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Fairfax CONNECTION

Adoption Center Coordinator Alyson Neuhauser cuddles with Whiskers at Pets Bring Joy East Fairfax PetSmart adoption center.

Celebrating 1,000th Adoption

PETS, PAGE 5

Take a Bite of
Fairfax City'

NEWS, PAGE 3

Schmidt Not
Running for Reelection

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Inside
PET CONNECTION

PHOTO CONTRIBUTED
OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 9 ♦ CLASSIFIEDS, PAGE 10

2 REMODELED HOME TOURS, 1 DAY

Saturday, March 3, 12-4pm

Come see how redesigning existing and adding space created better function, flow, and light in these homes. Showcasing both an inlaw suite addition and split-level WHOLE HOUSE transformation, this is a remodeled home tour that you don't want to miss!



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Clip and Save

Clip and Save

'Take a Bite of Fairfax City' Restaurant Week showcases excellence and diversity of local cuisine

BY BONNIE HOBBS
THE CONNECTION

Fairfax City has a wide variety of restaurants offering outstanding, dining experiences. Besides popular standbys on the local scene for years, several new restaurants have either opened here recently or will do so soon.

So to showcase the caliber and diversity of its culinary cuisine, the City is holding its first-ever Restaurant Week. It's set for March 4-10, and participating restaurants will offer a \$35, three-course dinner menu; a \$20, three-course lunch/brunch menu; and dine-in specials.

Taking part will be: Coyote Grille, Dolce Vita Italian Restaurant and Wine Bar, 21 Great American Bistro, Hamrock's, High Side, Eastwind, French Quarter Brasserie, Marumen, Curry Mantra, Bellissimo, The Auld Shebeen, The Wine House, Primetime Sports Grill, P.J. Skidoos, 29 Diner, PampaSazone, and Breakers Korean BBQ & Grill.

"We have an excellent base of restaurants here in the City, and we wanted to tie them all together into a culinary identity for Fairfax," explained Fairfax Economic Development Director Chris Bruno. "We can do this by hosting a Restaurant Week, and it will definitely be impactful."

"Besides making the public more aware of our restaurants, it also shows there's an excitement and vibrancy surrounding the



From left: Sous Chef Jose Lemus and Dolce Vita owner Cyrus Coleman display (clockwise from bottom) Mozzarella Caprese, Fettuccine Arrabiata, Pollo alla Cacciatore and Capellini Pomodoro. Fairfax City's Restaurant Week is March 4-10.

Fairfax City business community in general," he continued. "It's important that we stand out from the Greater Washington Restaurant Week in the spring."

The Economic Development Authority and Central Fairfax Chamber of Commerce are partnering to share the story of Fairfax's growing restaurant scene. The goals are to solidify Fairfax City as a regional dining



Head bartender Dani Issing with some of Coyote Grille's offerings (back row, from left) Veggie Chili Relleno and Steak Rajas with beans and rice, and (front row, from left) Churros with Ibarria Chocolate Sauce, Carne con Crema de Maiz, and Sweet Potato Flan with fresh berry compote.

destination and increase both business and brand recognition for the participating restaurants.

"We want to showcase what makes our restaurants special," said Bruno. "The diversity of our dining options is unparalleled. We have everything from modern American to Asian fusion to classic Italian – and then there's the 29 Diner, which is a regional, dining destination itself."

All these restaurants already existed, he

said, but "This event really establishes a restaurant community," with the various places coming together "to make the City of Fairfax synonymous with going out for a good meal. I hope it's the first of many Restaurant Weeks here." Two of the local restaurateurs spoke with the Connection to give residents an idea of what's in store for them during this event. And both of their restaurants – Coyote Grille and Dolce Vita

SEE CITY, PAGE 10

Schmidt Not Running for Reelection

Called it an "honor and a privilege" to serve the City.

BY BONNIE HOBBS
THE CONNECTION

Catching many people off guard, Ellie Schmidt announced this week that she will not be running for reelection to the Fairfax City Council. She sent out an email to Mayor David Meyer, her Council colleagues and City residents on Monday, Feb. 26, telling them the news.

She then followed up the next day with this Facebook post:

"Dear Friends and Neighbors:

"I began my service to the community over 40 years ago as a Girl Scout making a documentary film on the history of the City of Fairfax. Through the years, I worked in many capacities as a volunteer celebrating the City's anniversary and our country's 200th birthday, bringing outstanding special events such as an unsurpassed 4th of July celebration, preserving our historic buildings, sharing

education and awareness and providing service to the community in organizations such as the Kiwanis Club and the Woman's Club of Fairfax.

"It has been a great honor representing you on your City Council over the past seven years. After much thought and consideration, I have decided not to seek reelection to City Council in the upcoming election. The City is a one-of-a-kind place; a real oasis in the middle of Fairfax County. But change can be good. Without change, things can get stagnant.

I am grateful for all of the support I have received over the years. I look forward to fulfilling my responsibilities as I complete my term. The next important task is working through the budget process. Stay tuned for what the future brings."

IN RESPONSE to Schmidt's post, several friends and community members wrote on



Ellie Schmidt.

her timeline to reply and wish her well.

"Ellie you have been a great asset to the community," wrote Linda Wetsel. "Best of luck to you." Pam Jensen said she was sorry to hear this news and told Schmidt she'd been "a great asset to the City."

Cheryl Smith wrote, "You are a compassionate, dynamic, powerful woman. I am so proud of what you have done, but so understand your decision." Kim Luckabaugh was surprised, but she thanked Schmidt for "the many years of service you have blessed us with."

David Bryson appreciated Schmidt's "lifelong support" of the Fairfax Volunteer Fire Department and for her friendship, adding, "Our doors are always open to you and your family."

Russ Stewart also thanked her for supporting the FVFD and her friends in the City. "You didn't look at us as constituents, you called us friends, and we appreciate all that

you've done," he wrote. "Thanks for being there for us."

State Sen. Chap Petersen (D-34), wrote, "You have been a great leader in the City for more years than I can count." Loretta Herrington thanked Schmidt for remaining true to her principles, and Joanne DeMarco – wife of Councilman Michael DeMarco, wrote, "We'll miss your voice on Council, Ellie. Thank you for serving our community so well."

"You have done so many wonderful things for our City," said Claudia Lewis. "You will be missed." And Howard Rhile thanked Schmidt for everything she's done for the arts. "You are a treasure," he wrote.

"Hope you will continue to be part of the City."

Actually, Schmidt was the second Council member to state her intention not to run for reelection. Just two weeks ago, during the Feb. 13 City Council meeting, 24-year Councilman Jeff Greenfield announced he would not seek another term.

After Tuesday night's Council meeting and work session, Schmidt said, "It truly has been an honor and a privilege to serve the City. No one has a greater love for it, and I'll always stay involved."

Fairfax County REAL ESTATE

2018 Assessments by Area

Also home values for members of
Fairfax County Board of Supervisors.

Hunter Mill Supervisor **Cathy Hudgins (D)**
2017 — \$674,430
2018 — \$722,600
7.14%

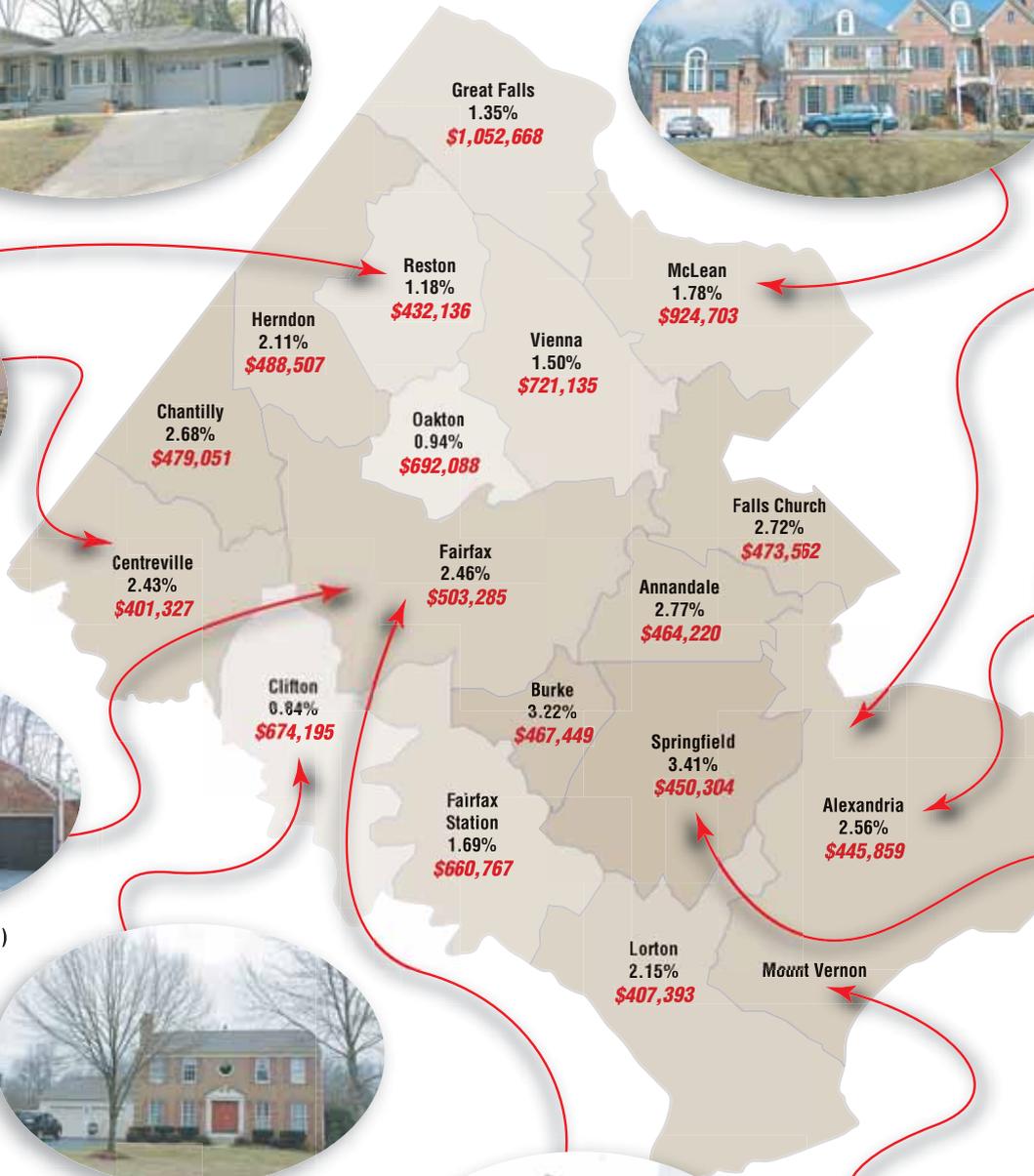
Dranesville Supervisor **John Foust (D)**
2017 — \$2,788,330
2018 — \$2,805,330
0.61%



Mason Supervisor **Penelope Gross (D)**
2017 — \$478,490
2018 — \$535,750
11.97%



Sully Supervisor **Kathy Smith (D)**
2017 — \$607,140
2018 — \$636,370
4.81%



Providence Supervisor **Linda Smyth (D)**
2017 — \$630,810
2018 — \$657,810
4.28%



Lee Supervisor **Jeff McKay (D)**
2017 — \$834,700
2018 — \$853,670
2.27%



Springfield Supervisor **Patrick Herry (R)**
2017 — \$599,140
2018 — \$611,060
1.99%



Braddock Supervisor **John Cook (R)**
2017 — \$677,950
2018 — \$691,950
2.07%



2018 Countywide average for all homes — \$547,219, up 2.17%
Single family-detached homes — \$656,071, up 2.11 percent
Townhouse/duplex properties — \$409,792, up 2.85 percent
Condominiums — \$264,974, up 1.68 percent



Fairfax County Chairman **Sharon Bulova (D)**
2017 — \$665,090
2018 — \$665,090
0.00 %



Mount Vernon Supervisor **Daniel Storck (D)**
2017 — \$620,590
2018 — \$645,810
4.06%

ZIP CODE AREA	2017 MEAN	2018 MEAN	PERCENT CHANGE
Alexandria/Mount Vernon	434,746	445,859	2.56
Annandale	451,699	464,220	2.77
Burke	452,874	467,449	3.22
Centreville	391,787	401,327	2.43
Chantilly	466,566	479,051	2.68
Clifton	668,564	674,195	0.84
Fairfax	491,198	503,285	2.46
Fairfax Station	649,794	660,767	1.69
Falls Church	461,006	473,562	2.72
Great Falls	1,038,630	1,052,668	1.35
Herndon	478,405	488,507	2.11
Lorton	398,803	407,393	2.15
McLean	908,497	924,703	1.78
Oakton	685,639	692,088	0.94
Reston	427,099	432,136	1.18
Springfield	435,442	450,304	3.41
Vienna	710,459	721,135	1.50

for single family, townhouses and condominiums

The average assessed value of a
single family home in Fairfax County
for 2018 is \$656,071, up 2.11 percent

SOURCE: FAIRFAX COUNTY



PHOTOS CONTRIBUTED

Pets Bring Joy (PBJ) recently celebrated their 1000th adoption of Gizmo, a 10-year-old kitty, pictured with her new family: Danielle, Aubreyona and Daniel.

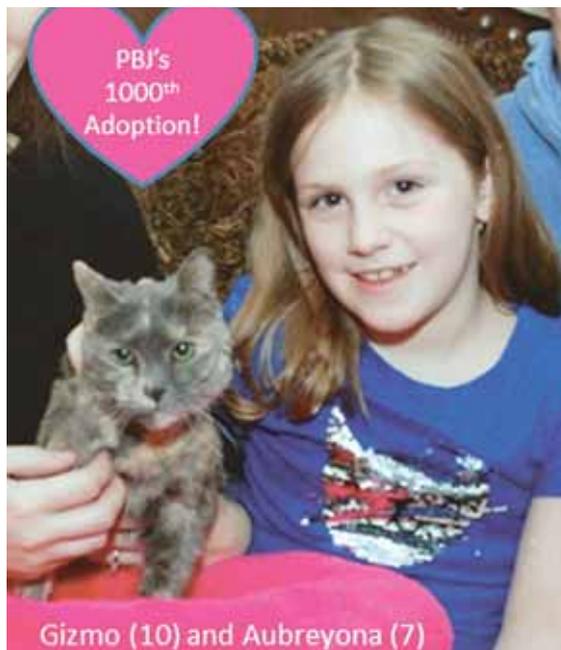
Pets Bring Joy Celebrates 1,000th Pet Adoption

Just five years ago, Fairfax county resident, Jacquie Barker, established Pets Bring Joy, a non-profit (501-(c)(3) rescue organization, which focuses on older or injured cats. In 2017, Barker reports Pets Bring Joy found forever homes for 350 animals, a 55 percent increase over the previous year. Since inception (2013) to date, Pets Bring Joy has placed 1,000 cats in loving forever homes.

The foster-based rescue group boasts 80 volunteers ranging in age from teens to seniors. Volunteers assist with fostering animals in their homes, caring for the cats and kittens housed in the group's three adoption venues. Other volunteer activities include: transporting animals from rural shelters, to foster homes, to vet appointments, to adoptive homes which is called "kittyUbering."

This year, the rescue group is focusing on raising the funds and laying the groundwork for a cage free shelter and adoption center in Northern Virginia. The center will be called Catnip Haven. "A cage free environment is much healthier for a cat than one where cats live in cage enclosures," says Baker. "A venue of our own will enable us to host community service events as well as to establish sources of business income to complement our fundraising efforts. Visiting multiple cats in a relaxed communal environment will make it easier for prospective adopters than having to go from foster home to foster home in search of the perfect kitty companion," Barker concluded.

Jacky Barker's 'Kitty-mobile' has become a familiar sight throughout Fairfax County as she runs her rescue missions.



Gizmo (10) and Aubreyona (7)

Pets Bring Joy's (PBJ) 1000th adoption: Gizmo (age 10) has been adopted by Aubreyana, 7, and her parents Danielle and Daniel.



Rescuing Frodo and Sammi

Fairfax Board of Supervisors Chairman Sharon Bulova share these photos of her two rescue cats: top is Sammi and the big orange guy below is Frodo. "Frodo came from a foster mother in Fairfax Station. He had had a difficult time being adopted.

Sometimes he will nip when he doesn't want to be handled and that may have been the problem. He is very sweet and affectionate though. Sammi was part of a feral litter of kittens living behind a restaurant in D.C. Tammy Kaufax (Lee District School Board Member) and her two kids took care of the kittens as part of a school project. I adopted Sammi but Tammy and the kids couldn't part with the other two."



Heidi Celebrates

The Krallinger family of Fairfax shares this photo of Heidi. She is a German Shepard that celebrated her 13th birthday on Jan. 26. She still loves playing Frisbee with the family, a sport she has always loved.

Hope for Expanding Health Care

Just say yes to \$400 million, thousands of jobs and health care for 300,000.

\$400 million. That's how much the Virginia Senate had to cut from its budget because it refused to include Medicaid expansion in the budget.

The House of Delegates version of the budget has \$400 million more to work with.

\$400 million is a lot of money.

The change in the House of Delegates, a small miracle, comes with the change voters created last November. Republicans had a 66-34 in the House but lost 15 seats after the election.

EDITORIAL

The economic boost that comes with expanding Medicaid includes as many as 30,000 new jobs. It's ludicrous that Virginia has bypassed this money, this economic boost, this life-saving measure for poor Virginians. The Commonwealth has forfeited than \$10 billion because of ideological, partisan irrationality.

State Sen. Janet Howell may have captured the cause and effect the best in the floor debate: "We've cut education, both higher and public education. We've cut student aid, public safety, mental-health programs, programs for the disabled, programs to have a reliable election system. Why have we made these cuts? We've made them to deprive low-income people of healthcare."

More than 10 percent of residents of Arlington, Alexandria and Fairfax County have no health insurance.

A Harvard Medical School study determined that the decision by 25 states to reject the expansion of Medicaid coverage under the Affordable Care Act would result in between 7,115 and 17,104 more deaths than had all states opted in.

In Virginia, the number of deaths due to failure to expand Medicaid estimated between 266 and 987.

These are wrongful deaths, caused by the willful action of particular Virginia legislators.

Refusing to accept federal funds to provide healthcare to uninsured Virginians makes no more sense than declining federal funds for transportation or education. Imagine the celebration of the economic stimulus of adding \$400 million and tens of thousands of new jobs by any other means.

In Virginia, 102,000 uninsured people with a mental illness or substance use disorder could qualify for coverage if Medicaid were expanded under the Affordable Care Act.

As Virginia wrestles with heroin and opioid addiction, expanding Medicaid would allow for expanding treatment programs. One of the big obstacles to helping people who are fighting addiction is the availability of treatment when it is most needed. More people die of opioid overdoses in Virginia than in vehicle crashes.

It's time for a change, and there is hope for change. Look towards the budget conferences coming up shortly.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM



Board of Supervisors Chairman Sharon Bulova in a visit to Animal Shelter.



Sharon Bulova (front row, middle) with Animal Shelter staff and volunteers.

PHOTOS CONTRIBUTED

Bulova: Fantasy — To Adopt Office Pet

Sharon Bulova, chairman of the Fairfax County Board of Supervisors, sent the following submission to the Pet Connection issue:

"Our office fantasy is to adopt an office pet. In our imagination, we bring back a cat, or dog, maybe a bonded pair of guinea pigs. At our last visit to the Animal Shelter we

fell in love with a comical looking lion-headed rabbit. Apparently it is a distinct breed. And then there was a very cute little white mouse that someone had rescued from becoming a snake's meal at a local pet store. Maybe we could bring them all back.

"The 'we' is my wonderful chairman's team. We are all big

time animal lovers. In the end, however, we admit that the dream of populating our suite in the Government Center with critters is not really practical, much less permitted. Although we can't bring back all of the animals, it sure is fun to visit the Animal Shelter and spend some quality time there with such caring staff, dedicated volunteers,

and well-tended animals.

"Pets add so much dimension to our lives. While I have not adopted an office pet, I do have two wonderful rescue cats at home that make me very happy.

"To volunteer at the Shelter, please visit www.fairfaxcounty.gov/animalshelter for more information."



LETTER

Less Talk and More Action

To the Editor:

The recent shooting of a police officer in Prince George's County offers the most striking example of why teachers should not be expected to bring weapons to class to protect students. If a police officer, who is skilled in using a weapon, enters a home with an awareness of an impending life-threatening situation is killed by the assailant, how can a teacher, with limited weapon experience, be expected to react to a spontaneous life-threatening situation? He or she can't maintain perpetual vigilance. What if the teacher mistakenly kills a person who is making threats but has no weapon? This too has happened with police officers. Who assumes this liability?

The NRA would like everyone to carry a gun. More profits for gun dealers. Yet what have any of the gun advocates done to help

families who have lost their loved ones or to help injured victims. They simply become very devout and patriotic, offering their prayers and preaching their rights.

They should put their money where their mouth is. If they won't do this, it confirms their lack of compassion for these victims and perhaps the need to heavily tax bullets to fund programs of compensation to victims, security measures, etc.

If legislators are too intimidated by the NRA and other gun advocates to enact any gun control measures, yet are comfortable in raising taxes, then taxing ammunition might be a good start in passing some of the cost of these programs on to the users, just like other citizens pay tolls for roads.

Elaine Mileta
Fairfax Station

SCHOOL NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday.

Wonhyeoung Choe, of Springfield, was named to the Iowa State University dean's list
Robert Banks, of Alexandria, an exercise and sport science major made the fall 2017 dean's list at Coastal Carolina University (Conway, S.C.).

Courtney Javornik, of Alexandria, a marketing major made the fall 2017 dean's list at Coastal Carolina University (Conway, S.C.).

Jennifer Kline, of Alexandria, a management major made the fall 2017 dean's list at Coastal Carolina University (Conway, S.C.).

Lindsey Stang, of Springfield, an intelligence and national security studies major made the fall 2017 dean's list at Coastal Carolina University (Conway, S.C.).

Ashley Twymon, of Alexandria, an art studio major made the fall 2017 dean's list at Coastal Carolina University (Conway, S.C.).



Join us for coffee & conversation.
Fairfax Divorce Workshop.

Support. Information. Hope.

Date: Saturday, March 10, 2018
Saturday, April 14, 2018
Saturday, May 12, 2018

Time: 9:00-9:30a.m.—Registration
9:30-1:00 p.m.—Workshop

Place: Duff & Kronfeld, P.C.
Fair Oaks Commerce Center
11320 Random Hills Road/Suite 630
Fairfax, VA 22030

Please join us for coffee at our Second Saturday Divorce Workshop and get the information and support from professionals: a family law attorney, a financial advisor, a family therapist, a private investigator, an estate planning attorney and other professionals who will help guide you through the divorce process. Speakers vary for each workshop.

Registration at the door; however, pre-registration is recommended as space is limited.

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Email: nancy@secondsaturdaynova.com
Phone: (703) 591-7475

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at The Kensington*

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Join us on the first Wednesday of each month to share time connecting with other caregivers and discussing common challenges. Guest facilitators offer information, advice and support in a welcoming, private setting.

Dr. Aleksandra (Anya) Parpura, an expert in aging and dementia, leads our Caregiver Connect program and brings to us vast knowledge, helpful tips and a kind heart.

The first Wednesday of each month from 6:30-8:00pm
March 7 & April 4 • Light refreshments
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ENTERTAINMENT

Showcasing Musicians

Songwriting competition at Bethesda Blues & Jazz Club on Friday.

BY ASHLEY CLAIRE SIMPSON
THE CONNECTION

There is no formula that lands a musician a place on the Billboard Charts, and some of the most talented, hardworking artists will never find commercial success.

Bethesda's Carol Bernard took matters into her own hands and founded the Bernard/Ebb Songwriting Awards in 2016 in honor of her uncle, who did mount the long, uphill road of turning music — his passion — into his livelihood.

Ebb was the lyricist for a number of songs in Broadway musicals, including "Cabaret" and "Chicago."

The Bethesda Arts & Entertainment District will present year's Bernard/Ebb Songwriting Awards after all the finalists perform in a concert on Friday, March 2, at Bethesda Blues & Jazz Club.

At the end of the show, a panel of judges will determine the winners. The winner receives \$10,000 and 25 hours of free studio recording time so that they can "focus on and hone his or her musical talents," according to the Bethesda Arts & Entertainment District. The Youth Songwriter Award winner will receive \$2,500.

BURKE RESIDENT Skyler Foley, a sophomore at



Skyler Foley of Burke is a finalist in songwriting competition at Bethesda Blues & Jazz Club on Friday.

Lake Braddock Secondary School, is one of the three Young Songwriters finalists.

"I've been entering for three years now, but this is my first time as a finalist," Foley said. "It's incredible; I wasn't sure it was ever going to happen. I've never been a part of anything like this, so it's really exciting to me."

Foley has had a knack for music since the first time she heard a beat.

"I first got interested in preschool," Foley said. "I had this music teacher who called my mom and suggested that she sign me up for music lessons. I took voice, then guitar and piano. The summer after seventh grade, I took a songwriting class and have been writing ever since."

Foley will be performing two songs on Friday.

"This is probably the most important thing I've ever performed for, so, while I'm nervous, I'm mostly super excited. I don't have much stage fright. I perform with a band, so I've had to get over it. This concert is all I've been thinking over the past week. I don't know what the future holds for me, so, right now I'm just trying to become as best as I can and explore this passion as much as possible. I'm just looking forward to the show and am so grateful for the opportunity."

THE CONNECTION

Newspapers & Online

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REAL ESTATE & NEW HOMES

HomeLifeStyle

Spring 2018 Edition

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March 14, 2018
Advertising Closes:
March 8, 2018



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COMMUNITIES OF WORSHIP



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Sunday School 10:10 AM
Sun. Evening - Realtime Worship & Youth 6 PM
Family Night - Wednesday 7:15 PM
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Visit our Website: www.jccag.org
4650 Shirley Gate Road, Fairfax
Bill Frasnelli, PASTOR 703-383-1170



To Advertise Your Community of Worship, Call 703-778-9418

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday.

SATURDAY/MARCH 3

Historic Sites in Peril. 9 a.m.-4 p.m. at Gunston Hall, 10709 Gunston Road, Mason Neck. Meet leaders in Mid-Atlantic archaeology, and learn about their challenges and finds. Registration is \$55; \$45 for Friends of Gunston Hall and Friends of Fairfax Archaeology, \$25 students. Contact Lacey Villiva at lvilliva@gunstonhall.org, or 703-550-9220, for more. To register online, visit bit.ly/2BcZskw.

MARCH 3-APRIL 1

Avenue Q. Fridays-Saturday, 8 p.m.; Sundays, 2 p.m. at Workhouse Theatre, 9518 Workhouse Way, Lorton. The laugh-out-loud musical tells the timeless story of a recent college grad named Princeton, who moves into a shabby New York apartment all the way out on Avenue Q. \$20-\$35. Visit www.workhousearts.org/.

SUNDAY/MARCH 4

Longaberger Basket Bingo. Doors open 1 p.m., bingo begins 2 p.m. at West Springfield High School Cafeteria, 6100 Rolling Road, Springfield. Proceeds support West Springfield Crew. Tickets are \$25 in advance/\$30 at the door if still available. Visit crewbasketbingo.ticketbud.com/crewbingo for tickets.

MARCH 4-10

Fairfax City Restaurant Week. Participating restaurants will offer a \$35 three-course dinner menu, a \$20 three-course lunch/brunch menu, dine-in specials, and additional

thematic layers of entertainment. Visit fairfaxcityrestaurantweek.com.

TUESDAY/MARCH 6

Modern Media. 7-8:30 p.m. at Burke Centre Library, 5935 Freds Oak Road, Burke. Clayton Boyce, a past president of the National Press Club, shares serious and humorous insights about the changing news media. Adults. Visit librarycalendar.fairfaxcounty.gov/event/3654398.

TUESDAY & THURSDAY/MARCH 6 & 8

Holocaust Remembrance Day Commemoration. 9 a.m.-noon at Tallwood, 4210 Roberts Road, Fairfax. Join OLLI members in an early observance of Holocaust Remembrance Day 2018. View two films examining the life and writings of the German/Jewish/American political theorist, philosopher and academic Hannah Arendt. Visit olligmu.augusoft.net/ for more.

WEDNESDAY/MARCH 7

Connecting Women Business Owners Luncheon. Noon-2 p.m. at Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Join in celebrating Fairfax City women business owners, co-hosted by the City of Fairfax Commission for Women and Economic Development Authority. The event will also provide an opportunity for women-owned City businesses to showcase their organization. Donations will be accepted to benefit BRAWS. Register at tinyurl.com/y7ulf4ce.

THURSDAY/MARCH 8

Art and Lunch. 10:30 a.m.-2:30 p.m. at Old Town Hall, 3999 University Drive, Fairfax. The Fairfax Art League will be hosting an Art & Lunch event.

Bring lunch and enjoy the company of other artists. Free and open to the public. Visit fairfaxartleague.net or call 703-587-9481.

FRIDAY/MARCH 9

"Celtic Spring, Music from the Celtic Countries." 8 p.m. at Old Town Hall, 3999 University Drive, Fairfax. The Bonita Lestina Old Town Hall Performance Series presents Linn Barnes & Allison Hampton: "Celtic Spring, Music from the Celtic Countries." Free and open to the public. Call 703-385-7858 or visit www.fairfaxva.gov/culturalarts.

B-I-N-G-O. 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. All proceeds go to purchasing fire and rescue equipment. Visit www.fairfaxvfd.com or call 703-273-3638 for more.

SATURDAY/MARCH 10

Children's Consignment Sale. 8 a.m.-2 p.m. at Christ Church, 7600 Ox Road, Fairfax Station. Come and shop for quality, gently used items. Free admission. Call 703 425-3580 or visit www.christchurchsale.com.

NoVa TEEN Book Festival. Opens at 9:30 am at Washington-Lee High School, 1301 N. Stafford St. Forty authors will take part in the NoVa TEEN Book Festival. Book lovers of all ages are welcome. Free admission. Find a full event schedule and registration information at novateenbookfestival.com.

Children's Book Sale. 10 a.m.-3 p.m. at Fairfax City Regional Library, 10360 North Street, Fairfax. Thousands of gently read books and non-book media. \$.25-.52. Some specials \$3 and \$4. Plenty of free parking below library; personal check or cash only. Call 703-644-4870 or email friendsoffairfaxcitylibrary@gmail.com.



'The Big Picture'

David Krakauer and the 35mm Orchestra with "The Big Picture" at the Center for the Arts, George Mason University, 4400 University Ave, Fairfax. Performance Friday, March 2, 2018 at 8 p.m. Tickets \$26, \$37 and \$44. Call 703-993-8888 or visit www.cfa.gmu.edu

Coffee House/Open Mic. 6:30-9:30 p.m. at Calvary Hill Baptist Church, 9301 Little River Turnpike, Fairfax. Free. Call or text Pete at 703-955-2039 to perform.

"Irish Country Dancing." 6:30-9:30 p.m. at Green Acres Center, 4401 Sideburn Road, Fairfax. The Ancient Order of the Hibernians presents the Northern Virginia Ceili "Irish Country Dancing." Adults: \$15; families: \$25; children under 16: free; GMU Students (with ID): \$5. Call 703-273-6090.

Tone for Two. 7-7:45 p.m. at The Mott Community Center, 12111 Braddock Road, Fairfax. Learn how to stick with your workout routine by exercising with a partner. Use clothes, bring a mat and water. \$20 for two people in advance; \$25 for two at the door. Think of it as "date night" for fitness. Childcare available. For information email ffjazzercise@gmail.com or call 703 909 6449.

Fairfax Symphony Orchestra. 8 p.m. at GMU Center for the Arts Concert Hall, 4400 University Drive,

Fairfax. Mozart's Requiem with Christopher Zimmerman, conductor and Fairfax Choral Society and the Music & Arts Chorus. Tickets: \$65, \$53, \$39; student tickets: \$15. Visit www.fairfaxsymphony.org.

SUNDAY/MARCH 11

Hands On Day. 1-4 p.m. at The Fairfax Station Railroad Museum, 11200 Fairfax Station Road in Fairfax Station. The Fairfax Station Railroad Museum will hold a Hands On Day with crafts. Admission: museum members and age 4 and under, free; ages 5-15, \$2; ages 16 and older, \$4. Craft supplies included with admission. Visit www.fairfaxstation.org or call 703-425-9225.

"Women Back to the Future—Nevertheless She Persisted!" 2 p.m. at Fairfax City Hall Annex, Council Chambers, 10455 Armstrong St., Fairfax. Stevenson will conclude the performance by highlighting contemporary women role models in Science, Technology, Engineering, and Math (STEM). Youth and adults welcome. Free. Call 703-385-8414.

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City to Hold Restaurant Week

FROM PAGE 3

Italian Restaurant and Wine Bar – are offering four dinner courses, instead of three.

roots of most Italian cooking. Our chef is Sicilian, and we probably have the oldest, wood-fired oven in Northern Virginia.” And the wine bar also serves cicchetti – Venetian-style, happy-hour foods. There’s a tapas-type menu offering, for example, Pepperoni Roll Bites, Octopus with Herb Sauce and Gnocchi Carbonara.

Regarding Restaurant Week, Coleman said, “We feel like Fairfax needed to highlight its restaurants more. And we’re a big advocate of getting people into the City to see all it has to offer, in addition to bringing awareness to Dolce Vita.”

Besides the normal dishes, the restaurant also offers seasonal meals, including braised veal shank, currently on Saturdays. And, added Coleman, “We have a huge garden out back where we grow five, different varieties of heirloom tomatoes, plus zucchini and squash. We even use the squash blossoms in summertime dishes.”

COYOTE GRILLE

First course is a choice of Pueblo Portobello fries with Jalapeño Ranch Dressing; Southwest Corn Tamale with Pulled Pork topped with Ranchera Sauce; Butternut Squash Soup topped with Queso Fresco or Roasted Red Pepper Soup.

Second course is a choice of Quinoa-encrusted Rockfish Bites topped with Zesty Tomato Salad; Carne con Crema de Maiz; Mojo de Ajo Shrimp with Chipotle Mayo; or Papa Relleno (Stuffed ground beef, potato and vegetables) with Salsa Verde over Southwest Slaw.

Third course is a choice of Pistachio-encrusted Barramundi Sea

SEE RESTAURANT, PAGE 11

DOLCE VITA

First course will be a choice of Insalata Caesar: Crisp romaine lettuce with homemade Caesar dressing, baked croutons and fresh-grated Parmesan cheese; or Mozzarella Caprese: Fresh homemade mozzarella, cherry tomatoes, basil and extra-virgin olive oil.

Second course is a choice of Capellini Pomodoro: Homemade, angel-hair pasta tossed in tomato-basil sauce; or Vegetable Risotto: A mix of caramelized onions, roasted peppers, zucchini and sweet peas sautéed in a creamy risotto.

Third course is a choice of Pollo alla Cacciatore: A braised, chicken leg quarter in a classic Italian hunter’s sauce of mushrooms, peppers and onions served over fried polenta; Vitello alla Piccata: Tender veal scaloppini sautéed in a lemon, white wine, caper and butter sauce, served with chef’s choice of vegetable; or Fettuccine Arrabiata: Homemade fettuccine pasta with olives, capers, onions, fresh tomatoes and spicy cherry peppers in a tomato sauce.

Fourth course is a choice of Mini Cannoli or Mini Creme Brulee.

Executive Chef Anthony Grasso created the menu; and for an additional cost, Dolce Vita will provide wine pairings.

The restaurant opened in 1995, and its Cicchetti Wine Bar has been open six years. “Dolce Vita offers great food from all over Italy,” said owner Cyrus Coleman. “Our focus is on fresh ingredients and simplicity – which are the

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AT&T Mobility, LLC is proposing to modify existing wireless telecommunications antennas on a building located at 10555 Main Street, Fairfax, VA 22030. The modification will consist of replacing three panel antennas and RRHs with tip heights of 79 feet and 80 feet on an 81-foot building. Any interested party wishing to submit comments regarding the potential effects the proposed facility may have on any historic property may do so by sending such comments to: Project 6118000637-SF c/o EBI Consulting, 6876 Susquehanna Trail S., York, PA 17403, or via telephone at 781-273-2500.

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NEWS

Restaurant Week

FROM PAGE 10

Bass topped with Fresh Berry Salsa over Cauliflower Mash; Chicken Diablo: Sauteed chicken breast, zucchini, squash and Pico de Gallo in Chipotle Cream Sauce over Chili Rice; Steak Rajas: Tender strips of steak, onions, peppers and garlic sauteed in Southwest Cream Sauce sprinkled with Parmesan cheese and served with black beans and green rice; or Veggie Chili Relleno filled with potato, rice, carrots, peas and cheeses topped with Tomatillo Sauce over black beans.

Fourth course is a choice of Cheesecake Chimichanga dusted in cinnamon-sugar, topped with Caramelo Sauce and whipped cream; Key Lime Pie topped with whipped cream; Mini Churros with Ibarria Chocolate Sauce; or Sweet Potato Flan topped with a fresh berry compote.

Coyote Grille has been in Fairfax for 16 years, and owner Tatjana Farr calls it a fusion of fresh, Southwestern U.S. and Mexican cuisine. "We're known for our unique dishes, such as Southwestern Grilled Salmon with a roasted red pepper sauce, Carne Asada – marinated skirt steak, our salads, wide variety of tapas and our delicious, hand-shaken margaritas," she said. "We also have friendly servers and offer a four-season sunroom/patio."

Currently, said Farr, the restaurant is moving to locally sourcing its food, beer and wine. "We'll use local eggs, meat, dairy and produce, where possible," she said. "We'll continue being community-based, and we'll offer suggested local beer, wine or spirits pairings with the food. For example, we're working with MurLarkey, a Manassas distillery, and we'll have beer from Mustang Sally Brewing Co. in Chantilly."

She, too, is excited about Restaurant Week because "There are so many dining options, and it's easy to underestimate what's available in the City. Fairfax City is a little gem, very walkable and community-minded. I think we should do more Restaurant Weeks because we have a sophisticated client base in the area, and people appreciate good, local, non-chain restaurants."

"My customers understand quality food and good dining options, and that's why they come here," continued Farr. "So it's nice to showcase that through Restaurant Week."

The week also includes social media contests, government official meet-and-greets, local product features, Meet the Maker events, charitable giving, live entertainment and drink pairings.

THE HOPE IS THAT people will come "Take a Bite of Fairfax City" and discover all the dining and beverage delights the City has to offer. Diners are also encouraged to use #TakeABiteOfFairfaxCity when posting about the event on social media. For more information, visit fairfaxcityrestaurantweek.com. "The landscape of dining establishments in Fairfax City has evolved rapidly over the past couple years," said Fairfax Mayor David Meyer. "We are certain that restaurant fans throughout the region will be pleasantly surprised by the globally diverse and many locally owned dining options the City has to offer."

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I Can't Forget What I Don't Remember



By KENNETH B. LOURIE

Four score and several years ago, in the course of human marital events, history which had been made/experienced between and husband and a wife was not recalled quite the same, which likely led to a disagreement. Without there being a video tape then – or now, or a Warner Wolf, insults and recriminations may have flown, and not just the coop. Practically speaking, how does one – or two, actually, solve this most unsolvable of problems?

This is not a declaration of independence or the announcement of a change of address from Burtonsville to Gettysburg, but it is a bit of a query as to how one manages times from one's relatively distant past. After a substantial while, and I would say 40 years qualifies, it's particularly challenging to remember the facts and the feelings that corroborate a memory: Who was there? What was said? How did it sound? Why was it even happening?

And after all these years, the recollections are not exactly black and white – for either party. One – or both – are either viewing them through the looking glass, a prism, a filter, a haze, or in my case as a cancer patient, through a now clinically-confirmed side effect of chemotherapy: "chemo brain." A consequence of treatment which erases/alters memories in some disputable way. A way in which what was once front and center is now back and to the rear, or not at all. And not only are these memories irretrievable, when spoken and heard, they are sometimes not believable either.

I know what I remember. I'm clear in my thinking. Time and place and context are all familiar but the assessment and interpretation of the facts and feelings are different. I realize that simply remembering where I was and what I was doing/saying (or not, to be fair), doesn't guarantee accuracy or agreement, but neither should it be discounted. I mean, being present and accounted for counts for something. The question is/remains: What am I missing?

I will admit though, knowing part of the underlying cause of some of these "recollection-disputes" does minimize the stress of it. Nevertheless, most of the recollections to which I'm referring (in the abstract) are not gone (in my opinion), it's more that they're rearranged, maybe even "misremembered," to invoke baseball great, Roger Clemens, in his sworn testimony before the House Committee on Oversight and Government Reform, given back in February 2008. The "Rocket's" situation/status wasn't resolved then any more than my situation has been resolved now. It's a work in progress – for all of us.

But I'm happy and fortunate to say: I can live with it. As a nearly nine-year stage IV, non-small cell lung cancer survivor; in fact, I am now my oncologist's longest living lung cancer patient, I can deal with most things cancer-affected and/or life-related. Because in having so obliterated the "13 month to two year" prognosis I was given back in late February 2009, I wouldn't say I'm living on borrowed time exactly, but I would say that I'm living on unexpected time.

So what's a few missing memories or a few historical references out of context? Not much when you consider the alternative. Besides, life's too short (don't I know it) to long for what I can't remember or worry about what I may have forgot.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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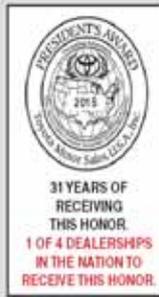
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