

Hadeed
ORIENTAL RUG CLEANING
AND IN-HOME SERVICES

OUR BEST OFFER EVER!

In Plant Express or Signature Rug Cleaning
FOR EVERY 2 RUGS CLEANED GET THE 3RD RUGS CLEANED **FREE!**

SAVE up to 35%

ANY TYPE OF RUG, ANY PRICE LEVEL, WE HAVE A SOLUTION FOR YOU!

703-836-1111 | JoeHadeed.com | FREE PICKUP & DELIVERY! *Hurry! Offer Expires 2/10/19. Get the third rug of equal or smaller size for free. Not valid w/any other offers.

Alexandria Gazette Packet

WELLBEING
PAGE 15

25 CENTS

SERVING ALEXANDRIA FOR OVER 200 YEARS • A CONNECTION NEWSPAPER

FEBRUARY 7, 2019



PHOTO CONTRIBUTED

VeloCity Bicycle Cooperative co-founder Christian Myers at work in the Del Ray shop. Myers was recently diagnosed with cancer and a Feb. 4 event at Pork Barrel BBQ raised \$20,000 for his family.

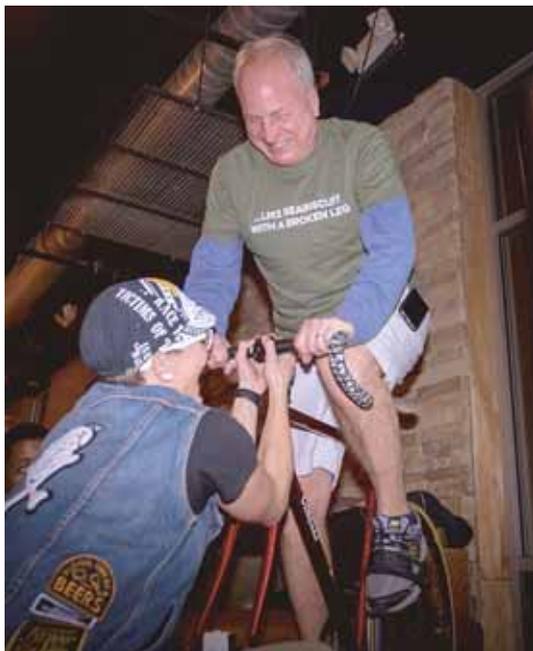


PHOTO BY "MANCO" MIKE ANDERSON

Lindsay Nelson, left, encourages Sheriff Dana Lawhorne as he takes part in the 500-meter indoor cycling sprint as part of a fundraiser for VeloCity Bicycle Cooperative co-founder Christian Myers, who is battling cancer.

Gearing Up to Fight Cancer

\$20,000 raised for VeloCity founder.

BY JEANNE THEISMANN
GAZETTE PACKET

For nearly nine years, Christian Myers has been familiar a face in Alexandria, first in Old Town and now Del Ray. So when the VeloCity Bicycle Cooperative co-founder was diagnosed with cancer last October, his vast network of friends sprinted into action.

Longtime VeloCity customer Lindsay Nelson immediately rallied Pat Miller and the Del Ray Business Association to raise funds to help support Myers and his family as he battles Hodgkin's Lymphoma. A GoFundMe page was created but Nelson and Miller wanted to do more and on Feb. 4, the "Support Your Local Bike Guy" event was held at Pork Barrel BBQ, raising more than \$20,000 for the man known as Alexandria's bike guru.

"What an amazing night," said Del Ray resident Gayle Reuter. "We raised funds to help our friend

Christian Myers fight cancer and to make sure he knows we have his back."

Hundreds turned out to support Myers through raffles, drink specials and a silent auction. But the highlight of the evening was the indoor sprint bike races, which saw both serious and recreational cyclists go head to head on a stationary fixed gear bike. Participants pedaled as fast as possible for 500 meters, culminating with the crowning of individual and team champions.

"What a great evening," said Sheriff Dana Lawhorne, who participated in the sprint races, albeit at a more leisurely pace than the VeloCity Bicycle Cooperative team, who won the team event.

Myers, a former bike messenger, is undergoing chemotherapy and was unable to attend the event but expressed his gratitude through social media.

"I have so many people to thank for last night," Myers posted on Facebook. "Lindsay Nelson, Bill Blackburn, Pat Miller, thank you all so much. To the countless folks who donated gifts/time and their generosity, thank you. Without your support my family would be in a real bad way."

Myers and John Patterson co-founded VeloCity
SEE FIGHTING CANCER, PAGE 20

Abortion Bills Aborted in Richmond

Bills that some Alexandrian representatives supported stall in committees.

BY DAN BRENDEN
GAZETTE PACKET

Republicans recently halted two bills in the General Assembly that would have lessened restrictions on abortions, notwithstanding support for the bills from some of Alexandria's all-Democrat state delegation.

Either bill (SB 1451 or HB 2491) would have eliminated current requirements that:

❖ Second trimester abortions be performed in a hospital, though clinics may be closer to where a

woman seeking an abortion lives;

❖ For third trimester abortions, two additional consulting physicians concur "the pregnancy [would] likely to result in the death of the woman or ... impair [her] mental or physical health;"

❖ For third trimester abortions, such impairment to the mother be deemed "substantial and irremediable;"

❖ Non-complying physicians be subject to a \$2,500 civil penalty;

❖ Physicians or physician-supervised medical professionals follow a prerequisite checklist in obtaining a woman's "informed written consent."

Currently, prior to receiving an abortion, a woman must receive an ultrasound and an opportunity to view it; "a full, reasonable and comprehensible medical explanation of the nature, benefits, and risks of and alternatives to the pro

SEE ABORTION BILLS, PAGE 9

OHA Wins Online Voting State Grant

\$4,000 to help with conservation of 1858 Prettyman Hose Carriage.

BY JEANNE THEISMANN
GAZETTE PACKET

For days it was close but when the votes were counted, it was the Office of Historic Alexandria that came

out on top in the Virginia Association of Museums Top 10 Endangered Artifacts contest, securing a \$4,000 grant to help conserve the 1858 Prettyman Hose Carriage.

Online voting was open to the
SEE \$4,000 FOR, PAGE 14

PRST STD
U.S. POSTAGE
PAID
ALEXANDRIA, VA
PERMIT #482

ATTENTION
POSTMASTER:
TIME-SENSITIVE
MATERIAL

Address Service Requested
TO: 1604 KING ST.
ALEXANDRIA, VA 22314

CIRCULATION
VERIFICATION
COUNCIL

Thank you,
Alexandria!

RECORD
OF
SUCCESS

From:
Jen Walker Team

SPREAD KINDNESS BUILD COMMUNITY*



We would like to thank Alexandria for placing your trust in us. We look forward to continuing to give back to the community.

#WEAREALEXANDRIA

OUR 2018 YEAR IN REVIEW

81
LISTINGS

76
BUYERS

\$113M
TOTAL SALES VOLUME

The below sample of our 2018 sales activity in Alexandria represents the clients we had the pleasure of assisting. Whether working with a buyer or a seller, Jen Walker Team keeps the focus on finding the right fit for the client.



3303 Alabama Avenue
SOLD FOR \$1,317,500
REPRESENTED BUYER



20 W Del Ray Avenue
SOLD FOR \$982,500
REPRESENTED BUYER



821 Crescent Drive
SOLD FOR \$989,000
REPRESENTED BUYER



821 Queen Street
SOLD FOR \$665,000
REPRESENTED BUYER



5 E Windsor Avenue
SOLD FOR \$1,262,000
REPRESENTED SELLER & BUYER



5230 Maris Drive
SOLD FOR \$277,644
REPRESENTED SELLER & BUYER



117 E Randolph Avenue
SOLD FOR \$1,296,183
REPRESENTED SELLER



2717 Hemlock Avenue
SOLD FOR \$835,000
REPRESENTED SELLER & BUYER



816 Crescent Drive
SOLD FOR \$1,175,000
REPRESENTED SELLER



902 Ramsey Street
SOLD FOR \$1,287,500
REPRESENTED SELLER



311A E Windsor Avenue
SOLD FOR \$610,000
REPRESENTED SELLER



922 S Washington St. #110
SOLD FOR \$232,000
REPRESENTED SELLER



Jen Walker Team

SPREAD KINDNESS BUILD COMMUNITY*

JenWalker.com | 703.675.1566

109 S. PITT STREET, ALEXANDRIA, VA 22314



Sales data obtained from Bright MLS is deemed accurate, but is not guaranteed.



WWW.CONNECTIONNEWSPAPERS.COM



Elizabeth Crull, Andrea Portillo and Mia Suite of eye2eye in Del Ray at the 15th anniversary Alexandria Warehouse Sale Feb. 2 at the Westin Hotel.



Sophie Zelos-Reyes participates in a children's craft project.



Carla Truitt, CEO of Eight Royals, arranges her foldable ballet flats.

Shop 'Til You Drop Alexandria Warehouse Sale celebrates 15 years.

In the early morning hours of Feb. 2, dedicated shoppers lined up to be among the first to peruse the racks at the Alexandria Warehouse Sale, now in its 15 year.

More than 30 local and regional boutiques participated in the sale, which was held at the Westin Hotel in the Carlyle section of the city. Mind the Mat offered complimentary yoga classes prior to the sale's opening and Salon DeZen provided makeover services to shoppers.

Dubbed "the Super Bowl of shopping" due to the event being held on Super Bowl weekend, the sale attracts visitors from throughout the region looking to score deals on clothing, shoes, jewelry and home furnishings.

Elizabeth Todd, co-founder of the Old Town Boutique District and owner of The Shoe Hive, founded the event in 2005 with the first warehouse sale taking



Cerhie Carroll shows off her purchases at the Feb. 2 Alexandria Warehouse Sale at the Westin Hotel.



Old Town Boutique District president Megan Podolsky, right, with Maurisa Potts at the Feb. 2 Alexandria Warehouse Sale.



Salon DeZen offered hair makeovers during the Feb. 2 Alexandria Warehouse Sale.

place in the Campagna Center. "It's amazing how much this sale has grown and the regional popularity it has achieved over the past

15 years," Todd said. "In 2005, we didn't know what to expect for year one. We honestly thought it would be a 'one and done' event,

with a modest turnout. That first year was insanity with folks packed into the Campagna Center. I wish there were photos or social

media back then to capture the first year."

Visit www.oldtownboutiquedistrict.com.
— JEANNE THEISMANN

PHOTOS BY JANET BARNETT

Vote for Heart of Del Ray

Online voting is now open for the 2019 Heart of Del Ray award. Presented by the Del Ray Business Association, the award is presented to the business that best represents "the heart and soul" of Del Ray as determined by public voting.

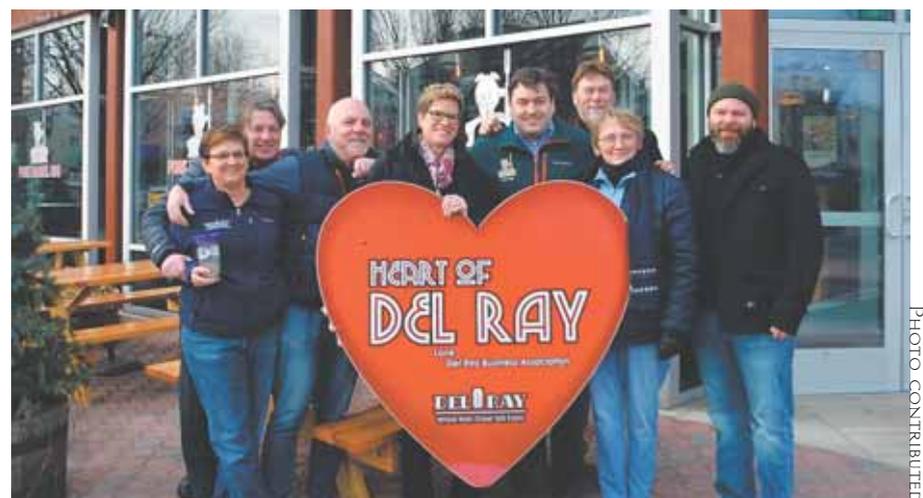
According to DRBA, selection is based on which business best demonstrates a warm and welcoming attitude, a commitment and generosity to the community and an overall contribution to the Del Ray community.

This year's six nominees are: Evening Star Cafe, Four Directions Wellness, Nature's Nibbles, Rock of Ages Music, Taqueria el Poblano, and Stomping Ground.

Community members can vote for which business they feel epitomizes what makes Del Ray "the best place in the world to live, work and shop." Last year's winner was Pork Barrel BBQ, Holy Cow and the sushi bar. Previous winners have included A Show of Hands, Jen Walker McEearney Associates, Bobi Bomar Homes of Alexandria, The Neighborhood Pharmacy of Del Ray, Greener Cleaner of Del Ray, Del Ray Pizzeria, Mind the Mat Pilates & Yoga, Caboose Cafe and Del Ray Cafe.

Voting is open online through Feb. 7 at www.visitdelray.com.

— JEANNE THEISMANN



Members of the Del Ray Business Association present Pork Barrel BBQ's Bill Blackburn, fourth from right, with last year's Heart of Del Ray Award. Online voting is open through Feb. 7 for the 2019 award.

PHOTO CONTRIBUTED

Know Your City: Land Use and Social Impact

A look about how land use practices and policies relate to demographics.

BY DAN BRENDL
GAZETTE PACKET

This is the third in an intermittent series to help citizens visualize relevant data, relationships, and trends in the city's geographic context.

In the coming year, city government staff and the City Council will consider various zoning and affordable housing policies and practices, not least in connection with Amazon HQ2. In light of that, here's a limited sketch of the complex issue of land use.

Jane Jacobs, an urban activist and author from the 1960s onward, wrote: "The district, and indeed as many of its internal parts as possible, must serve more than one primary function; preferably more than two. These must insure the presence of people who go outdoors on different schedules and are in the place for different purposes, but who are able to use many facilities in common." With "a sufficiently dense concentration of people," she argued that diverse land uses promote:

- ❖ Social interaction (otherwise unacquainted people from all walks of life bumping into each other in the course of "errands" and "sidewalk life" builds "casual public trust");

- ❖ Continuous economic activity (lunch crowd, dinner crowd, etc.);
- ❖ Organic safety (many eyes always on the streets).

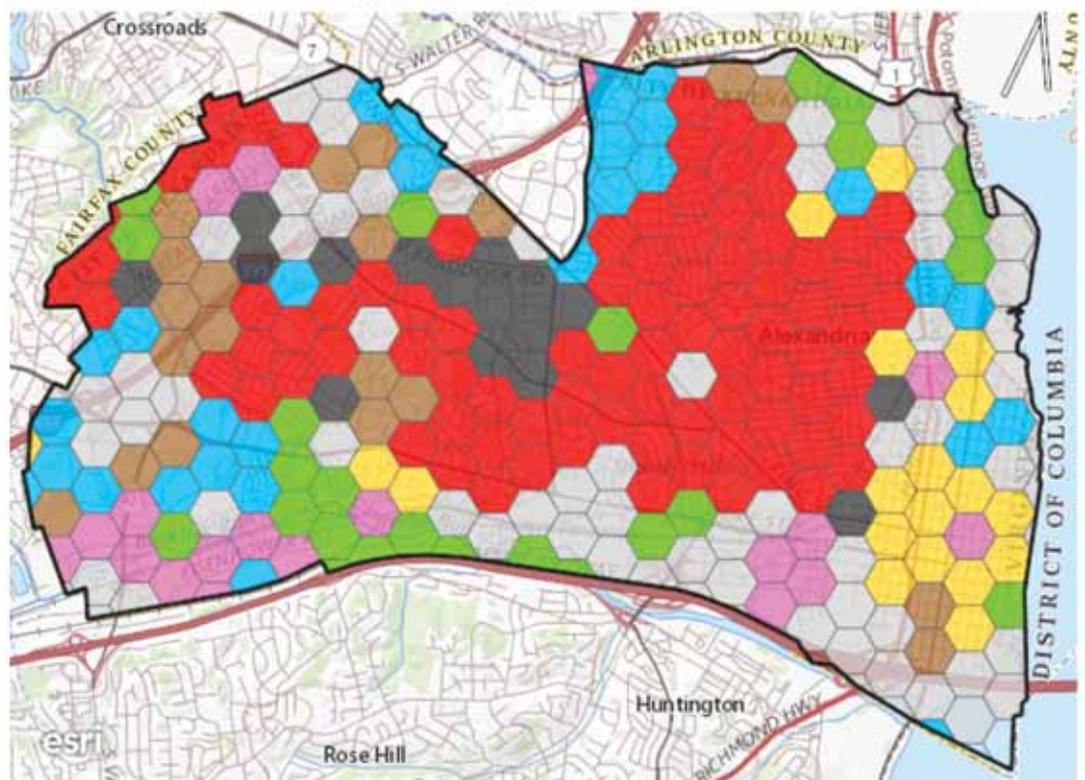
Jacobs' work influenced much contemporary thinking about urban planning and "placemaking." Many of Alexandria's planning efforts reflect her emphasis on the social good of mixed land use. For example, the 2018 South Patrick Street Housing Affordability Strategy focuses on maintaining "housing diversity," toward "maintaining the area's economic, social, and cultural diversity." The 2013 Housing Master Plan says: "Mixed-income communities are the optimal way of maintaining social and cultural diversity through increased opportunities for interaction rather than isolation or polarization."

Apart from subsidizing units, a near-proximity mixture of units types can increase the diversity of affordability levels at market rates, and thus the diversity of people who can live there. In particular, condominiums are generally much more affordable than single-family homes.

Single-family detached houses — not sharing a wall, like a duplex, townhouse/row house or stacked "multifamily" condos — are the most expensive housing type.

"Preserving the exclusivity of

Predominant Land Use (by sq. mi.)



SOURCES: USGS THE NATIONAL MAP; CITY OF ALEXANDRIA GIS OPEN DATA HUB (CITYOFALEXANDRIA-ALEXGIS.OPENDATA.ARCGIS.COM).

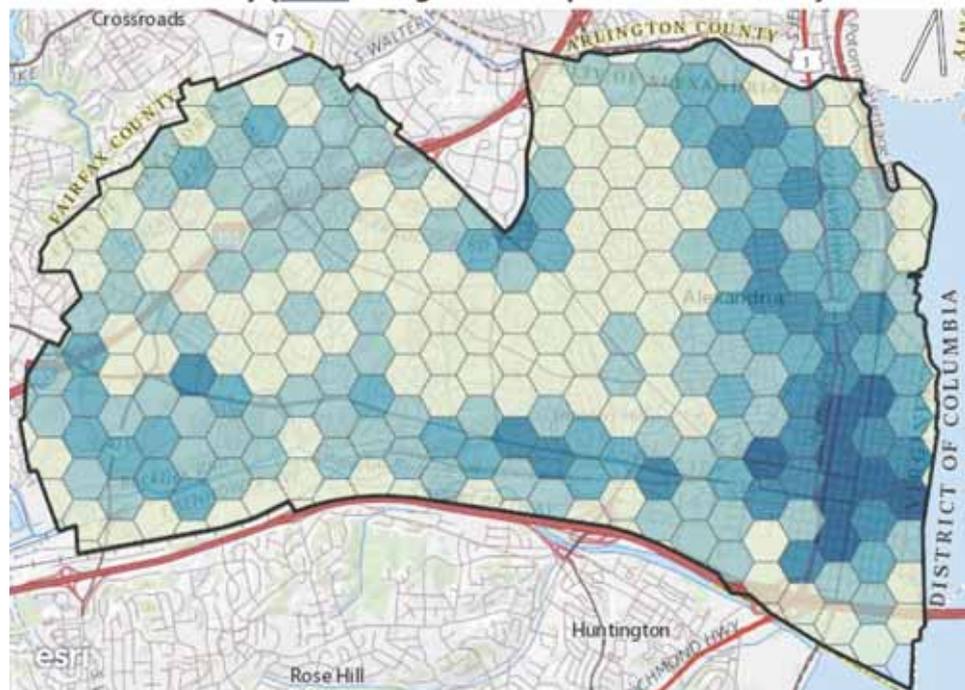
single-family detached neighborhoods can have negative social equity implications by erecting barriers for lower-income/wealth

families," according to recent study from the Northern Virginia Affordable Housing Alliance. "Low-income households and racial and ethnic minorities have

faced de jure and de facto barriers to full participation in the housing market, with associated

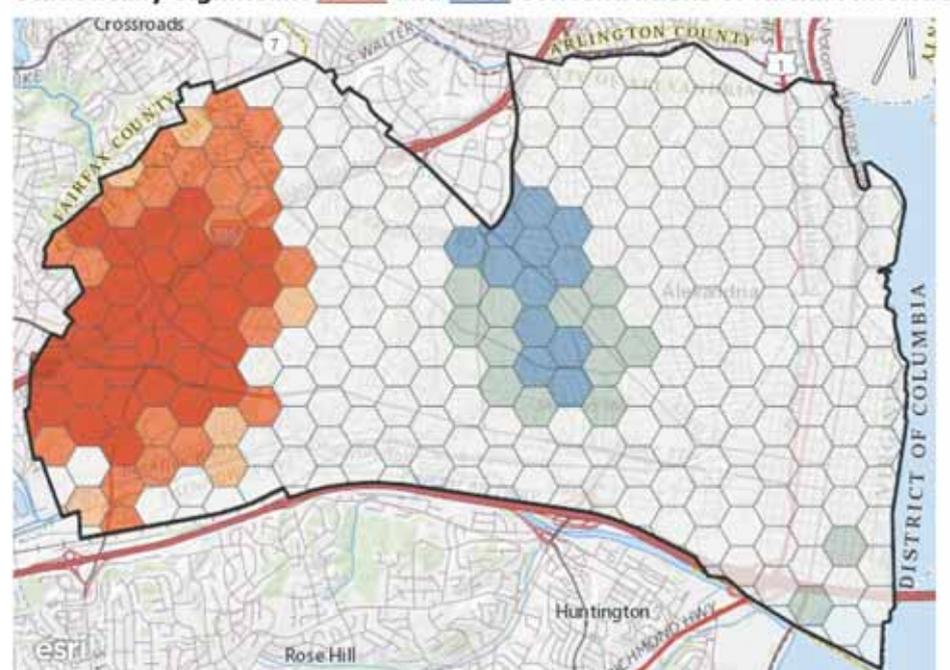
SEE LAND USE, PAGE 8

Land Use Diversity (BLUE = Higher # Unique P&Z Use Codes)



SOURCES: USGS THE NATIONAL MAP; CITY OF ALEXANDRIA GIS OPEN DATA HUB (CITYOFALEXANDRIA-ALEXGIS.OPENDATA.ARCGIS.COM).

Statistically Significant HIGH and LOW Concentrations of Racial Minorities



SOURCES: USGS THE NATIONAL MAP; ESRI 2018 MINORITY POPULATION.

WWW.CONNECTIONNEWSPAPERS.COM

Vehicle Sought from Fatal Crash

The Alexandria Police Department is investigating a fatal traffic crash that occurred on Sunday, Jan. 27, in the 5000 block of Seminary Road.

At approximately 7:27 p.m., police responded to the area for a pedestrian struck in the eastbound lanes of Seminary Road. The victim, identified as Josef Holzer, a 53-year-old Alexandria resident, was walking southbound across Seminary Road when he was struck by a motor vehicle. Holzer died at the scene of the crash.

Detectives determined that while one driver who struck the pedestrian stopped at the scene of the crash, a second vehicle struck the victim and the driver did not stop. This vehicle has been described as a dark 2011 Toyota Sienna, possibly blue. The vehicle would have front end damage, primarily in the lower portion of the passenger



Stock Photo/APD

The vehicle in a fatal Jan. 27 traffic crash has been described as a dark 2011 Toyota Sienna, possibly blue.

side.

Alexandria Police ask that witnesses or people with information regarding this vehicle contact Detective Loren King at 703-746-6689.

CRIME REPORT

The following incidents were reported by the Alexandria Police Department.

WEDNESDAY, FEB. 6

The Alexandria Police Department is investigating a pedestrian-involved crash at Duke and Peyton streets. The pedestrian has serious injuries and was transported to the hospital.

FRIDAY, FEB. 1

The Alexandria Police Department is investigating a commercial robbery in the 200 block of S Van Dorn Street. A suspect stole items and implied a weapon when confronted. There were no injuries.

WEDNESDAY, JAN. 30

The Alexandria Police Department is investigating a series of commercial robberies at convenience stores. Two suspects robbed the 7-11 in 5700 block of Edsall Road, then the 7-11 in 3000 block of Duke Street. There were no injuries.

MONDAY, JAN. 28

The Alexandria Police Department is investigating a robbery in the 5400 block of Bradford Court. Two male suspects brandished firearms & stole items from another man. There were no injuries.

King's Jewelry

Happy Valentine's Day!

or Just Because!

**Open Thurs 10am-8pm
Mon-Sat 10am-6pm
Closed Sundays**

**KingsJewelry.NET
609 King Street
Old Town Alexandria
703-549-0011**

Family owned and operated for over 60 years.

Give your money a raise



Make your money work harder by earning higher interest rates.

Talk to a banker for more details. Offer expires March 22, 2019.

Platinum Savings Account

2.10% Annual Percentage Yield for 12 months¹

Enjoy a special interest rate for 12 months with new money deposits of at least \$25,000 and a minimum daily account balance of \$25,000 or more.

Fixed Rate CD

2.60% Annual Percentage Yield for 11 months²

Guaranteed fixed rate with new money deposits of at least \$25,000 for an 11-month term.

Both accounts are FDIC-insured up to the maximum allowable limit. Platinum Savings offer available in CT, DC, DE, FL, GA, MD, NJ, NY, SC and VA. Fixed Rate CD offer available in AL, AZ, CT, DC, DE, FL, GA, MD, NJ, NM, NV, NY, PA, SC and VA. Portfolio by Wells Fargo[®] customers are eligible to receive an additional interest rate bonus on these accounts.³

1. To qualify for this offer, you must have a new or existing Platinum Savings account and enroll the account in this offer between 01/21/2019 and 03/22/2019. This offer is subject to change at any time, without notice. This offer is available only to Platinum Savings customers in the following states: CT, DC, DE, FL, GA, MD, NJ, NY, SC and VA. In order to earn the Special Interest Rate of 2.08% (Special Rate), you must deposit \$25,000 in new money (from sources outside of Wells Fargo Bank, N.A. or its affiliates) to the enrolled savings account and maintain a minimum daily account balance of \$25,000 throughout the term of this offer. The corresponding Annual Percentage Yield (APY) for this offer is 2.10%. The Special Rate will be applied to the enrolled savings account for a period of 12 months, starting on the date the account is enrolled in the offer. However, for any day during that 12 month period that the daily account balance is less than the \$25,000 minimum, the Special Rate will not apply and the interest rate will revert to the standard interest rate applicable to your Platinum Savings account. As of 12/10/2018, the standard interest rate and APY for a Platinum Savings account in CT, DC, DE, FL, GA, MD, NJ, NY, SC and VA with an account balance of \$0.01 to \$99,999.99 is 0.03% (0.03% APY) and with an account balance of \$100,000 and above is 0.05% (0.05% APY). Each tier shown reflects the current minimum daily collected balance required to obtain the applicable APY. Interest is compounded daily and paid monthly. The amount of interest earned is based on the daily collected balances in the account. Upon the expiration of the 12 month promotional period, standard interest rates apply. Minimum to open a Platinum Savings account is \$25. A monthly service fee of \$12 applies in any month the account falls below a \$3,500 minimum daily balance. Fees may reduce earnings. Interest rates are variable and subject to change without notice. Wells Fargo may limit the amount you deposit to a Platinum Savings account to an aggregate of \$1 million. Offer not available to Private Banking, Wealth, Business Banking or Wholesale customers. 2. Annual Percentage Yield (APY) is effective for accounts opened between 01/21/2019 and 03/22/2019. The 11-month New Dollar CD special requires a minimum of \$25,000 brought to Wells Fargo from sources outside of Wells Fargo Bank, N.A. or its affiliates to earn the advertised APY. Public Funds and Wholesale accounts are not eligible for this offer. APY assumes interest remains on deposit until maturity. Interest is compounded daily. Payment of interest on CDs is based on term: For terms less than 12 months (365 days), interest may be paid monthly, quarterly, semi-annually, or at maturity (the end of the term). For terms of 12 months or more, interest may be paid monthly, quarterly, semi-annually, or annually. A fee for early withdrawal will be imposed and could reduce earnings on this account. Special Rates are applicable to the initial term of the CD only. At maturity, the Special Rate CD will automatically renew for a term of 6 months, at the interest rate and APY in effect for CDs on renewal date not subject to a Special Rate, unless the Bank has notified you otherwise. Due to the new money requirement, accounts may only be opened at your local branch. Wells Fargo reserves the right to modify or discontinue the offer at any time without notice. Offer cannot be combined with any other consumer deposit offer. Minimum new money deposit requirement of at least \$25,000 is for this offer only and cannot be transferred to another account to qualify for any other consumer deposit offer. If you wish to take advantage of another consumer deposit offer requiring a minimum new money deposit, you will be required to do so with another new money deposit as stated in the offer requirements and qualifications. Offer cannot be reproduced, purchased, sold, transferred, or traded. 3. The Portfolio by Wells Fargo program has a \$30 monthly service fee, which can be avoided when you have one of the following qualifying balances: \$25,000 or more in qualifying linked bank deposit accounts (checking, savings, CDs, FDIC-insured IRA) or \$50,000 or more in any combination of qualifying linked banking, brokerage (available through Wells Fargo Advisors, LLC) and credit balances (including 10% of mortgage balances, certain mortgages not eligible). If the Portfolio by Wells Fargo relationship is terminated, the bonus interest rate on all eligible savings accounts, and discounts or fee waivers on other products and services, will discontinue and revert to the Bank's then-current applicable rate or fee. For bonus interest rates on time accounts, this change will occur upon renewal. If the Portfolio by Wells Fargo relationship is terminated, the remaining unlinked Wells Fargo Portfolio Checking or Wells Fargo Prime Checking account will be converted to another checking product or closed.

Investment and Insurance Products
Are not insured by FDIC or any Federal Government Agency | May Lose Value | Are not a Deposits of or Guaranteed by a Bank
© 2019 Wells Fargo Bank, N.A. All rights reserved.
Deposit products offered by Wells Fargo Bank, N.A. Member FDIC.
NMLSR ID 399801

Peak Time for Roses The emotional power of flowers.

BY MIKE SALMON
GAZETTE PACKET

In early February, much is happening at the Helen Olivia flower shop in Old Town. Valentine's Day is coming and they get five to six thousand roses to make that special arrangement. There's the last-minute shuffle, the "Galentine's Day" needs and "bud vases" so special daughters don't feel left out when dad brings home mom a Valentine's. The flowers have to arrive at the precise time so they're at the perfect peak on Feb. 14.

"It's a funny little dance we do," said owner Rachel Gang.

Flowers are coming in from all over the world, the delivery vehicles are making rounds in their set areas around Northern Virginia, D.C. and Maryland. "Men are very last minute," Gang said, so it's busy. Helen Olivia has been at the Pitt Street location for over 10 years, so the dance has been done before.

"We're pros at bringing in things at the right time," she said.

Inside the shop, the staff of floral designers are snipping away, and the piles of stems and leaves on the floor piles up. Certain stems oozing plant juice get slippery, said Sarah McNish, a floral designer who was

hired on Valentine's Day a few years ago. Floral artists at work can't worry about the mess though. "It is the beauty and freedom of our job," she said.

In the last couple of years, they've seen a trend when husbands buy for their wives and they've picked up on it, throwing in a small "bud vase," for the daughter. The "Galentine's Day" phenomenon started a couple of years ago too, when women come in two or three days before and buy a small bouquet for their BFF's. "An inclusion tradition," Gang said. "Every year we come up with a few new Valentine's arrangements," she added.

It's not just the act of gift giving that makes a bouquet special on Valentine's. There's scientific proof that flowers tug at the emotions and this was highlighted by the Society of American Florists which has its headquarters at 1001 North Fairfax St., around the corner from Helen Olivia. Recent behavioral research studies conducted at Harvard, Rutgers and Texas A&M "demonstrate flowers' ability to make people happy, strengthen feelings of compassion, foster creativity and even provide a boost of energy," their information stated.

The 2018 study, entitled, "The Impact of Flowers on Perceived Stress Among Women," concludes that adding flowers to



PHOTOS BY MIKE SALMON/GAZETTE PACKET

Sarah McNish, a floral designer, doesn't let the stems and leaves on the floor distract her while making flower arrangements.

indoor environments results in a statistically significant and meaningful reduction in stress.

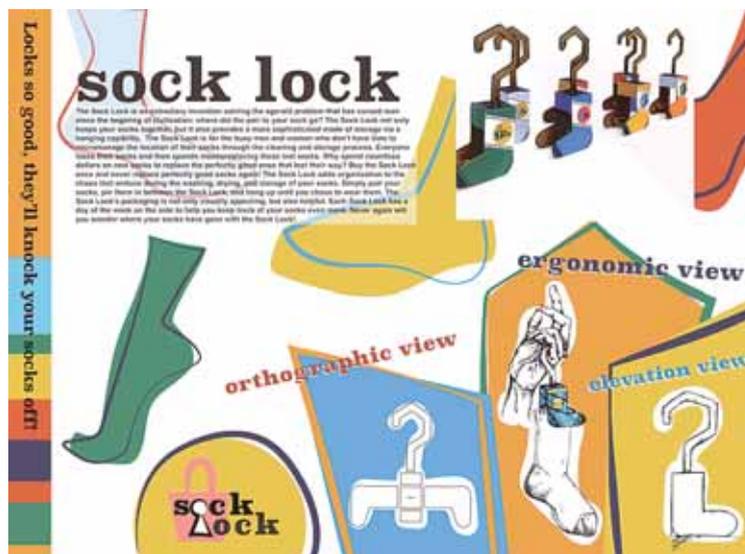
This is one reason they always have flowers and plants in the office "because we believe in flower power," said Jennifer Sparks, vice president of marketing. "We have plants throughout the office space, a lobby arrangement to greet our staff and guests every day, and each staff member receives a weekly bud vase for their desk," she added.

This increases their office productivity, said researchers at Texas A&M. "Our research shows that a change as simple as adding flowers and plants can be important in the most meaningful way to businesses in the modern economy," said Dr. Roger Ulrich, lead researcher on the project. "People's productivity, in the form of innovation and creative problem solving, improved — which in certain circumstances could mean the difference between mild and great business success."

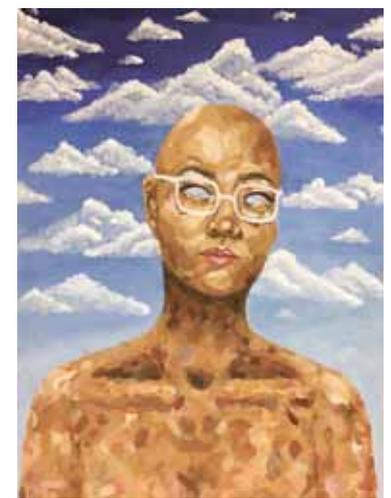
The rose, they say, has evolved from a few varieties in the 1980s to over 120 varieties today, but most are not grown around here. "Approximately 90 percent of the roses sold in the United States for Valentine's Day are imported from off-shore growers in Colombia and Ecuador," said Jenny Scala, the society's director of marketing and communications.



Gold Key Award - Annie Mildrew '19 - Girl with the Acrylic Nails



Gold Key Award - Annie Mildrew '19 - Sock Lock



Silver Key Award - Catherine Hiyama '19 - Eyes are the Windows

Bishop Ireton Senior Wins Gold Key In Scholastic Art Competition

Bishop Ireton senior Annie Mildrew won two Gold Key Awards in the Scholastic Art Competition for her two works "Sock Lock" and "Girl with the Acrylic Nails."

Senior Catherine Hiyama also won a Silver Key for her work "Eyes are the Windows." The Scholastic Awards look for work that demonstrates originality, technical skill, and emergence of a personal voice or vision.

This is the first time a student from Bishop Ireton has won a Gold Key Award.

"Our art teacher, Mrs. [Vicky] Eichler, has pushed

me since the beginning of my first art class at Bishop Ireton to follow my creative impulses," said Annie. "I was surprised and filled with gratification to see that the two of my pieces won Gold Keys Awards. I'm so glad that I have had such an inspiring mentor like Mrs. Eichler in my life."

Annie's two Gold Key awards automatically qualified her for the National Scholastic Art Competition in New York City. She will go on to study Art & Design at Parsons School of Design in New York City this fall, and Catherine will pursue a degree in art this fall as well.



From left: Catherine Hiyama, art teacher Vicky Eichler, and Annie Mildrew.



Brandywine resident since 2015

BRANDYWINE LIVING...

because building a snowman is more fun than shoveling



BRANDYWINE LIVING
at Alexandria

Life is Beautiful



Call Samantha at 703.940.3300 to schedule your visit!
5550 Cardinal Place (next to Cameron Station) Alexandria, VA 22304

Our new Alexandria community is Brandywine Living's 29th luxury, active aging community with licensed Assisted Living and Memory-Care, visit us at www.Brandycare.com

Know Your City: Land Use and Social Impact

FROM PAGE 4

impacts on wealth creation [like home equity]. ... At a minimum, allowing more diverse housing types in detached single family neighborhoods reduces the barrier to entry into those neighborhoods, even absent any specific intervention to provide committed affordable [contractually rent-capped] housing opportunities.”

The report found that Alexandria’s zoning restricts 43 percent of residential developable area exclusively to single-family detached housing. The proportions in Arlington and Fairfax are double. In Alexandria, restrictive zoning — reflected in lower land use diversity and predominance of detached housing — concentrates in the city’s center. Areas around the city’s peripheral transit corri-

dors allow denser single-family attached and multifamily development.

Patterns of racial segregation follow a similar pattern. Minorities (those other than non-Hispanic white) concentrate most on Alexandria’s western periphery, where condos and apartments are the predominant land uses, and least in the city’s center.

Related to mixed uses, Jacobs

encouraged continuous but incremental turnover of buildings through redevelopment in order to maintain a diversity of buildings’ ages. She said: “If a city has only new buildings, the enterprises that can exist there are automatically limited to those that can support the high costs of new construction.” Whereas lower-cost “old buildings can be inexpensive incubators for new, marginal, and not-for-profit businesses,” according to Dr. Anna Marazuela Kim, writing for Thriving Cities. Jacobs called this the “economics of time,” whereby “the high building costs of one generation [become] the bargains of a following generation.”

This thinking also applies to residential buildings in a process dubbed “filtering.” The theory asserts that adding newer, more expensive units to the housing stock enables better-off households to move up. Relieved market pressures on the older stock makes the older stock more affordable to lower-income households.

Experts debate filtering’s efficacy in this regard. A 2014 nationwide study by Syracuse

University’s Dr. Stuart Rosenthal indicated that rents decreased with building age, until reaching 50 years old. As a result, “for rental units, the real income of an arriving occupant at a 50-year-old home is roughly 70 percent below that of the arriving occupant of a newly built unit. For owner-occupied housing the difference is ... 30 percent.” But after surpassing 50 years of age, building rents rose again. Think perhaps of costly living in historic Old Town.

Filtering also works at a slow pace. According to a 2016 research brief from U.C. Berkeley’s Institute of Governmental Studies, housing in a high-demand market like California’s Bay Area might filter down at a rate of less than 2 percent per year. At that rate, housing built for the median income could take 50 years for household at 50 percent of the median.

BULLETIN BOARD

THURSDAY/FEB. 7

New to Medicare? 3-5 p.m. at Alexandria Health Department, 4480 King St., Rm. 514. Presentation for those new to Medicare or a caregiver for a Medicare beneficiary. Learn the basics of Medicare coverage and choices. This presentation is given by Medicare counselors from the Division of Aging and Adult Services. No cost, but registration is required at 703-746-5999 or VICAP@alexandriava.gov.

SATURDAY/FEB. 9

Foster Parent Orientation. 10:30 a.m.-noon at Duncan Branch Library, 2501 Commonwealth Ave. The City of Alexandria will hold a free, no obligation information session for prospective foster parents. An agency representative will be on hand to answer any questions and explain the requirements to foster and/or foster to adopt. For questions or to RSVP, call 703-746-5858 or email Christine.Levine@alexandriava.gov.

VOLUNTEERS NEEDED

GW Birthday Parade. On Monday, Feb. 18, 2019 the George Washington Birthday Celebration Committee will stage the annual George Washington Birthday Parade. They need Parade Marshals and Dignitary Drivers starting at around 10 a.m. (the Parade should conclude by 3 p.m.). To volunteer, complete the online form at joeshumard.wufoo.com/forms/z1ipjpp1to60kx/.

FRIDAY/FEB. 22

Job Search in the Digital Age. 1:30-3 p.m. at City of Alexandria Workforce Development Center, 1800 N. Beauregard St., Lower Level Conference Room. Whether you’re making a career change by choice or necessity, this workshop is designed to help those facing a career change make a smooth transition. Learn about job search engines; resume tips and how to age-proof a resume; keywords to get a resume noticed and tips for networking through LinkedIn. Free. RSVP at 877-926-8300.

WWW.CONNECTIONNEWSPAPERS.COM



SHILLELAGHS
THE TRAVEL CLUB

Celebrating
our 54th
Anniversary

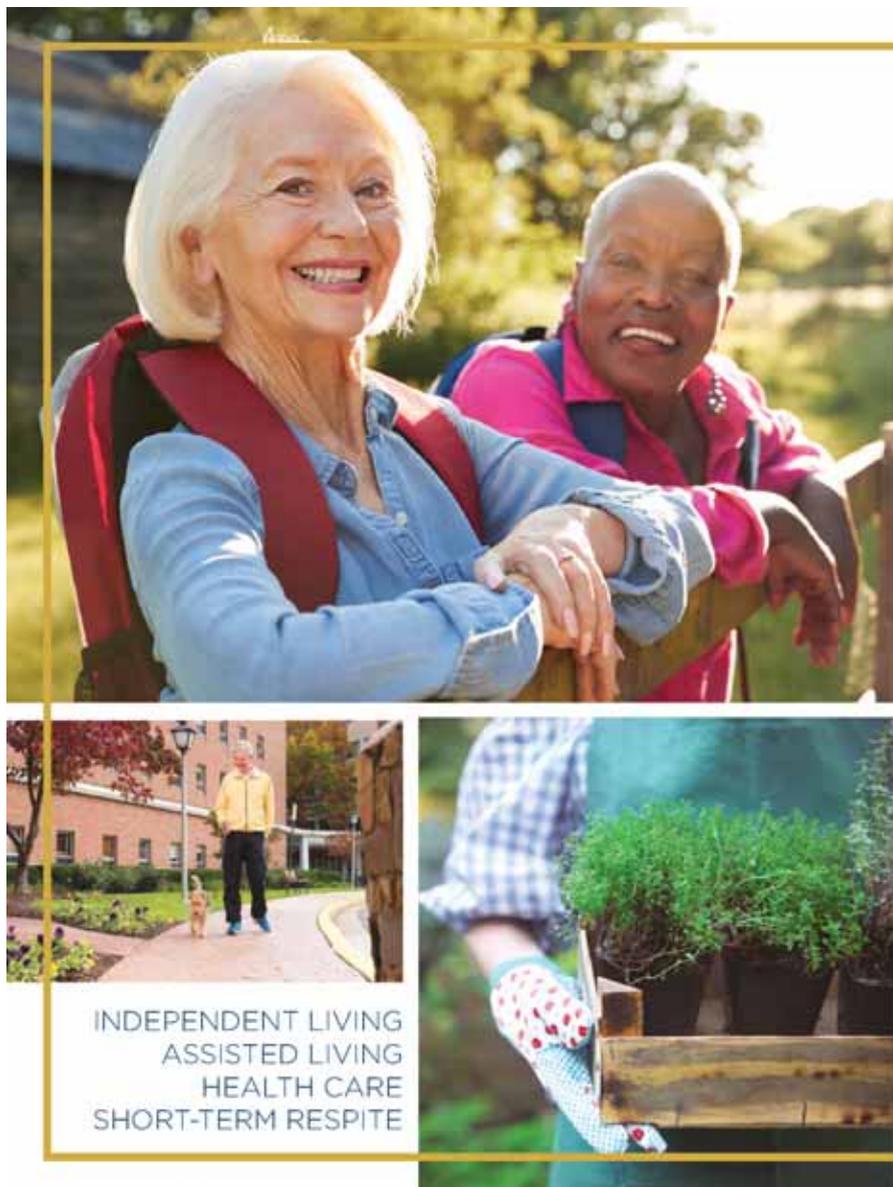
Niagara Falls by Motorcoach, June 9-13\$1,149
Includes coach from Vienna or Rockville, 4 nights hotel, daily breakfast & dinner, Sightseeing - Call for itinerary or visit our website.

Alaska Cruise! RCCL’s Radiance of the Seas, Aug. 9-16..... \$564 up
Call for details!

Dalmatian Cruise, June 10-19\$2400 plus taxes
9 nights from Venice to Athens, All meals, spirits/wine/beer, gratuities & entertainment included.
Call for reservations

SHILLELAGHS TRAVEL CLUB
100 East Street SE, Suite 202 • Vienna, Virginia 22180
703.242-2204 1-800-556-8646

Please visit our Web site at: www.shillelaghtravelclub.com for a listing of all our upcoming trips and socials.



ENRICHING LIFE’S JOURNEY

Quiet, comfortable living minutes from the beltway and our nation’s capital. Hermitage Northern Virginia offers rooftop views of Washington, D.C. surrounded by seven acres of beautifully landscaped gardens. Free yourself from the hassles of home ownership, and spend time exploring your passions or finding new ones. At Pinnacle Living, our team works closely with residents, families and loved ones to fulfill our mission of Enriching Life’s Journey. We are here for those who seek independence, combined with a secure plan for the future.

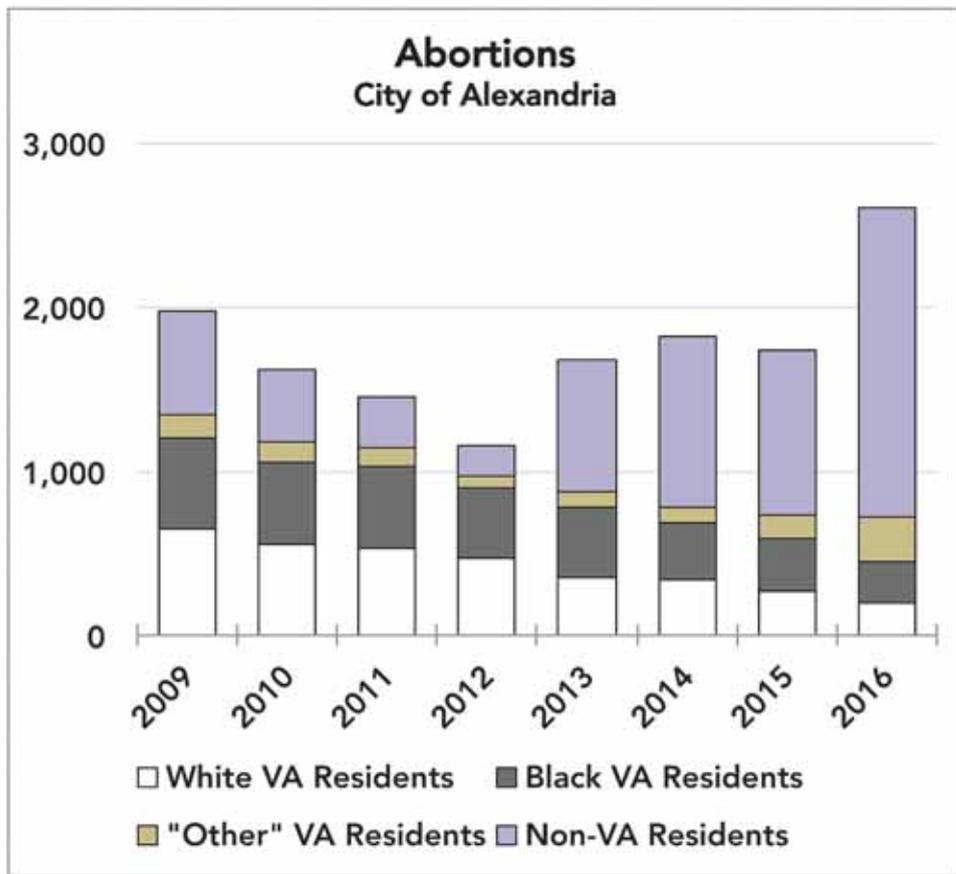
HERMITAGE

NORTHERN VIRGINIA

PINNACLE LIVING

**5000 FAIRBANKS AVENUE
ALEXANDRIA, VA 22311
P: 703 797 3800
HERMITAGENOVA.ORG
facebook: HERMITAGENOVA**

INDEPENDENT LIVING
ASSISTED LIVING
HEALTH CARE
SHORT-TERM RESPITE



DATA SOURCE: VIRGINIA DEPARTMENT OF HEALTH, DIVISION OF HEALTH STATISTICS, WWW.VDH.VIRGINIA.GOV/HEALTHSTATS.

Abortion Bills Aborted

FROM PAGE 1
posed procedures or protocols to be followed in her particular case;” and an opportunity review materials describing “accurate scientific information about the human fetus,” alternatives (including “adoption as a positive alternative”), medical assistance benefits, and “geographically indexed” public and private resources and services.

In an 8-7 party line vote, Republicans in the Senate Committee on Education and Health voted on Jan. 17 to “pass by indefinitely” SB 1451, effectively killing it. Sen. Richard Saslaw (D-35) and Sen. George Barker (D-39), who represent western Alexandria and serve on the committee, voted to keep the bill afloat. In a 5-3 party line vote, Republicans in a House subcommittee similarly stayed HB 2491.

Saslaw co-sponsored SB 1451; Del. Mark Levine (D-45), who represents eastern Alexandria, co-sponsored both; Sen. Adam Ebbin (D-30) and Del. Charniele Herring (D-46), the remainder of Alexandria’s delegation, co-sponsored neither.

Speaking against SB 1451 on Jan. 17, Felicia Pricenor of the Virginia Catholic Conference, representing the state’s Catho-

lic bishops: “[We support” maintaining strong informed consent laws ... that provide every woman with the best and most complete information prior to making a life and death decision for her unborn child.”

Speaking in favor, Sen. Jennifer L. McClellan (D-9), the bill’s sponsor, said: “All of these [current] requirements are medically unnecessary. ... You don’t get to the third trimester and wake up and say, I’ve changed my mind. You seek an abortion because something has gone horribly wrong. ... The practical implications [of the current law] have been that, for lower income women, it is much harder for them to do what they find medically necessary than [it is for] well-off women.”

“[The Virginia Department of Health] does not ask for information on why the [abortion] was performed other than if the reason was due to an unknown genetic issue,” said Dr. Stephen Haering, director of Alexandria’s health department, in a December email.

In a nationwide survey of women who terminated second or third trimester pregnancies during 2008-2010, published in BMC Women’s Health, 12 percent indicated health reasons. Respondents cited financial, timing and relationship issues roughly 3-4 times more often. Cumulatively from 2009-2016, about 174,000 pregnancies were terminated in Virginia, and about 14,000 in Alexandria, according to the Virginia Department of Health’s latest available annual reports. About 99 percent of these were first trimester pregnancies, in the few years where such a breakdown is provided. For Virginia residents, most were “non-marital” — roughly 80 percent for whites, 90 percent for blacks, 60 percent for “other” races, both statewide and in Alexandria.

Correction

An incorrect date was published in last week’s obituary for Julius Campbell. A memorial service for Campbell will be held Feb. 8 at Alfred Street Baptist Church, 301 S. Alfred St. Viewing at 10 a.m. with the service beginning at 11 a.m. In lieu of flowers, the family has requested donations to the ’71 Original Titans Scholarship Fund. See www.71originaltitans.com.

BLACK HISTORY MONTH

Throughout February, Alexandria’s Office of the Arts hosts a series of free programs as part of Black History Month.

To see the full schedule of programs, visit alexandriava.gov/arts.

@alexartsoffice • #artsALX

City of Alexandria
OFFICE OF THE ARTS

Free Movie Wednesdays

Every Week in February @ 6 pm

Lee Center Kauffman Auditorium
1108 Jefferson Street

- February 6 Coming to America (R)
- February 20 Crooklyn (PG-13)
- February 27 The Last Dragon (PG-13)

Black History Museum
902 Wythe Street

- February 13 School Daze (R)

(Rated R movies and may not be suitable for younger audiences.)

Presented by Mobile Art Lab. Sponsored by Popped! Republic. Special thanks to Alexandria Gazette Packet.

THE UNITED STATES AIR FORCE BAND
WASHINGTON, D.C.

Colonel Don Schofield, Commander and Conductor

Guest Artist Series 2019 Concert Band

FREE CONCERT!

Schlesinger Concert Hall | Alexandria, Virginia

David Childs

FEB. 21 AT 8 P.M.
euphonium virtuoso

for FREE tickets, please visit:
www.usafband.eventbrite.com

SAVE THE DATE!

Thursday, Apr. 18, 2019 at 8 p.m. featuring Joe Lulloff, saxophone

Crossroads at Crossover

BY ADAM P. EBBIN
STATE SENATOR (D-30)



This week marked “crossover,” the midpoint of the legislative session, when the Senate and the House of Delegates must complete work on legislation introduced by their respective members before sending it to the other chamber for consideration. Twelve of my bills are heading to the House this year. The days approaching crossover reached a frenetic pace as we voted on hundreds of bills and dozens of amendments. These final, all-engrossing days were accompanied by unexpected tension as our state government was suddenly embroiled in controversy and entered into the national spotlight.

The controversy began when an excerpt of a House Courts of Justice hearing regarding a bill to relax restrictions on abortion, introduced by Del. Kathy Tran (D-Fairfax), went viral on conservative websites. A short clip of a lengthier exchange between the sponsor and Del. Todd Gilbert (R-Shenandoah) regarding third trimester abortions was disseminated first in fundraising emails by the Republican Party of Virginia, and later drew national media attention. The next day, on the “Ask the Governor” program on WTOP radio, Governor Ralph Northam answered a question about the exchange. A misunderstanding about his clinical explanation of the delivery of a non-viable fetus led to some, including President Trump, to claim that the Governor, a pediatric neurologist, was advocating for “infanticide.” He was not.

The situation was one in which strongly held beliefs combined with the frantic speed of the news cycle spiraled out of control, creating confusion about the actual text of the bill. The bill would have made adjustments to current law

to allow physicians to provide abortion services during the second trimester in an outpatient facility, ended the mandate of an ultrasound 24 hours before an abortion, and required that one licensed physician must certify that a third trimester abortion is necessary for the health or welfare of the mother — as opposed to the current procedures which require three physicians to sign off on such procedures. Third trimester abortions are currently legal in Virginia and are exceedingly rare. According to the Virginia Department of Health data, only two have been performed on record in Virginia since 2000.

This bill would have permitted a woman and her doctor to make clinically-informed, often time-sensitive, choices regarding her own health. No woman makes such a decision lightly, and I don’t consider it my place to add non-medically necessary burdens to this process.

As an already contentious and busy week drew to a close, I was preparing for debate on the Senate Floor regarding the final pieces of my legislative agenda when I was alerted of a shocking photograph on Governor Northam’s 1984 medical school yearbook page.

I was appalled and disgusted when I saw the racist photograph of two individuals, one in blackface, the second in a Ku Klux Klan uniform, next to photos of the Governor. Later that evening, the Governor admitted publicly that he was in the photograph, and apologized. The Governor met with the Legislative Black Caucus (VLBC) that evening and again confirmed he was in the photograph. I joined the VLBC in calling for his resignation. The Senate and House Democratic Caucuses concurred with this decision.

The history of blackface, a tool employed by racists to deride and mock African Americans, coupled with the terror of lynchings, assaults, and harassment led by the KKK, are too inherent to the lived experience of Black Virginians to excuse this action. The Governor’s press conference on Saturday, in which he claimed he was not in the photograph, but had before dressed in blackface in a dance contest, reinforced my belief that he must resign. The normalizing of racist iconography cannot be dismissed as a youthful mistake.

I spent the weekend speaking to a number of community leaders, including members of the NAACP and clergy, and discussed the pain and sense of betrayal that this image brought so many. While I have known and served with the Governor for years, as a senator, lieutenant governor, and governor, and appreciate his career in public service, it is clear that his actions, both in the past and in dealing with the recent fall out of this revelation, have deeply shaken Virginians’ trust in him. Because of this, he cannot continue to lead our Commonwealth.

This week has been a painful reminder of the racist past, and the too-often racist and discriminatory present of Virginia that continues to define the experience of many in minority communities today.

In order to fully condemn hate and violence, Virginia needs a Governor with the moral authority lead us forward. So long as Governor Northam remains in office, Virginia will lack this.

We have to end the systemic racism which has for too long persecuted minority communities. We need criminal justice reform. We need to end discriminatory practices in voting and housing, and to end the scourge of gun violence. We need a living wage and affordable housing to provide a hand up from poverty for those suffering the consequences of institutionalized racism and Jim Crow laws. To solve these problems, we must have a unified Virginia with leadership that fully understands what it means to experience discrimination.

It is time to begin the healing process. We must take action and move forward together. It is my continued honor to serve the 30th District.

LETTERS TO THE EDITOR

Need To Study Helicopter Noise

To the Editor
The following is an open letter to Gene L. Dodaro, Comptroller General of the United States, U.S. Government Accountability Office.

Dear Comptroller General Dodaro:
We write to request that the Government Accountability Office (GAO) conduct a study of helicopter noise within the Washington metropolitan area. Many of our constituents live with the impacts of regular helicopter noise that interrupts sleep patterns, causes their homes to shake and negatively impacts their quality of life. While disturbances from heli

SEE LETTERS, PAGE 12



PHOTO CONTRIBUTED

Drug Take Back and Disposal

Many Alexandrians started the new year off by cleaning out their medicine cabinets and safely disposing of unwanted prescription medications at the local Drug Take Back on Jan. 12. Alexandria police officers and sheriff’s deputies staffed drop off sites at The Neighborhood Pharmacy, First Baptist Church, Fire Station 210 and Police Headquarters. Deputies also retrieved full bags from the permanent drop box at The Neighborhood Pharmacy. In total, 240 pounds of medications were collected and then destroyed. The next Drug Take Back will take place April 27. Above are (from left) Substance Abuse Prevention Coalition of Alexandria Chair Allen Lomax, volunteer Cullen Prall, and Sergeant Valarie Wright at The Neighborhood Pharmacy in Del Ray.

www.AlexandriaGazette.com

@AlexGazette

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to
connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
gazette@connectionnewspapers.com

Steven Mauren
Editor, 703-778-9415
smauren@connectionnewspapers.com

Jean Card
Production Editor
jcard@connectionnewspapers.com

Dan Brendel
Reporter, 757-472-3435
dbrendel@connectionnewspapers.com

Jeanne Theismann
jtheismann@connectionnewspapers.com
@TheismannMedia

John Bordner, Mark Mogle
Contributing Photographers
gazette@connectionnewspapers.com

Shirley Ruhe
Contributing Photographer and Writer
gazette@connectionnewspapers.com

Eden Brown
Contributing Writer
gazette@connectionnewspapers.com

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Debbie Funk
Display Advertising/National Sales
703-778-9444
defunk@connectionnewspapers.com

Julie Ferrill
Display Advertising, 703-927-1364
jferrill@connectionnewspapers.com

Tara Lloyd
Display Advertising, 703-740-7128
tlloyd@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Classified & Employment
Advertising
703-778-9431

Publisher
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

Editor in Chief
Steven Mauren
Art/Design:
Laurence Foong, John Heinly,
Ali Khaligh
Production Manager:
Geovani Flores

Editor Emeritus:
Mary Anne Weber

CIRCULATION
Circulation Manager:
Ann Oliver
circulation@connectionnewspapers.com

A Connection Newspaper

The Alexandria Gazette Packet is distributed weekly to selected homes in the City of Alexandria. Any owners or occupants of premises that do not wish to receive the paper can notify the publisher by telephone at 703-778-9426 or by email to circulation@connectionnewspapers.com, and the distributor will be notified to discontinue service.



YOU DESERVE THE BEST.



Alexandria | 5 BR, 4.5 & 5 baths | \$2,200,000
 7705 NORTHDOWN RD
Liz Bucuvalas (703)626-8400
 SPECTACULAR! Year-round river views from almost every room. Four car garage. 8.8 Miles to Crystal City. Terraces w spectacular Potomac views. Two story foyer with circular staircase. Two-story FP. Separate complete In-Law Suite with private entrance. This home is situated adjacent to the Mount Vernon bike path ... an 18-mile trail along the Potomac River
<https://bit.ly/2HFNhgt>



Alexandria | 4/3.55 | \$1,375,000
COMING SOON 1925 Summit Terrace
Greg Doherty (703) 408-5068
<https://bit.ly/2Bm7SFL>



Alexandria | 4/3.5 | \$985,000
JUST LISTED! 523 Fort Williams Parkway
Donnan C. Wintermute (703) 608-6868
<https://bit.ly/2WJWsoc>



Alexandria | 4/2.5 | \$829,000
PRICE REDUCED! 800 St Stephens Rd
Donnan C. Wintermute (703) 608-6868
<https://bit.ly/2AJ8rte>



Alexandria | 3/2 | \$610,000
ONLY HOUSE FOR SALE in Warwick Village!
Open Sun 2-4 212 Gentry Ave
Lib Willey (703) 362-7206
<https://bit.ly/2GquWxe>



Alexandria | 4/3.5 | \$3,700
JUST LISTED! Waterfront! For Rent 883 Andalusia Dr
Greg Doherty (703) 408-5068
<https://bit.ly/2GmY6Gw>



IN MEMORY OF RITA MCCAULEY-REDMOND

Rita began her time with Coldwell Banker's Alexandria office in 1996 but her roots in Alexandria real estate go deeper than that. She was a devoted, expert Realtor with an eye for home design and decor, an avid reader and an active member of her community. More than all of that, she was devoted to her family.

As her "Realtor Family" we miss her presence, her laugh and generous nature. Above all, Rita was kind and we will carry on that legacy. Our most sincere condolences to her family.

We were honored to know and work with her.

COLDWELLBANKERHOMES.COM

Alexandria 310 King St. | Alexandria, VA 22314 | 703.518.8300

The property information herein is derived from various sources that may include, but not be limited to, county records and the Multiple Listing Service, and it may include approximations. Although the information is believed to be accurate, it is not warranted and you should not rely upon it without personal verification. Real estate agents affiliated with Coldwell Banker Residential Brokerage are independent contractor agents and are not employees of the Company. ©2018 DBA. All Rights Reserved. DBA fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker and the Coldwell Banker Logo are registered service marks owned by Coldwell Banker Real Estate LLC.



Racist Photo Overshadows General Assembly Session

BY CHARNIELE HERRING
STATE DELEGATE (D-46)



As I write this the 2019 Virginia General Assembly session is at its midway point. We are debating tax policy and getting ready to take up the budget. There are bipartisan efforts on voting rights and rights for LGBTQ people. A deal was struck on coal ash remediation and debate happening on green energy. Unfortunately, the legislative session and politics in general in the Commonwealth have been overshadowed by the debate on Governor Northam. I have received a larger number of calls and emails

on the issue of his racist photo and calls for resignation than any other topic this session. I have publicly called for his resignation, and I would like to explain how I came to that decision.

Blackface is not just about painting skin darker or putting on a costume. It is a vivid reminder of a racist and painful history. Blackface originated in mid-19th century minstrel shows that had white actors play enslaved individuals of African descent as ignorant, cowardly, and lazy. It was meant to entertain a white audience, and it degraded the black community. The uniform of the Ku Klux Klan is also

a painful reminder of hatred and violence directed against black people and other minorities in this country. Together or not, a joke or not ... it doesn't really matter. It is blatantly offensive today and it was blatantly offensive in the 1980s.

This picture alone was not my reason to call on Governor Northam to resign. On Friday, I received a call from Governor Northam where he told me that he wanted to apologize for his picture. He was sincere. Like most of the Virginia Legislative Black Caucus, I needed to take time and process what was going on. We issued a statement registering our disgust and left the matter for a moment. A call for resignation came later after his public apology and an additional meeting with the VLBC.

On Saturday Governor Northam changed his story. He did not reach out beforehand or explain how he changed his mind, despite his conviction the previous evening. More than that, he admitted to dressing up in blackface and had a concerning narrative about how he learned blackface was an offensive act much, much later in his life.

Governor Northam has lost his credibility and is unable to govern. I continue to call on him to resign. I believe this in listening to both my conscience and my constituents.

Charniele Herring represents Alexandria City's 46th District in the Virginia General Assembly where she serves as House Minority Caucus Chair and on the Courts of Justice, Counties, Cities, & Towns, and Agriculture, Chesapeake & Natural Resources Committees. Visit www.charnieleherring.com.

Discover Ways To Stay Connected to the Community

SSA's Feb. 14 Speaker Series.

BY MARY LEE ANDERSON
EXECUTIVE DIRECTOR
SENIOR SERVICES OF ALEXANDRIA



back? Are you interested in our city's diverse history? Would you like to take classes to keep your mind sharp and learn something

SENIOR SERVICES OF ALEXANDRIA

new? Maybe you would like to become more civically engaged in the workings of Alexandria?

Senior Services of Alexandria's is hosting a Feb. 14 Speaker Series on "How to Stay Connected to Your Community." It will feature presentations by Volunteer Alexandria,

the Office of Historic Alexandria, Northern Virginia Community College, and the City of Alexandria's Office of Public Information.

They will talk about the numerous ways to stay connected to the Alexandria community and what is available for older adults to stay engaged.

Northern Virginia Community College will talk about all the free classes for older adults 60+, and other programs. There is something for everyone in this diverse learning community for all ages. Alexandria City's Office of Public Information will talk about the various academies for residents

in the city including the upcoming Senior Academy that starts in April. They will also talk about the various boards and commissions available for residents.

This free event takes place at Westminster Presbyterian Church, 2701 Cameron Mills Road in Alexandria off of Braddock Road. Registration starts at 9:30 with the program beginning at 10 a.m. – noon.

There will be members of the City's Division of Aging and Adult Services and AARP Virginia with literature about the various services and opportunities they offer older adults. To RSVP online go to seniorservicesalex.org or call 703-836-4414, ext. 110.

LETTERS TO THE EDITOR

FROM PAGE 10

copter noise have been a longstanding problem for some, others have noted recent increases in the frequency and severity of helicopter noise in their neighborhoods. We understand that helicopter activity is an essential part of law enforcement, military and medical operations and appreciate the critical efforts of employees serving in those sectors.

However, we also believe that, through information collection, analysis and coordination, we can identify strategies to minimize the negative impacts of helicopter activity without impeding the work of the agencies operating helicopters within the region.

We have engaged with constituents, federal agencies and local governments on the problem of helicopter noise in our region. A number of questions have emerged that can only be addressed through a formal study.

Among other issues your study may find relevant, we ask that your study include an analysis of the following issues:

- ❖ The types of helicopters that generate the most noise and the make of the helicopters flying over the Washington metropolitan area;

- ❖ Current helicopter flight paths within the Washington metropolitan area, including an analysis of which neighborhoods are

most impacted by helicopter noise;

- ❖ The frequency of flights over neighborhoods, including information on each agency operating helicopters, the times of flight and flight altitude;

- ❖ The number of flights that occur during the day and at night;

- ❖ The altitude at which helicopters currently fly within the Washington metropolitan area today compared to the altitude at which helicopters operated within the Washington metropolitan area in the past;

- ❖ Potential causes of the increase in the severity and frequency of helicopter noise in the Washington metropolitan area;

- ❖ The degree of coordination that currently exists among the various government and non-governmental entities operating helicopters in the Washington metropolitan area regarding flight paths, altitudes and other pertinent considerations; and

- ❖ Viable options for noise mitigation, potentially including modifications to current training practices that would reduce the number of training hours that must be completed in the Washington metropolitan area and modifications to night training times so that pilots do not fly when most residents are sleeping.

We appreciate your attention to this matter and ask that you respond to our request for a study within 30 days of the date of this letter.

Eleanor Holmes Norton, Don Beyer, Jamie Raskin, Anthony Brown, David Trone
Members of Congress

Legal Doesn't Make It Right

To the Editor:

Recently the Alexandria City Council removed the name of former Alexandria Mayor Col. John Fitzgerald from the park at the foot of King Street on Alexandria's Waterfront due to the fact that he was a slave owner.

As Americans today we realize that slavery was morally reprehensible, inhuman and heartless. However, many citizens of their time felt since it was legal it was acceptable. It took President Lincoln leadership to put an end to this crime against humanity.

Fast forward 155 years to 2019 and look what took place last week in Virginia's General Assembly. Several of Virginia's elected representatives put a bill forward to loosen abortion restrictions to make it easier for a full term 9 month unborn child to be aborted up until the time of delivery. Our governor even implied in some cases after the child has been delivered.

A recent Gallup poll shows over 80 per-

cent of Americans think third trimester abortions should be illegal and a much higher percentage up until the time of delivery. Virginia's elected leaders who are advocating for abortion extremism are not representing their constituents but working for the pro-abortion lobby that that funds their campaigns and donated over \$5m to Governor Northam alone.

Abortion is not a political issue but a human rights issue. Where are we as a country and a Commonwealth when our elected leaders are proposing these inhumane laws up until the time of birth.

A few generations from now, long after the Supreme Court has made abortion illegal, Americans will look back on this dark period in American history that took place from 1973 until the early 2020's. Many of these modern day pro-abortion politicians will be dealing with the public ridicule that former slave owner and Alexandria Mayor Col. John Fitzgerald are dealing with today.

Just like slavery, abortion of a full term unborn child is morally reprehensible, inhuman and heartless. Evil will always lurk when good people do nothing. As we learned from slavery just because something is legal it does not make it right.

Frank Fannon
Alexandria

SEE LETTERS, PAGE 13

WWW.CONNECTIONNEWSPAPERS.COM

LETTERS

FROM PAGE 12

City of Bad Drivers?

To the Editor:

Bill Golf's Jan. 17 letter to the editor "Vision Zero has zero benefits" absolutely hits the mark. His assertion that "we don't need it" couldn't have been said any better. In the Allstate annual "Best Drivers Report," which identifies which of the 200 largest U.S. cities and their surrounding suburban metropolitan areas have the safest drivers, Alexandria drivers rank 192 out of 200. This is only eight places below the city of Baltimore, which is rated as the worst (this surely must affect our insurance premiums).

These bad drivers should be of great interest to the police, but the police have not responded accordingly. For the last 20 years, Alexandria's lack of traffic enforcement has been one of my major concerns. However, the Alexandria City Council and Police Department do not seem to equate non-enforcement of traffic laws and loss of life and limb, or traffic inefficiency.

As an example, it is not possible to traverse many Alexandria streets without seeing bicyclists

whizzing right through stop signs. Some of these cyclists are downright profane when challenged, often responding with the digitus impudicus, also known as the "bird." Although the police occasionally do issue tickets to a few traffic offenders, this is sporadic. A target rich enforcement area is Union Street, since these would-be Lance Armstrong's race through all nine stop signs before they hit the bike path at the southern end. If anything, the bicycle traffic violation rate is now higher than ever.

Bike riders aren't our only traffic problem; cars go right through stop signs, or do a "California roll," which is only a little bit slower. The Alexandria Police Department needs to get out and start ticketing these traffic violators. Another very serious problem is cell phone use while driving, since these distracted yakkers pay no attention to stop signs, and turn on right without even stopping. Since a large number of accidents are attributable to using cell phones while driving, Alexandria should emulate the District of Columbia by outlawing the use of hand-held cell phones while driving a motor vehicle. Still another traffic problem is the blocking of key intersections. I can't even drive down Prince Street during peak traffic

hours due to cars blocking traffic at the Jefferson Davis Highway intersection. This would result in a very large fine in some other jurisdictions. In cities such as Baltimore or Washington, D.C., uniformed officers direct and expedite traffic at critical junctures during peak traffic periods. It would be wise for Alexandria to emulate this practice by having Alexandria police officers stationed daily at a number of key locations in order to deter these law breakers and to keep traffic moving.

At the present time, we are not enforcing our own traffic laws. Vision Zero is not going to solve this problem. Let's just enforce the traffic laws that are already on the books. Get with it, Alexandria! At the least, aren't you interested in lower insurance premiums? At the most, aren't you interested in saving a life?

Townsend A. "Van" Van Fleet
Alexandria

A Tale Of Bravery

To the Editor:

George Washington Parke Custis provided a suspenseful account of
SEE LETTERS, PAGE 21

... NYT CRITICS PICK ...
"UNEQUIVOCALLY THRILLING."
-THE NEW YORK TIMES

BIG APPLE CIRCUS

GET TICKETS!

EXTRAORDINARY NEW SHOW!
FEBRUARY 14 - MARCH 24
NATIONAL HARBOR
BIGAPPLECIRCUS.COM

NESBITT

REALTY & MANAGEMENT

providing *real estate services* for
buyers, sellers, renters & landlords

February Special Offers!
1 free month of property management to new clients!
Offers expire 3/1/19

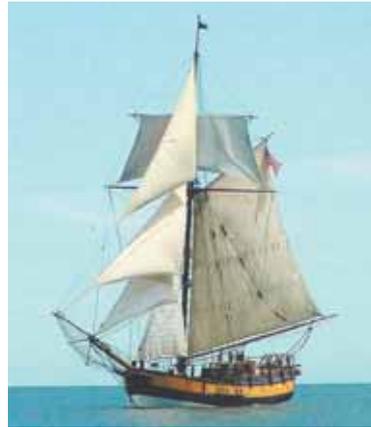
Offices in:
Alexandria, Arlington
McLean & Reston

(703) 765-0300

Visit Alexandria Receives \$50,000

Grant for tourism marketing of the Tall Ship Providence.

Visit Alexandria received a \$50,000 grant for its Tall Ship Providence marketing program from the Virginia Tourism Corporation Marketing Leverage Program grant fund. Visit Alexandria partnered with the Tall Ship Providence Foundation and the City of Alexandria's Office of Historic Alexandria to supply \$138,700 in matching funds for the project.



The Providence.

Alexandria will be launching a new attraction in the summer of 2019 with the arrival of the Providence, a full-scale replica of one of the U.S. Continental Navy's first warships, built in 1768, which was captained by John Paul Jones, the father of the U.S. Navy, under the leadership of General George Washington.

This revolutionary war vessel provides visitors with a first-hand

living history experience with tours, weekly sails, chartered cruises, educational programs, and beer cruises presented in partnership with Alexandria's Port City Brewing Company. The replica ship appeared in the "Pirates of the Caribbean" film.

\$4,000 for Restoration

FROM PAGE 1

public and took place from Jan. 22-31.

The two artifacts receiving the most votes during the 10-day competition were recognized as the People's Choice Awards and received \$4,000 and \$3,000 respectively to conserve their artifacts and care for their continued preservation.

In second place was Virginia Living Museum's Mastodon bone collection, which led early in the voting. At times less than a dozen votes separated the top two vote getters but in the end Alexandria's Prettyman Hose Carriage garnered 2,680 votes, winning by 124 votes.

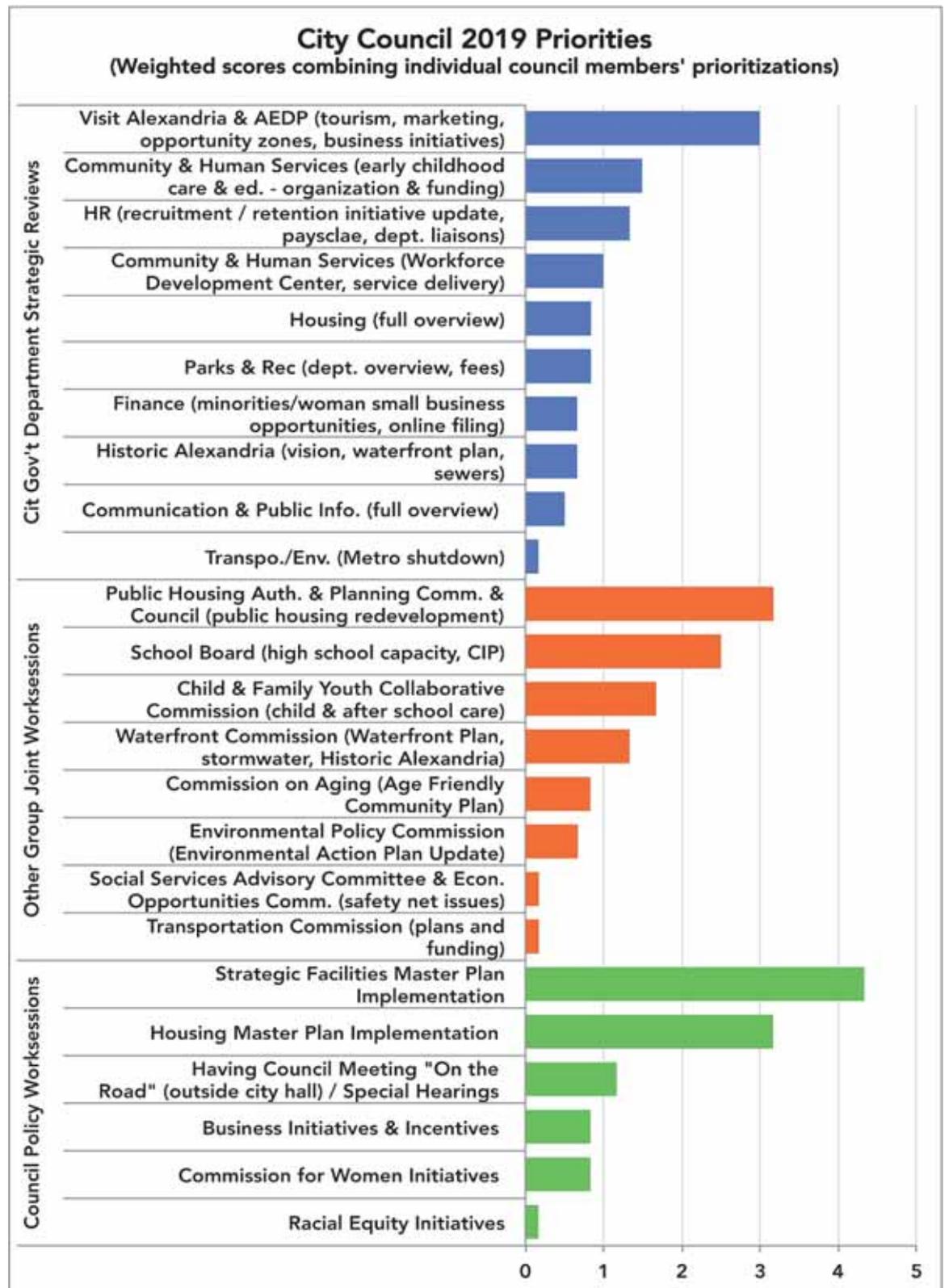
The Friendship Firehouse Museum's 1858 Prettyman Hose Carriage was among the artifacts

chosen following a review process by an independent selection committee of collections professionals from partner organizations Library of Virginia, Preservation Virginia, Virginia Conservation Association and Virginia Department of Historic Resources and which span Virginia's history.

To date, more than \$75,000 has been raised to help in the conservation efforts of the 19th century artifact although costs to restore the historic firefighting carriage are estimated to top \$150,000.

The Office of Historic Alexandria and remaining honorees will be recognized during a reception at the Virginia Museum of History and Culture in Richmond on Feb. 7 following Virginia Museums Advocacy Day at the General Assembly.

Through online voting, the Office of Historic Alexandria has won a \$4,000 grant from the Virginia Association of Museums to help restore the 1858 Prettyman Hose Carriage on display at the Friendship Firehouse Museum.



Setting Priorities

The new City Council began prioritizing a roadmap for its 2019 activities at a retreat on Saturday, Jan. 26. These overall weighted scores indicate the council collective priorities, based based on the individual council members' priority rankings, in three categories: (1) Which of the city government's 35 departments, and which of their many initiatives and areas of work, are council most interested to delve into? (2) Which outside agencies, and which of the city's more than 70 citizen advisory boards and commissions, do council most want to meet and plan with? (3) What policy areas do council want to focus on? The council's priorities by theme were, in descending order: economic development, education, housing affordability, infrastructure, environment/sustainability, racial and gender equity, transportation (the last four tied).

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

WINTER SHELTERS

Find homeless and cold weather drop-in centers and shelters that serve Northern Virginia at www.novaregion.org/174/Homeless-Shelter-Lists.

CITIZEN ACADEMIES

The City of Alexandria invites the community to learn more about City government through the upcoming City Academy, Senior Academy, Community Commonwealth's Attorney Academy, Community Fire Academy, Community Police Academy, and Community Sheriff's Academy. These programs are designed to inform, educate and

engage the community on how local government operates. The City, Fire, Police, and Sheriff's programs will begin in March. The Senior program will begin in April. The Commonwealth's Attorney program is a one-day program held in May. Applications for all academies are now being accepted; closing dates will vary. These programs are open to those who live or work in

SEE BULLETIN, PAGE 22

WELLBEING

American Heart Month

Making healthy diet and exercise choices are two keys to preventing heart disease.

BY MARILYN CAMPBELL

Each time the door bell rang, a guest arrived, wearing red and bringing with her a new flavorful dish with an aroma that filled the already pungent air in Cassandra Pope's Arlington home. One by one friends strolled through the living room and into the kitchen bearing dishes like balsamic-grilled chicken breast, curried cauliflower steak and freshly made hummus. They had arrived for a potluck dinner and the theme that evening was heart health.

"My father died of a heart attack when he was 62, and when he was 57 he had a stroke," said Pope. "All nine of his siblings had massive heart attacks and all of them died of a heart-related illness. So I know that I need to focus eating better and exercising and losing weight. My friends always get together for dinner about once or twice a month and usually we have a theme. For February, we decided to combine Valentine's Day and heart health. We exchanged recipes so that we all have a stash of new recipes to try."

Cardiovascular disease remains one of the leading cause of death in the United States, and after decades of a steady decline in this country, it is once again on the rise, according to a study by the American Heart Association. The research also shows that approximately 80 percent of all cardiovascular disease can be prevented by adopting a healthy lifestyle and controlling high blood pressure, diabetes and high cholesterol. During February, American Heart Month, health care professionals are working to raise awareness of the importance of making healthy lifestyle choices and managing their health conditions.

"February is also Black History Month and these two recognitions go hand-in-hand," said Nikkia Wilkens, Fairfax County Health Department community outreach professional. "African Americans have some of the highest rates of hypertension and heart disease, [but] with the right steps, we can improve our heart health."

Some of the heart-smart lifestyle adjustments that Wilkens and other health care professionals advise include staying active and exercising regularly and monitoring one's salt intake. "Incorporate movement into your everyday activities, such as taking the stairs instead of an elevator," said Wilkens. "Maintain a healthy diet and skip the fried foods, and eat lots of



PHOTO CONTRIBUTED

Finding creative but tasteful ways to add vibrantly colored fruit and vegetables to one's diet can help prevent heart disease.

fruits and vegetables. Commit to eight hours [of sleep] a night and drink eight glasses of water each day."

While African-American have one of the highest rates of heart disease, the American Heart Association reports that anyone at any age can be affected by cardiovascular diseases and 80 percent of cardiac events can be prevented.

"Even making small changes like getting 30 minutes of exercise a day can improve not just your heart health, but your overall health as well," said fitness trainer Brendan Moore. "Find a type of exercise that you enjoy enough to do for 30 minutes that also gets you to break a sweat and do it everyday. The important thing is that you get your heart rate up. If you start to break a sweat, you know that you're exerting enough energy to have an impact."

Small dietary changes can be made gradually. "Watching your salt intake is really important," said dietician Caroline Knowles. "There are so many ways to prepare meals by using spices instead of salt so that you don't compromise the taste. With slow cookers and instant cookers there are so many options that you no longer have to fry food to enjoy that satisfying taste."

Open Sunday 1:00-3:00



Exquisite in Every Way

Alexandria City

\$1,435,000

Amazing upgrades throughout this classic colonial. Gourmet kitchen, unbelievable master suite with sumptuous bath, grand entry foyer with bent staircase, three fireplaces and gleaming hardwood floors!!! Entertain on private extended flagstone patio. Convenient to Old Town, Amazon's National Landing and BRAC Mark Center. Quite a find!!! Open Sunday.

www.MarkGoedde.com

1600 King James Pl.



Mark Goedde

Associate Broker

C: 703-850-8129

O: 703-790-1990

markgoedde@LNF.com

www.longandfoster.com



ALEXANDRIA CHAMBER OF COMMERCE'S WOMEN'S LEADERSHIP FORUM

PRESENTED BY THE LIZLUKE TEAM

MARCH 8, 2019

INTERNATIONAL WOMEN'S DAY

THE WESTIN ALEXANDRIA

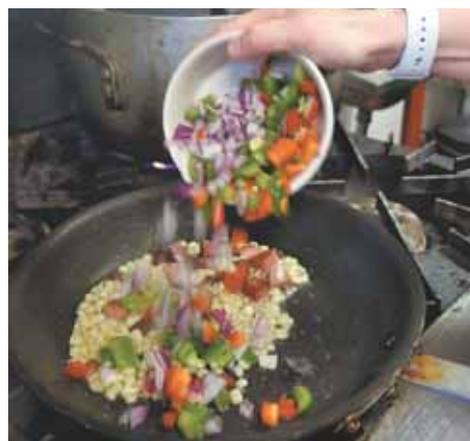


Alexandria Chamber
of Commerce

ENTERTAINMENT



Cubes of pork shoulder as base for tasso maque choux.



Add colorful chopped peppers and onions.



Smear second hot skillet with Boilermaker house-made barbecue sauce.



Chef Teresa Keefer flips over her tasso.

PHOTOS BY SHIRLEY RUHE

Meet Chef Keefer at Southside 815

BY SHIRLEY RUHE

Teresa Keefer, executive chef at Southside 815 on S. Washington Street, says for her it's the sounds of the kitchen — from the early morning quiet giving way to the gradual clang of pots and pans, morphing into the rowdy conversation of the servers followed by the yelling frenetic activity at rush hour.

Keefer heats two medium side-by-side skillets for the Mustard BBQ Salmon. “We did it as a special for years but it was in high demand so we put it on the menu.”

Keefer squirts Arrezzo (vegetable and olive oil) in a skillet and turns the burner on high. She adds about four ounces of cubed pork, not from the leg but from the hog shoulder in traditional Southern Louisiana fashion, along with Cajun spices. “We use a lot of Cajun spices.” In about a minute she adds about 4 ounces of corn. “I am making a tasso maque choux as the bed for the salmon. Everything is about 4 ounces.”

She jiggles the pan off the burner to mix the pork and corn and then dumps in a mixture of chopped red and green peppers and purple onion which she cooks for a couple of minutes.

Keefer turns the second burner to high

and spreads the bottom of the skillet with a generous portion of Boilermaker, the house-made barbecue sauce. The sauce is a little sweet, brown sugar based mixed with a little bourbon and Creole mustard. “Now I’ll show you how we do the salmon.”

Keefer places the seven-ounce filet of salmon on the barbecue sauce. She turns back to the tasso in the first skillet and flips the mixture into the air to combine the pork and vegetables. In goes 6 ounces of heavy cream to thicken the mixture. No stirring. Finally she throws in some grated Parmesan.

“And then this is how we fix it up. We put the tasso on a round white plate as the base.” She arranges the barbecued salmon filet on the top. Onion strings have just been flash fried in one of the six deep fryers. “We use half corn flour and half regular flour and some Cajun seasoning. This is our little trick to make them golden.”

“We add the onion strings to this dish to give it some texture.” She tops off the salmon with a handful of crisp watercress. “See the pretty colors.” She explains the great thing about this dish is that while it’s not vegetarian because of the tasso ham, it can be individualized to leave out the meat.”

Keefer says she always wanted to own a restaurant. “I was attracted to the hustle bustle. We work very hard.” But she decided it would be beneficial to attend culinary

school because it would teach her more about the business end. So she went to culinary school in Charleston, S.C. where she picked up her flair for Southern dishes.

“When I came here, there were a lot of Cajun dishes but now probably the most popular customer favorites are the Southern dishes — meatloaf with gravy, chicken fried steak, panko crusted flounder plated over shrimp pirloo” and, “We sell a ton of mac and cheese. I use five different cheeses; smoked Gouda is the secret.” She says it’s so hard but her own personal favorite is probably the blackened fish salad minus the cheese due to dietary issues.

Keefer has been at Southside 815 since 2002 when she started as a server. “I knew the front end of the house very well. Then John found out I could cook.” Keefer says she likes to push the customers and to look at things evolving. I push duck or lamb and I’m always so nervous but they love it.” She says she tried fried buffalo cauliflower recently. “I was worried about how our loyal customers who come in 5-6 times a week would like it.” But they enjoyed that they were eating something different that wasn’t meat, and it was healthy.

Rush hour is winding down and the noises continue. Keefer says that she doesn’t yell at people, “but I’m loud. We have guests who tell me they can tell when I’m in the building.”



Plate tasso maque choux.



Place sautéed filet of salmon on bed of tasso.



Mustard BBQ Salmon

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday.

THURSDAY/FEB. 7

The Snowy Day - A Story Time Adventure for Black History Month. 4-4:45 p.m. at Barrett Branch Library - Story Room, 717 Queen St. Celebrating the immortal story by Ezra Jack Keats with story and art. Ages 3 and up. No registration required. Visit www.alexandria.lib.va.us or call 703-746-1703.

Evening of French Love Songs. 7 p.m. at The Lyceum, 201 S. Washington St., Alexandria. The Alexandria-Caen Sister Cities Committee invites you to Chansons d'Amour: An evening of French love songs. In anticipation of Valentine's Day, spend an evening learning

about French Love Songs and listening to curated selections of “Chansons d'Amour” with event MC, Joseph Gueron. Gueron is the Producer and Host of GloBeat, the world music radio show on WERA 96.7 FM. The event includes music, dancing, and a wine and dessert reception. Cost is \$10. Tickets available onsite or online at shop.alexandriava.gov. Email AlexandriaCaenSisterCities@gmail.com with questions.

FRIDAY/FEB. 8

Movie Matinee: Chi-Raq. 3:30-6 p.m. at Burke Branch Library Meeting Room, 4701 Seminary Road. Screening of the film “Chi-Raq.” Teens, adults. Visit www.alexandria.lib.va.us or call 703-746-1704.

The Alligator Pears. 6-8 p.m. At The Lyceum, 201 South Washington St.,

Alexandria. The Alligator Pears features Piedmont Blues music. Beer and wine for sale; light refreshments available as well. Visit www.alexandriava.gov.

Family Splash Night. 6-9 p.m. At Chinquapin Park Rec Center and Aquatics Facility, 3210 King St., Alexandria. Featuring George Mason and Matthew Maury schools. Enjoy swimming, a floating obstacle course, games, relays, refreshments, music, diving for prizes and more. Different schools are featured at each event but all are welcome. Admission is \$4 per person upon entry. Visit www.alexandriava.gov/Recreation.

Gunston Hall Game Night. 6-9 p.m. at Gunston Hall, 10709 Gunston Road, Mason Neck. Gunston Hall is opening its doors after-hours to welcome game enthusiasts to immerse themselves in a variety of 18th-century card, board, and dice games. \$35 registration includes

beverages and heavy hors d'oeuvres, including some items made from 18th-century recipes. Visit www.gunstonhall.org.

History by the Glass. 7-9 p.m. at Gadsby's Tavern Museum, 134 North Royal St., Alexandria. Enjoy a night out that brings the history of ice and the tavern together through cocktails. Sip inspired drinks created by a local mixologist, examine ice-related artifacts rarely on display, and find out first-hand how the historic tavern preserved ice for months without electricity. \$50 per person. Price includes two drink tickets and light hors d'oeuvres. Tickets can be purchased at alexandriava.gov/shop or 703-746-4242.

Reception and Gallery Talk: Ritualisms. 7-10 p.m. at Target Gallery, 105 N. Union St., Alexandria. New Target Gallery Exhibition contemplates the universality of rituals. The exhibition

juxtaposes different artists' interpretations of rituals through their work, daily routines, habits, or personal quirks. It also brings in broader cultural formalities and religious ceremonies. Visit www.torpedofactory.org.

SATURDAY/FEB. 9

Alexandria's Freedmen's Cemetery: A Legacy of Freedom. At Alexandria Black History Museum, 902 Wythe St., Alexandria. Join in a lecture and book signing with professional genealogist Char McCargo Bah as she examines the 19th century legacy of Alexandria's Contraband (escaped slaves) Community. Bah documents the lives of the descendants who are buried in Alexandria's Contrabands and Freedmen Cemetery Memorial. Free. Visit www.alexandriava.gov/BlackHistory or call 703-746-4356.

ENTERTAINMENT

Dates to Circle in February

BY HOPE NELSON

A fete of a French chef, a showcase of Virginia's spirits, stinky cheese and Valentine's Day — there's a lot going on around the city throughout February. Here are some events to make special note of.

Stinky Cheese Class at Cheesetique, Feb. 10

What makes some cheese so ... aromatic? How can you choose which cheese for which party? And what on Earth is a "washed-rind" cheese? These age-old questions and more will be addressed at Cheesetique's Stinky Cheese Class. Guests will taste — and smell — eight cheeses and learn what makes them tick. Cheesetique Del Ray General Manager Scott Freestone will lead the class on a tour of odoriferous cheeses — and two wine pairings, too. 2411 Mount Vernon Ave. 6-7:30 p.m. \$55.

"A Tribute to Chef Paul Bocuse" at Brabo, Feb. 11

On the heels of "Merci, Chef: A Tribute to Chef Paul Bocuse" in New York City on Jan. 22, the five French chefs (including Brabo's Sebastien Rondier) who celebrated Bocuse last month have brought the festivities to Old Town's Brabo to honor the chef's birthday with another rendition. From cocktail re-

ception to six-course dinner, the evening is poised to be a revelry-filled event that's a replica of the dinner menu from the January event at the James Beard House. 1600 King St. 6:30-9:30 p.m. \$150.

Valentine's Day dinner, Feb. 14

As per tradition, restaurants the city over are offering Valentine's Day specials for Alexandria's romantics. From Café 44 to Vola's Dockside Grill, from Lena's to Brabo, there are plenty of special menus for you and your sweetheart on the big day. Scope out the options — it's a pretty sure bet your favorite "special place" will have something going on — and make a reservation lest you're left out in the cold.

Virginia Craft Spirits Roadshow at Building Momentum Co-Op Space, Feb. 23

Get ready to toast to Virginia's best spirits at an event celebrating the diversity of distilleries within the Commonwealth. From just down the road at Mount Vernon's distillery to as far afield as Chesapeake Bay Distillery in Virginia Beach, nearly a dozen purveyors will be present for the afternoon. Guests can taste the various spirits neat or can give them a try within craft cocktails created for the event. 5380 Eisenhower Ave. Suite C. Noon-5 p.m. \$50 for two tickets; \$30 for one.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

CALENDAR

Specialty Tour: A Complicated

Hospitality. 10-11 a.m. at Gadsby's Tavern Museum, 134 N. Royal St. Through the stories, experiences, and archival traces of those enslaved by John Gadsby, consider how the nuances of urban slavery expand the understanding of slavery and Alexandria. Advance purchase of tickets recommended; limited space available. \$15 per person, \$12 for Gadsby Tavern Museum members. Visit www.alexandriava.gov.

ASO Presents: Mozart's Prague

Symphony. 8-10 p.m. at Rachel M. Schlesinger Concert Hall, 4915 East Campus Drive. New and old traditions collide in February with an exploration of the Classical-era symphony. The program centers on Mozart's Symphony No. 38 "Prague," juxtaposed with Prokofiev's Symphony No. 1 "Classical." The program will also feature soloists from the ASO for Bach's Brandenburg Concerto No. 1 and Stravinsky's Dumbarton Oaks. Adult, \$20-\$80; youth, \$5; student, \$10. Call 703-548-0885 or visit www.alexsym.org.

Outfitting Billy Yank Program. 11 a.m.-3 p.m. at Fort Ward Museum, 4301 West Braddock Road, Alexandria. Learn about the clothing and equipment used by Union soldiers during the Civil War in "Kepi to Cartridge Box: Outfitting Billy Yank," at Fort Ward Museum. Free. Call 703-746-4848, or visit www.fortward.org.

Locals' Alley Saturdays. 12:30-2:30 p.m. at The Old Town Shop, 105 S. Union St. at King Street. Meet the makers of local goods, featuring: Truly-Life soaps and bath products. Call 703-684-4682 or visit www.TheOldTownShop.com.

Workshop on Valentine's Topiary. 2-3:30 p.m. at Green Springs Gardens, 4603 Green Spring Road, Alexandria. Branch out and give the gift of topiary this Valentine's Day. Floral Design Workshop: Valentine's Topiary with floral designer Chuck Mason who will lead you through this fun, floral project that you can keep for

yourself or give away. \$39 for the program, plus \$30 for supplies. Call 703-642-5173 or visit www.fairfaxcounty.gov/parks/green-spring.

Tips on Taking the Story. 3-4 p.m. at Duncan Library Meeting Room, 2501 Commonwealth Ave. Anne Bolen of Anne B. History will give you tips on how to collect family memories with oral history interviews. Visit alexandria.lib.va.us or call 703-746-1705.

Yale University Wiffenpoofs

Chorus. 3 p.m. at the George Washington Masonic National Memorial on Callahan Drive. The Alexandria Harmonizers Barbershop Chorus will be hosting the Yale University Wiffenpoofs Chorus, the oldest continuously performing a capella chorus in the United States. This performance will be opened by selections by the Alexandria Harmonizers, followed by The Wiffenpoofs. \$30 at the door or directly from members of the Alexandria Harmonizers Barbershop Chorus prior to the event. Visit www.harmonizers.org.

Read Write Now: A Craft Talk. 5:30 p.m. at The Athenaeum, 201 Prince St. "Read Write Now" is an event series focused on the craft of writing. Join Old Town Books and National Book Award-nominated writer Carmen Maria Machado in conversation with bestselling writer and editor Nicole Chung. (The talk will be followed by a book signing of Carmen Machado's short story collection *Her Body and Other Parties* (Graywolf, 2017) and Nicole Chung's *All You Can Ever Know* (Catapult, 2018). \$26. Ticket price includes one pre-order for a signed copy of Machado's "In the Dream House," which will be published and available for pick up at Old Town Books in fall 2019. Visit www.nvfaa.org or call 703-548-0035.

Chili Cook Off and Bingo Night. 6-9 p.m. at Historic Pohick Episcopal Church, 9301 Richmond Highway, Lorton. The Ann Mason Guild of

Pohick Church will hold their annual Chili Cook Off and Bingo event. Tickets are \$10 per person (without a chili entry) and \$5 per person (with chili entry). Children 10 and under are free. Hot dogs will also be available. Contact: Wendy Remaly at wendy.remaly@gmail.com or Angela Edgemon at Aedge619@aol.com, or call 703-339-6572 or visit www.pohick.org.

SUNDAY/FEB. 10

Scientist Joseph Priestley.

1-4 p.m. At Gadsby's Tavern Museum, 134 N. Royal St., Alexandria. International scientist and scholar Joseph Priestley will be at Gadsby's Tavern Museum as he presents his research. This event is sponsored by Gadsby's Tavern Museum Society and is included in the regular museum admission of \$5 per adult, \$3 per child under 12. Facetime with History is an ongoing series that allows guests to spend time with people from the past in an informal setting, much like meeting at the tavern to catch up with friends. Call 703-746-4242 or visit www.gadsbystavern.org.

Harry Allen Winter Lecture Series.

1:30-2:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Get "Ideas from Europe for U.S. Gardeners" when garden designer and international traveler Carolyn Mullet shares design ideas from her European garden travels and shows how to modify these inspirations in fun and functional ways at home. Adults, \$10 in advance; \$12 at the door. Visit www.fairfaxcounty.gov/parks/green-spring or call 703-642-5173.

Walking With Washington Tour.

2-4 p.m. at Ramsay House, Alexandria Visitor's Center, 221 King St., Alexandria. Explore important sites associated with George Washington in his hometown of Alexandria. This guided walking tour of historic Old Towne covers significant people and events in Washington's life and in

Make your reservations now!
VALENTINE'S DAY
3 Seatings at 5:00, 7:00 and 9:00
Call for Information

Le Refuge
Restaurant

Winter Specials

- Split Pea Soup with Smoked Sausage
- Asparagus with Fresh Smoked Trout
- Beef Wellington
- Rack of Lamb
- Dover Sole
- Cassoulet
- Frog Legs

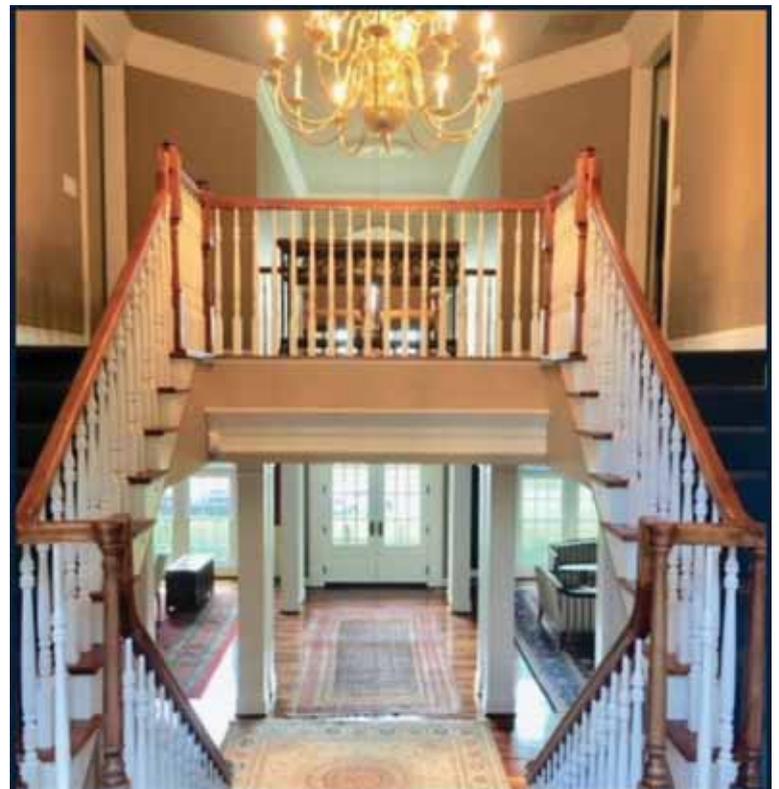


Find us on Facebook

127 N. Washington St., Alexandria • 703-548-4661

Smoke-Free Restaurant

www.lerefugealexandria.com



Don't let the winter blues get you down!
Call Tech Painting today to schedule your free estimate,
and ask us about our interior winter discount!

Tech
Painting
Co.

703-684-7702

techpainting.com

Painting the blues away in Northern
Virginia's finest homes since 1987

ENTERTAINMENT

ASO Crosses Musical Eras

BY MELINDA KERNC
ALEXANDRIA SYMPHONY ORCHESTRA

The Alexandria Symphony Orchestra continues its 75th anniversary season on Saturday, Feb. 9, 8 p.m. at the Rachel M. Schlesinger Concert Hall and Arts Center and on Sunday, Feb. 10, 3 p.m. at the George Washington Masonic Memorial. The ASO is celebrating its milestone birthday throughout the year along with the introduction of Music Director James Ross to the community and other special events.

As a continuation of the recent Bach, Brandenburgs & Brews concert presented on Jan. 11 at St. Paul's Episcopal Church, February's program opens with J.S. Bach's Brandenburg Concerto No. 1, the grandest of the concertos. Bach dedicated the six Brandenburg Concertos in 1721 to Christian Ludwig-Margrave of Brandenburg, and they have since been regarded as some of the finest orchestral compositions of the Baroque era. "These performances start a cross-era conversation — a clash between the old and new," says Maestro Ross. "Bach's 300-year-old concerto is paired with Stravinsky's Dumbarton Oaks Concerto. Bach's concerto references the worlds of hunting and court dancing; Stravinsky's concerto, while inspired by Bach, is filtered through (an occasionally jarring) 20th-century prism."

The second portion of the program explores the relationship between Prokofiev's Symphony No. 1 (nicknamed "Classical") and Mozart's Prague Symphony. "Prokofiev makes fun of the classical form, and Mozart blurs the boundaries between symphony and opera," relates Ross. "The middle movement of the Prague Symphony is Mozart's greatest orchestral andante, just crying out for operatic text setting."

Prior to each performance there will be a pre-concert chat, offering insights into the music. On Saturday the talk will be held at 7 p.m. with Dr. Jonathan Kolm, associate professor of Music at Northern Virginia Community College. On Sunday Maestro Ross will present "As the Baton Swings" at 2:15 p.m., which is geared toward younger attendees and novice symphony-goers. Both talks are open to all concert attendees.

The Alexandria Symphony is a fully-professional orchestra drawing from the Washington, D.C. metropolitan region's wealth of musical talent. Many musicians perform with other orchestras and top military bands. The ASO performs Saturday evenings at the Rachel M. Schlesinger Concert Hall and Arts Center and Sunday matinees at the George Washington Masonic Memorial. Single tickets are \$20-\$80 for adults, \$5 for youth (18 and under), and \$10 for students (with ID). The ASO also offers senior, military, and group discounts. For tickets and information, visit www.alexsym.org or call 703-548-0885.

CALENDAR

American history, with stops at Ramsay House, Market Square, Carlyle House, Wise's Tavern, Duvall Tavern/Charles Lee House, Gadsby's Tavern, Washington's townhouse, The Lord Fairfax House, the "Light-Horse" Harry Lee house and Christ Church. Sponsored by the City of Alexandria's George Washington Birthday Celebration Committee. Free. Visit washingtonbirthday.com.

Tell Me Your Name. 3:30 p.m. at Carlyle House Historic Park, 121 N. Fairfax St., Alexandria. A conversation about identifying enslaved individuals and their communities and putting that into a historical and genealogical context. In 2017 Carlyle House Historic Park undertook a new research project to improve its knowledge and interpretation of the site's enslaved population. Join Maddy McCoy, founder of Slavery Inventory Database, LLC, for an illuminating tour on the new research of the enslaved community at Carlyle House. \$10. Tickets available at apm.activecommunities.com/novaparks/Activity_Search/2517.

TUESDAY/FEB. 12

"World Turned Upside Down – Uniforms of Yorktown." 7 p.m. At The Lyceum, 201 South Washington St., Alexandria. In honor of George Washington's birthday, join in an evening exploring – and trying on – the military uniforms from the different nationalities that converged at the Siege of Yorktown in 1781. Chris Daley, historical clothing manager for the Jamestown-Yorktown Foundation will share the opportunity to try on and compare uniform coats of the French, German and American armies, and coats worn by African Americans serving with the British army. Bring a camera and take photos of yourself and family members in the uniforms of the Revolutionary War. This event includes a reception with beer, wine, and light refreshments. Tickets are

\$20 and may be purchased at alexandriava.gov/shop or by calling 703-746-4994.

WEDNESDAY/FEB. 13

Snacks and Poetry. 3:30-5 p.m. at Burke Branch Library, 4701 Seminary Road. Participants explore their poetic side using famous poet Maya Angelou's poetry as inspiration. Teens ages 12-18. Visit www.alexandria.lib.va.us or call 703-746-1704.

Amazing African American STEAM - Celebrating Black History Month. 4-4:45 p.m. at Barrett Branch Library - First Floor, 717 Queen St. Hands on art and science projects for ages 5+. No registration required. Visit www.alexandria.lib.va.us or call 703-746-1703.

Alexandria Oddball Cinema: Pootie Tang. 7-8:30 p.m. at Duncan Library Meeting Room, 2501 Commonwealth Ave. Join Alexandria Oddball Cinema for a showing of Pootie Tang for Black History Month. Visit www.alexandria.lib.va.us or call 703-746-1705.

They Marched with the Yankees. 7-8 p.m. in the Large Meeting Room at Beatley Library, 5005 Duke St. Char McCargo-Bah will discuss her new book. Adults. Call 703-746-1702 or visit alexandria.lib.va.us.

Spike Lee's "School Daze." At Alexandria Black History Museum, 902 Wythe St., Alexandria. Enjoy a free screening of the Spike Lee movie "School Daze." This event is co-sponsored by the Alexandria Black History Museum and the City of Alexandria Office on the Arts. Free popcorn will be provided by Popped Republic. Reservations strongly suggested at shop.alexandriava.gov/BlackHistory or call 703-746-4356.

THURSDAY/FEB. 14

Happy Valentine's Day, Frederick Douglass! 3:30-4:30 p.m. at Duncan Library, 2501

Commonwealth Ave. A history lesson you'll never forget. For school aged kids. Visit www.alexandria.lib.va.us or call 703-746-1705.

Pre-K Fun. 4-5 p.m. at Burke Branch Library - Meeting Room, 4701 Seminary Road. Sing and dance to the songs of Stevie Wonder and Louis Armstrong. Includes a craft. Ages 3-5. Visit www.alexandria.lib.va.us or call 703-746-1704.

Butterflies and Blossoms. 7:30-9 p.m. At Green Spring Gardens, 4603 Green Spring Road, Alexandria. A talk by Margaret Chatham on larval host plants and the lepidoptera that eat them. Beautiful butterflies and lovely blossoms are all the result of trying to make a living. The plants need someone to pollinate them, but at the same time need to limit the number of caterpillars and other insects that can eat them. The butterflies and caterpillars need to avoid being eaten long enough to lay eggs for the next generation. We'll learn what natives to plant to nurture more than just monarchs. Visit www.fairfaxcounty.gov/parks/green-spring or call 703-642-5173.

FRIDAY/FEB. 15

Celebrating Building Bridges and Creating Community Through Poetry. 6:30-8:30 p.m. at the Durant Arts Center, 1605 Cameron St. Wendi Kaplan, Poet Laureate, invites everyone to a special reception "Celebrating Building Bridges and Creating Community through Poetry." Formal program beginning at 7 p.m. The reception will highlight Ms. Kaplan's tenure as the City's Poet Laureate through poetry, programs and activities. The reception is free, RSVP's requested at poet@alexandriava.gov.

Second Glance. 7:30-8:30 p.m. at The Athenaeum, 201 Prince St., Alexandria. An everyday object can be irresistible. Beyond the intended purpose to get the job done, objects can represent a memory or merge in unlikely, whimsical combinations.

ANY TYPE OF RUG, ANY PRICE LEVEL,
WE HAVE A SOLUTION FOR YOU!

Hadeed, The People You've Trusted for Over 82 Years,
Now Bring the Same Quality Cleaning to Everyone!

Now Servicing Every Type of Rug from Machine Made Synthetic to
the Finest Handmade Silk. We Bring the Same Quality to Everyone
with Our Multi-Pricing Level Menu that will Match Your Rug.

OUR
BEST
OFFER
EVER!

In Plant Rug Cleaning

SAVE up to
35%

FOR EVERY 2ND RUGS CLEANED → GET THE 3RD RUGS CLEANED → FREE!

3 Rugs = 1 Cleaned FREE! • 6 Rugs = 2 Cleaned FREE! • 9 Rugs = 3 Cleaned FREE! On & On

*Hurry! Offer Expires 2/10/19. Valid on Express or Signature Rug Cleaning Services.
Get the third rug of equal or smaller size for free. Not valid w/any other offers.

IN-PLANT RUG RESTORATION

Expires 2/10/19. Not valid w/any other offers.

10% Off

WALL-TO-WALL CARPET STEAM CLEANING OR
HARDWOOD FLOOR CLEANING & POLISHING

Expires 2/10/19. Not valid w/any other offers.

20% Off

HADEED

SINCE
1929

FREE
PICKUP &
DELIVERY!

Oriental Rug Cleaning & In-Home Services

535 W. Maple Avenue Vienna, VA | 4918 Wisconsin Ave. DC/MD | 3206 Duke Street Alexandria, VA | 6628 Electronic Dr. Springfield VA | 3116 W. Moore Street Richmond VA

Grand Opening! » 330 North Stonestreet Ave., Suite A, Rockville, MD

703-836-1111 | JoeHadeed.com

†Available in MD, DC, & VA. Min. order required, some restrictions apply.
Doesn't include breakables. Call for details.



Food fit for a king
on a family budget

DAILY FEATURES FOR EVERYONE!

Monday - 1/2 Price Burger Night

Tuesday - Kids 12 & under Eat Free
with accompanying adult. 1 child per adult.

Wednesday - Roast Turkey Special

Thursday - Lasagna Night

Friday - Fish Fry

Saturday & Sunday - Full Brunch Buffet
with Omelette Station

734 North St. Asaph Street, Alexandria, VA 22314

Royal Restaurant 703-548-1616
ALEXANDRIA'S NEIGHBORHOOD RESTAURANT • SINCE 1961
RoyalRestaurantVA.com

“Second Glance” features excerpts from Jane Franklin’s “EyeSoar” and new work in cooperation with Fine Art Photographer Fax Ayres. Cost is \$15. Visit www.nvfaa.org.

SATURDAY/FEB. 16

African American Children’s Book Fair. At Alexandria Black History Museum, 902 Wythe St., Alexandria. Interested in finding culturally appropriate books for children? Visit the Museum for a book fair featuring authors who specialize in books for African American children and families. Organized by author J.D. Wright and the Alexandria Black History Museum. Free. Visit www.alexandriava.gov/BlackHistory or call 703-746-4356.

Front Parlor Reopens. 9 a.m.-5 p.m. At George Washington’s Mount Vernon, 3200 Mount Vernon Highway, Mt. Vernon. Mount Vernon’s front parlor reopens after an extensive restoration. Visitors during Washington’s birthday celebrations (Feb. 18 & 22) can tour the Mansion for free and view reproductions of the original furniture with vibrant Saxon blue upholstery. Visit mountvernon.org/frontparlor.

Specialty Tour: A Complicated Hospitality. 10-11 a.m. at Gadsby’s Tavern Museum, 134 N. Royal St. Through the stories, experiences, and archival traces of those enslaved by John Gadsby, consider how the nuances of urban slavery expand the understanding of slavery and Alexandria. Advance purchase of tickets recommended; limited space available. \$15 per person, \$12 for Gadsby Tavern Museum members. Visit www.alexandriava.gov.

Monthly Puppet Shows. 10 a.m. and 11:15 a.m. at the Durant Arts Center, 1605 Cameron St. With a performance by Bob Brown Puppets’ Second Hand Stars. Monthly Puppet Shows are designed for the youngest of audiences, so toddlers are welcome. \$6, for all ages. Children must be accompanied by at least one adult. Make your reservations at www.alexandriava.gov/Arts and select Durant Arts Center. Tickets are available at the door.

Locals’ Alley Saturdays. 12:30-2:30 p.m. at The Old Town Shop, 105 S. Union St. at King Street. Meet the makers of local goods, featuring: Popped Republic flavored popcorn tasting. Call 703-684-4682 or visit www.TheOldTownShop.com.

Calligraphy Class. 1-3 p.m. At Historic Huntley, 6918 Harrison Lane, Alexandria. In honor of Huntley residents who loved both books and art, Historic Huntley is offering a set of classes that introduce different aspects of the art of bookmaking. Explore the art of beautiful writing with a variety of pens and brushes in a program. \$15 per person. Call 703-768-2525 or

‘Cherry Challenge’ Returns

More than 40 Alexandria restaurants compete with cherry menu items.

Alexandria’s annual “Cherry Challenge” culinary contest has kicked-off with more than 40 restaurants across the city competing to win by crafting a cherry-oriented appetizer, entrée, beverage or dessert. The “Cherry Challenge” is the first event of Alexandria’s annual George Washington Birthday celebration that culminates with the nation’s original and largest Washington birthday parade on Monday, Feb. 18.

Blüprint Chocolatiers at 1001 King St. is new among this year’s entrants with a dessert featuring George Washington’s signature on top of a chocolate truffle. “We’re quite excited to be in the Cherry Challenge,” said owner and chef Kim Gustafson. “We’ve made a ‘Cherry Bounce’ which was one of George Washington’s favorite drinks and we turned it into a chocolate.”

The dessert category is especially competitive this year. At 3141 Duke St., Glory Days manager José Bamon said, “This is our first year doing the Cherry Challenge and we’re going to do a cherry cobbler made fresh, in house, with vanilla ice cream, whipped cream and fresh cherries.”

Last year’s winners included Taqueria el Poblano at 2400 Mt. Vernon Ave. for its cherry taco appetizer, Jackson 20 at 480 King St. for its cherry pork entrée, Dishes of India at 1510A Belle View Boulevard for dessert and Café 44 at 44 Canal Center Plaza for best cherry beverage.

The Cherry Challenge began on Sunday, Jan. 27 and ends on Feb. 10. Diners are given a ballot at each restaurant to rate the cherry dish or beverage they tasted. Completed ballots are deposited into a ballot box at each restaurant. Winning restaurants are invited to participate in the George Washington Birthday Parade.

“Judging is based on three criteria: taste, presentation, and creativity. Diners rate each item from one to three cherries for a maximum score of 9 on each



Blüprint Chocolatier’s “Cherry Bounce” truffle featuring George Washington’s signature on its top.

ballot,” said Cherry Challenge sponsor and Co-Chair Danny Smith, who is a Realtor with TTR Sotheby’s. “We divide the total points for each dish by the number of ballots for that dish to get the average score. The highest average in each category wins.”

Patrons are encouraged to Tweet photos and descriptions of the cherry items they tasted by using the hashtag “#GWCherryChallenge” or by posting them to the George Washington Birthday Celebration’s Facebook page: www.facebook.com/GeorgeWashingtonsBirthdayCelebration/?fref=ts

This year’s participating restaurants include: Alexandria Pastry, Blüprint Chocolatier, BRUT Wine Bar, Cafe 44, Catch on the Ave, Chadwick’s, Cheesetique, Columbia Firehouse, Del Ray Café, Del Ray Pizzeria, Dishes of India, Evening Star Cafe, Foster’s Grill, Glory Days Grill, Hard Times Café, Haute Dogs and Fries, Jackson 20, Junction Bakery, Kilwins, La Tasca, Landini Brothers, Lori’s Table, Lost Dog Café Alexandria, Mason Social, Meggrolls, MoHo Kitchen & Cocktails, Murphy’s Grand Irish Pub, Myron Mixon’s Pitmaster BBQ, Namaste King Street, Pines of Florence Alexandria, Pizzeria Paradiso, RedRocks Neapolitan Bistro, River Bend Bistro, Shooter McGee’s, Sonoma Cellar, Sunday in Saigon, Taqueria Poblano, Tempo Restaurant, Tequila & Taco, The Italian Place, The People’s Drug, T.J. Stones, Union Street Public House, Vaso’s Kitchen, and The Warehouse.

visit www.fairfaxcounty.gov/parks/historic-huntley.

Movie Matinee: Loving. 2:30-4:45 p.m. at Barrett Branch Library - Second Floor, 717 Queen St. A dramatization of the Loving family’s relationship and the 1967 Supreme Court case, which overturned the Jim Crow law banning interracial marriage. PG-13. Visit alexandria.lib.va.us or call 703-746-

1703.
First Friday: “Chinese New Year Celebration.” 6-10 p.m. at the Durant Arts Center, 1605 Cameron St. The evening will include the Fairfax Chinese Dance Troupe dancing several traditional Chinese Folk Dances accompanied by Alice Guzheng Ensemble, Mr. Zhang on a traditional instrument called hulusi, and a vocalist Mr. Lin. \$9 per person.

Children under 5 years old are free. Children must be accompanied by one adult. Reserve today at www.alexandriava.gov/Arts and select Durant Arts Center. Tickets are available at the door.

An Evening of Love Songs. 8 p.m. at The Carlyle Club, 2050 Ballenger Ave. Join in for an unforgettable evening of love songs with music legends Leonard, Coleman and Blunt

(LCB), three former lead vocalists from the Temptations, Platters, and Drifters as they perform the most popular songs of the past decades. Hear some of the greatest hits, such as “Under The Boardwalk,” “My Girl,” “Smoke Gets In Your Eyes,” “Get Ready,” “On Broadway,” “Only You” and some new romantic melodies written and produced by Joe Coleman. Reserve seats today at leonardcolemanandblunt.com/calendar/.

SUNDAY/FEB. 17

2019 Alexandria Wedding Showcase. 11 a.m.-3 p.m. at the Hilton Alexandria Mark Center, 5000 Seminary Road. Visit www.visitalexandriava.com/event/2019-alexandria-wedding-showcase/10189/ or www.bridesacrossamerica.com.

Harry Allen Winter Lecture Series. 1:30-2:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. National Arboretum Head of Horticulture Scott Aker will offer tips on plant selection and proper planting and demonstrate a quick way and easy way to determine a tree’s health. Adults. \$10 in advance; \$12 at the door. Visit www.fairfaxcounty.gov/parks/green-spring or call 703-642-5173.

Walking With Washington Tour. 2-4 p.m. at Ramsay House, Alexandria Visitor’s Center, 221 King St., Alexandria. Explore important sites associated with George Washington in his hometown of Alexandria. Free. Visit washingtonbirthday.com.

Eclipse Chamber Orchestra. 3 p.m. At Alexandria Lyceum, 201 S. Washington St., Alexandria. Eclipse Chamber Orchestra Recital Series In Honor of Valentine’s Day. Featuring the Columbia String Quartet; Susan Midkiff and Jane Bowyer Stewart, violins; Denise Wilkinson, viola; and Kerry Van Laanen, cello. Cost is \$25 suggested donation. Visit www.eclipseco.org.

Dominion Brass Concert. 3-4:30 p.m. at Aldersgate United Methodist Church, 1301 Collingwood Road, Alexandria. Dominion Brass, a large brass and percussion ensemble of professional musicians, presents benefit concert for Rising Hope Mission Church. Free. Donations to support Rising Hope will be collected. Call 703-300-0985.

Philharmonic Orchestra Concert. 3-5 p.m. At George Washington Masonic Memorial, 101 Callahan St., Alexandria. The Washington Metropolitan Philharmonic continues its Spotlight on Women Composers season. Concert explores outstanding works by women composers Fanny Mendelssohn, Louise Farrenc, and Clara Schumann and features acclaimed virtuoso pianist Thomas Pandolfi. Cost is \$25. Visit www.wmpamusic.org.

(703) 382-1011
www.mtvac.net

Join MTVAC
Get 1 Month FREE
*Fitness Memberships Only

Offer expires 2/28/19
Sign up today!

The #1 Place for Fitness & Tennis in Alexandria—Since 1972

Same Company, Same Employees, Same Great Value - Now Celebrating 20 Years!

TWO POOR TEACHERS
Kitchen and Bathroom Remodeling

10% down nothing until the job is complete for the past 17 years

Free Estimates
703-214-8384

Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed Since 1999

LEAD SAFE
SEPA
CERTIFIED FIRM

Visit our website: www.twopoorteachers.com



Del Ray Realtor Jen Walker, second from right, and her teammates pose for a photo after competing in the 500-meter indoor cycling sprints Feb. 4 at Pork Barrel BBQ. The event was part of a fundraiser to support VeloCity Bicycle Cooperative co-founder Christian Myers, who is battling cancer.



Pat Miller, center, is joined by other volunteers Feb. 4 at the "Help Your Local Bike Guy" fundraiser at Pork Barrel BBQ. The event raised \$20,000 for VeloCity Bicycle Cooperative co-founder Christian Myers, who was recently diagnosed with cancer.

PHOTOS BY "MANCO" MIKE ANDERSON

Fighting Cancer: \$20,000 Raised for VeloCity Founder

FROM PAGE 1

Bicycle Cooperative in 2010, seeing the need for a community-based and volunteer-run bicycle co-op in Alexandria to grow and empower a more inclusive biking community through affordability, education and embracing the fun of riding. The shop originally opened in a warehouse on South Union Street but moved to Del Ray in 2012

when that building was sold.

Myers manages the Vélocity Bicycle Cooperative bike shop operations and the youth education program. In addition to traditional bike repairs, Vélocity collects hundreds of unwanted bikes each year and refurbishes and distributes them — along with helmets — to children from low-income families.

Located at 2111 Mount Vernon Ave., VeloCity also has a Bike Scholarship Program to help residents from low-income families, local shelters and transitional housing to obtain a bicycle which can be used for free transportation, and they host free bike repair workshops with nonprofits such as the Alexandria Boys & Girls Club.

"I wish I could get out this house and

thank each one of you personally," Myers said.

"That'll have to wait a bit. But I will though. And last but not least, to the DRBA and Del Ray community, thank you. You give me hope."

Added Reuter: "I couldn't have been prouder to be part of such a generous and caring neighborhood."



Captain Rawle Kelly gives Sheriff's Community Academy participants a tour of the Adult Detention Center.

Apply for Sheriff's Community Academy

Alexandrians can explore the role of the Sheriff's Office by participating in the Sheriff's Community Academy, a four-session experience on Saturday mornings this spring. Learn about the Sheriff's Office by touring the jail, going behind the scene at the courthouse, and meeting with deputies responsible for the care and

custody of approximately 400 inmates every day. Also discover how the Sheriff's Office enhances public safety through a variety of specialized services and outreach programs. Program begins on March 30 and space is limited, so visit www.alexandriava.gov/sheriff or call 703-746-5116 to apply or learn more.



VIRGINIA STATE POLICE PHOTO

The hit-and-run victim's vehicle after colliding with the RV and then being hit by the suspect vehicle.

State Police Seek Witnesses

State Police Trooper Andre Jones is seeking the public's assistance with a 2018 unsolved fatal hit-and-run crash in Fairfax County.

There were two crashes that occurred on Saturday morning, Oct. 6, 2018, in the westbound lanes of Interstate 495 at the Eisenhower Avenue Connector (174 mile marker).

The first one occurred at 1:12 a.m. when an RV towing a vehicle collided with a maroon 2015 Nissan Altima.

The impact of the crash caused the Altima to spin off the right side of the highway, strike the guard-rail and spin back into the right travel lane. The Altima came to rest perpendicular to oncoming

traffic.

Moments after the crash occurred, the Nissan's driver, Nathan L. Dickerson, 47, of Upper Marlboro, Md., exited his vehicle. Both Dickerson and his car were struck by an unknown vehicle. The impact was fatal and Dickerson died at the scene.

The suspect vehicle, meanwhile, did not stop and kept going westbound on I-495.

Anyone in the area at the time of the crashes and may have witnessed either one, or is aware of the vehicle/person(s) involved in the death of Dickerson is encouraged to contact the Virginia State Police at 703-803-0026 or on a cell at #77 or by email to questions@vsp.virginia.gov.

WWW.CONNECTIONNEWSPAPERS.COM

LETTERS

FROM PAGE 13

one of Washington's greatest victories which kept the patriot cause alive. It mentions another worthy Alexandrian, Col. John Fitzgerald.

After his improbable victory at the Battle of Trenton, Washington engaged the British at Princeton on Jan. 3, 1777. The following is an excerpt from George Washington Parke Custis, Recollections and Private Memoirs of Washington, by His Adopted Son (New York: Derby & Jackson, 1860), pp. 190-192:

"We have often enjoyed a touching reminiscence of that ever-memorable event from the late Colonel Fitzgerald, who was aide to the chief, and who never related the story of his general's danger and almost miraculous preservation, without adding to his tale the homage of a tear.

"The aide-de-camp [Fitzgerald] had been ordered to bring up the troops from the rear of the column ... Upon returning to the spot where he had left the commander-in-chief, he was no longer there, and, upon looking around, the aide discovered him endeavoring to rally the line which had been thrown into disorder by a rapid onset of the foe. Washington, after several ineffectual efforts to restore the fortunes of the fight, is

seen to rein up his horse, with his head to the enemy, and in that position to become immovable. It was a last appeal to his soldiers, and seemed to say, Will you give up your general to the foe?.... The discomfited Americans rally on the instant, and form into line; the enemy halt, and dress their line; the American chief is between the adverse posts, as though he had been placed there, a target for both. The arms of both lines are levelled. Can escape from death be possible?

"Fitzgerald, horror-struck at the danger to his beloved commander, dropped the reins upon his horse's neck, and drew his hat over his face, that he might not see him die. A roar of musketry succeeds, and then a shout The aide-de-camp ventures to raise his eyes ... the enemy are broken and flying, while dimly amidst the glimpses of the smoke is seen the chief, alive, unharmed, and without a wound, waving his hat, and cheering his comrades to the pursuit.

"Colonel Fitzgerald ... dashed his rowels in his charger's flanks, and, heedless of the dead and dying in his way, flew to the side of his chief, exclaiming, 'Thank God! your excellency is safe!' The favorite aide, a gallant and warm-hearted son of Erin, a man of

thews and sinews, and 'albeit unused to the melting mood,' now gave loose rein to his feelings, and wept like a child, for joy.

"Washington, ever calm amid scenes of the greatest excitement, affectionately grasped the hand of his aide and friend, and then ordered —" Away, my dear colonel, and bring up the troops — the day is our own!"

This victory saved Washington's army from future British attack, showed that the patriot army could win against trained British troops and raised patriot morale. After the Revolution, Col. Fitzgerald hosted Washington, participated in business with him, and persuaded him to help found St. Mary's Church (now Basilica).

Terence J. Riley
Alexandria

Infinite Moment

To the Editor:

On President's Day, it is important to remember the words of our founders. Almost 225 years ago, George Washington spoke to the nation as he departed from office. More than anything, he urged

SEE LETTERS, PAGE 22



LIKE US ON FACEBOOK, PLEASE

www.Facebook.com/connectionnewspapers



CALENDAR

			1	2	3
4	5	6	7	8	9
11	12	13	14	15	16
18	19	20	21	22	23
25	26	27	28	29	30
					31

Let us know about an upcoming event

connectionnewspapers.com/Calendar

Legals

ABC LICENSE
Tasteful Affairs Catering Service, Inc. trading as Tasteful Affairs Catering, 5700 General Washington Dr. Suite J, Alexandria, VA 22312. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Mixed Beverage Caterer Limited license to sell or manufacture alcoholic beverages. Linda Harkness/Chef Owner. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals

ABC LICENSE
Alexandria Lamart, Inc. trading as LA Mart, 5730 Edsall Rd, Alexandria, VA 22304-4712. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer Off Premises license to sell or manufacture alcoholic beverages. Ki Jong Cho, President, Treasurer and Secretary. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Announcements

OUTER BANKS, NC - VACATION RENTALS

Over 500 vacation homes from S. Nags Head to Corolla's 4x4!



Brindley Beach
VACATIONS & SALES

877-642-3224
www.brindleybeach.com

Announcements

CLASSIFIED
WWW.CONNECTIONNEWSPAPERS.COM
TO ADVERTISE IN THIS PAPER. CALL BY MONDAY 11:00 AM 703-778-9411

Announcements

We pay top \$ for STERLING, MEN'S WATCHES, JEWELRY, COSTUME JEWELRY, FURNITURE, PAINTINGS AND CLOCKS.

Schefer Antiques
703-241-0790
theschefers@cox.net

Find us on Facebook and become a fan!

www.Facebook.com/connectionnewspapers



THE CONNECTION
Newspapers & Online
The Connection to Your Community
www.connectionnewspapers.com

Employment

Forget Daily Commuting

Print and digital media sales consultant for area's most popular and trusted local news source

Manage your own hours from home
Enjoy flexible schedule plus no daily commute
Help local businesses grow
Unique opportunity to be a voice in your community
Competitive compensation

Call Jerry Vernon
703-549-0004
Connection Newspapers & Digital Media
Trusted Connection to Local Communities

Obituary



Obituary

Charlotte Alexander
Charlotte Alexander passed away on Saturday, January 5, 2019 at the age of 95 in Goodwin House, Alexandria, Virginia.

Born in Brooklyn, Charlotte grew up in Teaneck, New Jersey, which she often described as "a commuter town where all the daddies commuted by train to New York City" and where she enjoyed roller skating to school and learning to play the piano. She graduated from Teaneck High School in 1940 at the age of sixteen.

After being awarded a scholarship to the Windle School in Rockefeller Center, Charlotte became a Girl Friday at the renowned advertising agency, J. Walter Thompson in New York -- and stayed there for eighteen years. She worked on comedy shows with Bert Lahr (later known as the Cowardly Lion in The Wizard of Oz), Fred Gwynne (later to become Herman Munster on television), Jackie Gleason and Fred Allen and followed Sammy Kaye and his orchestra on the road with a comedy variety show, hosting well known performers such as Nat King Cole, and broadcasting from hotel ballrooms, theaters, movie houses, even an amusement park; a New York TV series featured live ballet with George Balanchine. She was transferred to JWT's Hollywood office for six months to work on the Charlie McCarthy, Bing Crosby, and Sid Caesar shows. Writing on the RCA Victor account, Charlotte interviewed and recorded many of the world's greatest classical music artists including Aaron Copland, Wanda Landowska and Leopold Stokowski.

Charlotte loved sailing and spent two glorious summers at sea. Her first voyage, aboard a 65-foot schooner, the Black Duck, reached Ingonish, the northern tip of Nova Scotia, accompanied by the sound of spouting whales. The next summer, aboard a 35-foot ketch, she and five companions limped into the Bermuda harbor minus a mainsail, shredded by a short but vicious squall.

Later, aboard a Caribbean cruise, she met her husband Dr. A. John Alexander and they married in May 1959. He was a historian and analyst with DIA at the Pentagon and taught Historiography at American University. They lived in Parkfairfax, Alexandria, with their three children: David, Michael and Anne.

From 1973-1984, Charlotte was the director of the Alexandria RSVP (Retired Senior Volunteer Program), a federally funded program created to involve individuals over sixty in community service. Under her directorship, RSVP Alexandria grew to more than 500 senior volunteers. A lifelong learner, Charlotte also took courses at Northern Virginia Community College, earning an Associate in Science Degree in May 1993, just in time for her 70th birthday.

Charlotte moved to Goodwin House in October 1998 (after her husband died) where she started the Book Discussion Group, wrote and edited for the MISCELLANY and enjoyed visits from her five bright beautiful grandchildren: Nolan and Nadine as well as Casimir, Katie and Charlotte.

A Memorial Service for Charlotte Alexander will be held at Goodwin House on Saturday, February 23rd at 2pm. Donations in memory of Charlotte may be made to RSVP Northern Virginia c/o Volunteer Fairfax, 10700 Page Avenue, Suite 101, Fairfax, VA 22030 (online at rsvpnova.org) or to the Alexandria chapter of Meals on Wheels c/o Senior Services of Alexandria, 700 Princess Street, Mezzanine Level, Alexandria, VA, 22314 (online at senior-servicesalex.org/donate). Burial will be at a later date at Arlington National Cemetery.

Find us on Facebook and become a fan!

www.Facebook.com/connectionnewspapers



THE CONNECTION
Newspapers & Online
The Connection to Your Community
www.connectionnewspapers.com

My Own Sort of Groundhog Day



By KENNETH B. LOURIE

As it happens every year around this time, the monthly calendar turns to February, and I am reminded of the goings on in my life Jan. 1 through Feb. 27, 2009.

I was not, as yet, in the throws of having been diagnosed with non-small cell lung cancer, stage IV, but I was in pursuit of finding the cause of the shortness of breath and stinging pain in my side that first manifested on Jan. 1, 2009.

Cancer was the last word I expected to hear in late February after a biopsy confirmed the finding. Until I received that call from my primary care physician on Thursday, Feb. 20, advising me that the tissue biopsy was indeed malignant, I had been, since that New Year's Day visit to the Emergency Room, in a diagnostic dalliance to determine what had caused an otherwise, healthy 54-and-half-year-old man, to present with such symptoms.

The Emergency Room doctor was perplexed as the chest X-Ray I had taken that day was inconclusive. In addition, I offered no pertinent medical history to account for the symptoms I was experiencing.

Eventually I was released and it was suggested that I return in a week, have another chest X-Ray then and see a pulmonary doctor. And so I did. After reviewing both X-Rays, and examining me, the pulmonologist was equally perplexed. I was healthy by all appearances and I had no family history of anything.

Out of curiosity – or bewilderment – the doctor told me to get a CT scan, which I did, approximately two weeks later, at the earliest available time. Within a day of having been CT-scanned, I was called by the pulmonologist and advised to schedule an appointment with a thoracic surgeon, a specialty with which I was totally unfamiliar.

Two weeks or so later, at the first available time, I saw the surgeon. Equally befuddled, by his own admission, after reviewing my two X-Rays and recent CT scan, he equivocated on the next step: ordering a P.E.T. scan, which he did not – until a few days later when he changed his mind and told me to make the arrangements; which of course I did, and again, it was approximately two weeks later that an appointment was available.

After receiving the results, the thoracic surgeon called me. He said, among other things: "Your scan lit up like a Christmas tree."

Not good as I later learned.

And so, a surgical biopsy was scheduled, upon availability, about two weeks later, which presumably would determine the cause of my original discomfort and confirm what all this diagnostic back and forth had been about.

Within a few days of my procedure, I received a phone call at work from my internal medicine doctor. He asked if I wanted to come to his office to discuss the results. I said "No, just tell me," figuring that a request to see him in his office meant bad news. Sure enough, it was.

He told me that the sample was malignant. Stunned by the news, I remember asking: "What does that mean?" He might have mentioned cancer, I can't recall. He instead deferred and referred me to an oncologist, actually making the appointment for me for the following Thursday, only a week later.

Nearly two months had passed since the original Jan. 1 visit to the E.R.

Finally on Feb. 27, I was going to find out what's been going on – from an oncologist. And sure enough, on that following Thursday, my new-best-friend-to-be, lowered the boom: "Lung cancer."

My prognosis he said: "13 months to two years." Moreover, he advised: He "could treat me," but he "couldn't cure me." In simple terms, he told me I was "terminal."

Not that I don't already think about having cancer every minute of every day but especially so at this time of the year. This is when my world, as I knew it, came crashing down. Over and over, I review the days and weeks leading up to that first appointment with my oncologist and the impact the diagnosis has had on my life.

Granted, it's nothing to laugh about, but given that I've survived so long, it's certainly something to be grateful about.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

BUSINESS DIRECTORY

WWW.CONNECTIONNEWSPAPERS.COM

CALL 703-549-0004 FOR ADVERTISING INFORMATION

LANDSCAPING A&S CONSTRUCTION SOD, Mulch, Clean-Up Leaf Removal Hauling. 703-863-7465		Good is not good, where better is expected. -Thomas Fuller	
ELECTRICAL K & D ELECTRIC COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc....		ELECTRICAL Licensed/Bonded/Insured Office 703-335-0654 Mobile 703-499-0522 lektrkman28@gmail.com	
GUTTER GUTTER CLEANING Gutters and Downspouts Cleaned Small Repairs • Gutter Guards PINNACLE SERVICES Lic/Ins 703-802-0483 free est. email:jamie@lawnsandgutters.com web:lawnsandgutters.com Friendly Service with a Friendly Price!		GUTTER	
A&S Landscaping <ul style="list-style-type: none"> • All Concrete work • Retaining Walls • Patios • Decks • Porches (incl. screened) • Erosion & Grading Solutions • French Drains • Sump Pumps • Driveway Asphalt Sealing 703-863-7465 LICENSED Serving All of N. Virginia			
RN. CONTRACTORS, INC. Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic Phone: 703-887-3827 E-mail: rncontractorsinc@gmail.com www.rncontractors.com			
LANDSCAPING Patios & Drainage Your neighborhood company since 1987 703-772-0500		LANDSCAPING	
J.E.S. Services Free Estimates - Fully Licensed & Insured <ul style="list-style-type: none"> • Planting & Landscaping Design • Drainage & Water Problems • Concrete Driveways, Replacement or New • Patios and Walks • Masonry Work or Dry Laid • Paver, Flagstone, Brick, any style you choose • Retaining walls of all types All work Guaranteed			
TILE / MARBLE Quality Tree Service & Landscaping Reasonable prices. Licensed & insured. Fall Cleanup... Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc. 25 years of experience - Free estimates 703-868-5358 24 Hour Emergency Tree Service		TILE / MARBLE	
Sign up for FREE DIGITAL SUBSCRIPTION to any or all of our 15 papers WWW.CONNECTIONNEWSPAPERS.COM/SUBSCRIBE			
ATTENTION ADVERTISERS: expand your audience beyond our weekly print edition with CONNECTION DIGITAL <ul style="list-style-type: none"> ▶ Email Marketing ▶ Social Media ▶ Sponsored Content FOR MORE INFORMATION CALL 703.778.9431 OR VISIT CONNECTIONNEWSPAPERS.COM/ADVERTISING			
Find us on Facebook and become a fan! www.Facebook.com/connectionnewspapers CONNECTION Newspapers & Online The Connection to Your Community www.connectionnewspapers.com			

LETTERS

FROM PAGE 21

America to remain united. The America of 1796 was different in many ways, except for its politics. There was significant ideological, economic, and geographic strife. There was even fear of foreign influence (by the French) in the upcoming election. It was in this context that our nation's first president offered some words of advice. He reminded us, in the face of division, that unity is our greatest strength. He said, "It is of infinite moment that you should properly estimate the immense value of your national union to your collective and individual happiness." For what is America but a people united in search of freedom and prosperity? A nation of people made stronger and better through the combination of their strengths and efforts. A combination, embodied in a government, that creates a place better than any could build on their own. He called this federal government "a main pillar in the edifice of your real independence." To threaten it was to threaten our freedom. However, Washington cautioned that, "much pains will be taken, many artifices employed to weaken in your minds the conviction of this truth; as this is the point in your political fortress against which the batteries of internal and external enemies will be most constantly and actively (though often covertly and insidiously) directed."

It is at this moment that we must ask ourselves, will we heed his words? Are we able to see through the divisions that threaten one of the most important sources of our peace, prosperity, and freedom? While we may rightly question the actions and role of the federal government, to threaten it is to threaten our nation. Once in our history, we have already seen the chaos that results when our union dissolves. It is of infinite moment that we once again appreciate the value of our bonds as Americans, and the institutions in which those bonds are embodied. For if our unity dies, what else is next?

Jack Washington
 (Seventh great-nephew of George Washington)
 Blacksburg, Va.

BULLETIN BOARD

FROM PAGE 14

Alexandria. Class sizes are limited. For more information, including deadlines and application forms, visit alexandriava.gov/Academies.

- ❖ The Alexandria City Academy teaches participants about general government operations and departments through a combination of classroom and hands-on experiences.
- ❖ The Alexandria Senior Academy, a partnership between the City and Senior Services of Alexandria, gives seniors (age 60 and up) exposure to the City's government functions and provides education on local organizations that provide services and programs to seniors.
- ❖ The Alexandria Community Commonwealth's Attorney Academy offers an in-depth look at how criminal offenses are prosecuted in the City by the Commonwealth Attorney's office.
- ❖ The Alexandria Community Fire Academy educates community members about fire safety and emergency medical response, as well as the history, administration, operations, and apparatus of an urban public safety agency.
- ❖ The Alexandria Community Police Academy provides an opportunity for residents to learn about various aspects of the Police Department, such as administrative philosophy, internal policies and the guiding principles of law and ethical conduct governing the delivery of police services.

SPECIAL SAVINGS FOR YOUR TOYOTA



WELCOME TO ALEXANDRIA TOYOTA'S PERSONALIZED CAR CARE EXPERIENCE

BUY 3 TIRES AND GET THE 4TH FOR \$1



See Service Advisor for details.

GOT TIRES?
INCLUDES ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY INSPECTION.

BONUS: ADD A 4 WHEEL ALIGNMENT FOR \$39.95

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 2/28/19.

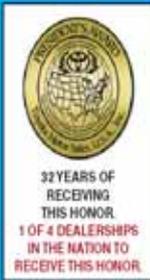
CHECK ENGINE LIGHT DIAGNOSIS NO CHARGE
INITIAL DIAGNOSIS

WE WILL RETRIEVE VEHICLE CODES & GIVE YOU AN ESTIMATE OF REPAIR COSTS.



NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 2/28/19.

Jack Taylor's
ALEXANDRIA TOYOTA



SERVICE & PARTS DEPT HOURS:

Monday - Friday, 7:00am to 7:00pm
Saturday, 8:00am to 5:00pm

YOU HAVE SATURDAY OFF. THAT'S EXACTLY WHY WE DON'T!

ToyotaCare Customers
Don't Forget Your **FREE** Service.
5,000 • 10,000 • 15,000 • 20,000 • 25,000
Now Available Mile Services
Call your ASM for details
ToyotaCare Plus \$329.00
Covers up to 4 years/45,000 miles

3750 Jefferson Davis Hwy • Alexandria, VA 22305

OIL & FILTER CHANGE

\$29⁹⁵ NON-SYNTHETIC
\$44⁹⁵ SYNTHETIC

Includes: Genuine Toyota oil filter, up to 5 qts of conventional oil*, inspect windshield wipers, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 2/28/19.

BRAKE SPECIAL \$79⁹⁵

Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. Pads only. MACHINE ROTORS ADDITIONAL.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 2/28/19.

SIGHT LINE WIPER BLADES \$10 OFF

Sight Line only.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA PARTS CENTER ONLY. GOOD THRU 2/28/19.

FREE BATTERY CHECK-UP

Check cold cranking amps and visual inspection of battery condition. Includes battery condition print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 2/28/19.

ALIGNMENT SPECIAL \$69⁹⁵

Your car's alignment suffers, and can cause uneven tire wear and steering problems. **INCLUDES:** Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 2/28/19.

VARIABLE DISCOUNT

\$15.00 OFF when you spend \$100.00 - \$199.99
\$30.00 OFF when you spend \$200.00 - \$299.99
\$45.00 OFF when you spend \$300.00 - \$399.99
\$50.00 OFF when you spend \$400.00 or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 2/28/19.

TRUESTART™ BATTERIES \$99⁹⁵

SPECIAL OFFER INCLUDES BATTERY INSTALLATION

Includes: 84 month warranty, 24 month free replacement, 24 month free roadside assistance. Does not apply to hybrid batteries.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 2/28/19.

Jack Taylor's
ALEXANDRIA TOYOTA

©SMS Productions, Inc. 1-800-289-7671 #201811026

Check your windshield. Does your sticker say **12/18, 1/19, or 2/19?** If so, your VA Safety Inspection is now due

VIRGINIA STATE INSPECTION FREE

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 2/28/19.

CALL FOR AN APPOINTMENT AT **703-684-0710** OR SCHEDULE ONLINE AT **ALEXANDRIATOYOTA.COM**

McEneaney Associates has always had one motto in mind... not to be the biggest, but the best. This year marks our 39th year in Alexandria, and we are celebrating our investment in helping to build our town into the thriving community it is today. To learn more about our Associates and our firm, visit www.WeAreAlexandria.com



#WeAreAlexandria

OPEN SAT 2/9 & SUN 2/10, 1-4



Clover | \$899,900

This English country-style cottage offers extensive upgrades with modern-day open concept. Gorgeous eat-in kitchen. Main level bedroom with full bath. Upper level bedrooms with top-of-line bath, lower level rec room with full bath. 310 Cloverway Drive
Susan Anthony 703.795.9536
www.SusanBruceAnthony.com

OPEN SUN 2/10, 2-4



Belle Haven | \$1,399,000

High on a hill overlooking the Potomac River is this 6,000-SF gracious, center hall Colonial. High ceilings, main level & upper level maste suites, two-car garage & exceptional entertaining flow – this is the full package for an elegant lifestyle. 6040 Edgewood Terrace
Janet Caterson Price 703.622.5984
www.JanetPriceHomes.com

OPEN SUN 2/10, 1-4



Woodbridge/Belmont Bay | \$525,000

Fabulous large corner unit with Occoquan River view from the living room, eat-in kitchen and master bedroom. Gleaming wood floors, plantation shutters, 2 bedrooms & 2 full baths. Two garage parking spaces and extra storage. 440 Belmont Bay Drive #104
Waldi Crawford 703.629.5655
www.WaldiCrawford.com

OPEN SUN 2/10, 2-4



New Alexandria | \$1,149,000

Beautiful French Farmhouse built in 2001 in New Alexandria. This 4-bedroom, 2.5-bath with detached 2-car garage is minutes from Old Town! High ceilings, refinished antique pine floors. Huge master with gorgeous renovated bath. 1262 Olde Towne Road
Rebecca McCullough 571.384.0941
www.RebeccaMcCullough.com



The Plaza | \$265,000

Welcome to The Plaza community! 2 bedrooms, 2 full baths – separate bedroom suites. New carpeting and lovely updated kitchen and baths. Balcony offers private quiet views. Extra storage and washer/dryer in unit! Assigned underground parking.
George Myers 703.585.8301
www.McEneaney.com



River Towers | \$209,000

Charming, spacious corner unit filled with natural light. Features balcony overlooking parkland with winter views of GW parkway and river. Fantastic location, minutes to Old Town and blocks to Belle View shopping center. Amenities include pool, tennis, rooftop terrace.
Kim Fazio 703.244.3889
www.KimFazio.com

Stratford Place at Kingstowne | \$319,900

Spectacular top floor condo. Light, bright and updated! Kitchen totally updated three years ago. Both baths beautifully renovated. Sunroom/den with view to woods and lake. More than ample parking. Minutes to Springfield Metro, Ft. Belvoir and NGA.



Phyllis Sintay 703.472.3563
www.psintay.com

We Are Your Market Resource

McEneaney Associates is pleased to present our Market Report for the Second Half of 2018. We take a comprehensive look at sales data for Alexandria neighborhoods in both the City and Fairfax County.
To view the report, visit:
www.mceneaney.com/alexandria-market-report

Serving the Washington, DC Metro Area since 1980.
 703.549.9292 | 109 S. Pitt Street | Alexandria, VA 22314 | McEneaney.com

