McLean Connection

Wellbeing
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Puppets Take Over McLean Library

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On Monday, July 16, Blue Sky Puppet Theatre performed at the Dolley Madison Library. Michael Cotter, founder and director of the theatre, takes a selfie with audience members and featured puppets.

Photo by Maia Spoto/The Connection

Fewer Lanes and More Slowdowns on GW Parkway

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McLean Girl Scouts Earn Gold for Compassion

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McLean Connection Editor Kemal Kurspahic
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A group of McLean area teens (Girl Scouts and Non-Girl Scouts) and their mothers (plus one aunt!), led by Girl Scout Troop Leader Christiane Lourenco of McLean, traveled to the Dominican Republic this summer on a service trip to support the Mariposa Center for Girls in Cabarete.

Photos contributed

Gold for Compassion

McLean Girl Scouts return from service trip to the Dominican Republic.

A group of McLean area teens (Girl Scouts and Non-Girl Scouts) and their mothers (plus one aunt!), led by Girl Scout Troop Leader Christiane Lourenco of McLean, traveled to the Dominican Republic this summer on a service trip to support the Mariposa Center for Girls in Cabarete. The Mariposa Center for Girls serves more than 100 underprivileged Dominican and Haitian girls between the ages of 8 and 18. Their mission is to educate and empower girls which parallels the mission of Girl Scouts.

Many of the Girls Scouts completed their Gold Awards, the highest achievement in Girl Scouting, during this trip. The Girl Scouts spent nearly two years fundraising, researching, and planning curriculum for their Gold Awards that requires each girl to prepare a project proposal that addresses a need, is sustainable and has a measurable impact. Each Girl Scout presented and defended her project proposal to a Gold Award Panel before getting approval to do her Gold Award project.

The teens ran a week-long summer camp for the Mariposa Girls, including Gold Award workshops on Art, Music, English, STEM, Health & Nutrition, and fun activities such as Camp Olympics, Jewelry Making, Fingerprinting and Geology.

Grace Silverman of McLean provided the Mariposa Center for Girls' partner, the 3 Mariposas Montessori (3MM) School, with a donation of school supplies and made contact with the 3MM school staff as research for her anticipated Gold Award project which she hopes to begin in the fall. Grace also led the Fingerprinting and Geology workshops providing the Mariposa girls with lessons on how to read fingerprints and all about rocks and minerals.

Nicole Eberly of Fairfax provided the Mariposa Girls with lessons on Jewelry Making with donated supplies and also provided fun and games during the Camp Olympics workshop.

Other teens, Dia Aurora and Sarina Saran of McLean, Meera Naik of Vienna, and Simran Ohri of Bethesda, Md., assisted with all of the workshops as needed.

The adult volunteers on the trip (Christiane Lourenco, Andra Jordan, Shilpa Fichadia, Priya Aurora, Shaila Ohri, Roopal Saran, Cristina Temboury, Meera Naik, Nima Naik, and Karen Scott) assisted with the workshops and provided assistance to the Mariposa Center's Upcycled Sails Project. They helped cut patterns out of donated sails that the center's seamstresses then sewed to make upcycled bags. The adult volunteers also upcycled cardboard to make better pattern templates that the seamstresses could use going forward.

Serena Aurora of McLean provided English lessons and tutoring to the Mariposa Girls as part of her Gold Award. She also donated reading and writing workbooks to the center.

Riya Saran of Falls Church provided the Mariposa Girls with art education and worked with them to complete a large art mural for display at the center as part of her Gold Award.

Alexa Jordan of McLean instructed the Mariposa Girls about the benefits of exercise and nutrition as part of her Gold Award. She also donated jump ropes, elastic bands and a bilingual English/Spanish book on fruits and vegetables.

Jenica Fichadia of McLean provided the Mariposa Girls with Ukulele music lessons as part of her Gold Award and provided supplies for them to make their own maracas and harmonicas.

First Aid is for Everyone Everywhere: Jessica Lourenco of McLean taught basic first aid skills to the Mariposa girls as part of her Gold Award and provided each girl with a complete first aid kit to take home. She also had the girls do a band aid butterfly craft and play first aid BINGO.

Lauren Scott of Falls Church instructed the Mariposa Girls about STEM as part of her Gold Award.

Opinion

In-Service Training

By Kenneth R. "Ken" Plum
State Delegate (D-36)

The only common requirement for holding elective office is that one be a registered voter in the state meaning then of course that you must be at least 18 years of age.

You do not need to be a resident of the district you hope to represent although you will have to move into the district if you win. The concept of a citizen legislature is that it is made up of people from all walks of life in the community who can collectively speak for the community at large. Supposedly there would be no professional politicians—just regular everyday folks. Such an approach should work out well to have the community broadly represented.

Commentary

In the past, because of laws and practices, most legislatures have been filled mostly with old white men. Recent years have seen a shift including in Virginia as more women are running for office and getting elected. This year has more women, young people, and people of color running than ever before.

With the diversification of who sits in the legislature the challenge becomes taking people of many different backgrounds, perspectives and constituencies and bringing them together to work for consensus on legislation to get a majority vote. While skills acquired in business and civic activities teach many of the soft skills of interpersonal relationships and team building that are transferable to a legislative body, there are unique differences that are important to recognize.

Most legislatures with which I am familiar have orientation programs to acquaint new members with where the bathrooms are, rules of order in committee meetings and on the floor, and operating procedures around the capitol. Putting legislation together, developing a strategy for its passage, and keeping constituents back home happy are most often handled by the political party caucuses or helpful mentors.

Another source of in-service training I have found invaluable are conferences put together by professional associations, specifically the National Conference of State Legislatures (NCSL). I am at their national conference this week.

NCSL keeps up with what is happening in state capitols around the country and through publications, conferences and consultancy keeps legislators informed. The association is truly non-partisan, although its leadership—chosen from among state legislators across the country—maintain their party allegiance while the staff is able to stay out of the partisanship.

Virginia of course had the first representative legislature in the western world beginning in 1619. Not everyone followed the Virginia model however in writing their constitution of organizing their legislatures. I continue to be amazed as I work with colleagues from around the country as to the number of different ways that legislative bodies can organize themselves and do their business. No one has a corner on the best way to do the people's business, but we can learn from taking a look at how other states conduct their business.

NCSL refers to the states as the laboratories of democracy. The description is appropriate as we all face mostly the same challenges. Our responses are different, however. By getting together for what some would call a conference, but what I think is more appropriately called in-service training, we can do a better job for the people we represent.

Letters to the Editor

Closing the Beltway Ramp Not a Solution

To the Editor:

It is nice that the matter of heavy congestion on Georgetown Pike in an around the Ball Hills Rd area and the chronic traffic safety concerns in the surrounding neighborhoods has finally received the attention of local elected officials and VDOT. Unfortunately, the proposed solution of closing the northbound ramp to the Beltway off Georgetown Pike fails to address the underlying problems and, quite frankly, is blunt and lazy; rich with unintended consequences. The root of the problem stems from out of state commuter traffic seeking relief from congestion on Leesburg Pike/Rt 7 and associated attempts to avoid tolls on the Dulles Toll Road at the Spring Hill Plaza. The problem is exacerbated due to the lack of enforcement and a justifiable means to abate the neighborhood "cut through" traffic.

First and foremost, efforts to expand capacity on Leesburg Pike need to be accelerated. This project is long overdue, needs to be fully funded and receive the attention and emphasis it deserves to get the project underway and completed as soon as possible. This will take time, so there are two other measures that can take near immediate effect that will serve to address the problem.

The first is a temporary toll reduction or toll abatement program at the Spring Hill toll plaza from 1 p.m. to 7 p.m. (same duration as the proposed road closure pilot program). The husband of Del. Kathleen Murphy, Bill Sudow, was appointed to the WMATA Board by former Governor Terry McAuliffe while the Chairman of the Fairfax County Board of Supervisors sits on WMATA's Dulles Corridor Advisory Committee (DCAC). With this type of local representation and access at WMATA, I am sure a temporary toll abatement is a viable solution and can be taken up by the Board in their next meeting.

The second is the posting of traffic signs supported by active enforcement prohibiting through traffic on the surface streets between Leesburg Pike and Georgetown Pike. This permits normal road use by area residents while taking on the real problem. These neighborhood surface streets are not designed to handle the speed and volume of commuters looking to get to and from work in the most expedient manner. Commuter traffic attention and awareness to tight turns and curves, steep and narrow shoulders, cars entering and leaving driveways, pedestrian traffic and stop signs is low. Addressing this problem is a safety issue as much as it is a nuisance matter.

This solution attacks the core underlying issue and provides for immediate, material relief without impacting the freedom and rights of those who live in the surrounding neighborhoods. It breaks the patterns the pilot is seeking to disrupt while tackling the longer term issue of increasing traffic capacity on major commuter roads.

Craig Parisot
Great Falls

Gerrymandering Continues to Mess with Our Elections

To the Editor:

No matter where we stand on the political spectrum, the possibility that anyone interferes or tampers in our elections is unacceptable. Meanwhile, gerrymandering continues to mess with all our elections.

Gerrymandering is drawing voting districts to expand the impact of some votes and shrink others. In 2019, Virginians will elect 100 state delegates and 40 state senators. In 2020 another national census will be taken, and in 2021 the incumbents elected in 2019 (with more influence from the majority party) will draw voting maps that favor their own re-election. Having incumbents draw their own districts is a serious conflict of interest. Unless we find a fairer way, this process will be repeated in 2029, 2031, and so on.

You can help by (1) identifying which candidates favor fair redistricting, (2) voting for them, and (3) checking out OneVirginia2021.org. where you (like more than 80,000 other Virginians) can send a message to your representatives demanding an independent commission to apportion districts fairly.

Karen Scarfone
Clifton

Write The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

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News

New Board Chair Leads Public Schools

Corbett Sanders reviews current educational issues.

By Gerald A. Fill

Mount Vernon School Board Member Karen Corbett Sanders was elected chairwoman of Fairfax County School Board July 12 for the 2018-2019 school year.

Q&A

Q: How do you feel about being elected by your peers as chair for the upcoming school year?

A: I am honored and humbled. It is a great school system that prides itself on fairness and professionalism, and delivering a quality education to all our students. I intend to help make sure we continue the tradition of being one of the best public school systems in the country.

Q: What are your goals as chair?

A: One of my top goals is to get the School Board to coalesce around a Strategic Plan that we are now working on. Also, to make sure the Strategic Plan coincides with the budget and One Fairfax [policy].

Q: What is the School Board doing about improving school safety?

A: As you can imagine when looking at security we need to look at it in the context of what can we do to prevent an incident from occurring: from planning, type of personnel, and facilities. Following the Parkland, Fla., school shooting in February, the School Board requested that our Superintendent Scott Brabrand conduct an internal review of FCPS' security programs, policies, and practices. This was in addition to the Virginia General Assembly Committee formed to study and recommend school safety at the state-wide level by the House of Delegates and most recently by the Governor. Delegates Krizek, Sickles and Watts are on the House Committee and solicit ideas from school board members and FCPS staff. Delegate Krizek has put together an advisory round table to gather insights from local community members. Recent reports by the Secret Service and the Virginia Joint Legislative Audit and Review Committee identify the school climate, threat assessments and early warning systems as the most important factors in preventing incidents of school violence. FCPS' security review had similar findings.

The review examined current security processes, opportunities for improvements to existing programs and structures, and consideration of new initiatives to further reduce risk in the short- and long-term. Along these lines, the security review focused on three key areas:

❖ School climate and Mental Health Studies have shown that a key component of preventing tragedies such as Parkland is creating a positive school climate. Mental health supports are essential in providing support to students that may be in crisis. The superintendent has recommended hiring 18 additional school-based mental health support staff members such as psychologists or social workers. All high schools currently have full-time psychologists and social workers. Additional staff would enable all middle schools and targeted elementary schools to have full-time mental health support.

❖ Planning, and Personnel Training: Hire additional staff members to improve training in all schools, such as enhanced lockdown drills, threat assessments (a structured process for identifying and assessing threats), visitor management procedures, including visitor management systems and protocols, and increase the frequency of school-based security exercises. In addition, table top exercises would be conducted annually. A tabletop exercise provides participants emergency scenarios to evaluate each school, such as a crisis management plan and response; at least one lockdown drill each year would be conducted during a lunch period and/or between classes; and grade level appropriate training scripts and videos would be provided to staff for use in the lockdown drills.

❖ Physical Security: Require all classroom doors to be locked at all times and to replace outdated dual-keyed door locks initially and possibly additional cameras in middle and elementary schools in the future. All schools currently have locked doors with cameras at the entrance.

The recommended enhancements were presented to the School Board at its June 18 work session and consensus was reached to present the recommendations as part of the FY 18 year-end budget review scheduled for July 26, 2018. Public hearings on the budget review recommendations were held on July 12 and July 17.

In addition to the actions that should be implemented as part of the year end budget review process, the School Board requested additional information on a number of areas which include additional Interior cameras for middle schools and elementary schools and where they would be located, the effectiveness of an options based approach to risk assessment in some instances, and a review of procedures for administrative buildings. Once the superintendent has completed the review and assessment of the items requested by school board members in the June work session, the School Board will have a second work session on the second report.

Q: The Opioid Task Force Report reflected an increase in abuse of prescription drugs in the county. What is the school system doing to tackle this problem?

A: I personally visit the schools and urge awareness by the teachers, parents and students about the long-term adverse consequences of prescription drug abuse as well as abuse of illegal drugs.

Also, the FCPS is working with our county partners to implement several recommendations of the County Opioid Task Force. The Board of Supervisors funded six substance abuse specialists for FCPS. In 2018-2019, the specialists will begin working in the Langley, South Lakes, Herndon, West Potomac, and Robinson Pyramids. These pyramids were selected based on 3 years of Youth Survey and discipline data. The specialists will tailor prevention activities to fit the needs of the school communities. Their responsibilities will include assisting with substance abuse assessments, short-term early intervention counseling support and referrals to outside services. Additionally, the school system includes opioids and other substance abuse education issues in our health curriculum beginning in the early grades. We encourage parents to keep lines of communication open with their children, and engage them in conversations about substance abuse.

Q: Due to pending litigation affecting TJ admissions policy, you can't comment on the lawsuit. However, what can you say with respect to ongoing admissions policy?

A: The admission's policy has been debated and modified numerous times to address community concerns regarding the makeup of the school. This School Board recognizes the importance of having a diverse student body and staff and have emphasized equity of opportunity as a priority in our policy making and have asked the superintendent to set this issue as a priority in the implementation of the Strategic Plan. Included in my response is, at your request, the admissions statistics for the incoming TJ freshman class this fall. [See chart.]

Q: What would you like to say as you prepare for your role as chairwoman of the School Board?

A: As the School Board chair, I am enthusiastically looking forward to working with my colleagues in continuing the important work of supporting our students and teachers as we implement the FCPS Strategic Plan and the One Fairfax Policy.

Making One Fairfax a reality means every FCPS student has equity and excellence in their educational experience. The goals of the Strategic Plan provide a framework for ensuring that we inspire and empower students to achieve academically, make healthy choices , and are capable of making responsible and ethical decisions in our rapidly changing world. I want every child to love learning and experience joy in their classrooms.

Bio

Karen Corbett Sanders was raised in Fairfax County. She is a retired international business executive, a community advocate for health care and education and a past PTA president. She has served on international boards of directors and operating companies as well as the quality board of Inova Children's Hospital and the Dean's Advisory Board of Boston University's Wheelock School of Education. She was elected to the School Board in 2016 to represent the Mount Vernon Magisterial District. She served as vice chair during the 2017-2018 school year.

TJHSST Admissions Statistics for Class of 2022

	Applicants	Percent	Admitted	Percent
GENDER				
Male	1,683	53.3%	278	57.3%
Female	1,477	46.7%	207	42.7%
Total	3,160		485	
ETHNIC				
White	870	27.5%	111	22.9%
Black	220	7.0%	10	2.1%
Hispanic	276	8.7%	23	4.7%
Asian	1,633	51.7%	316	65.2%
Multiracial/Other*	161	5.0%	25	5.2%
Total	3,160		485	
SCHOOL TYPE				
Public	2,996	94.8%	460	94.8%
Private/Home	164	5.2%	25	5.2%
Total	3,160		485	
Reduced Fee or Waived Fee Paid	336	10.6%	7	1.4%

SOURCE: Fairfax County Public Schools

Fairfax County School Board Budget

Overall, FY 2019 Budget is $2.9 billion that includes an additional $53.1 milllion as part of a multi-year plan to enhance teacher salaries, and $43.9 million for a step increase for all eligible school employees. The district's cost per pupil is projected to be $15,318 for FY 2019, fifth out of the 10 area school districts. Eighty-six percent of the budget is allocated to instructional programs.

English for Speakers of Other Languages (ESOL) provided ESOL services to English learners in Grades K-12, Level 1 to Level 5 in all FCPS schools and centers during FY 2018 at a cost of $77.1 million (approximately 2.5 percent of the operating budget) to provide ESOL services to 27,572 students. An additional $15.8 million is provided by state and federal grants.

Special Education: 26,730 students are projected to receive special education services in FY 2019. Special education is approximately $537 million, or about 18.7 percent of the operating budget.

Projected FCPS enrollment this fall is 190,168 students.

News

Falls Church-McLean Children's Center Names New Executive Director

Crystal F. Jean has been selected as executive director of Falls Church-McLean Children's Center, the nonprofit, high-quality preschool that has guided children from low- and moderate-income families toward kindergarten readiness for 50 years. Jean becomes the seventh director of the Center in its history.

Having served as assistant director of Falls Church-McLean Children's Center for the last year and a half, Jean is already familiar with the early childhood education program.

Photo contributed

Crystal F. Jean

"I was drawn to the Children's Center because its mission of serving all children aligns with my own philosophy of education," Jean said. "I believe all children deserve a strong educational start to prepare them for kindergarten and beyond. I love that the Children's Center is diverse and inclusive, and also equitable. Every child has access to the same highly qualified teachers, curriculum, and support services."

Dedicated to teaching young children, Jean has been a preschool educator for more than 10 years. She holds a Master's Degree in Education with a focus on child development from Southern New Hampshire University. Prior to joining the Children's Center, she was the director of Rock Spring Preschool, a half-day cooperative, in Arlington, Va. for two years and its resource teacher for one year. Before moving to northern Virginia, Jean, who holds a bachelor's degree in psychology, taught special education preschool in New Hampshire public schools.

"The search for our new director attracted several very good candidates," said Children's Center Board President Susan Poretz. "Crystal was the clear choice because she knew our mission, staff, children and families already and we knew that her values and work style fit the Children's Center."

As Jean assumes the executive director position, **Lucy Allca-Pelletier**, former education coordinator and long-time Children's Center teacher, becomes assistant director.

Survey for Young Adults to Help Target Drug Prevention Efforts

In an effort to better target opioid and other drug prevention efforts, the Fairfax-Falls Church Community Services Board (CSB) is seeking opinions of young adults between the ages of 18-25. The survey is anonymous and voluntary, and asks questions about use of alcohol, prescription drugs, and heroin.

An initiative of the Partnership for Success and the OMNI Institute, an organization that works to help organize substance use campaigns, the survey seeks comparison data from residents in various areas across the Commonwealth of Virginia concerning attitudes, knowledge and drug use of young people.

Participants will be asked to select their three biggest substance abuse issues for their demographic in their community. They will also be asked about their perceptions of risk and other questions. The survey takes no more than five minutes to complete.

As an incentive, all those taking the survey will be eligible to enter to win a $250 gift card. (Contact information for the drawing will be collected in a separate location and will not be linked to survey responses.)

Participants in the survey must be Virginia residents and between the ages of 18 and 25.

The survey is live now through Aug. 31, share the link with young adults in your community: https://www.surveymonkey.com/r/3Y37BBJ.

Wellbeing

Required Vaccinations for School

Local clinics offer free immunizations.

By Marilyn Campbell

As parents compile back-to-school task lists, health officials say that along with backpacks, notebooks and pencils, parents add the vaccinations that are required by Maryland and Virginia state laws in order for students to attend school. Now is the time to get those immunizations to avoid the back to school rush.

"We have free, walk-in clinics where you can get vaccines between now and the beginning of the school year," said Mary Anderson, Montgomery County Department of Health and Human Services. "We urge parents to go now and not wait. We offer vaccines at clinics every day of the week at four different locations."

Appointments are not required for immunization visits in Montgomery, Arlington and Fairfax counties. The Alexandria Health Department, however offers services by appointment only.

"We would certainly encourage parents to make an appointment now," added John Silcox, Fairfax County Health Department. "Appointments fill up quickly, and there are some walk-in appointments, but the closer you get to school the more crowded our clinics get."

Fairfax County has five clinics which offer vaccines. "School-required immunizations are always free at our clinics, whether a person has insurance or not," said Silcox. "We highly encourage parents to call the clinic that is most conveniently located to them É so that they have you vaccines in time for school."

Parents must bring a copy of the child's existing immunization record. "A parent or designated adult must be with the child when the go to get vaccines," said Anderson. "If a parents doesn't have or can't find their child's record, we can try to reconstruct it."

As recently as May, the Washington, D.C. region saw a case of a vaccine preventable disease, says Anderson. "There was a case of measles that this particular individual had contracted outside of the country," she said. "But this is a reminder about the importance of vaccinations because if you had come in contact with this individual and hadn't been vaccinated you could have gotten sick."

Photos courtesy of Fairfax County

Parents are encourage to get required vaccines now to avoid the back-to-school rush.

> "We have free, walk-in clinics where you can get vaccines between now and the beginning of the school year. We urge parents to go now and not wait."
>
> — **Mary Anderson, Montgomery County Department of Health and Human Services**

Immunization Requirements

MARYLAND

http://www.montgomeryschoolsmd.org/info/immunizations/

VIRGINIA

http://www.vdh.virginia.gov/immunization/requirements/

Some students may be granted an exemption from the Virginia and Maryland state requirements for religious for medical reasons. "There is an exemption form that people would need to get filled out and turn into their school in order to be exempt from the state requirement."

Local Health Departments Offer Free Vaccines

ALEXANDRIA

https://www.alexandriava.gov/health/info/default.aspx?id=11444

ARLINGTON COUNTY

https://health.arlingtonva.us/public-health/health-clinics-services/immunization-clinic/

FAIRFAX COUNTY

https://www.fairfaxcounty.gov/health/immunization/school

MONTGOMERY COUNTY

https://www.montgomerycountymd.gov/HHS/RightNav/SeventhGradeImmunizations.html

News

Fewer Lanes and More Slowdowns

New traffic pattern until fall on George Washington Memorial Parkway.

As part of the ongoing rehabilitation of Windy Run Bridge, the National Park Service will temporarily reduce the number of lanes on the George Washington Memorial Parkway beginning on Monday, July 30.

"Drivers should expect a lower speed limit, narrower lanes and a substantial police presence until this fall," park superintendent Alexcy Romero said. "We need to shift traffic so that workers can safely rehabilitate the road surface of Windy Run Bridge."

As part of this work, we will:

❖ Lower the work zone speed limit to 35 miles per hour at all times

❖ Reduce the number of travel lanes to three near and over Windy Run Bridge

v Direct all traffic into three narrow travel lanes on one side of the median

❖ Shift travel lanes to accommodate rush hour traffic

There will always be one southbound lane and one northbound lane open. The third lane will be reversible to accommodate morning and evening rush hours. The reversible lane will be northbound from noon to 8 p.m. and be southbound from 8 p.m. to noon. On Saturdays and Sundays the reversible lane will be southbound.

U.S. Park Police officers will temporarily stop traffic in both directions to make sure traffic shifts safely. Drivers should exercise extreme caution and expect to see U.S. Park Police officers and construction workers in the road 30 minutes before and after the scheduled times for traffic shifts.

The work will end this fall. Find more information at go.nps.gov/windyrun.

Police Reports

BURGLARY: 6900 block of Willow Street, in the McLean District, 07/26/18, 04:20 a.m. A witness called 911 after observing someone enter a neighbor's home. Responding officers arrested Catherine Jones, 23, of McLean, as she exited the home carrying property out of it. She originally provided false information using another name. Jones was charged with burglary, petit larceny, and providing false identification to law enforcement.

Catherine Jones

BURGLARY: 7100 block of Eastman Dr., 7/26/18 between 9:30 a.m. and 10:15 a.m. A citizen reported that someone entered their home. Several items were taken and their property was damaged.

BURGLARY: 1900 block of Youngblood St., 7/26/18 between 7:00 a.m. and 5:30 p.m. A citizen reported that someone entered their home, took cash and damaged property.

GRAND LARCENY AND ASSAULT ON LAW ENFORCEMENT: Tysons Corner Center 1961 Chain Bridge Rd., 7/27/18, 6:00 p.m. Officers saw four people stealing from a business. As officers stopped the group, Kareemah Samuels, 18, of Washington D.C., tried to run away. Officers caught up to Ms. Samuels and took her into custody. While they were arresting Ms. Samuels, she kicked an officer in the face. Ms. Samuels was arrested and charged with petit larceny and obstruction of justice. An assault on law enforcement charge is pending. Monae Washington, 22, of Washington D.C., and Darnisha Godfrey, 22, of Washington D.C., and a teen girl, 17, of Washington D.C., were also arrested and charged with multiple larcenies.

Bulletin Board

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

MENTAL HEALTH SERVICES

The Fairfax-Falls Church Community Services Board's Merrifield Center offers a new stand-up information kiosk. Part of a pilot project, the new feature aims to improve the customer service experience and decrease wait times for individuals who are seeking mental (behavioral) health services. To check in, individuals respond to five simple questions, then the CSB's Patient Track software alerts staff. Based on clinicians' schedules and availability, as well as the needs of the client, individuals are triaged and seen by the next available staff member. For more information on available services, call the CSB at 703-383-8500 (Monday-Friday, 9 a.m.-5 p.m.). In an emergency 24/7, call CSB Emergency Services at 703-573-5679 or the Fairfax Detox Center at 703-502-7000 (TTY 703-322-9080).

WEDNESDAY/AUG. 1

Application Deadline. Think and Act Green. The Town of Vienna's Community Enhancement Commission (CEC) is challenging local businesses and nonprofits to adopt green practices and self-certify as "sustainable" based on points earned. Find a list of suggested green strategies and the Sustainability Challenge checklist at viennava.gov/sustainabilitychallenge. Submit to Town Hall at 127 Center Street S., Vienna to the attention of the Community Enhancement Commission. Contact Desiree Di Mauro at desiree@d2t2.org.

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THE CONNECTION
Newspapers & Online

Special Pullout Tab

Newcomers & Community Guide

August 22, 2018

The annual Newcomers and Community Guides for each of our 15 communities with inside facts on what makes each community special, their secret places, the real power players, how to get involved and more.

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Photos by Maia Spoto/The Connection

The front row of the audience absorbs the theatre's message of unity: "One World, Many Stories."

Puppets Take Over McLean Library

Blue Sky Puppet Theatre performs at the Dolley Madison Library.

The Blue Sky Puppet Theatre performs an adaptation of Ashanti folktale 'Anansi the Spider' for library visitors.

The theatre's signature pig puppets wear different costumes as they explore traditional stories from an array of cultures.

'If Pigs Could Fly' brings generations together: Audience enjoys the Blue Sky Puppet Theatre's performance at the Dolley Madison Library on Monday, July 16.

Waving to a friend before the puppet show begins: On Monday, July 16, Blue Sky Puppet Theatre performed their program 'If Pigs Could Fly' at the Dolley Madison Library.

Woman and child engage in the puppet show.

Michael Cotter, founder and director of the theatre, takes a selfie with audience members and featured puppets.

Area Briefs

10th District Veterans Job Fair Aug. 24

U.S. Rep. Barbara Comstock (R-10) announced the second Annual 10th Congressional District Veterans Jobs Fair that will take place on Aug. 24. The Veterans Jobs Fair will consist of federal and state agencies, businesses, local Chambers of Commerce, and veterans organizations seeking to employ or assist skilled military when they transition to civilian jobs.

"Today is National Hire a Veteran Day, and our servicemen and women of the armed forces have made great sacrifices in service to our nation. The years of service and sacrifice made by our veterans have given them unique talents that they can now put to use in civilian jobs. As part of our commitment to helping our veterans transition from life in the military to the civilian workforce, we will be hosting the 10th Congressional District Veterans Jobs fair where veterans can come to meet with and learn about local employers who desire the many diverse talents of our veterans. This year's veterans jobs fair brings together local employers, chambers, veterans groups, state and local agencies, and many other service organizations together with our veterans so those job-searching can see the many opportunities available to them locally," Comstock said on July 25.

The Veterans Jobs Fair will be held Friday, Aug. 24, from 10 a.m. to 1 p.m. at Loudoun County Public School Administration Building, 21000 Education Court, Ashburn.

RSVP Link: https://10thdistrictveteranjobfaireventbrite.com/

Registration for Senior Olympics Ends Aug. 24.

The Northern Virginia Senior Olympics (NVSO) includes more than 60 events that exercise the mind as well as the body. To qualify for the NVSO you must be at least 50-years-old by Dec. 31, 2018. The deadline for online registration at www.nvso.us is Aug. 24.

See NVSO, Page 11

Entertainment

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

Alden Summer Concerts

One of Alden's favorite summer bands is back – Kara and Matty D return in a family-friendly show Sunday, Aug. 5 at 5 p.m. in McLean Central Park, 1468 Dolley Madison Blvd. Free parking at Dolley Madison Library. Visit aldentheatre.org.

Photo by D. Jahnke

Dan Navarro

Live Music at Jammin' Java

Dan Navarro has just released his first true studio-recorded solo album, "Shed My Skin." Saturday, Aug. 11, 8 p.m. at Jammin' Java, 227 Maple Ave. E., Vienna. $20-25. Visit www.jamminjava.com or www.dannavarro.com for more.

ONGOING

Art Exhibit: "Too Much of Too Much." Through Aug. 18, gallery hours in the Bullock | Hitt Gallery at MPA@ChainBridge, 1446 Chain Bridge Road, McLean. McLean Project for the Arts will open "Too Much of Too Much: Overstimulated, Overexposed, and Overextended," featuring works by mid-Atlantic artists whose works explore the ideas of overstimulation, excessiveness and bombardment, be it through too much information, activity, expectation, or by any other means. Visit mpaart.org.

Row by Row Junior. Through Oct. 31, local quilt shop proprietors like Jinny Beyer Studio (776 Walker Road, Great Falls) are welcoming children participating in Row by Row Junior to their shops. It's the junior version of the summertime travel event for quilt making fans known as Row by Row Experience. Kids visit shops in person, collect a free sewing pattern, and find inspiration in colorful, creative world of sewing. At home, families can find free tutorial support and activities online by visiting www.rowbyrowexperience.com or jinnybeyer.com for local quilting.

Great Falls Farmers Market. Saturdays, 9 a.m.-1 p.m., 778 Walker Road, Great Falls. Music, vendors, fresh produce, fresh prepared food, delightful bakery, spices from around the world, wild-caught fish, grass-fed, free-range meats, organic-fed poultry and eggs. Email kathleen@greatfallsfarmersmarket.org.

Free Tai Chi. Every Saturday, from 7:55-9 a.m., Introduction and Beginners' Practice, meet on the outdoor basketball court located directly behind the Dolley Madison Public Library, 1244 Oak Ridge Ave. in McLean Central Park, McLean. Call 703-759-9141 or visit www.FreeTaiChi.org.

Colvin Run Mill open 11-4 p.m. daily, closed Tuesday. 10017 Colvin Run Road, Great Falls. Fairfax County's operational 19th century water powered gristmill, offers recreational and educational activities for all ages through daily tours, school programs and special events. Fees: $7/adult, $6 students 16+ with ID, $5 children & seniors. Admission to park is free except for some special events.

Fishing Rod Rentals. Riverbend Park, 8700 Potomac Hills St., Great Falls. Rentals available during Visitor center hours. Fishing tackle and live bait are available for purchase. Reservations required for group rentals. $6/rental (2 hour max). Valid driver's license required. Rod/reel combinations are perfect for beginners and children. A Virginia or Maryland freshwater fishing license is required for those 16 years or older. The park does not sell fishing licenses. www.fairfaxcounty.gov/parks/riverbend-park/.

THURSDAY/AUG. 2

Games at Riverbend Park. 4:30-6 p.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Looking for new ways to keep children entertained this summer? Play traditional Eastern Woodland Indian games of skill and luck that were popular at the time the first Europeans reached this area. Enjoy the tradition of oral storytelling and make a game to take home. For ages 4-adult. $12 per person. Children must be accompanied by an adult registered for the program. Call 703-759-9018 or visit www.fairfaxcounty.gov/parks/riverbend.

Nottoway Nights. 7:30-8:30 p.m. at Nottoway Park, 9537 Courthouse Road, Vienna. Featuring John McCutcheon (Folk). Bring blankets and chairs and enjoy music from around the world every Thursday evening at Nottoway Park. Free. Visit www.fairfaxcounty.gov/parks/performances/nottoway-nights.

FRIDAY/AUG. 3

Festival of Shakespeare and Mythology. 4:30 p.m. at The Madeira School, 8328 Georgetown Pike, McLean. After weeks of learning classical theatre, practicing movement and vocalizing, and roasting s'mores over the fire, Traveling Players' youth ensembles will present a festival of three plays. The schedule for the full day is: 4:30-6:15 Ariadne's Thread & The Monkey King; 6:15-7 break for dinner (picnicking is welcome); 7-9:30 Merry Wives of Windsor. $10 tickets available at the door. Visit www.madeira.org/about-madeira/contact-us/ for directions.

Summer on the Green: Nowhere Men. 6:30 p.m. area residents can catch a new and diverse musical act at the Town Green or at Chillin' on Church. Bring blankets and chairs, but please leave Fido and any other pets at home. The concerts are free and open to the public. Visit www.viennava.gov.

SATURDAY/AUG. 4

Paddle the Potomac. 5:30-7:30 p.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Watch for deer foraging on the islands and osprey and bald eagles searching for fish as you paddle a kayak through a wildlife-rich section of the Potomac River. This is not a whitewater tour, and no previous experience is required. Kayaks will be provided – one person per kayak. For participants age 14 to adult runs. Download the waiver at go.usa.gov/xnFNc and bring the completed form to the tour. $40 per person. Call 703-759-9018 or visit www.fairfaxcounty.gov/parks/riverbend.

W&OD 10K. 6 p.m. starting and finishing at Centennial Park, 131 Church St., NE, Vienna. In memory of Sally Hamilton (1962-2009), director of Friends of the W&OD Trail, Fairfax 4 Horses, and Hunters Valley Riding Club. The out-and-back course runs through one of the area's first environmentally-protected zones, an undeveloped meadowland where the deer and the antelope play. Visit www.active.com and search "Friends of W&OD" to register.

SUNDAY/AUG. 5

Concerts on the Green: Dr. Guy Van Syckle. 6-8 p.m. on the Great Falls Village Centre Green. Sundays throughout the summer, bring a picnic and chairs for an evening of free, live music. Visit www.celebrategreatfalls.org.

MONDAY/AUG. 6

Submission Deadline. Vienna Arts Society's annual Photography Show is calling for photographers from around the Capitol Region. The theme is "Visual Stories." Show will be open Aug. 14-Sept. 15. $10 per piece for VAS members, $15 per piece for non-members. Enter no more than two photographs. Prospectus available at www.ViennaArtsSociety.org.

WEDNESDAY/AUG. 8

Summer Stories, Songs, and Sprinklers. 1 p.m. on the lawn of the Freeman Store, 131 Church St. NE, Vienna. Young children and families are invited to listen to a story, tune into some favorite songs, then have a little casual fun with water sprinklers at 1 p.m. Free and appropriate for all ages. Visit www.viennava.gov.

WEDNESDAY-THURSDAY/AUG. 8-9

Studio Ghibli: Spirited Away. Wednesday, 7 p.m. (Japanese with English subtitles); Thursday, 11 a.m. (English dubbed) at Angelika Film Center – Mosaic, 2911 District Ave., Fairfax. The Angelika Mosaic will feature animated films from the celebrated Studio Ghibli praised for their originality, stunning animation, and ambitious storytelling. All tickets are regular admission. Visit www.AngleikaFilmCenter.com.

THURSDAY/AUG. 9

Nottoway Nights. 7:30-8:30 p.m. at Nottoway Park, 9537 Courthouse Road, Vienna. Featuring Cathy Ponton King (Blues/Soul). Bring blankets and chairs and enjoy music from around the world every Thursday evening at Nottoway Park. Free. Visit www.fairfaxcounty.gov/parks/performances/nottoway-nights.

FRIDAY/AUG. 10

River Fishing by Boat. 5:30-7:30 p.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Fish for smallmouth bass and sunfish from a canoe or boat with an introductory class on boating and fishing basics. No previous experience paddling or rowing is required. Boats and personal flotation devices (PFDs), fishing rods and bait are provided. Designed for participants age 5 to adult. Maximum of three participants per boat, one of whom must be 16 or older. $16 per person, and each participant must register. Call 703-759-9018 or visit www.fairfaxcounty.gov/parks/riverbend.

Summer on the Green: Richard Walton Group. 6:30 p.m. area residents can catch a new and diverse musical act at the Town Green or at Chillin' on Church. Bring blankets and chairs, but please leave Fido and any other pets at home. The concerts are free and open to the public. Visit www.viennava.gov.

FRIDAY-SUNDAY/AUG. 10-12

Beauty and the Beast. Friday-Saturday, 7:30 p.m.; Sunday, 1:30 p.m. at the Vienna Community Center, 120 Cherry St. SE, Vienna. Vienna Youth Players' premieres Walt Disney's Beauty and the Beast. The cast and crew features more than 30 aspiring student-artists, ages 8-18. This production will be a swan song as it is director Barbara 'Babs' Dyer's final show with the company after helming the director's chair 26 years. Tickets are $15 each general admission, at viennava.gov/webtrac or at the community center.

SATURDAY/AUG. 11

Bands for Bikes. 1-4 p.m. at Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. Rising college freshmen Jack Lichtenstein and Morgan Poirier, will host their 5th annual "Bands for Bikes" concert to benefit Wheels to Africa (a youth-led all volunteer 501c(3) that collects used bikes for needy children). Joining the boys as an organizer this year will be Langley rising sophomore and musician, Claire Fulton. Area student musicians and bands will be performing on the outdoor stage. Bike donations welcome (but not required) and can be dropped off 10 a.m.-4 p.m. that day.

Live Music: Dan Navarro. 8 p.m. at Jammin' Java, 227 Maple Ave. E., Vienna. With a career spanning decades and a dozen albums with Lowen & Navarro, Dan Navarro has just released his first true studio-recorded solo album, "Shed My Skin." $20-25. Visit www.jamminjava.com.

SUNDAY/AUG. 12

Alden Summer Concerts: Morgan Taylor's "Music of Gustafer Yellowgold" (Family Friendly). 5 p.m. in McLean Central Park, 1468 Dolley Madison Blvd. Free parking at Dolley Madison Library, 1244 Oak Ridge Ave. The Alden's 2018 Summer Sunday Concerts in the Park expand this year to include a "welcome, summer" concert on Sunday, June 3, and then seven concerts from July 1 through Aug. 12. Visit www.aldentheatre.org.

Concerts on the Green: Rew Smith. 6-8 p.m. on the Great Falls Village Centre Green. Sundays throughout the summer, bring a picnic and chairs for an evening of free, live music. Visit www.celebrategreatfalls.org.

MONDAY/AUG. 13

Dining with Dorothy. 12:30 p.m. at Ledo Pizza, 141 Park St., Vienna. A program of the Shepherd's Center of Oakton-Vienna. Join with friends or make new ones. Newcomers are always welcome. To reserve space, contact event chair, Dorothy Flood at dflood1706@gmail.com.

Donation Deadline. During bank hours at Sonabank, 6830 Old Dominion Drive, # A, McLean. Sonabank is collecting school supplies at all branches, including: notebook paper, three-ring binders, spiral notebooks, composition notebooks, No. 2 pencils, pencil pouches, colored pencils, calculators, crayons, pencil erasers, dry erase marker, glue sticks, bottle glue, pocket folders, three-prong folders, pocket dictionaries, markers, highlighters, rulers, tissues, hand sanitizers, copy paper, sticky notes, backpacks and blunt-end safety scissors. Visit www.sonabank.com.

MONDAY-FRIDAY, AUG. 13-17

Mini-Miller Camp. 9 a.m.-noon at Colvin Run Mill, 10017 Colvin Run Road, Great Falls. The mini-miller camp gives children ages 6-12 an opportunity to work a 200-year-old operating grist mill. They'll learn the skills the miller needed as well as those of a blacksmith, and have a chance to make their own butter. Cost for the full week of camp is $197. Call 703-759-2771 or visit www.fairfaxcounty.gov/parks/colvin-run-mill.

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News

In an effort to increase the bee population in Virginia after a reported near 60 percent total colony loss by reporting beekeepers in the Commonwealth, individuals 18 years and older may receive up to three free bee hives through the Virginia Department of Agriculture and Consumer Services Beehive Distribution Program.

Where Have All the Honeybees Gone?

Virginia General Assembly establishes the Beehive Distribution Program, after the shocking number of total winter colony losses.

By Mercia Hobson
The Connection

Photos by Mercia Hobson/The Connection

Tim Field of Herndon checks his honeybee hives. Although his hives did not suffer colony loss, 60 percent of reporting beekeepers in the Commonwealth of Virginia did, the fourth highest loss percentage in the United States.

The winter losses of honeybee colonies over the 2017 – 2018 season were greater than expected. To address the problem and increase the number of actively managed bee colonies, the 2018 Session of the Virginia General Assembly established the Beehive Distribution Program.

"An individual who submits an application to the Department of Agriculture and Consumer Services for a beehive unit through the Program will be registered as a beekeeper with the Department … Individuals may receive no more than three basic beehive units per fiscal year (July 1 thru June 30). Only residents of Virginia who are 18 years of age or older at the time the application is submitted are eligible to receive a beehive unit through the Program."

"The winter losses were 59.5 percent," said Keith Tignor, State Apiarist. This is the highest rate since 2000 when the state began monitoring winter losses. It is the fourth highest reported in the nation for total winter all colony loss with only Arizona, Tennessee and Louisiana reporting higher losses according to the nonprofit Bee Informed Partnership.

Virginia Department of Agriculture and Consumer Services said "VDACS staff found high levels of Varroa mites and nosema infections in wintering bees. Both of these maladies shorten the lifespan of worker bees, increasing mortality rates in winter months."

VDACS cautions that applicants must comply with all state and local requirements related to beehive management and other beekeeping activity as well as contact the locality in which the beehive(s) will be located to ensure compliance with all applicable ordinances.

Applications for beehive units may be submitted electronically to the at www.vdacs.virginia.gov/plant-industry-services-beehive-distribution-program.shtml

Bulletin

From Page 7

THURSDAY/AUG. 2

Caregivers Support Group. 10-11:30 a.m. at UUCF Unitarian Universalist Congregation of Fairfax - Program Building, 2709 Hunter Mill Road, Oakton. For caregivers to adult family members with dementia. First and third Thursdays of every month. Hosted by Shepherd's Center of Oakton-Vienna, scov.org. Contact facilitator Jack Tarr at 703-821-6838 or jtarr5@verizon.net.

Community Meeting. 7 p.m. at McLean High School, 1633 Davidson Road, McLean. Join the Virginia Department of Transportation and Fairfax County for the first of two community meetings on efforts to identify potential congestion solutions for neighborhoods near I-495 (the Capital Beltway). VDOT and Fairfax County staff will be on hand to answer questions. Visit www.virginiadot.org/projects/northernvirginia/mclean_traffic_analysis.asp for details. Send comments to meetingcomments@vdot.virginia.gov, and include "McLean Area Traffic Analysis" in the subject line.

THROUGH AUG. 3

Public Comment Period. The Metropolitan Washington Airports Authority is hosting three public hearings to inform and solicit comments from the community about proposed toll rate increases along the Dulles Toll Road.An "online open house" will be available at www.dullestollroad.com/toll/toll-setting-process throughout the comment period. It will contain an explanation of the informational exhibits and a comment form. Comments may also be submitted at the public hearings, via email to dtrcomments@hntb.com or mailed during the comment period to: MWAA Public Comment Period, c/o HNTB, 2900 South Quincy St., Suite 600, Arlington, VA 22206.

NVSO

From Page 8

Paper registrations, available at most county recreation and senior centers, must be postmarked no later than Aug. 20. There will be no onsite or day of event registration.

The games are scheduled to commence Saturday, Sept. 15 and end Sept. 26.

The NVSO began in 1982 with about 80 entrants. In 2017 nearly 800 Northern Virginians took part. The NVSO is one of the largest annual senior events in the region. Last year's oldest medal winner was 101-years-old.

This year the NVSO is adding three new events: canasta at The Jefferson in Arlington; croquet at the Walter Reed Community Center in Arlington: and beach ball wallyball at the Providence RECenter in Falls Church. (Wallyball is like volleyball but played in a racquetball court, where it is legal to hit the ball off of the walls.)

The NVSO's basic registration fee is $13. A fee of $2 is added for each event entered. Some events require additional fees including bowling, cycling, golf and orienteering.

The NVSO is also seeking volunteers to help at its venues across Northern Virginia. Those interested in volunteering should contact RSVP Northern Virginia at 703-403-5360 or email RSVP at rsvp@volunteerfairfax.org

For a complete list of events and venues, visit www.nvso.us The NVSO is a joint project of the cities of Alexandria, Fairfax and Falls Church and of the counties of Arlington, Fairfax, Fauquier, Loudoun, and Prince William.

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

Fortitude For a Fortnight

By KENNETH B. LOURIE

Intestinal or otherwise. "All hands to the pump," (Downton Abbey), emotionally speaking. The weight of it all is not too much to bear, but it is pretty close to it:

❖ 24-hour urine collection on Tuesday;

❖ Pre-chemotherapy lab work and quarterly CT Scan on Wednesday (not often occurring on the same day but this cycle unfortunately they did);

❖ Balance of Wednesday and Thursday waiting for lab results which ultimately determine whether I'm approved for chemotherapy on FRIDAY;

❖ Thursday through Monday (or longer): waiting for scan results from previous Wednesday (my life doesn't hang in the balance exactly, but it's definitely hanging somewhere);

❖ Friday: my actual chemotherapy;

❖ Sunday through Thursday (post chemotherapy): feeling lousy, hardly eating, irregular sleep, tired all the time (typical post-chemotherapy side effects)

❖ And finally, per my July 25 column entitled "Phoning It In," talking with my oncologist over the phone to discuss my scan, my treatment going forward, my life, etc.

In summary: Tuesday, July 24 to Monday, Aug. 6, two weeks of cancer "centricity."

Considering this first paragraph, no wonder I used the word hope and expressed per pen the written emotion so much in my previous two columns. When cancer or any other treatment for a serious disease, operation, recuperation, physical therapy and so forth is concerned, ultimately, what else is there?

Whether you're following doctor's orders and/or supplementing it with non-Western, holistic-type alternatives, rarely are there any guarantees other than as they say "death and taxes" and for a time was said in the 1940s and 50s: "The Washington Senators finishing last in The American League."

Nevertheless, hope springs eternal, as a formerly long-suffering life-long member of Red Sox Nation can attest: three World Series Championships since 2004 after breaking/braking the "Curse of the Bambino," (the 86-year drought since the Red Sox had last won the World Series in 1918 – Babe Ruth's last season playing for the Red Sox).

And as I live on/write on nine years and nearly eight months past a "13-month to two-year" prognosis diagnosed back in late February 2009, I am eternally hopeful – and always forever grateful.

And in spite of my amazing, miraculous good fortune, the last thing I do, and I mean the absolute last thing I do, is take any of it for granted. That is why the emotion so often expressed in pen and in person is hope. I am never going to betray/dismiss who and/or what has power over my outcome/life expectancy.

I mean, at the end of the day (heck, at the beginning of the day), I am a mere mortal and don't presume for a minute (or even a second) that living in the "Kenny lane" is sufficient to defeat the greatest advisory mankind has ever known: cancer. And though I am generally positive and optimistic, I am cautiously so.

After all, I'm just not supposed to blow by (live through) my original prognosis as if it was an arbitrary statement. It was the real deal, and when you first hear it, it's a surreal one at that. But here we are, late July, 1918.

At this actual real-time Friday-morning moment, I am on hold with oncology confirming that my pre-chemotherapy lab results are acceptable for today's infusion. (Otherwise, this fortnight will be extended by seven days.) As any cancer patient under treatment knows, one's presence is never really confirmed until the medical staff advises you. Soon, I will be advised.

In all the intervening moments, I am still waiting to hear back concerning the results from my CT Scan on Wednesday. Hopefully (there's that word again), we will hear before the weekend. It's so much easier to suffer through/anticipate the fortnight when news is known sooner rather than later.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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