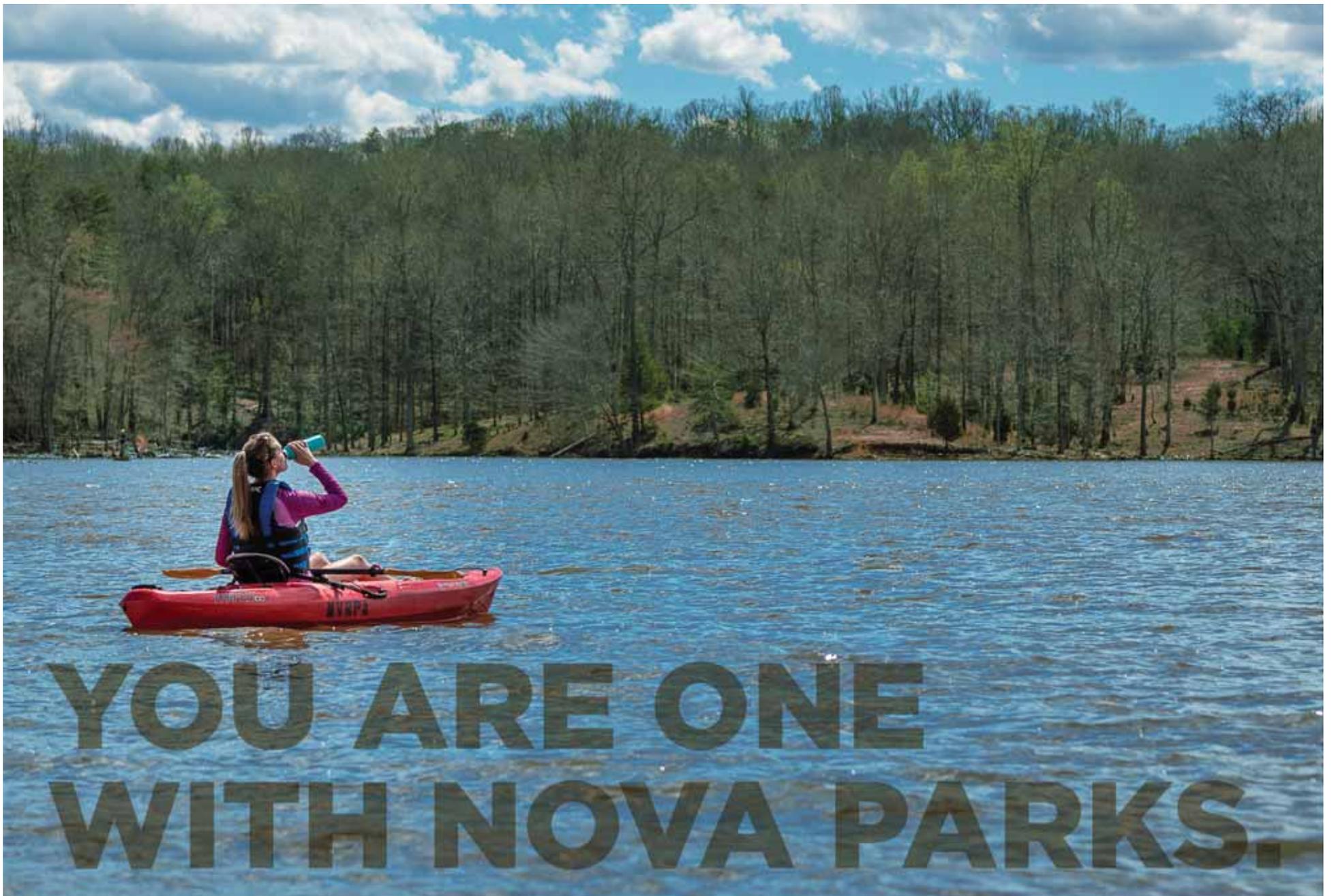
Friday, Dec. 1 Pick Up. Saturday, Dec. 2, Pick Up & Sale

Both days 9am - 4pm

The Campagna Center, 418 S. Washington Street

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YOU ARE ONE WITH NOVA PARKS.

More than half of your body consists of water. The water we drink in Alexandria comes from the Occoquan Reservoir, and NOVA Parks has over 4,000 acres of forests around this body of water providing a natural buffer. NOVA Parks has an additional 4,000+ acres of parkland adjacent to the Potomac River. These lands offer opportunities for people to reconnect with nature while hiking, camping and boating. They also protect our natural resources. These same lands provide sanctuary for endangered species like the Eastern Wood Turtle, and the Small Whorled Pogonia, as well as habitat for Bald Eagles, Great Blue Heron and many other species.

Come out this weekend and rent a kayak or hike a trail, explore your regional parks, and connect with nature. Pohick Bay and Fountainhead Regional Parks are both located less than 25 minutes from Alexandria.



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Find out at
novaparks.com

ENTERTAINMENT

5 Dates to Circle in November

BY HOPE NELSON

Think Thanksgiving is slowing down the food and drink scene in November? Think again. There's plenty to do this month all across Alexandria, so get after it.

Festival, which caps off the week in style. More than a dozen Commonwealth cideries are represented at the event, which also features live music and autumn-themed fun. 2-6 p.m., 220 N. Washington St. Tickets \$45 in advance, \$55 at the door.

Empty Bowls Alexandria, Nov. 18

Where else can you enjoy dinner, help those in need, and bring home a souvenir? ALIVE – Alexandrians Involved Ecumenically – is partnering with local artists and restaurants to host its third annual Empty Bowls event at the Durant Arts Center, where guests will choose a handmade bowl and then fill that bowl (or plate in its place) with a simple supper. Take the bowl home as a reminder of the event – and a call to action to continue filling bowls throughout the community to alleviate hunger. 6-8 p.m., Durant Arts Center, 1605 Cameron St. Tickets: \$40 and up.

Saturday Street Food Festival, Nov. 18

Neighborhood newcomer Sunday in Saigon joins forces with DC's Himitsu to host the restaurant's first "SSFF" – Saturday Street Food Festival – outside the North Old Town establishment on St. Asaph Street. Enjoy a hearty sampling of Asian street food and beer pairings from Bell's Brewery. And feel good about eating well: A portion of the day's proceeds will benefit the Wounded Warrior Project. Noon-4:30 p.m., 682 N. St. Asaph St. Tickets: \$50 early bird, \$60 general admission.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

Rustico Novemberfest, Nov. 4

Removed a few weeks from the usual Oktoberfest activities, Rustico on Slater's Lane is hosting its sixth annual Novemberfest celebration on Saturday, and all food- and beer-lovers are invited. Eighty beer and cider options are on the menu at the annual block party, and the restaurant's kitchen will be working overtime to serve up turkey legs, BBQ pork sandwiches, and more in short order. Kick back and listen to some live bluegrass, and bring the kids for some family-friendly games and activities. Noon-5 p.m., 827 Slaters Lane. Tickets \$25.

Port City Tidings Release Party, Nov. 4

It's become a hallmark of the holiday season: Port City Brewing launches its annual Tidings winter seasonal this weekend. The spiced Belgian-style blond ale tastes just like the holidays with hints of cinnamon and cardamom subtly below the surface. Help the brewery welcome winter back to Alexandria with a tasting, a tour — and maybe a six-pack to take home. Noon-9 p.m., 3950 Wheeler Ave.

Virginia Cider Festival, Nov. 18

Who knew there was such a thing as Cider Week? Blessedly, there is, and this year Alexandria's Lloyd House serves as home base for the Virginia Cider

CALENDAR

than 50 free and ticketed films to the city to delight, entertain, and inform area film enthusiasts. Visit AlexFilmFest.com.

FRIDAY/NOV. 10

"Salute To Veterans" Concert. 7:30 p.m. at the Del Ray United Methodist Church, 100 East Windsor Ave. The Alexandria Citizens Band plays favorite tunes of Allied partners, as well as American classics, including the Armed Forces Salute. Visit alexandriacitizensband.com/.

NOV. 10-12

Paula Poundstone Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Visit www.birchmere.com.

SATURDAY/NOV. 11

Lee-Fendall House as a Hospital. 11 a.m. at the Lee-Fendall House, 614 Oronoco St. Highlights include themes of nursing, soldiers, civilians, medical practices, and free people of color. \$8/\$10 at door. Visit www.leafendallhouse.org or call 540-431-8241.

Adventure at Green Spring Gardens. 1:30-2:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Learn about the adventurous history of this activity that combines clues, nature and navigation skills at the Letterbox Hunt. \$6. Call 703-642-5173 or visit www.fairfaxcounty.gov.

Meet the Author. 2-3:30 p.m. at River Farm, 7931 E. Boulevard Drive. Award-winning author Marta McDowell presents her new book, "The World of Laura Ingalls Wilder:



Anniversary Celebration

The 500th anniversary of the Reformation with an Organ Vespers will be recognized on Tuesday, Nov. 7 at 7:30 p.m. at Virginia Theological Seminary's chapel, 3737 Seminary Road. J. Thomas Mitts, with four students from Shenandoah Conservatory participating. Free. Visit novaago.org for more.

J. Thomas Mitts, center, with four students from Shenandoah Conservatory Angela Garcia-Clark, Walter Litzenberger, Sean Dye and Catherine Lupien.

The Frontier Landscapes that Inspired the Little House Books." Visit www.ahsgardening.org.

SUNDAY/NOV. 12

Christmas Market. 9 a.m.-1 p.m. at Christ Church - Meade Room, 121 North Columbus St. Choose from a variety of Christmas merchandise and other gift ideas. All profits go to local and international charities. Call 703-549-2248 or visit www.historichristchurch.org/.

TUESDAY/NOV. 14

Meet the Artists. 5:30-6:30 p.m. at Holiday Inn-Carlyle, 2460

Eisenhower Ave. The National Art Education Association (NAEA) is showcasing artwork from art educators across the country in a juried exhibition at the association's headquarters. Email daniel.selnick@yahoo.com or call 703-347-5540.

WEDNESDAY/NOV. 15

Genealogy Lecture. 10 a.m.-noon at Beatley Central Library, 5005 Duke St. Professional genealogist Sharon Hodges explores "Tracing Your Family Roots through Genealogy." Free. Call 703-836-4414 ext 110 or visit www.seniorservicesalex.org






SALUTE TO VETERANS,

presented by
National Industries for the Blind

Join us for a celebration of the incredible impact that servicemen and servicewomen have had on Alexandria.

Wednesday, November 8, 2017
7:30am-9:00am

George Washington's Mount Vernon
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ENTERTAINMENT



Annual Holiday Shop

This quilt will be raffled at the Mt. Vernon Unitarian Holiday Shop, Saturday, Nov. 18 from 9:30 a.m.-4 p.m. at Mt. Vernon Unitarian Church, 1909 Windmill Lane. Holiday Shop is a local tradition with 50 artisans. Call 703-298- 2176 for more.

CALENDAR

THURSDAY/NOV. 16

Greendale's Turkey Cup. 9 a.m. at Greendale Golf Course, 6700 Telegraph Road. Dinner is on the line as golfers compete in the 6th Annual Turkey Cup at Greendale Golf Course. The tournament is a two-player scramble, and winners take home Thanksgiving dinner and dessert. Prizes will be awarded for top finishes in each division, as well as closest to the pin. Call 703-971-6170 or visit www.fairfaxcounty.gov/parks/golf/greendale/.

SATURDAY/NOV. 18

Floral Workshop. 9:30-11 a.m. at Green Spring Gardens, 4603 Green Spring Road. Thanksgiving Table Arrangement is the topic of the workshop. Professional floral designer Betty Ann Galway shares tips and tricks of the trade for you to practice on your own designs at home. \$38, and the supply fee is \$25. Visit www.fairfaxcounty.gov/parks/greenspring or call 703-642-5173.

Mt. Vernon Unitarian Holiday Shop. 9:30 a.m.-4 p.m. at Mt. Vernon Unitarian Church, 1909 Windmill Lane. Holiday Shop is a local tradition with 50 artisans. Quilt will be raffled. Call 703-298- 2176.

Alexandria Bus Tour. 10 a.m.-4 p.m. at Mount Vernon, 3200 Mount Vernon Memorial Highway. African American History of Alexandria Bus Tour, "From Slavery to Freedom," a collaboration between the Office of Historic Alexandria, George Washington's Mount Vernon, and the Gum Springs Museum. Lunch included. \$50. Visit shop.alexandriava.gov.

Concerts at St. Luke's. 7:30 p.m. at St. Luke's Episcopal Church, 8009 Fort Hunt Road. A wind quintet plays the works of Brahms' Waltzes, Beethoven, Liszt and Chopin. \$20

adult; \$15 senior; free to students 18 and under. Visit www.saintlukeschurch.net.

SUNDAY/NOV. 19

Christmas Cookies: History and Tea Tasting. 1-3:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Chef and culinary historian Nora Burgan tells the story of the Christmas cookie, a mainstay of the holiday table from medieval times to today. \$42 with tea, \$18 program only. Visit www.fairfaxcounty.gov/parks/greenspring or call 703-642-5173.

Emerging Artist Concert. 4 p.m. at Saint Francis Episcopal Church, 9220 Georgetown Pike, Great Falls. Julia Angelov, from Alexandria, and Oscar Paz-Suaznabar, age 12, on the piano, play orchestra favorites. Visit www.amadeusconcerts.com.

TUESDAY/NOV. 21

Music in History. 1-3 p.m. at the Hollin Hall Senior Center, 1500 Shenandoah Road. Performance of "Hamilton & Washington: The Musical vs. Reality." Peter Henriques talks about the collaboration between Alexander Hamilton and George Washington, its importance in the nation's founding, and their portrayal in the musical, "Hamilton." Visit www.mvgenealogy.org.

SATURDAY/NOV. 25

Frosty Follies. 6 p.m. at Market Square, 300 King St. The Metropolitan Arts Dance School presents the annual Frosty Follies. Call 703-339-0444 or visit www.metropolitanarts.org.

MONDAY/NOV. 27

Yoga for Gardeners. 9:30-10:30 a.m.

at Green Spring Gardens, 4603 Green Spring Road. This class features a gentle introduction to the vinyasa method which helps participants increase the strength, flexibility and endurance necessary for gardening. Class held indoors. Visit www.fairfaxcounty.gov/parks or call 703-642-5173.

DEC. 1-2

Scottish Christmas Walk Weekend. Various times at The Campagna Center, 418 S. Washington St. The 47th Annual Scottish Christmas Walk Weekend has activities throughout the weekend. Email developmentoffice@campagnacenter.org or call 703-224-2395.

SATURDAY-SUNDAY/DEC. 2-3

Original Artwork Sale. 4-7 p.m. Saturday, noon-4 pm. Sunday at Hollin Hall Senior Center, 1500 Shenandoah Road. Eighty local artists, most members of the Torpedo Factory Art League, will display and sell their original artwork. Visit www.hollinhallseniorcenter.org/.

THURSDAY/DEC. 7

An Introduction to French Comics. 7-9 p.m. at The Lyceum, 201 S. Washington St. Arlington resident RM Rhodes leads this lecture about comics. Visit www.alexandriava.gov/Lyceum or call 703-838-4994.

JAN.9-FEB. 4

"Déjà Vu," Art Exhibit. Various times at the Torpedo Factory, 105 North Union St., Studio 29. Potomac Fiber Arts Gallery show "Déjà Vu," highlights the work of artists Elizabeth Davison, Elise Miller, and Dianne Harris Thomas. Visit torpedofactory.org.

Hilarity ensues as this kooky clan works out their differences about potentially selling the family home.

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NEWS



PHOTO BY GREG HADLEY

Open House To Benefit St. Lucy Project

Steven and Mary Rushen are hosting a tour of their recently remodeled townhouse in Old Town Alexandria on Nov. 4 for the benefit of the St. Lucy Project to feed the hungry. The top-to-bottom three-level makeover was executed by Sun Design Remodeling. The house at 417 Pitt Mews will be open from 10 a.m. to 4 p.m. There will also be a van accepting food donations.

At 50th Reunion

The Francis C. Hammond High School Class of 1967 celebrated its 50th reunion on Oct. 13 and 14 in Old Town Alexandria. Joining the 1967 graduates that evening were a couple of special guest faculty members: Arlene "Mickey" Moore, former social studies teacher, and Bill Yoast, former physical education teacher and coach at both Hammond and later at T. C. Williams. The class first gathered Friday evening at the Fish Market and followed with the reunion dinner Saturday evening at Hilton Alexandria Old Town. Above, Susan Rushing Wise, '67 F.C. Hammond H.S. Reunion chairman, welcomes Yoast to the 50-year reunion celebration.



PHOTO CONTRIBUTED

Girl Scout Earns Silver Award

Fiona Donovan, eighth grader at George Washington Middle School, has successfully completed her Girl Scout Silver Award project with the construction of a new Little Free Library near the playground at Westminster Presbyterian Church in Alexandria. The Silver Award is the highest award a Cadette scout can earn, second only to the Gold Award, the highest award in Girl Scouting. To earn the Silver Award a Cadette scout must identify and plan a sustainable project to 50 hours or more, build a team, fund raise, implement the plan and engage in the community. Fiona started her project in 2016 and recruited support from friends, family, neighbors and her construction mentor Thom Willkomm. She decorated the library with reclaimed barn wood, a yellow interior and a tin-covered roof, and has two shelves — one for young readers and another for adults.

Fiona has been a Girl Scout since first grade, and has earned awards for Leader in Action, Program



Aide, Community Service, and the Bronze Award. She has provided 82 hours of service in her community in the last two years. Outside of Girl Scouting she is a member of National Junior Honor Society and the GW Orchestra, active in her church youth group and a goalie for Alexandria Lacrosse Club.

Reducing School Suspensions

FROM PAGE 8

Gabriel Palma Moran, a sixth grader at George Washington Middle School, said he's been very impressed with what he's seen of the restorative practices but wanted to hear more information from the schools about the timeline for restorative implementation at the middle schools.

Marfo said, like Moran, that she wanted to hear more from ACPS about implementation in the middle schools.

Evelin Urrutia, executive director of Tenants and Workers United, said that the change in ACPS has been visible over the last few years.

"I'm excited to see all of the progress," Urrutia said. "We still have a long way to go before it's implemented the right way. We need to keep working to get parents involved. We need to keep working towards making sure every student graduates and that every student has a chance to learn, regardless of their background or skin color."

Creating Balance Advanced planning is one key to holiday harmony.

BY MARILYN CAMPBELL

The stretch of time between Halloween and the New Year can be a source of merriment and joy, but it can also be a cause of stress, say mental health professionals. According to a study by the American Psychological Association more than 60 percent of Americans found the holiday season a frequent source of stress and fatigue. While joy is still the primary emotion, finding a way to create balance and manage the additional demands brought on by the holiday season can make holidays merry.

“Part of managing stress is identifying the causes of stress and being aware of what is going on with you and what is going to trigger you,” said Maria Mangione, Psy.D., clinical psychologist at Washington Center for Weight Loss Management. “Look back at past holiday seasons and ask, ‘What got you sad? What made you nervous? What made you angry? While we’re outside of the holiday season, if you can look back at past seasons and think about the times that you were stressed, you can come up with a toolbox of things that could be helpful to you.’”

From shopping and budgeting to overeating and dealing with emotional issues,

Mangione says crafting a plan in advance of the holiday season is a key to maintaining balance. “When someone is dealing with people or situations, it’s hard to figure out how to deal with it in the moment,” she said. “If people prepare and have a plan in place, they can go on autopilot.”

“The holidays are a time in which we are potentially confronted with a lot added responsibilities outside of our day-to-day,” added Monica Brand, Ed.D., assistant professor, Department of Counseling,

“The holiday cycle starts with Halloween and ... can snowball as people get more and more stressed.”

— Rachel Trope, clinical exercise physiologist at Washington Center for Weight Management

Marymount University. “As a result, we can be thrown off and stressed simply because we are not on our usual routine.”

UNRESOLVED FAMILY ISSUES often resurface during the holidays and lead to tension. “Overall, our change in routine, increased interaction with family and the expectations we place on ourselves can all have some impact on our stress levels dur-

ing the holidays,” said Brand. As a result, people tend to brace themselves for whatever may come their way. A more basic method of avoiding stress is both mentally and physically preparing before company, travel, or hosting duties. Many people do this by creating to do lists, getting organized, and planning before the beginning of their holiday.”

Be mindful of limitations and boundaries and limit the expectations we place on ourselves and others, advises Brand. “If you are one who is so caught up in festivities or is easily overwhelmed, setting reminders on your phone, smartwatch, or having someone hold you accountable in taking breaks from the festivities may recharge your batteries,” she said.

Financial imbalance is a common plight during the holiday season, especially when a desire to give generously outweighs one’s budget. “I cannot stress enough how important it is to set a spending limit for each person you will be shopping for ahead of time, before you go shopping,” said Brian Neely, professor of Accounting & Finance at Northern Virginia Community College. “It is very easy to get caught up in the festive moment and spend far more than you really need to before you

even realize what you have done. This will always result in buyer’s remorse and can strip away the true joy that should go hand-in-hand with the customary giving of gifts.”

Neely says that during the holidays most Americans have been programmed to spend the vast majority of their discretionary income all at once. “The worst aspect of this annual spending spree is that it generally goes on a credit card or two or three and it stays on there for a very long time,” he said. “Once a purchase goes on a credit card, you are still paying for those purchased items for many months afterwards with accrued interest. So now, those presents under the tree on Christmas morning are still increasing in total actual cost until you pay that debt off from your credit cards.”

Avoiding store-issued credit cards is a key aspect of maintaining a sane budget, advises Emily Knarr, visiting faculty member in Marymount’s Department of Accounting, Economics & Finance at Marymount University. “They offer so many promotions during the holidays that it is tempting to take advantage of them, especially if your other cards are maxed out and you still need to buy presents,” she said. “However, even if the terms of the cards and promotions are good, it still affects your credit rating

SEE BALANCE. PAGE 30

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Legals

Sealed proposals for the City of Alexandria per specifications will be received in the office of the Purchasing Division until the date and time designated as follows:

Title: Request for Qualification No. 00000716, Alexandria Transit Vision Study
There will not be a pre-proposal meeting for this solicitation.
Closing Date and Time: November 30, 2017, 4:00 p.m., prevailing local time.

For general inquiries contact Randy Burns, CPPB, Purchasing Agent at randy.burns@alexandriava.gov.

The City of Alexandria reserves the right to reject any and all proposals, cancel this solicitation, and to waive any informalities or irregularities in procedure. THE CITY REQUIRES ITS CONTRACTORS TO BE EQUAL OPPORTUNITY EMPLOYERS.

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Sealed proposals for the City of Alexandria per specifications will be received in the office of the Purchasing Division until the date and time designated as follows:

RFP #00000700: Title: Inmate Medical Support Services
RFP Opens: Date and Time: December 14, 2017, 4 p.m., prevailing local time
Pre-Proposal Conference: November 9, 2017, 11 a.m., Procurement Conference Room, 100 North Pitt Street, Suite 301, Alexandria, Virginia 22314

For general inquiries contact Michael F. Hauer, CPPB, Deputy Purchasing Agent at 703.746.4295.

The City of Alexandria reserves the right to reject any and all proposals, cancel this solicitation, and to waive any informalities or irregularities in procedure. THE CITY REQUIRES ITS CONTRACTORS TO BE EQUAL OPPORTUNITY EMPLOYERS.

Announcements

Obituary

NOBLE ELLSWORTH STEWART

Noble E. Stewart passed away on August 25, 2017, at the age of 94, in Palm Harbor, Florida. Noble was born June 5, 1923, in Alexandria, Virginia. He grew up in Alexandria and was a star athlete in baseball and football at George Washington High School. He was a World War II veteran, serving in the U.S. Navy. Noble was cremated and his remains buried with his beloved wife, Gwen, at the National Cemetery at Bushnell, Florida. Noble is survived by sons Noble E. Stewart II and wife, Bonnie, of Houston, Texas, and Donald K. Stewart and wife, Sharon, of Strasburg, Virginia. He is also survived by granddaughter Kim Oates and husband, Steve. A memorial service to celebrate his life will be held at Presbyterian Church of Palm Harbor on November 8, 2017, at 2:00 PM.

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If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs.

For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/self-help), at the California Legal Services website (www.lawhelpca.org), or by contacting your local county bar association.

NOTICE-RESTRAINING ORDERS ARE ON PAGE 2:

These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

Legals

ABC LICENSE

6027 Richmond INC trading as Taj of India, 6027 Richmond Highway Alexandria VA 22303-2101. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On & Off Premises, Mixed Beverage on premises license to sell or manufacture alcoholic beverages. Mia Shahjahan as President. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals

Sealed proposals for the City of Alexandria per specifications will be received in the office of the Purchasing Division until the date and time designated as follows:

Title: Request for Qualification No. 00000714, Old Cameron Run Shared Use Trail Design

There will not be a pre-proposal meeting for this solicitation. VDOT requirements are a part of the solicitation and contract with a DBE goal of 15%.

Closing Date and Time: November 22, 2017, 4:00 p.m., prevailing local time.

For general inquiries contact Randy Burns, CPPB, Purchasing Agent at randy.burns@alexandriava.gov.

The City of Alexandria reserves the right to reject any and all proposals, cancel this solicitation, and to waive any informalities or irregularities in procedure. THE CITY REQUIRES ITS CONTRACTORS TO BE EQUAL OPPORTUNITY EMPLOYERS.

Legals

FEE WAIVER: If you cannot pay the filing fee, ask the Clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

- The name and address of the court are: Superior Court of California, County of San Diego
325 S. Melrose Drive, Vista, California 92081
- The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney are:
Nicole M. Nore, Esq.
1015 Chestnut Avenue, Suite C-2
Carlsbad, CA 92008
(760) 720-9890

Date: JUL 31 2017 Clerk, by /s/ By: L. Fita Slalo, Deputy

Page 1 of 2

STANDARD FAMILY LAW RESTRAINING ORDERS

Starting immediately, you and your spouse or domestic partner are restrained from: removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court; cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health, automobile, and disability, held for the benefit of the parties and their minor children; transferring, encumbering, hypothecating, concealing, or in any way disposing of any property, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects the disposition of property subject

Legals

ABC LICENSE

Wag & Brew, LLC trading as Wag & Brew, 614 A South Picket St, Alexandria VA 22304. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On Premises, license to sell or manufacture alcoholic beverages. John McDonald, Manager. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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Legals

to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the other party.

You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or to pay court costs.

NOTICE-ACCESS TO AFFORDABLE HEALTH INSURANCE: Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable health care. For more information, visit www.coveredca.com. Or call Covered California at 1-800-300-1506.

WARNING- IMPORTANT INFORMATION California law provides that, for purposes of division of property upon dissolution of a marriage or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language in the deed that characterizes how title is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title to the property.

Page 2 of 2

Seeking Crash-Free Alexandria

FROM PAGE 1

The large majority, 94 percent, of traffic crashes in the city are car only; five percent involve pedestrians and one percent involve cyclists. But pedestrians represent 29 percent of those killed or seriously injured in a traffic crash, bicyclists another five percent. When pedestrians are struck by a car, they are killed or seriously injured 13 percent of the time.

Study of the data collection over the summer revealed a few trends in Alexandria crashes. Between 2011 and 2016, 445 pedestrians were involved in crashes. One in seven of those were killed or seriously injured. While the risk has been declining steadily since 2011 overall, there are still a few times of the year that present particular dangers. Yon Lambert, director of Transportation and Environmental Services, said the reduction in daylight hours starting in fall makes this season particularly dangerous for crashes. Some of the results confirm information which would seem obvious: higher speeds result in higher risks for crash victims, pedestrians in particular, to be killed or seriously injured. Only 14 percent of those struck by vehicles travelling under 20 miles per hour were killed or seriously injured. That increases steadily until over 40 miles per hour, where 100 percent of those struck by cars traveling at that speed were killed or seriously injured.

The data collection also revealed a few hot zones for traffic crashes in Alexandria. Duke and Washington Streets are two of the biggest ones, also being two of the streets that see the heaviest traffic flow. Old Town has the highest concentration of car

crashes in the city.

The next step for the Vision Zero project is to put together an action plan following the data analysis and public outreach. The plan is expected to be presented to the Transportation Commission for endorsement in December, then to City Council for approval in December or January. Captain Dennis Andreas from the Alexandria Police Department said the city's law enforcement is already begun work responding to the initial findings of the Vision Zero project's data collection and public outreach.

"We found holes in the data collection systems," said Andreas. "We're working to fix and improve that, giving us better ability to predict and respond."

Andreas said the police department was working alongside Vision Zero to put together policy recommendations, both before the City Council and the state legislature, to improve traffic safety.

Typically, Andreas said departments within the police outside of traffic enforcement don't pay much attention to traffic-related issues. Andreas said part of the police department's response is to try and break down those barriers and look at ways each department can contribute to better traffic safety.

In an update on Vision Zero to the City Council on Oct. 24, there was some skepticism on the dais. Vice Mayor Justin Wilson said he was interested to see what specific, tangible policies the Vision Zero project could put forward to help eliminate traffic crashes.

"Reaching this goal is going to be an uphill battle as we're also increasing our population," said Redella "Del" Pepper. "That means more people on the streets, but that doesn't mean we can't try."

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ALEXANDRIA CITY PUBLIC SCHOOLS
INVITATION TO BID NUMBER 171005

The Alexandria City School Board dba Alexandria City Public is seeking responses from qualified bidders for the provision of AIR Handling Unit (AHU) replacements at Samuel Tucker Elementary School located at 435 Ferdinand Day Drive, Alexandria, VA 22304. The contractor shall provide all provisions of labor, materials and equipment for the AHU replacements as described in the ITB.

A non-mandatory pre-bid conference will be held on November 6, 2017 at 10:00 a.m. at ACPS Central Office located at 1340 Braddock Place, Alexandria, VA 22314. The pre-bid conference will take place in the 6th Floor Conference Room 610-2, with a site visit following.

All questions must be submitted via email, with the notation, "ITB NO. 171005, ST AHU Replacements", on or before 3:00 p.m. on December 4, 2017. If necessary, an addendum will be issued and posted to the ACPS Vendor Self Service site (registration with login is required).

Sealed electronic bids shall be received in ACPS' Vendor Self-Service System on or before 3:00 p.m. December 11, 2017. The time of receipt shall be determined by the system time stamp in the Vendor Self-Service System. Mailed paper bids shall not be accepted.

Offerors submitting bids in the Vendor Self-Service System should also send (1) one original response on a USB flash-drive, labeled as "ITB 171005, ST AHU Replacements" on or before 3:00 p.m. on December 11, 2017 to Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314. The time of receipt for the mailed or hand-delivered USB shall be determined by the time clock stamp in the Procurement Office.

ITB documents may be obtained at the above Procurement Office or by calling 703-619-8181, or by downloading the ITB from the ACPS website at <https://www.acps.k12.va.us/purchasing>. Registration on the Vendor Self Service system at <https://acps.munisselfservice.com/> is required.

Meloni Hurley
Procurement Manager

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Legals

Legals



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REQUEST FOR INFORMATION NUMBER 171018

The Alexandria City School Board dba Alexandria City Public Schools is seeking RFI from qualified bidders for Secondary Reading Intervention System.

Sealed electronic proposals shall be received in **ACPS' Vendor Self-Service System on or before 3:00 p.m. November 21, 2017.** The time of receipt shall be determined by the system time stamp in the Vendor Self-Service System. **Mailed paper bids shall not be accepted.**

Offerors submitting RFI's in the Vendor Self-Service System should also send (1) one original response on a USB flash-drive labeled as RFI NO. 171018. To the Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314. The time of receipt for the mailed or hand-delivered USB shall be determined by the time clock stamp in the Procurement Office.

RFI documents may be obtained at the above Procurement Office or by calling 703-619-8140, or by downloading the RFI from the ACPS website at <https://www.acps.k12.va.us/purchasing>. **Registration on the Vendor Self Service system at <https://acps.munisselfservice.com/> is required.**

Information submitted may not be withdrawn. However, ACPS reserves the right to cancel this RFI.

Francine Morris
Senior Buyer

Obituary

Obituary

William (Bill) Edward Muchoney, Sr. passed quietly in Alexandria, Virginia



Known affectionately by friends and family alike as "Bear," he grew up in Calumet, Pennsylvania, the son of Michael Muchoney and Anna Kondrich, immigrants from Milpos in the Czech Republic who settled in Westmoreland County, Pennsylvania, where he met his wife and love of his life, Mildred "Millie" DeFloria.

Bill played football with enthusiasm in school and graduated from Hurst High in 1947 before joining the Air Force, where his natural talent as a football player was spotted and he was recruited to join the Air Force team based in London.

On his return to the States, he and his wife Millie settled in Alexandria Virginia where they were parishioners of St. Rita's Church and Bill served as usher, CYO volunteer and worked tirelessly at the Carpenters Shelter among many other heartfelt good works, always alongside his loving wife. Bill's leadership abilities, natural charm and great sense of humor was expressed well whether he was coaching little league, officiating college football, working at the Pentagon, camping, fishing or through his experiences in the restaurant business before his ultimate retirement from his long time work at Vulcan Materials. A friend to everyone he met, Bill was quick to laugh and

lend a hand to anyone in need.

Bill was an avid musician and played drums, accordion and piano from the time he was a kid and in his family's band until his later years as a member of the Night Hawks swing band. Bill enjoyed his favorite team, the Redskins, and followed sports avidly. A lover of the outdoors, he always arranged family vacations focused on historic sites of natural splendor and instilled in us a deep appreciation for the delicate balance of flora and fauna we must preserve.

Bill's wife Millie passed to Our Lord's hands earlier this year and is now joined with his parents and brothers Chuck and Mickey as he leaves behind his four children, Tracy, Billy, Douglas and Kelly, his five grandchildren Keenan, Nadya, Daniel, Matthew and Serena as well as his four great grand children, Luke, Micah and twins Benjamin and Clara as well as Bill's brother Tom Muchoney who resides in Washington state.

Bill Muchoney was baptized in the Eastern Orthodox Church in Pennsylvania and will be laid to rest on Thursday, November 2, 2017 at 1:00 pm at the St. Mary's Byzantine Cemetery in Latrobe, Pennsylvania alongside his wife, parents, family and loved ones. Funeral arrangements will be made by Everly Wheatley Funeral Home in Alexandria, Virginia, condolences can be sent to his tribute at <https://tinyurl.com/MuchoneySr>. In lieu of flowers the family asks that contributions be made to St. Jude's Children's research hospital. This will help to ensure Bills legacy.

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L'Arc de Triomphe



By KENNETH B. LOURIE

Though I studied French for five years, grades seven through 11 and became quite proficient, this column has nothing to do with French or this most famous of monuments. This column finishes the three-column arc concerning the before, during and after of my bulb installation. Having safely landed on my feet, figuratively and literally, it's time to complete the arc, especially considering my triumph.

The bulbs are all in. No breakage to me or the fixtures, the sconces or to the house. Just a relatively simple and straightforward (for me anyway) installation: on the refrigerator door (the night light), in the living room (in the sconces) and back in the kitchen (the flush-mounted light fixtures in the ceiling). I don't want to over exaggerate my success, but when you have had as many failures – in this context, as I have, one tends to find great joy in having avoided great complications.

I wouldn't say or even admit to beating my chest with great pride because I do understand the level of difficulty here but, previously I have given myself a nickname when a similar task at hand has met with similar success: Taras Bulba, who had nothing to do with bulbs other than part of his name included b-u-l-b. For some reason, I also had the knowledge that Yul Brynner played the title role in a 1962 film of the same name, but had no other information of substance other than I remember him being bald – which I'm not.

As to what I remember about what I was thinking when we purchased a 250-year-old farmhouse on two acres in Montgomery County back in 1992: the price was reasonable/we could afford it, it was two acres of land in an extremely desirable county/location, it was close to I-95; and it was about time in our lives that we bought our first home. As to what I was supposed to do next; soon after we moved in, we had a two-day party (to accommodate people's availability); for those two days I held a clipboard and took notes as many of our friends made casual observations/suggestions about what work needed to be done, inside the house and out.

We needed tile in both bathrooms – since there was none. We needed plumbing fixtures in one shower/tub – since there were none. We needed a "one-fixture rough-in" for a washing machine – since there was none. We needed central air conditioning and ducts – since there was none. We needed phone jacks/telephone wiring since there was only one phone outlet for the entire house. We needed a new oil boiler since the unit in the basement was from "the year one" (to use one of my late mother's expressions). We needed chimney repairs and liners. We needed an upgraded electrical panel.

As for the property/grounds; do you think a lifelong renter with zero interest, aptitude or experience had any of the tools necessary to maintain two acres? That's a rhetorical question if there ever was one. In over my head doesn't begin to scratch the surface of the depths of my immersion.

But my wife, Dina, loved the house. It reminded her of Chester County in Pennsylvania where she grew up. And the price offered good value. Within one minute of our initial visit to the house, after walking through the living room across the old-fashioned wide pine floor boards pass the cooking fireplace and stepping up into a formal dining room with another fireplace, I knew Dina was sold. Fifteen minutes later we exited the house; didn't flush a toilet, didn't turn on a faucet, didn't flick a light switch, did nothing except walk around. We made an offer the next day, and the rest is basically this column.

As much as I thought I knew, little did I know what I was actually getting myself into. It's been 25 years and I'm still way better in French than I am in homeowner. I don't call myself Taras Bulba for nothing. I call myself Taras Bulba for something: bulb replacement. It's not much I realize, but it's the best this man can do.

C'est la vie.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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WELLBEING

Balance

FROM PAGE 27

when you take on more debt. It can also be difficult to close the cards once started."

Neely has developed a foolproof way of managing holiday finances. "I always write out a list showing each item I have purchased for each person and track the amounts I have spent on each person separately each night after I have finished shopping for the day," said Neely. "Seeing it all written down on paper can really help you curb your enthusiasm when it comes to frantic holiday spending."

MAINTAINING AN EXERCISE REGIMEN is an important part of maintaining balance during the holidays says Rachel Trope, clinical exercise physiologist at Washington Center for Weight Management. "Physical activity is going to increase mood and decrease anxiety," she said.

Advanced planning is a key to making sure it doesn't fall by the wayside, advises Trope. "For example, if you're traveling, take your exercise clothes and shoes," she said. "If you schedule exercise, you're less likely to push it off and it's more likely to be successful. Get a friend that you can meet and exercise with."

Roll exercise into family traditions. "If you can't get to a gym, try walking and try integrating your holiday traditions into something active," said Trope. "Try to establish new traditions that are active that you can enjoy with your family and not take away from family time or create the stress of having to choose."

Put pen to paper when you develop a plan. "When you come up with a plan, write it down and put it someplace where you can see it and remind yourself of it," said Trope. "Write down what kind of reward you're going to give yourself."

Stress can lead to overeating during the holidays, and although holiday meals are often associated with decadence, not all those dishes are fat and sugar-laden, advises Sara Ducey, professor of Nutrition and Food at Montgomery College in Rockville. "Our holiday dinners feature many nutritious food choices [such as] poultry and fish, sweet potatoes and squash, peas and other green vegetables and salads and fruits," she said. "But there are also starchy, fatty and sugary foods [such as] mashed potatoes, rice dishes, cakes and pies and ice cream, whipped cream and marshmallows."

Ducey recommends variety. "The more types of food you have, the more you and your guests will eat," she said. "This is called the buffet effect. So offer many [colorful] vegetable dishes to make your buffet look beautiful and inviting ... [But] if you see the food, you will eat it. Keep the food away from the table, so guests have to get up to refill their plates."

It is easy to get caught in the chaos of the holidays, but it's important to remember the traditions, values and beliefs that are unique to each family, suggests Brand. "[The holidays] should be a reminder to us that not everyone has the resources, access, or privileged to spend time with the people they love on the holidays," she said.

11

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