Children’s & Teens’ Connection 2019

Self Portrait with Frame, Luke Anton, Grade 3, Sunrise Valley Elementary
Special Connections Calendar 2020
Advertising Deadlines are the previous Thursdays unless noted.

JANUARY
1/8/2020..................................................Wellbeing
1/15/2020..................................................HomeLifeStyle
1/22/2020..................................................A+ Camps & Schools
1/29/2020..................................................Senior Living

FEBRUARY
2/5/2020..................................................Wellbeing
   - National Children’s Dental Health Month
2/5/2020..................................................Valentine’s Dining & Gifts
2/12/2020..................................................HomeLifeStyle
2/19/2020..................................................A+ Camps & Schools
2/26/2020..................................................Senior Living /
   Connection Families - Pet Connection

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Children’s & Teens’ Connection
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Angelina Lin, 8, Reston:
Evening Melody

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Welcome

Dear Readers:

This week, the Reston Connection turns over its pages to the youth and students. We asked children from area schools to contribute their words, pictures and photos for our annual Children's & Teens' Issue. The response as always was enormous. While we were unable to publish every piece we received, we did our best to put together a paper with a fair sampling of the submitted stories, poems, drawings, paintings, photographs and other works of art.

We appreciate the extra effort made by school staff to gather the materials during their busy time leading up to the holidays. We'd also like to encourage both schools and parents to mark their 2020 calendars for early December, the deadline for submissions for next year's Children's & Teens' Connection. Please keep us in mind as your children continue to create spectacular works of art and inspiring pieces of writing in the coming year.

The children's issue is only a part of our year-round commitment to cover education and our local schools. As always, the Connection welcomes letters to the editor, story ideas, calendar listings and notices of local events from our readers. Photos and other submissions about special events at schools are especially welcome for our weekly news pages.

Our preferred method for material is email, which should be sent to reston@connectionnewspapers.com, but you can reach us by mail at 1606 King Street, Alexandria, VA 22314 or call 703-778-9414 with any questions.

— Editor Kemal Kurspahic

By Beryl Farbrother, Lake Anne Elementary, Grade 4

By Elizabeth Teleguine, 14, of Reston, Art Teacher: Yana Farmer of Monroe Street Studio in Herndon

Saanvi Haitabada, Aldrin Elementary School, Grade 4

Picasso LeCoq, by Lucy Price, Grade 3, Hunters Woods Elementary School for the Arts & Sciences, Reston

By Beryl Farbrother, Lake Anne Elementary, Grade 4

Children's & Teens' Connection
Children's & Teens' Connection

Aldrin Elementary School

Claire Witter, Grade 2

Lam Vu, Grade 2

Renita Liu, Grade 4

Israa Tasleem, Grade 5

Katie Otero -Henriquez, Grade 6

Saanvi Haitabada, Grade 4

Suha Siddiqui, Grade 6

Nia Kommen, Kindergarten

Lucy Fahr, Grade 3

Teddy Montgomery, Grade 6
Children’s & Teens’ Connection

Lake Anne Elementary

Lola Riesco, Lake Anne Elementary

Beryl Farbrother, Lake Anne Elementary, Grade 4

Kitty Revelo-Laura, Grade 6, Lake Anne Elementary

Priya Robbins, Lake Anne Elementary, Grade 5

Kirsten South, Grade 2, Lake Anne Elementary

William Bertoni, Lake Anne Elementary, Grade 4

Khamiya Woods, Lake Anne Elementary, Grade 4

Uliana Zolotareva, Grade 1, Lake Anne Elementary
Advith Chandra Goli, Grade 5
Ella Naroditsky, Grade 6, Logo Design
Lucy Price, Grade 3, Picasso LeCoq
Michael Lamb, Grade 3, Self Portrait
Emily Kim, Grade 6, Logo Design
Emma Ayres, Grade 5
Kavya Bobba, Grade 6, Animal Mask

Hunters Woods Elementary
Artwork submitted by Norma Morris, Art Specialist, Hunters Woods Elementary School for the Arts & Sciences, Reston

Srijay Admala, Grade 2, Arbitrary Owl
Vishal Manikandan, Grade 6, Animal Mask

Lillian Ingraham, Grade 6, Animal Mask

Julian Laurence, Grade 6, Animal Mask

Alex Temestini, K, Selfportrait

Charlotte Brown, K, Selfportrait

Camila Muratova, Grade 5, Architecture

Corinne, Grady, Grade 3

Shelbie Lamb, Grade 2, Paper Weaving

Hunters Woods Elementary
Artwork submitted by Judy Sohn, Art Specialist, Hunters Woods Elementary School for the Arts & Sciences, Reston

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**Children’s & Teens’ Connection**

**Sunrise Valley Elementary**

- Martin Luther King Jr., William Holloran, Grade 4
- Silhouette, Ebba Shinkman, Grade 4
- Freedom, Esta Dominic, Grade 4
- Still Life, Maddie Evans, Grade 4
- Still Life, Nico Brusgul, Grade 4
- Self Portrait, Nylah Galvan, Grade 1
- Shoe, Erik Harriot, Grade 5
- Leaf, Mary Kennedy, Grade 6
- Leaf, Logan Haas, Grade 6
Terraset Elementary

Winter Evening, by Lexi Dunn, Grade 6

Winter Landscape, by Jane Pattee, Grade 6

Xia Joubert, Grade 4

James Derrick, Wolf, Grade 2

Shreya Jain, Unicorn, Grade 2

Grace Manuszak, Giraffe, Grade 2

Jayden Tatlonghari, Bat, Grade 2

Winter Evening, by Lexi Dunn, Grade 6

Sophie Gress, Snow tiger, Grade 2

Aella Quinn Breitbarth, Grade 4

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My Parents

By Maxwell Smith
Grade 3, Aldrin ES

My mom and dad are cool and nice and loving. They are funny. They play with me. They hug me. They love me. I love them.

Thankful

By Paulina Castaneda-Muro
Grade 6, Aldrin

Thoughtfulness
Happiness
Awareness
Niceness
Kindness
Faithfulness
Unusualness
Loyalness

By Maylee Batucan, 8, Grade 3, Yan’s Art Studio, Vienna
By KENNETH B. LOURIE

The doctor told me that I’ll probably receive results from today’s biopsy in five to seven days. The pathologist will send the results to my oncologist who presumably will email them to me. Now whether that new information will cause a change in my treatment, I certainly don’t know. However, I would imagine that the genetic mutation/biomarker would cause an immediate change. We’re not exactly waiting for Godot here. And neither is the process itself. It’s medicine. It’s research. It’s years of clinical trials. All of which has led to the FDA’s approval of more drugs for the treatment of lung cancer in the last three years than in the previous three decades, according to LUNGevity. Lung cancer is by far the leading cause of cancer deaths annually with up to 200,000 new cases diagnosed every year.

"Targeted Therapy" is what I’m talking about. And it’s a simple as it sounds. A specific medicine is more effective when given to a patient with a specific biomarker type of tumor; they’re not all the same. Eleven years ago when I was first diagnosed, mutations were not yet a part of the oncologist’s playbook. Now, they’re on page one. After years of researching, potentially using old-itch/conventional methods, I am about to move to the head of the class. Maybe even the teacher’s pet. I’m an almost-50 year-old oncologist’s prize cow! This is not experimental stuff, this is state of the art, so to speak. And soon, if I’m lucky, I will join the ranks.

At this juncture, I know very little specifically about what might happen next. I have learned during my years of treatment and meetings with my oncologist that future scenarios are rarely discussed. Sure, we’ve occasionally mapped out, generally speaking, a course of action/reaction, but my oncologist prefers not to go too far ahead of where we are at present. One new symptom and/or unexpected result from a CT scan or a brain MRI and once again, it will be "Katie, bar the door." Accordingly, I have become a patient patient. That’s not double talk, that’s years of experience. I’d like to think it’s part of the reason I’m still alive.

Another reason I’m still alive is the Team Lourie philosophy: hoping Kenny can stay alive until research catches up—or even passes you by which then enables you to take advantage of the next big thing/new drug. Over the last 11 years, I’ve been the beneficiary of research that provided drugs which allowed me to live years beyond my original "13 month to two year" prognosis (in quotes because that’s what my oncologist said). Now I hope to be the beneficia-

ry once again of the latest and greatest treatment: "Targeted Therapies." If so, another 11 years would suit me just fine.

To say I’m excited would not exactly describe my state of mind. Hopeful, of course. Anxious, for sure, because I think my oncologist, per our last meeting, was anticipating my future a bit and switching from my present opdivo immunotherapy to something brand new (or a new combination of medicines) seemed timely to him. Ergo, my needle biopsy today. A specific medical radiologist. I guess you could say "I’m pleased as punch," though, to quote Hubert Hume Hurst, Jr., the 38th Vice President of the United States, that I had this procedure. It opens up new horizons in medicine. It’s more effective when given to a patient with a specific biomarker. It’s more effective when given to a patient with a specific biomarker.

The Potomac Almanac & The Connection Newspapers.

KENNETH B. LOURIE is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.
The Best Gift

The best gift is not an object or a place yet a feeling. The feeling of warmth of family and friends. The feeling of paying it forward or buying something to help someone. That little drop of kindness that makes yours and others day so much better. The exquisite delight of making someone smile is the best gift of all.

—Meissa Islam, 11, Grade 6

The Best Gift I Have Ever Been Given

The best gift I have ever been given wasn’t something big, like a play set or a bike. It wasn’t expensive either, like an iPad or a phone. It was something more meaningful than any of those gifts combined. It was a door to imagination, a window to creativity. It was a very highly recommended cure for boredom: A Book. This magical gift led me on so many adventures and to so many memories, even though it was just a combination of writing and pages, brought together by a hard cover. I am extremely grateful that I was able to receive the pages, writing, and cover. I wish that everyone will be able to receive such a gift, and be able to treasure it forever.

—Maxine Leonard, 11, Grade 6

What Makes a Good Parent

Being a good parent is a difficult task but very beneficial to your child or children. Ways to be a good parent are loving your child, making sure your child is making good choices, being protective of your child, and talking to your child when they need you. Parents are a role model to their child or children. That’s why parents also need to make good choices, kids should be able to look up to their parents. A good parent should know how to deal with their child or children in almost any situation. The most important thing a good parent should do is love their child or children.

—Amanda Li, 11, Grade 6