

# Vienna and Oakton CONNECTION

Senior Living  
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Vienna Girl Scout Troop 1673 met with Gov. Ralph Northam and First Lady Pam Northam to receive a proclamation in recognition of Usher Syndrome Awareness Day on Sept. 21, 2019. From left, Lisa Assaly (troop leader), Gov. Northam, Pam Northam, Siena Assaly, Maria Borst, Peggy Borst (troop leader). Front, Victoria Delacourt.

## Vienna Girl Scouts Meet Governor

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### County's Long Term Plan Enters the Think Tank

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### Vienna Oktoberfest Returns Oct. 5

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## VIENNA POLICE HIGHLIGHTS

The following summary contains various incidents of general interest as well as vehicular crashes handled by the Town of Vienna, Virginia Police Department from Sept. 13 – Sept. 19, 2019.

### INCIDENTS

**Suspicious Event** — Versailles Gallery 510 Mill Street, NE Between April 12 at 12 p.m. and Sept. 13 at 12:35 p.m. A resident stated that he purchased furniture from the Versailles Gallery, and later noticed transactions on his credit card account that he believed were fraudulent. He also advised he had not yet received any furniture from his purchase. An officer spoke to the owner of the Versailles Gallery, who showed documentation that the resident had made the transactions on the credit account. He also advised that the resident has not received his furniture because it is made in Italy and has to be shipped to the US.

**Grand Larceny** — 200 Block Glen Avenue, SW Between Aug. 15 at 1:05 a.m. and Sept. 15 at 1:05 a.m. A resident reported that her iPad was stolen sometime within the last month.

**Animal Case – Quarantine** — South Paws Animal Hospital 8500 Arlington Boulevard, Fairfax, Sept. 10, 12 p.m. An employee was bitten by a dog during a medical procedure. The dog resides on Adahi Road, SE. The owner was advised of the 10-day quarantine.

**Animal Case – Quarantine** — 2400 Block Oak Vale Court, NW Sept. 12 between 12 p.m. and 7 p.m. A resident was bitten on her wrist by her cat while she was playing with the animal. The resident was advised of the 10-day quarantine.

**Animal Case – Quarantine** — 100 Block Follin Lane, SE Sept. 12, 5 p.m. A resident reported a deceased raccoon in his rear yard. The resident believed his dog may have been exposed to the rac-

coon. ACO Barker transported the raccoon to the Fairfax County Animal Shelter for rabies testing. The dog was placed under quarantine until the test results return on the raccoon.

**Vehicle Tampering** — 600 Block Beulah Road, NE Between Sept. 12 at 9 p.m. and Sept. 13 at 9 a.m. A resident reported that an unknown person entered her two unlocked vehicles and rummaged through them. Nothing appeared to have been taken.

**Open Door** — 200 Block Windover Avenue, NW Sept. 13, 12:07 a.m. Officers responding to a residential alarm found an open door. The residents were at home and mistakenly went in through the door and left it open, causing the alarm to activate.

**Suspicious Event** — Vienna Police Station 215 Center Street, South Sept. 13, 12:55 p.m. A man who resides in Fairfax County came to the Vienna Police Station advising he was on the phone with someone claiming to be a Vienna Police Officer and they were attempting to defraud him of money. An officer attempted to speak to the caller; however, the caller hung up when the officer identified himself. The phone number the call initiated from was the Vienna Police non-emergency number. The man was advised the call was a scam and he was advised to file a report with the Fairfax County Police Department for the attempted fraud.

**Consumer note; Spoofing telephone numbers** is a common scam that is used in an attempt to defraud residents out of money. Our department does not make calls in an attempt to collect money.

For additional information on common scams, please refer to the FCC website; <https://www.fcc.gov/scam-glossary>.

SEE POLICE, PAGE 5

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PHOTOS BY MIKE SALMON/THE CONNECTION



Booklet and form are an important way to gather feedback.



Each group focused on one of nine topics.

## Fairfax County Long Term Plan Enters the Think Tank

A series of meetings with public participation is underway.

BY MIKE SALMON  
THE CONNECTION

When Jacob Stenstrom walked into Lake Braddock Secondary School, it was different than when he was a student. He was now trying to learn the ways of the county and taking part in the Fairfax County Strategic Plan Meetings was a start for the now-college grad. “I want to be more active in my community,” he said.

Stenstrom was among a cafeteria full of people in attendance at the first of the county’s strategic plan meetings across the county to make a plan for Fairfax County in years to come. This was the second series of such meetings that began in February, and this set of meetings will end this December when the planners hand the plan over to the Board of Supervisors for finalization.

The planners, led by James Patterson, manager of countywide strategic planning, divided the county’s expectations into nine categories as they wrestle this enormous task into conceivable terms. The nine categories, range from economic opportunity to safety and security, but in the first of several steps, everyone was looking at the issues from 30,000 feet – issues that will be put under a microscope further down the road of this process.

“We want to get your input, are we on the right track?” asked Patterson.

**THE FAIRFAX COUNTY STRATEGIC PLAN** was subtitled “Shaping the Future Together,” and laid out nine subtopics im-



James Patterson, manager of countywide strategic planning, explains the procedure of the evening’s planning activity.

### Areas of Discussion

- The nine areas of discussion included:
- ❖ Cultural and Recreational Opportunities
  - ❖ Economic Opportunity
  - ❖ Education and Lifelong Learning
  - ❖ Effective and Efficient Government
  - ❖ Health and Environment
  - ❖ Housing and Neighborhood Livability
  - ❖ Mobility and Transportation
  - ❖ Safety and Security
  - ❖ Self-Sufficiency for People with Vulnerabilities

acting everyone in the county. It was presented in a booklet that each participant took as they went to the various stations to



Early on, comment forms were collected.

discuss the intricacies. There were survey cards to fill out at each station, and questions to bring up that got the conversation going. All the data and comments will be compiled in the end.

“I see nothing in here that addresses ecological value,” said one man at the “Health and Environment” station.

“People need to think of spending money like it’s their own money,” said another in the “Effective and Efficient Government.” Station.

In the 36-page booklet, there was a mis-

sion statement of sorts under each chapter topic and then bullet points for each that the participants will evaluate. Under “Effective and Efficient Government,” for instance, the goal read “Fairfax County is a place where all people trust that government responsibly manages resources and provides exceptional services.”

Every 20 minutes, stations shifted and attendees addressed another aspect of the plans.

**IN FAIRFAX COUNTY**, “there’s a lot of things that are working well but there are also a lot of things that could be better,” said Steve Struthers of Accenture Company, a contractor that was brought on to facilitate these discussions. All the strategies that were presented are “very preliminary,” Struthers said.

Burke resident Theresa Parillo was overwhelmed after looking at the book and attending a few of the discussions. “It’s hard to say no to any of this,” she said.

Although most things “county” are budget-dependent, the dollar topic is so far into the future that the budget wasn’t part of the discussion. A rough draft of the wants and needs will be put together in the November-December time frame, and then presented to the Board of Supervisors after that, and it will be worked into the plan sometime after that. The plan may go into place ten to twenty years from now, officials said. “Strategic plans need to be lean,” said Struthers.

After growing up in Fairfax County, Stenstrom wants to stay here, but is looking at cost, which was one of the nine areas of concentration. “It made sense overall, I like that there’s a plan,” he said.



# OPINION

## Afraid of an Unknown Future

BY KENNETH R. "KEN" PLUM  
STATE DELEGATE (D-36)

**S**ixteen-year-old Swedish climate activist Greta Thunberg sailed across the Atlantic on a zero-emissions sailboat to speak at the United Nations Climate Action Summit this week. Thunberg has a strong reputation as a climate activist having staged weekly sit-ins outside the Swedish Parliament resulting in a growing movement of youth climate activists holding their own protests in more than 100 cities worldwide. Having a young person speak about climate issues is appropriate considering the higher-level interest shown by young people over adults on climate-related concerns. After all, it is their future that is being discussed.

Results of a *Washington Post*-Kaiser Family Foundation poll released last week found that young people include climate change among the issues they think are most important facing the country. Eighty-six percent of youth think that human activity is causing climate change. Of considerable concern is the finding that 57 percent of the youth polled said that climate change makes them feel afraid. It



### COMMENTARY

is their future, and they feel afraid of the future we adults are leaving them. The good news is that 54 percent feel motivated to do something about it.

But young people fortunately are not alone in being fearful of climate change and motivated to do something about it. The 2019 Virginia Climate Crisis Forum held at the First Baptist Church in Vienna attracted nearly 300 activists to focus on climate justice. The forum was moderated by William Barber, III, son of the famous Rev. Dr. William Barber II and Karenna Gore, the eldest daughter of former Vice President Al Gore. Reflecting the broad interest in the issue, panelists included representatives of the Green New Deal of Virginia, People Demanding Action, Young Evangelicals for Climate Action, the Faith Alliance for Climate Solutions and others. Emphasis of the discussion was on working together to repair a damaged climate while ensuring that everyone most impacted — including low-income people, people of color, the vulnerable, and those on the front lines—are part of every solution and not disproportionately impacted.

Coming out of the Virginia Clean Energy Summit also held last week was an announcement by Governor Ralph Northam that the goal in Virginia is that by 2030, 30 percent of Virginia's electric system will be powered by renewable energy resources and by 2050, 100 percent of Virginia's electricity will be produced from carbon-free sources such as wind, solar and nuclear.

In his Executive Order establishing the goals, the Governor expressed the concerns being heard from the young people and in the various meetings on the issue: "Climate change is an urgent and pressing challenge for Virginia. As recent storms, heat waves, and flooding events have reminded us, climate disruption poses potentially devastating risk to Virginia." Reflecting the concern about economic justice, the Governor's Executive Order stated that "These clean energy resources shall be deployed to maximize the economic and environmental benefit to under-served communities while mitigating any impact to those communities."

Young people remind us that there are ample reasons to be afraid of an unknown future with climate change. The best response to that fear is to intensify the discussions such as have been going on while taking positive steps like that by the Governor to reverse impact on climate change.

### LETTERS TO THE EDITOR

#### Climate Action: A Top Priority

To the Editor:

I was very interested to read about public participation in Fairfax County's strategic planning process ("Fairfax County Long Term Plan Enters the Think Tank"). As I read through the nine areas of discussion, I noticed that every one of those areas will be impacted by climate change. For example, economic opportunity: clean energy infrastructure and emerging carbon capture technologies are just a couple of the ways that climate action can benefit our economy. Mobility and transportation: As transportation contributes to climate change, incentivizing and facilitating the use of efficient public transportation can massively affect Fairfax County's carbon footprint.

And the most obvious, health and environment: without action, extreme weather and other environmental changes will continue to make us sicker and take more lives — of our own species and many others.

I sincerely hope that as Fairfax County continues with its strategic planning process, climate change is top of mind for the planners. It's an issue that transcends all others, and we have an opportunity to ensure that the county is on the forefront of climate miti-

gation and adaptation.

One way that both our elected representatives and citizens alike can do this is to learn about and support the Energy Innovation & Carbon Dividend Act (HR 763). This bill, which has been introduced in the House of Representatives, would put a price on the use of fossil fuels while returning all revenues to American families. It is an important step toward making sure that Fairfax County remains a place where all citizens can live healthy, safe, rewarding lives.

**Rose Hendricks**  
Falls Church

**Write** The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor  
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1606 King St.  
Alexandria VA 22314

By e-mail:  
editors@connectionnewspapers.com



**Bear on the Deck.**

#### Black Bear Visits Great Falls Home

Cindy Gersony of Great Falls sent us this picture of a bear on her deck. On Sept. 14. Gersony writes: "I heard a noise as I was sitting in my kitchen in the early afternoon, and imagine my surprise to see a bear on our deck — he had to climb up the stairs — casually tipping our bird feeder so he could eat the bird seed. He looks to be a juvenile black bear. He stayed a good 20 minutes, and then ambled off down the deck steps out to the woods in the general direction of the river. We live on Black Riffles Court, in the neighborhood where River Bend and Beach Mill roads meet, not too far from Riverbend Park."

**If you see something interesting**, by all means, send us a note or a photo. Email to editors@connectionnewspapers.com

Vienna & Oakton  
**CONNECTION**

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by  
**Local Media Connection LLC**

1606 King Street  
Alexandria, Virginia 22314

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**Vienna Girl Scouts with a proclamation in recognition of Usher Syndrome Awareness Day on Sept. 21, 2019 in the state of Virginia.**



PHOTOS COURTESY OF JACK MAYER/OFFICE OF THE GOVERNOR

## Vienna Girl Scouts Meet Governor

Vienna Girl Scout Troop 1673 met with Governor Ralph Northam and First Lady Pam Northam to receive a proclamation in recognition of Usher Syndrome Awareness Day on Sept. 21, 2019 in the state of Virginia. Usher syndrome, a genetic disorder, is a leading cause of combined deafness and blindness. The Junior Girl Scout Troop, Siena Assaly, Maria Borst and Victoria Delacourt accompanied by troop leaders Lisa Assaly and Peggy Borst informed the Governor and the First Lady of their various efforts to raise awareness to include an awareness event with sensory loss simulations.

The girls also held a social media dance challenge and hosted an upcycled art show where the proceeds were donated to further research of Usher syndrome. The troop will continue raising awareness this year by traveling to New York City to host an Usher syndrome awareness event for New York City Girl Scouts.

The troop chose this cause to support their troop member, Maria Borst, whose mother, Peggy, has Usher syndrome. Peggy Borst, is a board member of the Usher Syndrome Society, a non-profit that uses the arts, educational events, and collaboration to raise public awareness and funds for treatments and a cure for Usher syndrome. Usher Syndrome Awareness Day (#USHday) was started by the Usher Syndrome Coalition, a patient advocacy nonprofit, five years ago



**From left — Lisa Assaly (troop leader), Governor Ralph Northam, First Lady Pam Northam, Siena Assaly, Maria Borst, Peggy Borst (troop leader). Front, Victoria Delacourt.**

to raise global awareness of Usher syndrome. This day coincides with the equinox, when the days become shorter, symbolizing the progressive loss of vision and hearing of those living with Usher syndrome. The goal is to have each state recognize Usher Syndrome Awareness Day in a collaborative effort to raise awareness and funds. If you are interested in learning more, go to [Ushersyndromesociety.org](http://Ushersyndromesociety.org).

**Gov. Ralph Northam meets Vienna Girl Scout Troop 1673 members.**



WEEK IN VIENNA

### An Afternoon of Storytelling at Vienna Library

The Vienna Area Branch of The American Association of University Women (AAUW) will host a free event Saturday, Oct. 19, 2 p.m. at Patrick Henry Library, 101 Maple Ave. E, Vienna. The public is invited. Doors open at 1:30. "Fearless Girls": An Afternoon of Storytelling. Folk stories of brave women and fearless girls can be found around the world. Kristin Moyer will tell two stories about Molly Whuppie, from the collection *The Adventures of Molly Whuppie and Other Appalachian Folktales*, with a musical interlude.

AAUW is the nation's leading voice promoting equity and education for women and girls. Founded in 1881, AAUW members examine and take positions on the fundamental issues of the day—educational, social, economic, and political.

For more information: <https://vienna-va.aauw.net/>

### Chick-fil-A to Open in Vienna, Hiring Underway

Local resident Jeff Hubley has announced the opening of the Chick-fil-A's newest Vienna restaurant at 540 Maple Ave. West.

Hubley, is filling full-time and part-time positions, day and evening shifts in all areas of the restaurant, including leadership development, hospitality, and training. Each position will include benefits such as scholarships for continuing education. In addition, Chick-fil-A restaurant Team Members can expect to have Sundays off, flexible schedules, and the family atmosphere fostered at the restaurant.

Chick-fil-A Team Members are eligible for the chain's initiative, Remarkable Futures, which provides \$15.34 million in annual scholarships. Ranging from \$2,500 to \$25,000, the scholarships are based on leadership, community involvement and academic achievement.

Interested applicants can learn more by visiting [Nowhiring.com/cfavienna](http://Nowhiring.com/cfavienna). Follow the Vienna on Maple restaurant on Facebook for updates on new restaurant events.

### VIENNA POLICE HIGHLIGHTS

FROM PAGE 2

Police Service — Vienna Police Station 215 Center Street, South Sept. 13, 3 p.m. A homeless woman came to the Vienna Police Station requesting assistance in finding a place to stay. An officer contacted a Fairfax County Social Worker who is assisting the woman. He also transported the woman to a safe destination to await further assistance from Social Services.

Arrest — Drunk In Public, Assault, and Destruction of Property — 600 Block Upham Place, NW Sept. 13, 8:39 p.m. A resident reported that his daughter's boyfriend was acting disorderly in the house by destroying property and assaulting

members of the family. Officers located the man in front of the residence extremely agitated and yelling. Upon the officers' interaction with the man, they detected signs of impairment. The resident did not wish to pursue charges for the assault or destruction of property. The resident's two daughters were evaluated by rescue personnel for injuries, but both declined to be transported. Ofc. Farr arrested the 24-year-old man from Willow Crescent Drive in Vienna. He was transported to the Fairfax County Adult Detention Center where he was charged with Drunk In Public.

SEE POLICE, PAGE 7

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## Senior Living

# Exploring Art in Retirement

Seniors get a chance to pursue their passion.

By MARILYN CAMPBELL  
THE CONNECTION

It was in third grade when Barb Cram first discovered her artistic talent. Her teacher asked to use one of her drawings as an example to teach a technique to other students.

Though she was lauded for her artistic talent from elementary school through high school, upon graduation, she says she put that interest on hold and engaged in educational pursuits that she was told were practical.

“When my generation as growing up it was all about getting skills like typing, bookkeeping and stenography so that you could get a job after you graduate said Cram, now 72.

After a long career, which included a stint in the White House, Cram has reengaged with her creative side. Now as President of Falls Church Arts, she is helping other retirees live out their passion, discover their talent or simply learn to appreciate art.

“Art can do so much for seniors. It’s like a vacation for the mind,” she said. “Whether as an artist, a teacher, a docent or an art student, there’s place for everyone.”

Retired clinical psychologist, Carolyn Jackson Sahni, spent her career practicing in settings ranging from state universities to non-profit organizations. Retirement has offered her the opportunity to explore her creative interests.

“I have never been employed as an artist or in a specific art related field, [but] art has always been my first love, said Jackson Sahni, who lives in Vienna. “I see art as our ultimate means of personal expression. I have an overwhelming preference for beauty and nature. Art has been my way of indulging this preference.”

Sahni says that art has given her the gift of living out her dedication to life-long learning. “I believe in ... growing, expressing and discovering, she said. “While I am not quite ready to accept the definition of senior that I am, I cherish every day of my seventy-one years.”

Though she spent 32 years as a government employee working in a variety of agencies including the National Institutes of Health and The Department of Homeland Security, Cynthia Miller had always wanted to explore visual arts. A few discouraging childhood experiences left her afraid to try.

“I have been interested in art my whole life, but my hands were frozen until I found my courage” she said. “I decided at age 70 that it was my time to learn and explore my desires as an artist.”

Not only is Miller an artist, but she volunteers her time as a docent, sharing her passion with others. “I often speak with others who are seniors with few outside interests,” she said. “They think I am brave in approaching my art as another career. I have a love of life, and feel I have a gift yet to develop and offer to others.”

McLean resident Sallie Evans once worked as a recreation therapist, in retirement she works as an art instructor at Falls Church Arts teaching. “I love



Sallie Evans of McLean loves teaching art and helping students experience the job of creating art.



Cynthia Miller, who says that she enjoys experimenting with angles and shades, describes her art as abstract explosion.

teaching because it allows me to be an active participant when students experience the joy and absolute empowerment of making art. Teaching not only children, but she leads art projects for Fall Church Art’s Memory Café, a social and recreational gathering of individuals with memory loss and their caregivers, friends, and family.

Deborah Conn, 70, retired from a career in marketing and began taking lessons in watercolor at the Art League in Alexandria. These days she’s an active and prolific artist. Her medium is watercolor, frequently on textured paper that she makes by crinkling tissue paper and gluing it on the painting surface. Humans are the subjects of most of her work, but as one of the resident artists at Palette2 restaurant in Shirlington, she sketches dogs for patrons while they eat.

“I’ve been experimenting with making parts of my paintings less defined so viewers can fill in with their own mind,” said Conn, who teaches art out of her home studio and works is an art curator. “In the last ten years or so, painting and art have become enmeshed in nearly every area of my life. Many of my closest friends are artists.”

PHOTOS COURTESY OF FALLS CHURCH ARTS



FROM PAGE 5

**Arrest – Assault and Larceny — 7-11** 537 Maple Avenue, West Sept. 14, 12:53 a.m. An employee reported that he observed a man behind the counter stealing cartons of cigarettes. When the man was confronted by the employee, he pushed the employee and ran out of the store. Ofc. Farr arrested the 19-year-old man from Locust Street, SE in Vienna. He was transported to the Fairfax County Adult Detention Center where he was charged with Assault and Larceny. The man was also trespassed from the 7-11.

**Emotionally Disturbed Person —** Lawyers Road, NW Sept. 14, 8:07 a.m. Officers responded to the report of a tenant who was suffering from mental issues. After speaking with the tenant, the officers summoned assistance from mental health workers who responded to the residence and evaluated the tenant. The tenant had moved into the residence the prior day. The real estate agent was notified in an attempt to void the rental contact.

**Lost Property — Giant Food** 359 Maple Avenue, East Sept. 14, 2 p.m. A resident reported that she lost her wallet while at Giant.

**Found Property — Caboose** 124 Church Street, NE Sept. 14, 2 p.m. A member of the Vienna Optimists Club advised a resident found a piece of jewelry and turned it over to them at the caboose.

**Civil Dispute —** 100 Block Church Street, NE Sept. 14, 7:26 p.m. A resident stated that he saw a woman's dog scratch his car door. An officer observed minor cosmetic scratches to the door. The dog's owner advised she did not see her dog jump on the resident's car. The officer assisted the two parties in ex-

changing information.

**Police Service —** Lawyers Road, NW Sept. 14, 9:30 p.m. A resident requested assistance in removing her tenant from the home. The resident advised that both she and the tenant signed a document earlier in the day terminating the rental lease. However, the tenant was refusing to leave. After speaking to the officers, the tenant agreed to leave. The officers assisted the tenant by carrying her belongings to her vehicle. Officers were requested to respond to the house a short time later when the tenant was still sitting in the driveway, refusing to leave. When officers arrived at the home, the woman left without further incident.

**Open Door —** 400 Block Glyndon Street, SE Sept. 15, 8:40 a.m. Officers were checking on the welfare of an elderly woman whose medical alert had been activated. The woman was known to frequent a residence in the area. While checking the residence officers found that no one was home. However, a door was left unsecured. Officers searched the residence, finding nothing suspicious. The woman was later located by her family and advised the medical alert was accidentally activated.

**Suspicious Event —** Starbucks 362 Maple Avenue, East Sept. 15 between 1:55 p.m. and 2:20 p.m. Two juveniles rode their bicycles to the Starbucks. As they were leaving, they discovered someone tampered with one of the bicycles. A short time later they saw a group of juveniles at the Vienna Community Center whom they believed may have been responsible for the tampering. An officer spoke to all parties involved. There was no permanent damage done to the bicycle and nothing to indicate the group of teens was involved in the incident.



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Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## ONGOING

**Senior Olympics.** The Northern Virginia Senior Olympics features more than 60 events that challenge the mind as well as the body. New games this year: jigsaw puzzle and line-dancing. The public is invited, free of charge, to all NVSO events. The games run through Sept. 28. Visit [www.nvso.us](http://www.nvso.us).

**Countless Shades of Black.** Through Oct. 12, Monday-Saturday, 10 a.m.-5 p.m. at The Frame Factory Gallery, 212 Dominion Road N.E., Vienna. Countless Shades of Black features local artist Alfredo Milián and Discovery Graphics. Free. Visit [www.theframefactory1.com](http://www.theframefactory1.com) for a slideshow.

**Pop-Up Selfie Scream Museum.** Through Nov. 3, on select dates and times at Tysons Corner Center, Lower Level near Lord & Taylor. The American Scream Selfie Museum will feature interactive exhibits that will make visitors laugh and scream and the star of eye-popping selfies. The museum will feature an array of custom-built Halloween themed sets individuals can interact with: sit on the Iron Throne and rule the Seven Kingdoms, stand in an ancient Egyptian tomb and face the Mummy; visit a gruesome morgue; and more. \$15-\$18. Visit [www.american-scream.com](http://www.american-scream.com) for timed tickets and schedule.

**Oak Marr Farmers' Market.** 8 a.m.-noon at Oak Marr RECenter, 3200 Jermantown Road, Oakton. Every Wednesday through Nov. 13, rain or shine. Vendors include produce, meats, eggs, cheeses, pies, cured and smoked meats, popsicles, sorbet, bread, croissants, falafel sandwiches, humus, and pesto. Call 703-281-6501 or visit [www.fairfaxcounty.gov/parks/farmersmarkets/oak-marr](http://www.fairfaxcounty.gov/parks/farmersmarkets/oak-marr) for more.

**McLean Farmers Market.** Fridays, through Nov. 15, 8 a.m.-noon at Lewinsville Park, 1659 Chain Bridge Road, McLean. Sixteen local farmers and producers will sell fresh produce and fruits; meats; breads and pastries; jams; dairy products and eggs; herbs; flowers, coffee, and more. Visit [www.fairfaxcounty.gov/parks/farmersmarkets/mclean](http://www.fairfaxcounty.gov/parks/farmersmarkets/mclean).

**Great Falls Farmers Market.** Year-round, Saturdays, 9 a.m.-1 p.m., 778 Walker Road, Great Falls. Music, vendors, fresh produce, fresh prepared food, delightful bakery, spices from around the world, wild-caught fish, grass-fed, free-range meats, organic-fed poultry and eggs. Email [kathleen@greatfallsfarmersmarket.org](mailto:kathleen@greatfallsfarmersmarket.org) for more.

**Oakton Farmers Market.** Saturdays, 9 a.m.-1 p.m. at Unity of Fairfax Church, 2854 Hunter Mill Road, Oakton. Year-round weekly farmers market in Oakton. Local produce, meats/eggs, dairy, baked goods, and more. Admission is free. Visit [community-foodworks.org](http://community-foodworks.org).

**Mah Jongg Cards.** Order cards through Jan. 15, 2020, from Temple Rodef Shalom, 2100 Westmoreland St. 2020 Mah Jongg cards are \$8 for small cards and \$9 for large cards. Official cards and will be sent directly from the National Mah Jongg League in late March/early April 2020. Go to [bit.ly/mahjonggcards2020](http://bit.ly/mahjonggcards2020) or email [iva.gresko@gmail.com](mailto:iva.gresko@gmail.com) to order.

## FRIDAY/SEPT. 27

**20th Anniversary Celebration.** 4-8 p.m. at Club Phoenix Teen Center, 120 Cherry St. SE, Vienna. Vienna's rallying point for afterschool games, food, and good company will celebrate its 20th year with music, games, inflatables, food trucks, and special guest appearances. Free and open to the public. Club Phoenix is open Monday-Thursday, 2:30-6:30 p.m. and Fridays, 2:30-10 p.m. Visit [www.viennava.gov/index.aspx?NID=80](http://www.viennava.gov/index.aspx?NID=80) or call 703-255-5736.

**All That Jazz Dinner.** 4:30-6:30 p.m. at Sunrise of McLean, 8315 Turning Leaf Lane, McLean. Food, fun, raffle ticket and All That Jazz. Proceeds of the dinner will be donated to the Alzheimer's Association. Dinner: \$25, adults; \$15, children 12 and under. RSVP by Wednesday, Sept. 24 to [McLean.Conc3@SunriseSeniorLiving.com](mailto:McLean.Conc3@SunriseSeniorLiving.com) or 703-734-1600.

**After 7 Dance Party.** 7-10 p.m. at The Old Firehouse, 1440 Chain Bridge Road, McLean. For 7th-10th Graders. The Old Firehouse presents After 7, a can't-miss party that includes raffles, tournaments, catered food and drinks. With hip-hop, Top 40 and dance hall tracks plus

# Seductive, Witty Tale of Generational Friction

## Regional premiere of 'Trying' at 1<sup>st</sup> Stage

BY DAVID SIEGEL  
THE CONNECTION

Opening its new season, 1<sup>st</sup> Stage scores with the poignant, yet subversively comic "Trying." It is a two actor tale about people at vastly different points in their lives. They are trying to find ways to break through their self-erected walls; people who appear to be vastly incompatible.

Under Alex Levy's refined direction, the acting in "Trying" has a polished grace giving the deceptively lean bones of playwright Joanna McClelland Glass's "Trying" script an inviting glow.

"Trying" is set in Washington, D.C. from late fall 1967 through spring 1968. It is based upon the playwright's own real-life memories.

The play focuses on Sarah Schoor, a 25-year old from Saskatoon, Saskatchewan. She is eager to please her new employer. She is the next in a long line of assistants who have found themselves failures in the hands of the verbally abrasive, octogenarian Judge Francis Biddle. The fictional Biddle in "Trying" is based upon the real life Biddle (1886-1968) who served as Franklin Delano Roosevelt's attorney general and was chief judge at the Nuremberg trials.

Scott Sedar portrays Judge Biddle with imposing crankiness with verbal jabs meant to strike fear into his new assistant. After all, he was a "Harvard Man." Over time, Biddle's physical frailness, his inner hurts and overwhelming fears

requests. \$5 admission. Preregistration is recommended. Visit [www.mcleancenter.org](http://www.mcleancenter.org) or call 703-448-8336.

## FRIDAY-SUNDAY/SEPT. 27-29

**ValeArts "Colorful Journeys."** Friday, 10 a.m.-9 p.m. (reception, 7-9 p.m.); Saturday-Sunday, 10 a.m.-6 p.m. at Historic Vale Schoolhouse, 3124 Fox Mill Road, Oakton. 27th ValeArts Fall Show will feature more than 150 original works by nine local artists in various media, styles, and sizes. Three days fine art exhibition, a family friendly neighborhood event. Free admission. Visit [www.valearts.com](http://www.valearts.com) or call 703-860-1888.

## SATURDAY/SEPT. 28

**Harvest Happenings.** 11 a.m.-2 p.m. at McLean Community Center, 1234 Ingleside Ave., McLean. Come to this indoor-outdoor festival and enjoy live entertainment, crafts and activities. Children can buy their own pumpkins from the pumpkin patch (with the help of a parent/guardian) to decorate at the crafts station. Free admission. Food will be available for purchase. Visit [www.mcleancenter.org](http://www.mcleancenter.org) or call 703-790-0123.

## SUNDAY/SEPT. 29

**Teddy Bear 5K.** 9-11 a.m. at Falls Church-McLean Children's Center (for parking and check in), 7230 Idylwood Road, Falls Church. Teddy Bear 5K & 1K Walk/Run in the Pimmit Hills neighborhood west of Falls Church City. 5K at 9 a.m., 1K at 10 a.m. Everyone receives a teddy bear when they cross the finish line. \$20-\$40. Register at [www.athlinks.com/event/2019-teddy-bear-5k-1k-walkrun-86494](http://www.athlinks.com/event/2019-teddy-bear-5k-1k-walkrun-86494).

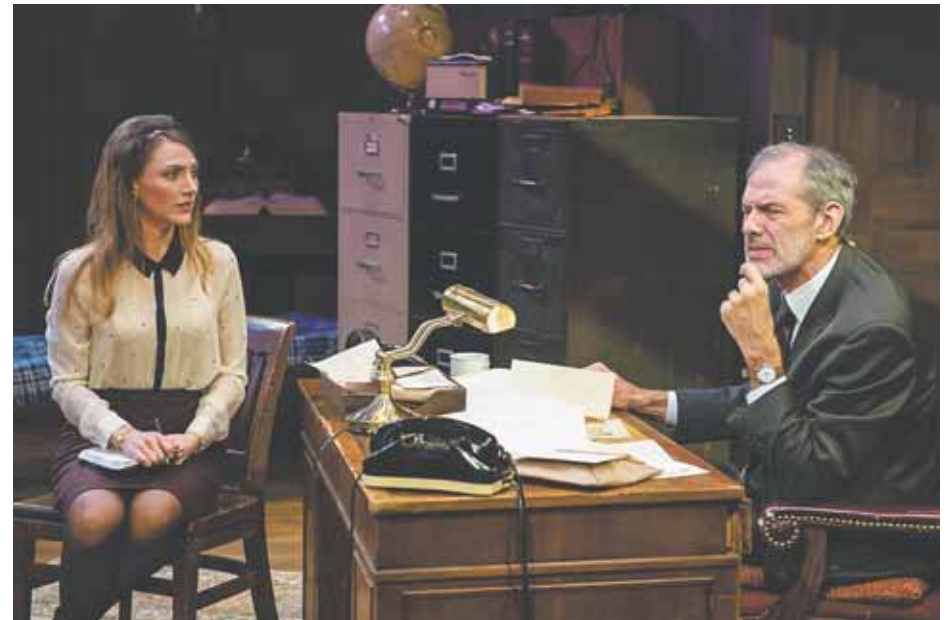


PHOTO BY TERESA CASTRACANE/COURTESY OF 1<sup>ST</sup> STAGE

**Amanda Forstrom and Scott Sedar in 'Trying' at 1<sup>st</sup> Stage. The show runs through Oct. 20 in Tysons Corner.**

about growing old are revealed. Along with humor and a heart too.

As Sarah Schoor, Amanda Forstrom is a wonder of well-articulated natural reactions to Biddle's pointed pronouncements. Initially she has but two words at her disposal, "Yes, Sir!" in response to Biddle's taunts and commands. Ah, but Schoor finds her meddle. She is no push-over. As the play continues it becomes Biddle's turn to be caught short; calling her "too bold" as they tangle about the mundane, the important and even a mutual distaste for grammatical split infinitives.

Adding to the shine of "Trying" is the music composed by Ethan Balis that softly underscores scene changes. Kathryn Kaweck's gorgeous set is full of detailing for wood paneled office of a once famous man. Add

## Where and When

1<sup>st</sup> Stage presents "Trying" at 1523 Spring Hill Road, Tysons. Performances to Oct. 20, 2019. Thursdays at 7:30 p.m., Fridays at 8 p.m., Saturdays at 2 p.m. & 8 p.m. with Sundays at 2 p.m. Tickets: \$42 (adults), \$39 for seniors. Students and military tickets \$15. Call 703-854-1856 or visit [www.1ststage.org](http://www.1ststage.org)

in the multitude of props by Caroline Osterneck for added delightful nooks and crannies. Moyenda Kulemeka's handsome costumes are terrific visual depictions of each character's spirit.

The final curtain for "Trying" may have a bit of a tacked-on feel for some, but the overall journey is a pleasure. Heart-warming is a fitting word to describe "Trying" at 1<sup>st</sup> Stage. It's a winner.

## Anniversary Event: Torpedo Factory Artists

**@ Mosaic Gallery.** 3-6 p.m. at Torpedo Factory Artists @ Mosaic 105 District Ave., Fairfax. In celebration of Torpedo Factory Artists' Association's 45th anniversary, member artists have contributed 45 works of art. Ticket holders' names are randomly called and that person chooses from one of the available pieces of original art. Preview artwork Sept. 18-29; Wednesday-Sunday, 11 a.m.-7 p.m. Ticket holders may bring a guest for free. \$200. Art Lovers Sweepstake: a \$45 ticket gives buyers an opportunity to take home one of three works of art, valued at \$1,500 or more. Purchase tickets at [tinyurl.com/tfaacc19](http://tinyurl.com/tfaacc19).

**Fundraiser: Rise And Thrive.** 4-7 p.m. in the Nouvelle Clubhouse, 7911 Westpark Drive, Tysons Corner. Rise And Thrive Inc., an after-school mentorship program for young girls in the Northern Virginia, will host a fundraising event and networking opportunity for young professionals. Featuring music, food, drinks, and casual conversation, attire for the event is casual. \$10. Purchase tickets at [www.eventbrite.com/e/rise-and-thrive-inc-fundraising-launch-party-tickets-69819232203](http://www.eventbrite.com/e/rise-and-thrive-inc-fundraising-launch-party-tickets-69819232203). Visit [WeRiseAndThrive.com](http://WeRiseAndThrive.com) for more.

**2019 Walk to End Alzheimer's.** Reston Town Center, 11900 Market Street, Reston. Registration at 1:30pm; Ceremony at 2:30pm; Walk at 3:00pm. All funds raised through Walk to End Alzheimer's further the care, support and research efforts of the Alzheimer's Association. The Alzheimer's Association is a nonprofit 501(c)3 organization. Each registered walker with a wristband will receive a Promise Garden flower. Blue represents someone with Alzheimer's or dementia. Purple is for someone who has lost a loved one to the disease. Yellow represents someone who is currently supporting

or caring for someone with Alzheimer's. Orange is for everyone who supports the cause and vision of a world without Alzheimer's. Coordinator: Sonya Amartey, [samartey@alz.org](mailto:samartey@alz.org), <https://act.alz.org>

## WEDNESDAY/OCT. 2

**Community Coffee.** 11 a.m.-12:30 p.m. in the Community Room of the Regency at McLean, 1800 Old Meadow Road, McLean. The McLean Newcomers and Neighbors will host a coffee for members and for non-members who might be interested in joining. Visit [www.McLeanNewcomers.org](http://www.McLeanNewcomers.org) or email [McLeanNewcomers@yahoo.com](mailto:McLeanNewcomers@yahoo.com).

## THURSDAY/OCT. 3

**Strong Girls Celebration.** 6-9 p.m. at The Atrium at Meadowlark, 9750 Meadowlark Gardens Court, Vienna. Join in a night of fun and help raise funds to support Girls on the Run of Northern Virginia. A joyous event that ensures more girls gain the skills they need to be strong, confident, and healthy. \$85. Visit [www.gotnova.org](http://www.gotnova.org) or call 703-273-3153.

**Selling Suffrage: Words and Symbols to Win the Vote and the ERA.** 6-9 p.m. at Tower Club-Tysons Corner, 8000 Towers Crescent Drive, Suite 1700, Vienna (entrance at back of building). Powerful arguments and compelling visual images were essential in convincing the American public to support votes for women. The need to "sell" the Equal Rights Amendment has also faced communication challenges. Come hear experts and advocates describe the written and graphic messages that

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# CALENDAR

FROM PAGE 8

suffragists used to change public opinion, and learn how those messages connect to later campaigns for the Equal Rights Amendment. Heavy hors d'oeuvres, wine, beer and soft drinks will be served. \$75. Visit [suffragistmemorial.org/](http://suffragistmemorial.org/) to register.

**Celebrate "Hitchcocktober."** 7 p.m. at Angelika Film Center – Mosaic, 2911 District Ave., Fairfax. Dial M for Murder (3D). Hitchcock's 1954 classic was originally shot in 3D but rarely seen in this format. Every Thursday night in October, a classic film by Alfred Hitchcock will be featured, culminating with a showing of Psycho on Halloween. \$14.50. Visit [www.angelikafilmcenter.com](http://www.angelikafilmcenter.com) for more.

## OCT. 3-27

### The Glow: A Pumpkin

**Wonderland.** Thursday-Sunday nights in Lake Fairfax Park, 140 Lake Fairfax Drive, Reston. Enjoy an immersive Halloween stroll along a trail illuminated by thousands of intricately carved pumpkins, many highlighting the Capital City's most famous including pumpkin look-alikes of iconic landmarks, musicians, movie stars, superheroes and princesses. Autism Speaks Night on Sunday, Oct. 6 at 7 p.m. with adjustments made for guests on the autism spectrum. Advanced tickets are required. \$16.99 for children; \$22.99 for adults, at [www.glowpumpkin.com/washington-dc](http://www.glowpumpkin.com/washington-dc).

## FRIDAY/OCT. 4

**OLGC Golf Classic.** 11 a.m.-8 p.m. at Westfields Golf Club, 13940 Balmoral Greens Ave., Clifton. Join Vienna's Our Lady of Good Counsel Catholic Church for a fun-filled day with contests, food and drink, and company to share it with. Register by Sept. 23. \$200. Visit [www.olgcva.org/fellowship/golf-classic](http://www.olgcva.org/fellowship/golf-classic) or call 703-896-7425.

**Raise the Region Gala.** 6:30-10 p.m. at Hilton McLean Tysons Corner, 7920 Jones Branch Drive, McLean. A fundraiser for the Community Foundation for Northern Virginia supporting their work to grow philanthropy to respond to need, seed innovation, and lead and convene the community. The evening includes a cocktail reception, silent and live auctions, an elegant seated dinner, and the Community Leadership Award presentation. Black tie attire. \$300. Visit [www.cfnova.org/](http://www.cfnova.org/) for tickets.

## SATURDAY/OCT. 5

**3rd annual DC-Metro Modern Home Tour.** 11 a.m.-5 p.m. in areas including Arlington, Fairfax, and Great Falls. The DC-Metro Modern Home Tour, a self-guided event, provides a day of local sight-seeing and open-house-style visits for lovers of architecture, design, real estate, and anyone on the hunt for ideas and inspiration. \$20-\$50. Visit [www.dcmetromodernhometour.com](http://www.dcmetromodernhometour.com) for tickets.

**Tea Seminar: Exploring Teas.** 1-3 p.m. at Colvin Run Mill, 10017 Colvin Run Road, Great Falls. An advanced workshop for those who have attended past basic tea seminars. An exploration into unique teas - by process, terroir, and/or scarcity. Tea infused treats and a take home tea sampler included. \$35 per person. Use ID Code 731.1973. Register at [www.fairfaxcounty.gov/parks/parktates](http://www.fairfaxcounty.gov/parks/parktates) or call 703-222-4664.

**Fall Festival by Joshua's Hands** 10 am - 5 pm. Enjoy hay rides, carnival style games, entertainment, crafts,



## MPAartfest

The McLean Project for the Arts will host its annual MPAartfest. During MPAartfest, Central Park is transformed into a landscape of mini art galleries and features live music throughout the day, a Children's Art Walk, hands-on art studio, STEAM experiences, food vendors, and more. Sunday, Oct. 6, 10 a.m.-5 p.m. in McLean Central Park; 1468 Dolley Madison Blvd; McLean. Free admission. Visit [www.mpaart.org](http://www.mpaart.org) or call 703-790-1953.

## 2019 Walk to End Alzheimer's Sept. 26

Reston Town Center, 11900 Market Street, Reston. Registration at 1:30pm; Ceremony at 2:30pm; Walk at 3 pm. All funds raised through Walk to End Alzheimer's further the care, support and research efforts of the Alzheimer's Association. The Alzheimer's Association is a nonprofit 501(c)3 organization. Each registered walker with a wristband will receive a Promise Garden flower. Blue represents someone with Alzheimer's or dementia. Purple is for someone who has lost a loved one to the disease. Yellow represents someone who is currently supporting or caring for someone with Alzheimer's. Orange is for everyone who supports the cause and vision of a world without Alzheimer's. Coordinator: Sonya Amartey, [samartey@alz.org](mailto:samartey@alz.org), <https://act.alz.org>

demonstrations, petting farm, old fashioned spelling bee - prizes for all! Bring friends and wear your jeans! Not just for kids! Everything is FREE (including lunch) there will be opportunities to support the work of Joshua's Hands. Auction at 2p.m. Donations cheerfully accepted. 8 miles west of Leesburg on Rt. 9; 38327 Charles Town Pike • Waterford, VA 20197

## SATURDAY-SUNDAY/OCT. 5-6

**Book Sale.** Saturday, 10 a.m.-4 p.m.; Sunday, 10 a.m.-2 p.m. (fill a bag for \$5) at Patrick Henry Library, 101 Maple Ave. E., Vienna. Featuring thousands of used books, CDs, DVDs, and books on CD. Free parking and admission. Prices remain the same: hardbacks \$2, trade paperbacks \$1, pocket paperbacks 50 cents, kids books 25 and 50 cents. CDs and videos \$1-\$2. Credit cards accepted. All proceeds benefit the library. Email [sharonbohlman@msn.com](mailto:sharonbohlman@msn.com) or call 703-568-0104.

## SUNDAY/OCT. 6

**MPAartfest.** 10 a.m.-5 p.m. in McLean Central Park; 1468 Dolley Madison Blvd; McLean. The McLean Project for the Arts will host its annual MPAartfest. During MPAartfest, Central Park is transformed into a landscape of mini art galleries and

features live music throughout the day, a Children's Art Walk, hands-on art studio, STEAM experiences, food vendors, and more. Free admission. Visit [www.mpaart.org](http://www.mpaart.org) or call 703-790-1953.

**Barn Sale.** Noon-4 p.m. at Lift Me Up!, 9700 Georgetown Pike, Great Falls. Support Lift Me Up! a local non-profit organization. Deals on saddles to riding apparel to blankets and more. Prices are as low as \$1. Rain or shine. Donations accepted. Email [jackie.collins@liftmeup.org](mailto:jackie.collins@liftmeup.org) or visit [liftmeup.org](http://liftmeup.org) for more.

**Vienna Hunger Stroll.** 2-4 p.m. at Committee for Helping Others, 133 Park St. NE, Vienna. An alternative to Vienna's CROP Hunger Walk, the "Cafe Stroll" is less than a mile and stops at Bards' Alley, Rita's, and Cafe Amouri. Proceeds support hunger relief. Free, donations are encouraged. See [crophungerwalk.org/vienna](http://crophungerwalk.org/vienna).

## THURSDAY/OCT. 10

**Celebrate "Hitchcocktober."** 7 p.m. at Angelika Film Center – Mosaic, 2911 District Ave., Fairfax. North by Northwest (1959). Every Thursday night in October, a classic film by Alfred Hitchcock will be featured culminating with a showing of PSYCHO on Halloween. \$14.50. Visit [www.angelikafilmcenter.com](http://www.angelikafilmcenter.com) for more.

## Here's What's Happening at MCC!

### Presented by The Alden



**Midday Movies:**  
Foreign-Language Films  
Wednesday, Sept. 25, 1 p.m.  
Free admission

### MCC Governing Board Meeting



**Public Hearing on FY2021 Budget**  
Wednesday, Sept. 25, 7:30 p.m.  
All Governing Board meetings are open to the public.

### The Old Firehouse



**After 7 Dance Party**  
Friday, Sept. 27, 7-10 p.m.  
1440 Chain Bridge Rd.  
\$5 admission  
Preregistration is recommended

### Welcome the Change of Season



**Harvest Happenings**  
Saturday, Sept. 28, 11 a.m.-2 p.m.  
Free admission

### Join the Fun!



**McLean 5k**  
Saturday, Oct. 5  
Race begins at 8 a.m.  
McLean Square Shopping Center  
6631 Old Dominion Dr., McLean, Va.

## MCLEAN 5K

For more information, visit:  
[www.mcleancenter.org/special-events/mclean-5k](http://www.mcleancenter.org/special-events/mclean-5k)



The McLean  
Community Center  
[www.mcleancenter.org](http://www.mcleancenter.org)

Home of the Alden Theatre  
[www.aldentheatre.org](http://www.aldentheatre.org)

703-790-0123, TTY: 711

1234 Ingleside Ave., McLean, VA 22101



@mcleanvcenter



@mcleancenterva



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**Announcements**

**AREA ROUNDUPS**

**Venture into Volunteering Fair**

Looking for a way to give back? Explore volunteer opportunities at the Venture into Volunteering Fair on Wednesday, Oct. 2, 2019, from 10 a.m. to 2 p.m. at the Dulles Expo Center in Chantilly.

This is an opportunity to meet representatives of Fairfax County government agencies and community organizations that need volunteers. It's also a chance to be involved that very day by signing up to be a volunteer, by donating blood to the American Red Cross, or by bringing a non-perishable food item for the food drive on site. Call the Red Cross at 1-800-Red Cross to schedule an appointment for blood donation.

There will be door prizes for visitors to the fair.

The Dulles Expo Center, which is donating space for the fair, is located at 4320 Chantilly Shopping Center in Chantilly. For additional information about the fair, call 703-324-5406, TTY 711, email VolunteerSolutions@fairfaxcounty.gov, or visit the website at www.fairfaxcounty.gov/OlderAdults.

The Venture into Volunteering Fair is sponsored by the Fairfax County Department of Family Services, AARP Virginia, Fairfax 50+, the Fairfax County Park Authority, RSVP, Volunteer Fairfax and Volunteer Solutions.

Web: <https://www.fairfaxcounty.gov/parks/park-news/2019/z-ir140>

**Raise the Region Gala to  
Be Held Oct. 4**

The Community Foundation for Northern Virginia will hold 2019 Raise the Region Gala on Friday, Oct. 4, 6:30-10:30 p.m. at the Hilton McLean, Tysons Corner, 7920 Jones Branch Drive, McLean.

The event will honor MG Carl H. McNair, Jr. (RET) with the Community Foundation for Northern Virginia's 2019 Community Leadership Award & Celebrate the Community Wealth Building Volunteers.

Cocktail Reception, Silent and Live Auctions, with Matt Quinn, Auctioneer. Black Tie Attire; Elegant Seated Dinner. For more information, go to [www.cfnova.org/gala](http://www.cfnova.org/gala)

**Four Area  
Schools Receive  
Environmental  
Education  
Recognition**

Four Fairfax County public schools have been recognized as 2019 Virginia Naturally Schools by the Virginia Department of Game and Inland Fisheries. Virginia Naturally Schools is the official environmental education school recognition program of Virginia.

Selected as 2019 Virginia Naturally Schools are:

- ❖ Belvedere Elementary School (seventh year).
- ❖ Colvin Run Elementary School (fourth year).
- ❖ Daniels Run Elementary School (13th year).
- ❖ Lanier Middle School (eighth year).

These schools were recognized for their environmental and stewardship efforts during the 2018-19 school year.

"Environmental education prepares students to tackle tomorrow's environmental challenges," said Secretary of Natural Resources Matthew J. Strickler. "I applaud these Virginia schools for building hands-on, locally relevant education about the environment into their curricula."

**27th Annual OBX Parade of Homes Oct 10-13**



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- 4) Model # 403 Augusta \$42,450...BALANCE OWED \$16,500

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**Announcements**



**Announcements**

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**Beto O'Rourke said,**  
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**at the Democrat presidential debate September 12, 2019.**

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Be a part of our **Wellbeing** pages, the first week of every month.

Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our **A-plus: Education, Learning, Fun** pages, the third week of every month.

Questions? E-mail [sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com) or call 703-778-9431





# BULLETIN

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## THROUGH OCT. 23

**How to Build a Better Budget.** At the McLean Community Center, 1234 Ingleside Ave., McLean. The McLean Community Center (MCC) Governing Board invites residents of Small District 1A-Dranesville to engage with planning Center's fiscal year 2021 budget. All meetings of the Governing Board are open to the public. The preliminary consolidated budget will be posted on the Center's website and available at the Center's reception desk a week prior to the public hearing on Wednesday, Sept. 25. Visit [www.mcleancenter.org/news-items/404-board-holds-meetings-on-fy2021-budget-proposal](http://www.mcleancenter.org/news-items/404-board-holds-meetings-on-fy2021-budget-proposal) for more.

- ❖ The Public Hearing on the FY2021 Budget, will be held at 7:30 p.m. on Wednesday, Sept. 25.
- ❖ Residents may submit written comments through Monday, Oct. 21 - by mail to McLean Community Center, 1234 Ingleside Ave., McLean VA 22101; fax 703-653-9435; or email to [george.sachs@fairfaxcounty.gov](mailto:george.sachs@fairfaxcounty.gov).
- ❖ The Board will approve the FY2021 budget when it meets at 7:30 p.m. on Wednesday, Oct. 23. The final budget will be approved by the Fairfax County Board of Supervisors in spring 2020.

## WEDNESDAY/SEPT. 25

**Community Conversations.** 6:30-8:30 p.m. at Marshall High School in Tysons/Falls Church. Fairfax County is planning for the next 10-20 years in the community and they want to hear from everyone. Share thoughts, insights, opinions and experiences that will be used to help further shape a countywide strategic plan. Register via [www.fairfaxcounty.gov/strategic-plan-community-conversations](http://www.fairfaxcounty.gov/strategic-plan-community-conversations). Arrangements for child care, transportation assistance, interpretation services and reasonable ADA accommodations can be made by calling 703-324-5302, TTY 711, or by emailing [Angela.Jones@fairfaxcounty.gov](mailto:Angela.Jones@fairfaxcounty.gov).

## SATURDAY/SEPT. 28

**Community Shredding Day.** 9 a.m.-noon in the parking lot between Patrick Henry Library and Whole Foods, 133 Maple Ave East, Vienna. Gain peace of mind by bringing outdated documents to an on-site shredding service provided by TrueShred. Enjoy snacks and visit with Ameriprise advisors and staff who will also be collecting non-perishable items for donation to Food for Others. Free and open to the public. Email [mary.bowen@ampf.com](mailto:mary.bowen@ampf.com) or visit [www.ameripriseadvisors.com/matthew.t.felber/](http://www.ameripriseadvisors.com/matthew.t.felber/) events for more.

## SUNDAY/SEPT. 29

**Parish Picnic, Blessing of the Backpacks, and Ministry Fair.** After the 10 a.m. service at Church of the Holy Comforter, 543 Beulah Road, NE, Vienna. Enjoy grilled hot dogs and hamburgers, old-fashioned games, music, a bounce house, and fun activities for all ages. Bring backpacks, bags, briefcases, or whatever is used to carry school or work items (or no bag needed). All are welcome. More at [www.holycomforter.com](http://www.holycomforter.com).

**2019 Walk to End Alzheimer's.** Reston Town Center, 11900 Market Street, Reston. Registration at 1:30pm; Ceremony at 2:30pm; Walk at 3pm. All funds raised through Walk to End Alzheimer's further the care, support and research efforts of the Alzheimer's Association. The Alzheimer's Association is a nonprofit 501(c)3 organization. Coordinator: Sonya Amartey, [samartey@alz.org](mailto:samartey@alz.org), <https://act.alz.org>

## MONDAY & WEDNESDAY/SEPT. 30-OCT. 23

**Community Emergency Response Team Training.** 7-11 p.m. at the Fire and Rescue Academy, 4600 West Ox Road, Fairfax. The Community Emergency Response Team (CERT) Program trains county residents in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when

SEE BULLETIN, PAGE 12

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## Engineering a Solution



By KENNETH B. LOURIE

Though not exactly "The Continuing Story of Bungalow Bill," ("The Beatles," 1968) but for those of you regular readers still interested in the presumptive outcome - in my lifetime, of my 250 year-old home's "structural integrity" - as it relates to my pending refinance application, we may now have lift off, so to speak. (Hopefully Houston, we don't have a problem.) A structural engineer came by the house yesterday at my request and examined and measured the cracks in the concrete slab which "porches" the front of my house. After which he offered his professional opinion, a more detailed version of which will be emailed to me in a few days (copies of which I will forward to all the interested parties). According to this engineer, there is a concrete solution which, cost notwithstanding (or even known yet) will secure my home's structural foundation and assuage the appraiser.

The problem, as I understand it, concerns the possibility of my house falling down, from back to front. On my porch there are five wood pillars which stand floor to ceiling equidistant across the porch. They are not embedded in the concrete (nor are they cracked or rotting). They are supporting the weight of the house, but apparently are on shaky ground. What has happened is, due to the improper preparation of the soil onto which this concrete slab was originally poured (100 years ago - or whenever), the concrete has buckled under the pressure, and the house is tilting, sort of (and/or has the potential to slip further and fall). And if this happens, neither my wife nor I will be able to get up, whether we're owners of Life Alert medallions or not.

There is a solution however, which doesn't require "a pick and shovel and 20 men" (to invoke a Three Stooges reference). Nor will it require any heavy equipment and/or cabling of my house in some way to lift it off the ground in order to break up all the length, width and depth of approximately 150 square feet of concrete (I don't know about the cubic exactly). The plan seems to be for the house to be temporarily supported by wood beams as it is raised up a bit and then one foot square sections of the concrete surrounding each of the pillars will be broken up. According to the engineer, not a major undertaking. Then piers, which are structural engineering jargon for whatever I need to have supporting the pillars, will be placed on the ground/ foundation beneath each pillar and then back-filled with concrete and Bob's your uncle: structural integrity. At least that's as much as I can understand/explain, anyway. Orthotics for the house you might say.

Now whether my description of the repair is at all accurate, the engineer was clear. Though the repair is delicate, he agreed, nobody is reinventing the wheel here, and the solution as proposed is not that complicated. (As for the "structural integrity" of our 100 year-old stable, another concern of the appraiser, the engineer said "We don't certify the structural integrity of 100 year-old buildings." Now whether this out-building situation becomes a deal-breaker, I can only hope that reasonable minds prevail. Check back to this space for future updates.)

At present, I fear there will be fits (by me) and starts (by the various external parties lining up to solve my home's structural problems) to get me to the refinance finish line with some financial integrity still intact. I won't lie, there's a bit at stake here, and I can't afford (literally and figuratively) any slip ups. As I approach my 65th birthday, my goal is to simplify my life and secure my future, not complicate my life and "insecure" my future. I had hoped this refinance would accomplish the former. I had no idea that it would lead to the latter.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



## Vienna Oktoberfest Returns Oct. 5

Vienna Oktoberfest celebrates its 12th anniversary this year with loads of food, vendors, music & entertainment, tons of kid's activities and, of course, lots of beer and wine. The festival has historically drawn 20,000-30,000 attendees and increases each year!

Presented by the Vienna Business Association and Town of Vienna, Oktoberfest will be held from 11 a.m. - 7 p.m. on Saturday, Oct. 5, on historic Church Street. All ages are welcome, and admission is free.

Vienna's 2018 Oktoberfest will feature:

- ❖ Live entertainment on three stages:
- ❖ Main Stage featuring fun party music from Superfly Disco, Ocho de Bastos and Sexton's German Band
- ❖ Kid's Stage featuring The Great Zucchini and performances by local dance schools
- ❖ Acoustic Stage featuring the Coffee House All Star Open Mic
- ❖ Two Beer/Wine/Food Gardens featuring Caboose Brewing Company and wine from local Vienna wine shops, Vienna Vintner and The Vienna Wine Outlet
- ❖ Free kids activities, games and enter-



PHOTO BY LISA FAY/THE CONNECTION

**Seen from the Freeman Store and Museum, Oktoberfest 2018 was bustling with residents.**

- tainment on the Town Green
- ❖ Hand-Makers Market
- ❖ Business Expo Showcase
- ❖ Huge Vendor Marktplatz (Marketplace)
- ❖ German Auto Show

Oktoberfest's continued growth in attendees and vendor participation each year signifies markedly increased interest in Vienna as a destination for living, shopping, eating, and fun for all ages.

The 2019 Oktoberfest Platinum Sponsor is "Vienna Hometown Builders," a group of Vienna-based custom home builders comprising Cloud IX Homes, Dunhill Builders, Fisher Custom Homes, JDA Custom Homes, Jefferson Homes, Sekas Homes, Somerville Homes and Stahl Homes.

No festival-specific parking is designated; however, public parking is available throughout the Vienna commercial area. For other parking options visit the Town of Vienna website, <https://www.viennava.gov/index.aspx?NID=871>.

Uber/Lyft drop-off and shuttle service will be available throughout the day. Please follow the festival website for specific schedules and updates. As always, Vienna Oktoberfest recommends walking or using a designated driver, the shuttle, or a car service.

For more information on vendors, food, entertainment, parking & commuting, and general festival updates, visit the Vienna Oktoberfest website at: [www.viennaoktoberfest.org](http://www.viennaoktoberfest.org).

Proceeds from Oktoberfest benefit the VBA Foundation, which supports charitable organization in the Greater Vienna area.

For more information on the Vienna Business Association (VBA), visit [ViennaBusiness.org](http://ViennaBusiness.org)

## BULLETIN BOARD

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professional responders are not immediately available to help. Emphasis on hands-on skill development and Fairfax County protocols and procedures. Instructor will provide syllabus with class schedule at first session. This training does not require any special physical strength or agility. Visit [volunteer.fairfaxcounty.gov/custom/1380/#/opp\\_details/184991](http://volunteer.fairfaxcounty.gov/custom/1380/#/opp_details/184991) to register.

### TUESDAY/OCT. 1

**Entrepreneurship 101.** 8-10:30 a.m. in the First Floor Conference Center at 8300 Boone Boulevard, Tysons. Starting a Business in Fairfax County – the workshop provides an overview of start-up basics (licenses and permits), workforce services and training programs, and SBA resources including financing and certification programs. Free. Registration required at [www.vahcc.com/events](http://www.vahcc.com/events).

### SATURDAY/OCT. 5

**Mental Health and Wellness Conference.** 8 a.m.-4 p.m. at Fairfax High School. The morning will focus on social and emotional learning, with a keynote address given by Dr. Marc Brackett, founding director of the Yale Center for Emotional Intelligence. A special session for high school students, the Our Minds Matter Teen Summit, will take place in the morning as well. Attendees are encouraged to stay for Inova's Act on Addiction Summit, which will be held from 12:30-4 p.m. Breakout sessions, exhibit tables, and resources will be available to all attendees throughout the day. Lunch will be provided. Visit [www.fcps.edu/resources/student-safety-and-wellness/mental-health-and-resiliency/mental-health-and-wellness](http://www.fcps.edu/resources/student-safety-and-wellness/mental-health-and-resiliency/mental-health-and-wellness) to register.

**Fall Festival.** 10 a.m.-4 p.m. at The Church of the Good Shepherd (United Methodist), 2351 Hunter Mill Road, Vienna. The second "Fall Festival: Where Fun and Kindness Connect!" includes a food packing event, as well as a blood drive, children's program, moon bounce, first-ever animal blessing (noon) and food and refreshments. Free, though canned food donations accepted. A Pet Blessing, a first-time event for the church, will take place at noon to celebrate the feast day of St. Francis. Visit [www.GoodShepherdVA.com](http://www.GoodShepherdVA.com) or call 703-281-3987.

### SUNDAY/NOV. 3

**Low Cost Rabies Vaccine Clinic.** 9-11 a.m. at Fairfax County Animal Shelter, 4500 West Ox Road, Fairfax. Cost is \$15 per pet, cash and check only. Dogs, cats, and ferrets may be vaccinated at the clinic. Dogs must be on leashes; cats and ferrets must be in carriers. All pets will receive a 1-year rabies vaccination. To obtain a 3-year vaccine, bring pet's rabies certificate (not tag) showing the current rabies vaccination expiration date. 2019 county dog licenses will be sold for an additional \$10 per license. Visit [www.fairfaxcounty.gov/animalshelter/communityassistance/rabiesclinics](http://www.fairfaxcounty.gov/animalshelter/communityassistance/rabiesclinics) for more.

### TUESDAY/NOV. 5

**Entrepreneurship 101.** 8-10:30 a.m. in the First Floor Conference Center at 8300 Boone Boulevard, Tysons. Starting a Business in Fairfax County – the workshop provides an overview of start-up basics (licenses and permits), workforce services and training programs, and SBA resources including financing and certification programs. Free. Registration required at [www.vahcc.com/events](http://www.vahcc.com/events).

### SUPPORT GROUPS

**Parent Support Partners**, a service of the Healthy Minds Fairfax initiative, are all parents who have received training and are qualified to offer education, support and assistance at no cost to families or caregivers. They provide reliable information that families can use in decision-making and are familiar with services and resources that can help families in distress. Visit [www.fairfaxcounty.gov/healthymindsfairfax](http://www.fairfaxcounty.gov/healthymindsfairfax) or [www.northernvirginia.org/parent-peer-support.html](http://www.northernvirginia.org/parent-peer-support.html).

**Shepherd's Center of Oakton Vienna Caregivers' Support Group** takes place first and third Thursday of each month, 10-11:30 a.m. at the Unitarian Universalist Congregation of Fairfax (UUCF) - Program Building, 2709 Hunter Mill Road, Oakton. For caregivers to adult family members with dementia. First and third Thursdays of every month. Hosted by Shepherd's Center of Oakton-Vienna, [scov.org](http://scov.org). Contact facilitator Jack Tarr at 703-821-6838 or [jtarr5@verizon.net](mailto:jtarr5@verizon.net).

**Haven of Northern Virginia Support Group.** 703-941-7000, [www.havenofnova.org](http://www.havenofnova.org) or [havenofnova@verizon.net](mailto:havenofnova@verizon.net).

**Virginia Chronic Pain Support Group** Meets from 1:30-3 p.m. the 2nd Wednesday of each

## Overnight Closures Continue Through October For Paving On I-66

Drivers should expect nightly lane closures that include extended evening and morning hours in the non-peak commute direction for paving work on I-66 between Route 234 Business (Sudley Road) and Route 29 in Centreville this week and continuing through October. Double lane closures on I-66 East on weekdays will begin as early as 7 p.m. and continue until as late as 5 a.m. to accommodate the work. Double lane closures on I-66 West on weekdays will begin as early as 9 p.m. and continue until as late as 10 a.m. Drivers should plan ahead to avoid construction delays. Details of planned work includes: I-66 East from Route 234 Business to Route 29 Centreville%  
 Sunday: 9 p.m. to 5 a.m.%  
 Monday through Thursday: 7 p.m. to 5 a.m.%  
 Friday and Saturday: 10 p.m. to 8 a.m. I-66 West from Route 29 Centreville to

Route 234 Business%  
 Sunday: 9 p.m. to 10 a.m.%  
 Friday and Saturday: 10 p.m. to 8 a.m. Work on I-66 West will progress from east to west. Work on I-66 East will progress from west to east. Crews will generally mill and pave one lane each night. Work hours are subject to change based on weather, traffic, and other factors. Weekly schedule updates will be available at [Transform66.org](http://Transform66.org) and on VDOT's Twitter @VaDOTNOVA. When complete, the Transform 66 Outside the Beltway Project will feature three general purpose and two Express Lanes in each direction from I-495/Capital Beltway to Route 29 in Gainesville. The I-66 Outside the Beltway Express Lanes are expected to open in December 2022. On Twitter, follow VDOT Northern Virginia at @VaDOTNOVA.

month at Kaplan Center for Integrative Medicine, 6829 Elm St., Suite 300, McLean. Group leader, Jodi Brayton, LCSW. 703-532-4892.

### VOLUNTEERS NEEDED

**STEM Professionals Needed.** Volunteers are needed to assist K-12 STEM teachers in northern Virginia as part of the American Association for the Advancement of Science's STEM Volunteer Program, [stemvolunteers.org](http://stemvolunteers.org), during the 2019-20 school year, beginning in September. Please contact Don Rea at 571-551-2488 or [donaldrea@aol.com](mailto:donaldrea@aol.com).

**Assistance League of Northern Virginia**, a volunteer nonprofit, invites community members to join the organization to participate in its Reading Express program. Volunteers provide one-on-one tutoring to first grade students during the school year. To learn more contact VP Membership Mary Gronlund at [gronbiz@aol.com](mailto:gronbiz@aol.com) or Program Coordinator Lynn

Barron at [lynnieb517@verizon.net](mailto:lynnieb517@verizon.net).  
**Volunteer Adult Mentors Needed.** Help assist the Department of Family Services' BeFriendA-Child mentoring program. The mentors provide opportunities for companionship, guidance and support to children who have been abused and neglected, or who are at risk of abuse and neglect. Contact Ibrahim Khalil at [Ibrahim.khalil@fairfaxcounty.gov](mailto:Ibrahim.khalil@fairfaxcounty.gov) or 703-324-4547.

**Operation Paws for Homes**, a Virginia based 501(c)(3) organization seeks volunteers, especially to foster dogs. See [www.ophrescue.org](http://www.ophrescue.org) for information and all volunteer opportunities.

**RSVP**, a volunteer network for seniors seeking service opportunities in and around Fairfax County, offers a wide array of opportunities for volunteers 55 and older. To sign up for an upcoming orientation, email Carly Hubicki at [chubicki@volunteerfairfax.org](mailto:chubicki@volunteerfairfax.org) or call RSVP at 703-403-5360. To learn more about RSVP, visit [www.rsvpnova.org](http://www.rsvpnova.org).