Putting People In the Holiday Spirit

Alliance Prepares Production Of ‘A Christmas Carol’

‘Freedom Isn’t Free’

Giving Homeless A Warm Place to Sleep
Giving Homeless a Warm Place to Sleep

FACETS partners with 50 local faith communities in hypothermia program.

By Steve Hibbard

The cold weather is here and with that, the FACETS’ Hypothermia Prevention and Response Program officially started on Sunday, Nov. 26 and will extend until April 1, 2018. It means every night there is somewhere warm for homeless people to sleep in Fairfax County. It means the homeless won’t have to sleep in the woods or their cars or the streets. It means they will have a place to get warm dinners and breakfasts at 50 participating faith communities in Fairfax and Falls Church.

“It’s a wonderful, truly collaborative effort between faith communities and FACETS to ensure that everyone has someplace warm to sleep at night,” said Brenda Dushko, director of development at FACETS, a nonprofit.

The program started in 2003 in partnership with the Fairfax County government because some homeless people died on the streets on cold nights, she said. “Hypothermia centers started because people were dying in the winter. There was no place to go and FACETS and the faith communities got together and said this shouldn’t happen to the homeless,” she said.

FACETS works with 50 local churches who take turns each week providing a safe place for people to sleep, a warm dinner and breakfast the next morning. The church venues rotate each week so each Wednesday they announce where the next hypothermia site will be on its website (www.FACETScares.org). All of the churches are in Fairfax County.

Dushko said last year some 279 people were housed at the hypothermia centers and 180 people received extra services, like getting in touch with social services and medical services — things they needed to start fresh. “Of those 279 people, 35 were permanently housed by the end of the season. So it really is working,” she added. “It’s a wonderful way to move people from homelessness to home.”

Last Sunday, the Annandale United Methodist Church on Columbia Pike kicked-off the hypothermia program, taking in 50 homeless people and feeding them spaghetti, soup and salad, dinner rolls and dessert; offering a place to sleep; and then breakfast the next morning.

According to the Rev. Dr. Clarence Brown Jr., “Annandale United Methodist has a long history in the community here. A great part of our faith tradition has to do with caring for the least, last, lost and left out. Having a place to sleep and then breakfast the next morning is a wonderful way to move people from homelessness to home.”

FACETS works to prevent and end homelessness throughout Fairfax County by offering a spectrum of services, such as basic needs and financial assistance, counseling and outreach, educational enrichment programs, and permanent housing.

At the CHURCH SITES, they provide blankets and sleeping mats, hygiene products, fresh socks and underwear and sometimes even the opportunity to do laundry. They also provide transportation — each person receives two tokens for transportation to and from a safe location. They also have a chance to meet with a case manager to build a relationship with the aim of getting housing.

“That could be getting them into their own apartment, helping with the social services they need or working with veterans and getting them in touch with services,” said Dushko.

Some churches hold movie nights and game nights. Some bring in local performers who do live music. Some provide haircuts. The largest age group they serve are homeless people between 24 and 54. The second highest is seniors over age 55.

For the chronically homeless — for one year or as many as 10 years — they look to permanent supportive housing. FACETS also has case managers who work with people with physical or mental challenges, to make sure they get to their doctor’s appointments and get their medicines.

Dushko said a hypothermia center is usu-
Putting People in the Holiday Spirit

Encore presents “Christmas at Quigley’s.”

By Bonnie Hobbs

The holiday season is here, and that means it’s time for mistletoe, gingerbread houses and Encore Theatrical Arts Project’s new song-and-dance extravaganza, “Christmas at Quigley’s.” The show runs Dec. 8-17 in the Richard Ernst Theater at NOVA’s Annandale campus.

There’s a cast of 28 students, plus adult guest performers Jack Stein and Nick McDonough. The story begins at the North Pole, where elf Albert (McDonough) is sent on a mission to New York City. There, at Quigley’s Toy Shop, he meets Basil (Stein), who runs the toy shop.

Albert discovers the magic of Quigley’s workshop and how — no matter how strange and bizarre a toy is that a child wants — it’ll be in the store catalog and will magically appear. He wants to know how this happens, so he investigates. But he causes chaos, which Basil has to sort out.

The actors and dancers have been rehearsing since August, and Director/Choreographer Raynor van der Merwe says things are going wonderfully. Calling her students “a joy to work with,” she said, “Watching them transform into young, pre-professionals is exciting for me. And knowing the history of the performers that have gone before them at Encore and gone on to professional dance careers, I can envision them doing the same thing in the future.”

Van der Merwe said the show will be entertaining for all ages. “It’s got the glamour of New York City and the big, musical, Broadway numbers,” she said. “But at the same time, it has the charm that’ll make people laugh because of the phenomenal actors and the well-written script by Scott and Karsten Dees.”

“It’s upbeat and will put the audience in the holiday spirit,” continued van der Merwe. “With some 18 song-and-dance numbers, it features music they know, plus some new songs and surprises. And as they leave the theater, they’ll be tapping their toes and humming a song.”

Erin Krobath plays Terri, one of the clerks at Quigley’s. “She’s trying to find Albert after he runs off with Basil’s magical hat that brings the toy store to life,” said Krobath. “She goes along with things and is outgoing and friendly, but serious about her job.”

Show times are: Dec. 8 at 7:30 p.m.; Dec. 9 at noon, 4 and 7:30 p.m.; Dec. 10 at noon and 4 p.m.; Dec. 15 at 7:30 p.m.; Dec. 16 at noon, 4 and 7:30 p.m.; and Dec. 17 at noon and 4 p.m. Tickets range from $19-$26 via www.encore-tap.org or 703-222-5511.

Location: Richard Ernst Theater, NOVA campus, 8333 Little River Turnpike in Annandale.

To GO
3,500 People in Virginia Run Turkey Trot

29th annual event raises $80,000 for Life With Cancer.

BY STEVE HIBBARD

The 29th annual Virginia Run Turkey Trot was held on Thanksgiving morning, Thursday, Nov. 23, in Centreville. About 3,500 runners and walkers raced down Pleasant Valley Road helping to raise $80,000 for Inova Hospital’s Life With Cancer and the Inova Schar Cancer Institute.

The first-place male was Jonathan Phillips of Fairfax, 24, now living in Boston, who finished with a time of 15:42. The first-place female was Kelly Rogers, 24, of McLean, who finished with a time of 18:42.

“We had a really great turnout this year. There were a lot of smiles out there; so I think everyone was pretty happy to be here even though it was cold,” said organizer Meghan Logan.

This year’s USATF-certified 5K race and 2K walk was dedicated to two women from the community who died in September: Amy Miller and Gail Shedlick. “Their families were here today and we’re happy to honor them,” said Logan.

Logan said the 3,500 number was the perfect size for this year’s race. "There were years that it was much larger; this year was perfect. It’s very very big, but to us, it’s a very nice manageable size. I think the turnout was phenomenal. We hope to keep this base of people and we’re glad we have so many repeat runners and walkers join us every year,” she said.

A 12-person race committee and about 100 volunteers helped to put on the race, said Logan — from county and state police, to EMTs, to Cub Scouts and Boy Scouts to local churches as well as people from Life With Cancer who have been patients.

The primary event sponsors were American Windows & Siding of Virginia, Ourisman Chantilly Toyota, Korean Central Presbyterian Church, Skyline Insurance Agency, Edelman Financial Services, InCadence Strategic Solutions, and RE/MAX, Jeannie Donahue and Nicole Hillyard.

After the race, runners snacked on apples and bananas.

Runners in the 29th Annual Virginia Run Turkey Trot on Thanksgiving morning, Thursday, Nov. 23, in Centreville.
The Alliance Theatre is presenting the Charles Dickens’ classic, “A Christmas Carol,” from Dec. 8 to Dec. 17 in Centreville. The story follows Ebenezer Scrooge, a man well-known for his miserly ways, who is visited by a series of ghosts and learns how his meaness has affected those around him. It is a transformative tale that teaches that it’s never too late to change.

The show will be presented on Dec. 8, 9, 15, 16 at 7:30 p.m.; and Dec. 10 and 17 at 2 p.m. at Mountain View High School, 5775 Spindle Court, Centreville. Tickets are $18 general; $15 for seniors and children. They’re planning to have Santa visit after all the shows so children can visit and sit on his lap. They’ll also be having cookies.

“In my mind it’s a sort of redemption story. It’s about a guy who is selfish, miserly, and only cared about money and material things versus people. In the process of the ghosts who come to visit him, he sees a new way to be. He becomes a new person and changes,” said Maggie Swan of Chantilly.
Careful What To Wish For

Could changes in General Assembly mean some legislative requests from Northern Virginia might not be dead on arrival?

When the Virginia House of Representatives adjourned from its 2017 session, Republicans controlled the house by 66 to 34. The exact count following elections earlier in November is still unclear, but one party or the other could have a 51-49 majority, or even face a 50-50 split.

I don’t recall anyone predicting this level of change.

Three very close races are likely headed for recount, including one in Fairfax County, and since this is the first time all voters have used paper ballots, it’s hard to predict how that will go. But one way or the other, Northern Virginia localities are likely to have more influence.

Fairfax County, along with Arlington and Alexandria, prepare a state legislative wish list each year, made all the more urgent because localities in Virginia have only the powers specifically given to them by the General Assembly. If there is any reasonable doubt whether a power has been conferred on a local government, then the locality does not have that power.

That has meant, for example, localities can only raise revenue from limited sources, can’t restrict where people carry guns, can’t set their own minimum wage, and can’t fully control land use within their boundaries. Some haven’t been able to ban discrimination on the basis of sexual orientation and gender identity.

Not all of these restrictions are based on party affiliation.

Aside from more local authority, the top wish is for more funding.

Fairfax County’s draft on funding schools: “Public education funding in the Commonwealth is enshrined in the Virginia Constitution as a joint responsibility of both state and local governments, so it is essential that the state fully meet its Constitutional responsibility to adequately fund K-12 education. Unfortunately, the Commonwealth continues to allow critical gaps to persist between state funding and the actual costs of providing a high-quality education, placing more of the fiscal burden on localities while substantially limiting local revenue sources, creating a discrepancy that has become increasingly untenable.”

The one action that could produce significant funding and services with very low cost to state coffers: expanding Medicaid in Virginia under the Affordable Care Act. Virginia has turned away billions of dollars, plus the jobs and healthier citizenry that come with that. — Mary Kimm

Next Week: More Local Giving

Next week, we will publish our lists of local nonprofits for holiday giving. If you know of an organization that should be included or whose listing needs updating, please email mkimm@connectionnewspapers.com.

Deadline Extended: Children’s Edition

Submissions of student art and writing are due by Friday, Dec. 8, an extended deadline. You can see last year’s editions by visiting www.connectionnewspapers.com/PDFS/ and scroll down to Children’s Edition. Email submissions to the following editors:

❖ For Burke, Clifton, Fairfax, Fairfax Station, Great Falls, Herndon, Lorton, McLean, Reston, or Springfield, email to Kemal Kurspahic at kmal@connectionnewspapers.com.
❖ For Alexandria, Arlington, Centreville, Chantilly, Mount Vernon, or Potomac, Md., email to Steven Mauren at smauren@connectionnewspapers.com.

Honoring Patients’ Wishes

By Malene Davis, MBA, MSN, RN, CHPN
Capital Caring

November is National Hospice and Palliative Care Month, and we encourage Virginians to be more aware of the innovative and compassionate end-of-life care available throughout the Commonwealth. Capital Caring — a non-profit, community-based, hospice and palliative care organization — was founded in 1977 and is one of the oldest and most experienced non-profit hospices in the United States. Our dedicated staff serve more than 1,400 patients and families every day in the mid-Atlantic region. Our commitment to providing the best medical care for patients with life-limiting illnesses is imperative, and we are fortunate to have skilled medical professionals, caregivers and volunteers in a four-state region.

I would like to emphasize an increasingly utilized program for honoring patients’ wishes that is underway in Virginia. The Virginia POST (Physician Orders for Scope of Treatment) Program is part of the POLST (Physician Orders for Life-Sustaining Treatment) Paradigm that originated in Oregon in the 1990s to combat the “failure of advance directives.” It is an approach to end-of-life planning that emphasizes advance care planning conversations and shared decision-making which culminates in the POST order set — an actionable set of medical orders that, according to the Journal of the American Geriatrics Society, is far better than advance directives in following patient’s wishes.

The Virginia POST Collaborative’s Executive Committee — consisting of members from hospital systems and other healthcare organizations throughout the Commonwealth — has designated Capital Caring as the organizational home of the program. We are deeply honored by this responsibility and excited about the opportunities and challenges that lie ahead.

Our greatest challenge is the lack of awareness and funding available for this meaningful program. Since the inception of the Virginia POST Collaborative in 2008, the program has existed only because of the in-kind donation of time and personnel by our member organizations. However, full implementation of this important initiative throughout the Commonwealth requires financial assistance from partners so that we can offer comprehensive education, provide expert training, and achieve national certification for our POST program.

Frankly, Virginia got off to a late start with the POST program and is lagging behind other states nationally and regionally. We have made great progress in the past few years, but this month should be a reminder of its importance and need.

Capital Caring has assumed the major costs of education, training, and building awareness for the Virginia POST program. Matthew G. Kestenbaum, M.D., medical director, Health Information & Training at Capital Caring, and associate medical director of the Virginia POST Collaborative (703-957-1768 or mksteinbaum@capitalcaring.org) is our point person. For more details, one can contact Dr. Kestenbaum or visit our website at www.virginiapost.org.

The estimated annual cost for the POST program is $200,000. Any contributions are tax-deductible, and will directly impact the most frail and vulnerable citizens of the Commonwealth. We need your support, but we also need your dollars to help grow and to sustain this valuable program. Thank you for your consideration.

Malene Davis, MBA, MSN, RN, CHPN, president and chief executive officer of Capital Caring based in Falls Church and the home of the Virginia POST program, can be reached at MDavis@capitalcaring.org.
Launching I-66 Express Lanes

Construction set to start on lanes outside the Beltway.

By Mike Salmon

A five-year road project to build express lanes on I-66 was kicked off on Monday, Nov. 20 as officials grabbed the golden shovels and smiled for the cameras in western Fairfax County. Gov. Terry McAuliffe (VA-D) was there with officials from the Virginia Department of Transportation, Department of Rail and Public Transportation, federal, state and local partners, and the Commonwealth’s private partner, I-66 Express Mobility Partners.

“This project will reduce congestion, stimulate economic growth and improve the quality of life of commuters all over the Northern Virginia region,” said McAuliffe, in a release issued by his office.

When completed, I-66 will have two express lanes in each direction stretching nearly 23 miles from I-495 to Gainesville, and three regular travel lanes. These express lanes set to start on lanes outside the Beltway.

See Express Lanes, Page 11

Now – January 1, 2018

- NEW- ICE! featuring Rudolph the Red-Nosed Reindeer
- NEW- Rudolph’s Holly Jolly™ Breakfast
- NEW- JOY, A Holiday Spectacular live atrium show and indoor snowfall
- Discover the ultimate Christmas getaway just minutes away in National Harbor
- Lavish Christmas décor, twinkling holiday lights and ice skating
- Build-A-Bear Workshop® & Scavenger Hunt
- Gingerbread Decorating Corner, Ice Skating & much more!

Packages from $319* including UNLIMITED PRIORITY ENTRY to ICE!

Book early for best availability!

CHRISTMASONTHEPOTOMAC.COM (501) 905-4000

*For website use only. Tickets valid for entry on dates of purchase. Dates include December 11-24, 2017. Contact your local ice rink for all other dates. Visit potomac.com for more information. All rights reserved. All admission and ticketing fees are non-refundable. Prices are subject to change without notice. Blackout dates may apply.

Notice of Public Hearing

NOTICE OF BUDGET AND WATER RATE PUBLIC HEARING

December 14, 2017 at 6:30 p.m.

At 6:30 p.m. on Thursday, December 14, 2017, Fairfax Water will conduct a public hearing on its Proposed Schedule of Rates, Fees, and Charges. The hearing will be held in Fairfax Water’s offices at 8570 Executive Park Avenue, Fairfax, VA.

The proposed changes, to be effective April 1, 2018, include the following:

1. An increase in the Availability Charge from $4,100 to $4,150
d2. An increase in the Local Facilities Charge from $11,685 to $13,420
3. An increase in the Service Connection Charge from $1,240 to $1,260
4. An increase in the base Commodity Charge from $2.81 to $2.94 per 1,000 gallons of water
5. An increase in the Turn Off / Turn On Charge from $44 to $45
6. An increase in the Fees for Use of Fairfax Water Fire Hydrants to include the increase in the Commodity Charge
7. An increase in the Installation of Sewer Use Meter Charge from $35 to $36

Charges reflect fees associated with a standard 1/2” residential meter. Charges in charges for larger residential and commercial meters are reflected in the Proposed Schedule of Rates, Fees, and Charges.

Fairfax County Water Authority (Fairfax Water) is proposing a $178.7 million budget3 for calendar year 2018. Revenues are expected to be $178.7 million in 2018. Water sales are expected to provide $155.8 million. Approximately $22.9 million is expected from connection charges, investment income and other sources.

The major areas of operations and maintenance expense are:

<table>
<thead>
<tr>
<th>Category</th>
<th>2017</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal Services &amp; Employee Benefits</td>
<td>$74,249</td>
<td>$75,989</td>
</tr>
<tr>
<td>Wages and Salaries</td>
<td>$10,468</td>
<td>$10,780</td>
</tr>
<tr>
<td>Salaries</td>
<td>$8,467</td>
<td>$7,152</td>
</tr>
<tr>
<td>Personnel</td>
<td>$7,677</td>
<td>$8,248</td>
</tr>
<tr>
<td>Supplies and Materials</td>
<td>$8,050</td>
<td>$8,103</td>
</tr>
<tr>
<td>Insurance</td>
<td>$1,186</td>
<td>$1,260</td>
</tr>
<tr>
<td>Fuel</td>
<td>$587</td>
<td>$615</td>
</tr>
<tr>
<td>Freight</td>
<td>$61</td>
<td>$84</td>
</tr>
<tr>
<td>Contractual Services</td>
<td>$32,727</td>
<td>$32,970</td>
</tr>
<tr>
<td>Professional Services</td>
<td>$980</td>
<td>$1,003</td>
</tr>
<tr>
<td>Other</td>
<td>$340</td>
<td>$353</td>
</tr>
<tr>
<td>Sub-Total</td>
<td>$108,311</td>
<td>$109,054</td>
</tr>
<tr>
<td>Transfers to Improvement Fund</td>
<td>$8,951</td>
<td>$9,228</td>
</tr>
<tr>
<td>Total</td>
<td>$117,262</td>
<td>$118,282</td>
</tr>
</tbody>
</table>

Net increases are expected to be appropriated as follows:

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Debt Service</td>
<td>$41,081,000</td>
</tr>
<tr>
<td>Improvement Fund</td>
<td>$21,000,000</td>
</tr>
<tr>
<td>General Fund</td>
<td>$3,041,000</td>
</tr>
</tbody>
</table>

*Fairfax Water’s Board will continue to monitor economic factors and review revenues and expenditures at mid-year to determine if additional action is needed.

A copy of the proposed changes to the rates can be viewed on our website at www.fairfaxwater.org/rates. A copy of the proposed budget can be found at www.fairfaxwater.org. Those wishing to speak or receive a copy of the proposed changes should call Ms. Eva Catlin at 703-289-6017.

Interested parties may submit written comments to PublicHearingComments@fairfaxwater.org or mail written comments to:

Fairfax Water
Public Hearing Comments
8570 Executive Park Avenue
Fairfax, VA 22031

All written comments must be received by close of business on Wednesday, December 13, 2017 to be included in the record of the public hearing.
Alliance Prepares Production of ‘A Christmas Carol’

**News**

**To Go**

Show times are: Dec. 8 at 7:30 p.m.; Dec. 9 at noon, 4 and 7:30 p.m.; Dec. 10 at noon and 4 p.m.; Dec. 15 at 7:30 p.m.; Dec. 16 at noon, 4 and 7:30 p.m.; and Dec. 17 at noon and 4 p.m. Tickets range from $19-$26 via www.encore-tap.org or 703-222-5511. Location: Richard Ernst Theater, NOVA campus, 8333 Little River Turnpike in Annandale.

**From Page 3**

and I like her quirkiness.

Her favorite dance number is “Elf Lounge” because, said Kroboth, “We’re looking for Albert with seagulls and it’s a smaller, group dance. And it’s fun choreography with a cool dynamic. This show is different from what we’ve done before because an elf will directly interact with a human. We’re bringing back a lot of old, familiar dances, like ‘Soldiers,’ but also doing some new versions, like ‘Disappearing Santas.’”

Rithika Ashok, a Chantilly High Junior, has been dancing since age 3 and has been with Encore eight years. “Dancing is a free space to express myself, and it’s super fun,” she said. “Being with Encore has taught me many life skills, such as respect, perseverance, and responsibility. It’s not just dance — you learn things that you can apply in the real world.”

In this production, she sings “Santa Claus Boogie” with a group wearing various styles, prints and colors of elf costumes. “My favorite dance is ‘Snow Biz,” the jazz, Rockette number,” said Ashok. “I like the kickline at the end, and it’s pretty cool to see everybody dancing in synch. During Christmas time, there are a lot of Nutcrackers and classical holiday shows, but we’re a more family-friendly, Broadway-style musical.”

She said the audience will enjoy the diverse array of dances. “We go from being Rockettes to toy soldiers to elves at the North Pole to clerks in a New York City toy store,” said Ashok. “So they’ll really get immersed in the whole, holiday experience.”

**From Page 5**

president of Alliance Theatre.

With a cast of 20 people in the play, Swan said this is the fourth time Alliance has done “A Christmas Carol.” Alliance Theatre was founded 15 years ago by Elaine Wilson and Pat Kallman and meets at Mountain View School.

“We do about two to three plays a year — musicals, straight plays, original shows. It’s mostly for families, we have kids of varying ages, all the way to seniors. A lot of the people in this show are people who have been with Alliance for a very long time,” said Swan.

Mike Cash, 63, of Oakton plays the role of Bob Cratchit in his 16th Alliance show. “Bob Cratchit is a man who has borne a lot of strain of carrying the family on a very meager wage. He is beaten down at work but manages to show most of that at home with his family. This is tough for me because I usually do the comedic stuff,” he said.

He said his challenge this time was to be serious. “My usual stock in trade is going for the laugh. Now I don’t really have any opinion on life so he doesn’t suffer the same fate as Marley on earth. Marley is doomed to wander eternity carrying the chains he forged in life,” he said.

Anna Marie Carbaugh, 25, of Dumfries is playing the role of the Spirit of Christmas Present. “It is a lot of laughs and she’s trying to spread Christmas cheer, in a nutshell,” said Carbaugh, who majored in theater at Emory and Henry College. Having been in 10 productions, this is her second role out of college.

She said her challenge was that she’s only seen the role played as a man before. “So it was fun to do this as a woman,” she said. “I didn’t feel like I had many challenges because I could go at it in a new angle. I didn’t feel bound to the way it had been done before.”

Ed McGee, 53, of Potomac Falls is playing the dual roles of Jacob Marley and the Ghost of Christmas Future. “Marley is Scrooge’s deceased business partner who comes back to hopefully change Scrooge’s opinion on life so he doesn’t suffer the same fate as Marley on earth. Marley is doomed to wander eternity carrying the chains he forged in life,” he said.

He added: “Christmas Future is a silent ghost; he quite often resembles the Grim Reaper on what could be, especially if Scrooge doesn’t change his ways. So he presents the future as if Scrooge doesn’t change his ways, his outlook on life.”

He said the challenge was to be scary. “Both of my characters are the only scary ones, essentially in the whole play. I’ve generally played kinder characters — I played Bob Cratchit in a different production in a different company,” said Noah Fraize, 21, of Chantilly plays the role of Fred, who is Scrooge’s nephew. “It’s very infected with the holiday spirit. He loves Christmas and all the holiday season and all of its forms. He’s basically trying to reach Scrooge and improve his view of Christmas,” he said.

He said the challenge was his limited connection to Christmas because he was brought up Jewish. “It’s not a subject matter I connect to deeply. I’m usually not playing a very positive character. The closest to a character like this has been with children’s theater so it’s been a bit of a difficult transition,” he said.

Noah Tajudeen, 12, of Fairfax plays the role of Narrator One. “Basically I’m a towns boy, a turkey boy — he gets the turkey for Scrooge in the end. He’s telling the story of the show from his perspective and how he sees everything. It’s subjective to him because everyone sees Scrooge as a mean person, but he evolves,” said the Frost Middle School seventh-grader.

He said the challenge was learning the complex Dickens-style lines. “But when you get entuned to the character, it became easier because you understood how they flowed and it just clicked,” he said.

Jack Abidin, 9, of Fairfax is having a lot of fun playing the role of Urchin. “I don’t really have any lines; I just basically sing songs. I do have a few lines. I’m in a group of urchins. We sing together,” he said.

The Alliance Theatre is presenting “A Christmas Carol” from Dec. 8, 9, 15, 16 at 7:30 p.m.; and Dec. 10 and 17 at 2 p.m. at Mountain View High School, 5775 Spindle Court, Centreville. Tickets are $18 general; $15 for seniors and children. They’re planning to have Santa visit after all the shows so children can visit and sit on his lap. Visit the website at www.thealliancetheatre.org.
Trends in Gift Giving

From charitable to sustainable, shopping ideas to please even the pickiest.

BY MARILYN CAMPBELL

Consider eco-friendly gifts that are constructed from recycled materials. “Items made from reclaimed materials are a great way to give a unique gift,” said Courtney Thomas of the Picket Fence in Burke. “Reclaimed wood is especially popular.”

Solemate Socks are another colorful option. They are made by repurposing recycled cotton yarn that is then spun into vibrant, patterned socks. Thomas also recommends decorative items made from reclaimed wood. “We have some beautiful churches made from wood salvaged from barns in Alabama,” she said.

Ornaments made from reclaimed paper are another environmentally conscious option. “Not only are these beautiful decorations, but they help provide jobs for people in third-world countries,” said Thomas.

Kevin Sweitzer of Thos. Moser, Handmade American Furniture recommends items made from sustainable North American hardwoods, “Namely cherry from the Allegheny Plateau in Pennsylvania and walnut from the riverbanks of Missouri.” Examples include stacks of food-safe wooden bowls, which are “are sustainable and reusable, [make] a perfect hostess gift … and a great conversation piece.”

GIFTS THAT MAKE A DIFFERENCE in the lives of others are also on trend this year.

One example is Starling Project candles. Proceeds from the sales of these scented candles are donated to UNICEF to help provide solar energy to underresourced countries. “Products that support a cause are also a great way to both give a meaningful gift and help those in need,” said Thomas. “We have pottery ornaments that are made in Alabama by women escaping domestic violence.”

Vintage-inspired gifts are trendy this season, says Susan Nelson from Home on Cameron in Alexandria. “Wooden toys, [for example] appeal to all ages, as do vintage items such as magnifying glasses,” she said. “Gifts that are unique and offer a unique experience are popular right now.”

Handmade gifts are another consideration, adds Todd Marz, also from Home on Cameron. “Visitors … love the handmade items for gifts, such as felt flowers from Nepal, hand painted vases, and the custom pillows [which come] in a variety of colors and patterns.

GIVING PRACTICAL GIFTS that the recipient will actually use can minimize the need for gift returns. Merchants who are on the receiving end of after-season holiday gift returns suggest customers think about what it will be like for the recipient to actually own the gift, rather than the moment of receiving the gift.

One example, says Madeline Fairbanks of Country Casual Teak, “are accessories for those who entertain regularly such as … wine stopper or wine caddy,” she said. “Purchasers like the thoughtfulness of the items and the durability of the products because they last for many years.”

Vintage items such as these at Home on Cameron in Alexandria make unique holiday gifts.
The Westfield Bulldogs hosted the 6A Region final against South Lakes on Nov. 25. The Bulldogs advanced to the final by defeating Battlefield, and Patriot. South Lakes defeated Yorktown and Madison to advance.

Westfield scored first when Bizzett Woodley caught the first of his two touchdown receptions with 8:09 to play in the first quarter. Gavin Kiley put Westfield up 14-0 with 10:26 to play in the second quarter. Later in the second quarter South Lakes scored when Joseph Dagbe caught a pass from QB Devin Miles and lunged into the end zone. In the third quarter, Bizzett Woodley caught his second TD pass from Noah Kim and the Bulldogs were up 21-7 with 4:45 remaining in the quarter. In the fourth quarter, Kim ran in from 5 yards out. A missed extra point would leave the score at 27-7.

For the game Kim, completed 10 of his 20 passes for 114 yards and 3 TDs. Eugene Asante would run for 139 yards on 19 carries and Woodley caught four passes for 60 yards and 2 TDs. South Lakes was led by Miles who completed 12 of 22 passes for 92 yards and a TD.

With the 27-7 win, the Westfield Bulldogs (13-0) will host the Woodbridge Vikings (12-1) who defeated Hylton 28-14 in the VHSL semifinal game. South Lakes (11-2) season ends for the third consecutive year to Westfield.

— Will Palenscar
SATURDAY/DEC. 2

Future Quest. 8 a.m.-3 p.m. at GMU’s Johnson Center, 4400 University Drive, Fairfax. College and career conference for area middle and high school students with disabilities, as well as their parents, teachers and other professionals. Featuring more than 40 workshops and exhibits related to successful life after high school. Free. There is free parking in Lot K, or in the Mason Pond Parking Garage for $8. Visit www.futurequest.org or call Karen at 703-778-9422 or email futurequestsnow@gmail.com.

FRIDAY/DEC. 8

Academy Open House. 9:30-11:30 a.m. at Chilton Elementary Academy Preschool, 14315 Compton Road. Email ccotterail@childrenacademy.com or call 703-968-8455 for more.

News Express Lanes

lanes will be free for cars with at least three occupants, and a toll option for cars with one or two occupants. All tolling will be done with the EZ-Pass, or the EZ-Pass Flex for the carpool vehicles to avoid the toll. Initial construction will begin on the project over the next few weeks, and by the spring of 2018, construction will be ramped up throughout the corridor. Regular construction-related updates will be available on Transform66.org as well as through news and social media channels.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ORNAMENT SALE

GFWC Western Fairfax County Woman’s Club is selling 2017 White House Christmas ornaments. This year’s ornament honors the 32nd President, Franklin D. Roosevelt. The two-sided ornament features a gilded eagle, flags and the Great Seal. 2017 ornaments cost $21. Proceeds benefit charity. Order now by calling 703-378-6841 or 703-778-6216. It is possible to order previous years’ ornaments when you call.

THROUGH DEC. 3

Coast and Blanket Drive, Nova Relief Center is holding a blanket and coat drive for Syrian and Iraqi refugees who have fled their homelands to escape the violence from the civil wars in Syria. Paxton Van Lines and Maersk are donating their services this year. Donated blankets and coats should be new or gently worn, and may be dropped off at any designated drop-off location below. To make a tax-deductible donation, visit Nova Relief Center’s website at www.NOVAReliefCenter.org. ☑️ Centreville Elementary School, 14330 Green Trails Blvd., Centreville. ☑️ Church of Jesus Christ of Latter-day Saints, 14350 Upper Ridge Drive, Centreville. ☑️ Office of Supervisor Kathy Smith, Sully District Governmental Center, 4900 Stonecroft Boulevard, Chantilly.

Giving Thanks for the Going

By KENNETH L. LOUIE

Four hours up north with moderate basic first thing Thanksgiving-Thursday morning. Dinner and all the fixings with family and friends upon arrival, after a misstep, break. Conversations and such with young, medium and old (with yours truly being the oldest of our generation) until 1:15 a.m. (a recent time record for many). Up at 7:30 a.m. for breakfast with more casual talk and nothing. Out the door at 9:20 a.m. Heading back for an immediate-day-after return trip home scheduled to arrive Friday afternoon chemotherapy infusion. Infusion completed and on the final way home, a stop at the supermarket Thanksgiving leftovers (turkey sandwiches in particular) to satiate the deprived. Dinner as soon as arrived and tired after our up-and-back. Turkey breast, mashed potatoes and pear for our own leftovers, oil-and-on television and napping and then we both called it at 9:15 p.m. or so. Twelve hours later, we were both awake. What a sleep! What a 24 hours! What a wonderful holiday! I wouldn’t characterize it as an ordeal. However, it was a lot of an undertak- ing given my Friday afternoon commitment, my first-ever, post-holiday, having to rush-back-from-out-of-town excursion. Though in previous years, we may have occasionally travelled up and back in the same day, when our route was a two-hour to Pennsylvania where the in-laws lived, we are older and pre- sumably wiser now and somewhat less able and inclined to travel with as little margin and rest. Compounded of course with Kenny-with-cancer being mostly behind the wheel, a per- manent designated driver since I don’t drink and still see that as a benefit. But all’s well that ends well, except for the piles of Thanksgiving day-after leftovers where we last saw them, miles away. Nevertheless, we are happy to have made the effort, despite the less-than-ideal timing. As difficult as this kind of schedule was/had to, be, I can’t let, as much as possible anyway, my cancer stuff: infusions, 24-hour urine collection, pre-chemo therapy – and vice versa, and to not let too many chips fall along the wayside. Moreover, my philosophy has been not to bucket a list-type things, that I would ordinarily not be doing, I felt that would be reinforcing a negative: that I was going to die sooner, rather than encouraging a posi- tive: that I am going to live. For me, maintaining the status quo and continuing to do the little things that charac- terize who I am and what I value seemed more appropriate and more Kenny-like. Not sharing, Thanksgiving dinner with relatives with whom I’ve shared a table going on nearly 40 years wouldn’t have helped at all, not now, or ever.

Finding balance – and sanity in the midst of a battle royal – vs a “terminal” diagnosis, stage IV, non-small cell lung cancer, is all it’s cracked up to be. A little fun, make that a lot of fun, never hurt anyone, especially those of us fighting for our lives.

Kenny Louie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.
Adopt a Dog.

PET ADOPTIONS


Friday/Dec. 1
Matt Walker in Concert. 4-8:30 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Call 703-815-2233 or visit www.wineryatbullrun.com.

SATURDAY/DEC. 2
Annual Holiday Train Show. 10 a.m.-5 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax. Bring broken locomotives to the “Train Doctor” to fix or advise on other options. Show and admire the antique cars visiting for this event, weather permitting. Visit the gift shop for holiday gift items and Santa may stop by to visit. Museum members and ages 4 and under, free; 5-15, $2; 16 and older, $5. Visit www.fairfaxstation.org.

Matt Walker in Concert. 1-5 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Call 703-815-2233 or visit www.wineryatbullrun.com.

Town of Clifton Holiday Homes Tour. 4-7 p.m. at 12644 Chapel Road, Clifton. Five homes in Town and a bonus home outside of Town, in addition to the caboose and two historic churches that will be open to the public. Free admission. Call 703-517-7700.

FRIDAY/DEC. 8
Sugarloaf Crafts Festival. 10 a.m.-6 p.m. at Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. Feature artists of all types. $8 online, $10 at the door. Visit sugarloafinfo@sugarloafest.com.

Sugarloafinfo@sugarloafest.com. Ryan Angelio in Concert. 4:30-8:30 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Call 703-815-2233 or visit www.wineryatbullrun.com.

SATURDAY/DEC. 9
Sugarloaf Crafts Festival. 10 a.m.-6 p.m. at Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. $8 online, $10 at the door. Visit sugarloafinfo@sugarloafest.com.

Holiday Ornament Craft Day. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax. Visit members and ages 4 and under, free; 5-15, $2; 16 and older, $4. Visit www.fairfaxstation.org.

Lexi Jackson in Concert. 1-5 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Call 703-815-2233 or visit www.wineryatbullrun.com.

SUNDAY/DEC. 10
Sugarloaf Crafts Festival. 10 a.m.-5 p.m. at Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. Call 703-815-2233 or visit www.wineryatbullrun.com.

SUNDAY/DEC. 15
Lexi Jackson in Concert. 4-30-8:30 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Call 703-815-2233 or visit www.wineryatbullrun.com.

SUNDAY/DEC. 16
Ken Fischer in Concert. 1-5 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Call 703-815-2233 or visit www.wineryatbullrun.com.

SUNDAY/DEC. 17
Victorian Tea. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Museum members and under 4, free; ages 5-15, $2; 16 and older, $4. Visit www.fairfaxstation.org.

Brian Frankie in Concert. 1-5 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Call 703-815-2233 or visit www.wineryatbullrun.com.

FridAY/DEC. 22
Phil Selz in Concert. 4:30-8:30 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Call 703-815-2233 or visit www.wineryatbullrun.com.

SATURDAY/DEC. 23
Britton James in Concert. 1-5 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Call 703-815-2233 or visit www.wineryatbullrun.com.

SUNDAY/DEC. 24
David Thong in Concert. 1-5 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Call 703-815-2233 or visit www.wineryatbullrun.com.

Thursday/Dec. 28
The Nutcracker. 2 and 7 p.m. at the Ernst Community Cultural Center, 8333 Little River Turnpike, Annandale. The Virginia Ballet Company is presenting its 68th annual production of “The Nutcracker.” This is a full-length, professionally-staged ballet. $30 for adults and $20 for children, seniors and students at VBallet.org. Email vboffice@vballet.org or call 703-249-8227.