‘Translating Grief’

City mourns losses of 9/11, but also celebrates common bond.

By Dan Brendel
Gazette Packet

City officials and public safety personnel commemorated lives lost and sacrifices made on 9/11, but emphasized and encouraged the coming-together that the tragedy elicited.

“Evil struck fast and hard [on Sept. 11, 2001], and none of us were ready for what that looked like.... But what I’m going to remember today is how fast the good struck back,” said Captain Don Hayes of the Alexandria Police Department at a ceremony on the Tuesday commemoration ceremony.

Frances Terrell knows T.C. Williams High School well. She used to live on land that the school now occupies. On Sept. 5, the longtime resident and president of the Seminary Civic Association showed up at City Hall to attend an open house by the Department of Planning and Zoning to ask questions about the proposed renovations at the school, which includes the controversal addition of lights to Parker-Gray Memorial Stadium.

“I have been through this from the beginning,” said Terrell, who was one of the residents displaced from the historically African American community to make way for the school in the early ’60s. “I came here to see how plans are coming along although I was told the final report is still not ready.”

Story boards set up in the Sisterhood Room for the “Let There Be Light?” story.

Les than six months ago, Alexandria fifth grader Naomi Wadler spoke to an audience of millions around the world at the main stage of the March For Our Lives demonstration against gun violence in Washington, D.C. On Saturday, Sept. 8, Wadler once again took the stage, this time at Alexandria’s Market Square with students from around the region to demand gun reform action.

“Why are we here? Well, we are here to change the world. We are here to persevere and we are here to win,” Wadler told the audience of students, parents and local politicians. “We need to get people out to vote… We must create a world where students demand action.”

Gabrielle Zwi sings her song, “See the change.”

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City Prepares for Hurricane Florence

Flooding expected to impact region for several days.

By Jeanne Theismann
Gazette Packet

The City Council ratified an Emergency Declaration Sept 11 in anticipation of the arrival of Hurricane Florence on the East Coast of the U.S. Gov. Ralph Northam issued a State of Emergency for the Commonwealth over the weekend, joining Maryland, the District of Columbia and North and South Carolina in bracing for the impact of what could potentially be one of the worst storms in history to make landfall in this region.

“Preparation is key to everyone’s safety,”

By Jeanne Theismann
Gazette Packet

Sunday evening, Sept. 9
Sunday, Sept. 9, just before high tide.

Kokomo, an 18-month-old Chocolate Lab, playing in the flooded street.

Elvis ponders the flooding Tuesday morning, Sept. 11.

Cutter shakes off the Sunday morning rain as he and Dan Goetz take their morning walk.
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224 N Fairfax Street
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5 bedrooms, 3.5 bathrooms, 3,725 sq ft
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Diann Carlson
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416 S Pitt Street
Coming Soon
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New Alexandria City Preschool Center Opens

Early Childhood Center aims to meet need, streamline pre-K.

By Dan Brendel
Gazette Packet

Alexandria City Public Schools (ACPS) opened a new Early Childhood Center (ECC) — a flagship initiative to bolster publicly funded preschool for West End families — on Thursday, Sep. 6.

The ECC represents an effort to bring multiple programs under one roof. ACPS directly administers three programs: Virginia Preschool Initiative (VPI), Preschoolers Learning Together (PLT), and Early Childhood Special Education (ECSE). The ECC also includes Head Start, a federal program administered in Alexandria by the Campagna Center, a nonprofit. Altogether, the ECC provides center-based — as opposed to home-based — early learning for over 300 children, including those from lower-income families and those with developmental challenges.

Though collocated at John Adams Elementary School, the ECC is a standalone operation with dedicated spaces and staff. Five other ACPS elementary schools also house preschool, but often to the tune of only a couple classrooms and staff who are relatively isolated amongst their primary school colleagues. By comparison, Heidi Haggerty, the ECC’s principal, oversees 13 fully credentialed teachers and about 20 paraprofessionals, who help teach and provide care under the teachers’ supervision.

Bringing programs and staff together will help them to “specialize” in early learning, said Haggerty. It also aims to facilitate

See New Preschool, Page 21
The Parker-Gray neighborhood was a different place 30 years ago. Drugs, alcohol and violence were often the only outlets for the youth of the community. But three young men stepped up to combat the destructive behavior they saw around them, thus giving birth to the Untouchables, a mentorship program that celebrated its 30th anniversary Sept. 8 at the Charles Houston Recreation Center.

“Ronnie [Haskins], Jason [Terry] and Kevin [Hillary] came to me about starting a program that would give kids something to do besides play basketball or be out on the streets,” said Theodore Jones, who was a counselor with the City of Alexandria at the time. “The word spread about the idea of forming a group for young men and on Sept. 20, 1988, 13 members came together for the first meeting of the Untouchables.”

Jones and James Moore are credited with founding the organization, which provides physical, intellectual, emotional, social and spiritual development through mentoring programs. The group was honored on the Oprah Winfrey Show in 1991 and twice visited with President Bill Clinton at the White House.

“The Untouchables really captures the essence of working with young people that normally fall through the cracks,” said Bill Cleveland, the current president and a 29-year member of the organization. “We help them get back to where they need to be.”

Cleveland was one of several individuals honored at the gala with Community Service awards for their commitment and service to the mentorship program. Other honorees included: William Chesney, director of Parks and Recreation; Rev. Larry Hayward of Westminster Presbyterian Church; Michael Joyner on behalf of The Agape Embassy Ministry; and Gertrude Harvey, a Untouchables mentoring program celebrates 30 years. Building Boys Into Men

Members of the Untouchables mentorship program pose for a photo Sept. 8 at the 30th anniversary celebration of the organization’s founding at the Charles Houston Recreation Center.

Oprah Winfrey with Ronnie Haskins, one of three young boys who sparked the idea behind the Untouchables mentoring program, which was honored by Winfrey in 1991. Haskins is now studying for his doctorate.

McArthur Myers, left, and Michael Joyner, who accepted an award on behalf of the Agape Embassy Ministry for its 30-year support of the Untouchables mentoring program.

Bill Cleveland, right, accepts the Victor Riser Community Service Award for his 29 years of service to the Untouchables. Presenting the award is Rev. Donald Hayes.

Gertrude Harvey accepts the Albertha Gray Community Service Award.

Ruth Cleveland, left, reacts to the surprise presentation of the Victor Riser Community Service award to her husband Bill. With her is Lawson Smith, who was mentored by Bill Cleveland during his time in the Untouchables program.

See Untouchables. Page 20
In light of upcoming School Board elections and the public school system’s budget proposal, here’s a limited sketch of the important but complex issue of early childhood care and education.

Much research attests that socialization and learning in the earliest years of a person’s life greatly influence later success. In its Social Genome Model, the Brookings Institute identifies five benchmarks throughout a person’s life that predict economic achievement. The first are “being born to a non-poor, two-parent family” and “being ready for school at age 5”—that is, by kindergarten. In a 2012 report entitled “Pathways to the Middle Class,” Brookings researchers conclude that success—or failure—is a “cumulative process.” They found that “82 percent of children … who enter school ready to learn master basic skills by age 11, compared with just 45 percent of children who were not school ready. Acquiring basic academic and social skills by age 11 increases by a similar magnitude a child’s chances of completing high school with good grades and risk-free behavior.” And so on.

Reading skills acquired early on are especially crucial. “The goal is, pre-k to [third grade], you’re learning to read. Third [grade] on, you’re reading to learn,” said Alexandria City Public Schools (ACPS) Superintendent Gregory Hutchings.

Many factors put children at greater risk. According to Alexandria’s 2015 “Risk and Reach” study: “Socioeconomic indicators such as poverty, maternal education, single motherhood, and teen motherhood place children at risk for multiple negative outcomes such as poor physical health, poor mental health, behavior problems, and poor academic performance.” The study found that risk factors persist disproportionately for non-whites and in the West End and Arlandria.

Various types of organizations, also lopsided geographically, provide early care and education. Virginia’s Department of Social Services (DSS) catalogues providers either as out-of-home “center-based,” which skew eastward, or as in-a-private-home “family-based,” which skew westward. Center-based options include state and federal programs administered by or within public schools, as well as faith-based, nonprofit, and private for-profit providers. Family-based options include state-licensed caregivers working either in their own or the child’s home, and also individuals unlicensed by the state but regulated by the city.

Opinions about the relative quality of these providers vary. Glenn Hopkins, who runs the Hopkins House, a nonprofit, favors licensed center-based providers. “Child care is driven largely by cost and access to money,” he said. Unlicensed home-based providers—perhaps neighbors looking for extra income—are relatively “cheap,” though in part because they face a lower bar of entry. Licensed providers are often “destination preschools” requiring access to a car, whereas poorer residents may rely more on public transportation. So “the children that are most affected by … limited quality are poor kids. … The ones that are getting high quality are in high-quality, high-income neighborhoods,” he said.

A 2016 nationwide study entitled “Within- and Between-Sector Quality Differences in Early Childhood Education and Care” corroborates Hopkins’ preference. The study found that, compared to home-base alternatives, “the formal [center-based] sector offers higher quality care across a wide variety of program and caregiver measures.” For example, center-based providers more often had degrees or Child Development Associate (CDA) credentials, engaged in regular reading and math activities, and minimized television-watching. Upon kindergarten entry, children from such settings outperformed their peers from home-based settings in both reading and math.

Listings from Virginia Quality, a DSS-maintained voluntary scoring system, and the National Association for the Education of Young Children (NAYEC), an accrediting body, provide some benchmarks. But “there’s a big gulf between the child care that’s available and the child care that is good,” said Hopkins.

Know Your City: Early Care and Education

A look at the ecosystem serving Alexandria’s youngest.
Thirty-five men and women hailing from 25 countries became U.S. citizens at a naturalization ceremony held Tuesday, Sept. 11 at city hall.

By Dan Brendel
Gazette Packet

Thirty-five people from 25 countries became U.S. citizens at a naturalization ceremony held Tuesday, Sept. 11 at city hall.

E Pluribus Unum

Brian Cruz-Segovia, a 24-year-old Alexandria resident, pleaded guilty on Sept. 6 to involuntary manslaughter-felony in regard to the accidental death of his brother, Nelson Roberto Cruz.

According to the Commonwealth's Attorney Office, the evidence established that on March 25, 2018, the Cruz brothers were inside of their apartment on North Beauregard Street, in the West End of the City of Alexandria, drinking alcohol and eating dinner. An argument erupted between the brothers. During the altercation, the defendant punched the victim in the face, causing him to fall to the ground. During this assault, the victim suffered head trauma that ultimately led to his death. While the evidence established that the defendant intended to punch the victim, there was no evidence showing that he intended to kill the victim.

The defendant was sentenced to serve 10 years of incarceration, with all but three years of that sentence suspended upon the following conditions: his uniform good behavior for the period of 10 years upon his release from the penitentiary, his compliance with 5 years of supervised probation upon his release, and his payment of $5,000 in restitution for expenses related to the victim's funeral. There is no parole in Virginia.

Commonwealth's Attorney Bryan Porter said: "Under the law of the Commonwealth of Virginia, involuntary manslaughter is defined as the unintended killing of another person that is the direct result of the performance of an unlawful, but not felonious act. That is the exact situation presented by the facts of this case, in which one brother killed the other during a fistfight. There were no aggravating factors, such as the use of a weapon, an inordinate amount of blows, or a difference in the size or age of the defendant and the victim that would demand a murder conviction."

"The defendant's unthinking resort to violence has ruined two lives; not only is his brother dead, but he must live with the con
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OPINION

Disconcerting Rhymes of History

By Stafford A. Ward

On the evening of Sept. 4, the seven-member Alexandria Planning Commission voted 6-0 to endorse the City of Alexandria Department of Planning and Zoning’s proposed 2017-2018 Route 1 South Housing Affordability Strategy in the Southwest Quadrant (SWQ) of the city. (The Planning Commission concurred to name the strategy to the 2017-2018 South Patrick Street Housing Affordability Strategy.)

The Planning Commission, which makes recommendations to the City Council, expressed its deep appreciation for the Planning Department in taking proactive steps to preserve the long-term affordability of 215 housing units for The Heritage of Old Town (HOT) and Olde Towne West III (OTW) commercial properties. Subsidized contracts for the two properties (administered by the U.S. Department of Housing and Urban Development for HOT and by the Virginia Housing Development Authority for OTW) will expire in 2019. The Strategy’s goal to implement a plan saving those 215 units is commendable by the city given the affordable housing crisis experienced in nearly every community in the United States.

The Strategy calls for constructing 674 market-rate units over a 15-year timeframe for commercial developers to retain the affordability of the 215 housing units. A total of 889 erected housing units would undoubtably include families, and additional vehicles on the road. After several information sessions hosted by the Planning Department since January 2018, SWQ residents still have significant reservations with the proposed Strategy. These reservations include three potential issues raised by the Strategy.

First, the Strategy estimates only 23 net new students (exclusively from market-rate housing units) would be generated over 15 years. Second, the natural outcome of the Strategy results in increased vehicular traffic and demands for parking corresponding with an increased number of housing units. The city’s Department of Transportation and Environmental Services intentionally did not conduct a formal traffic study for the Strategy, opting instead to leave such a study with the commercial developer. Lastly, 22 tenants living in affordable housing units owned by Alfred Street Baptist Church, also located along South Patrick Street, will be temporarily relocated in a separate, but parallel housing development project. SWQ residents are concerned about the lack of transparency, and the implications this project between the church and the Alexandria Housing Development Corporation will have on the Strategy writ-large.

The quote “history doesn’t repeat itself, but it often rhymes” has often been attributed to the American writer Mark Twain. In each instance of the city’s prior development projects including the Charles Houston Recreation Center, the Waterfront Implementation Plan, the Potomac Yard Development, and Kariq Estates, residents raised concerns, but they were marginalized in favor of developers. The City Council will hear the Strategy’s implementation plans at its public hearing on September 15 at 9:30 a.m.

SWQ residents do not oppose development improvements and affordable housing for the city, but residents do share concerns with how this Strategy overlooks its unaddressed strategic gaps, and its potential rhyming with the city’s development history.

Also signing in support are C.A. Crandall, Lisa Kemp, Janice Kapise, Amy Morton, and Brian Scholl.

To the Editor:

The following letter was addressed to Col. Patrick V. Kinsman District Commander, Norfolk District U.S. Army Corps of Engineers.

Dear Col. Kinsman:

We write to inform the U.S. Army Corps of Engineers (USACE) that we oppose the City of Alexandria’s preferred site for a new planned Metro station in Potomac Yard, Alexandria. The site currently under consideration and for which the City advocates is Alternative B. Three previously considered alternatives exist and are demonstrably less destructive of Potomac Yard’s federally protected tidal wetlands.

We are disturbed that the City continues to inform the public that, because the Federal Transportation Administration (hereinafter “FTA”) and the National Park Service (hereinafter “NPS”) selected Alternative B after completion of the Potomac Yard Metro Station Environmental Impact Statement (hereinafter “PYMS EIS”), USACE will not consider alternative sites in its review of the City’s 404 permit application for PYMS.

The EIS was prepared only for actions proposed by the FTA and NPS, not for the City or its permit request. Although a USACE permit will be required, no permit has been issued and, as far as we know, USACE has yet to engage in any review.

As a Participating Agency, USACE is obligated to ensure that the PYMS EIS purpose and need, range of alternatives, methodology, environmental analysis, and preferred alternative satisfy the minimum requirements of the Clean Water Act (CWA) and the 404(b)(1) Guidelines (Guidelines) (23 USC 139(d)(3)) and 139(d)(7)(A)). As USACE did not complete its obligations as a Participating Agency, we believe the PYMS EIS did not provide the public or FTA and NPS decision-makers a complete description and analysis of the station’s adverse environmental impacts, particularly on the tidal wetlands. Further, as the draft EIS describes three reasonable alternatives with less impact to the wetlands than Alternative B, we believe that USACE must reject Alternative B because it is not the least environmentally damaging practicable alternative (LEPDA).

In addition, as a result of the recent decision by WMATA and the City to reconfigure the planned Metro station, we believe all collaborating federal and state agencies should re-evaluate their prior approvals.

FTA and NPS completed their National Environmental Policy Act (NEPA) review of the PYMS and approved Alternative B more than two years before USACE began its NEPA review of the PYMS. We urge USACE not to be influenced by pre-permit actions taken by the FTA and NPS.

We trust that USACE will make an unbiased decision regarding the LEPDA.

As residents of Alexandria who would be adversely impacted by the needless destruction of wetlands during and after construction if Alternative B is selected, we believe one of the other alternative sites should be selected to provide the best balance between environmental impacts and benefits. As residents, we expect USACE to conduct a fully transparent review of the City’s application in accordance with the NEPA. We look forward to reviewing USACE’s independent decision in accordance with the CWA and Guidelines.

Concerned Citizens of Alexandria Virginia

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**OPINION**

**SSA Offers Variety of Fall Programs for Older Adults**

By Mary Lee Anderson
Executive Director
Senior Services of Alexandria

Senior Services of Alexandria is expanding its fall programs to include a variety of activities in addition to its monthly speaker series. The goal is to have an activity every week that seniors can join to meet new friends, learn something new and have some fun. The “Coffee Connection” is a partnership with Giant Foods, a Groceries to Go food provider, that brings people together for an informal coffee hour with a short presentation from Giant on nutrition and health. Participants can order a complimentary coffee drink at the Starbucks inside of the Giant Foods, located at 3131 Duke St. in the Alexandria Commons Shopping Center. These take place on the first Wednesday of every month starting at 9:30 a.m. It is a great way to get your day started and maybe meet a new friend.

SSA is partnering with the Beatley Central Library on two programs — Senior Tours and Healthy Food and Cooking Demonstrations. The Local Tours take place on the second Friday of the month. The next tour will be Sept. 14 visiting the inventors Hall of Fame and Museum located at the Patent and Trademark Office. The tours are limited to 15 participants. The group will meet at Beatley Central Library at 10 a.m. Transportation will be provided to the site of each tour and participants will be returned to the library by 1 p.m.

The Healthy Food Demos are on the fourth Tuesday of each month at Beatley Central Library. In September the date is Sept. 25 from 2:30 p.m. Join Madison Reeder, a registered dietitian, as she explains which food trends are best to incorporate in our diets, and which are best to avoid. This is a popular event.

The 2018-2019 Monthly Speaker Series kicks off on Friday, Oct. 19 at Beatley Central Library, 10 a.m. to noon. The topic is “Taking the Health Care Journey: What You Need to Know.” SSA is teaming up with Inova to share information which will assist older adults in planning ahead to ensure a better hospital stay, and a smooth transition after discharge. There will be representatives from Inova, SSA and local private service providers who will help solve the puzzle that surrounds a hospitalization and the many options available afterwards.

These events are free and open to the public. We just ask that attendees register for each event online at seniorservicesalex.org or call 703-836-4414, ext. 110.

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**History**

Ellen Carter-Goods, 1964 Class at Charles Houston Elementary School

**Carter-Goods: ‘A Special Teacher’**

By Char McCargo Bah

Even when Ellen Elizabeth Carter-Goods was in the first grade, she dreamed of becoming a teacher. She was inspired by her first grade teacher, Laura Dorsey. Ellen attended grammar school at Hallowell School for girls for six years, then she attended Parker-Gray for two-years graduating from the eighth grade. To further her education, she commuted to Washington, D.C., by bus, and she walked from the bus stop to Dunbar High School. Ellen walked more than five miles a day to and from the bus to school. After graduating from Dunbar, she attended Miner Normal Teachers School, which was farther away from Dunbar. Rain or snow, she walked several miles a day from her bus stop to school without missing a day from school.

Ellen graduated from Miner Normal Teachers School in 1928, and began teaching at Parker-Gray School in the same year. She was excited to join the faculty and become a colleague of her favorite teacher, Ms. Dorsey. Mrs. Goods taught first through sixth grades. A devoted and caring teacher, Ellen visited the homes of her students for her to know the parents; she provided students with extra help in their lessons. When Mrs. Goods noticed that a student was absent from school, she took the time to find out why. One particular student had missed several days of school. When she found out that the student did not have a winter coat, Ellen purchased a coat for him. She taught many students, including her siblings, nephews and nieces. One of her siblings, Alfred Carter, who taught, became a teacher and a coach at Parker-Gray.

In 1950, Parker-Gray School moved from 901 Wythe St. to its new building at 1207 Madison St. The old Parker-Gray School was renamed to Charles Houston Elementary School. The requirements in the public school system to become a teacher had changed. Teachers were required to have a bachelor’s degree. Though Ellen was married by this time and had three children of her own, she began taking.

See Carter-Goods. Page 30
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Suzanne Treadwell Quinlan

Dr. Suzanne Treadwell Quinlan died on March 21, 2018, after a long struggle against Alzheimer’s disease.

Suzanne was born in Arcadia, Fla., to Lowndes Treadwell and Ida Mae Cocovitch. Graduating from De Soto High School in 1961, she went on to earn her Bachelor of Arts in economics from Florida State University in 1964, where she was also a member of the Chi Omega sorority.

She moved to Washington, D.C. In 1964 to attend the Georgetown University School of Foreign Service, from which she earned a Master’s degree in 1966.

She interned for the Agency of International Development, Department of State while pursuing her Master’s degree. Following her 1966 graduation from the school of foreign service, she joined the U.S. Department of State, where she worked on the Vietnam desk, analyzing economic conditions in the Republic of South Vietnam.

While living in Washington she met Marine Corps officer, David Quinlan and the two were married in 1965. They settled in Alexandria, first in Hollin Hills and later in Old Town on Captain’s Row.

After having children, Suzanne chose to stay home and focus on raising her family as well as volunteer opportunities in Alexandria.

However, she continued to study economics at Georgetown University where she received a University Fellowship as well as an H.B. Earhart Fellowship. In 1978, she earned a Ph.D. in mathematical economics from Georgetown.

She was an active member of the Alexandria Community Y (“ACY”), which later became the Campagna Center. At the ACY Suzanne served on the board of directors as well as the steering committee of the Junior Friends of the ACY, later becoming chairwoman. She served as an officer and on the board of directors of the Campagna Center from 1985 to 1998. Suzanne also served as president of the board from 1991-1992 and again from 1994-1995.

Shortly after earning her Ph.D., Suzanne discovered she had a passion for light and form. She used her mathematical mind to reframe her life in the form of a fine arts photographer. She took her first photography courses at Northern Virginia Community College in Alexandria, and after exhibiting work at the Torpedo Factory Art League in Alexandria, in 1989 she was juried into the Factory Photoworks Gallery, now Multiple Exposures Gallery of which she was a member until 2011.

Additionally, her award-winning photography was featured in the U.S. Arts in the Embassies Program, and was juried into numerous group shows throughout the metropolitan DC area. She was a member of Spectrum Gallery in Georgetown as well as Studio Gallery in Dupont Circle.

As a member of the Torpedo Factory, Suzanne also served on the board as treasurer. Her family describes Suzanne as a remarkable person of limitless intelligence and acerbic wit, who’s creativity enriched the world; she showed an exceptional amount of warmth, generosity, and patience to those who loved her. She is dearly missed.

Suzanne is predeceased by her husband, Colonel David Quinlan, USMC, and is survived by her sister Nancy; son Lowndes and daughter-in-law Cynthia of Charlotte, N.C.; daughter Kristen and son-in-law Jeff Burney with Chief Michael Brown.

Regarding the award, Chief Michael Brown said, “I want to thank each and every one of our patrol officers and traffic safety officers who make an effort to keep our city streets safer; it is not only very important to our residents, but to all who share the road in Alexandria.”

The Virginia Law Enforcement Challenge Awards program is supported by a grant from the Virginia Highway Safety Office. Additional information about the Law Enforcement Challenge program can be found online at www.smartsafeandsober.org/programs/LEC.
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Glory Days Grill Celebrates Grand Opening

Alexandria Commons is 15th Virginia location

By Jeanne Theismann
Gazette Packet

Just in time for football season, Glory Days Grill, a sports-themed family restaurant with 33 locations in five states, held the official opening of its newest Virginia location Sept. 6 in the Alexandria Commons Shopping Center on Duke Street.

"I’m excited for the Glory Days team to know what I have for the past 20 years," said Tony Cochones, vice president of culinary operations and a longtime resident of the city. "That Alexandria is a great community."

Mayor Allison Silberberg led local dignitaries and supporters in the ribbon cutting ceremony that included several Glory Days Grill executives. Along with Cochones, co-founder Richard Danker and executive vice president Gary Cohen were among those welcoming the crowd to the restaurant.

"This is our 15th store in Virginia," said Danker, who founded the restaurant in 1996 with Bob Garner and Jeff Newman with a location in Burke. "Here in Alexandria we have already provided more than 100 jobs."

Glory Days Grill replaces the former Lone Star Steakhouse at 3141 Duke St. It has more than 6,700 square feet of bar, dining and banquet seating for 190 with additional outdoor seating.

"We’re here to stay," Danker told the crowd. "We spent $2.4 million building out the old Lone Star Steakhouse and we have a 20-year lease. We plan to be here a long time."

Glory Days Grill features more than 40 television screens throughout the restaurant. Individual volume controlled speakers at each table allow patrons to tune in to the screen of their choice, which show a variety of sporting events, news, entertainment and cartoons.

The Alexandria restaurant is open seven days a week from 11 a.m. to midnight (11 p.m. on Sundays). There are several daily specials and a late night “Snack Attack” menu is available after 9 p.m. Catering services are also available.

To help support local schools, sports teams and community organizations, Glory Days Grill has its “Cards For Causes” program that donates $5 of every $25 gift card sold to a chosen charity (with a minimum of 100 cards sold). More information on this and the restaurant’s Dining For Dollars program can be found online or by contacting the restaurant via email at alexandriacommons@glorydaysgrill.com.

"We’re here to support the community," said Cohen. "That’s who we are and how we built this company."

Glory Days Grill has been named Best Casual Theme Restaurant, Best American Restaurant, Best Sports Bar and has also received accolades for Best Ribs, Best Wings, Best Chili, Best Burger and Best Bartender.

High School Football Coaches Night Set for Sept. 19

Sportsman’s Club to honor student athletes.

By Jeanne Theismann
Gazette Packet

The Alexandria Sportsman’s Club will kick off its 2018 year with High School Football Coaches night Sept. 19, which will introduce to the public the new head coaches at Bishop Ireton and Episcopal high schools.

A tradition for more than 50 years, High School Football Coaches Night will feature the head coaches from all four of Alexandria’s high schools. Those expected to attend include, Mark Moroz, who is in his first year at Episcopal High School. Moroz was named head coach for the Episcopal Maroon in March after seven years at Christ School in Asheville, N.C., where he had a 63-17 record. Bishop Ireton’s new head coach, Mark Moroz – Episcopal.
Mary Taylor 703.785.5619 or Pat Tierney 703.859.5630
1200 S. Washington Street

$ 1,290,000 4616508
Unobstructed river views from the 39013/33A, custom upgrades. Spacious family room, gourmet kitchen, library, breakfast room and solarium with wall-of-windows. Complete guest wing with 2nd kitchen, formal living and dining rooms, 3 garage spaces! (Plus offered separately, call for details)

ALEXANDRIA / Del Ray $ 799,000
Charming 36013/34A 1930's bungalow, warm wood floors, wood-burning fireplace, gourmet kitchen with S/As/gasfireplace, private master retreat on top level with simple closets. LL, in full bath, polished concrete floors, fenced backyard with patio space, a quick stroll to shops, restaurants and the Avenue. EZ commute to DC.

Mike Manuel 703.515.6317
ALEXANDRIA / Del Ray $ 799,000

Catherine Fritz 703.626.6914
ALEXANDRIA / Willow Woods $ 629,900
4219 Willow Woods Ln. 5 bedroom, 3.5 bath home, white kitchen with breakfast nook, hardwood floors throughout, open floorplan. Great room with fireplace and back porch with views of Cypress Hill. EZ commute to DC.

Pat Wilson 703.598.7279
ALEXANDRIA / Del Ray $ 610,000

Georgie McLaughlin 703.628.4663
ALEXANDRIA / Landmark Mews $ 599,999
NEW PRICE!

Norma Gants 703.408.2500
ALEXANDRIA / The Henry $ 420,000
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An especially lovely 1-bedroom unit with 2 underground parking spaces and beautiful view from double balcony. Steps to Braddock Metro. A perfect pied-a-terre. Call or email norma.gants@hf.com

Ann Logsdon 703.568.8433 or Emily Capelli 703.472.1282
ALEXANDRIA / Jefferson Green $ 355,000
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Betsy & Betty Gorman 703.611.4025
ALEXANDRIA Old Town $1,195,000
OPEN SUN 2 - 4
634 J St. N. 313/3404 2 bedroom, 2.5 bath townhome, FP, huge deck, parking, in the middle of the action. EZ commute to DC.

Meg Tracy 703.864.3073
ALEXANDRIA / Midtown Alexandria $410,000
COMING SOON! 2 bedrooms, 2 full bathrooms, 2 parking spaces..."GOOD STUFF!" Complete update to EVERYTHING by Original Owner: Upgraded Kitchen, Baths, Appliances, ALL. And only 840 steps to the Metro door to door - LOCATION!!

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Design Upgrades for Fall

Minor elements can make a major impact as seasons change.

By Marilyn Campbell

As the time of year where more time is spent indoors slowly approaches, sprucing up an interior space can help ease the transition. From pillows and candles to wreaths and area rugs, local designers show how small touches can make a big impact as seasons change.

A new rug can set the tone for an entire room. “I just finished a living room where we added a luxurious leather sofa that’s both elegant and timeless,” said designer Sally Kane of Chantilly. “There is a loveseat in a chintz fabric and circular rug with warm shades of brown beige and turquoise. It’s almost too pretty to walk on and can be changed out as the seasons change. It shows how adding the right rug can elevate a room.”

Throw pillows in bold hues can add a burst of autumn color into a space, easing it from summer to fall. “I’m currently working on a family room where a deep, hunter green is the base color,” said Todd Granger, interior designer and design graduate students at Marymount University. “I’m adding throw pillows with a yellow palette, including mustard, citrus and chartreuse.”

“The Pantone color of the year for 2018 was Ultra Violet and I’m definitely seeing bold, deep purples being used this fall in interior design,” continued Granger. “I’m incorporating them in spaces for my clients who appreciate bold colors. Buying throw pillows is an easy and inexpensive way to make your space match the season.”

Table linens and serveware are a simple way to transition to fall when entertaining, advises Alexandria-based interior designer Beth Mahoney. “For my own home I purchased some dark blue, monogrammed linen napkins that pick up a shade of blue in my china pattern,” she said. “Placemats, tablecloths and candles are all inexpensive things that can make an big impact when it comes to changing seasons.”

A wreath in the rich autumnal colors hanging on the front door is a definite harbinger of fall, adds Mahoney. “Wreaths made with pretty combinations of fall foliage like pine cones, berries and even pumpkins can be hung in a foyer or on the front door,” she said. “Gooseberry, lavender and herbs like sage and bay also make great additions to a wreath.”

Accessories in warm, rich shades can help transition a home’s interior from summer to autumn.
Letters

From Page 10

I am not a spokesperson for any property nor as to where I reside. Throughout the meeting held at the Lee Center on the Route 1 South Housing Affordability Strategy, there was not anyone representing the Heritage At Old Town.

I shared my concern at the hearing on Sept. 4 Planning Commission meeting: I stood and spoke briefly with the sense of what might take place of the Old Town West site and asked a question about the next 10 to 15 years regarding Heritage At Old Town.

I believe we need affordable housing throughout the city. Many have built a foundation within our family-oriented area of Old Town West. And having a chance to rent a house is a blessing. If there was a way to keep the townhomes even with an increase of rent by 10 percent, that’ll help, and then build elsewhere the high rise of 250 units.

The residents of Old Town West doesn’t have an civic association to voice their concerns; so I ask out of respect if the City Council would at least allow the residents’ voice be heard by the Landlord and Tenant Board of the City of Alexandria before its decision and to set aside the hearing schedule for Saturday, Sept. 15, until a further date before moving forward such plan and strategy.

Activist Geri Baldwin
Former Member of Landlord and Tenant Board 2003 to 2016

Postpone Hearing

To the Editor:

I attended the Planning Commission meeting held on Sept. 4 about the Route 1 South Housing Affordability Strategy along with meetings held at the Lee Center and at the Alfred Street Baptist Church throughout the past month or so.

Some residents of Old Town West attended to find about what would happen to their community. For sure, many weren’t pleased with the feel of dismay to hear of such impact and the fact of relocation. Yet, many residents had felt it was approved a year ago due to the notice of communications regarding residents having to move by 2020 and since a few residents were relocated within the community beforehand — prior to any meeting held by the city. Now it’s “a sense of a pinball table on a tennis court” without any representation on their behalf for their voice to be heard.

Although some signed to speak at the Planning Commission last Tuesday, all left before the decision was made.

This home is a unique treasure built with the highest quality materials. In a fabulous location, roughly 4 miles from Old Town, there are 5 bedrooms, 4.5.5 baths, and a 4-car garage. A totally private in-law suite has 12' ceiling and a separate entrance. The two-story great room has a floor to ceiling custom stone fireplace and walls of windows. Heart of pine floors, a circular stone staircase and a library with a deck overlooking the river complete over 7,000sf of luxurious living space. Offered at $2,490,000.

7705 Northdown Road, Alexandria, 22308
Open Sunday, 1-4pm.
Plans for TC Stadium Renovations Move Forward

Seminary Civic Association president Frances Terrell, right, questions principal city planner Nathan Imm about the proposed plans to renovate Parker-Gray Memorial Stadium at T.C. Williams High School at the project’s Sept. 5 open house at City House. The plans include the addition of lights to allow for night time games and events.

“The stadium needs new lights but not at the expense of residents.”

— Heather Thornton on the proposed plans for Parker-Gray Stadium at T.C. Williams High School

said Heather Thornton, a resident of the West End and candidate for School Board. “But not at the expense of residents. I am happy to hear that new LED technology will be able to keep the lights from affecting residents.”

Public hearings on the project are set for Oct. 2 in front of the Planning Commission and Oct. 13 in front of City Council.

“The staff report is being finalized, as well as the conditions, so some information may change prior to the release of the report on Sept. 21,” said William Cook, urban planner for the City of Alexandria. “But the storyboards we used for the open house are available online now for residents to review.” Members of city staff were on hand to answer questions about the project, including John Finnigan, construction program manager for Alexandria City Public Schools.

“We’re hoping to begin this project sometime next year,” Finnigan said. “But we’re still a few months away from final construction documents. It’s all a moving target and has taken longer than we anticipated.”

The addition of lights in the proposed plan, which must be approved by City Council, has been the subject of controversy for decades.

In exchange for the land where the school is located, the city promised residents that no permanent lights would be erected on the athletic field. That agreement was last renewed in 2012 and a lawsuit filed Aug. 14 in Alexandria Circuit Court by several neighborhood residents is seeking a court order to prevent lights from being erected at the stadium.

Additional information about the project and public hearing timeline can be found at www.alexandriava.gov/development.

Untouchables Mentoring Program Celebrates 30 Years

Bill Clinton twice welcomed members of the Untouchables mentoring program to the White House during his presidency.

Thanksgiving dinners to seniors and low income families in need.

“We are so thankful to have this program in our community,” said Louise Anderson of Westminster Presbyterian Church, “because it strengthens all of us.”

The Untouchables is a 501 (c) (3) non-profit organization. For more information visit www.theuntouchables88.org.
New Preschool Center Opens

FROM PAGE 5

a “smoother transition” for children feeding into ACPS’s kindergartens, said ACPS Superintendent of Schools Gregory Hutchings.

While the ECC does provide certain care and meals, it goes beyond daycare. In addition to providing a healthy and safe environment for children while their parents work, preschool includes a systematic approach to achieving specific developmental outcomes. These outcomes include, among others, the acquisition of vocabulary and “social-emotional skills,” said Haggerty. The expressly educational dimension of preschool, on top of providing care, generally requires a higher level of education and credentialing for staff. For example, Annie Handel, an ECC teacher, holds a bachelor and master’s degrees in early education fields and has taken additional college courses about autism.

On the one hand, the ECC’s approach is highly structured and deliberate. For example, if the children have been hearing about insects during reading time, recess might entail digging for bugs, said Handel.

On the other hand, the ECC also follows a “constructionist” approach, said Haggerty. Rather than always telling children what to do, staff sometimes let the children take the lead, adapting their teaching to child-initiated play. The simplest of play activities offers a learning opportunity. For example, playing with blocks can help enable a cognitive move from the “concrete” (the block is a block) to the “symbolic” (the block is, say, a car), she said.

The ECC also programs opportunities and contexts children’s socialization. For example, family style meals give staff a change to “role model” behavior around the table, said Haggerty. Additionally, every student has a job, such as helping to clean up or to set the table for breakfast, said Handel.

All in all, “this is the best first day we’ve ever had,” said Handel.


Teacher Annie Handel (right) and Early Childhood Center principal Heidi Haggerty (left) playing with preschoolers.

A preschool class at ACPS’s new Early Childhood Center.

Teacher Cinnamon Baker reads with preschoolers.
A Back To School Rally Against Gun Violence

The Back To School Rally Against Gun Violence was attended by students, parents and local politicians at Market Square, Saturday, Sept. 8, 2018.

Jaxon O’Mara, a senior at Great Mills High School in Great Mills, Md.

Naomi Wadler speaks at Market Square.

Back To School Rally Against Gun Violence organizers Miranda Tonsetic (on left) and Hannah Miller.

City Mourns Losses of 9/11

Tuesday, Sept. 11. “The heroes on Flight 93 started to turn the tide before we all realized what was happening, and gave their own lives to save hundreds if not thousands. And then there are stories that we have heard less about, like the town of Gander, Newfoundland in Canada, population 10,000. They opened their town and homes to 6,660 people, who were stranded on 38 jumbo jets that were forced to land at their airport because all air traffic to the United States was closed. … That’s about the equivalent of 85,000 people showing up in Alexandria. … Or maybe we should just stop and consider the countless number of simple, small acts of kindness that occurred in the days and hours that followed — like a Del Ray resident, who came out of her home and gave an exhausted, sunburned, and a little bit younger version of this Alexandria police officer, who was standing a post, a bottle of water and a simple thank you.”

“[We must] remember the heroic acts of the medics and firefighters of our fire department,” who assisted “in treating the injured, fighting the fire, and taking care of the building collapse at the Pentagon,” said Alexandria Fire Chief Robert Dubé. “The battle we face now is the unrelenting diseases that are being discovered in many of us, who worked in and around Ground Zero and the Pentagon. … Here in Alexandria, we have not been immune to it. In the fire department alone, we have four of our own, who operated at the Pentagon, who have been diagnosed with cancer. We must support them and … their families in this time of need.”

“We are grateful for [first responders’] fierce bravery during our most trying time as a community and as a nation,” said Mayor Allison Silberberg. “Today we not only honor the sacrifices on 9/11, but we resolve to stand up against hate in all forms. This is the lesson we must pass on. We must continue to step up for one another; to reach out to each other; to be accepting and embracing; to be kind and compassionate; and to build bridges of understanding. The grief of 9/11 must translate into a remembrance of our shared humanity.”
Serving Alexandria’s Youngest

FROM PAGE 7

organization, also indicate an eastward skewing of higher-rated, education-oriented providers. Yet Dr. Tammy Mann, CEO of the Campagna Center, a nonprofit that administers the federal Head Start program and other services locally, cautions against overgeneralization. Family-based providers are also “capable of delivery quality” and “committed to participating in opportunities that are available to them to help support them and the work that they’re doing,” she said.

Moreover, “[most] of a child’s brain architecture is wired … by the time a child turns three,” she said. Yet “many center-based programs … don’t serve infants and toddlers … because the cost of doing so makes it very difficult. … So we have far more families that actually rely on a network of family child care providers.”

DSS-registered center-based providers serve a median age of two. The Virginia Preschool Initiative (VPI), administered by ACPS and certain private providers, serves at-risk four-year-olds only. By contrast, about two-thirds of the city-supported home-based providers accommodate children as young as 2-3 months old, and nearly all accommodate children under one year old.

The 2015 Common Agenda — produced by Alexandria’s Early Care & Education Work Group — calls for an integrated “system of early care and education,” including “mixed delivery” and “alignment” across providers. But going about this is no straightforward matter, with different parties taking different views.

ACPS commits to “mixed-delivery model where children are educated in both public schools and community-based programs,” but prefers operating that model in house, according to a statement. “Centralized early childhood programs, such as the Early Childhood Center (ECC), allow for greater collaboration and alignment among programs. In addition to having dedicated staff that are well versed in early development, children and families also benefit from learning experiences that are tailored to their needs.”

The ECC, which just opened on the West End, incorporates four programs, including VPI and Head Start, under one roof.

On the other hand, “Most households, typically low-income people, think of preschool as a neighborhood asset,” said Amy Liu, who served last year to Washington, D.C’s Pre-K Enhancement and Expansion Program. Mann lauds Boston and Philadelphia, which similarly make or help facilitate investment across the mixed-delivery provider spectrum.

“We must leverage” all of our resources, public and private, to help go at making access and quality possible, especially for children younger than VPI’s four-year-old threshold, she said.

For more information, visit www.acps.k12.va.us/ preschool and www.alexandriava.gov/DCHS.
LTA presents drama about dysfunctional family in rural Oklahoma.

By Steve Hubbard

T he Little Theatre of Alexandria is presenting “August: Osage County” from now through Sept. 23. When the family patriarch vanishes, the Westons return to rural Oklahoma to care for their afflicated, manipulative mother, Violet. Armed with prescription drugs and paranoid mood swings, Violet reigns over the home as family secrets unfold. This family drama by Tracy Letts won the 2008 Pulitzer Prize and the Tony Award for Best Play. It is directed by Susan Devine and produced by Lloyd Bittinger.

“What makes ‘August: Osage County’ different is that it is very intense and deals with difficult issues related to addiction and suicide and how that affects family members as they relate to each other being again pulled together to deal with the tragedy. It is not the kind of show that you will leave humming a Broadway tune,” said Bittinger, who has been affiliated with LTA for 23 years and best known for producing “A Christmas Carol.”

He added: “(It) is a unique kind of show in that the audience will be exposed to issues and/or situations probably never seen on stage before. The script is very mature and in some ways shocking. You should come away from this show having felt intense emotional responses to the characters and situations the playwright introduced to you.”

A director for more than 20 years, Susan Devine said the reason she wanted to direct the show was: “I am always in search of the best material and ‘August: Osage County’ is both a Pulitzer Prize and Tony Award winning show so it’s definitely super material. And, it’s relatable. It focuses on the modern American family. Tracy Letts set out to write the next great American family drama and he succeeded.”

She added: “(It) deals with very serious problems that can destroy a family, including addiction and infidelity. The show is very emotional and intense, much more dramatic than other shows I have directed.”

Fred C. Lash, who is playing the role of Beverly Weston, said he would like the audience to understand what a dysfunctional family goes through when it comes together. “The emotions and arguments portrayed in ‘August: Osage County’ are not rare, they occur in families every day and must be dealt with. When feelings are pent up and stored deep within someone, it takes a lot to bring them out and the results are not always pleasant,” he said.

He added that it is the most thought-provoking and intense play in which he’s ever played a role. “It carries the audience to laughter; then makes it cry due to the profound sadness that hangs over the entire show. Also, I have never had a role in which I have spoken and performed at the very beginning, then disappeared until the curtain call,” he said.

Tom Flatt, who is playing the role of Charlie Aiken, said: “‘August: Osage County’ is a beautifully written show that is heart-wrenching and, at times shocking, which is the best kind of theater. My character reminds me of my relatives on my father’s side, so I connect deeply with him. He also has some of the funniest lines in the show, which makes him a hoot to play.”

He added: “I love ensemble shows and ones that would be labeled ‘dramedies’ (drama with a lot of comedy). This play kind of ups the ante on that style. I think of it as a tragedy played as a comedy, which makes it unique and challenging.”

Diane Sams, who has been acting almost half her whole life, plays the role of Violet who is the remains of a painfully sad woman. “She has tried to fill the voids in her life with pills and has only succeeded in driving away her family and leaving herself alone in her own darkness. She has mistakenly interpreted her rage and viciousness as strength which is revealed in the end as the weakness caused by the death of her own humanity,” she said.

She added: “To be truthful, I find nothing appealing about Violet Weston. She is one of those human wrecks for whom one may find pity but only after a large amount of revulsion has been overcome. I feel it is important to play such a character because she is a lesson in the evils of addiction, selfishness and personal weakness.”

Katarina Frustaci is playing the role of Johnna Monevata, who she describes as wise and patient. “And because she isn’t easily fazed by the drama that ensues in the Weston family, her presence is comforting and provides a steady rhythm among the chaos,” she said.

Elizabeth Keith, who is playing the role of Karen Weston, said: “I believe Karen is a strong person and someone who has taken charge of her life against many odds — she has earned her happy ending. However, she wants so much to be loved and accepted that, in the end, she makes a rather untenable choice to follow her dream rather than deal with the reality that unfolds in front of her. She, like many of the women in this play, is also struggling with a loss of her youth and how to deal with the life she has left versus the life she wanted for herself, which presents some validation to her decision.”

Greg Wilczynski, who plays the role of Little Charles Aiken, added: “Playing Little Charles has shown me how to enjoy the simple things in life, and the true meaning of forgiveness and love. Love and forgive yourself, so that you can share that with others.”

He added: “I believe that the audience will see pieces of their family present throughout the show. Some families may not be to the extreme of the Weston’s but I guarantee they will share something in common. If nothing else they will leave the theatre very thankful for the family they have.”

The Little Theatre of Alexandria is presenting “August: Osage County” from now through Sept. 23. Show times are Wednesdays through Saturdays at 8 p.m., Sunday matinees at 3 p.m. Tickets are $21 and $24. The venue is located at 600 Wolfe St., Alexandria. Call the box office at 703-683-0496 or visit www.thelittletheatre.com.

Book Talk, 7-9 p.m. Gregory May’s book, “Jefferson’s Treasure: How Albert Gallatin Saved the New Nation from Debt,” is more than a biography. Via the long life of Gallatin, May reexamines the chemical account of the major political, economic, and financial problems the young U.S. faced from the Washington administration through the Mexican War. RSVP to admin@nvaфа.org.

FRIDAY, SEPT. 14

League Gallery, 105 North Union St., 6-8 p.m. at Lloyd Fisher and bassist Matt Wharton of the iconic South African playwright Athol Fugard, “The Painted Rocks at Revolver Creek,” his most recent and possibly his last, a play steeped in South African history yet timely, relevant and important to American audiences as well. We encourage our audience to attend and support your local neighborhood theatre. We have been producing professional, award-winning, award-winning plays and musicals for over 30 years, and we intend to continue for at least another 30. And we do it because the material we choose, whether it be classic or contemporary, play or musical, is of inherent value: intellectual, emotional, political, psy- chological, historic, or literariness of all the above. We have exceptional artists who commit to telling the playwright’s story with truth and authen- ticity, and you can’t ask for more than that from theatre.”

Our tagline has always been “Off Broadway on the River’s Edge” so no need to hop on Amtrak and make history. Consider the ideas of the playwright’s story with truth and authentic- icity, and you can’t ask for more than that from theatre.”

opening reception: Michael Bergsma, 9 a.m.-noon. The event starts out at Pohick Church, 9301 Richmond Highway, Alexandria. Theological Seminary, 3737 Seminary Road, Alexandria. The Seminary will be on our stage for as long as the build- ing lasts. And we also promise to entertain. Our ac- tors, designers, directors and playwrights are shar- ing our gifts, and we want to share them with you. There is nothing like live performances ex- perienced in an intimate communal setting, amongst friends and strangers, and whoever may become friends behind the end of the stage. Music, drama, and, of course, holiday entertain- ment will be on our stage for as long as the build- ing is standing and then onward to our next ad- venture here in North Old Town.

Hurricane Florence

Due to predicted inclement weather, some events may be postponed or canceled.

Learn and practice watercolor techniques such as wet in wet, pouring, lifting and glazing and more. Supply list: water color paints, brushes, water and participants before class. Adults, $93/person. Register online at www.fairfaxcounty.gov/parks/ parkpasses using code 290 483 3601 or call 703-642-5137.

Notes From the Producer

By Carolyn Griffin

Here is a sold sign on N. Royal Street. The grass sometimes is overgrown, but we are still here. You may have heard that MetroBucks is coming, which is true, but a lot has to happen before that move takes place. In the meantime, we are still here and we have opened our 2018-19 season with a very important play by the iconic South African playwright Athol Fugard, “The Painted Rocks at Revolver Creek,” his most recent and possibly his last, a play steeped in South African history yet timely, relevant and important to American audiences as well. We encourage our audience to attend and support your local neighborhood theatre. We have been producing professional, award-winning, award-winning plays and musicals for over 30 years, and we intend to continue for at least another 30. And we do it because the material we choose, whether it be classic or contemporary, play or musical, is of inherent value: intellectual, emotional, political, psy- chological, historic, or literariness of all the above. We have exceptional artists who commit to telling the playwright’s story with truth and authen- ticity, and you can’t ask for more than that from theatre.”

Our tagline has always been “Off Broadway on the River’s Edge” so no need to hop on Amtrak just drive a few blocks and see something on stage that will be memorable and possible change your life. At least that is what we believe theatre does. And we also promise to entertain. Our ac- tors, designers, directors and playwrights are shar- ing their gifts, and we want to share them with you. There is nothing like live performances ex- perienced in an intimate communal setting, amongst friends and strangers, and whoever may become friends behind the end of the stage. Music, drama, and, of course, holiday entertain- ment will be on our stage for as long as the build- ing is standing and then onward to our next ad- venture here in North Old Town.

By Carolyn Griffin

Producing Artistic Director

We Are Still Here!

Doug Brown and Jeremiah Hasty in “The Painted Rocks at Revolver Creek.”

Jeremy Keith Hunter in “The Painted Rocks at Revolver Creek.”

Saturday-Sunday, Sept. 15-16

Mount Vernon Colonial Market & Fare, 8 a.m.-5 p.m. at George Washington’s Mount Vernon Estate, 3200 Mount Vernon Memorial Highway, Mount Vernon. Visit with colonial artisans who demonstrate and sell traditional wares such as baskets, wood carvings, tin and ironwork, leather work, weaving, furniture, and food. Potomac River sightseeing cruises are available at half price. Included in admission general admission ($20 adults; $12 youths). Call 703-780-2000 or visit www.mountvernon.org.

Sunday, Sept. 16

Murder Mystery Tour, 1:30-3 p.m. at Green Spring Gardens, 4063 Green Spring Road, Alexandria. Local author D.M. Quincy discusses the historical mystery novel and her experiences as a writer of the genre. Hear about her lively and suspenseful novels set in Regency London and the challenges of creating an authentic historical backdrop. Afterwards, enjoy some wine-tasting at the tea table. Clues will be provided and at the end of the event, the murderer will be revealed. Adults: $45 (program + tea)/ $38 (program only). Registration required. Call 703-941-7987, TTY 703-524-1986.

Conservation Day, 10 a.m.-4 p.m. at Episcopal Church, 9301 Richmond Highway, Alexandria. The Washington Chapter, Virginia Society, Sons of the American Revolution, will be commemorating Constitution Day, celebrating the formation and signing of the U.S. Constitution.

POSTPONED: 9/11 Heroes Run, 2 p.m. at Sandburg Middle School. Race to honor the military and first responders and remember those who died on 9/11 and in the wars since. Registration and sponsorship info for the event is on the Travis Manion Foundation Site www.travismanion.org/community- engagement/911-heroes-run/2018-alexandria.

Opening Reception: Michael Borek, 2-4 p.m. At Multiple Exposure Gallery, 105 N. Union St., Alexandria. “Armless Walk Reprise” presented by Michael Borek in his native Czech Republic. Over his 20-year career, Borek continued to return to photograph an old blue-collar neighborhood in Prague, where he grew up. Visit www.multipleexposuregallery.com.

The Cabinet of Curiosities, 4-6 p.m. Opening Reception at The Athenaeum, 201 Prince St., Alexandria. The exhibition features works by 14 committed artists who have exhibited at the Athenaeum in the past, as well as works selected by Carolyn Griffin

Producing Artistic Director

We Are Still Here!

Doug Brown and Jeremiah Hasty in “The Painted Rocks at Revolver Creek.”

Jeremy Keith Hunter in “The Painted Rocks at Revolver Creek.”

Saturday-Sunday, Sept. 15-16

Mount Vernon Colonial Market & Fare, 8 a.m.-5 p.m. at George Washington’s Mount Vernon Estate, 3200 Mount Vernon Memorial Highway, Mount Vernon. Visit with colonial artisans who demonstrate and sell traditional wares such as baskets, wood carvings, tin and ironwork, leather work, weaving, furniture, and food. Potomac River sightseeing cruises are available at half price. Included in admission general admission ($20 adults; $12 youths). Call 703-780-2000 or visit www.mountvernon.org.

Sunday, Sept. 16

Murder Mystery Tour, 1:30-3 p.m. at Green Spring Gardens, 4063 Green Spring Road, Alexandria. Local author D.M. Quincy discusses the historical mystery novel and her experiences as a writer of the genre. Hear about her lively and suspenseful novels set in Regency London and the challenges of creating an authentic historical backdrop. Afterwards, enjoy some wine-tasting at the tea table. Clues will be provided and at the end of the event, the murderer will be revealed. Adults: $45 (program + tea)/ $38 (program only). Registration required. Call 703-941-7987, TTY 703-524-1986.

Conservation Day, 10 a.m.-4 p.m. at Episcopal Church, 9301 Richmond Highway, Alexandria. The Washington Chapter, Virginia Society, Sons of the American Revolution, will be commemorating Constitution Day, celebrating the formation and signing of the U.S. Constitution.

POSTPONED: 9/11 Heroes Run, 2 p.m. at Sandburg Middle School. Race to honor the military and first responders and remember those who died on 9/11 and in the wars since. Registration and sponsorship info for the event is on the Travis Manion Foundation Site www.travismanion.org/community- engagement/911-heroes-run/2018-alexandria.

Opening Reception: Michael Borek, 2-4 p.m. At Multiple Exposure Gallery, 105 N. Union St., Alexandria. “Armless Walk Reprise” presented by Michael Borek in his native Czech Republic. Over his 20-year career, Borek continued to return to photograph an old blue-collar neighborhood in Prague, where he grew up. Visit www.multipleexposuregallery.com.

The Cabinet of Curiosities, 4-6 p.m. Opening Reception at The Athenaeum, 201 Prince St., Alexandria. The exhibition features works by 14 committed artists who have exhibited at the Athenaeum in the past, as well as works selected by...
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TUESDAY/SEPT. 18
On-Site Genealogical Research 1-3 p.m. at Hollin Hall Senior Center, 1500 Sherando Road, Alexandria. Board-certified genealogist Victor S. Dunn will speak about how to make the most of your research time on a research trip to a courthouse, library, or other record repository. Free, open to public. Sponsored by the Mt. Vernon Genealogical Society. Visit www.mvgenealogy.org.

Composting Event. 7 p.m. at Kate Wolfe Barret Brunch Library, 717 Queen St., Alexandria. Turn leaves, yard clippings, kitchen waste and excess paper into black gold for the garden. Learn how to start composting at home, what to put into a compost pile, how to easily maintain it so the materials break down properly, and how to apply it to the garden and lawn. Free. Registration requested at MGNV.org.

STEAM Challenge Night. 7 p.m. at Beasley Central Library, 5005 Duke St., Alexandria. Test skills and complete challenges and projects about science, technology, engineering, art, and math. Ages 8-14. Visit alexlibraryva.org.

WEDNESDAY/SEPT. 19
Warrior Woman Workshop. 1 and 6:30 p.m. at Curves of Alexandria, 7918 Fort Hunt Road, Alexandria. Free interactive workshop empowers participants with awareness, protection, and education so that a warrior mindset is developed, enabling risk reduction, implementation of learned skills, winning over surviving, and confidence over panic. Call 703-721-2044 or visit www.facebook.com/CurvesofAlexandria.

THURSDAY/SEPT. 20
Taste of OTN. 4-8 p.m. at Montgomery Park, Old Town North Alexandria, 901 N. Royal St., at intersection of Montgomery Avenue, Alexandria. Free interactive workshop empowers participants with awareness, protection, and education so that a warrior mindset is developed, enabling risk reduction, implementation of learned skills, winning over surviving, and confidence over panic. Call 703-721-2044 or visit www.facebook.com/CurvesofAlexandria.

Kayak Cleanups at Four Mile Run. 4-8 p.m. at Montgomery Park, Old Town North Alexandria, 901 N. Royal St., at intersection of Montgomery Avenue, Alexandria. Free interactive workshop empowers participants with awareness, protection, and education so that a warrior mindset is developed, enabling risk reduction, implementation of learned skills, winning over surviving, and confidence over panic. Call 703-721-2044 or visit www.facebook.com/CurvesofAlexandria.

Save the Streams. 9-11 a.m. at Jerome "Buddie" Ford Nature Center, 5750 Sanger Ave., Alexandria.

Fall Garden Day. 9 a.m.-3 p.m. at Gunston Hall presents Archaeology Day at Gunston Hall. 10709 Gunston Road, Alexandria. Visit www.washingtonbirthday.com.

Relay for Pre-K. 9 a.m.-noon at St. Stephen's and St. Agnes Upper School Track, 1000 St. Stephen's Road, Alexandria. The Child & Family Network Centers (CFNC) announces the launch of its inaugural Relay for Pre-K. Registration to walk is free. The three-mile walk will begin at 10 a.m., with registration beginning at 9 a.m. Participants who raise more than $100 will receive an event t-shirt. Visit www.cfc-online.org or call 703-836-0214.


Archaeology Day at Gunston Hall. 10 a.m.-4 p.m. at 10709 Gunston Road, Lorton. George Mason’s Gunston Hall presents Archaeology Day with special archaeological and historic tours. Free. Registration required. Visit www.gunstonhall.org.

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ENTERTAINMENT

Off the Menu

By Hope Nelson

From openings to closings to cat cafes and more, there’s a lot going on within Alexandria’s food and restaurant scene at the moment. Here’s a peek into what’s on our radar.

SnackBar, Bagel Uprising Closed

The duo – SnackBar providing the storefront, Bagel Uprising providing the bagels and carrots – had been serving up snacks for about a year before announcing the closure in August. As the closure date of Sept. 3 drew near, the team announced a partnership with Common Plate Hospitality Group, the developers of Mora Social, Augie’s Mussels Bar and Urbanio 116. No details have been made public yet.

Mount Purrnon Aims to Become City’s First Cat Café

With the success of DC’s Crumbs and Whiskers, Kristin Cowan aims to bring the feline-coffee combination to Alexandria. Per the café’s website, Mount Purrnon secured the Mount Vernon Yearly Kickstarter campaign and is now “in the process of securing the necessary secured $25,000 in a springtime Kickstarter campaign and is now ‘in the process of securing the necessary funds, finding the perfect location, and tackling all of the remaining permits, licenses, etc.’” The café aims to be open by the end of 2018.

Glory Days Grill Opens on Duke Street

The latest installment of the expansive chain of sports-themed restaurants opened its doors at 3141 Duke St. in Alexandria last month and celebrated its grand opening Sept. 6. The family-friendly establishment offers up “stylish” fare, from burgers (and veggie burgers) to wings, salads to shareables.

Charlie’s On the Avenue Opens in Del Ray

The long-awaited bar and grill has opened its doors at 1501 Mount Vernon Avenue after months of preparation. A sibling to the nearby Live Oak restaurant, Charlie’s has more of a sports bar and family-friendly theme, with plenty of noshes to share while watching the game — as well as a full array of sandwiches, tacos, burgers, po’ boys and, yes, lots of beer. A kids menu rounds out the offerings.

Hope Nelson owns and operates the Kitchen Reccessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

ATTENTION

Trash Cleanup

The event is scheduled for Saturday, Oct. 13, from 10 a.m. to noon. For more information or to register, contact Your Neighborhood: 703-438-7147 or see yourneighborhood.com. Onsite registration will be available.

Historic Homes Tour

A walking tour featuring some of the beautiful homes in Old Town Alexandria, proceeds will benefit Inova Alexandria Hospital. Sponsored by The Twiplt (www.twiplt.com) as a beneficiary of the hospital. $40 in advance; $45 tour day on tour. Day tickets are available at the Alexandria Visitor Center, at The Twiplt Thrift Shop at 106 N. Columbus St. or at The Athenaeum at 201 Prince St. Email HomeTourInfo@gmail.com, call 703-338-0691 or visit www.visitalexandriava.com/artfest.

Calendar

Day, a day dedicated to digging up the mysteries of the past. Activities for all ages, including sifting for ancient artifacts, making and archaeological objects, discovering what remains after 200 years, and dressing like an archaeologist. This event is included with Gunston Hall’s general admission. www.gunstonhall.org.

Classic Car Show

10 a.m. - 1 p.m. at The Lynes’ parking lot, 201 South Washington St., in Old Town Alexandria. On display will be Packards, Austins, Oldmobiles, and other Orphans, from the 1900s-1950s. Orphans are any marquees of vehicle built by an out-of-business manufacturer. Visit www.fodm.org or call 703-424-5871.

SUNDAY/SEPT. 23

By Hope Nelson


Run! Geek! Run!

Come either run or walk this flat 5K race. The race will take place in Alexandria, with the starting line between George Washington Middle School and the Braddock Road Metro stop. Proceeds from the race will benefit the Alexandria Seaport Foundation. Come either run or walk this flat course. Register at rungeekrun.com/register.

AHA Garden Party

4:30 p.m. at Murray-Dick-Fawcett House, 517 Prince St., Alexandria. At Home in Alexandria will hold a Garden Party at the historic Murray-Dick-Fawcett House in Old Town to benefit the organization’s mission. Attendees will be invited to tour the public rooms of the home and enjoy a buffet, fine wine and live music in the garden. The event is open to the public with advanced ticket purchase at www.athomeinalexandria.org/donate. Tickets are $75. Call 703-231-6824.

Live Music: Joe Jenchs and Nicole Beltran

7 p.m. at George Washington Masonic National Memorial, 101 Callahan Drive, Alexandria. Tickets are $18 in advance at www.focusmusic.org/buy-tickets and for members, $20 at the door. Email Herb@FocusMusic.org or call 703-380-3151.

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Flooding Expected To Impact Region for Several Days

From Page 3

said Mayor Allison Silberberg in a written statement.

“The emergency declaration will make our eligibility for FEMA reimbursement start earlier.”

As of Wednesday morning, Florence was expected to make landfall as a Category 4 hurricane late Thursday into early Friday on the coast of North Carolina. Mandatory evacuations are in place for more than 1.5 million residents, including those in low-lying areas of Hampton Roads, Norfolk and Virginia Beach.

Alexandria city officials are preparing for several days of heavy rains and flash flooding due to storm surges.

“It cannot be emphasized enough how important it is to have a plan of action in case any type of disaster strikes,” Silberberg said. “Residents should be prepared to hunker down at home for several days.”

Hurricane preparedness plans should include the following:

❖ Ensure you have non-perishable food, bottled water and medications for each person in your home for seven days. Don’t forget the needs of any pets.
❖ Have a working flashlight and radio with extra batteries.
❖ Be ready for power, utility and phone service outages. Keep your mobile phones and back up batteries charged.
❖ Refill your gas tank and stock your vehicle with emergency supplies and a change of clothes.
❖ Bring patio furniture and garbage cans inside; they could become dangerous in high winds.
❖ Have enough cash on hand to last seven days.
❖ Be aware of quickly moving water and flooded roads. Do not drive around barriers or through high water. Remember: “Turn around, don’t drown.”
❖ Know how you’ll communicate with family members and neighbors. You can call, text, email or use social media. During disasters, try to text instead of calling because phone lines are often overloaded.
❖ Avoid wading in flood water, which may contain dangerous debris. Underground or downed power lines can also electrically charge the water.
❖ Be sure to document any property damage with photographs and contact your insurance company for assistance.
❖ Remember to check on neighbors who may need assistance, especially residents who are older or live alone.
If you lose power, contact Dominion by calling 866-366-4357 or visiting www.dominionenergy.com/outage-center/report-and-check-outages.
For an emergency related to Washington Gas, call 703-750-1400. Call 911 if you experience an emergency. For more information visit www.ready.gov/hurricanes.

High School Football Coaches Night Set for Sept. 19

From Page 16

Charles “Chip” Armstrong, will also be attending, along with T.C. Williams coach Jimmy Longerbeam, who is in his third year, and St. Stephen’s and St. Agnes coach Bernard Joseph, who is in his 10th year.

The organization will also recognize the Athlete of the Month, a student athlete nominated by their coach and athletic department who has shown both academic and athletic prowess in the current athletic season.

“We have some exciting things planned for this year,” said ASC president Jim Gibson. “Beginning with our High School Football Coaches Night and throughout the year we plan to become more engaged with our students across the city.”

The meeting will be held at the Old Dominion Boat Club, 200 Strand St., at 6:30 p.m. The event is free and open to the public. Refreshments will be served. For more information, visit www.alexandriavsports.org.
Dear Editor:

Because Sept. 17, Citizenship Day, inaugurates Constitution Week (17-23), let’s consider why the Founding Fathers illegally abolished the Articles of Confederation, our first form of government, for a new one. The Potomac River at Alexandria was a problem solver, George Washington, played a major role in propelling this result.

Maryland and Virginia had many differences about fishing and navigation rights on the Potomac, where there were many small and large boats and ocean-going vessels. George Washington and others decided delegates had to come to some agreement to end the chaos. The 1785 Mount Vernon Conference established the still observed boundaries between VA and MD, MD owns the river, and Virginians have unimpeded fishing and navigation access. That successful meeting led to another in Annapolis the next year with delegates from states bordering the Bay, and solved additional issues.

That successful meeting prompted a Philadelphia meeting which became the 1787 Constitutional Convention. Although authorized only to fix the problems resulting from the inadequacies of the Articles, the delegates immediately decided a new form of government was necessary. With George Washington as president, they held secret deliberations. There were no leaks.

On Sept. 17, 39 men signed the Constitution, including Virginians John Blair and James Madison, Jr. Edmund Pendleton and George Mason refused. Mason wrote 18 objections, including to the continuation of slavery and the absence of a Bill of Rights. Elbridge Gerry of Massachusetts also refused to sign.

What form of government did our Constitution provide? Not a democracy, as elected officials at every level of government and pundits mistakenly declare. That word does not appear in our Constitution. Article IV, Section 4 notes “a Republican Form of Government,...”

What is a republic? What is a democracy? In both, power resides in the people. However, a republic provides important differences and protections. In a democracy, the majority rules...with no constraints; a democracy...with no constraints would be subverted by mob rule. In a republic, the rights of the minority are protected. A republic insists on the rule of law. Citizens elect representatives to enact laws/ordinances; they do not make them directly, as in a democracy.

A successful republic depends on an informed and responsible citizenry watchful of what their representatives do, and removes them as needed. Because doing so is a demanding challenge, Franklin reportedly answered the woman asking what form of government had just been adopted “A republic, madam, if you can keep it.”

In our federal republic, the Constitution allocates various specific responsibilities and authority to the national government and renews the rights of the states and citizens. Its articles specify the duties of the Congress, President and Judiciary. Citizens’ individual rights are protected by the Bill of Rights, modeled on Alexandrian George Mason’s 1776 VA Declaration of Rights.

Hooray for our Potomac River with its fishing, boats, ships, the contributions of our two Georges, the Constitution on its 231st birthday, Sept. 17, and our federal republic.

Ellen Latane Tabb
By KENNETH B. LOURIE

Now that I’ve spent the last two publishing weeks moaning and groaning about my potentially life-changing CT scan results from my upcoming Sept. 26 scan, I think it’s time to buck up, don’t you? I mean, how long can I continue to drone on before I bore even myself? Talk about putting the cart before the horse, I’m putting myself before the cart.

If I’ve learned/assimilated anything in my nine and half years, it’s that waiting for results rather than presuming or anticipat- ing and/or especially overreacting to them in advance of anything actually being confirmed as negative/problematic is, highly recommend- ed. Much easier said than done, I understand, but will be, will be, The future’s not ours to see, quote Mrs. Patmore from the Downton Abbey kitchen.

And if one has been compromised, as I have been by a “terminal” diagnosis (2/27/09), fol- lowed by years of chemotherapy and the vari- ety of associated side effects, wasting any time or energy on pursuits which don’t enhance life, liberty and the pursuit of happiness, is a pursuit not worth pursuing. Moreover, given how little control one has over the entire cancer experience – from initial screening/testing/diagnosing/staging to lab-test- ing/treating/maybe even “surgerizing” (no use of my late father’s made-up words), it would seem the wiser the patient/survivor accepts and sort of embraces their place in the cancer feedback loop, the better. Otherwise, the process likely becomes even more exasperating than it already is.

The problem is that cancer can be, shall we say, uncooperative. Adding to its “uncooperativeness” is its effect on a patient (you truly) who has lived years beyond the presumptive treatment guide- lines oncologists refer to. Generally speaking, stage IV, small cell lung cancer survivors of nearly 10 years are few and far between so there’s very little empirical evidence/informa- tion available to treat the anomaly. (I’ve been called worse.)

They’re challenged enough determining how to treat the 214,030 new cases projected for 2018 (according to the American Cancer Society). When it comes to treating an old E – mine, common sense and trying to not make things worse seems as much a reasonable course of action as any, especially as I try not to count the days until my next scan. It will get here soon enough – or not – so I see no advantage in abusing about it and staring at the calendar. Oddy enough, outlining one’s prognosis by as many years as I have presents its own pecu- liar set of problems.

I never thought I’d be quoting/mocking a Doris Day song but, “Que sera, sera. Whatever will be, will be.” And though I realize Doris wasn’t singing about cancer per se, it was more so about life. Nevertheless, if there’s one subject that us cancer patients could use all the uplifting lyrics sung and/or talked about, it is words which can minimize the slings and arrows of the outrageous, unfortunate which has befallen us and to help find a way to make the best of the extraordinarily difficult circumstances life has so living.

So what if I have to wait a month for the other shoe to potentially drop? I’m alive and reasonably well. Besides, there’s no guarantee that the shoe dropping will be the cancer shoe. Maybe it will be the non-cancer shoe?

Regardless, whatever shoe drops on or about Sept. 26, I’ll be there to pick it up, find some bootstraps, buckle up and get on with it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

News

Guilty Plea

FROM PAGE 5

sequences of his actions for the rest of his life. I hope the circumstances of this case stand a warning to other citizens: do not let verbal altercations turn physical, because there are often grave consequences when people resort to violence.

“I pray that the Cruz family can now be- gin the healing process caused by this trag- edy.”

“Finally, I note that the sentence imposed in this case is above the high end of the applicable Virginia Sentencing Guidelines.” Assistant Commonwealth’s Attorneys Sean A. Sherlock and Audra J. O’Brien pros- ecuted the matter on behalf of the Com- monwealth. The case was investigated by Detective Will Oakley of the Alexandria Police Department.

The defendant remains incarcerated in the Truesdale Adult Detention Center pend- ing transfer of custody to the Department of Corrections for service of his sentence.

Carter-Goods

FROM PAGE 12

classes at Howard University. After tak- ing few classes at Howard University, she enrolled at Hampton Institute in the under- graduate summer program. For four sum- mers, Ellen and her three children moved to Hampton, Va. while she attended Hamp- ton Institute. Her daughter, Elizabeth Goods-Brooks Evans, remembered the good times she and her siblings had in Hampton, Va. when their mother was attending school.

In 1959, Mrs. Goods graduated from Hampton Institute with a Bachelor of Sci- ence degree. She continued teaching her students at Charles Houston Elementary School. Mrs. Goods stayed at Charles Hous- ton until she was reassigned to Robert E. Lee Elementary School. She retired from Alexandria Public School on June 15, 1971 with 41 years of service. During her tenure in the School system, she was a charter member of the Alexandria Teachers’ Asso- ciation.

Ellen Elizabeth-Carter was born on Sept. 21, 1907, to Douglas Robinson Carter and Elizabeth Campbell at 614 South Washing- ton St. Ellen lived at home until she mar- ried, Moses W. Goods, Sr., on June 7, 1937. Moses and Ellen had three children Todd, Elizabeth and Moses, Jr.; Elizabeth is still living. On Feb. 21, 1983, Ellen Elizabeth Carter-Goods died. A former student heard about her funeral and he visited Ellen’s daughter. After expressing his sympathy to the family, he told Elizabeth that Mrs. Goods was his elementary teacher. He also told Elizabeth that her mother bought him a coat because his family could not afford one. He expressed his gratitude to Elizabeth for the help he received from her mother. That stu- dent became a doctor because Mrs. Goods devoted her time in helping him and other students. She was “A Special Teacher.”

Char McCargo Bah is a freelance writer, indepen- dent historian, genealogist and a Living Legend of Alexandria. Visit her blog at www.theotheralexandria.com for more about “The Other Alexandrias.”
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McEnearney Associates is pleased to welcome John Shannon to the Old Town office.

John is partnering with his mother, Lifetime Top Producer Joan Shannon.

If you are thinking of buying, selling or renting, call John at 703.902.5176 or send an email to jps@mcenearney.com.