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Reston CONNECTION

Reston Town Center is known for its free summer concert series. An exceptional one is the Star Spangled Salute presented by Reston Chorale.

NEWCOMERS & COMMUNITY GUIDE 2018-2019

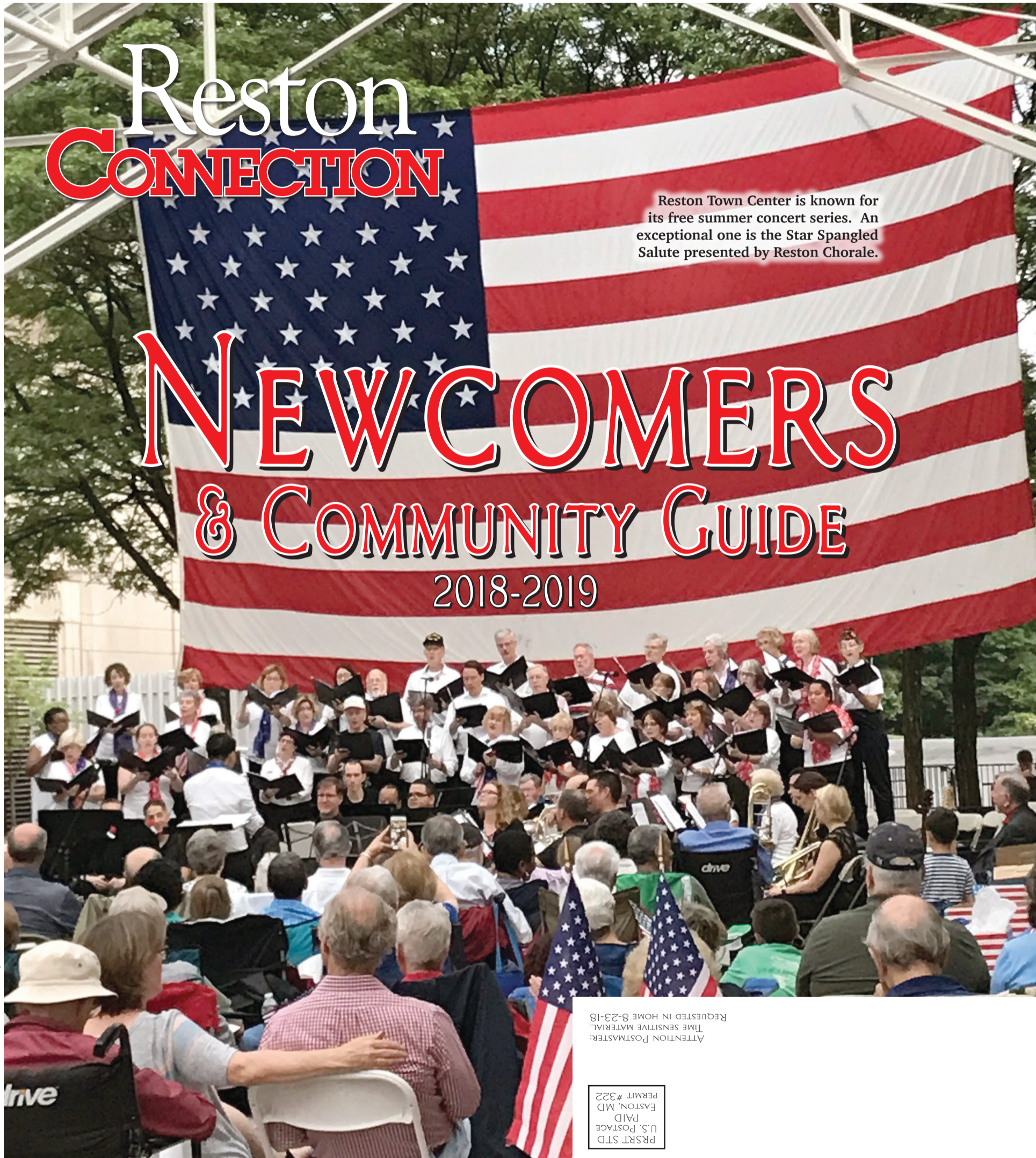


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So Much to Do in Hunter Mill District

BY SUPERVISOR CATHERINE M. HUDGINS
(D-HUNTER MILL DISTRICT)

Welcome to Fairfax County and to Hunter Mill District. To help orientate you, it is useful to remember much of life in Hunter Mill is shared with the greater community of Fairfax. I am glad you have chosen our area to be your home. It is a wonderful, vibrant, diverse place that is safe, family friendly, convenient, and loaded with fun things to do whether it be shopping in Reston Town Center or engaging in various outdoor activities in one of our renowned parks. Throughout the county and the district, we enjoy parks and trails, a first class education system, and excellent libraries.

Wondering about the best things about living here? Let's do quick scan of several enticing Hunter Mill services, projects and programs.

Parks in the Hunter Mill District are among of the jewels of the Fairfax County Park Authority.

Lake Fairfax Park is a destination location providing 476 acres of parkland. You'll find a wide range of family-friendly activities and the necessary facilities to make your visit to Lake Fairfax a memorable multi-day experience. Visitors can enjoy the Water Mine family water park, family and group campgrounds, a skate park, a pump track, several hiking and mountain biking trails, and athletic fields. Lake Fairfax is also home to a wide variety of classes, camps, and special events, including a PirateFest.

Frying Pan Farm Park preserves and interprets farm life of the 1920s to 1950s. On this working farm, you can visit the farm animals, take a wagon ride or hike through the fields and woods, explore the historic Meeting House and cemetery, watch the jumpers in equestrian facilities, and satisfy your sweet tooth with penny candy from the Country Store. In the summer, bring your blanket to enjoy the Hunter Mill Melodies free concert series with performances for the kids on Wednesday mornings and family-friendly Thursday night concerts.

One of the most innovative projects underway is the new upper school for McNair Elementary School. With the tremendous need of new facilities for the growing number of students, Fairfax County Public Schools is planning a new, more vertical building for upper grades to accompany the current McNair Elementary School. And, even more exciting, the new facility will incorporate space for County agencies that provide needed services to the students and families in the area. This community-school concept co-locates human services in the one place where most families are – their local school. In addition, the community benefits from the use of space for pre-kindergarten enrichment, sports, meeting space for scouts, community organizations, and special events.

Given the highly diverse population of Hunter Mill, the 2018 resuming of the sis-



Before winning the Major League Baseball 2018 Home Run Derby later the same day, Bryce Harper of the Washington Nationals took time to open the newly renovated baseball fields at the Bryce Harper All-Star Complex at Fred Crabtree Park. A partnership with Major League Baseball, the Park Authority, and Reston Little League culminated with the opening of two upgraded baseball fields complete with new dugouts, batting cages, and lights for community use.

terhood partnership with Neyri, Kenya was gladly received. A delegation from Kenya arrived in Reston early June. They toured Reston Town Center and thoroughly enjoyed the view, the people and the food. They were captivated by Fairfax County and anxious to learn as much as possible. County staff conferred with them on an array of issues ranging from Health, Human Services, Planning and Zoning.

This collaboration will be of mutual benefit to Reston and Nyeri. In addition to sharing ideas and best practices, both localities support the exposure to traditional art and cultural customs as well.

SPEAKING OF TRADITION, small town charm thrives in the Towns of Vienna and Herndon. The W&OD Trail runs through the heart of Vienna, connecting Church Street's historic shops and sites, the Town Green plaza, the newly renovated Community Center, and services at the Town Hall and Police Department. Vienna loves to celebrate with the VivaVienna! Festival, the annual Halloween Parade, 4th of July celebrations, Oktoberfest, Taste of Vienna, and more. Stop by Waters Field for a chili dog and take in the action at the best baseball facility in the area.

With Public Library branches in Vienna, Reston, Tysons, and Herndon you will en-

joy a plethora of programs, performances, clubs, and events for infants through seniors.

Regarding the Reston Concept and Goals for the New Town, I am happy to report that we are moving towards the fulfillment of Bob Simon's dream for the community.

We have several projects coming online that embody his goals advancing his desire for financial success of the New Town. Private enterprise was always foreseen as a major force in the creation of Reston.° The anticipated development, commercial, cultural, and recreational facilities will make it possible to live, walk to work, and play in a place called Reston.°

Moreover, Hunter Mill is a beautiful area that is easily accessible and manageable. Take transportation, for instance - The Hunter Mill District's streets are laid out in an easy to navigate grid that is accommodating for both novice and experienced drivers. The streets are lined with beautiful landscaping and greenery that make your drive more enjoyable as you travel through the area.

If traffic concerns you, please know that numerous projects are underway designed to reduce congestion and create new accessible routes to your destination, one of them being The Soapstone Connector. When completed, the Soapstone Connector will provide a direct connection between Sunset Hills Road and Sunrise Valley Drive, over the Dulles Toll Road. Also in process is the

replacing of the one lane bridge that carries Hunter Mill Road over Colvin Run. The new bridge will have two lanes and four-foot-wide shoulders, reducing congestion and improving operations and safety.

The combination of our emergency°services, environmental protection, economic growth and development strategies coupled with consumer protection ensures a productive, secure, and friendly community.°With so much happening, how can you keep abreast of current news and developments?

MY OFFICE strives to help with a variety of tools. Subscribe to my monthly electronic newsletter, Hunter Mill Highlights, and news updates following the Board of Supervisors' meetings and special alerts. Just call 703-478-0282 or e-mail huntermill@fairfaxcounty.gov. Delve into a local topic by watching "Connecting with Supervisor Hudgins," my monthly cable show on the County's Channel 16. If you prefer a more personal touch, stop by on one of the First Wednesday events to meet with me one-on-one to discuss your topic. And, for a

one-stop-shop for Hunter Mill facilities, events, land use cases, transportation and more, check out the Hunter Mill District website—www.fairfaxcounty.gov/huntermill.

It is an honor to serve you as your County Supervisor and I look forward to getting to know you.



Before winning the Major League Baseball 2018 Home Run Derby later the same day, Bryce Harper of the Washington Nationals took time to open the newly renovated baseball fields at the Bryce Harper All-Star Complex at Fred Crabtree Park. Supervisor Catherine M. Hudgins, center, Harper, right. The partnership culminated with the opening of two upgraded baseball fields complete with new dugouts, batting cages, and lights for community use.

PHOTOS CONTRIBUTED

NEWCOMERS & COMMUNITY GUIDE

About the Connection

As your local, weekly newspaper, the Connection's mission is to deliver the local news you need, to help make sense of what is happening in your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to record achievements, milestones and events in the community and people's lives.

Here in our Newcomers and Community Guide, we report on the character of your community, we include details of how to vote in the upcoming elections, information on local government, nonprofits and business organizations, plus tips and tidbits from the community.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an email. We invite you to send letters to the editor or to send an email with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including births, engagements, wed-

dings, anniversaries, awards and obituaries.

We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include when and where the photo was taken and the names of all the people who are in a photo.

We also publish notes about news and events from local businesses. Notes about openings, new employees and anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

Your community Connection newspaper is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

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— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

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NEWCOMERS GUIDE

Submit volunteer announcements at ConnectionNewspapers.com/Calendar.

AARP Foundation Tax-Aide is looking to expand its team of volunteers for the upcoming tax season. Tax-Aide, now in its 51st year, offers free in-person preparation and assistance to anyone, especially those 50 and older, who can't afford a tax preparation service. Volunteers make a difference in their communities by assisting many older, lower-income taxpayers, and their families, who might otherwise miss out on the tax credits and deductions they've earned. To learn about volunteer opportunities, visit aarpfoundation.org/taxaide or call 1-888-OUR-AARP (1-888-687-2277).

Assistance League of Northern Virginia, a volunteer nonprofit, invites community members to join the organization to participate in its Reading Express program. Volunteers provide one-on-one tutoring to first grade students during the school year. To learn more contact VP Membership Mary Gronlund at gronbiz@aol.com or Program Coordinator Lynn Barron at lynnieb517@verizon.net.

STEM Professionals Needed. Help assist K-12 STEM teachers as part of the American Association for the Advancement of Science's STEM Volunteer Program, stemvolunteers.org. Contact Don Rea at 571-551-2488, or donaldrea@aol.com.

Volunteer Adult Mentors Needed. Help assist the Department of Family Services' BeFriendA-Child mentoring program. The mentors provide opportunities for companionship, guidance and support to children


who have been abused and neglected, or who are at risk of abuse and neglect. Contact Ibrahim Khalil at Ibrahim.khalil@fairfaxcounty.gov or 703-324-4547.

Herndon High School Library needs volunteers. Training available to help with re-shelving books, pulling books for teacher use, helping to check passes, or other special projects. To learn more, email hhs_library@fcps.edu.

RSVP, a volunteer network for seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria, offers a wide array of opportunities for volunteers 55 and older. RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings. To sign up for an upcoming orientation, email Carly Hubicki at chubicki@volunteerfairfax.org or call RSVP at 703-403-5360. To learn more about RSVP, visit www.rsvpnova.org.

Master Gardener Training. The Fairfax County Master Gardener Association offers plant clinics, home turf training or speakers for homeowner's meetings. Fees vary. Visit fairfaxgardening.org or call MG Help Desk at 703-324-8556 for more.

The **Herndon Adult Day Health Care Center** needs volunteers to assist with fitness activities, arts and crafts, mealtime, entertainment and much more. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.






Will Your Child Be Ready for School?

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Our 1,000 Books Before Kindergarten program is designed to help prepare children for one of life's big milestones: kindergarten.

Visit any library branch for more information or to sign up. More information and branch locations at www.fairfaxcounty.gov/library



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NEWCOMERS & COMMUNITY GUIDE

How To Vote

Every year is election year in Virginia; mechanics and details of voting require attention to detail.

First, be sure you are registered. Oct. 15 is the deadline to register, and to check your registration. Many voters across the country have discovered that they have been unexpectedly dropped from the voter rolls, so be sure to check at elections.virginia.gov

Absentee Voting in Person Begins Sept. 21

Voting early if you qualify is a good choice.

There are 20 valid reasons to vote absentee in Virginia, including working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day. Check the Virginia Department of Elections list to see if you are eligible: <https://www.elections.virginia.gov/casting-a-ballot/absentee-voting/index.html>

There are two ways to vote absentee, in-person and by mail. To do either, you should first check your voter registration status to make sure it is up-to-date.

If you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location.

Locations, Dates and Hours

Scheduled to begin Friday, Sept. 21, through Saturday, Nov. 3 at the government center, and Oct. 13-Nov. 3 at the satellite locations.

Fairfax County Government Center, 12000 Government Center Parkway, Conference Room 2/3, Fairfax, VA, 22035
Sept. 21-Oct. 12

Closed Monday, Oct. 8, Columbus Day
Monday, Tuesday, Wednesday, and Friday,
8 a.m. to 4:30 p.m.

Thursday, 8 a.m. to 7 p.m.
Saturdays, Oct. 6-Nov. 3, 9 a.m. to 5 p.m.
Oct. 15-Nov. 3
Monday-Friday, 8 a.m. to 7 p.m.

All Satellite Locations:

Oct. 13 - Nov. 3
Weekdays: Monday thru Friday, 3 p.m. - 7 p.m.

Saturdays: 9 a.m. - 5 p.m.
Sundays: Closed
❖ Franconia Governmental Center, 6121 Franconia Road, Alexandria, VA 22310
❖ Lorton Library, 9520 Richmond Highway, Lorton, VA 22079
❖ Mason Governmental Center, 6507 Columbia Pike, Annandale, VA 22003
❖ McLean Governmental Center, 1437 Balls Hill Road, McLean, VA 22101



Election Day is Nov. 6, 2018; early voting starts Sept. 21.

- ❖ Mount Vernon Governmental Center, 2511 Parkers Lane, Alexandria, VA 22306
- ❖ North County Governmental Center, 1801 Cameron Glen Drive, Reston, VA 20190
- ❖ Providence Community Center, 3001 Vaden Drive, Fairfax, VA 22031
- ❖ Sully Governmental Center, 4900 Stonecroft Boulevard, Chantilly, VA 20151
- ❖ West Springfield Governmental Center, 6140 Rolling Road, Springfield, VA 22152

Absentee Voting By Mail

To track the status of your absentee ballot application and ballot, you can view your Virginia Voter Record, <https://vote.elections.virginia.gov/VoterInformation>

The deadline to apply for an absentee ballot online, by mail, by fax, or by email is 7 days prior to Election Day by 5 pm.

You can apply for your absentee ballot online, <https://vote.elections.virginia.gov/VoterInformation>

Or print, complete, and sign the absentee ballot application (PDF), <https://www.elections.virginia.gov/Files/Forms/VoterForms/VirginiaAbsenteeBallotApplication.pdf>

Absentee ballot applications are also available for in-person visits at county governmental centers as well as Fairfax County library branches. Send in the completed application: Scan then email the application to absenteeballot@fairfaxcounty.gov or mail the application to the Office of Elections at Box 10161, Fairfax, VA 22038 or Fax the application to the Office of Elections at 703-324-3725. Once your completed application is received and accepted, your

absentee ballot will be sent to you in three business days. If you have questions about your ballot, call the Office of Elections at 703-222-0776 (TTY 711).

Absentee ballots must be returned to the Office of Elections by 7 p.m. on Election Day, Nov. 6, 2018 in order to be counted,

Virginia Voter ID

Acceptable forms of valid identification: Virginia driver's license, Virginia DMV-issued photo ID, United States passport, Employer-issued photo ID, Student photo ID issued by a school, college, or university located in Virginia, Other U.S. or Virginia government-issued photo ID, Tribal enrollment or other tribal photo ID, Virginia Voter Photo ID card

Need a Photo ID?

If you don't have an ID, go to your voter registration office to get a free Voter Photo ID, even on Election Day. You will be required to complete an photo ID application, have your photo taken and to sign a digital signature pad.

Forgot photo ID on Election Day?

If you get to your polling place without acceptable photo ID, you can vote a provisional ballot. You will be given instructions on what to do so your vote can count.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card. Voters may submit a copy of their ID via fax, email, in-person, or through the mail or commercial delivery service. The copy of the ID must be delivered to the electoral board by noon on Friday, or the provisional ballot cannot be counted.

Also by noon on Friday following the election, the voter may appear in-person in the office of the general registrar, in the locality in which the provisional ballot was cast, and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document can be provided to the electoral board for the identification requirement.

Upcoming Events to Register and Get Voter ID

The Office of Elections is open daily during normal business hours to provide residents the opportunity to register to vote or

Election Day, Tuesday, Nov. 6, 2018

On Election Day, polls are open from 6 a.m.-7 p.m., Nov. 6.

To determine whether eligible and registered to vote in this election, visit the Virginia Department of Elections website at elections.virginia.gov/ or call Fairfax Elections office at 703-222-0776.

To vote on Tuesday, Nov. 6, 2018, 6 a.m.-7 p.m. (General Election)

❖ Register/update address by: Monday, Oct. 15.

❖ Request absentee ballot by mail by: 5 p.m. Tuesday, Oct. 30.

❖ Vote early, in-person absentee, by appearing in person by 5 p.m. Saturday, Nov. 3

For more information on voting in Fairfax County:

Fairfax County Office of Elections
12000 Government Center Parkway Suite 323
Fairfax, VA, 22035
Voter Registration: 703-222-0776, TTY 711
Absentee Fax: 703-324-3725
Email: voting@fairfaxcounty.gov
Election Officer Info: 703-324-4735, TTY 711
For 24-hour recorded information call 703-324-4700

obtain a free voter photo ID if needed. 703-222-0776, 12000 Government Center Parkway Suite 323, Fairfax, VA 22035

The following special events will also provide opportunity to register to vote and/or get your photo Virginia Voter card.

❖ Saturday, Sept. 1, 10 a.m. - 2 p.m., Sherwood Regional Library, 2501 Sherwood Hall Lane, Alexandria, 22306

❖ Tuesday, Sept. 11, 10 a.m. - 1 p.m., The Woodlands Retirement Community, 4320 Forest Hill Ct, Fairfax, 22030

❖ Monday, Sept. 17, 11 a.m. - 2 p.m., Heatherwood Retirement Community, 9642 Burke Lake Road, Burke, 22015

❖ Wednesday, Sept. 19, 10 a.m. - 2 p.m., Greenspring Retirement Community, 7410 Spring Village Drive, Springfield, 22150

❖ Tuesday, Sept. 25, 11 a.m. - 2 p.m., Burke Health and Rehab Center, 9640 Burke Lake Road, Burke, 22015

❖ Wednesday, Sept. 26, 10 a.m. - 2 p.m., Herndon Senior Center, 873 Grace St #1, Herndon, 20170

❖ Thursday, Sept. 27, 10 a.m. - 2 p.m., Lewinsville Retirement Residence, 1515 Great Falls Street, McLean 22101

❖ Saturday, Oct. 6, 10 a.m. - 2 p.m., Sherwood Regional Library, 2501 Sherwood Hall Lane Alexandria, 22306

❖ Tuesday, Oct. 9, 10 a.m. - 2 p.m., Arleigh Burke Pavilion at Vinson Hall Retirement Community, 1739 Kirby Road, McLean, 22101

On The Ballot, Fairfax County, Nov. 6, 2018

UNITED STATES SENATE

Corey A. Stewart (R)
Timothy M. Kaine (D)
Matt J. Waters (L)

HOUSE OF REPRESENTATIVES

District 8

Thomas S. Oh (R)
Donald S. Beyer, Jr. (D)

District 10

Barbara J. Comstock (R)
Jennifer T. Wexton (D)

District 11

Jeff A. Dove Jr. (R)
Gerald Edward Connolly (D)
Stevan M. Porter (L)

Herndon, Mayor and Town Council

If you live inside the Town of Herndon, local elections for mayor and Town Council are now if November. These are nonpartisan positions. <http://www.herndon-va.gov/government/mayor-town-council/town-elections>

Mayor

Lisa C. Merkel, unopposed

Town Council, vote for six, * means incumbent

Jennifer K. Baker *
Grace Wolf Cunningham *
Cesar A. Del Aguila
Pradip Dhakal
Signe V. Friedrichs *
W. J. "Sean" Kenis Jr.
William "Bill" J. McKenna *
Sheila A. Olem *
Joseph T. "Joe" Plummer
Roland Taylor

NEWCOMERS

Reston Experience

—MERCIA HOBSON

Ben Foster, neuroscience research, 1 year in Reston

Favorites: “The trails, greenery and the number of small businesses. I’m glad I’m here.”

Concerns: “The price of housing.”

Event Notices: “The Reston Association newsletter and booklet and listings at the Reston Community Center Hunters Woods.”



Jose Ribas, 22 years in Reston

Favorites: “I like Reston Town Center, their concerts and Rio Grande Restaurant in Reston.”

Concerns: “The buses.”

Event Notices: “I find out about events in the newspapers.”



SEE MORE
VIEWPOINTS, PAGE 15

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- Oak Hill/Herndon Connection
- Potomac Almanac
- Reston Connection
- Springfield Connection
- Vienna/Dakota Connection

NEWCOMERS

Reston has a history of volunteerism that is still going strong.

PHOTOS COURTESY
OF VOLUNTEER
RESTON



Get Involved with Volunteer Reston

BY HA BROCK AND JACKIE REED

Can you imagine what Reston would be like if no one volunteered? Think about a community without all the volunteer-based clubs, businesses, groups, organizations, non-profits, events, committees, etc. . . Fortunately, for us, Reston has a history of volunteerism that is still going strong. That's what makes Reston great!

Volunteer Reston is a network of community members who come together to complete various projects to improve our surroundings and bring the Reston community together. Housed under the Reston Association, Volunteer Reston hosts efforts in hopes for bringing the Reston community closer.

Our mission is to enhance Reston Association's services and programs by matching the varied talents of individuals and groups of all ages, interests and skills to a variety of engaging projects and endeavors.

Why Volunteer?

Volunteers play a critical role in helping Reston grow. Whether you are hoping to meet new people, spend time with friends, learn new skills, make a positive impact in your community or complete school service hours, Volunteer Reston has something for everyone. Regardless of the motive, Reston Association volunteers all have one thing in common – they are all helping to make Reston a better place to live, work and play.

RA volunteers have a variety of ages, skill levels and personalities. Volunteers include senior citizens, corporate teams, faith-based groups, families, college students, retirees, scouts and youth.

Reston Association volunteers all have one thing in common – they are all helping to make Reston a better place to live, work and play.



There are several ways to get involved. Some events happen frequently, whereas others happen on an annual or even one-time basis. Our recreational, environmental and administrative projects enable volunteers to meet other locals and learn more about Reston's growing community.

Reston is often praised for its trails, lakes and landscape. To preserve Reston's natural beauty, regular maintenance is essential. Consider supporting habitat restoration, watershed cleanups and other workday projects by signing up for an upcoming opportunity.

Opportunities include Habitat Heroes, stream monitoring, watershed cleanups, Walker Nature Center assistance and other workdays.

To get involved, complete a one-time Volunteer Application found online at www.reston.org, and contact Ha Brock, Volunteer Reston Manager, at habrock@reston.org with your interest.

Environmental Work

Out of all the volunteer opportunities Volunteer Reston offers, environmental work is the most laborious. However, this makes it one of the most meaningful and investing.

Work may include removing weeds, identifying invasive vegetation, planting seedlings, clearing trails, collecting trash and handling tools. Supplies are provided and are often used. With training, volunteers might be tasked with using wheelbarrows, brooms, trowels, shovels, rakes, pruning shears, gardening tools, hand picks, pitchforks, weed wrenches and hand saws.

SEE VOLUNTEER, PAGE 9

NEWCOMERS

Volunteering Makes the Area a Better Place for All

Volunteer Fairfax engages thousands of volunteers of all ages annually and supports more than 600 member nonprofits and agencies striving to make Northern Virginia a better place for all.

Volunteer Fairfax's offerings include Volunteers For Change, a program that makes volunteering accessible and fun for busy adults; Alternative Community Service, a program that places a range of court-ordered clients in community service positions and RSVP Northern Virginia, a program sponsored by Volunteer Fairfax in partnership with Volunteer Arlington and Volunteer Alexandria, that matches those 55 and better with meaningful and fun volunteer opportunities.

Volunteer Fairfax also offers an array of training programs that help nonprofits and volunteer groups run more efficiently. For corporations looking to engage their employees in the community, Volunteer Fairfax's

BusinessLink program offers customized employee volunteer engagement at sites in Northern Virginia and throughout the DC Metro Area.

Volunteer Fairfax also runs three signature programs to promote and recognize community involvement. They include VolunteerFest presented by AT&T, powered by Volunteer Fairfax, Saturday, Oct. 27, a regional day of volunteerism featuring project sites across the region; Give Together: A Family Volunteer Day on Martin Luther King, Jr. Day, a large family-friendly event where children of all ages engage in volunteering and The Fairfax County Volunteer Service Awards, a breakfast held each April to honor volunteers who have given outstanding service to the community.

For more information on any of Volunteer Fairfax's programs or to find a volunteer opportunity now, visit www.volunteerfairfax.org or call 703-246-3460.

Tell us what you think
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VOLUNTEERING YOUR GAME? CALL RSVP NOVA AT 703-403-5360

Volunteer

FROM PAGE 8

Workdays range from two to eight hours on any given day. Training is provided onsite by RA staff. Supplies, food and water are also available.

Join the Community

Reston Association frequently hosts community events throughout the year. These events allow Reston locals to meet, network, share stories and work together with camaraderie and stewardship.

Events include the Multicultural Festival, Halloween House & Trick-or-Treat Trail, Community Events and Spring Festival.

To learn more about upcoming opportunities, complete a one-time Volunteer Application found online at www.reston.org, and contact Ha Brock, Volunteer Reston Manager, at habrock@reston.org with your interest.

Corporate Service Projects

Volunteer Reston offers expertise in community service to corporations by creating customized

projects that complement team building, leadership development and philanthropy initiatives. Philanthropy comes in various ways: from event sponsorship, monetary donation, in-kind contributions and employee volunteerism. Opportunities for support are numerous and we would be delighted to connect with corporations to customize an opportunity beneficial to your philanthropic goals. We make it easy for your company to volunteer by managing the process from A-Z.

Connect with Volunteer Reston on Social Media

Following our accounts is a convenient way to stay in touch with Volunteer Reston. Get the latest updates and share your experiences today.

www.facebook.com/VolunteerReston

Instagram @Volunteer_Reston
Twitter @VolunteerReston

If you are interested in finding out more about Volunteer Reston, contact Ha Brock, at habrock@reston.org or visit our website at www.reston.org.

Ha Brock is Volunteer Reston Manager and Jackie Reed is Volunteer Reston Assistant.

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PARKS

AN INSIDER'S GUIDE TO MAJOR PARKS IN THE AREA

FILE PHOTOS BY MARK MOGLE.
FEATURING GREAT FALLS NATIONAL PARK
MAP BY LAURENCE FOONG AND DESIGN BY JEAN CARD

National Parks

GF Great Falls National Park

9200 Old Dominion Drive, McLean
www.nps.gov/grfa
Great Falls Park is open daily from 7 a.m. until dark. The Visitor Center and bookstore are open from 10 a.m. until 5 p.m. daily, spring through fall seasons. Picnic, hike along the Potomac River. Swimming and wading in the Potomac are prohibited.

GW George Washington Memorial Parkway

www.nps.gov/gwmp
703-289-2500
The GW Parkway includes more than 25 sites, ranging from historic homes to wildlife preserves. Join a ranger for a free program or explore sites independently. Some park sites, including Turkey Run Park, Theodore Roosevelt Island, Great Falls Park, etc., close at dark. The Parkway itself remains open 24 hours a day to vehicle traffic.

WT Wolf Trap National Park for the Performing Arts

1551 Trap Road, Vienna
www.nps.gov/wotr/
The only national park dedicated to presenting the performing arts. From May through September, multiple amphitheaters in the park present musicals, dance, opera, jazz, and popular and country music. Explore the park without the crowds from October - April. The Barns at Wolf Trap offer indoor entertainment through the winter months.

State Park

MN Mason Neck State Park

7301 High Point Rd. Lorton
www.dcr.virginia.gov/state_parks/mas.shtml#
703-339-2385 or 703-339-2380 (visitor center)
masonneck@dcr.virginia.gov
The park's visitor center was expanded in 2010 to include a new exhibit room, gift shop and meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

Regional Parks

BR Bull Run Marina Regional Park & Atlantis Waterpark

7700 Bull Run Drive, Centreville
www.nvrpa.org/park/bull_run/
www.atlantisbullrun.com/
703-631-0552
Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 through Nov. 11. Mini and disc golf open April through October. Hours vary. Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority family of Waterparks. Neptune Reef snack bar sells food, beverages and sweets.

CR Cameron Run Regional Park/Great Waves Waterpark

4001 Eisenhower Ave., Alexandria
www.nvrpa.org/park/cameron_run/
www.greatwaveswaterpark.com/
703-960-0767
Cameron Run Regional Park offers a variety of recreation facilities in an urban area, including Great Waves Water Park. Catch a wave in the wave pool, twist and turn down four-story water slides, take a plunge down speed slides, play with friends in the shallow waters of the play

pool. The park also features a deluxe miniature golf course, a nine-station batting cage, picnic shelters, and a special events pavilion.

CH Carlyle House Historic Park

121 N. Fairfax Street, Alexandria, VA 22314
www.nvrpa.org/park/carlyle_house_historic_park/
703-549-2997
The historic Carlyle House was completed in 1753 by British merchant John Carlyle for his bride, Sarah Fairfax of Belvoir, member of one of the most prestigious families in colonial Virginia. Their home quickly became a center of social and political life in Alexandria and gained a foothold in history when British General Braddock made the mansion his headquarters in 1755. On the National Register of Historic Places, Carlyle House is architecturally unique in Alexandria as the only stone, 18th-century Palladian-style house. Daily tours of the house, programs for schoolchildren, special events, exhibits and lectures explore the life and times of John Carlyle in pre-Revolutionary Alexandria. The site may be rented in the evenings for private functions and weddings.

FH Fountainhead Regional Park

7315 Ox Road, Fairfax Station
www.nvrpa.org/park/fountainhead/
703-250-9124
The observation deck of the Marina Building at Fountainhead commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.

HO Hemlock Overlook Regional Park

13220 Yates Ford Road, Clifton
www.nvrpa.org/park/hemlock_overlook/
800-877-0954; 571-281-3556;
Hemlock Overlook Regional Park offers a variety of outdoor and environmental education. Programs at Hemlock Overlook are open to the public and groups by reservation. Only the hiking and horse

trails may be used without prior arrangement.

MBC Meadowlark Botanical Gardens

9750 Meadowlark Gardens Court, Vienna
www.nvrpa.org/park/meadowlark_botanical_gardens/
703-255-3631
This 95-acre complex of large ornamental display gardens and unique native plant collections is open year round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin.

OR Occoquan Regional Park

9751 Ox Road, Lorton
www.nvrpa.org/park/occoquan/
703-690-2121
This park offers 400 acres of recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1-8 p.m., April 2 through Nov. 27. \$10 adults, \$5 children 12 and under, under age 4 are free.

PB Pohick Bay Regional Park & Pirates Cove Waterpark

6501 Pohick Bay Drive, Lorton
www.nvrpa.org/park/pohick_bay/
www.piratescovepohick.com
703-339-6102
Pohick Bay is located on the Potomac River, 25 miles south of the nation's capital. The boat launch facility is one of only three public access points to the Potomac River in northern Virginia. Pohick Bay offers canoes, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. The park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Peninsula is an ecologically fragile land that shelters an abundance of wildlife, including the bald eagle. Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove

Sources: National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Renée Ruggles.



also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

PB Pohick Bay Golf Course
10301 Gunston Road, Lorton
www.nvrpa.org/park/pohick_bay_golf_course
703-339-8585

This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

PO Potomac Overlook Regional Park & Nature Center
2845 Marcey Road, Arlington, VA 22207
www.nvrpa.org/park/potomac_overlook/
703-528-5406

On the Potomac Palisades in north Arlington, Potomac Overlook offers 70 acres of peaceful woodland, trails, educational gardens, a small picnic area and a Nature Center. The Nature Center features brand new exhibits called the "Energerium," offering visitors a fun and accessible way to learn energy basics and ways they can help create sustainable energy solutions. The Nature Center also houses live animals and natural history exhibits.

SR Sandy Run Regional Park
10450 Van Thompson Road, Fairfax Station
www.nvrpa.org/park/sandy_run/
703-690-4392

The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

UH Upton Hill Regional Park & Ocean Dunes Waterpark
6060 Wilson Blvd., Arlington
www.nvrpa.org/park/upton_hill/
www.oceanduneswaterpark.com/
703-534-3437 or UptonHill@nvrpa.org
Upton Hill Regional Park offers visitors a wooded oasis in the heart of the most densely populated area of Northern Virginia. A large outdoor water-park complex is a sparkling attraction in this wooded, urban park, which straddles the boundary line between Arlington and Fairfax counties. The deluxe miniature golf course boasts one of the longest mini golf holes in the world; the batting cages include nine baseball and softball cages. The park is open every day for hiking, picnicking, playing on the playground and enjoying the outdoors. Located within Upton Hill Regional Park, Ocean Dunes is loaded with fun features for adults and children.

Arts Center

LAC Workhouse Arts Center
9601 Ox Road, Lorton
www.lortonarts.org
703-584-2900

The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.

Major Fairfax County Parks

BLP Burke Lake Park & Golf Course
7315 Ox Road, Fairfax Station
volleyball, driving range, 18 hole, par 3, minigolf, trails, playground, campgrounds, fishing
883.4 acres, multiple resource park

CJP Clemyjontri Park
6317 Georgetown Pike, McLean
fitness, picnic areas and playgrounds
18.6 acres, special purpose park

ELP Ellanor C. Lawrence Park
5040 Walney Road, Chantilly
baseball, soccer/football (unlit), basketball (unlit), community center, nature center, amphitheater, trails
650 acres, multiple resource park

FPF Fryng Pan Farm Park
2717 West Ox Road, Herndon
historic structure, biking/equestrian/hiking trails, open areas, playground
135.3 acres, multiple resource park

GSB Green Spring Gardens
4603 Green Spring Road, Alexandria
Community Center, historic structure, biking/hiking trails, open areas, gardens
30.9 acres, special purpose park

HPP Hidden Pond Park
8511 Greeley Boulevard, Springfield
tennis (lit), nature center, amphitheater, hiking/nature trails, playground, fishing
25.6 acres, community park

HMP Huntley Meadows Park
3701 Lockheed Boulevard, Alexandria
nature center, historic structure, biking/hiking/nature trails, observation tower, boardwalk
1444.8 acres, natural resource park

LAP Lake Accotink Park
7500 Accotink Park Road, Springfield
basketball, volleyball, minigolf, trails, picnic
448.1 acres, multiple resource park

LFP Lake Fairfax Park
1400 Lake Fairfax Drive, Reston
softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters
479 acres, multiple resource park

FRA Lee District Park
6601 Telegraph Road, Franconia
softball, soccer/football, tennis, basketball, volleyball, trails, treehouse, sprayground, accessible playground
138 acres, district park

MDP Mason District Park
6621 Columbia Pike, Annandale
softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness
121.2 acres, district park

NWP Nottoway Park
9537 Courthouse Road, Vienna
baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic
90.9 acres, district park

RBP Riverbend Park
8700 Potomac Hill Street, Great Falls
nature center, historic structure, biking/equestrian/hiking trails, picnic areas, craft room
411.2 acres, multiple resource park

SRN Scotts Run Nature Preserve
7400 Georgetown Pike, McLean
historic structure, historic/hiking/nature trails, fishing
384.3 acres, natural resource park

SRD South Run District
7550 Reservation Drive, Springfield
baseball, soccer/football, basketball, tennis, recenter, equestrian, playground, swimming
196 acres, district park

WFP Wakefield Park & RECenter
8100 Braddock Road, Annandale
softball, soccer/football, basketball, tennis, recenter, biking, fitness trail, skate park
292.6 acres, multiple resource park



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NEWCOMERS & COMMUNITY GUIDE

New President To Lead Northern Virginia Chamber

Julie Coons, CAE will serve as the Northern Virginia Chamber of Commerce's next president and CEO effective Sept. 10.

Coons currently serves as chief operating officer of the Council of Better Business Bureaus based in Arlington. She brings to the Northern Virginia Chamber diverse experience leading regionally-focused business organizations, guiding financial and brand transformations, and successfully advocating for business in local, state, national and international arenas. Among her leadership roles, she served previously as president and CEO of the Electronic Retailing Association and, prior to that role, as president and CEO of the Maryland Tech Council.

The selection of Coons as the chamber's next president and CEO comes after a national search facilitated by The McCormick Group, a national executive search consulting firm, and led by the chamber's Search Committee, chaired by Kathy Albarado, CEO of Helios HR.

"After a comprehensive search process, we are pleased to have identified the best individual to lead the Chamber into its next season of growth, innovation, and member service," said Jennifer Siciliano, chief communications and external affairs officer, Inova, and chair of the Northern Virginia Chamber Board of Directors.

"The Northern Virginia Chamber has an outstanding reputation serving and representing Northern Virginia's robust business community," said Coons. "This is an exciting time for Northern Virginia and



Julie Coons

Greater Washington, and the chamber is well positioned to develop new and exciting opportunities for businesses from across our region to engage, interact, and lead."

The Northern Virginia Chamber of Commerce, the "Voice of Business in Northern Virginia," represents over 650 local employers with more than 500,000 regional employees. For 90-plus years, the Northern Virginia Chamber has been working hand-in-hand with companies

in the region to build a strong business community. To learn more about visit <http://www.novachamber.org> and follow the Northern Virginia Chamber on Twitter: @NOVACHamber

UPCOMING NOVA CHAMBER EVENTS

- ❖ Northern Virginia Regional Elected Leaders Summit, Aug. 29, at 8 – 10 a.m., Waddell Theater, Join the Northern Virginia Chamber of Commerce, Alexandria Chamber of Commerce, Arlington Chamber of Commerce, Loudoun County Chamber of Commerce, Prince William Chamber of Commerce, and the Northern Virginia Regional Commission for a roundtable featuring the mayor of the City of Alexandria, chairs of Fairfax, Loudoun, and Prince William counties, as well as the vice chair of Arlington County.
- ❖ Capital Region Business Forum, Sept. 6, at 7:30 – 9:30 a.m., Hilton McLean Tysons Corner, Virginia Gov. Ralph Northam, Maryland Gov. Larry Hogan and D.C. Mayor Muriel Bowser will discuss their plans to work cooperatively to bolster the regional economy.
- ❖ 2018 Virginia Senatorial Debate, Sept. 26, at 5 – 8 p.m., Capital One Bank, between U.S. Sen. Tim Kaine (D) and **Chairman** at-large of the Prince William Board of County Supervisors Corey Stewart (R). Chuck Todd of NBC's Meet The Press, will moderate, to be televised live on NBC4.

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On The Ballot

FROM PAGE 6

of Virginia also sets out specific types of property that may be exempted from taxation. For example, the Constitution of Virginia allows the General Assembly to permit localities to provide a partial exemption from real estate taxes as an incentive for property owners to make substantial improvements to existing structures by renovating, rehabilitating, or replacing those structures.

Proposed Amendment

The proposed amendment would authorize the General Assembly to allow localities to provide a partial tax exemption for real property that is subject to recurrent flooding, if improvements have been made on the property to address flooding. The General Assembly and participating localities would be allowed to place restrictions or conditions on qualification for the tax exemption.

"YES" vote will authorize the General Assembly to allow localities to provide a partial tax exemption for real property that is subject to recurrent flooding, if improvements have been made on the property to address flooding.

"NO" vote will not allow such a tax exemption.

State Ballot Question Two

Question: Shall the real property tax exemption for a primary residence that is currently provided to the surviving spouses of veterans who had a one hundred percent service-connected, permanent, and total disability be amended to allow the surviving spouse to move to a different primary residence and still claim the exemption?

Present Law

The Constitution of Virginia currently requires the General Assembly to exempt from taxation the principal place of residence of any veteran who has been determined by the U.S. Department of Veterans Affairs to have a 100 percent service-connected, permanent, and total disability. This tax exemption is also provided to the surviving spouse of such a veteran, so long as the surviving spouse continues to occupy that property as the surviving spouse's principal place of residence.

Proposed Amendment

The proposed amendment would allow the surviving spouse of any veteran who has been determined by the U.S.

Department of Veterans Affairs to have a 100 percent service-connected, permanent, and total disability to continue to claim the tax exemption currently provided, even if the surviving spouse moves to a new principal place of residence that is owned by the surviving spouse.

"YES" vote will allow these surviving spouses to move to a new principal place of residence that is owned by the surviving spouse and still claim the tax exemption.

"NO" vote will not allow such surviving spouses to move and still claim the tax exemption.

FAIRFAX COUNTY PUBLIC SAFETY BOND

TEXT: Shall Fairfax County, Virginia, contract a debt, borrow money, and issue bonds in the maximum aggregate principal amount of \$182,000,000 to provide funds, in addition to funds from public safety facilities bonds previously authorized, to finance, including reimbursement to the County for temporary financing for, the costs of public safety facilities, including the construction, reconstruction, enlargement, renovation and equipment of civil and criminal justice facilities, police training and operational facilities and stations, fire and rescue training facilities and stations, including fire and rescue stations owned by volunteer organizations, and the acquisition of necessary land?

\$73 million would be earmarked for improvements to four fire stations — Mount Vernon (\$16 million), Fairview (\$16 million), Gunston (\$13 million), and Seven Corners (\$13 million) — that are all 37 years or older. An additional \$15 million would be used to improve one of the eight volunteer stations that is more than 40 years old.

The Fairfax County Police Department would receive \$59 million: \$18 million to renovate and expand the Mason District Station which was built in 1975; \$18 million to renovate and upgrade its Criminal Justice Academy, and \$18 million to renovate, expand or replace the Police Evidence Storage Building used to store evidence for court cases, and also houses the warrant desk and the victim services section.

The Adult Detention Center needs \$45 million of improvements to three wings, including plumbing, electrical, HVAC, elevator and fire protection systems as well as security and camera equipment. \$5 million would be used to improve the Jennings Judicial Center.

NEWCOMERS



PHOTOS CONTRIBUTED

GreenFare Cafe Stand, from left: Mrs. Washington, DC, Co-Market Manager, and GreenFare proprietor Gwyn Whitaker.

The Reston Farmers Market — Gem at Lake Anne

It seems so long ago that the Reston Farmers Market had its humble beginning in the Lake Anne Village Center parking lot. A deserted Lake Anne sprang to new life that Saturday morning, May 5, 1998, when Founder Robert Simon, Del. Ken Plum and I opened Reston's first farmers market with a modest contingent of 12 vendors. The original idea for the Market came from Debbie Sphrentz. She organized a group calling themselves Friends of TOMATO (The Organic Market At Tall Oaks) and lobbied to establish it in her Tall Oaks neighborhood. But, Giant Food, then ruler of struggling Tall Oaks center, nixed the idea. Debbie turned to Lake Anne and, with support from Lake Anne Condo President Martha Green and the Fairfax County Park Authority as sponsor, got the necessary approvals. She went to Reston Association to seek a Market Master (then RA VP John Lovaas volunteered) and advertising help.

The Reston Farmers Market was warmly received and drew good crowds pretty much from day one. With our group of 12 local farmers on opening day, Lake Anne came alive. The RFM has grown steadily since.

We opened the 2018 season (April 21 to Dec. 1) with 30 vendors, plus tents for the Supplemental Nutrition Assistance Program (SNAP) and Fairfax Master Gardeners. Once the season is in full swing, we'll have 2,000, perhaps as many as 3,000 shoppers each

Saturday morning. It is number one in Fairfax County and among the best in the metro area. A totally separate crafts market operates on the Plaza next to RFM, giving Lake Anne Village Center the air of a grand bazaar each Saturday.

So, what fresh, local foods and homemade goodies will you find at the Reston Farmers Market? From the beginning the Market's heart and soul has been fruits and vegetables including organics. Varieties have grown dramatically — e.g. we offer 30 or more kinds of apples, peppers and tomatoes as well as a selection of eggplants, cabbages, squashes, even corn, that will amaze you.

Fresh dairy includes cow's milk and cheeses, ice cream, and goat cheeses. We have a great selection of meats: many cuts of beef and pork, chicken, goat, rabbit, and our low-fat, low cholesterol favorite-local water buffalo meat. Fresh caught seafood from the Chesapeake Bay and its tributaries, includes crabs, rockfish, oysters and more. Four bakers provide scrumptious breads, pastries, pies, cakes, and cookies. Other goodies include: honey, hummus, pickles, meat pies, and salads. Did we mention our colorful plants and flowers?

For more info, go to: www.restonfarmersmarket.com or call 703-429-1117.

—JOHN AND FRAN LOVAAS,
CO-MARKET MANAGERS

Grandparents and Me!



A day of discovery designed to strengthen the relationships between grandparents and grandchildren.

SUNDAY, SEPTEMBER 9
11:30 AM - 2 PM *Free event*

Chef-Prepared Lunch 11:30 AM - 1 PM
Petting Zoo with Squeals on Wheels 1 PM - 2 PM

Who? Children of all ages! Resident and local community families are welcome to attend this **free** event.

What? Join us for a delicious lunch and fun petting zoo!

Why? Bridge the generation gap and make memories.



RSVP to rsvp@talloaksal.com or call 703-834-9800.

Ask about our Junior Studio Apartment starting at only \$3,995/month (includes Level I Care)!

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2018-19 Concerts & Events

Out of the Shadows:
Music by Female Composers
Sunday, October 14, 4:00 pm
Guest Artists: Ysaye Barnwell & P. Lucy McVeigh
St. Luke Catholic Church, McLean

The Wonder of the Season
Saturday, December 1
4:30 and 7:30 pm
Guest Artists: Timothy King & Washington Symphonic Brass
Reston Community Center

Reston Sings!
Handel's Messiah
Tuesday, December 4, 7:30 pm
Chapel of St. John Neumann Catholic Church, Reston

Musique de Splendeur
Featuring Duruflé's *Requiem* & Poulenc's *Organ Concerto*
Sunday, March 17, 4:00 pm
St. Luke Catholic Church, McLean

We Are the World:
Songs of Peace & Justice
Saturday, May 4, 4:30 & 7:30 pm
Reston Community Center

A Star-Spangled Salute
Saturday, May 25, 7:00 pm
With Brass of the Potomac
Reston Town Center Pavilion

Gardens of Note
Saturday, June 1
10:00 am - 6:00 pm

Audition, Concert, Event & Scholarship Info at RestonChorale.org

The Reston Chorale

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PARKS

A GUIDE TO FAIRFAX COUNTY PARKS IN THE GREAT FALLS, RESTON & HERNDON AREAS

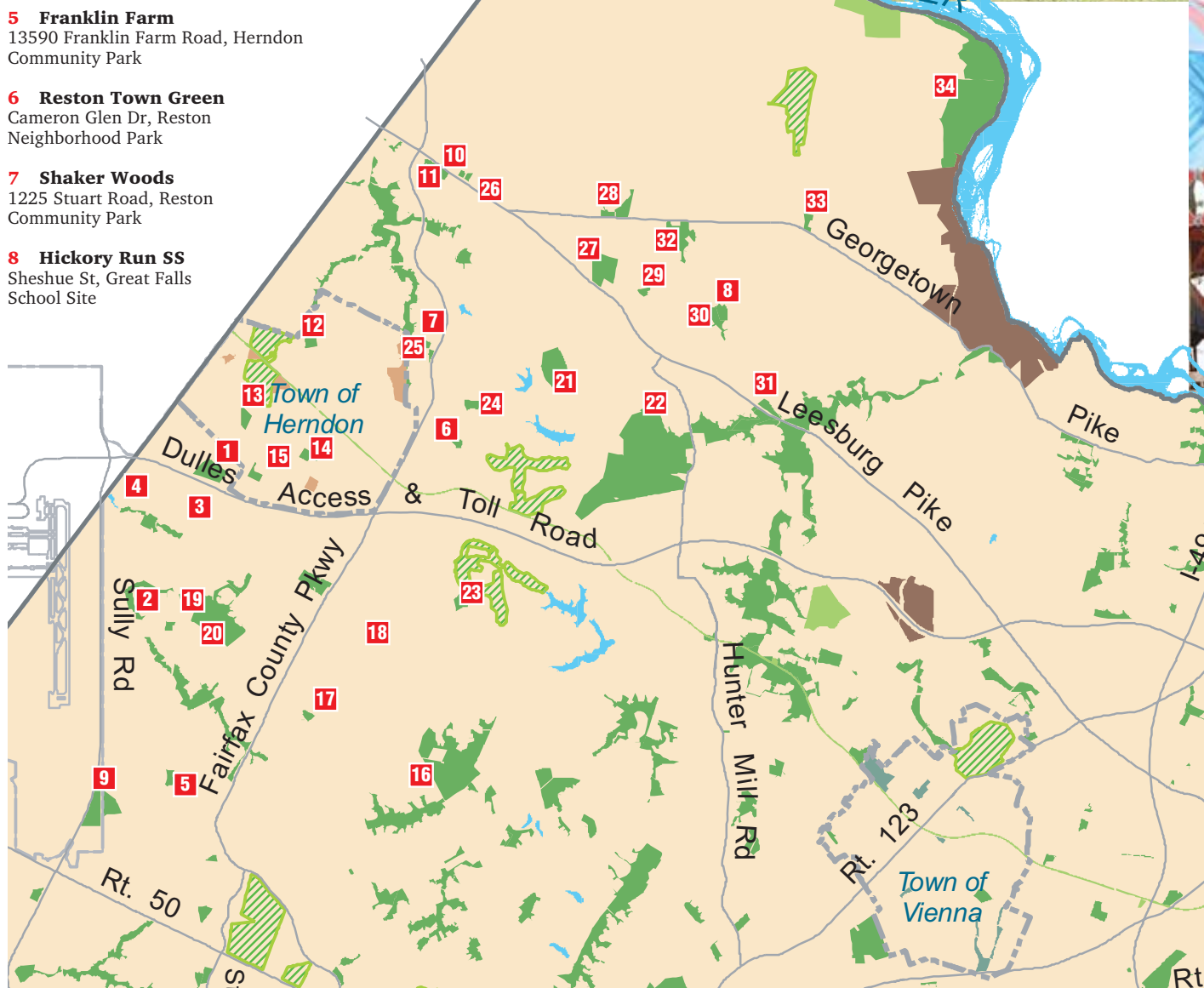
FILE PHOTOS BY RENÉE RUGGLES
 FEATURING LAKE FAIRFAX PARK &
 FRYING PAN FARM PARK
 MAP BY LAWRENCE FOONG; DESIGN BY JEAN CARD

Map Number Park Name

Address, City
 Property Class

- 1 Hutchison ES**
13209 Parcher Ave., Herndon
Community Park
- 2 Coppermine Crossing SS**
2744 Cooper Creek Rd, Herndon
School Site
- 3 Arrowbrooke**
2351 Field Point Road, Herndon
Community Park
- 4 Dulles Corner**
2446 Dulles View Drive, Herndon
Community Park
- 5 Franklin Farm**
13590 Franklin Farm Road, Herndon
Community Park
- 6 Reston Town Green**
Cameron Glen Dr, Reston
Neighborhood Park
- 7 Shaker Woods**
1225 Stuart Road, Reston
Community Park
- 8 Hickory Run SS**
Sheshue St, Great Falls
School Site

- 15 Chandon**
900 Palmer Drive, Herndon
Community Park
- 16 Fred Crabtree**
2801 Fox Mill Road, Herndon
District Park
- 17 Franklin Oaks**
2961 Franklin Oaks Drive, Herndon
Neighborhood Park
- 18 Stratton Woods**
2431 Fox Mill Road, Reston
Community Park



- 9 Sully Historic**
3650 Historic Sully Way, Chantilly
Cultural Resource Park
- 10 Dranesville Tavern**
11919 Leesburg Pike, Herndon
Cultural Resource Park
- 11 Grand Hamptons**
1081 Safa Street, Herndon
Neighborhood Park
- 12 Stanton**
910 Third Street, Herndon
Community Park
- 13 Alabama Drive**
1100 Alabama Drive, Herndon
Community Park
- 14 Bruin**
415 Van Buren Street, Herndon
Community Park

- 19 Floris School Site**
2621 Centreville Road, Herndon
Community Park
- 20 Frying Pan Farm**
2717 West Ox Road, Herndon
Multiple Resource Park
- 21 Baron Cameron**
11300 Baron Cameron Avenue, Reston
District Park
- 22 Lake Fairfax**
1400 Lake Fairfax Drive, Reston
Multiple Resource Park
- 23 South Lakes Drive**
11851 South Lakes Drive, Reston
Community Park
- 24 Reston North**
1635 Reston Parkway, Reston
Community Park

- 25 Stuart Road**
12001 Lake Newport Road, Reston
Community Park
- 26 Holly Knolls**
1010 Redberry Court, Great Falls
Neighborhood Park
- 27 Great Falls Nike**
1089 Utterback Store Road, Great Falls
District Park
- 28 Windermere**
11000 Georgetown Pike, Great Falls
Community Park
- 29 Lockmeade**
1104 Riva Ridge Drive, Great Falls
Community Park
- 30 Lexington Estates**
10401 Sheshue Street, Great Falls
Neighborhood Park

- 31 Colvin Run Mill Site**
10017 Colvin Run Road, Great Falls
Cultural Resource Park
- 32 The Turner Farm**
925 Springvale Road, Great Falls
Community Park
- 33 Great Falls Grange**
9818 Georgetown Pike, Great Falls
Community Park
- 34 Riverbend**
8700 Potomac Hill Street, Great Falls
Multiple Resource Park



About Reston Experience: Places, Events, Concerns

New and longtime residents in Reston share their viewpoints about places, events and happenings.

Susan Rose, co-owner of Restoration Massage in Herndon, Reston resident since 1976



Favorites: “I send people to the Lake Anne Coffee Shop and the Lake Anne Brew House. I love the Jazz Festival on Labor Day Weekend. This year it is on Sept. 1. Lake Anne is iconic Reston; unlike Reston Town Center, Walker Nature Center is one of Reston’s best-kept secrets.”

Concerns: “I am concerned if Amazon comes here as there will be so much traffic, and with all the growth and density, there will be stress on our resources. I am not

opposed to change; it is just happening too fast without consideration for the impact.”

Event Notices: “I find out about many events through social media but I’ve lived here a long time, so I know what’s coming. On occasion, I do forget. I would like to add, I am a member of the Reston Runners. They are not all runners. They have a huge walkers group and a walker-runner group. This is my social club. Also, the Jo Ann Rose Gallery located at the Reston Community Center is named after my mother. The gallery offers a range of different exhibits by local and regional artists with many works for sale.”

Mia Nelson, Researcher Cyber Security, 10 years in Reston



Favorites: “There are trails; I am a runner. The Northern Virginia Fine Arts Festival at Reston Town Center and the Reston CenterStage concerts during the holidays. Reston Town Center even plays classical music through their speakers.”

Concerns: “The Reston Association Board.”

Event Notices: “I learn about things through word of mouth, but sometimes I just know.”

Favorites: “I like the Bow Tie Cinemas at Reston Town Center. The Center is my favorite place. The people look as if they like living here; you can see it in their faces. They are happy to live in Reston and not because they work here. I like Music Spectrum School for the Arts. We are going there and bike everywhere in Reston. Whether you are walking or driving, it is very safe here even at night. There is no loitering. The schools are very highly rated.”

Concerns: “No concerns.”



Reazul Islam, Reston resident cycling at Reston Town Center with his sons Ahwanith, 11, (left) and Arjav, 12, (right).

—MERCIA HOBSON

Favorites: “The Lake Anne Farmers Market, Lake Fairfax Park in Reston 4th of July Fireworks, Love Your Body Yoga Festival in June at Reston Town Center, and all the shade and trees in Reston.”

Concerns: “Honestly, I love Reston. Planned communities tend to do well even though some of the original infrastructure has gotten old and needs a refresh, such as roads and parking lots.”

Event Notices: “Social media and person-to-person word of mouth. I would like to add, Reston was a great place to be a kid and a teen. It offered security for parents. We would ride the bus system. There were things for kids to do to keep us out of trouble.”



Terra Saunders, Founder of della Terra Skin and Hair Care, longtime Reston resident

Favorites: “I like the proximity to nature, the walking paths and the diversity.”

Concerns: “I am afraid Reston will be overmined. It is going to turn into a Bethesda with high-rise buildings, density and less diversity. I do not want Reston to become less diverse socially and economically. Traffic is a concern. I moved out of Vienna because of it, and I am afraid Reston will turn to Vienna gridlock.”

Event Notices: “When I come to the plaza, I see flyers and posters and those remind me of events.”



Linda Falkerson, longtime Reston resident with her visiting grand nieces, Adriana, 8, and Isabella, 10, who said she likes the history in Reston.

Favorites: “Lake Anne, I wander around here and take walks. I love the architecture in the area. It is the best I’ve seen of mid-century modern. And I like seeing the dogs everywhere.”

Concerns: “The price of housing and gas.”

Event Notices: “I find out about things accidentally.”



Elizabeth Storm, Office Manager, 3 months in Reston

SEE RESTON EXPERIENCE, PAGE 7

Celebrating Women's Equality

BY JUDY HELEIN AND ANU SAHAI
CO-PRESIDENTS
LEAGUE OF WOMEN VOTERS OF THE FAIRFAX
AREA

On Aug. 26, our nation celebrates Women's Equality Day. This day recognizes the ratification of the 19th Amendment to the U.S. Constitution, giving women the right to vote.

Many fearless and dedicated women suffered jail time, physical assaults by the police and spectators (at demonstrations), as well as insults, during the struggle for voting rights. This struggle spanned more than seven decades. However, it was not until 1973 that Congress

by resolution designated this day as "Women's Equality Day."

The League of Women Voters was founded in 1920 by Carrie Chapman Catt, president of the National American Woman Suffrage Association, during its convention which was held six months before the ratification. She was a women's rights activist and a suffragist, who stated correctly that the vote was the "emblem of equality" for all citizens, women and men.

The League of Women Voters of the Fairfax Area (LWVFA) celebrates the fact that in 2018 there are 38 female legislators in the General Assembly as compared to 24 in 2015, an increase of 14. Although the LWVFA does not endorse any candidates, we recognize this historical achievement.

The LWVFA is a non-partisan organization. It provides voter services such as voter registration for first time voters, updating registration for people who have moved or had name changes and citizen education. LWVFA also advocates and takes action at the state and local levels for particular policies that are in the public interest such as Election Reform, Voting Rights, Redistricting Reform, Firearms Safety, Transportation and Behavioral Health. To learn more about the League of Women Voters of the Fairfax Area, please go to its website, www.lwv-fairfax.org.

The League of Women Voters of the Fairfax Area is a non-partisan political organization that encourages informed and active participation in government, works to increase understanding of major public policy issues.

COMMENTARY

Stop Isolating the Children

BY KENNETH R.
"KEN" PLUM
STATE DELEGATE (D-36)

The federal administration policy of breaking up families as an intentional strategy aimed at refugee families has shocked the conscience of most Americans. Taking innocent children out of the arms of their mothers or fathers and shuffling them off to a "facility" without any explanation or known plans for their future has to be one of the cruelest acts of the federal government ever and is completely abhorrent to the moral standards of most Americans.

At the same time we condemn these evil acts of a misdirected federal agency and work in every way in the courts and through the ballot box to get these policies changed, it is important that the subject of isolating children be viewed in its larger context.

As more is learned about the traumatic effects separation and isolation can have on the future emotional stability, mental health, and behavior of children, the necessity of reforming the way that our juvenile justice system functions becomes obvious.

Information gathered by The Commonwealth Institute shows that almost three-quarters of youth who have been held in the state's juvenile prisons are convicted of another crime within three years of release. Data shows the longer a child is held in a facility the more likely it is they will



COMMENTARY

commit a crime. (www.thecommonwealthinstitute.org)

I recently talked with Valerie Slater who heads RISE for Youth: United Families, Safe Communities on

my television show "Virginia Report." Listen to that conversation on YouTube. She points out that racial disparities in Virginia's juvenile system are higher than the national average. In Virginia, black youth are seven times more likely to be incarcerated than their white peers, and youth of Latino heritage are 2½ times more likely to be incarcerated than their white peers. Likewise, the higher the rate of poverty in their community the more likely children are to be sent to youth prisons. As Valerie wrote recently, "we must dismantle, once and for all, the systems that allow the institutionalization of children. The best way to protect and rehabilitate children is to ensure their parents are the foundation of their support, whether in their homes, communities or suitable community-based environments. There are community-based alternatives to youth prisons that work better, cost less, and help young people get the support they need to get back on track." (www.riseforyouth.org)

At the recent meeting of the

SEE PLUM, PAGE 18



North Umpqua River near the Steamboat Inn: Photo taken from the bridge over the North Umpqua!.

PHOTO CONTRIBUTED

August Getaway to Oregon

BY JOHN LOVAAS
RESTON IMPACT
PRODUCER/HOST

Finally, it was August and time for our long-planned escape with family to scenic Oregon, a state we'd not visited. The impetus for the trip came from my two surviving younger sisters, one of whom made our reservations at Crater Lake National Park over a year ago. The spectacularly beautiful wonder of nature was to be the centerpiece of a 12-day trip which also included touring part of the Oregon Pacific coast and stays at Gold Beach, Ashland,



INDEPENDENT
PROGRESSIVE

Steamboat and Eugene.

Oregon had appeal not only because it was new to us, but also because it seemed likely to be a nice change from

metro Washington in the dog days of August. However, sad to say it turned out Oregon was busy breaking high temperature records during our visit, including a couple of days of temps over 100 degrees F over most of the state. Worse,

SEE LOVAAS, PAGE 18

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An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

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ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday.

WEDNESDAY/AUG. 15

Dog Days of Summer. 4-7 p.m. in the Pavillion at Reston Town Center. Dogs and owners can frolic in the Pavilion when it is transformed into an off-leash play area each week. Treats, toys, areas to cool off, pet-friendly giveaways, and more. Free. Visit restontowncenter.com.

Get Woke! Book Club. 7 p.m. at Scrawl Books, 11911 Freedom Drive, Reston. This progressive book club focuses on reading titles that cover timely political issues. The August meeting will focus on a discussion of housing access and incarceration and how those issues are connected. Attendees are asked to read either "Evicted" by Matthew Desmond or "The New Jim Crow: Mass Incarceration in the Age of Colorblindness" by Michelle Alexander. Free. Visit www.scrawlbooks.com or call 703-966-2111.

THURSDAY/AUG. 16

Learn How to Ride the Bus and the Metro. 10 a.m.-1:30 p.m. meet at RA Headquarters. Become familiar with the regional transit systems. Learn how to read bus schedules and route maps, how to determine and pay fares, how to signal the driver to stop, as well as other travel skills. Stop at the Silver Line, and learn how to determine the fare and purchase Metrorail fare cards, read the rail system map and board the train to travel by rail. Free. 55+. Registration required: 307221010. Visit www.reston.org.

Life on the Farm. 4-5 p.m. at Frying Pan Farm Park, 2739 West Ox Road, Herndon. Play an active role in helping care for Frying Pan Farm Park in the monthly "Junior Farmer Fun" program. Family members age 5 to adult explore topics such as caring for farm animals, tinkering with farm machinery, and learning the importance of Frying Pan's crops and gardens. There's a new topic each session as participants go behind-the-scenes to help farmers with their work. \$7 per person. Children must be accompanied by a registered adult. Call 703-437-9101 or visit www.fairfaxcounty.gov/parks/frying-pan-park.

ALS Association Fundraiser. Not Your Average Joe's, 1845 Fountain Drive, Reston. Every Thursday in August, NYAJ's donates 15 percent of the bill to The ALS Association. Diners must tell their server "I want to help fight ALS" for bill to count towards donations. Visit webdc.alsa.org/goto/margespeeps.

WEDNESDAY/AUG. 22

The Wednesday Morning Book Club: The Intersection of Past and Present. 9 a.m. at Scrawl Books, 11911 Freedom Drive, Reston. Book Club focusing on biography, memoir and history. In August, the group will discuss, "Americans in Paris: Life and Death Under Nazi Occupation" by Charles Glass. Free. Visit www.scrawlbooks.com or call 703-966-2111.

Meet Me at the Movies. 10 a.m., doors open 9:15 a.m. at Bow Tie Cinemas, 11940 Market St., Reston. Reston Association presents a feature film. Refreshments and door prizes provided prior to movie. Free to 55+. Email Ashleigh@reston.org, call 703-435-6577, or visit reston.org.

Dog Days of Summer. 4-7 p.m. in the Pavillion at Reston Town Center. Dogs and owners can frolic in the Pavilion when it is transformed into an off-leash play area each week. Treats, toys, areas to cool off, pet-



The free, weekly event Dog Days of Summer is held in the Pavillion at Reston Town Center, Wednesdays, 4-7 p.m. through Sept. 26.

Dog Days of Summer

Dogs and owners can frolic in the Pavilion when it is transformed into an off-leash play area each week. Treats, toys, areas to cool off, pet-friendly giveaways, and more. Wednesdays, 4-7 p.m. through Sept. 26 in the Pavillion at Reston Town Center. Free. Visit restontowncenter.com for more.

friendly giveaways, and more. Free. Visit restontowncenter.com.

THURSDAY/AUG. 23

ALS Association Fundraiser. Not Your Average Joe's, 1845 Fountain Drive, Reston. Every Thursday in August, NYAJ's donates 15 percent of the bill to The ALS Association. Diners must tell their server "I want to help fight ALS" for bill to count towards donations. Email kpcuddihy@gmail.com or visit webdc.alsa.org/goto/margespeeps.

Lunch in the Park at GRACE. Noon-1 p.m. at GRACE, 12001 Market St. #103, Reston. Bring a lunch to the GRACE gallery and enjoy a Creative Response session about the current exhibition, Building Worlds. Produced by Reston Town Center Association and Reston Community Center. Free and open to the public. Visit restonarts.org.

FRIDAY/AUG. 24

Frankie Valli & the Four Seasons at Wolf Trap. 6:15-11 p.m., bus pick up at RA Headquarters, 12001 Sunrise Valley Drive, Reston. Frankie Valli, is the street corner Jersey kid who came to fame in 1962 as the lead singer of the Four Seasons. Seats are located in the Prime Rear Orchestra section. 55+. \$85/RA members, \$98/non-members. 307221610. Visit www.reston.org.

Summerbration Concerts. 7-9 p.m. at Reston Station, in the open-air plaza atop Wiehle-Reston East Metro. Don't just watch, get up and learn dance steps from a pro at Reston Community Center's Summerbration featuring The Swingin' Swamis with swing dancers (dancing and instruction). Parking is free in the ParkX parking garage from 6:30-9:30 p.m. during the concerts. Visit www.restoncommunitycenter.com or call 703-390-6166.

SATURDAY/AUG. 25

Family Day. 1-3 p.m. at GRACE, 12001 Market St. #103, Reston. Greater

Reston Arts Center opens its doors for a free day of family art making and exploration in the gallery. All ages. Free and open to the public. Visit restonarts.org.

Concerts on the Town: Landau Eugene Murphy, Jr. 7:30-10 p.m. (rain or shine) at Reston Town Center. These family-friendly concerts include a wide range of musical styles including Motown, swing, blues, jazz, Latin fusion, Celtic, bluegrass and zydeco and take place every Saturday night through Aug. 25. Free. Visit www.restontowncenter.com.

SUNDAY/AUG. 26

Reston Century Bike Tour. 6:30 a.m.-5 p.m. Riders select 33, 66 or 102 mile routes starting and ending at Reston Town Center. Rain or shine. Post-ride party in the Pavilion with food and music for participating cyclists. Register online at restonbikeclub.org.

2018 Reston Youth Splash and Dash. 8:30 a.m. CORE Foundation presents the inaugural Reston Youth Splash and Dash in cooperation with the Reston Association. This fun-filled community event will offer a perfect introduction to triathlon featuring a swim / run combination for children aged 6-15. Visit corefoundation.raceentry.com/race-reviews/reston-splash-and-dash to register.

Wytold & Gina Sobel. 5-7 p.m. at ArtSpace Herndon, 750 Center St., Herndon. Wytold is a DC-based composer and cellist who has performed his original compositions with the National Symphony Orchestra several years in a row, in collaboration with GRAMMY-nominated progressive hip-hop artist Christylez Bacon. Gina Sobel is known for her improvising prowess on flute, and is an accomplished vocalist, saxophonist and composer. \$20. Visit www.artspaceherndon.org.

MONDAY/AUG. 27

Little Hands Have Big Fun. 9:45-

10:30 a.m. (ages 2-3); 11-11:45 a.m. (ages 3-5) at Frying Pan Farm Park, 2739 West Ox Road, Herndon. Preschoolers can have big fun in the "Little Hands on the Farm" program. Children, 2-5 years old, are invited to come to the Kidwell Barn classroom to learn all about farm animals and farm chores and enjoy a story, craft or game. \$8 per child, and an adult must attend with the child. Pre-paid reservations are required. Call 703-437-9101 or visit fairfaxcounty.gov/parks/frying-pan-park.

WEDNESDAY/AUG. 29

Hunter Mill Road Historical Tour. 8:30-11:30 a.m. bus pick up at RA Headquarters, 12001 Sunrise Valley Drive, Reston. Join a narrated bus tour conducted by local historian/tour guide Jim Lewis. Although focused on the Civil War era, the tour covers some 275 years. Participants will be getting off and on the bus to check out our treasures up close. 55+. \$35/RA members, \$42/non-members. Program 307221027. Visit www.reston.org.

Dog Days of Summer. 4-7 p.m. in the Pavillion at Reston Town Center. Dogs and owners can frolic in the Pavilion when it is transformed into an off-leash play area each week. Treats, toys, areas to cool off, pet-friendly giveaways, and more. Free. Visit restontowncenter.com.

THURSDAY/AUG. 30

ALS Association Fundraiser. Not Your Average Joe's, 1845 Fountain Drive, Reston. Every Thursday in August, NYAJ's donates 15 percent of the bill to The ALS Association. Diners must tell their server "I want to help fight ALS" for bill to count towards donations. Email kpcuddihy@gmail.com or visit webdc.alsa.org/goto/margespeeps.
Author Ariel Kaplan. 7 p.m. at Scrawl Books, 11911 Freedom Drive, Reston. "We Regret To Inform You" is a witty, heartfelt Young Adult novel that puts the college admissions process into perspective. Visit

www.scrawlbooks.com or call 703-966-2111.

FRIDAY/AUG. 31

JamBrew. 6 p.m. at Jimmy's Old Town Tavern, 697 Spring St., Herndon. Local music and local brews, featuring Sub-Radio and Crys Matthews with brews from Ono Brewing Company. Visit jambrew.com.

Summerbration Concerts. 7-9 p.m. at Reston Station, in the open-air plaza atop Wiehle-Reston East Metro. Reston Community Center's Summerbration featuring Chris Vadala with the Rick Whitehead Trio. Parking is free in the ParkX parking garage from 6:30-9:30 p.m. during the concerts. Call 703-390-6166 or visit restoncommunitycenter.com.

SATURDAY/SEPT. 1

Entry Deadline: 10th Annual Expressions Portrait Competition and Exhibit. 5 p.m. Preference will be given to works adhering to the traditional definition of portraiture: "a painting, sculpture, or other artistic representation of a person, in which the face and its expression is predominant." Up to 25 finalists will be selected to exhibit their work at ArtSpace Herndon. \$35 (non-refundable) for up to two entries. Visit ArtSpaceHerndon.org and select the Calls for Art page for eligibility details and registration information.

MONDAY/SEPT. 3

Labor Day Festival. 11 a.m.-5 p.m. Downtown Herndon and Herndon Municipal Center Town Green, 777 Lynn St., Herndon. An annual one-day outdoor street festival featuring live music all day, Virginia wineries, craft beers, a craft show, sponsorship gallery, and a variety of food vendors. Partial proceeds go to scholarship programs. Admission with wine tasting or craft brew tastings (4 craft brew tickets) - \$25; entrance only, designated drivers - \$5; children 12 and under free; no pets allowed; tastings end at 4 p.m. Call 703-787-7300 or visit herndon-va.gov/recreation.

WEDNESDAY/SEPT. 5

55+ Bike Ride to Capitol Hill. 9:30 a.m.-3 p.m. at Wiehle-Reston East Metro Station. Join the 55+ bike riders for a multi-modal ride to Capitol Hill and the surrounding area. Meet at Reston's Wiehle Metro station and take the metro into the city. Bring a bike in good repair, a Metro pass or money to buy one, some money for lunch in DC and a lock. Helmets are mandatory. The biking distance will be about 15 miles. \$8/RA members, \$10/non-members. Program 307220701. Visit www.reston.org.

Dog Days of Summer. 4-7 p.m. in the Pavillion at Reston Town Center. Dogs and owners can frolic in the Pavilion when it is transformed into an off-leash play area each week. Treats, toys, areas to cool off, pet-friendly giveaways, and more. Free. Visit restontowncenter.com.

THURSDAY/SEPT. 6

Trip to Paradise Springs and The Winery at Bull Run. 11 a.m.-4 p.m. Bus pick up at RA Headquarters, 12001 Sunrise Valley Drive, Reston. Paradise Springs Winery has a large tasting room with seating indoors and on the outdoor patio. The Winery at Bull Run has an authentic style 19th century setting. Wine tastings not included. Pack a picnic. 55+ \$25/RA members, \$32/non-members. Program 307221604. Visit www.reston.org.

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Employment

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NEWS

Run, Throw or Dive and Use Your Brain in NVSO

Northern Virginia Senior Olympics returns Sept. 15.

BY SHIRLEY RUHE
THE CONNECTION

Only \$13 registers you in the Northern Virginia Senior Olympics (NVSO) unless you compete in 13 different categories like Charles Toftoy. At \$2 for each event, it costs him \$39 for registration plus event participation. Several events require additional fees. At 83-years-old, Toftoy has been competing in NVSO for many years. His current favorite event is pickleball which is a national favorite.

This year NVSO begins Saturday, Sept. 15 with the opening ceremony at 9 a.m. followed by track, rowing and diving events. NVSO ends Sept. 26 with pickleball, yo-yo and bunko. In between there is everything from softball hit and throw, tennis doubles, swimming and track events, mini-javelin, volleyball and cornhole toss. New events this year include beach ball wallyball, canasta and croquet.

Events will be held at 29 different parks, recreation centers and sports courts including Fairfax Senior Center-Green Acres, Thomas Jefferson Community Center, Wakefield District Park, Northern Virginia Badminton Club, The Jefferson, Prince William Golf Course, and St. Andrews Episcopal Church.

Participants are required to be 50 years old or older and to reside in the cities of Alexandria, Falls Church or Fairfax or the counties of Arlington, Loudoun, Fairfax, Fauquier, or Prince William. Most competi-



FILE PHOTOS BY SHIRLEY RUHE

Northern Virginia Senior Olympics competitors

tions are held by age group and divided between men and women.

Registration ends postmarked Aug. 31 for regular mail and Sept. 3 for online registration at www.nvso.us.

Volunteers are also welcomed. To volunteer at event, call RSVP at 703-403-5360 or email RSVP@volunteerfairfax.org.

Plum

FROM PAGE 16

National Conference of State Legislatures (NCSL) I learned of the important work being done by a committee in NCSL to identify the principles that states should adhere to in reforming their juve-

nile justice systems. It is being demonstrated in states that it is possible to reform the system to reduce crime and recidivism, enhance public safety, and produce good citizens from those who in the past may have been referred to as criminals. I am pleased that Virginia is making improvements,

but we must stay vigilant to continue progress.

As a nation of high moral standards, we must insist that the youngest and most vulnerable among us have an opportunity to succeed even if they are in our poorest communities or seeking asylum for their safety among us.

Lovaas

FROM PAGE 16

when we got up to Crater Lake, at 7,000 feet above sea level, the smoke was so dense from huge forest fires raging northeast, south and southwest of Crater Lake that the lake was not even visible. During our 3-day stay, we only saw the lake about a day and a half, even then with the acrid smell of smoke.

We made the best of it and were able to take a lovely ranger-guided bus tour around the 33-mile perimeter of the lake, which is one of the most beautiful bodies of water on the planet. We also took a couple of interesting hikes.

From Crater Lake, we planned to go southwest to Ashland, another lovely forested area, famous

for its outdoor Shakespeare Theatre. However, we got word that the situation was worse there. The smoke-filled air due to another fire raging nearby was rated "extremely hazardous" to human health and the air temperature was between 100 and 105. We decided unanimously to scratch Ashland from the itinerary and drive north to the charming, modern Steamboat Inn on the North Umpqua River for a couple of days.

That turned out to be a great decision: 75 miles, a 6,000-foot drop in elevation and being located on a beautiful trout and salmon river made all the difference. The air was cool and clear and the conifer forest amazing. And, our cabin in those woods was nicely air-conditioned.

I should note other high points of what turned out overall to be wonderful because of those places and the quality time we had with family (my younger sisters and their husbands), whose company we greatly enjoy. We spent three days in a spectacular home overlooking Gold Beach at the mouth of the Rogue River. We hiked along the magnificent Pacific beaches and took an exciting fast flat boat ride forty miles up the River. We saw bald eagles, scores of ospreys, and many kinds of waterfowl.

Our last stop was Eugene, Ore., home of the Oregon University Ducks and 52 cannabis outlets! We went into one fine emporium and were given a basic course on their inventory and suggestions for uses of their wide variety of product.

BULLETIN

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

VOTER REGISTRATION AND ID EVENTS

The Fairfax County Office of Elections (12000 Government Center Parkway Suite 323, Fairfax) is open daily during normal business hours to provide county residents the opportunity to register to vote or obtain a free voter photo ID if needed. Applicants will need to complete a photo voter ID application, have a photo taken and sign a digital signature pad. Call 703-222-0776.

The following special events will also provide opportunity to register to vote and/or get a photo Virginia Voter card.

❖ Wednesday/Sept. 26, 10 a.m.-2 p.m., Herndon Senior Center, 873 Grace St #1, Herndon.

VOLUNTEERS WANTED

AARP Foundation Tax-Aide is looking to expand its team of volunteers for the upcoming tax season. Tax-Aide, now in its 51st year, offers free in-person preparation and assistance to anyone, especially those 50 and older, who can't afford a tax preparation service. Volunteers make a difference in their communities by assisting many older, lower-income taxpayers, and their families, who might otherwise miss out on the tax credits and deductions they've earned. To learn about volunteer opportunities, visit aarpfoundation.org/taxaide or call 1-888-OUR-AARP (1-888-687-2277).

MENTAL HEALTH SERVICES

The Fairfax-Falls Church Community Services Board's Merrifield Center offers a new stand-up information kiosk. Part of a pilot project, the new feature aims to improve the customer service experience and decrease wait times for individuals who are seeking mental (behavioral) health services. To check in, individuals respond to five simple questions, then the CSB's Patient Track software alerts staff. Based on clinicians' schedules and availability, as well as the needs of the client, individuals are triaged and seen by the next available staff member. For more information on available services, call the CSB at 703-383-8500 (Monday-Friday, 9 a.m.-5 p.m.). In an emergency 24/7, call CSB Emergency Services at 703-573-5679 or the Fairfax Detox Center at 703-502-7000 (TTY 703-322-9080).

WEDNESDAY/AUG. 22

2018-2019 Social Media Trends. 8:30-10 a.m. at Greater Reston Chamber of Commerce, 886 Metro Center Drive, Suite 230, Reston. With 4 billion people around the world now online, new digital behaviors are emerging. To keep up, business owners need to rethink their strategies, create new capabilities, and quickly adapt. Rachel Adler will present her expert analysis of the major trends in digital and social and share how businesses can take advantage of the biggest opportunities in 2018 into 2019. Visit restonchamber.org for more.

SUNDAY/AUG. 26

End-of-Summer Brunch. 10 a.m.-noon at Congregation Beth Emeth, 12523 Lawyers Road, Herndon. Looking for a friendly Jewish community in Northern Virginia? Activities for all ages; bagels, cream cheese and drinks provided; RSVP and sign up to bring a dairy/parve dish at bethemeth.org/brunch. (Prospective members don't need to bring anything, but should RSVP). Free. Call 703-860-4515, ext. 101 or visit bethemeth.org/brunch.

WEDNESDAY/AUG. 29

Northern Virginia Regional Elected Leaders Summit. 8-10 a.m. at Northern Virginia Community College's Loudoun Campus in Waddell Theater, 21200 Campus Drive, Sterling. The event will feature elected officials from across the area, including Arlington County Board Chair Katie Cristol, Fairfax County Board of Supervisors Chairman Sharon Bulova, Loudoun County Board of Supervisors Chair Phyllis Randall, Prince William County At-Large Chairman Corey Stewart, and Alexandria Mayor Allison Silberberg. \$50 for members of the co-hosting chamber groups; \$70 for non-members. Register at bit.ly/2w0Fflr.

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When Did This Happen?



By KENNETH B. LOURIE

I remember conversations regularly occurring between me and some other person, presumably older (if heard over the phone) or in person if my sight and senses didn't deceive me, where the question was asked to me: "You're probably too young to remember?" concerning any number of subjects. Now, I'm asking the identical question, and I don't think my sight or senses are deceiving me, though they are refracted, so to speak.

Somehow, I'd like to believe that despite the obvious passage of time, I am, to quote Bob Dylan from his song "My Back Pages," included on his "Another Side of Bob Dylan" album released in 1964: "Ah, but I was so much older then, I'm younger than that now."

I wish.

I may be wiser and full of perspective, but despite flowery lyrics, I am older – just check the calendar. Father time waits for no man – or woman. As years pass, the pages turn and you simply aren't the person you used to be (or thought you were).

Benjamin Button may have gotten younger (aged in reverse, having been born an old man), but for the rest of us, we may feel that "youth," as they say, "is wasted on the young." Nevertheless, none of us is getting any younger.

Moreover, to quote Charles Franklin: "No one gets out of this life alive." (Although, I swear I remember my late mother attributing that quote to the legendary screen actress, Bette Davis.)

Life goes on is the short version, and through that passage of time, at some point, apparently you're addressed respectively as "Mister" and "Sir," and doors are opened/held, seats are offered and accommodations made. And when I have those random conversations with strangers – to pass that time or even with people with whom you have a familiarity, more and more of those people are younger than I am and I find myself asking/presuming if they know what past event, historical fact, popular culture reference or sports memory, etc., I am even referring to. And as often as not, they don't.

What's odd – or lost on me because I'm loathe to admit it, is that the former "questioner" – yours truly – has become the current questioner – again yours truly. As is becoming abundant clear, where I was once ascending, I am now descending.

This has nothing to do with my last few cancer columns. It has to do with my birth year: 1954. Meaning, as the birthday card jokes on the front cover "I wouldn't say you were old this year" to the inside-of-the-card slam: "Hell, you were old last year."

It just seems/feels that this juxtaposition of the "space-time continuum" ("Star Trek: Voyager") time/age relative to others has happened in a blink (nanosecond) and that blink is a tell. And no matter what I do to counter that impression, I can't stop it. It seems that tell has become a tell all.

And since I'm telling all, dealing with one's own mortality for as long as I have been: Feb. 27, 2009, the official date of my non-small cell lung cancer diagnosis, has certainly had its share of wear and tear, emotionally and physically.

For me – or for any of you regular readers to think that this unexpected journey has not been fraught with before, during and after side effects – and main effects, up and down and all around, is unrealistic at best and delusional at worst. And since I'm rarely delusional except when it comes to the Boston Red Sox, it must be unrealistic.

But maybe being unrealistic is what has taken me nine years and nearly six months past my original diagnosis. If that's the reason, I see no reason to change now, age notwithstanding, or sitting, however the case may be.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

RESTON COMMUNITY CENTER

Reston Multicultural Festival



**Saturday,
September 22**
11:00 a.m. – 6:00 p.m.
Lake Anne Plaza

FREE
Rain or Shine • All Ages

Join us for this festival that brings together the people of Reston to celebrate our rich medley of cultures. Everyone is encouraged to dress in attire from their own cultural roots and share the stories that we gather on the pathways of our lives.

FEATURING:

- Naturalization Ceremony
- National Heritage Award Fellows
 - Carolyn Mazloomi, African-American Quilter
 - Eddie Bond, Appalachian Old Time Fiddler
- Arts & Crafts
- Art Mirrors Culture Exhibit
- Exciting Entertainment & Delicious Food!

For more information, please contact Kevin Danaher, RCC Community Events Director, at 703-390-6166.



Reston Community Center presents the Reston Multicultural Festival; it is hosted by Lake Anne Plaza and co-sponsored by Reston Association, with partners from a variety of Reston-based organizations and businesses.

DON'T FORGET TO VOTE

2018 PREFERENCE POLL

Voting by Mail

September 7 – September 27 (Ballot must be received by 5:00 p.m.)

Voting Online/In Person

September 7 – September 28 (Ballot must be received by 5:00 p.m.)

CANDIDATES FORUM

September 10 • 6:30 p.m. • RCC Hunters Woods



www.restoncommunitycenter.com

To request reasonable ADA accommodations, call 703-476-4500, TTY 711.

