

The Arlington Connection

HomeLifeStyle

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Eight-year-old Margaret Torrey, seven-year-old Lila Sobba and English lab, Rosie, queue up in Alan Sobba's 1964 baby blue Galaxie 500 for the Lyon Village 4th of July parade.

Tradition Continues

NEWS, PAGE 3

Heat Wave's Impacts

NEWS, PAGE 3

APAH and OAR Seek School Supplies

NEWS, PAGE 4

ATTENTION POSTMASTER:
TIME SENSITIVE MATERIAL.
REQUESTED IN HOME 7-12-18

PRSR STD
U.S. POSTAGE
PAID
EASTON, MD
PERMIT # 322

ENTERTAINMENT, PAGE 8 ♦ CLASSIFIEDS, PAGE 14

PHOTO BY SHIRLEY RUHE/THE CONNECTION

JULY 11-17, 2018

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

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**If your loved one has been a resident at
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**This facility has been cited for
multiple deficiencies* including:**

FAILURE to provide necessary care and services to maintain the highest well being of each resident. [Cited on 02/20/2015 and **again** on 02/09/2017]

FAILURE to make sure that each resident who enters the nursing home without a catheter is not given a catheter, and receive proper services to prevent urinary tract infections and restore normal bladder function. [Cited on 02/09/2017]

FAILURE to immediately tell the resident, the resident's doctor and a family member of the resident of situations (injury/decline/room, etc.) that affect the resident. [Cited on 02/20/2015 and **again** on 02/09/2017]

FAILURE to make sure menus meet the resident's nutritional needs and that there is a prepared menu by which nutritious meals have been planned for the resident and followed. [Cited on 02/09/2017]

FAILURE to 1) make sure that each resident's drug regimen is free from unnecessary drugs; 2) each resident's entire drug/medication is managed and monitored to achieve highest well being. [Cited on 02/09/2017]

FAILURE to store, cook, and serve food in a safe and clean way. [Cited on 02/20/2015 and **again** on 02/09/2017]

FAILURE to safely provide drugs and other similar products available, which are needed every day and in emergencies, by a licensed pharmacist. [Cited on 02/20/2015 and **again** on 02/09/2017]

FAILURE to keep accurate, complete and organized clinical records on each resident that meet professional standards. [Cited on 02/09/2017]

FAILURE to develop policies that prevent mistreatment, neglect, or abuse of residents or theft of resident property. [Cited on 02/19/2016]

FAILURE to develop a complete care plan that meets all of a resident's needs, with timetables and actions that can be measured. [Cited on 02/19/2016]

FAILURE to provide care for residents in a way that keeps or builds each resident's dignity and respect of individuality. [Cited on 02/19/2016]

*To view the full inspection results, the scope and severity of these deficiencies, additional surveys and the facility's plans of correction, visit the Nursing Home Compare tool at <http://www.medicare.gov/nursinghomecompare/search.html#>.

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Heat Wave High temperatures impact Arlingtonians and their pets.

BY VERNON MILES
THE CONNECTION

On July 3, temperatures hit a high of 97 with a heat index of 107. For humans, and for their animal companions, a heat wave can pose dire health risks.

William Flagler Jr., deputy director of Department of Public Safety Communications and Emergency Management, said the county works during heat waves to get warnings out to citizens.

“There’s a lot of dangers,” said Flagler. “There’s heat stroke, obviously. Children and pets [are particularly vulnerable]. It’s the summer, so kids hanging outside might not know how much water or fluids they should be drinking. People might not be aware of how dangerous the heat can be.”

Flagler said a heat wave is a great time to check out programming at the local library, which not only has summer activities, but are also all air conditioned.

For those who have to be outside, Flagler said many Arlington parks have spray grounds for younger people to cool off.

It’s impossible to tell how many 911 calls come in for heat-related issues; Flagler said a person with heat stroke is usually called in as a person fainting.

The heat wave also has an impact on Arlington’s four-legged residents.

There’s two categories of animals impacted by the heat wave, owned animals and wildlife. For pets, one of the biggest problems has been animals left in vehicles.

“It gets very hot very quickly,” said Jenni-

fer Toussaint, Arlington’s Animal Control chief. “It’s widely understood that it’s not a good idea to leave your pet in a car, but we’re still pulling animals from vehicles all week long.”

Toussaint said there’s an average of one or two calls for an animal in a car per day, with a total of seven to 10 animals rescued from cars in the last week. For one dog, who showed other signs of neglect, animal control took custody of the dog.

“It’s discouraging to think that people still brought their pets out,” said Toussaint.

Toussaint

which by law emergency responders answering a call for an animal in peril are allowed to do. The flustered pet owner told Toussaint that she thought her dog was fine because several hours ago it had been in the shade. Even discounting the fact that the sun changes position during the day, Toussaint said, during extreme heat, shade offers very little protection for animals.

Even for well-meaning pet owners who know not to leave their pets in cars, there are still several things people do that Toussaint said can be bad for their pets. One of the frequent calls Toussaint says comes in during heat waves is calls for animals with burned feet.

“People get home at at 4:30 and take their dog out for a walk, but those black tops have been heating all day,” said Toussaint. “The dog’s foot pads are burned. Even a few seconds can burn their feet.”

Toussaint said to check the surface with your hand. If it’s too hot for your hand, it’s too hot for your dog. Instead, Toussaint said to it’s OK to minimize walking time during heat waves, and when necessary to change the schedule to take the dog out early in the morning or in the evening when things have cooled off outside.

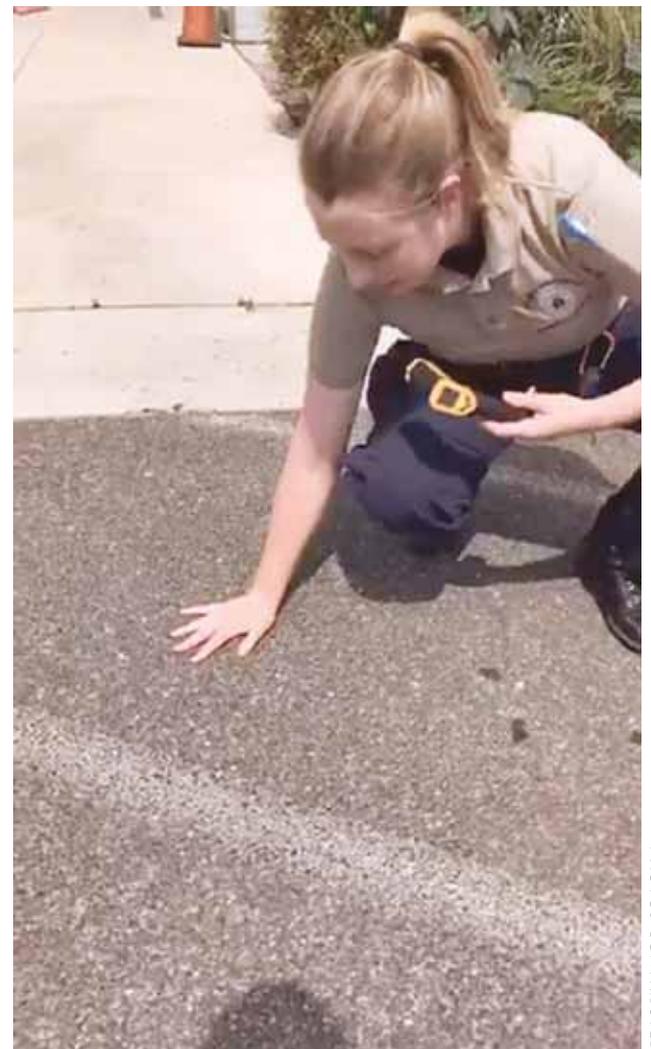
Well-meaning Arlingtonians also leave out water bowls for animals to get hydration during the hot temperatures. But Toussaint said pet owners should make sure to dump the water every time the dog comes inside.

Left outside, the bowl can quickly heat up, so that when the dog returns a few hours

SEE HEAT WAVE, PAGE 15



Temperature inside a car during the heatwave.



Jennifer Toussaint, Arlington’s Animal Control chief, testing asphalt surface heat.

PHOTOS CONTRIBUTED

Tangled in Code Zoning ordinance compels county to tear down early childcare facility.

BY VERNON MILES
THE CONNECTION

Arlington needs space and buildings for facilities. In particular, there’s a dire need for space for early-childhood educational facilities. So some eyebrows were raised at the July 2 Planning Commission when Arlington County Staff said the county plans to demolish a space being used for early childhood education.

“You intend to bulldoze existing buildings at Buck and Carlin Springs without any money or plan for how interim uses will be funded?” asked Planning Commissioner Stephen Hughes. “I point this out to my colleagues; pointing out that we are spending a great deal of money on head start

building on Glebe Road and here we have current buildings on sites that are occupying and serving [those] purposes. In addition to that, our best use of the site continues to be demolishing it without interim use for the building.”

The Buck site is a six-acre property occupied by two 44,000-square-foot office spaces and two smaller warehouse spaces. The Carlin Springs property was purchased by the county as part of a land swap with the Virginia Hospital Center. The Bright Horizons Child Care and Education Center currently operates out of the Carlin Springs property.

When staff answered that the buildings need to be taken down as they are in poor shape, Hughes said he took offense to that

as it is functional enough for his daughter and 140 other children who attend the educational program at Carlin Springs.

“As we plan our community, we can’t gold plate everything; we have to make compromises,” said Hughes. “We can find money to bulldoze but not to make interim uses even if it’s not exactly what we want.”

Staff said that the county proposes to move forward with demolition partially because buildings in the Buck site are not safe and habitable, and partially because the Carlin Springs building was originally built as a hotel and is not adaptable to reuse. The current daycare facility in Carlin Springs is allowed to operate as ancillary to the hospital property at the site, but zoning will not allow the county to operate

early childhood facilities there once it takes over the site.

To the Planning Commission, which deals largely in crafting the county’s zoning ordinance, it was absurd that the county had managed to tie itself into a knot with its own zoning code.

“If our excuse for why we demolish perfectly good buildings is zoning, I know why people get frustrated that I sit on zoning committees now,” said Hughes.

Planning Commissioner Kathleen McSweeney agreed with Hughes.

“We couldn’t find a way to reuse those buildings?” said McSweeney “I hope the county will take another look at that. It does seem within our right to rezone them if that is the issue.”

Fill 'er Up

APAH and OAR seek school supply donations.

BY SHIRLEY RUHE
THE CONNECTION

School backpacks already? Arlington Partnership for Affordable Housing (APAH) is asking the community for assistance in providing 550 backpacks for children living at APAH rental properties and Offender Aid and Restoration is asking for assistance with supplies for about 200 children of parents currently incarcerated in the Arlington County Detention Facility.

Children from two of the APAH properties attend Barcroft Elementary School, which begins its modified school schedule Aug. 6. Julie Booth, the volunteer program manager, says, "We are asking to get these early backpacks for Barcroft by Monday, July 23." She adds that "some of these children are just starting kindergarten and it is such an exciting time. They will be receiving their first backpack."

Booth suggests people can adopt a grade and gather their neighbors or co-workers and have a backpack filling party, completing as many backpacks as they can. Or fill a backpack for a APAH child in the same grade and include a personal note. Or choose one of the 15 APAH properties and commit to fill a certain number of backpacks for that location. She says St. Mary's Episcopal Church and Arlington Temple United Methodist Church have already committed to filling all of the backpack needs for two of the 15 communities.



OAR is hosting a new program for the first time this year called Project Backpack which will give school supplies to the children of parents incarcerated in the Arlington County Detention Facility.

Basic supply lists by grade can be found at the APAH website.

Filled backpacks should be delivered to APAH headquarters at 4318 N Carlin Springs Road on Aug. 16-17 from 10 a.m.-5 p.m.

For more information or questions, contact Julie Booth at 571-800-6462 or jbooth@apah.org

Offender Aid and Restoration (OAR) is also collecting school supplies with a cut-off date of Aug. 1. According to Heather

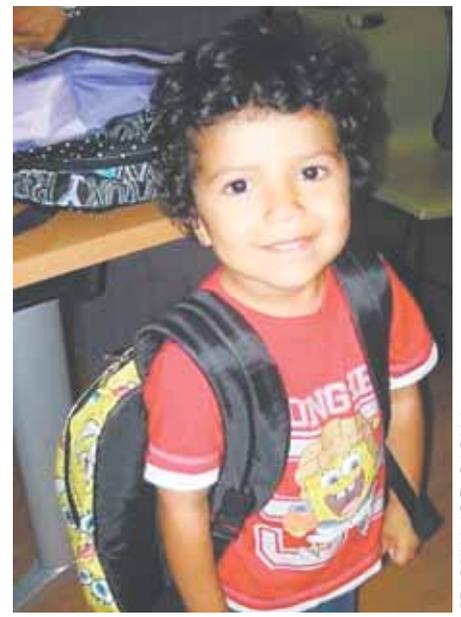
Pritchett, director of development and outreach, "We are collecting new, unwrapped backpacks, notebooks, notebook paper, pencils, pens, markers and crayons. We are also collecting books for children who are younger than school age and \$25 gift cards to Target and Amazon." She adds, "We aim to give each child a backpack, 3-4 supply items and a gift card."

Pritchett says a full list of the items they need can be found at <http://bit.ly/PBwishlist>. In addition, OAR is collecting financial contributions for such things as mailing supplies to children who live outside the delivery area.

OAR is also looking for businesses, community centers and other public spaces where they could place a donation box to help collect items. OAR will provide the space with all necessary materials. Anyone interested in hosting a donation box can contact Heather Pritchett at hpritchett@oaronline.org.

In addition, OAR is seeking volunteers between July 12-Aug. 1 to help call guardians of the children of incarcerated parents to confirm delivery information for the school supplies. Each child who receives a backpack will find a note from the incarcerated parent letting the child know they are not forgotten. Volunteers should contact abreville@oaronline.org for more information about volunteering.

The deadline for backpacks and supplies is Aug. 1. They may be dropped off at the



An elementary student shows off his backpack donated to children who live in Arlington Partnership for Public Housing communities.

OAR office at 1400 N Uhle St., Suite 704 during business hours Mondays-Fridays, 8:30 a.m.-12 p.m., 1-5 p.m.

Pritchett says, "This program is so important because many children with a parent experiencing incarceration live in poverty and cannot afford these critical supplies for school." OAR's slogan is Strengthening Community Through Second Chances. Today it serves the county of Arlington and the cities of Alexandria and Falls Church by working with individuals who have been incarcerated to assist with successful reentry into their communities.

Police Unveil SoberRide Vehicle

On July 2, in partnership with Lyft Mid-Atlantic and the Washington Regional Alcohol Program (WRAP), the Arlington County Police Department (ACPD) unveiled the newest vehicle in its fleet—the SoberRide Vehicle.

The SoberRide Vehicle combines the design of an ACPD cruiser with Lyft's iconic pink logo and will serve as a high-visibility reminder to arrive home safely after drinking — whether it's by using a ridesharing service, taxi, public transportation, or designated sober driver.

Despite the many transportation options in the area, motorists continue to make the dangerous decision to get behind the wheel after consuming alcohol. In 2017, ACPD officers made 435 arrests for driving under the influence (DUI). "We have always worked aggressively to reduce drunk driving in the county. 100 percent of the 435 DUI arrests could have been prevented. The message is simple, take advantage of your options and take a sober ride home," said M. Jay Farr, chief of police.

WRAP's SoberRide program serves as the



Arlington County Police Department's SoberRide Vehicle.

namesake for the SoberRide Vehicle. "As today's newly unveiled vehicle will help promote, there is an alternative to drunk driving in the Washington metropolitan-region. That alternative is WRAP's SoberRide program, now powered by SoberRide's ridesharing partner, Lyft." said Kurt Erickson, WRAP president and CEO. The SoberRide program has provided over 72,000 free, safe rides home to would-be drunk drivers. Lyft has facilitated over 5,500 of those rides during high-risk holidays since the initiation of its partnership with WRAP in 2017.

Jacobs: New Clerk to County Board

Kendra M. Jacobs became the new Clerk to the County Board on Monday, July 9.

Jacobs comes to Arlington County Government from the City of Alexandria, where she has managed the Department of Planning and Zoning's Boards and Commission Unit since 2003. In that role, she supported the Planning Commission, Board of Zoning Appeals, two Boards of Architectural Review and the Carlyle/EE design review board. She also served as Clerk of the Planning Commission. In support of the commissions, Jacobs and her staff provided oversight of systems used to create and certify hundreds of legal notices annually, managed administrative, legal and logistical requirements for multiple public meetings monthly, responded to citizen inquiries and established procedures to ensure transparency.

As Clerk to the County Board, Jacobs will be the principal staff officer for the County Board Office. She will lead and



Jacobs

supervise the County Board staff, including the deputy clerk, senior management analyst and receptionist, and in coordination with the County Board, the board members' aides.

Jacobs also will serve as the board's official record-keeper, attending all board meetings and work sessions; recording actions and serving as official custodian of the meeting minutes; advertising legal notices for public hearings before the Planning Commission and board; initiating follow-up to advise others of board actions; maintaining the County Code and processing legal claims against the county with legal advice from the County Attorney's Office.

Jacobs succeeds Hope Halleck, who retired as Clerk to the Board in April, after serving in that position for more than a decade. Deputy Clerk to the County Board Tina Peters has been serving as Acting Clerk since Halleck's departure.

Fourth of July Tradition Continues



Maddie-Jane Reeves joins mom and dad, Meredith and Jon, in her third Lyons Village 4th of July parade. The parade begins at Highland Street and weaves around the block to Lyon Village Park where festivities continue.



Mom adjusts a helmet amidst the wagons with red, white and blue balloons, tiny children coasting along on their scooters and strollers with dogs trotting along. The Lyon Village 4th of July parade winds through the neighborhood streets lined with orange cones and protected by fire trucks.



PHOTOS BY SHIRLEY RUHE/THE CONNECTION

The usual Lyon Village neighbors begin the parade with the traditional banner to the sound of patriotic music. Some of the residents have lived in the neighborhood since 1969 and have been carrying the banner for years. However, they proudly point out a new member of the group. "We have to include the younger generation."


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PHOTOS BY MICHAEL MCMORROW/THE CONNECTION

The course at the Washington Golf and Country Club is undergoing a major overhaul.

Change at Country Club — Of Course

Work on new golf course underway.

BY MICHAEL MCMORROW
THE CONNECTION

Excepting scattered sentinels of protected trees, the hills of Washington Golf and Country Club are more mindful of Arabia than Arlington. All the turf is stripped away and eyes take in only wave upon wave of sandy dirt.

Five or six years ago, general agreement

found the golfing greens needful of corrective work. Then mission creep set in. Fairways next drew frowns. Time had taken its toll. Soon club members, both finer players and weekend duffers, concurred that a major overhaul was in order.

Competing varieties of grass and the character of underlying soils differed greatly from place-to-place. Apart from the promise of a new course, reconstructing the landscape would reduce the amount of water required and lessen dependence on chemical treatments. Uniformity of ground and ground cover also would permit efficiencies in routine maintenance.

Another factor was not overlooked: History.

The club will celebrate its 125th birthday next year, by which time the current construction is concluded. The 18-hole course reaches the cusp of its own centennial not long thereafter.

Change for the better has been a club byword over the years. Leaseholder to landowner. Situation from Wilson Boulevard (today's Colonial Village Apartments) to Glebe Road. Association to corporation. Expansion from 9- to 18-holes. Modest clubhouse to impressive, modern home. Even the name of the county changed from Alexandria to Arlington. One unresolved change is anxiously awaited: What will be "par" for the new course.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

HEALTHY LIVING

Walk-Fit. Ongoing Tuesdays and Thursdays 8:30-9:30 a.m. at Fashion Center at Pentagon City, Arlington. Participants walk at their own pace in a safe and friendly environment. Group stretch and cool down led by Virginia Hospital Center staff at 9:15 a.m. Meet on the first level by Nordstrom. Call 703-558-6859.

JULY

Summer Safety Patrol Camp. 8 a.m.-2:30 p.m. at Carlin Springs Elementary School, 5995 5th Road S. The Arlington County Police Department's School Resource Officer Unit is currently accepting applications to the Summer Safety Patrol Camp. This weeklong camp is offered to incoming 4th and 5th grade students who want to

participate in safety patrols during the upcoming 2018-2019 academic year. Four week-long sessions of the Summer Safety Patrol Camp will be held. \$95 per student. Visit police.arlingtonva.us/safety-patrol-camp/.

WEDNESDAY/JULY 11

Informational Happy Hour. 6-8 p.m. at Samuel Beckett's in Shirlington, 4150 Campbell Ave. Energy Masters, an award-winning program that promotes a more energy efficient and sustainable community, is now accepting community and student (age 16 or older) volunteer applications for the 2018-2019 training program, which begins Oct. 4. Application period will close on Sept. 1. Visit www.ecoactionarlington.org/community-programs/energy-masters/.

THURSDAY/JULY 12

Arlington County and Vicinity Boathouse Environmental

Assessment. 6-8 p.m. at Washington-Lee High School, 1301 N. Stafford St. Join park staff and planners to learn more about the project and planning process. The meeting will be held in an open house format. Members of the public may stop by any time during to see displays about the alternatives analyzed and to talk to project team members. Comments will be taken during this meeting and throughout the 30-day public comment period. Call 703-228-6200.

North Outreach Team Meeting. 7 p.m. at Ellen M. Bozman Government Center – 2100 Clarendon Blvd., 3rd Floor, County Board Room. The Community Outreach Unit will begin hosting quarterly meetings, covering community issues, crime prevention tips and addressing resident concerns. Visit police.arlingtonva.us for more.

Gerrymandering Discussion. 7:30-9:30 p.m. at Arlington Mill Community Center, Room 527, 909 S. Dinwiddie St. Join LWV-Arlington in welcoming Professor Michael Latner, Kendall Voting Rights Fellow

at the Union of Concerned Scientists, to discuss the effect of gerrymandering on the will of the people in "Gerrymandering in America and the Future of Popular Sovereignty." Parking Garage located at S. Arlington Mill Drive. Visit www.lwv-arlingtonva.org for more.

MONDAY/JULY 16

Nomination Deadline. March of Dimes is accepting nominations for the 18th annual Heroines of Washington awards program, honoring women in the D.C. region for their dedication to and leadership in community service. Nominees must live in Maryland, Northern Virginia or Washington, D.C. Self-nominations will be accepted. Visit www.marchofdimes.org/heroines.

WEDNESDAY/JULY 18

Dementia Caregiver Support Group. 10:30-11:30 a.m. at Carlin Springs Campus, of Virginia Hospital Center, 601 S. Carlin Springs Road, Arlington. No cost. Call 703-558-6859.

Family Fun Day at Arlington Mill Farmers Market

Virginia Cooperative Extension will host a Family Fun Day at Arlington Mill Farmers Market on Saturday, July 21, from 9 a.m.-1 p.m. Family Fun Day is a no-cost, community-wide nutrition health fair to encourage families to eat healthy and stay

active. The event will feature a cooking demonstration led by Virginia Cooperative Extension staff and Master Food Volunteers, along with educational activities for children.

Almost 100 markets in Virginia now accept SNAP, formerly known

as Food Stamps. Many sites offer SNAP matching as well. This means if you spend \$10 in SNAP benefits, then you will receive an additional \$10 in tokens to spend at the market.

Virginia Cooperative Extension's Family Nutrition Pro-

gram offers resources such as recipes, tip sheets, seasonal produce calendars, and videos to help you shop at a farmers market and cook delicious, healthy meals. To access these resources and find out if your market accepts SNAP, visit www.eatsmartmovemoreva.org.

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'FLOURISHING AFTER 55'

"Flourishing After 55" from Arlington Office of Senior Adult Programs for July 22-28.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Hollywood Casino, Charles Town, W.Va., Sunday, July 22, \$9; Stratford Hall and Gardens tour, Stratford, Va., Wednesday, July 25, \$18; Port Tobacco Historic Village, Md., Friday, July 27, \$6. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

NEW PROGRAMS:

Emergency preparedness information, Monday, July 23, 11 a.m., Langston-Brown. Register, 703-228-6300.

Outdoor pickleball at Walter Reed. Call for days and times, 703-228-0955.

Pickleball beginners, Mondays, 9 a.m., Arlington Mill; 9:45 a.m., Walter Reed. Details, 703-228-4771.

Burgers & Bocce, Tuesday, July 24, 5 p.m., Walter Reed. Cost \$6. Register, 703-228-0955.

Cornhole toss games, Tuesday, July 24, 1 p.m., Arlington Mill. Details, 703-228-7369.

Ancient art dance classes, free, Tuesdays, 12:15 p.m., Lee; Thursdays, 4 p.m., Langston-Brown. Register, 703-228-0555 (Lee), 703-228-6300 (L-B).

Demonstration of how to create and print online, Wednesday, July 25, 6:30 p.m., Arlington Mill. Register, 703-228-7369.



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ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

FARMERS MARKETS

- Crystal City:** Tuesdays, 3-7 p.m.; Crystal Drive between 18th and 20th streets. Visit freshfarm.org/crystal-city.html
- Clarendon:** Wednesdays, 3-7 p.m.; Clarendon Central Park (next to the Clarendon Metro). Visit clarendon.org/farmersmarket/.
- Rosslyn:** Wednesdays, 2:30-6:30 p.m.; Central Place Plaza, 1800 N. Lynn St. Visit freshfarm.org/rosslyn.html.
- Ballston:** Thursdays, 3-7 p.m.; Welburn Square (across from the Ballston metro). Visit www.ballstonbid.com/meet/taste-arlington/farmers-market-info.
- Arlington Courthouse:** Saturdays, 8 a.m.-noon; N. 14th Street and N. Courthouse Road. Visit www.community-foodworks.org/arlington-courthouse-market/
- Arlington Mill:** 9 a.m.-1 p.m.; Columbia Pike at S. Dinwiddie St. Visit columbia-pike.org/fm-arlington-mill/.
- Marymount:** Saturdays, 9 a.m.-1 p.m.; Marymount University, N. Glebe Road and Yorktown Boulevard. Visit www.marymountfarmersmarket.org.
- Columbia Pike:** Sundays, 9 a.m.-1 p.m.; Columbia Pike and S. Walter Reed Drive. Visit columbia-pike.org/fm/.
- Fairlington:** Sundays, 9 a.m.-1 p.m.; Fairlington Community Center, 3308 S. Stafford St. Visit www.fairlingtonfarmersmarket.org/.
- Westover:** Saturdays, 8 a.m.-noon; Washington Boulevard and N. McKinley Road. Visit westoverfarmersmarket.org/.

ONGOING

- Art Exhibit: Border (Untitled).** Through July 28, gallery hours at Cody Gallery, Ballston Center, 1100 North Glebe Road, second floor and The Barry Gallery, located in the Reinsch Library at Marymount, 2807 North Glebe Road. Marymount University will present *Border (Untitled)*, an exhibition on the state of culture, art, and politics surrounding immigration and refugees. A fundraiser will be presented at both spaces for Love Without Borders. Works by refugees from around the globe will be available for sale, with all proceeds donated to support Love Without Borders and its work for refugee aid. Visit www.love-withoutborders.org/, www.marymount.edu/barrygallery or www.marymount.edu/ballston-center-gallery.
- Art Exhibit: "Peregrination."** Gallery hours at The Margaret W. and Joseph L. Fisher Gallery on the second floor of the Rachel M. Schlesinger Center on the Alexandria campus of the Northern Virginia Community College, 4915 E. Campus Drive (off Beauregard Street), Alexandria. Arlington-based fine artist Bryan Jernigan's solo show – "Peregrination" – will run through July 28. *Peregrination*, also known as a long, meandering journey, encapsulates the artist's abstract take on real and envisioned landscapes. Visit www.nvcc.edu/schlesingercenter.
- Art Exhibit: "Open World" and "Within/Between."** Through Sept. 29, gallery hours at Arlington Arts Center, 3550 Wilson Blvd., Arlington. *Open World* features eight contemporary artists and artist teams who engage in world-building through installation, video, digital media, sculpture, and collage. Features work by Rachel Frank, Jodie Mim Goodnough, Rachel Guardiola,



Erin Driscoll: Ladies' Night; Thursday, July 26, 8 p.m.



Nova Y. Payton and Mark G. Meadows: Hotter than July; Sunday, July 22, 7 p.m. and Wednesday, July 25, 8 p.m.



Summer Nights Cabaret Series

Signature Theatre kicks off their 2018/19 Season with the Sizzlin' Summer Nights Cabaret Series. Two and a half weeks of live music and performances by Signature favorites with a different performance every night. Signature favorites are featured throughout including cabarets by Nova Y. Payton (Signature's *Jelly's Last Jam*), Erin Driscoll (Signature's *Titanic*), Awa Sal Secka (Signature's *Jesus Christ Superstar*), Christopher Mueller (Signature's *Titanic*), Iyona Blake (Signature's *Jelly's Last Jam*), and Maria Rizzo (Signature's *Crazy for You*). Cabarets run Thursday, July 19-Saturday, Aug. 4. \$35. Tickets can be purchased at www.sigtheatre.org, in person at the Box Office, or by calling 703-820-9771.



Rochelle Rice: American Remix; Friday, July 20, 7 p.m.



Ines Nassara: Isn't She Lovely? with Chris Urqiaga; Saturday, July 28, 7 p.m. and Tuesday, July 31, 7 p.m.

Azikiwe Mohammed, Nicholas O'Brien, Plakookee, Alissa D. Polan, and Stephanie J. Williams. In *Within/Between*, AAC Resident Artists Olivia Tripp Morrow and Jen Noone explore materiality and form. Visit arlingtonartscenter.org for more.

Gardening Lecture. Wednesdays, through Oct. 10, 7 p.m. at the Arlington Central Library, 1015 N. Quincy St. The Arlington Food Assistance Center and the Master Gardeners of Northern Virginia will sponsor a free series of talks and demonstrations about gardening. In addition to basic gardening techniques, topics will include foraging for wild edibles, pollinators, food preparation and preservation, and more. All are welcome. Visit www.afac.org/plot-against-hunger/pah-events/.

Plant Clinic. Wednesdays, through Oct. 24, 6:45-8:45 p.m. at The Arlington Central Library, east lobby, 1015 N. Quincy St. Visit mgvnv.org.

Ball-Sellers House Open. Through Oct. 27, Saturdays 1-4 p.m. at Ball-Sellers House, 5620 3rd St., South. Free tours by a knowledgeable docent transport you back to the colonial era in the historic artifact of a house built in the 1740s. See how John Ball built the house and imagine what life would have been like in it for a middle class farmer, his wife, and five daughters. The house was donated to the Arlington Historical Society by its last owner,

Marion Sellers, in 1975. Something for all ages. Call 703-892-4204 or visit arlingtonhistoricalsociety.org.

Arlington Historical Museum. Wednesdays, 12:30-3:30 p.m.; Saturdays and Sundays, 1-4 p.m. Arlington Historical Museum, owned and operated by the Arlington Historical Society, is located at 1805 S. Arlington Ridge Road. The two-story brick structure was built in 1891 as the Hume School, named for Frank Hume who gave some of the property for the school. It is the oldest school building in Arlington County. Now a museum, it houses permanent and temporary local history exhibits ranging from pre-1607 to Sept. 11, 2001. Visit arlingtonhistoricalsociety.org.

Civil War Artifact Display. Saturdays and Sundays, 10 a.m.-2 p.m. at Fort C.F. Smith Park Visitor Center, 2411 24th St. N. The New Fort C.F. Smith Park Visitor Center features displays about Union soldiers and the Defenses of Washington between 1861 and 1865. Artifacts from archaeological studies from Forts Ethan Allen and C.F. Smith are on display. Kids can try on replica Civil War uniforms and learn about camp life. Visit parks.arlingtonva.us/locations/fort-cf-smith-park/.

Mobile Bike Repair. 8 a.m.-3 p.m. on Thursdays at 1900 Crystal Drive. Drop off your bike on Thursday morning and have it tuned up and

ready to ride before heading home. Email DC@velofix.com, or phone 855-VELO-FIX for more.

- Food Truck Thursdays.** 11 a.m.-2 p.m. at 1900 Crystal Drive and 201 12th St. Actual truck schedules are subject to change so be sure to follow your favorites. Visit www.crystalcity.org for more.
- Healthy Lifestyle Runs.** Saturdays, 9 a.m. at Roosevelt Island, George Washington Memorial Parkway. American Cancer Society partners with parkrun USA to promote fitness in the fight against cancer. Free. Visit www.parkrun.us/rooseveltislanddc/ for more.
- Friday Night Live.** 8 p.m. Fridays at the Church at Clarendon, 1210 N. Highland St., Suite A. Local musicians perform. Free. Visit 1bc.org for more.
- Arlington's Historical Museum Open on First Wednesdays.** The Arlington Historical Museum is open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County's history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at garrett.peck@arlingtonhistoricalsociety.org.

Open Mic Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. Age 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or Visit www.RiRa.com/ Arlington for more.

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or Visit registration.arlingtonva.us. Free, no registration required.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693.

Storytime. Wednesdays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

Crystal City Sparket. 11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket — A Creative Market is an extension of DC's Eastern Market with arts, crafts, and handmade goods. Free to attend. Visit www.crystalcity.org.

Art for Life. Third Thursday of each month. The Hyatt Regency Crystal City's "Art for Life" Partnership with National Kidney Foundation brings a new artist each month to The Hyatt for a reception. Free. Visit www.torpedofactory.org.

Brunch at Freddie's. Third Saturday of every month, 11 a.m.-1 p.m. at Freddie's Beach Bar, 555 23rd St. The Arlington Gay and Lesbian Alliance gathers for an all-you-can-eat breakfast buffet (\$9.99). All are welcome. No reservation is required. Visit www.facebook.com/events/700174390103305.

SUMMER CAMPS

Visual Arts Camps. Through Aug. 31 at Arlington Arts Center, 3550 Wilson Blvd, Arlington. Meets 10 a.m.-12:30 p.m. and/or 1:30-4 p.m. Mondays thru Fridays. Thematic and technique-focused camps return this summer for children and teens, ages 4-18. Campers explore the fundamentals of visual arts through creative projects in various two- and three-dimensional media. Line, color, shape, texture, space, and form will all be emphasized through creative projects based on campers' observations and imaginations. Visit arlingtonartscenter.org for more.

WEDNESDAY/JULY 11

Rocks and Minerals. 2-3 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. Ages 6 to 10. What is the difference between a rock and a mineral? Learn how the three classes of rocks differ from each other. Also walk in the creek to see what participants find. Must wear closed-toe shoes in water. Cost is \$5. Call 703-228-6535.

Library Garden Talks. 7-8:30 p.m. at Arlington Central Library, 1015 N.

ENTERTAINMENT

Quincy St. Topic is Surviving the Heat. Learn how heat affects plants, how to protect heat-hating plants, and which plants tolerate heat best. Visit www.fairfaxgardening.org/events-calendar.

WEDNESDAYS/JULY 11-AUG. 29

Experimental Painting. 6:30-8:30 p.m. at Arlington Arts Center, 3550 Wilson Blvd., Arlington. Beginning students will gain confidence as they work through experimental painting exercises, while more advanced students will be challenged to do something new. In this acrylic painting course, problem solving, spontaneity, chance, and unique materials will direct artistic processes, yielding interesting and complex works of art. Visit arlingtonartscenter.org/education/ or call 703-248-6800.

JULY 11-AUG. 12

"The Wonderful Wizard of Oz."

LOCATION CHANGE - performances take place at the Devine Theater located in the Davis Performing Arts Center on the Georgetown University campus. Synetic Theater has chosen Frank Baum's "The Wonderful Wizard of Oz" as the premier production in Synetic's New Voice Series. Wednesday-Saturday, 8 p.m.; Sunday matinee, 2 p.m. Tickets: \$35 and up. Student tickets start at \$15. Senior citizens and military receive \$5 off. Call 866-811-4111 or visit www.synetictheater.org.

THURSDAY/JULY 12

Reptile Storytime. 3:30-4 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. Ages 2 to 10. Slither on over to Long Branch for stories all about these scaly friends. Cost is \$5. Register children only. Call 703-228-6535.

Art Attack Event. 5-9 p.m. at Lubber Run Community Center, 300 N. Park Drive, Arlington. Write or paint on the walls and say goodbye to the 1950s and hello to a 21st/century upgrade./The Art Attack will include paint bombs, silhouette painting, group mural, cardboard construction and postcards from Lubber Run. A live DJ will entertain the crowd and an ice cream truck will/be set up in the parking lot./Visit parks.arlingtonva.us/art-attack.

The Lemonade Stand. 5:30-7 p.m. at Freshfarm Ballston Market, 901 N. Taylor St., Arlington. The Lemonade Stand, hosted by children served by Bridges to Independence, teaches at-risk youth essential life skills – entrepreneurship, a strong work ethic, financial literacy and teamwork. Proceeds from this year's program will fund the start of a savings account for each youth



Almost Home, painting

Arlington Artist Solo Show: Peregrination

Arlington-based fine artist Bryan Jernigan's solo show – "Peregrination" – will run through July 28. Peregrination, also known as a long, meandering journey, encapsulates the artist's abstract take on real and envisioned landscapes. Gallery hours at The Margaret W. and Joseph L. Fisher Gallery on the second floor of the Rachel M. Schlesinger Center on the Alexandria campus of the Northern Virginia Community College, 4915 E. Campus Drive (off Beauregard Street), Alexandria. Visit www.nvcc.edu/schlesingercenter.

participant and earn the young people a fun, summer field trip. Visit www.Bridges2.org.

Botany Talk. 7:30-9 p.m. at Arlington Central Library, 1015 N. Quincy St., Arlington. Talk by Botanist Sarah Chamberlain on Grasses: the good, the bad, and the just plain ugly. Learn about good native grass choices for landscaping and beautification, landscape grasses that are not native to the area, and invasive grasses that pose a threat to the area's natural landscapes. Visit www.vnps.org.

Early Aircraft and World War I. 7-9 p.m. at Marymount University, Rowley Hall, Room G127, Arlington. Steve Suddaby, past president of the World War One Historical Association, will explain how the crises of the First World War caused the European powers to accelerate the development of the "aeroplane." He will also describe the impacts of aviation on the war itself. Free and open to the public. Sponsored by the

Arlington Historical Society and Marymount University's Department of History and Politics. Visit www.arlingtonhistoricalsociety.org or call 703-892-4204. For directions www.marymount.edu/Home/Contact-us/Locate-us.

Author Laura Kamoie. 7 p.m. at One More Page Books, 2200 North Westmoreland St. Author of My Dear Hamilton and America's First Daughter. Visit www.onemorepagebooks.com.

Deep Dive: Moths. 8-9 p.m. at Gulf Branch Nature Center, 3608 N. Military Road, Arlington. Adults. Take a deep dive into natural history that scratches more than just the surface. National Moth Week is July 21-29. Discover how these insects have inspired a national week of recognition and spawned a hobby, "mothing." \$5. Call 703-228-3403.

FRIDAY, JULY 13

Night Rainbow Campfire. 7-8 p.m.

at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. The whole family is invited for old-fashioned fun. This program will be filled with entertaining activities which may include stories, special animal guests, games, songs and S'mores. Cost is \$5. Register children and adults; children must be accompanied by a registered adult. Call 703-228-6535.

SATURDAY/JULY 14

R.I.P.-Remove Invasive Plants at Gulf Branch. 9:30-11:30 a.m. at Gulf Branch Nature Center, 3608 N. Military Road, Arlington. Adults, teens, and families ages 8 and up. Restore habitat and increase native species diversity. Work parties are held every month and are making a real difference with the return of ferns, wildflowers, and the animals that depend on them to areas once covered in destructive invasive plants. Help make it happen. Free. Call 703-228-3403.

Bug Hunt. 2-3 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. Ages 6-10. Who's an insect and who's not? Which critters have six legs, eight legs, or more? Find the answers in the search for butterflies, spiders, centipedes, beetles and more. Nets and jars provided for hands-on, catch-and-release bug hunting. Call 703-228-6535.

Free-Play Days. 4-5:30 p.m. at Gulf Branch Nature Center, 3608 N. Military Road, Arlington. Ages 5-9. Give children unstructured time they can call their own with a chance to explore the woods, make mud pies, throw rocks in the creek and just be free. Dress to get wet and dirty, and wear closed-toe shoes. Call 703-228-3403.

Netherlands Carillon Concerts: Geert D'hollander. 6-8 p.m. at Netherlands Carillon, Arlington. The 50 bells of the Netherlands Carillon hang in an open steel tower, a symbol of Dutch regard for American aid during and after World War II. Enjoy views of Washington, D.C., while guest artists play patriotic music, jazz, and pop. Bring a blanket or folding chairs. Sunshades and free-standing tents are allowed, but stakes are not. Free. Call 703-235-1530 or visit www.nps.gov/gwmp/planyourvisit/netherlandscarillon.htm for more.

SUNDAY/JULY 15

Adaptive Family Hike. 10:30 a.m.-12 p.m. at Barcroft Park, 4200 S. Four Mile Run Drive, Arlington. All are welcome to join in a leisurely paced hike through a park. The forested trails will be accessible, smooth and shaded for a fun hike to explore and examine whatever we discover. Cost

is \$5. Register children and adults; children must be accompanied by a registered adult. Call 703-228-6535.

Hooray for Hollywood. 7:30-9:30 p.m. at Richard J. Ernst Community Cultural Center Theater, 8333 Little River Turnpike, Annandale. Join in a night of music with an evening of popular movie themes. Presented by the Reunion Music Society, Inc. and the NVCC-Annandale Campus, under the direction of Christopher Johnston. Adults, \$15; students, \$10. Call 703-569-0973.

MONDAY/JULY 16

Book Talk. 7 p.m. at One More Page Books, 2200 North Westmoreland Street in Arlington. Historian Paul French will be in conversation with journalist Scott Tong about French's new book, *City of Devils: The Two Men Who Ruled the Underworld of Shanghai*. Visit the website www.onemorepagebooks.com.

MONDAY-FRIDAY/JULY 16-20

Camp: Art Trekkers. For ages 7-10 at Arlington Arts Center, 3550 Wilson Blvd., Arlington. The D.C. metropolitan area offers so many neat places to view art. This camp will feature varied projects inspired by the artwork currently on view in local galleries, museums, and art centers, including AAC. Visit arlingtonartscenter.org/education/ or call 703-248-6800.

TUESDAY/JULY 17

The Lemonade Stand. 5:30-7 p.m. at Volunteer Arlington, a program of Leadership Center for Excellence, 4420 N. Fairfax Drive, Suite 102, Arlington. The Lemonade Stand, hosted by children served by Bridges to Independence, teaches at-risk youth essential life skills – entrepreneurship, a strong work ethic, financial literacy and teamwork. Proceeds from this year's program will fund the start of a savings account for each youth participant and earn the young people a fun, summer field trip. Visit www.Bridges2.org.

WEDNESDAY/JULY 18

Library Garden Talks. 7-8:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Topic is Garden Therapy. A physical therapist teaches participants how the right moves can help avoid aching muscles and injury. Visit www.fairfaxgardening.org/events-calendar.

THURSDAY/JULY 19

The Lemonade Stand. 5:30-7 p.m. at Arlington Community Federal Credit Union, 4121 Wilson Blvd., #100. The

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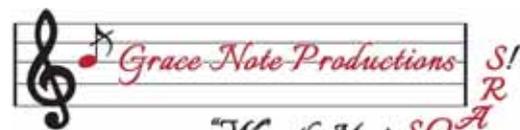
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www.lostdogrescue.org



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Northern Virginia Community College does not sponsor or endorse this event. If you need accommodations for disability, please call 703-323-3805.

ENTERTAINMENT

Lemonade Stand, hosted by children served by Bridges to Independence, teaches at-risk youth essential life skills – entrepreneurship, a strong work ethic, financial literacy and teamwork. Guest Pours is Sen. Tim Kaine. Proceeds from this year's program will fund the start of a savings account for each youth participant and earn the young people a fun, summer field trip. Visit www.Bridges2.org.

THURSDAY/JULY 19-SATURDAY/AUG. 4

Summer Nights Cabaret Series. At Signature Theatre, 4200 Campbell Ave., Arlington. Signature Theatre kicks off its 2018/19 Season with the Sizzlin' Summer Nights Cabaret Series. Two and a half weeks of live music and performances by Signature favorites with a different performance every night. Signature favorites are featured throughout including cabarets by Nova Y. Payton (Signature's Jelly's Last Jam), Erin Driscoll (Signature's Titanic), Awa Sal Secka (Signature's Jesus Christ Superstar), Christopher Mueller (Signature's Titanic), Iyona Blake (Signature's Jelly's Last Jam), and Maria Rizzo (Signature's Crazy for You). \$35. Tickets can be purchased at www.sigtheatre.org, in person at the Box Office, or by calling 703-820-9771.

FRIDAY-MONDAY/JULY 20-23

HSUS TAFAs Conference. 5 p.m. at Hyatt Regency Crystal City, 2799 Jefferson Davis Highway, Arlington. Join the Humane Society of the United States for this year's Taking Action for Animals (TAFAs) Conference, the leading national conference in the animal advocacy movement. Cost is \$120-\$140. Visit takingactionforanimals.org.

SATURDAY/JULY 21

The Lemonade Stand. 12-1:30 p.m. at Clarendon Market Commons, 2800 Clarendon Blvd. The Lemonade Stand, hosted by children served by Bridges to Independence, teaches at-risk youth essential life skills – entrepreneurship, a strong work ethic, financial literacy and teamwork. Proceeds from this year's program will fund the start of a savings account for each youth participant and earn the young people a fun, summer field trip. Visit www.Bridges2.org.

Netherlands Carillon Concerts:

Julia A. Littleton. 6-8 p.m. at Netherlands Carillon, Arlington. The 50 bells of the Netherlands Carillon hang in an open steel tower, a symbol of Dutch regard for American aid during and after World War II. Enjoy views of Washington, D.C., while guest artists play patriotic music, jazz, and pop. Bring a blanket or folding chairs. Sunshades and free-standing tents are allowed, but stakes are not. Free. Call 703-235-1530 or visit www.nps.gov/gwmp/planyourvisit/netherlandscarillon.htm for more.

Turtle Tales Campfire. 7-8 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. The whole family is invited to meet at the Long Branch Amphitheater for lots of old-fashioned fun. This engaging program will be filled with entertaining activities which may include stories, special animal guests, games, songs and S'mores. Cost is \$5. Register children and adults; children must be accompanied by a registered adult. Call 703-228-6535.

SUNDAY/JULY 22

Jane Franklin Dance. 6 p.m. at Lubber Run Amphitheatre, corner of N. 2nd and N. Columbus Street, Arlington. With 40-plus community-



Jane Franklin Dance at Lubber Run

With 40-plus community-based performers who celebrate age as merely a number, with most being well past the age of 40. Sunday, July 22, 6 p.m. at Lubber Run Amphitheatre, corner of N. 2nd and N. Columbus St., Arlington. Free. Visit www.janefranklin.com or call 703-933-1111.

based performers who celebrate age as merely a number, with most being well past the age of 40. Free. Visit www.janefranklin.com or call 703-933-1111.

MONDAY/JULY 23

Film Screening. 3-4:30 p.m. at Arlington County Central Library, 1015 N. Quincy Street, Arlington. Encore Learning presents "Hannah: Buddhism's Untold Journey." This documentary film tells the story of Hannah Nydahl and her effort to make Tibetan Buddhism available in the West. Call Encore Learning at 703-228-2144.

TUESDAY/JULY 24

The Lemonade Stand. 5:30-7 p.m. at Freshfarm Market Crystal City, 1900 Crystal Drive. The Lemonade Stand, hosted by children served by Bridges to Independence, teaches at-risk youth essential life skills – entrepreneurship, a strong work ethic, financial literacy and teamwork. Proceeds from this year's program will fund the start of a savings account for each youth participant and earn the young people a fun, summer field trip. Visit www.Bridges2.org.

WEDNESDAY/JULY 25

The Lemonade Stand. 5:30-7 p.m. at 5:30-7 p.m. at Clarendon Animal Care, 3000 10th St N. The Lemonade Stand, hosted by children served by Bridges to Independence, teaches at-risk youth essential life skills – entrepreneurship, a strong work ethic, financial literacy and teamwork. Proceeds from this year's program will fund the start of a savings account for each youth

more.

Library Garden Talks. 7-8:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Topic is All about Honey Bees. Want to start a beehive or just understand how a beehive works? Learn from an expert beekeeper the basics of beekeeping. Visit www.fairfaxgardening.org/events-calendar.

THURSDAY/JULY 26

The Lemonade Stand. 1-2:30 p.m. at Arlington Community Federal Credit Union, 5666 Columbia Pike, Falls Church. The Lemonade Stand, hosted by children served by Bridges to Independence, teaches at-risk youth essential life skills – entrepreneurship, a strong work ethic, financial literacy and teamwork. Guest Pours is Karen Rosales, CEO of ACFU. Proceeds from this year's program will fund the start of a savings account for each youth participant and earn the young people a fun, summer field trip. Visit www.Bridges2.org.

FRIDAY/JULY 27

Moths by Moonlight Campfire. 8:30-9:30 p.m. at Gulf Branch Nature Center, 3608 N. Military Road, Arlington. Register children and adults; children must be accompanied by a registered adult. Have fun at this later-than-usual campfire. Learn about moths before visiting a black light setup to see who's flying at night. Cost is \$5. Call 703-228-3403.

SATURDAY/JULY 28

Publishing Panel Discussion. 2-4 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St., Arlington. Join authors and publishing professionals for a discussion about the ever-changing book industry. Learn about the latest trends in publishing and book marketing. Hear what agents, publishing houses, and readers are currently interested in. Bring questions and be prepared for an afternoon of book talk. Free. Visit mascootbooks.com.

Netherlands Carillon Concerts:
Edward M. Nassor. 6-8 p.m. at

Netherlands Carillon, Arlington. The 50 bells of the Netherlands Carillon hang in an open steel tower, a symbol of Dutch regard for American aid during and after World War II. Enjoy views of Washington, D.C., while guest artists play patriotic music, jazz, and pop. Bring a blanket or folding chairs. Sunshades and free-standing tents are allowed, but stakes are not. Free. Call 703-235-1530 or visit www.nps.gov/gwmp/planyourvisit/netherlandscarillon.htm.

SUNDAY/JULY 29

Going Native: Flora and Fauna. 9 a.m.-1 p.m. at Fairlington Farmer's Market, 3308 S. Stafford St. Going Native: Flora and Fauna of Arlington, created and illustrated by artist Kate Samworth, is a folding, pocket-sized manual of some of Arlington's native plant, mammal, and insect species of Arlington. Using her artwork as a reference, enjoy a quick hands-on art project examining and recreating the shapes and patterns found on selected species of plants, insects, and butterflies by using collage, watercolor and drawing. Visit www.fairlingtonfarmersmarket.org for more.

Cristina Curp Book Signing. 1 p.m. at Barnes and Noble Clarendon Market Common, 2800 Clarendon Blvd., Suite 500, Arlington. Meet Cristina Curp for a Keto talk and book signing. She will be talking on behalf of her new Cookbook – Made Whole. Visit stores.barnesandnoble.com/store/2068 for more.

TUESDAY/JULY 31

The Lemonade Stand. 5:30-7 p.m. at 5:30-7 p.m. at Hair Cattery, 2020 Wilson Blvd. The Lemonade Stand, hosted by children served by Bridges to Independence, teaches at-risk youth essential life skills – entrepreneurship, a strong work ethic, financial literacy and teamwork. Proceeds from this year's program will fund the start of a savings account for each youth participant and earn the young people a fun, summer field trip. Visit www.Bridges2.org.



Visitors browse locally sourced food items at the Marymount Farmers Market.

Marymount Farmers Market Opens

The Marymount Farmers Market has launched its third season. A joint effort between Field to Table, Marymount, North Arlington neighbors, nearby civic associations and the Lee Highway Alliance, the market is held each Saturday through Nov. 17, 9 a.m.-1 p.m. at Marymount University, 2807 North Glebe Road. Visit www.marymountfarmersmarket.org/.

PEOPLE

Galo's Road The journeys of an Arlington resident.

BY TERESA CARANDANG
THE CONNECTION

In the 1980s, Galo Ocampo was like any other St. Ann Parish member. He and his wife Loretta were devout Catholics and walked a few blocks to St. Ann's to hear the daily mass. Afterwards, together with friends, they walked the short distance — before I-66 was built — to either the Safeway or McDonald's on Wilson Boulevard. When he came home, he tended to his garden. He grew eggplants, tomatoes and bittermelon in his backyard.

Few of their neighbors would have known that Ocampo is considered one of the greatest artists in Philippine art history. Ocampo is best known for the "Brown Madonna," depicting the blessed Virgin Mary as a Filipino. He was one of the leaders of the modern art movement in the Philippines. Aside from being a painter, he created and designed enduring national images: the stained glass windows of the historic Manila Cathedral and the Santo Domingo Church and the Philippine coat of arms and presidential seal.

More than an artist, he was also a soldier and a spy. He did covert work for the U.S. Army Forces in the Far East (USAFPE) during World War II. An account of his spy work is documented in his biography, "The Life



PHOTO COURTESY OF MITCH OCAMPO

Galo Ocampo

and Times of Galo Ocampo," written by Alice Guillermo, the renowned writer and art critic. In 1943, Ocampo was inducted as a First Lieutenant of the Lapham Guerilla Unit under Captain Albert Hendrickson. He worked undercover in Manila as an art



PHOTO BY TERESA CARANDANG

The Arlington home of Galo Ocampo and family.

director of a theater group. Ocampo's commanding officer Major Chris Hipolito's affidavit described in detail his intelligence work. This included helping distribute the Liberator magazine, a publication of the guerilla movement, and sharing informa-

tion obtained from short-wave broadcast news. Ocampo and his theater group also hid, fed, and clothed guerillas pursued by the Japanese. According to his eldest son

SEE FROM PHILIPPINES, PAGE 14

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Home LifeStyle



Low flower arrangements, like these from Patina Polished Living, add elegance to a tablescape.



Top desserts with summer floral designs or fresh flowers.

PHOTOS COURTESY OF PATINA POLISHED LIVING

Designing a Midsummer Table

Using flowers and color to create a summer wonderland.

BY MARILYN CAMPBELL

Along with sunshine and longer days, summer offers an array of design opportunities. From backyard barbecues to brunch in the garden, the right decor can add a touch of flair to a midsummer gathering.

Designing a table with the vibrant colors of summer fruit creates an air of liveliness, says interior Bridget Francis of Colors by Bridget. “Watermelon, blueberries and strawberries are plentiful now, so if you’re serving them you can use those colors as a base for your tablescape,” she said. “Think zinnias and red roses with white serveware.”

Limiting a tablescape to two or three colors lends simplicity to a design, advises Francis. “For example, I use light blue and white dishes with white table linens,” she said. “I add floral arrangements with white and pale pink roses and blue hydrangeas, some white votives, and voila, a crisp, clean summer table.”

When creating those dinner party arrangements, make sure the height of the flowers is low so that guests can see and talk to each other, advises Amanda Mertins of Patina Polished Living. “Flower arrangements are supposed to be a lovely addition to the table, not an irritant because they’re blocking your view,” she said. “I just love a beautiful arrangement that you can look down and see, and that everyone at the table can enjoy. Right now hydrangeas and roses are big. When we make arrangements we’re adding rosemary and lavender for a touch of green.”

“Etched glass hurricanes are a beautiful addition to a table setting,” said Todd Martz, owner of Home on Cameron. “They create a lovely ambiance for an outdoor setting and let you stay outside longer to enjoy the stars and fireflies.”

Be it a frosty margarita or a glass of tart lemonade, infusing summer drinks with summer foliage adds warm weather appeal to a gathering. “Think of a few rose petals floating in a pitcher of sangria or sprigs of lavender in a pitcher of lemonade,” said Francis. “It not only looks and smells great, but the flowers can infuse the drink with a subtle hint of flavor.”

In fact, Francis says that summer blooms can be

incorporated into meal prep. “I think that a cake with simple white icing, decorated with pink roses and blue hydrangeas is the epitome of summer elegance,” she said. “I also use a pastry squeeze pen to make flower designs for cupcakes. You can use the pen to squeeze whipped cream to make flower toppings for ice cream. It’s especially pretty when they are the same flowers that are in your centerpiece.”

“For additional table accents, add a decorative shell or accessory to hold down napkins,” said Martz. “Try placing a tray in the center of the table to keep all the dining essentials in one place, making it easier to bring them out and take them in.”



A few scented candles, grouped in the center of the table, creates a festive look, says Todd Martz of Home on Cameron.

PHOTO CONTRIBUTED



Limiting a table design to one or two colors of summer can create an elegant tablescape.

PHOTO CONTRIBUTED

SPORTS



PHOTO BY MARISSA SOLIS

National Quarterfinals

The Virginia Hurricanes 7th Grade Girls Orange team finished in the top eight of 41 teams at the NTBA (National Travel Basketball Association) National Championships in Myrtle Beach, S.C. The Hurricanes went 3-0 in pool play, defeating the Carolina Crusaders, Greensboro Lady Gaters Orange and the Chester County Storm. In the first round of bracket play, the 'Canes fought back to make up a 19-point deficit to defeat the Lady Attack. The game was decided with two free-throws in the final minute, and ended with a final score of 51-49. The Hurricane's eventually succumbed to the Maryland Shooting Stars in the quarterfinals. The Virginia Hurricanes is an Arlington-based basketball club and the Orange team is represented by 7th graders from the Arlington and Burke areas: (players pictured from left) Taylor Chase, Sujee Rubio, Mia Sedor, Maya Solis, Raleigh Burns, Madi Goeke, Valerie Couhtino, Sophia Goff, Toni McCrae, Caroline Shimp and Coaches Greg Rubio and Mike Burns.

Thunderbolts Strike Dolphins

The Donaldson Run Thunderbolts hosted the Lee-Graham Dolphins in its first home meet of the NVSL Division 3 season on July 7 and secured a team victory. The final score was 231-189.

Double individual race winners for Donaldson Run were: Ellie Wertzler (girls' 8 & under 25 free and 25 fly); Scarlett Bennett (girls' 9-10 50 free and 50 back); Phillip Brooke (boys' 11-12 50 free and 50 breast); Charlie Greenwood (boys' 11-12 50 back and 50 fly); Emily Brooks (girls' 15-18 50 free and 50 back); James Madden (boys' 8 & under 25 back and 25 fly); and Diya Redburn (girls' 50 breast and 50 fly).

The team's single winners were (in order of age and event): Andrew Meighan (boys' 15-18 50 free); Jack Tsuchitani (boys' 13-14 50 back); Peter Madden (boys' 8 & under 25 breast); Keegan Clark (girls' 8 & under 25 breast); Hayden Stolzenberg (boys' 13-

14 50 breast); and Harrison Rehr (boys' 15-18 50 fly).

Donaldson Run swimmers finished first in 20 of the individual races and won seven relays.

Winning relay teams included: Yvelisse Cabocel, Kinley Henault, Annika Ledford, Eleanor Wertzler (girls' 8 & under 100 free relay); Scarlett Bennett, Evelyn Maloney, Ryan Clark, Diya Redburn (girls' 9-10 100 medley relay); Thomas Rodman, Phillip Brooke, Charlie Greenwood, Will Taylor (boys' 11-12 100 medley relay); Jack Tsuchitani, Jake O'Brien, Charlie Taylor, Braylon Meade (boys' 13-14 100 medley relay); Sean Conley, Harrison Rehr, Matt Vance, Andrew Meighan (boys' 15-18 200 medley relay); Emily Brook, Anna Trainum, Julia Fayer, Sarah Conley (girls' 15-18 200 medley relay); and Rachel Conley, Diya Redburn, Ella Rigoli, Emily Brooks (girls' mixed age 200 free relay).

Have a Ball at the Bocce Picnic

Northern Virginia Senior Olympics (NVSO) is gearing up with a free Bocce Picnic and Play event on Thursday, Aug. 2 at the host site for the 2018 bocce competition at Green Acres Center in the City of Fairfax. Medalists from past competitions are expected to be present at the picnic offering tips on bocce moves.

The event will be held by RSVP which is the region's largest volunteers group for those 55 years and older. They serve more than 30 of the local non-profit organizations and government agencies. To register for the event contact volunteer specialist Carly Hubicki at 703-403-5360 or www.rsvpnova.org. This year's NVSO is scheduled to begin on Sept. 15 and conclude Sept. 25 with the bocce competition on Thursday, Sept. 20 at Green Acres. Registration for the NVSO events began in June and will end Aug. 24.

The NVSO is a joint project of the cities in Alexandria, Fairfax and Falls Church and the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William. It includes more than 60 events from swimming and diving, track, pickle ball, bowling, golf to duplicate bridge with three new events added this year: canasta, croquet and beach ball wallyball. For a complete list of events visit www.nvso.us.

— SHIRLEY RUHE



FILE PHOTO BY SHIRLEY RUHE/THE CONNECTION

Northern Virginia Senior Olympics bocce competition

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-Werner Heisenberg

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PEOPLE



Mitch Ocampo with the portrait of his mother Loretta Ocampo.



Unfinished painting.

PHOTOS BY TERESA CARANDANG

From Philippines to Arlington

FROM PAGE II

Mitch Ocampo, Ocampo secretly transmitted messages through movie billboards by using pre-established symbols and codes. The information Ocampo retrieved and transmitted helped track enemy movements.

After the war, Ocampo lived in New York. He worked for Gen. Carlos P. Romulo who was then the Philippine representative to the United Nations. (Romulo later served as president of the United Nations General Assembly from 1949 to 1950). Ocampo also stayed briefly in Washington, D.C. to study heraldry (the system by which coats of arms and other armorial bearings are devised, described, and regulated) at the U.S. War Department and numismatics (the study of coins and paper currency) at the U.S. Bureau of Engraving. When he returned to the Philippines, he taught art at the University of Santo Tomas and served as head of the Fine Arts Department at the Far Eastern University. He was also director of the National Museum of the Philippines. All these known through "The Life and Time of Galo Ocampo" and Hector Tiongson's article, "A Brush with Greatness," published in the online magazine "Positively Filipino."

On a recent Thursday morning at their home in Arlington, Mitch and Dennis Ocampo explained that they left the Philippines because the political climate made them uneasy. This was at the height of the authoritarian rule of Philippine President Ferdinand Marcos. Martial Law had just been declared and Galo and Loretta Ocampo were very much concerned about their children's future.

In Arlington in the 1980s, painting was very much part of Galo Ocampo's daily routine, according to Mitch Ocampo. First he tended to his garden and then spent the rest of the day painting in almost every room. "He would start one in the upstairs bedroom, he would start one on the porch, then started one in the basement," Mitch Ocampo recalled.

Dennis Ocampo said his father "relished" getting Grumbacher oil paints from a local Arlington store because they were very expensive in the Philippines.

In the Ocampo residence, Galo Ocampo's paintings, family photographs, and awards are on display throughout the house. The colors in a portrait of the young Loretta Ocampo are still vibrant 77 years after it was first painted. Mitch Ocampo said his father was a "master of colors" and taught a class on colors in the Philippines. An unfinished oil painting, "Madonna of the Coconut," from 1985 (the same year Ocampo died) hangs in the living room.



PHOTO COURTESY OF MITCH OCAMPO

Wedding Photo of Galo and Loretta Ocampo

One of Galo Ocampo's last works is a painting of St. Ann. It shows her dressed in glowing colors of red, purple and yellow and a young Mary in a pure white gown hovering over St. Ann's Church. It is on display at the Rectory of St. Ann's, the only known Ocampo painting currently on display in a public building in the metro D.C. area.

Galo Ocampo died on Sept. 12, 1985. He was buried at the Arlington Memorial Cemetery with full military honors befitting his rank as a U.S. Army Captain. In 2013, his centennial was celebrated. Guillermo's "The Life and Times of Galo Ocampo" was published that same year. In 2015, he was posthumously awarded The Order of Lakandula, one of the highest honors conferred by the Republic of the Philippines.



PHOTOS CONTRIBUTED

Deputy Lando (up for adoption soon) is supervised in an air conditioned car.

Heat Wave

FROM PAGE 3

later it could accidentally be drinking 90 degree water.

For animals kept inside, keeping the animal cooled off is important. If there's no air conditioning, Toussaint said to at least make sure the air is moving around the home. Cooling pads can also help animals regulate their body temperature, as long as it's in a place where they can get on or off to regulate their body temperature.

Heat waves also take a toll on Arlington's wildlife. Toussaint said the heat wave hit at a particularly bad time, with many babies born in the spring just now emerging from their nests or dens.

"They're branching out when the heat is the worst," said Toussaint. "We've had an uptick in addled animal calls. What we see is lethargy, like animals on back decks, under porches, or trying to get near AC units. Fledgling birds don't do well either. They spend days on the ground until they're able to fly and hydration is an issue for them."

If you spot an animal in danger, Toussaint said to call animal control at 703-931-9241.



Heat of a car exterior.

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<p>An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. -Werner Heisenberg</p>			

A Relative Unknown



By KENNETH B. LOURIE

I knew we had family in Argentina. I knew that one of my maternal grandfather's younger brothers, Simon, had immigrated from Eastern Europe to South America in the early 1900s.

I knew, or thought I knew, that someone from his family - removed or not, I never know, had visited my parents and first cousins a time or two in Florida in the '80s and '90s. But until recently, neither my brother Richard nor myself had ever met any of these distant - double entendre-intended - relations. Well, that ended on Wednesday, June 27, in Union Station at 5:55 p.m.

There outside Gate "G" my wife, Dina and I stood holding a sign with my cousin's name on it: Eduardo Blacher (my middle name is Blacker). He had flown into New York City from Buenos Aires earlier that morning and then boarded a south-bound Amtrak train to visit us in Washington, D.C.

My first cousin, Ronnie (formerly of Florida, now of Massachusetts) with whom Eduardo has corresponded and visited over the years, had emailed us a selfie Eduardo had taken so we had a pretty good idea of his general appearance. Along with our handwritten sign, we were pretty confident the familial connection would be made.

And so it happened a bit after 6 p.m. as he walked through the gate into the station looking around for someone he'd never seen. We cautiously saw one another and then immediately hugged and kissed and said: "Great to meet you!"

Eduardo's English was pretty good so we were able to coordinate our exit from the station where, once outside, we met my brother, Richard, who had been sitting in his car waiting for our appearance. As soon as he saw us, he got out of his car and quickly walked over to Eduardo and likewise gave him a hug and kiss: mishpocheh (Yiddish for family).

When my widowed mother died in 2008, Richard and I felt orphaned, so to speak. Our parents, as in most families, were the keepers of the family faith. Having both been born 10 years before "The Great Depression," they knew the family history dating back to before the turn of the century. When they died (in 2006 and 2008, respectively), their knowledge and memories died with them. It was a palpable loss that Richard and I still feel.

We are lucky though; my cousin Ronnie (my mother's niece) has lots of family information and has become our go-to resource for all things Blacher/Blacker. She facilitated this much-anticipated visit (Eduardo is seeing her next).

To try and put Eduardo's visit in some context; in the 10 years since my mother's passing, given the ages of the surviving family members in the United States with whom we're in touch, we've not really gained any family members, let alone connected with an entire line of cousins going back to before World War I.

Eduardo has three children, four grandchildren, a sister in Israel and parents, both of whom are their mid-80s still alive and well. In familial fact, his father is my grandfather's nephew and knows lots more about my grandfather than I ever did, and has knowledge of the Blacher/Blacker family going back over 125 years as well in and out of our respective countries.

Given the pogroms and the Holocaust, for many Jewish people my age, a treasure trove of family history/knowledge like this was thought to be lost forever. Now, I have found some of it. Talk about filling a void. In facts and feelings, it has - and is about to, fill everything.

For three days, until Eduardo's departure Sunday morning, we rarely left one another's side. In addition to touring Washington, D.C., we shared photos, exchanged email addresses, talked nearly non-stop about everything, downloaded WhatsApp which we'll enable us to message each other in the future, and together on Friday night lit the Shabbos candles and together prayed in Hebrew.

I can't really express how I feel other than to say I've been crying while I've been writing this column. And it's the best cry I've had in years.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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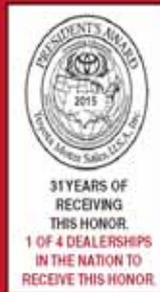
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