

CONNECTION

Reston ♦ Oak Hill Herndon ♦ Chantilly ♦ CENTRE VIEW

HOMELIFESTYLE

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Brandy, center, practices her 'win by a neck' stretching strategy while training for her second NASCOW appearance at Frying Pan Park hoping to win the day and enough donations to support park farm animals for the coming year. <https://friendsoffryingpan.org/nascow>

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PHOTO BY SUSAN LAUME/THE CONNECTION

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Cows Go For the NASCOW Green

PHOTOS BY SUSAN LAUME/THE CONNECTION

Frying Pan Park hopes to use funds for feeding the animals and operating the farm.

By SUSAN LAUME
THE CONNECTION

It's the running of the bovines. In a live streaming event at Frying Pan Park on Oct. 22, nine cows, ranging in age from nine months to four years old, will run, or moosey, to be first across the field finish line. Eevee, Florence, Hokie, Iris, Helene, Rain, Polly, Brandy, and last year's champion, Marybelle, a Guernsey, run not for the gold, but for the green — a special mix of sweet brewery grain.

Although there will be no roaring crowds in the stands, Marybelle and her competitors have been practicing and expect to put on a 'mooving' show. Supporters may select their favorite or favorites from the nine 'racer' profiles with a donation to support the farm. No money or prizes are awarded except to the cows, who all take their winnings in grain.

In the past, Frying Pan Park's annual Farm Harvest Days event raised funds for needed food, bedding, veterinary bills, and equipment to grow crop food to support its farm animals. The popular event, typically drawing 8,000 people a day, could not be held safely in 2020. With about 100 hungry mouths to feed, an al-



Brandy, center, practices her 'win by a neck' stretching strategy while training for her second NASCOW appearance at Frying Pan Park hoping to win the day and enough donations to support park farm animals for the coming year. <https://friendsoffryingpan.org/nascow>

ternate was needed. Fortunately, last year eleven farm cows were up to the challenge. They raised almost enough to feed the farm for that year. The NASCOW

SEE NASCOW, PAGE 15



Marybelle, the 2020 NASCOW winner, possibly considering her race strategy for the Oct. 22 rematch. <https://friendsoffryingpan.org/nascow>

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THE CONNECTION
NEWSPAPERS

Infrastructure Deficits for Lake Anne Buildings, Plaza

Estimated repair \$30M.

MERCIA HOBSON
THE CONNECTION

Thirty-seven million dollars is the total estimated cost LARCA, the Lake Anne of Reston Condominium Association, needs to fix deficiencies for each of the five buildings, plaza, and parking lot owned privately by its 131-members.

Last month, Supervisor Walter Alcorn and LARCA members met at a public meeting at Lake Anne Village Center in Reston to discuss an update on LARCA infrastructure.

Serious deficiencies, including structural concerns, exist that “may pose a current life safety issue immediately,” stated the Draft Report, Cursory Condition Assessment prepared for Fairfax County Department of Public Works and Environmental Services. The assessment included visual observations of five buildings the Market-deli,

Chimney House - Commercial Plaza, Chimney House - “J” Building, Quayside, and Heron House.

The Cursory Conditions Assessment by Samaha Associates, PC. Architects in Fairfax with findings by Ehlert Bryan Structural Engineers in Tysons; Ascent Engineering Group Mechanical/Electrical/Plumbing in Roanoke; and Downey and Scott, LLC Cost Estimating in Warrenton, reported: “All five buildings surveyed are showing signs of their age and need significant repairs... balconies on the buildings are showing signs of deterioration and need to be addressed with some additional investigations.” Findings also revealed damage and distress to the exteriors of the buildings’ brick and concrete surfaces. Many existing mechanical, plumbing and electrical systems are original from the mid-1960s and parking lots show extensive cracking, potholes, and water damage.

County staff and F. Thomas Lee, partner and principal at Samaha Associates PC, author of the draft report, attended the 80-minute meeting. Alcorn said the only reason Fairfax County paid for the re-



Hunter Mill District Supervisor Walter Alcorn.



PHOTOS BY MERCIA HOBSON/THE CONNECTION

F. Thomas Lee, partner, and principal at Samaha Associates PC, the author of the draft report.



CP-A-10-Chimney House- Ponding water on roof, Roof Replacement \$222,670



Attendees at the Mon., Sept. 13 meeting with Hunter Mill District Supervisor Walter Alcorn, “Update on LARCA Infrastructure Review.”



HH-A05 The exterior stair on the South side of Heron House connecting the plaza to the parking lot for Quayside and Heron House residents had signs of deteriorating and spalling of concrete along the underside.

port was that it was a revitalization area “and two, I had people come to me that didn’t have hot water.”

Fairfax County paid \$85,430 for the assessment.

Alcorn stressed two points during his Sept. 13 Presentation to Community. First, Fairfax County can be a constructive partner in revitalization, working with the community on solutions. And second, Lake Anne needed to have a sustainable path forward.

“There’s revitalization that needs to happen, and I do want to make sure that this historic community does continue.” He added that in 2022 the General Assembly is expected to make changes spurred

by the Surfside condo collapse in Florida earlier this year.

Even though Lake Anne Village Center is “the historic heart and soul of Reston, Lake Anne of Reston Condominium Association is private. The Lake Anne Village Center is named on the National Register of Historic Places [2017]. Property owners within the historic district may qualify for Federal or Virginia Rehabilitation Tax Credits (RTC) through the Virginia Department of Historic Resources for improvements to the exterior of their buildings.

“This is not part of Fairfax County. It’s not part of any local government. It is owned by a private

association which in fact is 131 condominium owners.” Alcorn said. To complicate matters further, LARCA owns part of the parking lot and the Plaza area. Reston Associations owns the lake and some adjacent properties. Alcorn added that more than a dozen other non-LARCA owners are in the immediate area, such as Washington Plaza Baptist Church.

Pointing to the map, Alcorn said, “The light green area is owned by Fairfax County; that’s the Crescent Apartments, which was purchased by Fairfax County several years ago, [2006 to preserve affordable housing]. So, one thing I do want

SEE HELPING. PAGE 7

County Supervisor Seeks \$5M Contribution to Herndon

Downtown development continues to be delayed.

BY MERCIA HOBSON
THE CONNECTION

In the Town of Herndon, all key milestones, regulatory approvals, and transfer of town-owned property to their development partner, Comstock Herndon Venture LC, are completed for the long-sought capital improvement project, the Downtown Redevelopment, according to Supervisor John W. Foust, (D-Dranesville District).

The COVID-19 pandemic, however, impacts the construction and delivery of the project, he says, with “substantial increases in material costs and workforce restrictions which have led to project cost increases.”

“The Town of Herndon has approved additional investments totaling \$5 million to help ensure the project completion. That increased contribution brings the Town’s total project contribution to \$17,850,000,” said Foust during the presentation of his Board Matter, “Economic Development Support Fund-Herndon Downtown Redevelopment Project to the Board of Supervisors during its Oct. 5 meeting. “The Town has requested a similar increase of \$5 million in project funding support from Fairfax County,” he said.

Foust moved that the Board direct the County Executive to prepare an Initial Project Evaluation to review the Herndon Downtown project under the guidelines adopted for the Economic Opportunity Reserve. Foust said that the review should evaluate the additional \$5 million contribution to this capital project and “the impacts such an investment would make in furthering the County’s goals in areas of strategic importance.”

Foust added to direct the County Executive that “no additional investment from the Economic Opportunity Reserve be made to the Herndon Downtown project unless and until the Board has approved the use of the funds for that purpose.” The Board of Supervisors unanimously approved the motion.

The Town of Herndon is located within the Dranesville District. During his Board matter presentation, Foust said that in 2018, the Fairfax County Board of Supervisors approved the Town request for \$1.2 million from the Economic Opportunity Reserve for use towards capital construction costs as part of the Herndon Downtown Redevelopment Project. “Due primarily to delayed project commencement, no funds have been spent from that allocation to date,” he said.

The Board of Supervisors approved the establishment of the Economic Opportunity Reserve in 2015 “to stimulate economic growth and provide for strategic investment opportunities identified as priorities by the Board,” according to Fund 10015: Economic Opportunity Reserve.

The Town of Herndon’s capital project is one of many projects throughout the County approved for contributions through the Economic Opportunity Reserve. Total project estimates include but are not limited to: Annandale Pilot Projects \$124,565; Connected Autonomous Vehicle Demo-\$50,000;



Late September 2021: The Herndon Downtown Redevelopment Project has yet to get shovels in the ground. It remains impacted by a tumultuous construction year due to the pandemic. Town needs \$5M to offset COVID-19 related expenses.

Future Date TBD- What Comstock will include according to its Dec. 16, 2020, News-wire: “Comstock’s development will include approximately 273 residential apartments, 17,300 square feet of boutique restaurant and café space, a 16,265 square feet arts center, three public plazas with outdoor seating and dedicated art, and a seven-level parking garage with 726 spaces.”



John W. Foust
Supervisor John W. Foust (D-Dranesville District) Fairfax County Board of Supervisors presents his Board Matter, Economic Development Support Fund-Herndon Downtown Redevelopment Project at the Oct. 5, 2021, meeting of the Board.

Springfield Gateway Projects-\$100,000; Town of Vienna-Economic Development Study-\$50,000, Tysons Partnership-Branding-\$1M and Microloan Program-\$2.5M, according to Fairfax County’s Summary of Economic Opportunity Projects.

If, after evaluation, the Supervisors approve the \$5 million contribution, along with the previously approved \$1.2 million, the total expenditures for the Downtown

Herndon Redevelopment capital project will be the highest expenditures from the Economic Opportunity Reserve Fund at \$6.2 million.

A spokesperson for the Town of Herndon said that the Town’s requests for funds follow Town Council action in November 2020 to adopt the amendment to the Comprehensive Agreement with Comstock. It included reference to the Town and Comstock’s joint effort to secure economic development incentive(s) from the County.

During Foust’s presentation of the Board Matter, he told how the Town of Herndon had “aggressively pursued economic development through revitalization of its historic downtown area, with a focus on arts and art venues.” He said that the Town created the Herndon Arts District, which will provide tax incentives and regulatory flexibility for properties located in the district.

Foust described the public-private partnership project to transform Town-owned property into a “vibrant mixed-use development providing new retail spaces, residential apartments, a public parking structure, and a new vibrant Arts Center.”

He said the redevelopment would anchor the arts and entertainment hub in the Town’s downtown, generating revenue for



surrounding businesses.

“Land that was public-owned will be returned to the tax rolls, providing significant financial benefits to the County and, to a lesser extent, to the Town,” Foust said.

William “Bill” Ashton is the town manager of the Town of Herndon. He said that the request for \$5 million “was based on additional funds that the town is contributing as part of the amendment to the Comp agreement.” He clarified that the pending grant request is for an additional \$5 million, separate from the previous grant approved for \$1.2 million.

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PHOTOS BY MERCIA HOBSON/CONNECTION NEWSPAPERS

ROUNDUPS

Car Seat Inspections, Oct. 21

Parents are invited to get their children's car seats inspected on Thursday, Oct. 21, from 5-8:30 p.m., outside the Sully District Police Station. It's at 4900 Stonecroft Blvd. in Chantilly. Inspections are done on a first-come, first-served basis. Participants are asked to wear a mask and adhere to social-distancing and safety precautions.

They should also install the child safety seat themselves, so the inspection can be performed. The seat will be properly re-installed, if necessary, and parents will be taught how to install the seat properly in the future.

Erin Peterson Fund Golf Tourney

Westfield High grad Erin Peterson died in the April 16, 2007, massacre at Virginia Tech. But her legacy lives on through the fund started in her name by her parents. It helps young students and their families and is 100-percent donor-funded. A major source of income for it is the annual Erin Peterson Fund (EPF) Golf Tournament, and the 14th annual event is set for Tuesday, Oct. 26.

Proceeds from this year's tournament will go toward supporting four school groups, the EPF Food Pantry, a student job fair, EPF Koats for Kids and college scholarships. Register and pay via credit card at <https://www.erinpetersonfund.org/events-1/erin-peterson-fund-annual-golf-tournament-october-26-2021-rain-date>. Or mail a check to Erin Peterson Fund, P.O. Box 232170, Centreville, VA 20120.

Infrastructure Deficits for Lake Anne Buildings, Plaza

FROM PAGE 3

to emphasize, and this is another reason that Fairfax County is involved in this, is the [Lake Anne] Plaza. It really has been at least treated as a public place, even though it's privately owned by LARCA ... It's clearly something that the public has taken advantage of and used and enjoyed, and hopefully will continue to be so well in the future."

Alcorn summarized the assessment estimates in the report, costs to fix the current infrastructure owned by LARCA. According to the report, individual residences or businesses were not included. The survey of the exterior was limited to observations from the ground level. Americans with Disabilities Act (ADA) compliance was not included, nor was stormwater/sewer upgrades, the 56-year-old RELAC air-conditioning system for Lake Anne's 343 households and other utilities.

"The total estimated costs are somewhere in the ballpark... of about \$37 million," said Alcorn.

Delving deeper, the report's author organized it by five buildings [one with plaza] then broke it down by discipline. Cost estimates were provided for each deficiency with priority ranking rates on a scale of 1 to 5. According to the ranking legend, "1 may pose a current life safety issue and should be addressed immediately; 2 may pose a life safety issue and/or create accelerated damage and deterioration without immediate resolution." Alcorn said safety concerns are things like "spalling concrete on balconies where a piece of concrete could potentially fall off and injure someone or a loose railing."

Alcorn stressed that the estimates were conservative. The most pressing infrastructure concerns were estimated at close to \$20 million, with additional costs for less critical repairs estimated at more than \$17 million.

Looking at the summary of cost by priority rating, Heron House requires nearly \$12 million to remedy Code 1 and 2 deficiencies. According to the report, the 15-story residential building is constructed from masonry units and concrete with the balconies "concrete slabs between 6½" to 7½" thick." "Concrete spalling was seen in many balcony slabs and edge beams throughout. The exposed steel reinforcement was noted to be rusting in these locations, and some areas appeared significantly deteriorated ... Overall, the balconies were found to be in poor condition. There is a considerable amount of deterioration on all exposed concrete members."

Alcorn said the county is not a developer. "That's not what the county does, but perhaps the county could play some sort of a role, like a bridge between what's here and the needs here, in some future stake of Lake Anne. Working with you all, working with the community, working with LARCA is something I'm committed to, and hopefully, out of this, we can find a path forward that works." He said that while the county is looking at several options, there is nothing analogous in Fairfax County.

A video of the LARCA Infrastructure Cursory Assessment Report Presentation at RCC, Lake Anne 9/13/21 can be viewed <https://www.youtube.com/watch?v=dw59fnNbydI>

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CALENDAR

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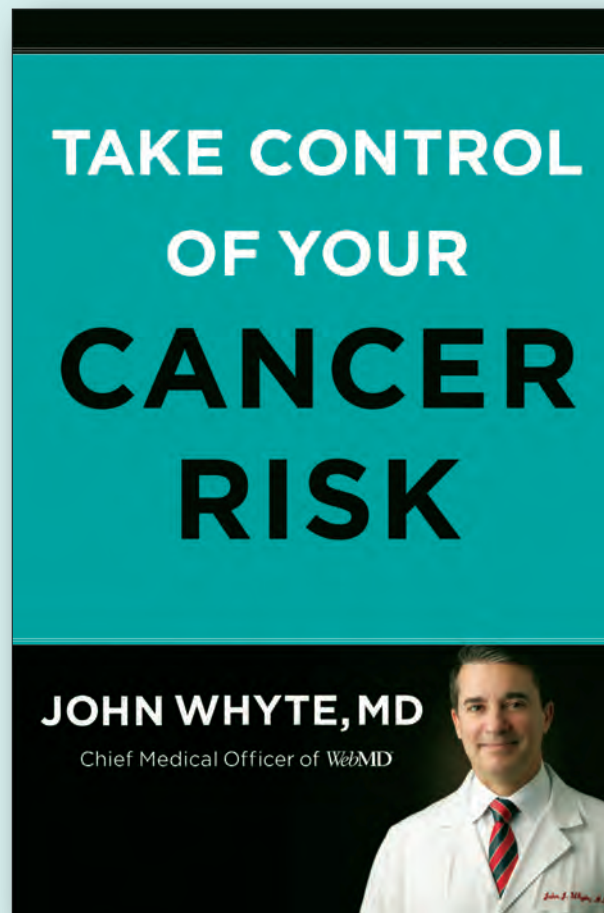
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Why I Walk to End Alzheimer's

Walker Name: Jill McCarroll
Hometown: Fairfax, Parents Live in Reston
Team Name: Helen's Hikers
 Participating in the Reston Walk on Oct. 24

over a dozen years I've walked in memory of my grandmother, Helen, supporting the Alzheimer's Association and the services and research they provide to my family and others'.

Q: How many years have you been involved with the Walk?
 A: I've walked every year since 2007, so this year is my 15th Walk. I am volunteering this year on the day of the walk, with my parents who live in Reston who are also volunteering with me this year! I also volunteered in 2019.

Q: Please share a favorite memory of your loved one.
 A: My grandmother had a long battle with Alzheimer's. Even when she was struggling, she still clearly enjoyed her time with her family. She and my grandfather (who took such wonderful, patient care of her) would visit us in Reston fairly regularly. My grandmother loved puzzles, and so during her visits she, my mom, my sister, and I would come together to complete huge ones on our dining room table. Those are happy memories of our time together.

Q: What is your Walk Team name?
 A: Helen's Hikers. We're named after my maternal grandmother who passed away from Alzheimer's in 2002.

Q: If known, how much money did you raise last year? Since you've been involved?
 A: I know I raised over \$1500 in 2020, over \$1500 in 2019, over \$1500 in 2018, over \$1000 in 2017, over \$750 in 2016, and over \$1000 in 2015. I think I've probably raised at least \$500 each year in the earlier years, so I'm confident it's been well over \$10,000 over the full 15 years, or you could say over \$6,000 for the past 5 years (this year I'm already over \$800). My donors - all family and/or friends - have been tremendously generous.

Q: What would you say to someone to encourage them to join the Walk?
 A: Alzheimer's touches so many of us. I sometimes wear my Walk shirts when I'm running errands, and you wouldn't believe how often people strike up a conversation with me about their loved ones with Alzheimer's when they see the shirt. You hear so many great stories and memories. The Walk is an opportunity to do this on a grand scale. You come together with a shared community, those of us who know what this disease is about and what it can do to families. The stories you'll hear at the event are touching, and they are coupled with promising news of developments we're making toward a cure. It's always a moving event, with the associated fundraising for a great cause.

Q: Why do you support the Walk and the Alzheimer's Association?
 A: Alzheimer's disease has — and continues — to touch my family. For



Team Helen is small but mighty. For years, it's been me, my parents (who live in Reston), and my friend Rose Aquilino. Left to right: Dianne Carlivati, Peter Carlivati, Rose Aquilino, Jill McCarroll.

PHOTO CONTRIBUTED

Alzheimer's Association Walk to End Alzheimer's
 Held annually in more than 600 communities nationwide, the Alzheimer's Association Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. Since 1989, the Alzheimer's Association mobilized millions of Americans in the Alzheimer's Association Memory Walk; now the Alzheimer's Association is continuing to lead the way with Walk to End Alzheimer's. Together, we can end Alzheimer's.

Walk to End Alzheimer's - Northern Virginia
https://act.alz.org/site/TR/Walk2021/DC-NationalCapitalArea?fr_id=14363&pg=entry
 Sunday, Oct. 24
 Reston Town Center
 Registration opens at 8 a.m.
 Ceremony starts at 9:30 a.m.

\$5,000 personally — and my team has raised over \$7,500 in total.

Q: Other Alzheimer's Association programs, services, activities you have participated in (e.g. called the Helpline, attend a support group, volunteer, attended the Advocacy Forum)
 A. My biggest involvement is with the Walk, but I have also participated in The Longest Day a few times, and volunteered at the Blondes vs. Brunettes football game in DC.

Q: Why do you support the Walk and the Alzheimer's Association?
 A. When my nana passed away from Alzheimer's, she had only recently been diagnosed (after several years of mis-diagnoses). My family didn't know much about the disease or the resources available to patients, caregivers, and families. After she died, I got involved with the Alzheimer's Association through the Walk and learned so much about everything they do for everyone impacted (including loved ones, paid and unpaid caregivers, survivors, etc). It was incredibly hard to watch my nana suffer from the disease, and after years of participating in various Association fundraisers and community events, I have met so many great people sharing their skills and

For more information, contact Shiri Rozenberg at 803-371-9793 or srozenberg@alz.org

Registration information
 Sign up as an individual, team member or Team Captain. While there is no fee to register for the Walk, all participants are encouraged to raise critical funds that allow the Alzheimer's Association to provide 24/7 care and support and advance research toward methods of prevention, treatment and, ultimately, a cure. Learn more and register at alz.org/walk.

Alzheimer's Association
 The Alzheimer's Association is a worldwide voluntary health organization dedicated to Alzheimer's care, support and research. Its mission is to lead the way to end Alzheimer's and all other dementia. Visit alz.org or call 800.272.3900.

knowledge, and working together to find a cure for this terrible affliction.

Q: Please share a favorite memory of your loved one.
 A. I was lucky that I grew up just down the street from my grandparents in Florida. Growing up, my nana would pick me up from school every Wednesday, and I would spend the evening with them cooking dinner, making art projects, swimming in their pool, and doing homework. Even after my grandpa passed away, my nana and I kept the tradition alive all the way through my high school graduation. When I left for college in DC, I didn't get to see my nana as much, but whenever I traveled home, we spent as much time together as we could. My last memory before my nana passed away was going to our favorite local cafe for lunch - she happened to be fairly lucid that day. We spent the whole afternoon and evening together just like we would every Wednesday growing up.

Q: What would you say to someone to encourage them to join the Walk?
 A. Just do it! It's a great way to celebrate life with your loved ones, as well as meet others with a shared experience. For me, it's also been a fantastic way to keep my nana's memory alive.



Camaraderie at a previous Reston Walk to End Alzheimer's.

Why I Walk to End Alzheimer's

Walker Name: Lauren Silva Urchick
Hometown: Herndon, VA
Team Name: Nita's Network
 Participating in the Reston Walk on Oct. 24

Virginia walks.
Q: What is your Walk Team name?
 A. Nita's Network, named after my nana, Anita (her nickname was 'Nita')

Q: How many years have you been involved with the Walk?
 A. I started walking in 2016, a year after my nana passed away from Alzheimer's

Q: How much money did you raise last year? Since you've been involved?
 A. Last year was a low year for me given the pandemic. I raised just over \$500 in 2020. Since I started walking in 2016, I've raised over

I have been involved in the walk committee, especially working to help with promotion of the Northern

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HOME LIFE STYLE



PHOTO BY STACY ZARIN GOLDBERG

The cabinet-front bar in the family room of this Bethesda home, by Mark Kaufman of GTM Architects, blends seamlessly with the built-in bookcase.



PHOTO BY GREG POWERS

Because it occupies a small space, designer Tracy Morris was able to use bold colors and textures in this bar without overpowering the rest of this McLean home.

Building a Better Bar

Local designers share home bar trends.

BY MARILYN CAMPBELL
THE CONNECTION

Whether unwinding after a long day or hosting a dinner party for family and close friends, the pandemic has boosted the popularity of home bars, say local designers. Their relatively small size makes home bars a blank canvas on which to unleash design creativity. A few local tastemakers offer ideas to those who are ready to trade-in their bar cart for a full-size version.

“The home bar is no longer just a bar,” said Tracy Morris of Tracy Morris Design in McLean. “It has turned into the new workhorse of the home. Since our clients have been home a bit more, they are looking for secondary kitchen spaces.”

Because home bars occupy only a small area in a home, homeowners can experiment with unexpected colors and textures that might overpower a larger space.

“Saturated colors are among the latest trends in home bar designs. [They] present a great opportunity to be different and creative,” said Danielle Steele, lead interior designer, Marks-Woods Construction Services. “This space is often near the kitchen, which may be white or neutral, so it presents an opportunity to go bold.”

From wall coverings to countertops, options for courageous design abound. “We are using jaw-dropping wallpapers in many of our home bars,” said Morris. “This is the most asked for item. Clients are trying to differentiate their home bars from the rest of the home. One way to do this is with amazing wallpaper.”

Those who enjoy entertaining friends and family know that the kitchen is often a dinner party gathering spot. Home bars offer an alternative space for guests to mingle. “[It] moves them away from the center of a busy and congested kitchen into a second area, which is perfect for conversation and gathering,” said Tom Reineberg, architect, InSite Builders & Remodeling.

In fact, home bars can be equipped with accessories that allow them to serve as extensions of the kitchen. “In one recent Bethesda home, we provided a full walk-behind bar with bar



PHOTO BY REGIS VOGT

The bar in this home by interior designer Danielle Steele of Marks-Woods Construction is fitted with a wine refrigerator and glass front cabinetry, which create a minimalist style.

“Since our clients have been home a bit more... the home bar is no longer just a bar. It has turned into the new workhorse of the home.”

— Tracy Morris of Tracy Morris Design in McLean

stool seating, said architect

Mark Kaufman of GTM Architects. “The bar has a full array of appliances including an ice maker, refrigerator, dishwasher, sink and power outlets.”

Proper lighting is essential. “Popular choices are LED circular-shaped lights, tape lighting and lighting strips ... [which] create a bright and attractive entertaining area,” said Reineberg. “Open shelves with mirrors behind the shelving and dramatic lighting can be used to display and showcase barware, unique bottles and liquor collections.”

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There's Fun for All Ages at Centreville Day

29th annual celebration is Saturday, Oct. 16.

BY BONNIE HOBBS
THE CONNECTION

Come one, come all, to the 29th annual Centreville Day celebration. It's set for this Saturday, Oct. 16, from 10 a.m.-5 p.m., in Historic Centreville Park, 5714 Mount Gilead Road (off Braddock Road, across Route 29 from the IHOP).

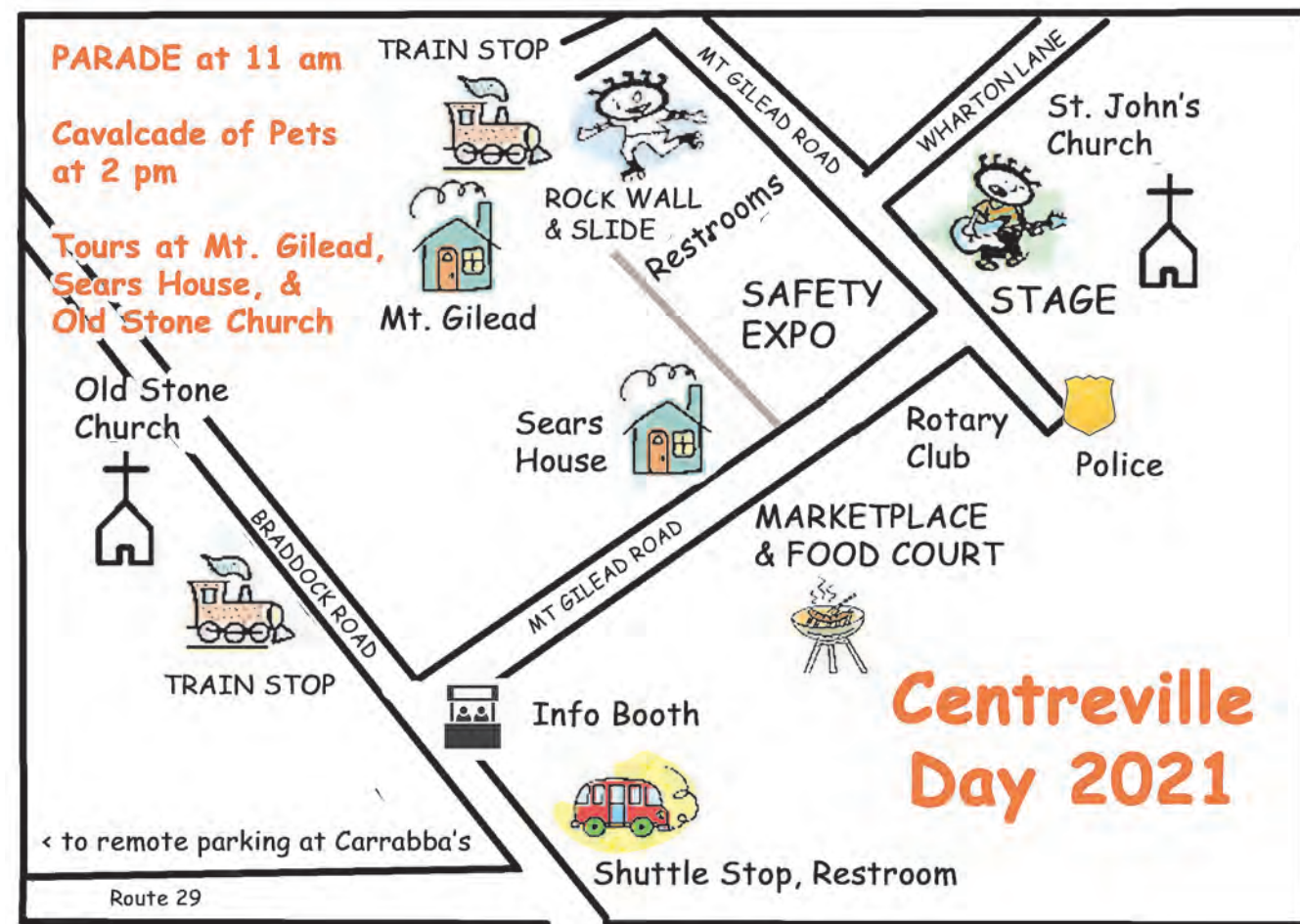
The fun includes a parade, live entertainment, children's activities, marketplace, food, crafts, pet pageant, safety expo and historic-homes tours. Free, remote parking and shuttle service will be at Carrabba's Italian Grill, 5805 Trinity Parkway. (Overflow parking: Trinity Centre, 5860 Trinity Parkway).

Friends of Historic Centreville puts on Centreville Day, and Event Chair Cheryl Repetti and her Centreville Day Planning Committee volunteers have worked on this festival since February. They're also excited that it'll again be in person.

"Last year's event was scaled back and virtual, so we're looking forward to seeing old friends, enjoying live entertainment and eating great food," said Repetti. "We hope everyone will join us. Although it's outdoors, we're encouraging folks to wear masks when they can't socially distance, and they must wear them inside any buildings."

"With our busy lives, it's nice to stop and appreciate what a great community Centreville is," she continued. "From its earliest settlement in the 1760s to the dynamic and culturally diverse community we know today, Centreville has experienced a wealth of history. And Centreville Day is a great opportunity to explore the places where it happened, while having fun with your family."

At the 10 a.m. opening ceremonies, Supervisor Kathy Smith (D-Sully) will present Centreville Day's Citizens of the Year Awards on the stage near St. John's Episcopal Church. And throughout the day, pets will be blessed on the St. John's lawn. Thanks to the sponsors, almost all activities are free; but attendees must pay for whatever they purchase.



Map of the Centreville Day 2021 attractions and activities.

COURTESY OF CHERYL REPETTI

On Stage

Masters of Ceremonies from Bach2Rock will introduce the performers, including local rock band, The VaDeatles, comprised of Stone Middle teachers. Entertainment schedule (subject to change):

- 10:30 a.m. - Magic Hand Orchestra
- 11:45 a.m. - The VaDeatles
- 1 p.m. - Centreville Dance Academy
- 1:20 p.m. - Washington Senior Korean Harmonica Players
- 1:40 p.m. - Korean Women's Autoharp Ensemble
- 2 p.m. - Blessing of the Pets by the Rev. Carol Hancock of St. John's Episcopal.
- 2:10 p.m. - Cavalcade of Pets
- 3 p.m. - Northern Virginia Wushu Academy (martial arts demonstration)
- 3:30 p.m. - Hula Hoop Contest open to all

attendees to vie for Pineapple Awards 4 p.m. - Bach2Rock All Stars (music).

Parade, Cavalcade of Pets

American Legion Post 1995 organizes the parade. Participants are expected to include fire, police and sheriff's personnel, McGruff the Crime Dog, Scout groups and dancers. Individuals and families are welcome; decorate a bike or scooter and join the fun. Costumes are encouraged, and prizes will be awarded. For example, the Most Enthusiastic and Most Patriotic groups will receive \$50 each.

The parade assembles near Wharton Park Court, beginning at 10:30 a.m. It'll kick off from Wharton Lane at 11 a.m., passing the stage shortly before noon and continuing along Mt. Gilead Road to Braddock Road. To register for it, see www.CentrevilleDay.org or

contact parade coordinator Steve Hunter at geoshunter@gmail.com.

Billed as "fabulous and friendly," the Cavalcade of Pets on-stage procession includes time for individual introductions of all kinds of pets. Registration for it begins at 1:30 p.m. by the stage. There's no registration fee, and families are welcome to bring more than one pet. Recognition certificates will be awarded in categories such as Most Unusual Pet and Most Creative Costume, and pet owners can also vie for prizes in a special drawing.

Pet costumes and tricks are welcome, but not required. "Feel free to bring your pet unadorned and share what you love best about them," said Repetti. "Local pet stores and veterinarians have donated great prizes." For further information, contact Cammy Gawlak at cgawlak@verizon.net.



BONNIE HOBBS/CENTRE VIEW

The VaDeatles rock band will perform again at Centreville Day.



BONNIE HOBBS/CENTRE VIEW

Children enjoy a ride on the history train at a previous Centreville Day.



BONNIE HOBBS/CENTRE VIEW

At a past Centreville Day, this little girl (and her daddy) made a dipped candle together.

Food, Marketplace, Safety Expo

This year's food court has moved. Look across the street from the Sears House and head to the end of the marketplace rows. Returning food vendors include Bangkok House and Kona Ice. Or venture down to the Old Stone Church for hot dogs, a traditional Ploverman's lunch or home-baked treats.

This year's marketplace features several crafters, including artists Rebekah Keener (pet portraits) and Missy Sheldrake. Children may wear their Halloween costumes and trick or treat at the vendors' booths. Also here are local businesses, churches and nonprofits. Spaces are still available in both the food court and marketplace; to participate, contact Repetti at centrevilleFHC@gmail.com.

The Safety Expo features snake expert Bill Crisp, plus Fairfax County first responders, their vehicles and equipment, and McGruff the Crime Dog. This area promotes greater community interaction with fire and police, while teaching people about the safety services available here and how to better respond to emergencies. The Sheriff's Office will make child IDs, and Family Hearing Services will do free screenings.

Children's Activities, History

The children's area will feature a climbing wall, double slide and various games. It's in a new location this year, on the lawn at Mount Gilead. Children and adults may also become immersed in history by either walking or riding the history train to visit Mount Gilead, the Old Stone Church, the Spindle Sears House and St. John's Church.

Built as a tavern in 1785, Mount Gilead is one of the oldest surviving buildings in Centreville, dating back to when it was called Newgate. In honor of Centreville Day, this private residence will be open for small-group, guided tours.

Or disembark at Braddock Road stop and stroll downhill to explore the Old Stone Church (Church of the Ascension), do children's crafts or buy food. There, as well will be local historian John Carter, sharing the community's history and distributing walking-tour brochures of the Centreville Historic District. A display of curiosities and demonstrations drawn from 18th-century science is also planned.

And at the Spindle Sears House, reenactors will share WWII soldiers' experiences. Purchased in 1933 from a Sears catalog, this tiny house will be open for tours led by Ellanor C. Lawrence Park historian Kiersten Fiore and Historic Centreville Society Board Member Debbie Robison.

Sponsors

Supporting Centreville Day are its vendors, sponsors and community partners, including Korean Central Presbyterian Church, Sandy Spring Bank, Wegmans, Goodwill, Historic Centreville Society, Rotary Club of Centreville-Chantilly, Signarama of Centreville, American Legion Post 1995, Fairfax County Park Authority, Sully District Police, and Supervisor Smith's office.

Proceeds benefit the nonprofit Friends of Historic Centreville, dedicated to preserving history in Historic Centreville Park and western Fairfax County. For more event information or to be a vendor, go to www.CentrevilleDay.org.

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Ono Brewing's Hawaiian Anniversary Celebration

Ono Brewing Co. in Chantilly celebrated its fourth anniversary, Sept. 25, with Hawaiian dancers, crafts, food and tropical beers.

PHOTOS BY BONNIE HOBBS/THE CONNECTION



Jonalynne Hepua Walker, with Halau O 'Aulani, does the hula at Ono Brewing Co.'s anniversary event.



From left, Joyce Quay, Holly Bell and Carol Takafuji, with the Hawaii State Society 'Ukulele Hui, perform for the crowd.



Grace Iwai, 8, is excited about the new, handmade, silk, Hawaiian flowers her parents bought her from vendor Leis & Things by Debi.



Posing together are (from left) dancer Shirley Queja, with Halau O 'Aulani, and vendor Dana Dias, who sold Hawaiian dolls, hula outfits and accessories.



Performing is a group called Naniukulelejoy.



Some of the attendees relaxing and enjoying the celebration.



Rebecca Gerlitz, with River-Sea Chocolate Factory, selling fair trade, bean-to-bar chocolate at the event.

County Supervisor Seeks \$5M Contribution to Herndon

Fund 10015: Economic Opportunity Reserve



PHOTO BY MERCIA HOBSON/CONNECTION NEWSPAPERS

May 1, 2020: A large banner goes up on the fencing that surrounds the 4.7 acres in downtown Herndon announcing, “Excitement Builds.” Then the pandemic rages and the price of materials rises with tighter supplies.

FROM PAGE 4

Asked if the \$5 million was designated for the arts center to build out the interior of its shell, Ashton said, “No.”

“The \$5 million grant request is for the overall project, due to an increase in constructions costs.” Asked if the Town must allocate funds itself to build out the arts

center for use and if these funds are budgeted and approved, Ashton said, “The town has not allocated any funds; the costs are to be determined.” Without funds allocated, the arts center would not be usable. Its interior would be unfinished.

Sheila Olem, mayor of the Town of Herndon, said, “The town is

FY 2021- Summary of Capital Projects approved for Fund 10015: Economic Opportunity Reserve

Project	Total Project Estimate	FY 2020 Actual Expenditures	FY 2021 Pre-Mid-Year Revised	FY 2021 Mid-Year Revised
Annandale Pilot Projects (2G30-002-000)	\$124,565	\$838.60	\$123,725.96	\$123,726
Connected Autonomous Vehicle Demo LCM (2G30-010-000)	50,000	0.00	50,000.00	50,000
Downtown Herndon Redevelopment (2G30-005-000)	1,200,000	0.00	1,200,000.00	1,200,000
ESSP Implementation (2G30-004-000)	91,334	0.00	91,334.22	91,334
Microloan Program (2G16-001-000)	2,500,000	2,391,500.00	108,500.00	108,500
Springfield Gateway Projects (2G30-003-000)	100,000	0.00	100,000.00	100,000
Town of Vienna-Economic Dev Study (2G30-007-000)	50,000	0.00	50,000.00	50,000
Tysons Partnership-Branding (2G30-008-000)	1,000,000	615,000.00	385,000.00	385,000
Total	\$5,115,899	\$3,007,338.60	\$2,108,560.18	\$2,108,560

¹ Fund 10015 was established during the FY 2019 Carryover Review, hence the Total Project Estimate (TPE) does not include spending prior to FY 2020. Total funding of \$125,000 was approved for Annandale Pilot Projects (2G30-002-000) and \$200,000 was allocated for ESSP Implementation (2G30-004-000) with FY 2019 expenditures recorded in the Economic Development Support Project in Agency 87, Unclassified Administrative Expenses. It should be noted that \$1,000,000 associated with the Innovation Hub and \$100,000 in Local Match for the Governor’s Agriculture and Forestry Industries Development (AFID) grant were fully expended in FY 2019.

SCREENSHOT

committed to moving forward with Comstock in bringing this exciting redevelopment project to life in Herndon’s downtown.”

Looking ahead, Comstock is poised to announce its next step sometime in the next 11 weeks. At the Nov. 17, 2020, public hearing,

the Herndon Town Council unanimously approved the resolution that amended the Comprehensive Agreement with Comstock to advance the project.

It established a date by which Comstock must have the project under construction, to Dec. 31,

2021. According to Item 7, Extension of Outside Satisfaction Date; Market Pause: “Comstock shall have the right at any time prior to Dec. 31, 2021, by delivery of written notice to Herndon to delay the Outside Satisfaction Date up to twenty-four months.”

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Fairfax Defers Decision on Collective Bargaining

FCPS employees are not part of the ordinance.

By MERCIA HOBSON
THE CONNECTION

Following testimony with 64 speakers at the Oct. 5 Public Hearing on a collective bargaining ordinance draft for the members of county employee groups, the Fairfax County Board of Supervisors deferred the decision on the matter. In a letter to the Fairfax County Community late that evening, Jeff McKay, chairman of the Board, wrote that members did so to consider “the significant and thorough testimony provided at the meeting.”

The new law reversed a 1977 Supreme Court of Virginia ruling. According to Code § 40.1-57.2, Collective Bargaining, effective May 1, 2021, counties, cities, and towns can but are not mandated to adopt ordinances recognizing labor unions and enter into collective bargaining agreements with them.

While verbiage in code read: “County, city, or town” includes any local school board, and “public officers or employees” includes employees of a local school board,” the Fairfax County collective bargaining ordinance under consideration did not include Fairfax County Public School employees.

“In fact, absolutely nothing about this proposed ordinance directly impacts FCPS in any way. If schools enter into an agreement, that is an action the FCPS School Board would take, not our Board



Rallying for Collective Bargaining in front of the Fairfax County Government Center.



PHOTOS BY MERCIA HOBSON/THE CONNECTION

of Supervisors,” added McKay in the letter.

AN HOUR BEFORE the scheduled start of the Public Hearing on Oct. 5, hundreds of essential Fairfax County workers rallied for collective bargaining in front of the Fairfax County Government Center. Community members and partner organizations included Fairfax County Professional Firefighters & Paramedics - IAFF Local 2068, Fairfax Branch of NAACP, 32BJ SEIU, New Virginia Majority, Catholic Labor Network, Network NOVA, and

NOVA Labor Council, as well as the Fairfax Education Association, Inc. (FEA), a union for employees in Fairfax County Public Schools and the Fairfax County Federation of Teachers (FCFT).

David Broder, SEIU Virginia 512 president and Fairfax County resident, spoke first at the rally.

“We are here to pass meaningful, collective bargaining rights and to make Fairfax the best community in the Commonwealth for working families. ... We know that collective bargaining raises standards for all people while closing racial and gender pay gaps.”

Tilly Blanding is a union member and a retired Fairfax County employee. “We are here to have a

seat at the table,” she said.

Tammie Wondong Ware, SEIU Virginia 512 Fairfax Chapter president, has worked for Fairfax County for 32 years. She thanked the community partners who attended the rally, saying that their support continued to prove that collective bargaining benefits the common good. “When workers thrive, the community thrives. After months of hard work and negotiation with the county, we have a draft ordinance.”

Ware cautioned that three changes are necessary: “One, allow bargaining over the full range of wages, benefits, and working conditions so that we improve our jobs and recruit the best and

brightest of Fairfax County. Two, include G status, temporary part-time and probationary employees, to ensure they do have a seat at the negotiations table. Three, ensure that we have access to talk to our co-workers at work so that we can talk about our union and our union contracts.”

Ware said that if they don’t get it right, the ordinance they had worked so hard to pass would be nothing but an empty gesture on a piece of paper.

DURING THE PUBLIC HEARING, County staff said that months of work went into the draft collective

SEE FAIRFAX DEFERS, PAGE 13



Tilly Blanding: “We are here to have a seat at the table.”



David Broder, SEIU Virginia 512 president.



Adriana Granado and her “protest pooch”

Fairfax Defers Decision On Collective Bargaining

FROM PAGE 12

bargaining ordinance. The Board created a collective bargaining workgroup, led by Supervisors Penelope Gross and James Walkinshaw. The workgroup included employee group representatives from the Fairfax County Public Schools (FCPS) and General County Government, elected officials from FCPS, County Executive Bryan Hill, FCPS Superintendent Scott Brabrand, and other senior staff members.

The workgroup met twice in February 2021 and once in April 2021. They sought to amend Chapter 3 of the Code of the County of Fairfax, Virginia, County Employees, by adding Article 10, Collective Bargaining, Sections 3-10-1 through 3-10-18. Staff detailed two town halls with employees, a combined attendance of 1,000 employees, published four packets of questions and answers from the Board of Supervisors, and created many frequently asked questions that are on the public website.

Speaker Patrick Booth said he was born in Fairfax County and lived here with his family. "I was not bussed in from out of state or from Richmond this morning, I have the honor of representing working staff for Fairfax County as president of the only internal, not-for-profit union, the Fairfax Workers Coalition," Booth said. He supported collective bargaining, but he said it must include equality for all staff, especially lower staff members. Their pay grade should not dictate the deciding factor of individuals' rights and voices. "Putting these same employees in the same bargaining unit with senior staff is absurd," Booth said.



Rafael Gil-Figueroa



Patrick Booth, president of the Fairfax Workers Coalition.



Sean Corcoran, Fairfax Coalition of Police president.

PHOTOS SCREENSHOTS

Sean Corcoran, president of the Fairfax Coalition of Police, said that power dynamics of higher-ranking officers could come into play during collective bargaining. He asked how long lower-ranking officers could push back on contract issues against a person that could potentially fire them.

Rafael Gil-Figueroa said the county has no more time to waste. He encouraged the Board to adopt the changes recommended by the unions and pass meaningful collective bargaining rights for county employees. "We must let employees bargain over working conditions, health, safety, staffing, scheduling, and discipline. We must let employees communicate, talk and meet their union freely in the workplace without fear of retaliation. We cannot divide the workers. All county employees, including temporary workers, should have the right to bargain as a combined unit," he said.

According to the staff report, the FY 2022 Adopted Budget Plan includes \$1.0 million and 6.0 FTE positions to support collective bargaining for public employees. This consists of adding \$0.5 million and 5.0 FTE positions in the Department of Human Resources and \$0.1 million and 1.0 FTE position in the Office of the County Attorney. In addition, \$0.3 million in Fringe Benefits funding is included in Agency 89, Employee Benefits. These positions are necessary to address the new workload associated with labor relations, including legal support, policy administration, contract compliance, and system administration.

and household items. All donors who donate between Oct. 8 and Nov. 30, 2021, will be entered into a drawing for a gift card raffle to local Herndon restaurants, Lucia's Italian Ristorante and Glory Days Grill. Visit the website: <https://www.gogreendrop.com/>

RCC BOARD OF GOVERNORS 2021 PREFERENCE POLL RESULTS

On Tuesday, October 5, 2021, at the request of Hunter Mill District Supervisor Walter L. Alcorn, the Fairfax County Board of Super-

SEE BULLETIN, PAGE 15

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Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

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Virginia's Climate Change. 5-6 p.m. Via Zoom. Learn where, when, and by how much the climate will change in the Commonwealth and where and how to exploit natural resources in this presentation by Dr. Jim Kinter. Visit the website: <https://librarycalendar.fairfaxcounty.gov/event/7991227>

GREENDROP HERNDON OPENS

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FROM PAGE 13

visors appointed three Reston residents to the nine-member Reston Community Center Board of Governors: William G. Bouie, Lisa Sechrest-Ehrhardt and Richard Stillson. All three candidates were appointed for three-year terms. This was an uncontested election; all three candidates were incumbents. The appointments were made based upon the official results of the 2021 RCC Preference Poll. Vote tallies for the five candidates were as follows:

William G. Bouie: 1,439 votes
Lisa Sechrest-Ehrhardt: 1,396 votes
Richard Stillson: 1,382 votes

The three-year terms for Bouie, Sechrest-Ehrhardt and Stillson will begin on November 1, 2021.

William G. Bouie has served on the RCC Board of Governors since 2003. He is also chairman of the Fairfax County Park Authority Board. Mr. Bouie is a telecommunications executive who is a passionate advocate for Reston and Fairfax County youth and adult sports and recreation opportunities. He has also served on the boards of the Wolf Trap Foundation, Public Art Reston, Fairfax County YMCA Reston and Reston Youth Baseball.

Lisa Sechrest-Ehrhardt is a 46-year resident of Reston and an RCC Board of Governors member since 2012. A social worker, she is committed to diversity, equity and inclusion, and she seeks to use her professional and personal experience to contribute to the social, cultural and educational environments provided by RCC.

Richard Stillson has served on the RCC Board of Governors since 2018. He has lived in Reston for 49 years. Mr. Stillson has been involved in Reston organizations since the community's early days, including Reston 2020 and the first Reston Comprehensive Plan Task Force.

SEEDLINGS FOR SALE

Every October, the Virginia Department of Forestry (VDOF) opens its Seedling Store, which offers a variety of seedlings for online purchase to Virginians. The seedlings are grown and sold directly from our self-supporting Forestry Centers without replanting, and are bred for Virginia soils and climate. In addition to the selection of over 40 individual species, they also offer several specialty seedling packs, with species that have been hand-picked for certain qualities (e.g. fall colors pack, pollinator pack). These are great options for diversifying your landscaping. This year, seedlings can be ordered in quantities as low as five, and can be picked up from a Forestry Center or delivered to you from Feb. 22 until April 27, 2022. Visit the website at www.BuyVaTrees.com.

DIAPER DRIVE

HomeAid Northern Virginia aims to collect 50,000-plus diapers to distribute to local shelters and nonprofits serving vulnerable families as part of its annual "Builders for Babies" diaper drive that kicked off this week and extends through Dec. 15th. If you would

like to host a drive and need a collection box, flyer or more information to get started, contact Cilda Pretorius at 703-953-3525 or cpretorius@homeaidnova.org. Drop off diaper donations or purchase through Amazon wish list Diapers and wipes are being collected through Dec. 15th. Participating companies and individuals can also schedule a time to drop off donations at 3684 Centerview Drive, Suite 110B Chantilly, VA 20151 or send diapers/wipes directly to the HomeAid Northern Virginia office through the Amazon wish list.

CLOUDPERMIT NAMES RESTON AS NORTH AMERICAN HEADQUARTERS

The world's leading e-permitting software for local government building departments, Cloudpermit, has chosen Reston as its North American Headquarters. The Virginia Economic Development Partnership and the Fairfax County Economic Development Authority were involved in Cloudpermit's decision to establish its North American Headquarters in Fairfax County, Virginia.

Close to 500 local governments across Europe and North America prioritize efficiency and simplicity by adopting digital and cloud-based development and permitting processes with Cloudpermit. Cloudpermit has just under 10 employees working out of its Reston office and is planning to double its team by the end of this year.

FREE CYBER TRAINING

The Virginia Cyber Skills Academies (VCSA) is a state-sponsored training program for NOVA residents financially impacted by COVID-19 that provides free cyber training to residents ready to start or boost a career in cyber. VCSA was recently launched to help current cybersecurity professionals with upskilling and those wanting to enter the sought after cybersecurity field with reskilling. The program is only open to citizens who are stationed in or permanent residents of Northern Virginia and is only funded for this year, so applicants should apply as soon as possible. Applicants can earn certifications from the SANS Institute, a highly regarded and well-recognized cybersecurity learning platform. Visit the VCSA website at www.vacyberskills.com.

FAIRFAX COUNTY CORONAVIRUS INFORMATION CENTER

Fairfax County activated a Joint Information Center in response to the COVID-19. Fairfax County Health Department COVID-19 webpage – www.fairfaxcounty.gov/health/novel-coronavirus
Emergency Information Blog (you can subscribe by email or follow by RSS) – www.fairfaxcounty.gov/emergency/blog
Coronavirus (COVID-19) Call Center – The community may call 703-267-3511 with questions. The call center is open from 9 a.m. until 9 p.m. weekdays and 9 a.m. to 5 p.m. weekends.
Twitter – @fairfaxcounty and @fairfaxhealth
Facebook – www.facebook.com/fairfaxcounty and www.facebook.com/fairfaxcountyhealth

Cows Go For the NASCOW Green

FROM PAGE 2

race was born and is expected to become an annual event

This year's goal is \$50,000. Sponsorships are available before and after the race at <https://friendsoffryingpan.org/nascow>. Consult the same site for coming

race viewing information.

At the time of our farm visit, Brandy was the favorite to win. Look out, Maybelle.

The farm is open for visits to the cows, and many other farm animals, from 9 a.m. to 5 p.m. Who will be your favorite racer?

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Life I'm Trying to Live



By KENNETH B. LOURIE

Continuing last week's justifiable rant about my less-than-ideal cancer-driven circumstances, I have to look ahead somehow, not behind. I can't change the past and focusing on what happened that possibly didn't need to happen would make yours truly more of a dull boy than I already am. Besides, living my life with constant anger and disappointment concerning how I was potentially harmed serves no real purpose. It can't change the facts. It seems logical to me therefore that what damage I can't change and/or control, and that which medically has harmed me in the past, I must find a way to embrace it somehow so that I can live my present and future life - what there is of it, with some dignity and joy. Easier said than done, I assure you, especially for my wife. Though it's not exactly in the vault for me, it is nonetheless compartmentalized.

Oddly enough, it's this ability to compartmentalize which has likely carried me this long: nearly 13 years from my Feb., 2009 "terminal" diagnosis of stage IV non small cell lung cancer, a killer cancer if there ever was one, and of course, there are many. In fact, annually, more people die from lung cancer than the next four cancers combined. No wonder I was worried when I recall the "13 month to two year" prognosis I was given. Hearing those "you have cancer" words are life changing and in many cases, life ending. Fortunately for me, I was misdiagnosed and only thought I had a few years left to live.

Nevertheless, receiving this kind of life-threatening blast of reality at age 54 and a half is overwhelming. The treatment (heavy-duty chemotherapy) that followed was challenging. The life the patient is forced to live as a result becomes cancer centric. Very little time passes when you are not keenly aware of your circumstances or preoccupied with them or planning/coordinating your life/schedule around something cancer related. All the while knowing/having been told that your chances of surviving beyond two years is in the low single digits. And for many lung cancer patients, particularly stage IV patients, there's very little the doctors can do about it. There is no cure. As my oncologist told me: "I can treat you, but I can't cure you." It was extremely hard to process that statement. I mean, really process it to understand that you are going to die because of this diagnosis. It reminds me of an episode from the M*A*S*H, the television series. It was a long day/night in the operating room and "Hawkeye" Pierce, one of the trauma surgeons, was questioning his ability to save wounded soldier's lives. Lt. Col. Henry Blake and "Hawkeye" are standing outside the surgery taking a break. And Henry, hearing his fellow surgeon's frustration, says to "Hawkeye": "There are two rules in war. Rule number 1, young men die. Rule number 2, doctors can't change rule number 1." The warning/advisory one hears after getting a non small cell lung cancer stage IV diagnosis is very similar. It's not exactly a rule, but it is a startling reality nonetheless. That reality? Most stage IV lung cancer patients die much sooner than later.

This is the kind of news that you don't want to take to your grave. This is the news however that you must incorporate/assimilate into your life somehow so you can try to go on living a rewarding and productive life. Ignoring your diagnosis seems stupid and irresponsible. And pretending that your future actions will not have consequences for your health seems incredibly naive. The only real choice as I saw it, was integrating these horrible circumstances into my life, somehow. And the only way I could see doing this was to compartmentalize them. Try to control/file them away so everyday is not dreary and depressing. Life can go on by living it, not dying because of it. I made a conscious choice to not give in, and in a way, I've been rewarded for it. I've lived 10 years-plus beyond my original prognosis. Granted, mistakes were made, apparently. But for the 10 years or so until I learned my true diagnosis, I believed as curly Howard believed in an unrelated Three Stooges two-reeler: "I'm too young to die. Too handsome. Well, too young, anyway."

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

ENTERTAINMENT

NOW THRU NOV. 1

Reston Farm Garden Market Fall Festival. 9 a.m. to 6:30 p.m. At Reston Farm Garden Market, 10800 Baron Cameron Ave., Reston. Cost is \$28 per child and \$6 per parent, children 2 and under free. The event will feature a range of activities, including several moon bounces, a petting zoo, the Express Train for both adults and children to ride. Visit www.restonfarm.com. Call 703-759-0000 or email info@RestonFarm.com.

NOW THRU OCT. 17

A Familiar Melody (An Evening of Music). At NextStop Theatre, 269 Sunset Park Drive, Herndon. Directed by Ashleigh King; Music Directed by Elisa Rosman. Nothing can soothe the soul like live music! Four past NextStop musical theatre stars (Katie McManus, Alex De Bard, Ricky Drummond, Marquise White) come together for an evening of Broadway and movie musical hits, including songs from Cinderella, Ain't Misbehavin', Waitress, Ragtime, Company, Little Shop of Horrors, A Star is Born, and so many more beloved classics.

NOW THRU OCT. 30

Art Show. At Reston Art Gallery-Lake Anne Plaza, 11400 Washington Plaza WB -Lake Anne Plaza, Reston. Julia Malakoff's solo show, "Good Juju" is a collection of mixed-media collages, displaying bright colors, nature inspired shapes, textures and organic papers fused with hand painted acrylic paints. "Colorful comfort and visual stories that inspire and bring a sense of renewal, joy and magic"-this is the goal of my current collection of work, says Malakoff. The gallery is open on Saturdays, 10-5 and Sundays, 12-5 and by appointment. Visit the website: www.juliamalakoff.com

OCT. 7-17

"The Book of Mamaw." At Boro Park at The Boro Tysons, 8350 Broad Street, Tysons Corner. October 14 at 7:30 PM, October 15 at 7:30 PM, October 16 at 2:00 PM and 7:30 PM, and October 17 at 2:00 PM and 7:30 PM. Visit www.1ststage.org

OCT. 7-NOV. 7

A Disco Musical Comedy - Disaster. At Next Stop Theatre, 269 Sunset Park Drive, Herndon. Visit www.nextstoptheatre.org.

OCT. 14-31

Fall for the Book: Fall for the Book Festival featuring live and recorded events will be held virtually and in-person at George Mason's Fairfax campus. 4400 University Drive, Fairfax. Fall for the Book events and sessions are free and open to the public. Fall for the Book is free with the generous support of sponsors including the Fairfax County Public Library, George Mason University, the Fairfax Library Foundation, and the City of Fairfax among others. Fall for the Book returns with a new hybrid format including virtual and in-person events, including lively Podcasts. For complete up-to-date schedule with details visit www.fallforthebook.org.

FRIDAY/OCT. 15

After 7 Dance Party. 7-10 p.m. At the Old Firehouse, 1440 Chain Bridge Rd. McLean. The Old Firehouse presents After 7, a themed party that includes raffles, contests, catered food and drinks. One of the hottest DJs in the DMV will be playing the hottest hip-hop, top 40 and dance hall tracks, plus requests.

OCT. 15-17

Art & Craft Festival. Friday, Oct 15: noon - 5 p.m.; Saturday Oct 16: 10 a.m. - 5 p.m.; Sunday Oct 17: 10 a.m. - 4 p.m. At Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. The Capital Art & Craft Festival at Dulles Expo Center features artisans of glass, jewelry, leather, paintings, prints, photography, pottery, wearable art and wood, plus specialty food exhibition. Cost: \$10, in advance; \$12 at door; Kids under 12 free, senior discount. Visit the website: www.fallforthebook.org



The Herndon Homecoming Parade will take place on Saturday, Oct. 16, 2021 in Herndon.



And they're off! Ready to walk Lake Anne Plaza and pick up their donut half-way through the grueling 650-step 0.5k

CapitalArtandCraftFestival.com

OCT. 15-16

"Anon(ymous)" Play. 7 p.m. At Westfield High School, Chantilly. Westfield Theatre Department presents its fall play Anon(ymous) by Naomi Iizuka. Tickets are \$10.00; \$5.00 for students with a student ID and open to all audiences! Audiences are encouraged to purchase tickets online at www.westfieldtheatre.com. Cash or check only at the door. Masks must be worn at all times in and out of the auditorium.

OCT. 15-17

Studio Art Tour. 10 a.m. to 5 p.m. At Great Falls Village Center, Great Falls. Great Falls Studios is back, in person, with their popular Studio Tour where you can come visit the artists, many in their own studios and some in pop-up studios, on Friday October 15, Saturday October 16 and Sunday October 17, 2021 from 10 a.m. - 5 p.m. each day. Admission is free. In advance, you can get a flavor of the Tour by visiting the exhibit at the Great Falls Library at 9830 Georgetown Pike during the entire month of October - each artist on the Tour will have a piece up there and you can also pick up a brochure to help you plan your visit. Visit the website: <https://www.greatfallsstudios.com/arttour>

SATURDAY/OCT. 16

Centreville Day 2021. 10 a.m. to 5 p.m. At Centreville Park, Braddock and Mt. Gilead Roads, Centreville. Entertainment, food, crafts, vendors, historic locations, parade, children's rides and games, Cavalcade of Pets, Safety Expo. Great day for families. Spaces still available for vendors and sponsorships. Satellite parking will be available in the Carrabba's (Rt. 29) parking lot beginning at 9 a.m. and ending with last pickup at the Braddock stop at 5 p.m. Overflow available if needed in Trinity Centre. Shuttle buses provided by Fairfax County Community and Neighborhoods. Visit the website: www.centrevilleday.org.

SATURDAY/OCT. 16

Gin Dance Company performs "Perfect 10+." 7:30 p.m. At Capital One Hall, 7750 Capital One Tower Road, Tysons. Tickets \$45. For information and tickets, go to www.gindance.org.

SATURDAY/OCT. 16

Herndon Homecoming Parade. 9:30 a.m. to 12 noon. The parade route extends along Elden Street from Locust Street/Sterling Road to Lynn Street, Herndon. All are welcome to be a part of the Herndon Homecoming Parade. Grab a lawn chair and find your favorite spot along Elden Street starting at 9:30 a.m. to

cheer on the parade participants. This year's theme is Herndon Goes Hollywood, so expect to see some familiar faces from the big screen.

SATURDAY/OCT. 16

Unbridled Passion. 4-5:30 p.m. At Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. The Reston Community Orchestra's inaugural program, "Unbridled Passion," features three works: Carl Maria von Weber's Jubilee Overture, Frederic Chopin's Piano Concerto No. 2, and Felix Mendelssohn's Symphony No. 1. Each composer demonstrates intense feelings about their respective life experiences. Cost: \$25 adult, \$20 Senior 62yrs+, Youth 17 and under, active military and first responders free. Visit the website: www.restoncommunityorchestra.org

SATURDAY/OCT. 16

Reston Home Tour. 10 a.m. to 5 p.m. Join Reston Museum in celebrating new beginnings at four uniquely renovated homes as well as the Kensington Reston during the 19th Annual Reston Home Tour. Cost is \$30-\$35. Visit the website: restonmuseum.org/restonhometour

OCT. 16-17

The Okee Dokee Brothers. 1 p.m. and 4 p.m. At The Alden Theater, McLean Community Center. As the GRAMMY-winning Okee Dokee Brothers, Justin Lansing and Joe Mailander, have built a plaid-shirted national following with their outdoor adventure-themed albums, "Through The Woods," "Can You Canoe?" and "Winterland." But whether it's indoors or out, the Okee Dokee Brothers believe that as long as folks are singing together there's a glimpse of hope for our world. Cost is \$20/\$15 MCC district residents.

OCT. 16-17

Made Pop-Up Market. 12-5 p.m. At Vienna Shopping Center, 136 Maple Avenue West, Vienna. The Town of Vienna in partnership with Vienna Shopping Center, brings to the town a Fall Pop-Up Market featuring up to 25 local artisans ranging from jewelry, home gifts, art, and more. Shoppers can shop safely and explore a variety of handmade gifts from local makers. Visit the website: <https://www.viennava.gov/doing-business/economic-development/vienna-fall-2021-pop-up>

SUNDAY/OCT. 17

SLHS Pantry 0.5K. From 3-5 p.m. At Lake Anne Plaza, 11424 Washington Plaza West, Reston. Join them for music, donuts, a raffle, and the most rewarding 650 steps you'll take all year. Proceeds purchase food, toiletries, and necessities for SLHS pyramid students and families in need. Cost: \$25. Visit the website: <https://potomac.enmotive.com/events/register/2021-do-it-your-way-0-5k>

SUNDAY/OCT. 17

Bachtoberfest. 6 p.m. At Lewinsville Presbyterian Church, 1724 Chain Bridge Road, McLean. Lewinsville Presbyterian Church invites you three Bach performances to celebrate "Bach"tober! Bach Chorales sung in alternatim with organ chorale preludes, classical guitar, and an orchestral suite featuring Air on a "G" String. A reception of German sweets will follow the program outdoors in the Lewinsville Pavillion. The concert is free and open to the public. Website: <https://www.lewinsville.org/events/bachtoberfest/>

SUNDAY/OCT. 17

Friends of Reston Fall 5K. 8 a.m. At Brown's Chapel Park, 1686 Brown's Chapel Road, Reston. All ages are welcome to register to run, walk, or stroll in this new 5K event and enjoy the awards celebration with prizes and live music. Online registration is open until Oct. 15 via the link on friendsofreston.org. Participants registered by Friday, Oct. 1 will be ensured to receive an event T-shirt and a goodie bag for a fee of \$40. For later registrants, Oct. 2-15, and in-person on event day, Oct. 17, the cost is \$45 and event T-shirts will be available while supplies last.