

# Potomac ALMANAC

## Children's & Teens' Almanac 2020

Caroline A. Grade 12  
McLean School

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# Potomac REAL ESTATE

PHOTOS BY DEB STEVENS/THE ALMANAC

**5** 11532 Lake Potomac Drive — \$1,360,000



**8** 11613 Twining Lane — \$1,323,000



## October, 2020 Sales, \$1,470,000~\$1,323,000

IN OCTOBER, 2020, 62 POTOMAC HOMES SOLD BETWEEN \$430,000-\$480,000.

**6** 9745 The Corral Drive — \$1,350,000



**2** 9204 Stapleford Hall Place — \$1,450,000



**4** 10608 Stable Lane — \$1,425,000



**3** 8901 Abbey Terrace — \$1,425,000



Address.....	BR	FB	HB	Postal	City.....	Sold Price...	Type.....	Lot AC.	Postal Code ...	Subdivision.....	Date Sold
<b>1</b> 11509 DALYN TER .....	5	...	4	...	1	POTOMAC . \$1,470,000	Detached..	0.65	20854	MERRY GO ROUND FARM	10/16/20
<b>2</b> 9204 STAPLEFORD HALL PL..	6	...	5	...	2	POTOMAC . \$1,450,000	Detached..	1.04	20854	POTOMAC OUTSIDE	10/28/20
<b>3</b> 8901 ABBEY TER.....	5	...	4	...	1	POTOMAC . \$1,425,000	Detached..	0.38	20854	AVENEL	10/08/20
<b>4</b> 10608 STABLE LN.....	5	...	4	...	1	POTOMAC . \$1,425,000	Detached..	0.38	20854	RIVER FALLS	10/21/20
<b>5</b> 11532 LAKE POTOMAC DR..	4	...	3	...	2	POTOMAC . \$1,360,000	Detached..	2.18	20854	LAKE POTOMAC	10/15/20
<b>6</b> 9745 THE CORRAL DR.....	4	...	3	...	1	POTOMAC . \$1,350,500	Detached..	2.27	20854	POTOMAC MANOR	10/30/20
<b>7</b> 1 STONEY CREEK WAY.....	5	...	4	...	1	POTOMAC . \$1,325,000	Detached..	2.82	20854	LAKE POTOMAC	10/01/20
<b>8</b> 11613 TWINING LN.....	4	...	4	...	1	POTOMAC . \$1,323,000	Detached..	0.62	20854	GLEN MILL VILLAGE	10/26/20

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# CHILDREN AND STUDENT ALMANAC

## Artists Picture Climate Change in Winter Exhibit

Potomac artist Nimi Trehan said earlier this month that she is among artists exhibiting their works in a show titled Climate Change Through a Personal Lens.

The exhibit displays the work of a local group, E Street Artists, who met while students at the Corcoran School of Art and Design at George Washington University. There the students worked under the guidance of Mira Hecht.

Seventeen artists joined the public dialogue on climate change with works.

"We are not told what to think, but we are invited to reconsider our assumptions and to face hard truths, to contemplate our loss," according to a release on the exhibit. "Art challenges us to action."

Trehan's work is "Earth-

Scorched and Seared."

Her artist's statement reads:

Mother Earth created this richness and abundance of life to withstand the test of time But we are slowly destroying her and that is humanity's ultimate crime.

Scorched and seared- There is no life or water here We need to replenish what we stole And quench the earth to make it whole

The exhibit is open now through Feb. 23, 2021 in the Ballroom Gallery at the Women's National Democratic Club, 1526 New Hampshire Avenue NW Washington, DC 20036.

Call 202-232-7363 for hours.

— PEGGY McEWAN



Nimi Trehan's painting, Earth Scorched and Seared.

## C&O Canal Trust Looking for a Logo

The C&O Canal Trust is conducting a t-shirt artwork contest to find a logo for its 2021 Canal Community Days events.

Amateur artists are invited to create and submit artwork that celebrates these annual volunteer events that bring community members together to beautify the C&O Canal National Historical Park for the spring season. The winning design will be printed on Canal Community Days t-shirts worn by volunteers as they work along the C&O Canal during the spring and summer months.

Entries from both adults and children are welcome.

Formerly known as "Canal Pride Days," Canal Community Days events are volunteer project days that tackle the backlog of maintenance projects in the Park.

During 2019, the Trust hosted more than 40 different events with over 1,000 volunteers, who were all vital in helping to maintain the 184.5-mile towpath and 1,300 historic structures in the Park. In 2020, with modified operations due to restrictions around COVID-19, 200 volunteers collected 2,000 pounds of trash while working in small groups. Volunteers help keep the Park safe and clean for 5 million visitors each year.

Submitted artwork should represent some aspect of the C&O Canal and the Canal Community Days concept. Each design must include the words "C&O Canal Community Days" and the year, 2021.

Artwork should be limited to six colors or less, as print-

ing color artwork on t-shirts can become expensive. The artwork will be used on either grey- or natural-colored shirts.

Entry deadline is Feb. 19, 2021. Completed work can be submitted to the C&O Canal Trust at [photos@canaltrust.org](mailto:photos@canaltrust.org) or mailed to Canal Community Days Artwork Contest, C&O Canal Trust, 1850 Dual Highway, Suite 100, Hagerstown, MD 21740.

Include your name, address, phone number, email address and age (if 18 or under) with your entry. Entrants under 18, please obtain permission from a parent or guardian before entering this contest.

The C&O Canal Trust staff will select the winning entry based on visual appeal, the use of six or fewer colors, and the representation of the Canal Community Days theme. The winner will be notified by March 5, 2021.

The winner will receive a C&O Canal Trust prize pack that includes a one-night stay at one of our award-winning Canal Quarters lockhouses. Also, the winner's artwork will be printed on our 2021 Canal Community Days t-shirts, and the winner will be provided with three shirts to keep.

Winning artwork from past years, plus a full copy of the rules can be found at:

<https://www.canaltrust.org/2020/12/community-days-artwork-contest/>.

— PEGGY McEWAN

### BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### PROPERTY TAXES DUE DEC. 31

The Montgomery County Department of Finance is encouraging property-owners to pay their tax bills online this year because of the COVID-19 health crisis. Bills were mailed out to property owners earlier this summer,

and the final opportunity to make a payment is Dec. 31. The County's cashier window is currently closed to the public. To pay your tax bill safely and conveniently:

Pay online with an electronic check (no extra charge) or credit/debit card (A convenience fee of approximately 2.3 percent of the payment amount levied by the payment processing company cannot be waived by Montgomery County.); visit the County's website to look up your account and to make an

online payment. The website address is <https://apps.montgomerycountymd.gov/realpropertytax/default.aspx>.

#### MOCOMCON RETURNS JAN. 16

MoComCon, Montgomery County Public Libraries' fifth comic convention, returns as a full day of online activities on Saturday, Jan. 16, 2021. The virtual event will celebrate all things comic, graphic novel, and fandom. This free convention is open to all,

SEE BULLETIN, PAGE 5

## Potomac Community Village Plans January Zoom events

Potomac Community Village is continuing to provide on-line programming for its members and the public. In January 2021, there are three events scheduled.

Friday, Jan. 8, 2-3 p.m. PCV's monthly virtual birthday party at the beginning of what we hope will be a better year than 2020 has been. Celebrate PCV members who have January birthdays with conversation among friends and recollection of famous people with January birthdays. Also singing and maybe some story telling. Call the Help Desk at 240-221-1370 or email to [20854helpdesk@gmail.com](mailto:20854helpdesk@gmail.com).

Tuesday, Jan. 19, 1:30-3 p.m. The PCV Book Group will meet to discuss Dreamland: The True Tale of America's Opiate Epidemic by Sam Quinones. Book Group is open to all PCV members, but non-members can come once to try us out.

Members can register using the event list on the PCV website. Non-members, please contact the PCV Help Desk at 240-221-1370

or [20854HelpDesk@gmail.com](mailto:20854HelpDesk@gmail.com) by noon Monday, January 18.

Wednesday, Jan. 27, 7-8:30 p.m. Choosing Assisted Living for a Loved One

Members can register using the event list on the PCV website. Non-members, please contact the PCV Help Desk at 240-221-1370 or [20854HelpDesk@gmail.com](mailto:20854HelpDesk@gmail.com) by noon Tuesday, January 26

These programs are free and open to all.

PCV is a non-profit network of neighbors and friends geared to enabling older Potomac residents to age in place in their existing homes by creating social connections and providing volunteer services such as transportation, computer assistance, and simple home repairs. For more information, to volunteer or get volunteer help, contact 240-221-1370, [info@PotomacCommunityVillage.org](mailto:info@PotomacCommunityVillage.org) or check out [www.PotomacCommunityVillage.org](http://www.PotomacCommunityVillage.org) or [www.Facebook.com/PotomacCommunityVillage](http://www.Facebook.com/PotomacCommunityVillage).

— PEGGY McEWAN

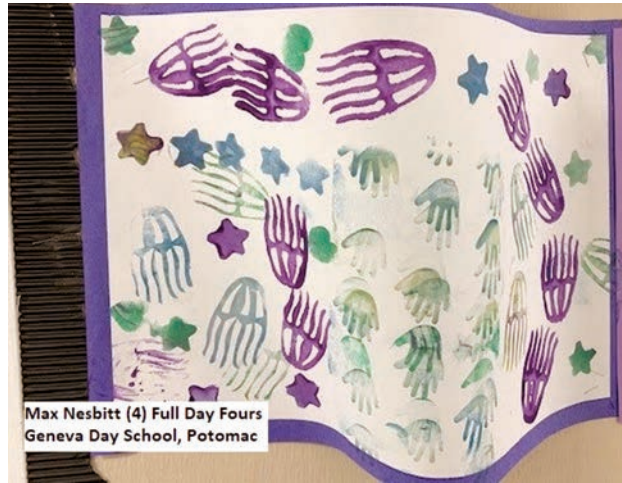


# CHILDREN AND STUDENT ALMANAC

## Geneva Day School



Rin Sato, 5,  
Kindergarten



Max Nesbitt (4) Full Day Fours  
Geneva Day School, Potomac

Max Nesbitt, 4, stamp art



Thomas  
Kranias, 2.  
Gingerbread  
art.

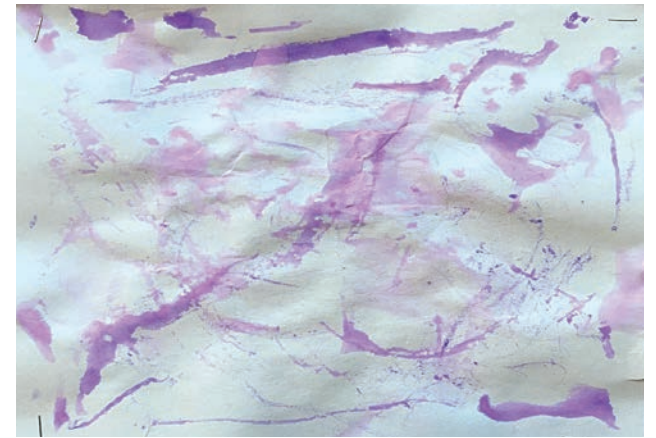


Teresa  
Moloznik, 4.  
"C is for Cake"



Charlotte Simmons (4) Pre-K  
Geneva Day School, Potomac

Charlotte Simmons, 4, Fall print



Sabine Patel, 4



Veronica Pilchtchikov, 4



Connor Clayton, 4



Mia Moise, 3, Red Day Art



Luka Kauppi, 3, ice painting



Alex Vallie, 4



Stella Soh, 3



Isla Mazur, 4, Snow



# OPINION

## A World Without Trees?

Let's face it. Trees have a tough time. If it's a choice between an unblocked view, a new highway or a power line, civilization wins. After all, we just let South America destroy an entire rainforest.

And we have joined the chopper club by allowing many of our tallest trees to be sold to European trade partners, who destroyed most of their own.

A ride thru the newer developments in Montgomery County shows no regard for tree life. Acres and acres of lawns, lawns and more lawns.

Some counties are discussing real laws with real enforcement. Frederick County is pushing legislation to require a tree replacement plan for new developments. Other towns show concern about the specific types of replacement trees, those more in line with nature.

### BULLETIN BOARD

FROM PAGE 3

including seasoned comic convention eers, novices, and the curious of all ages. More details, including schedule, cosplay, art, and essay contest, are available on the website: <https://www.montgomery-countymd.gov/library/programs/mocomcon.html>

#### LIBRARY LAUNCHES MOBILE HOTSPOT LENDING PROGRAM

Montgomery County Public Libraries has launched "Internet to Go," a mobile hotspot lending program for the public. MCPL has a collection of 250 Verizon MiFi Mobile hotspots that will be available at all MCPL locations currently providing public service. Library cardholders in good standing, who are 14 years and older, are eligible to checkout a mobile hotspot. Hotspots may be borrowed for two weeks with no renewals. Customers may place a hold on a hotspot via MCPL's webpage, or by calling Ask-A-Librarian, at 240-777-0001 to schedule a pickup at a choice of library branches.

#### SATURDAY/JAN. 9

Greg Greenway and Reggie Harris :

As an intelligent community, let's implement a county tree and landscape law with meaningful enforcement, one with no easy loopholes. All new developments should be required to leave any large older trees intact, especially those with a large trunk. Also, require developers to plant new trees, bushes and plants that support a healthy eco system.

To most people, a tree is just a stick. However, certain trees, shrubs and flowers can provide a food source for our winged friends as they forge around for their next meal. For example, trees such as viburnum, Adonis, callicarpa, tulip, poplar, maple, oak, elm and black cherry provide berries for birds. Likewise, bushes and flowers such as purple coneflower will support a variety of birds, bees and butterflies.

Unfortunately, we need trees to live. Any good 7th grade sci-

ence student with a passing grade knows there is an "oxygen / carbon dioxide cycle."

We breathe in oxygen, breathe out carbon dioxide. Trees take in carbon dioxide, and give us oxygen in return. It's a cycle that has been going on for ages. As we cut down more trees, we are cutting off our oxygen supply. Our life support system will soon be running on empty.

Now is the time to protect our trees. Support laws that require developers to plant trees, bushes and plants that will give back to nature. Laws with real enforcement and no easy loopholes. Only then, we can look at each other with smiles on our faces knowing we have done our best.

Meanwhile, Let's turn our heads up to the sky and hope the heavens will forgive us for all the damage we have done.

Sean Andrews  
Potomac

Deeper Than The Skin. 7:30 p.m. Online. FocusMusic and the Sandy Spring Museum are excited to launch our collaborative relationship with Reggie Harris and Greg Greenway's presentation of "Deeper Than the Skin". Sandy Spring, founded by Quakers, was a station along the Underground Railway. Presented on Facebook and YouTube at [www.focusmusic.org](http://www.focusmusic.org) for free.

#### THURSDAY/JAN. 21

Potomac-based Dr. Mark E Klein, author of the new book Franklin Rock, will hold a (virtual) book event on January 21, 2021 at 11 a.m. with the Potomac Library. Dr Klein is a radiologist in D.C. He's treated more than 100,000 patients as a physician and The doctor his colleagues call when they have a patient who needs an ear or shoulder to help calm down and cope with what's ahead.

#### SUMMER BASEBALL CAMP

The Bethesda Big Train Summer Baseball Camp returns for its 22nd summer of fun and affordable summer baseball camp for girls and boys aged 5-12. All campers will receive excellent instruction in

all the fundamentals of the game as well as the opportunity to play in a live game each day. Every camper will receive an official Big Train Summer Camp t-shirt that will get them free admission to all Big Train home games at Shirley Povich Field during the 2021 regular season. Along with our General Camp, we also offer specialized camp sessions including Pitching Camp and Advanced Camp, both of which are for older and more experienced 9-12 year olds. Sign up before January 1 and use the code "HOLIDAY20" to get a 10% discount. Register at the following website: <https://bigtrain.regfox.com/bethesda-big-train-summer-camp>

#### YMCA OFFERS FREE PRODUCE

The local YMCAs are offering free produce distribution during the coronavirus crisis. Produce is available for anyone, free of charge, regardless of their affiliation with the YMCA. Produce will be distributed at the following location: YMCA Bethesda-Chevy Chase, 9401 Old Georgetown Rd., Bethesda. Available Wednesdays 4-6 p.m., Thursdays 9 a.m.-12 p.m.

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**Merry Christmas**

[www.PotomacCommunityVillage.org](http://www.PotomacCommunityVillage.org)  
[20854HelpDesk@gmail.com](mailto:20854HelpDesk@gmail.com)

lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known



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# CHILDREN AND STUDENT ALMANAC



Lucas S. Grade 8 McLean School



Alex H. Grade 3 McLean School



Joey S. Grade 12 McLean School



Lucy G. Grade 2 McLean School



Ava H.  
Grade 7  
McLean  
School



BaiLeigh R. Kindergarten McLean School



McLean  
School

Aubrey G.  
Grade 12  
McLean School



Isaac B. Grade 3. McLean School



Matthew S. Kindergarten McLean School



Nikhil D. Grade 6 McLean School



Ben S. Grade 5 McLean School, Potomac



Caroline A. Grade 12 McLean School



Ben C. Grade 10 McLean School



## SENIOR LIVING

# Surviving Christmas Day in Solitude

### Ideas for coping with being alone of the holiday.

By MARILYN CAMPBELL  
THE ALMANAC

While Christmas Day will be different and difficult for many this year, will be especially difficult for seniors who live alone and will be in solitude because of COVID-19 risks. This is particularly this case for those who are spending it without loved ones or who are missing religious or social observances for the first time.

Part of making it through the next few days, and other milestones that come before widespread vaccination, is accepting that there will be highs and lows, excitement and disappointment and acknowledging that the day will pass.

Local churches have found creative solutions to fill the void of those who are missing religious services, such as those held on Christmas Eve and Christmas Day. "Though we'll have two limited-capacity outdoor Christmas Eve services in our cemetery, most of our parishioners will be attending church through our prerecorded virtual service," said Elizabeth Rees,

Senior Associate Rector at St. Paul's Episcopal Church in Alexandria. "We have been working hard to include as many parishioner faces as possible through prayers, readings, choir pieces put together digitally, and candle-lighting montages."

In addition to calling homebound, elderly parishioners, Rees says the church created Advent calendars which include scripture passages. "It is a hard time for seniors especially, since many of them aren't as facile with things like Zoom and FaceTime that allow them to at least see people remotely," she said.

The lack of social celebratory connections can be challenging, says Alice Clark of the Osher Lifelong Learning Institute (OLLI) at George Mason University, who suggests pre-arranged virtual group chat sessions, such as those organized by OLLI.

"We have launched a 24/7 chat room for our members to jump on any time to an ongoing open Zoom session and chat with friends," she said. "They can even arrange for friends to login at a certain time for an organized group chat. It is meant to serve as a social lifeline between terms and during the holidays." A virtual dinner on Christmas Day with family and friends can also provide comfort.

Creating an hour-by-hour or minute-by-minute plan is the strategy of 77-year-old Beth Gibbs, who will be spending the holidays alone.

"What I'll miss most during the holidays is simple human interaction," said Gibbs of Flourish From The Ground Up, a blog that seeks to help others develop self-awareness. "Smiling eyes above a masked face help but don't replace the close physical contact of a hug from my son, my brother and his family and all the nieces and

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PHOTO COURTESY OF BETH GIBBS

**Beth Gibbs, who will be alone on Christmas, has developed a plan to make it through the day.**

nephews. I'll really miss seeing them in person during the holidays. I guess I'll have to be okay with Zoom."

Gibbs has a few ways of coping: creativity, laughter, yoga and 20 minutes of meditation each day. "I'll be employing all of them during the holidays," she said.

Her creativity comes in the form of writing. "I write every day for two to three hours," she said. "I finished a book that I've been working on for two years and started two others. I also laugh out loud every day."

For those who are missing the majesty and grandeur of Christmas music, one option is a virtual holiday concert, entitled, "Joy" by the non-profit Encore Creativity for Older

Adults, the largest choral organization for adults 55 and older. This year, the Christmas concert will include more than 400 singers from Maryland, Virginia and other parts of the country, as well as musicians playing string, brass, woodwind and percussion instruments.

"Since the pandemic, Encore had to pivot and we created Encore University, a comprehensive virtual program of singing, rehearsing and a wide range of courses in vocal technique, music history and music theory," said Georgetta Morque of Encore.

"Many of the singers say singing brings them joy, gives them purpose and keeps them engaged with others, even virtually."

The concert is free for viewing until Jan. 16.

"This is a very different way of celebrating Christmas this year for everyone," said Rees.

**"Smiling eyes above a masked face help but don't replace the close physical contact of a hug from my son."**

— Beth Gibbs

## POTOMAC ALMANAC

www.PotomacAlmanac.com

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## Trip, and Hopefully Not a Fall



By KENNETH B. LOURIE

Having recently returned from a driving sojourn through the south with stops and stays in North Carolina, South Carolina and Florida visiting four sets of friends in those three states, I can say with certainty that wearing masks, social distancing and common sense consideration for your fellow citizen were not nearly so accepted as we had hoped. Though we didn't exactly mingle with the masses, we were, nonetheless, in uncharted territory. As such, my wife and I will be getting covid tests after a week or so of being at home. Though still symptom free, it seems prudent under the very unique circumstances in which the world finds itself that we not wait too much longer. Time is very likely of the essence.

As a precaution - and courtesy to our southern hosts, we both got tested before our trip and with negative results, off we drove with one less concern. Now we could say with certainty that we had acted respectfully and with other people's prospective health in mind. Nevertheless, it was hardly a guarantee that we would remain covid free. After all, it was only a test. It was not an inoculation. Speaking of which, as a cancer patient with a compromised immune system, I imagine I'm likely to get my two shots sooner rather than later. But what about my wife, Dina. She raised an interesting question. Though she's not in any of the categories of early shot recipients, she is however living with someone who is me. Moreover, I don't suppose it would be to my advantage living in the same household/sleeping in the same bed/caring for a covid-positive person: my wife, even after receiving my shot. Data for that situation likely doesn't exist yet. I don't imagine it's akin to playing with fire - for me, more likely like playing with embers. Still, there seems to exist a risk, perhaps one that's been considered in the hierarchy/schedule of "inoculees." In summary, will family members of high-risk covid 19 recipients receive their vaccinations earlier on in the schedule than they might otherwise have been eligible? Or is the demand too great, given the worldwide pandemic, which I imagine it is.

If the plan is to minimize the risk for those most at risk, how do you accomplish that while leaving those closest (literally and figuratively) to them unprotected? I'm not asking for special treatment or dispensation from the Pope (has he gotten his shot?), I'm just wondering. Granted, there's not an unlimited supply - on or off the shelves, of vaccines, but there does seem to be nearly unlimited numbers of people who need to be vaccinated to accomplish a sort of worldwide herd-type immunity. That being said, if other people living in the home of an individual qualified/fortunate to receive a shot or two, are not inoculated as well, will it in fact enable the virus to move on, so to speak and find some other host susceptible enough to keep the virus straining? Will the proximity of other non-inoculated people defeat the purpose of getting the tier ones and twos inoculated? (I sound like Carrie Bradshaw (Sarah Jessica Parker) from "Sex and the City" sounding out one of her columns.)

I don't mean to be paranoid; I'm just wondering/theorizing if my fear is at all founded in reality or am I just cruising for a verbal bruising? I'm also curious if there's any discretion in the recipient process. Presumably, there are lots of circumstances/patients like me where the cancer patients' health and welfare - to varying degrees, are dependent on the health of people (family, friends or caregivers) entrusted to care for them. Giving the vaccine to the patient but denying it for the people responsible for their wellbeing seems counterproductive - or short sighted. I may very well be inoculated against covid in the not too distant future, but if I don't receive the care and feeding I need, I may survive covid but still die from my underlying disease: cancer. I understand there's no perfect solution at present. But it's the future I'm worried about.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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