

**Hadeed**  
ORIENTAL RUG CLEANING  
AND IN-HOME SERVICES



GET **ALL** THE SALT, DIRT  
& GRIME OFF YOUR RUGS!

In-Plant  
Rug  
Cleaning...

**15% off!**

ANY TYPE OF RUG, ANY  
PRICE LEVEL, WE HAVE  
A SOLUTION FOR YOU!

703-836-1111 | www.JoeHadeed.com | FREE PICKUP & DELIVERY!† Expires 3/24/19. Valid on Express and Signature Services. Not valid w/any other offers.



# Vienna and Oakton CONNECTION



U.S. Rep. Gerry Connolly (D-11) welcomes his VIP guests to his 25th Annual St. Patrick's Day Celebration and Straw Poll event.

## Biden, McKay Win Fairfax Dems Straw Poll

NEWS, PAGE 3

### And They're Off!

NEWS, PAGE 12

### Vienna Police Highlights

NEWS, PAGE 2

PRSRRT STD  
U.S. POSTAGE  
PAID  
EASTON, MD  
PERMIT # 322  
POSTAL CUSTOMER  
EGR WSS  
ATTENTION POSTMASTER:  
TIME SENSITIVE MATERIAL  
REQUESTED IN HOME 3-21-19

PHOTO BY ANDREA WORKER/THE CONNECTION OPINION, PAGE 4 ♦ ENTERTAINMENT, PAGE 8 ♦ CLASSIFIEDS, PAGE 10

ONLINE AT [WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

MARCH 20-26, 2019

## Rescheduled Due to Inclement Weather

# Everything You Need to **KNOW**

A Public Health Service & Educational Series  
Provided by Tall Oaks Assisted Living



### APRIL PROGRAM

## Stayin' Alive: Surviving Disasters & Emergencies



**Kathleen Koch**, Former CNN Correspondent, will tell you *Everything You Need to Know* to keep your family safe.

- Active Shooter Situations
- Extreme Weather
- Pandemics
- Disaster & Evacuation Planning

**new date! Wednesday, April 4 • 6:00 - 8:00 pm**

Free and open to the public. Chef-prepared appetizers provided.

### EVENT LOCATION

Reston Lake House • 11450 Baron Cameron Ave., Reston

**RSVP** Call 703-834-9800 or email [RSVP@talloaksal.com](mailto:RSVP@talloaksal.com).

**Tall Oaks**  
ASSISTED LIVING  
RISING TO NEW HEIGHTS

703.834.9800 • [www.TallOaksAL.com](http://www.TallOaksAL.com)  
12052 N Shore Drive • Reston, VA

A Family Company

Coordinated Services Management, Inc. Professional  
Management of Retirement Communities since 1981

For media coverage information, contact **Gina Damiano:**  
703-834-9800 or [gdamiano@talloaksal.com](mailto:gdamiano@talloaksal.com).

## NEWS

# Vienna Police Highlights

The following summary contains various incidents of general interest as well as vehicular crashes handled by the Town of Vienna, Virginia Police Department from March 8 – March 14, 2019.

### INCIDENTS

**Petit Larceny** — Giant Food, 359 Maple Avenue, East, Feb. 25 between 10 a.m. and 11 a.m. An employee reported a man left the store without paying for several platters of shrimp.

**Arrest – Noise Violation** — 362 Maple Avenue, East March 8, 4:52 a.m.

Officers responded to the area for a noise complaint. Ofc. Farr observed a garbage truck operator emptying a dumpster in the parking lot. The truck operator, a 59-year-old man from Mattapony Drive in Woodbridge, Va, was advised that he was in violation of the Town's Noise ordinance and was released on a summons for violating that ordinance.

**Assault** — Cigar and More, 320 Maple Avenue, East, March 8, 1 p.m. A civil dispute between a landlord and tenant escalated when the two men shoved each other. Both men were advised of the warrant process should they wish to pursue charges for assault.

**Destruction of Property** — Tapawingo Road and Park Street, SE, March 8, 7:45 p.m. A resident advised he was eastbound on Tapawingo Road at the stop sign to turn left onto Park Street when he almost struck a pedestrian in the crosswalk who was walking a dog. The resident stopped to apologize to the pedestrian. However, the pedestrian began yelling at him and kicked his vehicle, causing damage above the front left tire.

**Juvenile – Runaway** — Gibson Circle, SW, March 8 between 4 p.m. and 11 p.m. A resident reported their teenage daughter left home after an argument. The daughter returned home several hours later.

**Arrest – Destruction of Property** — Gibson Circle, SW, March 8, 11:55 p.m.

While an officer was speaking to a resident to follow up on Incident, the juvenile was in another part of the house and began having an altercation with other family members. Additional officers responded to assist. During the altercation, the daughter punched holes in the walls. Ofc. Murray transported the daughter to Fairfax Juvenile Intake where a petition was served charging Destruction of Property, and she was placed into Shelter Care.

**Natural Death** — 1100 Block Westbriar Drive, NE, March 9 between 12:01 a.m. and 8 a.m. Officers responded with rescue personnel for the report of an elderly man who was unresponsive in his home. Rescue personnel determined the man, who suffered from medical issues, was deceased.

**Domestic Dispute** — Saratoga Way, NE, March 9, 10:12 p.m. A resident reported a domestic dispute with his teenage son.

**Arrest – Narcotics Violation** — 400 Block Old Courthouse Road, NE, March 10, 12:37 p.m. MPO Lyons observed a driver commit a traffic offense and initiated a traffic stop. Upon his interaction with the driver, MPO Lyons detected an odor of marijuana. The driver was found to have a measurable amount of marijuana. MPO Lyons issued a summons to the 35-year-old woman from Nigel Court in Vienna charging Possession of Marijuana.

**Noise Violation** — The Bey Lounge, 303 Mill Street, NE, March 10, 11:25 p.m. A resident reported a complaint of loud music coming from The Bey Lounge. Officers checked the area around the resident's home and The Bey Lounge but did not observe any noise violation.

**Animal Case – Quarantine** — 300 Block Tapawingo Road, SE, March 11, 6:15 p.m. A resident was jogging on the sidewalk in the 300 block of Tapawingo Road when she was bitten on the ankle by a dog

who had escaped from his yard. The dog was placed on a 10-day quarantine.

**Police Service** — Blair Road, NW, March 11 7:57

SEE POLICE, PAGE 7

**garai**  
ORTHODONTIC  
SPECIALISTS

BracesVIP.com



**Dr. Allen S. Garai**

- Specialist in Orthodontics
- Diplomate, American Board of Orthodontics (Board Certified)
- VIP Top 1% Invisalign Provider
- Attending Faculty - Orthodontic Department Children's Washington Hospital
- Over 15 years teaching orthodontics and private practice

**"BEST ORTHODONTIST"**  
Washingtonian Magazine  
Family Living Magazine

**"TOP ORTHODONTISTS"**  
Northern Virginia Magazine  
Virginia Living  
Health & Beauty Magazine

## Thinking *Invisalign*: the choice is clear

- **Board** Certified Orthodontic Specialist
- **Experience** (Invisalign over 15 years)
- **Attending Faculty** (Teaching Invisalign at-Washington Hospital Center Department of Orthodontics)
- **Voted "Top/Best"** Orthodontist in Northern Virginia
- **Affordable:** Full in-house financing with 0% interest and affordable monthly payments



Please call our office to set up your **Complimentary Consultation**



703.281.4868

[BracesVIP@gmail.com](mailto:BracesVIP@gmail.com)  
[www.BracesVIP.com](http://www.BracesVIP.com)



Vienna  
427 Maple Ave West  
Vienna, VA 22180  
[BracesVIP.com](http://BracesVIP.com)  
(703) 281-4868

Great Falls  
9912D Georgetown Pike  
Great Falls, VA 22066  
[BracesVIP.com](http://BracesVIP.com)  
(703) 281-4868



**Congressman Gerry Connolly (D-11) welcomes his VIP guests to his 25<sup>th</sup> Annual St. Patrick's Day Celebration and Straw Poll event.**



PHOTOS BY ANDREA WORKER/THE CONNECTION

**Too many candidates to fit in one frame. Candidates for every local office available in 2019 crowded the stage and the space in front during Congressman Connolly's 25<sup>th</sup> Annual St. Patrick's Day event.**

# Biden, McKay Win Dems Straw Poll

More than 50 Democrats will vie for Fairfax County offices on June 11, primary election day.

BY ANDREA WORKER  
THE CONNECTION

**E**qual parts fundraiser and fundraiser, U.S. Rep. Gerry Connolly (D-11) hosted a packed house at his 25th Annual St. Patrick's Day Bash at the Northern Virginia Community College's Ernst Cultural Center in Annandale on Friday night, March 15.

What started as an intimate gathering at Connolly's Fairfax home when he was first elected to the Fairfax County Board of Supervisors in 1995 has evolved to become the largest Democratic gathering in the Commonwealth.

"We've been coming to this event for years," said Marvin Solberg of Fairfax. "We love the energy, being around people who are interested in, and working to help, the community and for the country."

There was definitely a lot of energy in the room, as people mixed and mingled and enjoyed the corn beef and cabbage fare.

"I promise, we've gotten special dispensation to eat meat tonight," joked Connolly, referring to the Catholic tradition of abstinence from meat during the Fridays of the Lenten season. In case there were attendees of that religion who did not quite believe the Congressman's declaration and wanted to keep the faith in this regard, salmon was also on the menu, along with plenty of desserts and beverages to keep the high spirits flowing.

**AMID THE CROWD** of Connolly's constituents, friends and family, the greater majority of Democratic candidates running for local offices in 2019 were on hand, as well. From incumbents to opponents, the diverse mix of locals seeking seats for Fairfax County Board of Supervisors, State Senators and Delegates, Fairfax County Commonwealth Attorney, Fairfax County Public School Board and Sheriff worked the room, spreading their messages and just



**The winner – at least according to the Straw Poll. Lee District Supervisor Jeff McKay "won" his election to Chairman of the Fairfax County Board of Supervisors with 57.5 percent of the 500 ballots cast at Connolly's St. Pat's Day Bash. "But it's a great start," he said.**

"getting to know people and letting them get to know us," said one candidate.

After the welcoming speech, Connolly gave equal air time to the four candidates running for the Board of Supervisors chairmanship – a seat long held by Sharon Bulova who will retire after her 10<sup>th</sup> year in the position and more than 30 years in service to the county.

Vying to head the Board are Jeff McKay, currently the Lee District Supervisor and the candidate endorsed by both Connolly and Bulova, Ryan McElveen, the At-Large FCPS Board member, Alicia Plerhoples, a law professor at Georgetown and co-founder of progressive grassroots organization Virginia Democracy Forward, and Tim Chapman, a Fairfax businessman who has served on the Virginia Housing and Development Authority, initially as an appointee by former Governor Terry McAuliffe.

Part of the evening's action was a Straw Poll for both the position of Board of Su-



**A poignant moment as Fairfax County Board of Supervisors chair Sharon Bulova listens to the campaign speeches of the candidates who are seeking her seat. After more than 30 years of service to the county and 10 years as the Chairman, Bulova will be retiring at the end of the year.**

perators Chair, and for the attendees' choice for President of the United States in the 2020 election. More than 500 "ballots" were cast at the bash – "Now let's see this kind of turn out for the local June 11 primaries, the Nov. 5 elections, and definitely for next year's Presidential selection!" urged Connolly. As the ballots were being counted, Connolly and Bulova took to the stage and began reading the names of all of the candidates from Fairfax County and even Prince William.

"Come on up!" Connolly instructed, as Bulova kept reading the impressively long list of candidates. The assembled group challenged even the widest-angle lens when it was time to snap the photo.

**TO CHEERS** from his supporters, Jeff McKay was the clear winner among the party-goers for the Chairman's post with 57.5 percent of the votes. Plerhoples took second place with 29.4 percent. McElveen

and Chapman came in third and fourth respectively, but McElveen said he wasn't concerned. As an At-Large School Board member, McElveen says he is the only candidate for the position who has run for a county-wide office. "I have support from all parts of Fairfax County."

As for the "election" for United States President, former Vice President Joe Biden was shown the love, defeating his closest opponent, Sen. Kamala Harris (D-CA), by a margin of 38.3 percent to 17 percent. Newly declared candidate Beto O'Rourke of Texas came in third in the Straw Poll.

Sadly, "no luck of the Irish tonight for O'Rourke," laughed a Bernie Sanders supporter, whose preferred candidate finished sixth in the shortened-to-eight field.

Connolly is serving his sixth term representing Virginia's 11<sup>th</sup> District, "but there is still so much to do, and with more Democrats, and more new energy, I know we can accomplish so much more."

## Fairfax County's Bold Housing Agenda

BY MICHELLE KROCKER  
EXECUTIVE DIRECTOR  
NORTHERN VIRGINIA  
AFFORDABLE HOUSING ALLIANCE

Last month, a panel appointed by the Fairfax County Board of Supervisors representing a cross-section of community stakeholders and housing advocates finalized their recommendations for Phase II of the county's Community-wide Housing Strategic Plan. Not since 2005, when then Chairman Gerry Connolly convened the Affordable Housing Preservation Action Committee, has there been such a comprehensive analysis of the state of affordable housing in Fairfax County.

Over the last two years, advisory groups and ad-hoc committees have been engaged in a top-to-bottom review of administrative, land use and regulatory policies and programs that impact affordable housing preservation and production. The scope of the plan encompasses the entire continuum of housing needs from persons with disabilities, seniors on fixed incomes and formerly homeless households to affordable homeownership.

The Housing Strategic Plan process began in June 2017, when the Department of Housing and Community Development (HCD) conducted an online county-wide housing survey and four community outreach sessions. Phase I of the Plan, which was adopted by the board in June 2018, identified 25 strategies related to land-use and zoning policies, allocation of existing financial resources, and administrative processes that are outdated or in need of revision to expedite affordable housing approvals. A timeline for the work on these strategies shows a completion date of 2020.

In Phase II, the ad-hoc Affordable Housing Resources Panel focused on two board-defined objectives: identify an annual goal for the production of new affordable units; and recommend a source of funds for the financial resources needed to achieve that goal. When completed, the housing plan will be incorporated into one comprehensive county strategic plan that integrates multiple existing agency plans to chart a blueprint for the future of the county.

**RECOMMENDATIONS** include housing

### LETTER TO THE EDITOR

## Is a Tax and Spend Mindset Driving People Out of the Area?

To the Editor:

Why is the Fairfax County government competing with private business? Fairfax County Supervisor John Foust failed to answer this question and twisted the issue into one of customer satisfaction at the Great Falls budget meeting held March 14. For example, Fairfax County owns and maintains 8 golf courses with 80 people (FTEs) supporting them eligible for full pension benefits and other rich County employee benefits. Other examples

include owning multiple water theme parks and wedding venue facilities. However, the County points out that the taxes collected are not sufficient to fund all the programs to the level they desire. Fairfax County is plagued by a 40 percent shortfall in pension expense funding for Fairfax County employees. Therefore, an ongoing increase in property taxes is inevitable with another 33 FTEs in the planning and development budget stating they have an "ambitious agenda" ahead.

This tax and spend mindset is driving people out of the area. Fairfax County is also proud to report they fund more park and rec activities than the rest of the entire Country. Why, when we cannot afford to fix the roads are we hiring 109 new employees the County can't afford. Mr. Foust doesn't consider: 1) the continual burden of increasing property taxes, 2) unfunded pensions, 3) and the lost opportunity for private business to participate and pay those property taxes. Mr. Foust wants to

continue with the status quo and ride out the three-year State imposed moratorium so he can again push for the Meals Tax and other tax increases. Satisfaction surveys should ask: Are you willing to increase your Fairfax County property taxes to fund activities that could be transferred and delivered by a private business? I suggest we prioritize what taxpayers want after we fully fund the basics (what we need).

**Ethel Pascal**  
Great Falls

strategies that have been promoted for some time by advocates. They include:

- ❖ A goal to produce a minimum of 5,000 new homes, affordable to households earning no more than 60 percent of the area median income over the next 15 years. (It should be noted that the analysis identified the need for 15,000 units over the next 15 years);

- ❖ Dedicate the equivalent of an additional penny of the real estate tax (approximately \$24 million) to support public investment in these units beginning in FY2021, as well as retain the current funding of a half penny to support preservation strategies;

- ❖ Consider a countywide policy on commercial contributions to affordable housing production. Currently, this policy exists only for the Tysons redevelopment area;

- ❖ A commitment of "no net loss" of existing market affordable units (those serving households up to 60 percent of area median income);

- ❖ Promote opportunities to co-locate affordable housing with county capital facilities.

We especially applaud the recognition of the need for more robust preservation strategies.

**FORTHCOMING** recommendations from the EMBARK Housing Advisory Group provide additional strategies for preservation incentives in both redevelopment and new construction proposals which could be a template for preservation efforts countywide. The arrival of Amazon HQ2 should heighten concern among county leadership for vulnerable communities in Fairfax County that are located in close proximity to Pentagon City. Areas like Seven Corners and Baileys Crossroad, as well as the Richmond Highway corridor have all been approved in recent years for transit enhancements, mixed-use development and increased density. Amazon's announcement could be the catalyst that triggers investment in these areas that are home to thousands of low-income, minority households who live in the older, market-affordable housing located in these corridors. Recent Fairfax County Redevelopment and Housing Authority (RHA) investments in Parkwood and Murraygate that preserved over 400 units in the Lee and Mason Districts are steps in the right direction, but much more is needed.

**LOOKING AHEAD:** Currently, the county has over 650 affordable units in the pipeline with a development in the Dranesville District

in Herndon, a senior housing project in the Lee District, and a development at the Huntington Metro Station in the Mt. Vernon District. Two sizeable parcels of county-owned land located in Lee District and Springfield District are being processed for transfer to the RHA as sites for housing development. And plans to refinance the Crescent and Wedgewood apartments will result in additional funds for housing development, or expansion of Bridging Affordability, the County's local rental subsidy program.

All this bodes well for housing affordability in Fairfax County. For too long, the county's budget has shortchanged investments in new construction and preservation. An inventory developed by Virginia Tech's Center for Housing Research shows that only 9,000 market-affordable units, affordable to a family of four earning approximately \$66,000 annually, remain in the county. However, more than 68,000 households in the county earn no more than \$50,000 annually. Rents are rising faster than incomes, and families are experiencing rent burdens, overcrowding or are being priced out of the county.

**NEXT STEPS:** In March, recommendations from the Phase II Panel will be presented to the Board of Supervisors for their consideration and approval. Afterwards, the final package of housing recommendations will be given to the County Executive to be incorporated into the board's budget guidance for FY2021. This will occur when the Board adopts the FY2020 budget on May 7. Nothing is certain until board adoption. But advocates throughout the county feel that in this very consequential election year, when so many candidates for the Board of Supervisors have identified housing affordability as a priority issue, this is the year for significant housing wins. To be successful, housing advocates must build a coalition of support that encompasses the business community and anchor institutions like healthcare facilities, education advocates, supporters of coordinated multi-modal transit and land use planning, organizations promoting compact, mixed-use development and entities working for social justice and racial equity. This plan is bold and forward-thinking, and in this election year a community-wide campaign will be critical for adoption.

For more, see [www.fairfaxcounty.gov/housing/communitywideplan](http://www.fairfaxcounty.gov/housing/communitywideplan).



# Colvin Run Fourth Grader Named State GeoBee Semifinalist

Orin Das, a fourth grader at Colvin Run Elementary School, son of Chandrani Ohdedar and Sumoy Das, has been notified by the National Geographic Society that he is one of the semifinalists eligible to compete in the 2019 National Geographic GeoBee Virginia State Competition. The contest will be held at Longwood University, Farmville, Va. on Friday, March 29, 2019.



Orin Das

PHOTO CONTRIBUTED

cash, and other prizes, as well as a trip to Washington, D.C., to represent their state in the National Championship to be held at National Geographic Society headquarters, May 19-22, 2019. Students that come in second and third place will receive cash awards of \$300 and \$100, respectively.

Each State Champion will advance to the National Championship and compete for cash awards and college scholarships. In 2019, the national champion will receive a \$25,000 college scholarship, \$1,000 in cash, a lifetime membership in the National Geographic Society, and an all-expenses-paid Lindblad expedition to the Galápagos Islands aboard the *National Geographic Endeavour II*; second place will receive a \$10,000 college scholarship and \$1,000 in cash; third place will receive a \$5,000 college scholarship and \$1,000 in cash; and seven runners-up will receive \$1,000 in cash each. Visit [www.natgeobee.org](http://www.natgeobee.org) for more information on the National Geographic GeoBee. Follow the National competition at National Geographic Headquarters in Washington, D.C., on May 19-22 at [natgeod.org/experiences](http://natgeod.org/experiences).

**JOHNS HOPKINS**  
KRIEGER SCHOOL  
of ARTS & SCIENCES

Join Us!  
DC Center  
Open House  
**MAR. 27**

**Spring Ahead.  
Advance Your Career Here.**

**JOHNS HOPKINS IN DC**

LEARN MORE  
[ADVANCED.JHU.EDU/OPENHOUSE](http://ADVANCED.JHU.EDU/OPENHOUSE)

1717 MASSACHUSETTS AVE. NW, SUITE 101 | WASHINGTON, DC 20036  
1.800.847.3330 | 202.452.1940

## Give your money a raise



Make your money work harder by earning higher interest rates.

Talk to a banker for more details. Offer expires March 22, 2019.

**Platinum Savings Account**

**2.10%** Annual Percentage Yield for 12 months<sup>1</sup>

Enjoy a special interest rate for 12 months with new money deposits of at least \$25,000 and a minimum daily account balance of \$25,000 or more.

**Fixed Rate CD**

**2.60%** Annual Percentage Yield for 11 months<sup>2</sup>

Guaranteed fixed rate with new money deposits of at least \$25,000 for an 11-month term.

**Both accounts are FDIC-insured up to the maximum allowable limit. Platinum Savings offer available in CT, DC, DE, FL, GA, MD, NJ, NY, SC and VA. Fixed Rate CD offer available in AL, AZ, CT, DC, DE, FL, GA, MD, NJ, NM, NV, NY, PA, SC and VA. Portfolio by Wells Fargo® customers are eligible to receive an additional interest rate bonus on these accounts.<sup>3</sup>**

1. To qualify for this offer, you must have a new or existing Platinum Savings account and enroll the account in this offer between 01/21/2019 and 03/22/2019. This offer is subject to change at any time, without notice. This offer is available only to Platinum Savings customers in the following states: CT, DC, DE, FL, GA, MD, NJ, NY, SC and VA. In order to earn the Special Interest Rate of 2.08% (Special Rate), you must deposit \$25,000 in new money (from sources outside of Wells Fargo Bank, N.A., or its affiliates) to the enrolled savings account and maintain a minimum daily account balance of \$25,000 throughout the term of this offer. The corresponding Annual Percentage Yield (APY) for this offer is 2.10%. The Special Rate will be applied to the enrolled savings account for a period of 12 months, starting on the date the account is enrolled in the offer. However, for any day during that 12 month period that the daily account balance is less than the \$25,000 minimum, the Special Rate will not apply and the interest rate will revert to the standard interest rate applicable to your Platinum Savings account. As of 12/10/2018, the standard interest rate and APY for a Platinum Savings account in CT, DC, DE, FL, GA, MD, NJ, NY, SC and VA with an account balance of \$0.01 to \$99,999.99 is 0.03% (0.03% APY) and with an account balance of \$100,000 and above is 0.05% (0.05% APY). Each tier shown reflects the current minimum daily collected balance required to obtain the applicable APY. Interest is compounded daily and paid monthly. The amount of interest earned is based on the daily collected balances in the account. Upon the expiration of the 12 month promotional period, standard interest rates apply. Minimum to open a Platinum Savings account is \$25. A monthly service fee of \$12 applies in any month the account falls below a \$3,500 minimum daily balance. Fees may reduce earnings. Interest rates are variable and subject to change without notice. Wells Fargo may limit the amount you deposit to a Platinum Savings account to an aggregate of \$1 million. Offer not available to Private Banking, Wealth, Business Banking or Wholesale customers. 2. Annual Percentage Yield (APY) is effective for accounts opened between 01/21/2019 and 03/22/2019. The 11-month New Dollar CD special requires a minimum of \$25,000 brought to Wells Fargo from sources outside of Wells Fargo Bank, N.A., or its affiliates to earn the advertised APY. Public Funds and Wholesale accounts are not eligible for this offer. APY assumes interest remains on deposit until maturity. Interest is compounded daily. Payment of interest on CDs is based on term: For terms less than 12 months (365 days), interest may be paid monthly, quarterly, semi-annually, or at maturity (the end of the term). For terms of 12 months or more, interest may be paid monthly, quarterly, semi-annually, or annually. A fee for early withdrawal will be imposed and could reduce earnings on this account. Special Rates are applicable to the initial term of the CD only. At maturity, the Special Rate CD will automatically renew for a term of 6 months, at the interest rate and APY in effect for CDs on renewal date not subject to a Special Rate, unless the Bank has notified you otherwise. Due to the new money requirement, accounts may only be opened at your local branch. Wells Fargo reserves the right to modify or discontinue the offer at any time without notice. Offer cannot be combined with any other consumer deposit offer. Minimum new money deposit requirement of at least \$25,000 is for this offer only and cannot be transferred to another account to qualify for any other consumer deposit offer. If you wish to take advantage of another consumer deposit offer requiring a minimum new money deposit, you will be required to do so with another new money deposit as stated in the offer requirements and qualifications. Offer cannot be reproduced, purchased, sold, transferred, or traded. 3. The Portfolio by Wells Fargo program has a \$30 monthly service fee, which can be avoided when you have one of the following qualifying balances: \$25,000 or more in qualifying linked bank deposit accounts (checking, savings, CDs, FDIC-insured IRAs) or \$50,000 or more in any combination of qualifying linked banking, brokerage (available through Wells Fargo Advisors, LLC) and credit balances (including 10% of mortgage balances, certain mortgages not eligible). If the Portfolio by Wells Fargo relationship is terminated, the bonus interest rate on all eligible savings accounts, and discounts or fee waivers on other products and services, will discontinue and revert to the Bank's then-current applicable rate or fee. For bonus interest rates on time accounts, this change will occur upon renewal. If the Portfolio by Wells Fargo relationship is terminated, the remaining unlinked Wells Fargo Portfolio Checking or Wells Fargo Prime Checking account will be converted to another checking product or closed.

Investment and Insurance Products:  
Are not insured by FDIC or any Federal Government Agency | May Lose Value | Are not a Deposits of or Guaranteed by a Bank

© 2019 Wells Fargo Bank, N.A. All rights reserved.  
Deposit products offered by Wells Fargo Bank, N.A. Member FDIC.  
NMLS ID 399801



**FISHBURNE MILITARY SCHOOL**

**Summer Session 2019**  
June 22 – July 2

Cyber Security - Coding - 3D Modeling & Design -  
Athletics - Outdoor Adventure - Army JROTC -  
Study Skills and SAT Prep



**Apply Now Online or Call for More Information**  
[www.Fishburne.org](http://www.Fishburne.org) 540.946.7700



**Don't let the winter blues get you down!**  
Call Tech Painting today to schedule your free estimate,  
and ask us about our interior winter discount!



**703-684-7702**  
techpainting.com

Painting the blues away in Northern Virginia's finest homes since 1987

# Explaining Death to Children

**Breaking down a difficult topic and helping children grieve.**

BY MARILYN CAMPBELL

**R**osalie Ward, recalls a hot and sticky summer evening in 1975. She was watching reruns of the television show “Bewitched” with her twin sister in the living room while her mother cooked dinner in the kitchen. Ward remembers hearing the ring of the family’s rotary telephone. The next sound she heard was a shriek and then violent sobs from her mother.

“My mom had gotten a call that her brother, my uncle, had been killed in a car crash,” remembers Ward. “I was six at the time, but most of my memories of that evening are of my mother crying uncontrollably for the hour or so until my dad came home from work. The two of them disappeared behind closed doors. I just remember being terrified and feeling alone.”

Whether prolonged or sudden, unforeseen or expected, experiencing the death of a loved one is never easy. While grief can weigh heavy on adults, it can overwhelm and confuse young children. And although death is an inevitable part of life, finding the words to discuss or explain it to young children can challenge many parents.

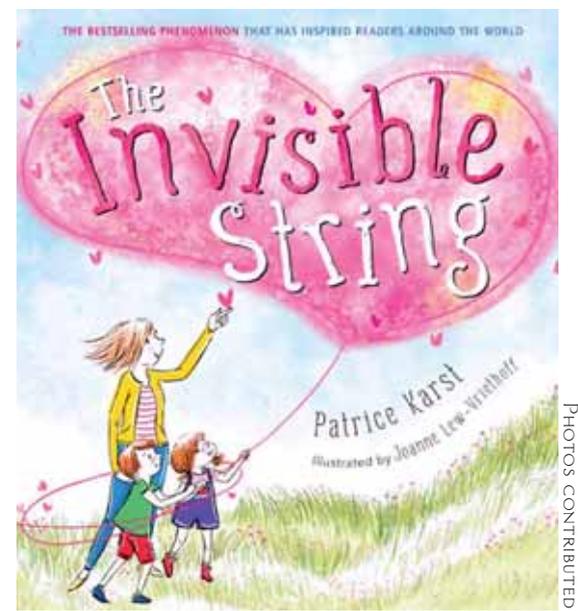
“Whether you’re talking about a family pet or a grandparent, it’s important that parents or caregivers understand that children grieve too and that death has to be discussed,” said Ward, who is a family therapist in Reston.

One of the most significant mistakes a parent or caregiver can make is not being honest with a child about death, said Carolyn Lorente, Ph.D., professor of psychology at Northern Virginia Community College. “My biggest worry is when people hide the fact that a loved one died by saying that they went on a trip, and then the child sees the adult crying or being sad,” she said. “That doesn’t give the child a chance to process it, but by including them in a developmentally appropriate way, we are teaching that we can feel big feelings, and with the support of friends and family, we can still thrive.”

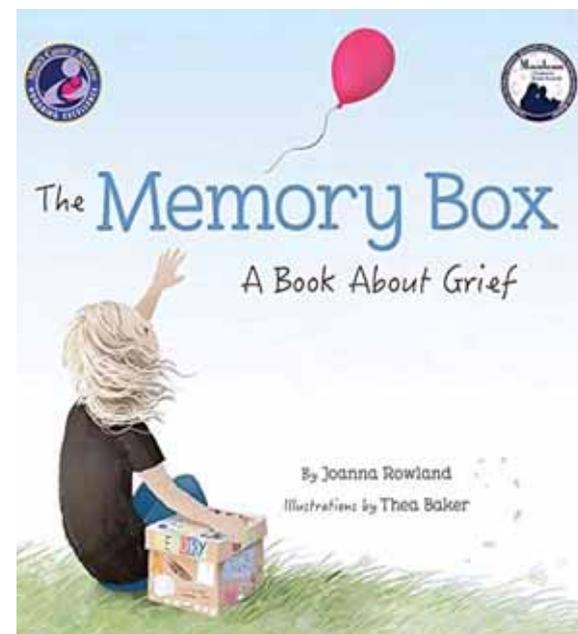
Helping a child to understand they didn’t cause the death could be an important part of the conversation, suggests Carol Barnaby, LCSW-C, a therapist in Bethesda. “Children often see the world as revolving around them,” she said. “Reassure them that their loved one dying was not their fault and that the death didn’t happen because they had a mean thought, misbehaved, or didn’t visit enough.”

“Death often brings anxiety in children and they wonder if they will die too,” added Barnaby. “Explaining that although the loved one has just died, death is not contagious and that the child will likely live a very long life.”

Clear, concise word usage is also important because young children might not have the language skills to discuss their feelings and emotions, adds Lorente. “Let the child engage in talking about fond memories of the deceased using pictures, making favorite recipes, or visiting a favorite place,” she said.



“The Invisible String” by Patrice Karst is a book that could help parents explain death to their children.



Bethesda-based therapist Carol Barnaby, LCSW-C suggests “The Memory Box” by Joanna Rowland as a tool to help children understand the concept of dying.

Use concrete and authentic terms when discussing it, continued Barnaby. “Avoid euphemisms like ‘Grandma is resting’ or ‘has gone away,’” she said.

“These sayings confuse children and may cause them anxiety over [the notion] that they could die if they fall asleep; or that other loved ones may not come back.” Use clear language like ‘Grandma has died.’”

Young children often believe death is reversible, advises Jerome Short, Ph.D., professor of psychology at George Mason University. “You could describe how a body stops working and the person who died isn’t coming back.”

Be open to having an honest conversation about it, continued Short.

“Encourage children to ask questions and tell them you will help them handle any bad feelings or problems that happen,” he said.

**“Death often brings anxiety in children and they wonder if they will die too.”**

— Carol Barnaby, LCSW-C

Police

FROM PAGE 2

p.m. A resident expressed concern over recent communication with her estranged husband.

**Vandalism** — Southside Park, 1317 Ross Drive, SW. Between March 11 at 7 a.m. and March 12 at 7 a.m. A citizen reported graffiti in Southside Park.

**Juvenile Case** — Moore Avenue, SW, March 11 8:51 p.m. A resident requested assistance with her teenage son who was becoming aggressive toward the family.

**Found Property** — 200 Block Maple Avenue, East, March 22 8:56 p.m. An officer observed a bicycle that appeared to have been left in the parking lot. The officer was unable to locate an owner for the bicycle in the shopping center. The bicycle was transported to the police station for safe keeping.

**Suspicious Event** — 300 Block Adahi Road, SE, March 11 between 7 a.m. and 7 p.m. A resident reported that when they returned home from work, they found footprints in the driveway leading from the garage. It did not appear that entry was made to the garage or the home and nothing appeared to have been disturbed.

**Suspicious Event** — Vienna Shell, 252 Maple Avenue, West, March 11, 3 p.m. A resident reported that he was walking in the area of the gas station when he had an encounter with a man and woman who were also walking in the area. The man accused the resident of staring at his girlfriend. The citizen stated he saw the man the following day and the man confronted him again.

**Arrest - Driving While Intoxicated and Accident** — 200 Block Pleasant Street, SW, March 11, 10:22 p.m. A resident reported hearing a noise, and when she looked outside, she saw a person walking around her vehicle. When officers arrived, they found the resident's vehicle had been struck by another vehicle. The striking vehicle was still on scene. However, the driver had left an illegible note and left the scene. Officers located the driver walking in the area of Courthouse and Plum. Upon the officer's interaction with the driver, they detected signs of impairment. Ofc. Farr transported the driver to the police station where he was offered the opportunity to provide a sample of his breath for analysis. The 47-year-old man from Tapawingo Road, SW in Vienna was then transported to the Fairfax County Adult Detention Center where he was charged with Driving While Intoxicated.

**Civil Dispute** — Wolfrap Hotel, 430 Maple Avenue, West, March 12, 2 p.m. Officers responded to a civil dispute between the management and a couple who were checking out of the hotel.

**Juvenile Case**— Moorefield Creek Road, SW, March 12, 4:09 p.m. A resident reported that her juvenile son sent her a concerning text message. Officers spoke to the juvenile and his parent and provided them with resources available to assist them.

**Civil Dispute** — 400 Block Kingsley Road, SW, March 13, 10:48 a.m. A landlord advised of an issue he has with a tenant.

The tenant is renting a room from him through an organization that helps individuals find housing. The tenant was reported to be in breach of his contract with the organization and with the rental agreement.

The landlord was advised to contact the Sheriff's Department for the eviction process.

**Found Property** — 500 Block Malcoln Road, NW, March 13, 5:10 p.m. A resident reported a case containing a musical instrument was found next to her mailbox.

**THE CONNECTION**  
Newspapers & Online

**SENIOR LIVING**

This special focus will include stories focusing on enhanced lifestyle for seniors among Connection readers and their families, including spiritual, physical, mental and financial well-being. Target the neighborhoods of the top suburban communities with the highest home values, incomes and spending power with many mature adults exploring their many opportunities. Showcase your products and services in this special focus section with the award-winning Connection Newspapers print and digital media.

**Publishes:**  
April 3, 2019

**Advertising Closes:**  
March 29, 2019

Your ads in Connection Newspapers' 15 demographically segmented markets appear in print and digital editions on our Web sites, reaching affluent viewers and readers.



call: 703.778.9431 or  
email: sales@connectionnewspapers.com

**Perfect Marketing Opportunity for:**  
Retirement Homes | Assisted Living | Real Estate | Home Remodeling | Home Cleaning & Staging | Home Health Care | Doctors | Dentists | Cosmetic Surgery | Vision Services | Counselors | Physical Therapy | Spas | Hearing Aids | Medical Equipment | Travel | Education | Second Career Planning | Trusts

**ANY TYPE OF RUG, ANY PRICE LEVEL, WE HAVE A SOLUTION FOR YOU!**

Hadeed, The People You've Trusted for Over 82 Years, Now Bring the Same Quality Cleaning to Everyone!

Now Servicing Every Type of Rug from Machine Made Synthetic to the Finest Handmade Silk. We Bring the Same Quality to Everyone with Our Multi-Pricing Level Menu that will Match Your Rug.

**GET ALL THE SALT, DIRT & GRIME OFF YOUR RUGS!**

IN-PLANT RUG CLEANING <small>Expires 3/24/19. Not valid w/any other offers.</small>	<b>15% off</b>
IN-PLANT RUG RESTORATION <small>Expires 3/24/19. Not valid w/any other offers.</small>	<b>10% off</b>
WALL-TO-WALL CARPET STEAM CLEANING OR HARDWOOD FLOOR CLEANING & POLISHING <small>Expires 3/24/19. Not valid w/any other offers.</small>	<b>20% off</b>

**HADEED** SINCE 1929 **FREE PICKUP & DELIVERY!**

Oriental Rug Cleaning & In-Home Services

535 W. Maple Avenue Vienna, VA	4918 Wisconsin Ave. DC/MD	3206 Duke Street Alexandria, VA	6628 Electronic Dr. Springfield VA	3116 W. Moore Street Richmond VA
-----------------------------------	------------------------------	------------------------------------	---------------------------------------	-------------------------------------

**Grand Opening! » 330 North Stonestreet Ave., Suite A, Rockville, MD**

**703-836-1111 | JoeHadeed.com**

†Available in MD, DC, & VA. Min. order required, some restrictions apply. Doesn't include breakables. Call for details.

**SHOP HANDCRAFTED**

**SUGARLOAF CRAFTS FESTIVAL.**  
Est. 1975

**MAR 22, 23, 24**  
Dulles Expo Center  
CHANTILLY, VA • RT. 28 AT WILLARD RD

Admission: \$8 online; \$10 at the door  
Admission good all 3 days  
Children under 12 & parking are FREE  
Fri. & Sat. 10-6, Sun. 10-5

**300+ AMERICAN ARTISTS LIVE!**

**FREE PAINTING CLASS!**  
•Exciting Demos  
•Tasty Treats  
•Kids' Entertainment

**DISCOUNT TICKETS.**  
show info, exhibitor lists, directions and more at:

**SugarloafCrafts.com**  
SUGARLOAF MOUNTAIN WORKS, INC. • 800-210-9900



**GIVE**

**TO THE PERMANENT FUND FOR NORTHERN VIRGINIA**  
and help shape the future of the region

At the Community Foundation for Northern Virginia, we think about the future. Our children and their children deserve a community that works for everyone where philanthropy is strong, engaged, and impactful.

Built entirely with gifts from donors like you, The Permanent Fund is a permanent community endowment for our region's future. You can establish a fund in your name today for as little as \$10,000 paid over 5 years. Or you can leave a planned gift of any size from your estate that will forever benefit the local causes you care about.

No one can say what Northern Virginia will need or want decades from now. But The Permanent Fund will still be here, responding to need, seeding innovation, and strengthening our community.

**LET'S INVEST IN TOMORROW**  
[www.cfnova.org/permanentfund](http://www.cfnova.org/permanentfund)  
703-879-7640

**THE community foundation FOR NORTHERN VIRGINIA**



Another **THE CONNECTION** Community Partner  
NEWSPAPERS

# PUBLIC NOTICE

## Public Hearing on the McLean Community Center's FY 2021 Programs

Wednesday, March 27, 2019, 7:30 p.m.

The governing board and staff of the McLean Community Center seek **input from residents** of Dranesville Small District 1A at a Public Hearing on Programs for FY 2021 (which runs July 1, 2020, through June 30, 2021).

**This is an opportunity for residents to suggest class offerings, community events, theater programs, art exhibits, tours, youth events and teen activities that are meaningful to the community.**

If you would like to speak at the hearing, call the Center to have your name placed on the speakers' list. You may also submit comments in writing to [holly.novak@fairfaxcounty.gov](mailto:holly.novak@fairfaxcounty.gov).



**The McLean Community Center**  
1234 Ingleside Ave., McLean VA 22101  
703-790-0123, TTY: 711  
[www.mcleancenter.org](http://www.mcleancenter.org)

# ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

### ONGOING

#### Art Exhibit: Heralds of Spring.

Through March 29, library hours in the Great Falls Library large meeting room, 9830 Georgetown Pike, Great Falls. Mary Ellen Moguee's exhibit of abstract floral paintings is full of blooms exploding with color and light and brings spring to Great Falls a little early. Free. Visit [www.maryellenmoguee.com](http://www.maryellenmoguee.com) or call 703-785-5784.

#### Camp Grow Registration Open.

Camp Grow at Meadowlark Botanical Gardens, in Vienna, invites children to explore nature through hands-on activities, gardening, discovery walks, crafts, music, storytelling, and animal programs. Camp Grow is designed to engage, challenge, educate and encourage a sense of community. Visit [www.novaparks.com/things-to-do/camps/](http://www.novaparks.com/things-to-do/camps/) for more.

### WEDNESDAY/MARCH 20

#### Active Aging Wellness Exercise

**Class.** 11 a.m.-noon. At Oakton Church of the Brethren, 10025 Courthouse Road, Vienna. Active Aging Wellness Exercise Class sponsored by Shepherd's Center of Oakton-Vienna. To improve strength, balance and mobility for older adults. Cost is \$40 for 8-week session – payable to Sun Fitness LLC. Contact Casey Tarr, at [eileentarr1@verizon.net](mailto:eileentarr1@verizon.net) or 703-821-6838.

#### Dining with Dorothy.

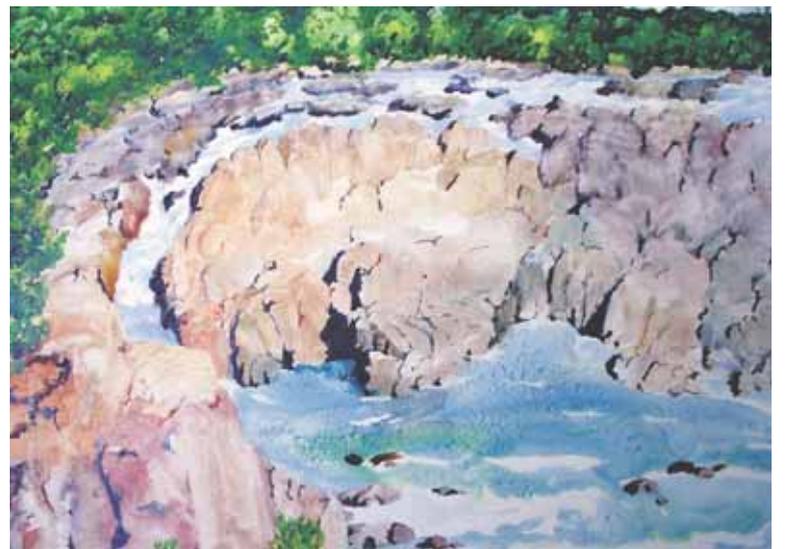
12:30 p.m. At P.J. Skidoos, 9908 Fairfax Blvd., Fairfax. Join with your friends or make new ones. Newcomers are always welcome. To reserve your space, contact event chair Dorothy Flood at [dflood1706@gmail.com](mailto:dflood1706@gmail.com)

#### Holy Happy Hour Recital Series.

6:15 p.m. at Lewinsville Presbyterian Church, 1724 Chain Bridge Road, McLean. Featuring Seán Heely, a U.S. National Scottish Fiddle Champion, the 30-minute musical offering will be followed by wine, hor d'oeuvres and fellowship. Free and open to the public; a good will offering to support the music department will be taken. Visit [www.Lewinsville.org](http://www.Lewinsville.org) or call 703-356-7200.

#### TEDxTysons OpenMic Night.

7-9:30 p.m. At McLean Community Center's Alden Theatre, 1234 Ingleside Ave., McLean. In an "American Idol" meets StorySLAM-style evening, aspiring TEDx Talkers will present their 2-3 minute pitch to a full house... and at the end of the evening one speaker will be selected to develop and present a full TEDxTysons talk. This is an all-ages event. A reception follows featuring McLean Project for



"Great Falls" watercolor by Jeff Gorrell.

## 50th Anniversary Treasury of Art

The Vienna Arts Society showcases hundreds of original artworks from around the nation selected by juror Leigh Culver. Saturday night, April 6, features music by the Difficult Run String Band. Friday-Sunday, April 5-7, 10 a.m.-9 p.m.; Sunday, noon-4 p.m. at the Vienna Community Center, 120 Cherry St. SE, Vienna. The Awards Reception, Saturday, April 7 from 7-9 p.m., is an opportunity to meet the artists while enjoying light refreshments and music by the Fascination Strings. Friday-Saturday, 10 a.m.-9 p.m.; Sunday, noon-4 p.m. at the Vienna Community Center, 120 Cherry St. SE, Vienna. Free and open to the public. Visit [viennaartsociety.org](http://viennaartsociety.org) for more.

the Arts artists. Tickets \$16/\$12 MCC tax district residents. Visit the website [mcleancenter.org](http://mcleancenter.org).

### FRIDAY/MARCH 22

#### McLean Art Society Meeting.

10 a.m.-noon at The McLean Community Center, 1234 Ingleside Ave. Dhamin Jassim, a graduate of the Institute and Academy of Fine Art in Baghdad will be the featured presenter. The artist will be doing a painting demonstration. Guests are welcome. Call 703-790-0123.

#### Club Night.

7-10 p.m. at Caffe Amouri, 107 Church St., NE, Vienna. Spinning records and relaxing after a long week. Come by with family, play games, and unwind in a welcoming environment. Free admission. Call 703-938-1623 or visit [caffeamouri.com/events-calendar](http://caffeamouri.com/events-calendar).

### SATURDAY/MARCH 23

#### Spring Bazaar and Craft Show.

10 a.m.-4 p.m. in the Flame Room at the Vienna Volunteer Fire Department, 400 Center St. South, Vienna. The Auxiliary to the Vienna Volunteer Fire Department will hold their Spring Bazaar and Craft Show. Offered for sale will be crafts, holiday decorations, items for your home,

clothing and gifts for that special someone. A lunch menu is planned, as well as a homemade baked goods table. Admission is free. For information, or to reserve a space, call Carol at 703-309-3468 or email [Dancers1023@aol.com](mailto:Dancers1023@aol.com).

**The Joshua Show (Family Friendly).** 1 p.m. at The Alden Theatre at McLean Community Center, 1234 Ingleside Ave., McLean. This award-winning family production features a modern-day Mr. Rogers with hipster appeal, live music, tap dancing, physical comedy and multiple styles of puppetry to take the audience on a journey to find the joy in being yourself. Cost is \$15/\$10 MCC tax district residents. Visit [www.aldentheatre.org](http://www.aldentheatre.org).

### SUNDAY/MARCH 24

**Coffee and Culture.** 4-6 p.m. at Caffe Amouri, 107 Church St. NE, Vienna. Travel the word through this demonstration and taste experience. Learn about the important part coffee plays in these varied cultures as you taste your way to Global Coffee Understanding. \$45. Call 703-938-1623 or visit [www.caffeamouri.com/store/p47/coffeeandculture/3-24-2019.html](http://www.caffeamouri.com/store/p47/coffeeandculture/3-24-2019.html) for more.

## McLEAN COMMUNITY CENTER 2019 GOVERNING BOARD ELECTION



# Can't vote on McLean Day?



**Your voice still counts!**

**Absentee Voting: March 18-May 15**

### PICK UP & DROP OFF BALLOTS AT:

**McLEAN COMMUNITY CENTER**  
1234 Ingleside Ave.  
McLean, VA 22101  
703-790-0123, TTY: 711

OR

**OLD FIREHOUSE CENTER**  
1440 Chain Bridge Rd.  
McLean, VA 22101  
703-448-8336, TTY: 711



### FOR MORE INFORMATION

CALL: 703-790-0123, TTY: 711

EMAIL: [ELECTIONS@MCLEANCENTER.ORG](mailto:ELECTIONS@MCLEANCENTER.ORG)

VISIT: [HTTPS://TINYURL.COM/MCLEANCENTER-ELECTION](https://tinyurl.com/mcleancenter-election)



## Same Company, Same Employees, Same Great Value - Now Celebrating 20 Years!

10% down  
nothing until the job  
is complete for the  
past 17 years

### TWO POOR TEACHERS

Kitchen and Bathroom Remodeling



Free Estimates  
**703-214-8384**



Visit our website: [www.twopoorteachers.com](http://www.twopoorteachers.com)

Select your  
products from  
our Mobile  
Showroom  
and Design  
Center

Fully Insured &  
Class A Licensed  
Since 1999



# ENTERTAINMENT

## MONDAY/MARCH 25

**Ayr Hill Garden Club Event.** 12:45-2:30 p.m. at Emmanuel Lutheran Church, 2589 Chain Bridge Road, Vienna. Free. Speaker, Fairfax County Master Gardener, Molly O'Boyle, presents "All About Growing Vegetables and Herbs in Containers." Molly will share strategies that include best plants to use, container selection, fertilizer do's and don'ts, etc. Email emilielarson@rcn.com.

## WEDNESDAY/MARCH 27

**Holy Happy Hour Recital Series.** 6:15 p.m. at Lewinsville Presbyterian Church, 1724 Chain Bridge Road, McLean. Featuring Seán Heely, a U.S. National Scottish Fiddle Champion, the 30-minute musical offering will be followed by wine, hor d'oeuvres and fellowship. Free and open to the public; a good will offering to support the music department will be taken. Visit [www.Lewinsville.org](http://www.Lewinsville.org) or call 703-356-7200.

## FRIDAY/MARCH 29

**Club Night.** 7-10 p.m. at Caffe Amouri, 107 Church St., NE, Vienna. Spinning records and relaxing after a long week. Come by with family, play games, and unwind in a welcoming environment. Free admission. Call 703-938-1623 or visit [caffeamouri.com/events-calendar](http://caffeamouri.com/events-calendar).

## SATURDAY/MARCH 30

**NoVaTEEN Book Festival.** 9:30 a.m. at Marshall High School, 7731 Leesburg Pike, Falls Church. The NoVaTEEN Book Festival is back with a day full of panels, games, and signings with over 30 bestselling and

emerging Young Adult authors. Learn more on the official festival website. The event is free and open to the public; find tickets and schedule at [novateenbookfestival.com](http://novateenbookfestival.com).

### Craft Beer and Wine Festival

**Fundraiser.** 11 a.m.-1 p.m. at L'Auberge Chez Francois, 332 Springvale Road, Great Falls. Chef Jacques Haeringer, of L'Auberge Chez Francois and Jacques' Brasserie, hosts a fun and delectable craft beer and wine festival fundraiser to support a group of firefighters, police officers, and first responders representing the United States of America in the top division of volleyball at the World Police and Fire Games in China in 2019. \$75. Call 703-759-3800 or visit [www.laubergechezfrancois.com](http://www.laubergechezfrancois.com).

### Sophocles' "Antigone."

2 p.m. at The Alden Theatre at McLean Community Center, 1234 Ingleside Ave., McLean. Sophocles's drama from 441 B.C. holds startling relevance today, examining divinity, obedience, and law—and how love overcomes them all. Cost is \$40/\$30 MCC tax district residents. Visit [www.aldentheatre.org](http://www.aldentheatre.org) for more.

### Black History Concert.

3 p.m. at Historic Pleasant Grove Church, 8641 Lewinsville Road, McLean. The Washington Revels Jubilee Voices ensemble will perform at Historic Pleasant Grove Church's free annual Black History Celebration. The Jubilee Voices will present traditional African-American song, poetry, and dance tailored to the unique story of Pleasant Grove. Free. Visit [www.HistoricPleasantGrove.org](http://www.HistoricPleasantGrove.org).

### Shakespeare's "The Comedy of Errors"

7:30 p.m. at The Alden Theatre at McLean Community Center, 1234 Ingleside Ave., McLean. Two long-separated twins, their two tricky servants (also twins), a jealous

wife, and her lovelorn sister romp through this fast-paced comedy. Cost is \$40/\$30 MCC tax district residents. Visit [aldentheatre.org](http://aldentheatre.org).

### VOCE Chamber Singers.

8 p.m. at Church of the Holy Cross, 2455 Gallows Road, Dunn Loring. VOCE Chamber Singers presents Rachmaninoff: All-Night Vigil (Vespers). Rachmaninoff's All-Night Vigil (Vespers) is widely regarded as the "Mt. Everest" of the cappella choral repertoire. Tickets \$10-\$25; under 18, free. Visit [www.voce.org](http://www.voce.org) or call 703-277-7772.

## SUNDAY/MARCH 31

**Langley/Gooper 5K.** 8 a.m. at Langley High School, 6520 Georgetown Pike, McLean. Join the "Bands on the Run" 5k run/walk, benefitting Langley High School and Gooper Middle School Band programs. \$30 through March 15; 3/15; \$35 through Race Day. Visit [www.langleyband.org/bands-on-the-run](http://www.langleyband.org/bands-on-the-run) to register or sponsor. Sponsorships are tax-deductible.

### Shakespeare's "The Winter's Tale."

2 p.m. at The Alden Theatre at McLean Community Center, 1234 Ingleside Ave., McLean. Shakespeare's magnificent late play is a roller-coaster ride from romance to tragedy to comedy and, finally, to a place of transcendent beauty that few other works of art have ever gone. Cost is \$40/\$30 MCC tax district residents. Visit [aldentheatre.org](http://aldentheatre.org).

### VOCE Chamber Singers.

4 p.m. at Church of the Holy Comforter, 543 Beulah Road, NE, Vienna. VOCE Chamber Singers presents Rachmaninoff: All-Night Vigil (Vespers). Tickets \$10-\$25; under 18, free. Visit [www.voce.org](http://www.voce.org) or call 703-277-7772.

**SOPHOCLES' "ANTIGONE"**  
**MARCH 30**  
**2 P.M.**  
Live music starts 30 minutes before curtain.



**SHAKESPEARE'S "THE COMEDY OF ERRORS"**  
**MARCH 30**  
**7:30 P.M.**  
Live music starts 30 minutes before curtain.



**SHAKESPEARE'S "THE WINTER'S TALE"**  
**MARCH 31**  
**2 P.M.**  
Live music starts 30 minutes before curtain.



## AMERICAN SHAKESPEARE CENTER ON TOUR

**"Shamelessly entertaining."**  
— The Washington Post

**\$40/\$30 MCC tax district residents**

**FREE PARKING!**  
 1234 INGLESIDE AVE, MCLEAN, VA 22101



[WWW.ALDENTHEATRE.ORG](http://WWW.ALDENTHEATRE.ORG) | 703-790-0123

## Your Path to Wellness ... Aquatic Fitness Classes at The Woodlands



Indoor, heated, saltwater pool!

### Aquatic Balance & Fall Prevention Class

for those seeking to strengthen core muscles and improve balance.

**Classes run year-round and are open to individuals from outside of The Woodlands.**

### Aquatic Fitness Class

for those seeking more vigorous exercise with the low impact benefits of water.

for more information or to register please call **703.667.9801** or email [marketing@thewoodlandscrc.com](mailto:marketing@thewoodlandscrc.com)

The Woodlands Retirement Community - 4320 Forest Hill Drive, Fairfax, Virginia 22030 - [thewoodlandscrc.com](http://thewoodlandscrc.com)

**Announcements**

**We pay top \$ for STERLING,  
MEN'S WATCHES,  
JEWELRY, COSTUME JEWELRY,  
FURNITURE, PAINTINGS AND CLOCKS.**

**Schefer Antiques**  
703-241-0790  
theschefers@cox.net

**Find us on Facebook  
and become a fan!**

[www.Facebook.com/  
connectionnewspapers](http://www.Facebook.com/connectionnewspapers)

**THE CONNECTION**  
Newspapers & Online  
The Connection to Your Community  
[www.connectionnewspapers.com](http://www.connectionnewspapers.com)

**Employment**

**Forget Daily  
Commuting**

Print and digital media  
sales consultant for area's  
most popular and trusted  
local news source

Manage your own hours from home  
Enjoy flexible schedule  
plus no daily commute  
Help local businesses grow  
Unique opportunity to be a  
voice in your community  
Competitive compensation

Call Jerry Vernon  
**703-549-0004**  
Connection Newspapers & Digital Media  
Trusted Connection to Local Communities

**Announcements**

**Announcements**

**Lifetime  
METAL  
ROOFING**  
by VA CAROLINA BUILDINGS, INC.

40 YEAR WARRANTY ON THE FINISH - ENERGY EFFICIENT  
SUPERIOR DURABILITY - SENIOR CITIZEN DISCOUNT  
**FACTORY DIRECT - WE FINANCE - CALL NOW!**

[WWW.METALROOFOVER.COM](http://WWW.METALROOFOVER.COM) **1-800-893-1242**

**Announcements**

**Announcements**

**FREDERICKSBURG SPRING HOME SHOW**

She Shed Village  
Ponds  
Taste of Virginia

Landscape Displays  
Seminars  
Interior Designers

BE INSPIRED

**FREDERICKSBURG  
SPRING  
HOME  
SHOW**

FREDERICKSBURG VA

**MARCH 22-23-24, 2019**

**Fredericksburg Expo Center**

Friday, March 22  
1:00 pm - 7:00 pm

Saturday, March 23  
10:00 am - 7:00 pm

Sunday, March 24  
11:00 am - 4:00 pm

Adults: \$10, Seniors: \$9  
Kids under 12 Free  
Seniors: \$5 (Friday Only)

Use as  
**\$2 OFF  
COUPON**  
at the  
Door!

ENTER ON  
FACE BOOK PAGE  
FOR A CHANCE  
TO WIN A \$5000  
LANDSCAPE  
MAKEOVER FROM  
STAFFORD NURSERY

**HUNDREDS OF VENDORS ALL UNDER 1 ROOF!**

[WWW.FREDERICKSBURGHOMESHOW.COM](http://WWW.FREDERICKSBURGHOMESHOW.COM)

**PEOPLE**

**Potomac School Senior Takes Fifth  
Place in National Science Competition**

Carolyn Beaumont, a senior at The Potomac School in McLean, ranked fifth in the 78<sup>th</sup> Regeneron Science Talent Search, the nation's oldest and most prestigious science and mathematics competition for high school seniors. Her achievement, which comes with a \$90,000 award, was announced on March 12 at a black-tie gala at the National Building Museum in Washington, DC.

Carolyn was named a Top 40 Finalist in January. She and her fellow finalists spent Sunday, March 10, presenting their research projects to the public, as well as to a number of leading scientists. The following day, the finalists divided into groups by state of residence and met with government officials and staffers. Carolyn and the other Virginians spoke with a member of Sen. Mark Warner's staff about their work and the importance of government support for STEM education.

As a student in Potomac's Science and Engineering Research Center (SERC) program, Carolyn spent two years working on her geochemistry research project. She examined the way water reacts with magma, with the goal of testing the theory favored by geologists about the composition of water during a volcanic eruption. In addition to her Potomac research advisor, Dr. Isabelle Cohen, Carolyn worked with an outside mentor, Dr. George Cody at the Carnegie Institute of Science's Geophysical Laboratory. There, she used technology that allowed her to create models of magma and observe its reaction with water. Ultimately, Carolyn's discoveries turned out to be remarkable: She showed that volcanoes react differently depending on the

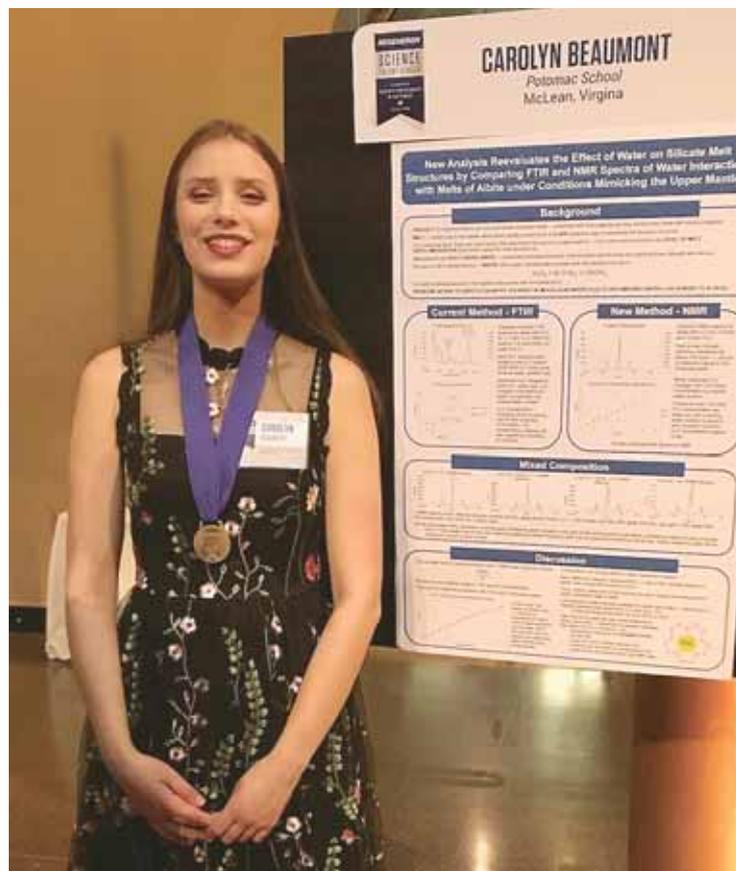


PHOTO CONTRIBUTED

**Carolyn Beaumont, fifth place winner in the 2019 Regeneron Science Talent Search.**

amount of water present in the magma. This runs counter to the thinking of professional geologists, making Carolyn's project a source of new and important information.

Dr. Cohen observes, "Not many high school students can say that they have discovered a scientific theory. That accomplishment indicates the magnitude of Carolyn's potential as a scientist."

Reflecting on the competition's final days, Carolyn notes, "All of the questions that the judges asked were really interesting. I got to meet some professional geologists - one of them actually works in the same field that I've been studying, and I loved hearing her per-

spective on my research. It was amazing to have my work recognized in a way that allowed me to have an impact on the scientific community!" She adds, "This was one of the best weeks of my life. I didn't feel pressured to make the top 10. All I was hoping to get out of the experience, I had already gotten."

"It was great to be able to share my research, and I loved talking with so many people who are passionate about science. I was really happy about the entire process; winning fifth place was just the icing on the cake."

Carolyn will attend Harvard University in the fall.

**Announcements**

**Announcements**

**OUTER BANKS, NC - VACATION RENTALS**

Over 500 vacation homes from S. Nags Head to Corolla's 4x4!

**Brindley Beach**  
VACATIONS & SALES

877-642-3224  
[www.brindleybeach.com](http://www.brindleybeach.com)

**CALENDAR**

		1	2	3		
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**Let us know  
about an  
upcoming event**

[connectionnewspapers.com/Calendar](http://connectionnewspapers.com/Calendar)

# BULLETIN

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## WEDNESDAY/MARCH 20

### Lenten Brownbag Lunch & Book Discussion.

12:30-2 p.m. in the Library at Church of the Holy Comforter, 543 Beulah Road, NE, Vienna. Bring a bag lunch and join a study of Rowan Williams' book Resurrection following the 12:10 p.m. Lenten Midweek Eucharist on Wednesdays. Join for worship in the Chapel beforehand or just come for the book discussion. Visit [www.holycomforter.com](http://www.holycomforter.com) for more.

### IEP Parent Workshops.

6:30-8:30 p.m. At Dunn Loring Center for Parent Services, 2334 Gallows Road, Dunn Loring, Entrance 1, Room 100. Collaborative IEP Meetings: Parents as Partners. Workshop for parents of children receiving special education services. Strategies to support a parent's role in a child's IEP meetings will be shared.

## THURSDAY/MARCH 21

### Coal Ash Success.

6:30 p.m. at Oakton Library, 10304 Lynnhaven Place, Oakton. Join the Potomac Riverkeepers as they discuss recently passed legislation requiring Dominion to clean up 28 million tons of toxic coal ash, a crucial victory for keeping Virginia waterways clean with a screening of the film Coal Ash: "An Unacceptable Gamble." After, the Sierra Club will update the status of the pipeline battle in Virginia. Free. RSVP recommended. Email [norbetsierra@aol.com](mailto:norbetsierra@aol.com) or visit [act.sierraclub.org/events/details?formcampaignid=7010Z0000027SDIQAM](http://act.sierraclub.org/events/details?formcampaignid=7010Z0000027SDIQAM).

### Spring Equinox Celebration.

7-9 p.m. At Unity of Fairfax, 2854 Hunter Mill Road, Oakton. Join in a celebration of the first day of Spring, with an indoor medicine wheel and prayer tie crafting. Visit [uof-2019-spring-equinox.eventbrite.com](http://uof-2019-spring-equinox.eventbrite.com).

## FRIDAY/MARCH 22

### Technology Fridays in March.

10 a.m.-noon at the Dunn Loring Center for Parent Services, 2334 Gallows Road, Dunn Loring, Entrance 1, Room 100. Join the Parent Resource Center for this series of technology workshops presented by FCPS Assistive Technology Services. Register for one or all of the workshops. Explore a variety of technology tools to support student success and independence with reading and writing in the digital classroom and at home. Register at [www.fcps.edu/index.php/resources/family-engagement/parent-resource-center](http://www.fcps.edu/index.php/resources/family-engagement/parent-resource-center). Call 703-204-3941 or email [prc@fcps.edu](mailto:prc@fcps.edu) March 22 - Assistive Technology to Support Communication

### Film: "From Paris to Pittsburgh."

6:30-8:30 p.m. At Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. From coastal cities to America's heartland, "Paris to Pittsburgh" celebrates how Americans are demanding and developing real solutions in the face of climate change. Email [lgrowe@verizon.net](mailto:lgrowe@verizon.net) for more.

## SATURDAY/MARCH 23

### Lenten Quiet Study.

9-11:30 a.m. in the Lillian Croy Room at Church of the Holy Comforter, 543 Beulah Road, NE, Vienna. A blend of traditional and modern interaction, this study will begin with the history of the Stations of the Cross and end with an experiential meditation on Jesus' path from Pontius Pilate to the cave with contemporary prayers and reflections. Visit [www.holycomforter.com](http://www.holycomforter.com) for more.

## SUNDAY-TUESDAY/MARCH 24-26

### Lenten Study Series.

Sunday 9:45-10:45 a.m. and again at 6:30-8:15 p.m.; Monday, 7:30-9:15 p.m.; and Tuesday 7:30-9:15 p.m. at Lewinsville Presbyterian Church, 1724 Chain Bridge Road, McLean. Christine Roy Yoder, Professor of Old Testament Language, Literature & Exegesis at Columbia Theological Seminary will be the speaker. Visit [www.lewinsville.org](http://www.lewinsville.org) or call 703-356-7200.

## TUESDAY/MARCH 26

### Lenten Services: Centering Prayer.

7-7:45 p.m. in St. Mary's Chapel, Church of the Holy Comforter, 543 Beulah Road, NE, Vienna. Join a brief teaching on centering prayer and 20 minutes of silence. Visit [www.holycomforter.com](http://www.holycomforter.com) for more.

[www.CONNECTIONNEWSPAPERS.COM](http://www.CONNECTIONNEWSPAPERS.COM)

# BUSINESS DIRECTORY

[WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

CALL 703-549-0004 FOR ADVERTISING INFORMATION

<b>LANDSCAPING</b> <b>A&amp;S CONSTRUCTION</b> SOD, Mulch, Clean-Up Leaf Removal Hauling. <b>703-863-7465</b>		Good is not good, where better is expected. <b>-Thomas Fuller</b>		<b>TILE / MARBLE</b> <b>TILE / MARBLE</b> <b>Quality Tree Service &amp; Landscaping</b> Reasonable prices. Licensed & insured. <b>Spring Cleanup...</b> Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc. 25 years of experience - Free estimates <b>703-868-5358</b> <b>24 Hour Emergency Tree Service</b>	
<b>ELECTRICAL</b> <b>K &amp; D ELECTRIC</b> COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc...		<b>ELECTRICAL</b> Licensed/Bonded/Insured Office 703-335-0654 Mobile 703-499-0522 lektrkman28@gmail.com		<b>IMPROVEMENTS</b> <b>IMPROVEMENTS</b> <b>Power Washing</b> Go from green to clean, do you have mold on your siding rotten wood that's a hoax violation? We do houses, decks, fences, side walks, etc. Deck and fence repair, deck staining and sealing. Licensed & Insured • Free Estimates email: <a href="mailto:jnave@comcast.net">jnave@comcast.net</a> <b>703-987-5096</b>	
<b>GUTTER</b> <b>GUTTER</b> <b>GUTTER CLEANING</b> Gutters and Downspouts Cleaned Small Repairs • Gutter Guards <b>PINNACLE SERVICES</b> Lic/Ins 703-802-0483 free est. email <a href="mailto:jamie@lawnsandgutters.com">jamie@lawnsandgutters.com</a> web: <a href="http://lawnsandgutters.com">lawnsandgutters.com</a> Friendly Service with a Friendly Price!		<b>GUTTER</b> <b>GUTTER</b> <b>A&amp;S Landscaping</b> <ul style="list-style-type: none"> <li>All Concrete work</li> <li>Retaining Walls • Patios</li> <li>Decks • Porches (incl. screened) • Erosion &amp; Grading Solutions</li> <li>French Drains • Sump Pumps</li> <li>Driveway Asphalt Sealing</li> </ul> <b>703-863-7465</b> LICENSED Serving All of N. Virginia		<b>ATTENTION ADVERTISERS:</b> expand your audience beyond our weekly print edition with <b>THE CONNECTION DIGITAL</b> <ul style="list-style-type: none"> <li>Email Marketing</li> <li>Social Media</li> <li>Sponsored Content</li> </ul> FOR MORE INFORMATION CALL 703.778.9431 OR VISIT <a href="http://CONNECTIONNEWSPAPERS.COM/ADVERTISING">CONNECTIONNEWSPAPERS.COM/ADVERTISING</a>	
<b>HVAC</b> <b>Plumbing</b> <b>Remodeling</b> <b>Electrical</b> <b>Other</b> <b>RN. CONTRACTORS, INC.</b> Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic Phone: 703-887-3827 E-mail: <a href="mailto:rncontractorsinc@gmail.com">rncontractorsinc@gmail.com</a> <a href="http://www.rncontractors.com">www.rncontractors.com</a>		<b>LANDSCAPING</b> <b>LANDSCAPING</b> <b>Patios &amp; Drainage</b> Your neighborhood company since 1987 <b>703-772-0500</b> <b>J.E.S. Services</b> Free Estimates - Fully Licensed & Insured <ul style="list-style-type: none"> <li>Planting &amp; Landscaping Design</li> <li>Drainage &amp; Water Problems</li> <li>Concrete Driveways, Replacement or New</li> <li>Patios and Walks • Masonry Work or Dry Laid</li> <li>Paver, Flagstone, Brick, any style you choose</li> <li>Retaining walls of all types</li> </ul> All work Guaranteed		<b>HOW TO SUBMIT ADS TO THE CONNECTION Newspapers &amp; Online CLASSIFIED</b> <b>DEADLINES</b> Zones 1, 5, 6..... Mon @ noon Zones 2, 3, 4..... Tues @ noon E-mail ad with zone choices to: <a href="mailto:classified@connectionnewspapers.com">classified@connectionnewspapers.com</a> or call Andrea @ 703-778-9411 <b>EMPLOYMENT</b> <b>DEADLINES</b> Zones 1, 5, 6..... Mon @ noon Zones 2, 3, 4..... Tues @ noon E-mail ad with zone choices to: <a href="mailto:classified@connectionnewspapers.com">classified@connectionnewspapers.com</a> or call Andrea @ 703-778-9411 <b>ZONES</b> Zone 1: The Reston Connection The Oak Hill Herndon Connection Zone 2: The Springfield Connection The Burke Connection The Fairfax Connection The Fairfax Station/Clifton/Lorton Connection Zone 3: The Alexandria Gazette Packet The Mount Vernon Gazette Zone 4: Centre View North Centre View South Zone 5: The Potomac Almanac The Arlington Connection Zone 6: The Vienna/Oakton Connection The McLean Connection The Great Falls Connection	

## Eight Daze and Seven Sleepless Nights



By KENNETH B. LOURIE

On Monday, I take one of our "Buff Boys" (beige-colored cats), "Chino," to the vet for his bi-weekly glucose-monitoring day. This is his new routine as "Chino" was recently diagnosed with diabetes.

In addition, since his diagnosis, I've been injecting him with insulin twice a day, subcutaneously ("sub-q") going on six weeks now. Though he's eating well, he's lost weight; apparently, it's related.

Without getting too sad, too soon, he looks frail and the stares and meows he gives me seem to be pleas for help which, other than providing food, water and touch, I am clueless as to what else I can do. I'm not anticipating the worst yet, but when I pick him up at the vet later in the day, I'm not expecting the best either.

On Wednesday, I go for my first CT scan in eight weeks. More significantly, it will be my first "CT" since I began immunotherapy. I don't quite know what to expect; although I know what I hope.

The fact is I've neglected to ask my oncologist what his expectations were: specifically relating to a time frame about the immunotherapy's effectiveness; and as we've moved on, we have a few other questions: Will the infusion have any effect after just eight weeks, generally? Is there a protocol/length of treatment which a patient is supposed to have before success or failure is determined? Are there any indications other than scan results which might contribute to an assessment of the drug's impact on my tumors? Is it possible that the tumors in my lungs might have a different reaction (shrink, stable, grow) than my "Adam's apple" tumor? If so, then what? Are there any side effects from my bi-weekly infusions which could cause my treatment to stop?

Beyond these types of questions, my oncologist prefers not to discuss scenarios. The short summary is: we're looking for some kind of clarity and/or guarantee. Unfortunately, for cancer patients, clarity and guarantees ended on the date of your diagnosis.

On Friday, I have my next scheduled infusion (with pre-infusion lab work on Wednesday). Door to door, depending on how busy the Infusion Center is, and depending how long it takes the pharmacy to mix/prepare my drug, it will be approximately three hours until I'm back home. The experience is not tedious nor is it torture.

Compared to the eight-hour days I had to endure in the early, heavy-duty days of chemotherapy, this time commitment is a breeze. And when one considers the relatively minor side effects - so far, the routine is quite bearable. (I just need the immunotherapy to be effective.)

On the following Monday, we see my oncologist. Typically, we don't see him until later in the week on Friday. In the 10-day interim, my oncologist will email results of the scan - with his assessment - and attach the radiologist's report so that when we see him, we're aware and prepared.

However, in this week's particular instance he had availability on Monday, five days post-scan, and not on Friday. As such, we are seeing him so soon after the scan occurs that he might not have any results to email us before our appointment.

This means that we'll be going into the appointment cold, so to speak. Which means we'll be extremely anxious as we sit in the examining room waiting for his knock asking if it's OKAY for him to come in. And then staring at his face as he enters looking for any kind of hopeful sign that the treatment has worked.

And that's what this week-plus-one-day will be: a struggle; about me, for my wife, about our life together and about one of our cats.

Each of the four days/four events itself would be stressful and thought-provoking enough. Having them occur one right after the other, simultaneously almost, is like adding insult to injury. It's bad enough to begin with and it's potentially even worse how it might end with - really bad news.

Through it all, somehow we must remain positive. There's no future in being negative.

To invoke the late Yogi Berra, who said in 1973 while managing the last-place New York Mets: "It ain't over 'till it's over." (And of course they went on to win the National League pennant.)

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



**Just waiting.** Democratic candidates for 2019 local elections crowd the reception area — and the staff kitchen, and the hallway — of the Fairfax County Democratic Committee headquarters in Fairfax, waiting for the clock to strike noon, the moment when they can officially present their “Declaration of Candidacy” packets.



PHOTOS BY ANDREA WORKER/THE CONNECTION

**Time to file.** The Democratic candidates fill the intake room and start the official process of candidacy paperwork hand-in.

# And They're Off! Primary Election Day is June 11, 2019; Dems flood District Office to file for candidacy

BY ANDREA WORKER  
THE CONNECTION

**T**here are an unusually large number of elected seats up for grabs in this year's local and General Assembly elections. In Fairfax County alone, more than 50 offices are on the ballot, including nine State Senators, 17 House of Delegate members, nine Board of Supervisors members, Board of Supervisors Chairman, Commonwealth's Attorney, Sheriff, nine District and three At-Large School Board Members, and three Soil & Water Conservation District Directors.

If the list reads a bit like the ingredients for a recipe, then it's an apt analogy. The people whose names will eventually fill in the blanks of those local numbers after the Nov. 5 elections will combine to form the governing bodies for the 1.2 million or so residents of Fairfax County.

**THE DEMOCRATIC HOPEFULS** wishing to fill those legislative, constitutional and local office seats have to first emerge victorious from the June 11 primaries, the method chosen by the Democratic nominating committees.

Monday, March 11 at twelve noon was the first moment they could present their “Declaration of Candidacy” to their respective nominating committees, accompanied by the required petitions of support from residents of their districts and the receipt showing payment of their filing fee.

Some of the nominating committee chairs chose locations within their districts to begin the application acceptance process, particularly for State Senate and House of Delegates positions. Private homes and local coffee shops and restaurants became political hubs in Annandale, Falls Church, Springfield and Reston among others, but the big draw for the Board of Supervisors openings and the Constitutional offices of Sheriff and Commonwealth's Attorney, State Senate District 35 and House District 41 had the candidates lining up at the Fairfax County Democratic Committee (FCDC) headquar-

ters on Park Avenue in Fairfax.

The bell rung, literally, at high noon and while the applicants may be readying to square off in the political arena, the gong only produced a civilized rush to the filing “ring.” The atmosphere at this point was cordial. No “punches” of any kind, only polite chatter and a “best of luck” and a “here we go!” or two exchanged among them.

If the process to secure the coveted first place on the ballot hadn't been changed from “first at the table, first on the ballot” things might have been a bit more interesting, but these days a candidate's ballot placement is decided more by luck of the draw — with one major factor to either enhance their chances or guarantee their name will appear down the list.

“We used to have people practically camping out, or showing up at dawn,” said FCDC Executive Director Frank Anderson, who supervised the action. “Now, everyone who is here at 12 when we close the doors is clocked in at a simultaneous time and has an equal chance of being number one on the ballot.”

After those on-timers are processed, candidates' names are placed on the ballot in order of submission. Of course, if you are running unopposed, as is the case of Board of Supervisors Mason District Penny Gross (at least at press time), arriving after the rush had already dissipated is no problem — her name will still get the top spot.

As a testament to Anderson's organizational skills and the efficiency of the intake crew, by 12:15 p.m. the crowd had cleared and the FCDC crew were readying the candidate packets for stage 2 — submission to the State Board of Elections and Party Headquarters for review and validation of the petitions.

Peg Willingham had one of the smallest stacks to handle. The resident from the city of Falls Church is a first-time volunteer for this activity, although she has been an active member of the Party locally for a long time as is the current chair of the Falls Church (City) Democrats.



**Peg Willingham is active in the Democratic Party and chair of the Falls Church members. On March 11 she volunteered to in-take the candidacy filings for State Senate District 35. “It was time to see and learn this part of the process.”**

“Honestly, I just felt it was time to take my turn at this piece of the Democratic process puzzle,” she said.

**LUCKILY**, as she was in-taking for Virginia Senate District 35, which includes the city of Falls Church, Willingham only had to handle the candidacy application for incumbent Sen. Richard Saslaw whose paperwork was presented by a staff representative. Since that means a first-look to validate the petitions (for primary candidates that's 250 valid petitions for State Senate, 125 for the House of Delegates, and 125 each for Board of Supervisors and the Constitutional positions), Willingham and her Falls Church committee can count themselves fortunate on this first filing experience.

They could have had to review the candidacy paperwork for the Hunter Mill District supervisor's slot, with four candidates already declared, or the race for the Board Chair, also with four candidates vying for the spot.

“It's been a year of more, more, more,” noted Anderson. “More open positions (53), more candidates (an estimated 80) and more people joining the FCDC so they can be part of the process.” Anderson says they



**Todd Thurwachter, a volunteer from the Providence Magisterial District, and Janice Yohai, Vice Chair, Voter Registration and Education for the Democrats in the Braddock District were also in the office, strategizing and gathering materials ahead of several voter registration and education outreach events.**

have added 1,000 new members in just the last 90 days. “It's good for our Democracy. I'm glad to see so many people engaging.”

Some of the explosion of interest in running for office and in voter engagement is thanks, in large part, to the upcoming Fairfax County Board of Supervisors shuffle prompted by the retirement of long-time Chair Sharon Bulova, Supervisors Linda Smyth (Providence), Cathy Hudgins (Hunter Mill) and John Cook (Braddock) declining to seek re-election, and Jeff McKay looking to move from representing the Lee District to chairing the board as Bulova's successor.

“2020 will mark the biggest change in the makeup of the Fairfax County Board of Supervisors in recent history and we're seeing a great pool of dedicated citizens who want to actively work for our community,” said Anderson.

Potential candidates have until 5 p.m. on March 28 to submit their completed candidacy paperwork, so stay tuned. Future editions of the Connection will spotlight the candidates as they launch campaigns and participate in debates, forums and community events in hopes of claiming victory first in June, then ultimately in November.