Jung Choe is proud of her garden, which she grows from seed, some donated by customers, some bought at Home Depot.
Newcomers Guide 2023

Fall E-CARE Recycling Event

DATE: Saturday, Nov. 4, 2023
TIME: 8:30 a.m. - 3:00 p.m. (rain or shine)
LOCATION: Wakefield High School, 1325 S. Dinwiddie St.
MORE INFORMATION: arlingtonva.us/E-CARE or call 703-228-5000

The Arlington Environmental Collection and Recycling Event (E-CARE) is a biannual environmentally friendly drop-off event where residents can safely dispose of old electronics and household hazardous materials (HHM), including:

- Paint Products (25-can limit)
- Garden Chemicals
- Batteries
- Fire Extinguishers
- Household Cleaners
- Flammable Solvents
- Automotive Fluids
- And more!

NOTE: Metal items and bicycle donations will not be collected at Fall E-CARE 2023. To donate bicycles contact local Bikes for the World volunteer Keith Oberg at keith@bikesfortheworld.org or 571-212-4139.

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

TRAFFIC ALERT: GREEN VALLEY COMMUNITY DAY
The Green Valley Community Day will be held from 12:00 p.m. until 5:00 p.m. on Saturday, September 16, 2023. The Arlington County Police Department will conduct the following road closures from 10:00 a.m. until 7:00 p.m. to accommodate the event:

- 24th Street S. from Shirlington Road to S. Kenmore Street
- S. Kenmore Street from 24th Street S. to Shirlington Road

Traffic around the event is expected to be impacted. The public should expect to see an increased police presence in the area and remain alert for pedestrian traffic. Street parking near the events may be restricted. Motorists should be on the lookout for temporary “No Parking” signs. Illegally parked vehicles may be ticketed or towed. If your vehicle is towed from a public street, call the Emergency Communications Center at 703-558-2222.

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Woodbine Rehabilitation & Healthcare Center
2729 King St, Alexandria, VA 22302
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Showcasing the Village of Shirlington

By Shirley Ruhe
Arlington Connection

Sip and stroll down Campbell Street in the Village of Shirlington with your favorite spirit in a paper cup. Nine restaurants are participating in the initiative which allows a customer to stop in and purchase an alcoholic beverage and take a leisurely walk past the shops.

Dog friendly water bowls are placed strategically outside restaurants to make your favorite pet happy, too. The village of Shirlington is located just off Interstate 95 close to Four Mile Run. Shirlington Village offers great food, fun festivals and shops, having been voted the tops in a local competition for shopping district.

The location began in 1944 as Shirlington Shopping Center and was the first suburban shopping district in the D.C. metro area. The name is a combination of Shirley Highway and Arlington.

Campbell Street, the main drag, is bookended by Carlyle at 4000 Campbell Avenue, an American

See Showcase, Page 10

Chiko, the casual Chinese-Korean restaurant, expanded into Shirlington with its offerings of pork and kimchi potstickers, wok-blistered green beans and cumin lamb stir fry.

Taco Bamba is the newest restaurant on the block, opened just three weeks ago. So far the most popular has been the pork al pao pao taco and the torta cubana with carnitas, ham, cheddar and chihuahua cheese.

Michele and Danny and their rescue dog Charlie try out the recently opened “Eugenia” Greek restaurant opting to try Gigantes white beans, Dolmades and calamari small plates to share.

Shirlington Village offers great food, fun festivals and shops.

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Shirlington Village offers great food, fun festivals and a variety of “reader’s pick” shops.

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Gardener

It's an unlikely place for a vegetable garden: the six-feet-by-two-feet patch of ground outside Arlington Lee Cleaners. You can't miss it if you drive by the Safeway at Harrison Shopping Center, because it's almost like holiday decorations: large squash and cucumbers over a foot long dangling from vines attached to string. Tomatoes, pumpkins, flowers, and sunflowers. Jung Choe isn't even quite sure what some of the vegetables are named. She plants the garden every year and gives the tomatoes or long cucumbers to customers who show an interest. Her husband helped her string up some support for the vines.

Jung's Arlington Lee Cleaners is in the Harrison Shopping plaza area next to Chill Zone. Jung was well known during the pandemic for being one of the first to sew masks for people to protect themselves, and also to make up for the huge drop in dry cleaning customers. Her cleaners was recognized this year as one of the "Neighborhood Faves" by Nextdoor. Stop in to admire her garden and ask her about great Korean food in the area.

Can You Guess The Name of This Squash?

Arlington Lee Cleaners’ vegetable patch has a mystery vegetable.

Jung Choe is proud of her garden, which she grows from seed, some donated by customers, some bought at Home Depot.

The mystery squash. Help us identify this!

Long cucumbers of an asian variety.

Jung's impressive sunflowers are attracting pollinators.

Jung's festive display of tomatoes.

Cleome or Spider Flower growing in Jung's garden.

The large flower clusters, interesting seed pods, and striking palm-like leaves on tall plants are great for attracting butterflies and hummingbirds. A wonderful, fragrant, cut flower in shades of white, pink, rose, and violet. Plants often reseed to come back year after year.

Jung's bulletin board reflects her community: she won the Nextdoor Neighborhood Favorites recognition this year.

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Arlington’s National Coffee With a Cop Day Events

For National Coffee with a Cop Day on Wednesday, Oct. 4, the Arlington County Police Department is inviting the public to two events to celebrate community-police relations. These morning and afternoon events are open to all and are an informal opportunity to ask questions, voice concerns, get to know neighbors, interact with the Community Engagement Division and meet officers from different sections of the department.

The Arlington County Police Department wants to develop and maintain relationships with the community as a component to ensuring the public’s trust. Coffee with a Cop provides an opportunity to build these partnerships, one cup of coffee at a time.

National Coffee with a Cop Day will be celebrated at the following locations and times on Wednesday, Oct. 4:
- 8 a.m. – 10 a.m., Compas Coffee – 4100 Wilson Boulevard
- 10 a.m. – 2 p.m., Studio Coffee and Social House – 1107 S. Walter Reed Drive.

The list above is not a comprehensive list of all structures with weight restrictions in the Commonwealth, but shows only structures that have new or changed weight restrictions within the last 30 days. The list contains only basic structure identification and location information and the date the new or changed weight restriction and signage became effective.

For a full listing of all bridge and culvert weight restrictions with detailed information about specific structures, including location data and actual weight limits, visit https://www.virginiadot.virginia.gov and navigate to Info Center/Trucking Resources. This page references a posted structures report and a GIS map tool that contain detailed information about restricted structures in Virginia. To receive email notifications regarding new or updated weight restrictions for structures statewide, complete the sign-up form on the web page.

Arlington County, in partnership with the Human Rights Commission’s Equality Task Force, has launched a new web page with resources for the LGBTQ community. The new page compiles LGBTQ resources on a variety of topics, including homelessness and housing, domestic violence and sexual assault, and health. There are also topics specifically for teens and youth — such as scholarship opportunities and school clubs — as well as ones targeted at seniors and older adults, such as SAGE. Visit topics.arlingtonva.us/lgbtq-resources.

The Virginia Department of Transportation is committed to ensuring that no person is excluded from participation in, be denied the benefits of, or be subjected to discrimination under any of its programs or activities on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on VDOT’s Title VI Program or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation’s Title VI Program Specialist at 804-786-2730.

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Full 10% down
nothing until the job is complete for the past 17 years
A re you new to Arlington? There is much you can do to help to main-
tain the quality of life for which Arlington is known and join the “save the planet” trend taking off in NOVA. It is a great way to meet people as these groups love new volunteers. What can you do?

SUPPORT the local groups who engage on the environment: One popular annual event is coming up on Sept. 23 at Barcroft Park, 4200 South Four Mile Run, Arlington, 22206. Eco-Action Arlington will remove trash and debris from Barcroft Park and Four Mile Run. They will also do a trash tally in conjunction with the Ocean Conservancy’s International Coastal Cleanup that is locally managed by Clean Virgin-ia Waterways. Everyone is welcome. This is a great event for families and groups of up to 10 To register, see: https://www.ecoactionarlington.org/get-involved/events/

THE TREE in Arlington is a subject of great debate. It is declining. The Tree Stewards of Arlington and Alexandria is another group providing an opportunity to improve tree canop-y in our community, particularly in ar-can where trees have been less of a priority. www.treestewards.org

FEELING political? The Virginia Grassroots Coalition Climate and Clean Energy Working Group are advocates for legislation in Rich-mond that protects the environment, and protecting the legislation passed previously that is now in danger of being reversed. See: www.virginiagrassroots.org/advocacy-wg-Climate-Clean-Energy.php

RECYCLE: Arlington has an ambitious plan to incorporate zero waste principles consis-
tent with the county’s adopted target of at least 90% waste diversion from landfill or incineration by 2038. To get there, residents need to follow guidance on reducing, recy-
ing, and reusing. The recycling program in the county is excellent. But it’s not the same as, for instance, Austin’s recycling program, where you put recyclables in a plastic bag. In Arlington NO PLASTIC BAGS are allowed in the blue bin. They break the machines that sort plastics. NO GLASS BOTTLES are al-
lowed in the blue bin. Those can go to a pur-
ple bin located off Washington Boulevard and another off Langston Boulevard (see website below.) Arlington’s Central Library is also offering to help people fix broken items instead of throwing them away. For complete recycling and reusing information, see: https://www.arlingtonva.us/Govern-
ment/Programs/Recycling-and-Trash/Resi-
dential/Curbside-Recycling/Trash

REUSE and RENEW: Arlington’s Central Library has a new program to help people fix broken items instead of throwing them away. Called “Fix Nearly Anything” it will take place Thursday, Sept. 14 from 6-8 p.m. at The Shop, Arlington Central Library. If you have small items around your house that are broken, or need repair but you don’t want or can’t hire a handyman to do it, Library staff and volunteers will help you figure out how to fix them. Drop by anytime between 6-8 p.m. during Open Shop hours. For more information please contact 703-228-7718 or email LIB-Makers@arlingtonva.us.

REFUSE: Try five simple tips for cutting down on plastic: Use refillable water con-
tainers or boxed water instead of plastic wa-
ter bottles, which take 450 years to break down and add to the microplastics in your body. Use your own shopping bag and avoid the five cents per bag that Arlington charges when you take home groceries in a plas-
tic bag. Avoid plastic straws. Use paper or compostable sandwich bags. Mom’s Organic Market on Langston Boulevard carries these. Laundry sheets and shampoo (and soap) bars are available in most grocery stores now, and cut down on plastic jugs and plas-
tic bottles of “body wash.” For more helpful hints on how to get rid of plastic in your ev-
eryday life, see: www.plasticides.org

Arlington has an active program to promote a walkable and bikeable county. See https:// www.walkarlington.com/ and https://www. bikearlington.com/

PLANT NATIVE plants and ground covers instead of grass. Avoid chemicals, pesticides, and herbicides on lawns and around the yard. Roundup and other weed killers are unhealthy for people and pets. Using natural native ground covers that need less watering and mowing also helps avoid the “perfect lawn” trap. Use mosquito dunks instead of hiring a service: dunks are bee-friendly.

COMPOST: Arlington County’s award-winning residential food scrap collection bolsters sus-
tainability by diverting biodegradable waste from incineration to composting. The county gives residents a green bin so they can discard organic material from the yard like weeds AND put in (compostable) bags of household kitchen waste like apple cores, banana peels, vegetable peels, and COOKED food that otherwise goes in the garbage can. This is an amazing program very few localities offer for free. Use the handy guide, “If it GROWS, it GOES” to know what can go in the green bin. One of the benefits is a supply of compost made available to res-
idents at the Earth Products Yard, where you can also pick up wood and leaf mulch. You can even compost dirty pizza boxes in the green bin (not in the blue bin.) See: https://www. arlingtonva.us/Government/Programs/Recy-
cling-and-Trash/Residential/Orgamics-Waste/ Food-Scraps-Collection

Arlington has a problem with stormwater management and residents can help water become absorbed better by planting trees and avoiding asphalt and cement driveways. Use rain barrels, rain gardens, and perme-
able surfaces for driveways and walkways. Plant canopy trees, not Crepe Myrtles. Ar-
lington facilitates the planting of native trees on private property through two programs: the Tree Distribution program and the Tree Canopy Fund. The Annual Fall Free Tree Dis-
tribution allows residents one free tree per resi-
dential property. The Tree Canopy Fund provides for planting trees to restore and in-
crease Arlington’s tree cover, giving grants to community groups to plant and maintain trees on private property. See: https://www. arlingtonva.us/Government/Programs/Sus-
tainability-and-Environment/Trees/Plant-
Trees/Tree-Planting-Programs www.ConnectionNewspapers.com
About Connection Newspapers in 2023

I N THE MIDST of the crisis which never ends, we at the Connection hear the call to serve our communities, with a bit of wonder that we are able to continue. We still seek to fulfill our mission by continuing to publish, even with reduced resources. It’s still our mission to provide information about where to get help and how to help; to tell the stories of those who are helping, of those who are hungry. It’s still our mission to tell the stories of those working for social and racial justice, and battling income inequality.

It is our mission, set out in the first amendment of the U.S. Constitution, to press local government every day for transparency, although this continues to become more difficult. Your local paper can be your window into the workings of schools, police, transportation, zoning, stormwater management, services, and a nearly infinite number of other functions. These are the things that impact our lives at home and work.

The public has a right to expect transparency from such local institutions. The founders clearly anticipated the ongoing need for the press to help in this role. It is still our mission to deliver the local news you need, to help make sense of what is happening in your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to record achievements, milestones and events in the community and people’s lives. It is still our mission to cover the normal news of the local communities.

We publish photos and notes about personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. We also publish items about news and events from local businesses. Notes about openings, anniversaries and other business events and milestones are welcomed.

If you are planning an event open to the public that you would like to have listed in our calendars, we appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

Your community Connection newspaper is published by the independent, locally owned Local Media Connection LLC. Our flagship paper, the Alexandria Gazette Packet, is one of, perhaps the oldest continuously publishing papers in the country, beginning in 1784.

We are blessed with remarkable, award-winning staff, contributing writers and photographers who are dedicated to our mission. Most have been writing for the Connection/Gazette for years, some for more than a decade (or two, or three). Each brings areas of interest and expertise. Check the bylines.

Don’t miss Bonnie Hobbs, Mercedes Hobson, Jeanne Theismann, Janet Barnett, Michael Pope, Mike Salmon, Susan Laume, Glenda Booth, Eden Brown, Shirley Ruhe, Hope Nelson, Marilyn Campbell and others.

Local newspapers, including the

Find What You Need

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- Past issues of the Connection back to 2008 are available at http://connectionarchives.com/PDF/
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- LETTERS TO THE EDITOR: Email to editors@connectionnewspapers.com
- Events to list in the calendar, email to calendars@connectionnewspapers.com or online www.connectionnewspapers.com/Calendar/

Connection Newspapers, are facing an existential threat from the combination of nationwide downturn in newspaper advertising that has been worsening over several years, compounded by the economic crisis.

Revenue has not nearly rebounded to pre-pandemic levels, and we are going to need more help to keep going. We will renew calls for contributions and subscriptions. If you value local news and you have a budget for advertising and promotion, please endeavor to spend some of it with local newspapers including ours.

— Mary Kimm mkimm@connectionnewspapers.com

FOR EVERY GENERATION. THIS IS WHY WE WALK. At the Alzheimer’s Association Walk to End Alzheimer’s®, we’re fighting for a different future. For families facing the disease today. For more time. For treatments.

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Chef Yigit Features Turkish Recipes from Home at Istanbul Grill

Turgut Yigit, owner of Istanbul Grill on Wilson Boulevard, offers a small cup of Turkish coffee, finely ground with the unfiltered beans leaving a sludge in the bottom of the cup. “It’s an acquired taste.” Yigit has been in America 23 years and just opened the neighborhood restaurant in 2018. He says his family had a restaurant in Turkey and he started as a dishwasher in America in 2000. "I didn’t know how America worked.” He said during Covid he was open but there wasn’t much business. “People were scared. But the neighbors stopped by here and offered me their support.” They were happy with the restaurant and the good food. “They didn’t want it to go away.”

Yigit says the mixed mezze plate is one of the most popular dishes of his customers. “People love it; all of the flavors are different.” The okra are different, too. A platter arrives with the pickled okra with duck yogurt and beans, the red okra with bulgur, tomato sauce and parsley, the lateemce and hangiğanwa (smoked eggplant dish, and his favorite stime in the spicy mixed vegetables with olive oil, walnuts and mint.

“I like spicy. In my home we are always eating spicy like breakfast with eggs, tomatoes, hot peppers, cucumbers and limes.” He says in the restaurant they always make everything fresh.

A platter of borek passes by, another customer favorite. The flaky rolls are spread around like cheese with parsley or spinach. The family in the corner has ordered the signature dish to share—the mixed grill with the beef filet, fish, chicken thigh, broiled tomato and red cabbage served over white rice or bulgur.

Stop in with your family and enjoy the mural of Istanbul on the wall while you take time to select from the many lamb dishes, kebabs, hot and cold mezze platters and have a chat.

Lebanese Taverna has several restaurants in the local area including the Downtown area, Pentagon City and this market on Old Dominion Boulevard. This deli case offers a large assortment of Lebanese choices including stuffed grape leaves, labneh, hummus, tabbouleh, fatayer. The server is busy slicing a large hook of meat on a skewer to make grilled and go book or chicken shawarmas. In addition, the shelves are stocked with potato chips, cheese and sauces and breads. The refrigerated section offers ice cream, olives, drinks and salads. The location offers cooking classes for the 27th year featuring popular Lebanese dishes.

Bostan is tucked into a small shopping center in its modest space on Langston Boulevard where it has been open for two years. This Uyghur restaurant has become so popular that the chef doesn’t have the time to make the popular dumplings right now. Pictured here is the laghman signature dish made with hand pulled noodles which the waitresses say are a favorite with older people because “everyone eats at home.” The chef makes five different kinds of Uyghur noodles for various dishes, each with its own texture and shape. The eggplant salad is a favorite of customers although it is one of few vegetable offerings on this heavily meat-centric menu.

Stop in and relax with a cup of hot, black tea made with traditional cezve.
Newcomers and Community Guide 2023

Just a Sampling of Places to Eat

From Page 9

The customer favorite is the simple Margherita pizza but the manager prefers the ham and mushroom and the waiter likes the sausage and onion. Pictured is a prosciutto and arugula pizza with fresh buffalo mozzarella cheese. The menu also includes white pizzas, salads and appetizers such as zucchini fries and arancini with sausage.

Pupatella on Wilson Boulevard offers the real thing—Neapolitan pizza made and certified by the Associazione Verace Pizza Napoletana (AVPN). This designation assures the pizza is made according to the 200-year-old Neapolitan technique using 900 degree wood-fired ovens with dough made of only three ingredients and sauce made with only a thin layer of uncooked San Marzano tomatoes grown in Italy. The oven bricks at Pupatella were built using volcanic ash from Mount Vesuvius for heat retention and arrived from Naples by ship.

If you are looking for good old fashioned American food, you can try Haute Dog which just opened in February at N. Sycamore Street. You can have the traditional Coney Island dog with meat sauce, onion and mustard and an order of fries; the Three Piece Suit with chili, melted cheese and onion or venture out with a NY Reuben dog with grilled sauerkraut. Pamela Swanson, one of the owners of this family owned business says, the customer favorite is the Banh Mi dog with jalapeños, cucumber, pickled carrots and daikon radish. Her own favorite burger is the French onion burger with caramelized onions, gruyere cheese, garlic sauteed mushrooms and their famous warm house onion relish. Swanson says they have had a Haute Dog in Alexandria on Montgomery Street for 11 years "but I'm a native Arlingtonian and we wanted to open something here that wasn't in the Clarendon late night district. This has worked well." She adds they also have locations at Nats park Section 105 and 234 and a food truck.

Server Brita Hodges has just bought out two customer favorites—the Banh Mi dog (also her favorite) and the caramelized onion burger.

Photos by Shirley Ruhe
The Connection
Cherrydale and Lubber Run are two of the Field to Table-sponsored Arlington Farmers markets. The markets include everything from fresh produce to hand made beef or chicken empanadas, French pastries, specialty bread and newly ground coffee.

Buy it Fresh and Locally At 8 Farmers Markets

By Shirley Ruhe
Arlington Connection

Wherever you live in Arlington there is a farmer’s market nearby. Eight markets are open on different days with varying schedules.

Some vendors have tables at several locations and others are specific to a particular market. Offers range from fruits and vegetables, wild mushrooms, breads and muffins, specialty cheeses and coffee from fresh roasted beans.

Some markets reflect the ethnicity of Arlington residents with Guatemalan beef empanadas, Bolivian chicken and rice dishes, Madeleines, Taiwanese dumplings and Turkish grape leaves.

Four of the markets including Cherrydale, Lubber Run, Fairlington and Westover are sponsored by Field to Table which is an Arlington-based non-profit dedicated to building community through encouraging people to renew their relationship with the land by purchasing from local farmers and food preparers.

Field to Table is focusing on Hunger Month in September by encouraging donations of non-perishable foods, cash for food purchases and direct donations to the Arlington Food Assistance Center (AFAC) which provides supplemental groceries to needy Arlington residents every week. In addition AFAC receives after market gleaning of leftover fresh produce donated from farmers.

The upcoming Field to Table events include:
- Sept. 16 Lubber Run Food Drive which will partner with the Animal Welfare League to accept donations of dog and cat food as well as the non-perishable donations.
- Oct. 21 Cherrydale and Nov. 12 Westover Thanksgiving Drive

Cherrydale Farmers Market
Saturday 8 am-noon
4100 Vacation Lane

Columbia Pike Farmers Market
Saturday 9 am-noon
Pike Park

Fairlington Farmers Market
Sunday 9 am-1 pm
Fairlington Community Center

Lubber Run Farmers Market
Saturday 8 am-noon
4401 N. Henderson

Rosslyn Farmers Market
Wednesday 3-7 pm
1800 N Lynn

Westover Farmers Market
Sunday 8 am-noon
1644 N. McKinley

Ballston Farmers Market
Thursday 3-7 pm
9-1 N. Taylor Street

Cherrydale Farmers Market
Saturday 8 am-noon
4100 Vacation Lane

Columbia Pike Farmers Market
Saturday 9 am-noon
Pike Park

Fairlington Farmers Market
Sunday 9 am-1 pm
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4401 N. Henderson

Rosslyn Farmers Market
Wednesday 3-7 pm
1800 N Lynn

Westover Farmers Market
Sunday 8 am-noon
1644 N. McKinley

Newcomers and Community Guide 2023

File photos by Shirley Ruhe

TCHAIKOVSKY’S 4TH & BRAHMS VIOLIN

ASO at 80-oh!
SAT • Sep 30, 2023 at 7:30pm
SUN • Oct 1, 2023 at 3:00pm
James Ross, Music Director
Elissa Lee Koljonen, violin

Lester Green: Toast
(ASO at 80 commission; sponsored by Classical Movements)

Quinn Mason: Toast of the Town

Johannes Brahms: Violin Concerto

Pyotr Tchaikovsky: Symphony No. 4

(703) 548-0885 alexsym.org
MOUNTAIN OF OCTOBER

THE PLUVIOFILE EXHIBIT

The Arlington Central Library will host the exhibit in honor of his older sister’s recent passing. Keith is a graduate of Alexandria City School (T.C. Williams) and a native Alexandrian with a good following in the area. He is an educator and mentor (21 years teaching art and design) in Prince George’s County Schools. A reception will be held Oct. 6 from 5-7 p.m.

CHECK OUT THE PLANT CLINICS!

The Arlington Central Library Plant Clinic at 1015 N Quincy St, Arlington operates on Wednesdays from 6:00 - 7:45 pm. The Alexandria Old Town Farmer’s Market Plant Clinic at 301 King St, Alexandria operates on Saturdays from 7:00 - 9:30 am. The Arlington Farmers’ Market at N 14th and N Courthouse Roads operates on Saturdays from 8:00 - 11:00 am. The Del Ray Farmers’ Market Plant Clinic at Oxford & Mt. Vernon Avenues, Alexandria operates on Saturdays from 8:30 - 11:00 am. The Fairfax Farmers’ Market Plant Clinic at 3308 S Stafford St, Arlington operates on Sundays from 9:00 - 11:00 am.

WEDNESDAYS/SEPT. 13, 20, 27

Central Library Wednesday Talks. 6:30 – 7:30 p.m., Arlington Central Library, 1015 N Quincy St, Arlington. Join Friends of Urban Agriculture, Arlington/ Alexandria VCE Master Gardeners and other expert speakers as they provide information on a variety of garden topics each month. Topics in September include: Garden Herbs for Teas on 9/6, Fruits for You Taste Buds and Landscape on 9/13, Microgreens for Your Indoor Garden on 9/26, Garlic - Plant It Now on 9/27. Free. No registration required. For more information call 703-228-5940.

STARTING SATURDAY/ SEPT. 9

AVISAT-3700. Select works by Arlington artists will go on view Saturday, Sept. 9 at Gallery 3700, an Arlington County-owned visual art space. AVISAT-3700 will display artworks by artists who are participating in the Arlington Visual Art Studio Tour, which will take place Sept. 23-24. AVISAT-3700 includes painting, photography, prints, mixed media, and a small sample of wall-hung sculpture. The exhibit will run through Dec. 7.

WEDNESDAY/SEPT. 13

FRUITS FOR YOUR TASTE BUDS AND LANDSCAPE. 6:30 p.m. Meets at Arlington Central Library, First Floor, 1015 N Quincy Street, Arlington. Well-chosen fruits give years of delicious enjoyment.

ENTERTAINMENT

Learn what fruits grow well in our area, their care, and how to prune and winterize.

FRIDAY/SEPT. 15

The Cutting Garden. 10:00 - 11:30 a.m., ONLINE. Do you love growing flowers in your home or giving them as gifts? Do you have a sunny spot in your garden or outside your home? If so, then perhaps you’d like to start a cutting garden – your own private source of flowers for bouquets and arrangements. Join Extension Master Gardener Nicole McGrew to learn about creating your own cutting garden.

SUNDAY/SEPT. 17

PepperFest at the Organic Vegetable Garden. 1-4 p.m. At the Organic Vegetable Garden in Potomac Overlook Park, 1284 Marcey Rd, Arlington. Come sample the many kinds of peppers we grow and tour the garden! Extension Master Gardeners will answer questions about growing peppers, tomatoes, and other beloved summer crops as well as how to get a Fall harvest. We’ll also cover topics such as composting, soil preparation, seed selection, and protecting crops from insects and animals. Free.

Saturday/SEPT. 16

Opera NOVA will hold a community concert to honor five Arlington artists. Dr. Alfred O. Taylor Jr., Lola Reinsch, Sidney Dewberry, Preston Caruthers and Bill Bostwick will be supported by the professional musicians who serve Arlington through their work as firefighters, police, electrical workers, hospital volunteers, civic association and federation volunteers. Walker Chapel United Methodist Church on Glebe Road, 3 p.m. RSVP is requested at 703-536-7557 or operanovafest@gmail.com The concert will be followed by a reception at the church.

WEDNESDAY/SEPT. 20

Microgreens for Your Indoor Garden. 6:30 p.m. Meets at Arlington Central Library, First Floor, 1015 North Quincy Street, Arlington. Don’t let wintry chills stop you from enjoying fresh greens. Learn what and how to grow nutritious microgreens all winter long. It’s easy!

FRIDAY/SEPT. 22

The Residential Greenhouse – Crop Production for Dinners and Amusement. 10:00 - 11:30 a.m., ONLINE. Do you enjoy growing vegetables for your meals? Are you thinking of starting a greenhouse? Do you want to protect your tropical houseplants? Do you want to find something to tickle your fancy? Whether you’re looking to adopt a new furry friend or just stock up on homemade treats, there’s something for every pet parent at our event. Be sure to sign up for free pet portraits to capture the special moments with your furry friend. You won’t want to miss the Blessing of the Animals at 1:00 p.m., and the Arlington Animal Hospital’s 85th Birthday Celebration at 3:00 p.m. There will also be a DJ on site, free goodies, and other exciting activities to enjoy throughout the day.

SATURDAY/OCT. 7

Arlington Civitans Open Air Flea Market. 7 a.m. to 1 p.m. At 4001 15th Street North, Arlington. The Open Air Flea Market, one of Northern Virginia’s largest and oldest public flea markets, is located in the 1-46 garage in North Arlington adjacent to Washington-Lee high school and the Arlington Planetarium at 15th and North Quincy Streets, in Arlington. Here you’ll find over 150 vendors selling a variety of goods ranging from books, clothing, furniture, garden tools, housewares, kids, jewelry, shoes, toys, records, and so much more. One of the best things about another man’s treasure so you are guaranteed to find something to tickle your fancy and save you money at the same time.
September Is National Preparedness Month

S eptember is National Preparedness Month, an annual opportunity to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time. The Ready Campaign’s 2023 National Preparedness Month theme is Take Control in 1, 2, 3. The campaign focuses on preparing older adults for disasters, specifically those from communities disproportionately impacted by emergencies.

Visit the County’s Preparedness Month webpage to explore preparedness resources for the home, workplace, and community, including:
- Volunteers and training opportunities to help the County prepare for, respond to, and recover from emergencies
- Low and no-cost preparedness tips
- Involving youth in emergency preparedness
- Making an emergency plan and building an emergency kit
- Making your home and business more flood resilient
- Planning for multifamily buildings
- Subscribing for free emergency alerts with Arlington Alert

Disasters don’t plan ahead, but people can. Visit ReadyArlington.com to learn more.

Preparing For Emergencies For Your Pets

When an emergency happens, your pet’s safety should be a top priority. Whether you’re dealing with a natural disaster or personal emergency, creating a “Go Bag” for your pets is an essential part of family emergency planning. The Animal Welfare League of Arlington offers guidelines.

Here’s what you’ll need:

- Food and Water: Pack at least a three-day supply of your pet’s favorite food and water.
- Medications and Medical Records: Ensure you have a sufficient quantity of any necessary medications and copies of your pet’s medical records, including vaccination history and any allergies or medical conditions.
- Identification: Include a current photo of your pet and copies of their identification tags, microchip information, and a recent description of their appearance and behavior. Make sure your pet’s microchip is registered. If you move, be sure to register your pet’s new location.
- First Aid Kit: Assemble a basic first aid kit for your pet, including bandages, antiseptic wipes, tweezers, and any specific items recommended by your veterinarian.
- Leash, Collar, and Harness: Have a secure leash, collar, with an ID tag, and a harness.
- Crate or Carrier: If your pet is crate-trained or requires a carrier, have one that’s ready to go for your size.
- Comfort Items: Pack familiar toys, blankets, and bedding to provide comfort and reduce stress during emergencies.
- Sanitation Supplies: Include waste bags, litter, and a litter box for cats.
- Contact Information: Write down emergency contact numbers, including your veterinarian’s office and a trusted friend or family member who can care for your pet if you’re unable to.
- Emergency Plan: Create a clear plan of action, including evacuation routes and pet-friendly shelters in your area.
- The last, but most important, step is to update your Go Bag regularly, especially if your pet’s needs or medications change.

Lending Library

In addition to the South County Library, there are several libraries and organizations that offer resources and guidance for disaster preparedness. Some examples include:

- The Animal Welfare League of Arlington offers resources for pet safety and preparedness.
- The Library of Virginia provides a guide to natural disaster preparedness for pet owners.
- The American Red Cross has a pet safety kit that includes essential items for preparing for emergencies.
- The National Pet First Aid Network offers a pet first aid kit and educational resources.

Contact your local pet care provider or library for more information and resources.
ABC LICENSE
FOR FIVE ROSSLYN LLC trading as FOR FIVE COFFEE, 1735 N. Lynn Street, Suite 30, Arlington, Arlington County, Virginia, 22209-2013. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a RETAIL – MIXED BEVERAGE license to sell or manufacture alcoholic beverages. Stefanos Vouvoudakis, Managing Member. Date notice posted at establishment: August 29, 2023. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at https://link.edgepilot.com/s/9201edb3/kazs6CTyBkWscHAzV7Od3A?u=http://www.abc.virginia.gov/ or (800) 552-3200.

ABC LICENSE
Asian Scout LLC trading as Izakaya 68, 3227 Washington Blvd, STE D, Arlington, Arlington County, Virginia 22201 + 4415. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Retail Restaurant or Caterer Application - Restaurant, Wine, Beer, Mixed Beverages, Consumed On and Off Premises license to sell or manufacture alcoholic beverages. Kam Wong, Member. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or (800) 552-3200.

ABC LICENSE
iFood Ballston LLC trading as Immigrant Food, 4245 North Fairfax Drive, Arlington, Arlington County, VA 22209 + 1637. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Mixed Beverage Restaurant with Caterer license to sell or manufacture alcoholic beverages. Peter Schechter, Member authorizing advertisement. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or (800) 552-3200.
“Flourishing After 55”

Office of 55+ Programs
Department of Parks and Recreation
300 N. Park Dr., Arlington, VA 22203
703-228-4747

55+ Programs are in person at 55+ Centers, unless otherwise noted. A 55+ Plus is required to participate (starting at a $20 annual fee). To join or register, go to registration.arlingtonva.us or call 703-228-4747.

Registration for 2023 Northern Virginia Senior Olympics is open, online only at www.nvsco.us. Registration fee $20 for unlimited events. For more information, email mvso1982@gmail.com.

Records and root beer floats, Thursday, Sept. 14, 6 p.m., Lubar Run 55+ Center. Fee free to bring favorite vinyl records. Registration # 911801-01.

Movie and munchies at Walter Reed 55+ Center’s matinee showing of “Armadeggend Time” (2022) (R), Thursday, Sept. 14, 2 p.m. Registration # 911804-12.

September is Fall Prevention Month and a Safety Expo, open to the public, will take place Friday, Sept. 15, 10 a.m. - 12 p.m., Lubar Run 55+ Center. Sponsored by Office of 55+ Programs, Virginia Hospital Center and the Northern Virginia Falls Prevention Alliance. An opportunity to visit with experts in the field of preventing falls. Registration # 911804-05.

Open Latin dance with popular Latin music, Friday, Sept. 15, 10:30 a.m., Arlington Mill 55+ Center. Enjoy salsa, bachata, rumba, cha-cha and merengue. No partner needed, no instruction. Drop-in.

Movie matinee at Aurora Hills 55+ Center, “Downtown Abbey: A New Era” (2022) (PG), Friday, Sept. 15, 12:30 p.m. Registration # 911804-05.

Senior Center Month photo contest, capture a best moment at a 55+ center and submit by emailing to 55Plus@arlingtonva.us. Deadline Sept. 30. Winning photo will receive a prize and be published in Winter 55+ Guide.

Short story reading and discussion of “The Ransom of Red Chief” by O. Henry, Monday, Sept. 18, 1 p.m., Aurora Hills 55+ Center. Facilitated by 55+ volunteer Bill Turner. Link of story sent to registered participants prior to program. Registration # 911402-17 or virtual, registration # 911402-18.

The Fall Season of Acoustic Café at Walter Reed 55+ Center kicks off Tuesday, Sept. 19, 7 p.m. with bluegrass player Brandon Lindley, Two Cities Trio, Alexandria and Arlington string prodigies and the Okays, Del Ray’s edgy and harmonious Americana trio. Show is open to all ages. Registration # 911301-02.

Genealogy 101, monthly meeting with experienced genealogist Helen Bogdanoff, Tuesday, Sept. 19, 11:30 a.m., Lubar Run 55+ Center. Registration # 911402-01.

Rock music legends: and songs from 1963 to 2022, Wednesday, Sept. 20, 6 p.m., Langston-Brown 55+ Center. Presented by Marymount University’s Music Department of Parks and Recreation. Sponsored by Office of 55+ Programs, Virginia Hospital Center and the Northern Virginia Falls Prevention Alliance. Registration # 911400-09.

Budgeting for the holidays, presentation by Master Financial Educators from Virginia Cooperative Extension, Thursday, Sept. 21, 11 a.m., Langston-Brown 55+ Center. Registration # 911300-02.

Celebrate Hispanic Heritage Month with tasty salsa recipes demonstrated by Virginia Cooperative Extension volunteers, Wednesday, Sept. 20, 2 p.m., Langston-Brown 55+ Center. Light refreshments. Registration # 911300-02.


Plants and cuttings swap, Friday, Sept. 22, 11 a.m., Walter Reed 55+ Center. Bring cuttings and whole plants to trade with others and learn about new-to-you plants. All plants must be pest-free and healthy. Registration # 911401-02.

Learn the basics of how to create a presentation using PowerPoint and Google Slides, Friday, Sept. 22, 11 a.m., virtual. Presented by Jennifer Weber, Walter Reed 55+ Center Director. Registration # 911403-03.

Welcome back Bingo at Aurora Hills 55+ Center, Friday, Sept. 22, 1 p.m. Open to all 55+ residents. Win prizes, light refreshments. Registration # 911600-06.

FLOURISHING AFTER 55

Arlington Connection • September 13-19, 2023 ▪ 15
Showcasing the Village of Shirlington

The mid-price range restaurant that has been a favorite for many years as other spots down the street have often turned over to recognize a new popular cuisine.

Right next door to Carlyle and sharing outdoor space until lunch is Best Buns, a neighborhood favorite for sticky buns, bacon-cheddar scones, homemade breads, breakfast and lunch sandwiches and specialty cupcakes after 11 am.

Down the block you walk past One Two Kangaroo, every inch filled with standard favorites as well as unusual children’s toys and costumes. Then take your choice between Chiko’s Korean-Chinese, Guapa’s Mexican, the new Greek Eugenia or Cheesetique featuring a variety of interesting cheeses.

If you happen to be on the other side of the street you can walk by the Astro Beer and Chicken Donut space in anticipation as it is set to open soon. Down the street there is more with Mason’s Lobster Roll, Copperwood, Thai Chicken, Moby Dick and the brand new Taco Bamba just opened three weeks ago and replacing a different taco restaurant.

Shirlington is also the home of a vibrant Arts and Industry District that has been part of the Four Mile Run Redevelopment Plan.

Bordering the Arts and Industry District is Arlington Food Assistance Center (AFAC) which is an independent community-based non-profit food pantry that provides weekly access to nutritious supplemental groceries to over 2,700 families. As costs go up and the impact of Covid lingers, the challenges for these families grows and the number served keeps inching up.

Just across the street is Jennie Dean Park in the Green Valley neighborhood, named in 1944 after a formerly enslaved woman. Through a comprehensive planning process it was reimagined, expanded and reopened. The new park was dedicated in May 2022.

Today it includes a large modern expanded playground, picnic shelters, diamond fields and athletic courts and a history walk with a timeline of significant dates and events that happened at Jennie Dean Park.

At the end of the block Shirlington Dog Park stretches along the river. It is an off leash dog park with multiple water stations and a paved walkway. A block away Oxford Street is the Muddy Mutt self-serve dog washing service and Dogtopia offering doggie day care, boarding and spa.

In addition to providing weekly supplemental food assistance, Arlington Food Assistance Center located on Nelson Street provides turkeys to the families each year at Thanksgiving.

Upcoming events include an annual Celtic Festival with live bands, pipers and dancers on Sept. 30; a four-legged friend party at Dogma on Oct. 29, open mic nights on Mondays at Busboys and Poets which also offers 9th Hour poetry slam once a month for performing poets to showcase their work and Trivia Night on Tuesdays at Samuel Beckett.

And if none of these are appealing, there is always the AMC movie theatre a couple of blocks away.

Guapa’s is already hopping on a Monday at 11:30 am. The hostess says the customer favorites seem to be the fajitas and the taco salad.