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A+
PAGE 8

The Arlington Connection



Five-year-old Anna Oliphant scrunches her face at the Bike Rodeo on Saturday, advising her father the helmet is too tight. "And I want it to be loose." Anna's 7-and-a-half-year-old sister Abigail waits patiently behind her declaring, "I've been riding around the obstacles. I'm here today because I like bike riding. I think it's fun."

Learning Bike Safety

NEWS, PAGE 2

Honor Flight
2018 Takes Off
NEWS, PAGE 2

ENTERTAINMENT, PAGE 6 ❖ CLASSIFIEDS, PAGE 10
PHOTO BY SHIRLEY RUHE/THE CONNECTION

APRIL 18-24, 2018

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

Honor Flight 2018 Takes Off Veteran visitors welcomed in Arlington.

BY MICHAEL MCMORROW
THE CONNECTION

Several years past, someone noticed that many veterans of the armed forces, and especially those up in years, had never visited Washington, D.C. to see the memorials on the National Mall intended to honor them. The solution became Honor Flight Network. Originally designed for the dwindling numbers of those who served in World War II, the mission gradually has unfolded to include Korean War and Viet Nam War veterans.

Honor Flight Chapters organize at the local level. When a sufficient number of former servicemen and servicewomen in a geographic area express an interest, a commercial passenger aircraft is donated by or chartered from a cooperating airline. Due to infirmities of age or health, more than a few honorees are accompanied by personal assistants called guardians.

Upon arrival in a Washington area airport, a crowd — make that a very vocal crowd of travelers and flight crews — invariably provides welcoming cheers and applause. Buses carry the veterans and their aides in and around Washington's Mall and Arlington while volunteers acting as tour guides recite the histories and artistic data of the many memorials of past conflicts.



PHOTO BY MICHAEL MCMORROW/THE CONNECTION

Honor Flight veterans from Minnesota dine at Edward Douglass White Council, Knights of Columbus, 5115 Little Falls Road.

Not much time is wasted in the well known local traffic jams thanks to uniformed police officers from the Park Service, Virginia State and Arlington who escort the buses and smooth the way. A major concern for Honor Flight organizers has been to find a place where the visitors could stretch their legs, visit a restroom and have

a meal. In large part, the solution for these needs was found in Arlington, specifically at Edward Douglass White Council (EDW), Knights of Columbus. The 5115 Little Falls Road site can accommodate at least four large buses and more than 200 guests, be it a simple box luncheon or a complete, white tablecloth hot meal at suppertime.

Owen Beirne, Jr. is EDW's liaison to the Honor Flight Network organizers over recent years. Asked why EDW undertakes to host so many visiting delegations, Beirne cites community service, having in mind the much larger community of Honor Flight Network's coast-to-coast chapters. He adds, SEE HONOR FLIGHTS, PAGE 10

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More Than a Station As Arlington plans new Fire Station 8, citizens focus on preserving its past.

BY VERNON MILES
THE CONNECTION

When no one else was there for Arlington's African American community, Fire Station 8 was. Now, as the county prepares to rebuild the aging station, a community process is underway to preserve the history of the station.

In an April 14 meeting at Central Library, current firefighters and descendants of some of the early ones met and shared their stories from the station. The focus of the meeting was finding some way of holding onto the station's legacy of endurance under impossible odds.

The first station was built in 1918 in a time when the county would not hire black firefighters, so Arlington's African American community was forced to develop its own public services. Descendants also said it was in this 1918 building's community room where local and national civil rights advocates met and planned protests. In 1963 the fire station was moved into its current building. In 2016, the County Board voted to keep the building in its current location.

The community room and other activities around the station helped make Fire Station 8 more than just a public utility. For the local African American population it was a gathering place when all others were



PHOTOS BY VERNON MILES / THE CONNECTION

Noah Simon gathers suggestions for Fire Station 8 preservation.

closed to them. Rochelle Day, daughter of James K. Jones, one of the first paid Fire Station 8 firefighters, said she remembered summer nights when African Americans couldn't go into the local theaters. At the station, the firefighters would put a large sheet down the side of the station and would play movies, with the small yard full of viewers.

Kitty Clark Stevenson, daughter of Alfred Clark, also one of the first paid firefighters, said the station was a hub of community life.

"They got us a popcorn machine, we

would have bake sales; people lived there," said Stevenson. "It wasn't exclusive, but anything you could do at home, you could do there."

One of the main points of discussion were ideas on how to preserve some of that legacy. One of the suggestions was a brick sidewalk down the nearby street with names of all of the firefighters in the station's history. There was also discussion of installing a historic plaque. Planning Commissioner Nancy Iacomini noted that the plaques in Arlington are moving past the days of the classic metal shield marker



Kitty Clark Stevenson



Captain Michael Woodson, station commander at Fire Station 8

with a wall of text. Newer plaques, like the one commemorating the Battle of Arlington Mills, are a mix of photographs and testimonials. Iacomini said the focus of newer plaques is telling a narrative. Still, the traditional shield from the state had some support from those saying it would tie the Fire Station 8 story move to a statewide legacy of endurance under segregation.

But no matter what, Stevenson said it was important that the new Fire Station 8 still be a fire station first and foremost. Any preservation or history came secondary to that main role. Captain Michael Woodson, station commander at Fire Station 8, said the historical preservation was an important

SEE FIRE STATION. PAGE 11



PHOTOS BY SHIRLEY RUHE / THE CONNECTION

The bike rodeo on Saturday, April 14 teaches children to ride safely with obstacle courses and games to teach basic riding skills.

Bike Rodeo Teaches Safety Lessons to Young Bikers

BY SHIRLEY RUHE
THE CONNECTION

Tiny legs wobble their bikes through the orange cones in the parking lot of the Woman's Club of Arlington on S. Buchanan Street. This is the third year for the Bike Rodeo. The Woman's Club of Arlington, Phoenix Bikes, Bike Arlington and Kidical Mass Arlington sponsor the event. It is 10:45 on Saturday morning,

April 14, and already 20 children are weaving through the obstacle course.

Meg Rapelye, executive director of Phoenix Bikes, says the purpose of the event is for children to learn to ride bikes safely. "We provide helmet checks and bike checks for safety." Two-and-a-half-year old Margaret Levett, takes off running across the parking lot. "Wait, wait," her mother calls. You forgot your bike." Her mother, Jennifer Lane, explains this is Margaret's second year

at the bike rodeo. "Last year when she was just one and a half, about all she could do was bump the cone with a lot of help from her father." Joseph Thompson, who is attending his first bike rodeo, pedals faster than his legs will go and takes a crash onto the pavement. But a minute later he is back at it again, experimenting with how fast he can go and still keep his balance.

Angela Morici, coordinator of the event for the Woman's Club, says she has been

busy preparing for this event but with a lot of help from other club members setting up the cones, getting the snacks and making sure all of the organizations participating with their volunteers are on track and coordinated.

Roy Nanovic is a volunteer with Bike Arlington. He stands along the lanes monitoring the riders "to give the children confidence to ride safely. We don't emphasize speed but ability to stay on top of the bike."

OPINION

Send in Mother's Day Photos

Mother's Day is Sunday, May 13 this year, and as every year at this time, This newspaper calls for submissions to our Mother's Day photo gallery.

Send photos of mothers, grandmothers, great-grandmothers, with children or without children in the photos. Please name everyone in the photo, the approximate date taken, describe what is happening in the photo and include your name, address, email address and phone number. We will not print your full address or contact information.

EDITORIAL

You can upload photos and information directly to www.connectionnewspapers.com/mothersday/ or email to arlington@connectionnewspapers.com.

Mother's Day is just one of many occasions throughout the year that we would love to receive photos from our readers. Send us photos and notes when anything of note is happening in your family, neighborhood, school, club ... Be sure to include basic information: Name everyone in the photo, the approximate date taken, describe what is happening in the photo and include your name, address, email address and phone number. We will not print your full address or contact information. Send to editors@connectionnewspapers.com

Soon after we publish our Mother's Day photo galleries, we will begin to ask for sub-

missions for our Father's Day galleries. Father's Day is June 17 this year.

Each year we seem to receive many more photos for Father's Day. We're curious whether that is because it is the second of the set so readers are more aware or because mothers are more likely to send in images of the Dads.

Twice a year we ask you to send photos and tell us stories about your pets and how they have come into, touched and left your lives, publishing the last week in July and the last week in February.

In late summer, we invite readers to share what they know about their community for neighbors and newcomers alike.

And wrapping up the year, we gather writ-

ing and art from local students to fill our holiday edition. Each year, through an enormous effort by area teachers and school staff we receive an amazing display of student talent.

Regular contributions to our entertainment calendars, community bulletin boards, school notes, and business notes help us to share news in your community.

We also always welcome photos and captions from community organizations (Scouts, sports teams, faith groups, school activities, etc.) and local businesses.

Please start by sending in photos for Mother's Day, preferably by May 4. www.connectionnewspapers.com/mothersday/.

Virginia Press Association Winners

Connection writers and photographers garnered awards at the Virginia Press Association annual award banquet. Here is the list of our winners, with more details to come in the future:

First Place, Michael Lee Pope, Business and Financial Writing, Great Falls Connection
First Place, Bonnie Hobbs, Public Safety Writing, Chantilly Connection
First Place, Mark Mogle, Pictorial Photo, Great Falls Connection
First Place, Mark Mogle, General News Photo, Arlington Connection
First Place, Eden Brown, Public Safety Writing, Arlington Connection
Second Place, Dan Brendel, Government Writing, Alexandria Gazette Packet
Second Place, Vernon Miles, Feature Series or Continuing Story, Alexandria Gazette Packet

Second Place, Fallon Forbush, Breaking News Writing, McLean Connection
Second Place, Fallon Forbush, General News Writing, Reston Connection
Second Place, Bonnie Hobbs, General News Writing, Fairfax Connection
Second Place, Marilyn Campbell, Education Writing, Great Falls Connection
Third Place, Shirley Ruhe, Personality or Portrait Photo, Arlington Connection
Third Place, Fallon Forbush, Education Writing, Great Falls Connection
Third Place, Mary Kimm, Editorial Writing, Great Falls Connection

Celebrating Renovation at Culpepper Garden

More than 100 supporters attended the groundbreaking of Culpepper Garden I Renovation on April 11. The renovation will include 204 apartments that were built in 1975 and the addition of six new ones.

The renovations on the overall grounds will include upgrade and replacement of the roof and repair of the facade as well as replacement of major systems for heating, cooling, plumbing and sanitary and substantially upgrading the elevators.

Individual apartments will have replacement of windows, remodeling of new kitchens, bathrooms, and flooring. Residents will be temporarily relocated on site with phased construction to limit disruption to the residents. Ten percent of the apartments will become fully handicapped accessible.

The project will include 129 efficiency units, 74 one-bedroom units and 7 two-bedroom units. It is expected to be completed in early 2021. Culpepper Garden is Arlington's largest affordable community for low-income elderly and the only one that offers both independent and assisted housing. It is located at 4435 N. Pershing Drive.

— SHIRLEY RUHE



PHOTO CONTRIBUTED BY AMANDA CLUCK

Arlington Retirement Housing Corporation (ARHC), Wesley Housing Development Corporation (WHDC) and Culpepper Garden renovations partners join shovels at the Culpepper Garden Groundbreaking on April 11.

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for April 22-28.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Little Theatre of Alexandria, "Harvey," Sunday, April 22, \$33; Historic Garden Week, Richmond, Wednesday, April 25, \$79; painted screens tour, Thursday, April 26, \$18; Havre de Grace, Md., three-mile walking tour, Friday, April 27, \$17; Arena Stage, D.C., "Two Trains Running," Saturday, April 28, \$69. Call

Arlington County 55+ Travel, 703-228-4748. Registration required.

NEW PROGRAMS:

Arlington Spellbinders conduct Storyfest for all ages, Sunday, April 22, 3 p.m., Long Branch Nature Center. Details, 703-228-6535

Appraisal process of heirlooms,

Monday, April 23, 10 a.m., Lee. Register, 703-228-0555.

Create spaces amidst clutter, Monday, April 23, 1 p.m., Walter Reed. Register, 703-228-0955.

Tai Chi for beginners, Monday, April 23, 2:45 p.m., \$76/19 sessions, Langston-Brown. Register, 703-228-6300.

The
Arlington
Connection

www.ConnectionNewspapers.com

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Meghan Yost travels around the country to bring this virtual experience to teenage drivers. At Yorktown High School she demonstrated the equipment to 100 students; 60 were able to sit behind the wheel.



Student Evan Fillmore sits behind the wheel as the instructor gives him pointers on how not to overreact on the road.

BY EDEN BROWN/THE CONNECTION

Arrive Alive in Arlington

Teacher gives students a virtual lesson.

BY EDEN BROWN
THE CONNECTION

Almost every time a student got behind the wheel on Friday the 13th, it ended badly. The glass on the windshield “cracked” and the fun was over. The student sheepishly accepted the summons. “Arrive Alive” is a program that endeavors to show young people what driving under the influence of alcohol or other substances would feel like.



Teacher Stephanie Meadows applied for a grant in order to bring the Arrive Alive demonstration to Yorktown. Yorktown was the only high school in the area to get the virtual reality lesson.

The high tech simulator makes the driver feel out of control on the highway depending on “how much they’ve had to drink.” The facilitators point out that texting while driving is actually even more of a problem: six times more accidents occur due to texting than intoxication.

Stephanie Meadows, a Yorktown High School health teacher, applied for a grant to bring the Arrive Alive program to her school and emphasize other healthy behaviors. She tries to remind people that while the recent risk behavior survey indicated 33 percent of Yorktown students had tried marijuana, 66 percent had not. It’s important to emphasize that 66 percent of her students chose to live in a healthy way and provide the rationale for health-wise choices.

To get the message across to middle schoolers that doing drugs isn’t the way it has to be as they move

into high school, she takes Yorktown students to Williamsburg Middle School and has them talk to the students about why they don’t do drugs. Her students can relate to the middle schoolers and when they tell them “it is not cool to try drugs,” they listen. Meadows applied for and received an “Innovative high schools” grant of almost \$4,000 to pursue her programs.

Arrive Alive is part of the company UNITE, whose CEO, Patrick Degrasse, started the health and wellness organization in Michigan, because a favorite aunt was killed by a drunk driver. He wanted to do whatever he could to educate people on how impaired drivers become when they either become intoxicated or text while at the wheel. UNITE visits about 700 colleges, high schools, and community based events, and U.S. Navy locations each year to offer drunk driving and texting- while- driving simulators. UNITE has also introduced a National Bullying Awareness/ Prevention Program.

Some of the students walked away from their simulated “crash” crying foul because a car had pulled out too quickly in front of them — it wasn’t their fault. “That’s right,” said the facilitator. “But your reaction time was impaired by the alcohol, and when the police come, you will get a DUI charge — not the other guy.”

lost (adj): 1. unable to find the way.
2. not appreciated or understood.
3. no longer owned or known



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Arlington MAGAZINE

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ENTERTAINMENT

'This is Us' Gala Features Local Performer

Event to benefit Arlington Community Foundation.

Perhaps you've always wanted a ride in a WWII plane. Or maybe your fancy is a limousine trip and dinner at the Inn at Little Washington or a weekend stay at the Salamander Resort. "This is Us," the 17th year for the Arlington Community Foundation (ACF) fundraiser, will also offer a number of other exciting choices in their silent and live auctions on April 21 at the Ritz-Carlton in Pentagon City.

A surprise signature drink highlights the full bar beginning at 6 p.m. Move on to accompanying hors d'oeuvres and a buffet includ-

ing Ali tuna, beef tenderloin and chicken and waffle entrees along with wine and beer. Dessert will follow accompanied by an open bar.

The performer for the evening is Arlington's Amy Wilcox who followed her passion for writing and performing songs from Atlanta's Music City, to a TV show and then a record deal in Los Angeles. She has evolved from country to classic rock with a theme of second chances. The release of her new album, "West," is a diverse LP reflecting her musical journey.

Tickets are \$300 and can be ordered at www.ARLCF.org

"ACF is an independent charitable organization that actively promotes, protects and improves the quality of life for those who live or work in Arlington." ACF's general funds are given as grants to local nonprofit organizations and as scholarships awarded to local students. Last year ACF awarded \$500,000 to 200 students as the largest single provider of college scholarships in Arlington. In addition ACF partners with Bridges out of Poverty to streamline and improve the systems, which work to assist individuals to move out of poverty.

— SHIRLEY RUHE



PHOTO CONTRIBUTED

Amy Wilcox will perform at Arlington Community Foundation fundraiser on April 21.

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Art Exhibit: "Spring Break."

Through April 27, gallery hours at Gallery Underground, in the Crystal City Shops at 2100 Crystal Drive. "Spring Break," a seasonally-themed and colorful member show features works depicting scenes of spring and vacation locales. Also featured, along with new works by Gallery members, is artwork by Marsha Brown, a painter, sculptor and ceramic artist in the local area. Visit www.galleryunderground.org or call 571-483-0652.

"John." Through April 29, at Signature Theatre, 4200 Campbell Ave., Annie Baker's "John" at the Tony-winning Signature Theatre plays for four weeks, running April 3 through April 29, 2018. Visit SigTheatre.org.

THURSDAY/APRIL 19

Arlington Rotary Scholarships

Award Banquet. 6-9 p.m. at Mala Tang Restaurant, 3434 Washington Blvd., Arlington. Sponsored by Rotary Club of Arlington. Keynote Speaker is Rosaelena O'Neil, NVCC Trustee and Arlington Resident. The winners of the 2018 Arlington Rotary Scholarship and the 2018 Challenge Stipend will be announced. Visit www.arlingtonrotaryclub.com.

FRIDAY/APRIL 20

Live Comedy: Pablo Francisco.

7:30 and 10 p.m. at Arlington Cinema and Drafthouse, 2903 Columbia Pike. Francisco draws his audience into his vivid imagination and takes them on a wild ride as they experience his spontaneous outbursts, clever insights and some of the funniest rapid fire comedy, ever unleashed. \$30-\$35. Visit ArlingtonDrafthouse.com.

SATURDAY/APRIL 21

Earth Day Bird Walk.

8-9:30 a.m. at Gulf Branch Nature Center, 3608 N. Military Road. Celebrate Earth Day early with a day of birding. Begin with birding basics: using binoculars and field guides, identifying, and finding birds, then practice new



Dancers to perform "Border."

Border

Individuals describe barriers experienced through career, racial, gender or ethnic prejudice. People speak of real-life experiences: a woman working in a male dominated career, an HIV positive young adult, a black woman negotiating cultural assumptions, a latino man delayed by police, disability and employment, biracial marriage, same-sex parenthood, legal immigration and the walls framed by bias. Some have met others who inspired a redirection of action or made barriers less significant. Find threads of prejudice and isolation residing alongside the urge for belonging, told through interviews, movement and visual art. Set is by Scenic and Projections Designer for

Theater and Opera, Jonathan Dahm Robertson. Saturdays, April 21 and 28, 7:30 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. \$22. Call 703-933-1111 or visit www.janefranklin.com/.

skills. Beginners and experts welcomed. Loaner binoculars are available. Ages 7 and up. Free. Registration required. Register online or call 703-228-4747, using activity code 632858-I.

Aprilfest at Walker Chapel.

9 a.m.-3 p.m. at Walker Chapel United Methodist Church, 4102 N. Glebe Road. Fundraiser includes books for all ages and interests, CDs and DVDs; bedding plants and hanging baskets; mulch; and baked goods. Breakfast and lunch are available in the cafe,

and music by the Broad Street Dixieland Band. Also sold on Sunday, April 22, 12:30-6 p.m. Mulch is available for pick-up on site or for delivery by Boy Scout Troop 641. Visit www.walkerchapel.org/Aprilfest.

iNaturalist for Families.

10-11:30 a.m. at Gulf Branch Nature Center, 3608 N. Military Road. The iNaturalist app and community can help identify that mystery plant, insect, spider, reptile, bird or other organism. Start with a quick



PHOTO BY GAIL BINCHAM

Painter Richard Toft captures the beauty of Virginia.

Arlington Festival of the Arts

Washington Boulevard will transform into an art-lover's paradise during the 6th Annual Arlington Festival of the Arts. One hundred and fifty national and international artists are set to display their work in a show encompassing fine jewelry, exquisite works of art and hand-crafted apparel and decor. Saturday-Sunday, April 21-22, 10 a.m.-5 p.m. at 3003 Washington Blvd. Free and open to the public. Visit www.artfestival.com.

introduction to iNaturalist on a smart device, then head outside. New observations and photos can contribute to a much larger scientific snapshot of the natural world. Ages 8 and older. Free. Registration required. Register online or call 703-228-4747, using activity code 632858-J.

Arlington Palooza.

1-4 p.m. at Alcova Heights Park, 901 S George Mason Drive. The second annual Arlington Palooza, a free outdoor program for all ages with live music, art, games, and more. Bring a picnic lunch or choose from on-site food trucks. Free; no registration required. Visit parks.arlingtonva.us/events/arlington-palooza-2.

George Washington's Forest

History Walking Tour. 1:30-3:30 p.m. at Ball-Sellers House, 5620 3rd St., South. Walk in the footsteps of George Washington on a guided walking tour with a local historian. In 1775, George Washington bought 1200-acres of forest in what is now Arlington. Free and open to all ages. The Ball-Sellers House welcomes your donation. Visit

arlingtonhistoricalsociety.org/visit/ball-sellers-house.

Art in Spring Exhibition. 2-4 p.m. at Walter Reed Community Center, 2909 16th St. S. Free; no registration required. Visit parks.arlingtonva.us.

ACE and Ale. 4-6 p.m. at New District Brewing Company, 2709 S. Oakland St. Celebrate Earth Day with ACE and friends. Enjoy craft beers and the opportunity to network with others interested in sustainability and conservation. A craft beer trivia challenge is included. \$10-\$15. For details, membership offer, and registration visit

www.arlingtonenvironment.org.

ring Gala. 6-10 p.m. at Ritz-Carlton Pentagon City, 1250 S. Hayes St. Join Arlington Community Foundation at the Ritz-Carlton Pentagon City for their "This is Us" Spring Gala. Food and drink, silent and live auctions and live performance by Arlington's own Amy Wilcox. Visit www.arlcf.org to RSVP.

Live Comedy: Pablo Francisco. 7 and 9:30 p.m. at Arlington Cinema and Drafthouse, 2903 Columbia Pike. Francisco draws his audience into his

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ENTERTAINMENT

vivid imagination and takes them on a wild ride as they experience his spontaneous outbursts, clever insights and some of the funniest rapid fire comedy, ever unleashed. \$30-\$35. Visit ArlingtonDrafthouse.com.

Bingo Night. 7-9 p.m. at St. John's Episcopal Church, 415 S. Lexington St. (use the 5th St. door). \$5 for two cards and a raffle ticket. Desserts available for purchase. Hosted in conjunction with Iglesia de Cristo Rey, the Latino parish that meets in the building. Prizes for game winners. Visit www.stjohnsarlingtonva.org/.

"Border." 7:30 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. Individuals describe barriers experienced through career, racial, gender or ethnic prejudice. \$22. Call 703-933-1111 or visit www.janefranklin.com/.

"Asteroid: Mission Extreme." 8-8:30 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. A journey 65 million years in the making to discover how asteroids are both a danger and an opportunity for those of us on planet Earth. Total Duration: 25 minutes. Target Audience: 6 years of age and older. \$5. Reserve tickets at friendsoftheplanetarium.ticketleap.com. Visit friendsoftheplanetarium.org for more.

SATURDAY-SUNDAY/APRIL 21-22

Arlington Festival of the Arts. 10 a.m.-5 p.m. at 3003 Washington Blvd. Washington Boulevard will transform into an art-lover's paradise during the 6th Annual Arlington Festival of the Arts. One hundred and fifty national and international artists are set to display their work in a

show encompassing fine jewelry, works of art and hand-crafted apparel and decor. Free and open to the public. Visit www.artfestival.com for more.

SUNDAY/APRIL 22

Boundary Stone Bike Tour. 9:15 a.m. Meets at entrance to East Falls Church Metro Station, under I-66 on Sycamore Street, Arlington. Bike for up to 35 miles visiting boundary stones and parks. Cost is \$2. The pace is leisurely with many stops; may travel all day. Sponsored by Center Hiking Club. Visit www.centerhikingclub.org or call Bernie Berne at 703-243-0179. E-mail: bhberne@yahoo.com.

Earth Day Party. 2:30-4 p.m. at St. John's Episcopal Church, 415 S. Lexington St. (use the 5th St. door). The church will also host an Earth Day party for youth and families with games and activities for children and youth designed to celebrate God's creation. Snacks will be provided. Children under 8 must be accompanied by a parent. Visit www.stjohnsarlingtonva.org/.

Asian Concert. 4 p.m. at Our Savior Lutheran Church, 825 South Taylor St., Arlington. Opera NOVA and the Asian American Music Society will honor Asian Pacific Heritage Month with a concert. AAMS represents musicians from China, Japan and Korea and other Asian countries. Among songs will be three popular Asian pieces, Sakura, Arirang and Jasmine Flower, concluding with America the Beautiful. Tickets \$5-\$20. Reservations are urged at mcdm1@verizon.net or 703-536-7557.



PHOTO COURTESY OF TEMPESTA DI MARE

The four recorder players of Tempesta di Mare, the Philadelphia Baroque orchestra: clockwise from upper left: Gwyn Roberts, Heloise Degrugillier, Priscilla Herreid, Rainer Beckman.

Art of the Fugue

Gwyn Roberts, Rainer Beckman, Heloise Degrugillier, and Priscilla Herreid, recorder virtuosos from the Philadelphia Baroque orchestra Tempesta di Mare, perform J. S. Bach's Art of the Fugue. Friday, April 20, 8 p.m. at St. George's Episcopal Church, 915 N. Oakland St. General admission \$30; students \$10. Visit capitollearlymusic.org for more.

BULLETIN BOARD

FRIDAY/APRIL 20

Legislative Breakfast. 7-9 a.m. at Army Navy Country Club, 1700 Army Navy Drive. Leadership Center for Excellence invites members of the community to the seventh annual Legislative Breakfast. Local legislators will share leadership moments, lessons and insights from their experience in Richmond at the 2018 Virginia General Assembly Session. \$45 for members and \$55 for the general public. Register at leadercenter.org.

Ms. Virginia Senior America Pageant Orientation. Meeting held in Falls Church. Free orientation for senior women interested in joining the program. Presentation will explain how to enroll and prepare for the pageant. The pageant will be held in Falls Church on July 7. Contact State Director Rebecca Tebbs Nunn at 804-435-3704.

SATURDAY/APRIL 21

Community Yard Sale. 9 a.m.-noon at Carlyn Place Condominium, 4390 Lorcom Lane, in building parking lot. Community Yard Sale by the Carlyn Place Condo Association, 124 unit buildings. Rain date April 28. Free admission. Email jkps3@cox.net or visit www.carlynplace.com.

WEDNESDAY/APRIL 25

Coffee and Conversation. 10-11 a.m. at Arlington Mill Community Center, 909 South Dinwiddie St., room 411. Kathy Stokes, AARP Interim Lead, Fraud Watch Network and ANV Board member on "Top Scams and How to Protect Yourself." Open to all. No RSVP needed. Visit arlnvil.org/.

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Teaching Money Management

April is Financial Literacy Month.

BY MARILYN CAMPBELL

In an era when consumers can purchase merchandise and deposit money into a bank account using a smartphone, teaching money smarts to children can be fraught with complications. April is Financial Literacy Month and local financial advisors say teaching children how to manage their money responsibly is a necessary part of becoming a financially responsible adult.

“How a parent treats cash is the way their kids will treat cash; lead by example,” said Andrea Foster, professor and department chair of Business, Economics, Accounting, Computer Applications and Paralegal Studies (BEACAPS) at Montgomery College. “If your kid sees you cutting coupons and budgeting, when they grow up they will do the same. They will see the benefits and the value of your thriftiness.”

One of the most important financial lessons that a parent can teach is how to save, advises Foster. “Teach them how to budget so that they can learn how to save for what they want,” she said.

Children pay attention to and learn from the ways in which their parents manage money and it’s critical that they learn financial literacy at home, suggests Victoria G. Henry, assistant vice president at West Financial Services, Inc. in McLean.

“Explaining the concept of savings early to children is key,” added “It is natural to want to spend everything right away, so it may be hard to understand why it is important to set a little aside for future expenses. Perhaps it could be explained by saying the savings will come in handy if a favorite toy breaks or is lost.”

An ideal time to offer a lesson in saving is when a child receives money as a present for a birthday or other occasion, says Henry. “It is a good practice to have them save even 10 or 20 percent of the gift, and let them have the rest to spend how they want,” she said. “If they decide to spend their fun money on something and then quickly return asking

for money for something else, it is a good to remind them that maybe they should think more carefully about how they want to spend their money in the future. This will help them get into the practice of making wise choices with spending and saving down the road when they start earning money as well.”

Foster also suggests helping children develop savings goals. “[Whether] by piggy bank, envelope, can, or jar, a vessel is an important tool for teaching kids how to save for major milestones,” said Foster. “Identify a goal for the saving and have them save towards that goal.”

Transparency builds enthusiasm, adds Foster. “Us-

ing a clear jar for saving creates enthusiasm and motivation as the kids see it fill up with the coins,” she said. “[Saving] also teaches them self-reliance and not counting on their parents to help them for everything. By giving a reward, kids can learn the value of money and how to spend money.”

Foster also suggests encouraging children to keep a spending diary and limiting the amount of money they can spend or the number of items they can purchase when shopping for themselves. “Show them that stuff costs money,” she said. “Have them keep track of all the money that mom and dad spend on them in one month, from food to clothing and other things. They will real-



PHOTO BY MARILYN CAMPBELL

Teaching young children about the concept of saving money is a critical part of financial literacy.

ize how much it costs to maintain them and how much all the stuff that they want costs.”

Involve children in a family’s charitable donations, advises Henry. “Ask your children to think about what kinds of charitable efforts the family should support,”

“Explaining the concept of savings early to children is key. It is natural to want to spend everything right away, so it may be hard to understand why it is important to set a little aside for future expenses.”

— Victoria G. Henry,
West Financial Services, Inc.

she said. “Have them research and pick a charity and then make a small contribution to that organization on their behalf.”

“Have children earn their allowance and let children experience the pain of not having enough money if they don’t budget correctly,” said Dr. Brian Hollar assistant professor of Accounting, Economics & Finance at Marymount University. “Experience is a good teacher and learning when the stakes are low is invaluable.”

Hollar underscores the importance of teaching solid math skills. “It’s hard to develop strong financial literacy without understanding exponential growth,” he said.

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Urban Eagles Raising Three Chicks

Some nearby neighbors call them Thom and Sally tongue-in-cheek, since another Bald Eagle pair further down the river has been dubbed George and Martha.

But the pair raising three chicks overlooking the Potomac River at the confluence of Spout Run and the George Washington Memorial Parkway seem accustomed to modern mayhem and urban life.

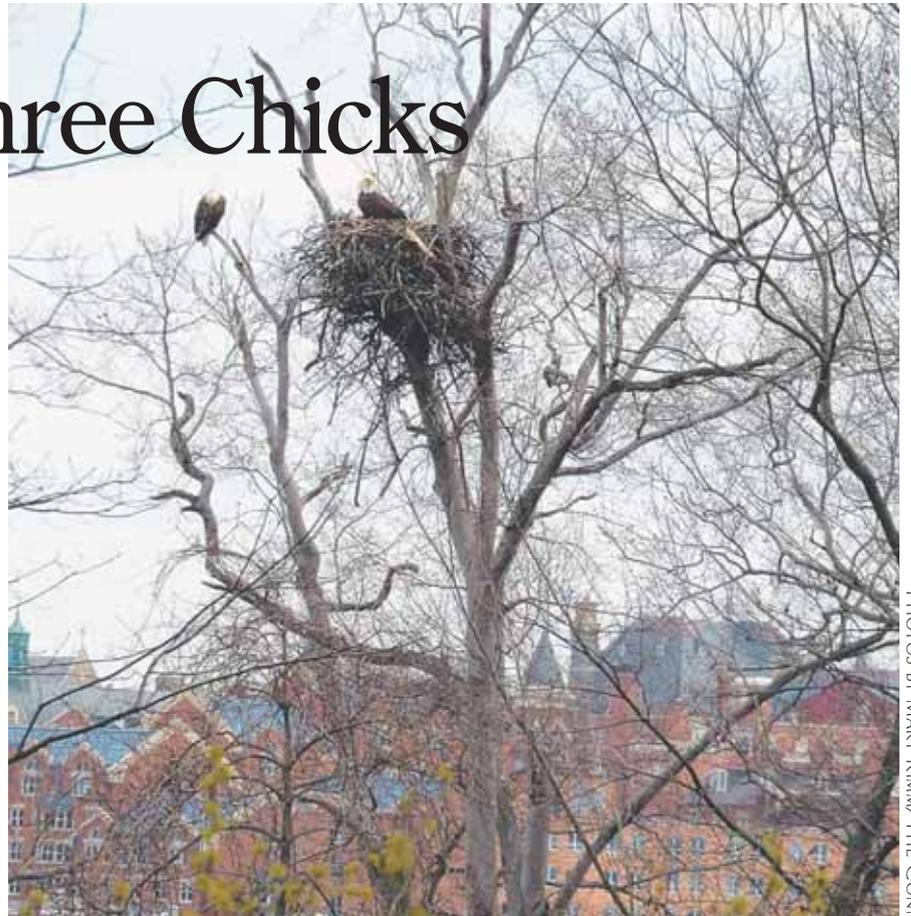
This includes the constant roar of traffic on the parkway and low-flying helicopter traffic along the Potomac River. Last year the eagles raised two chicks in the same nest while National Park Service arborists cut down ash trees with damage by the Emerald Ash Borer right next to them. The non-native, invasive emerald ash borer infests ash trees and is nearly 100 percent fatal to infested trees, the park service said. Parks are cutting down damaged ash trees that pose a threat to structures, trails, and roadways along the George Washington Parkway and other parks in the region. The massive nest sits between the northbound and southbound lanes of the George Washington Memorial Parkway at Spout Run, and



All three chicks wait for Dad to return with lunch. Photo taken from the Palisades Trail in Fort Bennett Park.

the nest is visible from the southbound lanes, although it will disappear when the trees leaf out. Neighbors say that the nest continues to be visible from the Palisades Trail in Arlington's Fort Bennett Park.

— MARY KIMM



Broad view of the eagles' nest above the Potomac River from Fort Bennett Park and Palisades trail, with the male sitting in the tree and the female on the nest, Georgetown in the background.

PHOTOS BY MARY KIMM/THE CONNECTION

Milestone Four Mile Run framework headed to County Board.

BY VERNON MILES
THE CONNECTION

The Four Mile Run of tomorrow is taking shape in Arlington. After two years of planning and discussion in commissions and subcommittees, the framework of a plan is making its way towards the County Board.

At its April 11 meeting, the Planning Commission approved the recommendation that the County Board advertise the Four Mile Run Valley policy framework for final action in its May meeting.

Within the framework there are two concept plans, one that focuses on retention and adaptive reuse, the other with moderate change. The retention and reuse plan maintains the area's prominent

industrial and service commercial uses along Four Mile Run Drive, except for a motel and vacant sites in the area to be re-developed as mixed-use developments. The moderate change plan pushes for a greater variety of uses in the area, focusing on a greater mixture of space uses, with greater area walkability and park accessibility.

Based on community input and transportation analysis, county staff recommended the retention and reuse plan. Staff reported that the community had expressed concerns about the loss of the industrial and commercial zones along Four Mile Run Drive and urged that preserving that character be included as a priority.

"This is not a failing industrial area," said Charles Monfort, chair of the Four Mile Run

SEE FOUR MILE RUN. PAGE 11



Catherine Lad speaking in support of Arlington's parks with her sons Andrew (left, as Teddy Roosevelt) and Matthew (right, as Abraham Lincoln).

PHOTO BY VERNON MILES/THE CONNECTION

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Honor Flights

FROM PAGE 2

Schedule

At Edward Douglass White Council (EDW), Knights of Columbus, 5115 Little Falls Road.

April 20, Friday: Chicago – 60 arrive 6 p.m.

April 27, Friday: Houston – 60 arrive 6 p.m.

May 11, Friday: San Antonio – 50 arrive 5:30 p.m.

May 19, Saturday: South Florida – 230 arrive noon

May 19, Saturday: Dayton – 190 arrive 5:15 p.m.

May 29, Tuesday: Dallas/Fort Worth – 70 arrive 6:30 p.m.

June 1, Friday: Houston – 60 arrive 6 p.m.

For updates and additional dates, watch facebook.com/KofCEDW2473.

No need to sign up in advance. Show up about 20 minutes early. Bring the family. Tell teachers and troop leaders.

Questions?
Contact Owen_beirnejr@ml.com

“Because we can.”

Ample parking, full-scale modern kitchen, a dining hall and whatever number of volunteers is needed, all enter into the mix. Beirne says long-term personal involvement with Honor flight results from his father's service during World War II. He also laments that young people today have lost a sense of history and knowledge of the sacrifices others have made to defend our freedom. Seeing dozens of proud “old-timers” helps to cure that situation. It is even better, he says, when a young person has a few moments of conversation with one of the featured guests.

As with the airport arrivals, a rousing welcome greets the guests of honor on arrival at EDW. Honoring the veterans is an act of patriotism and gratitude, but it also is fun.

Entire families, troops of Boy and Girl Scouts and Campfire Girls, homeroom classes and sports teams line the path from bus to building, applauding and waving flags and telling the guests how much their service to the country still is appreciated. Members of the younger set are seen

handing out their homemade notes and drawings. Occasionally, a musical group from a nearby senior center or local school will contribute to the excitement. Waiting and greeting usually take less than an hour.



Owen Beirne, Jr., Knights of Columbus host, greets an Honor Flight veteran from Twin Cities, Minn.



PHOTOS BY MICHAEL MCMORROW/THE CONNECTION

Michael Foster, a member of Bugles Across America, plays Taps.

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Legals

PUBLIC NOTICE

AT&T proposes to modify an existing facility (new tip heights 66') on the building at 2110 Washington Blvd, Arlington, VA (20180692). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

Legals

PUBLIC NOTICE

AT&T proposes to modify an existing facility (new tip heights 87') on the building at 4401 Lee Highway, Arlington, VA (20180531). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

Legals

AT&T Mobility, LLC is proposing to modify existing wireless telecommunications antennas on a building located at 3850 Turnlaw Road, NW Washington, D.C 20007. The modification will consist installing antennas at various heights not to exceed 87 feet on an existing building. Any interested party wishing to submit comments regarding the potential effects the proposed facility may have on any historic property may do so by sending such comments to: Project 6118001399-TC c/o EBI Consulting, 6876 Susquehanna Trail S., York, PA 17403, or via telephone at 339-234-2597.

Legals

AT&T Mobility, LLC is proposing to modify an existing wireless telecommunications facility on the building located at 1200 North Courthouse Road, Arlington, Arlington County, VA. The modification will consist of replacing three antennas and six RRHs on the rooftop at a centerline height of 108 feet above ground level. Any interested party wishing to submit comments regarding the potential effects the proposed facility may have on any historic property may do so by sending such comments to: Project 6118001410-MI c/o EBI Consulting, 6876 Susquehanna Trail South, York, PA 17403 or via telephone at 443-866-1410.

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Fire Station

FROM PAGE 3

piece of the building's redevelopment for the firefighters as well.

"If you erase this history, you'll never get it back," said Woodson. "What we're doing, this preservation, it's important."

Woodson said he would be interested in seeing some attention paid to the evolutions in technology at the station, from the secondhand equipment the earliest firefighters worked with to the tools being utilized today.

Four Mile Run

FROM PAGE 9

Valley working group, noting that many of these were car repair places, dog care places, and other uses that can't be found elsewhere in Arlington. "These are successful businesses. We don't want to get rid of those. It's a well-liked, well-used set of businesses."

Monfort also said there had been concerns in the community that the extremely popular Shirlington Dog Park would be changed or moved. Monfort said the current plans involve some improvements to the park, but nothing that will change its current location.

However, in the long run, Monfort said the plan will face challenges in funding. Many other development plans throughout Arlington are funded from contributions by developers in exchange for exceeding density limits. But Monfort said the plans for Four Mile Run will rely on Arlington's budget, which given some of the tight constraints of the last few years, could be a challenge.

While most of the Planning Commission expressed satisfaction with the planning framework, with Planning Commission chair Jane Siegel calling the area Arlington's diamond in the rough, there was some pushback. Commissioner Daniel Weir said he was concerned going into the meeting that only one of the concepts would move forward to the County Board. In May, both concept plans will be presented to the County Board for review.

"I don't want to belittle work of two-year process, but I do not support [framework]," said Commissioner Stephen Hughes. "I do agree with the intents to retain commercial for businesses already there, and the work on Jennie Dean Park that is desperately overdue, [but] where the plan falls short is visioning for the future. [It's] increasing the intensity of use in an area without really thinking about the concept of where and how to address park needs throughout community. As we increase population in these areas close to this site, [that's] going to come into desperate need for rectangles and diamonds. They are going to need large acreage, and the more valuable those sites are the harder they are to come by. Not laying out a vision for a large continuous park is a disservice to the community."

The vote was passed with eight in favor and Hughes abstaining. In May, the County Board will review the framework for approval.

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If Only It Were That Simple



By KENNETH B. LOURIE

Though I immerse you regular readers in the excruciating details of my cancer-affected life, rarely do I bombard unsuspecting conversationalists who unknowingly yet sincerely wander into territory with which many of you are intimately detailed. Not that I don't have stories to tell, and/or perhaps even unsolicited advice to offer; generally speaking, if I can avoid it, I don't want to drag the conversation into a cancer-centric black hole.

It's not because I'm uncomfortable talking about cancer, or that I would feel it an inappropriate invasion of my privacy, or that I would feel the need to blather on non-stop. Hardly. But I would see it as the end of an innocent inquiry undone that then takes on a more empathetic, sympathetic and possibly even pathetic tone, some of which might make me uncomfortable.

The reason being: part of what feeds my self-preservation and sense of well-being is reading and reacting to the feedback I receive from others when the subject matter turns to cancer, however well-meaning their intentions may have been.

Sometimes the reactions I get aren't helpful ("Tell me Ken, how's it feel to know you're going to die?"). Sometimes, I find myself rationalizing, explaining and revisiting issues and experiences more helpful and of interest to the party that asked the question rather than to yours truly who's now having to answer the question. Not that I don't want to be helpful or have difficulty empathizing; nothing could be further from the truth.

It's more that I don't want to see their expressions/hear their apologies when their innocent question ("So what do you do?") elicits an extremely unexpected answer. "Not too much. I have stage IV, non-small cell lung cancer."

Then I have to decide how I involved I want to get them in my life. Since I'd just as soon not get them involved for all the reasons I've outlined, usually I deflect their questions and/or redirect them away from me and back to them. I don't exactly shut them down. It's more like a gentle closing. I'm not rude or the least bit off-putting. I'm more like a traffic cop re-routing emotions to avoid any accidents - for all parties engaged.

My experience has been that responding to an innocent question with a "I have terminal-cancer"-type bombshell tends to take the conversation in an entirely different direction than likely intended. The seriousness of my response/situation and the emotions - maybe even memories it stirs in the person who asked the question, can hijack an evening and cause at least for a few minutes anyway, a rather dreary dynamic. All of which I don't want to happen and more so, don't need to happen. As a cancer patient, I don't need dreary. I don't need pity. I don't need negativity. I need humor. I need encouragement and compliments. I need to be made to feel, as Tony the Tiger might say: "Not just good, but GREAT!"

When I assess my nine-plus years post-diagnosis; having lived now years beyond my original "13 month to two-year" prognosis, I can't quite attribute my amazing good fortune to anything in particular. However, I will admit to this: trying not think about my diagnosis/prognosis too much, trying to remain positive, trying to be funny and self-effacing, and trying to avoid people and situations where I might feel bad, are all components. Are they working to keep me alive more than the medicine, my pills and my miscellaneous non-Western alternatives are?

Yet another question or two I'd rather not answer.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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\$79⁹⁵

Your car's alignment suffers, and can cause uneven tire wear and steering problems.
INCLUDES: Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

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BRAKE SPECIAL

\$99⁹⁵

Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.

MACHINE ROTORS AN ADDITIONAL \$199.95.

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SIGHT LINE WIPER BLADES

\$10 OFF

Sight Line only.

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VARIABLE DISCOUNT

- \$5.00 OFF** when you spend \$35.00 - \$49.99
- \$10.00 OFF** when you spend \$50.00 - \$99.99
- \$15.00 OFF** when you spend \$100.00 - \$199.99
- \$20.00 OFF** when you spend \$200.00 - \$499.99
- \$50.00 OFF** when you spend \$500.00 or more

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**TRUESTART™
BATTERY SPECIAL**

\$99⁹⁵



INCLUDES BATTERY INSTALLATION
Includes: 84 month warranty,
24 month FREE replacement,
24 month FREE roadside assistance.
Does not apply to hybrid batteries.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 4/30/18.

SPRING VENTILATION SPECIAL

\$129⁹⁵

Includes: Replace cabin air filter, and Toyota Evaporator Service using anti-bacterial foam cleanser and odor eliminator. Bring back that new car smell!

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 4/30/18.



ALEXANDRIA TOYOTA

CALL FOR AN APPOINTMENT AT **703-684-0710** OR SCHEDULE ONLINE AT **ALEXANDRIATOYOTA.COM**