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Potomac ALMANAC



Lucas Lin, Ayden Yang and Raden Pak show off their origami creations at the Churchill High School Asian Festival Friday.

Sharing Their Culture

NEWS, PAGE 4

Narrowing The Hunger Gap

NEWS, PAGE 3

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ENTERTAINMENT, PAGE 7 ❖ CLASSIFIEDS, PAGE 6

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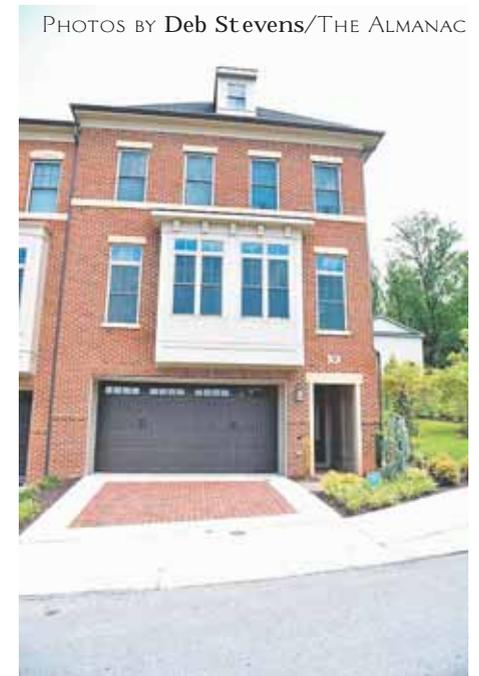
PHOTOS BY Deb Stevens/THE ALMANAC



8 10337 Windsor View Drive — \$1,040,000



5 10407 Democracy Lane — \$1,068,000



4 131 Bytham Ridge Lane — \$1,100,000



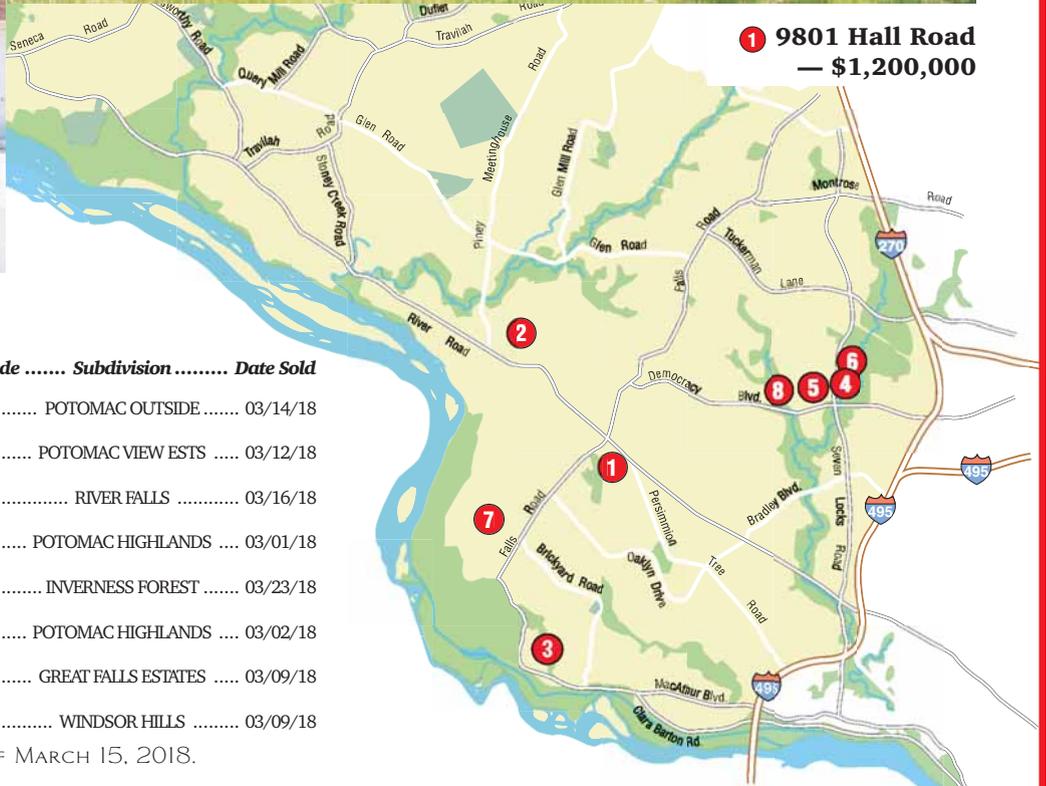
7 9007 Belmart Road — \$1,050,000



1 9801 Hall Road — \$1,200,000



3 7805 Gate Post Way — \$1,152,500



Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1 9801 HALL RD	6	4	2	POTOMAC	\$1,200,000	Detached	0.47	20854	POTOMAC OUTSIDE	03/14/18
2 11005 RIVERWOOD DR	5	3	2	POTOMAC	\$1,192,900	Detached	2.08	20854	POTOMAC VIEW ESTS	03/12/18
3 7805 GATE POST WAY	4	3	1	POTOMAC	\$1,152,500	Townhouse	0.09	20854	RIVER FALLS	03/16/18
4 131 BYTHAM RIDGE LN	3	3	1	POTOMAC	\$1,100,000	Attach/Row Hse	0.77	20854	POTOMAC HIGHLANDS	03/01/18
5 10407 DEMOCRACY LN	5	4	1	POTOMAC	\$1,068,000	Detached	0.23	20854	INVERNESS FOREST	03/23/18
6 123 BYTHAM RIDGE LN	3	2	2	POTOMAC	\$1,062,000	Detached	0.06	20854	POTOMAC HIGHLANDS	03/02/18
7 9007 BELMART RD	4	3	1	POTOMAC	\$1,050,000	Detached	2.17	20854	GREAT FALLS ESTATES	03/09/18
8 10337 WINDSOR VIEW DR	4	3	1	POTOMAC	\$1,040,000	Detached	0.35	20854	WINDSOR HILLS	03/09/18

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Working To Narrow County's Hunger Gap

Montgomery County Muslim Foundation's efforts praised.

By Susan Belford
The Almanac

Even though Montgomery County is one of the most affluent in the U.S., more than 40,000 residents struggle with hunger — and of them, 12,938,000 are children. One in every eight residents is vulnerable to hunger and food insecurity each day. One in every three children in the county qualifies for free or reduced lunch in school — but the need does not end there. Many who are fleeing economic and domestic crises, the working poor, seniors, and those with intellectual and physical disabilities are just a few of the economic strata who require help from Montgomery County. These numbers are rising steadily.

The Montgomery County Muslim Foundation (MCMF) has made its mission to help reduce the hunger gap in the county. On April 28 and 29, the organization initiated a food drive in collaboration with Manna



Montgomery County Muslim Foundation's volunteers at Cabin John Giant.

Foods and Giant Grocery Stores. Sixty volunteers from diverse backgrounds — Pakistanis, African American, Indian, Spanish, and Arabs — led by MCMF Board Member Amnir Khawaja collected 9,000 pounds of non-perishable food at 13 Giant Grocery stores and subsequently donated it to

Manna Food Center to fight hunger in Montgomery County.

These volunteers and other members of MCMF were celebrated and appreciated for their dedication on May 12 at the MCMF Annual Community Cookout at the Black Hills Regional Park.

MCMF Chairman Tufail Ahmed spoke to the crowd of several hundred attendees: "The vision of MCMF is to help create a hunger-free and hate-free society. To promote that vision, it has undertaken several initiatives and programs to feed the homeless and hungry residents of Montgomery County both individually and in collaboration with other charitable organizations. One such program is undertaken in collaboration with Manna Food and Giant stores. The food collected by MCMF volunteers under this project is donated to Manna Food for distribution among these deserving people. MCMF has undertaken this annual exercise for the last 7-8 years and its scope and scale has been on the increasingly fulfilling its vision and mission."

For his role as the founder and leader of MCMF as well as for his dedication and hard work in launching several welfare programs to help the seniors, youth and other residents needing help, Ahmed was presented the Roscoe R Nix distinguished Community Leadership award on April 23.

A number of public officials including County Executive Isiah Leggett, Montgomery County Council members Roger Berliner, George Leventhal, Nancy Floreen and

See Making a Difference, Page 6

Olympic Athlete Returns to Support KEEN

Wootton High alumna volunteered with the nonprofit.

By Ashley Claire Simpson
The Almanac

Before this year's Winter Olympics in PyeongChang, the US women's hockey team hadn't won the Olympic gold since the Games in Nagano, in 1998. While that team celebrated from the highest podium 20 years ago, the 2018 US Women's Olympic team forward Hayley Skarupa was just 4 years old and half-way across the world. It would be later

"I was first introduced to hockey when my older brother started playing when I was 4 years old," Skarupa, a Wootton High School alumna, recalled. "Maryland, of course, wasn't exactly a hockey hot bed, so we started out playing roller hockey on our neighbor's driveway with my brothers' friends. My first three years of playing ice hockey, I was on a boys team because there weren't that many girls teams out there. The sport has come so far though — not only in the DMV area, but also around the country and world. It is really exciting to see."

Despite the hard work and time commitment required of a young person to become a world-class athlete, Skarupa still made sure to participate in activities off the ice. What was particularly meaningful for her was volunteering with KEEN (Kids Enjoy Exercise Now) Greater DC, a nonprofit organization that provides free physical fitness and other recreational activities for young people with developmental and/or physical disabilities. The experience influenced Skarupa so much so that she will be a guest at KEEN's SportsFestival this year on Sunday, June 3, in Potomac's Avenel Park.

"I first learned about KEEN when I was in elementary school," Skarupa, who now lives in Boston, said. "My brother was vol-



2018 US Women's Olympic team forward Hayley Skarupa.

unteering at the SportsFestival one summer and I tagged along. I ended up having such a blast and the experience made such a valuable impact on my life. I loved how KEEN encouraged kids with disabilities to exercise and have fun playing sports. I saw how much fun all of the kids were having and knew I wanted to become more involved down the road."

Now in its 26th year, KEEN holds a number of classes and events throughout the Washington DC metro region and Baltimore area so that young people with special needs — known as KEEN athletes once they become involved — can engage in activities

that they likely otherwise wouldn't be able to pursue. From dance classes to open gym sessions, youths with a range of disabilities can develop their interests and forge relationships while their parents or other devoted caretakers can have time on their own.

"The first part of our mission is to provide free-of-charge recreation and exercise programs for kids with significant disabilities," KEEN Board Director Burt Braverman said. "We set out to give them opportunities for social interaction, fitness, and fun. It's important that these be available free of charge because a lot of families we serve have limited economic resources. We also

know everything we do needs to be geographically accessible, which drives us to try to expand the number and locations of our programs so that all kids and families interested can get involved."

The second part of the mission is to enrich the lives of the people who assist the KEEN athletes. These volunteers range from teenagers to adults, like Skarupa, who have stuck with KEEN since they first got involved as teenagers themselves.

"We provide wonderful volunteer opportunities even for people who have not had experience with special needs kids or people

See Returning, Page 6

"My brother was volunteering at the SportsFestival one summer and I tagged along. I ended up having such a blast and the experience made such a valuable impact on my life."

— Hayley Skarupa

that year that Skarupa herself would take up hockey on the streets of Rockville.



Jessica Fang, a seventh grader at Hoover Middle School, practices the Chinese Yo-yo at the Churchill High School Asian Festival Friday.



Winston Churchill High School sophomore Yida Wang, left, and his mother Jing Zhu perform during the school's Asian Festival Friday.

Photos by Peggy McEwan/The Almanac

Sharing Their Culture Churchill High School students host school's first Asian Festival.

By Peggy McEwan
The Almanac

The cafeteria at Winston Churchill High School was crowded with students, parents, even neighbors celebrating the school's first Asian Festival Friday evening, May 25.

Somehow the school never had an event for students of Asian Heritage to share their culture and celebrate their diversity. Now they do and if Grace Chen, one of the student volunteers who organized the Asian Festival has her way, it will continue for many years to come.

"We are certainly planning to do it again next year," Grace said. "We are planning to pass this down when we graduate."

Among the foods, some student made, some store bought, available for sampling were dumplings of many kinds: vegetable dumplings, chicken dumpling and pork dumplings; plus, noodles, sushi, samosas and Tteokbokki. Tteokbokki? It was a night to learn new things

... Tteokbokki is Korean street food, according to Sebin Jeon, who was selling the savory treat.

In addition to the tables of food and drink, there was ongoing entertainment with music and costumes from many Asian countries.

Mila Divino, who lives in the Churchill neighborhood, was watching the performances with her daughter and grandchildren. She said she heard about the festival through a neighborhood listserv.

"I came because I wanted to see if there was any Philippine food, but it was mostly Chinese and Indian," she said.

May is Asian/Pacific American Heritage Month — a celebration of Asians and Pacific Islanders in the United States. It began with a congressional resolution to have an Asian/Pacific American Heritage Week during the first week of May in 1978. In 1992, Congress passed a law designating the whole month of May as Asian/Pacific American Heritage Month.

Around the cafeteria were displays done by students to show history, culture and artifacts of different Asian countries.

One popular display was for Japan. Rader Pak, though he is of Korean heritage, sat at the Japanese display showing two younger students how to make origami characters. Lucas Lin, who is Chinese American and one of the event organizers, also joined in the origami projects, a skill he said he enjoys and is working to improve.

But it was the music and dance, along with the coming together of cultures, that was the highlight of the evening.

"I'm very happy with the diversity of people and age groups," Lucas said.

The Asian Festival was sponsored by the Churchill PTSA, the group's President Bruce Adelson said.

"What's great is this is student organized," he said. "Asian students are the largest group of color at Churchill. They have done such a great job."



Photos by Deborah Stevens/The Almanac

Music Box Entertainment

Knowles and Virginia Little display a historic music box.

Knowles Little; Paul Senger, president of the The National Capital Chapter of Music Box Society International; and Virginia Little at Great Falls Tavern on Sunday, May 27. They were demonstrating music boxes, a historic type of entertainment.

POTOMAC ALMANAC

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Photo by Peggy McEwan/The Almanac

Five of the eight candidates for Maryland's 6th Congressional District were invited to a candidates' forum Tuesday, May 22 at Congregation Har Shalom in Potomac. From left are Nadia Hashimi, David Trone, Andrew Duck, Roger Manno and Aruna Miller. Far right is moderator Meredith Weisel.

Debate Debacle Headed Off

6th Congressional District candidate protests exclusion.

By Peggy McEwan
The Almanac

The candidates came, as did their campaign workers and supporters, and many Potomac residents interested in hearing what they had to say about representing Maryland's 6th Congressional District. Many attendees did not know a showdown involving more than political issues was brewing.

It was a Democratic candidate forum sponsored by the Jewish Community Relations Council of Greater Washington (JCRC) at Congregation Har Shalom on Falls Road Tuesday, May 22.

The possible problem was outlined in a press release from the office of candidate Chris Hearsey:

"I'm writing to you to let you know that the Jewish Community Relations Council of Greater Washington is holding a debate for some of the Democratic candidates tonight. Chris was not invited to attend as a qualified candidate," wrote Hearsey's Campaign coordinator Daniel Kong.

"After some correspondence with the coordinator for the event and pointing out that Chris is a qualified candidate, we were given few reasons why they are barring Chris from speaking. The JCRC informed the campaign that invitations to the debate were sent out in early January, a full two months before the deadline to register as a Congressional candidate with the state. Chris filed in January.

"Chris registered with the FEC as a candidate at the same time as Nadia Hashimi and has raised more and invested more funds than Andrew Duck. Both these candidates were invited to speak over Chris.

"We've resolved that if Chris is not allowed to join the debate, he will attend and make his voice heard regardless. Chris will mount the stage as the debate begins and inform the audience of his candidacy. It's likely that Chris will be removed from the debate; if so, our staff and volunteers will hold a rally outside. We've contacted all the local media and are attempting to get as much coverage for the event as possible."

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sible.

"Our message is this: Denying the people of western Maryland the opportunity to hear an independent Democratic voice that is not seeking to buy the election or beholden to special interests is unfair. Chris needs your support!"

Meredith R. Weisel, from JCRC, said she was aware of Hearsey's disappointment at not being invited to participate in the debate, but she said, "the invitations went out in January before he was registered."

She did not offer an explanation as to why there were no additional invitations after other candidates registered in February.

"We are a nonprofit and we do not have to invite all the candidates," she said.

Hearsey registered as a candidate with the State of Maryland on Jan. 25 according to the state's website.

The invited candidates, Andrew Duck, Nadia Hashimi, Roger Manno, Aruna Miller and David Trone, all registered earlier than Jan. 25. Two other candidates, not just Hearsey, were also left out of last Tuesday's forum. They are George English, who registered Feb. 22, and Chris Graves, registered Feb. 27.

Could there have been an exception when Hearsey wanted to be included?

"It really doesn't matter [why he wasn't invited]. I'm a qualified candidate," Hearsey said outside Congregation Har Shalom Tuesday as people were arriving for the forum. "It's robbing people of a choice."

Hearsey said he had attempted to go inside but was stopped by police.

"We have been told that Chris is not allowed inside or on the property," Kong said.

Trone greeted Hearsey as he arrived.

"To be crystal clear, everybody should be welcomed always," Trone said.

Soon the crowds moved inside, and the forum began with Weisel as moderator.

Hearsey never tried to enter and mount the stage — there wasn't one — and after the debate was over, all the supporters from outside were gone.

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Returning to Support KEEN

From Page 3

with disabilities in general,” Braverman said. “It is life changing, and it gives people the understanding of what people facing these challenges need, and how vital community support is. We’ve changed the direction of peoples’ careers, lives; our volunteers often find direction they didn’t have previously, and, in turn, that helps the third part of our mission — to shape greater community attitudes. People with the right understanding go out into industry, government, and other councils and can directly or indirectly alter public policy to make the community more supportive.”

KEEN began in Montgomery County, but has expanded to execute programs in 19 different locations throughout Maryland, Virginia and DC proper. SportsFestival is critical to KEEN’s growth trajectory because it is the one annual initiative that brings everyone together for food, fun, and fellowship. This year, everyone at SportsFestival will also have the opportunity to meet with an Olympic gold medalist.

“It’s a small world,” Braverman said. “Haley volunteered at one of our major events back when she was in high school. And Haley is also very tied to her Maryland roots. You’ll see pictures of her at the Olympics with a Maryland flag in the background, so we were able to arrange for her to come back home for SportsFestival, which is one of our major events of the year, when kids from more than 30 programs come together at Avenel Park. It’s a great, festive environment, perfect for a shared experience and lots of fun.”

The beauty of SportsFestival is that it allows everyone there to unwind, to spend the time however they so desire. There are field games, face painters, free pizza, and so much more. Even Skarupa is there primarily to bask in the company of the athletes and volunteers.

“I am most looking forward to meeting such amazing athletes and people at SportsFestival and being able to engage in sports and exercise with them,” Skarupa said. “I’ll be signing autographs, taking pictures, and doing a meet-and-greet with the athletes and their families. I’ll mostly be

there to hang out with all of the participants. I’m excited to share my experiences while also learning more about the athletes and volunteers.”

Skarupa played in all five games that led to gold in the Winter Olympics this year, and currently plays forward for the National Women’s Hockey League (NHL) team, Boston Pride. If there’s anyone who knows how important fitness is, it would be Skarupa.

“Sports have always played such a big role in my childhood and life,” Skarupa said. “Growing up, I played pretty much every single sport and loved the competitive nature and team camaraderie of playing on a team. I learned a lot of lessons about myself as an athlete, but more importantly, as a person as well. Sports have taught me how to work with others, how to deal with adversity and how to challenge yourself beyond your limits. I cannot give enough credit to sports.”

Her favorite moments of her professional career haven’t changed much from those of her youth league hockey days, which could be a poignant lesson for any young KEEN athlete or volunteer who listens to her words of wisdom.

“Based on what I have experienced, my advice for KEEN athletes and volunteers would be to enjoy every moment,” she said. “Regardless of the challenge or adversity, embrace the moments with your team, family and friends, because that is what you will look back on and remember the most. I love looking back on and laughing about all the little stories from the locker room, traveling in airports, on a bus, early mornings, late nights, and even from all of the hard work in between. Be present and enjoy it, because they are the most important. The rest will take care of itself.”

To learn more about KEEN, including SportsFestival — an event open to anyone interested — visit www.keengreaterdc.org.



Hayley Skarupa

Making a Difference

From Page 3

Marc Elrich attended the event and acknowledged the importance of the work of MCMF.

“I want to commend the charitable interfaith acts of the MCMF,” said Leggett.

“They are making our county a better place to call home,” George Leventhal said that MCMF exemplifies the Muslim principles of charity as well as good deeds. He said, “I deeply appreciate MCMF’s participation in Montgomery County’s vigorous charitable enterprise.”

Others who were in attendance included Special Assistant to the County Executive Charles Short, Director of the Office of Community Partnerships Bruce Adams, and Interfaith Community Liaison for the Office

of Community Partnerships Rev. Mansfield “Kasey” Kaseman.

Kaseman said, “We deeply appreciate the community service work being done by MCMF.” In addition to the above Montgomery County officials, the event was also attended by candidates for various elected offices in the upcoming election.

Volunteers were awarded Certificates of Appreciation for their efforts in helping families throughout Montgomery County. Councilmember Roger Berliner also awarded a certificate of appreciation to MCMF for promoting Cultural Diversity and improving the lives of communities in Montgomery County.

After the awards were presented, a lunch of Pakistani food was served.

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View to a Shril

By **KENNETH B. LOURIE**

I watch a little bit of television. Okay, maybe I watch a lot of television (probably too much if truth be told). And in the course of watching that television, like it or not, fast-forwarding or not, commercials will be seen and unfortunately heard. Sometimes, what I see and hear causes me to interact with my television, verbally. And even though this verbalization is rarely responded to (other than by my wife, Dina), these outbursts (again if truth be accurately characterized) make me feel so much better.

What irritated me today — which led to this column being written, was a television commercial for a cellular phone company, an (“Approved AARP provider since 2008”) providing “exclusive benefits for AARP members” which, as I consider my age, and associations which have value, I would have to say, to quote my late father: “The idea has merit.” The commercial featured — among other facts and figures — endorsements from a half a dozen or so satisfied customers. The praise was typical of what you might expect/hear; all good about everything: price, service, reliability, value, etc. One woman’s comments however caught my attention. I believe I heard her correctly when she said: “Wild horses couldn’t drag me away from” And then off I went.

Really? Are you kidding me? Rather than change your cellular service, you’d consent to being dragged behind a team of wild horses? Do you actually mean to say that if you had your hands and feet bound and you risked being ripped to shreds, you still wouldn’t change carriers? You can’t be serious? As Minnie Driver asked Matt Damon in a scene from the 1997 movie “Good Will Hunting” discussing his having studied organic chemistry “a bit”: “Are you mad? Have you completely lost your mind?” This customer appeared to be of sound mind but, her comments were so ridiculous that it diminished her value as a “spokes-customer.”

I suppose however, if one were to analyze this amazingly, incredibly loyal comment (and take it at face value), one would have to be impressed. Who wouldn’t want the kind of service whose reliability, service, value, cost, etc. was worth dying for? For me, if the choice was between being dragged behind a team of wild horses — and being torn to pieces/possibly even dying in the process, or changing cellular service companies, I’d change in a minute or as quickly as I could (given the phone calls required) to avoid this Western-era torture. This woman can’t be telling the truth, can she? I mean, it is television where hyperbole and coercion go hand and hand with the remote, and I imagine there was a script involved. Nevertheless, her comments started at the top and went up from there. Apparently, being reasonable isn’t part of this commercial’s equation. Their “spokes-customers” haven’t just drunk the Kool-Aid, they’ve invited the Kool-Aid Man, pitcher and all, into their homes and offered us viewers a drink.

The problem for me, other than I spend too much time watching television, is that when what I’m watching tests the bounds of believability, be it content or especially commercials/advertisements, it inevitably turns a positive message into a negative one. Subsequently, my take-away: don’t bother me with nonsense; I’m not interested. The exact opposite of the intended effect. If truth be told (yet again), I’m likely overreacting (really?) but, when a line is crossed, sometimes I can’t go back, like Burt Lancaster/“Moonlight Graham” couldn’t in the 1989 movie, “Field of Dreams.”

To invoke/extrapolate Capt. Woodrow F. Call from the epic, 1989 mini-series, “Lonesome Dove:” “I hate rude behavior in a man. Won’t tolerate it.” Well, neither can I tolerate commercials which take me for a dope. Can’t handle it.

I may not be the sharpest knife in the drawer, but I do have a little intellect and substance to draw upon even when I’m sitting on the couch watching television. I haven’t completely lost my mind, yet.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Entertainment



Photo by Michael Jourdan

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

25th Anniversary Exhibit. Through June 2 at Waverly Street Gallery, 4600 East West Highway in Bethesda. Featuring the work of present and past Waverly Street Gallery members from D.C., Maryland and Virginia. The Gallery is open Wednesday - Sunday, noon-6 p.m. Call 301-951-9441 or visit www.facebook.com/waverlygallery/ or visit www.waverlystreetgallery.com.

Art Exhibit: Color Combustion. Through June 27, office hours at Serendipity Labs, 4500 East West Highway, Suite 125, Bethesda. The Abstract Artists' Collective presents a group exhibition of work by women painters at Serendipity Labs. Eleven painters are included in the show: Tory Cowles, Lauren Chelec Cafritz, Camilla David, Jennifer Duncan, Patsy Fleming, Eleanor Glatty, Marthe McGrath, Michele Morgan, Hester Ohbi, Debra Perkins, and Helen Power. Visit serendipitylabs.com/our-locations/serendipity-labs-bethesda-md/.

THURSDAY/MAY 31

8 Ohms Band (Funk). 6-8 p.m. at Veterans Park, corner of Woodmont and Norfolk Avenues, Bethesda. Free. Part of weekly outdoor concerts produced by the Bethesda Urban Partnership. Contact 301-215-6660 or visit www.bethesda.org.

SATURDAY/JUNE 2

Celebrate Children and the Arts. 10 a.m.-3 p.m. along Elm Street and Woodmont Avenue in downtown Bethesda. The 24th annual Imagination Bethesda, a children's street festival celebrating children and the arts features musical performances and professional children's entertainers, while hands-on art & craft activities will line the streets along Elm St. and Woodmont Avenue in downtown Bethesda. Free. Call 301-215-6660 or visit www.bethesda.org for more.

Maritime Voices. Noon and 2 p.m. at Great Falls Tavern Visitor Center, 11710 MacArthur Boulevard, Potomac. The Washington Revels

Bulletin Board

SATURDAY/JUNE 2

Grateful Shred. 9 a.m.-noon at the Clara Barton Community Center (CBCC), 7425 MacArthur Blvd., Cabin John. Bring unwanted documents to "The Grateful Shred," and watch an industrial-size shredder reduce papers to confetti, safe from fraud and identity theft. \$5 donation per one-cubic-foot parcel of paper. Proceeds help support events and programs at CBCC. Call 240-777-4910 or visit www.friendscbcc.org.

SUNDAY/JUNE 3

Candidate Forum. 9:30 a.m.-2 p.m. at Temple Beth Ami, 14330 Travilah Road, Rockville. All candidates (republican and democrat) for State Delegate in Districts 15, 16, 17, 39 and all candidates for County Executive will be there for a moderated Q & A. Free. Details at Eventbrite.com, search June 3 Forum. Visit www.bethami.org/images/events/CandidatesForum_June2018.pdf.



Photo by John Young

United/Divided 2

Photoworks Gallery in Glen Echo Park Announces United/Divided 2 opening through July 1 with a reception and artist talk on Sunday, June 3, 6-8 p.m. Photoworks' latest exhibit strives to initiate a visual dialogue at one of the most divisive times in our Nation's history. The exhibiting photographers' work features everything from political protests to daily life in the D.C. region. Gallery hours at Photoworks, 7300 MacArthur Blvd; Glen Echo. Call 301-634-2226 or visit www.glenechopark.org.

Maritime Voices musical ensemble revives songs featuring life on the canals and waterways of 19th-Century America. Park entrance fees may be charged at Great Falls Tavern Visitor Center but park ranger programs are free. Call 301-767-3714.

Washington Balalaika Society Concert. 8 p.m. at F. Scott Fitzgerald Theatre, 603 Edmonston Drive, Rockville. 55 members on stage with balalaikas, domras, and other Russian folk instruments. Adults, \$25; seniors, \$20; students, \$25; 12 and under, free. Call 240-314-8690 or visit www.balalaika.org for tickets.

Celebrate Poland's Anniversary with National Philharmonic. 8 p.m. at The Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. The National Philharmonic ends its 2017-2018 season with a celebration of the 100th anniversary of Poland's Independence! During the celebration, world-renowned Polish Maestro Mirosław Jacek Błaszczyk will lead the National Philharmonic and the National Philharmonic Chorale in some of Poland's greatest musical compositions. Tickets are \$23-\$76; young people 7-17 are free (must be purchased in person or by phone). Visit www.nationalphilharmonic.org or call the Strathmore Ticket Office at 301-581-5100.

SATURDAY-SUNDAY/JUNE 2-3

Dance Performance. Saturday, 2 and 7:30 p.m.; Sunday, 1:30 and 6 p.m. at CityDance Studio Theater at Strathmore, 5301 Tuckerman Lane, North Bethesda. CityDance Conservatory Dancers perform original works by guest artists and the CityDance Conservatory teaching faculty. For tickets, visit www.brownpapertickets.com/event/3449875.

TUESDAY/JUNE 5

Opioid Overdose Training. 1-3 p.m. at Department of Health and Human Services, 401 Hungerford Drive, 1st floor conference room, Rockville. Residents concerned about a friend or family member with an opioid addiction are invited to learn about reducing unintentional and life-threatening opioid overdoses with the use of Naloxone, a prescription medication that reverses the effects of an opioid overdose. Training is free, but registration is required at OverdoseResponseProgram@montgomerycountymd.gov or 240-777-1836.

Networking Event. 4-6 p.m. at Normandie Farm, 10710 Falls Road, Potomac. Potomac Chamber of Commerce networking event, bring business cards and conversation, with a cash bar and hors d'oeuvres provided by Normandie Farm. Potomac Chamber member, \$10; non-members, \$15. Reserve space by June 4 at 301-299-2170 or www.potomacchamber.org.



Photo by David Frey

SUNDAY/JUNE 3

Reception and Artist Talk: United/Divided. 6-8 p.m. at Photoworks, 7300 MacArthur Blvd; Glen Echo. Photoworks' latest exhibit strives to initiate a visual dialogue at one of the most divisive times in our Nation's history. The exhibiting photographers' work features everything from political protests to daily life in the D.C. region. Call 301-634-2226 or visit www.glenechopark.org.

JUNE 6-30

Bethesda Painting Award Finalists. Gallery hours at Gallery B, 7700 Wisconsin Ave., Suite E, Bethesda. Eight painters have been selected as finalists for the Bethesda Painting Awards, a juried competition and exhibition produced by the Bethesda Arts & Entertainment District. Nearly 300 artists from Maryland, Virginia and Washington, D.C. submitted work to the 14th annual competition created to honor regional painters. Visit www.bethesda.org for more.

THURSDAY/JUNE 7

Soul Crackers (Soul). 6-8 p.m. at Veterans Park,

corner of Woodmont and Norfolk Avenues, Bethesda. Free. Part of weekly outdoor concerts produced by the Bethesda Urban Partnership. Contact 301-215-6660 or visit www.bethesda.org.

WEDNESDAY/JUNE 8

Opening: Bethesda Painting Award Finalists. 6-8 p.m. at Gallery B, 7700 Wisconsin Ave., Suite E, Bethesda. Eight painters have been selected as finalists for the Bethesda Painting Awards, a juried competition and exhibition produced by the Bethesda Arts & Entertainment District. Nearly 300 artists from Maryland, Virginia and Washington, D.C. submitted work to the 14th annual competition created to honor regional painters. Visit www.bethesda.org for more.

SATURDAY/JUNE 9

Dulcimer Music. 2:30-3 p.m. at Great Falls Tavern Visitor Center, 11710 MacArthur Boulevard, Potomac. Park entrance fees may be charged at Great Falls Tavern Visitor Center but park ranger programs are free. 301-767-3714.

Quilters Unlimited

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JUNE 1-3, 2018 DULLES EXPO CENTER, CHANTILLY VA

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www.quiltersunlimited.org/quilt-show

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