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Bike to Work Day Herndon Style

Good for the cyclist, good for traffic, good for the environment.

BY MERCIA HOBSON
THE CONNECTION

“Thanks for taking part in a wildly successful Bike to Work Day. If this was your first time participating, as it was for over 100 of you, congratulations. Hope this is the start of a regular thing,” wrote Cindy Roeder, Director of Parks and Recreation in Herndon to all 460 officially registered riders at the Herndon Pit Stop who participated in the 2019 Bike to Work Day.

Commuter Connections, the Washington Area Bicyclists Association (WABA) and local governments, including the Town of Herndon Parks and Recreation Department, hosted one of the nation’s largest Bike to Work Day events. At the Herndon pit stop sponsored by Parks and Recreation and A-1 Cycling, many riders from

surrounding communities arrived to start their day and end their day, wheeling to work.

Held Friday, May 17, 5:30 a.m.-10 a.m. and again 4:30 p.m.-6 p.m., the Herndon pit stop located on the Town Hall Green and off the W&OD Trail proved a popular destination.

The annual celebration was meant to increase awareness and expose people to the benefits of bicycling to work for transit.

“What a beautiful day for a ride,” said Tim Taylor of Chantilly who stopped in Herndon. “I work from home but came here to get my t-shirt. Then I’m heading back home to work.” Antonio Gajo of Ashburn said, “I’ve been doing it for four years. I work at Sprint in Reston. I normally bike in the summer because the kids are in school, so I don’t have to drive them.”

“If you missed out on a t-shirt,



Sean Tillman, Herndon Parks and Recreation, gives a free t-shirt to Antonio Gajo of Ashburn as he continues to Bike to Work at Sprint in Reston.



Cyclists gather in Herndon for bike repairs, refreshments and to enter the raffle on Bike to Work Day 2019.

PHOTOS BY MERCIA HOBSON/THE CONNECTION

we do have some left-over, available first come, first served. They are available at either A1 Cycling, 2451 Centreville Rd, Herndon, or at the Herndon Community Center, 814 Ferndale Ave. We are both open daily. Call or email if you

want to check for a specific size or have one left at the counter for you,” Roeder wrote to all registered cyclists.

Raffle Winners are Rich Bajusz, Tamara Drpic, Sunil Behera, Tina Pai, Antonio Radilla, Don Lehr,

Melania Stopper, Nick Georgas, Zhihong Zhang, Krishna Bhimnathini, Susan Berger, Jon St Onge, Dave Lennon and Leo Khang. All of the prizes will be available at A1 after Tuesday, May 21, reported Roeder.



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Five Dems Vie for Hunter Mill Supervisor Seat

Candidates in their own words: Why they are running, what differs them from others in race?

BY ANDREA WORKER
THE CONNECTION

First elected in 1999 as the Hunter Mill District representative on the Fairfax County Board of Supervisors, Cathy Hudgins announced at the Jan. 22 Board Meeting that she would not seek reelection this year.

After 20 years in the position, Hudgins has decided to retire when her fifth term concludes at year end.

A champion of many social issues and of the Metro and other transportation improvements in the district, Hudgins has faced some of her loudest and largest critics in the last few years – particularly among Reston residents. Vehement opposition arose to her support of allowing higher density development in Reston.

Five Democratic candidates are looking to occupy Hudgins' seat when the new Board convenes. For the first time in recent memory, the race will include a Democratic Primary to be held on June 11. On the ballot will be:

❖ Walter Alcorn, serving 16 years on

the county's Planning Commission and two on the Park Authority carries the endorsements of current Board Chair Sharon Bulova and U.S. Rep. Gerry Connolly (D-11).

❖ Laurie Dodd – a child advocate attorney and former an environmental lawyer, long-time Reston resident Dodd has worked for progressive candidates and improvements for the community.

❖ Shyamali Hauth – an Air Force veteran with 10 years of active duty, Hauth is a local small business owner and the Chair of the Outreach Committee for the Hunter Mill District Democratic Committee.

❖ Maggie Parker – executive with Reston-based Comstock Developers, the force behind much of Reston's recent major development projects. Parker sees her employment and experience as an asset to her candidacy, stating that with her background she can work most effectively with that sector to produce the best results for all.

❖ Parker Messick – the youngest of the candidates, having just graduated from Roanoke College in June 2018. His youth and inexperience relative to his opponents

don't seem to faze or deter him as he campaigns on a platform to stop big development, particularly in Reston and Vienna, to end the Reston Town Center parking scheme, to support schools, transportation improvement and to expand affordable housing in the region.

So far, their meetings at local debates and forums have been admirably civil. At a North County Supervisor Candidate Forum on the Environment hosted by nonprofit 350Fairfax on May 6, there was unanimous agreement on the threat of climate change and the need to pick up the pace of local government's response to what most of the attending Hunter Mill and Providence Districts candidates named as a crisis, even as they offered variations on solutions, ranging from the "one small change can make a big difference" to the "fight the issue on a regional/state/federal level" approaches.

Despite the relative cordiality during the public events, things have turned a bit more heated of late with Dodd "disappointment to learn that [opponent] Walter Alcorn received contributions from the American

Legislative Exchange Council (ALEC), an organization funded by the Koch Brothers ... ALEC has pushed ... state laws to bolster gun rights, allow environmental degradation, restrict voting rights, ... cripple collective bargaining ... privatize essential public functions, along with many other extreme laws ..."

Alcorn responded swiftly, returning the two individual contributions of \$250 to the donors working for ALEC which his campaign apparently accepted without prior knowledge of the ALEC association. He also categorically denied breaking a campaign promise to not accept contributions from developers, stating that his pledge was not to accept campaign funds from developers with land use cases in the Hunter Mill District, and he maintains that he has been true to that pledge.

Reston-based nonprofit Cornerstones hosted the quintet of candidates on May 13, this time focused on affordable housing – or the lack, thereof – in the community.

The Connection offered all five candidates the opportunity to submit their response to identical questionnaires.



Walter Alcorn

Age: 52
Education: University of Virginia, 1988
Family: Wife, Kristina, 2 children
Native of: Virginia
Moved to District: 1995

Why are you running?

Walter Alcorn has lived in Vienna and Reston since 1995. He was awarded the 2011 Fairfax County Citizen of the Year by the Fairfax County Federation of Citizens Associations for his work on the Planning Commission where he served from 1997 - 2012. On the Planning Commission he established the first requirement that all new residential development offset its impact on public facilities, created the first requirement that new high-rise development include affordable housing, developed the first County policy to maximize pervious surfaces, and

SEE ALCORN, PAGE 6



Laurie Dodd

Age: 58
Education: Duke University, BS in Zoology, 1982
University of North Carolina at Chapel Hill, JD, 1987
Family: Husband, Steve Dodd, Children: Kevin (25) and Emma (23)
Native of: Cleveland, Ohio. Grew up in Atlanta, Ga.
Moved to your district: 1996

Prior and current professional, political and civic experiences, community/involvement etc.

❖ Current Child Advocate Attorney for neglected and abused children, advocating for their educational and mental health needs, and in court hearings.

❖ Former Legal Services lawyer representing low income tenants and homeless people

SEE DODD, PAGE 6



Shyamali Hauth

Age: 53
Education: B.A. in Psychology and Management from Saint Leo University '90; M.S. in Human Resource Management from Troy State University '92
Family: Husband, Chris Hauth, Four Children - Nyx, Christian, Justin, and Brandon
Native of: I was born in Rachni, India and grew up in Seattle, Wash.
Moved to your district: 2015

Experience:-

❖ Air Force Veteran, 10 Years Active Duty

❖ Human Resource Manager
❖ Speech, Communication, & Leadership Professor at Spokane Community Colleges

❖ Small Business Owner – Mahari Yoga

❖ Founder of Hear our Voice-Reston (HOV-R)

SEE HAUTH, PAGE 6



Parker Messick

Age: 24
Education: Roanoke College, BA with a major in political science
Family: Engaged to my Fiancée Jennifer, we are getting married next year
Native of: Virginia. Born in Richmond lived in Fairfax County almost entire life
Move to District: 2000

Prior professional experience?

"I have worked in polling and campaigning prior to my run. Most recently I worked on Carter Turner's/special election race to try and flip the House of Delegates.

Why are you running?

"I am running because I feel the voices of the/average citizen in the Hunter Mill District are not being reflected in/our county government. Particularly on the issue of development where/we have seen large amounts of development

SEE MESSICK, PAGE 6



Maggie Parker

Age: 59
Education: College of the Holy Cross, BA History 1981
Family: Divorced, son RJ, 29
Native of: Connecticut
Moved to your District: Moved to Fairfax County in 1986, Reston in 2012

Prior current and current professional and political experience, community involvement, etc.:

"Public relations executive with Comstock, an asset management and development company headquartered in Reston, guiding Comstock's Affordable Housing Policy, significantly exceeding Fairfax County's policy and already producing 88 units at Reston Station – many more to come
Board memberships:

❖ Greater Reston Chamber of Commerce

❖ Reston Hospital Center

SEE PARKER, PAGE 6

OPINION

Vote June 11, It's Fairfax County's Election Day

Most local races in Fairfax County are likely to be decided in June, don't wait for November.

Make a plan to vote in the Fairfax County Democratic primary by June 11. Otherwise count yourself out. Most of the path for the future of governance in Fairfax County will be decided when the votes are counted that day.

All polling places will be open on June 11, polls are open from 6 a.m. until 7 p.m.

At least four members of the 10-member Board of Supervisors will be new. The chairman will be new, although possibly a former district member.

The two at-large vacancies in the county have the power to change the political and social climate of the county, and to set priorities for reform. Every ballot in Fairfax County will have at least these two races for the Democratic primary, and it is so important to turn out and vote for them:

❖ Commonwealth's Attorney

❖ Chairman, Board of Supervisors
Races that will be on the ballot depending on location:

❖ Member Virginia Senate, 31st, 33rd or 35th Districts

❖ Member House of Delegates, 38th or 49th Districts

❖ Member Board of Supervisors, Braddock District

EDITORIAL

❖ Member Board of Supervisors, Hunter Mill District

❖ Member Board of Supervisors, Lee District

❖ Member Board of Supervisors, Providence District

Sample ballots can be seen at www.fairfaxcounty.gov/elections/upcoming.

You can vote absentee in person at the Fairfax County Government Center until June 8.

❖ Monday, Tuesday, Wednesday, and Friday, 8 a.m. to 4:30 p.m.

❖ Thursday, 8 a.m. to 7 p.m.

UPCOMING VOTER PHOTO ID EVENTS

❖ The Office of Elections is open during normal business hours to provide the opportunity to register to vote or obtain a free voter photo ID if needed.
12000 Government Center Parkway Suite 323
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❖ Sherwood Regional Library
June 1, July 6, Aug. 3, Sept. 7, and Oct. 5
10 a.m. until 2 p.m.
2501 Sherwood Hall Lane
Alexandria, VA 22306

❖ Saturday June 1, June 8, 9 a.m. to 5 p.m.
Satellite locations listed are open one day only, Saturday, June 8, from 9 a.m. to 5 p.m.

❖ Franconia Governmental Center

❖ Herndon Fortnightly Library

❖ Lorton Library

❖ Mason Governmental Center

❖ McLean Governmental Center

❖ Mount Vernon Governmental Center

❖ North County Governmental Center

❖ Providence Community Center

❖ Sully Governmental Center

❖ West Springfield Governmental Center

See www.fairfaxcounty.gov/elections/absentee.

Looking on the Sunny Side

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)



COMMENTARY

Following the daily news coming out of our Nation's Capital is enough to leave anyone despondent. The backing away from long-sought freedoms against discrimination and oppression to a seeming lack of concern about the health of our planet and its people to a rise in hateful speech and behavior punctuated by the concentration of wealth in the hands of a few at the expense of the many contribute to the feeling of desperation on the part of many who share values very different than those holding positions of power today. Add to the very real concerns about the direction of our country the plight of millions around the world and one can become very depressed.

I remind myself regularly that it is important to remember that behind all the dark clouds there is a sunny side. While my examples of the sunny side will be from our community over the last couple of days, the sunshine of care and compassion shines in differ-

ent ways and intensities throughout the world every day. We sometimes have to clean the lenses through which we view our community and the world to gain a clearer perspective of where we are and where we are headed.

Just last weekend Jane and I spent an evening with the caring and compassionate people in our community who raise money and work through FISH (Friendly, Immediate, Sympathetic Help) to help those who are down on their luck pay their utility bills and rent, fill prescriptions, and learn to manage their finances. A golf tournament today with Kids R First along with the volunteer help of many will provide funding to ensure that thousands of children in our region start school with book bags filled with needed school supplies. Students in South Lakes High School (SLHS) who do not have enough to eat at their homes can get food through the SLHS Food Pantry on school days and for the weekends.

Days in a homeless shelter can no doubt seem bleak despite the best efforts of volunteers to make them seem otherwise, but nothing can replace the burst of sunshine that comes from Cornerstones and all its supporters who work mightily to end homelessness in our community. I spent an evening recently with the volunteers of Britepaths who are doing the same kind of work in other areas of our region bringing hope to many.

I spend time monthly with volunteers from Moms Demand Action, Brady Campaign, and other groups working to end gun violence. Their commonsense approach to the public health crisis of gun violence will pay off. I continue to be impressed with the determination and hard work of the Herndon-Reston Indivisibles who are devoted to the election of caring candidates to office and to bring focus on bad public policies.

I am honored to be in public office to observe and participate in the hard work of citizens who bring sunshine where it is needed. I have listed just a few examples. Join with us and pull back the shades to let the sunshine in. Let me know at kenplum@aol.com if you are looking for ways to become involved.

LETTERS TO THE EDITOR

Protecting Minors from Political Groups

To the Editor:

It is undeniable that a conservative resurgence is currently active in America and concentrating efforts on a women's right to privacy and abortion. Although media focus is on Georgia and Alabama, the recent protest activity by D.C. Area Anti-Abortion Advocacy (a.k.a. DC4A) occurring out-

side of D.C. area middle and high schools, including James Madison High School, is a prime example of how quasi-political interest groups are affecting our community. Pro-Life activism is protected through civil rights and liberties within the United States and public high schools; students can organize clubs, write academic and

newspaper arguments, invite speakers, and hold discussions to convey their beliefs on abortion. But, the protestors from DC4A are different; the adult volunteers shout through bull-horns at students exiting school, hold up photos of severed fetuses, and approach students to video their responses on why they want to "kill

babies." Then DC4A posts these videos onto their Facebook and Youtube to rile members by saying that the students "insult the murdered babies." I call upon the Virginia General Assembly to make it illegal for non-school entities to share identity even if the video camera itself is not on campus grounds.

Grace Kugler
Vienna

Oak Hill & Herndon
CONNECTION

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Senior Living

Skincare after 55

Adjusting the regimen for senior skin as one ages.

BY MARILYN CAMPBELL

From fine lines to age spots, normal changes in the skin are inevitable as it matures. Skincare after 50 doesn't need to involve plastic surgery or products with a high price tag. There are simple options for treating the conditions that appear as one ages.

"Everyone ages differently, but you may notice your skin is drier and thinner and starting to look like paper," said dermatologist Shelly Hall, M.D. "You may notice that you're developing more age spots wrinkles and creases. Your skin might be blotchier and irritated easily. You also might notice that your skin heals more slowly."

One of the top recommendations for aging skincare is sunscreen. "For most of us, skin gets more fragile as we age. That's why it's essential for seniors to take extra care and protect themselves from the sun," said Susan Yohe, gerontology nurse for the Fairfax County Health Department. "In addition to using a high-SPF sunscreen, we also recommend long, loose fitting clothing that covers the skin, and a wide-brimmed hat when outside. This will help keep you safe and preserve your skin."

"Wear sunglasses to reduce lines around eyes," added Hall. "Slather on sunscreen that offers broad-spectrum protection and stay out of the sun between 10 a.m. and 2 p.m. It's so important because the sun can age your skin prematurely. Indoor tanning and sun lamps expose your skins to UV rays which can also make your skin age faster."

Watch for skin cancer that can occur because of too much exposure to the sun, warns Hall. "Everyone should see a dermatologist for a skin care exam at some point."

Wash your face twice a day, but avoid using soap, suggest Hall. "Use warm water and a mild cleaner, but don't scrub."

"Vitamin A cream can reduce fine wrinkles," said Hall. "It also helps with rough skin and hyperpigmentation or discoloration that comes with aging and overexposure to the sun. Products that contain Vitamin C can lead to healthy skin and may reverse the negative effects of aging."

Getting adequate sleep promotes healthy skin, says Hall. "It gives our body and skin time to refresh and renew."

Diet and lifestyle also play a role in the way one's



PHOTO BY MARILYN CAMPBELL

Berries of all types are rich in antioxidants.

"Berries are great for the skin because they help keep inflammation down. Green, leafy vegetables especially parsley and lettuces offer tremendous nutrition."

— Sara Ducey, Professor of Nutrition, Montgomery College

skin ages. Eliminating smoking, decreasing alcohol consumption and eating fresh fruits and vegetables and foods rich in Omega-3 offer the nutrients necessary for healthy, glowing skin, says Sara Ducey, professor of Nutrition at Montgomery College.

"Water is especially important for keeping skin hydrated," she said.

"Fish is particularly important, especially fatty fish that are rich in Omega-3 fatty acids like salmon and tuna. Berries are great for the skin because they help keep inflammation down.

Green, leafy vegetables especially parsley and lettuces offer tremendous nutrition."

A simple and holistic approach is the foundation of skincare, advises Hall.

"The bottom line is maintaining a healthy lifestyle, eating a healthy diet and practicing sun protection," she said.



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NEWSPAPERS

Meet the Candidates for Hunter Mill District Supervisor

Alcorn

FROM PAGE 3

brought citizens into the re-planning of Tysons Corner from which emerged a consensus plan that received the 2012 Burnham Award from the American Planning Association. More recently he led a volunteer effort with citizens, developers and housing advocates to create a blueprint for reforming Fairfax County's land use policies to get more affordable housing.

In addition to County volunteer activities Walter has an environmental career that spans the public and private sectors, and now serves as VP of Environmental Affairs and Industry Sustainability for the Consumer Technology Association.

Walter is running to manage growth while providing more affordable housing, fully fund our schools, and protect and expand our green spaces. As County Supervisor Walter will initiate key fixes to Reston's comprehensive plan (e.g., remove village center density, incorporate population projections and conditions), initiate policies to get more affordable housing from underutilized office parks and commercial centers, explore long-term local financing options for maintaining our schools and county services, and empower citizens to engage constructively in the land use decision processes.

Dodd

FROM PAGE 3

- ❖ Former Environmental attorney representing Friends of the Earth in Clean Water Act cases

- ❖ Involved with PTA at several Fairfax County Public Schools, swim team, scouting, 4-H, etc.

- ❖ Long-time Democrat, elected to serve as a delegate at 2016 Democratic National Convention

Why are you running?

"I want to protect the district from uncontrolled development. As a parent and child advocate, I will ensure that our school system and mental health systems are top notch. I want to increase affordable housing in all parts of the county. And I will take action to reduce our carbon footprint and fight climate change."

What do you see as the top issues in your district and what solutions do you propose?

- ❖ The top issue in our district is uncontrolled development. As supervisor, I would not approve any more residential development without asking whether we have the schools, roads, parks, and public safety to serve them. We need transit-oriented development and expansion of affordable housing opportunities. I will not give up one more inch of the district to unplanned growth.

Environmental issues - Fairfax County should take the lead in addressing environmental issues through a public private partnership, engaging our wealth of technology companies and others - Google, Amazon,

INOVA Hospital, Mars, Hilton, WMATA - to find innovative solutions. We must move forward with a community-wide energy and climate action plan. Replacing our streetlights with efficient LED lighting is a good start that must be followed by bold action, including a focus on our transportation system.

Education. Fund universal pre-K. Pay raises for teachers and staff, while class sizes are reduced. When we have more than 800 trailer classrooms in Fairfax County, saying that our school system is "fully funded" rings hollow. I will work with the school board to ensure that we provide a world-class education to our children and future leaders."

Key ways you differ from your opponents?

"I am the only candidate in this race who has the breadth of experience in our district, who does not take a dime from corporations or developers - no matter where they have projects, who has advocacy skills to speak up for our residents, and who is beholden to no one but the citizens of Hunter Mill District. This is the leadership we need, now and for the future of Hunter Mill."

Hauth

FROM PAGE 3

- ❖ Chair, Veterans & Military Families Committee for the Fairfax County Democratic Committee

- ❖ Chair, Outreach Committee for the Hunter Mill District Democratic Committee

Why are you running?

"Hunter Mill deserves a leader who will guide us into 2020 with the vision, integrity, and compassion to bring innovation to our community - a leader that reflects the great diversity of thought and culture across our region. That leader is me.

I have led a life of service around the world, across this great nation, and right here in Fairfax County. I want Fairfax County, and specifically the Hunter Mill District, to be the leader of a progressive vision of community ... We need new leadership that reflects the desires and diversity of the community. As a grassroots community organizer, I understand the benefit of building a community from the ground up. I understand the importance of engaging voters in decisions that will affect their lives."

Top 3 issues in your district and what solutions your propose?

"Climate Change - We need a multi-faceted and bold approach to addressing climate change in Fairfax County. Increase minimum LEED standard to Gold for any new construction and renovation - with an incentive for Platinum. Solar panels on schools and government buildings is a start, but we also need to encourage our businesses to do the same and reduce our overall energy use. We must also reduce traffic congestion by lowering the cost of and increasing the use of public transportation systems. Making walking and biking safer

through appropriate lighting and the development of bike friendly transit zones will also reduce our energy consumption and improve the quality of life. Additionally, we can initiate several consumer-oriented changes like a single use plastics ban, an increased emphasis on waste reduction, and the introduction of front yard gardens and zero-scapes.

- ❖ Affordable Housing - a S.M.A.R.T.E. (Safe, Mixed Income, Accessible, Reasonably Priced, Transit-oriented, and Environmentally Sustainable) housing plan. This plan is comprehensive and would incentivize new construction and renovations to include percentages of housing accessible to various income levels. We need to be creative and use the concepts of tiny or small houses, add-on mother-in-law style apartments, utilizing existing offices and other buildings for new housing and community space, and creating community based housing to ensure we draw from as many sources as possible to address the needs of the county.

- ❖ Education - Teacher and staff pay needs to improve and we need to bring equity across the school system. For both safety and to improve the learning environment we need to address the overcrowding and excessive use of trailers. Offering apprenticeships for those not choosing to attend college, or skills-based learning for students of differing abilities. We also need to ensure our curriculum is inclusive and welcoming.

Key ways you differ from your opponents?

"I am the only veteran running for this seat. I fully understand the sacrifices that must be made in order to serve the people and I am willing to make these sacrifices.

I have a unique life experience that allows me to fully grasp the diversity of our district and advocate for our constituents' needs.

I'm an Indian immigrant. I was born in Ranchi, India, and became a naturalized citizen in 1983. I am part of the 30.8 percent of Fairfax County that is foreign-born.

I'm the mother of a transgender non-binary child and a grandmother of a child with autism.

As an Air Force Veteran and military spouse, I have lived all over the United States and the world, giving me a diversity of experiences which I can bring to the Board of Supervisors. I have seen how local governments operate elsewhere, as well as creative ways problems were resolved, and will bring these ideas to the table."

Messick

FROM PAGE 3

occur that have been/unwanted and deeply opposed by much of the community. This development/has been pushed through despite intense opposition."

Top 3 issues in your district?

"Excessive unwanted development, the

paid parking at/Reston Town Center, and education.

On the key issue of development I/will use the county's zoning power to block new developments in Reston/that the people do not want. In Vienna I will work with the town/council to see that the people of Vienna's wishes are successfully/implemented as well.

The Reston Town Center was able to implement paid/parking because a single developer, Boston Properties, was able to/acquire all the land. I plan to negotiate a deal between them and the/country to see that the paid parking program permanently end.

When it/comes to education I want to see that our schools' are fully funded/and our teachers are paid better. In addition, I want to be advocate/for special needs students. As someone who is autistic myself, (Asperger's Syndrome) I know first-hand the need to promote neurodiversity and make our schools a place where all students can/succeed."

Key ways you differ from your opponents?

"I am the only candidate to/make firm campaign promises about ending the paid parking at the/Reston Town Center and I have kept it as one of my main two issues my/entire campaign. Additionally, I have taken the strongest stance when/it comes to pushing back against large scale development in the Hunter/Mill District. I also support allowing neighborhoods that consist of/single family homes to remain as is, instead of rezoning them for/other purposes such a duplexes or multiple houses per lot."

Parker

FROM PAGE 3

- ❖ Northern Virginia Transportation Alliance

- ❖ Greater Reston Arts Center

- ❖ Wolf Trap Foundation Associates

- ❖ Chair, Public Art Reston

- ❖ Chair, Reston Transportation Service District Advisory Board

- ❖ Loudoun Transportation Advisory Board

- ❖ Loudoun County Chamber of Commerce

Why are you running?

"I believe that for our government to work, each individual should take responsibility; my life's opportunities of professional work, community service, and motherhood have provided a rich palette of experiences to bring to the job of governing as Supervisor; my experiences of working with the region's governing organizations, stakeholders and staff have well prepared me to affect positive change."

Top three issues?

"Affordable Housing:/Increase contribution to Affordable Housing Fund from one-half cent to 1.5 cents; Additional tax on

SEE PARKER, PAGE 10

Major Step for Comstock in the Town of Herndon

HPRB approves Certificates of Appropriateness to demolish buildings and construct structures and plazas.

BY MERCIA HOBSON
THE CONNECTION

The Herndon Downtown Redevelopment Project by Comstock Herndon Venture LC reached a key milestone May 15. The Heritage Preservation Review Board considered and unanimously approved all three Applications for Certificates of Appropriateness (COA) necessary for the project to move forward. The Board approved Applications for COAs for demolition of a non-contributing structure and site features at 750 Center Street, “ArtSpace Herndon;” demolition of a historic contributing structure, non-contributing structure and site features at 770 Elden Street, “the former Subaru Building;” and construction of new structures and plazas in connection with the planned redevelopment in Downtown Herndon. The redevelopment would consist of approximately 210,830 square feet of land owned by the Town of Herndon. The Applicant was Comstock Herndon Venture, LC represented by Noah Klein, Esquire, Odin Feldman & Pittleman, PC.

The Board heard and approved near similar applications for COAs by Comstock in June 2018. During staff remarks, Planner and Deputy Zoning Administrator Town of Herndon Bryce Perry said the 2018 approvals for COAs were appealed. “The COAs were subsequently voided by the Zoning Administrator, and the cases were withdrawn by the applicant,” Perry said.

Demolition of 750 Center Street, ArtSpace Herndon

In his presentation, Community Design Planner Town of Herndon Christopher J. Garcia stated, “This application is being submitted in conjunction with two HPRB cases... currently being brought forward for Board consideration, which are components of a broader effort by the Town of Herndon to realize the community’s vision, long-range planning goals, and objectives to further develop a more vibrant mixed-use, mixed-density environment in Downtown Herndon.”

Garcia qualified the proposed demolition. “It complies with the town zoning ordinance section,” he said. Garcia said that the Downtown Pattern Book showed this location an “opportunity for redevelopment ... and it has no priority for preservation.” Garcia noted the building was not a historic landmark, did not, among other things, contrib-



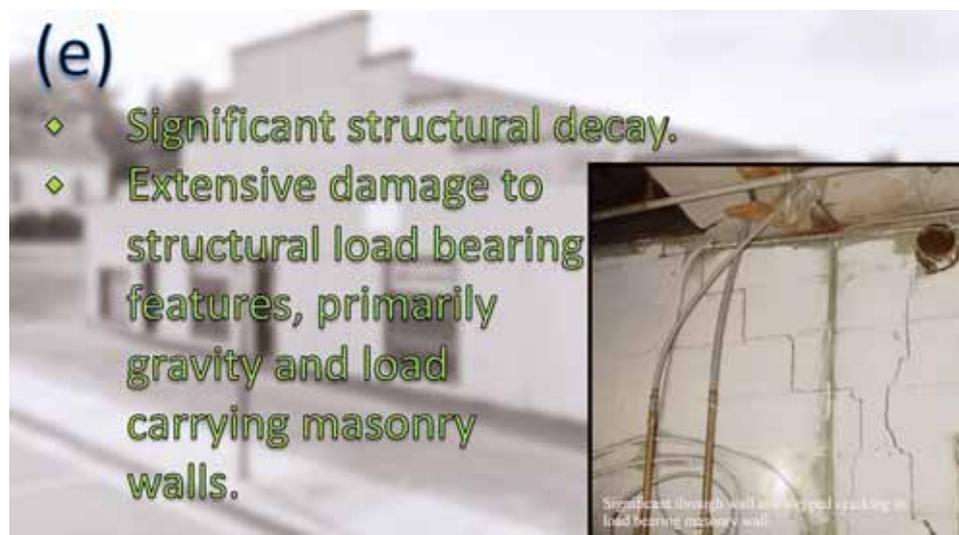
Planner and Deputy Zoning Administrator Town of Herndon Bryce Perry explains why the HPRB is hearing Applications again for Certificates of Appropriateness by Comstock Herndon Venture, L.C.



Heritage Preservation Review Board Member Mike McFarlane states that unlike the application last year, this one related to the demolition of structures at 770 Elden Street and was well documented.



Citizens listen to remarks during the public comment section of the HPRB May 15 Public Hearing.



Structural damage at 770 Elden Street, Application for Certificate of Appropriateness approved by Heritage Preservation Review Board for demolition.

ute to the overall character of the Heritage Preservation Overlay district and did not qualify as a landmark building or structure in the National Register of Historic Places

or the Virginia or landmarks registry. Garcia said the building was of common design and constructed ordinarily, and no significant historical event occurred on site. Garcia

added that its removal would not adversely impact the overall historical landmarks in the town’s preservation or overlay districts.

Noah Klein with the law firm, Odin Feldman & Pittleman, PC represented the Applicant, Comstock. He echoed Garcia points and added that the building was “identified as an area of opportunity for redevelopment in the Master Plan.” The demolition was also assumed in the RFP process, Klein reported. The Board approved the application with the conditions that the interior and exteriors be professionally photographed and the site graded after demolition.

Demolition of existing structures and site features at 770 Elden Street

The Board voted unanimously and approved with conditions the demolition of two other Town-owned buildings, one a “contributing commercial structure...(and a) non-contributing accessory building.” Garcia reiterated the demolition would realize planning goals and objectives for a more vibrant downtown.

According to Garcia, although the building was a historical structure, it was of the lowest level, and the site and building investigation submitted by the Applicant identified structural issues that would make restoration or relocation unfeasible. Garcia noted the poor structural condition of the masonry construction throughout the primary structure and cracked and disintegrating masonry on load bearing walls, most notably on the Elden Street side. “There is some risk... of a partial collapse of exterior walls due to the continued deterioration of the masonry facades,” he said.

Klein brought up documented environmental analyses. He noted, “the significant environmental contamination,” citing reports in 2015, corroborated in 2018. Mentioning hazardous materials such as asbestos and lead paint. He mentioned, “environmental contamination from those years of industrial use. They permeate throughout the soils, and they go underneath the concrete slab. It would be susceptible to partial or complete collapse during environmental remediation efforts,” Klein said.

Klein said Comstock was committed to working with the community and it incorporated and “mirrored” the Subaru building’s architectural stepped parapet and the color of the building into the new design, significant to some citizens in the town. “We’re continuing that commitment to work with the community ... identifying materials within the building that might be worth saving,” he said.

During the public comment portion, Citizen Barbara Glakas thanked Comstock for including “a visual of what was once there.”

During the board discussion, Mike McFarlane said, “I disagree with a lot of the application in so far as I think there is some town history. It (the Subaru building is) a very important building for our town. This deep parapet is something specific to this

PHOTOS BY MERCIA HOBSON/THE CONNECTION

PHOTO CONTRIBUTED VIA POWERPOINT BY COMSTOCK

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Mr. Knick Knack! Mondays through September, 10:30-11:15 a.m. at Reston Town Square Park. Free performances of heart-centered music for children. No performances on Memorial Day or Labor Day. Visit restontowncenter.com/events for more.

Herndon Farmers Market. Thursdays, through mid-November, 8 a.m.-12:30 p.m. in Historic Downtown Herndon, Lynn Street. Vendors will offer seasonal plants, produce, baked goods, meats and more; all sold by local growers and producers. Additional enhancements to the market include seasonal events and entertainment, including "Farmers' Market Fun Days," free performances for the whole family. Visit www.herndon-va.gov/FarmersMarket for more.

THURSDAY/MAY 23

Yoga with Rupa. 7 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. A relaxing hour of yoga led by Rupa Shah. Adults, teens. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

MAY 23-JUNE 23

Golden Age Musical. At NextStop Theatre, 269 Sunset Park Drive, Herndon. From Artistic Director Evan Hoffmann comes a wildly inventive re-imagining of an American megamusical as no one has seen it before. Singin' in the Rain has all the magic and glamour of the greatest movie musical ever made. So, when the projector at a super-fan screening of the film goes up in smoke, the hosts save the day... after all, in theatre, the show must always go on. \$40-55. Visit www.nextstoptheatre.org/shows/singin-in-the-rain.

FRIDAY/MAY 24

Family Yoga. 10:30 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Enjoy playful yoga, stories and songs along with your actively walking child. No experience needed. 2-4 years old with an adult. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

Live Music: Full Plate. 9:30 p.m.-1:30 a.m. at Kalypso's Sports Tavern on historic Lake Anne in Reston. Bands play inside the sports bar on a dedicated stage. No cover. Visit www.kalypsoSPORTstavern.com.

SATURDAY/MAY 25

Top to Bottom Look at Colvin Run Mill. 10:30 a.m. at Colvin Run Mill, 10017 Colvin Run Rd, Great Falls. Climb to new heights and explore the second and third floors at Colvin Run Mill on Saturdays in May. Register for the "Four Floor Tour Class" to get an insider's look at this 200-year-old working mill. The exploration may last up to two hours. \$10 per person, and the tours are designed for visitors age 10 to adult. NOTE: Participants will be climbing steep stairs to reach the added tour areas in this historic building. The areas are not ADA accessible, but alternative arrangements will be made for those who cannot climb the stairs but wish to participate. Call 703-759-2771 or visit www.fairfaxcounty.gov/parks/colvin-run-mill.

Star-Spangled Salute with The Reston Chorale. 7 p.m. at the Pavilion at Reston Town Center. Bring a lawn chair and enjoy The Reston Chorale's patriotic music in honor of Memorial Day. Free. Donations of items for troop care packages are welcomed. Visit restonchorale.org.

SUNDAY/MAY 26

Reston Live. 3-8 p.m. at Lake Anne Plaza, 1609 Washington Plaza W., Reston. Reston Live features live bands, rising star talent competition, local market and food vendors, and more. This family friendly event will include a magic show and face painting. Bring a lawn or tailgate chair and enjoy the festival at the Plaza. Free. Call 703-282-8825 or visit www.corefoundation.org for more.

Live Music: Ethel. 7 p.m. at CenterStage at Reston Community Center, 2310 Colts Neck Road, Reston. String quartet ETHEL and Grammy Award-winning instrumentalist Robert Mirabal collaborate in this cross-cultural concert experience of instrumental virtuosity, song, and



Celebrating community: Herndon Festival 2018.

Herndon Festival Set for May 30-June 2

The 39th Annual Herndon Festival, will be held May 30 - June 2 in a new location, at the Northwest Federal Credit Union, 200 Spring Street. The Herndon Festival features local and nationally known entertainment on two stages, a carnival, children's hands-on art area, arts & crafts show, business expo, 10K/5K races and fitness expo on Sunday at the Herndon Community Center, complimentary shuttle

bus service, and an assortment of food vendors. The festival is produced by the Town of Herndon Parks and Recreation Department with assistance from local civic organizations and businesses. Northwest Federal Credit Union is serving as the title sponsor for the 2019 Herndon Festival. Festival goers can learn about all the Festival highlights and insider tips to having a great time at herndonfestival.net.



The first Reston Pride Festival was held in 2018.

Reston Pride Festival to Be Held June 1

The Second Annual Reston Pride Festival will be held on Saturday, June 1 from 2. to 7 p.m. at Lake Anne Plaza to celebrate and support Greater Reston's LGBTQ+ community. The festival will feature choral groups, dancers, performers, and speakers. The event will be co-emceed by Delta B. Knyght, a Washington, D.C.-based Drag Entertainer, and Ken Williamson, music director for Washington Plaza Baptist Church and a former Las Vegas entertainer. In addition, the festival will have more than 40 LGBTQ+ friendly exhibitors. This child-friendly event is free and open to the public.

The Second Reston Pride Festival is co-sponsored by the Unitarian Universalist Church in Reston, St. Anne's Episcopal Church, and United Christian Parish, with key support from Lake Anne Plaza, Reston Community Center, Cornerstones, Reston faith communities, nonprofits, and other local organizations. The Reston Pride Festival, begun in 2018, was created and hosted by the Unitarian Universalist Church in Reston "to break the silence in the greater Reston/Herndon area about LGBTQ+ people and issues," said the Rev. Dr. Debra Haffner, minister of the Unitarian Universalist Church in Reston and co-chair of Reston Pride.

storytelling. Tickets are \$20 at RestonCommunityCenter.com or 703-476-4500.

MONDAY/MAY 27

Park Authority Salutes Military with Free Admission Day. The Fairfax County Park Authority will honor those who serve and have served in the U.S.

Armed Forces with a free day for military families at RECenters and lakefront parks on Memorial Day. Families can enjoy such amenities as pools, fitness rooms, drop-in fitness classes, gyms and mini-golf. The lakefront parks offer amusements such as carousel rides, boat rides, train rides, mini-golf and camping. Amenities vary by location. Excludes the Water Mine, regulation golf and food vendors. Visit www.fairfaxcounty.gov/parks/honoring-america-veterans-memorial-day for details.

TUESDAY/MAY 28

Baby Play And Explore. 11 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join for an hour of unstructured play and social time for babies. Cosponsored by the FRRL. Age birth-18 months with adult. No registration required. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

Spanchats. 7 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join an ongoing Spanish conversation group. All levels from beginner to fluent are welcome. Adults. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

INOVA Blood Drive. 1-6 p.m., beside the Pavilion at Reston Town Center. Schedule Bloodmobile appointments at 1-866-256-6372 or inova.org/donateblood. On-site registration available.

WEDNESDAY/MAY 29

Create a Home Inventory. 7 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Certified Professional Organizer Susan Kousek will share three ways to create a home inventory at low or no cost. She'll demonstrate each of the three ways, discuss the pros and cons of each, and tell participants how step-by-step. Adults. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

THURSDAY/MAY 30

Dollars and Sense. 7 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Monthly group discussion focuses on business leaders and markets. Discussing "Freakonomics" by Steven Levitt. The event is free and open to the public. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

THURSDAY/MAY 30-SUNDAY/JUNE 2

Herndon Festival 2019. At Northwest Federal Credit Union, 200 Spring St, Herndon. The four-day festival, which is produced by the Town of Herndon's Parks and Recreation Department with assistance from area civic organizations and businesses, will feature entertainment on two stages, a carnival, a children's hands-on art area, arts & crafts show, business expo, 10K/5K races and fitness expo, and an eclectic variety of top-quality food vendors. Visit www.herndonfestival.net.

FRIDAY/MAY 31

Live Music: Something's Brewing. 9:30 p.m.-1:30 a.m. at Kalypso's Sports Tavern on historic Lake Anne in Reston. Bands play inside the sports bar on a dedicated stage. No cover. Visit www.kalypsoSPORTstavern.com.

SATURDAY/JUNE 1

Gardens of Note. 10 a.m.-4 p.m. around Reston. Enjoy the sights and sounds of notable gardens on The Reston Chorale's exclusive tour with pop-up performances, beekeeping talks, and the Hidden Lane garden party. \$22/advance; \$25/tour day. Email restongardensofnote@gmail.com or visit www.restonchorale.org for more.

Reston Pride Festival. 2-7 p.m. at Lake Anne Plaza. The Second Annual Reston Pride Festival will celebrate and support Greater Reston's LGBTQ+ community. The festival will feature choral groups, dancers, performers, speakers – both political leaders and faith leaders – all coming together to support the LGBTQ+ community. In addition, more than 40 LGBTQ+ friendly exhibitors. This child-friendly event is free and open to the public. Visit www.facebook.com/RestonPride/ for more.

FRIDAY/JUNE 7

Live Music: The Jones. 9:30 p.m.-1:30 a.m. at Kalypso's Sports Tavern on historic Lake Anne in Reston. Bands play inside the sports bar on a dedicated stage. No cover. Visit www.kalypsoSPORTstavern.com.

ENTERTAINMENT



PHOTO BY LOCK AND COMPANY/COURTESY NEXTSTOP THEATRE

Wood Van Meter, Morgan Kelleher and Robert Mintz in "Singin' in the Rain" at NextStop Theatre.

'Walk Down the Lane With a Happy Refrain'

NextStop producing musical 'Singin' in the Rain.'

BY DAVID SIEGEL
THE CONNECTION

It's not only a jaunty Hollywood movie musical, but "Singin' in the Rain" is a live theater production too. Full of romance and humor propelled forward with twenty sunshine-bright musical numbers with lively dancing "the production will be uniquely NextStop's," said Evan Hoffmann, Producing Artistic Director.

For those less familiar with "Singin' in the Rain," it takes place in Hollywood's "talkies" take their toll on the silent screen era. It focuses on a romantic lead Don Lockwood (Wood Van Meter) and his sidekick Cosmo Brown (Robert Mintz) along with aspiring actress Kathy Selden (Morgan Kelleher). Added to that is a silent screen leading performer, Lena Lamont (Carolyn Burke) with a voice that may not be best suited for the "talkies."

"NextStop has always produced musicals. In the past few years, we have actually expanded the number of shows that we do in total each season and that has included musicals," said Hoffmann. "We pride ourselves on doing the most diverse collection of shows possible, in every way. Even the three musicals that we did this season came from three very different camps of musical theater; contemporary rock, Off-Broadway experimental, and American classic."

"I have had a lifelong love of this musical," added Hoffmann. "We are re-imagin-

Where and When

NextStop Theatre Company presents "Singin' in the Rain" at 269 Sunset Park Drive, Sunset Business Park, Herndon. Performances: May 23 to June 23, 2019. Thursdays; May 23, June 6, June 22 at 8 p.m.; Fridays at 8 p.m.; Saturday May 25 at 7 p.m., June 1, 8, 15 & 22 at 2 p.m. and 8 p.m.; and Sunday, May 26 at 2 p.m., June 2, 9, 16 & 23 at 2 p.m. Tickets: General Admission: \$40-55* (NextStop strongly encourages booking in advance. Ticket prices increase as performances get nearer and fill up). Call 866-811-4111 or visit: www.NextStopTheatre.org

ing this beautiful story with an eye towards making it more theatrical and making it more about the characters (and dancing) than the production values. All of this while simultaneously offering frequent and loving nods to the iconic imagery of the film."

"Singin in the Rain" will feature a cast of eight talented performers who will act, sing, dance and bring forth plenty of comedy. NextStop veteran Elisa Rosman is music director in charge of breaking forth unforgettable tunes from Arthur Freed (lyrics) and Nacio Herb Brown (music). The show's book is by Broadway legends, Betty Comden and Adolph Green. The musical tunes include the celebrated, "You Stepped Out of a Dream," "All I Do Is Dream Of You," "Make 'Em Laugh," and "Good Morning."

"It is going to be amazing! I spent nearly a year finding the eight exceptional triple-threat performers that make up this cast. They are dancing their faces off under the amazing choreography of Robert Mintz, who is pulling double duty as both our choreographer and performer," added Hoffmann. "These are going to be some of the most impressive production numbers we have ever had on our stage."

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Parker

FROM PAGE 6

commercial space built in County for Affordable Housing Fund; Zoning modifications to allow for properties to be used for affordable housing solutions; Reducing Property Taxes; Supporting economic development to provide additional tax base that can offset residential rates; Reviewing tax relief guidelines.

Relieving traffic congestion and finding transportation solutions: Continue to fight for transportation dollars for Northern Virginia and Hunter Mill; Continue work on multimodal transportation options including optimizing the Connector bus network; Ensuring that the Department of Transportation has the resources to stay on top of the rapidly-developing technological advances in the industry; Improving pedestrian and bicycle access and safety; Creating pedestrian and bicycle bridges over wide thoroughfares."

Key ways I differ from my opponents?

"I am a successful businesswoman who has learned how to do development right and how to weave the old with the new. I readily admit that change is here; we must make sure it delivers at Reston standards and with Reston's founding principle of inclusivity at its heart. I believe that our local government is strong but can be better, that we must de-Trump by being civil, acting with courtesy and understanding that words matter.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/MAY 30

Interfaith Ramadan Dinner. 7:30 p.m. (registration); 8 p.m. (program starts) at Fairfax County Government Center - Cafeteria, 12000 Government Center Parkway, Fairfax. Join for an Interfaith Ramadan Dinner hosted by Fairfax County Chairwoman Sharon Bulova. Call to prayer and dinner are at 8:30 p.m. Register at bit.ly/fxcounty2019.

SATURDAY/JUNE 1

Dementia Care Support. 10-11 a.m. at Hunters Woods at Trails Edge Showroom, 2254B Nunters Woods Plaza, Reston. Dementia Care Support Group - 1st Saturday of the month. Distinguish between normal aging and dementia, understand different types of dementia, the impact of changes to the brain and how family caregivers can best cope with these changes. Free. Call 703-708-4047 or visit www.integracare.com.

Peripheral Neuropathy Support Group. 2-4 p.m. at Mason District

SEE BULLETIN, PAGE 11

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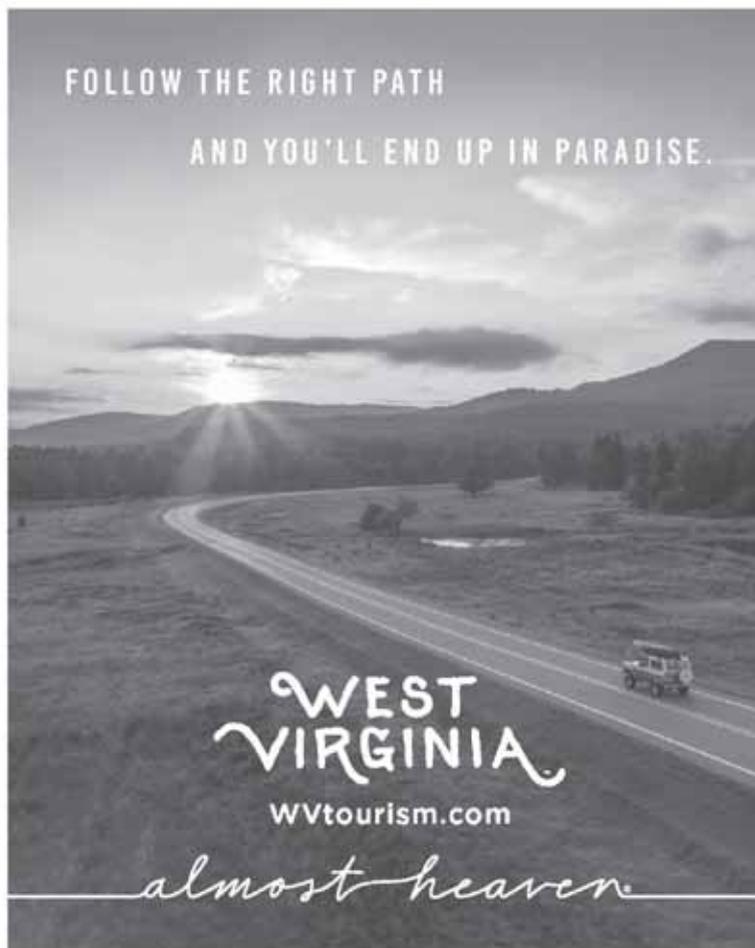
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BULLETIN

FROM PAGE 10

Governmental Center, 6507 Columbia Pike, Annandale. The Peripheral Neuropathy Support Group for greater Washington meets the first Saturday of the month. All are welcome. RSVP for available seating. Call 301-263-0616 or visit www.dcpnsupport.org for more.

TUESDAY/JUNE 4

Professional Networking Breakfast. 8-9:30 a.m. at Sunrise at Reston Town Center, Third Floor Activity Room, 1778 Fountain Drive, Reston. Start the day with Sunrise. Enjoy a hot breakfast, with all the trimmings, while meeting and mingling with colleagues. Meet the Sunrise team, tour the community, and learn more about their services. Email reston.dos@sunriseseniorliving.com or call Jen at 703-956-8930 for more information and to RSVP.

SATURDAY/JUNE 8

Caregiver Workshop. 11 a.m.-3 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road, Alexandria. Join this Caregiver Workshop with Pete Shrock, nationally known grief and crisis responder, focusing on building resilience through caregiving challenges. This is a free event, and all caregivers and family members are invited to attend. Lunch will be provided. Visit insightmcc.org, to register or contact Lindsey Vajpeyi at 703-204-4664 or lindsey.vajpeyi@insightmcc.org.

TUESDAY/JUNE 11

Park Authority Summer Jobs. 10 a.m.-1 p.m. at the Herrity Building, 12055 Government Center Parkway, Fairfax. This year the Fairfax County Park Authority's Rec-PAC summer camp program will operate at 45 elementary school locations around Fairfax County on weekdays from July 1-Aug. 8, 8:15 a.m.-3:45 p.m. Applicants are required to bring an original Social Security Card and a DMV photo ID. Only those who are 18 years of age and older will be considered. Visit www.fairfaxcounty.gov/parks/rec-pac/jobs or email Recpac@fairfaxcounty.gov.

FRIDAY/JUNE 14

Application Deadline: Fire Academy. The Fairfax County Fire and Rescue Department is now accepting applications for its Girls Fire and Rescue Academy summer camp, which will take place July 11-13, 2019. The Academy is open to female students who will be in grades 7-12 in the upcoming 2019-2020 school year. Participants must be a Fairfax County resident. Free. Visit www.fairfaxcounty.gov/fire-ems.

SUPPORT GROUPS

Parent Support Partners, a service of the Healthy Minds Fairfax initiative, are all parents who have received training and are qualified to offer education, support and assistance at no cost to families or caregivers. They provide reliable information that families can use in decision-making and are familiar with services and resources that can help families in distress. Visit www.fairfaxcounty.gov/healthymindsfairfax or www.nami-northernvirginia.org/parent-peer-support.html.

ONGOING

Assistance League of Northern Virginia, a volunteer nonprofit, invites community members to join the organization to participate in its Reading Express program. Volunteers provide one-on-one tutoring to first grade students during the school year. To learn more contact VP Membership Mary Gronlund at gronbiz@aol.com or Program Coordinator Lynn Barron at lynnieb517@verizon.net.

Sunrise at Reston Town Center offers a monthly Caregiver Support Group on the fourth Wednesday of the month, 6:30-8 p.m. Monthly support group offers a safe place for family caregivers, to meet and develop a mutual support system and to exchange practical information and possible solutions. Learn about resources available in the community and how to manage caregiver related stress. Call 703-956-8930 or email Reston.ED@sunriseseniorliving.com to RSVP.

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The Weak After



By KENNETH B. LOURIE

And now the fun begins. Not! For some reason, I can't get the Journey song, "Lovin', Touchin', Squeezin'" out of my head, except that my lyrics are "Waitin', Wonderin', Hopin'." I'll know the results of last week's diagnostic scans soon enough, on Tuesday in fact, the day before this column publishes, when we have our next usual and customary post-scan, face-to-face appointment with my oncologist.

As it is presently scheduled, what having a Tuesday appointment after the preceding Wednesday scan means is, we won't have received the results prior to our appointment. The interval of time is too short.

When the post-scan appointment had been on Friday, nine days out, as it has been on many occasions, my oncologist felt compelled (maybe because we 'compelled' him) to email the scan's results rather than make us wait so long. But six days is not quite so long enough before he'll be seeing us, so I am humming a Journey song in the interim.

And let me tell you, going in cold (not knowing the results beforehand) "is all it's cracked up to be" -- to invoke a quote by "Hawkeye" from M*A*S*H when talking to Radar about his widowed mother being alone.

But I won't be alone on Tuesday; my wife, Dina, will be along for the ride. A ride she has made many times, especially during the early years of heavy-duty chemotherapy when infusion days, start to finish could last upwards of 10 hours, door to door.

The process for these post-scan appointments is somewhat different, 45 minutes or so.

It begins in an examining room with yours truly being examined/questioned by a nurse ("Are you in any pain?") followed by her checking my vitals: oxygen level, pulse and blood pressure ("Mr. Lourie, you're blood pressure is high." "You bet it is.")

After she enters the information on the computer, she'll excuse herself and as she exits the examining room she advises us that the doctor will be in shortly.

Typically, with 15 minutes or so, depending on his schedule, we'll hear a knock on the door and my oncologist's voice asking if it's OK for him to enter. "Yes, of course," we say.

The way the examining room is configured, the examining chair, where I'm sitting, is on his immediate left, partially blocked from his view as he opens the door. Dina is sitting in a chair directly ahead of him and in clear sight as he enters the room. This means she'll see his face before I do and instinctively she'll try to read his expression and body language for a hint of what's to be said.

Occasionally, he breaks the ice immediately and says something like "scans look good, very pleased," knowing that we as patients are hanging on his every word. Other times, he says very little as he sits at his computer and begins asking the standard questions with which we are all too familiar.

This exchange will last about five to 10 minutes, depending on my interruptions. Generally, within the context of this exchange, the subject of my scan results will be mentioned.

This is the moment of truth.

I can't really say it's worth waiting for, good news or bad. It's more about enduring.

Unfortunately, we can't change much about this process. I have a "terminal" disease and scanning is the process by which the doctor can assess my health. Waiting for this assessment is the absolute bane of my existence.

And now with a more frequent scanning schedule, every two months, I am "bane-ing" more than ever before. I can't say it's a perfect set of circumstances, but it's my journey and I'm stuck with it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



- ◆ Incorporate architectural feature into new development.
- ◆ Commitment to working with the community and thorough documentation.



PHOTOS CONTRIBUTED VIA POWERPOINT BY COMSTOCK

Comstock shows images of proposed historical elements (train related) for the downtown redevelopment project. Image for illustrative purposes.

Comstock depicts proposed image to incorporate architectural stepped parapet and color into new design.

Comstock Redevelopment Gets ‘Green Light’

FROM PAGE 7

type of town ... I think if you talked to anybody on the Comstock group, I think they always made a pitch that this building could come down, so I feel that the structure was almost preordained to be demolished to redevelop the downtown.” McFarlane added that unlike the application last year, this one was well documented.

Certificate of Appropriateness of New Construction

HPRB considered and passed unanimously an application for a Certificate of Appropriateness: “...for the construction of new structures and plazas consisting of 273 apartments, associated amenity space, site fixtures, approximately 17,000 square feet of retail and approximately 18,000 square feet of arts-related uses as well as an associated parking garage including private and public parking spaces in connection with the planned redevelopment in downtown,” as written in the agenda.

Bryce Perry described the history and the culmination of months and years of planning. Perry recalled how HPRB reviewed the project “...over a dozen public meetings.” He shared how the design began with public meetings in 2009, “charrette stakeholder sessions.” He explained the culmination of the development and adoption of the Herndon Downtown Master Plan in February 2011, which set the “vision for redevelopment in the downtown and the framework for land uses...The Downtown Pattern Book was created, and the zoning ordinance was amended to implement the principles of the Master Plan...The zoning ordinance includes some dimensional standards and some standards for both building and site design. The Pattern Book pro-

“The idea again is to connect, to create a design that connects to the surrounding environment and also honors the historic heritage. There will be written, etched into the pavement, a timeline of historic art and historic events.”

—Noah Klein for Comstock Herndon Venture, LC



Noah Klein with the law firm, Odin Feldman & Pittleman, PC represents the Applicant, Comstock.

vides design guidance to be considered for new construction that includes architectural guidance on form, scale, means of articulation, and building material,” Perry said.

According to Perry, the design of the new construction was appropriate to the period of significance and met all design guidelines.

From there, the Applicant presented massing diagrams, developed drawings, such as building sections and moving toward architectural forms and how best to break up the mass of the buildings.

“In this case that was created by creating a number of smaller compositions along the facade, making it appear as a number of smaller buildings,” Perry said. They varied the roofline and articulated the windows and storefronts he said.

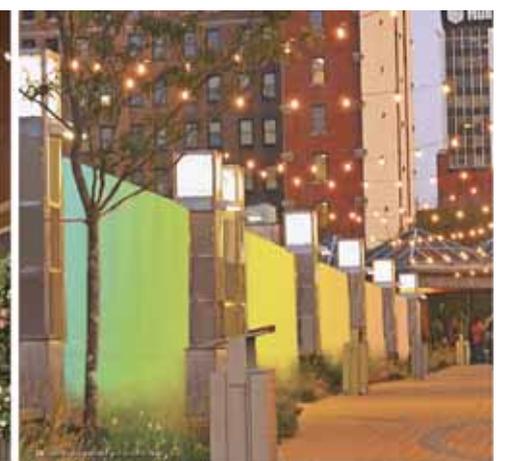
“The board also began considering how the buildings would appear in relation to the neighboring buildings,” Perry said.

Garcia noted that not much changed with

PHOTO BY MERGIA HOBSON/THE CONNECTION



Proposed overhead lighting and Arts Walk/Screen beside Ice House on Elden Street. Images for illustrative purposes.



the proposed plan since June 2018, except for open space information, the elimination of some uplighting, dividing up the buildings and materials to reduce mass, reducing the visibility of the penthouse elevator, and such.

Neil Klein reviewed the design process. He said that it had been a collaborative effort between Comstock and the Town. He said the application was tailored to Herndon’s historic heritage, creating an environment of pedestrian walkways and a sense of place with outdoor seating. “The idea again is to connect, to create a design that connects to the surrounding environment and also honors the historic heritage. I’ll just give one example on the arts walk. There will be written, etched into the pavement, a timeline of historic art and historic events.” Klein described the use of the railroad motif that connects to the period of significance and the industrial character of the downtown.

Board member Eric Boll asked, “Is there a plan for, set-asides for affordable housing in the 273 units?”

Klein said, “No.” The Town of Herndon later said that affordable housing was not part of the RFP presented to Comstock.

Public Comments

During citizens comments, John Boylan representing the Dulles Chamber of Commerce, said, “The Greater Dulles Region encourages you to approve this. We couldn’t be happier with Comstock and what you’ve

“The Greater Dulles Region encourages you to approve this. We couldn’t be happier with Comstock and what you’ve done to help the community.”

— John Boylan, Dulles Chamber of Commerce

done to help the community.” Boylan was one of 16 individuals who spoke in favor of the project.

John Vassallo stated he was not opposed to the development. “I’m opposed to a lot of things in it; a few of the things in it, and the way it got about. You know this whole thing smacks

of conflict... Mr. Garcia and the other staff, they’ve done a lot of work; the Board’s done a lot of work... but private. There’s been no public involvement with this application...the public can come to the work sessions and sit there.”

For more information on the project, its timeline and what happens next, visit www.herndon-va.gov.