



Lily McIntire to right of ladder with crew members at the Diocese of Arlington's WorkCamp 2017.

# Teenagers Tackle Poverty

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## Redrawing School Lines

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## Arson Suspected in Columbia Pike Fire

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## Warm Weather Design Ideas

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PHOTO CONTRIBUTED















In June 2017, 361 Arlington homes sold between \$2,375,000-\$6,500. This week's list represents those homes sold in the \$2,375,000-\$825,000 range. For the complete list, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)



Students from Fairfax County's Rachel Carson Middle School, the winning team in the Earth Force 2016-17 environment competition, hold the \$5,000 financial gift that the Dominion Energy Charitable Foundation awarded to support Earth Force's 2017-18 competition. Vince Meldrum (far left), president & CEO of Earth Force, poses with Hayley Snowden (second from left), a representative from Dominion Energy's Media Relations team, and the students' teacher (far right).

## Dominion Awards Grant

Earth Force, a nonprofit located in the Clarendon, that challenges students to develop innovative solutions to environmental problems received a \$5,000 environmental stewardship grant from the Dominion Energy Charitable Foundation. Funds will be allocated to support the "Caring for Our Watersheds" program and competition that will engage about 1,500 middle school students in Northern Virginia during the 2017-2018 academic year.

According to Vince Meldrum, president and CEO of Earth Force's operation, the students work in teams to design and implement projects that will impact the health of the Chesapeake Bay watershed region. "Rachel Carson Middle

School in Fairfax County, the winner for the 2016-2017 academic year, wanted to reduce food waste and litter that often end up in the area's waterways," he said. "They launched a partnership with a local residential shelter to pick up extra food from the school, resulting in a \$1,000 prize to the school for this creative program." Other projects in the contest involved decreasing plastic bags and planting native grasses in wetlands.

See [www.earthforce.org](http://www.earthforce.org). In April 2017, the Dominion Energy Charitable Foundation awarded \$1.2 million through a competitive grant process to more than 100 schools, organizations and communities in 10 states served by Dominion Energy.



## Renewal & Remembrance

Sunrise Landscape and Design, a member of the National Association of Landscape Professionals, participated in Renewal & Remembrance at Arlington National Cemetery on Monday, July 17. This marks the 21st year that industry professionals have worked to help care for this national burial ground that serves as the final resting spot for more than 400,000 military service men and women and their spouses. Sunrise is located in Sterling but has work all throughout Northern Virginia.

Address	BR	FB	HB	Post	City	Sold Price	Type	Lot AC	PostalCode	Subdivision
4425 DITTMAR RD	6	5	1		ARLINGTON	\$2,375,000	Detached	0.33	22207	COUNTRY CLUB HILLS
3523 VALLEY ST	5	5	2		ARLINGTON	\$2,325,000	Detached	0.42	22207	COUNTRY CLUB HILLS
3443 VENICE ST N	4	3	1		ARLINGTON	\$2,150,000	Detached	0.60	22207	COUNTRY CLUB HILLS
5340 27TH ST N	6	6	1		ARLINGTON	\$1,999,000	Detached	0.35	22207	COUNTRY CLUB ESTATES
3805 TAZEWELL ST	5	3	1		ARLINGTON	\$1,859,832	Detached	0.26	22207	DITTMAR
3830 26TH ST N	5	4	1		ARLINGTON	\$1,850,000	Detached	0.42	22207	DOVER
5220 32ND ST N	5	4	1		ARLINGTON	\$1,845,000	Detached	0.24	22207	CRESCENT HILLS
2443 NOTTINGHAM ST	6	5	0		ARLINGTON	\$1,825,000	Detached	0.19	22207	BERKSHIRE OAKWOOD
3223 1ST ST N	6	4	1		ARLINGTON	\$1,775,000	Detached	0.17	22201	ASHTON HEIGHTS
4249 25TH ST N	5	4	1		ARLINGTON	\$1,770,000	Detached	0.24	22207	LEE HEIGHTS
6507 36TH ST N	5	5	2		ARLINGTON	\$1,769,000	Detached	0.24	22213	BERKSHIRE OAKWOOD
5133 33RD ST N	6	4	1		ARLINGTON	\$1,717,000	Detached	0.24	22207	STRATFORD HILLS
2908 EDISON ST N	5	5	1		ARLINGTON	\$1,680,000	Detached	0.29	22207	RESERVE HILL
5735 28TH ST N	5	4	2		ARLINGTON	\$1,660,000	Detached	0.18	22207	LEXINGTON HILL
4634 14TH ST N	5	5	1		ARLINGTON	\$1,650,000	Detached	0.17	22207	WOODLAWN
1711 N NELSON ST	6	5	1		ARLINGTON	\$1,639,418	Detached	0.16	22207	CHERRYDALE
1227 VERMONT ST	5	5	1		ARLINGTON	\$1,595,000	Detached	0.20	22201	BALLSTON
6633 32ND ST N	5	4	1		ARLINGTON	\$1,550,000	Detached	0.29	22213	N/A
3400 POTOMAC ST	5	4	1		ARLINGTON	\$1,550,000	Detached	0.21	22213	BERKSHIRE OAKWOOD
4278 VACATION LN	5	5	1		ARLINGTON	\$1,549,000	Detached	0.23	22207	LEE HEIGHTS
2527 JEFFERSON ST N	5	5	1		ARLINGTON	\$1,505,000	Detached	0.16	22207	COUNTRY CLUB
4150 OLD GLEBE RD	5	5	1		ARLINGTON	\$1,475,000	Detached	0.34	22207	WALKER CHAPEL
914 N. IRVING ST	4	3	1		ARLINGTON	\$1,455,000	Detached	0.21	22201	LYON PARK
3601 NELLIE CUSTIS DR	4	4	0		ARLINGTON	\$1,440,000	Detached	0.26	22207	DOVER BALMORAL RIVERWOOD
2525 NELSON ST	3	2	1		ARLINGTON	\$1,400,000	Detached	0.47	22207	RIVERWOOD
849 JACKSONVILLE ST N	6	5	0		ARLINGTON	\$1,385,000	Detached	0.18	22205	BON AIR
1611 MCKINLEY RD N	7	5	0		ARLINGTON	\$1,350,000	Detached	0.17	22205	HIGHLAND PARK
4706 32ND ST N	5	3	2		ARLINGTON	\$1,350,000	Detached	0.23	22207	COUNTRY CLUB HILLS
1601 MCKINLEY RD N	5	4	1		ARLINGTON	\$1,336,250	Detached	0.17	22205	WESTOVER
6005 18TH ST N	5	3	1		ARLINGTON	\$1,325,500	Detached	0.17	22205	WESTOVER
1501 HANCOCK ST N	4	2	0		ARLINGTON	\$1,325,000	Detached	0.12	22201	LYON VILLAGE   CLARENDON
4726 25TH ST N	5	4	1		ARLINGTON	\$1,324,000	Detached	0.19	22207	LYONHURST
3329 23RD RD N	5	3	1		ARLINGTON	\$1,262,000	Detached	0.14	22201	MAYWOOD
2312 QUANTICO ST N	4	3	1		ARLINGTON	\$1,250,000	Detached	0.31	22205	OVERLEE KNOLLS
3032 PEARY ST N	5	3	1		ARLINGTON	\$1,250,000	Detached	0.24	22207	BELLEVUE FOREST
2235 MILITARY RD	5	4	1		ARLINGTON	\$1,250,000	Detached	0.37	22207	LORCOM GROVE
3808 37TH ST N	6	5	0		ARLINGTON	\$1,250,000	Detached	0.29	22207	RIVER CREST
1931 EDISON ST	5	4	1		ARLINGTON	\$1,235,000	Detached	0.17	22207	HIGH VIEW PARK
3203 4TH ST N	4	3	0		ARLINGTON	\$1,233,000	Detached	0.27	22201	ASHTON HEIGHTS
4204 21ST ST N	4	3	1		ARLINGTON	\$1,210,000	Detached	0.14	22207	CHERRYDALE
838 ABINGDON ST	5	4	1		ARLINGTON	\$1,202,000	Detached	0.10	22203	BRANDON VILLAGE
1917 JEFFERSON ST N	6	4	1		ARLINGTON	\$1,200,000	Detached	0.16	22205	LEEWAY HEIGHTS
1534 COLONIAL TER N	3	2	1		ARLINGTON	\$1,200,000	Townhouse	0.04	22209	HIGHGATE
716 JACKSON ST N	6	4	0		ARLINGTON	\$1,180,000	Duplex	0.14	22201	ASHTON HEIGHTS
5420 19TH ST N	4	3	1		ARLINGTON	\$1,160,000	Detached	0.17	22205	TARA
2801 SOMERSET ST	5	3	1		ARLINGTON	\$1,153,800	Detached	0.14	22213	SYCAMORE GARDENS
4514 39TH ST N	4	4	0		ARLINGTON	\$1,148,800	Detached	0.34	22207	GOLF CLUB MANORS
3830 TAZEWELL ST	3	2	2		ARLINGTON	\$1,137,500	Townhouse	0.07	22207	THE GLEBE
3819 TAZEWELL ST N	3	3	1		ARLINGTON	\$1,110,000	Townhouse	0.06	22207	THE GLEBE
3055 MILITARY RD	4	3	1		ARLINGTON	\$1,100,000	Detached	0.19	22207	BELLEVUE FOREST
5216 11TH RD N	3	3	1		ARLINGTON	\$1,087,000	Detached	0.16	22205	WESTOVER
4033 40TH ST N	5	3	1		ARLINGTON	\$1,075,000	Detached	0.40	22207	CHAIN BRIDGE FOREST
901 EMERSON ST	3	3	1		ARLINGTON	\$1,065,000	Detached	0.14	22205	LACEY FOREST
4914 15TH ST N	4	3	1		ARLINGTON	\$1,065,000	Detached	0.22	22205	WAYCROFT/WOODLAWN
2011 POLLARD ST	4	3	1		ARLINGTON	\$1,065,000	Detached	0.08	22207	CHERRYDALE
1881 NASH ST #909	1	2	0		ARLINGTON	\$1,060,000	Hi-Rise 9+ Floors		22209	TURNBERRY TOWER
418 NELSON ST N	4	2	1		ARLINGTON	\$1,053,000	Detached	0.18	22203	ASHTON HEIGHTS
3814 ROBERTS LN	4	3	0		ARLINGTON	\$1,050,000	Detached	0.40	22207	BELLEVUE FOREST
5261 26TH ST N	3	3	1		ARLINGTON	\$1,040,000	Detached	0.15	22207	COUNTRY CLUB ESTATES
3505 JEFFERSON ST N	4	3	1		ARLINGTON	\$1,032,000	Detached	0.26	22207	CRESCENT HILLS
5109 37TH ST N	4	3	0		ARLINGTON	\$1,000,000	Detached	0.25	22207	WOODLAND ACRES
4306 39TH ST N	4	2	1		ARLINGTON	\$999,000	Detached	0.24	22207	GOLF CLUB MANOR
4005 25TH ST N	3	3	1		ARLINGTON	\$991,000	Detached	0.13	22207	LEE HEIGHTS
831 WAKEFIELD ST N	3	4	1		ARLINGTON	\$985,000	Townhouse	0.02	22203	BALLSTON GREEN
618 ADAMS ST S	5	3	1		ARLINGTON	\$985,000	Detached	0.13	22204	PENROSE
3732 NELSON ST	4	3	0		ARLINGTON	\$975,000	Detached	0.23	22207	RIVERCREST
4825 17TH ST N	3	3	0		ARLINGTON	\$960,500	Detached	0.13	22207	WAYCROFT
3187 POLLARD ST	3	4	0		ARLINGTON	\$960,000	Detached	0.26	22207	BELLEVUE FOREST
2334 JACKSON ST N	5	3	1		ARLINGTON	\$940,000	Detached	0.16	22201	MAYWOOD
4510 8TH ST S	4	3	1		ARLINGTON	\$940,000	Detached	0.32	22204	BARCROFT
3625 10TH ST N #906	2	2	1		ARLINGTON	\$935,000	Hi-Rise 9+ Floors		22201	THE MONROE
1805 CAMERON ST	4	2	1		ARLINGTON	\$932,000	Detached	0.23	22207	HIGHVIEW PARK
101 HIGHLAND ST N	3	1	1		ARLINGTON	\$930,000	Detached	0.11	22201	LYON PARK
1401 NICHOLAS ST N	4	3	1		ARLINGTON	\$929,900	Detached	0.18	22205	WESTOVER/POSTORIA
1140 LINCOLN ST	4	4	1		ARLINGTON	\$925,000	Townhouse	0.03	22204	1472
2300 TRENTON ST N	3	2	0		ARLINGTON	\$925,000	Detached	0.41	22207	NONE
1039 26TH ST S	4	2	1		ARLINGTON	\$924,900	Detached	0.14	22202	AURORA HILLS
1926 MADISON ST N	4	3	0		ARLINGTON	\$921,500	Detached	0.13	22205	PARKHURST/WESTOVER
3730 25TH ST N	3	3	0		ARLINGTON	\$915,000	Detached	0.21	22207	CRYSTAL SPRINGS
6757 26TH ST N	4	3	0		ARLINGTON	\$911,000	Detached	0.22	22213	CROSSMAN
1038 22ND ST S	5	3	1		ARLINGTON	\$910,000	Detached	0.14	22202	ADDISON HEIGHTS
618 IRVING ST	4	3	1		ARLINGTON	\$910,000	Detached	0.18	22204	ARLINGTON HEIGHTS
2058 OAKLAND ST N	3	2	1		ARLINGTON	\$899,900	Townhouse	0.03	22207	BROMPTONS AT CHERRYDALE
5812 5TH ST S	4	2	2		ARLINGTON	\$895,000	Detached	0.14	22204	GLEN CARLIN
5610 6TH ST N	3	3	1		ARLINGTON	\$890,000	Detached	0.14	22205	BON AIR
3101 POLLARD ST	4	3	0		ARLINGTON	\$890,000	Detached	0.23	22207	BELLEVUE FOREST
4011 NELLIE CUSTIS DR	5	3	0		ARLINGTON	\$880,000	Detached	0.21	22207	CRYSTAL SPRINGS KNOLLS
850 EDISON ST N	4	4	0		ARLINGTON	\$879,000	Detached	0.12	22205	BALLSTON METRO
615 20TH ST S	4	3	1		ARLINGTON	\$875,000	Detached	0.13	22202	ADDISON HEIGHTS
4005 NELLIE CUSTIS DR	4	3	0		ARLINGTON	\$875,000	Detached	0.20	22207	DOVER CRYSTAL
1330 S Queen ST	3	4	0		ARLINGTON	\$872,095	Attach/Row Hse0.00		22204	CARVER PLACE
4501 41ST ST N	3	3	0		ARLINGTON	\$870,000	Detached	0.11	22207	GOLF CLUB MANORS
4610 22ND ST N	3	1	2		ARLINGTON	\$865,000	Detached	0.15	22207	LEE HEIGHTS
5631 34TH ST N	3	3	0		ARLINGTON	\$860,000	Detached	0.24	22207	CRESCENT HILLS
4851 16TH ST N	3	2	1		ARLINGTON	\$852,000	Detached	0.13	22205	WOODLAWN VILLAGE
5127 33RD ST N	4	2	0		ARLINGTON	\$852,000	Detached	0.24	22207	STRATFORD HILLS
3512 11TH ST S	4	4	1		ARLINGTON	\$850,000	Townhouse	0.04	22204	3400 PIKE
2825 1ST RD N	3	2	2		ARLINGTON	\$849,000	Detached	0.09	22201	LYON PARK
3201 5TH ST N	4	3	0		ARLINGTON	\$845,000	Detached	0.17	22201	ASHTON HEIGHTS
1413 20TH ST S	5	3	0		ARLINGTON	\$845,000	Detached	0.17	22202	AURORA HILLS
617 JEFFERSON ST	4	3	1		ARLINGTON	\$845,000	Detached	0.14	22205	BONAIR/BLUEMONT
6118 11TH ST N	3	2	0		ARLINGTON	\$837,000	Detached	0.15	22205	MADISON MANOR
3827 6TH ST S	3	2	1		ARLINGTON	\$830,000	Detached	0.25	22204	ALCOVA HEIGHTS
2515 KENMORE CT	4	3	1		ARLINGTON	\$829,500	Townhouse	0.03	22206	SHIRLINGTON CREST
625 HIGHLAND ST S	3	3	0		ARLINGTON	\$825,000	Detached	0.15	22204	ARLINGTON HEIGHTS
3801 RIDGEVIEW RD N	4	3	0		ARLINGTON	\$825,000	Detached	0.25	22207	MUNSON HEIGHTS

Copyright 2017 MarketStats for ShowingTime. Source: Bright MLS as of July 15, 2017.



## Setting a Summer Table

Warm weather design ideas.

BY MARILYN CAMPBELL

From a backyard barbeque to a simple brunch, there's still plenty of time to celebrate warm weather with table designs that embody summer's trends.

"We're still in summer and the weather is going to be warm for quite some time," said Amanda Mertins, president of Patina Polished Living in Alexandria. "An indoor or outdoor tablescape style depends on the occasion. Birthdays, holidays [and] retirements, all evoke a different feeling."

Start with fresh foliage inspired by the natural surroundings.

"Go out into your garden and use flowers [or] greens on your table," said Mertins. "Simple summer dinner party tables look great with lots of candles in votive holders, mason jars and glass lanterns. Remember to hang some of them in the trees for romance."

Incorporate a personal touch into each place setting, advises Hope Hassell, Case Design/Remodeling. "It will make each guest feel truly welcomed and you will look like the perfect hostess. It's as simple as printing off some photos from your phone or just adding place cards."

"Keep it casual by presenting family-style dishes down the center of the table," added



Sea-themed serveware in blue help create an elegant tone for summer entertaining.

PHOTO COURTESY OF MOLLY PRITCHARD

Kimberly Asner, designer at Country Casual Teak. "Mix in mood-setting candle lighting and colorful, fresh-cut flowers in multiples for the most impact ... keep arrangements below eye level for easy conversation."

For alfresco dining, practicality is key, says Courtney Thomas of The Picket Fence in Burke. Dinnerware needs to be both durable and aesthetically appealing. "Bamboo dishes ... are perfect for outdoor dining,"

she said. "They won't break if dropped and are a great alternative to melamine."

Summer offers an abundance of options for using color, says Hassell. "Not only do you have so many options of in-season flowers, but you also have the nature around you to provide the backdrop."

The color blue establishes the type of serene atmosphere that Molly Pritchard of Arlington-based interior design firm, Design

Lines likes to create at her summer parties. "Especially light blue because everything about it represents summer," said Pritchard. "It's cool and clean and neutral, especially when paired with white or cream. It creates a seaside feel which is very summery."

**IN ADDITION TO COLOR**, motifs can set the stage for summer dining. Designers at JT interiors in Potomac suggest using white dinnerware, emblazoned with a lemon, to turn an everyday meal into a summer soirée. The tableware can be accented with an array of accessories including platters, coasters, bowls and tea towels. "It creates a very summery look, and it's white and clean. Lemons and water are summery, like lemonade."

Summer table décor need not be expensive, says Hassell. "Simplicity can be stunning," she said. "The thoughtful placement of a sprig of rosemary can add just enough without having to go overboard."

Originality is a quality that Mertins encourages. "Think outside the box," she said. "Having a brunch? Use a vintage quilt as the tablecloth. Hosting a baby shower? Use silver rattles as decor and baby silver cups for the flowers. The effort you put into your party table will go a long way to the overall success of the party."



"We've made a lot of good friends since moving to Hermitage"

### Enjoy the Carefree Lifestyle You Deserve

Meet Carol and MJ. Carol and MJ are great buddies. They are also next door neighbors. Carol is 88 years old and MJ is 79. Carol moved to Hermitage Northern Virginia from Arlington about a year before MJ, who came from Montgomery County, Maryland. After moving, the two friends discovered a shared love of outdoor walks on the grounds of the community and around the quiet neighborhood streets. Carol focuses on her balance with a functional fitness class 4x a week and MJ enjoys reading in the library. Carol likes the many interesting people and MJ enjoys the many excursions and the reading club. It feels like a family here at Hermitage Northern Virginia.

For more information, call 703-797-3814

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## Legals

### ABC LICENSE

MID-ATLANTIC DEVELOPMENT GROUP, LLC trading as LATINO MARKET EXPRESS, 2724 WASHINGTON BLVD, ARLINGTON, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a WINE AND BEER OFF PREMISE license to sell or manufacture alcoholic beverages. KETKI DESAI / MEMBER. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

## Legals

### ABC LICENSE

Global Lights, LLC trading Central Coffee, 1901 N Moore St Arlington VA 22209. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for Wine and Beer On Premises license to sell or manufacture alcoholic beverages. Mehmet Coskun Owner of Central Coffee. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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## Announcements

# NEWS



PHOTOS CONTRIBUTED

**More than 800 teens from the Diocese of Arlington spent time this summer fixing homes for needy families in the surrounding area. Pictured are Bishop Michael F. Burbidge, WorkCamp teen and adult volunteers with Kevin Curtis, after building him a new wheelchair ramp at his Stafford County home. Front row from left are Audrey Craig, 15; Claire Meere, 14; Curtis; Theresa Waggoner, 17; and Timothy Fleury, 17. Back row, from left are Michael Nicklas, 17; Marianne Estebal, 17; Mara Delmare, 15; Jack West, 17; Burbidge; Marylee Helbing, 16; Monica Castro, 18; Benjamin Paczak, adult volunteer; Hannah Ziari, 16; Peter Nickle, 16; Theresa Waggoner, 17; David Crego, 16; and John Williams, 15.**

# Teens Tackle Poverty

FROM PAGE 3

keep up everyone's spirits. After they arrived at Madden's site she says it was measuring space for the gutters and chop sawing the pieces until the lunch break — peanut butter and jelly sandwiches, fruit, snack and drink every day. Then back to work until 4 p.m. followed by a shower. Nguyen said, "They wouldn't let you into dinner unless you had a shower. I can understand. It got pretty hot." After dinner there was a program with a speaker or musical performance "and one night I remember we had ice cream," Nguyen added.

Madden said, "The program was one of my favorite things with lots of music. You got to be with your parish people and your new friends." Madden says this is her 4th year of WorkCamp where she helped build a wheelchair ramp. "It was somewhere close to King's Dominion. It was kind of funny, we passed King's Dominion every day going to the site and coming back." Next year Madden hopes to return to WorkCamp as part of the home base crew and when she is old enough as an adult leader.

Nguyen, also in her 4th year of WorkCamp, says last year she helped repair a wheelchair ramp "that had boards poking out and nails everywhere" so that the resident's grandson could safely get out of the house." On the last day the residents can come together with the crews and they pass around the microphone. "What really touched my heart was my



**Rory Cameron, left, and crew member**

resident came with her two grandchildren and said they were no longer trapped inside the four walls of their house and her little granddaughter could now play outside on the deck without her having to worry and her grandson could get his wheelchair outside." Nguyen added, "We think they are letting us come inside their house and helping them, but they are really helping me."

Bohli says he attended WorkCamp as a volunteer contractor in 1995. "The experience had such a strong impact on me that I left my position as a mechanical engineer for the government in 1997 and began to do youth ministry." In 2001 he took over the diocesan office of Youth Ministry "and began running the very camp that had such a strong impact on my life."



## Operation FirePaws Supports AWLA

Help the Arlington County Fire Department help animals in need by participating in Operation FirePaws, a pet supply drive benefiting the AWLA. Firefighters are collecting non-perishable items from the AWLA's wish list at all fire stations during the month of August.

Canned food, collars, toys and even some office supplies are needed. The AWLA has requested no milk bones, boxed hard treats, or homemade treats.

Through Operation FirePaws last year, community members donated more than 600 pounds of pet supplies to the AWLA. The goal this year is to surpass that amount with 650 pounds.

Pet safety tips and profiles of adoptable pets at the AWLA will also be featured throughout the month on the fire department's Facebook and Twitter pages.

Drop off donations at any Arlington County fire station

To find the closest fire station, visit <https://fire.arlingtonva.us/find-fire-station/>.

Donations will be accepted through Aug. 31.

Drop off donations from 7 a.m. to 7 p.m. into the marked donation bin at the front entrance of all fire stations.

## BULLETIN BOARD

FROM PAGE 4

[www.facebook.com/agingmatterswera](http://www.facebook.com/agingmatterswera) to listen to programs.

**Volunteer Bike Repair Night.** First Tuesday of the month, 6-9 p.m. at Phoenix Bikes, Barcroft Park, 4200 S. Four Mile Run Drive. Volunteers gather to refurbish bikes, sort parts or help with essential tasks. No experience necessary.

**Public Financial Fraud, Waste and Abuse Hotline.** On Tuesday, Nov. 15, the Arlington County launched a new public hotline that offers a confidential and secure way to report suspected incidents of financial fraud, waste and abuse. Anyone can submit a complaint to the hotline at 1-866-565-9206 or at [arlingtonva.ethicaladvocate.com](http://arlingtonva.ethicaladvocate.com). The hotline website is available in English and Spanish. Phone calls can be taken in many languages.

**The Arlington Food Assistance Center's** Plot Against Hunger program is again seeking local vegetable gardeners and farmers willing to grow and donate fresh produce to the AFAC food pantry. AFAC can provide free vegetable seeds to those who pledge to donate produce from community or personal gardens. Seeds available now at AFAC, 2708 S. Nelson Street, during regular business hours: Monday-Friday, 8:30 a.m.-4:30 p.m. and Saturdays 8:30 a.m.-1 p.m. Visit [www.afac.org/](http://www.afac.org/) or contact Puwen at [Puwen.Lee@afac.org](mailto:Puwen.Lee@afac.org) or 703-845-8486.

Created by the **Arlington Initiative to Rethink Energy (AIRE)** in partnership with the Arlington Public Library, the nation's First Energy Lending Library made its debut on Earth Day. Meant to resolve energy issues in the Arlington community, efficiency tools such thermal imaging cameras, energy meters and books play a vital role in achieving a "greener" home. Open Sun-Sat 10 a.m.-9 p.m. 1015 N. Quincy St. Visit [library.arlingtonva.us/locations/central-library](http://library.arlingtonva.us/locations/central-library) or call 703-228-5990.

**Arlington Rotary Club Lunches.** Thursdays, 12-1:30 p.m. at Washington Golf & Country Club, 3017 N. Glebe Road. Organization brings together political and business leaders for humanitarian services. Eat and listen to guest speakers. Admission is \$26 for non-members. Visit [www.arlingtonrotaryclub.org](http://www.arlingtonrotaryclub.org).

**Job Seeking Help.** 5-9 p.m. at Columbia Pike Branch Library, 816 S. Walter Reed Drive. Receive job-related help from the staff and volunteers with applications. Free, but requires registration. Visit [www.arlingtonva.libcal.com/](http://www.arlingtonva.libcal.com/).

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## Coincidental Or Not



By KENNETH B. LOURIE

One of our older/oldest cats, Biscuit, born late September 2006 and his oldest human parent, yours truly, born late September 1954, are both having teeth issues. In fact, the exact same teeth issues: the 1st molar and the 2nd bicuspid in the "upper right quadrant" are causing us problems and have to be extracted.

Biscuit's teeth extraction will be done by our regular veterinarian. Mine will be done not by my regular dentist but by a specialist, an oral surgeon. Unfortunately, the two practices are not related so there's no chance of a "BOGO." Nor is there any chance that the two procedures will be about the same cost. My teeth extraction will be double at a minimum, perhaps even quadruple, if I'm lucky. (I made inquiries.) Accordingly, Biscuit's extraction will occur/has occurred first.

What's of interest to me is the coincidence that Biscuit and I need the same teeth extracted at the same time. Which when you consider that Biscuit and I are approximately the same age, is not really a surprise. It's really more of a fact of life/aging - for both of us. Perhaps there are other behaviors and/or physical/mental indicators in Biscuits day-to-day activities which might clue me in to my own aging process. After all, we are living similar lives.

So far, Biscuit's post-teeth-extraction recovery has been uneventful. He's been spry and energetic. He's been on the kitchen counter, various window sills, the dining room table, the ironing board and all the other furniture; he's knocked over the wicker trash basket in our bedroom three times and he's been eating like a dog. In short, he's "back baby."

He almost appears to be smiling - except when we attempt to give him his post-procedure pills. As per usual, during the day he's sleeping on the back of the couch and at night he's curled up in the laundry basket; and he's still the first cat - of five, an hour early, I might add, for breakfast and dinner, to place his order/meow his presence. He's as ready to eat as ever. He hasn't missed a beat or a step. If I had to summarize/characterize his actions now, I'd say he has a real joie de vivre, "an exuberant enjoyment of life." So what am I waiting for? Godot?

As for my procedure, I've been told it takes 30 minutes or so. Local anesthesia is used (unlike Biscuit who was totally sedated/anesthetized). Moreover, the post-surgical pain is not terrible and the chance of infection is minor. And though I'll have a space in my gums where my teeth used to be, no longer will I be anticipating the pain and discomfort that cracking or splitting either of these two teeth would cause. The only pain I'll likely have is the pain of payment. (See 7/26/17 column entitled "Taking Care of Business" for associated details.)

I guess my curiosity/concern is whether I trust anything I've observed from Biscuit's dental experience - considering we're the same age. Is what's good for the cat also good for the human - all things being equal, sort of? Is Biscuit's return to normalcy so quickly and so easily - and so vigorously, a lesson to be learned? If seeing is believing and I do see extremely well for someone nearing his 63rd birthday, then Biscuit's 'experience' and the comparison between his pre- and post-extraction behavior should be an inspiration to us all, especially those of us of similar age with one and the same, two actually, teeth which need to be extracted.

I mean, the procedure I've been putting off is not exactly brain surgery, it's oral surgery. I'm not admitted to a hospital. It's outpatient. I'm in and then out. Same day service, just like the restaurant where my wife, Dina works. I don't even need someone to drive me home (unlike Biscuit. I had to drive him home.) And now that Biscuit is home, safe and sound, I suppose it's time for me to buck up and schedule my appointment. After all, it has nothing to do with cancer and everything to do with quality of life. I'd say that's a win-win.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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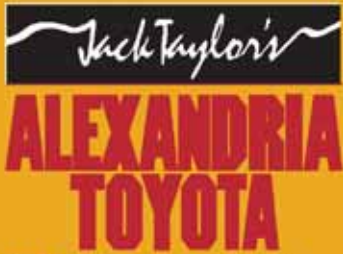
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