

Kriesh Tivare of Great Falls is Virginia's 2022 3M Young Scientist Challenge State Merit Winner.

## Young Scientist Tackling World's Problems

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SCREENSHOT

## Foust Says He Won't Run Again

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## Foust Says He's Not Running in 2023

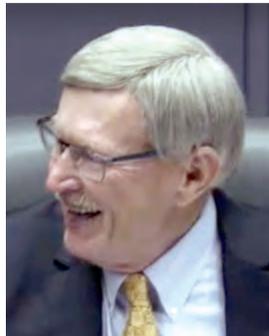
**No fifth term for legacy leader.**

BY MERCIA HOBSON  
THE CONNECTION

**A**t the Aug. 2 meeting of the Fairfax County Board of Supervisors, John W. Foust (D-Dranesville) announced that he will not run for re-election in the upcoming November 2023 election. Foust said he will have more to say on the matter later.

"It has been an absolute honor to serve on this board for the past 15 years, particularly with the current board, and I just love it. I want to assure my constituents that we will continue to work hard to represent you until my term ends on Dec. 31, 2023," Foust said. First elected in November of 2007 to represent the residents of McLean, Great Falls, Herndon, and portions of Vienna and Falls Church, Foust was re-elected for four-year terms in 2011, 2015, and 2019.

Chairman Jeffrey C. McKay (D) said that Foust's work on economic initiatives and affordable housing has been remarkable, especially in the last two and a half years, which have been some of the most difficult times to govern that anyone can imagine. McKay recalled in the



**Supervisor John W. Foust (D- Dranesville) announces he is not running again for the supervisor's seat.**



**Fairfax County Board of Supervisors Chairman Jeffrey C. McKay (D) says that Foust will be missed.**

late 1990s, attending the Sorensen Institute for Political Leadership with Foust and, like him, an "average citizen," then being elected to the board for the first time.

"It is something that I will always cherish," McKay said. "Thank you for your outstanding dedication to the people of the Dranesville District and the entire county. ... You've made the Dranesville District a much better place to live, thanks to your leadership. So, we will certainly miss you." McKay said.

Foust chairs the Housing and Economic Advisory Committees and serves as Vice Chairman of the Budget and Health and Human Services Board Committees. Foust represents Fairfax County on re-

gional boards and commissions, including the Northern Virginia Transportation Commission.

<https://www.fairfaxcounty.gov/dranesville/about-supervisor-foust>  
He has served the Dranesville District and Fairfax County with "hard work," "advocacy," and "problem-solving leadership."

Foust's accomplishments as supervisor include helping to expand full-day kindergarten countywide, supporting funding for teacher pay increases, obtaining funds to widen Route 7, and constructing numerous road and pedestrian improvements. He supported capital projects in Dranesville, including three new fire stations and two renovated and expanded libraries, and he advanced the county's efforts to address climate change.



**Supervisor John W. Foust at the McLean Community Center renovation completion ribbon-cutting ceremony in December 2018.**

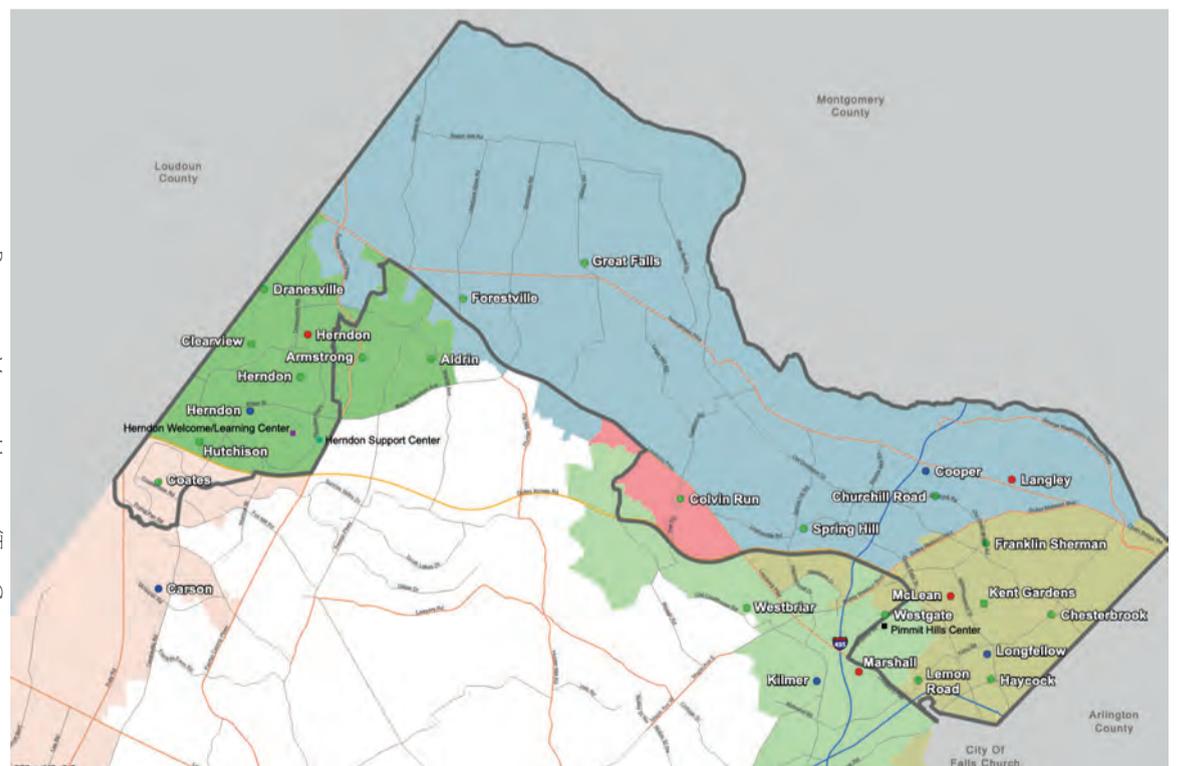


**In 2017, Lisa C. Merkel, mayor of Herndon, and Supervisor John W. Foust celebrate the grand opening of Fairfax County Fire and Rescue Station # 4 in the Town of Herndon.**



"The community has spoken pretty loudly that they want to see the single-lane bridge preserved. I agree with that," Foust said. He was referencing the Springvale Road bridge over Piney Creek in Great Falls.

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**Map of the Dranesville District**

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## NEWS

# Meet Virginia's 2022 3M Young Scientist

### Harvesting energy from mechanical sources.

By MERCIA HOBSON  
THE CONNECTION

The world's energy systems are evolving, and new technology and innovation are making it happen faster. Meet Cooper Middle School eighth-grader Kriesh Tivare of Great Falls. He is Virginia's 2022 3M Young Scientist Challenge State Merit Winner. Kriesh, a rising freshman at Langley High School in McLean, sat for an interview on Aug. 5.

Kriesh described the process that led to his novel solution to an everyday problem, a criterion of the 3M Challenge. His prototype could lead to affordable, reliable, sustainable energy production that would be best used for power storage in places where countries don't have access to reliable power. "I was looking for ... something that I could make a change to benefit thousands, maybe even millions, of people," Kriesh said.

Kriesh initially contemplated answering the siren call of global warming and its evidence-based consequences of atmospheric carbon emissions related to coal production. "I realized it is not possible in my position to take out such a large factor of our electricity generation. I needed an alternative way I could help," Kriesh said. He described days of brainstorming.

Kriesh remained mindful of the United Nations Environment Programme Sustainable Development Goal, SDG 7. According to the UN, goal 7 is Ensuring Access to Affordable, Reliable, Sustainable and Modern Energy for All.

"Targets on universal access, energy efficiency, and renewable energy will open a new world of opportunities for billions of people. It will lay the foundation for the eradication of poverty, for climate action, and for a sustainable world. Simply put, without progress on SDG 7, it will be impossible to achieve the 2030 Agenda for Sustainable Development and the Paris Agreement on climate change."

KRIESH DEVELOPED a prototype device for power generation using triboelectricity, commonly known as static electricity, sustainably. Using triboelectric nanogenerators or



Kriesh Tivare of Great Falls is Virginia's 2022 3M Young Scientist Challenge State Merit Winner.



Kriesh Tivare demonstrates triboelectric charging as the electron transfer process resulting from two objects coming into contact and separating. The separation of the surfaces generates a voltage that may initiate an electron flow.



The oscilloscope measures the output voltage.

TENGs to generate electricity was one of the project's distinguishing features, which set it apart from the other entries.

"Due to their simplistic design and everyday materials, they are cheap to produce and easy to manufacture and maintain. The TENG

as wool and aluminum foil, plus Kapton tape, as components of his fabricated hemisphere-within-a-hemisphere. He designed it to save material and get the most surface area for maximum output power generation.

"My dad provided me with a 3D printer. I could design and print multiple models and prototypes for my TENGs. That helped me move the prototyping process much quicker than it could have been without a 3D," Kriesh said.

According to Kriesh, the triboelectric series ranks materials according to their propensity to receive or lose electrons. Triboelectric charging is the electron transfer process resulting from two objects coming into contact and separating.

Consider the static electricity caused by rubbing a balloon against a person's hair and sticking it to a wall; or walking across a carpet in socks and feeling shocked when you touch a metal doorknob.

Holding both components. Kriesh illustrated that there was a main hemisphere and an additional surface. When two of these materials touch, electrons travel from one to the other material, generating a charge. "It can be harvested through these two wires," said Kriesh.

The motion is what makes the power. So that Kriesh's plan can work, he keeps the spheres in moving water. They will get power from the water's movement and store it. Kriesh used his oscilloscope to measure the output voltage.

Kriesh said he refined the model and tested it at the beach for power generation, buoyancy, and sustainability in water. "With calm waves and heavy waves, it was still moving, sloshing." Kriesh estimated that with thousands of these in a line, each would produce approximately 1.7 volts in ideal conditions, enough to power "many households." However, Kriesh said that he believed his design would be best used for power storage.

Kriesh explained that some places and countries don't have access to safe, reliable power. "I believe this can help change lives by giving people that don't have access a chance to connect."

Kriesh was also named a 3M Young Scientist Challenge State Merit Winner last year as a seventh grader.

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## Public Notice

### Updated weight limits on Virginia bridges and culverts

In accord with state and federal law, the Virginia Department of Transportation (VDOT) has imposed new or changed existing weight restrictions and installed new signage indicating the updated weight restrictions on the following bridges and culverts (structures) in Virginia within the last 30 days.

Jurisdiction	Fed State Id	Route #	Route Name	Crossing	Posted Date
PITTSYLVANIA	13538	612	WYATT FARM RD	SANDY RIVER	7/29/2022
NEW KENT	12711	600	HOLLY FORK RD	GODDINS MILL POND	7/27/2022
TAZEWELL	18482	67	ROUTE 67	SPRING BRANCH	7/26/2022
TAZEWELL	27977	643	ROUTE 643	MUD FORK	7/26/2022
TAZEWELL	18483	67	ROUTE 67	BIG CREEK	7/26/2022
TAZEWELL	18651	680	ROUTE 680	SPRING BRANCH	7/26/2022
BUCHANAN	3815	460	RIVERSIDE DR	LYNN CAMP CREEK	7/25/2022
TAZEWELL	18429	19	GOV G.C. PEERY HWY	BLUESTONE RIVER	7/25/2022
TAZEWELL	18479	67	ROUTE 67	BIG CREEK	7/25/2022
TAZEWELL	18444	19	ROUTE 19 NBL/480 WBL	SPRING BRANCH	7/25/2022
BUCHANAN	3812	460	ROUTE 460	SIX & TWENTY MILE BRANCH	7/22/2022
TAZEWELL	18389	16	ROUTE 16	JOHNSON BRANCH	7/22/2022
TAZEWELL	18390	16	ROUTE 16	JOHNSON BRANCH	7/22/2022
BUCHANAN	3777	80	HELEN HENDERSON HWY	RUSSELL FORK RIVER	7/21/2022
GRAYSON	8690	58	WILSON HWY	BIG WILSON CREEK	7/14/2022
CUMBERLAND	5736	615	GAME FARM RD	BIGGER CREEK	7/8/2022
WISE	23462	686	DERBY RD	PREACHER CREEK	7/7/2022
RUSSELL	16478	658	BIG CEDAR CREEK RD	MOUNTAIN BRANCH	7/6/2022
TAZEWELL	27010	660	LOOP RD	MUD FORK CREEK	7/5/2022
WYTHE	19715	653	GREASY CREEK RD	STUFFLE RUN	7/1/2022

The list above is not a comprehensive list of all structures with weight restrictions in the Commonwealth, but shows only structures that have new or changed weight restrictions within the last 30 days. The list contains only basic structure identification and location information and the date the new or changed weight restriction and signage became effective.

For a full listing of all bridge and culvert weight restrictions with detailed information about specific structures, including location data and actual weight limits, visit <https://www.virginiadot.org> and navigate to Info Center/Trucking Resources. This page references a posted structures report and a GIS map tool that contain detailed information about restricted structures in Virginia. To receive email notifications regarding new or updated weight restrictions for structures statewide, complete the sign-up form on the web page.

Notices regarding bridges and culverts with new or updated weight restrictions are published monthly by VDOT. For additional information or questions, please contact [haulingpermits@vdot.virginia.gov](mailto:haulingpermits@vdot.virginia.gov).

The Virginia Department of Transportation is committed to ensuring that no person is excluded from participation in, be denied the benefits of, or be subjected to discrimination under any of its programs or activities on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on VDOT's Title VI Program or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Program Specialist at 804-786-2730.

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TO: Jose Carlos Donaire the father of R. Donaire, a minor child born on the 16th day of August 2005 in Washington DC. PLEASE TAKE NOTICE that pursuant to N.C.G.S. § 48-2-401 the Petitioner has filed a petition for the adoption of the above-named minor child in Wake County, North Carolina. TO PARTICIPATE IN THIS ACTION and receive further notification of any proceeding(s), including Notice of the time and location of any hearing in the above-entitled action, you must file a response with the Clerk of Superior Court WITHIN FORTY (40) DAYS upon service of this notice. You should provide a copy of any response to the attorney for Petitioner named below. Any parental rights you have will be terminated upon issuance of the Final Decree of Adoption.

Kristin A. Buckner, Attorney for Petitioner  
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Virginia Gov. Glenn Youngkin announced that Hilton will retain its headquarters in Fairfax County, including significant upgrades to its facility at 7930 Jones Branch Drive in McLean. Hilton will re-imagine its space to create an even more vibrant place to convene and collaborate, fully integrating technology into the office experience to meet the needs of today's workforce. Hilton located its global headquarters in Virginia in 2009 and plans to create 350 net new headquarters jobs over the next five years. Founded in 1919, Hilton is a leading global hospitality company with a portfolio of 18 world-class brands comprising 7,000 properties and 1.1 million rooms, in 122 countries and territories.

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**AUG. 10 AND AUG. 27**

Parking Reimagined Public Meetings. MCA community engagement opportunities for the Parking Reimagined Project are coming up this summer, as the project team continues to review and do an in-depth analysis of the county's off-street parking and loading rates and regulations (Article 6 of the Zoning Ordinance). For more information and links to sign up for these public events, visit <https://www.fairfaxcounty.gov/planning-development/zoning-ordinance/parking-reimagined>

**AUG. 21 AND AUG. 28**

Catalytic Converter Theft Prevention Events. The Fairfax County Police Department's McLean District is partnering with Craftsman Auto Care to offer free etchings of an anti-theft label into the catalytic converters of the second-generation Toyota Prius registered in the McLean District of Fairfax County. The free events are open only to Gen 2 Prius owners who live within the McLean Police District and will be verified on date of service. The first Gen 2 Prius models were introduced in 2004. To register for August 21 event at McLean Craftsman Auto, visit: <https://www.signupgenius.com/go/10c0d4fa4a82ea5fccf8-free>. To register for August 28 event at Merrifield Craftsman Auto, visit <https://www.signupgenius.com/go/10c0d4fa4a82ea5fccf8-free1>.



The Lake Anne Cardboard Regatta will take place Saturday, Aug. 13 in Lake Anne, Reston.

## Lake Anne Cardboard Regatta.

Over 50 life-size cardboard boats created from cardboard and duct tape will set sail and race on Lake Anne in Reston. Teams of all ages will race in timed heats by rowing out to a designated buoy and back to the docks. Creative boat designs and costumes are encouraged. Prizes are awarded to the fastest boats in each category and winners of the design contest. The consolation "Titanic" award is given to the vessel that sinks in the most epic fashion. Join the fun by becoming a sponsor or register a team online today at <https://www.restonmuseum.org/cardboard>.

### REGISTRATION OPEN

2022 Northern Virginia Senior Olympics, Sept. 10-24. Register online at [www.nvso.us](http://www.nvso.us), \$20 for unlimited events. Go to the website for events, rules, eligibility, photos, past results. For information, email [nvso1982@gmail.com](mailto:nvso1982@gmail.com).

### SATURDAY MORNINGS

Summer Programming for Kids. 9 a.m. to 1 p.m. At Reston Museum, 1639 Washington Plaza, Reston. Reston Museum is launching new summer programming for kids! Visit the Reston Museum to participate in fun and creative activities inspired by Reston's history. Program is free and everyone will receive an Explore Reston packet.

### NOW THRU DEC. 31

Crafts for Kids. 10 a.m. to 12 noon. At Reston Art Gallery and Studios, 11400 Washington Plaza W at Lake Anne, Reston. Free, themed art projects for children (with guardian) are offered at Reston Art Gallery and Studios every Saturday from 10 a.m. until 12 p.m. Visit the website: [www.restonartgallery.com](http://www.restonartgallery.com)

### SATURDAYS UNTIL DECEMBER

The Reston Farmers Market (sponsored by the Fairfax Co. Park Authority) will take place at Lake Anne Village from 8 a.m.-noon. SNAP beneficiaries receive up to \$20 match. Visit <http://restonfarmersmarket.com/>

### MCLEAN FARMERS MARKET

The McLean Farmers Market opened for the 2022 season on May 6th, at Lewinsville Park, 1659 Chain Bridge Road, McLean. The market will run every Friday from 8 a.m. to noon through November 11. Local farmers and producers will sell fresh produce and fruits; breads and pastries; prepared foods; meats; herbs; flowers, and more. All products are grown or produced by the vendors and come from within 125 miles of Fairfax County. For more information, see: <https://www.fairfaxcounty.gov/parks/farmersmarkets/>

### HERNDON FARMERS MARKET

Thursdays through Nov. 3, 8 a.m. to 12:30 p.m. 765 Lynn St., Herndon, VA, 20170 <https://www.fairfaxcounty.gov/parks/farmersmarkets/herndon>

### GREAT FALLS FARMERS MARKET

The Great Falls Farmers Market Outdoor Market [www.CONNECTIONNEWSPAPERS.COM](http://www.CONNECTIONNEWSPAPERS.COM)

is open every Saturday, Spring and Summer, 9 a.m. - 1 p.m., 778 Walker Road, Great Falls. For vendors and weekly highlights see <https://www.greatfallsfarmersmarket.org/>

### NOW THRU AUG. 26 (FRIDAYS)

Storytime for Little Historians. 11 a.m. The second annual Storytime for Little Historians program returns this summer. Reston Museum invites our youngest visitors to the Reston Museum every Friday at 11 a.m. to listen to a story about Reston or one of Reston's founding principles. Books for the program come from the Reston Museum and Reston's Used Book Shop. Program is offered free of charge and each child will receive a goodie bag. Program is recommended for children under 7. Visit [www.restonmuseum.org](http://www.restonmuseum.org).

### NOW THRU AUG. 18 (THURSDAYS)

Farmers' Market Fun Days. At Town Green, 730 Elden Street, Herndon. Enjoy free kid-friendly entertainment on Thursdays running July 7-August 18 from 10:30-11:15 a.m. on the Town Green, 730 Elden Street. Before or after the performance, people are welcome to shop the locally grown and homemade goodies at the Farmers' Market from 8 a.m. - 12:30 p.m., on Lynn Street in historic downtown Herndon. If inclement weather occurs, call the Inclement Weather line at 703-435-6866 for the status of the performance.

### Entertainment Schedule:

August 11: Groovy Nate - fun and educational shows using exotic musical instruments

August 18: Rainbow Rock - plays original children's music for the tot rock set

To learn more about the Town of Herndon Parks and Recreation Department, visit [herndon-va.gov/recreation](http://herndon-va.gov/recreation), or call 703-787-7300.

### AUG. 13-14

Back to School Book Sale. 10 a.m. to 5 p.m. At Centreville Regional Library, 14200 St. Germain Drive, Centreville. Children's, teen's and adult's fiction and some nonfiction categories. Educators who show school ID will receive one book of their choice for free. All sales benefit the Centreville Regional Library. No electronic scanners or phone scanners will be permitted. Visit Facebook page: @centreville-friends

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Thank you to the hundreds of supporters who helped to keep all your Connection Newspapers alive throughout Alexandria, Fairfax County, Arlington County and Potomac, Md. along with affiliated websites and digital media. Now we need help again in 2022.

Each local newspaper's mission aspires to provide greater community service, and we do know that our communities are better off if we continue to publish. Last year's financial support from readers and supporters like you bridged the shortfall before Federal PPP funding arrived, and both made our survival possible. We now await a decision for a grant from Rebuild Virginia in early February that we hope will help us in 2022 and beyond. But we need help to survive the first quarter, always a brutal time for cash flow in weekly newspapers. Thank you.

Please, help save these historical papers. All gifts will be used to fund our printed newspapers and websites and to meet obligations to our loyal and patient employees, writers, contractors and suppliers.

The ongoing pandemic continues to crush many newspapers across the country, and our newspapers continue to be at risk. The Northern Virginia area's best read and most trusted source for community news includes the Alexandria Gazette Packet, Mount Vernon Gazette and all Connection Newspapers in the metropolitan region.

The pandemic has hit small businesses hard, which in turn has reduced advertising revenue that keeps these local newspapers alive to provide hyper local news to residents. It feels like no small miracle to be looking forward into 2022.

The pandemic has been a bear, financially and otherwise. Revenue plummeted at the beginning in 2020. Some beloved advertisers have stayed the course supporting us throughout, and many more have done what they can. In the fall of 2021 we saw the return of some advertising for events and Grand Openings, but now our horizon clouds the horizon in so many ways. Revenue still remains short of expenses despite our greatly curtailed costs.

Connection Newspapers has been offering these local newspapers to residents for over 200 years. Countless residents have grown up with these papers covering significant moments in the lives of family and children. Newspapers and the Alexandria Gazette Packet provide. If your child, dog, mother, father, neighborhood, school has been featured, you understand the value of local community newspapers.

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## Out of the Woods ...



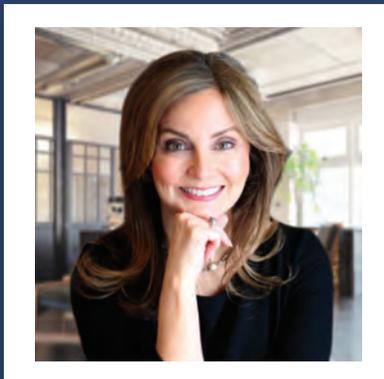
By KENNETH B. LOURIE

... but still very much in the bushes, and I fear without the 'round-the-clock, extremely attentive ICU staff on his case, there may be some predictable out-of-sight/out-of-mind-type problems. Beginning with: the nurses are not responsible for only one patient. They may be responsible for upwards of four or five others. What that mean is the immediate response to whatever problem the patient is experiencing gets back-burnered/deferred to the more pressing demands of some other patient the nurse is responsible for. Unfortunately, unlike Superman (although there are many superwomen too), they can't split themselves in two, as Clark Kent did in one television episode. We understand and appreciate the never-ending demands placed on today's nurses. That being said, if the hospital powers-that-be deem a transfer from the ICU to a regular floor, it's unlikely us powers who can't be have any appeal-type powers to affect that. The previous three weeks have spoiled us, no doubt.

In addition, I'm afraid the reality is for visitors of non-ICU patients, the visiting hours posted on the walls are more restrictive and there will be less time for us to visit and encourage the patient through his excruciatingly long and difficult recovery. Granted, there's likely to be a phone in a regular room and a cell phone as well would similarly be available, but right now this patient doesn't have the strength or capacity to pick up a phone or manipulate its keys. Moreover, as long as he's a breathing through a trach tube (until he can't breathe consistently on his own, which so far efforts to wean him off the ventilator have been unsuccessful; septic shock causes multiple problems), he cannot physically even talk. For us then, the situation summarizes as follows: if he can't talk, and he can't pick up the phone/text (at present he doesn't have the dexterity to do either) and is likewise unable to grab/press the nurse's call button, and moreover, during this time, will likely be unattended and unable to express his needs/requirements (which are too numerous to mention) in any way available, and perhaps you can appreciate the challenging and stressful path forward for him, and to a lesser degree, us.

This transition from 24-hour, many hands-on 'round the clock care in ICU has, (which together with this patient's will to survive, has enabled him to progress to this point), seems not particularly patient friendly; not knowing admittedly, the rules and regulations, policy and procedures that a hospital must adhere to (or else chaos would ensue, I imagine) isn't totally lost on us. However, common sense must prevail occasionally, doesn't it? I mean, a relatively, helpless patient can't be left to fend for himself, or expect to improve if his medical quality-of-life is not being met because his nurse has four other patients with varying needs to tend to, none of which, selfishly speaking, contribute to the health and well-being of this recently transferred patient. But the hospital serves the community, not one patient and it's their responsibility to serve multiple patients. As Spock has said many times on Star Trek: "The good of the many outweigh the good of the few." I get it. But in this case, if logic plays any part in the decisions/process, well; let's just say I don't agree since they're "to do no harm." I understand, one single, solitary patient can't stand (lay, occasionally sit) in the way of progress, such as it is. However, it would be a damn shame if while trying to move forward, we end up going backwards. But what do I know? (As has been made clear many times before in this space: not much.)

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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