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2010 Children & Teen Edition

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grade 5, Willow
Springs ES

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Best Wishes For The Holidays



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CHILDREN'S CENTRE VIEW 2010

CENTRE VIEW EDITOR STEVEN MAUREN
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WILLOW SPRINGS ES



Emma Heslep, 5th grade



Lila Stern, 2nd grade



Julie Kovach, 5th grade, Willow Springs ES



Charity Dulay, 6th grade



Jennifer Hong, 3rd grade



Paige Duckett, 3rd grade



Leah Talalayevsky, 6th grade

Welcome

Dear Readers:

This week, the Centre View turns over its pages to the youth and students.

We asked principals and teachers from area schools to encourage students to contribute their words, pictures and photos for our annual Children's Issue.

The response was always enormous. While we were unable to publish every piece we received, we did our best to put together a paper with a fair sampling of the submitted stories, poems, drawings, paintings, photographs and other works of art.

We appreciate the extra effort made by school staff to gather the materials during their busy time leading up to the holidays. We'd also like to encourage both schools and parents to mark their 2011 calendars for early December, the deadline for submissions for next year's Children's Centre View. Please keep us in mind as your children continue to create spectacular works of art and inspiring pieces of writing in the coming year.

The children's issue is only a part of our year-round commitment to cover education and our local schools. As always, the Centre View welcomes letters to the editor, story ideas, calendar listings and notices of local events from our readers. Photos and other submissions about special events at schools are especially welcome for our weekly schools pages.

Our preferred method for material is e-mail, which should be sent to centreview@connectionnewspapers.com, but you can reach us by mail at 1606 King Street, Alexandria, VA 22314 or call 703-778-9415 with any questions.

EDITOR STEVEN MAUREN



Jenna Jaso, 6th grade



Georges Richard, 3rd grade



Erin McKee, 3rd grade



Ariana Ishairzay, 1st grade



Griffin Floyd, 1st grade



Karishma Srikanth, grade 6

WILLOW SPRINGS ES



Mrs. Brink & Mrs. Corey's 4th grade



Mrs. Brink & Mrs. Corey's 4th grade



Mason Muscatello, Kindergarten



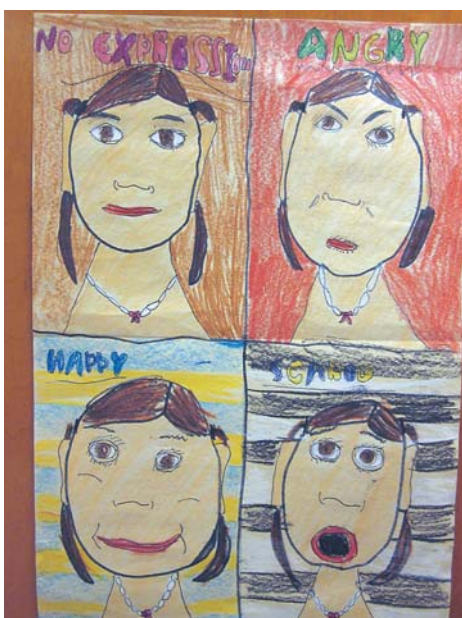
Danny Troung, 5th grade



Pierre Richard, 5th grade



Samantha, 5th grade



Joy Chung, 3rd grade



Brittney Fogg, grade 6



Emily Noonan, grade 6



Karen Ma, 6th grade



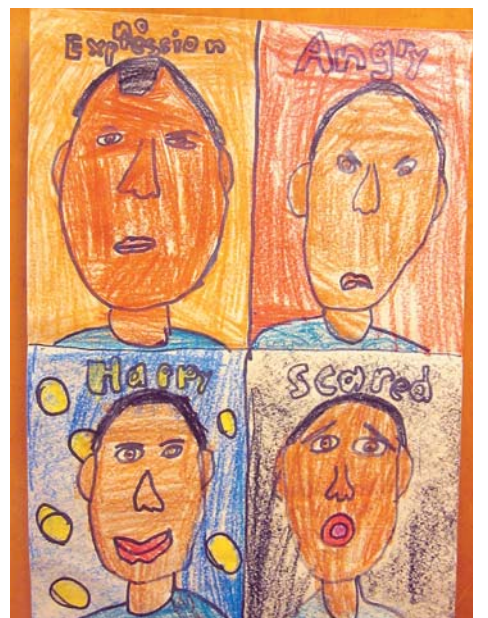
Linda Ziamamesh, 3rd grade



Macy Ward, 3rd grade



Rylie Kiefaber, 3rd grade



Vishwa Arun, 3rd grade

LEES CORNER

Going to Camp

The most memorable thing about 2010 was when I went to a camp called "Camp Potomac Woods". This camp was so fun that I went last year (2009) and I am planning to go next year. At this camp there are different grounds like "Bluff" and "Forest Glen" that have cabins for the girls to sleep in. I happened to go a ground called "Maple Hollow". There are different things to do at this camp like swimming, going on a hike, making crafts, and much more. There also is a large hollow tree at camp called "The Pooh Tree" that groups can hike to.

They also have counselors that will lead the campers to places and tell us our next activities. They each wear a necklace that has each of their nicknames like "Mango" and "Sparkles" were some of them. There also is a flagpole that everyone in camp gathers around. A few girls put up the flag before breakfast and a few girls take it down before supper. Speaking of that there is also a mess hall, where everyone eats their meals. I recommend this camp for girls (this is a girls only camp) that want to have fun outdoors.

Lauren Johnson, 5th Grade

Getting My Brother

The most memorable thing about 2010 was getting a brother. It was my most memorable thing because it was my first time getting a brother. At first he was boring but now he is very fun to play with. His name is Joseph and he was born on July 22. On July 22, when he was born, I was not there to see him because I went to camp. Getting a brother was definitely my most memorable thing this year.

Daniel Yeo, 5th grade

My Wish

My wish for the World is to make it greener and to make the world healthier. My wish is this because the world is like our home so we need to take care of it and because we need more food. If everyone made it greener and made it healthier it would be like heaven. So come on! Let's make our home a better place!

Daniel Yeo, 5th grade

Most Thankful For

I am most thankful for my family and my friends. I am most thankful for my family because they help me whenever I need it and because they get you cool stuff. I am thankful for my friends because they help me with stuff and because they are kind. I am always thankful for my friends and family.

Daniel Yeo, 5th grade

If I Had One Wish

If I had one wish I would wish for the sun to last for ever. The reason I would wish for this is because we would not have to move off the Earth to another galaxy in a few billion years. If the sun lasted for ever there could be life on other planets. If there was life on other planets scientist could go over to the planet and study it. If there was life on the planet the scientist were studying, then hopefully they would not be bad and hurt our planet but when our planet ages we will have better technology so we might be able to handle them. If the other planet might be nice then we could live on their planet if they had food, water, air and shelter but the planet might be too hot or cold so the only planets we could live on are Mars and Venus. The only problem would be that they would think that we were taking over their planet. Like when the English took over the Native Americans land. The first humans to interact with the other people would be famous forever. When that happens all of the people would be happy on both planets. We might need to speak their language but we would have the technology for that. So if the sun lasted forever that would be good for mankind.

Patrick Collins, 5th Grade

My First Roller Coaster Ride at Bush Gardens!

The most memorable thing in 2010 for me was when I went on my first really big roller coaster ride. At first I did not want to go. The only people going on the ride were my mom and my older brother but they made me go. As soon as I got on I regretted it, but I couldn't get out because my seatbelt was locked and I couldn't get it off. So I was afraid that before the ride was over I'd be gone, but luckily I wasn't.

The roller coaster ride I went on had big dips. There was only one big, really big, dip that they had that went to the water and then came back up. After the ride I ran to my dad and said, "Oh my gosh!" It was scary and fun! Afterwards we went to some other roller coasters for my little brother and sister. There was only one ride that was pretty scary but I didn't go on it. It was the ride where a boat goes up a hill and then goes through a tunnel with fire and comes splashing down (the boat). Overall I had so much fun on the stuff we did, ESPECIALLY because my family was there with me!

Leah Copeland, 5th Grade

Book Recommendation

Nightmare at the Book Fair is the book I recommend for 4-5 graders. It is a fantasy book. The book is about a boy who was going to go to his lacrosse try-outs after the book fair, but he fell asleep when he was looking at the books.

He had a big nightmare. There were terrifying events that occurred in his nightmare. This book is written by Dan Gutman. He writes very good books for children. Sometimes he writes scary books. Sometimes he writes funny books. Most of the time, he writes weird books. This book is all three, but it's mostly funny.

This book is not too short and not too long. It has about two hundred-twenty pages in it. Nightmare at the Book Fair has a dictionary in the middle of the book that tells you the meanings of the hardest words in the first half of the book which helps a lot of readers.

Andrew Tam, 5th grade

My Wish

If I had to choose a wish for my family it would be to live in a mansion, it would be perfect! I would want to live in a mansion because it would have lots of room to run around in. In the kitchen I would want a big refrigerator, and lots of cabinets to store stuff in. I would also like tile counter tops. I would want the wall color to be light yellow! In the living room I want a big coach and a cozy chair to sit in. I would also want a fire place to keep my family and I warm in the winter. I would have a big flat screen T.V. The color of the wall would be light brown. The dining room would have a big table to fit my family and me. There would be a chandelier above us. My bedroom would be big and have a king size bed just for me! I would also have a big desk, a flat screen TV, and a nice, neat bathroom. My sister's bedroom would have lots of dolls in it. She would get a twin sized bed and a Dora TV. She would also have a big toy bin! My brother's room would have a crib in it. It would also have truck posters all over the wall because he loves trucks! He would have an even bigger toy bin than my sister's. He would have all his trucks and cars in the toy bin. The basement would be best part of the whole house! The basement would have a projector, rock band, and a wii that we could all enjoy! There would also be an indoor playground for my siblings and I to use!

Savannah Pettigrew, 5th grade



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GREENBRIAR EAST ES



Kristupas Vorobjovas, 1st grade



Anne Young, 5th grade



Leena Koussa, 3rd grade



Michelle Lee, 4th grade



Heejin Jang, 2nd grade



James Sunwoo, 3rd grade



Laura Sanchez, 1st grade

WRITINGS

The Seahorse

Is a seahorse a fish?
Yes, it is a fish
But not the fish you would like on your dish.
I know it's confusing, but it's very amusing
That a seahorse is a fish.
A seahorse is weird lookin'
And we don't want it to be cookin'
They call it a horse
Because of the snout and it wanders about.
Now I've learned that a seahorse is a fish
And it's not the fish you would like on your dish!
— **Katie Brown**, 2nd grade, Willow Springs ES

Artifact

Fossil, pottery, ornament, tool
Now that's what I call an artifact that's cool.
— **Aleigh Gambone**, 4th grade, Willow Springs ES

Delude

Mislead, dupe, trick, deceive
Don't be a fool and always believe.
— **AJ Kim**, 4th grade, Willow Springs ES

Imposter

Cheater, fraud, trickster, phony
Imposters are full of phony boloney.
— **Sydney Goldstein**, 4th grade, Willow Springs ES

The Scariest Haunted House Ever

My white mask glistened in the moonlight on the night of Halloween. The bulky bag of candy I held brought sweat to my face. I questioned whether I should enter the haunted house, which stood before me.
Matt, my friend and neighbor, persuaded me to travel inside. He said we would just "fly by" it. My final verdict: I should defeat one of my greatest fears, the haunted house.
We strolled throughout the dreaded nightmare, unknown of the mysteries the house held in store. I was stricken with an emotional threat. Matt was becoming more and more panicky as time passed. I then gained a sense of pity for him as we walked.
The last part of the haunted house was near; I could see the moonlight

coming from the exit. I was getting a slight thrill from Matt's scared behavior. We approached a door, taunting us of reaching the outside world. A bowl of candy sat there, intriguing our taste buds. Then, BAM! A horrifying mask plummeted downward right front of us. Matt dashed outside while I tagged along, grabbing a piece of candy.
It was a fantastic experience for me after all, but Matt was scared to the bone. I learned that surprisingly great things can emerge from trying new things. I overcame my trembling fear.
— **Sam Balint**, 6th grade, Willow Springs ES

One Terrible Toddler

There aren't a whole lot of people who can brag that they were kicked out of not one, not two, but three preschools before they even started kindergarten! No, I was not and I am not a juvenile delinquent, but it seems I was sort of a bad kid when I was little.
When I was barely two years old, my mom went back to work and left me with Terry. She was a child care provider who watched me in her big farmhouse in Clifton. There were several other babies and toddlers there. She had a large garden that we could dig in, many toys, and the first big screen TV I had ever seen. Terry was an older lady who had kids that were all grown up. I got kicked out of Terry's for saying bad words in front of a baby.

My mom decided to try out a preschool. Preschool had worked for my brothers, so why not for me? Well, here's why not! From the start, it was not a good match. They gave me a bowl of tiny dinosaurs to sort by color. Instead, I turned the bowl over, made it into a mountain, and had a dinosaur battle. I used sound effects and all that. They could not seem to get me to keep still. I was always running off and even seemed to disappear. The worst thing was that the other kids would then follow me. My favorite place to go was the closet where I would hide under piles of coats and gloves. When about three or four other kids disappeared into the closet with me — that was the last straw! The preschool said it would be best if I found a different place to go.
Next, I was enrolled at another preschool. This was a bigger class, lots of toys, more noise, and many more activities. I was more likely to fit in. All was going along just fine until one rainy day. My teacher had told us that on rainy days we could bring in videos since we could not play on the playground. I brought in Peter Pan to watch. The teacher promised that we would watch it, but then later in the day she chose a

different child's movie. It was a bad movie about some fairies flying around and making trees live a second life or something like that. I was so mad that I grabbed a little chair and held it up like I was going to throw it. Well, they told my parents I was "not allowed to return because of the chair incident." On my way out I felt sad until I saw a bowl of delicious sugar cookies; my frown disappeared and so did the cookies.

My parents were running out of choices. Then, miraculously, they found a great preschool. It was amazing; I have to say it was the best school ever! Every day when it was sunny outside we would get to go to the pool. They had a huge playground, and at the time there were cicadas. I loved playing with them on the playground. I made houses for them out of rocks and leaves and branches, I raced them, I even found an albino one! We also had a reading time that I loved because they had books with lots of pictures, about six words to a page, and cool fiction stories. The only problem with this preschool was that I couldn't stay longer because I had to graduate and needed to start kindergarten — and that's another story to tell for another day.
The thing I learned from these situations was not to give up. If you look hard enough, eventually you will find a place where you fit in.
— **Grant Pisner**, 6th grade, Willow Springs ES

Artistic?

Have you ever won a contest or competition and everyone congratulates you? You feel so good about yourself afterwards. It has definitely happened to me before! The most memorable moment of my fourth grade school year was when I won the rain barrel decorating contest. My previous school had a courtyard, and they decided to have a contest for who presented the best design to be painted on a rain barrel. Since I enjoy art, I entered a picture for the contest. My design was a sun looking down upon two flowers ... a tulip and a daisy.
One day, I reached school and realized that the morning announcements would be revealing the contest winners. I unpacked my backpack and started working on my morning work. My teacher, Mrs. Talbot, edged toward the projector to turn on CNC, our school's news cast.
The sixth graders appeared and began disseminating their daily script routine. I wasn't paying attention to the news, but what happened next couldn't be ignored! I had never heard my name called on CNC before, and I wasn't dreaming! I had won the rain barrel decorating contest! My teacher con-

gratulated me as my class clapped.
My artwork was displayed in the hallway with a first place ribbon placed on it. There were second and third place winners as well, but the first place winner was responsible for painting their design on the rain barrel.
To this day, the barrel sits in the courtyard of Clifton Elementary School, collecting water for the courtyard gardens. Whenever I see my friends from Clifton they tell me how good of an artist I am and whenever they look at the rain barrel they always think of me. This event helped me realize that I am a better artist than I thought I was. I will treasure this memory forever!
— **Alexandra Waniel**, 6th grade, Willow Springs ES

We Love You A Lot

We love you a lot
For our country you fought
For the men and the women who put up the fight
All through the day and all through the night
As the stars glow bright
For us you fight
We honor you every day
For you we pray
We love you a lot
For our country you fought
— **Julia Germano**, 5th grade, Willow Springs ES

The Aisle

This is it! The doors are opening and I am the first in line! I am starting to walk down the aisle, clenching my bouquet of flowers. I stare at Jason, the groom, already at the altar. My cousin, Libby, is marrying Jason today.
Jason is standing there flawlessly; he is not frowning, not, nothing. What if I am not as perfect as he? What if I make a mistake? What if I sneeze? What if I cough? What if I trip? All of these thoughts race through my mind making me even more nervous every second. Then, I see my mom. She is giving me a warm smile, one that I am used to. All of a sudden, I feel at home and safe enough to look around. I see we are in a big church with white walls and beautiful stained glass windows. The light shining through the windows is very bright and warm.
My senses take me to smell. I inhale the chemical odor of hairspray in my hair. The wonderful fragrance of my bouquet of roses attempts to cover that foul scent. My bouquet's beauty reminds me of the long silky dresses worn by the bride's maids who are much closer now. I am finally about to take my last step, seeing that five tall men on one side and five beautiful women on the other are surrounding me. Jason and the Pastor

are right in front.
I breathe deeply, as I take my last step. I have finally made it! Jason smiles at me, and I smile back. I soon help my brother, who was a few steps behind me, hand out the rings. We turn around, and walk quietly to the pews. When we sit down, my mom tells me I did great! Next time I have to walk down the aisle, even if I am not a flower girl, I won't be nervous because I know I can do it.
— **Eryn Meyer**, 6th grade, Willow Springs ES

The Time I Procrastinated on My Math Project

I went to my bedroom to get changed one night after watching one of my favorite TV shows, when I glanced at the clock and it read 11 p.m. I groaned. I'd have to wake up at 8 a.m. to catch the bus. That left me about 9 hours of sleep and I'd be exhausted when I got up. The last thing I needed to do was to go to school all grumpy and tired. As I was getting ready to go to bed, I went to the bathroom to brush my teeth. I was relishing the smooth toothpaste on my teeth when a thought hit me like a brick falling from the Empire State Building! I asked my dad, who was passing by, what the date was and he said it was the 7th of October. I just stood there with my mouth wide open, looking all worried, totally speechless. Seeing the look on my face, my dad asked what was wrong and I replied that I had forgotten to do my math project, which was due the following day. The project totally slipped out of my mind because I went on a weekend get-away with my family. If I did not finish my work before school, I would automatically get a "B" even if the almighty God himself created my project.
Initially I thought my Dad was really angry with me for forgetting to do my work, but later I realized he was just disappointed because he knew I could have done a lot better. After what seemed like a millennium of silence, he asked for the instructions to the quilt project so he could give me a few pointers. I ran like a maniac downstairs as fast as my legs could go. When I finally had the stuff I needed, I ran back upstairs and showed my Dad what I had to do, which was to draw a design of a quilt using the colors yellow, orange, red (I picked these colors because of the season) and then calculate the proportion each color occupied on the quilt.
Lucky for me though, I had already made a design for the quilt a couple

SEE WILLIOW SPRINGS, PAGE 9

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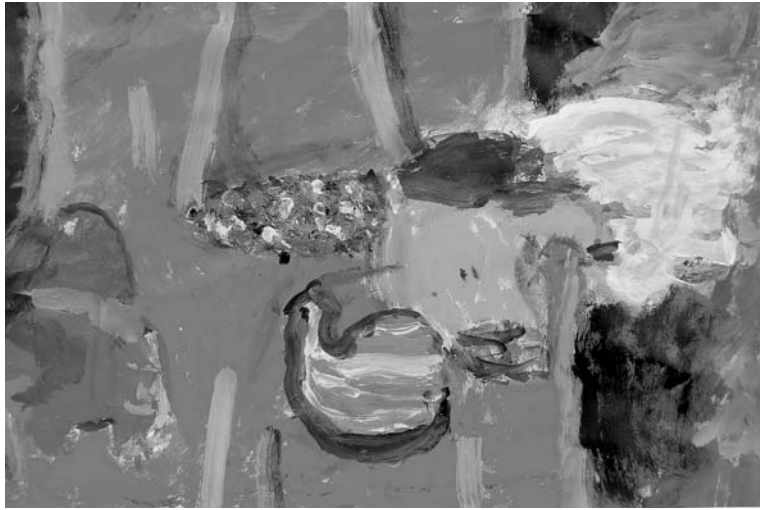
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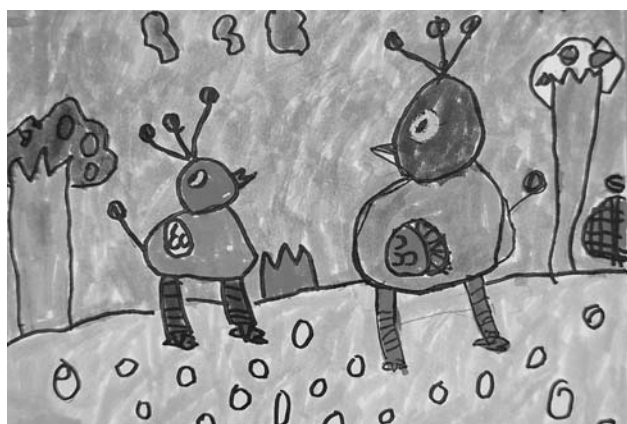
Ken Rudolph, age 10, Centreville



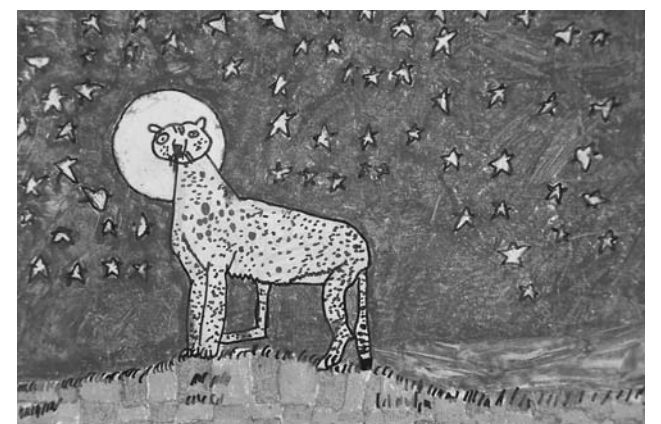
Isabella Ibrahim, age 8, Centreville



age 7, Chantilly



Meghna Krishnavarapu, age 4, Centreville



Siddharth Tibrewala, age 6, Fairfax

WRITINGS

FROM PAGE 7

weeks ago so I didn't need to start from scratch. All I had to do was color the design I previously made and write the proportion for each color applying the pointers my dad suggested. Then I double-checked to make sure everything was correct and I started to color my quilt.

At 1 o'clock in the morning, after about two agonizing hours of working on my math project, I finally finished everything! I named my design Morning Star because it looked like a star and it had the colors of the morning sun. Definitely exhausted now, I jumped in bed and fell fast asleep. I was just really lucky I had a Dad to help me and that I did the design earlier. I have to stop procrastinating though because someday I won't be so lucky and I will get in a heap of trouble.

P. S. I'm writing this at 5 p.m. a day before this is due. Isn't that ironic?

— **Peter McPherson**, 6th grade, Willow Springs ES

The Greatest Gifts

The gift I would give
That did not cost any money
Would be the gift of love and happiness to my family.
If my friends ever needed support, I would give them support.

And those are the greatest gifts.

— **James Vaughn**, 5th grade, Willow Springs ES

My Favorite Season

My favorite season is autumn. I like autumn because of the calmness, the

colors of the leaves, and the start of school.

The main reason I like autumn is because of the calmness. I like the calmness because of the very still feeling it produces. I also treasure the peace. The other seasons are really too busy, and I feel less stressed in autumn.

The second reason I like autumn is because of the colors of the leaves. I like the colors of the leaves because of the natural beauty of the vivid reds, joyful blues and calming yellows. I also like the colors because of the way they bring a rainbow down to earth.

I also like autumn because school starts. I like school, as school means education and I treasure education. I also love to learn! I also like to meet my new teacher and class.

Autumn is my favorite season ... what is yours?

— **Aidan Ledell**, 4th grade, Willow Springs ES

Hershey Park

It's a piece of chocolate! It's a roller coaster! No ... it's Hershey Park! I would like to go to Hershey Park next summer because it was so much fun the first time I went there. I had the best time ever.

I would go to the chocolate factory. I would buy chocolate syrup to put on my morning pancakes. Then I would make my own chocolate to eat after. I would watch a chocolate movie about how to make chocolate. Then I would buy the Hershey that weighs five pounds!

My next stop would be the roller coaster. My first time riding a roller coaster I rode a super fast one. You are supposed to be a certain height to ride a roller coaster and I would like to ride the highest one.

Last I would go to the zoo near Hershey Park. I would see the sea lion do amazing tricks. Then I would see the running bird scurrying across the ground and the king cobra with a crown on its head.

Now you know why I would go to Hershey Park ... the yummy chocolate, the daring roller coaster and the beautiful nature there.

— **Jacob Jung**, 3rd grade, Willow Springs ES

Making Pumpkin Muffins

I like to make pumpkin muffins with my brother, Ethan. It is a lot of work. We put the muffins into a bowl and we mixed it but it went everywhere. It was like a tornado! Then we turned off the mixer and we baked it. The ingredients were: brown sugar, white sugar, sweet cream, cheese and pumpkin sauce. Yum!

— **Joshua Epstein**, 1st grade, Willow Springs ES

Cub Scout Bake-off

Me and my mom made blueberry muffins for the Cub Scout bake-off. We poured milk and we poured flour in. I scraped the top of the cup so it wouldn't be too much flour. I put in other stuff like blueberries. Then my mom put the batter in bowls and then I put the bowls on the pan. My mom put the pan in the oven to cook. The blueberry muffins were really good but I don't know if we won.

— **Philip Everard**, 1st grade, Willow Springs ES

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WEDDING WEEKEND
JANUARY 7-9, 2011



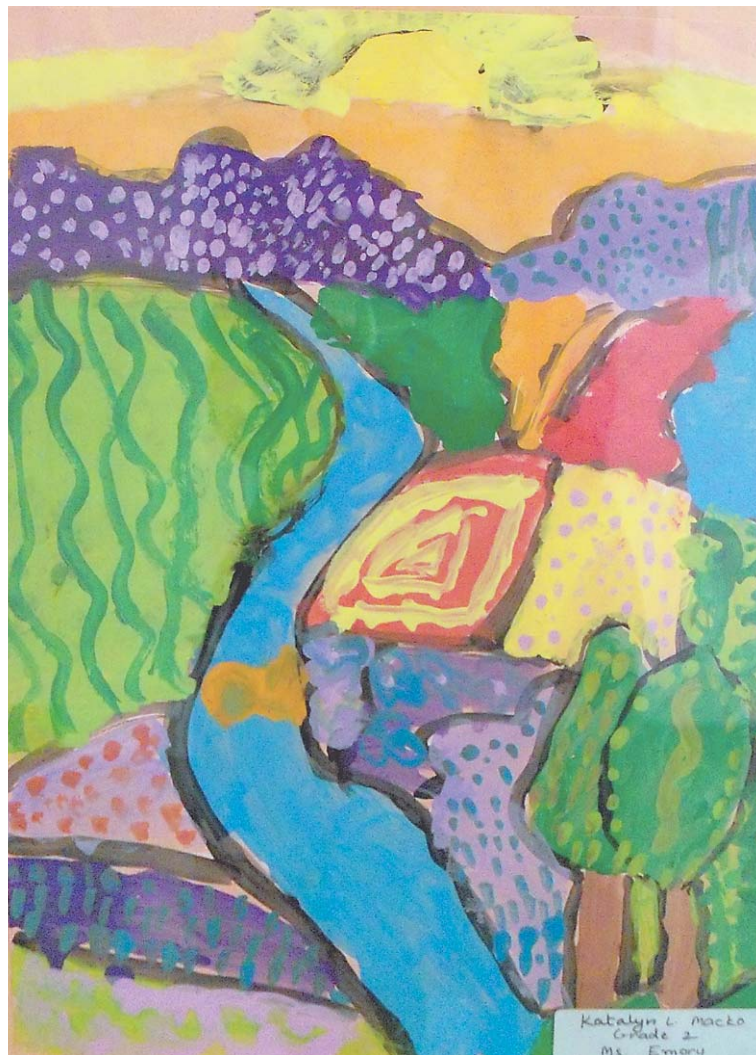
The Outer Banks continues to grow as one of America's top wedding destinations, and so does our Wedding Weekend!
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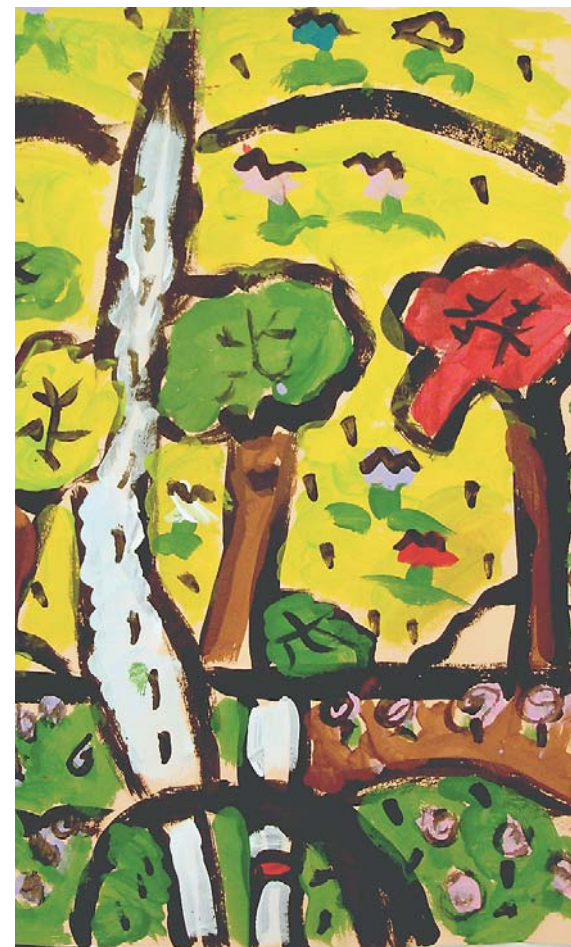
BROOKFIELD ELEMENTARY



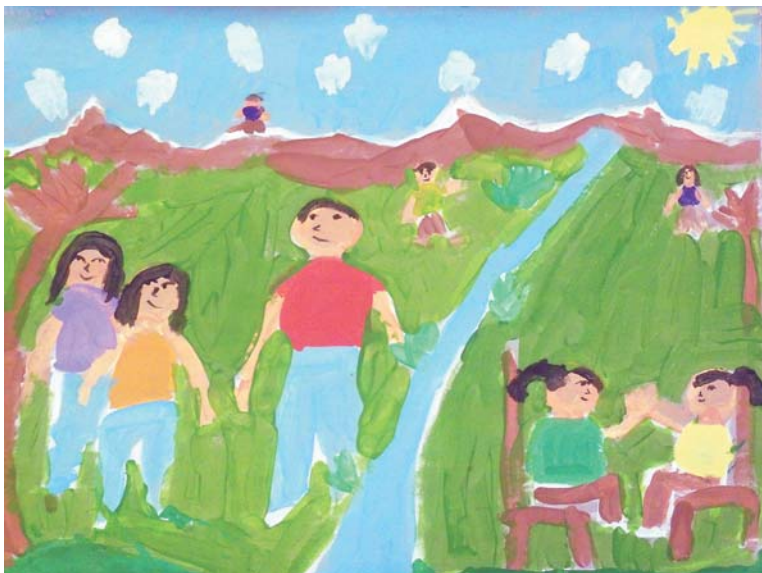
Dayana Sagastume-Lopez



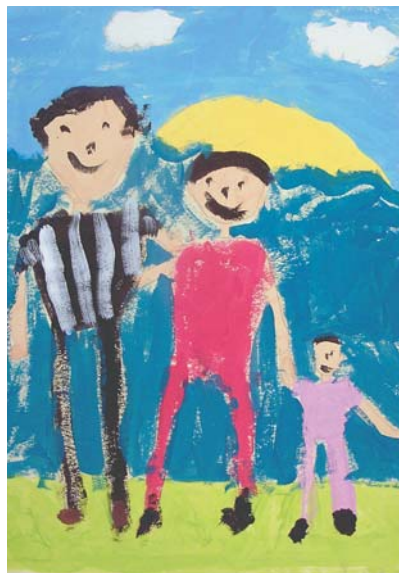
Katalyn Macko, Grade 2



Emma Bewley, Grade 2



Allicon Portland, Grade 3



Julian Penn, Grade 1



Eden Taylor, Grade 3



Catherine Tran, Kindergarten



Arsalan Mustafa, Grade 2



Isaiah Lastra, Kindergarten



Tina Ly, Grade 6

SEE BROOKFIELD ELEMENTARY, PAGE 11
WWW.CONNECTIONNEWSPAPERS.COM

BROOKFIELD ELEMENTARY



Amanda Kwan, Grade 3



Ben Conдеми, Grade 3



Samantha Marstall, Grade 3



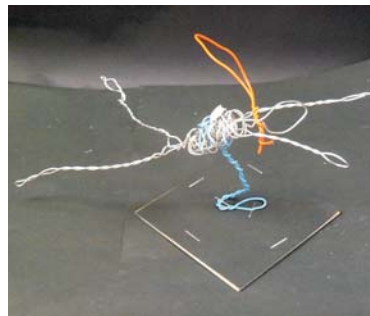
Swastika Budhathoki, Grade 4



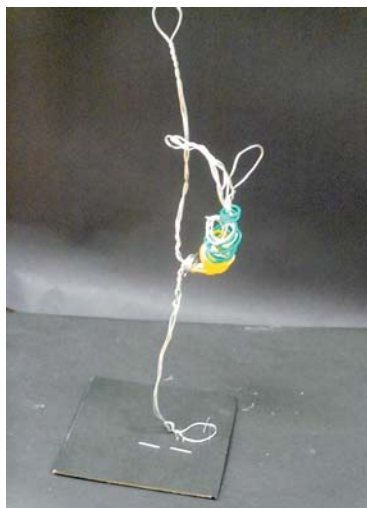
Hung Hgo, Grade 4



Sarah Whitley, Grade 4



Devin Akins, Grade 4



Elian Nalerio, Grade 4

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LANDSCAPES AND SELF PORTRAITS



Shradda Adhikari, 8th grade, Franklin MS



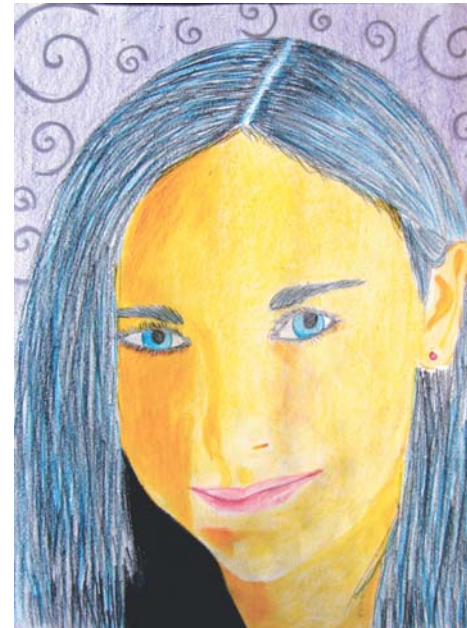
Kendra Maynard, 8th grade, Franklin MS



Shana Pohl, 8th grade, Franklin MS



Karlie Cronin, 8th grade, Franklin MS



Anna Platt, 8th grade, Franklin MS



Anna Platt, 8th grade, Franklin MS



Natalia Rincon, 8th grade, Franklin MS

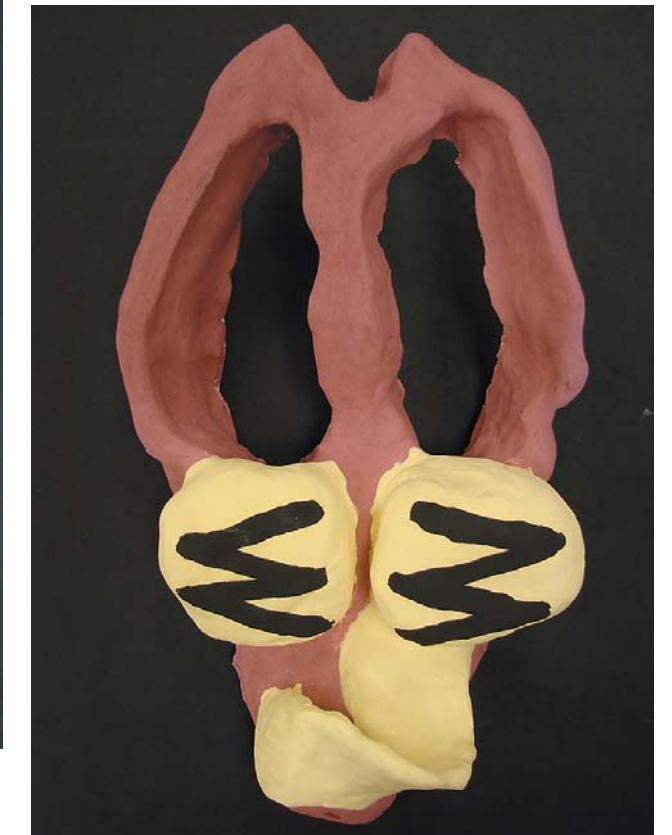
MASKS



Julia Passuth, 7th grade, Franklin MS



Hayley Arnold, 7th grade, Franklin MS



Elizabeth Shepherd, 7th grade, Franklin MS



Lindsey Wallen, 7th grade, Franklin MS



Cecilia Bergh, 7th grade, Franklin MS

GALLERY



Mrs. Bower's 1st graders, Oak Hill ES



Gavin Brownstein, 1st grade, Oak Hill ES



Charles Tang, 1st grade, Oak Hill ES



Alex Tacinelli, 4th grade, Oak Hill ES



Alice Wang, 6th grade, Oak Hill ES



Janis Chen, 6th grade, Oak Hill ES



Stepanie Shraga, 1st grade, Oak Hill ES

GREENBRIAR EAST ES



Won Lee,
6th grade



Asia McIlwain,
6th grade



YuLee Chung,
1st grade

Give Together

A Family Volunteer Day
 Monday, January 17, 2011
 Shift 1: 10:30 a.m. - 12:30 p.m.
 Shift 2: 1:30 p.m. - 3:30 p.m.
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Families of all shapes and sizes can volunteer at projects benefiting six local nonprofits - in the convenience of one, central location.

Spaces are limited and pre-registration is required at www.volunteerfairfax.org.

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LEES CORNER ES



Jeanne Marie Greathouse, 1st grade



Cailee Zeraat,
2nd grade



Emily Schloss, 4th grade



Stephanie Fang, 2nd grade

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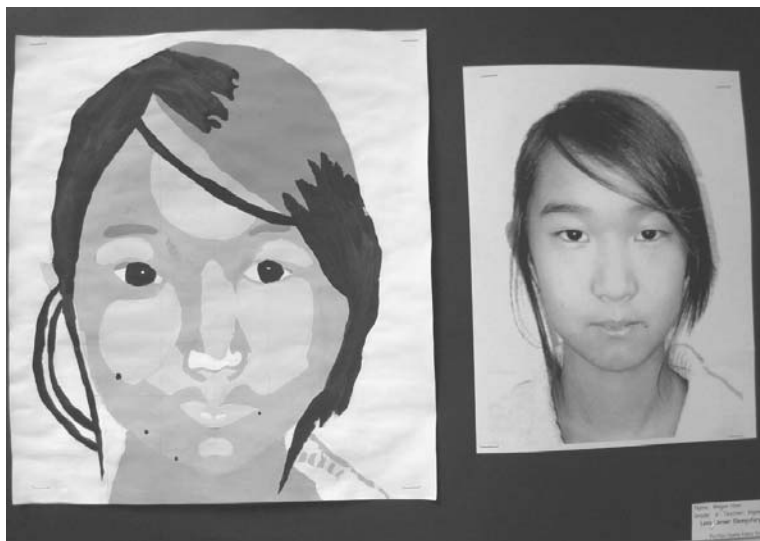


Happy Holidays!

LEES CORNER ES



Lauren Chapman,
3rd grade



Megan Ham,
6th grade



Rohan Daniel,
6th grade

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Worship Services:
Sunday Services 11 AM & 4 PM
Wednesday Service 8 PM

Visit us on-line at www.treeoflifebiblechurch.org

 **Centreville Baptist Church**

Worship Services
8:00 & 9:30 am Celebration Service
11:00 am Contemporary Service

Bible Study
9:30 am & 11:00 am

Ministries Include:
Nursery through Elementary, Youth, College Age, Singles, Men, Women, Adult Discipleship, Choir, Awana, Bible Study Fellowship, MOPS (Mothers of Preschoolers), English Language Classes and Spanish Speaking Ministry

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 **Centreville United Methodist Church**

11:02 AM Contemporary Worship Service

Every Sunday in the ROC
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Contemporary Music ~ Connections Praise Band

Interactive Prayer Stations

Children's Quiet Play Area & Children's Worship Message

Weekly Communion Table Open to All



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www.centreville-umc.org
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Corner of New Braddock Road & Route 28

Saint Andrew Lutheran Church

Sunday Worship: 8:30 a.m., 11:00 a.m.
Christian Education for All Ages: 9:45 a.m.
Adult Bible Study: Wed. 9:30 a.m.

Our mission is to welcome all people, to grow in our relationship with Christ, and to serve the Lord

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Sunday Services at Centreville Presbyterian Church



Loving Christ Loving People Serving the World

Sunday Worship Services
8:45 a.m. & 11:00 a.m.



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Centreville PRESBYTERIAN CHURCH

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Touch hope, pray peace

God is still speaking,

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Sunday worship 3:30 pm
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Warm People ~ Hot Coffee
Come in for a serving of both this Sunday

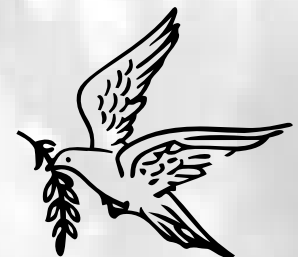
 **Centreville United Methodist Church**



Sunday Worship Services
8:15 AM
9:30 AM
11:00 AM
Contemporary Service in the ROC
11:02 AM

Worshiping God ~ Serving Others

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Worship Service	9:45 AM
Children's & Youth Church	10:00 AM
Youth Minister: Rev. Bobby Joe Ford, Jr.	
Wednesday Bible Study (Includes Youth Classes)	7:00-9:00 PM

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Fax: 703-830-6718
Website:
www.mountolive-church.org
Email:
mtolive@mountolive-church.org



Rev. Dr. Eugene Johnson, Pastor

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Breanne De Vera, 5th grade, Mask



Mandy Baatar, 6th grade, Self Portrait



Tim Do, 3rd grade, Self portrait



Akshay Balaji, 6th grade, Native American portrait
Akshay Balaji, 6th grade, Native American portrait



Emma Harris, 2nd grade, Drawing - portrait of two friends

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GREENBRIAR WEST ES

Ana Morris,
6th grade,
Sculpture - red,
white, & black



Rachana Krishnan,
6th grade,
Sculpture - red,
blue, yellow, black



Megan Chudasama,
5th grade, Clay tri-pot



Taylor Ko, 1st grade,
Painting - Fall Tree



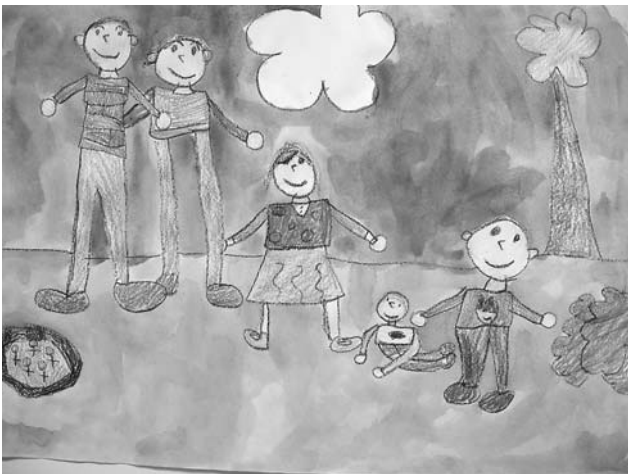
Bharathi Mathivanan, 4th grade,
Painting - girl ice skating



Lindsay Jones, 4th grade,
Painting - girl playing volleyball



Megan Van
Rafelghem,
5th grade,
Painted
landscape



Lizzie Stone, 1st grade,
Drawing/paint wash - family



Keertana Yalamanchili, 1st grade, Fall leaves



Nandini Yella, 2nd grade,
Painting - animal with patterns

GALLERY



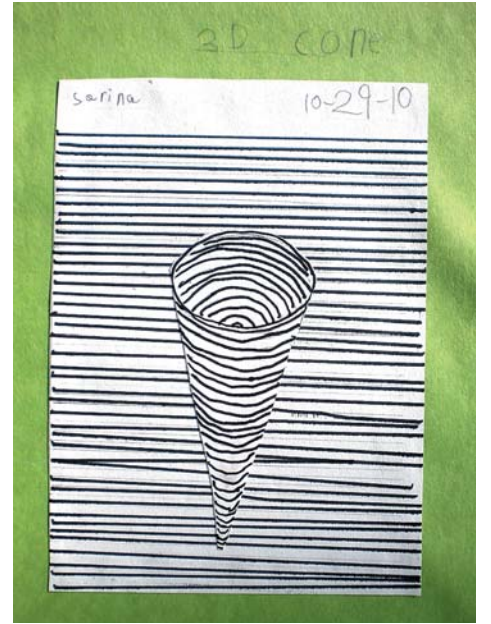
Aakash, age 5, Montessori of Chantilly



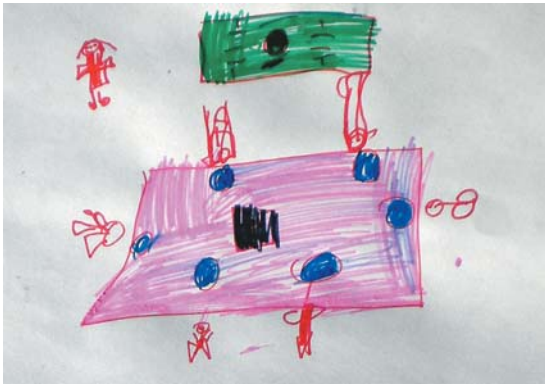
Anukit, age 5, Montessori of Chantilly



Ishan, age 5, Montessori of Chantilly



Sarina, age 6, Montessori of Chantilly



Holidays by Huzefa, age 5, Montessori of Chantilly



Holidays by Aakash, age 5, Montessori of Chantilly



Holidays by Ayana, age 5, Montessori of Chantilly

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 - Maria Montessori

GALLERY



Holidays by Taira, age 6, Montessori of Chantilly



Holidays by Adam, age 5, Montessori of Chantilly



Holidays by Ishan, age 5, Montessori of Chantilly



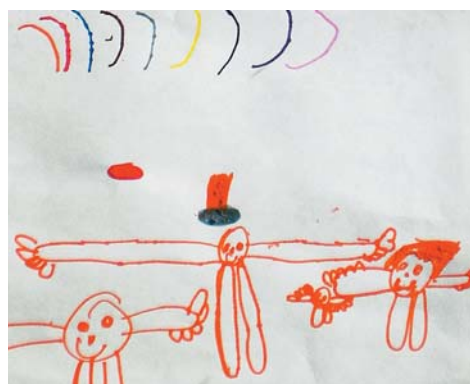
Holidays by Jay, age 5, Montessori of Chantilly



Holidays by Anukrit, age 5, Montessori of Chantilly



Holidays by Sarina, age 6, Montessori of Chantilly



Holidays by Akhil, age 5, Montessori of Chantilly

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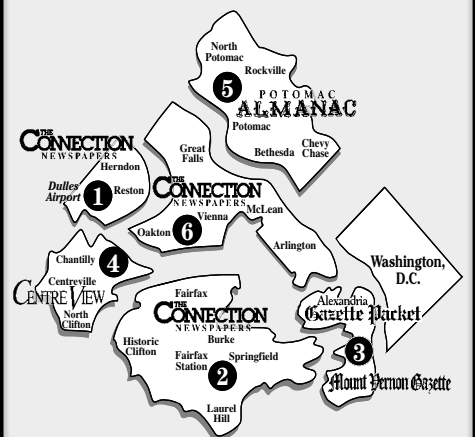
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My Answer to Cancer



By KENNETH B. LOURIE

Oddly enough — or not, since receiving my original stage IV lung cancer terminal-type diagnosis/prognosis on Feb. 27, 2009, I have not felt compelled or motivated in the least, beyond my immediate circle of family and friends, to seek out other lung cancer patients/survivors for support, for reassurance, for advice or for any kind of group and/or individual therapy. Perhaps I will live to regret it (wouldn't that be the ultimate irony), but I haven't really felt the urge to purge myself of whatever mental toxins I was/am internalizing. I was — and am, still managing. In addition, I've not been interested in joining or attending any kind of lung cancer awareness group or participating in any type of lung cancer out-reach activity.

My thinking has been — and still is, that I don't want to immerse myself in the cancer culture. Maybe I'm pretending that I'm not a member of this group (whose membership is not the least bit desirable)? Maybe I'm afraid of what relationships I may start or what relationships I may see end badly? Perhaps I'm worried that a connection and commitment to similarly diagnosed people will somehow weigh on me and adversely affect my own relative/comparative good health? Seeing sicker, weaker people might make me feel sicker, weaker; that scares me. I want (need, probably) to be surrounded by positivity. I don't want (need presumably) to expend any energy overcoming negative people, places and things that might challenge the positive mental attitude that is key to fighting this insidious disease. Nor do I think that my presence will energize anybody to do anything. I'm not so self-absorbed or educated to believe that something I say or do — with respect to this whole lung cancer trip, is going to help another individual rise to some previously unattainable height. I have to help myself, first and foremost, don't I? I'm having enough trouble fighting my own battles.

The longer I'm a cancer survivor — outliving my original prognosis (13 months to two years), the more difficult it becomes to care about others as much as I care about myself; every day could be my last. As such, I need to protect myself from the slings and arrows of the outrageous misfortune that has befallen so many others. It's difficult enough to mentally maintain my own disposition that when I have considered joining/participating in some cancer-type activity (5K walk, parade, seminar, support-type group, etc.), I've balked at doing so, fearful of the risk to my own psyche — meaning the weakening of the mental resolve which has enabled me to live the life I have over the past 22 months. I don't trust myself to hold up under the collective catharsis of so much pain and suffering.

At the end of the day (heck, at the beginning of the day, too; and every minute in between), this whole cancer battle is about self-preservation — or perceived self-preservation. I'm not embarrassed to admit that I'm afraid of being around other cancer patients who are terminal. I'm extremely sensitive and aware of my surroundings; I can't presume there won't be an emotional toll on me. Moreover, all I have going for me is my sense of good humor, positive attitude and belief in what I'm doing: diet changes, vitamins, alkaline water, apple cider vinegar, baking soda, pureed asparagus, probiotics, exercise, etc. I can't risk immersion, or even exposure to a cancer culture that might threaten — or question my pursuits and the reasons for them. I have to consider the consequences of my actions, especially now, and mind my own business — in my opinion.

I'm probably wrong living in this sort of semi isolation, but it's my life and I'm trying to live it the best way I can — most things considered.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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