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Potomac **ALMANAC**

NEWCOMERS & COMMUNITY GUIDE

2018-2019

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NEWCOMERS & COMMUNITY GUIDE

Unusual Election Year Here Term limits, public campaign finance, lead to major changes.

After several primary elections decided after recounts by less than one percent of votes cast, and at least one surprise candidate coming in as an independent before the Aug. 6 deadline, the ballot is set for the Nov. 6 General Election.

The Democratic primary for County Executive wasn't settled until a recount, with Marc Elrich winning by 80 votes of more than 120,000 votes cast. Elrich served as Montgomery County Councilmember at large, but had to leave the council due to term limits.

Now Nancy Floreen, who also had to leave her seat on County Council at Large, has entered the race an Independent.

Frequent candidate and architect of the new term limits Robin Ficker is the Republican in the race.

This could be a race where every vote counts.

Check that you are registered, and still on the voter rolls by going to <https://voterservices.elections.maryland.gov/VoterSearch> before the Oct. 15 deadline.

There is early voting in Maryland, any registered voter can vote Thursday, Oct. 25, 2018 through Thursday, Nov. 1, 2018 from 10 a.m. until 8 p.m. Voting early is a good choice in an uncertain world.

There are 11 early voting sites in Mont-

Montgomery County Board of Elections

2018 GENERAL ELECTION

Tuesday, Nov. 6, 2018 – 7 a.m. to 8 p.m.
<https://www.montgomerycountymd.gov/elections/index2.html>

Check that you are registered to vote
<https://voterservices.elections.maryland.gov/VoterSearch>
Register to vote
<https://voterservices.elections.maryland.gov/VoterSearch>

Montgomery County, including Potomac Community Center. During the early voting period, any registered voter can vote at any of the 11 sites.

Who Is on the Ballot?

❖ Indicates incumbent

County Executive Vote for One

Robin Ficker, Republican
Marc Elrich, Democrat
Nancy Floreen, Unaffiliated

County Council at Large Vote for Four

Robert Dyer, Republican
Chris P. Fiotes Jr., Republican

Penny Musser, Republican
Shelly Skolnick, Republican
Gabe Albornoz, Democrat
Evan Glass, Democrat
Will Jawando, Democrat
Hans Riemer, ❖ Democrat
Tim Willard, Green

County Council District 1 Vote for one

Richard Banach, Republican
Andrew Friedson, Democrat

State's Attorney Vote for One

John McCarthy, ❖ Democrat, unopposed

Clerk of the Circuit Court Vote for one

Barbara H. Meiklejohn, Democrat, unopposed

Register of Wills Vote for One

Dolores Reyes, Republican
Joseph M. Griffin, Democrat

Sheriff

Jae Hwang, Republican
Darren Mark Popkin, ❖ Democrat

Board of Education

Vote for one in each district

Board of Education At Large

Julie Reiley
Karla Silvestre

Board of Education District 1

Maria Blaeuer

Judy Docca

Board of Education District 3

Lynn Amano
Patricia O'Neill ❖

District 5

Brenda Wolf
Paul J. Pykosh

Governor

Vote for One
Larry Hogan, ❖ Republican
Ben Jealous, Democrat
Shawn Quinn, Libertarian
Ian Schlakman, Green

Comptroller

Vote for One
Anjali Reed Phukan, Republican
Peter Franchot, ❖ Democrat

Attorney General

Vote for One
Craig Wolf, Republican
Brian Frosh, ❖ Democrat

U.S. Senate

Vote for One
Tony Campbell, Republican
Ben Cardin, ❖ Democrat
Arvin Vohra, Libertarian
Neal Simon, Unaffiliated
Lih Young, Democrat, Write-In candidate

Congressional District 6

Vote for One, (open seat)

SEE UNUSUAL ELECTION, PAGE 11



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NEWCOMERS & COMMUNITY GUIDE

What's Best About Living in Potomac?



Brigitte Oertel

"Potomac is ideally located for driving downtown as well as out into the country. It has maintained its rural character which is what distinguishes it from other nearby communities. For recreation, there are many parks with tennis courts, soccer and baseball fields and playgrounds, and for hikers and bikers Great Falls Park and the C&O Canal are only a few miles away. Stores are just minutes away in Bethesda and Rockville and the Strathmore Music Center and Glen Echo Park offer a variety of programs in music and art."



Deepa and Grace Lazarous

"We love the River Falls community and the people who live in it! Our neighbors are always watching out for the safety of your family. I feel very secure letting my kids go by themselves anywhere within our community."



H. David Meyers

"Potomac is all about the wonderful people who live here. I've lived here more than 30 years and I love the diversity, the opportunities for interesting and intellectual conversations and the wealth of activities in our region from classical music to sports to politics. We are fortunate to have the Potomac Village gathering place near Starbucks!"



Dr. Som Grigorian

"Potomac is so international and a beautiful place to live. I love coming to Starbucks in the Village to meet old friends for interesting discussions – and to make new friends."

COMPILED BY SUSAN BELFORD
THE ALMANAC



Grigsby Family (Mom Stacey with children Sherlock, Jamie, Thalia and Andrew, and Stacey's parents Barbara and Joel Kamya)

Stacey said "We love the green spaces in Potomac." Thalia said, "We have a lot of room to play because our backyard is bigger than our old one." Sherlock says, "I love our pool and back yard." Stacey's dad Joel and Barbara are from North Carolina. "We think Potomac is really pretty and a nice place to live and visit."



William Maghrablian

"I've lived here in Potomac for 40 years and I love the people who live here. I enjoy coming to the Village because I always connect with my friends. It is just a wonderful place to live."



David Zenian

"It's cosmopolitan, civilized and quiet. The people who live here are good neighbors. I have lived and traveled the world reporting for the United Press International, very often in war-torn countries. We came back here because it is a beautiful and peaceful place to live. We are very happy here."



Jill Lavin

"I love the bike paths, the Canal, the outdoor seating in Potomac Village by Starbucks where I always see someone I know, the proximity to DC and three international airports. I love playing tennis and golf with my friends. We love living here!"

WWW.CONNECTIONNEWSPAPERS.COM



Julie Chapman

"We really value all the local businesses such as Sprinkles, Potomac Grocer and others that add a personal touch of character and service to our town."



Eric Maurer

"I live in Cabin John and I love it because it is close to the Potomac River and the C&O Canal. I also enjoy coming into the Village to Strosnider's Hardware and the other stores."

**POTOMAC
ALMANAC**

**NEWCOMERS
& COMMUNITY GUIDE**

IS PRODUCED BY
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LOCAL MEDIA CONNECTION LLC

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SALES@CONNECTIONNEWSPAPERS.COM

OPINION

About the Almanac, a Connection Newspaper

As your local, weekly newspaper, the Potomac Almanac's mission is to deliver the local news you need, to help make sense of what is happening in your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to record achievements, milestones and events in the community and people's lives.

Here in our Newcomers and Community Guide, we report on the character of your community, we include details of how to vote in the upcoming elections, information on local government, nonprofits and business organizations, plus tips and tidbits from the community.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an email. We invite you to send letters to the editor or to send an email with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including births, engagements, weddings, anniversaries,

awards and obituaries.

We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include when and where the photo was taken and the names of all the people who are in a photo.

We also publish notes about news and events from local businesses. Notes about openings, new employees and anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

The Almanac is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

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A River, a Canal, and a Vision

BY GINNY BARNES

Ever wonder why you are attracted to Potomac? Why you choose to live here or choose to stay? You may not see it on first arrival but Potomac has a history defined and shaped by water — part of a long river valley. Its strategic planning over much of the last century has been urged forward by a vital imperative to protect the water we all need to sustain life.

The geographic area we know as the Potomac Subregion is defined and named for the mighty Potomac River, settled by Paleo-Indians some 12,000 years ago. Great Falls marked the fall line; a point in the river where canoes had to leave the water and portage around the powerful falls. It became a gathering place for native peoples; a place to trade goods and exchange information. In the early 1700s, European explorers arrived and settled. They cleared the forests and grew tobacco on large plantations. Tobacco cultivation quickly depleted soil nutrients. Local planters turned to grains. Mills sprung up on streams leading to the Potomac. Our roads still bear their names. Names such as Glen Mill, Dufief Mill and Query Mill.

In 1828, President John Quincy Adams broke ground for the C&O Canal near Little Falls. It was envisioned as a major commercial venture. By 1831, there were 20 miles of canal in use from Georgetown to Seneca Here, a distinctive red sandstone was quarried and the canal facilitated movement of it down river. Many Canal lock houses and most of the aqueducts



Along the canal in autumn.

were built of Seneca sandstone. Construction of the Washington Aqueduct in the 1850s ensured clean drinking water from above Great Falls. Also by 1850, the C&O Canal had extended to Cumberland, giving access to rich veins of coal. The canal became a primary transportation corridor, supporting a thriving commercial culture of canal boats pulled by

mules moving farm produce, building materials, flour, coal and finished goods up and down the 180-plus mile length.

Despite the Civil War, the C&O Canal continued to operate and by the 1870s it began to make some profit in tolls and tonnage moved. More than 500 boats were plying the canal,

SEE A RIVER, PAGE 15

POTOMAC ALMANAC

www.PotomacAlmanac.com

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NEWCOMERS



Potomac Area Neighbors Club board (from left): Poonam Mannan, Marjorie Rothschild, Kim Belvin, Laura Nash, Madhu Shekhar, Archana Dheer, Suzel Lemus, Susan Rosen; sitting: Alexa Kempel, Joanne Zinsmeister; not in picture: Anu Reddy.

Inside PANC

BY PEGGY MCEWAN
THE ALMANAC

The Potomac Area Neighbors Club (PANC) offers residents, new and long-time, ways to meet new friends, learn more about area and participate in new activities.

“We are like a micro community,” Co-President Joanne Zinsmeister said.

The group brings people together to socialize; enjoy favorite, or new, activities; and learn from guest speakers.

“Members are encouraged to initiate and lead any activity they may want to introduce, Co-President Joanne Zinsmeister said in an email. “New and creative ideas are being discussed constantly by the board.”

Zinsmeister and Alexa Kempel serve as co-presidents of the club but, Zinsmeister said, the group is run by a board of directors that meets monthly to plan and coordinate the many activities members participate in.

“The Potomac Area Neighbors Club is a social club of women who live in Potomac and surrounding areas. It meets on the second Thursday of every month at an area restaurant, community center or country club to conduct its General Meeting,” Zinsmeister said. “Most monthly meetings also feature an interesting speaker or theme along with time to socialize, enjoy good food and catch up

with friends.”

“Within the larger club,” she said. “There are various Activity Groups that have their own events and outings according to the schedule and interests of each. Some of these are Dining Inn, Wine and Dine, Book Groups, Culinary, Film Buffs, Current Affairs, Power Walkers, Bridge, Theater, Writing and Mah Jongg.

Though the membership is all women, men are invited to participate in some of the activities, Zinsmeister said, particularly the dining groups.

Formerly the Potomac Area Newcomers’ Club, the group has been active for more than 50 years.

“We changed to name because some people have been in the group for a long time,” Kempel said in an interview last year.

Kempel herself has been in the group, which celebrated its 50th anniversary last year, for 12 years.

“I have made amazing friends through this group,” she said.

The group is hoping to expand its reach and membership, Zinsmeister said. Right now, there are about 140 members, but the board of directors hopes to expand by becoming more multigenerational and attract working women by planning more evening and weekend activities.

“The group accepts new members throughout the year,” Zinsmeister said.

Visit: potomacneighbors.com.

Chamber Promotes Businesses, Community

BY PEGGY MCEWAN
THE ALMANAC

Members of the Potomac business community make up the Potomac

Chamber of Commerce. There they have an opportunity to meet other local businessmen and women to network and socialize.

“Member businesses are a part
SEE PROMOTING, PAGE 14

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POTOMAC ALMANAC GUIDE TO POTOMAC RIVER

Enjoy the Potomac River &

COMPILED BY KEN MOORE AND
MARY KIMM
THE ALMANAC

Potomac is bordered by more than 12 miles of the C&O Canal National Historical Park, including the towpath and the Potomac River. Living in Potomac provides opportunities to enjoy the sights and sounds of the river with outdoor activities ranging from an easy stroll to a challenging hike; a flat bike ride of a few miles to multi-day bike trip; rock climbing; world-class whitewater kayaking or a gentle paddle on flatwater. Wildlife is abundant and birders flock to area. All outdoor areas of the C&O Canal National Historical Park are open daylight hours year round. Visitors pay an entrance fee at the entrance to Great Falls Tavern Visitors Center at Falls Road and MacArthur Boulevard, but access everywhere else is free. Three-day pass for a vehicle is \$10; a person on foot is \$5; annual pass is \$30. See www.nps.gov/choh

Great Falls Tavern Visitor Center and Olmsted Overlook

11710 MacArthur Blvd.
301-767-3714



The canal boat at the Chesapeake & Ohio Canal National Historical Park.

PHOTO BY DEBORAH STEVENS

If you haven't seen Great Falls, it's time. Enter the C&O Canal National Historical Park here for up close views of Great Falls by walking 0.2 miles over the Olmsted Island Bridges to the overlook at the end. Bridges and boardwalks traverse a rare floodplain terrace environment, ending with an observation deck over the spectacular views of the Falls and the head of Mather Gorge.

You can borrow a bike to ride for free here from the **C&O Canal Bike Loaner Program**, weekends and holidays, weather permitting, 10-4. www.facebook.com/bikeloanerprogram
Accessible for wheelchairs and strollers. The tavern is open Wednesday through Sunday from 9 a.m. - 4:30 p.m. <http://www.nps.gov/archive/choh/Visitor/Centers/GreatFalls.html>

ABOUT THE FALLS, from The Geologic Story of Great Falls and the Potomac River Gorge published by the U.S. Geological Survey in 1980:

"In its seaward course, the Potomac River crosses many small rapids and cascades, but these are insignificant in comparison with the foaming fury of Great Falls, where the river drops 12 meters in about 180 meters and is channeled into a narrow rock-walled gorge less than 25 meters wide in places. In the summer the flow may be less than 38,000 liters a second, but during floods the flow commonly reaches 40 million liters a second. The average flow pouring over the falls is 349,000 liters of water every second and in a year, more than 9.5 trillion liters, enough water to flood the entire District of Columbia to a depth of 55 meters, converting the Washington Monument into a tall lighthouse."

Great Falls Mule Drawn Boat Rides: Take a trip back in time to the 1870s Ride along the historic C&O Canal in a boat pulled by mules. Experience rising 8 feet in a lock. Hear park interpreters in period clothing describe what life was like for the families that lived and worked on the canal. The boat is not operating in 2018 but will start again in Spring 2019. when

the boat would run May to October, with a typical schedule on Saturday & Sunday - 11 a.m., 1:30 p.m., 3 p.m. Call ahead to confirm. 301-767-3714

INSIDER'S TIP: The Gold Mine Trail can be accessed at the top of the entrance to Great Falls, at the intersection of Falls Road and MacArthur Boulevard, or near the Great Falls Tavern Visitor's center. Trails, which can be used for running with some steep inclines. See the remains of an old building that was used from 1900-1939 to mine gold.

BILLY GOAT TRAIL

Thousands hike the Billy Goat Trail every year, with access from the Old Angler's site or from the Great Falls Tavern Visitors Center or Carderock. The loop between the C&O Canal and Potomac River is less than five miles long but has steep and rocky sections. Bring water and wear good walking shoes. No flip flops or ballet slippers. Allow plenty of time to stop and enjoy spectacular views of the cliffs, Potomac River passing through the gorge and sensitive vegetation and rare plants. This hike that is marked by light blue trail blazes to keep visitors from trampling on Bear Island's many rare plants and sensitive vegetation. The trail can be rough and rocky with steep climbs. But the trail is one of the most popular hikes in all of the metropolitan area, which can be done by people of all ages.

INSIDER'S TIP: The park service seeks volunteer trail stewards willing to hike parts of the trail, educate visitors at the trailheads, protect the natural resources of Bear Island, ensure visitors are prepared for the strenuous hike, share stories about the sensitive vegetation, and reduce trampling of the Bear Island's



Horse riding along the canal.

PHOTO BY MARY KIMM

C&O Canal National Park

many rare plants. Active trail stewards carry park radios for emergency communication and receive basic first aid training to help with minor injuries. www.chohvip.org/billy_goats/

Carderock Recreation Area

Reach this 200-acre part of the park from the Clara Barton Parkway at the Naval Surface Warfare exit. Rock climbers visit Carderock daily for its famous for cliffs. The recreation area includes playing fields, a large picnic pavilion available by reservation and access to the Potomac River and the Billy Goat Trail. www.recreation.gov

INSIDER'S TIP: Get involved on the river by joining the Bike Patrol, becoming a Billy Goat Trail Steward, or volunteering to help run the Canal Boat, or serving as a docent at the River Center at Lockhouse 8. www.chohvip.org

Old Angler's Inn Access

Across from 10801 MacArthur Blvd. Between Carderock and Great Falls, you can also get across the canal to the towpath and the River across from Old Angler's Inn on MacArthur Boulevard. A popular spot for kayakers and stand-up paddleboarders, and a great spot to find outdoor adventure companies teaching beginning to advanced paddleboarding, kayaking and canoeing. Hiking enthusiasts have quick access to the Billy Goat Trail from here, or those who simply want to take an evening stroll or bike ride along the Berma Road or around Widewater, the area of the canal used for turning large boats around.

Swain's Lock

Swain's Lock Road (off River Road)
Campsites are available at Swain's Lock, one of the largest of the canal lockhouses. The lockhouse is named for Jess Swain, a lock-keeper in the early 1900s whose father helped in the excavation and construction of the canal. After running a boat rental and refreshment stand at Swain's Lock for almost a century, the family ceased operations in 2006.

Pennyfield Lock

Pennyfield Road (off River Road)
The three-mile walk from Pennyfield Lock to Violette's Lock takes you through many kinds of bird habitat and around Blockhouse Point. Pennyfield Lock was President Grover Cleveland's favorite destination when he went on fishing excursions, according to the Potomac Master Plan. The Pennyfield Lockhouse, built in 1879 inland from the lock house, was the home of lock-keeper Charles W. Pennyfield.

INSIDER'S TIP: Pennyfield Lock is also home to a lockhouse built in 1830

that you can rent by the night. The Canal Quarters Interpretive Program invites visitors to stay in a historic lockhouse for a day and night to learn about the living conditions of a lockkeeper's family. www.canalquarters.org/

Blockhouse Point Conservation Park

14750 River Road,
Darnestown, MD 20854
www.montgomeryparks.org/parks-and-trails/blockhouse-point-conservation-park-trails/

Those who know this 630 acres of land call Blockhouse Point the jewel of Potomac. The natural and cultural resources at Blockhouse Point are amongst the most valuable in the country.

The park contains a variety of exceptional and rare habitat, including mature upland forest, floodplain forest, wetlands, streams and river-rock outcrops. Nine species of threatened, endangered or watchlist species of plants have been identified in the park, along with 25 species of fish, nine species of amphibians, four species of reptiles, 39 species of nesting birds and 10 species of mammals.

During the Civil War, the 19th Regiment Massachusetts Voluntary Infantry built three blockhouses in 1862 to guard Violette's Lock and Pennyfield Lock, taking advantage of panoramic views from Blockhouse Point. Union sentries kept watch for Confederate movements across the river and at area fords.

INSIDER'S TIP: Montgomery County developed a brochure so people can walk the footsteps of Union Soldiers. Blockhouse Point is an area to enjoy peace, solitude, and an example of the natural and cultural resources of Potomac that rival the most valuable in the country.

http://www.montgomeryparks.org/uploads/2016/08/blockhouse_broch_web.pdf

Mobile App to Help Explore Park

A mobile app, "C&O Canal Explorer," can aid users in exploring the 184.5 miles and 20,000 acres of the C&O Canal National Historical Park. The app is available for download on both Android and Apple devices from their respective app stores.

The mobile app includes over 600 points of interest in the park mapped in a searchable format, allowing users to find at a glance hiking trails, historic sites, trailheads, parking, and more. The app also calculates the distance from a user's location to nearby amenities and points of interest, with the ability to view what lies both upstream and downstream of a current location.

The app was developed by the C&O Canal Trust, the official nonprofit partner of the Chesapeake and Ohio Canal National Historical Park, which works in partnership with the National Park Service and local communities to raise funds to preserve the park for future generations and to broaden support through programs that highlight the park's historical, natural, and cultural heritage and recreational opportunities.

The app was developed in partnership with Cermak Technologies, Inc., with funding from the Maryland Heritage Areas Authority.

Future plans include the addition of merchants (hotels, bed and breakfasts, restaurants, and shops) to the map and search features, as well as a downloadable map that will enable the app to work even when the users' device is out of cellular range.

The app can be downloaded from the Google and Apple App Stores and here: www.canaltrust.org/plan/explorer-mobile-app/.



PHOTOS BY MARY KIM

Walkers and kayakers make use of the Chesapeake and Ohio Canal National Historical Park.



Violette's Lock

Violette's Lock Road (off River Road)
Violette's Lock offers one of the more beautiful views of the sunset over the Potomac River.

Riley's Lock

Riley's Lock Road (off River Road)
Riley's Lock features a boat ramp on Seneca Creek, the busiest in Montgomery County, that allows easy access to a quiet and inviting part of the Potomac River for canoes, kayaks, stand-up paddleboards and small motorboats. The Seneca Creek Aqueduct, opened in 1833 and made of red sandstone, allowed thousands of canal boats to move across Seneca Creek from 1833 to 1924, the year of the canal's closing. The aqueduct was protected by Union garrisons during the Civil War.

Riley's Lockhouse is open most weekends in Spring and Fall. Volunteers in period costume guide you through one of the C&O Canal's original lockhouses to explore the life of a lock-keeper.

Call the program coordinator to confirm, 301-384-8584.

INSIDER'S TIP: You can borrow bikes and helmets for free at the Great Falls Tavern, courtesy of the volunteer-run C&O Canal Bike Loaner program. The group lends bikes every weekend of good weather to bicyclists of all ages.

Potomac Almanac Guide to Parks

Potomac is home to a remarkable diversity of parks — national parks, state parkland, county parks, conservation parks, equestrian parks, parks with adaptive playgrounds, parks with trains, dog parks, parks with ice skating rinks, parks that offer access to the Potomac River where the water is flat and inviting and parks that offer access to the Potomac River where the water can be deadly. Here, in an annual tradition, is our guide to much of what Potomac's parks have to offer.

1 Carderock Recreation Area

www.recreation.gov, search "Carderock Recreation Area Pavilion"
Reach this 200-acre part of the park from the Clara Barton Parkway at the Naval Surface Warfare exit.

2 Old Angler's Inn Access

Between Carderock and Great Falls, you can also get across the canal to the towpath and the River across from Old Angler's Inn on MacArthur Boulevard.

3 BILLY GOAT TRAIL

Access from the Old Angler's site or from the Great Falls Tavern Visitors Center or Carderock. The loop between the C&O Canal and Potomac River is less than five miles long but has steep and rocky sections.

4 Great Falls Tavern Visitor Center and Olmsted Overlook

11710 MacArthur Blvd.
301-767-3714

5 Swain's Lock

Swain's Lock Road (off River Road)

6 Pennyfield Lock

Pennyfield Road (off River Road)

7 Lockhouse 8

8 Blockhouse Point Conservation Park

14750 River Road, Darnestown, MD 20854
www.montgomeryparks.org/parks-and-trails/blockhouse-point-conservation-park-trails/

9 Violette's Lock

Violette's Lock Road (off River Road)

10 Riley's Lock

Riley's Lock Road (off River Road)

11 Adventure Conservation Park

10801 Glen Road, Potomac
This 14-acre neighborhood conservation area established in 1969, includes areas set aside for bird-banding.

12 Falls Road Golf Course

10800 Falls Rd.
301-299-5156
www.montgomerycountygolf.com
Falls Road Golf Course was completed in 1961 on 150 acres of former



Blockhouse Point Conservation Park

farmland, and includes an 18-hole course renovated in 2003, plus a clubhouse and driving range. Reserve tee times online.

13 Cabin John Regional Park

7400 Tuckerman Lane
www.montgomeryparks.org/parks-and-trails/cabin-john-regional-park/

This 528-acre park centrally located offers an Adventure playground, miniature train rides, dog park, picnic areas, campgrounds, nature center, a Tai Chi court, hiking and nature trails.

Shirley Povich Field, one of several ball fields, is home to the Bethesda Big Train team and the Georgetown University baseball team, and seats 750.

Other sports facilities include a lighted baseball field, five softball fields (one lighted), four lighted tennis practice walls, nine lighted tennis courts, a pee-wee soccer field, four single wall handball courts and one volleyball court.

14 Locust Grove Nature Center

7777 Democracy Boulevard
301-765-8660
www.montgomeryparks.org/parks-and-trails/cabin-john-regional-park/

Hike the upper meadow of the Locust Grove Nature Center and look for monarch butterflies and caterpillars, listen for wrens and bluebirds, or watch for box turtles crossing the path in the early morning. Wander to the Lower Meadow and watch bats in the late afternoon, sit under the shade of a 200-year-old sycamore and spot minnows, crayfish, bathing birds or beaver activity in the Cabin John Creek. Locust Grove offers programs featuring local natural and cultural history for children, teens and adults.



C.P. Huntington Miniature Train

15 Robert C. McDonell Campground

7701 Tuckerman Lane
www.montgomeryparks.org for permits

16 Cabin John Ice Skating Rink

10610 Westlake Drive
301-765-8620
Ice skating in August? Yes indeed. An assortment of programs including lessons and rental times. Sessions are available for the general public, adults only and family time. Rental skates and a snack bar are located within the facility. Call for schedules and fees. http://www.cabinjohnice.org/

17 Pauline Betz Addie Tennis Center

7801 Democracy Boulevard
301-765-8650
Features six indoor tennis courts, a lounge area, and two locker rooms with showers. Professional on-site racquet restringing and regripping is also available. Private and group lessons and seasonal court rentals.

18 C.P. Huntington Miniature Train

7410 Tuckerman Lane
301-765-8670 Train Information

The miniature train is a replica of an 1863 C.P. Huntington, a locomotive purchased by the Southern Pacific Railroad, with five passenger cars, and carries visitors on a ten-minute, two-mile ride through the park. Party room available
Open 10a.m.-6p.m. seven days a week
June 1-Sept. 3, plus weekends in May, September and October.

Dog Park

10900 Westlake Drive

Located near the miniature train, this half-acre dog park is enclosed with a 6-foot chain link fence, allowing dogs to run and exercise off-leash. The facility is open 9-5 p.m. Dog-park users are encouraged to use the Westlake Drive parking lot. Please remember that all dogs should be on a leash before entering and exiting the park.

Tai Chi Court

7400 Tuckerman Lane

The Tai Chi Court at Cabin John Regional Park is the first Tai Chi court in Montgomery County and joins only few of its kind in the nation. Built through a public/private partnership between M-NCPPC, Montgomery Parks and the Wu Wei Tai Chi Club, the Tai Chi court is a 48-foot-diameter circle of flagstone incorporating the shape of a yin/yang symbol and surrounded by benches in a serene natural setting. It is located near the dog park and miniature train at Cabin John Regional Park.

19 Hadley's Playground

at Falls Road Local Park
12600 Falls Rd.

Falls Road Local Park, which showcases the award-winning Hadley's Park, allows all kids to play together. In 1986, the park system acquired the 20-acre park, including soccer, baseball and other sports fields. Hadley's Park, and its accessible theme, equipment, design and surface, have been emulated by approximately 250 playgrounds across the country. The park is the brainchild of a Potomac family whose daughter, Hadley, uses a wheel chair. The family envisioned an accessible playground after watching her daughter's wheelchair get stuck in playground mulch as she played with her sibling and friends.

20 Potomac Horse Center

14211 Quince Orchard Rd.
301-208-0200
potomachorse.com
County-owned and privately run, this large facility offers lessons at all levels year round, summer camp, birthday parties and special events. Featuring riding classes for "Mini Mites" (5-8 year old children) through adults of all levels. Classical Dressage, Combined Training, and a Hunter/Jumper program are available with riders competing under different trainers. Variety of activities with approximately 12 horse shows a year, as well as clinics featuring many disciplines, and other recreational opportunities such as birthday pony parties, individual pony rides, trail riding classes through wooded parkland, open houses, a summer horse camp program, therapeutic horseback riding, and more.

33 Potomac Community Center

11315 Falls Road
240-777-6960
www.montgomerycounty.gov/rec

This is Montgomery County's busiest community center, providing a variety of recreation activities for all ages such as open gym, arts and crafts, exercise/leisure classes, group support meetings and socials, senior adult activities through the Potomac neighborhood, Senior program, area and county-wide sports programs, summer camps, programs for individuals with special needs, children and adult holiday parties, volunteer opportunities and more. Facilities include a gymnasium, exercise room, meeting rooms, art room, lounge area, community room and social hall. The outdoor area includes two baseball fields, lighted basketball and tennis courts, and a former in-line hockey rink. The Center offers table tennis, billiards and foosball, a gymnasium, weight room, social room, meeting rooms, and hundreds of classes through the Montgomery County Recreation Department.

21 Rockwood Manor Educational Center and Special Park

11001 MacArthur Boulevard, Potomac
301-563-7510
http://www.montgomeryparks.org/parks-and-trails/rockwood-manor-park/

Built in the 1920s, the Manor was the former country estate of Carolyn Gangwer Caughey. Set on 30 acres of woods and adjacent to the C&O Canal, Rockwood Manor offers a secluded and naturally beautiful venue.

Rockwood Manor's overnight lodgings are available for destination weddings, multi-day business retreats or training sessions, family reunions, workshops, weekend or weekday getaways and other events.

Facilities for weddings, meetings, with overnight accommodations and dormitories for youth groups.



C.P. Huntington Miniature Train

theater companies, and the Puppet Co. Playhouse (www.thepuppetco.org) offers shows as well as for children to be involved.

36 McKee Beshers Wildlife Management Area

Located on River Road in Western Montgomery County, McKee-Beshers WMA is a 2,000-acre tract in a mixture of woodlands, fields, wooded bottomland and managed wetland impoundments (green-tree reservoirs). The wildlife management area shares a common boundary with the National Park Service Chesapeake and Ohio Canal to the south and borders Seneca Creek State Park, a 1,200-acre public hunting area, on the east.

McKee-Beshers WMA provides habitat for a great diversity of wildlife species including deer, wild turkey, waterfowl, over 200 species of songbirds, and numerous reptiles and amphibians. Biologists deliberately flood forests during the fall and winter in "greentree reservoirs." These attract colorful wood ducks as well as other waterfowl which migrate through or spend the winter here. Hikers will find trails for miles and miles, meandering through the forests, fields and wetlands. Hunters enjoy the pursuit of white-tailed deer, wild turkey, woodcock, squirrels, waterfowl and many other species.

Roads are maintained and suitable for hiking, nature photography, birding, hunting and other recreational activities. Visitors to the management area should be aware of biting insects, mosquitoes and ticks from April-December. Area is wet most of the year, wear appropriate footwear.

37 Serpentine Barrens Conservation Park North

Piney Meeting House Road

38 Serpentine Barrens Conservation Park South

Glen Road

The Serpentine Barrens Natural Area is considered one of the most important natural areas in the county because of its unique geology and plant community. Serpentine ecosystems are globally rare and occur intermittently in an arc east of the Appalachian Mountains from Alabama to Maine. The trees are unusually small relative to their age because of the challenging growing conditions of serpentine soils. Therefore, forests appear to be early successional, but in reality are in a climax condition. Oaks as old as 175 years old will have a diameter of trees you would expect to be one or two decades old.

More than 60 species of birds have been detected in the park, including a significant number of forest interior dwelling species such as Louisiana waterthrush, scarlet tanager, ovenbird, pileated woodpecker, and barred owl.

39 Callitha Farm Special Park

15000 River Road
Callitha Farm Park is a 97 acre property located adjacent to the M-NCPPC equestrian trails at Blockhouse Point Conservation Park and the C&O Canal. Horse boarding is available.

www.montgomeryparks.org/parks-and-trails/callitha-farm-special-park

Classes are offered in pottery, painting, photography, glass art, silversmithing, textiles and other arts, as well as in dance, writing and music.

The famous 1921 Dentzel Carousel in the center of the park has been giving rides to the public for 90 years.

Adventure Theatre (www.adventuretheatre-mtc.org, 301-634-2270) is one of the area's longest running children's

Neighborhood Parks

Potomac has many small neighborhood that offer hiking trails, basketball and tennis courts, playgrounds and sports fields, picnic areas, paths suitable for tricycles and more.

22 Buck Branch Neighborhood Park

8704 Bells Mill Road
Playground, lighted ballfield, and lighted tennis courts. Acquired in 1986

40 Highland Stone Neighborhood Park

8716 Post Oak Road
Playground, gazebo, short walking path; acquired in 1975

24 Heritage Farm Neighborhood Park

9520 Hall Road
Playground, soccer field, softball field, two tennis courts, and picnic area. 30 acres acquired in 1970

25 Potomac Community Neighborhood Park

11301 Falls Rd., acquired in 1976
Playground, lighted ballfield, and lighted tennis courts.

26 Fox Hills West Neighborhood Park

12710 North Commons Way, acquired in 1969
Two-acre park includes playground, tennis courts, multi-use field and gazebo.

27 Bedfordshire Neighborhood Park

11416 Bedfordshire Ave.
This 7.8-acre park acquired in 1968 includes a playground and multi-use field.

29 Gregerscroft Neighborhood Park

12021 Gregerscroft Rd.
Acquired in 1969
One-acre park with playground, picnic area, and open space with a natural surface trail. Wooded and near Watts Branch Stream Valley Park.



Local Parks

Local parks serve a wider area and offer more facilities.

23 Avenel Local Park

10551 Oaklyn Drive

Playground, softball field, three soccer fields and tennis courts. Paths suitable for bikes or children's tricycles. The 20.7-acre park was established in 1989.

28 Glen Hills Local Park

12511 Circle Drive
This 25.2-acre park, land acquired in 1966, features a playground, two softball fields, overlay football field, two lighted tennis courts and a picnic area.

30 Tilden Woods Local Park

6800 Tilden Lane
Acquired in 1961
Seven-acre park with playground, ballfield, lighted tennis courts, basketball courts and picnic area.

31 Seven Locks Local Park

6922 Seven Locks Road, Cabin John
Acquire in 1974
11.6 acres with playground, open shelter, soccer field, and lighted tennis courts.

32 Cabin John Local Park

7401 MacArthur Boulevard, Cabin John
Six-acre park established in 1933 includes playground, multi-use field, softball field, lighted tennis court, basketball courts, and picnic area.

41 Greenbriar Local Park

12525 Glen Road
More than 16 acres of this 25 acre park, developed in 2016 on land acquired in 1992, is undisturbed. Features of the park include a regulation soccer/football field with spectator areas, a single basketball/multi-use court, a single grass volleyball court, a multi-age, interpretive playground, an asphalt loop path and pedestrian connections, entrance features, a picnic shelter, two stone pergolas, a parking area with 70 spaces. The park also preserves large portions of the site adjacent to the stream valley.

42 Beverly Farms Local Park

8505 Post Oak Road, Potomac
Land acquired in 1965
Beverly Farms Local Park is on 9.4 acres located behind the Beverly Farms Elementary School. The park features two playgrounds, a softball field, a baseball field, and a multi-use field. There are also two lighted tennis courts and a picnic area.

10 Falls Road Local Park

12600 Falls Road
Including Hadley's Playground
See 19



Potomac REAL ESTATE

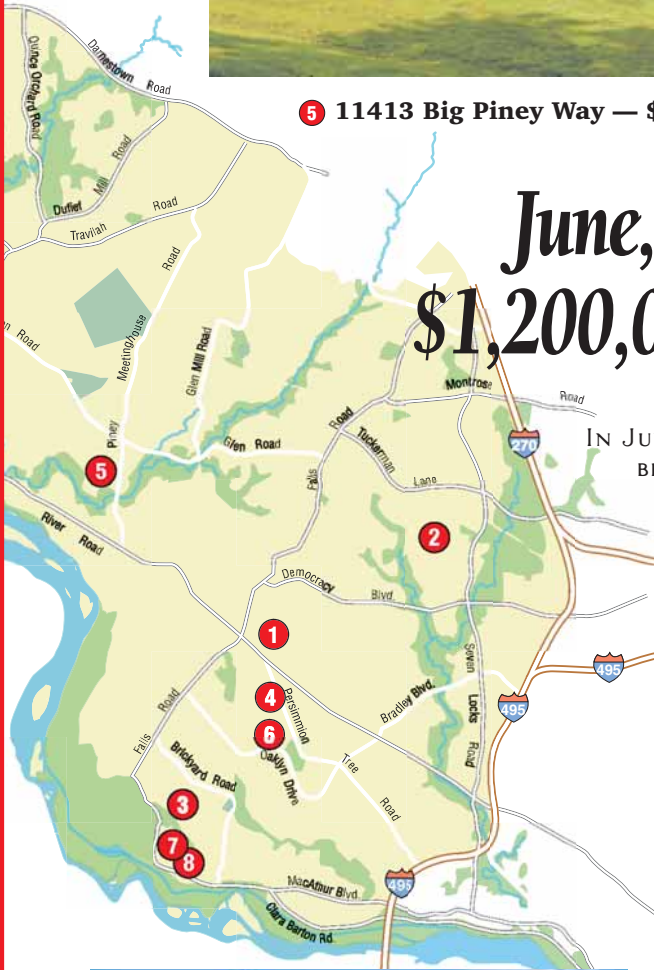
PHOTOS BY DEB STEVENS/THE ALMANAC



5 11413 Big Piney Way — \$1,200,000



4 9207 Moultrie Parkway — \$1,210,000



June, 2018 Sales, \$1,200,000~\$1,289,000

IN JUNE 2018, 74 POTOMAC HOMES SOLD BETWEEN \$2.160.000-\$525.000.



6 10101 Flower Gate Terrace — \$1,200,000



7 7811 Stable Way — \$1,200,000



3 7734 Laurel Leaf Drive — \$1,234,990



8 10635 MacArthur Boulevard — \$1,200,000

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	PostalCode	Subdivision	Date Sold
1 9616 CONESTOGA WAY	6	5	3	POTOMAC	\$1,289,000	Detached	0.47	20854	MASS AVE HIGHLANDS	06/15/18
2 10908 BELLS RIDGE DR	5	4	1	POTOMAC	\$1,265,000	Detached	0.27	20854	BELLS MILL ESTATES	06/30/18
3 7734 LAUREL LEAF DR	5	4	1	POTOMAC	\$1,234,990	Detached	0.36	20854	WOODROCK	06/22/18
4 9207 MOULTRIE PKWY	4	4	1	POTOMAC	\$1,210,000	Detached	0.69	20854	POTOMAC OUTSIDE	06/01/18
5 11413 BIG PINEY WAY	4	5	1	POTOMAC	\$1,200,000	Detached	2.00	20854	SADDLE RIDGE	06/04/18
6 10101 FLOWER GATE TER	4	4	1	POTOMAC	\$1,200,000	Detached	0.31	20854	AVENEL	06/29/18
7 7811 STABLE WAY	4	4	1	POTOMAC	\$1,200,000	Detached	0.16	20854	RIVER FALLS	06/15/18
8 10635 MACARTHUR BLVD	4	3	1	POTOMAC	\$1,200,000	Detached	0.53	20854	POTOMAC OUTSIDE	06/28/18

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NEWCOMERS & COMMUNITY GUIDE

Unusual Election Year Here

FROM PAGE 2

Amie Hoeber, Republican
David Trone, Democrat
Kevin T. Caldwell, Libertarian
George Gluck, Green

Congressional District 8

Vote for One
John Walsh, Republican
Jamie Raskin, ♦ Democrat
Jasen Wunder, Libertarian

State Senator District 15

Vote for One
David Wilson, Republican
Brian J. Feldman, ♦ Democrat

State Senator District 16

Vote for One
Marcus Alzona, Republican
Susan C. Lee, Democrat

State Delegates, District 15

Vote for Three
Laurie Halverson, Republican
Jacobs Harvey, Republican
Marc A. King, Republican
Kathleen Dumais, ♦ Democrat
David Fraser-Hidalgo, ♦ Democrat
Lily Qi, Democrat

State Delegates, District 16

Vote for Three
Bill Day, Republican
Ariana Kelly, ♦ Democrat
Marc Korman, ♦ Democrat
Susan Love, ♦ Democrat

Early Voting Sites

Any registered voter in Montgomery County can vote early, Thursday, Oct. 25, 2018 through Thursday, Nov. 1, 2018 from 10 am until 8 pm at any of the following sites:

♦ Germantown Community Recreation Center 18905 Kingsview Road Germantown, MD 20874

♦ Marilyn J. Praisner Community Recreation Center 14906 Old Columbia Pike Burtonsville, MD 20866

♦ Executive Office Building Auditorium 101 Monroe Street Rockville, MD 20850

♦ Silver Spring Civic Building at Veterans Plaza One Veterans Place Silver Spring, MD 20910

♦ Activity Center at Bohrer Park Social Hall 506 S. Frederick Avenue Gaithersburg, MD 20877

♦ Damascus Community Recreation Center Social Hall 25520 Oak Drive Damascus, MD 20872

♦ Jane E. Lawton Community Recreation Center Social Hall 4301 Willow Lane Chevy Chase, MD 20815

♦ Mid-County Community Recreation Center Social Hall 2004 Queensguard Road Silver Spring, MD 20906

♦ St. Catherine Laboure Catholic Church 11801 Claridge Road Wheaton, MD 20902

♦ Potomac Community Recreation Center 11315 Falls Road Potomac, MD 20854



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FAIRS, FESTIVALS & FUN RUNS

August 2018

Great Falls Tavern, Mule-Drawn Canal Boat Rides. August-September, Friday-Sundays, 11 a.m., 1:30 p.m., and 3 p.m. at Great Falls Tavern Visitors Center, 11710 MacArthur Blvd. Take a boat ride along the historic C&O Canal. Tickets are \$8 for adults, \$6 for seniors, \$5 for children, and children 3 and under ride for free. Visit www.nps.gov/choh/planyourvisit/great-falls-canal-boat-rides.htm.

Carousel Rides. August-September, Wednesday, Thursday & Friday, 10 am - 2 pm, Saturday & Sunday, 11am - 5 pm in August. Saturday & Sunday, 11am - 5pm in September. Take a ride on the historic 1921 Dentzel Carousel at Glen Echo Park. Tickets are \$1.25 per ride per person. Visit glenechopark.org/carousel.

AUG. 31-SEPT. 3

Annual Yellow Barn Studio and Gallery Drawing Exhibition. 6-9 p.m. on Friday, 12-5 p.m. at 7300 MacArthur Blvd. In cooperation with the Friends of the Yellow Barn, an exhibition open to all members of the Yellow Barn. A closing reception will be held on Monday, Sept. 3, 4-6p.m. Visit www.yellowbarnstudio.com/SpecialEvents.htm.

September 2018

SATURDAY-MONDAY/SEPT. 1-3

Labor Day Art Show. Friday, 7 p.m.; Saturday-Monday, 12-6 p.m. at Spanish Ballroom - Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Find art of various media. "Cash and carry" jewelry available for the third consecutive year. Free. Visit glenechopark.org/ldas.

MAY-SEPTEMBER

Art Walk in the Park. First Fridays through at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo from 6-8 p.m. Enjoy pottery, glass work, photography, and much more. Visit glenechopark.org/artwalk.

MONDAY/SEPT. 3

Irish Music and Dance Showcase. 1-6 p.m. at 7300 MacArthur Blvd at the Bumper Car Pavilion. Attend a day of Irish music and dance presented by the Glen Echo Park Partnership for Arts and Culture and the Irish Inn at Glen Echo. Free. Visit glenechopark.org/irishmusicanddance.

Labor Day Parade. 1 p.m. in the streets of Olde Towne Gaithersburg. Celebrate Labor Day with performances, antique cars, marching bands, and more. Free. Visit www.gaithersburgmd.gov/leisure/labor-day-parade.

SEPT. 6-30

The Trawick Prize Exhibition. Wednesday-Saturday, 12-6 p.m. in downtown Bethesda at Gallery B, located at 7700 Wisconsin Ave., Suite E. This exhibition features The Trawick Prize finalists for the Bethesda Contemporary Art Awards. Visit www.bethesda.org/bethesda/Trawick_Prize_Exhibition.

SATURDAY/SEPT. 9

Potomac Library Book Sale. 10 a.m.-12 p.m. at 10101 Glenolden Drive. Visit www.montgomerycountymd.gov/library/branches/potomac.html.

SATURDAY/SEPT. 8

Carnival of Chocolates. 12-5 p.m. at Rockville Town Square, Rockville. This year's event will include chocolate tastings from local chocolatiers, live music, games, and children's story times. Proceeds benefit The Dwelling Place, a non-profit dedicated to homeless families. Free to attend. Visit tdp-inc.org.



FILE PHOTO BY DEBORAH STEVENS

'Park After Dark'

Supporters of the C&O Canal Trust gathered Sept. 16, 2017, for the annual "Park After Dark" event. Visit www.parkafterdark.org.

SUNDAY/SEPT. 9

Parks Half Marathon. 6:45-10 a.m. A marathon race showcasing the Montgomery County parks system. Visit www.mcrc.org/calendar-event/parks-half-marathon-2018/.

SATURDAY/SEPT. 15

Park After Dark. 6-10 p.m. at C&O Canal National Historical Park - Great Falls Tavern, 11710 MacArthur Blvd., Potomac. Attendees enjoy live music, food, libations, auction items, desserts, a campfire and more. Event tickets are \$250 per person. Visit www.parkafterdark.org.

SUNDAY/SEPT. 23

Cabin John Kids Run. 9-10 a.m. at Cabin John Regional Park. Sunday, Sept. 24. A mile run, half-mile young run and quarter mile young run is offered. Registration is race-day only. Free for runners 17 and under. Visit www.mcrc.org/calendar-event/cabin-john-kids-run-2018/.

SATURDAY/SEPT. 29

Montgomery County Out of the Darkness Community Walk. 9:30 a.m.-1 p.m. in Rockville Town Square, Rockville. This walk, in conjunction with over 300 communities across the country this fall, benefits the American Foundation for Suicide Prevention. Visit afsp.donordrive.com.

October 2018

Taste in Potomac. 6:30-11:30 p.m. at Bolger Center, 9600 Newbridge Drive, Potomac. The Taste in Potomac is a community event that raises funds to help children in foster care find adoptive families. Tickets start at \$200. Visit www.adoptiontogether.org/events/tasteinpotomac/.

SerbFest. Sunday, Saint Luke Serbian Orthodox Church, 10660 River Road, Potomac. Serbian dishes, beverages, dance and music performances, gifts and boutique items and family-friendly activities. Visit www.serbfestdc.com.

Taste of Bethesda. 11 a.m.-4 p.m. along Norfolk, St. Elmo, Cordell, Del Ray, and Auburn avenues. Local restaurants and entertainment come together for the Annual Taste of Bethesda. Admission to the festival is free, taste tickets are sold in bundles of four for \$5. Visit bethesda.org/bethesda/taste-bethesda.

Antique and Classic Car Show. 11 a.m.-3:30 p.m. at Rockville Civic Center Park, 603 Edmonston Drive, Rockville. Find more than 500 antique and classic cars. Free. Visit www.rockvillemd.gov/667/Antique-Classical-Car-Show.

Potomac Day. 8 a.m.-3 p.m. at 9812 Falls Road, Potomac. Arts and entertainment for all ages, ranging from rides for children to a classic car show and business fair. The highlight

is the Potomac Day Parade at 10:30 a.m., featuring hundreds of entrants, including bands, horses, classic cars, school groups, scouting organizations, and candidates for elected office. Free. Call 301-299-2170 or visit potomacchamber.org.

November 2018

Potomac Village Farmers Market. Thursdays, 2-6:30 p.m. at Potomac United Methodist Church, 9908 S. Glen Road. Visit www.potomacvillagefarmersmarket.net.

Christmas Tree Sale. Last weekend in November. Cabin John Park Volunteer Fire Department, Station 10, 8001 River Road. Visit www.cjpvfd.org.

THURSDAY/NOV. 22

Turkey Chase. 8:30 a.m. at 9401 Old Georgetown Road at Spruce Street. The Turkey Chase 10K Run benefits the YMCA Bethesda-Chevy Chase, YMCA's Youth and Family Services and the Bethesda-Chevy Chase Rotary Club Foundation. Includes a two-mile walk/run; wheelchairs welcome. Registration is \$10 for the Kid's Run, \$20 for the 2 mile race, and \$35 for the 10K. Visit give.turkeychase.com/event/36th-annual-turkey-chase/e191011.

NOV. 24-DEC. 31

Winter Lights Festival. At Seneca Creek Park, 11950 Clopper Road, Gaithersburg. Winter Lights is a 3.5-mile drive through a holiday light show at Seneca Creek Park with more than 360 illuminated displays. Additional events include Wine Under the Lights, Run Under the Lights, Leashes 'n' Lights, and, S'More Lights & Trolley Rides. Visit www.gaithersburgmd.gov/leisure/special-events/winter-lights-festival.

December 2018

Santa on Fire Engines Toy Collection. A procession of fire engines run by the Cabin John Park Volunteer Fire Department, carry Santa on a tour of Potomac neighborhoods over the course of several evenings in December, collecting unwrapped new toys for needy children. Call 301-365-2255 or visit www.cjpvfd.org.

Bethesda's Winter Wonderland. This seasonal event takes place in multiple locations, including concerts at Imagination Stage and in Bethesda's Woodmont Triangle. The event features caroling, ice sculpting, storytelling, holiday performances and hands-on craft activities for children. Call 301-215-6660 or visit www.bethesda.org.

SUNDAY/DEC. 9

Jingle Bell Jog. 9-10:30 a.m. at the Rockville Senior Center, 1150 Carnation Drive. Visit www.mcrc.org/calendar-event/

jingle-bell-jog-2018/.

February 2019

Mid-Atlantic Jazz Festival. 1750 Rockville Pike, Rockville. The festival provides live musical performances, workshops and seminars. See www.midatlanticjazzfestival.org.

April 2019

The Bethesda Literary Festival is held annually in April. Features poets, authors, journalists, novelists, poetry slams, essay contests and youth book parties. Visit www.bethesda.org.

Pike's Peek 10K. 7:50 a.m. at the Shady Grove Metro Station. See www.pikespeek10k.org.

The Annual C&O Canal Pride Days. This is a joint effort between the park and C&O Canal Trust that brings hundreds of volunteers into the park to conduct maintenance projects. Work at C&O Canal National Historical Park at Great Falls (Maryland) and other sites along the Potomac River and C&O Canal towpath. Call the Canal Trust at 301-714-2233, www.canaltrust.org or www.nps.gov/choh

Potomac Watershed Cleanup. Saturday, April 13. This volunteer event is sponsored annually by Alice Ferguson Foundation. See www.fergusonfoundation.org.

May 2019

Potomac Horse Center Annual Spring Open House. See www.PotomacHorse.com.

Run Aware 5K. Race through woods, trails, and, if lucky, mud. Along with the 5K (Cross Country Series) race, there will be a 1K (Junior Participation Series) race. See www.mcrc.org.

Spring Festival. Greek Orthodox Church of St. George, 7701 Bradley Blvd., Bethesda. The annual festival includes traditional Greek cuisine, outdoor/indoor dining, Greek dancing, church tours and Greek pastries. Call 301-469-7990 or visit www.stgeorge.org.

The Potomac Hunt Races. 10 a.m.-7 p.m. at 14401B Partnership Road, Poolesville. Race day festivities include steeplechase racing, thoroughbreds and festival tailgate parties, a car show, pony rides and more. General admission is \$40 per vehicle and Patron tickets are \$225. See www.potomachuntraces.com.

Strawberry Festival. Potomac United Methodist Church, 9908 S. Glen Road, Potomac. Berries, a silent auction, bake sale, rummage sale, craft fair, dollar items and games and activities for children. Call the church at 301-299-9383 or visit www.potomac-umc.org.

The Landon Azalea Garden Festival. Perkins Garden and the

Landon campus, 6101 Wilson Lane, Bethesda. The annual festival dates back to the mid-1950s when Landon's founders, Paul and Mary Lee Banfield opened the newly acquired azalea garden to the public. Call 301-320-3200 or visit www.landon.net.

Mark's Run. At Triplett Field, Bordley Stadium. A 5-K race and one-mile run also takes place during the Landon Azalea Garden festival. Mark's Run is held each year in memory of alumnus Mark Ferris '94, who lost his battle with juvenile diabetes. The run raises more than \$50,000 for the Mark Ferris Scholarship Fund and \$75,000 to the Joslin Diabetes Center. Call 301-320-3200 or visit www.landon.net.

Hometown Holidays is a Memorial Day festival and parade in the City of Rockville with concerts, children's crafts and games. Call 240-314-5022 or visit www.rockvillemd.gov.

MAY-JULY

Bethesda Summer Concert Series. Free. Last year's Thursday concerts took place at Veterans Park, at the corner of Norfolk and Woodmont avenues. See www.bethesda.org.

June 2019

Imagination Bethesda, annual children's street festival celebrating the arts. The festival features costume characters, face painters, international dance troupes, theater performances, a moon bounce and a variety of hands-on arts activities. Call 301-215-6660 or see www.bethesda.org.

Glen Echo Park's Summer Concert Series begins in June on Thursday evenings. Free. See www.glenechopark.org. 301-634-2222.

Quicken Loans National. This event features 120 PGA Tour professionals at Congressional Country Club in Bethesda. The event raises funds and awareness for the Tiger Woods Foundation. See www.tigerwoodsfoundation.org.

July 2019

Autism Speaks Annual 5K run and one-mile walk benefits research on autism. See www.autismspeaks.org or email autismspeaks5K@autismspeaks.org.

Montgomery County Fairgrounds 4th of July Fireworks activities include live music, games and food. Call 301-258-6350. See www.gaithersburgmd.gov

Montgomery College Rockville Campus 4th of July Fireworks, Rockville. Activities include live music and food. Call 240-314-5022. See www.rockvillemd.gov.

The **Potomac Whitewater Festival** in late June or early July is an annual fundraising event that celebrates kayaking in the Potomac River. Offers races for kayakers and clinics and activities for the public. See www.potomacfest.com or anadventures.com.

Bethesda Outdoor Movies. Annual outdoor movie series at corner of Norfolk and Auburn avenues. Contact 301-215-6660 or visit www.bethesda.org.

Farm Tour & Harvest Sale. Various times at various locations in Montgomery County. Montgomery County celebrates its agricultural heritage. Admission prices vary based on farm. Visit www.montgomerycountymd.gov/agservices/agfarmtour.html.

August 2019

Riley's Rumble Half-Marathon. See www.mcrc.org.

Montgomery County Agricultural Fair is a favorite destination each August. See www.mcagfair.com.

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

6th Annual Juried Show for Young Photographers. Through Sept. 2, Saturdays, 1-4 p.m.; Sunday-Monday, 1-8 p.m. at Photoworks in Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Photoworks presents the annual juried Youth Photography Competition, "Listen Up!" A selection of work has been collected from budding youth photographers for this year's exhibit. Visit glenechophotoworks.org/.

DANCING

Weekly International Folkdancing. Thursdays, 7:30-11 p.m. at Church of the Redeemer, 6201 Dunrobbin Drive, Bethesda. Circle and line dances from Eastern Europe. Lesson at 7:30, followed by requests. Glen Echo Folkdancers welcome beginners of all ages; no partner needed. Wear comfortable shoes. \$7. Call 301-466-3018 or visit www.dancingplanetproductions.com.

Thang Ta. Wednesdays, 6-7 p.m. at Sutradhar Institute of Dance and Related Arts, 1525 Forest Glen Road, Silver Spring. Learn the ancient art of the sword and spear. \$25. Visit www.dancesidra.org.

Weekly Blues Dance. Thursdays 8:15-11:30 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd. Capital Blues presents rotating DJs and instructors with beginner workshop 8:15-9 p.m., no partner necessary. \$8 for all. capitalblues.org

Weekly Swing Dance. Saturdays, 8 p.m.-midnight. The DC Lindy Exchange presents a swing dance with live music in the Spanish Ballroom, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Beginner swing dance lesson at 8 p.m., followed by dancing. Admission \$16-\$18, age 17 and under \$12. Visit www.glenechopark.org.

Argentine Tango with Lessons. Most Sundays, 6:30-11 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Argentine Tango lessons followed by a Milonga most Sunday evenings. Beginner lesson 6:30-7:30 p.m. and intermediate lesson 7:30-8:30 p.m. Cost is \$15/lesson and includes the Milonga. For just the Milonga, cost is \$10 and the open dance with DJ runs 8:30-11 p.m. No partner required. www.glenechopark.org, 301-634-2222.

Contra and Square Dance. Fridays and Sundays 7-10:30 p.m. in the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd. The evening can include square dances, mixers, waltzes and other couple dances. All Contra and Square dances are taught, no partner necessary. Lessons at 7 p.m., followed by the called dance with live music at 7:30. \$13 for nonmembers, \$10 for FSGW members, \$5 ages 17 and under. www.glenechopark.org, 301-634-2222.

Live Music & Dancing. Fridays and Saturdays, 7-11 p.m. in Margery's Lounge, Normandie Farm Restaurant, 10710 Falls Road, Potomac. Dance to the music of Barry Gurley. Call 301-983-8838 or visit www.popovers.com.

SATURDAY/AUG. 25

Park Potomac Ice Cream Social and Car Show. 11 a.m.-1 p.m. at 12500 Park Potomac Ave., Potomac. Ice cream, car show and family activities. This is a not for profit fundraiser for Montgomery County School Kids In Need. Bring a



COURTESY OF BETHESDA ROW ARTS FESTIVAL

Bethesda Arts Festival

The 21st Annual Bethesda Row Arts Festival, one of the region's premier arts festivals, brings together 190 national artists in a free outdoor art gallery. There are many local artists selected by the jury participating in this event. Saturday, Oct. 13, 11 a.m.-6 p.m.; Sunday, Oct. 14, 10 a.m.-5 p.m. at Bethesda Row, 4841 Bethesda Ave., Bethesda. Free. Call 301-637-5684 or visit www.bethesdarowarts.org for more.

children's backpack for the donation drive. Receive one raffle ticket per backpack, which is good towards a free Ben & Jerry's serving and in the drawings for the raffle prizes. Tickets will be available to purchase on site. Pre-register to include a vehicle in the car show. Email carsncoffeethesda@gmail.com.

Libraries Rock - Dance Party. 2-3 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Don the best pop star outfit or craziest hair and dance. Photo props, a bubble machine and a music playlist to keep everyone moving. This program is sponsored by the Friends of the Library-Montgomery County. Free. Call 240-777-0694.

Protecting the Canal: 1861-1865. 2-3 p.m. at Great Falls Tavern Visitor Center, 11710 MacArthur Boulevard, Potomac. Explore Civil War efforts to protect the C&O Canal and the effect of war on families living along it. Space limited to 25 people; make reservations at chovvip@gmail.com. Park entrance fees may be charged at Great Falls Tavern Visitor Center but park ranger programs are free. Call 301-767-3714.

WEDNESDAY/AUG. 29

Libraries Rock with Groovy Nate. 10-11 a.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Groovy Nate blends music, puppet skits, movement, and comedy into one groovy experience. Children will sing, play instruments and games, engage in creative play, and move to original and traditional music during this high energy and interactive show. Free. Call 240-777-0690.

THURSDAY/AUG. 30

Ice Cream Social. 2:30-4 p.m. Call for location. Enjoy ice cream with fellow members. Non-dairy treats will be available for those who don't or can't eat ice cream. For Potomac Community Village members only. Call 240-221-1370, email info@PotomacCommunityVillage.org or visit PotomacCommunityVillage.org.

SATURDAY/SEPT. 1

Paint the Town. At Norfolk Avenue facade of the Triangle Towers Apartments, 4853 Cordell Ave.,

Bethesda. Bethesda Arts & Entertainment District is seeking proposals from mural artists who are 18 years of age or older and residents of Washington, D.C., Maryland or Virginia. Artists must have prior experience with the design and installation of large scale murals. A \$50,000 stipend will be provided to the selected artist to pay for supplies and the artist's time. The deadline to apply is Sept. 1, 2018. The project must be completed by Nov. 1, 2018. Visit bethesda.org.

SUNDAY/SEPT. 2

Waltz Dance. 2:45-3:30 waltz workshop; 3:30-6 p.m. dance at the Bumper Car Pavillion at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Featuring the ensemble Devine Comedy with a mix of folk waltzes with a few other couple dances, including Hambo, Schottische, Swing, Tango, and Polka. Admission is \$13. No partner required. Call Joan Koury at 202-238-0230 or Glen Echo Park at 301-634-2222, go to www.WaltzTimeDances.org or e-mail info@WaltzTimeDances.org.

MONDAY/SEPT. 3

Awards Ceremony and Reception. 4-6 p.m. at Photoworks in Glen Echo Park, 7300 MacArthur Blvd, Glen Echo. Photoworks presents the annual juried Youth Photography Competition, "Listen Up!" A selection of work has been collected from budding youth photographers for this year's exhibit. The exhibit runs Aug. 16-Sept. 2, Saturdays, 1-4 p.m.; Sunday-Monday, 1-8 p.m. Visit glenechophotoworks.org/.

TUESDAY/SEPT. 4

Read to a Dog. 4:30-5:30 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Every first and third Tuesday of the month, school-age children, especially beginners learning to read and those who want to improve their confidence in reading skills, are invited to practice reading aloud in short (10-15 minute) semi-private sessions with a certified therapy dog. First-come, first-served. No registration required; no younger siblings. Free. Call 240-777-0694.



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NEWCOMERS & COMMUNITY GUIDE

Helping People Age in Place

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Potomac
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Volunteer with us. Meet new neighbors. It's all about helping Potomac seniors thrive in place in the homes we love.

to learn more or to volunteer:

www.PotomacCommunityVillage.org

240-221-1370

Potomac Community Village (PCV) is a non-profit network of neighbors and friends geared to enabling older Potomac residents to age in place in their existing homes by creating social connections and providing volunteer services, such as occasional transportation, computer help, simple home repairs, and friendly phone calls and visits. PCV is part of a nationwide movement of more than 500 Villages, of neighbor helping neighbor.

PCV's Fall 2018 events include a variety of programs that are free and open to all.

These include a Sept. 20 program in which actress Linda Kenyon will portray cookbook author Julia Child, a Walk on the Canal on Sept. 29 as part of Active Aging Week in Montgomery County, a program on saving money on Medigap and Medicare Prescription Drug plans on Oct. 3, a presentation on Oct. 18 from the League of Women Voters, and a Nov. 15 talk by Matt Logan of Montgomery History on this organization's role in preserving the county's history. PCV will also have a booth on



At the May 17 Potomac Community Village general meeting, Dr. Heidi Hsai, Ph.D. speaks to members of Potomac Community Village on "The Mind-Body Connection: Keys to Healthy Aging."

Potomac Day on Oct. 20. Upcoming member-only events include lunches, book discussions, an Ice Cream Social, theater parties, local-area hikes, and docent-led museum tours. For more information about programs, membership, volunteering or getting volunteer help, contact info@PotomacCommunityVillage.org, 240-221-1370 or check out www.PotomacCommunityVillage.org.

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back to 2008
are available at

<http://connectionarchives.com/PDF>

Department Is Still Making History

BY PEGGY MCEWAN
THE ALMANAC

On March 19, 1930, the Cabin John Park Volunteer Fire Department began its history as an incorporated fire service to "control, prevent, limit and combat damage by fire" In January of this year, after 88 years, the department made history again by voting Corrine Piccardi the first female fire chief in a volunteer company in Montgomery County.

The original CJPVFD station was built shortly after the department's founding at the corner of MacArthur Blvd. and Seven Locks Road.

"The first meeting was held at the new station in 1932, and this station was occupied until our present quarters on River Road [Station 10] was opened in 1984," according to the department's website.

Station 30, 9404 Falls Road, was opened in 1970. "Our service has changed greatly since 1930. Today, in addition to fire prevention, education, and suppression activities, we also are the primary care providers of emergency medical services, river rescue services, and heavy rescue. The unique nature of our area gives us many diverse operations, rang-

ing from rescues along the Potomac River and C&O Canal to high rise fire protection in downtown Bethesda. Interstate 495 and the Clara Barton Parkway provide accidents that may range from routine fender benders to large hazardous materials incidents such as the Interstate 270 Tanker Fire in the fall of 1992. Despite all of these changes, one thing has remained constant; the proud service of the members of our department to our community. That single fact binds our members today to the founders of our department in 1930," the department's website reads.

Persons interested in becoming members of Cabin John Park Volunteer Fire Department can call Station 10, 240-773-4710 or email membership@cjpvfd.org.

CJPVFD also hosts children's birthday parties at the River Road Station. Parties include:

- ❖ A guided tour of the fire station and fire apparatus
- ❖ The opportunity to get up close and personal with firefighters and their equipment
- ❖ A fire safety presentation and equipment demonstration hosted by one of the firefighters
- ❖ A fire safety gift-bag and fire helmet for each child in attendance.

For more information, call 301-365-2028.

Promoting Businesses, Community

FROM PAGE 5
of an organization that provides networking opportunities, business leads and referrals, proactive leadership and an improved business climate, all for the betterment of the community as a whole," according to the chamber website.

The chamber organizes the annual Potomac Day celebration each fall. The day includes a parade, children's festival and petting zoo, business fair and car show. Potomac Day will be held Saturday, Oct. 20 this year, celebrating the 36th anniversary of the annual celebration.

Potomac still has the feel of a small town, Jennifer Matheson, director of operations for the Potomac

Chamber, said in an interview last year. "There is a solid foundation in Potomac," she said. "It's nice to be able to go into a little town and know it."

Complaints from residents are few, as are problems other than parking in the shopping centers at the intersection of River and Falls roads, she said last year.

Still it's nice to have a community with so few problems she said.

"Everything is so fast paced in this world," she said. "You feel good here." The Potomac Chamber of Commerce offices are at 10220 River Road. Hours are Monday through Friday 8 a.m. to 4 p.m., closed on all major holidays. For more information, visit PotomacChamber.org.

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NEWCOMERS & COMMUNITY GUIDE

A River, a Canal, and a Vision

FROM PAGE 15

carrying mostly coal. But it was not to last. By the 1880s, railroads had taken the lead in transporting goods, and they could carry coal to the deeper harbor in Baltimore.

In June of 1889, a devastating flood tore through the Potomac River valley. The destruction far exceeded any ability of the canal company to borrow for repairs. Canal boats, lockhouses and the vital infrastructure itself had been swept into the river. The canal lay idle all summer and fall of 1889 and didn't operate at all in 1890. Then came a savior in the form of the B&O Railroad which took over and operated the canal into the early 1920s even as profits diminished. Gradually, it declined and only a lower portion was kept watered; just enough to supply water to mills in Georgetown.

It was 1926 when the idea of a Federal highway on the canal right-of-way was first raised but B&O Railway opposed it. The Great Depression changed the conversation because President Franklin Roosevelt had an uncle who was chairman of the National Capital Park and Planning Commission. He wanted a project for the Civilian Conservation Corps. B&O owed money and wanted to borrow further so the Federal government was able to purchase the canal for \$2 million in 1938. Work started and the first 20 miles was restored. World War II and a devastating flood in 1942 washed away the restoration. When the war ended, the Army Corps of Engineers unveiled a plan to build a series of 14 dams to control river flooding. One, proposed for just above Great Falls would have flooded the river valley and backed up the Potomac nearly to Harpers Ferry. Along came another proposal for a parkway similar to Skyline Drive.

Meanwhile, Potomac had remained a small village reached by dirt roads, initially known as Offutts Crossroads. After World War II a new breed of settlers began to arrive. They wanted to get out of the city, raise children in the country and were willing to put up with inconveniences like lack of electricity and roads still little more than wagon tracks. The land was exhausted by farming. The area had flirted with gold mining after the Civil War. Land was inexpensive. The forests, once cleared for farming, were returning along stream valleys leading to the river. Potomac was green, open and appealing to courageous newcomers. There were still farms and orchards but during the 1950s and '60s many between Potomac Vil-

lage and Rockville were developed for housing. The first vicinity plan for Potomac/Travilah was adopted in 1967. It was designed to preserve the rural-residential character with open space and low density zoning. It recommended creating several stream valley parks.

In 1980, a Potomac Subregion Plan was adopted. Most recently revised in 2002, the current plan consistently upholds and expands our environmental framework with an imperative to protect and enhance natural resources.

Our subregion is considered a transition between the urban down county and the 93,000 acre Agricultural Reserve to our north. We are one of two residential "green wedges" in the county. Both are critical to protecting public water supplies. Designating many of our stream valleys as county parkland helps preserve the wetlands and forests needed to filter stormwater runoff and provide habitat for wildlife. The water filtration plant on River Road provides nearly all drinking water to Montgomery County. All 68 square miles of the Potomac Subregion drain to the Potomac River. The Watts Branch begins in Rockville but empties into the Potomac just upstream of the filtration plant.

Today, more than ever before, our lives are bound to waters of the Potomac. We are fortunate that in 1954, Supreme Court Justice William O. Douglas penned his famous letter to the Washington Post after they had endorsed the highway plan, inviting them to join him on a walking tour of the towpath — starting the movement to preserve it. Parkways and dam ideas still surfaced but in January 1971, The C&O Canal was designated a National Historical Park. We are fortunate. Geology, history, good planning and some visionary people make it possible for us to experience history. We can walk or bike to Cumberland or Georgetown on the towpath. We can kayak and canoe. We can visit the Great Falls; the remains of a red sandstone quarry at Seneca and ride a canal boat drawn by mules. We have access to endless trails in an array of parks. American poet Mary Oliver once wrote "A lifetime isn't long enough for the beauty of this world." We are fortunate to live within so much of that beauty and call it home.

Ginny Barnes is an artist, environmental activist, and sometime writer. She served on the 2002 Master Plan Advisory Group and is currently Environmental Chair and President of the West Montgomery County Citizens Association (WMCCA) which was founded in 1947.



A beaver at Great Falls

PHOTO BY JILL PHILLIPS

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When Did This Happen?

By KENNETH B. LOURIE

I remember conversations regularly occurring between me and some other person, presumably older (if heard over the phone) or in person if my sight and senses didn't deceive me, where the question was asked to me: "You're probably too young to remember?" concerning any number of subjects. Now, I'm asking the identical question, and I don't think my sight or senses are deceiving me, though they are refracted, so to speak.

Somehow, I'd like to believe that despite the obvious passage of time, I am, to quote Bob Dylan from his song "My Back Pages," included on his "Another Side of Bob Dylan" album released in 1964: "Ah, but I was so much older then, I'm younger than that now."

I wish.

I may be wiser and full of perspective, but despite flowery lyrics, I am older — just check the calendar. Father time waits for no man — or woman. As years pass, the pages turn and you simply aren't the person you used to be (or thought you were).

Benjamin Button may have gotten younger (aged in reverse, having been born an old man), but for the rest of us, we may feel that "youth," as they say, "is wasted on the young." Nevertheless, none of us is getting any younger.

Moreover, to quote Charles Franklin: "No one gets out of this life alive." (Although, I swear I remember my late mother attributing that quote to the legendary screen actress, Bette Davis.)

Life goes on is the short version, and through that passage of time, at some point, apparently you're addressed respectively as "Mister" and "Sir," and doors are opened/held, seats are offered and accommodations made. And when I have those random conversations with strangers — to pass that time or even with people with whom you have a familiarity, more and more of those people are younger than I am and I find myself asking/presuming if they know what past event, historical fact, popular culture reference or sports memory, etc., I am even referring to. And as often as not, they don't.

What's odd — or lost on me because I'm loathe to admit it, is that the former "question-ee" — yours truly — has become the current questioner — again yours truly. As is becoming abundant clear, where I was once ascending, I am now descending.

This has nothing to do with my last few cancer columns. It has to do with my birth year: 1954. Meaning, as the birthday card jokes on the front cover "I wouldn't say you were old this year" to the inside-of-the-card slam: "Hell, you were old last year."

It just seems/feels that this juxtaposition of the "space-time continuum" ("Star Trek: Voyager") time/age relative to others has happened in a blink (nanosecond) and that blink is a tell. And no matter what I do to counter that impression, I can't stop it. It seems that tell has become a tell all.

And since I'm telling all, dealing with one's own mortality for as long as I have been: Feb. 27, 2009, the official date of my non-small cell lung cancer diagnosis, has certainly had its share of wear and tear, emotionally and physically.

For me — or for any of you regular readers to think that this unexpected journey has not been fraught with before, during and after side effects — and main effects, up and down and all around, is unrealistic at best and delusional at worst. And since I'm rarely delusional except when it comes to the Boston Red Sox, it must be unrealistic.

But maybe being unrealistic is what has taken me nine years and nearly six months past my original diagnosis. If that's the reason, I see no reason to change now, age notwithstanding, or sitting, however the case may be.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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 - SMALL TOSSED SALAD
 - CUP OF SOUP
 - SMALL FRIES
- SMALL FOUNTAIN DRINK

*Additional charge for Tuna Steak.

Combos available Monday thru Friday, 11am–4pm.
Additional charge for priced condiments and Tuna Steak.
Good for dine-in and carryout only.
Not valid with other offers.

POTOMAC PIZZA

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