

Ninety-three-year-old
Alease Brooks competes
in NVSO pickleball.

Senior Olympics Reaches Record Numbers

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Two Takes on Sprouts

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PHOTO BY EDEN BROWN/THE CONNECTION

Jill Reuters decided to walk over to Sprouts to see if it had a better selection than her usual supermarket, MOM's. She was glad to see so many people at the market, particularly young people.



Bulk nuts section at Sprouts, a welcome addition.



Grand opening in Sprouts colors.

Sprouts Grocery Store Opens in Lyon Plaza

Neighbors agree anything is better than the old Giant.

BY EDEN BROWN
ARLINGTON CONNECTION

I was excited about the opening of the new Sprouts store in place of the old Giant in Lyon Plaza. My kids were the source of my anticipation. They told me it would be a great place to shop, maybe even better than MOM's up the street. So

I went to the grand opening. I could see right away the place was popular: the parking lot was jammed. It seemed they had repainted the lines and made the parking lot tighter. Several spots were reserved for food delivery drivers.

Walking around the store, I checked the things I buy elsewhere: nothing earth shattering. Certainly no price reductions. I was so underwhelmed after a walk through that I stopped and asked two shoppers what they thought.

Jill Reuters shrugged: "I will have to go up to MOM's after this because they are out of shallots, and my favorite tea isn't here. But I'm happy to see so many people

here, especially younger people because they usually just order Uber Eats. I think the store is geared towards younger people, but I am happy to know they can shop here."

Another shopper, one of the younger people, came because her roommate was excited by Sprouts opening; she herself, like me, had never heard of Sprouts. She was not a fan of the Giant that preceded Sprouts in this building, so almost anything would be better, she said, but so far the only thing she found "different" was their rosy glow apples.

Another comment heard on the pickleball court: "It's just one more

high-priced store like Whole Foods and MOM's, nothing to see here."

Looking at the store from the standpoint of a consumer who would like to see fewer plastics in the market, Sprouts does have a nice bulk foods section even though they don't have compostable bags, just plastic. (MOM's does have the compostables.) They have plastic water bottles by the pallet-load, rather than offering a water dispenser. They have a rack of alternative wraps and food containers, so they do recognize the need for non-plastic alternatives. While there is an immense section of vitamins, and a Gluten Free section that will be popular,

Sprouts seems to be catering to that unique subset of grocery store shoppers: young, vegan or organic-only shoppers who don't have a lot of time to cook or a big family to cook for.

On the positive side, they have a good pet food section, and extensive pre-made food and sushi. The bathroom is large and clean with stalls. The personnel were cheerful, even if they did not know much about the market yet.

Sprouts may not be my new grocery store, but they get a B-plus for effort and there is still time for them to evolve. I'll be checking back to see if they get compostable bulk food bags.



A very complete set of vitamins at the store lines several rows organized by issue.



The "alternatives to plastic" section includes compostable paper plates and natural parchment paper.



The Gluten Free section is unique here.

New Sprouts Store Fills Vacant Spot in Lyons Village



PHOTOS BY SHIRLEY RUHE/THE CONNECTION



Sprouts Store was crowded with long lines and full grocery carts on Friday.

Sprouts held a grand opening of a new store on Friday, Sept. 25 in the Lyon Village Shopping Center on Langston Boulevard.

BY SHIRLEY RUHE
ARLINGTON CONNECTION

Neighbors drove by for months, curious about the large vacant building that had been a Giant Grocery Store at the Lyon Village Shopping Center for 60 years until it closed two years ago. They got their answer when a new Sprouts organic grocery opened in its place on Friday, Sept. 25. Cars circled the parking lot starting early Friday morning, waiting to grab any space that became available and grab a free tote bag.

Marcus Blagen sat at a table outside the store signing people up for the Sprouts reward program, which in addition to the usual benefits, offered 20 percent off this weekend. Blagen said he travels from one grand opening to another and has just come from Carson, California.

Rodney Urban, the Sprout's manager, said they had given away 203 tote bags to the first customers in line when the store opened at 7 a.m., and by 9 a.m. they had recorded 400 customers. He said the farmer's market had been the most popular spot today with the organic strawberries — “any of the berries really” — being the hit. An Oishii table (meaning delicious) offered toothpicks with samples of their whole strawberries to the customers. A marketing representative explained Oishii has the world's largest vertical farm, which he said are the farms of the future.

Urban had to think about it but decided his favorite thing in the store is their Taki rolled chili lime tortilla chips.

One of the 100 store employees volunteered that ice cream is always his “go to” favorite. How-

ever, the customers seemed to be crowding around the Hissho sushi stand where crispy crab rolls were being handed out. Mung Pu, manning the sushi table, said the sushi is made there fresh daily, and on Wednesdays it is \$4.99.

Customers browsed through the aisles, stopping at the wide range of ready-to-go meal choices. Several aisles of bulk bins offered a variety of spices as well as grains, lentils, oats and hemp with the adjoining aisle offering walnuts, almonds, brazil nuts, covered with chocolate or not, as well as clusters of various combinations. Instructions indicate: find a bag, find your favorite, pour as much as you like and write the PLW on the bag.



Marcus Blagen welcomed customers to Sprouts on Friday, Sept. 25 and signed them up for the rewards program.

The lines were long but people were chatting with their neighbors and planning what to try on their next trip to the store.

Urban said the theme behind

Sprouts “is to help people live and eat better.” He said it is always a challenge to open a new store; a lot goes into it and he is pretty exhausted. “But that’s over now and

we’re looking forward.”

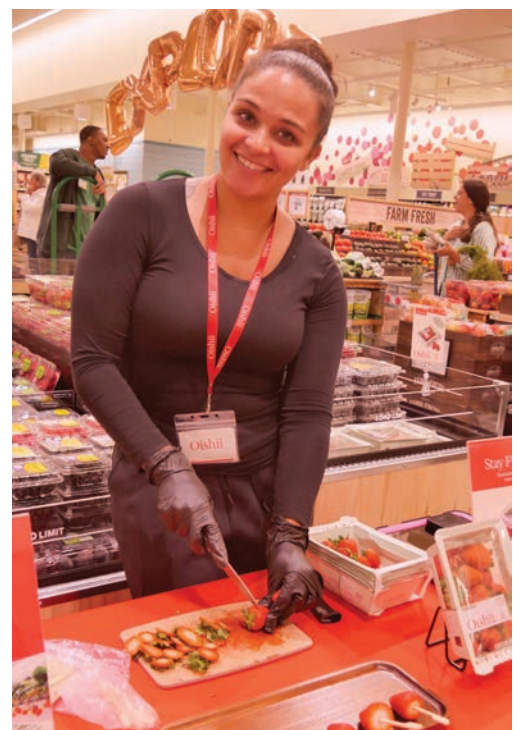
Sprouts is open from 7 a.m.-10 p.m. It is one of 200 Sprouts stores nationwide and four across Virginia.



Sprouts Manager Rodney Urban.



Mung Pu handed out crispy crab rolls from Hissho Sushi.



Strawberries were the customer favorite at the grand opening of Sprouts with Oishii handing out sample berries from the world's largest vertical farm.

José Mejía Hernandez Attends Immigration Hearing in Annandale

Virginia officials and local residents rally around victim injured when being detained by ICE.



Jose Mejía was in tears after several Spanish speaking women comforted him, including this American originally from Mexico.



Jose Mejía arrived at Immigration Court holding his dossier and seeing a large crowd of supporters.

PHOTOS BY EDEN BROWN, THE CONNECTION

BY EDEN BROWN
ARLINGTON CONNECTION

The first thing you notice about José Mejía Hernandez is how his American lawyer, his translator, and the roughly 50 Arlington and Annandale residents

who came out to support him, tower over him. It is clear ICE officers would have loomed over him too. As he arrived at the Annandale Immigration Court on Sept. 14 for a hearing on his immigration status, a crowd greeted him with encouragement and embraces from fellow Mexican-Americans who

spoke to him in Spanish.

The second thing you notice is the tears he has to wipe from his eyes as he is moved by the show of support. Mejía was headed to court in a neat black shirt and khakis. He had partly recovered from the bruises and brain bleed that resulted from his encounter with ICE

in August. Mentally and neurologically he was still showing evidence of the trauma.

Mejía only learned at the court that he has to reappear on Oct. 6 for a decision on deportation. In the meantime, he and his lawyers have filed suit against ICE for ex-

cessive force they used in detaining him. The investigation into ICE action against Mejía was supported by members of Congress from Virginia, as well as the Virginia Commonwealth Attorney and Virginia General Assembly members. See sidebar.

Arlington Police Inquiry into ICE Encounter Supported

On Sept. 4, U.S. Rep. Don Beyer, Sen. Tim Kaine, Sen. Mark Warner, Rep. Suhas Subramanyam, and Rep. James Walkinshaw issued a statement after the Arlington County Police Department opened a formal investigation into the Aug. 11 encounter with ICE agents that resulted in José Mejía Hernandez' hospitalization and brain injury:

"We strongly support the Arlington County Police Department's decision to open this investigation, which is essential to establishing how José Mejía Hernandez suffered serious injuries. These included internal bleeding and a brain injury after an encounter with ICE agents. It is unfortunate that the Trump Administration has abandoned

its responsibilities to hold federal agents under their command accountable, leaving state and local jurisdictions to do the job the Administration refuses to do to maintain law and order and protect the public. That failure is fueling a pattern of unchecked violence, rights violations, and chaos, in some cases with deadly consequences. If this investigation finds that ICE agents' misconduct caused Mr. Mejía Hernandez' injuries or impeded his medical treatment, they must face consequences. We will continue seeking answers about what happened to Mr. Mejía Hernandez in Arlington, and working to ensure he receives access to the medical care and support he needs to recover."



This American-Mexican woman came to the protest to support Mejía and deplore the ICE treatment.



Virginia residents who protested the mistreatment of José Mejía gathered around him to encourage him as he entered the immigration court.



Jose Mejía supporters from local grassroots and religious organizations stood at the entrance to the court starting at 9 a.m.



PHOTO BY SHIRLEY RUHE/THE CONNECTION

Three Virginia Constitutional amendments are on the ballot in November

Virginians Will Vote on 3 Constitutional Amendments

‘Should the Constitution of Virginia be amended to remove the ban on same-sex marriage?’

BY SHIRLEY RUHE
THE CONNECTION

Second of a series of three articles focusing on each of the 3 proposed amendments on the ballot.

Three amendments to the Virginia Constitution will be on the ballot Nov. 3 including: 1) protection of women’s reproductive rights; 2) removing the ban on same sex marriage; and 3) automatic restoration of voting rights for convicted felons as well as updating provisions on voting by persons found to be mentally incompetent.

A Constitutional amendment follows a rigorous process in Virginia before it can be put before the voters. The proposed language must be passed in the General Assembly. Then after an intervening election, the exact language must be passed by the General Assembly again. Finally the language goes before the voters.

Proposed Constitutional Amendment Question 2

THE 2nd proposed Constitutional amendment reads:

Should the Constitution of Virginia be amended to (i) remove the ban on same-sex marriage; (ii) affirm that two adults may marry regardless of sex, gender, or race; and (iii) require all legally valid marriages to be treated equally under the law?

Former State Senator Adam Ebbin, the patron of proposed Constitutional amendment #2 says, “We wanted to remove the language from the Virginia Constitution that prohibits same sex couples from getting married and to make Virginia consistent with the law of the land.”



PHOTO CONTRIBUTED
Adam Ebbin

Ebbin says in an effort to boost turnout for the conservative vote in 2006, a provision was put on the ballot in Virginia that restricted marriage to one man and one woman. Ebbin says for 20 years there have been efforts to repeal it.

In 2015 the U.S. Supreme Court overrode the provision in the Virginia constitution in the Obergefell v. Hodges decision when they ruled that the 14th amendment of the U.S. Constitution required states to recognize lawfully licensed marriages between two people of the same sex and invalidated all remaining state-level constitutional and statutory bans. It required every U.S. state and territory to issue marriage licenses to same sex couples and recognize lawful marriages performed in other jurisdictions.

This was a 5-4 decision by the Supreme Court, and Ebbin says in the current political climate it is possible the decision could be overturned. If this were to happen, the law would revert to the 2006 provision in the Virginia constitution prohibiting same-sex marriage. This is another reason it is important to change the Virginia Constitution, he explains.

But in addition he says the Virginia Constitution should be understandable. Currently the Virginia Constitution says one thing and the law of the land as stated by the U.S. Supreme Court says another.

“This is not a vote on whether same sex people can get married but supports equal rights for adults under the government. It’s time that the Virginia Bill of Rights have status after many years and that our neighbors are our neighbors.

“We’re in kind of a weird place that there is a provision but it is inoperable. The Virginia law should reflect the law of the land with no hidden backdoor obstacles.

“I think this will pass but we have to work the votes to know.”

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Nurses administer a quick prick of the finger to check for diabetes.



First-come, first served for the 150 free flu shots offered at the health fair.

PHOTOS BY SHIRLEY RUHE/THE CONNECTION

Community Health Fair Offers Free Health Services

BY SHIRLEY RUHE
ARLINGTON CONNECTION

Latin music livens the Kiwanis Club of Arlington Health Fair at Carlin Springs Elementary School on Saturday. The event is the third annual collaboration between the Arlington Kiwanis Club and Virginia Hospital Center (VHC) Health Division.

The first thing you notice is the long line waiting on the far side of the room for free eye tests. The eye test is followed by the opportunity to choose a pair of free reading glasses and a pair of sunglasses from a selection donated by the Lions. Edna Escobar, in line behind her son Alejandro, finishes her eye test and carefully chooses her glasses.

May Quigley, coordinator for the health fair says, "The free eye exams are huge and very important.

This service is very popular. It just boomed last year with a long line outside. I think it must have been word of mouth."

Volunteers staff tables scattered around the room representing a number of community organizations including AFAC, Bridges to Independence, Transportation Resources and Virginia Cooperative Extension.

Melanie Anderson, Executive Director of Arlington Thrive and the
SEE COMMUNITY HELP, PAGE 9

Bela Spooner from Mindful Beginnings teaches Valentia Torres how to give CPR to an infant at the Kiwanis Club of Arlington Health Fair at Carlin Springs Elementary School on Saturday, Oct. 3.



A long line forms for the free eye test at the health fair. Edna Escobar takes the free eye test administered by RN Susan O. and then chooses a pair of reading glasses.

NVSO At All Time High

PHOTOS BY SHIRLEY RUHE/THE CONNECTION



Herb Levitan, NVSO Registrar and long-time competitor.

BY SHIRLEY RUHE
ARLINGTON CONNECTION

Ninety-three-year old Alease Brooks, wearing one of her signature pickleball outfits, readies her serve at 4-4. She has already competed in five Northern Virginia Senior Olympics (NVSO) events and is headed for rock climbing for ages 70-99 on Thursday, Oct. 1.

Brooks says every year her children give her a new pickleball outfit to wear during the competition. Today she is wearing last year's fluorescent green, having initiated this year's dual pink ensemble last Friday.

The pickleball courts at Lubber Run Community Center are full on Monday, Sept. 28. One of the volunteers points to the sign up sheet on the registration table.

"This is extremely popular, especially the 60s category which has almost 20 enrolled between the two categories. And it will continue to grow."

Herb Levitan, NVSO Registrar says, "Do I have to tell how long I have been involved with NVSO?" He says he began competing in the swimming categories nearly 20 years ago. "Then I moved to softball and basketball. But now I'm too busy with the administration to compete anymore."

He remembers when he first got involved there were just a couple of hundred participants but it has been growing every year and in 2026 it is the largest ever with more than 1,300 enrolled. "I think we are getting more exposure, and we continue to add new events. This year, darts and rock climbing are new events, and weightlifting has returned." He says 38 percent of the participants are new this year.

NVSO now offers 96 events ranging from track, swimming, golf, horseshoes and croquet to line dancing, orienteering, jigsaw puzzles and scrabble. Participants over 50 were eligible to sign up for as many events as they could fit in the 22-day schedule.

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Ninety-three-year-old Alease Brooks competes in NVSO pickleball



The Pickle Belles line up to collect their bronze medal.

SENIOR LIVING

Flourishing after 55

55+ Programs are in person at 55+ Centers unless otherwise noted. A 55+ Pass is required to participate (starting at a \$31 annual fee). To join or register, go to registration.arlingtonva.us or call 703-228-4747.

Hispanic Heritage Month Fiesta, music, games and community fun, Thursday, Oct. 8, 4 - 6 p.m., Lubber Run 55+ Center. Registration # 911899-05.

Arlington's Project PEACE (Partnering to End Abuse in the Community for Everyone), dedicated to preventing and addressing domestic, dating and sexual violence, Thursday, Oct. 8, 1:30 p.m., virtual. Led by Project PEACE Program Coordinator LaToya Young. Registration # 911400-05.

Paper quilling, create delicate raised images from paper strips using a few basic tools, Thursday, Oct. 8, 1:30 p.m., Lubber Run 55+ Center. Supplies provided. Cost \$21, Arlington resident; \$25, non-resident. Registration # 911310-02.

Healing Steps: Grief Walking Group, led by licensed clinical social worker and registered volunteer Jennifer Lanouette, walk about two miles at a relaxed pace, supporting healing through movement in nature, Thursday, Oct. 8, 10 a.m., Long Branch Nature Center, 625 S. Carlin Springs Road. Registration # 911106-17.

Digital Literacy in Today's World, join Dr. Barbara Phillip, Knowledge Explorer, Phillip Consulting, LLC, to explore key areas of digital literacy and build a framework for navigating the digital world, Friday, Oct. 9, 1 p.m., Arlington Mill 55+ Center. Registration # 911403-08.

Aurora Hills 55+ Center walking group walks two to four miles, twice a month, Friday, Oct. 9, 9 a.m. For more details, call 703-228-5722.

Celebrate National Black Poetry Day focusing on hip hop and the spoken word, Saturday, Oct. 10, 1 p.m., Walter Reed 55+ Center. Open to all ages; no 55+ Pass required. Registration # 911300-12.

Budgeting for the Holidays, presented by Virginia Cooperative Extension Master Financial Education Volunteers, Tuesday, Oct. 13, 10 a.m., Lubber Run 55+ Center. Registration # 911400-10.

Genealogy 101, learn to use primary research

sources, DNA services like Ancestry.com and more, Tuesday, Oct. 13, 11:30 a.m., Lubber Run 55+ Center. Led by experienced genealogist Eileen Bogdanoff. Registration # 911402-02.

55+ Travel group will visit the Hillwood Estate, Museum and Gardens, D.C., Tuesday, Oct. 13 and experience a captivating exhibition dedicated to the artistry and legacy of textiles. Cost \$81, Arlington resident; \$94, non-resident. Price includes museum entrance fee and lunch voucher. Registration # 902610-04.

Murder Mystery Dinner Night, interactive game, uncover clues, reveal secrets, Wednesday, Oct. 14, 5:30-7 p.m., Arlington Mill 55+ Center. Bring your own dinner, non-alcoholic beverage and dessert provided. Registration # 911801-05.

Stroke awareness, presented by Dr. Edward Allcock, DO, medical director of in-patient rehabilitation at VHC Health, Wednesday, Oct. 14, 2 p.m., Langston-Brown 55+ Center. Discuss the signs and symptoms of a stroke and steps to take to act fast. Registration # 911500-06.

Cooking demonstration of appetizers with Hispanic flavors presented by Virginia Cooperative Extension Master Food Volunteers, Wednesday, Oct. 14, 1 p.m., Aurora Hills 55+ Center. Registration # 911501-05.

Baking Social and Sweet Treats, live demonstration with 55+ volunteer baker Joni Leonardo, featuring pumpkin and spices, Wednesday, Oct. 14, 11:30 a.m., Arlington Mill 55+ Center. Registration # 911501-13.

History roundtable, participants will discuss geological disasters. Research and deliver a five-minute presentation or learn from others, Wednesday, Oct. 14, 11:15 a.m., virtual. Registration # 911402-05.

Cooking demonstration featuring pumpkins presented by Virginia Cooperative Extension Master Food Volunteers, Thursday, Oct. 15, 11 a.m., Langston-Brown 55+ Center. Registration # 911501-06.

Memory Café, supportive environment where people with dementia and their family caregiver can socialize and build support networks, Thursday, Oct. 15, 1:30 p.m., Walter Reed 55+ Center. Led by Arlington Adult Day Program and library staff. Drop-in.

Credit Score 101, learn how credit scores are

calculated, how they're used and how to improve them from Tanise Bing, financial counselor with Commonwealth One Federal Credit Union, Thursday, Oct. 15, 3 p.m., virtual. Registration # 911400-08.

Getting started with Gen AI, learn about widely available AI tools and their everyday uses, Friday, Oct. 16, 1 p.m., Arlington Mill 55+ Center. Basic introduction intended for beginners, presented by Dr. Barbara Phillip with Knowledge Explorer, Phillip Consulting, LLC. Registration # 911403-09.

Brains and Brawn, participants walk on the indoor track at Lubber Run 55+ Center and answer a trivia question after each lap, Friday, Oct. 16, 1 p.m., Lubber Run Community Center. Registration # 911106-25.

Matinee movie, "Hamnet" (2025) (PG-13), Friday, Oct. 16, 12:30 p.m., Aurora Hills 55+ Center. Registration # 911804-08.

Using historic newspapers for genealogy research, learn how to find the newspapers and how to use the information to complete your family tree, Monday, Oct. 19, 11 a.m., Langston-Brown 55+ Center. Presented by genealogist Susan Court. Registration # 911400-16.

Majestic Parks of the Southwest, 55+ volunteer Betsy Cecchetti shares photos of stunning rock formations and travel anecdotes from her train and bus tours of Utah and the Grand Canyon, Monday, Oct. 19, 1:30 p.m., Langston-Brown 55+ Center. Registration # 911400-33.

Dinner and a show, enjoy a meal with 55+ friends before seeing local musicians perform with local musicians at an Acoustic Café, Tuesday, Oct. 20, 6 p.m., Walter Reed 55+ Center. Bring your dinner. Registration # 911801-11.

Cancer risks and prevention, informative presentation by Blanca Cali, MASM, CDR, Virginia Hospital Center, Tuesday, Oct. 20, 1 p.m., Arlington Mill 55+ Center. Learn 10 steps to reduce your chance of developing cancer and more. Registration # 911500-07.

Arlington Mill Book Club will discuss "Razor Girl" by Carl Hiaasen, Tuesday, Oct. 20, 1 p.m., Arlington Mill 55+ Center. Drop-in.

Piano Lounge and Sing-Along with pianist Valerie Welsh featuring One Hit Wonders, Tuesday, Oct. 20, 2:30 p.m., Lubber Run 55+ Center.

Registration # 911304-15.

Acoustic Café to feature local musicians Ardmore and the Two Peas, Tuesday, Oct. 20, 7 p.m., Walter Reed 55+ Center. Open to all ages; no 55+ Pass required. Registration # 911301-03.

55+ Travel group will attend a matinee performance of "Sweeney Todd: The Demon Barber of Fleet Street" at the Riverside Performing Arts Center in Fredericksburg, Wednesday, Oct. 21. Cost \$139, Arlington resident; \$160, non-resident. Registration # 902610-07.

Line dance 101, learn easy-to-follow steps with instructor Elaine Eder, Wednesday, Oct. 21, 11 a.m., Arlington Mill 55+ Center. Drop-in.

Game day recipes, cooking demonstration presented by Virginia Cooperative Extension Master Food Volunteers, Wednesday, Oct. 21, 10 a.m., Arlington Mill 55+ Center. Registration # 911501-07.

What are the types of trusts, program presented by Elder Law Attorney Ed Zetlin, Wednesday, Oct. 21, 11 a.m., virtual. Registration # 911404-03.

Ticket to Ride, a cross-country train adventure board game, join 55+ Center Director Jennifer Weber for instructions on how to play, Thursday, Oct. 22, 9:30 a.m., Walter Reed 55+ Center. Registration # 911600-05.

Health Tech: Tools and Information, presented by Dr. Barbara Phillip, Phillip Consulting, Friday, Oct. 23, 1 p.m., Arlington Mill 55+ Center. Learn how technology supports health and well-being. Registration # 911403-10.

Rodgers and His Collaborators, join pianist Ken Schellenberg and The Usual Suspects and look into the music of composer Richard Rodgers with Lorenz Hart, Oscar Hammerstein and Stephen Sondheim, Friday, Oct. 23, 1 p.m., Aurora Hills 55+ Center. Registration # 911301-06.

Just beneath the surface, explore what was happening behind the scenes of three artists, presented by Community Arts Programmer Jim Halloran, Friday, Oct. 23, 10 a.m., virtual. Registration # 911302-05.

55+ Travel group will enjoy an exciting day trip to Hollywood Casino in Charles Town, WV, Saturday, Oct. 24. Cost \$22, Arlington resident; \$26, non-resident. Registration # 902610-09.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNews-papers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

VOLUNTEER DRIVERS NEEDED

Have some extra time to drive a neighbor to a doctor's appointment? You pick the days, times, and places that are convenient for you. There is NO MINIMUM driving requirement. Not only do you help older adults in need, you also get to meet wonderful folks, often with very interesting backgrounds and stories to tell. The Shepherd's Center of McLean-Arlington-Falls Church (SCMAFC), is an all-volunteer, non-sectarian, non-profit organization. Its mission is providing free transportation to seniors for

medical and dental appointments or run errands to grocery stores and pharmacies. To sign up, visit the website at <https://scmafc.org/volunteer>, or email contact@scmafc.org with questions.

DONATIONS NEEDED

Pet Food Bank. AWLA has established a Pet Food Bank to serve qualifying residents of Arlington County and the City of Falls Church. In consideration of the effect financial obstacles have on a pet owner's ability to afford pet care, the AWLA Pet Food Bank program's goal is to keep family pets out of shelters. If you are an Arlington County or City of Falls Church resident and are in need of assistance in feeding your pet, follow this link and fill out a pre-registration form. Visit goo.gl/forms/s2FuFdaYWdZm4t-Pw2.

Donations Needed. Our Lady Queen of Peace Catholic Church, 2700 South 19th St., is seeking to replenish its

food pantry. Particularly needed are rice (large bags appreciated, the pantry will rebag), dry beans, canned vegetables, soup, small jars of peanut butter, small jars of jelly, pasta and pasta sauce. Donations are collected during Mass each Sunday. Visit www.ourlady-queenofpeace.org for more.

ONGOING

Create a Wildlife Sanctuary. The Audubon at Home Wildlife Sanctuary certification program assists homeowners in restoring their home's natural habitat by providing information on sustainable gardening practices. These practices include using native plants, removing invasive species, reducing use of pesticides and fertilizers, and creating space for native flora and fauna. Visit audubon-at-home-1/ for more. Naloxone (Narcan) can save the life of someone who is overdosing, if given in time. Anyone who assists

a person in need is protected from liability by the Good Samaritan Law. Naloxone (Narcan) is available without a prescription for a fee at all pharmacies. Obtain it for free by attending a REVIVE! training. Contact Emily Sigveland at 703-228-0913 or esigveland@arlingtonva.us or visit health.arlingtonva.us/opioid-awareness/ for available training sessions. The Chris Atwood Foundation also offers training to the public. Visit www.chrisatwoodfoundation.org/naloxone for details.

Monthly Memory Café. 1-3 p.m. at 7910 Andrus Road, Suite 6, Alexandria. The Memory Café, a social gathering for individuals living with memory loss and their families, virtually. Registration is free and highly recommended to reserve spots, which are open on a first come first served basis. To reserve a spot, please call 571-210-5551 or email bdesai@

seniorhelpers.com. Visit www.dementiacareconnections.com/memory-cafe or www.seniorhelpers.com/arlington-alexandria-va for more.

Aging Matters. 2-3 p.m. Tuesdays on WERA 96.7 LP FM on Arlington's community radio station. Each week host Cheryl Beversdorf interviews individuals with expertise about a broad array of aging related topics affecting the lives of older adults and their loved ones. Visit www.facebook.com/agingmatterswera to listen to programs. <https://www.mixcloud.com/Aging-Matters/>

Volunteer Bike Repair Night. First Tuesday of the month, 6-9 p.m. at Phoenix Bikes, Barcroft Park, 4200 S. Four Mile Run Drive. Volunteers gather to refurbish bikes, sort parts or help with essential tasks. No experience necessary.

Keith Landscape Show Opens at FOHTA Gallery



Felecia, owner of FOHTA Gallery at 2204 S. Monroe Street and artist Barry Barnett Keith.

By Shirley Ruhe
Arlington Connection

Barry Barnett Keith's solo show "An American Artist" opened Friday, Oct. 2 with a reception at the FOHTA Gallery at 2204 S. Monroe Street.

Mary Anne Taylor is there with her 12-year-old grandson Luna Taylor who attends school in Lake Braddock and who explains he is an artist. "I do sketches of humans like cartoon characters," he says. The gallery fills up with other supporters, friends and past and current students.

Keith's show focuses on landscapes, and Keith explains he is moving toward a more impressionist approach. In addition, he says he has become interested in architecture. Keith points to the Calvary Road Baptist Church on the wall behind him and the painting of the laundromat on the adjoining wall.

"I just saw the laundromat and became interested. I took a lot of pictures and a lot of measurements. See how the ovals on the washing machine doors are reflected on the floor. That took a lot of careful planning. It

is very architectural."

Keith says it takes about a month to paint one of these landscapes. Keith starts painting when he returns from teaching art on the weekdays and then gets up at 5 am on the weekends to work until noon. He says all of the paintings in the current show were finished in the last year. As is his practice, Keith produces paintings for a new show every year and was recently named the Practicing Artist Educator of the Year for Prince George's County Schools.

The show will be open from Oct. 2-Dec. 18. FOHTA is open from 4-7 pm on Wednesday-Friday and 1-5 pm on Sunday.

Barry Barnett Keith is moving into architectural subjects including this laundromat which captured his imagination.



Barry Barnett Keith discusses his work with Mary Anne Taylor who is curator for the Arlington Free Clinic, and her grandson Luna at Keith's opening show reception October 2.



Community Health Fair Offers Free Health Services

FROM PAGE 6

chief organizer of the event on behalf of the Kiwanis says, "We had 30 community organizations sign up for today with 50 volunteers and 150 free flu shots to give out as well as free bikes donated by Phoenix Bikes."

Bela Spooner from Mindful Beginnings is showing Valentina Torres how to give CPR to a plastic baby. Valentina presses her fingers on the baby's chest and looks up for affirmation. Spooner

says, "There have been a number of kids here asking a lot of questions like 'what do you do if a baby is choking.' This baby doll has been the biggest attraction." She says Mindful Beginnings offers classes in a number of areas. "The classes on how to take care of children are popular for middle school children who want to start babysitting."

A microphone calls out cuatro-tres-cuatro, and an excited yell goes up as the winner checks her ticket. Kelly Martinez steps up

to the cheers of the crowd and declares the bike will be for her ten-year-old son Andrew. The next lucky number is 372.

Nurses from Arlington County Public Health Division are offering free flu shots but they note the crowd so far is not as large as last year. "By this time last year we had given out almost all of our free shots but this year we need more people to stop by."

Speculation is the lower participation might be due to the rainy weather or maybe some people are staying home due to fear of

ICE in the community.

In a nearby room RN Maria Dalton is offering a quick finger test to determine risk of diabetes. They have given 40-50 tests in the first two hours since the health fair opened at 10 am. Blood pressure tests and chagas testing are also available at other locations around the room.

And on your way out, grab a free book in English or Spanish from Read Early and Daily (R.E.A.D.)

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NEWS DEPARTMENT:
arlington@connectionnewspapers.com

Mary Kimm
Editor and Publisher
mkimm@connectionnewspapers.com

Shirley Ruhe
Contributing Photographer and Writer
slrbc@aol.com

Eden Brown
Contributing Writer
arlington@connectionnewspapers.com

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Debbie Funk
Display Advertising/National Sales
703-778-9444
debfunk@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Classified & Employment Advertising
703-778-9431

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

Publisher
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Art/Design:
Laurence Foong
Production Manager:
Geovani Flores

CIRCULATION
circulation@connectionnewspapers.com



ENTERTAINMENT



The Columbia Pike Fest takes place on Saturday, Oct. 10, 2026 in Arlington.

CENTERS FOR OPPORTUNITY ARLINGTON
The Centers for Opportunity Arlington is a safe, stigma-free place to spend time for those recovering from homelessness, substance use and mental illness. It has a donation closet that needs adult clothing and shoes. Some participants at the Center are looking for jobs and need the proper attire. Located at 3219 Columbia Pike, Suite 101, Arlington. Contact Greg, Program Coordinator at 703-567-1346.

VOLUNTEER FOR ARLINGTON'S COMMUNITY AMBASSADOR PROGRAM
Arlington Neighborhood Village, in partnership with Arlington County and Marymount University, has started the Community Ambassador Program (CAP). CAP is a volunteer fueled system that identifies "Ambassadors" connected with civic associations, faith communities, senior centers, apartment buildings, etc. These individuals will be trained to be a reliable source of information about the many opportunities available to older adults in Arlington.

Ambassadors will spread the word about programs and support services, opportunities for social and civic engagement, and educational and enrichment activities for older adults in their own neighborhoods. They are actively recruiting ambassadors to act as a bridge between their community and the Arlington safety net, providing information and soliciting feedback to improve offerings that help older adults remain safe, independent, engaged, and connected to their community. Contact cap@anvarlington.org if this is something you are interested in or want to learn more. Let's work together to create a supported and connected community for all ages! Receive Support Services: Are you a senior in Arlington? Do you need support services but don't know where to look? Are you looking for fun and enriching activities in Arlington? Email or call 703-509-8057 and they will connect you with an Ambassador.

THE MARJORIE HUGHES FUND FOR CHILDREN
The Marjorie Hughes Fund for Children (MHF), a 501(c)(3) nonprofit serving Arlington Public Schools (APS) students, helps underinsured and uninsured students obtain medical and dental services and

other necessary medical care. Established in 1992 to honor the work of public health physician Marjorie F. Hughes, who dedicated her career to public school students in Arlington, MHF is made up of Public Health School Nurses, School Health Aides, APS staff, and community stakeholders. In collaboration with pediatric office staff and dental providers, MHF pays for school entry and sports physical exams, dental treatments, assists with the purchase of medications or medical equipment, and provides transportation via UberHealth rides to doctor and dentist appointments. MHF services are supported entirely by generous donations and grants, and they have helped students throughout Arlington schools, from kindergarten to high school, to be happy, healthy, and ready to learn. To learn more about MHF, its mission, its work, and to make a contribution, visit <https://www.marjoriehughesfund.com/>.

YEAR ROUND ON SUNDAYS Farmer's Market. 9 a.m. to 1 p.m.
At Casa Chirilagua Community Center, 4109 Mt. Vernon Ave., Alexandria. Experience fresh foods, native plants, artisan crafts, music and community at Four Mile Run Farmers & Artisans Market in the heart of Arlandria outside the Casa Chirilagua Community Center, every Sunday 9-1 p.m.

FRESHFARM OPEN YEAR-ROUND
FRESHFARM Ballston Market will now operate year-round, providing residents and visitors with continued access to locally grown produce and goods even through the winter months. Located at Welburn Square (901 N Taylor St., Arlington) just steps from the Ballston Metro, the market operates Thursdays from 3-6 p.m. The market features a lineup of 20 regular and rotating farmers and producers, and shoppers can enjoy nearly everything needed for a complete grocery shop, from hearty winter squash and leafy greens to eggs, meats, pantry staples, and prepared foods, while supporting regional farmers and producers year-round. Visit freshfarm.org/markets/ballston.

WEDNESDAY/OCT. 7 Police Host 2026 National Coffee with a Cop Day Events. The Arlington County Police Department (ACPD) is excited to celebrate

National Coffee with a Cop Day on Wednesday, October 7, alongside communities across the country. In recognition of the day, ACPD's Community Engagement Division will host two events for Arlington community members to meet and connect with the officers who serve their community. All are welcome to stop by the morning or afternoon gatherings, ask questions, share feedback or concerns and enjoy a cup of coffee while getting to know the men and women of ACPD.

National Coffee with a Cop Day 2026 will be celebrated at the following locations and times on Wednesday, October 7:

9:00 a.m. – 10:30 a.m.

Starbucks (Clarendon) – 2690 Clarendon Boulevard

11:30 a.m. – 1:00 p.m.

Starbucks (Penrose) – 2413 Columbia Pike

THURSDAY/OCT. 8

Artist Talk with Julia Kwon. 6:30 p.m. At Innovation Studio, 525 14th St S, Arlington. Join an artist talk with current Innovation Studio artist Julia Kwon in conversation with MoCA Arlington's Senior Curator + Director of Exhibitions Blair Murphy! Julia and Blair will discuss Julia's artistic practice and the work she's doing while in residence in the Innovation Studio!

FRIDAY/OCT. 9

Chamber Concert. 12 noon. The Friday Morning Music club will perform a chamber concert at St. George's Church, 915 N. Oakland St., adjacent to the Virginia Square Metro. The October 9 concert features music by Brahms, J.S. Bach and Boucard. The one-hour concerts continue every first and second Friday of the month through May. All concerts start at noon.

LOMAX AME ZION

CHURCH ANNIVERSARY

For 160 years, Lomax AME Zion Church in Arlington has stood as a beacon of faith, service, and community. The community is invited to join them as they honor this historic milestone with three special events:

- ❖ **Worship Unleashed - 'This Ain't No Ordinary Worship!':** Friday, October 9 at 7 p.m., Featuring Tru Worshiperz Band & Ministry at LOMAX AME Zion Church.
- ❖ **Legacy Banquet:** Saturday, October 10 at 6:30 p.m., Waterford Event Center, Springfield. Hosted by Jacquie Gales Webb of WHUR 96.3.4.
- ❖ **Homecoming Worship:** Sunday, October 11 at 11 a.m., Guest Preacher: Bishop Melanie Rogers Miller.

Lomax AME Zion Church is located at 2704 South 24th Road, Arlington. Call 703-979-3738.

Saturday/Oct. 10

Pike Fest. 12 to 6 p.m. At Penrose Square, Columbia Pike, Arlington. This free community fall festival will feature live music, local food and vendors, family activities, a giant bounce house, caricatures, a petting zoo, beer and wine, and free Fall Family Photos. Pike Fest is presented by the Columbia Pike Partnership, a 501(c)(3) nonprofit working to strengthen Columbia Pike through business support, community engagement, and placemaking.

SATURDAY/OCT. 10

Digital Discovery Fair. 1-4 p.m. At Arlington Central Library, 1015 N Quincy Street, Arlington. Digital Discovery Fair Explore emerging technology, build digital skills, and receive personalized tech support.

SATURDAY/OCT. 10

Comedy Karaoke Trivia Funtime Show. 7:30 p.m. At Highline RxR, 2010 Crystal Drive, Arlington. Bring a team or fly solo and win prizes by dropping knowledge in a trivia competition, then duking it out in a karaoke battle! Hosted by Christian Hunt, this amazing experience features comedy from the DC area's finest comics. The headliner for October's show is the hilarious Jenny Questell!

SUNDAY/OCT. 11

42nd Annual Army Ten Miler Race. Starts 7:50

a.m. The race begins on Route 110, crosses the Key Bridge into the District of Columbia, returns to Virginia via the 14th Street Bridge in the northbound I-395 HOV, and ends in the Pentagon reservation. The Arlington County Police Department, Virginia State Police, United States Park Police, Washington, D.C. Metropolitan Police Department, Fort Myers Police Department and the Pentagon Force Protection Agency will conduct road closures in the areas of the Pentagon, Crystal City and Rosslyn on race day in order to accommodate this event.

OCT. 12-19

Arlington Restaurant Week. At participating restaurants in Arlington. Arlington Restaurant Week is your invitation to explore some of the area's best restaurants, enjoy special prices, and discover your next favorite spot. From quick and casual bites to unforgettable five-star dining, there's something for every taste and budget. With restaurants across Arlington joining in, this annual celebration is the perfect opportunity to try somewhere new, revisit an old favorite, and experience the incredible diversity of our local dining scene.

THURSDAY/OCT. 15

Breakfast Connection with Alexandria Chamber. 8:30 - 10:00 a.m. At Renaissance Arlington Capital View Hotel, Arlington. Promote your business before the workday even begins! Breakfast Connection brings local professionals together for a morning of meaningful networking, fresh connections, and new opportunities, plus a great breakfast to get your day started. Co-hosted with the Alexandria Chamber of Commerce, this high-energy event features roundtable power networking, giving you the chance to exchange business cards, build new prospects, and introduce yourself and your business with a 60-second pitch at each table.

SATURDAY/OCT. 17

A Visit with Jane Austen's 5th Great Niece. Via Zoom. 2 to 5:15 p.m. At 700 S. Buchanan Street, South Arlington. In Support of the Woman's Club of Arlington's "Fight for Literacy" Campaign. Hear from Caroline Jane Knight, who will be with us via zoom from Australia. Caroline is the last of Jane's nieces to grow up in Chawton where Jane herself lived and wrote her most beloved works. Caroline brings Jane Austen's world vividly to life through childhood memories and family stories passed down through generations. She will also relate her journey from family member to founder and champion of the Jane Austen Literacy Foundation. RSVP by 10/12/26 to: <https://www.eventbrite.com/e/fight-for-literacy-a-visit-with-jane-austens-5th-grand-niece-and-read-tickets-2000513421496>.

SATURDAY/OCT. 17

Fall 2026 E-CARE. 8:30 a.m. to 3 p.m. At 1425 N. Quincy Street (across from Washington-Liberty High School, Arlington). Arlington residents can drop off household hazardous materials, old electronics and small metal items for safe and proper disposal at this free event.

SATURDAY/OCT. 17

Home Maintenance Workshops. 10 a.m. to 1 p.m. At Arlington Mill Community Center, 909 S. Dinwiddie Street, Arlington. Gain the confidence and skills to tackle common home maintenance and repair projects. These workshops will introduce participants to the basics of plumbing, electrical systems, and drywall repair, taught by experienced professionals from ASTRACOR and the APS Community Education Program.

Workshops Include the Following:

Protect Your Investment: Free Home Improvement Help

Are repair costs straining your budget? Join our informational workshop designed for you to learn about local programs offering free home

repairs, weatherization, and safety modifications.

Plumbing Repairs: Toilets, Faucets and Shower-heads

Discover practical DIY plumbing skills that can save you big money. Learn how to diagnose and fix leaking toilets and faucets, repair common plumbing issues, and replace showerheads with ease.

Tile and Grout Basics

Planning a DIY tile project? Join our workshop to learn key installation tips, avoid common mistakes, and get answers to your questions for a successful tile installation!

How to Patch & Repair Drywall

You've had that hole in your drywall for HOW long? Maybe it's time to just fix it yourself. You'll learn that fixing small to large holes is easy and a "know how" go a long way towards the perfect patch.

Home Electrical Repairs Homeowners Can Do

This workshop will help homeowners how to properly fix, install and maintain minor electrical issues. You will learn to identify the tools needed.

Remodeling Strategies for Aging in Place. Plus, Information on Free Home Repairs

"BELL WRINGER" PLAY

Pinky Swear Productions presents a new production of "Bell Wringer," the 2023 winner of Best Musical at Capital Fringe. At Gunston Middle School Theater 2, 2700 Lang St., Arlington. Based upon the legend of the Bell Witch comes a musical comedy written by local playwrights Seth Alcorn and Karen Lange. Half O Brother, Where Art Thou, half Blair Witch, Bell Wringer re-tells an Appalachian legend about a witch who torments a town in eastern Tennessee.

Show times:

October 22 @ 7:30 PM

October 23 @ 7:30 PM

October 24 @ 2:00 PM

October 24 @ 7:30 PM

October 25 @ 2:00 PM

October 25 @ 7:30 PM

October 29 @ 7:30 PM

October 30 @ 7:30 PM

October 31 @ 2:00 PM

October 31 @ 7:30 PM (Halloween party to follow)

Tickets are \$30 and can be purchased online at Eventbrite <https://tinyurl.com/Bell-Wringer>

SATURDAY/OCT. 24

Arlington Chorale Concert. 5 to 6:30 p.m. At Westover Baptist Church, 1125 Patrick Henry Drive, Arlington. The Arlington Chorale presents For the Earth: Gabriel Fauré's Requiem. The Arlington Chorale opens its 60th season, Dream With Us, with music for a beloved and changing world. Excerpts from Antonio Vivaldi's "Four Seasons" are heard side by side with "The [Uncertain] Four Seasons," a recomposition shaped by climate science that imagines our seasons at their most extreme. A movement from Alex Berko's "Sacred Place" then leads us into Gabriel Fauré's "Requiem", perhaps the most consoling requiem ever written, sung this evening for the earth itself. Reception to follow the performance.

Tickets: free for youth, \$25 - \$30 general admission. Visit arlingtonchorale.org/tickets

WEDNESDAY/OCT. 28

Women in Business Networking. 5:00 - 6:30 p.m. At Lebanese Taverna, Pentagon Row, Arlington. Join the next Women in Business Networking event. Designed to spark conversation, strengthen connections, and create new opportunities, this event brings together professionals from across industries for an engaging and supportive networking experience. While Women in Business is centered on uplifting women in the workplace, all entrepreneurs, executives, and professionals are welcome to attend. Don't miss this opportunity to grow your network and be part of a community committed to connection and empowerment.

Don't "Boss" Me



By KENNETH B. LOURIE

We do a lot of fast/medium-food take out, and not just Chinese either. In fact, since Covid, the food business has become very accommodating to take out/pick up requests. Moreover, as many of you regular eaters know, there are also services that will deliver to you all sorts of food. And in so receiving, recipients can minimize their interactions with food serving/delivering public. No parking and walking to the establishment, no standing and waiting in line once you're inside, and no mixing with the hoi polloi; just sitting and waiting from the comfort and convenience of your home. But for those of us who are resistant to the advantages of food delivery, interactions with the general public and the fast/medium-food staff await - or shall I say: persists.

I've written recently of my feelings about being called "sir" by the same general public I'm referring to here: the restaurant/fast/medium-food establishments. And as you regular readers know, yours truly (as opposed to my wife) will almost exclusively being the one going to pick up and pay for the food, thereby interacting with a store employee. hardly an awkward/unfamiliar exchange, especially given the post-Covid world where food delivery/pick up is almost di regur and people's eating routine has changed where now fewer meals are prepared at home and more are brought in ready to eat. It's become more acceptable, preferred almost, as a work-around to the miscellaneous toxins in the air that we all breathe. In fact, all these years later, I still see people wearing masks, sometimes even in their cars.

Now that I've established the context, let me finally address the particular situation that has led to this column being written: the employees greeting and thanking me after I order, receive and then pay. "Sir" in this interaction, I can tolerate. However, when an employee calls me "Boss;" that I don't tolerate nearly as well. "Sir" connotes respect, sort of. I don't like it, but it doesn't feel as if the employee is subliminally seething with contempt of our generational divide. It's not merely disrespectful, it's downright rude and snarky almost. I'm not the employees' boss so don't pretend to treat me as one. I'm your customer, not your supervisor. I place the order. You deliver the order. Though I'm not on the same side of the register as you, we are, in effect, two sides of the same request. We're practically equal. I'm not your boss. I'm happy being your customer. Let's not conflate your providing me a service with your working for me. If anything, we're working together. Calling me "Boss" raises my stature and presumes a relationship we've never actually consummated.

I don't want - or quite frankly deserve, any special dispensation, either in how my meal is prepared and/or how said meal is handed to me and what is said to me during that handoff. All I require is courtesy and gratitude. Anything more is unnecessary and likely not in your job description.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Coming to Terms with Addiction

Photographer Lloyd Wolf's behind-the-scenes views of Lorton Reformatory inmates in a treatment program.

BY GLENDA C. BOOTH
THE GAZETTE

“People can heal and transcend their worst moments,” said Lloyd Wolf at an Oct. 3 reception for an exhibit of some of his documentary photographs. These photos depict behind-the-scenes views of Lorton Reformatory inmates in a substance abuse rehabilitation and treatment program at the prison from 1989 and 1991.

The exhibit, titled “Transformations, Documenting the Pilot Substance Abuse Program at Lorton Reformatory, 1989–1991,” will be on view until Nov. 7.

“People can heal and transcend their worst moments.”

— Lloyd Wolf

minimal privacy.

At the reception, Arralean Ellis, Fairfax City resident, who worked at the reformatory, later called the Lorton Correctional Complex, from 1973 to 2002, shared some memories. Among other duties, she had to wake up the inmates to start cooking breakfast in the kitchen, for example. One regular task was to walk down the cells passageways and count the prisoners. One day her count

came up one short. It turns out that an inmate became intimate with a prison official's wife who gave her husband's uniform to the prisoner and he walked right out the gate, Ellis recounted.

The Reformatory

The former 3,500-acre Lorton Reformatory in southeastern Fairfax County had a school, brick kiln, farm and cultivated fields. It reflected the early 1900s Progressive-era reform movement that promoted a wholesome and uplifting environment to train prisoners for employment upon their release.

That approach endured into the 1990s. Discussing the men in his photos, “They weren't behind bars,” Wolf said.

The period was the height of cocaine use in Washington, D.C., a time known as the “crack wars,” he said. Crack was a significant driver of crimes by young men in their 20s and 30s. Wolf said he connected with one at Lorton who was “a career bank robber, caught twice.” Another killed his mother's boyfriend in a drug-fueled rage.

Wolf went to the reformatory weekly with Jon Cohen, then editor of Washington's City Paper. “You get connected,” Wolf said. The pair documented 36 men who voluntarily opted into a substance abuse recovery program created by Dr. Jasper Ormond that involved education and therapy, including music therapy by jazz harpist Jeffmajors Graham. “It was an Afro-centric program,” Wolf said, “to give them a sense of culture and pride.”

Cohen led memoir writing workshops urging “raw honesty” to help them to come to terms with challenges like drugs, violence and race. We were “building on what was already there,” Cohen wrote, “exploiting each man's unique genius.” We learned that “they can transcend their worst moments,” said Wolf.

A critical requirement was that their families had to undertake counseling in hopes that when released, the men would not go home to a toxic environment, Wolf said.

The confinement at Lorton was not as strict as that in many prisons. The men lived in a dormitory-like setting and each had a bunk and desk. They had gang showers,

The Photos

Wolf's photographs capture the personal essence of each man, up close looks into their eyes and perhaps their psyches. Photos also include moments upbeat like a “town meeting” when they are sitting in a circle and their jubilant release from prison.

“Wolf's empathetic lens captured the raw human stories of recovery, vulnerability and resilience among incarcerated individuals striving for personal change within the penal system,” noted the Workhouse press release.

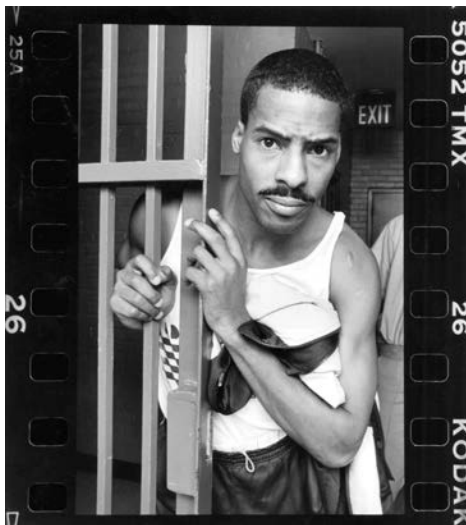
An Arlington resident, he has had many documentary projects. That includes The March of the Living, about 3,000 Jewish teenagers on a pilgrimage to Holocaust sites in Poland, followed by a visit to Israel. Another project is about African-American women and their jewelry.

“I take pictures because they help make sense of this world we're in,” Wolf says on his website, <https://lloydwolf.com/>.

The exhibit is in the McGuireWoods Gallery, Workhouse Arts Center, 9518 Workhouse Way, Lorton, open Wednesday to Saturday, 11 a.m. to 6 p.m. and Sunday, 12 noon to 5 p.m.



An inmate and a marriage proposal.



Some of Wolf's photographs.



PHOTOS BY LLOYD WOLF



PHOTO BY GLENDA BOOTH

Lloyd Wolf, photographer, and Arralean Ellis, a former employee at the Lorton Reformatory.



PHOTO BY GLENDA BOOTH

Visitors viewed the photos at an Oct. 3 Workhouse reception.