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PHOTO BY STEVE HIBBARD/THE CONNECTION OPINION, PAGE 4 ♦ ENTERTAINMENT, PAGE 8 ♦ CLASSIFIEDS, PAGE 10 FOLLOW ON TWITTER: @BURKECONNECTION

# Burke CONNECTION

HomeLifeStyle

PAGE 6



Jeanine Barakat of Burke Volunteer Fire & Rescue Station 414 gives a CPR demonstration to twins Noah and Logan Admire, 7, of Springfield and Josie Holet, 6, of Springfield. It was part of the "Until Help Arrives" program with the Citizens Corps Council at the Burke Centre Festival on Saturday, Sept. 8.

## Burke Centre Festival: A Day of Community Fun

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Begins in County Parks

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Lowery, Womble Help  
Rams Sweep Bruins

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*Glory Days*  
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## NEWS



PHOTOS BY STEVE HIBBARD/THE CONNECTION

In spite of the rain on Saturday, the crowds at the Burke Centre Festival were still healthy.

# Burke Centre Festival: A Day of Community Fun

Despite the intermittent rain, the crowds were steady at the first day of the 41<sup>st</sup> annual Burke Centre Festival on Sept. 8 at the Burke Conservancy Festival Grounds (The next day - Sunday - the Festival was cancelled due to the worsening weather.). This year's festival featured 150 booths, including an Arts and Crafts Show with 80 exhibitors, 30 community outreach booths, five live bands, Fairfax County Police, Fire and Rescue displays, emergency preparedness area, dance and other entertainment, and 20 food vendors.



— STEVE HIBBARD

SEE BURKE CENTRE, PAGE 5  
Kaelen Johnstone, 13, of Burke climbs on the Kline Wallz during the Burke Centre Festival on Saturday.



Mary Helene Milton with Original Jean Creations of Burke.



These signs are posted in archery program areas.

Archery Cluster	Parks	Acres
<b>Clifton Cluster</b>	Confederate Fortifications	150
	Johnny Moore Stream Valley	342
	Bull Run Regional Park South	447
<b>Fairfax Station Cluster</b>	Patriot Park	122
	Piney Branch Stream Valley	179
	Popes Head Park	38
	Lincoln Lewis-Vannoy Park	68
	Willow Pond	66
	Rocky Run Stream Valley (Portion)	30
<b>Lake Accotink Cluster</b>	Lake Accotink	407
	Wakefield Park	161
	Americana Park	4
	Long Branch Stream Valley	90
<b>Laurel Hill Cluster</b>	Laurel Hill Park & Golf Course	1149
	Old Colchester Park & Preserve	144
	Newington Heights	47
	Mason Neck West	44
	Pohick Bay Regional Park	339
	Noman Cole Plant	103
	BOS Mt. Vernon	115
<b>Pohick Stream Valley Cluster</b>	Burke Station Park	15
	Pohick Stream Valley	570
	West Springfield Village Park	10
	Kings Park West	19
	Shannon Station Park	13
	Crooked Creek Park	12
	Middle Run Stream Valley	169
	Huntsman Lake	26
	Cherry Run Park	4
	Greentree Village Park	19
<b>South Run Cluster</b>	Burke Lake Park	323
	Lake Mercer Park	195
	South Run District Park	115
	South Run Stream Valley	319
	Sandy Run Stream Valley	39
	Brimstone Park	5
	Poburn Woods Park	11

Source: Fairfax County Police Department

## Archery Hunting of Deer Begins in County Parks

The Fairfax County Deer Management Archery Program, conducted in parks and other locations throughout the county, will run through Saturday, Feb. 23.

The archery program began in FY 2010 and is part of an integrated Deer Management Program to reduce and stabilize the white-tailed deer population in Fairfax County in efforts to minimize safety and health hazards related to an overabundance of deer. These impacts include deer-vehicle collisions, potential spread of diseases, and environmental damage attributed to deer that can impact the ecosystem.

The program was approved by the Board of Supervisors in 2000 and is recognized as a safe and efficient method of deer population control by the Virginia Department of Game and Inland Fisheries.

Because of its track record of

safety, archery is a preferred deer management method in Fairfax County, according to county officials; archery is a compatible use with residential areas and community parks, allowing for deer population management in urban and suburban areas.

Since Virginia began tracking hunting injuries in 1959, no bystanders have been injured by an archer hunting deer anywhere in the Commonwealth.

Last year, 95 percent of the total deer harvests in the Fairfax County Deer Management Program were through the use of archery.

Fairfax County's Archery Program standards require that all archers meet state hunter licensing, education and safety requirements and must pass qualifications to demonstrate skill and marksmanship, in addition to carrying program identification. Archers are also required to have com-

### Details

List of parks and acres can be found at [www.fairfaxcounty.gov/wildlife/archery-program](http://www.fairfaxcounty.gov/wildlife/archery-program)

pleted additional training through the International Bowhunter Education Program to participate in the Fairfax County Deer Management Program.

All archers participating in the program must also pass a criminal background check.

Parks remain open to the public during the archery program. Fluorescent orange signs are posted in parks where hunting is authorized. Hunters will only hunt from elevated tree stands; hunting from the ground level is prohibited in county parks.

Tree stands must not be located closer than 100 feet from property lines or closer than 50 feet from established park trails. Archers are not allowed on private property without permission

by the owner or tenant.

Archers are approved to hunt at assigned sites Monday through Saturday during legal hunting hours, 30 minutes prior to sunrise until 30 minutes after sunset.

No hunting is allowed on Sundays in county parks.

More information about the Fairfax County Deer Management Program can be found at [www.fairfaxcounty.gov/wildlife/deer-management-program](http://www.fairfaxcounty.gov/wildlife/deer-management-program).



PHOTO BY MARY KIMM

Deer by the roadside: he Fairfax County 2018-2019 Deer Management Program will run through Saturday, Feb. 23.

## Fairfax County to Hold Well Water Clinic

Do you know what's in your drinking water? While public water supplies are tested daily for contaminants, most private water supplies, like wells and springs, are rarely tested. It is recommended that well owners test their water at least annually for bacteria and nitrates. Learn about the quality of your water and how to care for your water system at the Fairfax County Well Water Clinic . Pre-registration is required, register online: [www.fairfaxcounty.gov/neighborhood-community-services/virginia-cooperative-extension](http://www.fairfaxcounty.gov/neighborhood-community-services/virginia-cooperative-extension)

There is a \$55 registration fee which covers the cost of a water quality test which analyzes a sample of your home's drinking water for 14 different chemical and bacteriological constituents. Comparable tests undertaken through a private commercial lab can cost more than \$300. Payment can be made via check or money order made payable to Treasurer, Virginia Tech.

❖ Monday, Sept. 17 - Kick-Off Meeting, 7 to 9 p.m. Pennino Building, Room 206 (12011 Government Center Parkway, Fairfax) Brief informational meeting, receive water sample kits and instructions for collecting water samples.

❖ Wednesday, Sept. 19 - Sample

Drop-Off, 6:30 to 10:30 a.m. Pennino Building Lobby Turn in water samples and questionnaires.

❖ Wednesday, Oct. 24 - Test Results & Interpretation, 7 to 9 p.m. Pennino Building, Room 206

Receive confidential test results, an explanation of what the numbers mean and information on how to handle any problems that are present. Contact: Adria Bordas, 703-324-5369 More Details: Virginia Household Water Quality Program - Well Water Clinics at [www.wellwater.bse.vt.edu/clinics.php](http://www.wellwater.bse.vt.edu/clinics.php).

# OPINION

## County's 275th Anniversary Continues

With motorcycle charity ride.

BY SHARON BULOVA  
CHAIRMAN,  
BOARD OF SUPERVISORS

If you enjoyed Fairfax County's 275<sup>th</sup> Anniversary Celebration last year, the adventure continues! Lord Nicholas Fairfax (a direct descendent of our county's namesake) will be back in town on Sept. 22-25, 2018 to lead a motorcycle charity excursion to benefit four local charities here in Fairfax County: Bethlehem Baptist Church Community Support Program, Fairfax County Sheriff's Office Project Lifesaver, Fairfax-Mason Research Fund at George Mason University,

and The Lamb Center.

If you are a history buff and/or motorcycle enthusiast, this event is for you. Participants can ride via motorcycle or car on a one-day, two-day or four-day trip around the boundaries of the original Fairfax Land Grant. This vast and beautiful area, which has been associated with the Fairfax family since the late 1600s, spans between the Potomac and Rappahannock rivers from the Chesapeake Bay to the Fairfax Stone in West Virginia. Along the way, there will be opportunities for camping, seeing multiple historic sites, witnessing historic sign unveilings, hearing stories from colonial era re-enactment groups, and meeting plenty of great people



Sharon Bulova and John Mason at the Fairfax Stone in fall of 2017.

who share of love of Fairfax history. The ride kicks off at the Patriot Harley-Davidson store in the City of Fairfax on Sept. 22 at 8 a.m.

To register for the Lord Fairfax Charity Ride and to make a donation to the charity partners, please visit [www.lordfairfaxride.org](http://www.lordfairfaxride.org).

## GOP Tax Scheme Hurts Homeowners

BY GERALD E.  
CONNOLLY  
U.S. REPRESENTATIVE  
(D-11)



President Trump and Republicans in Congress rammed their tax scheme through Congress without a single hearing or considering any Democratic amendments. Unlike many members of Congress, I met with community stakeholders and held a public roundtable to hear firsthand how the bill would affect our region. Overwhelmingly, I was told the bill would hit most Northern Virginia taxpayers hard in their pocketbooks. On top of that, it added \$1.9 trillion to the deficit, completely unpaid for.

In the months since President Trump signed the new Republican tax plan into law, the fallout for Northern Virginians has become clear. A new report, prepared by the House Oversight and Government Reform Committee, confirms our worst fears and finds the Republican tax law will disproportionately hurt Northern Virginia homeowners' biggest asset — their homes.

The report details how the new law's changes to the mortgage interest deduction, home equity loan deduction, and state and local income tax deduction will result in tax increases for many families in our region.

Homes are one of the largest source of savings for American

families, and home equity loans are often the most affordable way for these families to obtain credit. The proceeds from these loans are often used to pay for important expenses such as college tuition and medical expenses. Prior to the GOP tax law, interest on these loans was tax deductible. Under the new law, those deductions are now limited exclusively to home improvements.

This means none of the approximately 547,600 homeowners currently living in Northern Virginia will be allowed to claim deductions for expenses like an unexpected medical emergency. On top of that, beginning in 2018, nearly 106,800 homeowners in our area with existing home equity loans

will not be allowed to claim full home equity interest deductions as they've done in the past.

Another concern for many of our neighbors is that the new law caps state and local tax deductions (SALT) at \$10,000. In Virginia, we have the nation's fourth highest percentage of tax filers claiming the SALT deduction in the country. More than 1.5 million households claim \$16.5 billion in SALT deductions for an average deduction of \$11,288 per household. Fairfax County residents alone claim nearly \$4.62 billion in these deductions. However, under the new tax law, 174,100 homeowners in Northern Virginia will lose the ability to deduct the full amount of their property taxes.

These findings are not hypothetical. This report lays out the real-world impacts of a misguided

law that will harm Northern Virginia families. To make matters worse, just last week the President decided to cancel a scheduled federal employee pay increase citing concerns about the deficit. His tax bill exploded the deficit, and now he is trying to balance the budget on the backs of federal workers.

As the former chairman of the Fairfax County Board of Supervisors, I know how important the housing market is to our region. By targeting the housing market and home values, the new tax law has serious consequences for our community. It puts additional pressure on local government budgets and crowds out investment in our local roads, our first responders, and our education system. We should be protecting those investments at all costs, not undermining them so billionaires get another handout.

### LETTERS TO THE EDITOR

#### Sanctuary for Deer?

To the Editor:

Reading your article, Fairfax Station: A sanctuary (Connection, August 23-29, 2018), I would like to comment that, for the most part, residents like myself appreciate the beauty of nature that abounds in this area: the birds, the raccoons, the occasional fox and the deer. We love the trees and the privacy provided by the wooded areas, yet have accessibility to resources needed for daily living.

However, as I gaze at the se-

renity of a doe and her small fawn, a few feet from her, I cannot help but be saddened by the fact that these creatures are not really in a sanctuary. They may soon be slaughtered by hunters using an archaic and inhumane method (bows and arrows) as they venture toward Burke Lake Park. This practice does not discriminate regarding bucks, nursing does or their fawns (which if not killed will be left to starve). It would be more of a sanctuary if this barbaric practice would be replaced by humane wildlife management practices,

which could include some sterilization projects or even sharp shooting. These practices are limited to a week or two rather than the current stalking and killing or wounding which last nearly 8 months. A deer sterilization project like the one done in Fairfax City could be conducted in one or two parks and be sponsored by contributions to the parks designated for non-lethal wildlife management programs.

Elaine Miletta  
Fairfax Station

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PHOTOS BY STEVE HIBBARD/THE CONNECTION

Tom Tan displays his Capital Art Photography during the Burke Centre Festival.

Burke Centre Festival in Pictures

Madeleine Essimi of Boso Foods in Lorton had a booth at the Burke Centre Festival.



At the Burke Historical Society's booth are (from left): Sherry Slawski, Charlene Heermans, Bill Mindak, and Barbara Keller.



The Delaney Hall Band performs.

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  - Lorton - 7756 Gunston Plaza Dr - 703-550-2345
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# Design Upgrades for Fall

Minor elements can make an major impact as seasons change.

BY MARILYN CAMPBELL

As the time of year where more time is spent indoors slowly approaches, sprucing up an interior space can help ease the transition. From pillows and candles to wreaths and area rugs, local designers show how small touches can make a big impact as seasons change.

A new rug can set the tone for an entire room. "I just finished a living room where we added a luxurious leather sofa that's both elegant and timeless," said designer Sally Kane of Chantilly. "There is a loveseat in a chintz fabric and circular rug with warm shades of brown beige and turquoise. It's almost too pretty to walk on and can be changed out as the seasons change. It shows how adding the right rug can elevate a room."

Throw pillows in bold hues can add a burst of autumn color into a space, easing it from summer to fall. "I'm currently working on a family room where a deep, hunter green is the base color," said Todd Granger, interior designer and design graduate students at Marymount University. "I'm adding throw pillows with a yellow palette, including mustard, citrus and chartreuse."

"The Pantone color of the year for 2018 was Ultra

Violet and I'm definitely seeing bold, deep purples being used this fall in interior design," continued Granger. "I'm incorporating them in spaces for my clients who appreciate bold colors. Buying throw pillows is an easy and inexpensive way to make your space match the season."

Table linens and serveware are a simple way to transition to fall when entertaining, advises Alexandria-based interior designer Beth Mahoney. "For my own home I purchased some dark blue, monogrammed linen napkins that pick up a shade of blue in my china pattern," she said. "Placemats, tablecloths and candles are all inexpensive things that can make an big impact when it comes to changing seasons."

A wreath in the rich autumnal colors hanging on the front door is a definite harbinger of fall, adds Mahoney. "Wreaths made with pretty combinations of fall foliage like pine cones, berries and even pumpkins can be hung in a foyer or the front door," she said. "Gooseberry, lavender and herbs like sage and bay also make great additions to a wreath."

Accessories in warm, rich shades can help transition a home's interior from summer to autumn.



PHOTO COURTESY OF THE NEST EGG

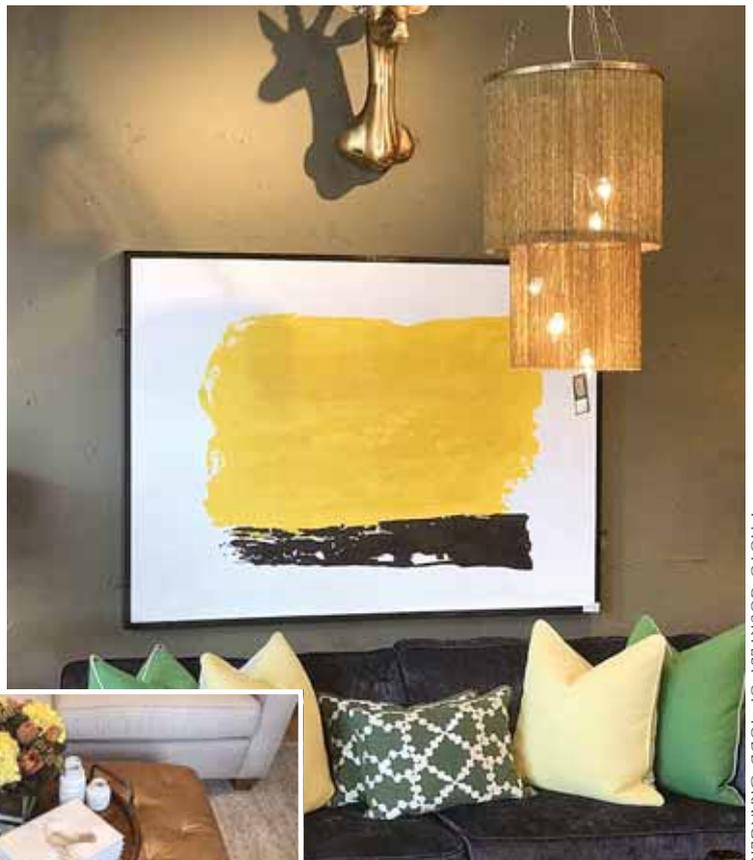


PHOTO COURTESY OF TODD GRANGER

Throw pillows in bold autumn colors can add warmth to a space as the season changes from summer to fall.

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Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## VOYERREGISTRATIONANDIDEVENTS

**The Fairfax County Office of Elections** (12000 Government Center Parkway Suite 323, Fairfax) is open daily during normal business hours to provide county residents the opportunity to register to vote or obtain a free voter photo ID if needed. Applicants will need to complete a photo voter ID application, have a photo taken and sign a digital signature pad. Call 703-222-0776.

The following special events will also provide opportunity to register to vote and/or get a photo Virginia Voter card.

- ❖ Monday/Sept. 17, 11 a.m.-2 p.m., Heatherwood Retirement Community, 9642 Burke Lake Road, Burke.
- ❖ Wednesday/Sept. 19, 10 a.m.-2 p.m., Greenspring Retirement Community, 7410 Spring Village Drive, Springfield.
- ❖ Tuesday/Sept. 25, 11 a.m.-2 p.m., Burke Health and Rehab Center, 9640 Burke Lake Road, Burke.
- ❖ Thursday/Oct. 4, 10 a.m.-1 p.m., Leewood Healthcare Center, 7120 Braddock Road, Annandale.

## VOLUNTEERS WANTED

**AARP Foundation Tax-Aide** is looking to expand its team of volunteers for the upcoming tax season. Tax-Aide, now in its 51st year, offers free in-person preparation and assistance to anyone, especially those 50 and older, who can't afford a tax preparation service. Volunteers make a difference in their communities by assisting many older, lower-income taxpayers, and their families, who might otherwise miss out on the tax credits and deductions they've earned. To learn about volunteer opportunities, visit [aarpfoundation.org/taxaide](http://aarpfoundation.org/taxaide) or call 1-888-OUR-AARP (1-888-687-2277).

**Docents Needed.** Sundays 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road in Fairfax Station. Greet museum visitors and tell them about the exhibits, the museum and the its railroad and Civil War history. Ideal for those interested in railroads, the Civil War and Northern Virginia history. Training and orientation provided. Other volunteer opportunities are gardening, publicity and exhibit planning. Call 703-945-7483.

## THURSDAY/SEPT. 13

**Gentle Yoga.** 12:30-2 p.m. at Sentara Surgery Specialists Comprehensive Breast Center, 8988 Lorton Station Blvd., Suite 103, Lorton. This yoga protocol is facilitated by Pat Fitzsimmons RN, C-IAYT, E-RYT 500, an instructor specifically trained to work with cancer patients who will adapt traditional yoga practices to meet the physiological and psychological needs of cancer patients. No registration required. It is recommended that participants dress comfortably and bring a yoga mat, towel(s), and water. Visit [www.sentara.com](http://www.sentara.com) for more.

## SUNDAY/SEPT. 16

**11th District Congressional Candidate Forum.** 2-4 p.m. at the Sherwood Community Center, 3740 Old Lee Highway, Fairfax. The League of Women Voters of the Fairfax Area will hold an 11th District Congressional Candidate Forum. The certified candidates have been invited and are listed here as they appear on the Virginia Department of Elections' website: Jeff A. Dove, Jr. (R), Gerald Edward

SEE BULLETIN, PAGE 11

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Newspapers & Online

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# ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## THROUGH SEPT. 16

**Workhouse 10<sup>th</sup> Anniversary.** At Workhouse Arts Center, 9601 Ox Road, Lorton. The Workhouse Arts Center invites the residents of Fairfax County and guests from throughout the region to visit for a week of free and low-cost events and activities in celebration of its 10th anniversary. Experiences include classes and presentations, films and music, special tours, and more. Visit [www.workhousearts.org/events/category/10th-anniversary/](http://www.workhousearts.org/events/category/10th-anniversary/) for more.

## SATURDAY/SEPT. 15

**Citizen Naturalization Ceremony.** 10 a.m.-1 p.m. at George Mason's Gunston Hall, 10709 Gunston Road, Lorton. George Mason's Gunston Hall will partner with the United States Citizenship and Immigration Services, Washington Office, in naturalizing candidates. Before the ceremony, guests may enjoy activities and crafts and explore Gunston Hall's grounds. The ceremony is followed by a reception, an opportunity to register to vote, and Gunston Hall's exclusive theater performance, "Mason and his Legacy," performed inside the mansion. Admission is free until 1 p.m. to all visitors. Call 703-550-9220 ext. 240 or visit [gunstonhall.org](http://gunstonhall.org) for more.

**Grand Opening.** 10 a.m. at Macy's Springfield Mall, 3rd Floor, 6400 T. Springfield Mall, Springfield. Join in the Grand Opening of Macy's Backstage at Springfield Mall. Prizes, live DJ, selfie-station and more. Visit [1.macys.com/springfield-va](http://1.macys.com/springfield-va) for more.

**Grand Opening.** 10 a.m.-5 p.m. at The St. James, 6805 Industrial Road, Springfield. Enjoy a wide range of activities for the whole family, and register in advance for sports experiences, spa services and more at this 450,000 sq. ft. sports, wellness and active entertainment destination. Free. Call 703-239-6870 or visit [www.eventbrite.com/e/the-st-james-grand-opening-celebration-tickets-48966695705?aff=aff0spingo](http://www.eventbrite.com/e/the-st-james-grand-opening-celebration-tickets-48966695705?aff=aff0spingo).

**Suffragist Memorial.** 1-2:30 p.m. at Kings Park Library, 9000 Burke Lake Road, Burke. "The Best Kept Secret in American History." Patricia D. Wirth, Executive Director/CEO of Turning Point Suffragist Memorial Association will speak about the history behind the memorial, which will be built in Lorton. All are welcome. Free. Call 703-560-1760 or visit [sprann-va.aauw.net](http://sprann-va.aauw.net).

**Community FunFest.** 1-4:30 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. Fun for the whole family with food, games, music, children's activities, and an auction is open to everyone. Free, open to all. Call 703-281-1767 or visit [www.unityoffairfax.org/funfest](http://www.unityoffairfax.org/funfest).

**Harry Ponder.** 2-3:30 p.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. While the wizards head to Hogwarts, the muggles can celebrate the start of a new school year at Hidden Pond. Learn about our magical beasts, make your own wand, have your fortune told by Professor Treefroggie, and defend against the dark arts of pollution. \$7. Email [casey.riley@fairfaxcounty.gov](mailto:casey.riley@fairfaxcounty.gov) or call 703-451-9588.

## SUNDAY/SEPT. 16

**NTRAK Scale Model Train Show.** 1-



Patricia D. Wirth

## Suffragist Memorial

"The Best Kept Secret in American History." Patricia D. Wirth, Executive Director/CEO of Turning Point Suffragist Memorial Association will speak about the history behind the memorial, which will be built in Lorton. Saturday, Sept. 15, 1-2:30 p.m. at Kings Park Library, 9000 Burke Lake Road, Burke. All are welcome. Free. Call 703-560-1760 or visit [sprann-va.aauw.net](http://sprann-va.aauw.net).

4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Northern Virginia NTRAK members will hold a N gauge model train show. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit [www.fairfax-station.org](http://www.fairfax-station.org) or call 703-425-9225.

## THURSDAY/SEPT. 20

**Hometown Thursdays: Sudden M-Pac.** 6:30-8:30 p.m. at Old Town Square, 10415 North St., Fairfax. Third Thursdays in May-September. The new series will host local bands from the Fairfax area. Meet up with friends, grab dinner at one of the many restaurants in downtown, and listen to great music. A free, family-friendly event for all ages. Visit [www.fairfaxva.gov/government/parks-recreation/special-events/hometown-thursdays](http://www.fairfaxva.gov/government/parks-recreation/special-events/hometown-thursdays).

## SATURDAY/SEPT. 22

**Kayak the Marsh at Lake Accotink.** 7:30-9:30 a.m. at Lake Accotink Park, 7500 Accotink Park Road,

Springfield. "Kayak Tour-Wildlife of the Potomac" is designed for participants age 13 to adult. Glide past bad eagle nests to get an early morning

view of wildlife. No previous experience is required. A single-seat kayak and life preserver are provided. \$31 per person. Boaters younger than 16 must be accompanied by an adult registered in the program. This program will be canceled in the event of rain or unfavorable water levels. Call 703-569-3464 or visit [www.fairfaxcounty.gov/parks/lake-accotink](http://www.fairfaxcounty.gov/parks/lake-accotink).

**Mosby Civil War Bus Tour.** 8:30 a.m.-5:30 p.m. Sponsored by the Stuart - Mosby Historical Society; tour leader will be Don Hakenson, Eric Buckland with special guest Tom Evans. The bus will leave Truro Parish (10520 Main St., Fairfax City). Will be visiting Mosby's Grave, Clover Hill (supposedly a safe house for Nick

Carter), Wolf's Craig (the home of General Turner Ashby), The Mountain Home in Front Royal. Cost for Stuart-Mosby Historical Society members is \$65; non members is \$75. Reserve a seat by sending contact info to Don Hakenson at [dhakenson@verizon.net](mailto:dhakenson@verizon.net).

## Archaeology Day at Gunston Hall.

10 a.m.-4 p.m. at 10709 Gunston Road, Lorton. George Mason's Gunston Hall presents Archaeology Day, a day dedicated to digging up the mysteries of the past. Activities for all ages, including sifting for ancient artifacts, mending archaeological objects, discovering what remains after 200 years, and dressing like an archaeologist. This event is included with Gunston Hall's general admission. Visit [www.gunstonhall.org](http://www.gunstonhall.org).

## Slugfest.

2-3:30 p.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. By popular demand the only celebration of slugs on the East Coast oozes back. There will be slug racing, crafts, fortune telling, and slime tossing. \$10. Call 703-451-9588 or email [casey.riley@fairfaxcounty.gov](mailto:casey.riley@fairfaxcounty.gov).

## Pig Roast.

5:30-7:30 p.m. at American Legion Post 176, 6520 Amherst Ave., Springfield. The Springfield American Legion is hosting the 2nd Annual Pig Roast in support of the 8th Annual Virginia, State-Wide Motorcycle Rally for the Legion Riders. Tickets are \$20 until Aug. 22 and \$25 afterwards. Tickets are available at [www.facebook.com/Squadron176](http://www.facebook.com/Squadron176) ("Events" tab), at the Post lounge, or at the time of the event. All are welcome and there is ample parking. Call 703-440-0336 or visit [www.facebook.com/Squadron176](http://www.facebook.com/Squadron176) for more.

## Twilight 5K Run.

6:30-8 p.m. at South County High School, 8501 Silverbrook Road, Lorton. 4th Annual Twilight Rock-n-Run 5K (7 p.m.) is a family-oriented event which also features a 1-mile Glow Walk and a Kids' Fun Run (starts at 6:40 p.m.). This event benefits the South County High School Band. \$10-\$35. Email [schswilight5k@gmail.com](mailto:schswilight5k@gmail.com) or visit [www.schsbands.org](http://www.schsbands.org).

## SATURDAY-TUESDAY/SEPT. 22-25

**Lord Fairfax Motorcycle Ride Fundraiser.** Multiple options to join Lord Fairfax and trace the boundaries of the original Lord Fairfax Land Grant with one-, two- and four-day options. Participants will cover their own expenses. Visit [lordfairfaxride.org](http://lordfairfaxride.org) for details.

## SUNDAY/SEPT. 23

**Memories of the Orange and Alexandria RR.** 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. A special exhibit in cooperation with the Burke Historical Society will highlight the legacy of the Orange and Alexandria Railroad - the railroad the Fairfax Station was constructed to service. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit [www.fairfax-station.org](http://www.fairfax-station.org) or call 703-425-9225.

## TUESDAY/SEPT. 25

**Fall Art Lessons for Youth.** 5:15-6:15 p.m. at Woods Community Centre, 10100 Wards Grove Circle, Burke. Instructor Carol Zeitlin teaches drawing and watercolor for children 8 and older. Visit [www.czartlessons.com](http://www.czartlessons.com) or call 703-250-6930.

## Fall Drawing Plus Color Class.

6:15-7 p.m. at Woods Community Centre, 10100 Wards Grove Circle, Burke. Instructor Carol Zeitlin explores drawing and watercolor with children 5-8 years old. Visit [www.czartlessons.com](http://www.czartlessons.com) or call 703-



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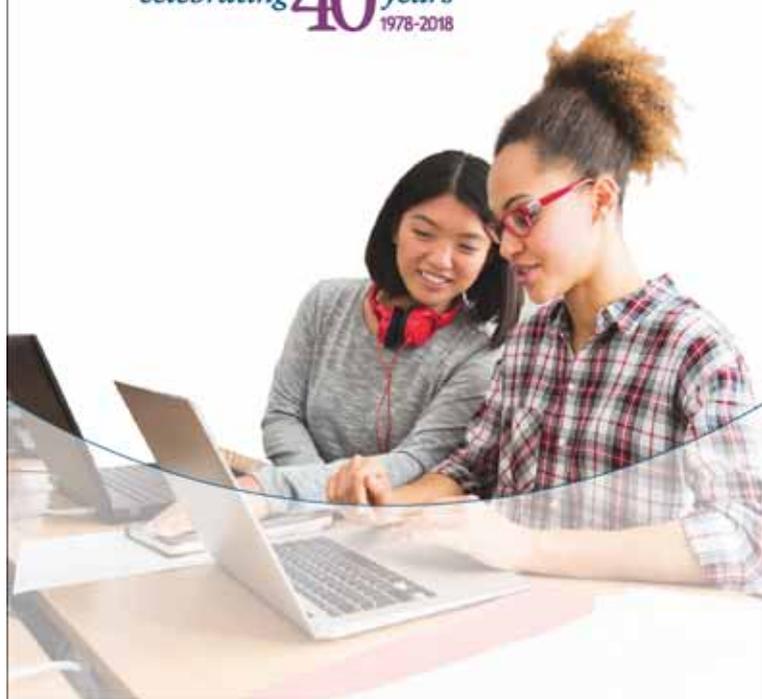
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## SPORTS

# Lowery, Womble Help Rams Sweep Bruins

## Robinson volleyball opens district play with win.

BY JON ROETMAN  
THE CONNECTION

Following the Robinson volleyball team's sweep of rival Lake Braddock on Tuesday night, a reporter asked Rams head coach Meghan Johnson about her team's performance.

"This is going in the paper?" Johnson joked.

The Rams opened Patriot District play with a 3-0 (25-12, 25-14, 25-19) victory over the Bruins at Robinson Secondary School, but Johnson wasn't exactly pleased. The fourth-year head coach said the team struggled with serving, serve-receive and passing — areas in which Robinson will need to improve if the Rams are to reach their potential come the postseason.

"I think it's nice to be able to come in and be good enough," said Johnson, a 2005 Annandale High School graduate, "but we're al-

ways working toward October. We always say regardless [of] who is on the other side of the court, there are certain things that we are looking for and we need from our team because we are playing for postseason."

**TWO REASONS** for high expectations are senior captain Faith Lowery and junior transfer Olivia Womble.

Lowery is in her fourth varsity season and is one of the Rams' top threats at the net. On Tuesday, she totaled six kills and two aces.

"Faith is 'Steady Eddie,'" Johnson said. "She's consistent, she takes a lot of swings for our team and she's our senior captain, leader. ... She's a go-to hitter for us."

Womble transferred to Robinson from Fairfax, where she played varsity volleyball as a sophomore. On Tuesday, Womble tallied a team-high nine kills, including the final point of the match.



Olivia Womble, left, and Faith Lowery helped the Robinson volleyball team sweep Lake Braddock on Tuesday.

"She jumps well," Johnson said. "She's very athletic, her volleyball knowledge is good, she's aggressive, she's passionate and she likes to win. She's just been a really great addition to our team this year."

Lowery nearly echoed her coach's praise of No. 12.

"I love having Olivia on the team," Lowery said. "She has so much energy and life, and she is the most passionate player I've ever met. She just loves to win and

hates to lose, and I think that's what makes a great volleyball player."

Womble said volleyball has helped with her transition to a new school.

"[The] transition was rough the first few weeks," Womble said. "... Volleyball really helped get [me] a little group of friends that I can see in the halls. It really helped ... getting into the atmosphere at Robinson."

Robinson is in its second season

in the Patriot District, and Lowery and Womble will play key roles in whether the Rams can contend West Springfield and Woodson for a district championship. West Springfield and Woodson faced off in the 2017 district and region championship games (West Springfield won both), with both teams qualifying for the state tournament. Lowery said it's a good thing that Johnson holds the team to a high standard.

"We played a tournament Saturday and our first game was kind of similar to this game," Lowery said. "We were a little bit off. [Johnson] got on us and we pushed really hard and we ended up winning the tournament. I think that says a lot about our team."

Grace Pierce finished with seven kills for the Rams on Tuesday, and Kat Fong totaled four kills and three aces. Emma Talamoa led Lake Braddock with nine kills.

**NEXT UP** for Robinson is a home match against Fairfax at 7 p.m. on Thursday, Sept. 13.

Lake Braddock will host Woodson at 7 p.m. on Thursday.

PHOTO BY JON ROETMAN/THE CONNECTION



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An expert is someone who knows some of the worst mistakes  
that can be made in his subject and how to avoid them.  
**-Werner Heisenberg**

**ENTERTAINMENT**



PHOTO BY JOHN ABBOTT/COURTESY GMU

**The Manhattan Transfer.**

**‘ART by George!’ Headlines Jazz**

**The event to raise scholarship funds for George Ma-**

**Where and When**

“ARTS by George!” at George Mason University, 4400 University Drive, Fairfax. Gala is Saturday, Sept. 29, starting at 5 p.m. Events and performances in the deLaski Performing Art Building and Harris Theatre, and in tent plaza between the two buildings. Tickets for “ARTS by George!” (Includes student/faculty showcases, food, beverages, The Manhattan Transfer concert; with champagne and dessert reception onstage) are \$275/person. For more information, contact Susan Graziano. Call 703-993-4188, or visit [www.artsbygeorge.gmu.edu](http://www.artsbygeorge.gmu.edu)

**ARTS by George! Event Schedule:**  
5 p.m. Student showcases in Art, Arts Management, Computer Game Design, Dance, Film and Video Studies, Music, and Theater throughout the studios and performance spaces of the deLaski Performing Arts Building and Music/Theater Building. Creative cuisine and fine wine bars throughout the event. Silent auction of arts-related items and experiences.  
8 p.m. Call to Support-a-Student  
8:30 p.m. Concert Hall performance by The Manhattan Transfer featuring the American Festival Pops Orchestra  
10 p.m. Champagne and dessert on stage with The Manhattan Transfer.  
Tickets only for The Manhattan Transfer mainstage performance at 8:30 p.m. are \$50, \$75 and \$100. Visit [www.cfa.gmu.edu](http://www.cfa.gmu.edu) or call: 888-945-2468. **Note:** ADA acces-

Mason Jazz Vocal Ensemble, directed by Dr. Darden Purcell, Director of Jazz Studies/Jazz Voice at Mason will perform “I’ll Be Seeing You,” and “No More Blues” on the CFA stage. “No More Blues” is a music piece custom-arranged by American Festival Pops Orchestra Composer/ Arranger-in-Residence, Bryan Kidd.

“The gala ‘ARTS by George!’ brings every aspect of our College to life in just a few short, electric hours, with student showcases, a renowned headliner performance, great food, and the best company anywhere,” said Rick Davis, dean, GMU College of Visual and Performing Arts. “It has helped put the arts at Mason on the radar, and raised essential funds for program and scholarship support.”

“ARTS by George!” aims to benefit deserving students while guests are thoroughly entertained. The gala also benefits CFA’s “Great Performances” so that this year there will be the first-ever “Family Series” with entertainment for children and families.

BY DAVID SIEGEL  
THE CONNECTION

“ARTS by George!” is a magical, moving, unforgettable experience benefitting student scholarships as well as the “Great Performances at Mason.”

“This year’s event brings together community and college, drawing inspiration from many student showcases as well as world-class talent,” said Jay Speer and Donn Smith, “ARTS by George!” co-chairs. “Where else can you experience so many different art forms together in one place, while dining on a sumptuous buffet under the stars in a night not to be missed!”

The annual “ARTS by George!” helps fund scholarships for GMU College of Visual and Performing Arts students in a wide range of fields, benefits the Green Machine Ensembles and the Mason Community Arts Academy. The event provides guests the opportunity to tour about a dozen open studios and rehearsal halls, “where they can enjoy live presentations of student work and behind-the-scenes insights.” added Speer and Smith.

Music icon The Manhattan Transfer headlines this year’s “ARTS By George!” The group has been a source for delectable pop and jazz hits for more than four decades bringing a melodic flair and jazz-infused vocals to a performance. The group has earned multiple Grammy Awards, is an inductee into The Vocal Group Hall of Fame and recipient of The National Music Council’s American Eagle Award.

As a special addition joining The Manhattan Transfer on the Center for the Arts (CFA) stage will be the Fairfax-based American Festival Pops Orchestra with Artistic Director and Founder Anthony Maiello. And in a very singular bonus, student members of the

# BULLETIN

FROM PAGE 7

Connolly (D) (incumbent), and Stevan M. Porter (L). The questions for the candidates will come from the audience. This event is free and open to the public. Email PR@lww-fairfax.org for more.

## WEDNESDAY/SEPT. 19

**Understanding Care Options.** 1-3 p.m. at Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Dementia care is not one size fits all. Each person, each stage, and each family is unique. Come and learn about multiple care options to help plan and evaluate the best fit. Free. Respite care may be available by request; please notify us when registering to confirm availability. Register online at insightmcc.org, or contact Lindsey Vajpeyi at 703-204-4664 or lindsey.vajpeyi@insightmcc.org.

## THURSDAY/SEPT. 20

**IEP Training: Least Restrictive Environment and Services.** 10 a.m.-noon at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. Learn about new changes to the IEP regarding the least restrictive environment for students receiving special education services. Staff from the FCPS Office of Special Education Procedural Support and the FCPS Office of Special Education Instruction will present this workshop for parents of students receiving special education services. Visit [www.fcps.edu/resources/family-engagement/parent-resource-center](http://www.fcps.edu/resources/family-engagement/parent-resource-center) to register.

**Gentle Yoga.** 12:30-2 p.m. at Sentara Surgery Specialists Comprehensive Breast Center, 8988 Lorton Station Blvd., Suite 103, Lorton. This yoga protocol is facilitated by Pat Fitzsimmons RN, C-IAYT, E-RYT 500, an instructor specifically trained to work with cancer patients who will adapt traditional yoga practices to meet the physiological and psychological needs of cancer patients. No registration required. It is recommended that participants dress comfortably and bring a yoga mat, towel(s), and water. Visit [www.sentara.com](http://www.sentara.com) for more.

## FRIDAY/SEPT. 21

**Gender Differences in ADHD.** 10 a.m.-noon at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. ADHD is commonly diagnosed in childhood, although it is diagnosed much more frequently in boys than in girls. Unlike boys, many of whom show hyperactivity, girls' symptoms may present more toward inattentiveness and disorganization. Patricia Quinn, MD, will discuss the gender differences in ADHD and the implications in diagnosis and treatment. Visit [www.fcps.edu/resources/family-engagement/parent-resource-center](http://www.fcps.edu/resources/family-engagement/parent-resource-center) to register.

## FRIDAY-SATURDAY/SEPT. 21-22

**Car Free Days 2018.** Telework, bicycle, walk, take transit or carpool/vanpool (car-lite). Everyone who takes the free pledge for one or both days will be entered into a raffle. Registrants will also have the opportunity to participate in several local area events including: PARK(ing) Day, Clarendon Day, The Great Frederick Fair, Try Transit Week, and more. Take the free pledge to go car free or car-lite for a day at [www.CarFreeMetroDC.org](http://www.CarFreeMetroDC.org).

## MONDAY/SEPT. 24

**Survival Tips for Caregivers.** 12:30-2:30 p.m. at Prince of Peace Lutheran Church, 8304 Old Keene Mill Road, Springfield. A caregiver's needs are always at the bottom of the list. Learn more about the impact of caregiving, while also developing strategies for self-care, ways to deal with stress and how to maintain a healthy lifestyle and take care of oneself. A light, healthy lunch will be served at noon. A free will donation will be accepted for lunch. Contact Stacey Crosson, Minister of Care and Outreach at [stacey.crosson@poplc.org](mailto:stacey.crosson@poplc.org).

## TUESDAY/SEPT. 25

**IEP Training: Least Restrictive Environment and Services.** 7-9 p.m. at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. Learn about new changes to the IEP regarding the least restrictive environment for students receiving special education services. Staff from the FCPS Office of Special Education Procedural Support and the FCPS Office of Special Education Instruction will present this workshop for parents of students receiving special education services. Visit [www.fcps.edu/resources/family-engagement/parent-resource-center](http://www.fcps.edu/resources/family-engagement/parent-resource-center) to register.

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## A Declaration of Semi Independence



By KENNETH B. LOURIE

Now that I've spent the last two publishing weeks moaning and groaning about my potentially life-changing CT scan results from my upcoming Sept. 26 scan, I think it's time to buck up, don't you? I mean, how long can I continue to drone on before I bore even myself? Talk about putting the cart before the horse, I'm putting myself before the cart.

If I've learned/assimilated anything in my nine and half cancer years, it is that waiting for results rather than presuming or anticipating and/or especially overreacting to them in advance of anything actually being confirmed as negative/problematic is, highly recommended. Much easier said than done I understand, but the alternative "batters no parsnips," to quote Mrs. Patmore from the Downton Abbey kitchen.

And if one has been compromised, as I have been by a "terminal" diagnosis (2/27/09), followed by years of chemotherapy and the variety of associated side effects, wasting any time or energy on pursuits which don't enhance life, liberty and the pursuit of happiness, is a pursuit not worth pursuing.

Moreover, given how little control one has over the entire cancer experience - from initial screening/testing/diagnosing/staging to lab-testing/treating/maybe even "surgerizing" (to use of my late father's made-up words), it would seem the sooner the patient/survivor accepts and sort of embraces their place in the cancer feedback loop, the better. Otherwise, the process likely becomes even more excruciating than it already is.

The problem is that cancer can be, shall we say, uncooperative.

Adding to its "uncooperativeness" is its effect on a patient (yours truly) who has lived years beyond the presumptive treatment guidelines oncologists refer to. Generally speaking, stage IV, non-small cell lung cancer survivors of nearly 10 years are few and far between so there's very little empirical evidence/information available advising oncologists how to treat the anomaly. (I've been called worse.)

They're challenged enough determining how to treat the 234,030 new cases projected for 2018 (according to the American Cancer Society). When it comes to treating an old case - mine, common sense and trying to not make things worse seems as much a reasonable course of action as any, especially as I try not to count the days until my next scan. It will get here soon enough - or not - so I see no advantage in obsessing about it and staring at the calendar.

Oddly enough, outliving one's prognosis by as many years as I have presents its own peculiar set of problems.

I never thought I'd be quoting/invoking a Doris Day song but, "Que sera, sera, Whatever will be, will be, The future's not ours to see, Que sera, sera. What will be, will be." And though I realize Doris wasn't singing about cancer per se, it was more so about life.

Nevertheless, if there's one subject that us cancer patients could use all the uplifting lyrics sung and/or talked about, it is words which can minimize the slings and arrows of the outrageous misfortune which has befallen us and to help find a way to make the best of the extraordinarily difficult circumstances life has us living.

So what if I have to wait a month for the other shoe to potentially drop? I'm alive and reasonably well. Besides, there's no guarantee that the shoe dropping will be the cancer shoe. Maybe it will be the non-cancer shoe?

Regardless, whatever shoe drops on or about Sept. 26, I'll be there to pick it up, find some bootstraps, buckle up and get on with it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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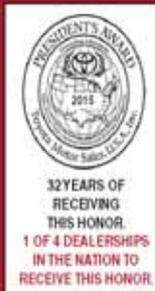
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