

SOURCE: UNITED STATES CENSUS BUREAU

Generation Gap

Millennials and Gen X now outnumber older voters, but Baby Boomers continue to dominate.

BY MICHAEL LEE POPE
THE CONNECTION

Millennials and Gen Xers now outnumber Baby Boomers and older voters in Virginia, according to data from the Census Bureau. But that doesn't mean they have as much influence. Census numbers also show another trend: People over the age of 45 vote at much higher rates. That means Baby Boomers are expected to once again exert outsized influence in next week's election despite the fact that they are now outnumbered by ranks of younger voters.

"We talk about the Baby Boomers so much because they were a phenomenon unto themselves in some ways," says Quentin Kidd, director of the Judy Wason Center for Public Policy at Chris-

topher Newport University. "As they aged, they participated at high levels, and those participation levels stayed pretty high."

Voters across Virginia will be heading to the polls next week in a high-stakes election that will determine which party controls the House of Delegates and state Senate. All 140 seats in the House and Senate will be on the ballot this year. Election officials expect turnout to be about 30 percent, much lower than the 60 percent of registered voters that show up to presidential elections. That means voters who show up to the polls will be older, whiter and much more likely to be Republican.

"Virginia has a lot of immigrants. Immigrants tend to be
SEE GENERATION, PAGE 3

Going the Distance

Arlingtonian Michael Wardian wins inaugural MCM 50K.

BY JEANNE THEISMANN
GAZETTE PACKET

Torrential rains may have slowed him down, but they didn't stop local runner Michael Wardian as he crossed the finish line to win the inaugural Marine Corps Marathon 50K race Oct. 27 in Arlington.

"To win your hometown event in such a great year, I couldn't ask for anything else," said Wardian, 45, who completed the distance (31 miles) with a time of 3:11:52.

The Marine Corps Marathon race was just a tune up for Wardian, who will run as the New York City Marathon virtual ambassador next weekend in Hong Kong.

"It's been a pretty epic year," said Wardian, who ran the entire 89.9 miles of the Washington D.C. Beltway in 17:54:59 in late June. "I ran across Israel earlier this year and set a fastest known time for that. I did about 1,000 kilometers in 10 days."

Wardian also completed a world record for 10 marathons in 10 days.

"Seven of those were on seven different continents," added Wardian, who ran his first marathon at the Marine Corps Marathon in 1996. "And to win the inaugural 50K today is pretty exciting for me."

More than 1,700 runners joined Wardian along the ultra distance 50K route, including Alexandria's

Dustin Whitlow, 33, who finished second with a time of 3:21:36. Patrick Early, 40, of Montclair, Va., placed third in 3:40:50.

In total, 26,502 runners competed in the 44th annual Marine Corps Marathon events, including the traditional 26.2-mile marathon and the MCM 10K.

The top Marine Corps Marathon finisher was Jor-

"To win your hometown event in such a great year, I couldn't ask for anything else."

— Michael Wardian of Arlington, winner of the inaugural MCM 50K

SEE GOING THE DISTANCE, PAGE 20



PHOTO BY JOHN BORDNER/GAZETTE PACKET

Despite torrential rains, tens of thousands of runners take to the start of the 44th Marine Corps Marathon Oct. 27 in Arlington.



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Limited Choices

Alexandria voters will head to the polls next week, but they won't have a lot of choices.

In fact, the vast majority of Alexandria voters who show up on Election Day will be facing a ballot with three races and no opposition. Neither of the city's two members of the House of Delegates have any opposition, and the Democratic candidate for clerk of court has no opposition. At the top of the ticket are three state Senate races, two of which have no opposition.

That leaves only one race where voters have any kind of choice at all: seven precincts on the West End, where incumbent state Sen. **George Barker** (D-39) will be facing Republican challenger **Dutch Hillenburg**.

So how many voters will show up? Registrar **Anna Leider** says looking to past elections is always a good place to start, although there's never been an election quite like this. Eight years ago, all three of Alexandria's Senate seats were contested. Then four years ago city voters had a hotly contested race for mayor and City Council. But, she adds, interest in voting his higher now than in previous years.

"Based on our absentee numbers, it looks like turnout is going to be somewhere between 2011 levels and 2013 levels," says Leider. "That puts it just under 30 percent citywide."

Quiet Revolution

Librarians are not known to be noisy. Perhaps that's why you didn't hear the quiet outrage over British bookseller Macmillan's recent decision to prohibit libraries from purchasing more than one copy of an e-book to lend after the first eight weeks of its release. That's a decision that will limit e-book readers in Alexandria and expand the bottom line for the international publishing company.

"It's interesting to note that the cost of an e-book for a library is \$50 to \$60," says Vice Mayor **Elizabeth Bennett-Parker**, a member of the Library Board. "It's not \$10 or \$15 that a consumer might pay."

The American Library Association is denouncing Macmillan's decision, and the vice mayor noted it has launched a petition to oppose the plan. Bennett-Parker says e-book readers who would be put out by the decision to sign on to the quiet revolution against British gluttony.

Larger Loan

Sometimes a historic building is in the eye of the beholder. That's one of the reasons why the debate about saving Ramsay Homes became so dramatic back in 2016. The run-down townhouses were prominently displayed along traffic-clogged Route One, which is the only part of Alexandria many people ever see.

The buildings were constructed in the early 1940s by the federal government for African-American defense workers. Ultimately, council members decided they weren't historic enough to save, and so the buildings were demolished.

Now, city officials are coming back hat in hand to City Council asking for more money.

Last week, council members approved a new \$1.4 million increase in the city loan to the Alexandria Redevelopment and Housing Authority. That would increase the total loan from \$3.6 million to \$5 million.

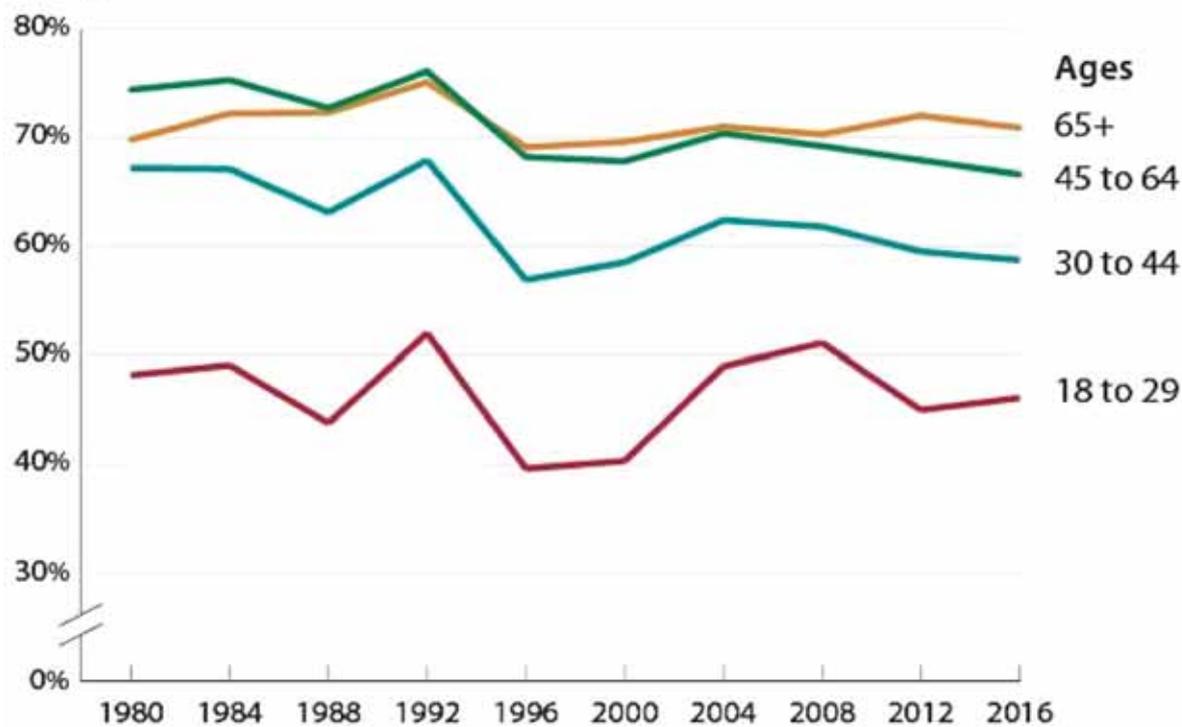
"Ramsay has been a challenging project," acknowledges Housing Director **Helen McIlvaine**.

The biggest challenge, she says, is organizational change at the public-housing authority, which now has a new executive director and a new leadership team. They inherited a plan from 2016, she says, and now they are trying to make it work. In the meantime, she adds, the cost of steel and lumber has gone up as the project has experienced a series of weather-related delays.

— MICHAEL LEE POPE

NEWS

Voting Rates by Age



SOURCE: UNITED STATES CENSUS BUREAU

Generation Gap

FROM PAGE 1

younger and tend to have more kids, and those voters with that profile tend to lean Democratic," says Jeremy Mayer, associate professor in the Schar School of Policy and Government at George Mason University. "So why are the Baby Boomers still dominating? Because that demographic votes, and tends to vote with extraordinary reliability."

Mayer says he sees a similarity between the victory of Donald Trump in 2016 with a victory of Brexit that same year, two elections where the interest of older voters overwhelmed the interest of younger voters, a phenomenon he calls a "revolution of the elderly." This election is also expected to be dominated by Baby Boom voters, although eventually millennials and Gen X voters will catch up and become the dominant force in Virginia politics.

"Of the new registered voters in Virginia for this election, a large element are indeed the 18 to 29 year olds," says Bob Denton, chairman of the Department of Communications at Virginia Tech. "There is going to be a political

sea change, not so much on demographics per se but on political beliefs, attitudes and values of the millennials and Generation Z."

Four years ago, when Virginia had no statewide races and every member of the General Assembly was up for election, about 30 percent of registered voters showed up to the polls and cast a ballot. Turnout statistics were pretty much the same for the election four years before that as well as the election four years before.

Democrats are expected to do well if they can push the turnout numbers above 30 percent, even if it's only a little bit.

"The early voting numbers suggest a significantly higher trajectory," says Stephen Farnsworth, director of the Center for Leadership and Media Studies at the University of Mary Washington. "Based on the number of candidates running in the Virginia mid-term this year as well as polls, including the Mary Washington statewide survey that

shows a high level of voter interest in 2019, all indications are that this Virginia midterm will have much higher turnout than four years ago."

"Why are the Baby Boomers still dominating? Because that demographic votes, and tends to vote with extraordinary reliability."

— **Jeremy Mayer,**
Schar School of Policy and Government at George Mason University

(Not Much) On the Ballot?

House District 45

❖ Mark Levine (D), incumbent, unopposed

House District 46

❖ Charmiele Herring (D), incumbent, unopposed

Senate District 30

❖ Adam Ebbin (D), incumbent, unopposed

Senate District 35

❖ Dick Saslaw (D), incumbent, unopposed

Senate District 39

❖ George Barker (D), incumbent

❖ Dutch Hillenburg (R)

Alexandria Clerk of Court

❖ **Greg Parks**, unopposed

Election Timeline

- ❖ Nov. 2: final day to vote absentee in-person, 5 pm
- ❖ Nov. 5: deadline for absentee ballots to arrive at Office of Elections, 7 pm
- ❖ Nov. 5: Election Day, Polling places open 6 am to 7 pm

Office of Voter Registrations and Elections
hours: Monday through Friday, 8 am to 5 pm
address: 132 N Royal St #100, Alexandria, VA 22314
phone: 703-838-4050
website: alexandriava.gov/elections

Unofficial results available after polls close on Nov. 5 at elections.virginia.gov

NEWS

Bride Meets Girl Whose Life She Saved

BY SHIRLEY RUHE
THE GAZETTE

Sarah Aiken from Alexandria was practicing walking down the pretend aisle in the back of the restaurant in Annapolis before her wedding rehearsal dinner. “I looked to the left and saw this family, her blond hair and I knew exactly who they were.”

Fourteen-year-old Kinley Strohl had flown in with her family from Ohio to attend the wedding of the woman who had given her a bone marrow donation seven years ago and saved her life. It was the first time they had met.

Aiken says, “My heart sank. I ran over and gave her a big hug. Then I hugged everyone in the family. ... It was so magical.”

The next day Kinley came by the hotel room where Aiken and her six coral-bedecked bridesmaids were getting their hair and make-up done before the wedding. “We had food and the bridesmaids were sipping champagne. Kinley was hanging out and chatting. She helped me put on my shoes and fixed my veil.” Aiken says, “It’s amazing her maturity level. I can’t imagine when I was 14 years old going into a room of thirty-plus-year-old females so relaxed. She was just one of the girls. It was pretty cool.”

Aiken says combining the emotions of the two big events of the wedding and seeing Kinley for the first time worked out because the day of the wedding itself was very regimented and scheduled. “So having her there just felt very relaxed all day.”

Aiken and Kinley had been in touch through letters and email since a year and a half after the bone marrow donation. Aiken was at her mom’s house scrolling through her email. “I saw an email from a person called Michelle and said, ‘Oh my gosh mom, I think it’s the girl I donated my bone marrow to.’”

Kinley’s mother, Michelle, had sent a report on how well Kinley was doing, a picture of Kinley and how thankful they were. “It was such a memorable day.” It was the first time Aiken knew what Kinley looked like. She started crying.

Aiken had been in nursing school at the University of Pittsburgh in 2009 when the Student Nurses’ Association had a bone marrow drive through DKMS and looked for volunteers. DKMS is an international nonprofit organization dedicated to ending blood cancers and finding donors.

Aiken volunteered to assist with the drive, learning a lot and educating others about joining the bone marrow registry. She decided to join the registry herself. “It just took a quick cheek swab.” She received her registration number and waited.

Aiken knew as a nurse she would be taking care of people with cancer and it seemed the right thing to do. “It was about two years later in the fall of 2011 when I got the call that I might be a potential match for a six-year-old girl with leukemia.” They keep the identities of donor and recipient anonymous until after a successful transplant.

Aiken had a number of blood samples taken for further evaluation and got a lot of education along



PHOTO CONTRIBUTED BY BREANNA SHAW

Sarah Aiken and Kinley Strohl meet for the first time at Aiken’s wedding.

the way. “They made the process very easy for me. A month later I got a call from the DKMS that I was a match.” Aiken adds, “I got a lot of education but in the back of my mind I knew the answer would be yes. I knew if I could be a small part of helping someone, I would have to do it.”

Aiken had surgery at Georgetown University Hospital in January 2012 after a full physical and more blood work. Aiken was under general anesthesia while they took bone marrow from her pelvis bone in her lower back. She says she woke up in recovery on the oncology floor. “I was appreciative of the care I got. The contrast was pretty interesting with some people there doing the same thing I was and others on the other side with cancer.”

Aiken was released the next day with two very small pinpoint holes in her back. “I felt fine.” The only lingering reaction was fatigue for about a month “but it was nothing like Kinley had.”

“It is so important for more people to join the registry and for people to know that so many people are waiting for a match,” Aiken said. “This would not have been possible without DKMS.”

What next? “Now we text a lot.” Aiken will be starting a job as a nurse practitioner at George Washington and thinks she may make a trip to Ohio to see Kinley in person while she has a few days between jobs. But it’s clear to both of them that whenever, or however, it happens their lives are intertwined. “She’s an extension of myself.”

DKMS is the largest blood cancer donor center. Finding a matching donor is extremely rare; finding a match is a numbers game so it is critical that they register as many donors as possible.

In the U.S. DKMS has registered more than one million potential donors and facilitated more than 3,800 life-saving transplants. But 70 percent of people suffering from leukemia, lymphoma and other blood cancers must rely on donors outside their families and every nine minutes in the U.S., someone dies of a blood cancer.

For more information or to register to receive a bone marrow donation kit, you can request a swab kit online at dkms.org



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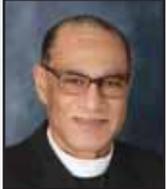
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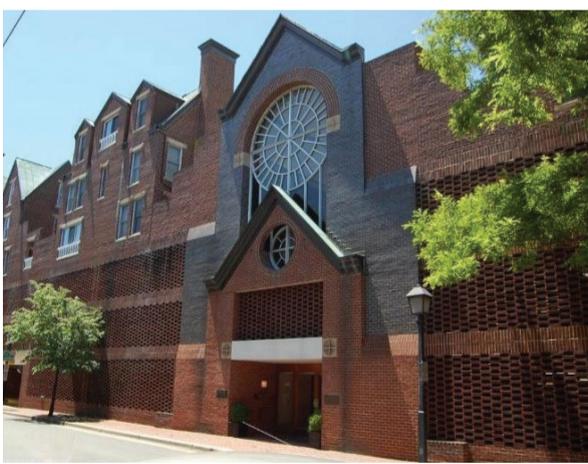
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PEOPLE

‘Say Yes to the Trends’

TLC celebrity Monte Durham dispensed his best trendsetting advice at a “Say Yes to the Trends” gathering Oct. 17 at Hummingbird Restaurant.

Sponsored by the BB&T Bank’s LGBTQ Business Resource Group, the networking event featured a presentation by Durham, an Alexandria resident and host of the TLC reality show “Say Yes to the Dress: Atlanta.” Known for working with brides, Durham provided business-appropriate style advice for both men and women.

Durham confirmed that he is slated to open his own hair salon on South Union Street sometime in early 2020.

— BY JEANNE THEISMANN



TLC celebrity Monte Durham, second from left, poses for a photo with Nelson Gonzalez, Rob Warchal, Jack Evans and Dan Via at the BB&T Bank LGBTQ Business Resource Group’s “Say Yes to the Trends” event Oct. 17 at Hummingbird Restaurant.

PHOTOS BY JANET BARNETT/GAZETTE PACKET



Schmide Conserve and Stephen Lester at the Monte Durham “Say Yes to the Trends” presentation Oct. 17 at Hummingbird Restaurant.



Dan Via, Stacey Layne and Stephen Lester wait to listen to Monte Durham’s “Say Yes to the Trends” presentation Oct. 17 at Hummingbird Restaurant.

Lynnwood Campbell Optimist Club

Lynnwood Campbell, second from left, was the featured speaker at the Oct. 16 meeting of the Alexandria Optimist Club. Campbell, the first black student to attend St. Mary’s Elementary School, spoke of the challenges faced in integrating Alexandria schools. Joining him following the presentation at Belle Haven Country Club are Optimist Club members Vera de Paulis, Rodger Digilio and Carolyn Brooks. The club, established in 1946, meets at noon at Belle Haven on the second and fourth Wednesday of each month.

PHOTO BY JANET BARNETT/GAZETTE PACKET



Durham talks trends at BB&T Bank LGBTQ event.



Tina Townsend, Halima Chamilantv, Jessica Klus, Shannon Rene and Kisha Killingsworth at the Oct. 17 “Say Yes to the Trends” gathering at Hummingbird Restaurant. Townsend was the organizer of the event that was sponsored by the BB&T LGBTQ Business Resource Group.



Monte Durham, center, enjoys a laugh with former Mayor Allison Silberberg and Bridgett Weaver at “Say Yes to the Trends” Oct. 17 at Hummingbird Restaurant.



PHOTO BY LAURA MAE SUDDER

Bees buzz along King St as “Ruby”, James the Bee Keeper, “Arvie”, and Mary enjoy “The Dog Park” doggie treat or treat event

NEWS



PHOTO CONTRIBUTED

Special Delivery

Vice Mayor Elizabeth Bennett-Parker, third from left, was joined by members of the T.C. Williams Key Club and other volunteers in delivering Meals on Wheels America meals to Alexandria seniors across the city on Oct. 20. For information about volunteering with Senior Services, visit seniorservicesalex.org/volunteer.

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Guest House Expands Services with Additional Residence

By SHIRLEY RUHE
GAZETTE PACKET

Friends of Guest House opened a new residential facility on Payne Street in a historic Old Town Alexandria office building renovated by HomeAid Northern Virginia (HANV). This new facility will allow twenty formerly incarcerated women to move from their apartments into a transitional housing residence with accompanying support services. This supplements a residential Guest House facility for nine that has successfully operated on Luray Street for 45 years.

Guest House is a residential program for recently incarcerated non-violent women offenders to help them successfully reenter the community. Kari Galloway, Executive Director of Friends of Guest House, says if a person completes the program the recidivism rate is less than 15 percent.

Jennifer Watson just moved into Guest House on Oct. 4. "I'm proud beyond belief. This is a 200-year-old building but with every convenience.

It's four floors of old brick with brand new paint and the old fire-

places." She says her room is bright and airy with a vaulted ceiling and tract lighting. "I'm so grateful."

Guest House helps women to avoid the revolving door of prison and homelessness by providing secure housing, job training, and other support services as part of its six-month residential program followed by an Aftercare program for up to two years. Galloway says, "It is so special for the women in our program to move into a beautiful and newly upgraded residence like this. It helps them to feel for the first time that they themselves deserve to live in a beautiful space."

Friends of Guest House worked with HomeAid Northern Virginia, which brings together local non-profit service providers with the local homebuilder community to build and renovate homeless shelters, housing facilities and community spaces for programs serving the homeless. Formerly incarcerated people are almost ten times more likely to be homeless than the general public.

HomeAid Northern Virginia worked with its builder captain Craftmark Homes to reinvent the property with ten bedrooms, a



Guest House resident moves in to her new room in early October.

communal kitchen, 6 retrofitted bathrooms as well as redesigned space for case managers and workspaces while maintaining the historic character of the building. Shelley Ducker, spokesperson for HomeAid Northern Virginia says,

"This project took longer than expected once we got into the bones of the project with an 1811 building and the need for ADA compliance and rezoning."

Ducker explained, "Non-profits come to us when they need a new

facility, renovation, upgrade roof and plumbing. We do the vetting with the builder to make sure who is doing it is not just housing but also wrap around services. Homelessness is more than housing." She said, "This is the ultimate collaboration, letting everyone do what they do best."

The number of women served has grown from an allotment of nine beds 14 years ago to 17 beds five years ago to 26 beds two years ago.

The opening of the new facility will increase the bed allocation to 30 women. Galloway says this is due to the incredible support of the State Department of Corrections as well as the community and other supporters. Still the need is great, and Galloway says they receive 400 applications for these few slots.

Watson says, "Honesty I didn't think I needed a program like this." Watson says she is a former alcoholic with 16 years in the military and recently divorced. "I needed the structure and accountability.

Everyone here makes you feel welcome. I can feel the benefits after just a week and a half. They work for the greater good."

PHOTO CONTRIBUTED

West End Pantry Celebrates Three Years

By SHIRLEY RUHE
THE GAZETTE

Volunteers gather round the West End food pantry on Oct. 28 to celebrate the third birthday of the first food pantry to open on the west end of Alexandria on Oct. 24, 2016. Behind the table with the birthday cake, the shelves are loaded with fresh produce, beans, rice, canned food, pancake mix and a selection of pastries and breads donated by Panera.

Kathy Parnell, on the dawn patrol, picks up Panera bread before 6 a.m. at the Inova Fairfax Hospital. "Today I got four boxes of bread, one of bagels, one of baguettes and one mixed cookies and pastries." She points out they also have a freezer which allows them to have meat to offer, this week "mostly chicken." Fresh fruits and vegetables are gleaned from the Farmer's market, and there is a refrigerator full of eggs from the man they call "the egg man."

Reverend Jo Belser, Rector of Church of the Resurrection, says, "We have fed approximately 12,000 in the last three years since we opened." She says they ask for identification to prove Alexandria residency but then there is no further reporting like some of the other programs. "This discourages participation.

"I don't know if you want to go there but we have seen a decrease at times because of fear of ICE."



Cutting the birthday cake at West End Pantry, Monday, October 28. From left: Creamilda Yoda, parish administrator and first year seminary student, Louise Bennett, Kat Turner, Rev. Jo Belser, Church of the Resurrection.

Parnell, who is the intake officer checking in the clients today, confirms this. "We had 26 families with 91 family members last week. But when ICE came in, that went down; there were a couple of months in the teens." Now numbers are starting to come back up.

Belser says, "People get hungry."

The West End Food pantry began in the Church of the Resurrection building just

down the street. But the church was torn down to make way for a new church and 113 affordable housing units, mostly for families, the pantry moved to St. James Mission House on Fillmore Street.

"We want people to be able to live in this area, especially in this corridor. We have lost 10,000 housing units since 2000," Belser says.

Belser tells the volunteers, "You have been



Food pantry fully stocked awaiting Monday afternoon clients.

with us from the beginning. No heat and no air conditioning but a lot of love here." She said she is so grateful that the Virginia Theological Seminary gives them a place to worship while their new church is being built and St. James United Methodist Church gives them the use of their Mission House for the pantry. The goal is to have the new church completed by Easter 2021.

"It is Resurrection you know."

PHOTOS BY SHIRLEY RUHE/ GAZETTE

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Guns Play a Major Role in Domestic Abuse

BY DEL. PAUL KRIZEK



Krizek

Last week, our community here in Fairfax County was once again impacted by gun violence: this time, a domestic violence incident in Burke that left three dead and two law enforcement officers injured.

This tragic event showcases the necessity to overcome the Republican-controlled General Assembly's unwillingness to pass common-sense gun violence prevention measures that would help keep guns out of the hands of domestic abusers.

Domestic violence and intimate partner violence are inextricably linked to gun violence. While perhaps not as frequently cited in the news as mass shooting events (although 54 percent of mass shootings can be tied to a domestic dispute), domestic gun violence incidents are widespread and pervasive in our society, affecting families from all walks of life.

One in three women and one in four men have been the victim of physical violence or stalking by an intimate partner at some point in their lives. These numbers are even more elevated for the LGBTQ+ community and communities of color (especially Native Americans, where 55 percent have reported being the victim of intimate partner violence).

Although both men and women are murdered by intimate partners, women are more likely than men to be murdered using firearms.

While two-thirds of all victims murdered by a spouse or ex-spouse are killed with guns, the proportion of women is higher: approximately 70 percent. Women are also more likely to be murdered by someone they know, while men are more likely to be victims of violence by a stranger.

The effects of firearms in the home include more than injuries and death, as over 4.5 million women report being threatened by intimate partners using firearms at some point in their lives, without their abusers pulling the trigger. These instances include holding a gun during arguments, constantly reminding the victim of the gun's existence, and even forcing the victim to load the gun themselves.

Approximately 1,300 people die each year in murder-suicides in the United States, and 65 percent of murder-suicide incidents involve an intimate partner. The simple presence of a gun in the home increases the likelihood that a woman will be shot and killed. Women who were killed by a spouse, intimate partner or a close relative were 7 times more likely to have lived in homes with guns.

Additionally, studies have shown that when there is a gun in a home with a history of domestic violence, there is a 500 percent higher chance that a woman will be murdered. Unfortunately, American women are unique in the fact that they are 16 times more likely to be killed by violence using a gun than women in other high-income countries.

So many of these deaths are preventable if we act to pass new laws and strengthen cur-

rent laws. At the state level, we must pass universal background checks to prevent dangerous abusers from being able to access firearms. Other legislation was introduced during the July Special Session to prevent individuals who have permanent protective orders against them from purchasing, possessing, or transporting firearms. And Extreme Risk Protection Orders (ERPO) allow family members and law enforcement to petition a court for temporary removal of firearms from an individual who is a danger to themselves or others.

On the federal level, the updated version of the Violence Against Women Act (VAWA), which passed the House of Representatives back in April, would close the "boyfriend" loophole. Current law only prohibits gun purchases by people who are "married to, lived with, or have a child with the victim" and who have been convicted of an abuse felony or have a restraining order against them. The new VAWA would extend the current law to include unmarried partners and misdemeanor convictions of domestic abuse and stalking behavior. Closing this gap will help to protect all victims of intimate partner violence.

If you or someone you know is experiencing any form of domestic violence, and you want to talk about options and resources available, call the 24-hour Domestic & Sexual Violence Hotline at 703-360-7273 or go to thehotline.org to chat online. To report a crime, call the Fairfax County Police Department at 703-691-2131 or, for emergencies, please call 911.

LETTERS TO THE EDITOR

Gratuitous Details Show Lack of Respect for Victim

It was with great alarm that I read the front page article

"Genetic Genealogy Leads to Rape Conviction" in the October 24, 2019 edition of the Alexandria Gazette Packet.

The lurid and demeaning details of the attack, the reported violence that was used against the victim and the elaborate scheming done by the rapist showed no respect for the victim. Further, the amount of detail used in how the rapist carried out his crime leaves a blueprint for anyone else planning to rape and beat another vulnerable human being.

My heart breaks for the victim. She showed such courage, resilience and the ability to remain alert enough to call for help. She need not read and relive those gruesome details.

This was a verbatim report from the City of Alexandria Office of the

Commonwealth's Attorney. Next time, for a crime of such dehumanizing treatment of a person and violence inflicted on a human, take the time to flesh out what details, if any, are needed to report the crime for the public's general safety and awareness of such crimes in the city, and what details are so gratuitous as to show no respect for the victim.

This crime happened 3 years ago, no need to go into graphic detail. This woman is remarkable—she showed such courage, strength,

resilience and clarity to get herself help and survive such an assault. She waited 3 years for her attacker to be identified. Take the time to edit your reporting to reflect the whole of the victim and their humanity.

Katherine Breen
Alexandria

Missing Steven Mauren ...

To the editor:

A name is gone from the Gazette Packet masthead – Steve Mauren's. Steve was editor-in-chief of Connection Newspapers since 1996. I will sincerely miss him at the GP. He did a splendid job for them and was a pleasure for me to work with. I particularly appreciated the little things he did – like letting me know he received something I sent. He never promised it would be published (though mostly it was), just that it was received. No other editor took the time to do that.

I haven't heard anything about Steve's future plans. Whatever they may be, I wish him happiness and thank him for his important role in making the GP a successful community newspaper and his part in helping me get my stories out. I hope our paths will cross again.

Nina Tisara
(Artist-Photographer Nina Tisara is the founder of Living Legends of Alexandria)

Editors note: Everyone misses Steven Mauren here at the Gazette Packet as well. He has returned to teaching.



PHOTO BY LAURA MAE SUDDER

Anna Fitzgerald of "The Dog Park", gives Hayley a trick or treat bag for "Millie" before they set off to visit 38 shops and businesses along King and its neighboring streets during Sunday's doggie trick or treat event.

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HALLOWEEN



PHOTOS BY "MANCO" MIKE ANDERSON

Bill Blackburn, owner of Pork Barrel BBQ and past president of the Del Ray Business Association, enjoys the 23rd annual Del Ray Halloween Parade with his wife Megan, their sons and a friend Oct. 27 in Del Ray.

Wicked Awesome

Sun comes out for Del Ray Halloween Parade.

Torrential morning rains gave way to sunny skies Oct. 27 just in time for the ghoulish stars to come out along Mount Vernon Avenue for the 23rd Annual Del Ray Halloween Parade.

Participants included costumed families, pets and decorated strollers showing off their most original and scariest Halloween garb. Awards were given for

Best Pet Costume, Best Decorated Business, Best Decorated Home and Best Decorated Stroller during a brief ceremony. Sponsored by the Del Ray Business Association, the parade ended at the Mount Vernon Recreation Center fields, where goodie bags for children were handed out. Live musical entertainment was provided by Mars Rodeo.

— JEANNE THEISMANN



ac ALEXANDRIA
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BONAVENTURE

NEWS

A Toast to Seniors

Oktoberfest raises \$26,000 for SSA programs.

By JEANNE THEISMANN
GAZETTE PACKET

A pint - or two or three - was raised in support of Senior Services of Alexandria, raising more than \$26,000 at the organization's 8th annual Oktoberfest Tour and Tasting Oct. 15 at Port City Brewing Company. "This was our biggest and best one ever," said SSA Executive Director Mary Lee Anderson. "We had more people, more sponsors and the [Washington] Nationals even won that night so it was a great evening all around."

The annual fundraiser supports SSA's programs and services for Alexandria seniors, including the Senior Nutrition Program, which includes Meals on Wheels, Caring Connection and Groceries to Go, the Friendly Visitor Program, AniMeals on Wheels and educational programming.

Presenting sponsor was The Goodhart Group of Compass Real Estate with catering provided by Federal City Catering and bratwurst by Logan Sausages.

Known primarily for operating the Meals on Wheels delivery program, SSA also provides a fee-free Groceries to Go service and manages DOT transportation reservations



Senior Services of Alexandria Executive Director Mary Lee Anderson, left, poses for a photo with Gerry Cooper and Patrick and Bobbi O'Brien at the annual SSA Oktoberfest Oct. 15 at Port City Brewing Company.

for the city. Educational programs are presented throughout the year through various events such as a speaker series and a monthly cable television production, Senior Living in Alexandria.

SSA recently partnered with the Animal Welfare League of Alexandria to operate the AniMeals on Wheels program, providing food

PHOTO BY JANET BARNETT/GAZETTE PACKET

for pets of low-income seniors. The SSA Friendly Visitor Program matches volunteers with seniors for weekly visits and SSA's Silver Service Card program provides local seniors with discounts at select local businesses.

"This is my favorite event all year," added Anderson. "I don't have to do much of anything - just show up and have fun since we don't do lots of speeches or presentations. People just come and enjoy themselves. It really is a fun evening for everyone."

www.seniorservicesalex.org



Senior Services of Alexandria board chair Laurie Blackburn, center, stands with former chairs Gerry Cooper and Jack Fannon at the SSA Oktoberfest Oct. 15 at Port City Brewing Company.



Jane Hughes and Melissa Palmer of Silverado share a toast at the Senior Services of Alexandria Oktoberfest Oct. 15 at Port City Brewing Company.



Everly-Wheatley Funeral Home staff members Judy Brinegar, Zelma Vargas and Scott Sanderford enjoy the Senior Services of Alexandria Oktoberfest Oct. 15 at Port City Brewing Company.



Page Moon, Amanda Chandler and Tina Townsend toast to Senior Services of Alexandria at the annual SSA Oktoberfest Oct. 15 at Port City Brewing Company.

Enjoying the SSA Oktoberfest at Port City Brewing Company on Oct. 15 are supporters Travis Floyd, Ben Stokes, Cal Purdy Colman McMahon.

PHOTOS BY
JANET BARNETT
GAZETTE PACKET

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ENTERTAINMENT

Get Ready to Rock the Block for a Good Cause

One night. A dozen restaurants. And unlimited food and drink.

By HOPE NELSON

One night. A dozen restaurants. And unlimited food and drink. For the benefit of the National Center for Missing and Exploited Children, Alexandria is getting ready to rock. And though the event is called Rock the Block, diners will feast along many, many blocks, from Carlyle down to the waterfront. The event takes place Nov. 7 from 6-9 p.m., and its reach extends across Old Town.

"It's a culinary tour where you eat and drink as much as you want from the restaurants that pretty much close to the public," says National Center for Missing and Exploited Children director of development Brian MacNair. "... A lot of times, these culinary tours or bar crawls You go and

you buy tickets and you get samples based on your ticket purchase. This is drink and eat all you can — we either pay the restaurants to close down or partially close down — and then they choose their menu. ... It gives the restaurants an opportunity to highlight themselves while doing good for a charity."

And while the National Center for Missing and Exploited Children is certainly the chief beneficiary, ticketholders certainly reap rewards of their own. Beginning at 6 p.m., they'll start off at their assigned first stop, pick up a wristband, and launch into a food tour across Old Town. From the Carlyle offerings — Tequila and Taco, Whiskey and Oyster — over to the newly renovated Joe Theismann's restaurant and on down King Street to Vermilion, Augie's, Majestic, Mia's and more, the food options

IF YOU GO

Rock the Block

When: Nov. 7, 6-9 p.m. (VIP ticketholders can also access pre- and post-events)
Tickets: \$125 for general admission; \$300 for VIP entry.

How to purchase: Visit www.rocktheblocks.org.

are abundant and ripe for nearly every taste.

Along with the more traditional eateries, the Charles Schawb outpost at 1920 Ballenger Avenue is hosting its own pop-up, complete with food from Sweet Fire Donna's, drinks from Lost Boy Cider and live music to keep the festivities going.

And lest diners think it's all calorie intake and no output, MacNair begs to differ.

If guests walk the full map and hit each restaurant, "it's a total of 2,000 steps, so

they can get their steps in," he said.

But the food and drink is only a part of the point of the evening. Rock the Block supports the NCMEC's work in protecting children from exploitation and keeping them safe.

Along with working to locate missing children, MacNair says the Rock the Block evening helps fund the organization's programs centered on preventing child exploitation.

Millions of tips come in each year about Internet exploitation, for instance, and helping children safely navigate the Web is something the center is focused on.

Last year, Rock the Block hosted eight restaurants and about 500 participants; this year, MacNair is hoping for 700 to 800 participants to visit the dozen restaurants that dot the map.

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Art Exhibit: Day of the Dead. Through Nov. 3, at Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St. The Potomac Fiber Arts Gallery presents its juried show, Day of the Dead. Neighbors in Mexico and Central America celebrate Day of the Dead. It is a joyful time that helps people remember the deceased and celebrate their memory. The colors and vibrancy of this holiday inspire artists of the Potomac Fiber Arts Gallery. Themed work will be eligible for recognition by the jurors. Non-themed work will also be exhibited. Visit www.Potomacfiberartsgallery.com for more.

"The Haunting of Hill House." Through Nov. 9 at The Little Theatre of Alexandria, 600 Wolfe Street, Alexandria. Get spooked by "The Haunting of Hill House," based on Shirley Jackson's 1959 gothic horror novel. Considered one of the best ghost stories of our time, this tale is a chilling and mystifying study in mounting terror. Show times: Wednesdays through Saturdays at 8 p.m.; Sundays at 3 p.m. Admission: \$21-24. Visit thelittletheatre.com.

"Board | out of our minds!" Through Nov. 10, gallery hours at the The Athenaeum, 201 Prince St. "Board | out of our minds!" relates to the games we play. The included works exhibit the creative means in which people developed board games to reflect their thoughts and reflections on the role of chance in life. While some are actual games, some refer to the role of games in life. Visit www.nfaa.org or call 703-548-0035.

Mount Vernon Farmers Market. Wednesdays (through Dec. 18), 8 a.m.-noon at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane. The McCutcheon/Mount Vernon Farmers Market opened May 1 with an array of farm-fresh produce and local foods, plus some new features (fresh brewed coffee!). 17 local farmers and producers will sell fresh, locally grown vegetables and fruits; meats; Chesapeake Bay seafood; breads and pastries; honey, jams and jellies; milk, cheese and eggs; herbs and plants; and more. Visit www.fairfaxcounty.gov/parks/farmersmarkets.

Band Members Needed. Join the Mount Vernon Community Band, a group of players who enjoy playing many styles of band music in a relaxed atmosphere. Rehearsals are Tuesdays 7:30-9:30 p.m. in the Mount Vernon High School Band Room, 8515 Old Mount Vernon Road. No auditions. All instruments needed. Contact Eric Leighty directly 703-768-4172 or visit www.mvbands.com/join-us/.

THURSDAY/OCT. 31

Trunk or Treat Block Party. 6:30-8:30 p.m. at Nannie J. Lee Rec Center, 1108 Jefferson Street, Alexandria. For ages 12 & under and their families. Treat the whole family to a ghostly time with activities and treats while jamming with a live DJ. Free. Dress as your favorite character or creature and celebrate safely. Visit alexandriava.gov/Recreation.

Lion Fest. 8:15-2:15 p.m. At Lyles-Crouch School, 530 S. St. Asaph Street, Alexandria. LCTA's Lion Fest is a fun, community harvest festival event where children will start off with a lap or two around the school, followed by visiting our sponsors stations for some health and wellness focused learning and activities. This year's Lion Fest fundraiser is highlighting health and wellness. Participants will receive drawstring bags to collect doo-dads at our sponsors stations. They are working with community businesses to join our festival and present some fun activities that the kids (and parents!) can participate in to promote health and wellness and its importance in our lives. Participants are welcome to dress up in their favorite costumes.

Trick or Treat. 4-6 p.m. at Carlyle House Historic Park, Alexandria. Free. Join in this All Hallows' Eve for good old fashioned trickery and treats. Bring your little ghosts, goblins, princesses and action heroes to one of Alexandria's most haunted dwellings. We'll be handing out candy. In case of inclement weather please call museum for status of the event.

Poe in Alexandria. 7:30 p.m. At The Lyceum, 201 S. Washington Street, Old Town Alexandria. Experience actor David Keltz as visionary author Edgar Allan Poe, recreating one of Poe's 19th-century speaking engagements. This year's program will feature the stories "The Man of the Crowd" and "The Black Cat" as well as the poems "To _____ (I heed not that my earthly lot)," "Eldorado," and "The Raven." Light refreshments will be available with beer and wine for sale before the show. Cost is \$15. Call 703-746-4994. Reserve online at AlexandriaVA.gov/Shop.

FRIDAY/NOV. 1

\$100 & Under Exhibit. 7-9 p.m. reception. At Del Ray Artisans Gallery, 2704 Mount Vernon Ave., Alexandria. Del Ray Artisans "\$100 & Under" exhibit showcases members' artwork all priced at \$100 and under. The art will be sold on an art-to-go basis (Nov. 1-Dec. 1, 2019). Sold artwork will be replaced each week with new work. The walls will be packed with great art at prices all art-lovers can afford. Gallery hours are: Thursdays 12-6 p.m., Fridays 12-9 p.m., Saturdays 12-9 p.m., and Sundays 12-6

SEE CALENDAR, PAGE 15



PHOTO BY JANET BARNETT/GAZETTE PACKET

GHOULS JUST WANNA HAVE FUN - Dressed in their wicked best costumes, Keiah Smith, Raelyn Peavy and Kamiya Smith (top to bottom) react after exiting the Democracy Federal Credit Union Haunted House trailer Oct. 29 on North Columbus Street. Trunk or Treat and a parade were part of the Halloween-themed events at Democracy FCU, which expanded into the city in May with the opening of the Old Town Executive Office. www.democracyfcu.org

ENTERTAINMENT



PHOTO BY LAURA MAE SUDDER

Flamingos for the season in Old Town.

CALENDAR

FROM PAGE 14

p.m.. The gallery is free, open to the public and accessible. Visit the website www.DelRayArtisans.org/exhibits

All Saints' Day Choral Evensong.

7:30 p.m. At St. Paul's Episcopal Church, 228 South Pitt Street, Old Town Alexandria. Grant Hellmers, Organist-Choirmaster of St. Paul's Episcopal Church, will direct the Adult Choir in an All Saints' Sunday Choral Evensong. Candles will be available to light in memory of loved ones. Music is by Sarah MacDonald, Richard Shephard, Charles Villiers Stanford, and Richard Ayleward. This service will be in memory of Jane Schleicher, former soprano in St. Paul's Choir, ringer in the Bell Choir, and extraordinary musician. A recording of her singing will also be played. All are invited. A freewill offering will be taken for the Lazarus Ministry to help the needy.

NOV. 1-2

Grief & Ghost Tours. 7:30-10 p.m. At Lee-Fendall House Museum & Garden, 614 Oronoco Street, Alexandria. A look at Victorian mourning traditions coupled with stories of tragic deaths and mysterious occurrences at the Lee-Fendall House. Cost is \$10. Tours will be offered Nov. 1-2 starting at 7:30 p.m., 8:30 p.m., and 9:30 p.m.. Visit the website: www.leefendallhouse.org.

SATURDAY/NOV. 2

Operation Christmas Child. 10 a.m. to 2 p.m. At 7010 Harrison's Lane, Alexandria. Shoebox packing party is sponsored locally by Woodlawn-Faith United Methodist Church. A small shoebox filled with gifts can have a huge impact on a child. Be a part of changing children's lives through the power of a simple gift. Samaritan's Purse collects gift-filled shoeboxes at more than 4,000 drop-off sites in all 50 states. It offers a year-round opportunity to pack personalized shoeboxes online. Go to samaritanspurse.org/occ to select

toys and gift items, write a note of encouragement and "pack" them in a shoebox. These gifts will be distributed to children in some of the hardest-to-reach countries around the world. Visit samaritanspurse.org.

Used Book Sale. 10 a.m.-4 p.m. at Sherwood Regional Library, 2501 Sherwood Hall Lane. Selection of over 20,000 gently used books, including children's books, fiction, history, biography, home and garden, cooking, crafts, sports, religion, travel, CDs, DVDs, and more. Unless specially priced, \$1 for hard backs, 50 cents for large paperbacks, and 25 cents for mass market paperbacks. Visit www.fairfaxcounty.gov/library/branches/friends-of-sherwood-regional.

Storytime with Young Historians. 11 a.m. to 12 p.m. At Alexandria Black History Museum, 902 Wythe Street, Alexandria. Bring your little learners to the Alexandria Black History Museum for cultural stories and creative craft activities that introduce history and folklore. The Museum Educator will be reading *Rainbow Stew* by Cathryn Falwell. Story time is every first Saturday of the month at 11 a.m. All ages are welcome, but most suitable for children 3 - 6 years old. Admission is \$3 per person. Tickets are available online at alexandriava.gov/shop. Visit alexandriava.gov/blackhistory.

Rhone Valley Wine Class. 2 p.m. At the Bastille, 606 N. Fayette Street, Alexandria. Rhone Valley offers some of the best value wines available. Sample six wonderful wines, nibbles and a lively discussion on the joys of Rhone. Cost is \$35/person. Visit www.bastilleresrestaurant.com.

Country-Western Dance. At Lincolnia Senior Center, 4710 North Chambliss St, Alexandria. The Northern Virginia Country-Western Dance Association will hold a dance. Lessons, 6-7 p.m. Open dancing, 7-9:30 p.m. A DJ provides music. Couples and singles of all ages welcome. Admission for NVCWDA members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. Trial memberships available at door for member level

entry fee. Smoke-free, alcohol-free. BYO refreshments. Visit www.nvcwda.org

2019 Athenaeum Member

Appreciation Party. 7-9 p.m. 201 Prince Street, Alexandria. This is a celebration for the members who help keep The Athenaeum in good condition, open to the public free of charge, and filled with vibrant arts programs. Members at the Supporter Level (\$100) get one ticket to the party, higher membership levels receive more tickets. Members are able to purchase additional tickets at \$75 each. Visit www.nvfaa.org.

Raven's Night. 7:30 p.m. At The Birchmere, 3701 Mt. Vernon Ave., Alexandria. Now in its 8th year, Raven's Night creeps, slithers, and slinks its way back to The Birchmere. Keep your Halloween season going with a unique soirée featuring fusion belly dance, live music and a pre-show carnival. This year's theme, Creature Feature brings the most iconic movie monsters to the stage. A sci-fi and fantasy fueled feast fit for all fandoms. Buy tickets at Ticketmaster.com or www.Birchmere.com.

The Smoke & Mirrors Mystery Soiree. 7:30-11:30 p.m. At Woodlawn and Pope-Leighey House, 9000 Richmond Highway, Alexandria. Cost is \$75-\$1,000. The year is a rowdy 1924, and you are cordially invited to the rather enchanting post-All-Hallow's Eve Soiree thrown by the mysterious Miss Elizabeth Montgomery Sharpe, heir to an eerily-substantial fortune, who has established herself as a hostess of great parties at her home estate, Woodlawn. The 1805 Mansion is rumored to be haunted, and despite Prohibition, spirits of all kinds will flow, along with savory and sweet treats. Visit eventbrite.com and search Smoke & Mirrors Mystery Soiree for tickets. Questions? Email woodlawnevents@savingplaces.org.

SUNDAY/NOV. 3

Faure Requiem. 10:45-12:15 p.m. At

SEE CALENDAR, PAGE 16

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ENTERTAINMENT



Grief & Ghosts Tours

Grief & Ghost Tours. 7:30-10 p.m. At Lee-Fendall House Museum & Garden, 614 Oronoco Street, Alexandria. A look at Victorian mourning traditions coupled with stories of tragic deaths and mysterious occurrences at the Lee-Fendall House. Cost is \$10. Tours will be offered October 25-26 and November 1-2 starting at 7:30 p.m., 8:30 p.m., and 9:30 p.m.. Visit the website: www.leefendallhouse.org.

CALENDAR

FROM PAGE 15

Trinity United Methodist Church, 2911 Cameron Mills Road, Alexandria. The combined choirs of Trinity United Methodist Church and Westminster Presbyterian Church present the Faure Requiem accompanied by chamber ensemble. Free. Visit the website: trinityalexandria.org.

Concerts at St. Luke's. 5 p.m. At St. Luke's Episcopal Church, 8009 Ft. Hunt Road, Alexandria. The First concert of the season. Classical Banjo performed by John Bullard. "He attracts international attention for his work in developing and transcribing classical repertoire for the five-string banjo. One of a kind show regularly knocks socks off left and right." A reception will follow. Cost is \$20 adult; \$15 senior; free to students and 18/under. Visit the website: www.saintlukeschurch.net/events

Free Piano Concert. 5-6 p.m. At Franconia United Methodist Church, 6037 Franconia Road, Alexandria. Come join Franconia United Methodist Church for a free concert with world renowned pianist Julee An who will be performing Bach, Beethoven, Rachmaninoff and more. Ms. An has appeared performed around the world and was a featured soloist with the St. Petersburg Philharmonic Orchestra. Free. Visit the website: <http://franconiaumc.org>.

TUESDAY/NOV. 5

ASO Night Shift. 6:30-8:30 p.m. at Chadwick's Restaurant in Old Town Alexandria. Burgers, Beethoven and the Beatles. Grab a drink or bite to eat at Chadwicks while supporting your favorite orchestra. Enjoy a string quartet with musicians from the Alexandria Symphony playing popular tunes and light classics. A portion of the evening's receipts will be donated to the symphony. Visit www.alexsym.org.

WEDNESDAY/NOV. 6

The French Perspective. 7-9 p.m. At The Lyceum, 201 S. Washington Street, Alexandria. Cost is \$10. Presented by The Alexandria-Caen Sister Cities Committee. The French Perspective of the Hundred Years War. Shakespeare's Henry V depicts the Battle of Agincourt (1415) during the Hundred Years War (1337-1453) as a heroic English victory against improbable odds. However, the battle made little difference and the war should actually be read as the story of Joan of Arc's resistance, a settled civil war and how the French state emerged from the challenge of foreign invasion stronger and more unified than ever before. Tickets available at shop.alexandriava.gov

THURSDAY/NOV. 7

Rock the Block — A Culinary Tour of Old Town Restaurants. The

National Center for Missing & Exploited Children will host its 2nd Annual Rock the Block event throughout Old Town Alexandria. Several of Old Town's hottest restaurants will close their doors to the public for this event, serving up some delectable dishes and specialty cocktails. Individuals will receive a wristband and a map in which they can choose their own culinary tour by selecting their starting restaurant from the participating restaurants. This year, 12 restaurants will be participating in the event and will include Augie's Mussel House, Urbano116, The Majestic, Vermilion, Whiskey & Oyster, Columbia Firehouse, Joe Theismann's Restaurant and Bar, Mia's Italian Kitchen, Pizzeria Paradiso, Tequila & Taco and a culinary pop-up at the Charles Schwab headquarters with Sweet Fire Donna's Barbecue and Alexandria's own cidery Lost Boy Cider. New this year is special guest appearances by celebrity chefs and restaurant owners Spike Mendelson (Good Stuff Eatery, Vim & Victor, We The Pizza, PLNT Burger, The Morris, Santa Rosa Taqueria) and Victor Albusu (Taco Bamba and Poca Madre). To purchase tickets, visit www.RockTheBlocks.org.

NOV. 7-10

Alexandria Film Festival. Celebrating 13 years, the four-day

SEE CALENDAR, PAGE 17


19/20 Season
AUTUMN CELLO & DVOŘÁK
 SATURDAY, Nov 16, 2019 8 P.M.
 SUNDAY, Nov 17, 2019 3 P.M.
 The ASO welcomes the changing of the seasons with Elgar's Cello Concerto in E minor with cellist Wolfgang Schmidt and Dvořák's Eighth Symphony under the direction of Maestro James Ross.
 Adult: \$20-\$85 Student: \$10 Youth: \$5
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CALENDAR

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25	26	27	28	29	30	31

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ENTERTAINMENT

FROM PAGE 16

Alexandria Film Festival brings high-quality short and feature length films, documentaries, filmmaker panels, and arts presentations to Alexandria. It highlights the talents of local, national, and international filmmakers. Free film screenings will be held at the Beatley Central Library on Nov. 8 from 10:30 a.m. to 5:30 p.m. Ticketed programming at the AMC Hoffman Theater 22 will feature special guests and Q&A panels. Purchase a \$50 All-Festival pass for admittance to all screenings and the Closing Awards' Reception on Sunday, Nov. 10 at 6 p.m. Tickets to individual showcases are \$12.50 online/\$15 at the door, space permitting. Visit www.filmfreeway.com.

FRIDAY/NOV. 8

Great Del Ray Poetry Reading. 7-9 p.m. At St. Elmo's Coffee Pub, 2300 Mt. Vernon Ave., Alexandria. The Great Del Ray Poetry Reading will feature award-winning poet and author William Heath to read poems from his new book, *Night Moves in Ohio*. Among praise: "In this remarkable collection, William Heath mourns and celebrates an almost vanished way of life: sometimes brutal, yet (in his sharply focused minutely particular, unsentimental, often humorous verses) intensely human." Event includes open-mic portion. Free. Visit the website: www.facebook.com/DelRayPlayers/

SATURDAY/NOV. 9

Craft Fair. 9 a.m. to 2 p.m. At First Christian Church of Alexandria, 2723 King Street, Alexandria. Leisurely explore the goods of the vendors, speak to them about their crafts, and snap up distinctive gifts that will be treasured by you and your loved ones. Free. Visit the website: <https://www.fcalexandria.com/>

Civil War Tours. 10 a.m. and 2 p.m. At Fort Ward Museum, 4301 West Braddock Road, Alexandria. Free in honor of Veteran's Day. The 90-minute tours will be conducted by an interpreter who will portray a Union army veteran reminiscing about his military service at Fort Ward during the Civil War. Participants will learn about Civil War veterans' organizations, the history of Fort Ward, army life in the Civil War Defenses of Washington, and the design and construction of Civil War forts. Highlights include the reconstructed Officers' Hut and ceremonial entrance gate, and the fort's fully restored Northwest bastion. Call Fort Ward Museum at 703-746-4848.

Succulents for Small Places. 10:30 a.m. to 12 p.m. At Barrett Branch Library, 717 Queen Street, Alexandria. Do you live in a small space? Succulents are a perfect



At Home with Bach

Saturday/Nov. 9, 7 p.m. at Virginia Theological Seminary, 3737 Seminary Road, Alexandria. This program, featuring the Brandenburg Concerto No. 6 alongside other works by Bach, Telemann, and Stölzel, imagines one ephemeral evening of friends and family happily playing together. Cost is \$35 (General) / \$10 (18 & Under). Visit the website: www.bachconsort.org

choice if you live in an apartment or condo and want to incorporate plants into your small space. They'll explore what makes a plant a succulent, their geographic origins, and why they are great options for small spaces. You'll learn all about the light, water, and soil requirements for successfully growing succulents. This event is offered by Extension Master Gardeners. Free. Advance registration requested at mgnv.org. Call 703-228-6414 or email mgarialex@gmail.com.

Whiskey Festival. 6-9 p.m. At George Washington's Mount Vernon Estate, Mount Vernon. Take in beautiful views of the Mansion and enjoy distilled spirits. At this event, sample George Washington's Rye Whiskey and spirits from more than 11 Virginia distilleries before voting for your favorite beverage. Curated food will accompany the spirits and complements the pour. Hear from Steve Bashore, Mount Vernon's director of historic trades, and other spirits industry titans as they discuss their distilled products. Enjoy music and entertainment throughout the evening. Tickets are \$125 per person.

Murder Trial of the Century. 7 p.m. At Lee-Fendall House, 614 Oronoco Street, Alexandria. The Lee-Fendall House Museum & Garden will host an evening with author D.N. Wilson as he discusses his new book *Cluverius v. The Commonwealth: Virginia's Murder Trial of the Century* and the shocking crime that inspired it. Drawing on true historical events, Wilson brings to life the men and women who found themselves at the center of this murder trial that gripped Virginia in the late nineteenth century. Tickets are \$5, members of the Lee-Fendall House are free. Space is limited. A book signing and refreshments will follow. Visit www.leefendallhouse.org.

House of Hamil. 7 p.m. At St. Aidan's Episcopal Church, 8531 Riverside Road, Alexandria. House of Hamill is on the edge of a new generation of traditional musicians. Rose Baldino and Brian Buchanan are accomplished traditional fiddle players and classical violinists, with over 25 years of writing and performance experience between them. Accomplished local players Chris Lindsay and Andrew Dodds will open the evening. Tickets are \$18 in advance at <https://www.focusmusic.org/event-3485183> and for members, \$20 at the door.

SEE CALENDAR, PAGE 18



House of Hamil

House of Hamil. Saturday/Nov. 9, 7 p.m. At St. Aidan's Episcopal Church, 8531 Riverside Road, Alexandria. House of Hamill is on the bleeding edge of a new generation of traditional musicians. Rose Baldino and Brian Buchanan are accomplished traditional fiddle players and classical violinists, with over 25 years of writing and performance experience between them. Accomplished local players Chris Lindsay and Andrew Dodds will open the evening. Tickets are \$18 in advance at <https://www.focusmusic.org/event-3485183> and for members, \$20 at the door.

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Science Gets Spooky Mad Science Expo inspires STEAM learning.

BY JEANNE THEISMANN
GAZETTE PACKET

Hundreds of future astronauts, scientists, mathematicians and engineers turned out Oct. 5 at The Watergate at Landmark for the third annual Spooky Mad Science Expo, an event to combine Halloween and science learning projects.

The Expo is the brainchild of Watergate resident Zohreh Khoshnamak, who founded the community's Science Club.

"I started the Science Club in our neighborhood with my son and his friend when I first moved here," Khoshnamak said. "A lot of kids wanted to join and now we meet twice a month and even have our own robotics team."

The event was held with the participation of volunteers from the Smithsonian Air and Space Museum, National Science Foundation, National Society of Black Engineers, American Chemical Society, RESET, U.S. Patent and Trademark Office, American Statistical Association, IDA, Kathy Wilson Foundation, and Patrick Henry and William Ramsay Recreation Centers.

Vice mayor Elizabeth Bennett-Parker attended the event and is excited to see community-driven STEAM activities.

"This is a purely volunteer-based event, without any financial support and backing, that has been growing in stature and attendance each year," Bennett-Parker said.



Khal and Islam Shehadeh with daughters Siba and Sarrah at the Spooky Mad Science Expo Oct. 5 at The Watergate at Landmark.

"The Watergate at Landmark has around 4,000 residents, or about 2.5 percent of our population. Our community is lucky to have someone like Zohreh Khoshnamak working to instill a love of science in our kids."

Khoshnamak hopes to see the Science Expo continue to grow.

"The event is an opportunity to spark the interest in science and technology in kids," Khoshnamak said. "But we still need help in the way of volunteers and financial resources. We need to get the word out so that people know about what we are doing here."

To learn more about the club, contact Zohreh Khoshnamak at khoshnamak@gmail.com.



PHOTOS BY JANET BARNETT/GAZETTE PACKET

Spooky Mad Science Expo organizer Zohreh Khoshnamak, right, with Shadia Mohmmadi and brother Samyar, Nikpirouz Khoshnamak and Tara Jackson, in back, Oct. 5 at The Watergate at Landmark.



Face painting at the Spooky Mad Science Expo.

Dressed as a "mad scientist," Shawn Brown representing the William Ramsay Recreation Center, shows attendees at the Spooky Mad Science Expo how to create dry ice Oct. 5 at The Watergate at Landmark.



CALENDAR

FROM PAGE 17

accomplished traditional fiddle players and classical violinists, with over 25 years of writing and performance experience between them. Accomplished local players Chris Lindsay and Andrew Dodds will open the evening. Tickets are \$18 in advance at <https://www.focusmusic.org/event-3485183> and for members, \$20 at the door.

At Home with Bach. 7 p.m. at Virginia Theological Seminary, 3737 Seminary Road, Alexandria. This program, featuring the Brandenburg Concerto No. 6 alongside other works by Bach, Telemann, and Stölzel, imagines one ephemeral evening of friends and family happily playing together. Cost is \$35 (General) / \$10 (18 & Under). Visit the website: www.bachconsort.org

Fall Harvest Ball. 8 to 11 p.m. At Gadsby's Tavern Museum, 134 N. Royal St., Alexandria. Admission: \$45 per person. As the leaves changed and planting time came to a close, the social season in 18th-century Alexandria commenced with a ball. Experience this 1770s-style ball with live music, English country dancing, cash bar and seasonal dessert collation. 1770s attire or cocktail attire welcome. Tickets are

available online at shop.alexandriava.gov. Visit alexandriava.gov/gadsbystavern. Or call 703-746-4242

Gen. Gordon R. Sullivan Fete. At Belle Haven Country Club, Fort Hunt Road, in Alexandria. The George Washington Chapter of the Virginia Sons of the American Revolution (SAR) will host a formal gala event to present the SAR's highest national award for public service to General Gordon R. Sullivan. The SAR Gold Good Citizenship Medal is awarded for outstanding and unusual patriotic achievement and service of national importance. Included among past recipients of the medal are former Presidents Truman, Ford, Carter, Reagan, and Bush.

SUNDAY/NOV. 10

Free Museum Tours. 1-4 p.m. At Gadsby's Tavern, 134 North Royal Street, Alexandria. In honor of Veteran's Day, the museum will offer free tours. In 1929, American Legion Post #24 purchased the buildings that now make up Gadsby's Tavern Museum and restored them with help from other community organizations as a memorial to honor the soldiers who lost their lives in World War I. After decades of meticulous

restoration and upkeep, they donated the buildings to the City of Alexandria in 1972 and continue to use the 1870s wing as a meeting space for their Post. Call 703-746-4242 or visit www.gadsbystavern.org.

Virginia Whiskey Tasting. 3-7 p.m. At Union Street Public House, 121 S. Union Street, Old Town Alexandria. Distillery participants include: A Smith Bowman, Belmont Farms, Boar Creek Distillery, Catocin Creek, Copper Fox Distillery, Iron Clad Distillery, KO Distilling, Murlarkey Distilling, Reservoir Distillery, Reverend Spirits, River Hill, Tarnished Truth. Appetizers and hors d'oeuvres will be served throughout to complement the tasting. Cost is \$59 per person. Ticket price includes whiskey tastings, appetizers, tax and gratuity. Call 703-548-1785 / <https://www.unionstreetpublichouse.com/>

TUESDAY/NOV. 12

Microgreens. 7-8:30 p.m. At Barrett Branch Library, 717 Queen Street, Alexandria. Learn the benefits of microgreens and some simple ways to grow these delicious, nutritious and inexpensive baby plants and sprouts in your own home. Plus, they provide supplies for you to plant your

own container. So come prepared to get a bit dirty while you make your own microgreen garden in class. This event is offered by Extension Master Gardeners. Free. Advance registration requested at mgv.org. Call 703-228-6414 or email mgarlalex@gmail.com.

WEDNESDAY/NOV. 13

Wildlife Conservation in a Changing World. 7:30 p.m. At Huntley Meadows Park, 3701 Lockheed Blvd., Alexandria. Dr. Sally Valdes will explore how climate change is affecting wildlife and offer some steps for addressing this threat. Climate change can adversely affect wildlife, for example, when the life cycles of interdependent species get out of sync and when rising coastal waters flood nesting sites. Too little or too much precipitation can stress whole ecosystems. The program is sponsored by the Friends of Dyke Marsh and cosponsored by the Friends of Little Hunting Creek, the Faith Alliance for Climate Solutions and the Friends of Huntley Meadows Park. Visit Friends of Dyke Marsh website: www.fodm.org

THURSDAY/NOV. 14

George Washington's Tomb. 7:30 p.m. at Gadsby's Tavern Museum, 134 N. Royal Street, Alexandria. Cost

is \$12. Join Matthew Costello, Senior Historian of the White House Historical Association, as he shares from his new book *The Property of the Nation: George Washington's Tomb, Mount Vernon, and the Memory of the First President*. He will trace the shift of America's attention from the official days of commemoration around Washington's death to spontaneous visits by citizens through the story of his tomb. This history reflects the building of a memory of America's first president—of, by, and for the American people. Tickets can be purchased either online at alexandriava.gov/shop or by calling 703-746-4242. Visit www.gadsbystavern.org.

SATURDAY/NOV. 16

Christmas Marketplace. 9 a.m. to 2 p.m. At Aldersgate Church, 1301 Collingwood Road, Alexandria. Luncheon featuring soup, BBQ sandwiches, delicious pies, silent auction, casseroles, jewelry & accessories, white elephant, bake sale, fresh pecans, collectibles, and popular craft vendors. All net profits benefit missions.

Puppet Show. 10 a.m. and 11:15 a.m. SEE CALENDAR, PAGE 19

ENTERTAINMENT

5 Foodie Dates To Circle in November

BY HOPE NELSON

Ah, November: Where the remnants of Halloween and Oktoberfest meet holiday beer, holiday baking and more. Whether you're ready to move on to Thanksgiving and Christmas or whether you want to hold onto fall for just a little while longer, there's something going on in November with your name on it. Here are some of the month's best bets.

Tidings Release Party at Port City Brewing, Nov. 1

Port City Brewing wastes no time getting into the holiday season with its release of the holiday-spiced Tidings Ale. The winter seasonal – a Belgian style ale brewed with Virginia wheat and local wildflower honey – is a perennial favorite each time it hits the shelves (and the kegs), and beer fans' wait is almost over. Beginning Friday, Tidings will be available on draft, in bottles, and to go from the brewery in crows and growlers. Pop by to lift a glass and celebrate the start of the holiday season. 3950 Wheeler Ave. 3-10 p.m.

Rustico Novemberfest 2019, Nov. 2

Rustico's annual post-Oktoberfest soiree keeps the beer festival going into November. Forty of Virginia's breweries and cideries will be on hand to offer up an overwhelming 80 different brews for tasting. Breweries from the likes of Aslin to Crooked Run will be in attendance, and wine lovers won't be left out, either; Barbourville Vineyards will pour some of its best wines for the occasion. While you sip, munch on BBQ pork sandwiches, chili, sausages and more. 827 Slaters Lane. Noon-5 p.m. \$25 for advance tickets, which includes 20 tasting tickets; \$10 at the door with \$1 tasting tickets.

CALENDAR

FROM PAGE 18

At Oswald Durant Center, 1605 Cameron Street, Alexandria. Tickets are \$6. Silly Goose and Val perform All Things Fall. Val's award-winning and participatory performance features 40 minutes of music, puppets, ventriloquism, dancing, singing to delight audiences of all ages. With bold voice talents and contagious dances, little ones get up, move, and laugh together. Visit alexandriava.gov/WebTrac.

Birds & Birdies 6K. 10:30 a.m. At Pinecrest Golf Course, 6600 Little River Turnpike, Alexandria. Enjoy a crisp 6k run along the scenic path of Pinecrest Golf Course at the inaugural Birds & Birdies 6K walk/run. Pinecrest is home to a variety of native bird species as well as native plants and flowers, making this a one-of-a-kind, must do event. The race is professionally timed and includes a race T-shirt, goody bag and medals for all finishers. Call 703-941-1061 or visit www.fairfaxcounty.gov.

Torpedo Factory Art Center Anniversary Ball. 7 to 10 p.m. At the Torpedo Factory Art Center, 105 N. Union St., Alexandria. Enjoy light fare and drinks, a retrospective showcase, guest presenters and live music. The night will feature the opening of 45: An Anniversary Exhibition in Target Gallery, honoring the legacy of the founding artists of the Torpedo Factory Art Center. The event will also premiere a new documentary on the history of the Torpedo Factory Art Center. Admission: \$60 through October 31; \$75 beginning November 1. Visit

Pumpkin IllumiNIGHT at Nalls Produce, Nov. 2

Keep the Halloween spirit alive with another weekend of pumpkin-carving. Nalls Produce will provide the (child-friendly) tools and the pumpkins; kids provide the creativity and artistic muse. Then, once the sun goes down and darkness descends on the scene, watch as the pumpkins all come alive, lit up to brighten the night. 7310 Beulah St. Noon-4 p.m.

Holiday Crafting and Cookie Decorating Workshop at AR Workshop, Nov. 17

It's hard to believe, but holiday baking time is rounding the bend again. Not quite sure how to get started? AR Workshop has you covered. The tutorial will take would-be bakers through the steps to create three Thanksgiving-themed masterpieces, as well as teaching them how to properly ice and decorate the cookies for maximum beauty. 1212 King St. 2-5 p.m. \$79.

Alexandria Cider Festival, Nov. 23

Move over, craft beer – craft cider is now the name of the game.

The Alexandria Cider Festival celebrates the sweet and savory sides of cider with nearly a dozen cideries offering up their wares for tasting. Your entry fee grants you chances to try the ciders on offer, plus as souvenir glass, autumnal activities and live music. Mount Vernon's food truck, Executive Orders, will be on hand to make sure you don't leave hungry. Lloyd House, 220 N. Washington St. 1-5 p.m. \$45 in advance; \$55 at the door.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

the website www.torpedofactory.org.

ASO Presents Autumn Cello and Dvorak. 8 p.m. At Rachel M. Schlesinger Concert Hall, 4915 E. Campus Drive, Alexandria. Featuring James Ross, Music Director; Wolfgang Schmidt, cellist. They will perform Boulanger: Old Buddhist Prayer; Elgar: Cello Concerto; and Dvorak: Symphony No. 8. Cost is \$20-\$85 adults, \$5 youth, \$10 students. Visit www.alexsym.org or call 703-548-0885.

SUNDAY/NOV. 17

ASO Presents: Autumn Cello and Dvorak. 3 p.m. At George Washington Masonic Memorial, 101 Callahan Drive, Alexandria. Featuring James Ross, Music Director; Wolfgang Schmidt, cellist. They will perform Boulanger: Old Buddhist Prayer; Elgar: Cello Concerto; and Dvorak: Symphony No. 8. Cost is \$20-\$85 adults, \$5 youth, \$10 students. Visit www.alexsym.org or call 703-548-0885.

Focus Alexandria. 7 p.m. At George Washington Masonic National Memorial, 101 Callahan Drive, Alexandria. Featuring the Rev. Robert Jones plus Michael Kelly. Jones plays guitar, harmonica, mandolin, banjo and fiddle using folk, blues, spirituals and other American Roots music to champion the history, beauty and power of our shared culture. Kelly is a musician who draws on influences ranging from Lyle Lovett to Taj Mahal, Louis Armstrong to Doc Watson. Tickets are \$18 in advance at www.FocusMusic.org and \$20 at the door.



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Going the Distance

FROM PAGE 1

dan Tropf, 27, from Silver Spring, MD. “I love this race because of the landmarks and the crowd support,” Tropf said. “The [wear] blue mile really reminded me why I was running and gave me the push I needed to finish.”

Tropf completed the marathon with a time of 2:27:43 while Brittany Charboneau, 31, crossed the finish line as the first place MCM female with a time of 2:44:47.

Among the local runners was HomeGrown Restaurant Group’s Director of Marketing Chelsea Anderson, who ran her first MCM 10K, finishing in 1:04:59.

“I’ve never seen so many energetic and chatty people on a Metro train at 6 a.m.,” said Anderson, who boarded at Braddock Metro for the trip to the 10K start line on the National Mall. “But it was a great experience and pretty cool to see all the Marines cheering everyone on. There’s seriously no better push of adrenaline than a high five from a Marine.”

Alexandria Mayor Justin Wilson ran his eighth Marine Corps Marathon, finishing with a time of 3:47:21. Realtor Liz Lucchesi ran the race in 5:12:22 and Brooke Sydnor

Curran finished in 4:28:24.

Other notable 44th MCM finishers include Gen. David H. Berger, 38th Commandant of the Marine Corps (5:29:38); Gen. (ret) Joseph F. Dunford, former Chairman of the Joint Chiefs of Staffs (4:45:00); U.S. Sen. Shelley Capito of West Virginia (6:45:56); U.S. Rep. Debra Haaland from New Mexico (6:06:01); and Medal of Honor recipient Dakota Meyer (5:20:40).

Australia’s Dean Karnazes, best-selling author, philanthropist and ultra marathoner, finished the 50K in a time of 5:38:14.

Top results: Marathon Male: Jordan Tropf, 27, Silver Spring, 2:27:43; Adam Stokes, 34, Bristol, England, 2:28:59; Matt O’Neil, 24, Woodbridge, 2:31:30.

Marathon Female: Brittany Charboneau, 31, Golden, Colo., 2:44:47; Margarita Quintero, 29, Zapopan, Jalisco, Mexico, 2:48:22; Selvi Rajagopal, 32, Columbia, Md., 2:50:42.

Wheelchair/Handcycle: Tom Davis, 42, Fremont, Ind., 1:07:10; Krys Zybowski, 43, Avon, Conn., 1:22:27; Omar Duran, 40, Clearwater, Fla., 1:22:34.

SEE GOING THE DISTANCE. PAGE 21



PHOTOS BY JOHN BORDNER/GAZETTE PACKET

William Gardner, 23, of Edinburgh, Scotland, crosses the finish line in 0:34:08 to win the men’s division of the Marine Corps Marathon 10K Oct. 27 in Arlington.

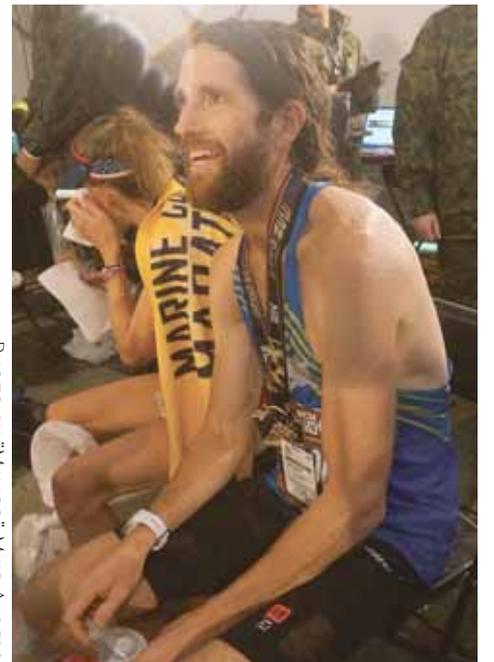


PHOTO BY “MANCO” MIKE ANDERSON

Brittany Charboneau, 31, of Golden, Colo., pauses for a photo after winning the women’s division of the 44th Marine Corps Marathon Oct. 27 in Arlington. Charboneau finished with a time of 2:44:47.

Arlington resident and ultra distance runner Michael Wardian, 45, cools down in the press tent after winning the inaugural Marine Corps Marathon 50K Oct. 27 in Arlington. Wardian completed the course in 3:11:52.



Arlington’s Michael Wardian celebrates winning the inaugural Marine Corps Marathon 50K race Oct. 27 in Arlington. A world-renowned ultra distance runner, Wardian, 45, completed the 31 mile course in 3:11:52.

The firing of Howitzer cannons signals the start of the 44th Marine Corps Marathon Oct. 27 in Arlington.



PHOTO BY “MANCO” MIKE ANDERSON



PHOTO BY "MANCO" MIKE ANDERSON

Alexandria's Chelsea Anderson raises her arms in celebration as she approaches the finish line of the Marine Corps Marathon 10K race Oct. 27 in Arlington. Anderson completed the course in 1:04:59.

Going the Distance

FROM PAGE 20

50K Male: Michael Wardian, 45, Arlington, 3:11:52; Dustin Whitlow, 33, Alexandria, 3:21:36; 3. Patrick Early, 40, Montclair, 3:40:50.

50K Female: Liz Ozeki, 31, Rockville, 3:42:04; Judy Doldorf, 46, Manassas, 3:52:00; Lisa Reichmann, 45, Gaithersburg, 4:15:11

10K Male: William Gardner, 23, Edinburgh, Scotland, 0:34:08; Kieran White, 41, Aylesbury, England 0:35:06; Shlomo Fishman, 27, Silver Spring, 0:35:16.

10K Female: Hannah Krumreich, 27, Vienna, 0:37:44; 1st Lt. Sarah Bridges, 27, USMC, Quantico, 0:38:42; Maj. Christine Taranto, 34, USMC, Alexandria, 0:38:50.



Vienna's Hannah Krumreich, 27, crosses the finish of the Marine Corps Marathon 10k to take first place in the women's division with a time of 0:37:44.



PHOTOS BY JOHN BORDNER/GAZETTE PACKET

Jordan Tropf, 27, from Silver Spring, crosses the finish to win the men's division of the Marine Corps Marathon 10K Oct. 27 in Arlington. Tropf finished the course in 2:27:43, shaving 9 minutes and 32 seconds off his 2011 time.

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Obituary

Theresa "GiGi" Hughes, 87, a mother, grandmother, great-grandmother, sister, aunt and friend, passed away on Tuesday, October 22, 2019, in Mount Vernon, Virginia. Visitation: 5 to 9 p.m. Friday, November 15, 2019 at Demaine's Funeral Home. Funeral Service will be held at 11:00 a.m. Saturday, November 16, 2019 at Blessed Sacrament Catholic Church. Burial at Fairfax Memorial Park following services. Please see www.DemaineFunerals.com for details.

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Obituary

Mellinee D. Taylor transitioned to her eternal rest on Sunday, October 20, 2019 at her home in Arlington, VA. She is preceded in death by her husband, Richard and leaves four children; three daughters Deborah M. Henson, Valerie Henson-Ford, Sharon A. Henson, Alexandria, VA; one son James E. Henson, Jr., Richmond, VA, and a host of family and friends to mourn her passing. The viewing and visitation will be held on Saturday, November 2, 2019 at Oakland Baptist Church, 3408 King Street, Alexandria, Va from 9:00 am until time of service at 11:00 am. Interment, Pleasant Valley Cemetery, Annandale, VA. Arrangements by Philip Bell Sr. and Winona Morrisette-Johnson Funeral Service, P.A. www.bmjfuneralservice.com

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Obituary

Mary K. Johrde Nefedov
Born December 8, 1926, passed away peacefully on October 17, 2019.
Mary was born in Grand Island, Nebraska to Sigurd and Grace Johrde (nee Danner) after two older brothers, Paul and Raymond. Mary Graduated from Grand Island High School and returned to celebrate her 60th reunion with her best friend from kindergarten. She graduated from Antioch College and returned to chair her 50th reunion. Mary received a "Federal Woman of 1973" award from the National Science Foundation for her tireless efforts on behalf of oceanographic research.

Beloved wife of the late William B. Nefedov and cherished step-mother to Suzanne Ascher, son-in-law Ken Ascher and grandchildren, Diana and Nick. Beloved Aunt Mary to Laura Long, Scott Johrde, Paula Harten and Joleen Worden and many great nieces and nephews.

A gregarious networker, Mary lived in Old Town Alexandria for more than 50 years where she had a full, independent life of travel, friendship and engagement. She loved her house in Edenton, NC that she and husband, Bill, renovated, and her house in Alexandria. She loved music and museums, wildlife and the great outdoors and will be sorely missed by family and friends.
Memorial Service will be held on Sunday, November 10th at 11am at Everly-Wheatley Funeral Home in Alexandria, Va.

Obituary

TELL US WHAT YOU THINK
SUBMIT YOUR LETTER TO THE EDITOR HERE
www.ConnectionNewspapers.com/contact/letter

"Underwhere" and What



By KENNETH B. LOURIE

Though I don't think I've broken any laws, other than the laws of consumerism, I may have gone over to the dark side. And by 'dark side,' I refer to two elements, one way more significant than the other, both of which I will get to in short order. In the interim, I refer to that most private of previously public purchases: underwear.

The last two times I bought underwear, I did not, as my father before me did so regularly for his two sons: buy from a local distributor. No. I didn't brick and mortar, I did not drive to and from. And neither did I engage with a living being (so far as I know, anyhow). Rather, I simply typed, mouse-clicked and purchased online from a national distributor. And since I wasn't able to touch and feel, my selection was a bit of a leap of faith. Would the fit, style and look satisfy in person much as it had done so online? So far, after having introduced a dozen pairs to their new homes, their owner and his neighbors seem okay with the interlopers. I expect that with the passage of time, the familiarity of it all will wear down any anticipated objections. Still, I imagine there will be an adjustment period.

Those purchases being made, I do feel as if I've crossed a line of sorts. [And the editor is likely to agree and assert selective deletion.] At the very least, consumers and their underwear purchases - and processes, seemed sacrosanct and immune to the lure of the internet. Granted, its presumptive privacy and seemingly endless choices/supply would presumably appeal to one's sense of curiosity. But not having the opportunity to physically pick and choose, and then grab and go to the cashier while glancing at the assorted inventory while you saunter through the department now seems like a lost art. An art that will never again be bid on, certainly not at Christie's anyway. I don't feel guilty exactly, about what I've done, but I do feel as if struck at the very foundation of the consumer's code of decency.

I mean, if one is going to buy underwear online then there really is no stopping the internet's intrusion into our daily lives. And if the artificial intelligence running the sites knows about our most personal preferences, then what's preventing a mass outing of mankind and womankind? To that possible end, I am now going to mention the second element of my recent purchase for which you likewise might have an opinion. This time I have literally gone over the dark side: colors; blue, black, green and gray. The tidy whites of my youth and nearly entire adulthood have had to give way to color. Another break with my underwear past which also seems unforgivable. My father always wore white underwear. How could I, as his son, break with such familial tradition? This is the weight I am now carrying. I'm not exactly leaving the faith but I do feel that I'm definitely disconnecting.

And since these online purchases of non-white underwear are not that recent (six months or so), recently, as in the last month, I have given consideration to yet another total break to how/where I've purchase these non-white "underweares," brand. I have heard multiple radio advertisements on my satellite radio concerning an upscale brand of underwear which has given me pause to rethink how I might further upgrade the neighborhood where my underwear has been residing.

It's been difficult enough changing how I buy my underwear, and then transitioning from whites to colors, but now possibly changing brands just for the sake of some creature comforts? I haven't heard any complaints from the neighbors so why bother? To be cool and comfortable? I thought I was. Apparently not. Dare I break yet another decades-old tradition? It may be too much.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

BRAINSTORMING SESSIONS

The City of Alexandria invites the public to attend brainstorming sessions on approaches to mental health, affordable housing and poverty challenges in the community. Community members selected these three topics during a recent public meeting on the development of a five-year Community Health Improvement Plan. During the upcoming sessions, the community will propose solutions related to the underlying causes of poverty, lack of affordable housing and poor mental health.

- ❖ **Mental Health Session:** Nov. 4, 6:30-8 p.m., at The Garden by Building Momentum (5380 Eisenhower Ave., Suite C)
- ❖ **Affordable Housing Session:** Nov. 6, 6:30-8 p.m., at the Leonard "Chick" Armstrong Recreation Center (25 W. Reed Ave.)
- ❖ **Poverty Session:** Nov. 12, 7-8:30 p.m., at the Charles Houston Recreation Center (901 Wythe St.)

To learn more about the Community Health Improvement Plan process, visit alexandriava.gov/Health

SATURDAY/NOV. 2

Rosary Prayer. 9 a.m. At Contrabands and Freedmen Cemetery, 1001 S. Washington Street, Alexandria. Many Parish members at Saint Joseph Catholic Church are direct descendants of the 1,700 individuals buried at the Contrabands and Freedmen Cemetery. The Rosary will be said at the Memorial at the cemetery the first Saturday of each month at 9 a.m. Pray for all the souls buried there who died seeking freedom. Email sr.bentleyva@gmail.com.

Budget and Work Planning Retreat. 9:30 a.m. to 3:30 p.m. At Alexandria Renew Enterprises, 1800 Limerick Street, Alexandria. The Alexandria City Council will hold a retreat meeting to discuss the Fiscal Year 2021 General Fund Operating Budget planning process and develop City Council's Calendar Year 2020 Work Program. During the budget portion of the retreat, City Council will be briefed on the City's financial outlook, employee compensation issues, and Alexandria City Public Schools operating budget projections; and receive input from the City's Budget and Fiscal Affairs Advisory Committee.

Best Practices for Reserves.

10 a.m. to noon. At The Hermitage, 5000 Fairbanks Ave., Alexandria. The City of Alexandria, Arlington County, and Alexandria-based law firm Mercer Trigiani are sponsoring a series of workshops related to condominium and community associations during FY2020. Register on-line at <https://housing.arlingtonva.us/events>.

MONDAY/NOV. 4

Leaf Collection Program Begins. The City of Alexandria will begin its annual leaf vacuuming and leaf bag collection program. Leaf collection is expected to continue into January. Alexandria is divided into five collection zones, each with a specific start date. Each zone will receive three passes. Residents who receive City trash and recycling collection services may recycle leaves:

1. Rake leaves to the curb for vacuum collection;
2. Place leaves in paper leaf bags for collection (leaves in plastic bags are considered refuse, and are thrown away as trash); or
3. Compost leaves and yard waste at home.

Do not mix brush or other items with leaves, as these items may injure City workers, damage equipment or private property, or cause delays. To determine specific collection zones and dates, and to find locations where complimentary leaf bags may be picked up, visit alexandriava.gov/LeafCollection or call the City's leaf collection hotline at 703-746-5323

TUESDAY/NOV. 5

Sample Ballots for the City of Alexandria's Nov. 5 General Election are now available online. The ballot includes choices for:

- ❖ Virginia State Senate (30th, 35th, or 39th District);
- ❖ Virginia House of Delegates (45th or 46th District);
- ❖ Alexandria Clerk of Court (citywide).

Your ballot will depend on your home address and assigned precinct. Each of the four sample ballots includes a list of associated precincts. But if you aren't sure of your precinct name, you will also find a precinct map and a list of precinct addresses and ballot styles. Visit www.alexandriava.gov.

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#WeAreAlexandria



OPEN SUN 11/3, 2-4

Old Town | \$1,746,000

If you missed the 2018 Historic Homes Tour, now is your chance to visit this exquisite Victorian-Era home. Lot #67, one of Alexandria's original 84 numbered lots, was laid out with the assistance of apprentice surveyor, George Washington. Experience its terraced garden, state-of-the-art kitchen, two master bathrooms, two fireplaces and white-washed pine floors. Located in the southeast quadrant within two blocks of King Street, you are just steps from fine food and wine, the farmer's market, boutiques, galleries and the Potomac River. 212 S Royal Street

Lisa Groover 703.919.4426
www.LisaGroover.com



OPEN SUN 11/3, 2-4

Belle Haven | \$1,340,000

This gracious Colonial-style, 3-level brick home with lower level walk-out is functionally superior and energy-efficient! 4 bedrooms, 3 baths on upper level; in-law suite and an over-the-top Liebherr/Wolf kitchen. Brick patio & inviting screened porch. 6014 Grove Dr.

Janet Catterson Price 703.622.5984
www.JanetPriceHomes.com



OPEN SUN 11/3, 2-4

Ivy Hill | \$989,900

Beautiful, expanded center hall colonial on a large lot on quiet cul-de-sac in MacArthur district. Spacious master bedroom suite, open kitchen/family room. Screened porch & decks overlooking private side yards. Finished lower level with third bath. 501 Ivy Circle

Betty Mallon 703.989.8548
www.BettyMallon.com



OPEN SUN 11/3, 2-4

Hollin Hills | \$850,000

Spacious, renovated two level Goodman contemporary with two additions has 5 bedrooms & 3 full baths, plus a separate studio with additional half bath. Many updated systems & special features. Beautifully sited on a lush .4-acre lot backing to parkland. 1907 Marthas Road

Jodie Burns 571.228.5790
www.JodieBurns.com



OPEN SUN 11/3, 2-4

Kingsgate | \$439,000

You won't believe the natural light in this fabulously located townhouse. Large dining & entertaining area, eat-kitchen, balcony, fireplace & powder room occupy the main level, and 2 en-suite master bedrooms and laundry are on the upper level. 1724 Kingsgate Ct #304

Betty Mallon 703.989.8548
www.BettyMallon.com



OPEN SAT 11/2, 2-4

Old Town Village

\$1,249,000

Beautiful builder's model that is polished and pristine. 3 bedrooms, 3.5 baths, chef's kitchen, 3-gas fireplaces, gleaming hardwood floors, plantation shutters, custom built-ins, pocket doors, entertaining deck with awning, garage, and more.

319 S Henry Street

Mary Farrell 703.969.5522
www.choosemary.com



OPEN SUN 11/3, 2-4

Old Town

\$1,200,000

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504 Cameron Street

Jillian Keck Hogan 703.951.7655
www.JillianKeckHogan.com



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