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# Oak Hill Herndon CONNECTION

WELLBEING  
PAGE 9

A sign outside of one of the polling stations in the Town of Herndon Election Day, Tuesday, Nov. 6, 2018 announces an alleged concern of some incumbent and challenging candidates running for seats on the Herndon Town Council.

# Herndon Voters Head to the Polls

NEWS, PAGE 3

ALERT: There are candidates pretending to be Democrats. Don't be fooled. Vote for REAL DEMOCRATS. Get the official sample ballots

Area Scouts, Gen. James Clapper Honored  
NEWS, PAGE 2

Students Join Effort To Stamp Out Hunger  
NEWS, PAGE 4

PHOTO BY MERCIA HOBSON/THE CONNECTION OPINION, PAGE 6 ENTERTAINMENT, PAGE 12 CLASSIFIEDS, PAGE 10

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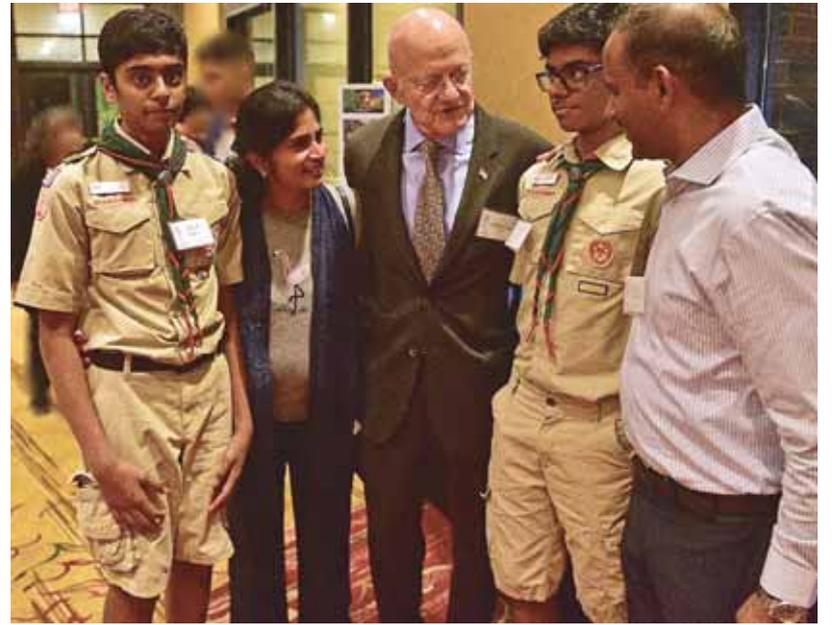
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## NEWS



Adult honoree Lt. General James Clapper (center) with family of youth honoree Adit Kolli.

PHOTOS CONTRIBUTED

### Area Scouts, Gen. Clapper Recognized for Contributions to Community

The local Scouts BSA community gathered this week to celebrate the values of great citizenship, and to honor several individuals for their service to others. At this year's Good Scout Dinner, the Powhatan District honorees included Scouts from Reston, Herndon, and Chantilly and Former Director of National Intelligence, Lt. General James Clapper (Retired). Each of these individuals were recognized for their varied and special contributions to our community, nation and world.

Honoree Jacob James (Reston Troop 124) organized a collection of clothing and other physical relief items for individuals in some of India's most impoverished communities.

Adit Kolli (Herndon Troop 1577) led the creation of a therapeutic sensory room for special needs students at Reston's Armstrong Elementary School.

William Legg (Chantilly Troop 160) organized and conducted a pet food drive for the Humane Society.

John Foong (Herndon Troop 159) planned and organized an education campaign, and related activities, to raise awareness and help mitigate the detrimental impact of invasive plants on our local environment.

Adult honoree General James Clapper reflected on his lifetime of service to our nation. In his remarks, General Clapper noted how wearing a Cub Scout uniform at an early age reinforced his personal sense of



Scouts BSA Troop 158 Colorguard, from left: Ethan Meny, Dakota Meny, Christian Schopp and Ethan Dorn.

civic pride and responsibility. He also praised the significant contributions of the evening's youth honorees.

Scouting BSA's local District Chair, Inge Gedo, reflected on the breadth and impact of Scouting's activities in our community. The evening offered an opportunity to highlight the contributions of Scouts in our area.

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- Reston Connection
- Springfield Connection
- Vienna/Quinton Connection

From left, Jacob James (Reston Troop 124), William Legg (Chantilly Troop 160), John Foong (Herndon Troop 159) and Adit Kolli (Herndon Troop 1577).





Candidate signs for incumbent and challenger candidates running in the 2018 Midterm Election are staked near the entrance to the Herndon Community Center, one of the polling stations in the Town of Herndon.



A sign outside of one of the polling stations in the Town of Herndon on Election Day, Tuesday, Nov. 6, 2018, references a concern of some incumbent and challenging candidates running for seats on the Herndon Town Council.

## Herndon Voters Head to the Polls

Midterm Election draws crowds and viewpoints.

BY MERCIA HOBSON  
THE CONNECTION

There appeared to be a strong early turnout at Herndon Community Center, one of the polls in the Town of Herndon early on Nov. 6, 2018, for the midterm election, featuring candidates for the United States Senate and Member of the House of Represen-

tatives 11th District, Herndon Mayor and six Members of the Herndon Town Council.

"The local election is a big deal here," Tom Spears of the Town of Herndon said.

At the time The Connection visited the polling station at the Herndon Community Center, not all party or slate representatives stood outside the site and made their Sample Ballots or recommendation papers available to voters.

PHOTOS BY MERCIA HOBSON/THE CONNECTION



Mark Bard, Herndon, the first voter at the Herndon Community Center polling station, leaves at 6:04 a.m. "I got here at 5:30 this morning and voted on all six seats for Herndon Town Council. Now I'm off to work."



Barbara Glakas greets voters and distributes a sample ballot during the 2018 Midterm Elections.



Sandra Fertel, Herndon: "I've decided who I'm voting for and I will vote up to the six members for the Herndon Town Council. I recently purchased a home here and feel the local election is really important moving Herndon forward."



Carl Johnson, Herndon: "I feel the local election bears more weight in my life than other things I'm voting on today. The local election is our voice."



Hozari Taylor, 18, of Herndon: "As a first time early voter, I'm feeling good. I looked for candidate information."



Rebecca Borton, Herndon: "I've been lucky enough to talk with the candidates in town. I try to do politics in person. I like to give candidates the ability to speak in person. The Constitutional Amendments are not that important to us. I count on our Congressman Gerry Connolly for a big win today. That's very important."

# Students Join Effort to Stamp Out Hunger

Fox Mill ES participates in the #ONIGIRI ACTION campaign by TABLE FOR TWO to support World Food Day.

By MERCIA HOBSON  
THE CONNECTION

**T**wo clicks. That's all it takes. One for the photo and one to post and five needy children each receive a healthy school meal. On Nov. 1-2, the entire student body at Fox Mill Elementary School in Herndon participated in a community-service event through the program ONIGIRI ACTION by TABLE FOR TWO to support World Food Day.

Yoko Linam, a teacher in the school's Japanese Immersion Program, shared about ONIGIRI ACTION. During the program, students learned about world hunger issues and made onigiri, rice balls and colored drawings of them. Parent volunteers took photographs of onigiri and posted them on social media to #OnigiriAction. Each post resulted in five school meals provided to needy children by the nonprofit organization, TABLE FOR TWO.

"Fox Mill students are always looking for opportunities to give back. ... I am so proud of our students," wrote Principal Brian Moose in an email to the Connection. Based on the most recent Fox Mill attendance levels, if the entire school population of 579 students each had a photo posted to #OnigiriAction, the 2-day effort at Fox Mill Elementary provided 1,895 meals.

On Friday morning, the second day of the community service project, Everett Daniels, 8 of Reston, finished making his onigiri. He took a small taste and then gobbled it up. Asked how much he liked it, Daniel said, "I'd like my mom to make it for lunch."

Henry Shlesinger, 8 of Herndon, sat nearby. "I'd like it for lunch twice a week," said Shlesinger.

As she very carefully molded her onigiri, Ellie Norris, 8 of Herndon, said, "I like I can help people around the world."

"Onigiri Action, part of World Food Day celebrated each year, was a great opportunity to introduce part of Japanese culture with our entire school population while helping children in need," said Linam.

Fox Mill Elementary School, located in Herndon, is part of Region 1 and the South Lakes High Pyramid. According to the School Summary: "Japanese language partial-immersion program for grades 1 through 6, draws students from outside the school boundaries. The optional program gives students the opportunity to acquire the Japanese language through the instruction of Math, Science and Health. Social Studies, Language Arts."



PHOTOS BY MERCIA HOBSON/THE CONNECTION  
**Fox Mill Elementary School students hold up their onigiri, rice balls. The school participated in the Onigiri Action campaign as one of the many World Food Day programs held across the globe.**



**"I like I can help people around the world," says Ellie Norris, 8, of Herndon as she holds up her onigiri, a rice ball. For each photo posted on social media to #OnigiriAction, TABLE FOR TWO provides five school meals to needy children through donations by its partner organizations.**



**Fox Mill Elementary School classmates Everett Daniels, 8 of Reston, Clara Gibbens, 8 of Reston, and Leandra Barger, 8 of Herndon, display their onigiri or rice ball cakes made in support of World Food Day and for the campaign, ONIGIRI ACTION by TABLE FOR TWO.**



**Students in the Fox Mill Elementary School Japanese immersion Program, Henry Shlesinger and Alex Marszalek of Herndon, Ben Biedell of Fairfax and Naomi Polakoff of Chantilly enjoy making and eating onigiri, part of the World Food Day campaign, ONIGIRI ACTION by TABLE FOR TWO.**

# Holding Fast to the Tree of Life

Reston, Herndon communities of faith respond to deadly anti-semitic attack in Pittsburgh.

BY MERCIA HOBSON  
THE CONNECTION

**O**n Nov. 2, one week and one day after a man shouting anti-Semitic slurs opens fire in a rampage inside the Tree of Life synagogue in Pittsburgh, killing 11 congregants and wounding four police officers and two others, the Northern Virginia Hebrew Congregation (NVHC) in Reston posts to its Facebook page one simple sentence.

"We could not do any of this without you. Shabbat Shalom."

That evening, faith leaders, officials and members of the community came to stand with NVHC in a show of solidarity filling every seat in the synagogue and spilling into the lobby. Initially, they came to deepen connections and reflect on the tragedy together.

"We are here to support our Jewish friends," said Kathy Schmidt.

"We came with two members of



**"Politics is how we disagree without killing each other," said Rabbi Michael Holtzman during the first Shabbat after the Oct. 27 Pittsburgh massacre when a gunman opened fire leaving 11 dead and six injured.**

our congregation," said Tom Tomacci of the Herndon Trinity Presbyterian Church. "It's the only place to be tonight. It could hap-

pen at our church, at a mosque, anywhere."

**ONE BY ONE** during the Shabbat, the interfaith partners and community, came forward. They stepped up on the bima to participate in the service and read:

"A brute cannot know, a fool cannot understand this. The righteous bloom like a date-palm." Psalm 92

- Reverend Tom Berlin, Floris United Methodist Church;

"There is no way to get from here to there except by joining hands, marching together."

- Fairfax Supervisor Cathy Hudgins, member of St. a Thomas Becket Catholic Church;

"Strengthen the bonds of friendship among all the inhabitants of every land." Shalom Peace

- Rizwan Jaka, past president ADAMS Center;

"Grant our leaders wisdom and forbearance. May they govern with justice and compassion."



PHOTOS BY JOHN MEHLENBECK

**Visiting interfaith partners and community leaders stand in unity with Rabbi Michael Holtzman and the congregation of Northern Virginia Hebrew Congregation during the first Shabbat after the Pittsburgh shooting when a gunman opened fire leaving 11 dead and six injured.**

- A Prayer for Our Country by Reverend Stephen Smith-Cobbs, Trinity Presbyterian Church.

Rabbi Michael Holtzman of NVHC recounted the many acts of kindness the congregation received. He said they needed the support, the comfort from all faiths and peoples. "We need the note from Ibrahim Moiz taped to our front door Saturday afternoon that reads, 'Dear Neighbors: truly sorry for the hateful, cowardly acts of the terrorist in Pittsburgh.' We need Rizwan Jaka from ADAMS who came here Sunday, and Cathy

Hudgins who came from St. Thomas a Becket, and all the text messages and calls and emails we immediately received from Rev. Berlin of Floris United Methodist, and Revs. Smith Cobbs and Messman of Trinity Presbyterian, and Rev. Haffner from UUCR," naming them on and on and on.

Holtzman said, "All week I have listened to calls to heal our politics, and over and over I hear about the need for civility. Well, civility is not enough... when the

SEE COMMUNITY, PAGE 10

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# OPINION

## Be Part of Children's Edition 2018

### Get creative and send art, poetry and more.

During the last week of each year, this newspaper devotes its pages to the creativity of local students and children. The results are always remarkable. It is a keepsake edition for many families. Even readers without children of that age spend time admiring and chuckling over the issue. The annual Children's Connection (including Children's Gazette, Children's Almanac and Children's Centre View) is a tradition of well over a decade.

We welcome contributions from public and private schools, art classes, individuals and homeschoolers. We publish artwork, poetry, essays, creative writing, opinion pieces, short stories, photography, photos of sculpture or gardens or other creative efforts.

We ask that all submissions be digital so they can be sent through email or delivered on flash drive. Writing should be submitted in text format. Artwork should be photographed or scanned and provided in jpeg format.

Some suggestions:

- ❖ Drawings or paintings or photographs of your family, friends, pets or some favorite activity. These should be photographed or scanned and submitted in jpeg format. Photos of sculpture or larger art projects are also welcome.

- ❖ Short answers (50 to 100 words) to some of the following questions: If you could give your parents, family or friends any gift that didn't cost money what would that gift be? What are you most looking forward to in the upcoming year? What is one thing that you would change about school? What do you want to be when you grow up? What is your favorite animal? What is your favorite toy? What makes a good parent? What makes a good friend? Describe one of the best or worst things that ever happened to you? What is the best gift you've ever been given? Ever received?

- ❖ Your opinion (50 to 100 words) about traffic, sports, restaurants, video games, toys, trends, politics, etc.

- ❖ Poetry or other creative writing.

- ❖ News stories from school newspapers.

- ❖ Photos and text about activities or events.

- ❖ Were you involved in November's elections? What did you think?

To be published, we must have the full first

and last name of the student artist/writer.

Identify each piece of writing or art, including the student's full name, age, grade and town of residence, plus the name of the school, name of teacher and town of school location. Home schoolers' contributions are welcomed.

To send flash drives containing artwork and typed, electronic submissions, mark them clearly by school and hometown and mail the flash drive to: Children's Connection (including Children's Gazette, Children's Almanac and Children's Centre View), 1606 King Street, Alexandria, VA 22314.

Please send all submissions by Monday, Dec. 3, 2018. The Children's Edition will publish the last week of 2018.

You can see last year's editions by visiting [www.connectionnewspapers.com/PDFs/](http://www.connectionnewspapers.com/PDFs/) and scroll down to Children's Edition.

Email submissions for the Children's Edition to the following editors:

- ❖ For Burke, Clifton, Fairfax, Fairfax Station, Great Falls, Herndon, Lorton, McLean, Reston, or Springfield, email to Kemal Kurspahic at [kemal@connectionnewspapers.com](mailto:kemal@connectionnewspapers.com).

- ❖ For Arlington, Potomac, CentreView, Chantilly, Alexandria and Mount Vernon, email to Steven Mauren,

[smauren@connectionnewspapers.com](mailto:smauren@connectionnewspapers.com)

### LETTERS TO THE EDITOR

## Urgent Warnings on Climate Change

Dear Delegate Plum:

I commend your attention to the topic of climate change, addressing it with urgent warnings as you did in your past two commentaries shared with newsletter subscribers and Connection newspaper readers. Any reader would agree with you that the politics of the issue present the greatest challenge. We can hope that the United States is moving closer to joining the rest of the world in seeing the climate as a non-partisan challenge that our elected officials must work on together to address for all our sakes.

Thanks for including pricing carbon in your state-level climate to-do list, and here's why I agree with you that it's important. It will drive all the other necessary actions and generate buy-in from every household, which is the level of engagement we need to be successful.

As you have previously endorsed, the carbon fee and dividend proposal of Citizens' Climate Lobby frames the pricing as a revenue neutral fee, not a tax. As demonstrated by our northern neighbors, successful introduction in British Columbia is now set to expand to all of Canada. Washing-

ton State has on the ballot this November an initiative that would put a steadily rising fee on carbon pollution emitters. Bill Gates and Michael Bloomberg are in support, with Gates writing in an open letter, "You may be skeptical about this idea. I know I was. How can one state make a difference on a global problem like climate change? But I overcame my doubts."

The signal, that pollution costs must be paid up front, will spur investment in the new energy economy both at the household and business scale. And while we might debate how much good can one state do, it also might be asked how much harm? That Virginians, as ratepayers beholden to Dominion Energy, will sink upwards of \$2 billion in the Atlantic Coast

Pipeline is unconscionable. All efforts at "greening" Virginia by enacting the other items on your climate to-do list cannot make up for this pipeline tragedy. The combined ACP and MVP fracked gas pipelines will generate greenhouse gas emissions estimated equivalent to that produced by 45-coal-fired power plants.

So it will take courage to act, to act without short-term gain, and against long-strategized opposition. You know what's at stake.

**Meredith Haines**  
Vienna

## XIV Amendment - Another View

To the Editor:

Thank Mary Kimm for sharing Representative Connolly's letter to the President telling him that his proposal to end "birthright citizenship" is "patently unconstitutional" ("Most Important Election, So Far?" — Connection, November 1-7, 2018).

It may also be of interest to the readers, and you, that the 14<sup>th</sup> Amendment was specifically ratified in 1868, to apply to the slaves who were freed by the 13<sup>th</sup> Amendment which was ratified in 1865. It was not meant to apply to every pregnant female tourist or illegal interloper that visits the US. The part of the 14<sup>th</sup> Amend-

ment most liberals ignore or misinterpret is "and subject to the jurisdiction thereof." Folks who arrive here from other countries are subject to the jurisdiction of their homeland, not the State they are visiting. They are subject to the laws of the State, but not the jurisdiction. Of course, politicians control the definition of words, so the words of the Constitution can mean anything. Remember we once knew what "marriage" meant, and "female" and "male." Now everything is a "spectrum."

**Gene Phillip**  
Great Falls

*Ed. note: This issue is more complicated than this letter, or U.S. Rep. Connolly's note last week, reflect.*

## Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.

Send to:

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Published by  
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# A Good Night's Sleep The impact of sleep deprivation and how to avoid it.

BY MARILYN CAMPBELL

**F**or those with seemingly endless to-do lists, taking a nap or sleeping late might seem like a luxury they can't afford. Foregoing sleep in lieu of checking email, doing laundry or studying for an exam, could decrease the quality of those tasks.

"Two well-known effects of inadequate sleep are cognitive processing problems including attention, storing information and retrieving information from memory," said Dr. Linda Gulyn, professor of psychology at Marymount University. "That's why someone who is consistently sleepy has difficulty in classes, getting work done, and taking tests. This is problematic especially for high school and college students."

The Centers for Disease Control and Prevention recommends that school-aged children get nine to 12 hours of sleep each night, teenagers get eight to 10 hours, adults 18-65 get seven to eight and adults 65 and older get seven to eight hours. The CDC also reports that one in three people don't get enough sleep.

"This country is very achievement-oriented. It's go, go, go and we think that sleeping is for wimps," said Adam Winsler, Ph.D. professor of applied developmental psychology at George Mason University and lead



PHOTO BY MARILYN CAMPBELL

**Avoiding activities like playing video games before bed can improve the quality of one's sleep, says researchers.**

author of an article published in the Journal of Youth and Adolescence called "Sleepless in Fairfax ..."

But in addition to a decrease in productivity, a lack of adequate sleep can have a negative impact on one's overall wellbeing. Winsler's study looked at 39,000 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> graders in Fairfax County. The researchers recorded the average number of hour of sleep the teens get each night and found that sleep deprivation can have a profound impact on mental health and certain behaviors. "We found that getting eight to nine hours of sleep each night lowers the risk of underage drinking, smoking and se-

rious drug use in kids and adolescence. Each hour more of sleep a night adolescents get is associated with less depression, suicide, and drug use for teens," said Winsler. "But generally, the reality is that most kids and teens are considered deprived. A lack of sleep hurts them emotionally and can make them feel depressed and grumpy. Younger children who don't get adequate sleep can experience problems with self-control and behavior regulation."

"When we are tired, we are more likely to be agitated and this affects social relationships. [Someone who's sleep deprived] might have a tough time completing tasks," added Gulyn.

There are physical and mental health benefits to getting proper sleep, says Dr. Jerome Short, a clinical psychologist and associate professor of psychology at George Mason University who has also studied the effect of sleep patterns on overall health and wellness. "Sleep clears the brain of toxic proteins, repairs muscles, and restores the immune system. Adequate sleep is associated with less obesity, diabetes, heart disease, and cancer," he said. "In recent research with college students, I found that the combination of vigorous exercise and sleep satisfaction led to next day positive mood, he said. "The combination of moderate exercise and longer sleep led to re-

duced negative mood."

"During sleep, the body releases hormones that stimulate growth, increase muscle mass, and repair cells and tissues," said Julia Dorsey, RN, School Public Health Nurse - Fairfax County Health Department. "Hormones also help boost the immune system to better fight infection. Chronic sleep deficiency is linked to an increased risk of obesity and type II diabetes, as well as heart disease, high blood pressure, and stroke."

**ADEQUATE SLEEP** can be elusive in a social environment where social media and information on demand are prevalent. "It's critical to reduce screen time before bed and not allow video games and computers and phones use late at night," said Winsler. "Dimming the lights and doing calming activities also helps. One big ussie is that teens sleep with their phones next to them and the phones vibrate and wake them up."

"Daily exercise, reduced light, physical comfort, and a regular sleep routine of going to bed and getting up at the same time increase duration of, and satisfaction with, sleep," added Dr. Jerome Short.

To improve the quality of one's sleep, Gulyn advises that "if sleep problems are associated with excessive worry or depression, then it's important to seek professional advice."

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.  
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**NEWS**

**Community Responds to Anti-Semitic Attack**

FROM PAGE 5

Internet amplifies fantasy and radicalizes the population ... when parties and politicians abandon civic responsibility in the pursuit of power ... (And) when we do not have the courage ... to discuss ideas out in the open. Civility is wonderful, but it is not enough."

Society needs to be retrained in how to listen, how to disagree and how to compromise, said Holzman. "Today politics is a dirty word," he said. "Our politics is broken for the same reason our country is so obsessed with immigrants. Because we have forgotten how to disagree. ... Politics is how we disagree without killing each other."

**HOLZMAN** urged those present to get the vote out and "find people who have given up on democracy and remind them that their vote has power and power restores hope."

He explained the shooter tried to kill Jews because "he was like so many others whose entire



PHOTO BY JOHN MEHLENBECK

**Faith leaders, officials and members of the community from many different backgrounds and identities come to stand with NVHC in a show of solidarity following the deadliest attack targeting Jews in the United States according to the Anti Defamation League.**

worldview depends upon an absolute certainty that outsiders are dangerous." Faith communities are in a rare position to become incubators of democracy and academies of citizenship, Holzman said.

While those present that evening brought the much-needed healing there was something greater, he said. "You affirm a vision of America that brings, Muslims, Jews and Christians, Whites and Blacks, native-born and immigrant, gay and straight, all of us

together as human beings and as Americans.

"We need you in this room. Doing Jewish stuff with us. Stumbling over the Hebrew. Wondering why the book goes backward. Meeting strangers. Because, with your presence, not only do you reject the hatred of Jews, you reject the hatred of closed doors. We want you here with us because this is how we reject the fundamentalist worldview of closed doors and closed minds. This is how we hold fast to the Tree of Life."

**Legals**

**Legals**

STATE OF SOUTH CAROLINA, COUNTY OF RICHLAND, IN THE FAMILY COURT

William Thoman  
vs.  
Tahnee Thoman  
Case#: 2018-DR-40-1828

**SUMMONS**

**TO THE DEFENDANT: TAHNEE THOMAN:**

YOU ARE HEREBY SUMMONED and required to answer the Amended Complaint in this action, of which the original is on file in the Office of the Clerk of Court, Family Court, for Richland County and to serve a copy of your Answer on the subscribers at their office of Moore Taylor Law Firm, 1700 Sunset Boulevard, Post Office Box 5709, West Columbia, South Carolina 29171, within thirty (30) days from the date of service hereof, exclusive of the day of such service; and if you fail to answer the Amended Complaint in the time aforesaid, the Plaintiff in this action will apply to the Court for the relief demanded in the Amended Complaint.

MOORE TAYLOR LAW FIRM, P.A.  
  
WILLIAM B. FORTINO, ESQUIRE  
Attorney for Plaintiff

**NOTICE**

**TO THE DEFENDANT: TAHNEE THOMAN:**

TAKE NOTICE that the Summons in the above-entitled action, of which the foregoing is a copy together with the Amended Complaint herein are filed in the Office of the Clerk of Court, Family Court, for Richland County, Carolina.

MOORE TAYLOR LAW FIRM, P.A.  
  
WILLIAM B. FORTINO, ESQUIRE  
Attorney for Plaintiff

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**-Werner Heisenberg**



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## ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday.

### THURSDAY/NOV. 8

**Girl Power! Book Club.** 7 p.m. at Scrawl Books, 11911 Freedom Drive, Reston. Readers ages 10-12 are invited to join the Book Club. Three middle-grade novels will be discussed at this meeting. Details on the meeting's activity can be found on the Scrawl Books website. Free. Visit [www.scrawlbooks.com](http://www.scrawlbooks.com) or call 703-966-2111.

**The History of Reston Sports, Pioneers, Players, Playing Fields.** 7-9 p.m. at YMCA, 12196 Sunset Hills Road, Reston. Presenter Bill Bouie will be speaking about the history of sports in Reston. Bouie has served in formal and informal roles in various community organizations including Reston Little League, Reston Youth Baseball, Reston's YMCA Board of Management, and the United States Olympic Committee's Project Gold, and many others. Free. Call 703-709-7700 or visit [restonmuseum.org](http://restonmuseum.org).

### FRIDAY/NOV. 9

**Grander Music.** 7:30 p.m., doors open at 6, at The State Theatre, 220 N. Washington St., Falls Church. The premiere concert of Grander Music features four new artists from the area, including Michelle Ann and Molly Nuss who attended Herndon High School. This multimedia event will be a memorable night. \$27. Call 703-517-7480 or visit [www.grandermusic.com](http://www.grandermusic.com).

### FRIDAY-SATURDAY/NOV. 9-10

**Everything Christmas Sale.** 3-7 p.m. on Friday, Nov. 9 and 8:30 a.m. - noon on Saturday, Nov. 10. At First Baptist Church of Herndon, 681 Elden St., Herndon. Free admission. Get a head start on decorating and choosing gifts and help the community. Find everything from artificial trees to cookie cutters and food tins. Many are one-of-a-kind items. The event is sponsored by The Closet, a faith-based nonprofit thrift shop that annually gives away nearly \$50,000 in clothing and necessities to social service agency-referred clients. Visit [theclosetofgreaterherndon.org](http://theclosetofgreaterherndon.org).

### FRIDAY-SUNDAY/NOV. 9-11

**"The Diary of Anne Frank."** Friday-Saturday, 7-9 p.m.; Sunday, 2-4 p.m. at Herndon High School's Black Box Theater (Room #175), 700 Bennett St., Herndon. Join Herndon High's Advanced Theatre students as they present an intimate portrait of a young Jewish girl who comes of age during one of the most horrendous times in modern history — The Holocaust. Special guests will lead engaging discussion after performances. Parental guidance recommended, contains violence and mature themes. \$5/student; \$10/adult at [herndon-drama.org](http://herndon-drama.org).

### THURSDAY/NOV. 10

**In Their Own Words.** 3-5 p.m. at Greater Reston Arts Center, 12001 Market St., Suite #103, Reston. In Their Own Words: Caitlin Teal Price in conversation with Curator Lily Siegel. Sponsored by Reston Community Center. Free and open to the public. Visit [restonarts.org](http://restonarts.org).

### SUNDAY/NOV. 11

**Annual Holiday Bazaar.** 9 a.m.-1 p.m. at Saint Timothy's Episcopal Church, 432 Van Buren St., Herndon. Come start off your holiday shopping at the annual church bazaar.



## Everything Christmas Sale

Get a head start on decorating and choosing gifts and help the community. Find everything from artificial trees to cookie cutters and food tins. Many are one-of-a-kind items. The event is sponsored by The Closet, a faith-based nonprofit thrift shop that annually gives away nearly \$50,000 in clothing and necessities to social service agency-referred clients. Friday, Nov. 9, 3-7 p.m. and Saturday, Nov. 10, 8:30 a.m.-noon at First Baptist Church of Herndon, 681 Elden St., Herndon. Free. Visit [www.theclosetofgreaterherndon.org](http://www.theclosetofgreaterherndon.org).

Tupperware, skin care products, jewelry, Native American items, Christmas decorations, books, toys and more are available. Email Carmela Condro at [ccondro@verizon.net](mailto:ccondro@verizon.net).

in the Holocaust. Free. Visit [www.scrawlbooks.com](http://www.scrawlbooks.com) or call 703-966-2111.

**Achievement Week Luncheon.** 2 p.m. at The Waterford Fair Oaks, 12025 Lee Jackson Memorial Highway, Fairfax. Baltimore Ravens General Manager Ozzie Newsome will be the guest of honor for the Omicron Kappa Kappa (OKK) Chapter of Omega Psi Phi Fraternity's Achievement Week Luncheon to recognize individuals at the local and international level who have contributed to community uplift. OKK's 2018 award recipients are Virginia Lt. Gov. Justin Fairfax, who will be honored as Citizen of the Year; Westfield High School football coach Kyle Simmons, Sportsman of the Year, and Reston Chamber of Commerce President and CEO Mark Ingrao, who will receive the Community Service Award. Chapter award recipients are Gordon Person, Omega Man of the Year; Earl Smith, Superior Service, and Roscoe Nance, Founders Award. Visit [okk-ques.org](http://okk-ques.org).

**Herndon Turkey Trot 5K Race.** 4 p.m. at Herndon Community Center, 814 Ferndale Ave., Herndon. Runners and walkers, conquer a fun 5K trail course, which winds around the Herndon Centennial Golf Course. Long-sleeved Sport Tek T-shirts guaranteed to the first 900 pre-registered runners. Shirts must be picked up the day of the race. Shirts will not be available after race day. Refreshments, entertainment and door prizes will be available after the race to all runners. Pre-registration: \$30 for Adults (19 & up) + can of food; \$20 for Youth (age 18 & under) + can of food; day-of registration plus \$5 for adults. Register at the Herndon Community Center and online at [herndon-va.gov/events](http://herndon-va.gov/events) and [www.active.com](http://www.active.com).

### SUNDAY/NOV. 18

**Page to Screen Book Club.** 4 p.m. at Scrawl Books, 11911 Freedom Drive, Reston. Readers are invited to join the first meeting of the Page to Screen Book Club to discuss the novel and movie version of The Hate U Give by Angie Thomas. Free. Visit [www.scrawlbooks.com](http://www.scrawlbooks.com) or call 703-966-2111.

### MONDAY/NOV. 19

**Reston Photographic Society.** 7:30-9:30 p.m. in Room 6 at the Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. The Reston Photographic Society invites photography enthusiasts of all skill levels to attend meetings. RPS is a special-interest group of the League of Reston Artists. Share information and enjoy guest speakers, workshops and group critiques. Nonmembers are welcome. Visit [www.leagueofrestonartists.org](http://www.leagueofrestonartists.org).

### TUESDAY/NOV. 13

**Design and Wine.** 7-9 p.m. at ArtSpace Herndon, 750 Center St., Herndon. Learn to create wire wrapped dangles that can be made into earrings or a pendant. There will be plenty of beads to choose from and wire to work with to create a one of a kind jewelry design. \$40 per person covers wine, light snacks and supplies. Limited to 25 participants. Registration is required with payment in advance. No prior art experience necessary. Visit [www.artspaceherndon.org/new-events/2018/11/13/wire-wrapped-dangles-with-sandi-volpe](http://www.artspaceherndon.org/new-events/2018/11/13/wire-wrapped-dangles-with-sandi-volpe).

### FRIDAY/NOV. 16

**Accidental Red Jazz.** 6-9 p.m. at Cafe Montmartre, 1625 Washington Plaza Lake Anne, Reston. Accidental Red is a five-member band from Northern Virginia with a focus on jazz standards and includes a repertoire of popular songs, show tunes, and blues. Kathy Farmer (vocals), Karin Slawinski (sax and flute), Zenon Slawinski (piano/accordion), Charlie Olson (bass), and Ron Mangas (drums). \$10. Call 703-904-8080 or visit [cafemontmartre.com/entertainmentevents.html](http://cafemontmartre.com/entertainmentevents.html).

### FRIDAY-SUNDAY/NOV. 16-18

**"The Diary of Anne Frank."** Friday-Saturday, 7-9 p.m.; Sunday, 2-4 p.m. at Herndon High School's Black Box Theater (Room #175), 700 Bennett St., Herndon. Join Herndon High's Advanced Theatre students as they present an intimate portrait of a young Jewish girl who comes of age during one of the most horrendous times in modern history — The Holocaust. Special guests will lead engaging discussion after performances. Parental guidance recommended, contains violence and mature themes. \$5/student; \$10/adult at [herndon-drama.org](http://herndon-drama.org).

### SATURDAY/NOV. 17

**Porcupine's Pie!** 11 a.m. at Scrawl Books, 11911 Freedom Drive, Reston. Author Laura Renauld joins us for a Saturday morning story time to read her first children's book, Porcupine's Pie — a perfect read for the season. Free. Visit [www.scrawlbooks.com](http://www.scrawlbooks.com) or call 703-966-2111.

**Lenin, Hitler and Me.** 2 p.m. at Scrawl Books, 11911 Freedom Drive, Reston. Vera Kochansky presents the autobiography of her father, Boris, relaying the details of his experience