

## Biden Wins Virginia Virginia Presidential Primary 2020 Results

### Statewide Results

Joe Biden	704,541	53.33%
Bernie Sanders	305,493	23.12%
Elizabeth Warren	142,280	10.77%
Michael Bloomberg	127,655	9.66%
Tulsi Gabbard	11,231	0.85%

### 8th Congressional District

Joe Biden	95,000	49.12%
Bernie Sanders	40,095	20.73%
Elizabeth Warren	32,064	16.58%
Michael Bloomberg	19,860	10.27%
Tulsi Gabbard	1,189	0.61%

### 10th Congressional District

Joe Biden	76,776	51.07%
Bernie Sanders	35,550	23.65%
Elizabeth Warren	14,714	9.79%
Michael Bloomberg	18,245	12.14%
Tulsi Gabbard	1,359	0.90%

### 11th Congressional District

Joe Biden	78,703	49.74%
Bernie Sanders	39,685	25.08%
Elizabeth Warren	18,631	11.77%
Michael Bloomberg	16,370	10.35%
Tulsi Gabbard	1,119	0.71%

### Fairfax County

Joe Biden	121,865
Bernie Sanders	57,085
Elizabeth Warren	29,633
Michael Bloomberg	28,131
Tulsi Gabbard	1,794

### Arlington County

Joe Biden	33,975
Bernie Sanders	13,263
Elizabeth Warren	14,062
Michael Bloomberg	6,682
Tulsi Gabbard	383

### City of Alexandria

Joe Biden	20,782
Bernie Sanders	7,586
Elizabeth Warren	7,628
Michael Bloomberg	4,243
Tulsi Gabbard	246

Unofficial Results as of midnight on Election Day.

## House Versus Senate Conservative upper chamber undermines progressive House of Delegates.

BY MICHAEL LEE POPE  
THE GAZETTE

Democrats and Republicans in the General Assembly like to see themselves as adversaries. The real enemy, they like to say, is down the hall.

The House of Delegates and the Virginia Senate are famously at odds with each other under the best of circumstances. This year, though, tensions between opposite sides of the Capitol have boiled over into a new kind of rivalry. And it's not just that they face each other in an annual basketball game or even that they make a point of pronouncing "sine die" differently. This year, as Democrats seized control of both chambers, tensions between the House and Senate reached epic proportions that could end up having consequences for everything from the minimum wage and gun control to redistricting and who is allowed to officiate weddings.

"We've got to go back to the people and say here's what I promised, and here's what I did," explained Del. Ken Plum (D-36). "By contract the Senate, candidly, can relax a few years before they go back to voters. And I think that means they are a little less responsive on issues that we might say are very popular."

One of the most important distinctions between the two chambers is that the House of Delegates traces its history back to 1619. The Senate, by contrast, is an after-



A statue of George Washington stands at the center of the hallway between the House of Delegates and the Virginia Senate, two chambers that have been at odds with each other this year.

thought in Virginia government. It was created in 1776 as a kind of modern update to the Council of State, where lifetime members offered advice to the governor and served as the highest judicial body in the colony. These days, the House has two-year terms, and the Senate has four-year terms.

"When you're in the Senate, you have more measured opportunity because you have a four-year term," says Senate Minority Leader Tommy Norment. "And you could give an aggressive vote in year one, but you would have three years to rehabilitate yourself. I think the Senate, as it's currently constituted even with the Demo-

cratic majority, is a little more deliberate."

**THAT DELIBERATION** has been a source of tension this year, starting in a dramatic fashion during the first day of session in January. House Democrats in leadership prepared what they thought would be a routine function of appointing a committee of House and Senate members to inform the governor of their organization. Normally, the committee has four members of the House and three members of the Senate. But when the House sent that document over to the Senate it came back with an amendment changing the com-

position of the committee to three House members and three Senate members.

"What they really wanted was equality on the conference committee for the budget," says Del. Alfonso Lopez (D-49), the House majority whip. "And they were trying to establish a precedent for having all the reasons in the world to insist on having six and six or five and five or seven and seven so that they have an equal say on the final budget."

When the House Democratic leadership first saw the Senate amendment, some thought it was a joke. Perhaps the new Senate Democratic leadership were playing some kind of practical joke on the first day of session, which is dominated by pomp and circumstance. The committee in question was just a ceremonial gathering to walk upstairs and inform the governor that the chambers are organized and ready for business.

"So we walk down the hall and ask what's going on, and the Senate lays into us about this has been a long time coming and just because it's always been this way it doesn't need to be this way," recalls Del. Marcus Simon (D-53),

the House majority parliamentarian. "We just came off the campaign trail, and we just worked like heck for each other because we're all on the ballot at the same time. We're doing joint town halls and joint campaign events. We're friends, and all of a sudden they're screaming at us."

Simon recalls that tense meeting ended in an ultimatum.

"You just tell the governor that he won't be able to do the State of the Commonwealth this year," senators told House leaders, according to Simon.

The new House leadership huddled with Speaker Eileen Filler-Corn to figure out how to respond to demands from the new Senate Democratic leadership. They eventually came up with a plan to hoodwink the upper chamber: appoint a House committee of seven members to separately inform the governor that the House was organized. The idea was that the Senate would assume it was a six-member committee, and they would follow suit with sending six members to inform the governor that the Senate was organized. The plan worked, and

SEE HOUSE VERSUS, PAGE 5

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# NEWS

## ‘Champions for Children’

### CAC Gala raises \$65,000.

BY JEANNE THEISMANN  
GAZETTE PACKET

The Center for Alexandria’s Children raised \$65,000 as it honored community philanthropist Brooke Sydnor Curran and Inova Health Systems FACT Director Mary Hale at its annual CAC Gala Feb. 27 at the Old Dominion Boat Club.

Hale received the 2020 Outstanding Dedication to Alexandria’s Children Award and Curran was honored with the 2020 Champion for Children Award.

“Mary and Brooke are emblematic of the impact we can have in the lives of our community’s children,” said Center Board Chair Kerry Donley in bestowing the awards. “Brooke has envisioned a future where all of Alexandria’s children, regardless of their background or circumstance, are able to succeed in school and life as happy, healthy individuals. We are grateful to be a beneficiary of Brooke’s efforts to uplift children’s lives.”

Commonwealth Attorney Brian Porter commended Hale for her dedication to ensuring that sexual assault patients will no longer suffer long delays in receiving services for trauma.

“Thanks to Mary’s dogged advocacy for victims of abuse, Inova Health System in Fairfax is now the only hospital in Northern Virginia that has a forensic team that serves patients in need around the



**Commonwealth Attorney Brian Porter, Alexandria Mayor Justin Wilson and former ACT President and CEO John Porter at the Center for Alexandria’s Children annual benefit Feb. 27 at the Old Dominion Boat Club.**

clock. Mary ensured that survivors of abuse are cared for promptly and respectfully,” Porter said.

In addition to Porter, Mayor Justin Wilson and Chief of Police Michael Brown were among the 150 attendees of the event.

The Center is the city’s only Child Advocacy Center and provides a safe haven and professional help for abused and neglected children.

Additionally, it offers programs that strengthen families through its signature Learn & PlayGroup program and community training to empower adults to protect children.

As a public-private partnership, the Center relies on private, local and state funding. “It’s important for us to get the word out, to help the community see and understand the work that we do,” said community volunteer Kim Davis.

Of the funds raised at the Gala, \$12,000 will be earmarked to create the Center’s 10th Learn & PlayGroup.

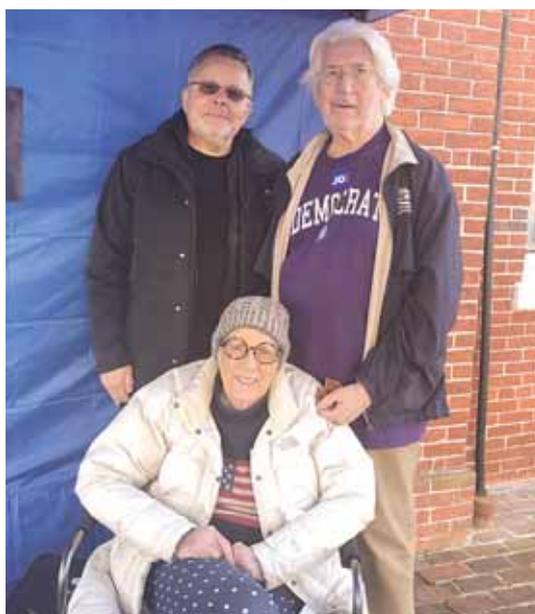
Primarily funded through private donations, the popular PlayGroup program fills a void for children ages 0 to 5 years and their caregivers.

Founded in 2007, the Center for Alexandria’s Children provides comprehensive services to children who have reported abuse. It has expanded its scope to include prevention, education and outreach programs aimed at eliminating child abuse within the community through training programs and the specialized Learn & PlayGroup program aimed at strengthening families.

[www.centerforalexandriachildren.org](http://www.centerforalexandriachildren.org)



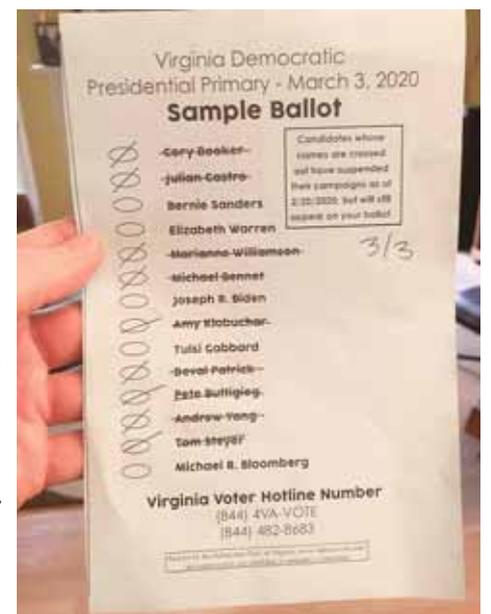
**The Center for Alexandria’s Children honored RunningBrooke’s Founder and CEO Brooke Sydnor Curran, left, with its 2020 Champion of Children Award and Mary Hale, Inova Health System FACT Director, with its Outstanding Dedication to Children Award at its annual benefit Feb. 27 at the Old Dominion Boat Club.**



**City Hall Democratic Precinct Captain Mario Velasquez, standing at left, mans the Alexandria Democratic Committee table alongside Ron and Hazel Rigby outside City Hall March 3 during the “Super Tuesday” Democratic presidential primary election.**

PHOTOS BY  
JEANNE THEISMANN  
GAZETTE PACKET

**A sample ballot prepared by the Alexandria Democratic Committee shows the 14 names that appeared on Virginia’s Democratic presidential primary ballot. To help avoid confusion, the ADC crossed off names of candidates that dropped out of the race prior to the March 3 voting.**



## NEWS

### Online Information Session On COVID-19 Coronavirus

The City of Alexandria, the Alexandria Health Department, Inova Health System, and the Alexandria City Public Schools will hold an online virtual information session on Thursday, March 12, from 8 to 9 p.m., to provide information and answer questions about the COVID-19 coronavirus. The session will be accessible at alexandriava.gov/Health.

Panelists will include Dr. Stephen A. Haering, director of the Alexandria Health Department; Dr. Rina Bansal, president of Inova Alexandria Hospital; Dr. Gregory C. Hutchings Jr., superintendent of Alexandria City Public Schools; and Mark B. Jinks, city manager. The panelists will take questions about the COVID-19 coronavirus; how individuals can protect themselves and those around them; how government and the health care sector are preparing for additional impacts from the virus; and how businesses and nonprofit organizations can help. Questions may be submitted in advance at alexandriava.gov/Health, or asked

live during the online session using the social media, text message, and phone information on the webpage.

A recording of the session will be available online after the session ends.

Public health agencies continue to closely monitor the global outbreak of respiratory illness caused by COVID-19, which was first detected in Wuhan City, China, and reported in December 2019. At this time, Virginia continues to have no confirmed cases of the virus.

#### How Can I Protect Myself, My Family and My Business?

There is currently no vaccine to prevent COVID-19 infection. However, everyday preventive actions help prevent the spread of respiratory viruses like COVID-19, as well as influenza and the common cold, including:

- ❖ Washing your hands often by rubbing them together with soap and water for at least 20 seconds. If soap and water are not available,

SEE COVID-19, PAGE 18

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# House Versus Senate

FROM PAGE 1

lawmakers avoided what could have been a disaster on their first day in office.

“This was like real serious anger that I was seeing,” recalls Simon. “And that was a big surprise to have that kind of enmity with the other body.”

**TENSIONS BETWEEN** the House and Senate have become a defining theme of the General Assembly session this year, especially after bills crossed over from one chamber to the other. Senators have been modifying the more progressive elements of the House agenda. Perhaps the most striking example of this is the effort to increase the minimum wage. House members approved increasing it to \$15 an hour across Virginia by 2025. Senators took a regional approach that wouldn’t increase the minimum wage in Hampton Roads until 2034.

“I just want to slow this down a bit and give the business community an opportunity to adjust,” explained Sen. Dave Marsden (D-37). “I’m very concerned this will have a huge impact on the state budget, and it’ll have a huge impact on Virginia’s economy.”

Del. Mark Levine (D-45) got several bills through the House that floundered in the more conservative Senate. Perhaps the most significant was the assault-weapons ban, which passed the House but was killed in a

Senate subcommittee. Gov. Ralph Northam asked Levine to carry the bill for him, and he considers it one of the biggest missed opportunities of the session. Levine also had a bill that would have removed many of the onerous requirements for who gets to officiate weddings in Virginia, eliminating requirements he viewed as unconstitutional comingling of church and state. Then end result is that almost anyone would have been allowed to officiate weddings, an idea that passed the House unanimously but died in the Senate.

“I come, perhaps, from a more traditional era that it should be someone in the community that has some gravity,” explained Sen. Chap Petersen (D-34). “Maybe it’s a state delegate. Maybe it’s a judge. Maybe it’s a pastor. But it’s not anybody off the street.”

Senators like to think of themselves as having a bit more decorum than the House, where members have a tendency to be a bit raucous. This became an issue when lawmakers were considering a bill introduced by Del. Dawn Adams (D-68) that would have legalized spitting in public. The idea was that police might use the prohibition to target people for harassment, so eliminating the prohibition was viewed by many as a criminal justice reform — until it got to the Senate, where freshman Sen. Joe

SEE HOUSE VERSUS, PAGE 18

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PEOPLE

# Memory Lane Goodwin House holds 'Lasting Love' expo.

BY JEANNE THEISMANN  
GAZETTE PACKET



**Elsie and Tom Smolinski display their wedding photo from 1962 at the Lasting Love wedding expo Feb. 14 at Goodwin House Alexandria.**



**Eleanor Karro holds a photo of herself as a bride as she stands next to the gown she wore on her wedding day in 1970 during the Feb. 14 Goodwin House Alexandria wedding expo.**



**Nancy Gamble and Betsy Ramirez of Goodwin House Alexandria adjust the neckline of the 1940s wedding dress featured at the Feb. 14 Lasting Love Wedding Expo display of wedding gowns and photographs.**



**Carol Lewis stands beside the dress she wore for her second marriage in 1993 at the Feb. 14 wedding expo at Goodwin House Alexandria.**



**A resident looks at bridal photos and dresses from more than 50 years ago during the Feb. 14 Lasting Love Wedding Expo at Goodwin House Alexandria.**

The residents of Goodwin House Alexandria took a trip down memory lane during a special exhibit of wedding dresses and photographs dating from the 1950s and '60s at the Feb. 14 Lasting Love showcase in celebration of Valentine's Day.

"My husband David and I were married in 1970 in a little town in Southwest Virginia," said Eleanor Karro as she stood next to her wedding gown on display. "I chose a Vogue pattern and had my dress made by a local seamstress."

Carol Lewis married for the second time in 1993.

"We had known each other for 10 years or so before we got married," said Lewis, who was widowed in 2015. "A few years before the wedding, my husband wanted to buy me a dress and Shepherds of Australia had just opened in Tysons. So that is the dress I wore on my wedding day."

Lewis and her husband had a blended family that grew to include six grandchildren and one great-grandchild.

"He was the love of my life and my best friend," Lewis said.

Other tales of love included Edward Mott, who married his wife Priscilla in 1958 at Christ Church in Alexandria. The high school sweethearts dated off and on for six years before Ed said he "very nervously" proposed to her.

"Try to be nice to your wife," was Ed's marriage advice as he displayed a photo of Priscilla to honor her memory. The couple was married 61 years before Priscilla passed away in May 2019.

Gloria Gibson had two wedding dresses on display during the expo: her own dress from 1952 and that of her mother, who married Gibson's father in 1927.

Gibson and her husband John were married for 66 years before he passed away in July 2018. Her biggest piece of marriage advice is "to be willing to compromise."

When Karro was asked about her best memory from her wedding day, she didn't hesitate.

"We couldn't find the wedding flowers at the church," said Karro. "So my husband never lets me forget that I was late to my own wedding."

PHOTOS BY  
JANET BARNETT  
GAZETTE PACKET

# NEWS

## Calling Alexandria Residents 60+ Spring session of the Senior Academy starts April 1

By MARYANNE BEATTY  
DIRECTOR OF COMMUNICATIONS  
SENIOR SERVICES OF ALEXANDRIA

Spring is right around the corner, and so is the next session of the Senior Academy which is open to Alexandria residents and those who work in Alexandria who are 60 and older. The Senior Academy is perfect for newly retired or new residents to Alexandria who are looking for ways to get involved in the community. Participants will learn how their local government operates and what services and programs are available. "As a new retiree, I wanted to learn as much as I could about the city I had lived in for years," said Mary Hennigan a recent graduate. "The Senior Academy touched on so many topics of interest. Every presentation reinforced all the reasons why the City of Alexandria is such a great place to live."

This is the 8<sup>th</sup> Senior Academy session that Senior Services of Alexandria and the City's Office of Communications are presenting. It will begin on Wednesday, April 1 at City Hall. The class meets the first four Wednesdays in April from 10 am to 12:30 pm.

Attendees will hear from different city leaders and non-profits on topics including how the city formulates its annual budget to what recreational activities are available for older adults. Participants will meet at the following locations with designated topics:

- ❖ April 1 - City Hall - Getting to know your City and How You Can Make a Difference
- ❖ April 8 - Police Headquarters - City Services for Seniors
- ❖ April 15 - Charles Houston Recreation Center - Community Resources
- ❖ April 22 Sept. 11 - Beatley Central Library - Leisure, Cultural and Educational Opportunities and a graduation luncheon.

Applications are now being accepted until 5 p.m. on Friday, March 20. You can request an application by calling Senior Services at 703-836-4414, ext. 110 or visit seniorservicesalex.org or the city's website at alexandriava.gov/Academies



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# OPINION

## The Way It Was: Calvin D. Terrell

BY CHAR McCARGO BAH

**A** visit with Calvin D. Terrell in Alexandria, Virginia was like going back in time. He was born in 1935 in the West End section of Alexandria when it was known as Falls Church. The African Americans in the West End were a close-knit family. Many of the individuals that lived in that area during the time that Calvin was born had been there prior and during the civil war. These families were interrelated by blood and marriage.

As a young boy, Calvin lived with his godparents, William and Ida Wanzer. When he was younger, he had a job delivering papers in the West End neighborhood. This job allowed Calvin to know all of the families that lived in the Seminary, Quaker Lane and King Street areas. His paper route included the Virginia Theological Seminary area as well.

Going down memory lane, Calvin can name families throughout the West End especially families who lived near Oakland Baptist Church on King Street; they were the Wanzer, Crone, Douglas, Henry, Terrell, Colbert, Belk and Robinson families. He also remembered the slaughtering of pigs in the neighborhood, especially at Mr. Wood's house.

Calvin said, "It was a lot of chickens running around the community and my dad had a cow." It is hard to image that King Street and Quaker Lane had livestock running around in the yards and streets.

Calvin remembers when the U.S. Army Camp was located at the present day Safeway and at the local gas station. He also remembers what



Calvin D. Terrell.

the landscape was like before Farlington and Parkfairfax were built. He said, "That we used to walk from Seminary to Green Valley in Arlington, Virginia. We would go to a baseball games in Arlington."

After the building of Farlington and Parkfairfax during the 1940s, one could no longer see Green Valley from Seminary Road but one was still able to walk to Green Valley by using a back road.

Also Calvin saw the great boxer Joe Louis training in the area of West End. Calvin said that Joe Louis sometimes stayed in Arlington,

in the black neighborhood. He said, "My elders told me that boxer Joe Louis sometimes stayed at my uncle William and my aunt Rebecca Terrell Boswell's house in Arlington. I checked with a couple of older residents of Arlington and they confirmed that Joe Louis stayed at a boarding house in the Johnson Hill's neighborhood in Arlington. Calvin continued his story about Joe Louis by saying that, "Joe would jog from Green Valley in Arlington to Quaker Lane, to Bailey Cross Roads and to King Street." I asked Calvin if he ever went to any of Joe's fights? He said, "No. We just listened to Joe's fight on the radio."

Where T.C. Williams stands today was once a thriving African American community that had built their homes, but "urban renewal" and "eminent domain" forced many families to move out of the neighborhood. Calvin witnessed all those changes. Before the T.C. Williams was built, an African American four-room school known as, "Seminary" served the community. The African Americans in that neighborhood made many contributions to the history of West End and the development of the community.

Calvin's memory of his neighborhood touches the heart. He also recalls the many families he knew that have left the Seminary area.

For Calvin, he reminisces about those gone by days when he used to deliver newspapers to the neighborhood and had conversations with the neighbors.

*Char McCargo Bah is a published author, freelance writer, independent historian, genealogist and a Living Legend of Alexandria. She maintains two blogs, <http://www.theotheralexandria.com> and <http://www.findingthingsforu.com>.*

### LETTERS TO THE EDITOR

## One Job: Pass the Assault Weapons Ban

Senator Scott Surovell can write all the lengthy explanations he wants about his no vote on the assault weapons ban. However, he and Senators Petersen and Edwards were sent to Richmond with a clear message from their constituents. Pass the Assault Weapons Ban. That's

what your constituents said they expected you to do but apparently you thought you knew better. As a result of your irresponsible action, we might both pay a price.

**Kevin Bergen**  
Mount Vernon

## Deserve \$15?

Nick Riviere's and Tony Hedgepeth's op-ed insisting that all Virginia workers deserve a \$15/hour minimum wage, regardless of

cost-of-living in their locale, fails to factor in economic reality. In high-cost locales such as ours, employers should be able to afford \$15, but in low cost ones, such a minimum wage might put too many out of business. The final minimum wage, once it is fully phased in, not only should be inflation-adjusted, but should be based on cost-of-living in the locale where the job is located. This would be a proper model for the federal government to consider.

The \$15/hour minimum wage's advocates fail to fully understand the drawbacks. The \$15/hour minimum wage is really a "living wage" designed to lift full-time workers out of poverty, different in concept from the traditional minimum wage which was a wage floor that put a moral limit on how little an employer could pay and still maintain a worker's dignity. \$15/hour minimum wage advocates are engaging in a bit of deception in that they are trying to change the underlying understanding of what minimum wage

means. In this respect, the \$15/hour minimum wage is a radical notion which moderate Democrats rightly would insist be phased in more carefully than advocates desire.

Even moderate Democrats are engaging in abuse of language when they call doubling minimum wage in barely a decade "gradual" when it is really radical. That it is not radical enough for some could create a backlash even redistrict-

ing (thought to add four House of Delegate seats to blue Northern Virginia) cannot overcome. Because ten percent is sometimes considered the limit of de minimis, smaller annual increases of 50-70 cents per year would make more sense. This would take even high-cost Northern Virginia until 2032 to reach the "living wage" threshold.

**Dino Drudi**  
Alexandria

### Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

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The massive crowd assembled at The St. James listens to Sanders.

# Bernie Sanders Rallies with Thousands At St. James Sports in Springfield

Democratic presidential candidate Sen. Bernie Sanders (I-VT) held a rally with U.S. Rep. Ilhan Omar (D-MN) in Springfield on Saturday, Feb. 29. Sanders addressed the thousands of supporters packed onto the indoor field at The St. James Sports, Wellness, and Entertainment Complex as he made a final push for votes before the Super Tuesday primaries.



Friends from Arlington at the rally: (from left) Ammar Khalid, Sibtay Haider, and Daniyal Rahim.



Rep. Ilhan Omar energizes the crowd before introducing Democratic presidential candidate Sen. Bernie Sanders.

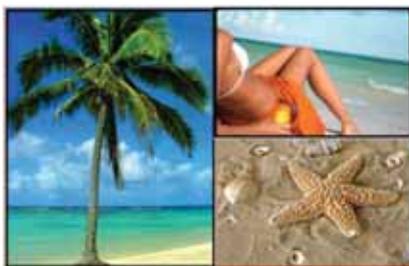


From left, Mohammad Haider from Alexandria and Usman Sheikh from Herndon. Sheikh became a US citizen last year and is excited to be able to vote in this year's presidential election.



Yashoda Premysler from Falls Church.

PHOTOS BY  
TOM MANNING  
THE GAZETTE



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## WELLBEING

# Inflicting Pain to Gain Relief

Self Injury Awareness Month is a time to learn about the condition and erase the stigma.

BY MARILYN CAMPBELL  
THE CONNECTION

March is self-injury prevention month, a time when mental health professionals work to raise awareness of the condition, recognize the signs and work to remove the stigma. Known by clinicians as non-suicidal self-injury, the behavior is described as intentionally harming oneself without intending to end one's life. The population most likely to engage in self-harm behaviors range from middle school through college, according to the American Psychological Association.

"When teens begin engaging in cutting behavior it is typically because they are feeling overwhelmed by intense feelings or emotions and don't have the coping skills to manage or respond to how they feel, said therapist Carol Barnaby, MSW, LCSW.

"Adolescents might self-injure to distract themselves from intense negative emotions of sadness or anger, or emotional numbness, added Jerome Short, Ph.D., Associate Professor of Psychology at George Mason University. "They may also want to punish themselves or express a need for help."

Cuts and burns on the wrists or thighs are among the most common signs of self-injury. "Parents may notice their children have unexplained cuts, burns, or bruises," said Short. "Adolescents may wear clothing or bracelets to cover themselves even in very warm settings. Parents may find knives or razors in their children's rooms or notice they are missing from the home."

"Other signs that your child may



Stacie Isenberg



Jerome Short

be cutting include marks on the skin from scratching, using a paper clip or skin picking, advises Barnaby. "Multiple similar marks on the skin in close proximity for which your child has no explanation," said Barnaby.

While cutting and burning oneself causes pain initially, that pain can evolve into relief. "Sometimes cutting can be habit-forming or become compulsive, said Barnaby. "This in simple terms, means that the more the person cuts the more they feel the need to do it and their brain associates cutting with relief."

Teens might turn to self-injury as a way of regulating their emotions. "For teens who are feeling a lot of strong and intense emotions, self-harming releases the body's natural opiates and endorphins that help them manage their feelings," said Joanne Bagshaw, Ph.D., Professor of Psychology at Montgomery College. "On the flip side, a teen who is shut down or who feels numb might self-harm to feel their feelings. Alternatively, self-harm may be for the teen to communicate that they need help."

Several factors might trigger self-inflicted injuries. "Childhood abuse and conflicted parental relationships may trigger self-injury," said Short. "Self-injury may be a sign of depression, anxiety, substance use, or post-traumatic stress disorders."

Parents who suspect that their child might be engaging in intentional self-injury should avoid criticism and seek mental health treatment. "Parents should not ignore the problem," said Short. "If children engage in life threatening behavior, they should take them to a hospital."

Noticing those marks, however, could require careful attention. "Teens who self-injure often hide the marks that self-injury might cause," said Child Psychologist Stacie Isenberg, Psy. D. "For example, they may wear a long-sleeved shirt in hot weather if there are marks on their arms or multiple bracelets if there are marks on their wrists."

"If parents feel that their teen is engaging in self-harm behaviors they should show compassion for their child and get help, added Barnaby. "Self-harm behavior is very treatable with early intervention."

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## PEOPLE AT WORK

# Animals are Hungry, Too

AniMeals monthly deliveries provide food for needy animals.

BY SHIRLEY RUHE  
GAZETTE

Shannon Brady places a 22-pound bag of Meow Mix on her metal cart beside a bag of wet cat food. “The Meow Mix is for David. He has five cats and feeds the feral cats in the neighborhood.” David is her first stop of the eleven on this morning’s AniMeals delivery route.

Brady pulls up at David’s apartment on S. Whitney Street and carries two large bags of kitty litter down a muddy incline to the backdoor patio where she delivers the monthly supplies. “This is only the second time in four years that it has rained on my Thursday deliveries. I’m glad I wore my waterproof boots.”

A quick knock on the door. “Let’s see if he is home.” Brady heads back to her car to get two additional bags of dry and wet cat food. No sign of David but the inside curtain parts open at the corner. “That little kitty there is Morris. He sees the bags of cat food outside the patio door, but we have

to be careful. Morris likes to sneak out the door.” Brady points to a table with a brightly-colored blanket left outside to give the neighborhood cats a warm place to hide during bad weather.

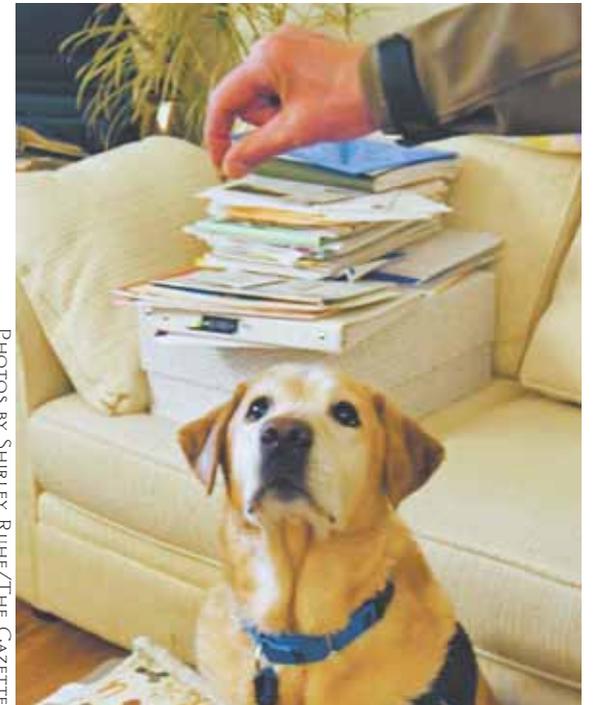
The next person on the delivery route is Betty. “She has a black and white dog and a cat.” Brady knocks but there is no answer. Brady lifts two bags of cat food over a short stone wall and places them on Betty’s patio.

On down the street to Francine’s apartment in a high rise on S. Whitney Street. “These key codes drive me crazy,” Brady says as she balances her two heavy bags with the information sheet. “Francine likes to have both wet and dry cat food.”

“AniMeals,” Brady calls out but no answer at the door so Brady leaves the sacks of food in the hallway outside the door. “Sometimes she is there, and sometimes she is out.” Brady keeps careful notes on what she leaves at each place and where she has put it. “We are respectful of where they want it. Sometimes their balance isn’t so great.”



Shannon Brady loads up her AniMeals deliveries for her regular monthly Thursday route.



PHOTOS BY SHIRLEY RUHE/THE GAZETTE

Bud, Toni Popkin’s yellow Labrador service dog, is curled up in his bed at her feet but gets up when he spots a treat from Brady.

Next is Toni Popkin on N. Howard Street. Popkin calls out to come in. Bud, her yellow Labrador service dog, is curled up in his

bed at her feet. Brady deposits two large bags of dog food next to Popkin’s chair. Brady explains Popkin had a couple of auto accidents and, “we got this dog for her in 2013. Then a year into it the dog got cancer.” So Popkin held a fundraiser to raise funds for treatment of the dog.

Popkin explains she has just returned from Capitol Hill and Richmond to raise awareness about brain injury. She is also involved in disseminating information about service dogs and writes a regular column in “The Brain Health Magazine.” As she leaves, Brady bids farewell to Popkin. She rubs Bud’s ears before she walks out the door. “Bud is my favorite.”

Brady says that AniMeals is more than delivery of food. Through networking with other groups the Animal Welfare League of Alexandria is able to solve problems and to provide additional assistance. “Toni called me once when I was in Washington State for a cousin reunion. She has a painful fall and couldn’t walk her dog.” So Brady called back to the Animal Shelter, and they arranged to find a regular dog walker until Popkin was able to resume.

Mary Lee Anderson, Executive Director of Senior Services of Alexandria (SSA) says the partnership between non-profit organizations like hers and city agencies underlies the strength of this operation. Eligibility for AniMeals is determined through Alexandria Department of Social Services using income-based criteria.

The eligible names are provided to Norma Roberts who is the AniMeals volunteer coordinator for Senior Services of Alexandria. Roberts calls each person once a month to determine what they are looking for that month and provides the list to the three drivers who pick up and deliver the supplies from the Animal Welfare League each month. She says some animals may have special needs or special diets.

Although the community, business and sometimes Amazon overstocks provide most of the supplies that are delivered, the special needs supplies often have to be purchased. Anderson says this is where grants play a role.

Anderson says this effort all started 6-7 years ago when she got a behind the scenes tour of the Vola Lawson Animal Shelter operated by the Animal Welfare League. “They told me they couldn’t believe how many donations they got. ... They said they needed to get them out into the community.” This gave her an idea so she went to the Alexandria Division of Aging, and a partnership began with the City of Alexandria Social Services and SSA to begin the AniMeals program. Last year they served 61 animals.

Brady says many of these people who receive the pet supplies live alone, and their pet gives them someone to wake up to and care back. This program means they don’t have to choose between food for themselves and food for their pets.



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# BULLETIN BOARD

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## SATURDAY/MARCH 7

**Energy Masters Event.** 9:30 to 11 a.m. At ParcView Apartments, 5380 Holmes Run Pkwy., Alexandria. Virginia Cooperative Extension and EcoAction Arlington invite you to an event celebrating the completion of energy efficiency improvements to the 1,000th apartment unit for the Energy Masters program. Light refreshments will be served and will be followed by a program with remarks from hosts, Wesley Housing, the program partners and elected officials. After the program, they'll offer tours of an apartment unit where Energy Masters will demonstrate their work, and the tenant will talk about the program's impacts.

## MONDAY/MARCH 9

**Foster Parent Orientation.** 6-7:30 p.m. At Alexandria Department of Community and Human Services, 2525 Mt. Vernon Ave., Alexandria. The City of Alexandria will hold a free, no obligation information session for prospective foster parents. An agency representative will be on hand to answer any questions and explain the requirements to foster and/or adopt. Go to the Mt. Ida Street side entrance of the DCHS building. To RSVP, call 703-746-5858 or email [Christine.Levine@alexandriava.gov](mailto:Christine.Levine@alexandriava.gov).

## PARTICIPATE IN 2020 CENSUS EFFORTS

Councilman Canek Aguirre is encouraging residents to participate in Census volunteer efforts to raise awareness about the 2020 Census and reach Alexandria's hard-to-count populations. Aguirre serves as Chair of the City of Alexandria's Complete Count Committee. A list of upcoming volunteer opportunities can be found below:

- ❖ St. Patrick's Day Parade - Saturday, March 7, 11 a.m., Old Town, Alexandria.

- ❖ 2020 Census Ambassador Training - Sunday, March 15, 2 p.m., James Duncan Branch Library, 2501 Commonwealth Avenue, Alexandria.

In March and April, Councilman Aguirre and City staff will participate in panel discussions at city libraries to discuss the importance of the Census.

- ❖ 2020 Census Information Session - Saturday, March 28, 3 p.m., Barrett Branch Library, 717 Queen Street, Alexandria.

- ❖ 2020 Census Information Session - Monday, March 30, 7 p.m., Duncan Branch Library, 2501 Commonwealth Avenue, Alexandria.

- ❖ 2020 Census Information Session - Saturday, April 11, 11 a.m., Burke Branch Library, 4701 Seminary Road, Alexandria.

## THURSDAY/MARCH 12

**ALX 2020 Women's Leadership Forum.** 7:30-10 a.m. At The Westin Alexandria, 400 Courthouse Square, Alexandria. The Chamber ALX's 2020 Women's Leadership Forum, presented by The LizLuke Team at Long & Foster Realtors. The forum will bring together citizens at all stages of their careers for a morning-long program designed to provide interactive discussion, inspiration and professional development. Cost is \$65 for Members | \$85 for Non-Members | \$300 for 5-Pack of Tickets | \$600 for 10-Pack of Tickets.

## FREE TAX PREPARATION

The City of Alexandria is offering free tax preparation to qualifying residents. Taxpayers are eligible if their income is below approximately \$35,000 for individuals and \$55,000 for families. Expert volunteers from Community Tax Aid, Inc. will ensure that taxpayers apply for all applicable credits and deductions — especially the Earned Income Tax Credit and the Child Tax Credit, which people often don't realize they are eligible to receive. Sessions will be held on Saturdays from 9 a.m. to noon, and Wednesdays from 6:30 to 8 p.m., from now through April 11, at the Department of Community and Human Services (2525 Mount Vernon Ave.). Persons seeking tax

SEE BULLETIN, PAGE 18

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# ENTERTAINMENT

## 4 Dates to Circle in March

BY HOPE NELSON

From toasting St. Patrick to celebrating – or agonizing – over your basketball team’s tournament performance, there’s a lot to do around Alexandria in March. Here are some of the month’s top picks.

### Star Sailor White IPA Release at Port City Brewing, March 6

Alexandria’s own Port City Brewing is coming out with a brand-new beer this weekend, its Star Sailor White IPA. The hazy beer is brewed with 100% Virginia-grown wheat and has a fruity subtext that is sure to yield a very drinkable beer for springtime. The Star Sailor joins Port City’s limited-release lineup and will be available on draft or in six-packs. 3950 Wheeler Ave. 3-10 p.m.

### March Madness Festivities at Joe Theismann’s, beginning March 15

For college basketball fans, the best part of the season is approaching in short order – the NCAA Tournament. And Joe Theismann’s has you covered for both a place to view the games as well as some special menu items that span the country – and the bracket. Nosh on fried green tomatoes, North Carolina pulled-pork sliders, Impossible chorizo tacos and mini Chicago hot dogs – and fill out a bracket for yourself in the hopes of winning a prize. 1800 Diagonal Road.

### Irish Whiskey Tasting at Live Oak Restaurant, March 17

Naturally, with the celebration of St. Patrick’s Day comes a certain amount of whiskey-drinking, and Live Oak is getting into the spirit with a tasting. Sample some of the hard stuff straight from Ireland and munch on some snacks from the kitchen to get you into the Irish spirit. Slainte! 1603 Commonwealth Ave. 7-10 p.m. \$35.

### East Coast vs. West Coast IPA Tasting at Evening Star, March 22



### Star Sailor White IPA Release at Port City Brewing, March 6.

New England-style and West Coast-style IPAs may come from the same family of beers, but their end results are incredibly different. Which style will garner the most fans? An IPA tasting event at Evening Star pits the two coasts against each other for tasters to try. Your ticket nets you unlimited beer samples from the likes of Bissell

Brothers and The Veil, plus some snacks to keep you energized. 2000 Mount Vernon Ave. 3-5 p.m. \$35.

Hope Nelson is the author of “Classic Restaurants of Alexandria” and owns the Kitchen Recessionista blog, located at [www.kitchenrecessionista.com](http://www.kitchenrecessionista.com). Email her any time at [hope@kitchenrecessionista.com](mailto:hope@kitchenrecessionista.com).

## CALENDAR

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

### ONGOING

**“The King’s Shadow.”** Now thru April 19. 8 p.m. At The Lab at Convergence, 1819 N. Quaker Lane, Alexandria. In this season, Shakespeare’s Histories: “The King’s Shadow” runs January 2nd - April 19th, 2020; “Richard the Second” runs January 2 - April 18, 2020; “Henry the Fourth, Part 1” runs January 30 - April 18, 2020; “Henry the Fourth, Part 2” runs February 13 - April 19, 2020; and “Henry the Fifth” runs March 12 - April 19, 2020. These plays follow the troubled passing of the English crown from the philosopher King Richard II, to the conqueror King Henry IV, to his rogue son, Prince Hal. With his father’s deeds looming over him, Hal indulges in a reckless adolescence that tarnishes his reputation. But when the time comes to rule, Hal must take control of how history will remember him, unite his country, and become the legendary King Henry V. Tickets are \$35. Contact [boxoffice@bravespiritstheatre.com](mailto:boxoffice@bravespiritstheatre.com) or [www.bravespiritstheatre.com](http://www.bravespiritstheatre.com).

**Life Drawing Sessions.** Now thru Dec. 9. At Del Ray Artisans, 2704 Mount Vernon Ave., Alexandria. Looking for a chance to hone your figure drawing skills? Del Ray Artisans offers a range of open life drawing sessions for just this purpose. Just drop in for the session and bring your supplies to draw or paint the live models. Fee ranges from \$8-\$12. All skill levels are welcome. Visit [DelRayArtisans.org/life-drawing](http://DelRayArtisans.org/life-drawing)

**Student Art Exhibit.** Now thru March 28. At the Gallery at Convergence, 1801 N. Quaker Lane, Alexandria. The Alexandria All City High School Art Exhibition hosted by the Convergence Arts Initiative returns Feb. 7 – March 28 for its fifth year. 2020’s experience will feature 90 Alexandria high school students representing six high schools including public, private, and independent spanning over 10



### The St. Patrick’s Day Parade will take place Saturday, March 7 in Old Town Alexandria.

## St. Patrick’s Day Parade

Saturday/March 7, 12:30 p.m. to 2 p.m. Parade starts at King and Alfred Streets and ends at Lee and Cameron Streets in Old Town Alexandria. Presented by the Ballyshanners, a nonprofit group that aims to promote and preserve Irish heritage. More than 2,000 participants will march in this year’s parade, including the Notre Dame Alumni Band, dog rescue groups, pipe and drum bands, historical re-enactors, Shriners and Kena cars, and Irish dancers. Visit [www.ballyshanners.org](http://www.ballyshanners.org)

different mediums of art. Returning for 2020’s collaborative event are students from Bishop Ireton, Episcopal High School, T.C. Williams, St. Stephen’s and St. Agnes School, Commonwealth Academy, and The Howard Gardner School. Artists Reception: Friday, Feb. 21 from 7 – 9 p.m.

**Architecture in Fiber.** Now thru March 15. At Potomac Fiber Arts Gallery, Torpedo Factory, Studio 29, 105 North Union Street, Alexandria. Here, in Alexandria, we are surrounded by beautiful and exciting buildings, bridges, parks, and monuments. Both our local and worldwide architecture serve as inspiration for the pieces in this show. Themed work will be eligible for recognition by the jurors. Non-themed work will also be exhibited. Hours: 10:30 a.m. to 5:30 p.m. daily

and weekends, and 10:30 a.m. to 9 p.m. on the second Thursday of each month.

**Award-Winning Photos Displayed.** Now thru March 25. At Huntley Meadows, 3701 Lockheed Blvd., Alexandria. The Audubon Society of Northern Virginia will display award-winning photographs from the National Audubon Society’s 2019 photo contest in an exhibition at Huntley Meadows Park this winter. It’s a perfect fit, as this year’s grand prize-winning photograph was shot at Huntley Meadows. Local amateur photographer Kathrin Swoboda took top honors for her photograph of a red-winged blackbird that appeared to be blowing smoke rings as the rising sun backlit the vapor that formed while the bird sang out on a cold day. There will be an opening reception on Sunday, March 8, from



### A Fun Dog Show will be held Saturday, March 7 at Old Town’s Market Square.

## Fun Dog Show

Saturday/March 7, 11 a.m. At Old Town’s Market Square, Alexandria. The AWLA invites the area’s spirited pups to don their favorite costumes on-stage for the titles of “Most St. Paddy’s Spirit,” “Best Human/Canine Look-Alike” and “Most Creative Costume.” The Fun Dog Show precedes the Ballyshanners’ St. Patrick’s Day parade, an annual event that brings thousands of spectators to Old Town Alexandria. March participants will meet at the intersection of King and St. Asaph streets at 12 p.m. to start the parade. This year’s Dog Show will be hosted by McEneaney Realtor Bobby Mahoney. Registration is open at [AlexandriaAnimals.org/DogShow2020](http://AlexandriaAnimals.org/DogShow2020) and will also be available on-site on March 7 for \$30. For information about the St. Patrick’s Day Parade, visit [ballyshanners.org](http://ballyshanners.org).

1 to 3 p.m. Call 703-768-2525 or visit [www.fairfaxcounty.gov/parks/huntley-meadows](http://www.fairfaxcounty.gov/parks/huntley-meadows)

### NOW THRU MARCH 30

**Woodlawn Needlework Show.** 10 a.m. to 4 p.m. At Woodlawn & Pope-Leighey House, 9000 Richmond Highway, Alexandria. The Woodlawn Needlework Show and Sale runs for the entire month of March, and is open every day except Tuesdays. Come see hundreds of amazing needlework pieces, daily demonstrations, special exhibits, and more. Cost is \$15. Visit the website: <http://www.woodlawnpopeleighey.org/annualneedleworkshow>.

### THURSDAY/MARCH 5

**Yacht Haven Garden Club Meets.** 9:30 a.m. At the Mount Vernon Yacht

Club at 4818 Tarpon Lane, Alexandria. The program will be on native plants, Amping up the Garden, by Louis Ratchford, Plant Specialist. Contact [pmuchello@aol.com](mailto:pmuchello@aol.com) Visitors are welcome.

### MARCH 5-23

**“Head Over Heels.”** 8 p.m. At Ainslie Arts Center | 3900 West Braddock Road, Alexandria. “Head Over Heels” is a celebration of love set to the music of the Go-Go’s. Based on Sir Philip Sidney’s Arcadia, the royal family risks losing their “beat” and must journey to discover the key to their realm’s survival. Like in most musicals, it may have been in them the whole time. With hits like, “We Got The Beat,” “Mad About You,”

## ENTERTAINMENT

# LTA Stages “Moonlight and Magnolias”

A comic behind-the-scenes look at the making of ‘Gone With the Wind’.

BY STEVE HIBBARD  
THE GAZETTE

It’s Hollywood, 1939. Legendary film producer David O. Selznick is five weeks into shooting “Gone with the Wind” when he realizes the script is awful and the director doesn’t have a clue. He has a few short days to replace them and restart shooting or the production will shut down. Over the course of five days, three writers frantically craft (and act out all of the parts) one of the most beloved screenplays of all times. Join the Little Theatre of Alexandria for this comic romp called “Moonlight and Magnolias” from Feb. 29 to March 21, 2020.

Director Juli Tarabek Blacker said she was first attracted to the script by the period and topic. “I have been a fan of classic Hollywood since I was a teenager. As I looked more into the script, I fell in love with the screwball nature of it, much like the screwball comedies of the ‘30s and ‘40s (‘His Girl Friday,’ etc). It also has a surprising amount of depth for a comedy. I typically work on dramas, so it was nice to have those familiar bits sprinkled in the text,” she said.

She added: “I want the audience to get a ‘behind-the-curtain’ look at a movie that everyone knows, and has an opinion about, even if they haven’t seen it. Three of the four characters are based on historical figures that the audience may or may not know. I want the audience to get an idea of what went on behind the scenes. It was a lot, and this is only a part of it,” she said.

She said that ultimately, she wants the audience to have a fun time that sneakily makes them think. “If they leave with a smile on their face but thoughts in their head the next day, we’ve done our job,” she said.

Assistant Director Alexander Bulova said as an undergraduate, he majored in film and media studies, so when he saw that the Little Theatre of Alexandria was doing



**Victor Fleming (Michael J. Fisher), David O. Selznick (Griffin Voltmann), and Ben Hecht (J.T. Spivy) star in LTA’s production of “Moonlight and Magnolias,” now through March 21, 2020.**

PHOTOS BY  
BRIAN KNAPP  
THE CONNECTION

‘Moonlight and Magnolias,’ he knew he wanted to be involved. “It’s such a funny script. It strikes just the right balance between critiquing the dated elements of ‘Gone with the Wind’ and celebrating what made it a classic in the first place,” he said.

He added: “To me, ‘Moonlight and Magnolias’ is all about the relationships we have with older media. Some movies from the Golden Age of Hollywood are just as relevant and entertaining today as they were 80 years ago. Others, like ‘Gone with the Wind,’ show their age. What are we supposed to do with these beloved films? Ignore their flaws, or pretend they never existed? With ‘Moonlight and Magnolias,’ we hope to guide audiences towards their own answer (and make them laugh along the way).”

He said the biggest challenge in directing was the blocking. “This is a dialogue-heavy show, meaning that lots of attention had to be given to line delivery and pacing. While these elements are impor-

**Miss Poppenghul (Hillary Leersnyder) stars in LTA’s production of “Moonlight and Magnolias,” now through March 21, 2020.**



tant, they can often come at the expense of a visually interesting show. Fortunately, we avoided that issue. Juli did a great job making sure that the blocking got the same level of attention as the dialogue during rehearsals. As a result, ‘Moonlight and Magnolias’ feels like an onstage screwball comedy,” he said.

Producer Rachel Alberts said she loved the script. “I loved the energy; I loved the silliness. We all deserve a couple of hours to let go and laugh,” she said. The other co-producer is Russell Wyland.

She added: “I love the behind-the-scenes aspect to such an iconic piece of art. We all think we know everything there is to know about ‘Gone with the Wind’ but this place shows us how it was made. It upends the perspective of the movie, and in such a fun way!”

She said the challenges were working with some of the clichés that seemed dated. “But creating a ‘moment in time’ play like this makes it appear almost historical. Classic Hollywood is a very spe-

cific, very iconic time in American history. A snapshot of a certain time and place in our country’s history,” she said.

Hillary Leersnyder plays the role of Miss Poppenghul, Mr. Selznick’s personal assistant. “She takes whatever crazy task he assigns with a nod and an eyeroll, but is most often two steps ahead of what he needs. She is efficient and professional, but also full of sass and not afraid to poke back at his nonsense every once in a while. Selznick may not always show it, but he doesn’t know what he would do without Ms. Poppenghul,” she said.

She added: “Juli wanted Ms. Poppenghul to have a permanent presence on stage, so a desk for Poppenghul was designed into the set. This choice was fun but challenging for me because I needed to find the balance between reacting to whatever wildness is going on while not distracting from it. It also adds a new layer to adapting the business with phones and doors that has a different context

in the script, but we are always up for a challenge!”

J.T. Spivy plays the role of Ben Hecht, a man who is constantly frustrated. “The source of his frustration comes from being stuck in an industry that he does not respect but pays the bills (and beyond) and living in a country that refuses to realize that evil that is happening in Europe in 1939,” he said.

He added: “When working on a comedy, the major component of laughter is not usually part of the rehearsal process. It will be nice to, hopefully, have that from our audience.”

The Little Theatre of Alexandria is staging “Moonlight and Magnolias” from Feb. 29 to March 21, 2020. Show times are Wednesdays thru Saturdays at 8 p.m.; Sunday matinees at 3 p.m.

Tickets are \$21 and \$24. The venue is located at 600 Wolfe Street, Alexandria, VA. Visit the website: [www.thelittletheatre.com](http://www.thelittletheatre.com) or call the box office at 703-683-0496.

## CALENDAR

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“Vacation,” and “Our Lips are Sealed,” you’ll be dancing along in your seat. Tickets \$30/\$40. For tickets, visit <https://www.monumentaltheatre.org/shows-events>

### FRIDAY/MARCH 6

**Preserving African American Historic Places.** 9 a.m. to 3 p.m.

[www.connectionnewspapers.com](http://www.connectionnewspapers.com)

At The Alexandria History Museum at the Lyceum, Alexandria. Cost is \$60 for conference. Building on the success of past programs focused on advocating for African American historic resources, including schools, cemeteries and churches, this one-day conference will provide updates on African American historic sites in the state, provide networking opportunities, and offer information on advocacy, documentation and

funding to help build capacity and strengthen organizations preserving African American historic sites in the state.

**The Thirteen performs Mystic.** 7:30 p.m. At Virginia Theological Seminary, Immanuel Chapel, 3737 Seminary Road, Alexandria. The Thirteen, under the direction of Artistic Director Matthew Robertson, explores humanity’s search for the divine across time and space in their

upcoming concert *Mystic*. *Mystic* is organized in a series of vignettes. It begins with the medieval melodies of Hildegard von Bingen then enters the mystical cathedrals of the post-war Europe with the works of Estonian composer Arvo. Tickets may be purchased at [www.TheThirteenChoir.org](http://www.TheThirteenChoir.org). Tickets will be available at the door of the concert, if the concert is not sold out. Tickets are \$35, \$30 if purchased in

advance. Discounts are available at [www.TheThirteenChoir.org](http://www.TheThirteenChoir.org).  
**Come Play with Us.** 8-10 p.m. At Del Ray United Methodist Church, 100 E. Windsor Ave., Alexandria. Alexandria Citizens Band is recruiting new volunteer musicians in all instruments. Join them at Come Play with Us rehearsals at Del Ray United Methodist Church. The band plays music people love to hear, and band

SEE CALENDAR, PAGE 16



### Legals

#### PUBLIC NOTICE

AT&T proposes to replace an existing 30' wooden utility pole with a new 40' wooden utility pole and install a top-mounted antenna at 44.3' at 411 Gibbon St, Alexandria, VA (20200128). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

### Legals

#### PUBLIC NOTICE

AT&T proposes to replace an existing 32.6' wood utility pole with a new 42' wood utility pole and install a top-mounted antenna at 43.3' at 5205 Duke St, Alexandria City, VA (20200084). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

### Legals



Public Hearing will be held by the City Council of the City of Alexandria, Virginia, in the Council Chamber, City Hall, City of Alexandria, Virginia, on Monday, March 9, 2020, at 5:30 p.m., or as soon thereafter as may be heard on the hereinafter described items.

A PUBLIC HEARING on the City Manager's Proposed Annual Operating Budget for FY 2021 (including Schools) and the Proposed Capital Improvement Programs (CIP) for FY2021-2030 (including the Schools CIP). Adoption is scheduled for Wednesday, April 20, 2020 at 7:00 p.m. A public Hearing on the ordinance establishing the Real Property Tax Rate will be held Saturday, April 18, 2020 at 9:30 a.m.

THE PUBLIC IS ADVISED THAT AMENDMENTS OR ADDITIONS MAY BE MADE TO PROPOSED DOCKET WITHOUT FURTHER PUBLICATION. GLORIA A. SITTON, CMC, CITY CLERK

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### For Sale

**For Sale:** Conference room table w/6 chairs, executive desks, executive chairs, bookcases, file cabinets, white boards, end tables, wood kitchen table w/6 chairs, map cabinet, and more. Contact Tom, 703-299-4050, to view all items.

### Obituary



**Youssef Elias Faddoul** passed away peacefully in Fairfax, VA on February 28, 2020, at the age of 81. He was the proud owner of Old Town Deli in Old Town, Alexandria for more than 29 years.

Youssef is survived by his beloved wife, Jacqueline Issa Faddoul, his two sons, Elias and Roger Faddoul and their families, his sisters, Hiam Faddoul Yacoub and Liliane Faddoul Chaccour, and his nieces and nephews. He is preceded in death by his father Elias Faddoul, his mother Yvonne Lamaa Faddoul, his sister Amal Faddoul Diab, and his brothers Michel and Tony Faddoul.

Youssef was born on August 9, 1938 in Beirut, Lebanon to Elias Faddoul and Yvonne Lamaa Faddoul. After immigrating to the United States in 1986, he settled in Alexandria, Virginia.

Family and friends are invited to gather on Sunday, March 8, 2020 at Jefferson Funeral Chapel for a viewing at 12pm and service at 3pm, with a reception to follow.

In lieu of flowers, donations can be made to Our Lady of Lebanon Maronite Catholic Church at 7142 Alaska Ave NW, Washington, DC 20012.

### Announcements

### Announcements

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### Legals

Dr. Lawrence Singer's dental office located at 809 Cameron St., Alexandria, VA 22314 will be closing March 25, 2020. To request a copy of your records, email info@dcsmls.com

### Obituary

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WEST VIRGINIA

## Money For What, Exactly?



By KENNETH B. LOURIE

*Kenny is currently out of the office. Please enjoy this previously written article from July 2019:*

Presumably, most of you readers are aware that many supermarkets have a rack located somewhere near the rear of the store that is stocked with off-price merchandise: discontinued items, items with damaged packaging, out of season products, etc. Over the years, I have been a regular checker of this rack looking for such bargains. I have purchased breakfast cereal, soup, cookies, candy, and miscellaneous other non-perishables. I've even purchased two bags of Kingsford charcoal. In addition, I've seen household products, health and beauty, school supplies; and everything else you can imagine, running the gamut from "A" to "Z," for sale. Recently however, in this rack I saw a product I'm not sure I even thought was available to the general public, and if it was, would not have thought buying it from the discontinued merchandise rack at the supermarket would not have been the way to go. But what do I know? As has been proven many times: not much.

The item? A DNA Paternity Test Kit. I guess I thought, if this test was necessary, it would involve a physician or at least be administered by a health care professional and/or involve witnesses/legal representation (at least a notary). Going to the supermarket or even the drug store? And then testing yourself without necessarily knowing the precautions and proper procedures appropriate for the task at hand? There seems as if there's a bit more at stake here than an at-home pregnancy test, a test with which many of us are familiar. But DNA testing at home? What is this, the Maury Povich Show?

Having not traveled down this particular road myself, perhaps I'm unaware of the realities. All I know is what I've seen on television or read about in the papers. I guess I just assumed (generally a bad thing), that the steps one takes to verify/confirm/resolve paternity-type issues were a bit more involved than a visit to the supermarket. Apparently, this subject is just another where I know very little about, like tools and how to use them, automobile repair, home maintenance, lawn and garden, cooking, and on and on and on. But enough about me.

What about those wanting answers to extraordinarily important questions: Who's the father? And is that my child? Looks can be deceiving so a professional, or so I thought, incorrectly, is brought in to oversee the process. Nope. No professional need apply. Just go to your local "chemist," as they say in England. No need to visit "the surgery," as they also say over there. Just find a box with the right letters on it and go back to your home/work and swab, stick, pin-prick or whatever and the results will be known soon enough if you or someone else is whomever they claim to be or not to be. That is the question which begs an answer. Shakespeare notwithstanding

It seems only fair that one's birthright should be gotten wrong. And not that home-testing can't be trusted. Just the opposite. Nevertheless, some things, like circumcisions, though they can be performed at home (see "Shaky the mohel" from a long ago Seinfeld episode). I would have thought, a DNA Paternity test, given the need/want of a resolution/clarification which could possibly impact multiple individuals/families over generations, be similarly performed in the most careful of conditions. This kind of test has no margin for error - or humor. "Bought the kit in the discount rack at my local supermarket." Is that the answer you want to give when all eyes are on you? And saying how much you saved over regular price is unlikely to endear you to any and all of the interested parties on hand. After all, money really isn't the issue.

*Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.*

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## BULLETIN BOARD

FROM PAGE 3

preparation assistance will be seen on a first-come, first-served basis, and electronic filing will be provided. Spanish-speaking volunteers will be available. The following documentation is required: a social security card for each family member; photo ID for the taxpayer (and spouse, if filing jointly); W-2 forms and other source of income records; receipts or records for expenses such as child care and education; and, if possible, a copy of last year's tax return.

### SUMMER CAMP REGISTRATION BEGINS

Registration for 2020 Summer Camps offered by the City of Alexandria's Department of Recreation, Parks and Cultural Activities has begun. Registration will be available online, or in-person at the Lee Center (1108 Jefferson St.). The 2020 Summer of Smiles Summer Camp Guide is available online, and free printed brochures will be available in all City of Alexandria recreation centers and library branches. The guide contains more than 75 camp options available to youth ages 2 to 17, including sports; creative arts; computers; nature; performing arts; cooking; excursions; Science, Technology, Engineering and Math (STEM); Camp Adventure; and Out of School Time and classic camps. To register for summer camps and other recreation activities, classes and programs, visit alexandriava.gov/Recreation or contact the Registration and Reservation Office at 703-746-5414.

## COVID-19 Coronavirus

FROM PAGE 4

use hand sanitizer that has at least 60% alcohol.

- ❖ Avoiding touching your eyes, nose and mouth with unwashed hands.
- ❖ Staying home when you are sick. Avoid close contact with people who are sick.
- ❖ Coughing and sneezing into your elbow, not your hand. Alternatively, cough or sneeze into a tissue, then throw the tissue in the trash, and wash your hands.
- ❖ Cleaning and disinfecting frequently touched objects and surfaces often.

Public health officials' understanding of COVID-19 is continuously evolving. For the most up-to-date information, visit alexandriava.gov/Health.

## House Versus Senate

FROM PAGE 5

Morrissey (D-16) gave a speech outlining the perils of spitting.

The bill legalizing spitting had actually already passed the House and Senate, but Morrissey brought it back for reconsideration and delivered a stemwinder of a speech against it.

"You don't like something, just spit on the floor," Morrissey said in an impassioned speech on the Senate floor. "Spit on Thomas Jefferson's marble walkway. Spit in the balcony. Spit over the balcony. Spit in any municipal building. Pay your taxes, and if you don't like it spit in that municipal building."

Walk out of the courthouse and spit on the floor, not on the sidewalk outside, which is illegal, but inside the building." Other senators joined in, and the Senate actually debated the merits of spitting in public for 15 minutes before killing the bill.

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Monticello 6-bedroom, 5-bathroom home with 5,000 SF of total living area! Garage with entrance to a mudroom. 3 gas and 1 wood-burning fireplace. 4 bedrooms and 3 baths upstairs. George Mason Elementary. 417 Monticello Boulevard  
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[www.LaurelConger.com](http://www.LaurelConger.com)



OPEN SAT 3/7 & SUN 3/8, 2-4

**Del Ray | \$1,199,000**  
Renovated 5-bedroom, 3-bath! Large master suite with 2 walk-in closets, en-suite bath. Updated kitchen with large island, stainless appliances. Spacious yard with detached 2-car garage! Walk to "The Avenue." 215 E Del Ray Avenue  
**Jen Walker 703.675.1566**  
[www.JenWalker.com](http://www.JenWalker.com)



**Liberty Row | \$839,000**  
Rarely available, this first-floor Hamilton model exudes charm & style. Gleaming wood floors, double-sided fireplace, custom bookcases, & a to-die-for kitchen. Two master suites with sumptuous baths. Two garage parking spaces.  
**Julian Burke 703.867.4219**  
[www.JulianBurke.com](http://www.JulianBurke.com)



OPEN SUN 3/8, 2-4

**Alexandria | \$819,900**  
Charming 3-bedroom, 2.5-bath Colonial. Main level includes living, dining, kitchen and fabulous sun room that leads to deck and fenced-in yard. 3 spacious bedrooms upstairs. Finished basement with bath & storage! 2309 Scroggins Road  
**Jen Walker 703.675.1566**  
[www.JenWalker.com](http://www.JenWalker.com)



**The Royalton | \$555,000**  
Luxury two-bedroom, two-bath condo with new floors, fresh neutral paint, new water heater, stainless appliances, granite counters, balcony off the living room, garage parking and extra storage. Walking distance to King Street Metro!  
**Donna Cramer 703.627.9578**  
[www.DonnaCramer.com](http://www.DonnaCramer.com)



OPEN SUN 3/8, 2-4

**Alexandria | \$434,500**  
Amazing opportunity in lovely Pinecrest community! This 2-bedroom, 2.5-bath home on quiet road boasts two, light-filled master suites. Beautiful hardwood floors, updated systems, new roof, and fresh paint. 6638 Cypress Point Road  
**Hope Peele 703.244.6115**  
[www.ThePeeleGroup.biz](http://www.ThePeeleGroup.biz)



OPEN SAT 3/7 & SUN 3/8, 2-4

**Belle View | \$375,000**  
Charming 3-level townhome with 2 bedrooms, 1 bath! Main level includes remodeled kitchen with stainless steel appliances, living room, and dining room. Renovated bath & refinished basement, front & back porches! 6524 10th Street  
**Kathleen Dobbyn 703.946.2238**  
**Michael Dobbyn 703.489.3709**



OPEN SAT 3/7 & SUN 3/8, 2-4

**Old Town Village \$992,500**  
Light-filled end unit, all brick townhome in beautiful courtyard. Great kitchen, hardwood floors, large deck and TWO car garage! 3 bedrooms, 2.5 bathrooms. Perfect location within the community. Easy walk to community pool & gym, King St Metro, Whole Foods, shops & restaurants. 422 S Fayette St.  
**Lisa Groover 703.919.4426**  
[www.LisaGroover.com](http://www.LisaGroover.com)



OPEN SAT 3/7 & SUN 3/8, 1-4

**Old Town \$899,000**  
This 3-level, 2-bedroom + office (with pull-out bed), 2.5-bath, brick Colonial is perfectly located for Old Town living in the SE quadrant. Just steps to the tunnel, river & shops. Expanded main level with sun-drenched family room, inter-leading dining & kitchen. 2 wood fireplaces. Fenced patio. Easy street parking. 505 S Royal St.  
**Jud Burke 703.966.8343**  
**Barbara Cousens 703.966.4180**



OPEN SUN 3/8, 2-4

**Old Town \$852,500**  
Charming 1790 historic 2 bedroom, 2 updated bath home in the heart of Old Town offers renovated stainless chef's kitchen, original floors, fireplace, skylights, and custom built-ins. Master suite with vaulted ceiling and custom cabinetry. Lovely family room with French doors open to a sunny brick patio and garden. Prime location! 410 S Lee St.  
**Babs Beckwith 703.627.5421**  
[www.BabsBeckwith.com](http://www.BabsBeckwith.com)



**Sacramento Mews \$399,900**

Lovely townhome located minutes to Mt. Vernon. Entry level includes 1 car garage and rec room that walks out to a private, fenced rear yard & stone patio! Dining area, gourmet kitchen & family area with space for TV located over fireplace. Upper level with large master suit and 2 additional bedrooms. Recently updated.  
**Vicki Binkley 703.994.0778**  
**Phyllis Sintay 703.472.3563**

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