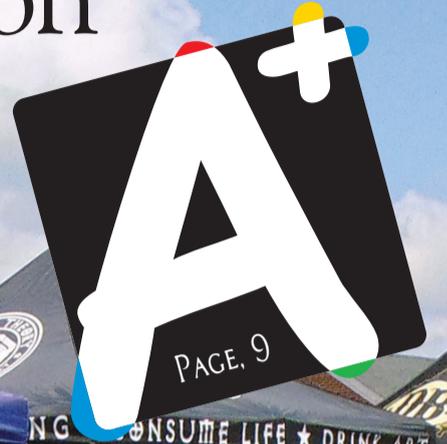


# Fairfax Station CONNECTION Clifton & Lorton



A crowd of about 2,700 people attended the Brewfest 2017 at Workhouse Arts Center in Lorton. This year's Brewfest will be held on Saturday, Aug. 4, from 1 to 8 p.m.

## Workhouse Brewfest Returns

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JULY 19-25, 2018

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## Crunched-in Guardrails Spotlight Their Safety Features

**Safety standards affect design.**

BY MIKE SALMON  
THE CONNECTION

**O**n the northbound side of the Fairfax County Parkway just past Barta Road near Springfield there is a crunched-in guardrail that has signs of a car crash but the design and engineering behind these types of guardrails may have lessened the severity of the crash.

These guardrails, called the “MASH Terminal” or the “NCHRP 350 Terminal,” can be seen all over the area and are a safety feature overseen by the Federal Highway Administration. According to Marshall Herman, spokeswoman for the Virginia Department of Transportation (VDOT) in Richmond, NCHRP 350 and MASH terminals are designed to flatten the rail and/or move out of the way when hit head-on to reduce the momentum of a vehicle. They will bend out of the way if a vehicle hits the terminal at an angle.

The current national testing standard, the Manual for Assessing Safety Hardware (MASH), replaced the previous standard known as the National Cooperative Highway Research Program

Report 350 (NCHRP 350). These standards dictate how a product is crash tested.

There have been issues with a particular type of terminal known as the “X-Lite Terminal,” and VDOT is currently on track to replace 280 X-Lite Terminals in 2018, according to Herman. By the end of 2019, VDOT will replace the remaining X-Lite terminals on state-maintained roads with speed limits of 55 mph or higher.

As safety standards are becoming more commonplace through the years, roadside guardrails have come a long way just as the cars themselves to lessen or prevent injuries. In 1948, the first seat belts came out but then only had the lap belt until the three-point lap and shoulder belt were introduced in 1959. It wasn’t until the early 1970s that cars seats with equipped with headrests to address the severity of whiplash when hit from behind, or a buzzer to remind passengers to fasten seat belts.

In a October 1998 U.S. Department of Transportation memo, the guardrails underwent change as did sign posts that break away easily.

The crushed guardrails seen around Fairfax County are examples of them working as intended, according to Tony Dorsey of the American Association of State Highway and Transportation

Officials (AASHTO). These types of guardrails are “designed to keep the car that strikes them from going back into the traffic,” he said. Manufacturers are always trying to perfect them as well. “They are constantly being redesigned,” Dorsey said.

Although they crunch in like an accordion, they do not pop back out, so damaged guardrails have to be replaced and there doesn’t seem to be a schedule in place for that. According to Herman, VDOT’s repair timelines are flexible, as damaged terminal repairs are scheduled based on damage severity, risk factors (such as roadway speed and classification), weather, and manpower/equipment availability.

“VDOT is committed to protecting the traveling public on our roadways,” said Herman. Although the path to replacing the damaged guardrail varies from state to state, the motorist that hits the guardrail is sometimes liable. “The owner of the car receives notice,” said Dorsey, and then it’s turned over to the insurance company.

Much of the Fairfax County Parkway goes through the Springfield District, and Supervisor Pat Herrity (R) sometimes gets word of the damaged road items like a guardrail, and the staff reports it to VDOT’s NOVA District Administrator’s office. Peyton Onks,



PHOTO BY MIKE SALMON/THE CONNECTION

**On the Fairfax County Parkway, this guardrail remains a tangle of steel, but there are traffic cones on site to warn motorists. As this story went to print, this guardrail wreckage was repaired.**

the transportation coordinator in the Springfield District office, follows it up from there. “If I haven’t heard anything from them after a week or so, I follow up with them to ask for an update,” she said.

### School Board Names Chair, Vice Chair

The Fairfax County School Board has elected Karen Corbett Sanders (Mount Vernon District) as chair and Ilryong Moon (at-large) as vice chair for a one-year term. The chair and vice chair assumed office at the July 12 School Board meeting; they are elected by School Board members during the Board’s annual organizational meeting.

“I am honored by my colleagues to be selected to serve as chair of the Fairfax County School Board,” said Corbett Sanders. “We look forward to continuing the important work supporting our students and teachers as we implement our FCPS strategic plan. We will continue our focus on making the One Fairfax equity goals a reality, achieving excellence in education for every student in Fairfax County.”

Born and raised in Fairfax County, Corbett Sanders is a retired international business executive, a community advocate for healthcare and education issues, past PTA president, and Odyssey of the Mind coach. She has served on boards



Sanders



Moon

of directors and operating committees for international telecommunications companies and, locally, on the quality board of Inova Children’s Hospital and the regional board for Odyssey of the Mind. Corbett Sanders earned a bachelor’s degree from the University of Notre Dame and a master’s degree from Boston University. She serves on the Dean’s Advisory Board of Boston University’s Wheelock School of Education and previously served on the parent advisory board of Creighton University. Corbett Sanders has served on the School Board since 2016 and during the 2017-18 school year, she served as vice chair of the Board.

**“We will continue our focus on making the One Fairfax equity goals a reality, achieving excellence in education for every student in Fairfax County.”**

—Karen Corbett Sanders

Moon is a partner with the law firm Moon, Park, and Associates, and earned his juris doctor degree from the Marshall-Wythe School of Law, College of William and Mary. He earned his bachelor of arts in East Asian studies from Harvard University. Moon is a member of the Annandale Rotary Club and has served as a member of the Fairfax County Planning Commission, the Governor’s Urban Policy Task Force, and the Virginia Advisory Committee of the U.S. Civil Rights Commission. Previously, he served as a member of the Fairfax-Falls Church Regional Council of the United Way, the Community Service Fund (Fairfax-Falls Church Region), and the United Way. He is a former ESOL student and father of two

FCPS graduates. He served on the Board previously from July 1995 to 1999, and from January 2004-present. Moon served as Board chairman in 2006, 2012, and 2013, and as vice chair in 2005 and 2011.

In addition to the chair and vice chair, members of the Fairfax County School Board, whose terms run to 2019, are: Sandy Evans (Mason District), Karen Keys-Gamarra (at-large), Pat Hynes (Hunter Mill District), Tamara Derenak Kaufax (Lee District), Ryan McElveen (at-large), Megan McLaughlin (Braddock District), Dalia Palchik (Providence District), Jane Strauss (Dranesville District), Elizabeth Schultz (Springfield District), and Thomas Wilson (Sully District).

# OPINION

## Girls Learn about Fire and Rescue at Camp

To give girls confidence in their abilities, push them beyond their comfort zone.

BY TRACEY REED  
CAPTAIN II, STATION 15,  
CHANTILLY, C-SHIFT  
GIRLS FIRE AND RESCUE ACADEMY  
COORDINATOR

**E**ighteen girls are attending camp Monday through Friday from 8 a.m. until 5 p.m. for the second session of the Fairfax County Fire and Rescue Department's Girls Fire and Rescue Academy. The purpose of the academy is to build the girls' confidence in their unique abilities, push them beyond their comfort zone, and to learn the value of supporting others rather than putting them down.

Monday began with team building exercises that continued all week to emphasize the importance of communication and working together. Then the girls learned how to put on firefighter personal protective equipment (PPE). They learned about the Fire Prevention Division and talked to a few of the Fire Marshals about what their job is like. In the afternoon they learned about medical skills including patient assessment, how to measure vital signs, intubation, splinting, patient moving devices, epi pens, cardiopulmonary resuscitation, and 12 lead EKGs.

Tuesday began with physical fitness training which was a combination of body weight exercises and activities firefighters perform such as raising ladders and climbing stairs. Then they changed into their PPE and learned about ladder truck operations: searching, forcible entry, and riding in the



PHOTO BY KENDALL WARNER, FCF&RD PIO INTERN

**Participants in the the Fairfax County Fire and Rescue Department's Girls Fire and Rescue Academy used their newly acquired skills to respond to simulated emergencies.**

tower bucket 100 feet in the air. During lunch they were treated to a visit by Belle, one of the department's therapy dogs.

In the afternoon they learned about trauma; spinal immobilization, chest decompression, and how to stop bleeding using wound packing and tourniquets. Then they used their newly acquired skills to respond to simulated emergencies including an auto accident with a pedestrian struck. The scenarios were similar to the basic emergency medical technician (EMT-B) certification test and the girls did great.

Wednesday's physical fitness training involved partner exercises — "you go, I go." One person completes repetition of a specific exercise and then they tag their partner who does the same amount of the same exercise while the first

person rests. Working together to accomplish missions in many different ways is an important part of public safety. Afterwards they learned about the use of canines in arson investigations.

Then they were back into their now familiar PPE for engine company operations; getting water from a hydrant, pulling hose lines and re-racking them for deployment, and flowing water.

They put these skills together and worked in small groups to extinguish car fires using a propane car fire simulator. After learning about master streams, which of course involved getting wet on a hot afternoon day, the girls came inside to learn how to tie knots with rope and webbing, mechanical advantages with pulley systems, and extrication tools.

Thursday the girls went to the

department's Wellness and Fitness Center to learn the importance of fitness and proper body mechanics. The girls watched Technician Black complete the work performance evaluation that is required for all Fairfax County firefighters on an annual basis. Then they participated in the Candidate Physical Abilities Test which is one step in the process to become a firefighter.

Later, they worked with Virginia Task Force One, one of only two internationally certified Urban Search and Rescue Departments in the United States. They learned about various search techniques using cameras, listening devices and canines.

Friday they visited the police helicopter unit to learn how they assist on medical calls as well as their police function. They also heard from the Explorers (the county volunteer fire and rescue program for high schoolers), the high school cadet program, and representatives from the Volunteer fire stations.

The afternoon involved hazardous materials training including working in hazmat suits and using meters. Graduation was in the evening with the families and station personnel to celebrate their accomplishments.

We appreciate all the support and donations we have received from the Fairfax County Fire and Rescue Department members and leadership, Centreville Volunteer Fire Department, Dunn Loring Volunteer Fire and Rescue Department, Franconia Volunteer Fire Department, Greater Springfield Fire Department, McLean Volunteer Fire Department, Fairfax County Volunteer Fire and Rescue Association, Battalion 7, B & B Associates, FireVMS.com, Chic-fil-A, and Mission BBQ.

money for Everytown for Gun Safety. The event took place at Jammin' Java, a Vienna coffee shop.

The afternoon consisted of music and spoken word performances by students from several local high schools. Many songs and poems were written by the students themselves. Not only was the audience impressed by the students' talent and level of maturity, but the message they were sending became very clear: something needs to change. Many adults in the audience were moved to tears, as they realized that they let their children down, lacking in protecting them



PHOTO CONTRIBUTED

**Helen Ehrlich and Leana Travis, the co-organizers of the fundraiser.**

### LETTERS TO THE EDITOR

## Area Students Stand Up, Speak Out

To the Editor:

In the aftermath of the recent school shootings, high school students across the nation have found themselves paralyzed with fear, hoping for a break in the cycle of violence. Following the March for Our Lives rally in the nation's capital, Vienna students were inspired to raise awareness for the issue in their local community. They organized a benefit concert called "Stand Up, Speak Out" to raise

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SEE LETTERS, PAGE 11



PHOTO COURTESY OF ARTSFAIRFAX

Proposed Capital One Center

# Area to Get New Arts and Cultural Venues

Conversation with ARTSFAIRFAX'S Linda Sullivan.

BY DAVID SIEGEL  
THE CONNECTION

The arts are a big business in Fairfax County. "We're seeing an increased recognition to the value the arts bring to our region. The arts attract and inspire a strong workforce, help educate our children, entertain us, and enhance our communities," said Linda Sullivan, CEO and President of ARTSFAIRFAX.

ARTSFAIRFAX is the organization that helps support the arts and provides a voice for the arts in Fairfax County.

There are about 250 arts organizations, big and small in Fairfax County according to ARTSFAIRFAX. A recent study developed by Americans for the Arts in collaboration with ARTSFAIRFAX indicated that more than \$270 million is generated annually in economic activity from the arts and culture industry in Fairfax. Additionally more than \$9.0 million of local government revenue is generated and more than 6,200 full-time equivalent jobs supported.

Yet more can be accomplished. "Fairfax County has always had many outstanding arts organizations but with a shortage of arts venues they have not been as visible as they might be in other communities." For smaller non-profits arts and cultural organization, what may have been an issue "is the lack of professional arts venues that can accommodate audience growth, and lower than regional average financial support that can help an organization enhance its programs and productions.

In terms of cultural facilities, Fairfax County is working to match other communities with more than 1 million populations which may have larger cultural



PHOTO BY NESHAN NALTCHAYAN/COURTESY OF ARTSFAIRFAX

Linda Sullivan, CEO and President ARTSFAIRFAX

facility infrastructures. "The county grew rapidly over a relatively short period of time, that the focus had to attend to roads, schools, and other infrastructure. Now, with a large, diverse and growing population, it's the cultural infrastructure that will help communities, and the entire county, to thrive," said Sullivan.

Sullivan indicated that in the Tysons area there is heightened interest in developing arts and cultural facilities. As examples, she mentioned the Capital One Center (McLean Metro) that will include several performance spaces for live productions and a rooftop green space for outdoor music and small performances. Additional arts facility development is anticipated in Tysons with a performing and visual arts venues in early planning for The View development near the Spring Hill Silver Line.

Herndon is developing a major arts facility and an arts education center called the Floris Arts Conservatory is to be built along Frying Pan Park.

"We are seeing an increased recognition to the value the arts bring to our region," said Sullivan.



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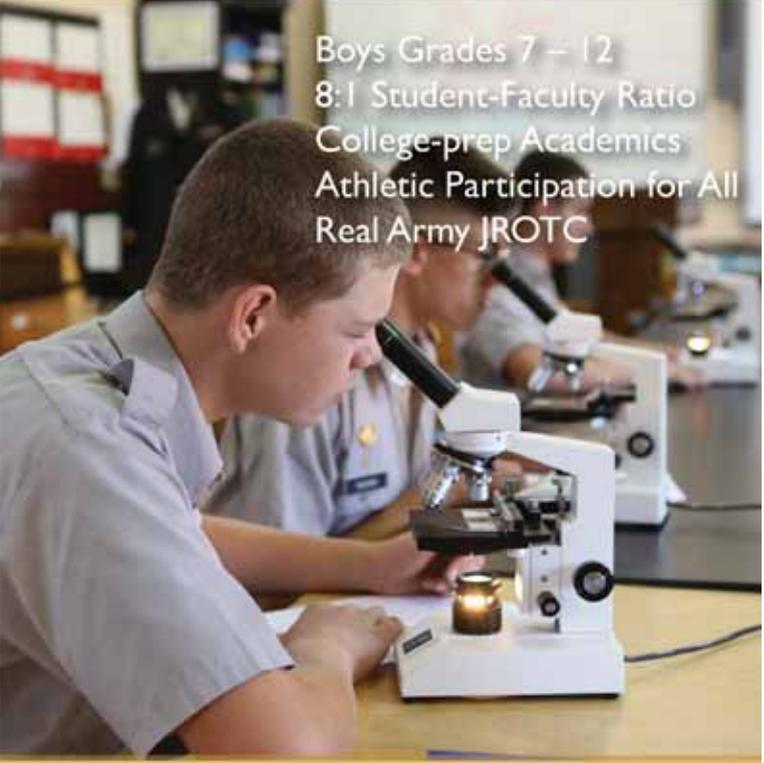
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# CALENDAR

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## CAMP

**Youth Arts Summer Camps.** At Workhouse Arts Center, 9518 Workhouse Road, Lorton. Multiple sessions available for ages 3-17. Themes include Doodle Tots (ages 3-5), Visual Arts Explorers (ages 6-10), Fine Arts Innovators (ages 11-13), Summer Arts Intensive for Young Adults (ages 14-17), Short Film, and Game Design. New Music and Theatre Camps include Let's Play Guitar Camp, Vocal Arts Camp, Performing Arts Summer Camp Challenge, and Experimental Theatre Project Camp. Visit [www.workhousearts.org](http://www.workhousearts.org) for more.

**Summer Drama Camp.** Through Aug. 3, 9 a.m.-3 p.m. at Lanier Middle School, 3801 Jermantown Road, Fairfax. City of Fairfax Theater Company offers its Traditional Summer Drama Camp with week long sessions in July and August. The Summer Drama Camp teaches children to create a staged performance at the end of each week. \$170 per camper for any one-week session, \$600 per camper for all four sessions. Visit [www.fairfaxcitytheatre.org](http://www.fairfaxcitytheatre.org) for weekly themes and registration.

## ONGOING

**The Secrets of the Universe (and other songs).** Through July 20, at The Hub Theatre, 9431 Silver King Court, Fairfax. The Hub Theatre and Jewish Community Center of Northern Virginia join forces for the World Premiere of "The Secrets of the Universe (and other songs)," playwright Marc Acito's story of Albert Einstein and Marian Anderson in director Helen R. Murray's final show as a DC-area resident. Visit [www.jccnvarts.org](http://www.jccnvarts.org) for more.

**Fiber National.** Through July 29, gallery hours at The Workhouse Arts Center, 9518 Workhouse Road, Lorton. Fiber National is a juried exhibition showcasing the best in contemporary fiber art from around the country. The 2nd biennial of the exhibition will highlight work using both traditional and non-traditional techniques.

**Senior Line Dancing.** Mondays, 1 p.m.; Fridays, 10-11:30 a.m. at Little River Glen Senior Center, 4001 Barker Court, Fairfax. Line Dancing is a gentle, social form of aerobic activity. Studies have shown it aids in warding off Alzheimer's disease. No previous experience needed. Cost: \$5 per 8-week session. Email [barbriba@hotmail.com](mailto:barbriba@hotmail.com) or call 703-524-3739.

**Fairfax Pets on Wheels New Volunteer Orientation.** An orientation for new volunteers interested in visiting residents of nursing homes and assisted living facilities with their approved pets through the Fairfax Pets On Wheels program is held the first Wednesday of every month starting at 7:30 p.m. Visit [www.fpow.org](http://www.fpow.org) for each month's location. Prior to attending, please complete the online application found at [www.fpow.org/volunteer](http://www.fpow.org/volunteer). [www.fpow.org](http://www.fpow.org), 703-324-5424 or [dfspetsonwheels@fairfaxcounty.gov](mailto:dfspetsonwheels@fairfaxcounty.gov).

**Carolina Shag.** Wednesdays, 6:30-10 p.m. at Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m. No partners needed. Dinner menu. \$8. Under 21 free. [nvshag.org](http://nvshag.org).

**FUN-Exercise** Thursdays, noon-12:50 p.m. at Grace Presbyterian Church Family Room, 7434 Bath St., Springfield. Inova certified exercise instructor leads a moderate level exercise class with music and current events conversation. Muscle, Balance, Strength Training using stretch bands and weights both standing and seated exercises. Instructor donation is \$5. [moorefitt@yahoo.com](mailto:moorefitt@yahoo.com) or 703-499-6133.

**Exercise Program** Mondays and Fridays at 9:30 a.m. year-round at Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. The exercises are for strength, balance and maintaining limberness. Contact SCFB office at 703-426-2824 for more information.

**Cafe Ivrit (Hebrew Cafe).** Wednesdays, 8:15-9:15 a.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Shalom (hello) Did you always want to converse in Hebrew? Join Na'ama each week for conversational Hebrew. You will learn and practice Hebrew in a fun and interactive way while learning more about Israel. Free, however we ask that you try to attend regularly. RSVP [Naama.Gold@jccnv.org](mailto:Naama.Gold@jccnv.org).



Art Camp with Carol Zeitlin campers explore watercolor painting.

## Art Camp 2018 in Burke

Registration is Open for "Art Camp 2018 in Burke" for 5-8 year olds, 8 years and up. One-week sessions take place Monday-Friday, July 23-27. Camp is held through Burke Centre Conservancy at the Woods Community Center, 10100 Wards Grove Circle, Burke. Second location is Burke Presbyterian Church, 5690 Oak Leather Drive, Burke. Call instructor at 703-250-6930 or visit [www.czartlessons.com](http://www.czartlessons.com) for more. Camps include:

- \* Fine Arts & Crafts Camp (8 and older) – \$142 plus \$25 supply fee.
- \* Drawing Camp (8 and older) – \$142 plus \$25 supply fee
- \* Drawing Plus Color & Craft Fun Camp (5-8 years) – \$120 plus \$20 supply fee

**Smoke Free Bingo.** 7 p.m. Every Friday. Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Free coffee, entertaining callers, \$1,000 jackpot (with breaks for smoking friends). [www.fairfaxvd.com](http://www.fairfaxvd.com). 703-273-3638.

**Funday Monday** 10:30 a.m., every Monday at Old Town Hall, 3999 University Drive, Fairfax. There will be music, movement, storytelling, performances, crafts, and more. It is open to children of all ages, however especially for those who haven't yet started school. Programs are free and open to the public, donations are gratefully appreciated. There is ample free parking in the downtown area, and stroller access at the rear of Old Town Hall on Main St. 703-385-7858 [www.fairfaxva.gov/culturalarts](http://www.fairfaxva.gov/culturalarts) for more.

## WEDNESDAY, JULY 18 THRU AUG. 1

**Free Singing Lessons.** 7:30-9:30 p.m. at Lord of Life Lutheran Church, 13421 Twin Lakes Drive, Clifton. Free Singing Lessons with the Fairfax Jubil-Aires! Wednesday nights on the following dates: July 18, 25 and Aug. 1 at 7:30 p.m. Open to men of all ages who have love to sing — totally completely free and fun. Contact Aaron Watts at [adwatts78@gmail.com](mailto:adwatts78@gmail.com). Visit the website at [www.fairfaxjubilaires.org](http://www.fairfaxjubilaires.org)

## THURSDAY/JULY 19

**Evenings on the Ellipse with Memphis Gold.** 5:30-7 p.m. at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. The Evenings on the Ellipse summer concert series is a family-friendly event featuring a wide range of musical genres. Paradise Springs Winery and The Winery at Bull Run will be providing complimentary tastings; glasses of wine and full bottles available for purchase. A Farmers Market (2:30-6:30 p.m.) will also be on site selling fresh fruit and savory snacks. Rain or shine. Free. Visit [fairfaxcounty.gov/parks/performances](http://fairfaxcounty.gov/parks/performances) for more.

**Burke Historical Society.** 7 p.m. at George Mason Regional Library, 7001 Little River Turnpike, Annandale. Burke Historical Society member Mary Lipsey will speak about the story of Mount Vernon and how it was saved by the Mount Vernon Ladies' Association. Lipsey has a new book. Visit [www.mlhbooks.com](http://www.mlhbooks.com).

**Encore Chorale Registration Open.** Rehearsals at Sydenstricker United Methodist Church, 8508 Hooes Road, Springfield, on Tuesdays from 2-3:30 p.m. beginning Sept. 4, 2018. Registration is open for the Fall session of the newest Encore Chorale and singers of all vocal experience, age 55+. Encore is the nation's largest choral singing program for

adults age 55+, with 17 Chorales in the DC/MD/VA/NYC area. The Chorale will be under the direction of Evanne Browne. Singers can register online at [www.encorecreativity.org](http://www.encorecreativity.org). Call 301-261-5747.

## THURSDAY-SUNDAY/JULY 19-22

**"Suessical the Musical."** Thursday and Friday, 7:30 p.m.; Saturday, 2:30 (child/sensory friendly) and 7:30 p.m.; Sunday, 2:30 p.m. at Church of the Nativity, 6400 Nativity Lane, Burke. "Oh, the things you can think" when Dr. Seuss' best-loved characters collide and cavort in a musical caper. Friendship, loyalty, family and community are challenged and emerge triumphant in this colorful story full of teachable moments. Adults, \$10; \$8 seniors and students, \$8. Visit [www.nativityburke.org/nativityparish/summer-theater-ministry/](http://www.nativityburke.org/nativityparish/summer-theater-ministry/).

## FRIDAY/JULY 20

**B-I-N-G-O.** 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit [www.fairfaxvfd.com](http://www.fairfaxvfd.com) or call 703-273-3638 for more.

## SATURDAY/JULY 21

**Pet Adoption Event.** 11 a.m.-2 p.m. at Pet Supplies Plus, 11054 Lee Highway, Fairfax. Find a new forever animal friend with the help of the City of Fairfax Animal Control and Animal Shelter. Visit [www.fairfaxva.gov/government/police/programs/animal-control/adopt-a-pet](http://www.fairfaxva.gov/government/police/programs/animal-control/adopt-a-pet).

**Mount Vernon Nights.** 7 p.m. at Workhouse Arts Center, 9518 Workhouse Road, Lorton. This series of free, public concerts features a variety of musical performances reflecting Fairfax County's diversity, culture and community spirit. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's special summer traditions. Visit [www.fairfaxcounty.gov/parks/performances/mt-vernon-nights](http://www.fairfaxcounty.gov/parks/performances/mt-vernon-nights) for more.

**Stories of the Stars.** 8:30-9:30 p.m. at Burke Lake Park, 7315 Ox Road, Fairfax Station. Stroll with a naturalist along the lakeshore at Burke Lake Park and learn about the constellations. An astronomical naturalist will identify the stars, and there will be telescopes for use. The evening concludes with a campfire and s'mores. For participants age 3-adult. \$6 per person; children must be accompanied by a registered adult. Call 703-323-6600 or visit [www.fairfaxcounty.gov/parks/burke-lake](http://www.fairfaxcounty.gov/parks/burke-lake) for more.

## SUNDAY/JULY 22

**Animals in the Shallows.** 8-9 a.m. at Lake Accotink Park, 7500 Accotink Park Road, Springfield. Explorers age 8-adult will search for animals that call the littoral zone home. Snakes, fish, turtles and insects all rely on these lake shallows to survive. Catch and release animals found in this program. \$6 per person; children must be accompanied by a registered adult. Wear shoes that can get muddy and wet. Call 703-569-3464 visit [www.fairfaxcounty.gov/parks/lake-accotink](http://www.fairfaxcounty.gov/parks/lake-accotink) for more.

**Discover a World of Animals.** 1-1:45 p.m. and 2:15-3 p.m. at Hidden Oaks Nature Center, 7701 Royce St., Annandale. In the "Animals Underground" program at Hidden Oaks Nature Center, children age 2-5 will investigate who lives in the dark, damp world under the forest floor. Learn about moles, earthworms, termites and other creatures of the soil. \$6 per child; children must be accompanied by an adult. Call 703-941-1065 or visit [www.fairfaxcounty.gov/parks/hidden-oaks](http://www.fairfaxcounty.gov/parks/hidden-oaks) for more.

**Reading Circle.** 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Fairfax Station Railroad Museum will host two 45-minute Reading Circle sessions of the Caldecott Medal winning book, "Locomotive." One session will begin at 1:15, the second at 2:30. All craft supplies included with admission fees. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit [www.fairfaxstation.org](http://www.fairfaxstation.org), [www.facebook.com/FFXSRR](http://www.facebook.com/FFXSRR), or call 703-425-9225.

**Vegetable Plant Clinics.** 4-6 p.m. at Franconia Park, 6432 Bowie Drive, Springfield. Focus will be on planning a fall vegetable garden. Fairfax County Master Gardeners will add a focus on vegetable gardening to their Plant Clinic program. Sponsored by Virginia Cooperative Extension. Contact the VCE Fairfax County Master Gardener Help Desk at 703-324-8556.

## TUESDAY/JULY 24

**Farm to Fairfax Market.** 10 a.m.-2 p.m. at Old Town Square, 10415 North St., Fairfax. The market, will be producers-only — meaning that all vendors at the market may only sell what they raise on their farms or make from scratch using local ingredients as much as possible. May-September, weather permitting. Call 703-385-7893.

**Erin's Epic Stories.** 10:30 a.m. at Old Town Square, 10415 North St., Fairfax. A variety of children's activities and entertainment in Old Town Square at the pergola, Tuesdays June-August. Weather permitting. Free. Visit [www.fairfaxva.gov/government/parks-recreation/old-town-square](http://www.fairfaxva.gov/government/parks-recreation/old-town-square) for more.

## WEDNESDAY/JULY 25

**Springfield Nights.** 7 p.m. at Burke Lake Park, 7315 Ox Road, Fairfax Station. Featuring: The Johnny Artis Band (R&B). Bring a picnic dinner, blankets, your dog, and lawn chairs and relax with friends and family. Beer and food will be available for purchase. Call 703-451-8873 for more.

## WEDNESDAY-THURSDAY/JULY 25-26

**Studio Ghibli: Castle in the Sky.** Wednesday, 7 p.m. (Japanese with English subtitles); Thursday, 11 a.m. (English dubbed) at Angelika Film Center — Mosaic, 2911 District Ave., Fairfax. The Angelika Mosaic will feature animated films from the celebrated Studio Ghibli praised for their originality, stunning animation, and ambitious storytelling. All tickets are regular admission. Visit [www.AngleikaFilmCenter.com](http://www.AngleikaFilmCenter.com) for more.

## THURSDAY/JULY 26

**Evenings on the Ellipse with Tartan Terrors.** 5:30-7 p.m. at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. The Evenings on the Ellipse summer concert series is a family-friendly event featuring a wide range of musical genres. Paradise Springs Winery and The Winery at Bull Run will be providing complimentary tastings; glasses of wine and full bottles available for purchase. A Farmers Market (2:30-6:30 p.m.) will also be on site selling fresh fruit and savory snacks. Rain or shine. Free. Visit [fairfaxcounty.gov/parks/performances](http://fairfaxcounty.gov/parks/performances) for more.

# Workhouse Brewfest Returns

The third annual event not resting on previous laurels.

BY DAVID SIEGEL  
THE CONNECTION

**B**rewfest has been flourishing at the Workhouse. With its previous successes shown by attendance of about 2,700 guests, Brewfest returns for its third edition. It is now one of the Workhouse's signature outdoor summer time gatherings.

Brewfest will spotlight craft brews, artisan spirits, and fine wine from Northern Virginia, the Commonwealth and from the mid-Atlantic region.

"With extremely positive feedback from vendors and guests alike, we expect that we'll increase guest attendance this year," said Ava Spece, Workhouse Arts Center CEO and President.

"Some favorite breweries and distilleries are back, including Forge, Adroit Theory, and Ornerly, all winners of the 2017 Best Brew Competition, alongside new additions like Ono Brewing and Filibuster Distillery," said Spece in a

recent interview. "And our lineup of a dozen bands includes returning favorites like Practically Einstein and new additions like the incredible Lovely Rita."

This year Brewfest expects around 75 different products (brews, spirits, ciders, and wine) available for sampling. In addition to the sampling, guests can explore 65 artist studios, exhibitions in 12 art galleries, and exciting vendors located throughout the Quad.

"This will be our first Workhouse Brewfest to make use of our completely renovated Quad," added Spece. "We've rebuilt (literally) from the ground up, new lawn, pathways, and brick patio beneath our Rizer Pavilion."

Michael Katrivanos, founder, New District Brewing "relishes the opportunity to be part of the Workhouse Brewfest. The event connects the arts and commerce."

He went on to say that Brewfest has "the synergy of a street fair vib. We want to support the awesome space that is the Workhouse Arts Centers."

"Brewfest is a great way to educate people in the community about local independent business offerings," said Cyndi Hoffman, co-owner, Chantilly's ONO Brewery Company. She also spoke of how Fairfax County has "become a welcoming location for independent small breweries each with their own unique personality."

Food trucks and vendors will be on-site to offer a variety of tasty dining selections. Workhouse studios and galleries will be open to the public. There will even be lawn-games.

"Brewfest 2018 is a great way to introduce the Workhouse Arts Center to those not yet familiar



**Ava Spece, CEO and President Workhouse Arts Center**



PHOTOS COURTESY OF WORKHOUSE ARTS CENTER

**"Brewfest" at Workhouse Arts Center, 9601 Ox Road, Lorton, will be held on Saturday, Aug. 4,**

## Where and When

"Brewfest" at Workhouse Arts Center, 9601 Ox Road, Lorton, Saturday, Aug. 4, 2018, from 1 to 8 p.m. (rain or shine). Detailed information about ticket options from \$20 to \$85, the HopStar VIP Experience limited to 300 guests, and parking available at: <http://workhousebrewfest.org> or call 703-584-2900. Note: Designated Driver tickets are available. While children are permitted to attend the event, programming is intended for an adult audience. Children or those under the age of 21 who wish to attend will need to have a Designated Driver (non-drinker) ticket, and will have grounds access, unlimited root beer and bottled water, and be able to enjoy on-site musical performances. Children are required to be accompanied by an adult or guardian. As per Workhouse policy, pets are not permitted at "Brewfest." Service animals are welcome in the studios, galleries, museum and theatre. Brewfest has partnered with the Fairfax Alliance for Better Bicycling to support community members who would like to bike to the event.

with our wide range of outdoor and indoor activities," said Spece. Brewfest is a partnership of the Workhouse Arts Foundation, in coordination with Visit Fairfax, Celebrate Fairfax, Inc., Fairfax County Government, and the Fairfax County Park Authority.

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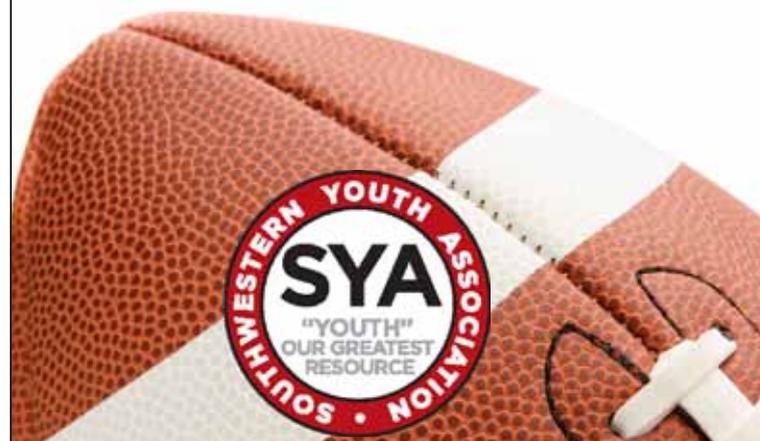
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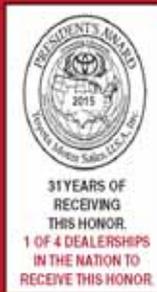
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# Best for Family Road Trips

Top audiobook picks for long drives with children.

BY MARILYN CAMPBELL

**W**ith summer comes roadtrips. In fact, a study by New York University's School of Professional studies showed that 63 percent of American families will take a vacation by car this summer. Long stretches of interstate and backseat time call for loading up on audio books before hitting the road. "Audio books are great for long car rides and they're much better than video games," said Barbara Marshall, department chair for Education and Social Sciences at Montgomery College. "They don't take the place of actually reading a book, but there is a time and place for them.



PHOTO BY MARILYN CAMPBELL

**Audio books are helpful in passing time during a family vacation by car.**

One of those times, says Marshall, is long drives without scenic views. She and others who are familiar with children's literature suggest some of the best books for family vacations by car.

"Ghost" by Jason Reynolds and narrated by Guy Lockard is a recommendation by Jennifer Rothschild, Youth Services Collection Development Librarian for Arlington Public Libraries. This 3.5 hour audio books is about a gifted runner named Ghost who has a chance to run for a prestigious middle school track team, but is challenged to stay on track both literally and figuratively in order to reach his full potential. Fantasy buffs might appreciate "Dealing with Dragons" by Patricia C. Wrede, while fans of dystopian novels might enjoy "Leviathan," written by Scott Westerfeld and narrated by Alan Cumming, suggests Rothschild.

Set in an alternate version of WWI, Leviathan is the first in a trilogy. Primary characters include Prince Aleksander, the would-be heir to the Austro-Hungarian throne, and Deryn, a girl who disguises herself as a boy to serve in the British Air Service. The story takes off when the two cross paths.

History lovers might appreciate another Rothschild pick: "Notorious Benedict Arnold" which was written by Steve Sheinkin and narrated by Mark Bramhall. Running at 6.5 hours, this is a true story about an American war hero who loses his career and freedom for greater recognition.

Music lovers might enjoy "Solo" by Kwame Alexander, says Yunna Iqbal of Scrawl Books in Reston. The audio version of the New York Times best selling book by the same name, tells the tale of Blade, the son of a former rock star with a drug addiction. Intertwined with songs, the story follows Blade as he tries to escape his family's fame and fortune.

"Each chapter has a specific song and story follows and that makes it good for both young kids and older kids," said Iqbal.

"Artemis Fowl" by Eoin Colfer, narrated by

Nathaniel Parker could appeal to thrill-seekers. The main character, a 12-year-old named Artemis Fowl is the heir to a crime family who appears to be unusually skilled at masterminding crimes until greed threatens to ruin his most his brilliant plan. This Rothschild suggestion runs 6.5 hours.

Timeless classics like "Charles and the Chocolate Factory" and "James and the Giant Peach," both by Roald Dahl, are also fail-safe choices for family road trips, says Iqbal.

"Ghost Boys" by Jewell Parker Rhodes is a recommendation from Lelia Nebeker, Book Buyer at One More Page Books in Arlington. "It's a very short book, so if you're only driving for three hours, you can probably finish it," she said. "It's from the per-

spective of a seventh-grade black boy who is shot and killed by the police, and his ghost is telling the story of seeing the world after his death, where he meets the ghost of Emmett Till. It's a heartbreaking book, but beautifully written, well performed on the audiobook."

Despite the mature sounding premise, Nebeker says that it's intended for readers ages 9 and up.

"Avalon High by Meg Cabot' is a fun contemporary take on the King Arthur myth by the prolific Meg Cabot," advised Nebeker. "This one does take place in a high school setting, but it's appropriate for ages 10 and up for sure. So cute and funny."

"Two of my coworkers read 'Love Sugar Magic: A Dash of Trouble' by Anna Meriano ... and raved about it," said Nebeker.

"Amal Unbound' by Aisha Saeed is about a 14-year-old girl in Pakistan who becomes a servant to pay off her family's debts," said Nebeker. "[This is] another book for young readers that has some mature content, but is good for ages 10 and up and will start good discussion between parents and young readers."

"Howl's Moving Castle" by Diana Wynne Jones and "A Wrinkle in Time" by Madeleine L'Engle are two additional suggestions from Nebeker.

For a wider selection of choices, Marshall suggests the American Library Association's website which offers reviews of audio books: [www.ala.org/alsc/awardsgrants/notalists/ncr](http://www.ala.org/alsc/awardsgrants/notalists/ncr).

**"Audiobooks are great for long car rides and much better than video games."**

— **Barbara Marshall, Montgomery College**

## Recommendations

For audio book reviews and suggestions: [www.ala.org/alsc/awardsgrants/notalists/ncr](http://www.ala.org/alsc/awardsgrants/notalists/ncr)

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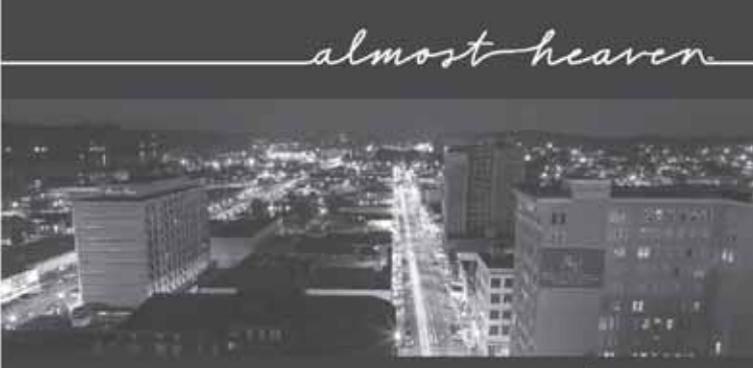
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**NEWS**

**School Board Names Chair, Vice Chair**

**T**he Fairfax County School Board has elected Karen Corbett Sanders (Mount Vernon District) as chair and Ilryong Moon (at-large) as vice chair for a one-year term. The chair and vice chair assumed office at the July 12 School Board meeting; they are elected by School Board members during the Board's annual organizational meeting.

"I am honored by my colleagues to be selected to serve as chair of the Fairfax County School Board," said Corbett Sanders. "We look forward to continuing the important work supporting our students and teachers as we implement our FCPS strategic plan. We will continue our focus on making the One Fairfax equity goals a reality, achieving excellence in education for every student in Fairfax County."

Born and raised in Fairfax County, Corbett Sanders is a retired international business executive, a community advocate for healthcare and education issues, past PTA president, and Odyssey of the Mind coach. She has served on boards of directors and operating committees for international telecommunications companies and, locally, on the quality board of Inova Children's Hospital and the regional board for Odyssey of the Mind. Corbett Sanders earned a bachelor's degree from the University of Notre Dame and a master's degree from Boston University. She serves on the Dean's Advisory Board of Boston University's Wheelock School of Education and previously served on the parent advisory board of Creighton University. Corbett Sanders has served on the School Board since 2016 and during the 2017-18 school year, she served as vice chair of the Board.

Moon is a partner with the law firm Moon, Park, and Associates, and earned his juris doctor degree from the Marshall-Wythe School of Law, College of William and Mary. He earned his bachelor of arts in



**Karen Corbett Sanders**



**Ilryong Moon**

East Asian studies from Harvard University. Moon is a member of the Annandale Rotary Club and has served as a member of the Fairfax County Planning Commission, the Governor's Urban Policy Task Force, and the Virginia Advisory Committee of the U.S. Civil Rights Commission. Previously, he served as a member of the Fairfax-Falls Church Regional Council of the United Way, the Community Service Fund (Fairfax-Falls Church Region), and the United Way. He is a former ESOL student and father of two FCPS graduates. He served on the Board previously from July 1995 to 1999, and from January 2004-present. Moon served as Board chairman in 2006, 2012, and 2013, and as vice chair in 2005 and 2011.

In addition to the chair and vice chair, members of the Fairfax County School Board, whose terms run to 2019, are: Sandy Evans (Mason District), Karen Keys-Gamarra (at-large), Pat Hynes (Hunter Mill District), Tamara Derenak Kaufax (Lee District), Ryan McElveen (at-large), Megan McLaughlin (Braddock District), Dalia Palchik (Providence District), Jane Strauss (Dranesville District), Elizabeth Schultz (Springfield District), and Thomas Wilson (Sully District).

**Have a Ball at the Bocce Picnic**

**N**orthern Virginia Senior Olympics (NVSO) is gearing up with a free Bocce Picnic and Play event on Thursday, Aug. 2 at the host site for the 2018 bocce competition at Green Acres Center in the City of Fairfax. Medalists from past competitions are expected to be present at the picnic offering tips on bocce moves.

The event will be held by RSVP which is the region's largest volunteers group for those 55 years and older. They serve more than 30 of the local non-profit organizations and government agencies. To register for the event contact volunteer specialist Carly Hubicki at 703-403-5360 or [www.rsvpnova.org](http://www.rsvpnova.org).

This year's NVSO is scheduled to begin on Sept. 15 and conclude Sept. 25 with the bocce competition on Thursday, Sept. 20 at Green Acres. Registration for the NVSO events began in June and will end Aug. 24.

The NVSO is a joint project of the cities in Alexandria, Fairfax and Falls Church and the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William. It includes more than 60 events from swimming and diving, track, pickle ball, bowling, golf to duplicate bridge with three new events added this year: canasta, croquet and beach ball wallyball. For a complete list of events visit [www.nvso.us](http://www.nvso.us).



FILE PHOTO BY SHIRLEY RUHE/THE CONNECTION

**Northern Virginia Senior Olympics bocce competition**

— SHIRLEY RUHE

# BULLETIN

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## MENTAL HEALTH SERVICES

**The Fairfax-Falls Church Community Services Board's Merrifield Center** offers a new stand-up information kiosk. Part of a pilot project, the new feature aims to improve the customer service experience and decrease wait times for individuals who are seeking mental (behavioral) health services. To check in, individuals respond to five simple questions, then the CSB's Patient Track software alerts staff. Based on clinicians' schedules and availability, as well as the needs of the client, individuals are triaged and seen by the next available staff member. For more information on available services, call the CSB at 703-383-8500 (Monday-Friday, 9 a.m.-5 p.m.). In an emergency 24/7, call CSB Emergency Services at 703-573-5679 or the Fairfax Detox Center at 703-502-7000 (TTY 703-322-9080).

## VOLUNTEERS NEEDED

**Haven of Northern Virginia** is committed to offering, support, compassion, information and resources to the bereaved and seriously ill. Volunteers provide individual and group support to those suffering from a loss. Volunteers must participate in a 30 hour training. Training will be offered in October 2018. To volunteer, call Haven at 703-941-7000.

**Assistance League of Northern Virginia**, a volunteer nonprofit, invites community members to join the organization to participate in its Reading Express program. Volunteers provide one-on-one tutoring to first grade students during the school year. To learn more contact VP Membership Mary Gronlund at [gronbiz@aol.com](mailto:gronbiz@aol.com) or Program Coordinator Lynn Barron at [lynnieb517@verizon.net](mailto:lynnieb517@verizon.net).

## LETTERS

FROM PAGE 4

from the all too familiar dangers of gun violence. While the general public has become desensitized by news reports from the adult's point of view, hearing words of immense fear and frustration come from the mouths of young students as they expressed themselves truly hit home. Along with 71 others, Del. Kathleen Murphy (D-34) attended the event, and she spoke briefly about what she believes needs to be done to prevent the repetitive, tragic headlines. She commended the younger generation for their dedication to the cause and recognized how instrumental they are in creating a better future for our nation.

The powerful words of the students made an impact on the audience, and the students are proud to say they raised \$750 for Everytown for Gun Safety. The students believe, more importantly than the money they raised, the biggest concept they hope the audience and other observers will take away is that all one needs to make a difference is ambition and dedication. While most nights the news may leave viewers feeling helpless, it is necessary to remember that every single person has the power to change the world, if only they believe they can.

**Leana Travis**  
Vienna

Along with Helen Ehrlich, Leana Travis organized a benefit concert 'Stand Up, Speak Out.'

# BUSINESS DIRECTORY

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Find us on Facebook and become a fan! <b>www.Facebook.com/connectionnewspapers</b> <b>THE CONNECTION</b> Newspapers & Online The Connection to Your Community <b>www.connectionnewspapers.com</b>		An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. -Werner Heisenberg	

## Comparatively Speaking



By KENNETH B. LOURIE

After writing such an emotional column last week ("A Relative Unknown"), I'm having a little trouble finding footing for my pen for this week's column.

It reminds me of thoughts I had about continuing to write my "Everything in general about nothing in particular"-themed columns - which I had published in The Connection from December 1997 through May 2009, after I received my terminal cancer diagnosis in late February, 2009. How could I continue to write such lightweight nonsense after being given a "13 month to two-year" prognosis?

Not that my intention writing forward was ever to immerse you regular readers in self-indulgent Kenny at his self-important worst. Hardly. It was more that I had a need and apparently, an ability, to write about my cancer experiences with a similarly light touch as I had previously done so discussing everyday topics dating back 12 years or so.

Those columns, as you incredibly regular readers may recall, ranged from the sublime to the ridiculous, including everything in between. However, they never mentioned politics, current events, personalities in the news or anything of substance, quite frankly.

To give you a few examples: "Armed and Dangerous," a column about drivers who drive with their left arms hanging out the driver's side window (one of my mother's favorites); "Sole Man," a column about seeing so many single shoes lying by the side of the road; "Registering a Complaint," a column about the new (at the time) self-checkout registers at supermarkets; and "Victim of 'Soycumstance,'" a column about why there are always so many packets of soy sauce in Chinese carry-out, and so many more, hundreds in fact, about "everything in general ..."

For me, they were - and continue to be, an amusing diversion/avocation which enabled me to pursue my passion and dream about writing a syndicated climate from a warm climate, preferably one with an ocean view, while maintaining my day job. A day job which I still maintain. And though the challenge for maintaining both may be greater now than ever, us true believers in the newspaper business will continue to read and write as best we can, in print and online.

Now, throw in a cancer diagnosis, which at the outset was extremely discouraging, and you might wonder how any of this makes sense. Well, perhaps it didn't. But perhaps having tasks and responsibilities was exactly the kind of regularity that a cancer patient given a rather grim prognosis needed, consciously, and maybe more importantly, subconsciously.

Somewhere in my head (or wherever one's subconscious exists) going on about life as if nothing was particularly life threatening (heck, more like life ending, at age 54 and a half, no less) perhaps was the kind of antidote my body needed. Though told then - and now, that there's no cure for what ails me: non-small lung cancer, stage IV, nevertheless, I am still alive nine-plus years later, "advocating" and "vocating."

However, maintaining my status quo; reading, writing and "rithmeticking" doesn't generally make me cry as writing last week's column did. And in living long enough to experience what I wrote about last week, I am always grateful to whomever/whatever power is responsible for yours truly being here, there and everywhere (also a reference to the name of the first song, by The Beatles, that Dina and I danced to as husband and wife).

Amazingly, life goes on, as does this column. But fortunately, for you irregular readers, not for much longer.

Have written this far, I think I've transitioned now from an extremely emotional experience: meeting my cousin from Argentina to an un-emotional/normal one: life in the mundane and boring Kenny lane. A lane I hope to continue to travel. At least I hope so, anyway.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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